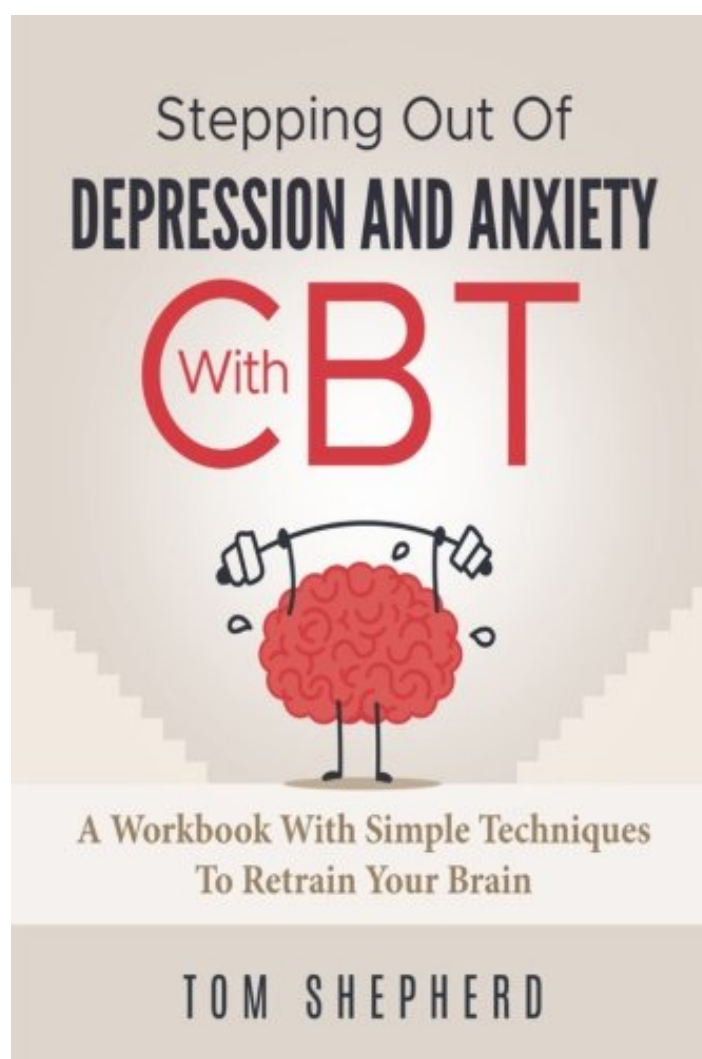


# **EBOOK RELEASE Cognitive Behavioral Therapy: Stepping Out Of Depression And Anxiety With CBT by Tom Shepherd**



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