

WEEKLY GUIDE TO RECREATION, ENTERTAINMENT AND DINING

Reservations are required for most events and activities by 5 p.m. day prior. Programs not requiring reservations are noted with "A." Please refer to the Planning Guide for activity details and prices.

> For Dining and Most Activity Reservations: Resort Guests—912-638-5111 or ext. 5111 Cottage Guests—912-634-4343 Exclusive Resorts Guests—912-634-3957 Sea Island Club Members—912-634-4444

For Broadfield Reservations: 912-510-0030

For Equestrian Reservations: 912-434-4760 For Golf Performance Center Reservations: 912-638-5119

PROGRAMS OFFERED DAILY BY APPOINTMENT

BROADFIELD

Falconry, Squirrel, and Quail Hunts 5-Stand, Rifle, and Pistol Ranges

COASTAL EXPERIENCE CENTER

Inshore and Nearshore Fishing Trips Kids' Family Fishing Salt Marsh Nature Tours

FITNESS CENTER

First come, first served with limited availability

Falconry Meet and Greet

GOLF PERFORMANCE CENTER

Private Lessons

FALCONRY

PEDAL BIKE SHOP

Learn to Bike

RAINBOW ISLAND WATER SPORTS DOCK

Guided Hobie Kayak Fishing Family Salt Marsh Kayaking Tour at Rainbow Island Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island

SHOOTING SCHOOL

Individual and Group Lessons Practice Sessions

THE CLOISTER TENNIS CENTER

Private Lessons and Custom Clinics

	7 a.m.–10 p	.m. Topgolf Swing Suite Open at The Inn	10 a.m.	Ocean Stand-Up Paddleboarding Clinic at the Beach Club	1 p.m.	Family Salt Marsh Kayaking Tour at Rainbow Island
	9 a.m.	Sunday Service in The Cloister Garden Stand-Up Paddleboarding Salt Marsh	10 a.m.–5 p	.m. Private Beach Setup at the Beach Club		Beach Horseback Ride
7		Nature Tour at Rainbow Island		• Hobie Cat Gilligan's Island Tour		Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island
I		Beach Horseback Ride		 Hobie Cat Shelling Tour 		
υ		Tennis Clinic: Intermediate to Advanced	11 a.m.	Beach Horseback Ride	1:30 p.m.	Marsh Horseback Ride at Rainbow Island
∀					2 p.m.	Stand-Up Paddleboarding Lessons at
ΔΥ,	9 a.m.–5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island			Stand-Up Paddleboarding Lessons at Rainbow Island	2 p.m.	Rainbow Island
SUNDAY, MAR	9:30 a.m.	Marsh Horseback Ride at Rainbow Island		Tennis Clinic: Intermediate to Advanced	3 p.m.	Family Salt Marsh Kayaking Tour at Rainbow Island
	10 a.m.	Family Salt Marsh Kayaking Tour at Rainbow Island	11:30 a.m.	Marsh Horseback Ride at Rainbow Island	4 p.m.	R & R Yoga
		Tennis Clinic: Intermediate to Advanced	12 p.m.	Kayak Shore Lunch	5–6 p.m.	▲ Bagpiper at The Lodge
			12–8 p.m.	Bowling in Sea Strike & Pub		
	6:15 a.m.	Cycle Sculpt Fitness Class	10 a.m.	Pilates Reformer Cardio Mix	1 p.m.	Beach Horseback Ride
	7 a.m.–10 p	.m. Topgolf Swing Suite open at The Inn		Ocean Stand-Up Paddleboarding Clinic at the Beach Club		Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island
	8:15 a.m.	Total-Body Strength				
	5.1 <i>5</i> u.m.	Total 2007 Ottolight		Heated Yoga	1:30 p.m.	Marsh Horseback Ride at Rainbow Island
	8.30 a m	Agua Fit at the Beach Club		Ticateu 10ga	1:50 p.m.	Iviaisii i ioiseback Ride at Rainbow Island
	6:50 a.m.	8:30 a.m. Aqua Fit at the Beach Club				
			10 a.m5 p	.m. Backwater Sunfish Sailing		Beginner's Archery
	9 a.m.	Stand-Up Paddleboarding Salt Marsh		Hourly Lessons		

Private Beach Setup at the Beach Club

Tennis Clinic: Intermediate to Advanced

Stand-Up Paddleboarding Salt Marsh

• Hobie Cat Gilligan's Island Tour

Hobie Cat Shelling Tour

Beach Horseback Ride

9:30 a.m.

