



## Careers Websites for Human Nutritionists

This information describes useful careers websites for Human Nutrition, including ones with job vacancies. It is not a comprehensive list and you should also talk to your tutors about where else to look for information and career/research opportunities. Book a 20-minute advice session with a Careers Adviser at the Careers Service if you wish to discuss your individual situation. For information specific to **international students**, see the 'International students and jobs overseas' section on page two.

### Professional bodies / institutes (some examples)

Below is a list of some professional bodies which are relevant to human nutritionists. Most of the ones listed below are UK-based but equivalent bodies in other countries exist and can be found via an internet search.

[www.associationfornutrition.org](http://www.associationfornutrition.org) – Association for Nutrition – careers advice on becoming a nutritionist via the 'Study & Careers' tab, which includes the AfN's 'In the Know' careers booklet and career profiles; also home of the UK Voluntary Register of Nutritionists which you can use to search for registered nutritionists  
[www.nutritionistsociety.org](http://www.nutritionistsociety.org) – The Nutrition Society – includes job vacancies and careers information/events in the Student members section (membership is currently £20)

[www.nutrition.org.uk](http://www.nutrition.org.uk) - British Nutrition Foundation – website includes a basic careers information section (under 'Nutrition science'). Associate membership costs £30, or alternatively £54 for membership which provides online access to the BNF's *Nutrition Bulletin*

[www.nutritionist-resource.org.uk](http://www.nutritionist-resource.org.uk) - includes facility to search for nutritionists by UK postcode or town (useful for networking / work experience / job search)

[www.nutripeople.co.uk](http://www.nutripeople.co.uk) - includes 'Find a nutritionist' function by UK postcode. Also offers free student membership

[www.nii.org.uk](http://www.nii.org.uk) – Nutritionists in Industry – link to the NII careers leaflet at the bottom of the home screen

[www.nutrition2me.com](http://www.nutrition2me.com) - nutrition publications

[www.bant.org.uk](http://www.bant.org.uk) – British Association for Applied Nutrition and Nutritional Therapy. Has a section on nutritional therapy careers

[www.ifst.org](http://www.ifst.org) - Institute of Food Science and Technology. Student membership is available at £19. Has careers pages and a downloadable guide [www.ifst.org/communities-students/preparing-your-career-food](http://www.ifst.org/communities-students/preparing-your-career-food)

[www.bda.uk.com](http://www.bda.uk.com) - British Dietetic Association – includes information about training to become a dietician

[careers.abpi.org.uk](http://careers.abpi.org.uk) - Association of British Pharmaceutical Industries – dedicated careers website with useful information on working in the pharmaceutical industry

[www.societyofbiology.org/education/careers](http://www.societyofbiology.org/education/careers) - The Society of Biology's careers advice

[www.biochemistry.org](http://www.biochemistry.org) - Biochemical Society – includes useful links, events and networking opportunities

[www.socgenmicrobiol.org.uk](http://www.socgenmicrobiol.org.uk) - Society of General Microbiology – scroll down to find the link to the 'Microbiology Careers' section

[www.absw.org.uk](http://www.absw.org.uk) - Association of British Science Writers – includes useful information on careers in science writing and how to get into it (see 'Reading Room' tab) along with links to other useful websites

### Public sector & HE (some examples)

[www.healthcareers.nhs.uk/explore-roles/clinical-support-staff/nutritionist](http://www.healthcareers.nhs.uk/explore-roles/clinical-support-staff/nutritionist) NHS careers information

[www.jobs.nhs.uk](http://www.jobs.nhs.uk) – NHS job vacancies website. Use search terms such as "healthy eating", "diet", "food", "allergy", "health promotion", "nutrition", "lifestyle" to find jobs

[www.lgjobs.com](http://www.lgjobs.com) - Local Government - official jobs website for local councils

[www.jobs.ac.uk](http://www.jobs.ac.uk) – Jobs in Higher Education including research, science, academic and teaching jobs

[www.food.gov.uk](http://www.food.gov.uk) – the website of the UK Government's Food Standards Agency

