

### **Reducing the Risk of Falling – Cheat Sheet**

<b>Weight:</b> 1	<b>Current Star:</b> 1	<b>Current Standing:</b> 48%	<b>Next Threshold:</b> 51%
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#### **Star Measure Description**

This measure shows the percent of plan members with a problem falling, walking, or balancing who discussed it with their doctor and received a recommendation for how to prevent falls during the year.

#### **Measure Source**

- HOS Survey Measure
- 4/1 – 7/31

#### **Requirement Specifications**

The percentage of members 65 years of age or older who had a fall or had problems with balance or walking in the past 12 months, who were seen by a practitioner in the past 12 months and who received a recommendation for how to prevent falls or treat problems with balance or walking from their current practitioner.

#### **Best Practice/ Call to Action**

- Educate patients about performing home safety assessments and fall prevention techniques.

#### **Supplemental Data**

CPT II Codes:

- **0518F:** Fall plan of care documented
- **1100F:** Patient screened for future fall risk; documentation of two or more falls in the past year or any fall with injury in the past year
- **1101F:** Patient screened for future fall risk; documentation of no falls in the past year or only one fall without injury in the past year (GER)

#### **Star Ratings Performance & Trends**

<b>Year</b>	<b>1-Star</b>	<b>2-Star</b>	<b>3-Star</b>	<b>4-Star</b>	<b>5-Star</b>
2020	< 51%	≥ 51% to < 57%	≥ 57% to < 62%	≥ 62% to < 71%	≥ 71%
2019	< 48%	≥48% to <54%	≥54% to <61%	≥61% to <70%	≥ 70%
2018	< 52%	≥52% to <59%	≥59% to <66%	≥66% to <74%	≥ 74%
2017	< 53%	≥53% to <57%	≥57% to <63%	≥63% to <73%	≥ 73%