The background features a decorative graphic consisting of three blue circles of varying sizes, each composed of concentric circles in different shades of blue. These circles are arranged in a descending sequence from the top right towards the bottom right. Two thin, light blue lines intersect at the top left and extend diagonally across the page, framing the circles and the text area.

Law Of Attraction Miracle Method: 4 Steps to Real Magic

By Laura Bartolini Mendelsohn, © 2011

"Law of Attraction Miracle Method: 4 Steps to Real Magic" is an Advanced Metaphysic Manifesting System. It is channeled from spirit through Laura Mendelsohn. Tap into it and watch your miracles begin!

About the Author. Laura Bartolini Mendelsohn is a Trance Channel Medium for over 25 years. In addition to her inherited gifts, Laura is a metaphysician, media guest, author, public speaker, teacher and seasoned business professional. More information can be found about Laura at <http://www.lauramendelsohn.com>.

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Chapter One – The Secret To Luck

Law of Attraction Miracle Method: Insights To The Law of Attraction

Have you been trying to get the Law of Attraction to work for you by manifesting but all you've come up with is "ring around the collar?" There once was a TV commercial about a housewife who feverishly tried scrubbing out the ring of dirt around the collar of her husband's shirt. However, no matter what she did, she still came up with ring around the collar! This is a bit comical, but illustrative nevertheless.

The same analogy can apply to The Law Of Attraction. Have you been trying to get what you want, but it just doesn't appear, no matter what you do?

You've tried creative visualization. You feel great right after you have done it, but what happens later? Well, you look up and you see the same old stuff around you.

Maybe you have a vision board. Same thing happens. Feels great but nothing happens. How about Hypnosis, or EFT, or Huna energy work, or Feng Shui or Buddhist chanting or whatever! You've done it all, but for some reason you are stubbornly stuck exactly where you were before you got started!

Well, maybe the universe is trying to tell you something.

There are two approaches to getting what you want in life. One approach is ego driven, left brained. I want something. I do this and that, and then I get it. Usually this is a manual process; where you actually work very hard to get what you want. Even if you think you are using the Law Of Attraction manifesting techniques, the actual process of getting what you want is effort.

Oh, you'll get it if you work for it, or exchange some energy for it, but as soon as you stop the tremendous effort you used to attain your goal, it starts to dissipate.

Then there is the LOVE way. It is sort of holistic, organic, if you will.

You stop trying to get what you want. You relax into yourself and start encouraging your true feelings about what feels right to you. **YOU START TO FOLLOW YOUR FEELINGS.**

Sounds revolutionary?

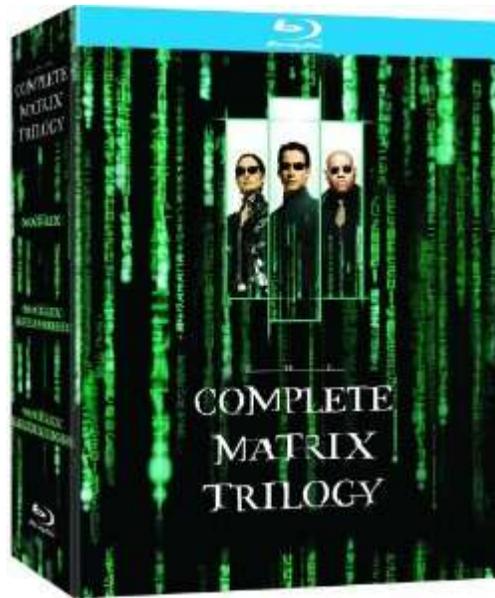
Well, it is. We are NOT trained to follow our feelings. Think about childhood. Were you told in school to go play or were you forced to sit in a chair and follow the itinerary? Were you told when you got older to get a good job that paid well, or were you told to go back packing around the world? How many of us were encouraged to follow our feelings, our heart, the nose in front of us, what we love?

Do you love getting up early every morning to run to your job? If you said yes to this you are in the minority. Most of us stay where we are because we do not know what else to do to earn money to sustain ourselves on earth.

It is a little scary to just start to actually be yourself instead of working to bring home a good salary. You might hate your boss, your job or what you do for a living, but you stay there because you believe you will not be able to pay your bills unless you do so.

Some of us are so numb to this we do not even realize we are empty, suffering or unhappy. We hide our feelings in addictive consumption of something.

Think of the movie “The Matrix.” Those that lived in the matrix were living in the mass hypnosis of a digitally contrived reality. If they felt something was missing, it was. Do you ever feel like you can’t wait for the work week to end so you can really begin to live your own life?



Cover of [Matrix-Trilogy \[Blu-ray\]](#)

What I am talking about is the UN-Manifesto.

Interestingly enough the word manifest starts out with the syllable, “man.”

What is “man” energy? It is the active energy, not the passive receptive energy. It is usually left brained, cognitive and seemingly powerful. Ironically enough, we are now living in an age where power can only be accessed by shifting to the feminine receptive energy.

To begin to access the power of this energy is very simple. Acknowledge what feels right to you then take action to support those feelings.

The more you do this, the more your magic will start. The universe is waiting for your energy to shift from pushing to loving. Take the leap.

You will soon find that you begin to attract more of what makes you feel good, more of what you need in a loving fashion. Get the point?

The Law of Attraction in action begins with you. The more you become your soul, the more powerfully you attract in a pulling, not pushing fashion.

Be your bliss and attract more bliss.

Rubbing The Genie Lamp – Is It Magic or Manifesting?

Have you been trying to “get” things in your life? You rub and rub that magical manifesting genie lamp only to find your hands are getting blistered, not bestowed upon.

There are many ways to manifest. I have been manifesting since I was twelve years old. My mother, a lifelong metaphysic practitioner, taught me a method from the secret order of the Rosicrucian’s. As soon as I began to practice what she taught me, achievement became my game.

I began to study and practice different methods of manifesting. Some of the tools I used included “Creative Visualization,” by Shakti Gawain, audios by Stuart Wilde, Silva Mind Control, books by Catherine Ponder, books by James Fillmore, “The Game of Life and How to Live It,” by Florence Scovel Shinn, “Creating Money: Keys to Abundance,” by Sanaya Roman, Eric Butterworth, vision boarding practice, books and classes, Unity, the two year training program from Center for Spiritual Living (formerly Church of Religious Science), etc. By the time Abraham Hicks material came out I had been manifesting for over 30 years!

Even my father believed in using the power of the mind to create success. He influenced me with “Think and Grow Rich,” by Napoleon Hill and other such books. “There is nothing in the world you cannot attain,” he would tell me. “You should always set your sights high, because if you do not, you will only attract mediocre results.”

The result of this “Petri dish” of a life experiment was achievement. I was an excellent student, achieving straight “A’s.” “Getting” things or manifesting became my life’s theme.

Finally after many years at the hard labor of an honest effort I was able to retire early as a minor millionaire. Ironically enough, my true gifts as a highly intuitive, sensitive and creative person were over looked for this more external achievement.

I had money and thought that was all that mattered. Little did I know the next few years would expose my inner bankruptcy.

My marriage, money, mother and ability to manifest were taken from me during the next five years. No matter how much I tried to manifest prosperity and love back into my life, an inane parade of failure parried me.

During this time I began to pray. Manifesting, of which I was such an expert, evaded me, so I decided prayer was all I could do. As I began to surrender to my fate in prayer, asking for wise help, I had a brilliant inspiration.

“What if all of this was not failure? What if it was a lesson, a more powerful one, about how to achieve your heart’s desire, not your ego’s fancy?”

I thought I had achieved much, but after it was all stripped away what did I really have? Who was I? What were my gifts and talents? Was I using them to serve anyone or anything?

These questions haunted me until I was left with no other choice but to come out of the spiritual closet in which I hid and begin using my innate talents.

I began to do readings for people using a natural, inherited gift I had discovered over 25 years ago when I spontaneously began channeling my spiritual guides. I did not even have to try or study.

The more I offered up to the universe the promise I would serve with my gifts and talents, the more abundant opportunities came to me.

Ironically, I was not about the money. I was about the service. I craved to use what I had inside of me in productive service to others. My strongest dream was to help others release the power of their bliss, birth their miracles, by living authentically.

The first step to releasing your miracles is to define them. What do you “really” want in life?

The most important aspect of “real magic,” is to live in accordance to your inner truth, what you really LOVE.

When you are living in accordance with what you love, you are living as your soul. Your soul has spiritual power to it. It is supernatural.

When you unleash this supernatural power, your life will take off like a magic carpet ride!

The Science Of Luck

Did you ever notice some people seem to LOVE through their life with the “wind in their sails.” Things sort of just open up for them. They need something. It appears.

They meet their lifelong love partner in a lucky coincidence. They know what they want to do for a living and start their career early. They get into the right field for their talents. They marry their soul mate.

Being lucky is a science, not a mystery. You follow the steps and you get predictable results.

However, being lucky is mystical, or supernatural. Luck has something to do with living in attunement to your inner self. Some might call it your soul.

So luck is a blend of that which is mysterious or unexplainable, yet can be duplicated with the proper steps.

You can actually do things that will increase your luck. For example, when you work very hard at something you open up your intuition. You might find you just “know” the answer and it turns out to be correct.

There is something about engagement that brings on luck. When I was in seventh grade I decided I wanted to do well in school. I engaged in the process of applying myself.

Oddly enough, when tests came around, I did know a lot of the answers, because I studied those subjects. However, there were times when I did not know the answer.

In each of these cases I would get quiet and “sense” the right answer. I believe this is because as I was engaged in the process of education, I became more attuned to the energy of it.

This attunement made me more intuitive. This intuition made me luckier.

Yes, luck is a science, but a mystical one.

Some basic principles of luck:

- **Let go of worry.** Lucky people do not worry about things. They see everything as “good” even when things are bad they look for the good in them. The more you do this the greater your chances of attracting more good. Lucky people do not worry.
- **Open to their “Secret Dream.”** Lucky people do what they love with their lives. They choose a life of loud exultation, rather than of quiet desperation. Lucky people are authentically true to their essence, which houses their secret dream.
- **Vibration alignment.** Luck attracts to those individuals who give of their gifts. If you know what you love to do and then do it, you will attract luck. Lucky people are immersed in the energy of their essence and then become lucky.
- **Entirely receive.** When you are in the process of living authentically, you will be led. You will get signs, symbols, intuitive hunches *and* lucky opportunities. Lucky people act on these coincidences having faith that the world is good and their future is fine.

Interestingly enough the above four letters spell the word LOVE, which is the acronym for the “Law of Attraction Miracle Method.”

If you are impatient like I am, you may skip to the end of this chapter to read a summary of the miracle method steps.

Law of Attraction Miracle Method Is The Secret To Luck

"Law of Attraction Miracle Method, 4 Steps to Real Magic," is a **NEW** Law of Attraction manifesting system required for prosperity in the Ascension revolution. **It is the secret to luck.** Tap into it and watch your miracles begin!

By using the principles of Law of Attraction Miracle Method system,

- My income went up 400% in four months and continues to rise,
- One client received a benefactor for her failing business within 5 days of her first session,
- One client got an \$18,000 raise and promotion after one session and
- Another met a "soul mate" candidate within three sessions!

Would you like to?

- Improve your luck.
- Attract success in business, love and life.
- Update your manifesting for ascension energy.
- Activate the magic of your life purpose.
- Express your power, authenticity and charisma.
- Ride "the magic carpet" of serendipitous synchronicity.
- Increase your intuition.
- Increase your creativity.
- Open your dialogue with heaven.
- Enjoy more peace, security, bliss, joy and happiness, living in the arms of a higher power.
- Improve your mood and outlook.
- Lessen anxiety and stress.
- Support the healing of substance abuse and eating disorders.

Well, then learn how to L-O-V-E! (Let Go, Open Up, Vibration Alignment, Entirely Receive)

LOVE stands for Let go of control, Open to your secret dream, Vibration alignment with this dream and Entirely receive your intuitive leads.

This entire E-book is about the LOVE process. It was highlighted above. It will be further summarized at end of this chapter and explained through the book.

If you follow the steps of LOVE you will learn how to FLOW. FLOW is the "real magic" of the Law of Attraction Miracle Method. Learn how to LOVE and watch your FLOW of magic begin.

I was born into a family of psychics but never intended to become one. Instead, I spent most of my adult years running after money and outward success. I achieved my first marriage after the age of 45 and was a self made millionaire by the time I was 49 using advanced manifesting techniques.

However, after losing my marriage, money and *ability to manifest*, I discovered “LOVE” was in charge, not me.

Law of Attraction Miracle Method out trumps manifesting and everything else you might use to get lucky in life. Why?

Because LOVE is in charge, not you! LOVE is the spiritual energy you travel through in life. You access LOVE by learning how to live intuitively.

This is NOT LOVE

Here is a little story about LOVE and the lack of luck.

A little while ago I had promised my sister I would meet her at the Goldcoast Ballroom, a local place where skilled Latin and Ballroom dancers gather to practice their craft. As I labored to pull myself away from working, a phone call came in from a desperate client.

Before I knew it, I had lost two hours from my planned schedule. As I contemplated whether I should still go to dance, I had the following dialogue with myself.

“If you don’t go, your sister will be disappointed. You never make good on your promise to go dancing, therefore you are not a person who can be trusted at your word. Your body needs a good workout because you are getting fat and finally, you are forgetting how to dance!”

I am laughing out loud just thinking about this negative self talk. Guilt, guilt and more guilt.

I forced myself to get ready, even though my eyes hung dreary from fatigue.

By the time I got dressed, it was even later. If I did not rush, my friends would have left, so I quickened my pace.

As I got off the turnpike onto a local street, my accelerated speed continued. Within thirty seconds a police car clocked me and I had a speeding citation. It cost me the equivalent of two days of work!

When things are not “loving” it is not worth going. Got the picture? The police officer certainly did when he clocked me.

Pain Makes Miracles?

