Study Guide: Note-Taking Lecture	
How does one actively read?	Active Reading Recall and apply to studying Be patient Read slowly Comprehend all main points Take your time with tests Learn terminology in tests and quizzes
What is the writer's intention?	Reading Textbooks Determine writer's viewpoint Find a way to make material meaningful Find relevance
How do you annotate? Why is annotation useful?	Annotating textbooks Highlight text chapters Add notes Find trigger words Retain and recall information Useful for kinesthetic learners Look over annotations to prepare for class Store information in long-term memory to recall or use in future applications
What is SQ4R? Why is SQ4R useful?	Survey → Scan chapter for basic concepts Question → Write down headings or subheadings Read → One paragraph at a time Record → Take notes Recite → Read aloud Review → Memory trigger
Summary: Active reading, annotation, and SQ4R are all note-taking skills. Active reading will help recall information and apply to studies. Annotation helpful for tests and quizzes. SQ4R helps students understand and retain information from textbook.	