

LEADERLINES

Welcome to LeaderLines,

In this edition of LeaderLines, a monthly eNewsletter written especially for Mountaineers volunteer leaders, we share info about leader resource webinars, an invitation to participate in this year's Our Parks | Your Adventure, and some perspectives on gender equality in the outdoors.

As always, all of this applies to someone, but we don't expect everyone one to be interested in all of it. Take a look and see what applies to your unique role in The Mountaineers - or your life in general.

We <u>welcome your suggestions</u> for future story ideas and thank you for all the ways you support our mission.

Happy Trails, Mountaineers Staff

Leader Resources Seminar coming to a location or computer near you!

The Member Services Team holds leader resources seminars at our branches each year to help you understand Mountaineers policies and use our website. Our coalition of volunteer leaders is growing and fighting traffic to attend these seminars is sub-optimal, so we'd like to offer a few webinars for your this spring.

If you'd like to participate, please <u>fill out our survey</u> and let us know which times work best for you. You can also vote for the most interesting topics for us to cover so you get the most out of your experience. We've previously covered: new ways to recruit volunteers, incident reports and feedback surveys, committee tools and webpages, how to submit new routes/places, and information about Mountaineers problem behavior, harassment, and privacy policies. **Take Survey!**

Our Parks | Your Adventure

Itching for adventure this summer? We'd like to invite you to join Our Parks | Your Adventure (OPYA) - a "choose your challenge" adventure fundraiser. The funds raised benefit the next generation of outdoor explorers and ensure we continue to build our community t protect the outdoor experience. Plus, you already have big outdoor plans for the summer to play in our public lands, so why not support The Mountaineers you love while doing it?

We're extending the challenge to everyone in our community, so even if you don't want to participate, we'd appreciate you helping to spread the word far and wide. To help inspire you, we'd like to introduce you to our first pair to step up to the plate: Miles and Imran (a bromance for life). Learn more and sign up!

Working Towards Gender Equality in the Outdoors

A few years ago, we published a blog called <u>"Sexism in the Outdoors."</u> To date, it's still one of our most popular blogs ever published.

In the blog, we asked readers to get serious for a minute and get a little uncomfortable to explore the ways we all, often unconsciously, revert to gender stereotypes in the outdoors. We have continued this conversation with our leaders since the initial blog, and most recently offered a panel on gender in our December Leadership Conference.

We always have our eyes peeled for more great articles on this topic, and we feel like these three pieces are worth sharing. Give them a read and <u>let us know</u> what you think.

- "How would choosing an objective change if you knew your partner consistently rated his performance 30 percent better than it is-or if she consistently rated hers lower?" Read more.
- "Whether you climb with women, coach or guide women, or are in love with a woman who climbs, here are five ways to help female climbers feel comfortable, respected and safe." Read more.
- "More women climbing means a richer experience for all of us." Read more.

Quick Hits

- **Point | Counterpoint:** When we ran an article about the overpopulation of trails, it stirred up a bit of controversy and so we encouraged a rebuttal. <u>Here it is</u>, written by our friends over at the North Cascades Conservation Council.
- **Road trip anyone?** Looking for summer inspiration already? Check out these **10 amazing** places along the Oregon Coast:
- Explore Rainier's 100 Peaks: Mount Rainier National Park contains over 100 climbable peaks, not counting Rainier itself. While most are scrambles and a few are climbs, 15 peaks are reachable as hikes. Learn about <u>a hike and two scrambles</u> you may not otherwise have heard of. For example, did you know Mount Rainier had basalt columns?
- **Speaking of Rainier's 100**, Congratulations to Julie Myer, the <u>first woman to bag Rainier's</u> <u>100 Peaks</u>, for her feature in The News Tribune!
- The American Dream? "If our American culture has one fatal flaw, it is our obsession with comfort. In almost every aspect of the so-called "American Dream," the main goal, the main objective, is achieving a state of comfort, insulating and protecting ourselves from the difficulties and challenges in the world around us." Check out this "manifesto for doing hard things."
- The science, and art, of risk-taking. One of the best ways to increase the odds that you will go for it is to practice taking risks.
- **Weather got you down?** If you're under 32, this is the <u>worst winter</u> you've ever seen (or best, depending on what you're into).
- Did you have a Mountaineers mentor who took you from student to leader? Mentorship is
 helpful not just for the mentee's growth, but also the mentor's. It helps build stronger
 relationships than those that may form between instructor and student in a formal
 course. <u>Some thoughts</u> around the role of mentoring and building a culture of mentorship
 from Outward Bound.

• **The M looks good on you.** We've just released our first ever line of branded Mountaineers merchandise! <u>Check out</u> our official shirts, bottles, cups, and more, and get outfitted for your next trip!

Leader Badges: We awarded 26 leadership badges in February. Thanks new leaders! And thanks to everyone who helped train them!