

GYM LIONS

Newsletter of The Penn State Men's Gymnastics Club – Summer 2015 – Page 1

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Special points of interest:

Your Club donated \$1,000 to buy a wall looping video camera for pommel horse area for the team this past season. (-) **2015 SEASON RESULTS:** Army, W, 426.7-403.00; West Point Open - 1st Place 439.40; Michigan - W 444.70-436.35; Ohio State - W 443.60-431.40; Illinois - L 434.50-441.30; Iowa - W 440.80- 435.75; Puerto Rico - 2nd Place 425.10; Nebraska/Iowa/MN - 2nd Place 432.10; Big-10 Championships at Home - 1st Place 436.70; NCAA Qualifier - 3rd place 432.90; NCAA Championships - 3rd Place 439.50. **Home Meets this Season:** ARMY (DD) 1/9, 4pm; ILLINOIS 1/30, 4pm; NEBRASKA 3/11, 7pm. GYMNASTICS SHOWCASE, TBA.



Leroy Clarke

New Team Captain for 2016

THE COACH'S CORNER

COACH JEPSON REVIEWS THE 2015 SEASON

Something has always amazed me when it comes to the world of coaching. I have found that no matter how talented a team is, they will reach beyond their potential if they are challenged to do so and if they have the right preparation. The 2015 edition of Penn State Men's Gymnastics was the perfect example of this principle. Entering the season ranked fourth in the Big Ten and sixth nationally, the squad rolled through the season with a chip on its shoulder to become Big Ten Champions and finish third in the country. Among the season's individual highlights were Big Ten titles by Matt Felleman in the All Around and Trevor Howard on rings and an NCAA Championship performance by freshman Thad Lawson on floor exercise. The team also collected a host of All American Awards with Matt Felleman, Trevor Howard, Leroy Clarke Jr., Tristan Duverglas, Thad Lawson, and Alexis Torres receiving accolades. (See Pg 8.) This pushes the total number of All American citations by Nittany Lion gymnasts to a nation leading 311.

On a personal note, one of my most rewarding experiences of the year was seeing so many alumni return for the dedication of the Gene Wettstone Gymnastics Complex. In addition to sharing in the Big Ten Championship victory, our alumni paid tribute to Gene Wettstone via a ceremony where we named our training facility in Gene's honor. Funded by generous alumni donations, the Wettstone initiative included a new facade and graphics outlining the accomplishments of Wettstone as well as the program along with a new team locker room. Phase two of the project, which will include a new trophy case and areas featuring Olympians, NCAA Champions, and Nissen-Emery Award winners, will be completed

this fall. I am extremely grateful for all of the support from our alumni, boosters, parents, athletes, and administration. Through everyone's collective efforts we have been able to piece together a world class educational and athletic experience that, I believe, is unmatched in collegiate men's gymnastics.



Coach Randy Jepson

And finally, I want to take a moment to say a big thank you to longtime assistant coach Slava Boiko. Slava provided great technical insight, experience, and friendship to generations of Penn State gymnasts throughout his tenure on the Penn State staff. Assuming his duties is 2013 grad and All American Tony Beck. I wish them both great success in their new stages in life! I also hope to connect with all of our supporters throughout the year as we once again challenge another team to be more than they can be.

For the Glory,

RJ

16TH AWARDS BANQUET APRIL 26TH



Coach Jepson presents the "Most Valuable" award to Trevor Howard for 3rd year in a row



Dominic DiFulvio is honored as "Most Improved"



Assistant Athletic Director Jan Bortner speaks to our banquet for last time as our "boss." He just announced his retirement. Thanks for everything Jan!



