INDEX

A-B-C diaries 193 ABC Method of Constructive Thinking	pathogenesis of disruptive behaviour disorders 52
115	physical abuse and 52
Abel and Becker Cognition Scale 232 Absolutism 44	as predictor of adulthood unemployment 45
Acceptance of Interpersonal Violence Scale 232	problem recognition 56–7 related cognitions 57–8
Addressing Substance-related Offending 199	schemas 58–9
adolescent aggression parent relationships and 39, 40, 45	social information processing model 52–3
peer pressure and 39–40, 41–4	social problem-solving skills in 53-5
Adolescent Problem Inventory for Boys 96	social problem-solving strategies 36-7
Adolescent Problems Inventory (API) 10,	specificity of social problem 55-6
16–17, 93, 97	sub-types 55
aggression 31–47	agoraphobia 11
aggressive problem-solving strategies vs	alcohol abuse
aggressive behaviour 36	impulsivity and 71
definition 31	neurocognitive abilities and 71
moral evaluations 44	problem-solving skills and 71–2
open 43–4	alcohol consumption, reduction in 14
parents' role and 33, 38–40	all-or-nothing thinking 151
peer pressure and (social feedback)	alternative idea generation 17
39–40, 41–4, 45, 46	alternative-solution thinking 11
peers' role and 34, 41–4	Alternative Thinking Test 9
research evidence 34–44	analogical reasoning 4
social information processing model of	anger in children 58
252–3	anger-control training 15
social problem-solving skill deficits and	Anger Coping Program 61
12	antisocial personality disorder (APD)
stability of, and problem-solving	251
strategies 37	substance abuse and 67-70
see also aggressive children	anxiety-related problems 6
Aggression Replacement Training 288	approach goals 238
aggressive children 51-62	arbitrary inference 151
anger 58	Attention Deficit Hyperactivity Disorder
automatic vs deliberate processing 59-60	(ADHD) 51, 52, 53, 54, 55, 56
childhood strategies 37-8	attitudes 303–4
cognitive behavioural therapy 60–1	automatic processing 236

autonomic normous system (ANS)	cognitive products 226
autonomic nervous system (ANS)	
activity in Disruptive Behaviour Disorders 57	cognitive therepies 8
	cognitive therapies 8
avoidance 73, 237–8	Colorado, Reasoning and Rehabilitation
avoidance goals 238	program in 169–70, 171
Avoidance Style (AS) scale 105, 106,	conceptual rigidity, offenders and 165
155, 209	concrete thinking, offenders and 165
	Conduct Disorder (CD) 51, 53, 55, 56
Barratt Impulsiveness Scale (BIS) 211	consequential thinking 11, 17
Barratt Impulsivity Scale (BIS-II) 196	in adolescents 96
Beck Hopelessness Scale (BHS) 153, 154	coping 4, 16
behaviour modification 5, 8	Coping Power Program 19, 61
behavioural and emotional self-regulation	creativity 4
256–8	Crime-PICS 195
behavioural therapy 8	criminal behaviour, social problem solving
behaviourism 5	and 74–5
belief questionnaires 231–4	criminal model of offender rehabilitation 16
beliefs 303–4	critical reasoning, offenders and 154
'Big Five' personality traits 68, 77, 210-11	Č .
Borderline Personality Disorder (BPD) 70,	daily problem 107
79	dangerous world implicit theory 231
brainstorming 7, 117	Decision-Making (DM) 17, 117
bullying 43	decision skills 109, 234
bunying 40	Decisions program 75
California Reasoning and Rehabilitation	
California, Reasoning and Rehabilitation	decoding skills 109 deduction 4
program in 171	
callous traits 55	deferment-of-judgment principle 117
Canada, Reasoning and Rehabilitation	denial (cognitive distortion) 119
program in 167–9	depressed children 58
adult prisoners 168–9	aggressive problem-solving in 32
high-risk adult probationers 167–8	depression 6, 11, 13, 69, 148
carelessness 237	developmental pathways 302–3
catastrophising 151	Diagnostic and Statistical Manual of Mental
childhood obesity 14	Disorders
children	DSM-III-R 76
preventing antisocial behaviour 127-38	DSM-IV-TR 76
as sexual beings implicit theory 228-9,	Diagnostic Interview Schedule (DIS) 76
236	Dialectical Behavior Therapy (DBT) 79, 154
see also aggressive children	157
closed head injury 6	Dinosaur Programme 288
cognitive behavioural approaches,	Dinosaur School 60–1
continuum of methods in 8	Disapproval 44
cognitive behavioural therapy	Disruptive Behaviour Disorders 51, 53–4,
in childhood aggression 60–1	55, 56–7, 57–8
psychopaths and 257–8	distortions 8
cognitive development theories	domain model of social reasoning 266–7,
Kohlberg's theory of 268–9, 270–1, 289	271–2
	driving offences 19
Piaget's theory of 266–8, 270–1, 289	driving offences 19
cognitive misers 225	agazantriaitz, affandana and 165
cognitive misers 225	egocentricity, offenders and 165
cognitive processing 234	emotional intelligence 302

