

## **Middle School Guidance Books**

<b>Title</b>	<b>Author</b>	<b>Description</b>
<b><u>Chicken Soup for the Kid's Soul</u></b>	Jack Canfield Mark Victor Hansen Patty Hansen Irene Dunlap	Allows students to reflect on the following subjects: Love Friendship Family Attitude and Perspective Death and Dying Achieving Dreams Overcoming Obstacles Choices Tough Stuff Eclectic Wisdom
<b><u>Gifted: Out of Sight, Out of Mind</u></b>	Marilyn Kaye	Promotes empathy and understanding that we should not judge someone by their appearance.
<b><u>Drums, Girls, &amp; Dangerous Pie</u></b>	Jordan Sonnenblick	Helps students relate to feeling accepted by their family. Promotes empathy, caring, love, and selflessness.
<b><u>How Do You Spell Geek</u></b>	Julie Anne Peters	Promotes hard work, acceptance of others, and learning how to share friends.
<b><u>How I Survived Middle School: Can You Get and F in Lunch?</u></b>	Nancy Krulik	Understanding and accepting the realization that friends change. Learning how to make new friends and the qualities to look for in a friend.
<b><u>How I Survived Middle School: Madame President</u></b>	Nancy Krulik	Learning how to handle competition as well as representing oneself properly.
<b><u>How I Survived Middle School: I Heard a Rumor</u></b>	Nancy Krulik	Understanding that you should not believe rumors and communicating with your friends to determine the truth.
<b><u>How I Survived Middle School: The New Girl</u></b>	Nancy Krulik	Teaches students what it feels like to be new to a district. Accepting people for who they are and not how they are dressed.

<b><u>How I Survived Middle School: Cheat Sheet</u></b>	Nancy Krulik	Accepting everyone has talents and things are not always as they seem. Learning that hard work produces great results
<b><u>How I Survived Middle School: P.S. I Really Like You</u></b>	Nancy Krulik	Promotes communication between friends and not taking sides during a disagreement.
<b><u>How I Survived Middle School: Who's Got Spirit</u></b>	Nancy Krulik	Helps students to understand friendly competition amongst social groups.
<b><u>How I Survived Middle School: It's All Downhill from Here</u></b>	Nancy Krulik	Students will learn how to remain friends after realizing they no longer share same interests and values.
<b><u>How I Survived Middle School: Caught in the Web</u></b>	Nancy Krulik	Teaches students to learn about themselves and how to handle their emotions regarding the different social groups at school.
<b><u>How I Survived Middle School: Into the Woods</u></b>	Nancy Krulik	Learning about yourself and your values. Understanding that it is okay that friendships change. Realizing getting to know people you normally do not hang out with will show you that you have more in common with them than you thought.
<b><u>Me and Jack</u></b>	Danette Haworth	Teaches middle school boys about friendships, fitting in, and learning how to accept everyone even when they are getting on your nerves.
<b><u>Miracle on 49<sup>th</sup> Street</u></b>	Mike Lupica	Focuses on teamwork and putting others before yourself.
<b><u>The Kind of Friends We Used to Be</u></b>	Frances O'Roark Dowell	Two friends on a journey through middle school trying to accept how their friendship is changing and allowing each other to grow while associating with two different social groups.
<b><u>The Popularity Papers</u></b>	Amy Ingatow	Two best friends study how to become popular. In the

		meantime they learn about themselves and realize that accepting oneself is the true way to becoming popular.
<b><u>13 Gifts</u></b>	Wendy Mass	Understanding that every action has either a positive or negative consequence. Learning about oneself and how to get outside one's comfort zone to make friends. Learning that in order to be a friend to someone you must first be a friend to yourself.