I mentioned above I lost what I had manifested and worked for my entire life. This resulted in pain.

A year before this book was written I reached the pinnacle of this pain. I was in such pain I thought dying would be preferable to living. Living required I take action. I was so lost I did not even know what action to take, even if I had the energy to do so.

After about ten years of struggling with failure, I died. I did not die physically. I died in spirit.

I helplessly drifted into an abyss of despair, not knowing what to do, who to turn to or how to get back to being “normal.”

The abyss proved medicinal. It brought me back. That is how this material came to being.

After years of studying and applying Universal Spiritual Laws of Prosperity in my own life, I hit a brick wall. Everything I had worked for financially my entire life evaporated. My fiancé left me in this time of need. My health deteriorated into a crippling depression.

This crisis was designed by my soul, I believe, so I would be forced to gain new insight to working with spiritual law. This insight is called Law of Attraction Miracle Method and it is the “missing link” to real magic.

Law of Attraction Miracle Method is easy, but not effortless. It requires work, but not hard work. When you are following your gifts and choosing to invest in what you love to do your luck is automatic.

This is true for finding the love of your life as well. The more you polish up your unique vibration, the more you will attract your right equivalent.

I have found the harder I work at what I love, the more love I give, the luckier I get. The saying, "God helps those who help themselves," could not be truer.

If you are looking for someone to do it for you, this material cannot help you. The reason is no one can do the work for you or me or anyone else. We are all put on earth to swim.

That was my “aha” moment as I sat in the abyss. No one was going to do it for me. No one could. When I finally came to terms with this, I realized, “if it is to be it is up to me.”

I was so intimidated by this thought I felt like I wanted to die rather than take action because I DID NOT KNOW WHAT TO DO. All choices seemed equally as impossible.

However, in the end I did take action. It did not matter what action I took. It was important I simply take some action. When you take action, you ignite the power of LOVE engine. If you snooze, you lose.

Do not worry about doing this perfectly. If it does not feel right just put it aside. If and when it does make sense to you and you feel motivated that is the time that is right for you.

Now to the good stuff.

Some More About Law of Attraction Miracle Method

Since I have been following the techniques in this system I have received several miracles in my own life.

Here are some further demonstrations:

1. As mentioned above, my gross business revenue increased four-fold in four months. Every day it is getting stronger and increasing. In addition, the first two Law of Attraction Miracle Method clients attained their miracles in a short time. One received a raise for \$18,000 and the other met a soul mate candidate.
2. I received an offer to renovate my home for free. All I had to do was buy the materials and my generous benefactors provided the labor for me!
3. I received two significant gifts of “found” money.
4. A relationship healing I asked for began happening.
5. I failed at a large event I was doing and lost an important business liaison!

You might be wondering, “Ha? Did you say what I thought you said?”

“Yep, I did.” I wanted to get your attention, but that did really happen.

When you get to the point in life when you see everything in your life as “good,” you will have aligned with “Law of Attraction Miracle Method.” The more you align with your “Law of Attraction Miracle Method,” the more miracles are going to appear before you.

Getting into “Law of Attraction Miracle Method” is more than faking a happy smile about everything. Have you ever noticed some “New Agers” going about acting like Ms. Pollyanna Positive? Whether they feel it or not they will make everything seem positive. It’s almost like they are in denial.

Denial will get you nowhere, except stuck. You need to acknowledge when you feel something whether it be good or bad, but still be grateful for it!

It is like leaning into everything as if it were a beautiful lake you are swimming through. The more you swim, the more you will flow in LOVE. The more you flow in LOVE, the more you will be led to follow the energy your soul has prepared for you in this lifetime.

This energy has power. It is miraculous. This energy is synchronistic. It allows your destiny to unfold.

Finding Love With The Law of Attraction Miracle Method

My sister spent many years trying to find love. Our father did not want her to marry her first love because she was too young, so she didn't. She searched for many years to finally find a husband, but he died young.

She was left to care for their two sons alone. For about twenty years she tried to find true love in many rude substitutes. Finally after her last failed relationship she said to herself, "I am going to stop trying to conjure up love. I am going to simply surrender to my destiny. If I am meant to be alone I will enjoy my life anyway."

It is important to emphasize what happened at this point. My sister stopped trying to find love. She stopped answering personal ads, asking friends to "set her up," and evaluating the latest male candidate in her life for commitment and mating.

She decided instead she would simply enjoy the process of living. She began to LOVE.

Four months later while she was out socializing, she ran into a man. It was the man she had loved many years before, whom our father did not want her to marry! They started dating and now have been married for almost ten years.

When you stop trying to manifest, align with your heart, get at peace with what is in your life, you will find your life will have a sort of energy to it which leads you along. This energy is miraculous and magical. It is called LOVE.



Image via [Wikipedia](#)

Law of Attraction Miracle Method Summary

The steps to release your miracle magical luck are defined in the acronym “LOVE.”

What is love? LOVE is a state of being connected to the simple bliss of the moment.

Love is laden with bliss, dripping in it, overwhelmingly nestled in it. When you are experiencing bliss or joy, you are in the love vibration.

There is something innately magical about living in the love vibration. Love is present, prescient and powerful. Love is the infinite place from which miracles arise. It is not competitive or outcome oriented. It simply is.

When you learn to live in the nonresistant state of LOVE you will flow smoothly from one moment to the next in a magnetic field of attraction. This is The Law of Attraction Miracle Method.

You will live in a highly intuitive state. Your dreams might start revealing the next step you should take in your life. You might get a hunch to do something, follow it and find out it was the right action to take.

Manifesting is smooth in the now. It is more like magic than manifesting, because the now is LOVE. The now is your soul speaking to you. The now is the Tao (pronounced Dow) or flow of the universe.

How do you enter the “Tao of now?”

L = Let Go of Control. Spiritual Law of Non-Resistance. Gratitude/Forgiveness lists. Be in gratitude and forgive until it becomes automatic to relax into your life like everything is wonderful, not just the good stuff. You begin to see who you really are and what you really want, but were too tied up in trying to control everything (being upset) to realize. As you learn how to let go you begin to flow into your destiny.

O = Open to Your Secret Dream. Spiritual Law of Destiny. Your secret dream is hidden behind the biggest problem you have in your life. Your desired miracles are the panacea to this problem and your secret dream.

When you surrender to this dream you begin to flow into the powerful current of who you really are and what you really want. Your path emerges.

Spirit will release the power of your secret dream with your miracle list.

- **Miracle List.** Miracles are the essence driven soul note dream you have for your life. Miracles have the volcanic power of the super conscious mind of God behind them. Goals are ego driven material, money based and date driven. They do not have spiritual power to them.

- **Soul Note (Secret Dream):**
 - Create three separate lists. One for Body, Money and Soul.
 - On each list put what your values are for your body, money and spirit.
 - Find one word to summarize each category.
 - Take the first letter of each word.
 - These three letters are your soul note.
 - Use these letters on your vision board,
 - You can have these letters printed onto custom wearable art you make or purchase for added impact on your vibration. Website here:
<http://www.cafepress.com/AttractionMiracle>

V = Vibration alignment. Spiritual Law of Attraction. Spiritual Law of Vibration.

- **Violet Flame.** Align your consciousness with the miracle of your soul by invoking the Violet Flame meditation. Release all karma past, present and future. Move to the miracle of 5D reality.
<http://abundancepsychic.com/meditations/violet-flame-meditation>
- **Vision Board.** Create your miracle vision board. Put your miracles on a FREE video vision board (<http://slideroll.com>) and watch it every day after doing a Theta meditation. This is one from youtube.com which uses Solfeggio miracle vibration excellent for this work:
<http://youtu.be/H3FXUUjpEFQ> . Now that you are aware of what you want from a soul level, you place these miracles on a video vision board, using your Soul Note code to amplify your attraction.
- **Give to Get.** Spiritual Law of Compensation. Give of your gifts in service to get. Have the courage to give of your gifts and you will find the universe will return to you the miracles. The entire process above is to awaken your authentic self so you will know what you love to do and then have the courage to do it. Great book on this is by Russell Simmons, called "[Super Rich.](#)" Purchase it at this link:
http://www.amazon.com/gp/product/B004Z8LGPG/ref=as_li_ss_tl?ie=UTF8&tag=datetipsrelaa-20&linkCode=as2&camp=217145&creative=399373&creativeASIN=B004Z8LGPG
- **Go to Process.** As you align you get busy living your secret dream now, without regard to outcome. This keeps the ego occupied with doing things, rather than running things.

E = Entirely Receive. Spiritual Law of flow. You get lucky! Follow ALL the signs and symbols that appear since you have everything in place to receive your miracles. As you begin sending to the universe your soul note, the universe responds in turn with lucky coincidences, little miracles, signs, synchronicities, and intuitive hunches. Your life becomes miraculous

- **Intuitive Development.** The more you live in the non resistant open state of LOVE, vibrationally aligned to your soul dream and receiving entirely the more your guidance will flow to you. Just follow it!

Stay tuned for the next chapter where we go into more detail about how we Let Go.

Chapter Two: Law of Attraction Miracle Method –Let Go Of Control

This chapter will focus on the **Let Go** part of the LOVE acronym. There is something very magical about letting go. It automatically places us in what Buddhists call a living meditation. This mindfulness is very powerful. It aligns you with the supernatural Tao of now, which is The Law Of Attraction Miracle Method.

L = Let Go of Control. Spiritual Law of Non-Resistance. Gratitude/Forgiveness lists. Be in gratitude and forgive until it becomes automatic to relax into your life like everything is wonderful, not just the good stuff. You begin to see who you really are and what you really want, but were too tied up in trying to control everything (being upset) to realize. As you learn how to let go you begin to flow into your destiny.

Since practicing the Law of Attraction Miracle Method techniques, my life has been getting better and better. I mentioned in Chapter One some miracles which have happened. This list just keeps expanding.

Here are a few highlights of some additional miracles.

1. A favorable magazine article was published about a séance I conducted.
2. I have been offered the opportunity of a six figure income selling real estate to a captive audience. I am not sure I will take it because my spiritual business keeps growing.
3. My personal relationships keep getting better as my relationship with my soul improves.
4. I moved to a new home and my neighbors are the kindest, most spiritual people I have been around in a long time.

The Alpha Omega Light Beings Commentary

When you learn how to let go of destructive behavior your doors open up. Pay attention to how you feel in the moment. This is your portal to destructive behavior. When you feel bad you are in an energy which hurts you. When you feel great you are in the right energy.

The key to find all of this is to Pay Attention with gratitude and forgiveness. Pay attention and grow. Pay attention and know. Pay attention and you will be in the Tao of Now and you will find your miracles there.

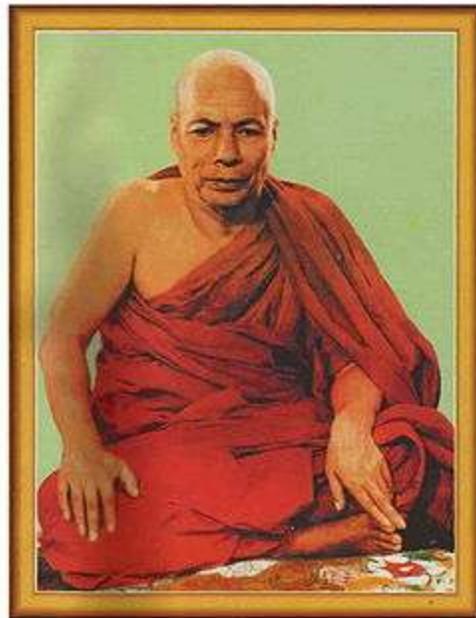
God bless.

Let Go Of Control With Gratitude and Forgiveness

When you are angry, upset or in pain you are in the state of resistance. This state drains you of your psychic spiritual power, reducing your ability to attract miracles into your life.

When you practice gratitude you become non-resistant. You stop trying to control outcome. This allows a Higher Power to deliver it to you.

Wouldn't you rather have Heaven help you? Learn how to Let Go Of Control.



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မြို့တော်ဆရာတော်ဘုရားကြီး

Image via Wikipedia

Let's get started. Here is a story about letting go of control and the benefits it brings.

Love Control

“Ugh!” Angelina called me in a panic. Her fiancé was beginning to waiver on the commitment of marriage. They were only four weeks away from the wedding, but he had suddenly announced doubts about the union. She was distraught.

“Why me?” she exclaimed.

I sat there wondering what I could say. Although she was there for a psychic reading, obviously she didn't need a psychic answer. She needed a spiritual one.

“When you become grateful for this, it will begin to dissolve like the ice off a winter landscape.” I smiled inside at my clever metaphor.

She looked at me like I was from another dimension. In my line of work that can be a good thing, but today it was not.

“How the heck can you say that? I can’t be grateful that my fiancé wants to break off our wedding!”

Before I lost her I had to make sense quickly. “Really Angelina it is very simple. That which you resist persists.

If you are upset about something you remain energetically tied to it. You are trapped in a holding pattern with it. When you get neutral about it, appreciate it, accept it, acknowledge it, become grateful for it, you will find the condition dissolves.

Give it a try. Before your next appointment I want you to create a Law of Attraction Miracle Method Journal. Write in it the miracles you would like to see in your life. Then, I want you to write down at least ten things you are grateful for in your life every day. You must include on this list even the negative things.

If something upsets you during the day, I want you to say to yourself, ‘I am grateful for this’ or ‘It is what it is.’

You will find this will begin to place you in abundant flow.

Next week tell me what happened. I have a feeling things will have changed.”

Angelina set an appointment with me for a week later. Sure enough, as I anticipated, there were some changes.

“I did what you said. I started my Law of Attraction Miracle Method Journal.” Angelina’s voice was light and musical.

“I added ten things I was grateful for every day. When I got upset about something, I simply became grateful for it as soon as I became aware of how I felt. If that didn’t calm me down, I would say to myself, ‘It is what it is.’

