

# Answer Key

## Menu Madness

### Doodle Bugs

Circle: **Menu**  
Underline: **Grains, vegetables, fruits, dairy and protein foods**  
Fill-in the blank: **The milk group**

### SCIENTIFIC INQUIRY:

#### Money Matters

Answers will vary. Example:

	Food	Price Per Serving	Servings for Five People	Total Cost
<b>Protein Foods</b>	Chicken salad	\$0.36	5	\$1.80
<b>Grains</b>	Whole wheat bread	\$0.10	10	\$1.00
<b>Vegetables</b>	Green beans	\$0.17	5	\$0.85
<b>Fruits</b>	Apple	\$0.40	5	\$2.00
<b>Dairy</b>	Skim milk	\$0.20	5	\$1.00
<b>Other Foods</b>				
<b>Other Foods</b>				
<b>Total cost of five meals</b>				\$6.65

How much will one meal cost? **Answers will vary. Example:**  $\$6.65 \div 5 = \$1.33$

Did one meal cost more or less than \$1.50? **Answers will vary. Example:** Less than.

# Answer Keys (continued)

	<b>Food</b>	<b>Price Per Serving</b>	<b>Servings for Five People</b>	<b>Total Cost</b>
<b>Protein Foods</b>	Peanut butter	\$0.10	1	\$0.10
<b>Grains</b>	Whole wheat bread	\$0.10	2	\$0.20
<b>Vegetables</b>	Baby carrots	\$0.45	1	\$0.45
<b>Fruits</b>	Grapes	\$0.35	1	\$0.35
<b>Dairy</b>	Chocolate milk	\$0.20	1	\$0.20
<b>Other Foods</b>	Grape jelly	\$0.14	1	\$0.14
<b>Other Foods</b>				
<b>Total cost of five meals</b>				\$1.44

## Nutritious and Delicious

### Doodle Bugs

Color: **2-2 1/2 cups**

Color: **3 cups**

Color: **0 cups**

### SCIENTIFIC INQUIRY:

#### Let's Do Lunch

Grains:

**Whole wheat bread = 1 ounce; pretzels = 1 ounce**

Vegetables:

**Baby carrots = 1/2 cup**

Fruits:

**None**

Dairy:

**Cheddar cheese = 1/2 cup**

Protein Foods:

**Deli turkey = 1 ounce**

- Answers may vary. Example:** Yes, my meal is healthy because it includes most of the food groups.
- Yes. I'm missing the fruit group. I could add grapes (fruit suggestions will vary).**
- 3 ounces**
  - 3 ounces**
  - 1 1/2 cups**

### Proficiency Questions (Workbook)

1. **d**   2. **c**   3. **b**   4. **a**

### Proficiency Questions (Virtual CD)

1. **d**   2. **c**   3. **b**   4. **a**