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(1) Ballantyne C, Arroll B, and Shepherd J: Lipids and CVD management: towards a global consensus. Eur Heart J, 2005; 26:2224-2231

(2) Messina V, Mangels R, and Messina M: Vitamins. In: The dietitian's Guide to vegetarian diets- issues and applications 2nd Ed, ed by Messina V, Mangels R and Messina M, pp170-217, Jones and Bartlett Publishers, Inc, Massachusetts, USA, 2004
(3) Lohman TG, Roche AF, and Martorell R: Anthropometric Standardization Reference Manual, Human Kinetics Books, Champaign, Illinois, 1988

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