By the third day I started feeling really calm about everything, like I was flowing in a benevolent current which was leading me along. I felt like I did not have to fight to make everything happen on my own. I became very peaceful.

Ron and I were in contact during this time. He said he felt good again about getting married. He said the reason he had gotten negative about it was because I was always so upset.

I guess I had the wedding jitters myself. He noticed how calm I had gotten in the last few days. He felt I was easier to deal with for the first time in six months.”



Image by Express Monorail via Flickr

I was very pleased with the outcome. Angelina was proving to be a good student.

If you are particularly upset about something you might want to do The Miracle Meditation (next page) to compliment your gratitude exercise. This meditation helps extract negative feelings from your body like a surgeon's scalpel.

The Miracle Meditation

You can do all the law of attraction exercises you want but if you do not learn how to shift your emotions from negative to happy, you will not be able to attract good things. You will continue to attract negativity.

The Law of Attraction does not state how to shift your emotions. No matter how wonderful your Law of Attraction tool is, (my favorite is hypnosis), when you are not using the tool that negative stuff just creeps up.

So what do you do when you start to believe your reality will never change and you will never get what you want? What do you do when that evil little devil jumps onto your shoulder and tells you it is impossible to get what you want?

You do this exercise. I call it the Miracle Meditation, because it extract's negativity from your mood like a surgeon's scalpel extracting cancer from your body.

1. Take a deep breath.
2. Get in touch with the negative feeling(s).
3. Find the place or places in your body this feeling exists. You might feel uneasy in your chest, your stomach, or feel agitated all over your body. Look for a queasy or uneasy feeling.
4. Now see your feeling as something visual. It could be a dark cloud, an angry monster, a swarm of insects. Whatever your image, really feel and see it. There is no right way to see your feelings. Whatever comes to mind is correct.
5. See a beautiful, large gift box in front of you. The cover is off to the side of it.
6. Now visualize your negative feelings being sucked into the box filling it right to the top.
7. Cover it up.
8. Hand this box up to a higher power. This is the I AM, the omnipotent power which can do anything, including neutralize your negativity. As you hand it over say, "I now hand over my negative feelings to you."
9. Some people see this power as God. However you define your higher power, ensure it is omnipotent, with infinite resources to resolve and heal all things.
10. Now ask for what you want. Just ask. In your asking, remind yourself that your higher power is capable of doing anything. Ask from the heart with feeling, knowing it is there for you simply because you asked.
11. If you do not believe what you ask for is possible, it is because you are asking for something too specific.
12. Ask instead that the situation be healed for the highest good and benefit of all. As an example, let's say Gina has had money problems her entire life. No matter what business she tried, she always ended up with this monster of poverty looming over her.
13. Instead of asking to win the lottery, she asked the universe to heal her money situation, all her beliefs about money and provide for her an affluent, comfortable lifestyle in whatever way the universe could provide this for her.
14. Do you see how it is easier to believe this will happen when you take away conditions on how it is done? This is very, very powerful.

Let Go of Pain

As the Law of Attraction Miracle Method expands in my life I continue to have seemingly “good” and “bad” experiences. Each occurrence has offered me the opportunity to move from judgment to using the “Law of Attraction Miracle Method” process to experience real magic.

One “bad” thing that happened is that my computer went on the blink. I immediately became grateful for the situation, handed its resolution to a higher power and it was fixed as painlessly as possible. Maybe this “bad” experience was really a warning to me to be more careful with my PC.

Then two days later I got an unexpected call to participate in a TV Pilot for a ghost hunting show. Rather than get all “happy” about this I simply accepted the opportunity as perhaps good or bad. I thought, “Let’s see where it goes.”

The idea here is to move from judgment to LOVE. Judgment is the first step to attempt to control.

When you get all choked up in what is good and what is bad, you are locked into controlling mindset. This mindset will block your abundance from flowing to you. You create a dynamic energy chord between you and the object of your attention, blocking energy.

As soon as you judge energy, it stops flowing. Just flow with it and do not judge it. Assume it is all good, because it is., and your miracles will keep flowing to you.

This does not mean you should tolerate what can be perceived as draining, negative and unfortunate. No. It means that when you move from judgment you will be more available to observe that which is taking energy away from you.

You will become more conscious. You will move away from the unconscious state of victim to the conscious state of victorious. You become the master of your life.

With awareness you can then take loving steps to heal and release what is painful and stop trying to control it.

A great way to Let Go is to ask your higher power to place you in The Law Of Attraction Miracle Method. Ask that your destiny be revealed to you.

You can add to your gratitude list every day that you are grateful that you are in divine LOVE, because the more you Let Go of Control the better your life will be!

There is no good or bad. It all just is.

Let Go of Control: Channeling About Releasing Pain

This following is channeled from the Alpha Omega Light Beings, the group of souls who are helping earth evolve into a miracle mind state for the Ascension. It discusses the main concept behind Let Go of Control. When you become grateful and forgive you begin to let go of things which are painful to you.

“The ‘Let Go’ step of Law of Attraction Miracle Method process is not easy to do. The reason is most people on earth are so used to tolerating mishaps and misfortunes they think it is noble to do so. They are oriented to hold onto pain and not release it.

This is extremely important as you begin to enter your miracle stream. You need to understand that pain is not desirable and that joy in life should be your goal.

This is from the past on earth. Individuals thought that they would go to a better place after earth and that earth was the place to suffer. It is not.

We as your guides are telling you that earth is the place where you have to start enjoying life. For if you do not when you leave earth you will bring the pain and suffering with you. All is in the spirit world as it is on earth. It is no different. You bring your consciousness with you to earth and you bring your consciousness with you to the spirit world.

So if you want to be stuck with pain and suffering then just keep experiencing it on earth.

We do not mean to sound flippant here but it is so true.



Image via Wikipedia

So the first step to living Nirvana is to be Nirvana and start paying attention to what really bothers you on earth.

As you were creating your Gratitude List you listened to your heart more.

It is important to listen to your heart. This is the portal to the soul. Your heart does not lie. Your head might, but your heart will not lie.

Your heart is your feeling nature. Pay attention to how you feel in the moment every day. When your blood pressure goes up you are stressed. It is the time to identify the cause of your stress. If it is a negative cause begin to eliminate it from your life permanently.

For example, let's say you have a long commute to work every day. You have learned to tolerate it.

Then you start doing Law of Attraction Miracle Method process and you begin to pay attention to how you feel more.

You notice that after breakfast as you leave your house for work, you have a dragging feeling in the pit of your stomach. Or perhaps your blood pressure goes up as you rush for the train or stop and go in traffic. It is not easy.

When you get to work, you take a sigh. You feel exhausted already and you have not even begun your day's work. This is a symptom of stress and it should be eliminated.



Image via Wikipedia

We do not suggest you make big changes right away. That too is stressful. What we suggest is that you become grateful for the situation, then ask a higher power for help. Thank the universe for providing you the information you needed to ask for a compatible work situation to your health, joy and well being.

Your job is to be grateful when you find the kinks in your system and then ask for resolution from a higher power.

This is the Let Go process.

Assignment:

This chapter we as your spiritual teachers want you to begin to pay attention even more to how you feel. Every day complete your Gratitude and Grateful list in your Miracle Journal (details at end of chapter).

As you notice things are upsetting to you, get grateful for them, then begin to ask a higher power for resolution. So for example, you have noticed that there is a person you work with that likes to come to talk to you and drains your energy. She always talks about herself, but never asks how you are feeling. She takes from you, but does not give back.

You decide this person is draining your energy. Rather than fight it. You immediately say you are grateful for this annoying person.

Then you ask a higher power to handle the situation for you. You ask that your LOVE emerge. This is Letting Go.

Slowly over time you will see your life will begin to work better because those conditions that are draining you will be resolved spiritually and holistically.

All you had to do was to become aware of them, get grateful, then ask a higher power to reveal your LOVE.

Next Chapter we will focus on how to Vibrationally Align, the next step in Law of Attraction Miracle Method process. Aligning with joy is integral to entering the miracle state of LOVE.

God bless.”

The Negative Spiral Story

Louise hated her co-workers. They were everything she was not. They went to private schools, had been privileged growing up. They were status oriented and elitist in their thinking.

Ironically she was exclusionary in her thinking about them. Each day on her commute home she would focus on their shortcomings, developing her disdain and hate for them even more.

Each morning when she greeted them her stomach became tense and she sneered at them slightly.

Over time they began to notice the way she acted around them. They started to gossip about her. Finally the company did a wide review of all employees looking to eliminate those that were not exhibiting good team work.

They interviewed each employee to ask about their co-workers. As expected Louise was poorly reviewed. She was let go.

Louise wondered why this happened to her. If she only knew how negativity can grow into something much larger. She created the problem without even realizing it.

If Louise had been following Law of Attraction Miracle Method process she would have been aware of how she felt when she greeted her colleagues in the morning. She would have then let go of trying to control the situation, handed it to a higher power for resolution.

Her situation could have been resolved in a myriad of ways. Let's play out one scenario.

After noticing how upset she felt around these employees, Louise gave thanks for having these feelings. She then immediately asked for a resolution to the situation from a higher power. She asked that her LOVE emerge. Each time she felt drained and unhappy she did the same thing.

Over time she began to feel relaxed and comfortable, like her situation would be resolved. One day when she was running late to get out of the office, one of the co-workers she detested stood in the elevator holding the door waiting for her to make it inside.

As she dashed madly to get to it, she fell to the floor, scraping her knee and dropping all her books and papers. This gentleman got out of the elevator and helped her pick everything up. He asked her if she was alright. She was shocked at his genuine concern, feeling an opening of kindness she had not noticed before.

The next day the same "elitist" man came over to her and asked again if she were all right after her fall. She was beginning to think perhaps she had misjudged at least one of her colleagues. From there her softening continued until she was open and friendly with everyone, seeing their humanity as not that different from hers.

Next step you will be learning how to Open to Your Secret Dream. As you become more and more grateful you will awaken your soul consciousness. You will realize your soul purpose, what you came to earth to do. This is your Secret Dream.

Assignment

Try each phrase to see which one works better for you.

1. **Begin a Miracle Journal.** In it write down 10 things you are grateful about or forgive every day. This is best done within 30 minutes of a meditation or arising so your true feelings are expressed.
 - a. During the day if anything comes up that upsets you, get grateful for it right away, go to forgiveness and if nothing else works remind yourself, “It is what it is.”
 - b. Try using “the Miracle Meditation” at least once for something that is really bothering you. This will allow you to see if this is a tool you want to use regularly. If it is, add it to your arsenal of Letting Go tools.

Chapter Three - Open To Your Secret Dream

O = Open to Your Secret Dream. Spiritual Law of Destiny. Your secret dream is hidden behind the biggest problem you have in your life. Your desired miracles are the panacea to this problem and your secret dream.

When you surrender to this dream you begin to LOVE into the powerful current of who you really are and what you really want. Your destiny emerges.

Spirit will release the power of your secret dream with your miracle list.

- ***Miracle List.*** *Miracles are the essence driven soul note dream you have for your life. Miracles have the volcanic power of the super conscious mind of God behind them. Goals are ego driven material, money based and date driven. They do not have spiritual power to them.*
- ***Soul Note (Secret Dream):***
 - *Create three separate lists. One for Body, Money and Soul.*
 - *On each list put what your values are for your body, money and spirit.*
 - *Find one word to summarize each category.*
 - *Take the first letter of each word.*
 - *These three letters are your soul note.*
 - *Use these letters on your vision board,*
 - *You can have these letters printed onto custom wearable art you make or purchase for added impact on your vibration. Website here: <http://www.cafepress.com/AttractionMiracle>*

Your Problem Is Your Power (Channeled)

Do you know that your power is in your problem? Yes, this is so. When you have a problem, become grateful for it, so its hidden meaning can be revealed.



Image by Josh Bancroft via Flickr

When you begin to see the power behind the problem you will have reached Nirvana and you will have tools at your disposal for miracles.

So when you have a problem, be grateful for it! Yes, being grateful for your problem will reveal things to you about yourself and your life and what to do next.

This will allow spirit to work with you and lead you on your path.

Your path is your power! So if you allow yourself to be led on your path, you will find all doors will open for you that are correct.

This simply means that when you have a problem you will be led to the door to solve it. So when a door is not open, simply say, "This is a great happening." Then ask for the new door to open to lead you.

When you operate this way in your life, you will find your life will take on the stuff of magic. You will become miraculous in what you do.

Look at your problems as powerful opportunities to find your path. The more you do this the better your life will become.

Ask for help when you have a problem, then wait for a solution. If a door closes, that is not the solution.

Wait for another door to open. This is probably the solution. However, if it too closes then look for another and another until you find the right fit.



Image via Wikipedia

It is not easy to send you help from our realm. There is all sorts of interference from thought waves. So be patient with us. We are listening and trying to help.

It is just that we cannot always help you instantly.

There is a value in experiencing a problem for it will help you realize what you want. So this is another reason for problems. Listen to your reaction to problems. Within your reaction to problems is the solution of what you really, really want.

This is your soul speaking to you constructively about what your heart desires.

Your desires, if they come from heart and soul, have the most power to make magic happen in your life. Your heart desires come from an inner knowingness about yourself and your path on earth. Your heart desires are the clues as to who you really are at a deep subjective level. We call this the soul level. But it is known in many ways.

The most important aspect of yourself is this deeper level, for when you allow it to surface your life takes on a new energy. This is the energy of your pre life plan.

When you are steeped in resisting problems versus seeing them as opportunities to discover your true self, you will find your life is thwarted. You will struggle for everything and you will have what you might call “bad luck.”

When you see your problems as clues as to who you really are, and accept them as opportunities to solution, your life will become very magical indeed.

Your problems are your power.

Open to Your Dream Step

This chapter is learning all about opening to your secret dream. Your secret dream is hidden behind your biggest problem in life. If you were born with parents that invalidated your identity like I was, then your secret dream is to have your identity validated.

