## Lair Menu 2016

## Fresh Salad Bar Served at Lunch and Dinner

Gluten Free\*
Vegetarian Option

	Breakfast 8:30	<u>Lunch 12:15</u>	<u>Dinner 6:00</u>
<u>Saturday</u>	Veggie Scramble Bacon Fresh Cinnamon Rolls Breakfast Bar	Staff Only	Roasted Turkey* Mashed Potatoes and Gravy* Stuffing Green Beans w/Almonds* Sauteed Tofu* Pumpkin Pie
<u>Sunday</u>	Omelettes Turkey Sausage Patties Mini Croissants Fresh Fruit Salad Breakfast Bar	Chicken Meatball Subs Kale-Broccoli Slaw* Brie-Green Apple Grilled Cheese	BBQ Chicken & Ribs Baked Beans* Coleslaw* Cornbread Grilled Portobello* Oatmeal-Raisin Cookies
<u>Monday</u>	Pancakes Blueberry-Lemon Compote Bacon Breakfast Bar	Foccacia Pizza Cheese Pepperoni Artichoke,Olive&Mushroom Vegetarian Minestrone*	Chicken Fajita*  Vegtable Fajitas*  Mexican Rice*  Black Beans*  Churros
<u>Tuesday</u>	Scrambled Eggs Breakfast Sausage Coffee Cake Fruit Salad	Chicken Ceasar Salad Tater Tots Turket Corn Dogs Vegtarian Lentil Soup*	Beef Lasagne Roasted Summer Vegetables* Sourdough Garlic Bread Vegetarian Lasagne Chocolate Brownies
Wednesday	French Toast Fresh Raspberries Bacon Breakfast Bar	BBQ Chicken Sliders Coleslaw* Quinoa-Potato Salad* Watermelon*	Al Pastor/Braised Chicken Tacos  Roasted Mushroom Tacos*  Pinto Beans*  Corn and Bell Pepper Saute*  Cupcakes  **Fish Fry**
<u>Thursday</u>	Scrambled Eggs Whole Wheat Tortillas Breakfast Potatoes Salsa-Cheddar Cheese Breakfast Bar	Beef Hot Dogs Bratwurst Beef Chili* Sidewinder Fries Not Dogs	Chicken Parmigiana Garlic Green Beans* Buttered Shell Pasta Eggplant Parmesan Lemon Cheese Cake
<u>Friday</u>	Belgian Waffles Fresh Strawberries Breakfast Sausage Breakfast Bar	BLT Sandwiches Sliced Deli Meats Bell Pepper-Tomato Soup* Hummus*-Pita-Olives	Tri-Tip with Chimichurri* Roasted potatoes* Summer Corn Cobette Summer Vegtables* Parker House Rolls Veggie Burgers

<sup>\*\*\*</sup> Please inform the hostess of any dietary restrictions \*\*\*

Apple-Cranberry Crisp\*

\*\*FISH FRY\*\*