

LiveHealth Online Psychology

Convenience and access to online behavioral health visits encourage consumers to get the care they need.

The change in patients that participate in a regular depression management program - **8.2% greater productivity** and **28.4% less absenteeism** over two years compared to patients who do not regularly participate. *

The reduction in absenteeism and the increase in productivity had an **estimated annual value** of **\$2,601** per full-time equivalent employee (\$1,982 for improved productivity and \$619 for reduced absenteeism).**

*The Business Case for Effective Mental Health Treatment, National Council for Behavioral Health.
http://www.thenationalcouncil.org/wp-content/uploads/2015/01/14_Business-Case_Mental-Health.pdf
**<http://www.depressioncenter.org/work/depression-and-work/why-should-care/>

LiveHealth Online Psychology

Online behavioral health visits make it easy and convenient to speak with licensed therapists about issues with stress, anxiety, depression, and more. Members can simply make an appointment and connect with a professional in just a few days.



Evening and weekend access based on availability*



Ability to schedule the first visit and be seen within four days—in some cases, on demand



Ability to interact privately with a psychologist or therapist from a comfortable environment like your home



Your cost share remains the same as for current in office therapy benefits

*Appointments can be scheduled from 7am to 11pm coast-to-coast; Psychology is for those 18 and over.