Simple.

Your secret dream will have within it the things you are drawn to do, what you love to do. Later in the chapter you will hear more about opening to what you love to do.

Besides your biggest problem, then what you love to do, is another clue as to what your secret dream is.

Your secret dream is extremely important. It holds within it the power of your soul, what you came to earth to do. Your secret dream is supernatural in effect.

When you can define it your life will take on the stuff of miracles. Just defining it is very, very powerful, however, when you combine your secret dream with the steps outlined in this book, Let Go, Vibration Alignment and Entirely Receiving, you will find a power is leading you. This power is magical and works in alignment with source.

Instructions on How to Discover your Secret Dream

After doing a relaxing meditation for at least ten minutes, think about your biggest life problem or challenge. Write it down. Then write down the antidote to this problem.

Here are some hypothetical examples. These are not stories about me.

1. I was in an accident as a child and could no longer use my legs. The antidote to this problem was a way to make my life meaningful even though I could not walk. I had a secret dream to study, become a teacher and a published author about living a full life within the confines of “special needs.” This became my secret dream.
2. All my life my older brother excelled at school, sports, was taller and better looking than I. My parents always validated him as important, intelligent and accomplished. My ego

suffered. My secret dream is to find my own importance through my own purpose and unique gifts. I discover I have a gift to listen to the problems of others as a counselor and truly help them awaken to their unique talents. I become a successful counselor to others fulfilling my secret dream for this lifetime.

3. My mother was very critical of me. Over time I discovered I carried her negative talk in my own head. This negative self talk, constantly attracted individuals into my life who invalidated me as my mother had.

My secret dream is to be all I can be, free of the negative tapes controlling me. I invent a high chair which would allow little dogs to sit at the dinner table with their human family and enjoy the meal. This product helped individuals experience the unconditional love of their pets. It sold very well, making me feel validated. I fulfill my secret dream by inventing more products like this that sell well. I am healed and heal others with unconditional love products.

Do you see how your biggest life problem and what you love to do or are drawn to do is your powerful gift?

It is pleasurable to use our gifts. Our gifts are hidden behind our problems. We planned all of this before we were born.

Yet sometimes we are so bogged down with resisting our problems, we do not even know what we love anymore, what we secretly dream about for our life. This is why it is important to let go of control to learn how you feel about things using the gratitude exercise.

When you let go in gratitude you begin to pay attention to how you feel. You begin to live more consciously. This allows you to discern between what feels good to you and what feels bad. Your consciousness awakens bringing with it a major reward.

This reward is the choice to add what you love into your life!

Once you know what you love keep adding it to your life. Keep giving it to others.

For example, let's say you have a talent to edit books, write and your vocabulary is exceptional. You love doing this because you have a talent for it.

A possible scenario for your life might go like this. You start helping a friend write their book. It goes well. Other friends hear about your ability and ask you for help.

Suddenly you realize you need to charge for this, because it is becoming a full time effort. You do so and you begin to have a business. The business grows because you love your work and it shows in the quality of what you do.

You cannot give of what you love without getting. It is that simple.

The universe will be ready to give you energy back. However, you need to tell it what you need or want, or you might not get what is right for you.

The primary way to tell the universe what you want is by defining the miracles you want in your life.

Miracles

Miracles are innately magical. There is something about simply defining a miracle that triggers a magnetic force to attract it.

Why? Because your miracles have the supernatural power of your soul behind them. Your goals do not. Miracles have soul. Goals have ego.

A goal will be oriented towards something material. It will have a timeline to it. It will be quantifiable. Attaining the goal will be a direct result of effort you expend to achieve it.

Goals are for humans. Miracles are for a Higher Power.

A miracle is oriented towards reaching the essence of your desired result. There is no attempt to define how this dream is reached. It will be devoid of a quantifiable dollar amount.

If you take the attitude that the money is the result of the miracle, but not the miracle itself, you will begin to see what this is all about. Think of this. You could obtain your dream in many ways even without money. Allow The Higher Power to work for you.

For example, let's say you want to attain \$850,000 by June 30, so that you can obtain funding for cancer research. Your objective is quantifiable and is framed by a timeline. This is a goal, not a miracle. A goal states how it will be achieved.

A miracle would be stated like this: "The cancer research project is funded at the right time for optimal success for all parties involved." A miracle does not try to figure out how the objective is reached. It leaves room for The Higher Power to work things out with divine timing.

Maybe money is not needed to fund this project. Maybe a backer is needed who will take on the project with a "get the work done no matter the cost" attitude. To focus on the dollar amount is limiting your results and trying to make you The Higher Power.

Let The Higher Power work for you. Learn how to address its magnificence in the language of miracles, not the manmade babble of goals.

Create Your Soul Note

This story is based on a true story. One year of floundering after a brutal breakup, Noreen attracted a "soul mate" candidate within a week of using her soul note.

Noreen was weary looking for Mr. Right. She had ended a four year relationship a little over a year ago. Feelings of anger still plagued her; however, she wanted to attract someone new.

Every candidate she met seemed to be deficient in some way. Either she was not attracted to him, or he was not attracted to her, had a fatal health or mental problem, was just coming out of bankruptcy, going into bankruptcy, was morally deficient, or had some other severe problem which precluded their getting involved.

Her miss rate was so extreme her friends teasingly nick named her, “the attraction diffraction!”

How could this be? Are we not always attracting who or what we are inside? The Law of Attraction says we are. Yet she was attracting individuals in opposition to what she thought was her way of thinking, feeling and being.

Noreen was actually resonating in opposition to what she felt. She was not in alignment with her values, her “Soul Note.”

One of the areas in which she was out of alignment was the anger she still held for her past relationship. As well, she wanted a man who was slender and healthy, yet she routinely would “punish” herself with unhealthy snacks before bedtime.



Image via Wikipedia

Something needed to be done to align her behavior to her “soul note,” or value system. When this would happen her external world would change.

There is a technique to set your “Soul Note.” When you have defined who you are in alignment with your values, then create a code for it, this note can be placed into all your manifesting work.

You can place it on your vision board. You can remind yourself of who you are during the day. You can speak to the universe reminding it that this is your vibration and that you are now attracting like equivalents.

So if, for example, you are overweight, yet your personal value system does not honor this, your soul note will help align you with behavior to attract the right weight for your body.

It is simply another manifesting tool.

Here is how to set your “Soul Note.”

1. Take a deep meditation for at least 10 minutes.
2. Then take out some paper on which to write.
3. Create three columns. Title one, “Body,” one, “Money,” and a third, “Soul.”
4. In each column write your values. In the body category list everything to do with your thinking and feeling about health, nutrition, exercise, weight, habits, sexuality and other physical values you have. Do the same for “Money” and “Soul.”
5. In the “Money” category add in your values about work, educational level, thinking and mental faculty. In the “Soul” category add your values about spirituality, religion, nature, animals, kindness and so on.
6. Now go down each list.
7. Find the most important word in each list defining your value for that category. For example, in the “Body” category you might find the word “holistic” because you believe in preventive medicine, nutritional supplements, exercise and nutrition. Your letter for the “body,” category would then be, “H.”
8. Take the first letter of this word.
9. Combine it with the first letter of the salient words from the other two categories, forming a three letter code. For example, your “Body” category word is “holistic,” so the letter for this list is “H.” Your “Money” category letter is “S” for secure and your “Soul” list category is, “S” for spiritual. In this case, your Soul Note or code would be HSS.
10. Take this Soul Note or code and place it on your vision board, remind yourself of it daily and often like an affirmation. “Universe I am an ‘HSS.’” This stands for holistic, secure and spiritual. I am now attracting like equivalents.”

You will notice a shift in your life.



After defining and using her Soul Note code for only a few days, Noreen forgave her past boyfriend for ending the relationship. As well, she began paying attention to what she ate more, forming new habits which reflected her value for being healthy and right weight.

A week later she attracted a “soul mate” candidate after months of floundering.

It is easy to attract what you want and need. One of the pitfalls is that we do not take a lot of time getting in touch with our essence. We attempt to attract on top of a mountain of mental confusion, emotional blocks and unconscious diffraction.

Doing a simple exercise like defining our values can help us refine, polish and clarify our vibration so we can attract more effectively.

Do it. It works!

Feel God Now

Another tool to help you “Open To Your Dream” is to “feel” God. When you “feel” God you will be aligning with the peace, power and prosperity of a higher power or love. This will help awaken what truly feels good to you.

The energy of earth is one of addiction. Addiction simply means you are trying to get your power from people, places and things rather than from divine source. It means you exist in a vibration of duality rather than a vibration of unification.

Duality is separate from God. Unification is connected to God. If you are connected, you are fearless and love filled. Your life lovingly flows in a current of real magic.

Earth’s energy is now shifting from separatism to unification, from forced to flow. This is the Ascension.

Addiction does not necessarily mean you are homeless in the gutter taking heroine. It can mean:

1. You are trying to get someone to act or be a certain way so you can feel complete, peaceful, powerful and loved.
2. You feel embarrassed and ashamed if you do not own beautiful things, clothing, car and other material possessions.
3. You think you need to be in the “in crowd” to be loved, important and recognized.
4. You need to always get, be, do and attain bigger and better. Just being is not enough.
5. You feel anxious most days and look constantly for a way to silence this anxiety through external experiences.

There is no way to complete yourself to find peace, power and prosperity other than learning how to feel God in your day to day life.

If you would like to feel more peaceful, powerful and centered every day it is helpful to thank God for feeling the presence through meditative prayer.

Here is a convenient way to do meditative prayer. [Go to this beautiful sunset](http://www.youtube.com) located on <http://www.youtube.com> .

Set the video to full screen to receive the full impact. Then say this prayer out loud, or a semblance thereof, as you watch it.

Dear God

Thank you for letting me feel your peace, power and prosperity, if only for a second.

Thank you for letting me feel your peace, if only just a glimpse.

Thank you for letting me feel, if only a taste, of your power.

Dear God thank you for letting me feel your infinite prosperity.

Thank you for letting me rest if only a moment in the safety of your arms and power.

Thank you for letting me feel the comfort and rest of your divine love.

Thank you dear God, for letting me know you.

by Laura Bartolini Mendelsohn (c) 2011

Our Addictions Hold Us Back

Stop trying to make money. It does not work. You will end bankrupt if you run after the almighty dollar.

Instead focus on the service behind the money. Think of Bernie Madoff. Did he focus on the money or the service behind the money? Ha!

Stop trying to find love. It does not work. You will end up emotionally bankrupt if you run after trying to find love.

I am finding in my own life the more I focus on expressing my natural gifts and talents in service to others, the more my client list expands, the more money LOVEs or flows back to me.

However, when I focus on making money and forget the service of my gifts, the opposite happens.

The same thing has happened to me in finding love. The more I have gone out seeking love (as if I was lacking it), the less love I experienced. When I went out to do things I loved to do, loving myself, nourishing my soul, I attracted my most significant love relationships.

You have to forget about the end result and align with the experience of having love now. Focusing on the end result is addictive or fearful energy. It means you do not believe in the abundance of divine source.

Live in the now of love. The now is not addictive. The now is complete.

Love is your FLOW!

Love is your benevolent higher power guiding and leading you on your path, your prosperous destiny.

How much love do you have in your life?

Are you doing the things you love to do?

Do you love yourself unconditionally?

Have you released the things that are painful and tolerating and replacing them with bliss and joy, flowing with what you love?

If you want to be really, really wealthy in life, you need to latch into what you love to do and do it for the love of it in service to others. The more you do this, the greater the energy imbalance will become until finally the universe will snap back at you a flood of money. This is called the Law of Compensation.

Are you working just for the money at a job you hate? Well the universe feels this and gives you back empty results.

Are you trying to attract love into your life, but all you do is push yourself to meet new people? Well the universe can sense your heart is not in this and gives you back “heart less” experiences.

Instead align with the flow of love. You will attract abundant money and love into your life. Abundance follows love.

Do What You Love (channeled message from Alpha Omega Light Beings)

“When you focus on what you love to do the money does come. We know this sounds like a platitude but it is very, very true because money does not have its own value. Only what is behind it has value.

So if you focus on money you will not attain it. You need to focus on value of service. How are you serving others with your gifts and talents?

The more you focus on service the more you will have.

We do not mean that you need to trade your time for dollars. No, that is not what we are talking about for on earth the richest people learn to trade their time for leverage of effort. They learn how to make things for others in a mass produced way. And this is even better because you serve more people this way.

So the idea is that money is not the focus, livelihood is. The word livelihood means to live (from Dictionary.com, “the financial means whereby one lives.”). It does not mean to make money. When you begin to live what you love to do, you will make much, much money.

So go out and live a living and you will be surprised at what you get.

It is important to focus on the fact that you do want to work using your gifts and talents for proper remuneration. In other words you could focus on having fun but not emphasize you want money from it. This is called retired and it will not produce for you great wealth.

We mean that your intention of exchange for your gifts and talents in service to others must have money associated with it for it to work. This is understandable.

So focus on what you love to do. Live it. Then ask for money in exchange for it. Do not try to control this process. Simply ask, then love.

Simply ask, then LOVE.

There might be a time when you are doing it for no money as you begin to set the energy imbalance in place. Think of it this way. The more you are giving of yourself, the more the energy of money will be returned to you.

It is a law of nature that you cannot give without receiving back (The Law of Compensation). So if you are giving of yourself you will receive. Very simple. If you ask to receive money you will.

Start today by accessing what you absolutely love to do. Ask that you be given money in exchange for it. Then and only then do you put in place the wheels of energy in motion.

