

Hospital _____
Department _____
Clinician _____
Contact information _____

Getting a good seal – Provox® Adhesives

1. Cleaning

- Clean peristomal skin with soap/alcohol and/or Provox Cleaning Towels & dry thoroughly
- Apply Skin-Prep™ & wait 1-2 minutes to dry
- Apply Provox Silicone Glue, if indicated & wait 4 minutes to dry
- Align inner ring of the adhesive with the bottom lip of the stoma
- Attach the baseplate/housing so it is in contact with the skin as much as possible
- Smooth out wrinkles/bubbles by gently moving your fingers around and away from the center of the adhesive - maximizing skin contact and gently removing wrinkles
- If you can, let the adhesive set for 20 - 30 minutes prior to talking
- If you are unable to wear the adhesive for 8+ hours, consult your healthcare provider
- BE PATIENT and PERSISTENT!

2. Troubleshooting

For people who use a voice prosthesis it is important that air does not escape around the adhesive. The following tips help in extending the duration of the seal.

- Try not to speak too loud and with not too much force
- Remove the HME from the adhesive when you feel a cough coming or you begin to cough
- Hold the adhesive with two fingers when removing the HME
- After you have coughed, carefully remove any mucus from in between the adhesive and the skin



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3. Removing the adhesive

Proper skin care is important for your long term success in wearing an adhesive baseplate. It is especially important if you have sensitive skin. The following tips may be helpful:

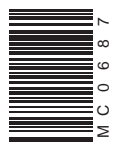
- Remove the adhesive carefully
 - For the Regular or OptiDerm™ Adhesive, use an adhesive remover wipe (such as Remove™) at the edge and then under the adhesive while peeling the adhesive from the skin.
 - For FlexiDerm™ or Provox XtraBase® adhesives, apply Remove on top of the adhesive (the adhesive is porous) and then under the adhesive when peeling the adhesive from the skin.
- Some patients with very sensitive skin can get skin irritation from the use of the skin protection products or the adhesive removal wipes. If that is the case, discontinue the use of these products and consult your Speech Pathologist or a Dermatologist.



Use of a Remove wipe on top of a FlexiDerm adhesive to help with adhesive removal

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