

CHAPTER V

CONCLUSION

In this study, the writer focuses on analyzing E.L. James's novels entitled *Fifty Shades Trilogy*. With the seven stages of Erik H. Erikson's Psychosocial Development, the writer analyzes Christian Grey's traumas in his childhood and Grey's Post Traumatic Stress Disorder in his adolescence and adulthood which affect Grey's psychosocial development including Grey's sexual disorder.

To answer the problem formulation stated in chapter 1, the writer divides her chapter IV into four sub-chapters: (1) Grey's traumatic experience, (2) Grey's childhood post traumatic stress disorder, (3) Grey's adolescence's post traumatic disorder; and (4) Grey's post traumatic stress disorder in his adulthood. After the writer makes some analysis and interpretation in previous chapter, the writer finds out that Grey's traumatic experiences in his childhood contribute to his suffering from post traumatic stress disorder and sexual disorder.

Grey does not always receive positive influences which are important in every stage of his psychosocial human development since he was born. In the three early stage of psychosocial human development, he did not build a significant relationship with his birth parent who gave him traumatic experiences. He was born from a prostitute woman and a pimp man. His existence was never expected by his birth parent. The denial of his existence makes him lack love and full of violence received from the pimp. The peak of Grey's traumatic experience in his childhood is when he witnessed his birth mother's suicide. The negative

outcome of psychosocial development of those traumatic experiences is that he mistrusts other people, shames with himself and doubts others. He feels guilty that he cannot protect and save his birth mother.

After being rescued by Grace T. Grey and adopted by her and his husband, Carrick Grey, Grey's condition becomes more stable than before. Grace T. Grey and Carrick Grey are a rich couple who can provide Grey's need. However, Grey's traumatic experiences lead him to suffer post traumatic stress disorder. In that family, he undergoes some symptoms which show that he suffers post traumatic stress disorder like he cannot speak, cannot bear if someone touches him and cannot sleep because every time he tried to sleep, he gets bad dream about his memories of his childhood. Because of those symptoms, the fourth stage of Grey's psychosocial development gives the negative outcome in his life, which is inferiority.

His psychosocial development becomes more negative in his adolescence because he suffered post traumatic stress disorder. He cannot interact with his friends because of his traumatic events. He experiences identity confusion because he cannot have interaction in his social life. The identity confusion makes him do rebellious actions such as drinking alcohol to neutralize his emotion, fighting a lot to overcome his fear of being touched, and learning kinky sexual activity, sadomasochism, to fulfil his sexually desire.

In Grey's adulthood, he meets two influential women, Mrs. Robinson and Anastasia. Mrs Robinson is the one who introduces him to sadomasochism practice when he was adolescent. She also gives encouragement to Grey to have

good formal education and establish *Grey Enterprises Holdings Inc.* Mrs Robinson makes Grey discover an identity in his life. However, the one who truly changes Grey to be a better person is Anastasia. Grey has been changed by Ana to become a man who has a good personality, he can start to open up to someone and he tries to trust and believe in someone. Grey has also been cured of the traumatic events which resulted in the post traumatic stress disorder and sexual disorder after he lives with Ana.

From the analysis, the writer concludes:

1. Christian Grey in the three novels of *Fifty Shades Trilogy* undergoes seven stages of psychosocial development. Those are mistrust, doubt & shame, guilty, inferiority, identity confusion, isolation and generativity.
2. The traumatic experiences happened to Christian Grey are he was born from a prostitute woman and the pimp, lack of love and full of violence received from the pimp, and witnessed his mother's suicide
3. The symptoms of Post Traumatic Stress Disorder experiences by Christian Grey such as disability to speak, nightmare and fear of being touched. And from those symptoms, Grey did rebellion actions in his adolescence which are fighting, alcohol and sadomasochism practice.