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## The Mix & Match Guide to Companion Planting

An Easy, Organic Way to Deter Pests, Prevent Disease, Improve Flavor, and Increase Yields in Your Vegetable Garden

Josie Jeffery

### GARDENERS, GET READY TO FLIP FOR THIS BOOK!

Just like humans, certain plants have an affinity for one another. For example, planting tomatoes and basil together improves the flavor of both, while putting leeks next to carrots helps the carrot by repelling the carrot fly.

Practiced effectively for millennia, “companion planting” is when two or more plant species are planted in close proximity in order to benefit each other, either by attracting or deterring pests, keeping the soil healthy, or enhancing flavor. Today, it also provides an efficient way to naturally improve a garden without the need for chemical pesticides, fungicides, and fertilizer.

Josie Jeffery’s *The Mix & Match Guide to Companion Planting* offers an incredibly useful tool to help gardeners put this time-honored technique into practice. Quickly discover which vegetables, fruits, and herbs grow best together (and which do not) with this colorful, visual gardening guide—creatively designed and so easy to use, gardeners will wonder how they ever got along without it.

The pages are cut into three parts with a plant listed on each strip. By flipping the strips on the spiral binding and matching the color-coded dots, it’s easy to determine which plants will be best friends forever, and which are best kept apart. Simply choose from the extensive plant directory of this innovative guide and mix and match to find the perfect plant pals. The middle strip represents the main crop. The top strip reveals companion plants that support its above ground needs (such as attracting beneficial insects), while the bottom strip shows plants that support its below ground requirements (like providing vital soil nutrients). Together they create a perfect marriage of plants and a harmonious environment for a healthy garden to flourish!

**JOSIE JEFFERY** grew up with a companion planting chart pinned up permanently in the kitchen. She studied horticulture and garden design at the University of Brighton, is the author of three gardening books, and runs a seedbomb business, SeedFreedom. She lives in Brighton, United Kingdom, and is available for interviews.

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