10 a.m.

Nature Tour at Rainbow Island

Energizing Morning Yoga Class

Intro to Clay Target Shooting

Beach Horseback Ride

Cycle Sculpt and Roll Fitness Class

Tennis Clinic: Intermediate to Advanced

Birding Tour on Golf Cart Nature Tour at Rainbow Island 5–6 p.m. 9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Marsh Habitat and Wildlife Walk 5:30 p.m. Tour at Rainbow Island 11:15 a.m. Barre Class 6–9 p.m. Marsh Horseback Ride at Rainbow Island Marsh Horseback Ride at Rainbow Island 11:30 a.m. Camp Cloister Kayak Shore Lunch 12 p.m. Family Salt Marsh Kayaking Tour at Rainbow Island 12-8 p.m. Bowling in Sea Strike & Pub Tennis Clinic: Intermediate to Advanced Family Salt Marsh Kayaking Tour at 1 p.m. Rainbow Island

11 a.m.

▲ Live Music in the Colonial Lounge with Jackie Monroe

Stand-Up Paddleboarding Lessons at

Family Salt Marsh Kayaking Tour at

Rainbow Island

Rainbow Island

Air Rifle Bull's-Eye Hour

▲ Bagpiper at The Lodge

Evening Stretch Fitness Class

Evening Stretch Fitness Class

Sunset Kayaking at Rainbow Island

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For Broadfield Reservations: 912-510-0030 For Equestrian Reservations: 912-434-4760 For Golf Performance Center Reservations: 912-638-5119

2 p.m.

3 p.m.

4 p.m.

4:30 p.m.