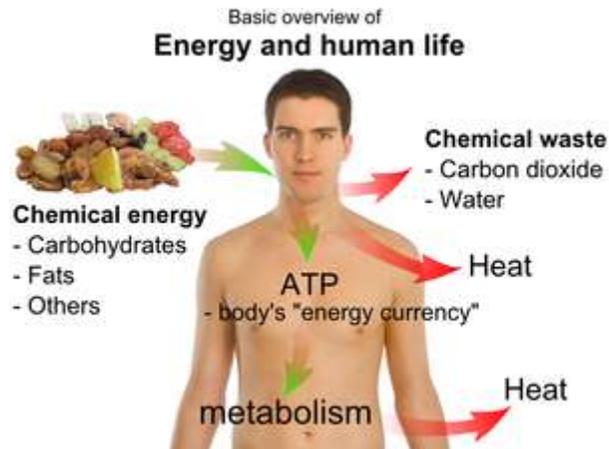


Image via Wikipedia

And then the energy of money will be returned to you for the energy of service.

There is another caveat here. You must, and we mean must, ask that you use your gifts and talents in service. Do what you absolutely adore doing, for if you do not, you will have not.

You cannot focus on merely serving. You need to focus on serving with your gifts and talents in joyful blissful service. Pick the thing or things you would do just for the love of doing it.

The universal law of energy exchange (Law of Compensation) will return to you proper remuneration for this effort. It cannot help but fill the energy gap you create or energy imbalance as it were. When you are feeding energy into a system the system finds energy elsewhere to reward or fulfill the imbalance.

Energy is everything and money is representative of energy but not the energy. This is what we mean by money. It is not the energy itself.

So focus on the service and the money will attach to it and be sent to you in turn as a placeholder for the energy.

God bless."

Assignment:

1. Continue doing your gratitude and forgiveness lists every day in your Miracle Journal. Remember to be grateful for even the negative events in your life.
2. ***New for this week.*** Identify your biggest problem, and then enter it on your Miracle list as your secret dream.
 - Take out your Miracle Journal started in Chapter Two.
 - Take a deep meditation for at least ten minutes.
 - Sit down and write about the biggest problem you think you have in this life time.
 - Then begin writing out a daydream you have about this problem. This is your secret dream.
 - Now fashion up a miracle statement related to this daydream. Remember to state the essence of what you seek versus making it into a goal.

For example, if you want a large sum of money so you can have a beautiful wedding, think again. A beautiful wedding can even happen for little or no money.

Someone with a large, beautiful home could donate their space to it. A relative might find donating the food for the wedding a wonderful gift.

Think broad and be flexible. Your miracles attract to possibilities, not limitations!

So get really, really specific about what this wedding will feel like to you, your spouse and guests. What are the features of a perfect time for it? How would you describe its perfect location?

Define the spiritual or intangible aspects of this wedding and allow the universe or The Higher Power to bring it to you in the way that is most miraculous.

Just writing down your miracles and giving them expression, starts a process of energetic pull to them. Your miracles in writing become a prayer to the universe for fulfillment. The universe cannot help but fulfill any prayer you make from your heart, because your heart is your soul asking for fulfillment.

We are on earth to fulfill our soul's desires.

3. **Add what you love into your life.** This will help open the energetic pathway to realizing Your Secret Dream.” Add one new thing a week or a day depending on your schedule that you LOVE to do! This can be an object, an activity, a food or location.

As you become more aware of how you feel about things by doing the above steps you will begin to see how much bliss and joy you have or do not have in your life. You will begin to see where you need to add more bliss and joy.

Each day deliberately add more joy into your life. If you like it, add it. After a while you will begin to notice a shift in your energy. You will begin to attract joy because you are doing more joy. You will begin to flow in love.

Don't try to control anything, just LOVE.

- Money. As you become aware of what you love to do for money add the intention that you make abundant money from this activity. Start to do it for no money until money attaches to it and begins to flow into your life. Start small and follow the lead of the energy.
- Love. As you add the things you love to do and be into your life, you will find people around you will gravitate to you. You will become magnetically charged with love and attract love. Your friendships will blossom. Your love life will take off.

Your existing relationships will become more authentic and thus more passionate. If you are in a relationship which does not align with you properly it will realign. This means you may lose it or it may reshape itself.

- Be you and watch your miracles begin to magnetically attract to you!

Oh, and don't forget to LOVE! This is not about control. This is about letting go of control and aligning with a loving and benevolent higher power. Go with the LOVE and watch your miracles begin!

4. **Do the exercise to define your "Soul Note" code.** Keep this code for your vision board which we will use in a later chapter.

- **Soul Note** (your vibration):
 - Create three separate lists. One for Body, Money and Soul.
 - On each list put your values for your body, mind and spirit.
 - Find one word to summarize each category.
 - Take the first letter of each word.
 - These three letters are your soul note.
 - Use these letters on your vision board (later in this book),
 - You can have these letters printed onto custom wearable art for added impact on your vibration. Sample T-shirt at this website:
<http://www.cafepress.com/AttractionMiracle>

5. **Do the "Feel God Now" meditation** at least once to see if you can attune yourself to your spiritual center and core. When you are in this vibration, new ideas about who you are and what you want will appear, helping you define your "secret dream" further.

Chapter Four – Vibration Alignment

V = **Vibration alignment**. *Spiritual Law of Attraction. Spiritual Law of Vibration.*

- **Violet Flame**. *Align your consciousness with the miracle of your soul by invoking the Violet Flame meditation. Release all karma past, present and future. Move to the miracle of 5D reality.*
<http://abundancepsychic.com/meditations/violet-flame-meditation>
- **Vision Board**. *Create your Soul Note, Miracle vision board. Put your miracles on a FREE video vision board (<http://slideroll.com>) and watch it every day after doing a Theta meditation. This is one from youtube.com which uses Solfeggio miracle vibration excellent for this work:
<http://youtu.be/H3FXUUjpEFQ> . Now that you are aware of what you want from a soul level, you place these miracles on a video vision board, using your Soul Note code to amplify your attraction.*
- **Give to Get**. *Spiritual Law of Compensation. Give of your gifts in service to get. Have the courage to give of your gifts and you will find the universe will return to you the miracles. The entire process above is to awaken your authentic self so you will know what you love to do and then have the courage to do it. Great book on this is by Russell Simmons, called [“Super Rich.”](#) Purchase it at this link:
http://www.amazon.com/gp/product/B004Z8LGPG/ref=as_li_ss_tl?ie=UTF8&tag=datetipsrelaa-20&linkCode=as2&camp=217145&creative=399373&creativeASIN=B004Z8LGPG*
- **Go to Process**. *As you align you get busy living your secret dream now, without regard to outcome. This keeps the ego occupied with doing things, rather than running things.*

What is the Violet Flame?

The Violet Flame is a gift from St. Germain, the Ascended Master. It helps activate the Law of Attraction Miracle Method this books presents.

When you are unable to manifest what you desire in life, it is because you are struggling with karma, lower vibrations and negativity. The Violet Flame will remove these blocks to fulfillment of your deepest soul desires for this lifetime, your secret dream.

Here is channeling by St. Germain on the Violet Flame and how to use it.

St. Germain Soul Mastery (Channeled)

I am here. I am the energy of St. Germain or the entity of St. Germain to put it better.

I have been alive a long time in other forms but for today I will call myself the energy of transformation and transmutation.

I am St. Germain the energy and entity of that one. However, I am not his over-soul. I am his energy which is different than his over-soul. An over-soul is like a canvas that you can write anything you want on; however his energy is his consciousness.



Image via Wikipedia

When you channel an over-soul you channel the exterior parts of the consciousness but not the consciousness itself. This is not what I am doing through you.

I am channeling my consciousness to you because you have asked and I feel you will understand the material and will want to show it to others. That is what I am all about.

I am all about sharing what I know and can do for those on earth and in other dimensions.

You know many on earth think that earth is all there is. It is not. There are other dimensions that I help others within.

Each dimension has its own learning curve and advantages to developing the soul and its underlying foundation.

For today we will focus on your dimension of earth.

This earth that you live on is not like other places to incarnate for it is more difficult than other energies in other dimensions in the sense that you have a physical form. The lessons in other dimensions are not as dense or difficult.

For this reason I have come to earth to help. Earth needs my help to evolve quickly and faster than it would otherwise. I have been assigned the duty and task of helping those on earth learn about themselves fast and to be healed faster.

Some call it the Violet Flame or whatever you want to call it. I am supposed to help those on earth vibration heal and release that which is not aligned with 5D. Many have heard about 5D but do not understand it completely.

There is much on earth that is confusion, especially when it comes to matters of evolvment and learning.

Many on earth think they must go somewhere to experience the kingdom of peace on earth. No. They are the peace right now.

Many on earth think they must leave earth to go to heaven. No. They can live on earth in a different vibration where their thoughts and actions will align with a heavenly mastery while still on earth as an incarnated soul.



Yes, this is possible. I am the one who is showing those on earth how to do this.

I am not the only one however, and will not take credit for that. There are many masters working with earth right now to help those on earth that want soul mastery while still in the physical incarnation.

(NOTE: After channeling this material I found through research: "St. Germain tutors and initiates souls in mastery of the seat-of-the-soul chakra, preparing them to receive the Holy Spirit's gifts of prophecy and the working of miracles." [Taken from this link.](#))

The way to do this according to my work is to let go of control. I have said this many, many times and I will say it again.

When you can let go of trying to control the outcome of something and allow it to be exactly what it is you will find self mastery follows quickly behind that state of thinking.

So let go of trying to control and you will find that things will get more blissful for you on earth.

The way to let go of control can be done with miracle meditations, one of which is the violet flame. Let the flame go through your body in a mental exercise. You will find your spirits will rise if you do this daily.

Then after you have taken your violet flame “bath” you will ask for it to transmute your karma or any limitation you have to alignment with God. When you do this you will feel lighter and in control of your life without having to control it.

This is the definition of bliss. It is being in control by releasing control to alignment with source.

When you align with source of God you are in the breeze on the ocean as you sail through life. You flow better and in process. The process is the plan or current for this lifetime for you.

When you align your heart and soul with your flow or essence you become an essene. An essene is one who sees and knows the truth.

[Note: After channeling this I found through research, The Ascended Master Saint Germain (Ragoczy), as Chohan of the Seventh Ray, is the Master Teacher or Spiritual Head of the Amethystine Order. The Amethystine Order is an Illuminist Order of Essenes, in that all members follow the Essene way of life. Taken from [this link](#).]

Knowing the truth brings bliss. Accepting the truth brings happiness.

When you are out of alignment with source you are out of truth. When you are out of truth you are unhappy on earth.

Earth is all about the essence of truth, for it is the only vibration you can incarnate within and be out of alignment with source or truth.

Source or truth is God. When you are on earth you can get out of alignment with God. When you realign with God consciousness which is unconditional love and acceptable of what is, you will find you are back in the flow of ecstasy and miracles.

The ascension to 5D is all about alignment with truth and the God head.

God bless. (End of channeled transmission.)

How To Invoke The Violet Flame

The basic method to invoke the violet flame is to imagine it entering your heart chakra from in front of you. After the flame has entered your body, imagine it is spreading its cool light throughout your body.

First it covers your root chakra, then your sacral, solar plexis, heart, throat, third eye and then crown chakras. After that imagine your entire body is filled with the violet flame.

Lastly, imagine your entire body is now bathing in a block of violet flame.

As you are doing this, state the following,

I now release and transmute all my karma, past, present and future.

I forgive anyone who has ever done harm to me. I forgive myself for all harm I have done to others.

I am now transmuting my energy to the miracle vibration through the violet flame.

Violet flame transmute me.

As an alternate you may invoke the power of the violet flame at any time by saying:

I am a being of Violet Fire, I am the purity God desires. (Say three times.)

Are some youtube.com meditations and videos which further your understanding and use of the Violet Flame.

[St. Germain Violet Flame Mantra](#)- *Great mantra for healing all karma to ready for heaven on earth of 5D Ascension.*

Go [here](#) to learn what the violet flame is.

[St. Germain Violet Flame Invocation](#) - *what it is and prayer to invoke.*

Here is a website with further information and use of the violet flame. [Go here.](#)

The Give to Get Process Eliminates Need to Control

The most important point to learn and master to attain the magic of LOVE is to let go of trying to control outcome. This is perhaps one of the most difficult things a human being could be asked to do on earth.

Why? Because we all fear if we do not work at getting results we will not get results.

The real secret, however, is this. If you want to attract something you need to be it. You make the attraction even sweeter, even more magnetic, if you begin to be or do, if you give to get by going to process doing what you love.

You discovered what you love in the previous chapter, “Open to Your Secret Dream.” You started adding it to you life.

Now amplify this. Take it one step further. Go to process. When you go to process, you align your vibration to what you desire.

You, as well, give your ego mind something to do so it does not try to run the show or control results.

The busier you get, the luckier you will get.

Therefore, it is important to use a vision board at the same time you are vibrationally aligning in process. This will help the universe give you back what you desire. Your vision board is like a global positioning system (GPS) for your life.

Use the vision board every day. More about creating this vision board is later in this chapter.

You are putting energy into your life like gas into a car. Then the car gets you where you want to go because you programmed it into the GPS. Make sense?

So keep adding what you love into your life in process. Then match this giving with a vision board telling the universe what you want in exchange.

The universe starts returning to you your vision due to the spiritual law of compensation. You give and then you get.

Law of Attraction Miracle Method: Give to Get

What would you do if you were super rich?

Russell Simmons, multi-millionaire music producer, entrepreneur and author of “[Super Rich: A Guide to Having It All](#),” set up this simple question on the Internet when his book was released. The answers were not what you might expect.

Instead of individuals stating they would want a bigger car or a better house to live in most stated they would give of themselves to help others. Everything from helping the poor to rebuilding Haiti was listed.



Image via Wikipedia

My favorite was one who said he would save precious and innocent animals by not eating meat.

The point that Russell Simmons is making in his book is that true wealth is being in a state of what Buddhism calls Nirvana. Christianity calls this state Christ Consciousness. Yoga calls it “Samadhi.”

It is a state of completion, of needing nothing.

