



TRAVEL PROGRAM MEDIA GUIDE

The Great Journey through Europe

We hope you find the following list of resources—books, maps, video recordings, audio recordings, and websites—relating to your travel program helpful. The book titles listed should be available at local public or university libraries; most of them may be purchased and/or downloaded for e-readers through local and online bookstores.

♦ GUIDEBOOKS AND MAPS

Fodor's Essential Germany. Fodor's. 2019.

An updated, well researched and easy-to-navigate guidebook which covers Germany's most visited attractions in addition to unsung gems. Comprehensive chapters on the historically rich cities of Cologne and Heidelberg are complemented by well-researched background information and tips on visiting storied castles and hilltop villages.

Eyewitness Guide Staff. *DK Eyewitness: France*. 2019.

A truly comprehensive guide, this book features commentary and expert advice on France's best sights and a comprehensive background on its unmatched culture.

Eyewitness Guide Staff. *DK Eyewitness Switzerland*. 2019.

This concise and visually oriented guidebook provides brief but inspiring commentary on Switzerland's magical Alpine landscapes and storybook towns and cities.

Lonely Planet Amsterdam. Lonely Planet. 2020.

The market leading travel guide publisher, Lonely Planet combines accessible and well-written information on Amsterdam's most popular sights, with expert tips on how to get the most out of the storied capital city in a short amount of time.

Michelin Germany Midwest Map 543. Michelin. 2017.

A regional map at a scale of 1:350,000 includes the Rhineland.

Steves, Rick. *Germany 2020*. Rick Steves Travel Publishing. 2019.

The popular public television travel host highlights Germany's natural wonders and cultural treasures as he traverses the nation's rivers, mountains and cityscapes. Enthusiastic, conversational prose is accompanied by historical context, practical information and cultural features along with useful planning tools.

Rough Guide Switzerland. Rough Guide 2017.

Rough Guide provides a wealth of well researched and narrated cultural information as well as background features, evocative landscape descriptions, honest reviews, planning tools, curated itineraries and insightful 'best of' sections.

Strasbourg City Map. Marco Polo Travel Publishing. 2017.

Laminated, pocket map with an extensive street index at a scale of 1:15,000. 4x7 inches.

Streetwise Amsterdam Map. Michelin Streetwise Maps. 2019.

Laminated and folded, this pocket-size map displays central Amsterdam at a scale of 1:9,000; the main city at 1:14,500; and the metropolitan area at 1:80,000. 4x8.2 inches.

Switzerland Adventure Map. National Geographic Maps. 2019.

A waterproof, tear-resistant map of Switzerland at a scale of 1:300,000. Includes detailed elevations and the locations of natural attractions. 4.25x9.25 inches.

♦ HISTORY AND CULTURE

Besamusca, Emmeline and Jaap Verheul. *Discovering the Dutch: On Culture and Society of the Netherlands*. Amsterdam University Press. 2014. This updated edition tackles Dutch identity through a number of essential themes that span the culture, history and society of the Netherlands.

Birmingham, David. *Switzerland: A Village History*. Swallow Press. 2004.

Through his examination of the daily life, loyalties and rivalries in the Alpine village of Château-d'Oex, where he grew up, Birmingham illuminates the broader history of the country, from early colonization by the Celts through the reformation and 20th-century modernization.

Chaney, Edward. *The Evolution of the Grand Tour*. Routledge. 2000.

This exceptional and rare history of the Grand Tour begins at its inception during the decline of the Roman Empire and follows all the way through the modern era. Enjoy Chaney's thorough and complete picture of Western civilization's traditional Grand Tour through Europe.

Church, Clive, and Randolph C. Head. *A Concise History of Switzerland*. Cambridge University Press. 2013. This comprehensive and engaging history of Switzerland traces the development of its society and state from its medieval origins to the present. The authors provide a fresh view that places Swiss history within a European context, adding a new perspective to the history of the continent as a whole.

Cioc, Mark. *The Rhine: An Eco-biography, 1815-2000*. University of Washington Press. 2006.

Cioc traces the history of human impact on the Rhine over the past 200 years. He offers evidence that an awakening environment ethic among the nations of the Rhine Valley has led to a restoration of this historic river and its habitats.

Fleming, Fergus. *Killing Dragons: The Conquest of the Alps*. Atlantic Monthly Press. 2002.