Kids' or Family Activities Special Event ▲ Reservations not required

	7 a.m.–10 p	.m. Topgolf Swing Suite Open at The Inn	10 a.m.	Tennis Clinic: Intermediate to Advanced	1 p.m.	Beach Horseback Ride
	8:15 a.m.	Straight-Up Circuit Fitness Class		Pilates Reformer Class		Stand-Up Paddleboarding Salt Marsh
	8:30 a.m.	Aqua Fit at the Beach Club		Strength and Stretch Fitness Class		Nature Tour at Rainbow Island
	9 a.m.	Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island		Ocean Stand-Up Paddleboarding Clinic		Fish Dissection and Dock Fishing
			10 5	at the Beach Club	1:30 p.m.	Marsh Horseback Ride at Rainbow Island
TUESDAY, MARCH 9		Coastal Wildlife Bike Tour Intermediate Yoga	10 a.m.–5 p.m. Backwater Sunfish Sailing Hourly Lessons		2 p.m.	Stand-Up Paddleboarding Lessons at Rainbow Island
		Beach Horseback Ride	11 a.m.	Private Beach Setup at the Beach Club	3 p.m.	Salt Marsh Dolphin Tour
		Tennis Clinic: Intermediate to Advanced		• Hobie Cat Gilligan's Island Tour		Family Salt Marsh Kayaking Tour at
		Indoor Cycle Fitness Class		• Hobie Cat Shelling Tour		Rainbow Island
		Pilates Reformer Class		Sea Island Junior Naturalist	3:30 p.m.	Under-the-Sea Workshop
		Cloister Curriculum		Beach Horseback Ride	4 p.m.	Barrier Island Habitat Tour
	9 a.m.–5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island			Stand-Up Paddleboarding Lessons at Rainbow Island	4:30 p.m. 5–6 p.m.	Sea Island Explorer Pre-Dinner Cocktail Cruise Bagpiper at The Lodge
	9:30 a.m.	Marsh Horseback Ride at Rainbow Island		Tennis Clinic: Intermediate to Advanced	_	
	<i>).J</i> 0 a.m.	Camp Cloister	11:30 p.m.	Marsh Horseback Ride at Rainbow Island		
		Heated Yoga	12–8 p.m.	Bowling in Sea Strike & Pub		
	10 a.m.	Family Salt Marsh Kayaking Tour at Rainbow Island	1 p.m.	Family Salt Marsh Kayaking Tour at Rainbow Island		
	6:15 a.m.	Wake-Up Call Fitness Class	10 a.m.	Pilates Reformer Class	1 p.m.	Beach Horseback Ride
	7 a.m.–10 p.m. Topgolf Swing Suite Open at The Inn			Heated Yoga		Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island
	8:15 a.m.	Total-Body Strength Fitness Class		Ocean Stand-Up Paddleboarding Clinic at the Beach Club	1:30 p.m.	Marsh Horseback Ride at Rainbow Island
	8:30 a.m.	Aqua Fit at the Beach Club	10 a.m.–5 p	.m. Backwater Sunfish Sailing	2 p.m.	Stand-Up Paddleboarding Lessons at
	9 a.m.	Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island		Hourly Lessons		Rainbow Island
9		Birding Tour on Golf Cart		Private Beach Setup at the Beach Club		Air Rifle Bull's-Eye Hour
CH		Energizing Morning Yoga Class		• Hobie Cat Gilligan's Island Tour	3 p.m.	Family Salt Marsh Kayaking Tour at Rainbow Island
Y, MARCH		Beach Horseback Ride		• Hobie Cat Shelling Tour	3:30 p.m.	Tie Dye on the Beach Club Lawn
		Tennis Clinic: Intermediate to Advanced Cycle Release Fitness Class Pilates Reformer Class	11 a.m.	Stand-Up Paddleboarding Lessons at Rainbow Island	4 p.m.	Evening Stretch Fitness Class
SDA				Tennis Clinic: Intermediate to Advanced	, I	Barrier Island Habitat Tour
WEDNESD				Annie Oakley Shooting Hour for Ladies	5–6 p.m.	▲ Bagpiper at The Lodge
		9 a.m.–5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island		, 0	-	011 0
>_	9 a.m.–5 p.	m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island		Beach Horseback Ride	5:30 p.m.	Evening Stretch Fitness Class
3	9 a.m.–5 p. 9:30 a.m.			Beach Horseback Ride Marsh Habitat and Wildlife Walk	5:30 p.m.	Evening Stretch Fitness Class
3	_	Tour at Rainbow Island Marsh Horseback Ride at Rainbow Island	11:15 a.m.		5:30 p.m.	Evening Stretch Fitness Class
8	_	Tour at Rainbow Island Marsh Horseback Ride at Rainbow Island Camp Cloister	11:15 a.m. 11:30 a.m.	Marsh Habitat and Wildlife Walk	5:30 p.m.	Evening Stretch Fitness Class
8	9:30 a.m.	Tour at Rainbow Island Marsh Horseback Ride at Rainbow Island		Marsh Habitat and Wildlife Walk Barre Class	5:30 p.m.	Evening Stretch Fitness Class
3	9:30 a.m.	Tour at Rainbow Island Marsh Horseback Ride at Rainbow Island Camp Cloister Family Salt Marsh Kayaking Tour at	11:30 a.m.	Marsh Habitat and Wildlife Walk Barre Class Marsh Horseback Ride at Rainbow Island	5:30 p.m.	Evening Stretch Fitness Class