It is a message that spirit has been attempting to communicate through me in Law of Attraction Miracle Method. (Doesn't mean I have it all together, either. The Alpha Omega beings are channeling it through dumb ol' imperfect me.)

Why? Because we are now ascending from the age of "I want" to "I am." If you want to learn how to thrive in the new energy of I am, you have to activate your soul. You have overcome your sense of being separate from the energy of the universe. You have to become one with it.

This book is all about taking that leap.

In this book, I channeled a message about money. Money is a placeholder, it is not the thing. The thing is the service you are offering the world. This is your wealth. This is your richness. When you can know this and give of yourself, the money will follow, guaranteed.

Russell Simmons says so, and I believe him, since he is a self made multi-millionaire who started from modest beginnings.

I also believe him because I once was a self made millionaire but lost most of the money because I did not focus on giving of my gifts. I did work, but I did not love what I did. I was only focused on getting money.

He goes on to say in his book, "Great givers become even better getters."

So what is your biggest dream for yourself? What is your gift? When you can put your finger on something you love to do so much you would do it for no money, you have found your GIFT.

Are you using your gift? Are you giving it to others? What do you think you know how to do innately, almost like you have a talent for it that you came into this life time knowing?

My father always told me I could do anything if I put my mind to it. Sounds like positive, fatherly advice, right? Well let's think about this.

My father and mother were extremely creative, individualized type of people. They both were professional artists, highest in their class. My father was regularly doing work for Walt Disney during the 1940s, 50s, 60s and beyond. My mother managed an art studio which manufactured China painting.

However, my father emphasized money to me. Make money. That was all that mattered to him, at least from what I noticed as a child absorbing his advice like a sponge.

Guess what my strongest talent was as a child? You guessed it. Art. As well, I had a natural propensity for metaphysics and magical subjects.



Image via Wikipedia

I read fairy tales well beyond the age of other children because I loved their moral and magical nature. Other children called me a fairy because of it. They were not complimenting me, I might add.

Rather than be encouraged to do what came naturally to me and what seemed to be something I brought into this lifetime to know, see and do, I went the money route.

I even took up trading securities at one point. When life ironically placed me in a trading class next to another student who had talent for this, I realized I did not.

Working with spirit is my talent, as well as, creative artistic pursuits.

The more I do this work the more my clients flock to me. I do not try to make it happen. I am guided. It just happens.

I just LOVE.

I ask the universe to help. This past Friday as I sat in deep meditation and prayer for guidance as to what to do next in my business, what should be my next step to make money, spirit answered me clearly, very clearly.

The first answer came in the form of a phone call asking for a reading from a regular client. The second answer came in the form of a “gushing,” unsolicited testimonial from a client.

This is how spirit works.

You need to do your part. You need to LOVE. You need to let go of control, open to your secret dream, vibrationally align with your vision board and entirely receive your LOVE. Then you will start to see your synchronicities increase. You will start to notice what was there all along, but you were too tied up in “trying to get what you want” to have noticed.

You will begin to get hunches about what to do. You will begin to get messages from life, which guide you.

Finally people, places and opportunities will come to you that are needed for you to complete the giving of your gifts in rich, abundance to the world. You will be led.

If you want to thrive in the new millennium you will have to get this. The old “I want” methods to manifest are no longer working.

You need to activate your Soul to succeed.

Here are stories which illustrate this point.

Vibration Alignment With Process Stories

Story One – College Daze

When I went to college I wanted to party more than study. My usual studious nature degraded into partying, late nights and experimenting with life.

I remember trying to get my head into the books after a weekend of debauchery, but I was not able to find the neuron receptors in my brain. Some sort of cobwebs sat between them.

Finally after getting so run down I had to stop college for a few months, I decided my last two years of college would not be wasted. I began to LOVE.

I didn't know I was LOVEing then, but simply gave of myself to the educational process. This meant sitting for an hour each day for each subject I was taking.

If I had reading to do, I did it. If I had notes from class I read them.

It did not matter if I had a term paper due or not. I simply paid attention to the class material in some way for one hour a day.

Since I was taking six classes at the time, I sat in my bedroom and studied for six hours straight four nights a week. I literally timed each study segment.

Now pay attention to this. I did not have a goal that I would do well in a class or get a superior grade. My goal was to give of myself to the process of education. I decided to engage and participate.

I did not really enjoy sitting there every night. That took discipline.

But rather than resist my education, I began to put love into the process of attaining it.

This is LOVE. LOVE is not end product oriented. LOVE simply is in the moment.

My grades quickly turned around from just above failing to a grade point index just short of 4.0. I was happy, but not elated. Getting good grades in school was something I was used to attaining since childhood.

I was, however, shocked. This was the first time in my life I did not study to get a good grade. I just surrendered to becoming educated. It was a bit mysterious, but this was how it worked.

When you surrender to the moment, give of yourself to the process, not the product, you will find your results are magical.

Story Two –Love Feats

It was the late 80's in New York. I was in my mid-thirties, still trying to find love in the big city. I had had many short term relationships, but a truly close one of commitment still evaded me. I wondered why.

Each weekend I would go out and try to find love. I would make it a point. If I didn't put effort into it I would not get results, right? My left brain said so and I believed it.

All of this rushing about trying to make something happen did not produce results, interestingly enough. So I decided to up the engagement. I really dug my heels in and made additional efforts.

I went to a hypnotist who claimed he would hypnotize me to attract my soul mate. Nothing happened.

I went to a seminar on finding love in the big city. No results.

I took up ballroom dancing. I did have two short lived love affairs, but each one faded away as quickly as floundering flowers in a dying bouquet.

I had plastic surgery. I became more superficially popular, yes, but it did not bring me a partner.

I tried vision boarding, creative visualization, vacationing in the right places, and so on.

Finally I tried nothing. One day I decided to simply give up the struggle to find someone. If I was meant to find him I would. I just decided to be present in my life and live it to the fullest.

I decided to love myself.

The first thing I did differently was not go out to find a man on Friday night. That was considered to be prime time for love hunting. Instead, I went out with friends from work.

There in the crowded after work pub a man toasted me across the room. He became my boyfriend for the next eight years. He was an absolute angel. I will always love him.

The moral of this story is to stop trying to control outcome. Rather give of you to the process of living. Live your life now. Love yourself. Flow in it. Stop trying to go after something and miss the process of getting there.

Be there now. Enjoy your life now. Live in the moment and be present. Your miracles will begin when you stop trying and start LOVEing.

A good book which goes into greater depth on this is, "[Calling In The One](#)," by Katherine Woodward Thomas.

Story Three – Money Magic

After five years of studying and performance as an actress in New York, I decided what I really wanted was to have the freedom to come and go as I pleased. I thought having enough money to live the life of leisure was the ideal goal.

So off I went into the process of attempting to become financially secure in the shortest time possible. I used a creative visualization every day to guide me. I used a meditation from the book by [Sanaya Roman, “Creating Money, Keys to Abundance.”](#) I adore this book still and highly recommend it.

The first little miracle that happened was to find a blueprint on how to retire young. The blueprint existed in the book, [“Cashing in on the American Dream: How To Retire By 35,”](#) by Paul Terhorst. It is a book I keep in my library as a classic.

To my young mind the blueprint was amazing. Now when I think about it the plan is quite ordinary. All it said was to lower your expenses, attain the highest paying job you could and sock your money away until the interest off the money would cover your expenses. Not rocket science.

Anyway, to my young mind that yet did not even know how to balance my budget, this was a real education.

I quickly got out of debt. Then I serendipitously landed a job in one of the fastest growing software companies in the world, Microsoft Corporation. Many individuals within the firm were already millionaires on paper from stock options, but I didn't know it when I got the job.

I had no control over getting the stock options. All I could do was LOVE. LOVE meant in this situation to be there, participate and give of myself. I worked, worked and worked.

I gave, gave, and gave. I attempted to make each moment within that firm personally meaningful to me and to participate at the highest level I could. I was truly engaged in the process.

I happened to love what I was doing too. Do not think that just giving is enough. You need to find something that is your secret joy to give. Give of your gifts and get.

Finally after about three years with the firm, I miraculously obtained a nice dose of stock options. This continued for several years longer, as I continued to give of myself to make this company a success.

I did not focus on the stock options. I had no control over that. I focused on my contribution, of which I did have control.

After eight years with the company the stock price rose to a meteoric high. (I had no control over that either.) My accumulated shares sat nicely in my account. I was able to liquidate and get out.

I became financially independent.

The update to this story is that I lost most of the money. Why? Because I started to trade the liquidated assets just to make money. I did not trade to trade. I traded only to make money.

This is not LOVE.

If I traded because I loved trading and loved the art, act and results of trading itself, it would have been a different story. I traded to make money, not to trade.

Most individuals that are successful traders will tell you to become successful at trading you have to trade to trade, not trade to make money.

When you trade to make money you have left LOVE behind and entered the rude dimension of karmic addiction. Trade to trade and your miracles begin.

Story Four – Flow To Attract Love (based on actual events)

Jane was not the most beautiful girl in the room, but she had attracted Mark, a man any woman would want. Mark was handsome, thoughtful, generous, loving, kind and an excellent dancer.

Jane had been eyeing Mark for quite some time in the dance venues they both frequented. They were becoming friends over time. However, since Mark was involved with another woman he kept his distance.

Mark was having trouble in the relationship with his girl friend. They fought often, mostly over the thing he liked to do and she did not like to do, which was dance. She was jealous of the nights he went out without her to dance.

Finally after one last argument, they broke up. Mark continued to go dancing after the break up. He loved to dance. It was almost his therapy.

One evening about four weeks after his break up Mark saw Jane in the dance venue they both frequented. They began to date.

When his ex girlfriend learned of this, she tried everything to get him back. She tried making him feel guilty. She tried seduction. She even tried using a love spell!

All of these activities were devoid of love for herself or Mark. They came from a place of emptiness, neediness and control.

On the other hand, Jane never tried to win Mark over. She simply engaged in the action of loving what she did, and appreciating him as a dancer and friend. When he became free of his last relationship there he was, ready to make a deeper connection with her.

If you have tried to attract love into your life and have had failure, consider relieving yourself of the task of finding it. Instead focus on having love right now in everything you are and everything you do.

When you become the thing you want, you are in LOVE. LOVE is not concerned with the end result. LOVE is concerned with the trip, the journey. LOVE is the now.

The way to begin producing love in your life using LOVE is to be love. When you are love you will attract love.

How do you become love? Visualize it in your life right now. Fill your life with love immediately. Do the things you love. Fill your life with wonderful activities that make your heart sing and bring you a sense of peace, fulfillment, creativity and joy.

Soon you will find you will be attracting love in many ways. It will only be a matter of time before love LOVES to you. All you had to do was be it today.

When you let go of fighting to receive love, love will flow to you.

Story Five: Be Love Attract Love, Are You Empty Inside? (Based on Actual Events)

Jennie knew a lot about life. She knew she had a higher power. She knew how to let go into this power and follow its lead. However, even though Jennie knew all of this she still became addicted to a love relationship.

No matter what Jennie did, she was haunted by the rejection of her most recent boyfriend. He paraded his new girlfriend, one he suddenly started dating within days of "dumping" her, in their social circles. She could not avoid knowing about him and seeing his new life.

She felt rejected, humiliated and hopeful that he would return to her! In her worst moments, when she felt very dark in the pain of loneliness and rejection she would turn to phone psychics for advice.

Most said he would return, which only further fueled her addiction to this person.

She was so addicted she continued to call psychics until her monthly bill went into the thousands of dollars. As her addictive behavior continued, her self esteem plummeted until she could not concentrate on her job. She feared she would be fired.

Even though Jennie knew better she had become addicted to a person.

One night as Jennie tried to fall off to sleep, her head kept reviewing all the things her boyfriend had done to push her away. All she had done was love him. All he did was try to avoid this love by finding fault, creating arguments and finally by placing his new girlfriend between them.

The pain started up inside of her again.

In this moment of absolute pain, she had an insight. "I am trying to control this. My happiness is dependent on my ex-boyfriend behaving in a certain way."

With this insight firmly in place, she realized there was a choice. The choice was to surrender to her destiny, her LOVE.

As she had this idea, her pain began to dissipate. She began to feel a benevolent destiny existed for her. All she had to do was ask for it to appear and it would.

She asked right away that her destiny, her LOVE, begin to assert itself. She surrendered to a higher power. As soon as she did this she felt peaceful and lulled off to sleep.

The next morning her life was exactly as it was the night before, with one major change. She stopped trying to control what happened. She stopped trying to hope things turned out a certain way for her.

She just released her destiny to a higher power, accepting that she did not need love from anyone. She was completely loved already as she was.

She knew so long as she practiced love, she would have love. She felt complete unto herself.

She stopped trying to find a new boyfriend. It is not that she did not want a partner, but her belief switched from trying to make something happen to enjoying her life now. When the time was right, her new lover would appear. These ideas made her feel peaceful, complete and fulfilled.

Within a few months of applying these principles a new person did appear in her life. He gave her back what she was giving out, which was love. There was peace between them and a genuine caring.

She attracted love, because she became love.

If you would like to begin surrendering to LOVE in your own life you need to understand there is a purpose for your life which is benevolent. You need to surrender to this purpose with the expectation that doing so will bring favorable results.

The less you resist and the more you LOVE, the better your life will become.

Video Vision Board – Create Your Very Own

Ok, ok, so you've heard enough about paying attention, letting go, and aligning with love so that your miracles emerge. You're tired of meditating, being forgiving and grateful. That's not going to put food on your table or gas in your car, right?



Image via Wikipedia

You want your miracles and you want 'em now!

Can't blame you. However, if you attempt to manifest without using the principles in previous chapters you will get short lived results or no results. So those steps are important.

The first technique for success is to

1. Manifest for the miracle or essence of a goal, as mentioned earlier in this book.
2. Create your soul note.

Once you have these two tools you can create a self hypnosis video vision board. Details follow.

