

Viewing Happy and Sad Faces: an fMRI Study

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Introduction

Neuropsychological¹⁻³ and imaging⁴ data suggest that facial expressions of **fear**, **disgust** & **anger** are processed by partially isolable neural systems (including the amygdala, ventral-anterior insula and ventral striatum, respectively)

By contrast, there are no reports to date of selective impairments in the recognition of two other pan-culturally recognized emotions: **sadness** & **happiness**

Further, relatively few imaging experiments have examined the neural correlates of happy & sad facial expression processing, and findings to date have been inconsistent⁴

We, therefore, examined the neural systems activated when viewing facial expressions of happiness & sadness relative to neutral facial expressions using fMRI

Hypotheses

Neutral faces: Fusiform & occipital 'face' areas, possibly amygdala⁵

Happy faces: Induce approach & shared happiness⁶. May activate midbrain, striatal & frontal dopamine systems involved in approach & reward

Sad faces: Meta-analysis implicates medial prefrontal cortex (MPFC)⁴. Understanding sadness involves 'mindreading'⁷, also implicating MPFC⁸.

fMRI Experiment

Participants (n=15, 7 female, mean age 22 yrs) made gender decisions on facial expressions from Ekman & Friesen's Pictures of Facial Affect.

Neutral, Happy and Sad expressions of 8 individuals (4 female) selected, based on recognition rates.

Examples:



Faces blocked by expression (**neutral**, **happy**, **sad**). 16 sec blocks, 4 faces per block (3 sec duration, 1 sec ISI). 12 blocks per expression.