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▲ Reservations not required

 8:15 a.m. Straight-Up Circuit Fitness Class 8:30 a.m. Aqua Fit at the Beach Club 9 a.m. Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island Cycle Scupt and Roll Fitness Class Intro to Clay Target Shooting Beach Horseback Ride Tennis Clinic: Intermediate to Advanced Intermediate Yoga Cloister Curriculum Pilates Reformer, Tower and Mat Mix Class 9 a.m5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island 9:30 a.m. Marsh Horseback Ride at Rainbow Island Camp Cloister 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island 11:30 a.m. Marsh Horseback Ride 11:30 a.m. Marsh Horseback Ride 12:30 a.m. Marsh Horseback Ride at Rainbow Island Camp Cloister 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island 12:40 p.m. Subsection and Mat Mix Class 9:30 a.m. Marsh Horseback Ride at Rainbow Island Camp Cloister 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island 11:30 a.m. Marsh Horseback Ride 11:30 a.m. Marsh Horseback Ride 12:40 p.m. Second Control 14:30 a.m. Marsh Horseback Ride 15:30 a.m. Wake-Up Call Fitness Class 10 a.m. Hawk Walk with a Falconer 3:40 p.m. Toppolf Swing Suite Open at The Inn 10 a.m. Toppolf Swing Suite Open at The Inn 10 a.m. Toppolf Swing Suite Open at The Inn 10 a.m. Toppolf Swing Suite Open at The Inn 10 a.m. Hawk Walk with a Falconer 2 m. Toppolf Swing Suite Open at The Inn 10 a.m. Toppolf Swing Suite Open at The Inn 10 a.m. Hawk Walk with a Falconer 2 m. Toppolf Swing Suite Open at The Inn 10 a.m. Hawk Walk with a Falconer 2 m. Toppolf Swing Suite Open at The Inn 2 m. Toppolf Swing Suite Open at The Inn <
 bi30 a.m. Aqua Pit at the Beach Club 9 a.m. Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island Cycle Sculpt and Roll Fitness Class Intro to Clay Target Shooting Beach Horseback Ride Tennis Clinic: Intermediate to Advanced Intermediate Yoga Cloister Curriculum Plates Reformer, Tower and Mat Mix Class 9 a.m. 5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island 9:30 a.m. Marsh Horseback Ride at Rainbow Island Camp Cloister 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island 9:30 a.m. Marsh Horseback Ride at Rainbow Island Camp Cloister 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island 9:30 a.m. Marsh Horseback Ride at Rainbow Island Camp Cloister 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island 9:30 a.m. Marsh Horseback Ride at Rainbow Island Camp Cloister 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island 10 a.m. Marsh Horseback Ride 10 a.m. Hawk Walk with a Falconer 1:30 p.m. Marsh Horseback Ride at Rainbow Island Camp Cloister 10 a.m. Topgolf Swing Suite Open at The Inn 10 a.m. Hawk Walk with a Falconer 2 p.m. Stand-Up Paddleboarding Lessons
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9:30 a.m. Marsh Horseback Ride at Rainbow Island Camp Cloister Internation Horseback Ride at Rainbow Island 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island Tennis Clinic: Intermediate to Advanced Strength and Stretch Fitness Class Image: Provide at Rainbow Island Beach Horseback Ride 6:15 a.m. Wake-Up Call Fitness Class 10 a.m. Hawk Walk with a Falconer Sea Island Explorer Scenic Yacht Cruise 1:30 p.m. Marsh Horseback Ride at Rainbow 2 p.m. Stand-Up Paddleboarding Lessons
9:30 a.m. Marsh Horseback Ride at Rainbow Island Camp Cloister Internation Horseback Ride at Rainbow Island 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island Tennis Clinic: Intermediate to Advanced Strength and Stretch Fitness Class Image: Provide at Rainbow Island Beach Horseback Ride 6:15 a.m. Wake-Up Call Fitness Class 10 a.m. Hawk Walk with a Falconer Sea Island Explorer Scenic Yacht Cruise 1:30 p.m. Marsh Horseback Ride at Rainbow 2 p.m. Stand-Up Paddleboarding Lessons
