# UCLA Recycling







#### paper

if you can rip it, recycle it! any color, any finish, clips, staples and bindings are okay no paper towels, tissues, napkins, liquids or food waste examples: aseptic containers (e.g., juice box) brochures calendars cardstock chipboard (e.g., cereal box) copy/computer paper corrugated boxes (flattened) file folders greasy pizza boxes (no pizza) hard/soft-cover books junk mail magazines manila envelopes milk Cartons newspapers paper bags paper cups (waxy okay) paper pads/notebooks paper plates paperboard (e.g., frozen food box) posters phonebooks/catalogues sticky notes

## plastic

hard (rigid) plastics only any number, any color lids and caps are okay no soft plastics (e.g., plastic bags) no Styrofoam (including cups) no liquids or food waste examples: any plastic utensils clear bottles (e.g., water and soda bottles) clear clamshells (e.g., salad container) clear cups (e.g., beverage cup) clear tubs (e.g., candy tub) microwave food trays (no food waste) natural jugs (e.g., milk jug) opaque bottles (e.g., shampoo bottle) opaque cups (e.g., yogurt cup) opaque jugs (e.g., detergent bottle) opaque tubs (e.g., cottage cheese tub) plates (e.g., disposable event plates)

serving platters and lids

### metal

any metal labels are okav no large scrap metal **no** electronics

no liquids or food waste

examples: aluminum cans aluminum foil (no food waste) energy beverage can steel cans (e.g., soup/tuna cans) serving trays and lids soda can storage tins

#### glass

any glass food container of any color lids and labels are okay no lab glass no light bulbs no mirrors no ceramics examples: bottles (e.g., soda bottle) jars

(e.g., pickle jar)

#### The contaminants liquids - food - paper towels - napkins

#### solutions:

- scrape food off into the trash or wipe clean with your used napkin, then recycle
- dump liquids into a sink, then recycle



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