

## FIRST READINGS

### A reading from the book of Genesis 1:26-28. 31□

*Male and female he created them.*

God said, 'Let us make man in our own image, in the likeness of ourselves, and let them be masters of the fish of the sea, the birds of heaven, the cattle, all the wild beasts and all the reptiles that crawl upon the earth.'

God created man in the image of himself,  
in the image of God he created him,  
male and female he created them.

God blessed them, saying to them, 'Be fruitful, multiply, fill the earth and conquer it. Be masters of the fish of the sea, the birds of heaven and all living animals on the earth.' God saw all he had made, and indeed it was very good.

**The word of the Lord.**

### A reading from the book of Genesis 2:18-24

*They become one body.*

The Lord God said, 'It is not good that the man should be alone. I will make him a helpmate.' So from the soil the Lord God fashioned all the wild beasts and all the birds of heaven. These he brought to the man to see what he would call them; each one was to bear the name that man would give it. The man gave names to all the cattle, all the birds of heaven and all the wild beasts. But no helpmate suitable for man was found for him. So the Lord God made the man fall into a deep sleep. And while he slept, he took one of his ribs and enclosed it in flesh. The Lord God built the rib he had taken from the man into a woman, and brought her to the man. The man exclaimed:

'This at last is bone from my bones,  
and flesh from my flesh!

This is to be called woman,  
for this was taken from man.'

This is why a man leaves his father and mother and joins himself I to his wife, and they become one body.

**The word of the Lord.**

### A reading from the Song of Songs 2:8-10.14.16; 8:6-7□

*Love is strong as Death.*

I hear my Beloved.  
See how he comes  
leaping on the mountains,  
bounding over the hills.  
My Beloved is like a gazelle,  
like a young stag.  
See where he stands  
behind our wall.  
He looks in at the window,  
he peers through the lattice.  
My Beloved lifts up his voice,  
he says to me,  
'Come then, my love,  
my lovely one, come.  
My dove, hiding in the clefts of the rock.  
In the coverts of the cliff,  
show me your face,  
let me hear your voice;  
for your voice is sweet  
and your face is beautiful.'  
My beloved is mine and I am his.  
Set me like a seal on your heart,  
like a seal on your arm.  
For love is strong as Death,  
jealousy relentless as Sheol. The flash of it is a flash of fire,  
a flame of the Lord himself.  
Love no flood can quench,  
no torrents drown.

### **The word of the Lord.**

#### **A reading from the Book of Tobit 8:4b-8**

On their wedding night Tobias arose from bed and said to his wife,  
"Get up. Let us pray and beg our Lord  
to have mercy on us and to grant us deliverance."  
Sarah got up, and they started to pray  
and beg that deliverance might be theirs.  
They began with these words:  
"Blessed are you, O God of our fathers;  
praised be your name forever and ever.  
Let the heavens and all your creation

praise you forever.  
You made Adam and you gave him his wife Eve  
to be his help and support;  
and from these two the human race descended.  
You said, 'It is not good for the man to be alone;  
let us make him a partner like himself.'  
Now, Lord, you know that I take this wife of mine  
not because of lust,  
but for a noble purpose.  
Call down your mercy on me and on her,  
and allow us to live together to a happy old age."  
They said together, "Amen, amen."

**The word of the Lord.**

## SECOND READINGS

**A reading from the letter of St Paul to the Romans**

**12:1-2.9-18** □

*Offering your living bodies as a holy sacrifice, truly pleasing to him.*

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

Do not let your love be a pretence, but sincerely prefer good to evil. Love each other as much as brothers should, and have a profound respect for each other. Work for the Lord with untiring effort and with great earnestness of spirit. If you have hope, this will make you cheerful. Do not give up if trials come; and keep on praying. If any of the saints are in need you must share with them; and you should make hospitality your special care.

Bless those who persecute you: never curse them, bless them. Rejoice with those who rejoice and be sad with those in sorrow. Treat everyone with equal kindness; never be condescending but make real friends with the poor. Do not allow yourself to become self-satisfied. Never repay evil with evil but let everyone see that you are interested only in the highest ideals. Do all you can to live at peace with everyone.

**The word of the Lord.**

**A reading from the first letter of St Paul to the Corinthians 12:31-13:8** □

*If I am without love, it will do me no good whatever.*

Be ambitious for the higher gifts. And I am going to show you a way that is better than any of them.

If I have all the eloquence of men or of angels, but speak without love, I am simply a gong booming or a cymbal clashing. If I have the gift of prophecy, understanding all the mysteries there~ are, and knowing everything, and if I have faith in all its fullness, to move mountains, but without love, then I am nothing at all. If I give away all that I possess, piece by piece, and if I even let them take my body to burn it, but am without love, it will do me no good whatever.

Love is always patient and kind; it is never jealous;

love is never boastful or conceited; it is never rude or selfish; it does not take offence, and is not resentful.

Love takes no pleasure in other people's sins but delights in the truth; it is always ready to excuse, to trust, to hope, and to endure whatever comes.

Love does not come to an end.