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 10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island Tennis Clinic: Intermediate to Advanced Strength and Stretch Fitness Class 6:15 a.m. Wake-Up Call Fitness Class 10 a.m. Hawk Walk with a Falconer Sea Island Explorer Scenic Yacht Cruise 2 p.m. Stand-Up Paddleboarding Lessons
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6:15 a.m. Wake-Up Call Fitness Class 10 a.m. Hawk Walk with a Falconer 7 a.m10 p.m. Topgolf Swing Suite Open at The Inn 10 a.m. Hawk Walk with a Falconer 2 p.m. Stand-Up Paddleboarding Lessons
6:15 a.m. Wake-Up Call Fitness Class 10 a.m. Hawk Walk with a Falconer 1:30 p.m. Marsh Horseback Ride at Rainbow 7 a.m10 p.m. Topgolf Swing Suite Open at The Inn Sea Island Explorer Scenic Yacht Cruise 2 p.m. Stand-Up Paddleboarding Lessons
7 a.m.–10 p.m. Topgolf Swing Suite Open at The Inn Sea Island Explorer Scenic Yacht Cruise 2 p.m. Stand-Up Paddleboarding Lessons
7 a.m.–10 p.m. Topgolf Swing Suite Open at The Inn Sea Island Explorer Scenic Yacht Cruise 2 p.m. Stand-Up Paddleboarding Lessons
7 a.m.–10 p.m. Topgolf Swing Suite Open at The Inn Sea Island Explorer Scenic Yacht Cruise 2 p.m. Stand-Up Paddleboarding Lessons
8:15 a.m. Total-Body Strength Fitness Class 10 a.m.–5 p.m. Backwater Sunfish Sailing Kaindow Island
8:15 a.m. Total-Body Strength Fitness Class 10 a.m5 p.m. Backwater Sunfish Sailing Rainbow Island 8:30 a.m. Aqua Fit at the Beach Club Hourly Lessons Air Rifle Bull's-Eye Hour
9 a.m. Beach Horseback Ride Private Beach Setup at the Beach Club 2:30 p.m. The Cloister Hotel Walking Tour
Tennis Clinic: Intermediate to Advanced Hobie Cat Gilligan's Island Tour 3 p.m. Family Salt Marsh Kayaking Tour Painbary Island
Stand-Up Paddleboarding Salt Marsh
Nature four at Kalindow Island
Indoor Cycle Fitness Class 11 a.m. Beach Horseback Ride 4 p.m. 1 argets for Teens Pilates Reformer Class Stand-Up Paddleboarding Lessons at 4:30 p.m. Sunset Kayaking at Rainbow Islan
Pilates Reformer Class Stand-Up Paddleboarding Lessons at 4:30 p.m. Sunset Kayaking at Rainbow Island Birding Tour on Colf Cart Rainbow Island Sea Island Explorer Pre-Dinner Cocktai
C Indoor Cycle Fitness Class 11 a.m. Beach Horseback Ride 4 p.m. Targets for Teens Pilates Reformer Class Pilates Reformer Class Stand-Up Paddleboarding Lessons at 4:30 p.m. Sunset Kayaking at Rainbow Islan Birding Tour on Golf Cart Rainbow Island Sea Island Explorer Pre-Dinner Cocktai Energizing Morning Yoga Class Tennis Clinic: Intermediate to Advanced 5-6 p.m. A Bagpiper at The Lodge 9 a.m5 p.m. Guided Kavak Fishing 2- and 3-Hour Marsh Habitat and Wildlife Walk 5-8:30 p.m. Spring Harvest Dinner at Rainbow
Marsh Habitat and Wildlife Walk 5–8:30 p.m. Spring Harvest Dinner at Rainbow
Tour at Rainbow Island11:15 a.m.Barre Class6 p.m.Kids' Night Out9:30 a.m.Marsh Horseback Ride at Rainbow Island11:30 a.m.Marsh Horseback Ride at Rainbow Island6-9 p.m.▲ Live Music in the Colonial Lou
Camp Cloister 12 p.m. Kayak Shore Lunch with Jackie Monroe
10 a.m.Family Salt Marsh Kayaking Tour at12–9 p.m.Bowling in Sea Strike & Pub
Rainbow Island 1 p.m. Beach Horseback Ride
Tennis Clinic: Intermediate to Advanced Family Salt Marsh Kayaking Tour at
Pilates Reformer Cardio Mix Rainbow Island
Gentle Yoga Flow Fish Dissection and Dock Fishing
Ocean Stand-Up Paddleboarding ClinicStand-Up Paddleboarding Salt Marshat the Beach ClubNature Tour at Rainbow Island