emotional stress 107-8 impulse control training 18 emotions 301-2 Impulsiveness-Venturesomeness-Empathy empathy 57-8 Scale 195 impulsivity 52, 237 enactment skills 110, 234 **England** alcohol use and 71 mentally disordered offenders 175 offenders and 164 prisons in 173-4 Impulsivity/Carelessness Style (ICS) scale 105, Enhanced Thinking Skills (ETS) 20, 163, 106, 155, 209 173-4, 199, 298 individual differences 300-1 entitlement implicit theory 230, 236 induction 4 Erlangen-Nuremberg Development and intentional processing 236 Prevention Study 130-3 International Classification of Diseases and Extended Sex Offender Treatment Programme Related Health Problems (ICD-10) 76 Interpersonal Cognitive Problem Solving externality, offenders and 164-5 (ICPS) 10–12, 78, 92, 186 interpersonal cognitive problem-solving skills, offenders and 165 family therapy, functional 15 father-child interaction, child aggression Interpersonal Problem-Solving Assessment and 33, 39 Technique 93 finding, definition 104-5 interpersonal problem-solving training five-factor model of personality 68, 77, 3 - 21210-11 intriguing 43 5-WH format 193 inverse-variance random effect model 134 gambling, relapse prevention and 14 **IPDE 216** Generation of Alternatives (GoA) 117 irritability 52 Georgia, Reasoning and Rehabilitation program in 170-1 Jersey, Reasoning and Rehabilitation program Germany, mentally disordered offenders in in 172 justification (cognitive distortion) 119 Gough Socialisation Scale 196 guided discussion 8 Key Performance Indicator 20 knowledge content 224-5 Kohlberg's cognitive development theory hopelessness, feelings of 151 Hospital Anxiety and Depression Scale 268-9, 270-1, 289 (HADS) 153, 154 Hostility Towards Women Scale 232 Landscaped Project 216 learning disabilities 15 identification of problems when they occur Legitimisation 44 technique 115-16 implementation 14 major negative event 107 Implementation Quality Ratio 193 mass roll-out, limitations of 298-9 Implicit Association Test (IATS) 236 Means-End Problem-Solving (MEPS) implicit theories (ITs) 10–11, 19, 75, 80, 92–3, 150, 217, 237, 304 children as sexual beings 228-9, 236 means-end thinking 6, 11, 12, 17 dangerous world 231 mental health, problem-solving definition 228 programme, key components 151-2 entitlement 230, 236 mentally disordered offenders 175 uncontrollability 231, 236 Millon Clinical Multiaxial Inventory Second Edition (MCMI-II) 77 women are dangerous 229 women as sexual objects 229 Third Edition (MCMI-III) 77