**The word of the Lord.**

**A reading from the letter of St Paul to the Ephesians 5:2.21-33** □

*This mystery has many implications and I am saying it applies to Christ and the Church.*

Follow Christ by loving as he loved you, giving himself up in our place. Give way to one another in obedience to Christ. Wives should regard their husbands as they regard the Lord, since as Christ is head of the Church and saves the whole body, so is a husband the head of his wife; and as the Church submits to Christ, so should wives to their husbands, in everything. Husbands should love their wives just as Christ loved the Church and sacrificed himself for her to make her holy. He made her clean by washing her in water with a form of words, so that when he took her to himself she would be glorious, with no speck or wrinkle or anything like that, but holy and faultless. In the same-way, husbands must love their wives as they love their own bodies; for a man to love his wife is for him to love himself. A man never hates his own body, but he feeds it and looks after it; and that is the way Christ treats the Church, because it is his body - and we are its living parts. For this reason, a man must leave his father and mother and be joined to his wife, and the two will become one body. This mystery has many implications; but I am saying it applies to Christ and the Church. To

sum up; you too, each one of you, must love his wife as he loves himself; and let every wife respect her husband.

**The word of the Lord.**

**A reading from the letter of St Paul to the Colossians 3:12-17**□

*Over all these, to keep them together and complete them, put on love.*

You are God's chosen race, his saints; he loves you, and you should be clothed in sincere compassion, in kindness and humility, gentleness and patience. Bear with one another; forgive each other as soon as a quarrel begins. The Lord has forgiven you; now you must do the same. Over all these clothes, to keep them together and complete them, put on love. And may the peace of Christ reign in your hearts, because it is for this that you were called together as parts of one body. Always be thankful.

Let the message of Christ, in all its richness, find a home with you. Teach each other, and advise each other, in all wisdom. With gratitude in your hearts sing psalms and hymns and inspired songs to God and never say or do anything except in the name of the Lord Jesus, giving thanks to God the Father through him.

**The word of the Lord.**

**A reading from the first letter of St John 4:7-12**□

*God is love*

My dear people,  
let us love one another  
since love comes from God  
and everyone who loves is begotten by God and knows God. Anyone who fails to love can never have known God,  
because God is love.  
God's love for us was revealed  
when God sent into the world his only Son  
so that we could have life through him;

this is the love I mean:  
not our love for God,  
but God's love for us when he sent his Son  
to be the sacrifice that takes our sins away.  
My dear people,  
since God has loved us so much,  
we too should love one another.  
No one has ever seen God;  
but as long as we love one another  
God will live in us  
and his love will be complete in us.

**The word of the Lord.**

**A reading from the Letter of Saint Paul to the Romans 8:31b-35, 37-39**

Brothers and sisters:  
If God is for us, who can be against us?  
He did not spare his own Son  
but handed him over for us all,  
how will he not also give us everything else along with him?  
Who will bring a charge against God's chosen ones?  
It is God who acquits us.  
Who will condemn?  
It is Christ Jesus who died, rather, was raised,  
who also is at the right hand of God,  
who indeed intercedes for us.  
What will separate us from the love of Christ?  
Will anguish, or distress, or persecution, or famine,  
or nakedness, or peril, or the sword?  
No, in all these things, we conquer overwhelmingly  
through him who loved us.  
For I am convinced that neither death, nor life,  
nor angels, nor principalities,  
nor present things, nor future things,  
nor powers, nor height, nor depth,  
nor any other creature will be able to separate us  
from the love of God in Christ Jesus our Lord.

**The word of the Lord.**

***A reading from the Letter of Saint Paul to the Ephesians 5:2a, 25-32*** □

Brothers and sisters:

Live in love, as Christ loved us  
and handed himself over for us.  
Husbands, love your wives,  
even as Christ loved the Church  
and handed himself over for her to sanctify her,  
cleansing her by the bath of water with the word,  
that he might present to himself the Church in splendor,  
without spot or wrinkle or any such thing,  
that she might be holy and without blemish.  
So also husbands should love their wives as their own bodies.  
He who loves his wife loves himself.  
For no one hates his own flesh  
but rather nourishes and cherishes it,  
even as Christ does the Church,  
because we are members of his Body.  
For this reason a man shall leave his father and his mother  
and be joined to his wife,  
and the two shall become one flesh.  
This is a great mystery,  
but I speak in reference to Christ and the Church.

### **The word of the Lord.**

### **A reading from the Letter of Saint Paul to the Philippians 4:4-9**

Brothers and sisters:  
Rejoice in the Lord always.  
I shall say it again: rejoice!  
Your kindness should be known to all.  
The Lord is near.  
Have no anxiety at all, but in everything,  
by prayer and petition, with thanksgiving,  
make your requests known to God.  
Then the peace of God that surpasses all understanding  
will guard your hearts and minds in Christ Jesus.  
Finally, brothers and sisters,  
whatever is true, whatever is honorable,  
whatever is just, whatever is pure,  
whatever is lovely, whatever is gracious,  
if there is any excellence  
and if there is anything worthy of praise,  
think about these things.  
Keep on doing what you have learned and received  
and heard and seen in me.

Then the God of peace will be with you.

**The word of the Lord.**

**A reading from the Letter to the Hebrews 13:1-4a, 5-6b**

Brothers and sisters:

Let mutual love continue.

Do not neglect hospitality,

for through it some have unknowingly entertained angels.

Be mindful of prisoners as if sharing their imprisonment,

and of the ill-treated as of yourselves,

for you also are in the body.

Let marriage be honored among all

and the marriage bed be kept undefiled.

Let your life be free from love of money

but be content with what you have,

for he has said, I will never forsake you or abandon you.

Thus we may say with confidence:

The Lord is my helper,

and I will not be afraid.

**The word of the Lord.**