

# California University Softball Clinics

## October 30<sup>th</sup>, November 6<sup>th</sup>, November 13<sup>th</sup> and November 20<sup>th</sup>, 2016

(Clinic will be in Hamer Gymnasium)  
250 University Ave., California PA 15419

### Cal U Softball's Winning Tradition:

**PSAC West Champions** '94,'95,'96,'97,'98,'99,'00,'01,'02,'03,'04,'10,'11,'12,'13,'14, '15'

**Regional Champions** '94,'96,'97,'98,'99,'10, '15

**National Champions** 1997 & 1998, Final Four 2015

**NFCA Hall of Famer Rick Bertagnolli, Head Softball Coach California University**

Cal U softball team and coaching staff will be offering three different sessions covering different aspects of the game of softball. The topics of the sessions are pitching, hitting, catching and defense. Ages for the clinic are 8-18.

#### **Pitching Session 9-10:45am - Cost per session per day is \$45.00**

Clinic will cover:

- Fundamental of Pitching (beginners)
- Different Pitches (advanced pitchers)
- Use of different pitching tools (ex. Spinner)
- Different Grips for Pitches (advanced pitchers) \*Videotaping and analysis

- Conditioning workout \*Participant will be grouped based on pitching experience
- **Pitchers must bring their own catcher**

#### **Hitting Session 11-12:45pm - Cost per session per day is \$45.00**

Clinic will cover:

- Breakdown of proper hitting mechanics
- Numerous hitting drills focusing on generating power, bat speed and hand eye coordination

- Breakdown of proper bunting mechanics
- Drills focusing on bunting fundamentals and bunting to locations
- Videotaping and analysis

#### **Catching and Defensive Session 1-2:45pm - Cost per session per day is \$45.00**

Clinic will cover:

- Proper Defensive position \*Proper throwing Mechanics
- Numerous drills working on proper fundamentals in fielding, back hands, glove sides, short hops, drop steps etc.

- Position specific section will discuss and practice coverages for different plays (ex. Double play, bunting)
- Catchers will cover receiving, blocking, throwing bunt coverages, steals etc.

**\*\*If weather is questionable please email Coach Webb at [webb@calu.edu](mailto:webb@calu.edu) for any cancellation information\*\***

**\*\*Videotaping by anyone but California clinic personnel is prohibited\*\***

**\*\*Confirmation will be sent via e-mail\*\***

**Contact Coach Webb, Assistant Softball Coach, with any questions at [webb@calu.edu](mailto:webb@calu.edu)**

#### **October 30th:**

\_\_\_\_ Pitching Session \$45.00  
\_\_\_\_ Hitting Session \$45.00  
\_\_\_\_ Catching/Defensive \$45.00

#### **November 6th:**

\_\_\_\_ Pitching Session \$45.00  
\_\_\_\_ Hitting Session \$45.00  
\_\_\_\_ Catching/Defensive \$45.00

#### **November 13th:**

\_\_\_\_ Pitching Session \$45.00  
\_\_\_\_ Hitting Session \$45.00  
\_\_\_\_ Catching/Defensive \$45.00

#### **November 20th:**

\_\_\_\_ Pitching Session \$45.00  
\_\_\_\_ Hitting Session \$45.00  
\_\_\_\_ Catching/Defensive \$45.00

Total:\$ \_\_\_\_\_

#### **Please send registration form and payment to:**

California University of Pa  
Department of Athletics  
250 University Ave  
California, Pa 15419

**Make all checks payable to California University of PA**

**\*Please put softball and daughters name in the memo section of the check\***

#### **Multi-Session Discounts:**

Any 2 sessions for \$80.00    Any 5 sessions for \$200.00  
Any 3 sessions for \$120.00    Any 6 sessions for \$240.00  
Any 4 sessions for \$160.00

**Call ahead to reserve a spot: 724-938-4479**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_  
E-mail: \_\_\_\_\_ HighSchool: \_\_\_\_\_  
Position: \_\_\_\_\_ Graduation year: \_\_\_\_\_ Age \_\_\_\_\_