

**MAJOR REQUIREMENTS CHECKLIST**  
**Bachelor of Human Services (B.H.S.)**  
**Training and Adult Development**  
 (49 credits)

Name: \_\_\_\_\_

Student ID# \_\_\_\_\_

Course Title and Number	MSU Credit		Transfer Credit		Completed
	LD	UD	LD	UD	
<b>Pre- or Co-requisites</b>					
PSYC 100	General Psychology or two Psychology courses				
SOC 101	Introduction to Sociology or two Sociology courses				
<b>Core Required (20 cr.)</b>					
HSER 355	Introduction to Human Services				
HSER 346	Counseling and Interviewing Skills				
HSER 353	Social Casework Methods				
HSER 395	Intersections of Race and Diversity in Human Services				
HSER 455	Capstone Seminar in Human Services				
<b>Training &amp; Adult Development Requirements (24 cr.)</b>					
HSA 369	Program Evaluation				
HSTD 386	Creative Problem Solving Concepts/Methods				
HSTD 389	Organizational Development and Change				
HSTD 390	Conflict Resolution				
HSTD 393	Training Design and Instruction <b>OR</b> Staff Training & Adult Development				
HSTD 394					
HSTD 397	Career Pathing				
<b>Practica (5 cr.)</b>					
HSER 320	Pre-Practicum Group Seminar (1 cr)				
HSER 331	Group Practicum and Seminar (4 cr)				
<b>Recommended Elective Courses</b>					
HSTD 485	Communicating with New Media or Online Education and Training				
HSTD 583					
HSTD 399	The Changing Workplace				
HSTD 498	Human Services Organization Consulting Approaches and Techniques				
PSYC 302	Adult Development and Lifelong Learning				
PSYC 314	Group Dynamics and Facilitation				
PSYC 327	Psychological Testing				
PSYC 385	Educational Psychology				
Total					

Note: all courses are four (4) credits unless otherwise noted

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	Metropolitan State		Transferred	
	LD	UD	LD	UD
<b>General Education</b>				
<b>Liberal Studies</b>				
<b>Human Services Program</b>				
<b>Minor</b>				
<b>Electives</b>				
<b>TOTALS:</b>				

**Human Services Requirements:** A minimum of 26 upper-division credits in Human Services must be completed at Metropolitan State University. Note: Minimum grade for courses in the Major is a C-.

**University Degree Requirements:** At least 120 total credits, 40 credits must be upper-division, all **GELS** and major requirements must be fulfilled.

Advisor: \_\_\_\_\_

Date: \_\_\_\_\_