A lively, fast-paced chronicle of the daring and driven mountaineers who pitted their skills and stamina against Switzerland's most challenging peaks, woven into a chronology of Alpine exploration spanning 150 years.

Fulbrook, Mary. *A Concise History of Germany*. Cambridge University Press. 2004.

A clear and informative guide to the twists and turns of German history from the early middle ages to the early 21st century. The author, a professor of German history at London's University College, provides a crisp synthesis of a vast array of material and explores the interrelationships between social, political and cultural factors.

Halbrook, Stephen P. Target. *Switzerland: Swiss Armed Neutrality in World War II*. Da Capo Press. 2003. In this definitive study of Switzerland's neutrality during World War II, Halbrook argues that Switzerland's fierce determination and robust preparation for armed resistance was the most significant contributor to its success in maintaining neutrality against German and Italian totalitarian regimes.

Huizinga, Johan. *The Autumn of the Middle Ages*. University of Chicago Press. 1997. A ranking historian offers compelling insights into life and art in the Netherlands and France during the waning centuries of the medieval era.

Kuntz, Joelle. *Switzerland: How an Alpine Pass Became a Country*. Historiator Editions. 2008. Kuntz examines the history of Switzerland, dating from 1291, and how one of the oldest and smallest countries continues to endure. Over the last 500 years, the people of Switzerland have maintained the same basic principals: remain small, neutral and moderate.

Price, Roger. *A Concise History of France*. Cambridge University Press. 2014. This comprehensive survey, the substantially revised third edition in the series, examines French history from the Middle Ages into the chaotic contemporary era of a society and political system in crisis.

Robb, Graham. *The Discovery of France: A Historical Geography*. W.W. Norton & Company. 2008. In this *New York Times* Notable Book, the author describes how late 19th-century scientists, government officials and mapmakers came to understand and shape the swaths of French countryside beyond the lights of Paris.

Schama, Simon. *The Embarrassment of Riches: An Interpretation of Dutch Culture in the Golden Age*. Vintage. 1997. One of contemporary Europe's foremost scholars examines the 17th-century Dutch and their resistance to Spanish rule. Schama explores everyday facets of daily life during the period to draw an illuminating portrait of Dutch cultural history.

Shorto, Russell. *Amsterdam, A History of the World's Most Liberal City*. Vintage. 2014. An entertaining exploration of Amsterdam, demonstrating how the unique geography of the city cultivated the spirit of progressivism associated with it today.

Steinberg, Jonathan. *Why Switzerland?* Cambridge University Press. 2016. First published in 1976, this revised edition of Steinberg's classic account of Switzerland's unique political and economic system examines the nation's complicated voting system; a collective and consensual executive leadership in both state and church; and the creation of the Swiss idea of citizenship.

♦ ART AND ARCHITECTURE

Billington, David P. *The Art of Structural Design: A Swiss Legacy*. Princeton University Art Museum. 2003. Billington examines the work of four lauded Swiss engineers and the teachers who helped inform their talent. This book comprises the work of most impressive structural engineers seen in the 20th century.

Brandle, Christian, et al. *100 Years of Swiss Graphic Design*. Lars Muller Publishers. 2014.
This fresh look at Swiss graphic design reveals local concerns and a high conceptual and formal quality.

Kaufmann, J.E. and H.W. Kaufmann. *The Medieval Fortress: Castles, Forts and Walled Cities of the Middle Ages*. Da Capo Press. 2004. Over 200 photographs and 300 detailed drawings illustrate this in-depth discussion of the strategies behind the construction of military defense buildings during the Middle Ages.

Muizelaar, Klaske and Derek Phillips. *Picturing Men and Women in the Dutch Golden Age: Paintings and People in Historical Perspective*. Yale University Press. 2003. Muizelaar and Phillips examine the paintings of the Dutch masters in the context of 17th-century Holland. By examining the work of icons like Rembrandt and Vermeer through the lens of their own time period, the authors offer up new insights and interpretations unlike any in the 21st century.

Scott, Robert A. *The Gothic Enterprise: A Guide to Understanding the Medieval Cathedral*. University of California Press. 2011. The author takes the reader on a detailed, guided tour of the great Gothic cathedrals of Europe.

♦ LITERATURE AND TRAVEL MEMOIRS

Bewes, Diccon. *Slow Train to Switzerland*. Nicholas Brealey Publishing. 2014.
With astuteness and charm, the author retraces Thomas Cook and company's 1863 journey from London to Lucerne, guided by diary entries from a member of Cook's original traveling party.