Manifesting Like Magic Using Energy (Channeled from Alpha Omega Light Beings)

It is evident that many individuals think manifesting is somewhat like shopping. They go into the store of life and find what they want and purchase it. You want it. You buy it.

Manifesting is more complex, yet even simpler than this. Manifesting has little to do with acquisition and all to do with life. It is not about getting things. It is about producing results in your life that have an intangible aspect to them.

We call this energy. If an event has no energy behind it then it cannot be manifested. This is why we say to manifest money is useless and ineffectual. You need to work on the energy behind the money.

So if you are trying to manifest a household item like a treadmill to exercise on, you need to focus on the essence of the treadmill, the energy behind it. If you focus on the physical you will get mundane, not miraculous, results.

Focus on the essence of what a treadmill will provide for you. The essence is feeling and looking better, being healthier and perhaps even attracting love into your life because you look and feel

better. These are energy items. They are intangibles which hold to them place markers of attraction.

They will attract because their polarity is incomplete.

*When we say the polarity of something is incomplete we mean it is like an electron that requires a proton to complete itself. In particles there is always a drive to find the mate to make it physical. This is quantum physics. More at this link:
<http://www.expressionsofspirit.com/quantumphysics.htm>.*

In life this carries through if we pay attention to energy.

The energy of health requires the completion of being healthy.

In other words when you are thinking about being healthy you are creating a vacuum to be healthy. Thinking about a condition or state creates a place marker or holder to complete that state with the actual event.

So if you are thinking about having love in your life, you are creating a vacuum in the physical reality to fill with love in the physical world.

If you are thinking about having a treadmill, you are not creating a vacuum. You need to think about what the treadmill will do for you in terms of energy, the intangible equivalents. Then the vacuum is created to attract the treadmill or its equivalent in the physical world.

This is a process to follow.

Think about what you want in the physical world. Then identify the intangible equivalents of that object. If it is love, think about having a loving partner. Then think about how that will make you feel. You might feel you belong to part of something bigger than yourself. You might feel togetherness. You might feel safe, protected and looked after.

The next step is to put together a vision board of some sort that illustrates the feelings behind the tangible product. So if you are looking for love, your vision board might have two people eating together, laughing together or even holding hands. These are the feelings of love made into something tangible.

Then review your vision board at least once a day for eight minutes. The results will astound you. You will find that concentrating on the intangible aspect of your tangible goal will act like a magnet to bring in the completion.

Metaphysics states that you cannot have an idea without a completion in the three dimensional plane of existence. This is the law we are speaking about. It is called the law of fruition or fruitfulness (The Universal Law of Gestation.)

Create Your Own FREE Customized Self Hypnosis Video Vision Board

Here are instructions which will allow you to create your own self hypnosis vision board for free. When you create your own customized video vision board you get deep, transforming results.

Directions.

1. Go to <http://www.slideroll.com>
2. Create a slide show.
3. First slide make text.
4. On this slide write a simple statement describing your miracle as if it already existed in your life starting with an “I am” statement.
 - a. Ex.: If you want love in your life, write, “I am loving and loved.”
5. Create a second slide.
6. On this slide place the picture of what you want. You can find copy write free pictures at <http://www.morguefile.com>.
 - a. Money – find a great picture of money.
 - b. Love – find a picture of two people in love.
7. Copy to your desktop.
8. Go back to Slideroll.com.
9. Create a slide using this picture.
10. Go back to step 3 and follow through to Step 9. Do this for as many Miracles you have.
11. Add some pleasant, hypnotic music using their selections.
12. Save it.
13. Find a timer online. Here is one <http://e.ggtimer.com/>
14. Set the timer to 8 minutes.
15. Play the slideshow for 8 minutes using your full screen.

16. Pay full attention to the slideshow for the full 8 minutes.
17. Do at least once a day.
18. You can add all sorts of words and pictures to the slideshow, but it is best to keep it tightly focused and to only one to two miracles at a time. Focus equals success!

Mind Movies is an upscale software package available to create an even more powerful video vision board. [Go here to learn more and get free sample manifesting videos.](#)

Conclusion

When you open to your dream and align with it in process you will discover success. This means you fully engage in the process of whatever it is you have chosen to do.

If it is to find love you engage in living your life in a loving fashion, not looking for love. You love yourself and your life. Looking for love suggests you do not have it now in your life. Be it. Attract it.

If you want to make money, engage in the act of service. Money will LOVE from it. If you simply engage in the act of trying to make money, you will not find money. You will find scarcity.

LOVE lacks struggle. It is filled with love, with personal engagement of yours senses and talents. LOVE will get you where you want to go with ease.

LOVE has the added advantage of magic behind it. When you give up the goal and begin to fully engage yourself in the process, your luck changes. You are no longer limited by three dimensional results. You move to a higher vibration of fifth dimensional reality where form follows vision.

This is why holding fast to your goals, in the form of a vision board is important with LOVE. Because once you move into the miracle of the now, the fifth dimension, your mind is then creating reality, not your current circumstances.

If you have no goal you will not see results. So you need to pair LOVE with your vision and you will see miraculous results.

Assignment:

1. Continue doing your gratitude and forgiveness lists every day in your Miracle Journal. Remember to be grateful for even the negative events in your life.
 - a. Add to your miracle list as needed.
 - b. Add to your soul note as needed.
 - c. Continue adding what you love into your life every day or week. Include hobbies, work, people, clothing, travel, where you live, your home, etc. Be aware of what you love and add it into your life. Remember to LOVE through this. Do not control anything.
2. **NEW for this week!**
 - a. **Create your <http://www.slideroll.com> FREE Video Vision board** based on your Miracles and Soul Note. Refer to the previous chapter for more detailed instructions on how to define your miracles and soul note. Refer to this chapter for instructions on how to create the video vision board.
 - b. **Find a good theta meditation** on <http://www.youtube.com>. Here is one I love and watch every day. <http://youtu.be/H3FXUUjpEFQ>
 - c. **Watch this meditation** for the duration (or at least 8 minutes) before watching your Video Vision Board.
 - d. **Watch your Video Vision Board for 8 minutes every day.** Here is an online timer to set before running your video. <http://e.ggtimer.com/>
 - e. You might want to **Order Russell Simmons Book**, “[Super Rich: A Guide To Having It All](#).” This will reinforce this most important step in leaping to Law of Attraction Miracle Method.

Next Chapter: Entirely Receive Your LOVE

As you begin to watch your video vision board every day you will begin to be led. You **MUST** Entirely Receive what comes in because you are about to be launched into the magic of Law of Attraction Miracle Method! Get ready for your magic carpet ride to begin.

Chapter Five – Entirely Receive Your LOVE

*E = **Entirely Receive.** Spiritual Law of Flow. You get lucky! Follow ALL the signs and symbols that appear since you have everything in place to receive your miracles. As you begin sending to the universe your soul note, the universe responds in turn with lucky coincidences, little miracles, signs, synchronicities, and intuitive hunches. Your life becomes miraculous*

- ***Intuitive Development.** The more you live in a non resistant open state of LOVE, vibrationally aligned to your secret dream and receiving entirely the more your guidance will flow to you. Just follow it!*

Story About LOVE

It was five o'clock and Eleanor ran for the elevator. It had been a hectic day and she had to pick her son up at the baby sitter's before going grocery shopping on the way home from work.

As she dashed to her car in the parking lot, she remembered she left her appointment book at her desk. Tomorrow's appointments were in it. Since she started her day with a client, not in the office, she had to go back and get it.

"Oh, well," she thought, "I guess I wasn't meant to get to the baby sitter on time anyway." She chuckled to herself as she made a quick call ahead to say she'd be late.

When she got to the highway there was a massive swarm of congestion. Without hesitation or resistance, she creatively took an alternative route.

When she arrived at the baby sitter, the television was flashing a headline news story. There had been a thirty car collision on the highway she just avoided. If she had been on time she would have been in it.

As she stood there with chills running down her back at the slim avoidance of disaster she remembered something. ***It is important to go with the LOVE.***



Image via Wikipedia

Eleanor had learned to go with the LOVE a few years ago after her husband was killed in a hit and run accident after she had just given birth to their new son. Besides the massive grief of loss she was forced to endure, she had no idea how she would be able to support herself and her son.

There had been no planning for this.

After trying to deal with the situation logically, using every ounce of strength she had inside herself, things just continued to get worse. Her son got ill and required expensive medical treatment. Every place she looked for work required she have experience in the field she applied.

Without a job and bills piling up, Eleanor was not in the best of emotional shape. Finally after three months of living off savings and attempting unsuccessfully to find a solution, she threw herself on her bed and began to sob inconsolably. She just did not know what to do to resolve this.

It was at that moment she became aware of fear. She had been clinging to the idea that she could make everything alright by taking action of some sort.

Before her now was this invitation to let go and enter the abyss of nothingness. She was beckoned to surrender. It was like being asked to die. She was petrified to go into the void, but she had nowhere else to go.

Quietly she surrendered to not having a solution. Inside this abyss, was a feeling of quiet stillness. She did not die. This place of “no solution” was not that bad. It simply was.

With this new feeling of peace firmly founded deep within her, she wiped the tears from her eyes, and turned on the television. A commercial buzzed before her advertising a job. She went right to the phone and dialed the phone number on the screen.

Within two weeks she was working for this company as a new employee.

Her life continued to improve and improve with small and large miracles appearing before her. Her son magically recuperated from the illness that had suddenly and mysteriously plagued him.

She made a new friend at work in a similar situation who gave her comfort in companionship. The baby sitter she found was kind and compassionate. It almost felt like her own mother lived close to her to help.

The list of her miracles grew and grew.

The thing Eleanor learned was how to let go of trying to handle things herself. She began to take a playful attitude towards life, accepting each thing that happened to her for her highest good, not her lowest pain.

The more she accepted in gratitude her conditions, the more her conditions aligned to peace and joy. It was like she had found a magical abundant flow in her life which led her blissfully on her path.

My Own Story About LOVE

Do not think it has been easy for me. I know what despair means. I went into the abyss too.

One year before writing this book I had hit a place of complete and total personal despair. I had been struggling with financial woes for over ten years.

Once a self made millionaire, money had morphed in my life from triumph to terrible nightmare. As my resources continued to dwindle, I met “the love of my life.” He said he would take care of me. I thought he meant it so I planned a life with him.

However, he changed his mind. I guess the stress of being with someone who kept losing at life brought him down too much.

As I looked into the deep abyss of losing him and having no way to support myself financially, I thought I would die of pain. I had no one to help me.

I could not find a job. I had not held a job for over thirteen years. I was now a senior citizen. The country was in the worst recession in over thirty years and I was alone, without family or anyone to help.

I started to wonder if it would be more humane to donate my two little cats to a no-kill shelter or take them with me as I found my home in the streets. I know that sounds dramatic, but this is really what I thought.

I remember crying for hours and hours many days in succession. One day as the nightmare continued, I tried to desperately escape it by locking myself in my bedroom closet.

I think I was trying to hide from myself. As I wept upon a towel I laid on the floor, I was forced to realize a crying tantrum would not wake me up from the nightmare of my life.

At last I faced it. I had nowhere else to go. I entered the abyss. Slowly, with great trepidation I realized I was sitting in the middle of a nightmare, but I was not sleeping and could not wake up.

This was my life. As I accepted this, I became one with the emptiness and the not knowing. I think this is what it might feel like to physically die.

I looked around me and found the only thing which did earn me money was working as a spiritual psychic medium. So I followed this blindly like Hansel and Gretel following the bread crumbs in the forest.

I did not worry whether this would work to support me. I couldn't. If I did I would have stopped because my attitude would not have been good. You might as well have told me I was going to earn my living as "America's Next Top Model." It seemed impossible.

However, within four months my income had quadrupled! What was I doing right? I was following the lead that spirit had sent me about my destiny. My soul had a plan for me. I stopped fighting who I was and what I was supposed to do.

I went into acceptance of who I was at a deep, soul level. Then I began to nurture it. This is called process.

Process is the act of giving to your soul's essence without concern for outcome. You simply take action assuming your efforts will pay off.

It is like planting a seed and watering it, fertilizing it, pruning it, removing insects from it so it will grow. You do not doubt the plant will grow. You simply do all the things that are necessary for it to grow.

Like a seed, your soul has an essence. If you plant this essence and nurture it, you life gets miraculous.

As my income began to grow the crisis in my life began to lessen. Feeling a bit encouraged, I decided to buy a little condominium, rather than allow myself to become homeless. Finding that property at the price I did was a miracle in itself.

Here are some little miracles that happened along the way.

1. I did not have to go through the hassle and expense of obtaining a new water filter. The one in the home I purchased had just been replaced by the previous owners.
2. I did not have to buy Internet access. My neighbor had set up a secure “wi-fi” I could use.
3. My hesitancy to advertise psychic services in the local newspaper was synchronistically intercepted by a lucky coincidence.
4. There was a sizable credit left by the previous owners of my newly purchased home for me to lunch nicely in the community cafe.
5. My clients conveniently stopped calling me during the move, then picked up miraculously after it was finished.
6. My dead stereo came to life suddenly as I was about to throw it out. I used this resurrection to listen to an old audio tape about relationships I found as I packed.
7. This tape said, “If you want something from a relationship give it to yourself.” I needed to hear that just then to heal a harrowing relationship which had been haunting me for years.

The less I resisted and the more I LOVEed, the better my life got.

When you learn how to go with the flow of LOVE you will regularly experience miracles. You will be helped by an intuitive spiritual energy that was there all along but you were too wrapped up in resistance to have noticed.

LOVE is your miracle. LOVE is your magic. It is the intuitive, miraculous you that is infinitely powerful and attracts abundance. LOVE is your soul.

