

## Relationship & Sexual Violence Prevention (RSVP) Initiatives - Title IX Workshop Library

Title	Theme(s)	Description
<b>Attitudes: Deconstructing Myths About Sexual Assault</b>	prevalence of sexual violence	This interactive workshop challenges participants to deconstruct the myths related to relationship and sexual violence which are so pervasive in our society. Beginning with an assessment of general knowledge about sexual misconduct, this workshop encourages active discussion amongst participants to source the predominant attitudes surrounding sexual violence whilst sharing critical facts. <i>This workshop is available in a 60-minute or 90-minute format.</i>
<b>Because I Love You (#ThatsNotLove)</b>	unhealthy relationships, intimate partner violence;	"Because I Love You." Such a simple phrase can take on a different meaning in an unhealthy relationship; escalating from a statement of care to one of control. This interactive discussion features a series of short and shareable digital content that works to shine a spotlight on unhealthy or emotionally abusive relationship behaviors - or the gray area between love and control. <i>Produced by the One Love Foundation, this workshop is available in a 60-minute or 90-minute format.</i>
<b>#BehindThePost</b>	social media, unhealthy relationships	Billions of photos are posted to social media every day, but you can't always see the big picture through the small ones, especially when it comes to unhealthy relationships. Join us in an interactive examination of the role that social media can play in distorting the realities associated with unhealthy relationship behaviors. Beginning with a brief film produced by the One Love Foundation, this interactive will open your eyes and empower you to better support peers, family and friends who may find themselves in an unhealthy partnership. <i>This workshop is available in a 60-minute or 90-minute format.</i>
<b>Bringing In The Bystander</b>	bystander intervention, prevalence of sexual violence, pervasiveness of rape culture	Grounded in the philosophy that "everyone in the community has a role to play in ending sexual violence," this program aims to provide practical strategies for safely intervening in cases where sexual assault may occur or where there may be a risk of such an occurrence. The program begins with a gradual introduction of bystander responsibility and involves multiple interactive exercises to raise awareness of the continuum of sexual violence, its causes, and impacts on victims and the larger community. <i>This workshop is available in a 90-minute or 4.5 hour format.</i>
<b>Men of Action: What Men Can Do To Reduce Sexual Violence</b>	men's role in violence prevention, supporting a survivor of sexual violence, bystander intervention	This interactive workshop challenge participants to deconstruct the societal stereotypes associated with masculinity and critically assess the correlation to widely accepted behaviors and conduct which inadvertently perpetuate rape culture in popular society. Participants will also be exposed to prosocial bystander intervention strategies and be afforded an opportunity to employ them. <i>This workshop is available in a 60-minute or 90-minute format.</i>
<b>Real Talk: Healthy Dating in the Age of Tinder &amp; Grindr</b>	healthy relationships	This discussion-based workshop will provide participants a non-judgmental forum in which to engage in active discourse about dating practices they've observed, employed, or been subjected to in the <i>Tinder</i> and <i>Grindr</i> age. Driven by participant contribution, this discussion is facilitated to evolve organically; taking care to produce a comprehensive understanding of healthy and respectful dating practices as well as pertinent university and community resources to address inappropriate conduct. <i>This workshop is available in a 60-minute or 90-minute format.</i>
<b>The "Escalation" Workshop</b>	identifying unhealthy relationships, escalating behavior	This film-based discussion opens people's eyes to the warning signs of intimate partner abuse and identifies strategies for recognizing relationship violence and supporting peers, family, and friends who may have this experience. The film follows a college-aged couple through the very sweet beginnings of their relationship and shows how seemingly minor unhealthy behaviors can escalate into abuse. After the film, workshop participants will be invited to dive into a discussion about the film - led by trained facilitators - discussing the early warning signs of relationship abuse and what they can do if they witness or experience these warning signs. Produced by the One Love Foundation, this workshop is a powerfully moving opportunity for awareness and empowerment. <i>This workshop is available in a 90-minute format.</i>
<b>Finding Your Words: "C" is for Consent</b>	understanding consent, sexual misconduct policy	This interactive workshop challenges participants to evaluate personal practices associated with consent conversations with intimate partners. <i>This workshop is available in a 45-minute and 60-minute format.</i>
<b>Lean on Me: Sharks Supporting Survivors</b>	supporting victims, bystander intervention	This interactive workshop will educate participants about effective strategies for supporting peers, friends, and family who may have been affected by sexual harassment or sexual violence. This workshop will highlight a myriad of on-campus and Broward county resources which are available to persons impacted by sexual violence. Participants will be provided with opportunities to implement these strategies and resources in scenario-based dialogue with the facilitator(s). <i>This workshop is available in a 45-minute and 60-minute format.</i>
<b>Lessons for a Wingman (or Wingwoman)</b>	bystander intervention, facilitation	This workshop challenges participants to deconstruct the traditional "wingman" or "wingwoman" role. This program aims to provide practical strategies for safely intervening in cases where sexual coercion, exploitation, or assault may occur or where there may be a risk of such activity. <i>This workshop is available in a 30-minute and 60-minute workshop.</i>
<b>Sex, Drugs, &amp; Alcohol</b>	stages of impairment, alcohol-facilitated sex, sexual misconduct policy	This workshop provides a non-judgmental environment for participants to learn and reflect on substance use. Through this interactive, discussion-based workshop, participants are able to gain skills related to harm reduction, prevention, and how to respond if someone requires assistance. Additionally, participants will be exposed to extensive information related to the impact of alcohol and drugs on the human body, as well as concerns related to its consumption around sexual activity. <i>This workshop is available in a 60-minute or 90-minute format.</i>
<b>We Are Called</b>	bystander intervention, reporting options, resources	We are all called not be apathetic bystanders, but to intervene when our friends and others need help. This workshop will teach participants the different types of intervention skills, the possible obstacles that may inhibit bystander intervention, and how to intervene in a manner proportional to the situation, which fits your personality and comfort level. This session will include a discussion of sexual assault and the resources available for support. <i>This workshop is available in a 30-minute and 60-minute workshop.</i>
<b>Where Is The Line?: Understanding Sexual Harassment</b>	understanding sexual harassment, sexual misconduct policy, reporting options; resources	This interactive workshop will educate participants about the pervasive nature of sexual harassment in American culture. Participants will review NSU's definition of sexual harassment as outlined in the NSU Sexual Misconduct Policy and learn to about the spectrum of behaviors and language which may implicate sexual harassment. Participants will be advised of reporting options if they experience or observe sexual harassment within the NSU community and will be granted the opportunity to implement lessons learned by way of scenario-based dialogue with the facilitator(s). <i>This workshop is available in a 60-minute format.</i>
<b>UNIV 1000 Workshop</b>	NSU sexual misconduct overview, bystander intervention, reporting options & resources	This interactive workshop provides participants with an overview of NSU's Sexual Misconduct Policy, reporting options, student rights, as well as campus and community resources. Participants will learn bystander intervention strategies and the skills necessary for employing them. <i>This workshop is available in a 45-minute or 60 minute format.</i>
<b>Customized Trainings</b>	miscellaneous	Upon request, Title IX Staff/RSVP Initiatives can design and facilitate a workshop for your audience around a variety of themes, including, but not limited to: the prevalence of sexual violence; bystander intervention; consent; alcohol and drugs; reporting options and resources for support; intimate partner violence; unhealthy relationships (romantic and platonic); and the NSU sexual misconduct policy.

To request a workshop, please contact Desmond D. Daniels at [dddaniels@nova.edu](mailto:dddaniels@nova.edu).