Fitzgerald, Penelope. *The Blue Flower*. Mariner Books. 1997.
Recipient of the Booker Prize, Fitzgerald's novel, set in the age of Johann Wolfgang von Goethe, penetrates the world of Germany's intellectual and mercantile elites.

Goethe, Johann Wolfgang von. *Faust*. 1808 (Part I) and 1832 (Part II).
A classic of world literature, this drama in two parts portrays man's uncompromising and never-ending quest for the sublime.

Heine, Heinrich. *The Book of Songs (Buch der Lieder)*. 1827.
This volume collects all of the verse written at the time of publication by the celebrated 19th-century German poet Heine, a child of the Rhineland. It includes Heine's lyrical poem, *The Lorelei*, based on the legend of a siren who lures sailors to a steep rock in the Rhine River, which has been set to music by more than 25 composers, perhaps most famously by Franz Liszt.

Lightman, Alan. *Einstein's Dreams*. Vintage. 1992.
Lightman explores the relationship between science and art, the creative process and the fragility and anguish of human existence as he presents a fictionalized account of young, defiant and sensitive Albert Einstein as he grapples with his theory of relativity and new concepts of time in turn-of-the-century Bern.

Mann, Thomas. *The Magic Mountain*. Vintage. 1996.
Originally published in 1924 and hailed as one of the most influential works of 20th-century German literature, Nobel Prize winning author Mann presents a hermetic Swiss community devoted sickness as a fictional microcosm for Europe in the days leading up to World War I.

Moggach, Deborah. *Tulip Fever*. Dial Press. 2001.

In this vivid drama set in 1630s Amsterdam, a man contracts the talented painter Jan Van Loos to paint a portrait of himself and his beautiful wife, Sophia. But as Van Loos begins his work, a mutual attraction develops between the artist and his patron's spouse.

Shelley, Mary Wollstonecraft. *History of a Six Weeks' Tour*. Woodstock Books. 2016.

Originally published in 1817, English Romantic writer Shelley recounts her Great Journey with poet (and soon-to-be-husband) Percy Bysshe Shelley through France, Germany, Switzerland and the Netherlands in the summer of 1814.

Twain, Mark. *A Tramp Abroad*. Oxford University Press. 1996.

Originally published in 1880, written as a "sequel" to Twain's earlier work, *Innocents Abroad*, this volume provides a wealth of humorous insights into the author's experiences in Germany, France and Switzerland.

Van Last Galen, Dick and Rolf Wolfswinkel. *Anne Frank and After: Dutch Holocaust Literature in a Historical Perspective*. Amsterdam University Press. 1996. In this critical text, authors grapple with the Holocaust's indelible influence and how Dutch literature bore witness to this horrifying historic chapter in the Netherlands. Based on the work of leading historians of the period, the book examines literary works from Gerard Durlacher, Anne Frank, W.F. Hermans, Harry Mulisch, Gerard Reve and many others.

♦ FOOD

Braatz, Dieter, Ulrich Sautter and Ingo Swoboda. *Wine Atlas of Germany*. University of California Press. 2014. A comprehensive and up-to-date guide to German wines that explains the geography of the country's wine-growing regions and provides independent analysis and ranking of the most significant vineyards in each area.

Child, Julia, Simone Beck and Louisette Bertholle. *Mastering the Art of French Cooking*. Knopf. 2009. Child's masterpiece, this two-volume set has introduced millions of Americans to French cooking for more than 40 years and remains relevant and user-friendly. Originally released as separate volumes in 1961 and 1970, this set is collectively considered one of the most important American cookbooks ever published.

Dornbusch, Horst D. *Prost! The Story of German Beer*. Brewers Publications. 1998.

The history of beer and its role in German culture includes descriptions of Germany's chief brewing styles. Dornbusch handles his subject with knowledge and enthusiasm.

Frankel, Charles. *Land and Wine: The French Terroir*. University of Chicago Press. 2014.

With an enjoyable and immensely readable style, a science writer uncovers how topography and geography greatly impact the qualities and subtleties of France's regional wines.

Nelson, Kay Shaw. *All along the Rhine: Recipes, Wine and Lore from Germany, France, Switzerland, Austria, Liechtenstein and Holland*. Hippocrene Books. 2003. Author Nelson pays a glowing tribute to the culinary traditions of the Rhine Valley with over 130 recipes.