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	7 a.m.–10 p	.m. Topgolf Swing Suite Open at The Inn	10 a.m.	Hawk Walk with a Falconer	2 p.m.	Stand-Up Paddleboarding Lessons at
		Nature Tour at Rainbow Island	10 a.m.–5 p.m. Private Beach Setup at the Beach Club			Rainbow Island
				• Hobie Cat Gilligan's Island Tour		Falconry Meet and Greet
		Coastal Wildlife Bike Tour		• Hobie Cat Shelling Tour	3 p.m.	Salt Marsh Dolphin Tour
		Weekend Flow and Unwind Yoga Beach Horseback Ride	11 a.m.	Stand-Up Paddleboarding Lessons at Rainbow Island		Family Salt Marsh Kayaking Tour at Rainbow Island
<u>2</u>		Tennis Clinic: Intermediate to Advanced		Tennis Clinic: Intermediate to Advanced	3:30 p.m.	Cookie Cutters
SALURDAT, MARCH I		Indoor Cycle Fitness Class		Beach Horseback Ride	4:30 p.m.	Sea Island Explorer Pre-Dinner Cocktail Cruise
	9 a.m.–5 p.m. Guided Kayak Fishing 2- and 3-Hour			Marsh Habitat and Wildlife Walk		Sunset Kayaking at Rainbow Island
	9:30 a.m. 10 a.m.	Marsh Horseback Ride at Rainbow Island	11:30 a.m.	Marsh Horseback Ride at Rainbow Island	5–6 p.m.	▲ Bagpiper at The Lodge
			12–9 p.m.	Bowling in Sea Strike & Pub	5–8:30 p.n	n. Rainbow Island Supper
		Tennis Clinic: Intermediate to Advanced	1 p.m.	-	6 p.m.	Kids' Night Out
	10 a.m.	Family Salt Marsh Kayaking Tour at			6–9 p.m.	▲ Live Music in the Colonial Lounge with Jackie Monroe
		Rainbow Island		Beach Horseback Ride		with Jackie Montoe
		Pilates Reformer Class		Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island		
		Hard "Core" Fitness Class	1:30 p.m.	Marsh Horseback Ride at Rainbow Island		
		Ocean Stand-Up Paddleboarding Clinic at the Beach Club		Beginner's Archery		
	7 a.m.–10 p.m. Topgolf Swing Suite Open at The Inn		10 a.m.–5 p.m. Private Beach Setup at the Beach Club		1 p.m.	Stand-Up Paddleboarding Salt Marsh
SUNDAT, MAKCH 14	_	Sunday Service in The Cloister Garden		• Hobie Cat Gilligan's Island Tour		Nature Tour at Rainbow Island
		Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island	• Hobie Cat Shelling Tour		1:30 p.m.	Marsh Horseback Ride at Rainbow Island
			11 a.m.	Beach Horseback Ride	2 p.m. 3 p.m.	Stand-Up Paddleboarding Lessons at Rainbow Island
		Beach Horseback Ride		Stand-Up Paddleboarding Lessons at		Family Salt Marsh Kayaking Tour at
		Tennis Clinic: Intermediate to Advanced		Rainbow Island		Rainbow Island
	9 a.m.–5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island			Tennis Clinic: Intermediate to Advanced	4 p.m.	R & R Yoga
	9:30 a.m.	Marsh Horseback Ride at Rainbow Island	11:30 a.m.	Marsh Horseback Ride at Rainbow Island	6–7 p.m.	▲ Bagpiper at The Lodge
		Family Salt Marsh Kayaking Tour at Rainbow Island 12–8	12 p.m.	Kayak Shore Lunch		
			12–8 p.m.	Bowling in Sea Strike & Pub		
		Tennis Clinic: Intermediate to Advanced	1 p.m.	Family Salt Marsh Kayaking Tour at Rainbow Island		
		Ocean Stand-Up Paddleboarding Clinic				