minimumization (cognitive distortion) 119	personality disorder offending and social problem-solving
Minnesota Multiphasic Personality	209–12
Inventory 250	problems with diagnosis 75–7, 80–1
Second Edition (MMPI-2) 77	substance abuse and 72–4
MOLEST Scale 232	
	see also antisocial personality disorder;
moral reasoning 265–90	borderline personality disorder
domain model of social reasoning 266–7, 271–2	personality traits, social problem-solving and 300–1
implications for interventions 286–9	perspective taking 11, 17, 57
Kohlberg's theory of 268–9, 270–1, 289	physical abuse 52
mixed domain research 277-8	Piaget's cognitive development theory
moral development, social reasoning and	266–8, 270–1, 289
aggression 278–86	Positive Problem Orientation (PPO) scale 105
overview of research findings 272–4	155, 209
Piaget's theory of 266-8, 270-1, 289	pregnancies, unplanned 11
social domain model 266-7, 278-9	Preschool Social Behavior Questionnaire
social information processing and social	132
reasoning 274–7	problem, definition 4, 104
stage models of 266–8	Problem Definition and Formulation (PDF)
theories of 266–71	116
mother-child interaction, child aggression	Problem Inventory for Adolescent Girls 96
and 33, 39	problem orientation 105, 114–16
MSI Child Molest Lie Scale 112	problem recognition 17
Multidimensional Locus of Control Scale 195	problem solution 14
Multiphasic Sex Inventory 112	Problem Solving Inventory Form (PSI) 80
multi-systemic therapy 15	Problem Solving Skills Training (PSST) 60, 286
narcotic drug abusers 11	problem-solving coping 108
Negative Problem Orientation (NPO) scale	problem solving, definitions 3, 104
105, 106, 155, 209, 237	Problem-Solving Inventory 9, 19, 73, 93
NEO-Five Factor Inventory (NEO-FFI) 210	problem-solving rigidities 6
non-treatment paradigm 185	problem-solving style 105
nothing works doctrine 185, 298	Problem-Solving Therapy (PST) 6, 92, 103
obesity 6, 69	Problem-Solving Training and Offence
offence-supportive cognition 228–31	Behaviour 186, 194
Offender Group Reconviction Scale	problem-solving training, stages of 6–7
(OGRS-2) 192	process measures 9
One-to-One 199	Project CBT 118–20
Oppositional Defiant Disorder (ODD) 51,	pro-social modelling 21, 192
52, 53, 54, 55, 56 outcome measures 9–10	psychiatric diagnosis, problems with 75–7,
	~ ~
overgeneralising 151 parasuicidal behaviour 73	psychoeducation 208 Psychological Inventory of Criminal Thinking
•	Psychological Inventory of Criminal Thinking
parent training 15	Styles 196
parental conflict 52	psychopaths behavioural and emotional solf
Pathfinder programmes 186, 194, 195, 199	behavioural and emotional self-
P-E-N model (Eysenck) 77	regulation 256–8 cognitive-behavioural programming and
person perception 57 Personality Assessment Inventory (PAI) 77	257–8

aggression and 252–4 assimilation 226
subtyping 226
suspiciousness 229
therapy in sex offenders 238–9
schizophrenia 6
Scotland, mentally disordered offenders
in 175
scripts 303–4
aggression and 32, 45
self-concept 34
self-control therapies 8
self-efficacy 54
Self-Esteem Inventory 195
self-harm 145–58
self-monitoring procedures 8, 10
self-perception theory 43, 46
sex offenders
Decision-Making (DM) 117
general PST guidelines 113-18
Generation of Alternatives (GoA)
117
guided practice 118
Problem Definition and Formulation
(PDF) 116
problem orientation (PO) 114-16
problem solving and 103–20
Project CBT 118–20
relapse prevention 110–11
social cognition and 223-42
social problem solving and 75
social skills 109–10
Solution Implementation and
Verification (SIV) 117–18
Short Attitudes Towards Women Scale
(ATWS) 232
skill
deficit of 7
definition 5
inhibition of 7
SMART (Self-Management and Rational
Thinking) 172
Social Behaviours and Social Status
Questionnaire 35–6
social cause-and-effect thinking 11
social cognition, sex offenders and 223-42
250
basic principles 224
belief questionnaires 231-4
benefits 227
cognitive distortions 227–8

