

The purpose of this guide is to help you find information and support on radiation therapy. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures and Fact Sheets

- National Cancer Institute. **Radiation Therapy and You: Support for People With Cancer.** Printable version available at:
<http://cancer.gov/publications/patient-education/radiationtherapy.pdf>
- National Cancer Institute. **Radiation Therapy Side Effects Sheets.** Fact sheets on specific side effects and topics. Available online at:
<http://cancer.gov/publications/patient-education/radiation-side-effects>
- RTAnswers.org. **Radiation Therapy Brochures.** Brochures specific to a number of different conditions. Available online at:
<http://rtanswers.org/RTAnswers/media/RTAnswers/patient%20materials/PDFs/RadiationTherapyForCancer.pdf>

Books

- Cukier, Daniel. **Coping with Chemotherapy and Radiation.** New York, NY: McGraw Hill, 2005.
Explains the process of radiation therapy, including physical and emotional issues. Reviews the radiation treatment for specific cancers.

- Kornmehl, Carol. **Best News about Radiation Therapy: Everything You Need to Know About Your Treatment.** New York: M. Evans, 2004.
- Lyss, Alan P., Humberto Fagundes, and Patricia Corrigan. **Chemotherapy & Radiation for Dummies.** Hoboken, NJ: Wiley, 2005.

Audiovisual Resources

- Murray, Steve. **Cancer Guided Imagery Program for Cancer Radiation.** Mind Body Productions, 2004.
- University of Michigan Department of Radiation Oncology. **Introduction to Radiation Therapy.** Ann Arbor, MI: BMC Media Services, 2002. Available online at:
<https://www.rogelcancercenter.org/radiation-oncology/>

Web Resources

- **Answers to Your Radiation Therapy Questions.**
<http://rtanswers.org>
Provided by the **American Society for Therapeutic Radiology and Oncology (ASTRO)**, this site includes information on radiation therapy for specific cancer types, external beam radiation, internal radiation seeds (brachytherapy), and other radiation methods.
 - Click on the **Patient Materials** link at the top of the page and select a topic.

University of Michigan Resources

- **Radiation Therapy.**

<https://medicine.umich.edu/dept/radiation-oncology>

This site includes links to information about the Michigan Medicine Radiology as well as information on the University of Michigan Rogel Cancer Center Radiation-Oncology program.

- **Radiation Therapy Patient Handbook.**

https://medicine.umich.edu/sites/default/files/content/downloads/RadOnc_PatientHandbook.pdf

This link will take you to the handbook for patients being treated with radiation therapy.

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