



ADHD Evaluation & Medication Start Up

If you would like to have your child evaluated for ADHD please use the following guidelines:

- Check with your insurance company to find a Mental/Behavioral Health Specialist that is within your network. Please call and speak to a nurse if you need a referral.
- Make an appointment for a consultation with the specialist. See the attached list of behavioral health providers we refer to. Also, be sure to check with your insurance to see who is covered.
- Prior to the appointment with the specialist fill out the Vanderbilt form which can be found on our website pediatricassociatesnky.com. This will be under the heading **Links and Resources**, then **ADHD**.
 - It is best if both parents fill out a Vanderbilt form. If possible, have at least one teacher fill out a Vanderbilt form as well. The appropriate forms are the *Parent Initial Assessment for ADHD* and the *Teacher Initial Assessment for ADHD*. Make a copy of the completed forms for your records and take the others with you to your first appointment with the specialist.
 - Also, located in the Patient Forms tab is the *Records Release Form*. Complete the form and take it with you to your first consultation with the specialist. This form gives the specialist permission to send us the results of your child's evaluation. Your specialist will then send us a diagnosis and recommendation for treatment which is needed by your child's Primary Care Provider (PCP) prior to your initial ADHD consultation in our office.

If you and your specialist have decided on a trial of medication:

- Prior to your initial appointment with us we will need your child's social security number. This is maintained in a private area of your child's record. You will also need this number for your pharmacy. The social security number is necessary to adhere to Kentucky state law regarding certain medications. Please call and give this information to a nurse.
- ADHD initial appointments and medication checks are only scheduled at around noon and 4:20. This allows your provider adequate time to consult with you regarding your child's diagnosis. Please be aware, the 4:20 slots fill up quickly.
- You will receive a phone call from one of our Care Coordinating nurses approximately two (2) weeks after your child begins medication. They will be asking questions about your child's health and wellness since beginning medication.
- Your child will need to be seen in our office 30 days after the initial visit when a medication is started. They are required to be seen every six months, once for their annual physical then six months later for a medication check appointment to ensure everything is going well with the medication both physically and behaviorally.
- All appointments will need to be with your PCP. If you do not have a primary provider one will be determined for you at the time of scheduling.
- To schedule an appointment after these guidelines have been met or for further clarification, please call the ADHD line at 859-341-5400 and select option 1 then option 3.