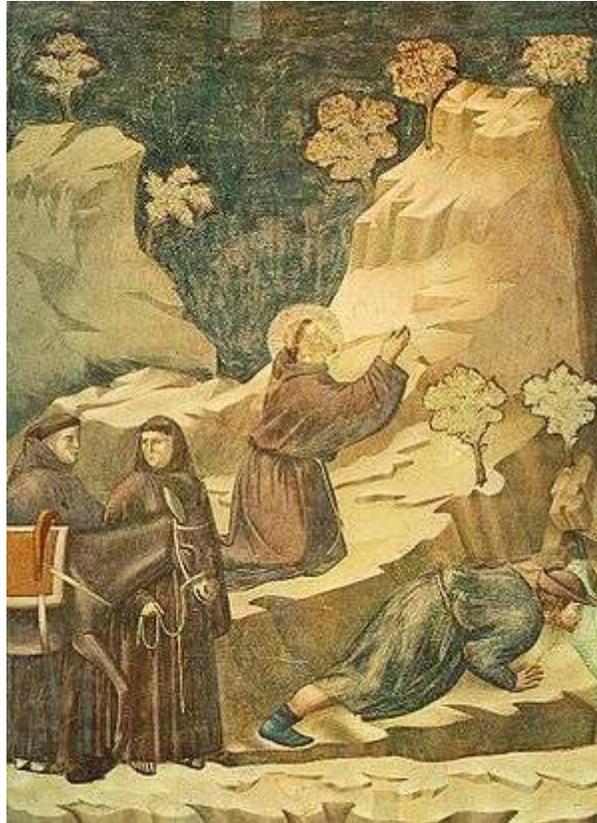


Image via Wikipedia

Entirely Receive Your LOVE

Using LOVE as the acronym and outline for the Law of Attraction Miracle Method process you will notice the fourth letter of the word “LOVE” is “E.” “E” stands for “Entirely Receive The Law Of Attraction Miracle Method.”

Your LOVE is magical. This magic comes from your soul, the real you, the authentic you, the infinite you and it is quite powerful. Your soul is miraculous.

This LOVE is the place from which your synchronicities will abound, your intuition will lead you to lucky outcomes and your life will abound with abundant opportunities.

When you follow the LOVE process you will awaken the LOVE magic within yourself. It is the way to move from ego based living which is limited and believes in scarcity, to soul based living, which is miraculous, magical, abundant and infinite.

All you had to do was Let Go of Control, Open to your secret dream, Vibrationally Align with your vision board and giving to get in process, then Entirely Receive your LOVE. It requires some commitment, but the results are astounding, amazing and miraculous.

Channeling from Alpha Omega Light Beings

Your power is your soul, but it is not only your soul. It is your connection to the infinite, the divine and your life purpose. When you align with this power within, you become a multi-dimensional being, living beyond the five senses of earth.

You are activating the powers you had all along but were dormant.

Do you want to live life in a more fluid, easy, lucky way? Then activate this part of you that is talented beyond belief.

If you ever thought you wanted to have an angel at your side, then activate the soul miracle within you.

If you have been living in the driver's seat, think about becoming more of a spectator of your life. Think about allowing it to unfold rather than pushing it all the time, like you had a huge boulder you wanted to get up a hill.

This is the new millennium in which you are living. You have moved from ego based systems which were all about drive and attainment, to soul based systems which are all about allowing the energy of the universe to speak through you.

You cannot do this if you want to be in control all the time. You have to let go and let God lead you. You have to have trust in a benevolent power that was there all along but you were too busy running around trying to make everything happen yourself to have noticed it.

This power is very, very real. It is not something we from spirit only speak about. You can find the proof of it in everything you do and see and feel.

Think about the child who has had much difficulty learning how to walk. Then finally one day she stops trying to walk and just allows herself to get up and walk.

The more you try to make something happen, the less it will happen.

You have to let go and let god work through you.

If we were to really simplify it we would call it living intuitively.

Intuition is your gift, your power and your ultimate tool of success.

When you learn how to start listening for the signs you will begin to find they were there all along and that they are very, very powerful. You have a path to follow, each one of you.

It is not for only a few to follow this path. Each of you was given a life path to follow. When you stop trying to push everything to work for you, this path will begin to emerge.

It is like being an Indian in the forest hunting. An Indian using his instincts can hear and see things that a modern hunter cannot. An Indian uses his innate power. You as modern humans have to borrow power from outside yourself.

This is your quest in life: to find the power within yourself. Learn how to listen more. Pay attention to your feelings, your heart. Then let the power out.

The power is there, was there and will always be there. The link into your power is your soul. Let it speak to you, lead you, guide you.

Learn to listen to it. You will find your life will become exciting, miraculous and amazing. It will be like watching an exciting movie as your journey unfolds. Allow your power out.

God bless.

Intuitive Guidance

The whole point of Law of Attraction Miracle Method process is to live intuitively. LOVE is your intuitive guidance system and therefore intuitive guidance very fittingly completes the Law of Attraction Miracle Method system.

If you follow this system you will start to receive guidance from spirit. The following message from The Alpha Omega Light Beings describes how to enhance and receive your guidance from your own spiritual guides.

A great book on tapping into your own spiritual guidance is written by John Edward, “Infinite Quest.” [Go here to buy it.](#)

Message from Alpha Omega Beings On Receiving Intuition

Your guidance is like your Supernatural Positioning System or SPS. This is very similar to what you on earth have called a GPS, or global positioning system.



Image via Wikipedia

Your Supernatural Positioning System or SPS will navigate you towards your miracles.

So how do you tap into this SPS guidance? All the basic steps have already been outlined in this material.

The next and last step will be more specific.

Meditate, pray and journal. *Each and every day you should spend some time in quiet meditation. You should take up a journal and begin to write in it questions you have about your life. Then ask in prayer for answers to these questions. [You can use your Miracle Journal started in Chapter 1 to do this.]*

Then wait for answers. At first it will feel silly and you will think you are wasting your time, but over time you will attract in your spiritual guidance to speak to you directly. Record what you get. You might see, feel or hear ideas. These are your answers.



Image via Wikipedia

Dreams. *Another way to go about this is to ask for answers before you go to bed to sleep. Ask that you receive answers in your dreams. Keep a book next to your bedside.*

At first you may receive nothing. But slowly by continuing this dialogue, spirit will start to use your dreams as a way to communicate answers and guidance to you.

Write down your dreams upon arising as early as you can. The first five minutes are the best. After that the memories are lost and you are left with an unconscious state again.

It is amazing how the human brain is so good at forgetting. It could be claimed that one of the primary characteristics of being incarnated on earth is to forget who you are and then to remember.

Your job on earth is to remember who you are. Asking for guidance is a primary step in doing this.

Ask In Prayer To Receive Guidance. *The last way to access your guidance system is to pray that you be given guidance in everything you do. You must pray to do this. So after you meditate and before journaling ask that you receive guidance throughout the day.*

Then you will start noticing silly, small things that seem like little messages. You might be watching a TV show and hear the words over and over describing the type of business you were thinking of starting. For example, you might hear the phrase, “the health benefits of massage,” and you were thinking of starting a massage business.

You might have been asking how to meet the love of your life and through various people you spoke to, ideas you had and places you frequented kept hearing the name of a particular match

making service. Finally, you decide to try that service. As soon as you did, you met someone very important to you.

Take Action. *If you ignored these little clues, you would shut down your Supernatural Positioning System (SPS). If you paid attention and followed them, you would be led.*

So you MUST take action. Besides meditating, listening and receiving, taking action is your most important step.

The more you take action the more your guidance will LOVE to you. Before you know it you will be on the Magic Carpet Ride, flowing through life automatically being navigated by your Supernatural Positioning System, your SPS.

God Bless.

Assignment:

1. Continue doing your gratitude and forgiveness lists every day in your Miracle Journal. Remember to be grateful for even the negative events in your life.
 - a. Add to your miracle list as needed.
 - b. Add to your soul note as needed.
 - c. Continue adding what you love into your life every day or week. Include hobbies, work, people, clothing, travel, where you live, your home, etc. Be aware of what you love and add it into your life. Remember to LOVE through this. Do not control anything.
 - d. Create your <http://www.slideroll.com> FREE Video Vision board based on your Miracles and Soul Note. Refer to the previous chapter for more detailed instructions on how to create the video vision board.
2. ***New for this week!*** Follow your intuitive guidance. Begin each and every day with a feeling about what is right to do. Each time you get to a new situation in which a decision is needed ask yourself what is your gut feeling about it. Do you “feel” to do this or that?
 - a. This is your soul speaking to you about your life path, purpose. Your path holds within it magic. Follow it and watch the miracles begin.
 - b. Make a note of any synchronistic miracles, intuitive guidance and new opportunities that are presenting themselves to you in your Miracle Journal. The more you notice them the more they will appear.

Chapter 6: In Summary: Law of Attraction Miracle Method

Law of Attraction Miracle Method is a program designed to release your joy and miracles. When you Let Go of Control, Open to Your Secret Dream, Vibrationally Align With It and Entirely Receive intuitive guidance, your LOVE will emerge. It is a simple concept, but our minds are hard wired to resist it.

Follow the Law of Attraction Miracle Method system and you will begin to “see the light” of a new way to live. Your guidance will float you along within the energy of life.

Joseph Campbell, Ph.D., the amazing mythology guru whose works inspired the stories of Star Wars says, “When you follow your bliss invisible hands are there helping you. It is miraculous.”

Many of us have been trained to make money, survive and look good, while our true gold is forgotten. When you finally decide to discover and live as your true self, the magic is let out of the “Genie Bottle” and your miracles begin! But this takes courage, clarity and commitment.

Joseph Campbell, continues, “**When you follow your bliss you put yourself on a kind of track that has been there all the while waiting for you**, and the life that you ought to be living [your life purpose], is the one you are living. When you can see that, you begin to meet people who are in your field of bliss, and they open doors to you. I say, follow your bliss and don’t be afraid, and doors will open where you didn’t know they were going to be.”

Support: If you would like support in applying the concepts in this book, please go to my website to see what current programs are available. At the writing of this book I am doing private coaching sessions, but plan to add group coaching and Tele-classes.

My website is <http://lauramendelsohn.com>.

Sincerely,

Laura Bartolini Mendelsohn

Trance Channel Medium

Continuing Assignments:

Let Go of Control: *Daily Forgiveness and Gratitude.* Continue your daily gratitude and forgiveness list in your Miracle Journal.

You can stop the formality of a daily gratitude and forgiveness list when you have learned to be nonresistant to your LOVE. If you notice you are reacting negative or positive to life, you have gone from LOVE to stuck. At this time you need to go back to doing a gratitude list again as a daily habit.

In summary: If your LOVE stops start your gratitude and forgiveness list.

Open to your Secret Dream: *Miracle lists, Soul Note.* Continue a daily practice of refining your miracle lists. This will keep your vibration polished and current so the universe can return like equivalents.

Vibration Alignment. *Video Vision Board, Give to Get in Process.* Create your own Self Hypnosis Video Vision Board For Free by following instructions in chapter 6.

Use this vision board for 8 minutes every day. That which the mind focuses on for 8 minutes every day the mind will create. The number 8 symbolizes infinite abundance.

You should never stop doing this type of mental exercise so long as you desire something in your life. Do it with intention to co-create with God.

Do *not* do it with the intention to control anything. When you are trying to control something you are living in a weakened consciousness which cannot create. When you control you lose your LOVE.

In summary: Video vision board.

Give To Get. Begin to use your gifts, what you love to do, in any form or fashion to you. Take a class, Give it away to friends, Offer it to others for free or a small fee. Manufacture a product based on it. However you are led is the right way to begin giving of your gift.

You might want to order Russell Simmons book, “Super Rich: A Guide To Having It All.” This will reinforce this most important step in leaping to Law of Attraction Miracle Method. [Go here to order it.](#)

Never stop giving of yourself. If you look back on your life you will notice those times you gave you got. When you did not give you did not get.

In Summary: Give to Get.

Entirely Receive Your LOVE. *Follow your LOVE or intuitive guidance.* Begin each and every day with a feeling about what is right to do. Each time you get to a new situation in which a

decision is needed ask yourself what is your gut feeling about it. Do you “feel” to do this or that? Follow your feelings and watch your miracles grow.

Make a note of any synchronistic miracles, intuitive guidance and new opportunities that are presenting themselves to you in your Miracle Journal. The more you notice them the more they will appear.

A great book on tapping into your own spiritual guidance is written by John Edward, “Infinite Quest.” [Go here to buy it.](#)

Never stop doing this. If there is one aspect of the Law of Attraction Miracle Method most important it is following or flowing with your guidance. The whole point of the program is to get you to a place where you can do this naturally.

Resources

Books

“[Creative Visualization](#),” by Shakti Gawain and other materials

“[The Game of Life and How to Play It](#),” by Florence Skovell Shinn and materials

“[The Celestine Prophecy](#),” by James Redfield and other materials

All books and materials by [Sanaya Roman](#)

All books and materials by [Abraham Hicks](#)

[Silva Mind Method](#) – all material

All books and materials by [Ernest Holmes](#). (Center For Spiritual Living.)

[Hay House books](#) and materials

[Eric Butterworth](#) (Unity Church)

[Books by Catherine Ponder](#)

[Books by Charles Fillmore](#)

[Books by Napoleon Hill](#)

[Books by Wattles](#)

[Books by Dr. Michael Newton](#), “Journey of Souls” and other books.

“[Infinite Quest](#),” by John Edward (intuitive development)

[Remote Influence E-Book only \\$29.97](#)

“[Super Rich: A Guide To Having It All](#),” by Russell Simmons. [Go here to order it.](#)

“[Calling In The One](#),” by Katherine Woodward Thomas. Excellent book to help you attract love by shifting your inner vibration. This is a good application of Law of Attraction Miracle Method.

“[Cashing in on the American Dream: How To Retire By 35](#),” by Paul Terhorst

DVDs

[The Secret](#)

[What The Bleep](#)

[The Shift](#)

[Learn Remote Viewing 4-DVD Course go here to purchase](#)