Eakle, L. *2019 GLR Music Therapy Conference* In this presentation, a music therapy students who attended the 2019 Greater Lakes Regional Conference will report on her experience. With a focus on music therapy and mental health, she will explain some of the techniques she learned about at the conference and relate them to her future plans in music therapy, including a potential cross-disciplinary approach with counseling. Other subjects covered included music therapy for patients in inpatient mental health institutions, career planning for music therapists, and semi-local internships for music therapy students. (MUSIC THERAPY)