Craig Hernandez proudly displays our Big-10 Championship & 3rd Place NCAA trophies



BOD member Nancy Kistulentz presents club annual gift to our seniors



The senior gift our Men's Gymnastics Club presented to our 5 seniors

16TH AWARDS BANQUET APRIL 26TH CONTINUED



After a successful season, team relaxes for a group picture



The banquet food line at Celebration Hall



Membership chairs Sue & Terry Cooper with fellow happy board member Kae Spoerl



Senior and 2015 team Captain Tristan Duverglas says goodbye to supporters



BOD Members Voight Demeester & Glenn Sheaffer chat before eating



A surprised BOD VP Don Miller (L) poses with fellow BOD member Andy Kistulentz

MORE BANQUET & 2015 WETTSTONE AWARDS



BOD Treasurer Berni Sheaffer collects banquet money from Mbr Co-Chair Sue Cooper



Blake Young, Leroy Clarke & Tristan Duverglas, for team, gives Randy a PSU tie



Wettstone Award @ Army meet is presented to Nestor Rodriquez by PS AD Sandy Barbour



Dominic DeFulvio is presented the Wettstone Award by PS BB Star Tori Waldner at OSU meet



Craig Hernandez receives Wettstone Award at Michigan meet from Brandon Stefaniak.



PSU President Eric Barron & wife Molly give Wettstone Award to Alexis Torres @ Iowa meet

BLANKET CEREMONY FOR 5 SENIORS



Randy wraps blanket round Ismeal Sanabria at end of Iowa meet on February 27th



Ismeal Sanabria with parents, coaches, and Athletic Director Sandy Barbour



Nestor Rodriguez gets ticklish when he receives his blanket



Nestor Rodriguez with his parents,



Matt Fellerman gets blanketed while coaches clap in the background



Matt Fellerman and his family. Note the family wearing that great gymnastics attire

BLANKET CEREMONY CONTINUED



Team Captain Tristan Duverglas admires his blanket presented by Coach Randy Jepson



Senior Tristan Duverglas and his family portrait



Coach Jepson congratulates Craig Hernandez and presents him with his Penn State Blanket



The proud parents of Craig Hernandez



Our 5 graduating seniors with coaches and Athletic Director Sandy Barbour



Watching the growing up video presentation always brings smiles and sometimes tears

PENN STATE BIG-10 CHAMPIONS IN REC HALL



A happy Penn State team dons their Big-10 Championship t-shirts and celebrates their victory in front of wild home crowd in Rec Hall



A happy and proud Matt Fellerman receives his Big-10 All-Around Championship metal



Trevor Howard wins Big-10 Rings Championship and receives his gold medal. Tristan Duverglas on left finished 4th on Rings.



Thad Lawson is our 2015 NCAA Floor Exercise Champion. He's shown here at Big-10's preparing for his future NCAA championship.....



Some of the key people who spearheaded the Wettstone Initiative at dedication ceremonies in White Hall during the Big-10 Championships



Some of the Alumni attending the reunion luncheon at the Penn Stater. Alumni crowd support drove the team to a thrilling finish

Membership Application Form 2015 - 2016

Name (Please print) _____

Address _____

City, State and Zip _____

Phone _____

E-mail _____

Types of memberships: Family (\$25) _____ Individual (\$20) _____

Gold Booster (\$100) _____ **Silver Booster** (\$50) _____ Other _____

_____ Please check here if you would like Newsletter sent electronically
by **E-MAIL** (pdf) to save printing and postage costs.

Please make checks payable to PSMGBC and mail to:

PSMGBC

PO Box 704

State College, PA 16804-0704

(Our Membership Team has also sent notice of renewals so please don't join twice)

INDIVIDUAL ACCOMPLISHMENTS DURING 2015 SEASON:

NCAA ALL AMERICANS: Thad Lawson, Floor Ex Champion; Trevor Howard, 4th All-Around; Leroy Clarke, 6th Parallel Bars; Tristan Duverglas, 4th Rings; Matt Felleman, 5th High Bar & 7th All-Around; and Alexis Torres, 3rd Rings.

2014 CGA ACADEMIC ALL AMERICANS: Franz Card, Preston Gall, Dominic DiFulvio, Craig Hernandez, Adrian Evans, & Ingvar Jochumsson.

2014 ACADEMIC ALL BIG TEN: Craig Hernandez, Joe Boyle, Franz Card, Dominic DiFulvio, & Christian McSwain.

BIG TEN CHAMPIONSHIPS: Trevor Howard, Rings Champion, 3rd Vault & 5th Floor Ex; Matt Felleman, All-Around Champion & 2nd Parallel Bars; Craig Hernandez, 5th Pommel Horse; Tristan Duverglas, 4th Rings; & Thad Lawson, 4th Floor.

NISSEN-EMERY FINALIST: Craig Hernandez.