◆ DOCUMENTARIES AND FILMS

Listed below are films, documentaries and travel programs featuring Germany, the Netherlands and Switzerland. All should be available on DVD and/or Blu-ray at your local library and/or bookstores or may be ordered online.

Clouds of Sils Maria. 2014. Directed by Olivier Assayas.

The Swiss Alps provide the stunning backdrop for this coming-of-age drama featuring Juliette Binoche as an acclaimed actress and Kristen Stewart as the personal assistant who poses a subtle threat to her identity.

A Symphony of Summits: The Alps from Above. 2013. Directed by Peter Bardehle and Sebastian Lindemann. A stunning documentary filmed entirely with aerial views using the state-of-the-art Cineflex-camera.

The Eiger Sanction. 1975. Directed by Clint Eastwood.

A classic crime thriller stars Eastwood as an art history professor, mountain climber and former assassin who joins a mountain climbing expedition in the Swiss Alps when he is blackmailed into returning to his former profession.

Kapczynski, Jennifer M. and Michael D. Richardson. *A New History of German Cinema*. Camden House. 2014. This dynamic, event-centered anthology offers a new understanding of the 100-year history of German-language film. Each of the more than 80 essays takes a key date as its starting point and explores its significance for German film history, pursuing its relationship with its social, political and aesthetic moment.

Nightwatching. 2007. Directed by Peter Greenaway.

Dutch artist Rembrandt van Rijn uncovers a murder conspiracy he paints into *The Night Watch* in this much-praised film by the colorful, often risqué British filmmaker Greenaway.

On Her Majesty's Secret Service. 1969. Directed by Peter Hunt.

James Bond (George Lazenby, in his only appearance as Bond) goes undercover in the Swiss Alps. Co-starring Telly Savalas as the villainous Blofeld and Diana Rigg as an atypical Bond girl, Countess Tracy di Vincenzo.

Rick Steves' Europe Online Television Episodes.

Join ubiquitous television personality Rick Steves on a journey throughout Europe. In this list of online episodes, Steves travels to many countries, cities and towns we will visit during our travel program, including the following episodes:

- *Amsterdam* (2014)
- *Germany's Black Forest and Cologne* (2001)
- *Germany's Romantic Rhine and Rothenburg* (2001)
- *Switzerland's Great Cities* (2008)

These episodes can be accessed from:

www.ricksteves.com/watch-read-listen/video/tv-show

♦ MUSIC AND AUDIO RECORDINGS

www.deutschegrammophon.com

A website specializing in quality CDs and downloads of the world's greatest classical music, including a praised 1965 performance by master German baritone Dietrich Fischer-Dieskau of composer Robert Schumann's song cycle *A Poet's Love*, set to text by Heinrich Heine, and a recording of Gustav Mahler's *The Boy's Magic Horn* by the Cleveland Orchestra conducted by Pierre Boulez.

www.worldmusic.net

The Rough Guide and the *World Music Network* publish a variety of Dutch, German, French and Swiss music as well as superbly researched book guides to international music generally.

♦ WEBSITES

www.airpano.com

Virtual tours and 360-degree photos of destinations all over the world.

www.cbp.gov/travel

U.S. Customs and Border Protection (CBP) website.

www.cdc.gov

United States Department of Health and Human Services Centers for Disease Control and Prevention website. Provides information on immunizations and vaccinations and tips for staying healthy when traveling abroad.

www.iamsterdam.com/en/

The official portal website of the city of Amsterdam.

www.iec.ch/worldplugs

Information on international electric current and plug types.

www.germany.travel/en

A comprehensive website for travelers planning to visit Germany.

us.franceguide.com

The official French government tourism website for the U.S.

www.holland.com/us/Tourism

The official website of The Netherlands Board of Tourism and Conventions.

www.myswitzerland.com

The official website of the Swiss National Tourist Office provides a wealth of useful information for visitors to Switzerland.

www.nytimes.com/section/travel

The New York Times Travel Section features an array of basic travel-related information, multimedia presentations and links to newspaper articles from recent years.

<http://www.oanda.com/currency/converter>

Online currency converter tool and information on currency exchange rates.

www.timeanddate.com

Information on time zones and time conversions.

www.travel.state.gov

United States Department of State website; details on how to obtain or renew a passport.

www.tsa.gov

Transportation Security Administration website. Provides information on air travel security, including permitted/prohibited items for carry-on luggage.

www.weather.com

Current weather and extended forecasts around the world.