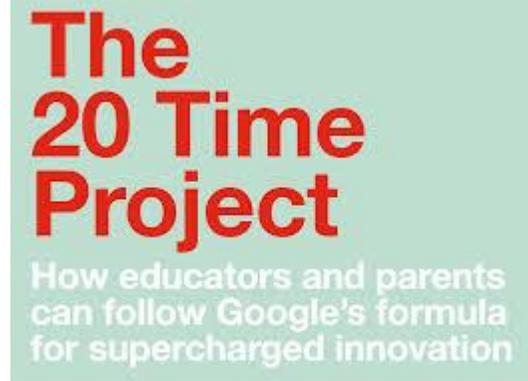


# ANNOTATED BIBLIOGRAPHY



## Terms:

- **Bibliography** - a list of sources (books, journals, websites, periodicals, etc.) one has used for researching a topic. Bibliographies are sometimes called "References" or "Works Cited" depending on the style format you are using. A bibliography usually just includes the bibliographic information (i.e., the author, title, publisher, etc.).
- **Annotation** - a summary and/or evaluation.
- **Annotated Bibliography** (what YOU are composing) – a correctly cited source with an annotation (summary, assessment, and reflection) for each source.



## **For each source provide the following:**

**1. Bibliography/Source** - provide your source (book, article, etc.) in MLA format (see posted Student Style Handbook, pgs. 10-19, for correct format).

**2. Annotations** – provide the following for each annotation:



- **Summarize**: Summarize the source. What are the main arguments? What is the point of this book or article? What topics are covered? If someone asked what this article/book is about, what would you say?
- **Assess**: After summarizing a source, evaluate it. Is it a useful source? How does it compare with other sources in your bibliography? Is the information reliable? Is this source biased or objective? What is the goal of this source?
- **Reflect**: Once you've summarized and assessed a source, you need to ask how it fits into your research. Was this source helpful to you? How does it help you shape your argument? How can you use this source in your research project? Has it changed how you think about your topic?



**Example:**

Mack, Gary. *Mind Gym: An Athlete's Guide to Inner Excellence*. New York: The McGraw-Hill Companies, Inc., 2001. Print.

The author focuses on the mental aspects of athletic training to enhance productivity and performance. Gary Mark, a leading sports psychology consultant and counselor, shares his experiences while working with professional athletes in the NBA, NFL, NHL, WNBA and Major League Baseball. Throughout the book he provides anecdotes from professional athletes and coaches, as well as powerful quotes to inspire all levels of athletes to improve their training and reach their goals. These lessons are practical methods to grow both mentally and physically. I will incorporate many of his strategies in my training regime, and I would recommend this book to any athlete looking to improve his/her performance.

This book was extremely useful to me. Since the author is a reputable sports psychologist, the information was especially reliable when compared with my other sources. Gary Mack provided numerous examples of professional athletes who had benefitted from this type of mental training. His goal is to have every level of athlete implement mental strategies to increase performance.

I plan to incorporate many of these strategies, and track the effectiveness of each as I strive to reach my 20 Time goal. I discovered that the mental aspect is just as, or even more important, than the physical training, so my 20 Time project will now encompass both the physical and mental aspects of athletic training.



**Annotated Bibliography Assignment**  
**Due: November 19<sup>th</sup>, 2015 to Canvas by 11:59 PM!**  
**50 points (Writing)**



1. Include at least **5 sources** (e.g. 1 book and 4 articles).
2. Include **MLA citation of each source** (see format in Student Style Handbook, pgs. 10-19) **followed by the annotation** (see sample on slide 3).
3. Annotations are written in paragraph form (see sample on slide 3).
4. See Student Style Handbook (p. 20) for **correct format** (remember, citations are in alphabetical order, you do NOT number entries, align entries with left margin and indent any lines after the first).
5. Your Annotated Bibliography must be **typed in 12 point font**. **See slide 3 for correct spacing.**

