

Active Flag Useful Links List

For cycling safety:

<http://www.rsa.ie/RSA/Road-Safety/Campaigns/Current-road-safety-campaigns/Cycle-Smart-Cycle-Safe/>

For walking safety:

<http://www.rsa.ie/en/RSA/Pedestrians-and-Cyclists/Pedestrian-safety/>

Healthy eating and active living

http://www.irishheart.ie/media/pub/healthy_eating_active_living_heal_final_may_2010.pdf

Promoting physical activity in Ireland:

<http://www.getirelandactive.ie/>

Health promotion web site

<http://www.healthpromotion.ie/>

Little Steps:

<http://www.littlesteps.eu/>