cognitive management of high-risk	sociopath 251
situations 239–40	Socratic questioning 8
general beliefs and knowledge 230-1	solution implementation 104
knowledge content and structure 224–5	Solution Implementation and Verification
managing and altering dysfunctional	(SIV) 110, 117–18
schemas 226–7	solution, definition 4–5, 104
offence-supportive cognition 228–31	Spain 174–5
processing social information 225–6	Tenerife: prison inmates 174
response formulation 237	Valencia: institutionalized juvenile
schema therapy 238–9	offenders 174–5
social behaviour enactment 237–8	Special Drug Offender Program (SDOP)
social cues 234–7	(Colorado) 169–70
socio-cognitive processing 234–8	stimulus-evaluation-check five-stage model
treatment 238–41	257–8
victim-focused knowledge 228–9	Stop & Think! 79, 207–17, 299
social cues 234–7	Controlling Angry Aggression 208
social domain model 266–7, 278–9	Controlling Substance Use 208
social information processing	Criminal Thinking/Belief Therapy 208
aggressive behaviour and 129–30, 252–3	evaluation 215
aggressive children and 52–3	future developments 215–17
phases of 128–9	personality disorder, offending and
in sex offenders 225–6	social problem-solving 209–12
social reasoning and 274–7	problem-solving steps 212–13
social problem-solving ability	Skills for Living 208
as key mental health determinant 147	Trust and Self-Awareness group 208
of offenders 149–51	story-telling techniques 17
social problem-solving framework 299–300	Straight Thinking on Probation (STOP)
Social Problem Solving Inventory 9, 19–20	project 172
Social Problem Solving Inventory-Revised	strategies-tactics principle 117
(SPSI-R) 77, 80, 93, 106, 196, 209–10,	stress
216–17, 237, 304	management 15
offenders and 111, 112	relational/problem-solving model of
sex offenders and 111, 112	106–8 stressful life events 107
young offenders 153, 154–5	substance abuse 67–81
Social Problem Solving (SPS) scale 209 Social Problem-Solving Strategies	
Questionnaire 36	subtyping 239 suicide risk 11, 73, 145–58
social problem-solving training 3–21	suspiciousness schema 229
applications with offender populations	Sweden 174
15–20	syllogistic reasoning 4
assessment of 9–10	synogistic reasoning r
definitions 4–12	Taxonomy of Problematic Social Situations
elements of 6–9	(TOPS) 56
intervention studies 12–15, 17–20	Temperament and Character model
models of criminal offending 15–17	(Cloninger) 77
origins of research on 5–6	tension thermometers 193
social reasoning 274–7	Test of Reading Affective Cues (TRAC) 235
social skills, sex offending and 109-10	Texas, Reasoning and Rehabilitation program
Social Support Seeking 73	in 171–2
social-information processing 252–6	Think First programme 20, 183–202
socio-cognitive processing 234–8	accreditation and dissemination 194-5

attrition 200-1 delivery and treatment integrity 192-4 design and delivery 190-1 development 184-6 evaluation 195-200 problem solving 188 reconviction studies 196-200 self-management 188-9 session ingredients and offence focus 192 - 3short-term impact 195-6 social interaction training 189 targeting and selection 191-2 theoretical rationale 186-90 treatment integrity 193-4 values education 189-90 thinking patterns, analysis of 8 thinking reports 193 thought suppression 226 three factor model (Tellegen) 77 Training in Personal Problem Solving (TIPS) 78–9 transfer of learning paradigm 185

uncontrollability implicit theory 231, 236 unemotional traits 55 United States, *Reasoning and Rehabilitation* program in 169–72 California: substance-abusing probationers 171
Colorado: juvenile probations 171
Colorado: substance-abusing probationers 169–70
Georgia: incarcerated juvenile offenders 171
Georgia: parolees 170–1
Texas: probationers 171–2
Utrecht Coping Power Program 61

values, offenders and 165 victim-focused knowledge 228–9 visualization 115 Vocational Problem-Solving Skills (VPSS)

Wales

prisons 173–4
Reasoning and Rehabilitation program 172
Wharton Tract program (Platt) 17, 91, 98
women are dangerous implicit theory 229

women as sexual objects implicit theory 229

young offenders 145–58
problem-solving interventions 151–8
social problem-solving abilities 149–51
youth, preventing antisocial behaviour
127–38