

# Over-the-Counter (OTC) Debit Card

This benefit gives you **\$520** per year to spend on eligible over-the-counter health items.\* This card is **free** to members and will save you money.



## How it works

Once you become a member, we will send your pre-loaded card in the mail. It will have \$130 on it. At the beginning of each calendar quarter (January 1, April 1, July 1 and October 1), another \$130 is automatically added to the same debit card. Any money left on your card at the end of each quarter will expire. It does not carry over to the next quarter.

**You will want to use the money on the card before the end of each quarter to get the full \$130.**

## Where this card can be used

The OTC Debit Card can be used at many pharmacies and retail stores including Rite Aid, Walmart and Walgreens. To find a full list of participating retailers, go to [myotccard.com](http://myotccard.com) and log in with your card number. You also can find a list of participating retailers using the OTC Network mobile app.

## Covered items

Over 25,000 eligible items are covered. A small list of some of the most common items appears on the back of this flier. To see a complete list of covered items, go to [myotccard.com](http://myotccard.com). You also may call our Customer Service Department toll-free at 888-712-3258 (TTY/TDD 711) if you need help. Certain brands may not be available at all locations. This list may vary from month to month.

## The OTC Network mobile app

An app for both Android and iPhone makes using this benefit a whole lot easier. You can check your account balance, scan barcodes at retail locations, search the list of eligible items and more. Download the app at Google Play or the iTunes App Store by searching "OTC Network."

## Home delivery

You can get eligible items delivered to your home at no additional cost through **NationsOTC**. For more information, look for their flier, which comes in the same envelope as your OTC card.

*\*No cash reimbursements.  
Card can only be used to purchase eligible items at participating retailers.*

## Examples of covered items

Adult cough, cold & flu  
Adult pain relief  
Allergy & sinus medications  
Antacids  
Antibiotic creams  
Anti-fungal medications  
Anti-itch medications  
Bandages (band-aids)  
Bathroom hand held showers  
Bathroom grab bars and handles  
Bathtub & toilet rails & frames  
Contact lens care  
Cough drops, sore throat  
Denture products  
Ear care  
Eye preparations  
First aid kits & supplies  
Foot treatments  
General health prebiotics & probiotics  
Hearing aid batteries  
Heart health & essential fatty acids  
(fish oil, CoQ10, etc.)  
Joint health (incl. Glucosamine)

Laxatives  
Medical support-high compression  
Pedometers, fitness trackers  
Pillboxes  
Reading glasses  
Sleep aids, stimulants & motion sickness  
Sun protection (SPF 15+)  
Support hose-low compression  
Toothbrushes and toothpaste  
Vitamins, multi-vitamins & minerals

## Examples of NON-covered items

Chapstick/lip balms  
Cleansers/soaps  
Moisturizer/lotions for dry skin  
Deodorants  
Feminine products  
Herbal supplements (i.e. cranberry, garlic, echinacea)  
Mouthwash  
Shampoo  
Toothpaste with “whitening”

Call today to learn more about CareOregon Advantage: 888-712-3258 or 503-416-4279.  
Hours: 8 a.m. to 8 p.m. daily. TTY/TDD: 711

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CareOregon Advantage Plus is an HMO-POS SNP with a Medicare/Medicaid contract. Enrollment in CareOregon Advantage Plus depends on contract renewal.

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