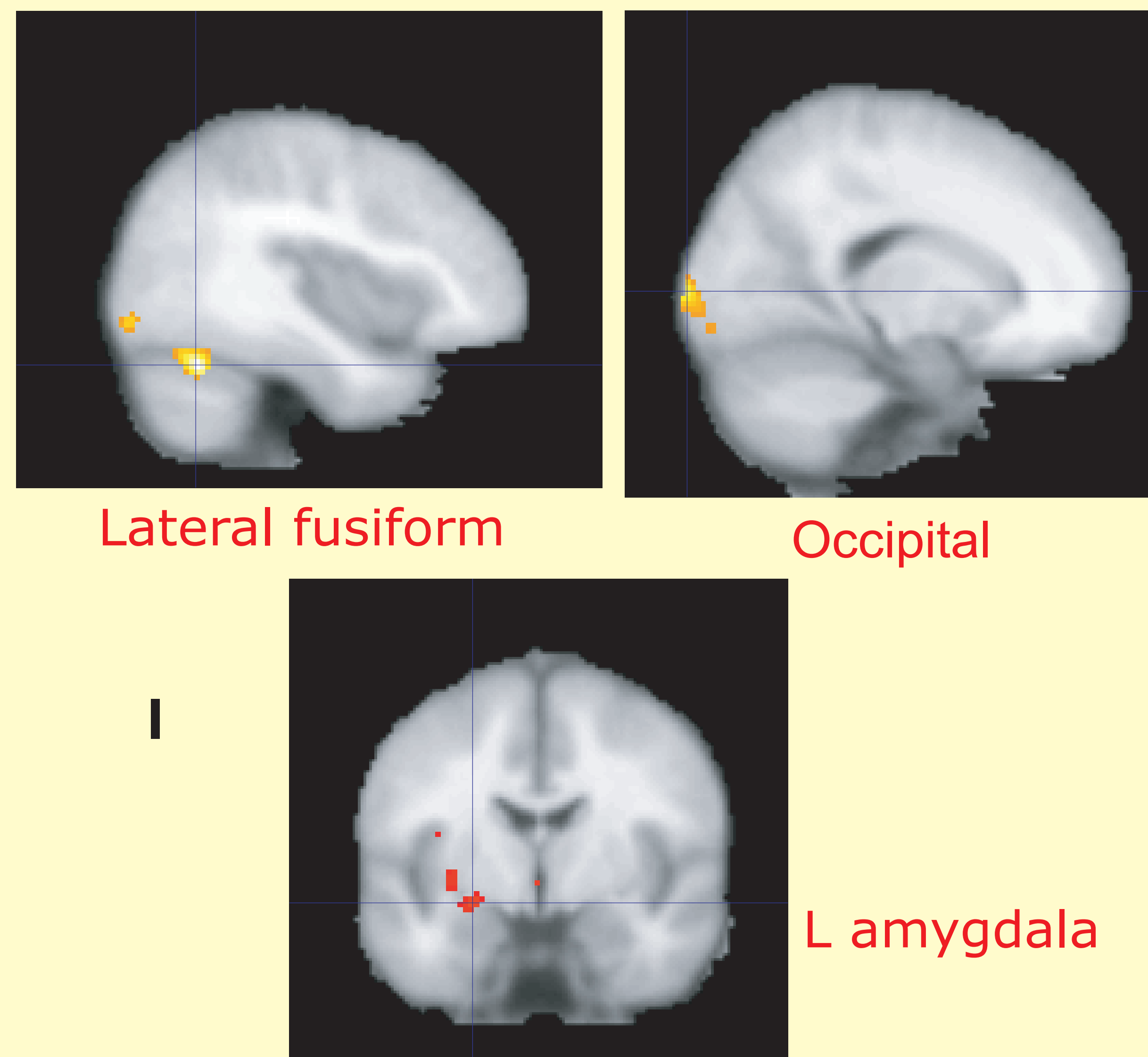
fMRI Methods

Acquisition

- 3T Bruker MR system, Gradient-echo EPI
- TR = 1.6s, 21 * 4mm slices, axial oblique
- Preprocessing and Analysis in **SPM 99**
- Random effects analysis, 8mm smoothing