Other UK public sector jobsites include [publicsectorcareers.org](http://publicsectorcareers.org) and [www.jobsgopublic.com](http://www.jobsgopublic.com)

Continued:-



## Research opportunities

[www.rcuk.ac.uk](http://www.rcuk.ac.uk) - Research Councils UK – has links to individual Research Council websites

[www.newscientistjobs.com](http://www.newscientistjobs.com) - New Scientist includes job vacancies

## Industry (some examples)

[www.careersinfoodanddrink.co.uk](http://www.careersinfoodanddrink.co.uk) - food and drink jobs listings

[www.fdf.org.uk](http://www.fdf.org.uk) - Food and Drink Federation – representative body for the UK food industry

[www.futurefit.co.uk/nutrition/overview](http://www.futurefit.co.uk/nutrition/overview) - information on vocational training for nutrition in the sport and fitness industry, including 'How to become a nutrition adviser'

## Recruitment agencies

[www.indeed.co.uk/Nutritionist-jobs](http://www.indeed.co.uk/Nutritionist-jobs) - general jobsite with relevant vacancies

[www.agencycentral.co.uk](http://www.agencycentral.co.uk) – Agency Central has a searchable directory of recruitment agencies useful to help you identify agencies by sector / region. One food industry agency is [www.cparecruitment.com](http://www.cparecruitment.com) which also has some useful 'Food Links' to other food industry websites

## Voluntary / non-profit sector (some examples)

[www.charityjob.co.uk](http://www.charityjob.co.uk) – lists paid jobs with UK charities, including food/health-related

[www.www.org.uk](http://www.www.org.uk) – search for volunteer organisations on the WWV database

Also check out websites of individual organisations e.g. [www.diabetes.org.uk](http://www.diabetes.org.uk) (Diabetes UK) and

[www.oxfam.org.uk](http://www.oxfam.org.uk) (Oxfam)

[www.nutritionworks.org.uk](http://www.nutritionworks.org.uk) – international public nutrition resource group

## International students and working overseas

Most of the above links are to UK websites but of course there are similar jobsites and careers websites for other countries, which can provide information on working in the different sectors of nutrition. If you are an international student looking for advice on finding a job in your home country, a good general starting point are the Careers Service's resources for international students [www.shef.ac.uk/careers/students/inter](http://www.shef.ac.uk/careers/students/inter). Whether you are a Home/EU or International Student, if you are looking to work outside the UK, you can link from the above site to **myInternational Career**, the Careers Service's gateway to information for 60+ countries worldwide, including links to **Going Global**, an international database to help you look for jobs across the globe.

**Social media** can be especially useful for finding opportunities in different countries, as well as connecting with professionals working in nutrition in other parts of the world e.g. the 'Chinese Dietitian and Nutrition Information' group on LinkedIn.

## LinkedIn and other websites

**LinkedIn** [www.linkedin.com](http://www.linkedin.com) – join the UoS MMedSci Human Nutrition group and use LinkedIn to find jobs and network with other nutrition-related groups, such as 'Dietitians and Nutritionists Worldwide', 'Nutrition and Dietitian Jobs', 'School Nutrition', and 'Sports and Performance Nutrition'.

**The Careers Service** [www.shef.ac.uk/careers/students](http://www.shef.ac.uk/careers/students) - The Careers Service offers a wide range of practical help from getting started on your career plans through to finding jobs, making effective applications, and further study and postgraduate research. We also offer specific support to International Students. To arrange an appointment with a Careers Adviser, call in or telephone 0144 222 0910.

**Prospects** [www.prospects.ac.uk](http://www.prospects.ac.uk) - graduate careers information website which includes:

- Occupational profile of a Nutritionist [www.prospects.ac.uk/nutritionist\\_job\\_description.htm](http://www.prospects.ac.uk/nutritionist_job_description.htm)
- *Jobs and work experience* (use 'Search graduate jobs' for live vacancies and go to 'Types of jobs' for profiles of different occupations)
- *Careers advice* (help with applications and interviews)
- *Postgraduate study* (info on PhD opportunities, postgraduate courses and funding advice).