Ocean Stand-Up Paddleboarding Clinic

at the Beach Club

Reservations are required for most events and activities by 5 p.m. day prior. Programs not requiring reservations are noted with "A." Please refer to the Planning Guide for activity details and prices.

Beach Horseback Ride

For Dining and Most Activity Reservations: Resort Guests-912-638-5111 or ext. 5111 Cottage Guests-912-634-4343 Exclusive Resorts Guests—912-634-3957 Sea Island Club Members-912-634-4444

For Broadfield Reservations: 912-510-0030 For Equestrian Reservations: 912-434-4760

For Golf Performance Center Reservations: 912-638-5119

Kids' or Family Activities

SUNDAY, MARCH 14

Special Event

DINING GUIDE FOR MARCH 7-14

Hours of Operation are subject to change.

THE CLOISTER

Tavola \$\$\$

An Authentic Rustic Italian Eatery
Breakfast: 7-11 a.m., daily
Lunch: 11:30 a.m.-3 p.m., Sunday
Dinner: 5:30-9 p.m., Thursday-Tuesday
Dining Room closed Wednesday.

River Bar & Lounge \$\$\$

- A Classic–Style Brasserie
 Lunch: 11 a.m.-5 p.m., daily
 Dinner: 5-10 p.m., daily
 Bar: 11 a.m.-12 a.m., Monday–Saturday 11 a.m.-11 p.m., Sunday
 Late Night Bites: 10-11 p.m., daily
 - Sunday Brunch: 11 a.m.-3 p.m. L

Black Banks Terrace \$ • Cocktails and Lite Bites

• 5–9 p.m., Sunday, March 7-Wednesday

In-Room Dining

• 6 a.m.-1 a.m., daily

Tavola Window

• Complimentary morning coffee: 6-10 a.m.

• Afternoon refreshments: 3-5 p.m.

Dress Code for The Cloister: Tavola, River Bar, and Cloister Breakfast

Before 5 p.m., casual attire is acceptable. Tank tops and swim attire are not permitted.

After 5 p.m., a collared shirt is required for gentlemen. Well-kept denim is acceptable. Tank tops and swim and fitness attire are not permitted.

Dress Code for Southern Tide and Sea Strike & Pub

All Day: Casual, dry beach or swim attire is acceptable. Shirts, swimsuit cover–ups and footwear are required. Socks required to bowl.

Dress Code for The Lodge: Oak Room and Men's Locker Room

Before 5 p.m., casual attire is acceptable. Tank tops and swim attire are not permitted. After 5 p.m., a collared shirt is required for gentlemen. Well–kept denim and bermuda shorts are acceptable. Tank tops, swim and fitness attire are not permitted.

COASTAL EXPERIENCE CENTER

Daily, 9 a.m.-5 p.m.

COTTAGE RENTALS

Daily, 8:30 a.m.-5 p.m.

FITNESS CENTER

Monday–Friday, 6 a.m.-7 p.m. Saturday–Sunday, 7 a.m.-6 p.m.

GOLF PRO SHOP AT RETREAT

Daily, 7 a.m.-5 p.m.

GOLF PRO SHOP AT THE LODGE

Daily, 7 a.m.-6 p.m.

GOLF PERFORMANCE CENTER

Daily, 8 a.m.-5:30 p.m.

Sea Island Beach Club

Southern Tide \$\$\$

Beachfront, offering fresh and local seafood
Bar: 11 a.m.-6 p.m., daily
Dining Room closed.

Sea Strike & Pub \$

Bowling, Beverages, and Lite Bites
12-8 p.m., Sunday-Thursday
12-9 p.m., Friday-Saturday

Snack Shack \$ • A Casual Poolside Café • 11 a.m.–3 p.m., daily

Beach Bar \$ • Lite-Bite Menu: 11 a.m.-4 p.m.,

Friday-Sunday, March 14 • Beverages: 11 a.m.–6 p.m., Friday-Sunday, March 14 THE LODGE

Colt & Alison \$\$\$\$ • A Southern–Inspired Steak House • Dinner: 6-9 p.m. Sunday, March 7-Monday **R**

Oak Room \$\$\$

• An Oceanfront Tavern with Golf Course Views

- Breakfast: 7-10:30 a.m., daily
- Lunch: 11:30 a.m.-2:30 p.m., daily
- Lite-Bite Menu: 2:30-5 p.m., daily
- Dinner: 5-10 p.m., daily • Sunday Brunch:

11:30 a.m.-2:30 p.m., à la carte

Men's Locker Room \$

- Lunch: 11 a.m.-3 p.m., daily
- Beverages: 11 a.m.-7 p.m., daily

Pool and Pool House at The Lodge \$

- An oceanfront spot for easy, poolside bites
 - Breakfast: 8-11 a.m., daily
 - Lunch: 11 a.m.-3 p.m., daily
 - Grab-n-Go: 8 a.m.-dusk, daily

In–Room Dining • 6 a.m.-1 a.m., daily

RESORT DRESS CODE & CANCELLATION POLICY

Dress Code for Colt & Alison

A collared shirt, slacks or well-kept denim is required for gentlemen and boys over eight. Jackets are recommended, but not required. Cocktail attire is recommended for ladies.

Appropriate Hat Wear: Gentlemen's hats and caps are not permitted in any of the indoor dining or bar venues. Gentlemen are permitted to wear hats in outdoor bar venues. Women are permitted to wear venue– appropriate hats and caps, e.g., athletic caps, prior to 5 p.m., and dressier hats before or after 5 p.m.

Face Coverings: Face coverings are required regardless of your vaccine status. For dining, face coverings must be worn when entering and exiting a restaurant and placing a bar order. For activities, please refer to the <u>Planning Guide</u> for the policy in each area.

Dress Code for Activities: The dress code varies throughout Recreation. The view, <u>click here</u>.

HOURS OF OPERATION

PEDAL BIKE SHOP & SEA ISLAND CARTS

Daily, 9 a.m.-5 p.m., weather permitting

PETER MILLAR COLLECTION

Daily, 10 a.m.-6 p.m.

SEA ISLAND PROPERTIES

Monday-Saturday, 9 a.m.-5 p.m., Sunday, 1-5 p.m.

SEA ISLAND KIDS' SHOP Daily, 10 a.m.-5 p.m.

SEA STRIKE & PUB

Sunday-Thursday, 12-8 p.m. Friday-Saturday, 12-9 p.m.

SHOOTING SCHOOL

Monday–Saturday, 9 a.m.-5 p.m.

THE MARKET

• Local Mercantile and Deli Café

- 8 a.m.-5 p.m., Monday-Saturday
- Breakfast: 8-10:30 a.m. • Made-To-Order Sandwiches: 10:30 a.m.-3 p.m.
- Closed Sunday.

TOPGOLF SWING SUITE BAR

• 5-10 p.m., daily

Reservations recommended.
 R Reservations required.
 L Live Music.

Resort Cancellation Policy:

• Events and activities (including Fishing, Boating, Fitness, Tennis, Spa, Golf, Shooting School, Camp Cloister, Bingo, Watersports, and Equestrian) require 24-hour notice of cancellation.

• Broadfield requires cancellations to be made 72 hours prior to reservation. Failure to cancel within the noted time frame will result in a \$25/person charge (horseback riding and Broadfield will be charged the full cost of the activity).

• All no-show reservations, that are not canceled, will be charged the full rate of the event or activity (fitness classes will be charged \$25/person).

• Dining requires cancellations to be made 6 hours prior to reservation. Failure to cancel within the noted time or a no-show will result in a \$25/person charge.

• Restaurant reservations will be honored for a maximum of 15 minutes after the reserved time. After the additional 15 minutes have passed, the table will be released and your party will be placed on the list to be seated at the next available table.

SALON

Tuesday–Saturday, 9 a.m.-6 p.m.

SPA AND SPATIQUE

Daily, 7 a.m.-10 p.m.

Monday–Saturday, 9 a.m.-6 p.m. Sunday, 10 a.m.-6 p.m.

SURF SHOP AT SEA ISLAND BEACH CLUB Daily, 10 a.m.-5 p.m.

THE CLOISTER TENNIS CENTER Daily, 9 a.m.-5 p.m.

THE SEA ISLAND SHOP AT THE CLOISTER Daily, 9 a.m.-6 p.m.

TOPGOLF SWING SUITE AT THE INN