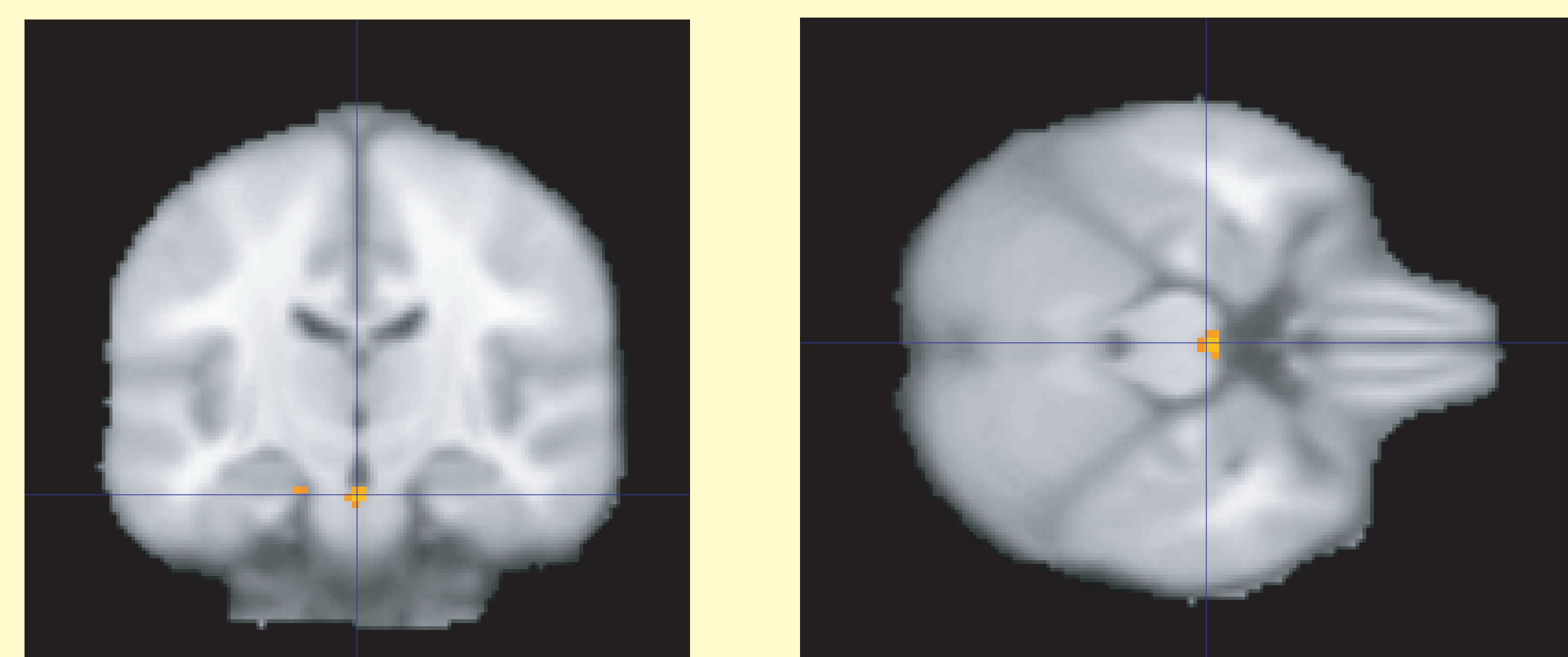
fMRI Results

Neutral expressions relative to fixation

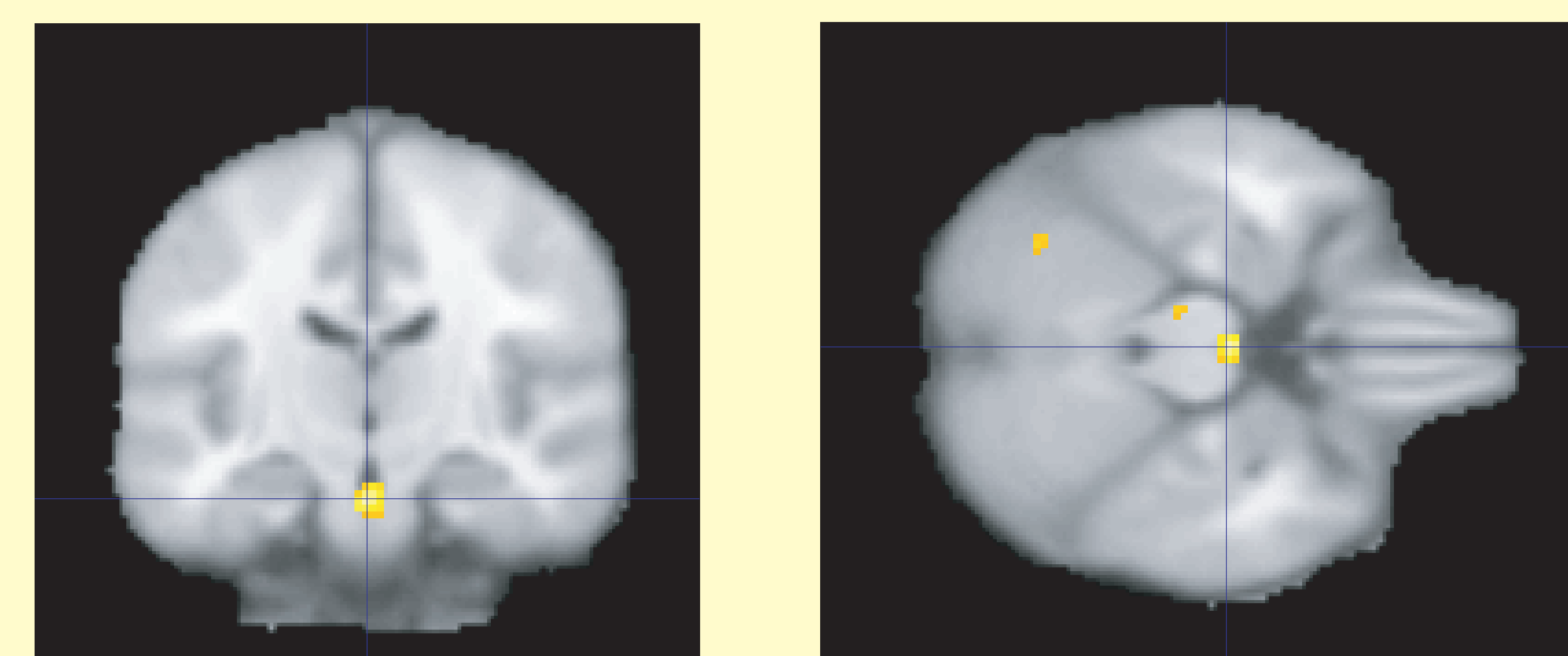


fMRI Results

Happy faces relative to neutral: midbrain

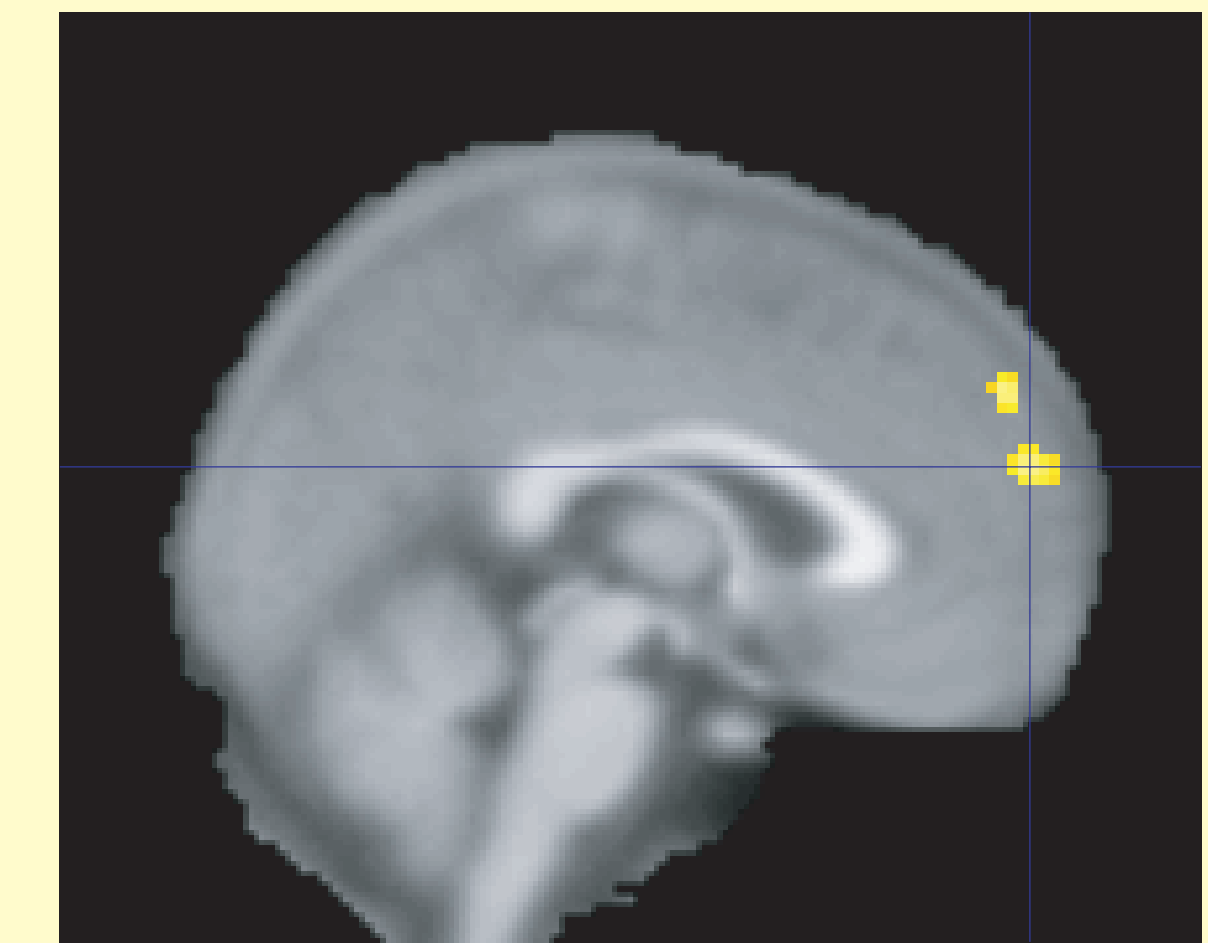


Happy faces relative to sad: midbrain

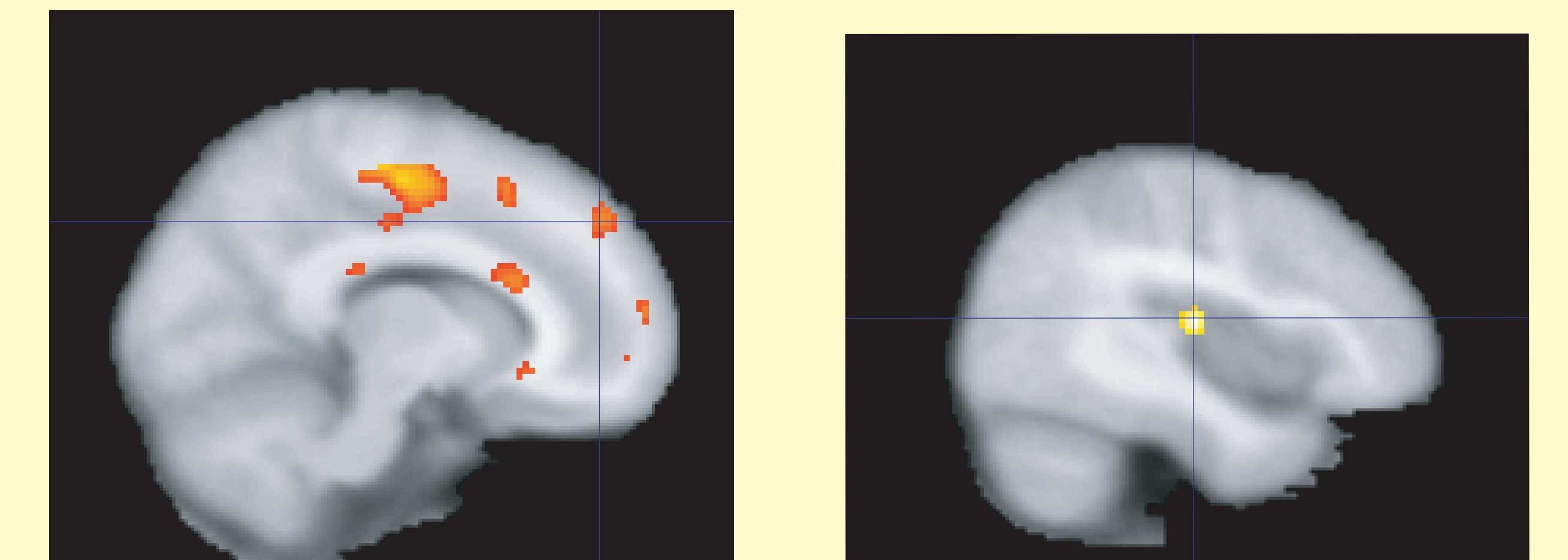


fMRI Results

Sad faces relative to neutral: Dorsal MPFC



Sad faces relative to Happy: DMPFC, R Insula



Conclusions

Viewing **happy** faces, relative to neutral and sad, activated **midbrain**, in region of VTA.

Viewing **sad** faces, relative to neutral and happy, increased activity in **dorsal MPFC**. Relative to happy faces, viewing sad faces also activated **R insula**.

Lesion work will determine if these regions are critical for 'recognition' of happiness & sadness, or if activity related to signalling & affect inducing properties of these facial expressions.

Not mutually exclusive possibilities - shared affect may facilitate recognition⁹.

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Acknowledgements

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