



SAIOH guide to Information web sites and sourcing of useful information and knowledge:

1. www.HSE.gov.UK
 - Many specific topics and guides, look for;
 - Ventilation
 - Noise
 - Vibration
 - HRA and HCS (Look in the COSHH section)
 - Ergonomics
 - Asbestos
 - Biological agents (look for infections at work, legionnaires disease)
 - Radiation
 - Skin at work
 - Nano technology
 - Temperature
 - RPE
2. <http://www.cdc.gov/niosh/>
 - This site is also the custodian of the NIOSH Manual for Analytical methods or sampling.
 - Many topics as above, this site categorises information into:
 - Industries and Occupations
 - Hazards and exposures
 - Disease and injuries
 - Chemicals
 - Safety and prevention
 - Emergency preparedness and response
3. <https://www.aiha.org/publications-and-resources/Pages/Featured-Videos.aspx>
 - This site has access to several guidance documents as well as an excellent set of information videos on various sampling techniques and other subjects.
4. <http://www.bohs.org/library/>
 - This site has access to various technical publications and literature. BOHS are the official examiners for the OHTA modules and qualifications.
 - Good source of;

- Technical literature (good sampling strategy guidance)
 - Useful presentations
 - Consultation papers
5. <http://www.ccohs.ca/> - Canadian Centre for OHS
 - Many and topics and guides similar to the HSE, NIOSH and ACGIH
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 6. <http://www.msha.gov/indexes/atozpage.asp>
 - Excellent source of international mine related information and guidance;
 - Health Hazard alerts – many interesting articles and guides on common exposure risks and hazards
 7. <http://mvssa.co.za/documents/publications/>
 - Excellent source of local mine related information and guidance;
 - Books and guides for further education and qualification
 8. <http://www.labour.gov.za/DOL/documents/useful-documents/occupational-health-and-safety/useful-documents>
 - Guidance and information on common hazards and the practice of Occupational hygiene in SA including:
 - AIA Guidance and list
 - Asbestos guidance documents and list of registered contractors
 - Specific chemical hazard guides (Crystalline silica, pesticides, sawmills, lead, Occupational hygiene in construction)
 - Acts and Regulations and guides governing the practice of Occupational hygiene in SA.
 9. <http://www.dmr.gov.za/guidance-notes-for-medical-practitioners/viewcategory/20-mine-health-and-safety.html>
 - Guidance and information on common hazards and the practice of Occupational hygiene in mining in SA including:
 - Guides and COP's on Airborne pollutants, Noise and Thermal conditions
 10. <http://www.safeworkaustralia.gov.au/sites/swa/model-whs-laws/guidance/pages/guidance-material>
 - Excellent course of many guidance notes and information sheets of a large variety of OH related topics including:
 - Industry and process related guides (Forestry, electroplating, welding, spray painting, asbestos, construction)
 - Topic specific guides and information on noise, vibration, radiation, UV radiation, lasers, nano technology and medical surveillance
 11. <http://www.acts.co.za/> all related legislation can be downloaded free of charge
 12. <http://www.atsdr.cdc.gov/az/p.html> - toxicology and diseases

13. <http://www.acgih.org/forms/cas/login?service=http%3A//www.acgih.org/members/only/day/vol17no3.htm> a variety of occupational hygiene books and other related documents.
14. <https://www.google.co.za/search?q=anthropometric+measurements&biw=1250&bih=758&tbm=isch&tbo=u&source=univ&sa=X&ei=ZpofVKnnDleUaoSvgrAJ&ved=0CCYQsAQ&dpr=0.9> info required for ergonomics - anthropometric measurements
15. http://home.sanas.co.za/?page_id=335 – SANAS documentation and standards
16. http://www.who.int/ihr/training/laboratory_quality/introduction/en/ - good laboratory practice and quality control

Please note this list is not exhaustive but contains web sites often used and recommended by our PCB committee members. Lots of process, industry, and health and safety information can be found on the internet via many other sources.

Remember that Universities and tertiary education centres also offer good resources and research papers.