# Alkali-Hybrid Spin-Exchange Optically-Pumped Polarized ${ }^{3} \mathrm{He}$ Targets Used for Studying Neutron Structure 

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B.S. Physics, California Institute of Technology, 2000

A Dissertation presented to the Graduate Faculty of the University of Virginia in Candidacy for the Degree of Doctor of Philosophy

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## Abstract

This thesis describes the first application of alkali-hybrid spin-exchange optical pumping (SEOP) to polarized ${ }^{3} \mathrm{He}$ targets used in electron scattering experiments. Over the last decade, polarized ${ }^{3} \mathrm{He}$ targets have been used at the Thomas Jefferson National Accelerator Facility (JLab) to measure the structure of the neutron via its spin degrees of freedom. In this thesis, two experiments, E97110 \& E02013, receive special attention. The first, E97110, measured the absolute inclusive cross section differences for a longitudinally polarized electron beam scattering from a traditional SEOP ${ }^{3} \mathrm{He}$ target polarized both parallel \& perpendicular to the beam. These cross section differences were used to extract the ${ }^{3} \mathrm{He}$ spin structure functions $g_{1}\left(x, Q^{2}\right) \& g_{2}\left(x, Q^{2}\right)$ over a Bjorken- $x$ range of $0.01<x<0.50$ for $Q^{2}=0.04,0.06,0.08,0.10,0.12, \& 0.24 \mathrm{GeV}^{2}$. Integrals of $g_{1} \& g_{2}$ over $x$ were used to extract $I_{A}^{n}$ (the generalized Gerasimov-Drell-Hearn integral) and $\Gamma_{1}^{n}$ (the first moment of $g_{1}$ ) for the neutron. Preliminary results for these quantities are used to test the predictions of Baryon Chiral Perturbation Theory.

The second, E02013, measured the asymmetry for a longitudinally polarized electron beam scattering from an alkali-hybrid SEOP ${ }^{3} \mathrm{He}$ target polarized perpendicular to the $q$-vector. The electric form factor of the neutron, $G_{E}^{n}$, was extracted from this asymmetry for $Q^{2}=1.7,2.5, \& 3.4 \mathrm{GeV}^{2}$. Near final results for $G_{E}^{n}$ are
compared to predictions from a variety of nucleon models.
Alkali-hybrid SEOP using rubidium \& potassium $([K] /[R b] \approx 5 \pm 2$ ), coupled with narrowband (laser linewidth is roughly equal to Rb absorption linewidth) laser diode arrays, have resulted in a consistent \& reliable in-beam ${ }^{3} \mathrm{He}$ polarization increase from $37 \%$ to $65 \%$. We describe how to implement these improvements and why they are effective. Furthermore, we summarize what we've learned over the past decade about the ${ }^{3} \mathrm{He}$ polarization limits of SEOP. Finally, we present a detailed analysis of ${ }^{3} \mathrm{He}$ polarimetry based on nuclear magnetic resonance (NMR) and electron paramagnetic resonance frequency shifts (EPR), with a special emphasis on corrections due to magnetic field gradients and polarization gradients within the target cell.

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## Chapter 1

## Historical Introduction

### 1.1 Overview

Over the last 25 years, laser polarized noble gases have found applications in, just to name a few, polarized targets for electron scattering experiments [1], magnetic resonance imaging [2], tests of fundamental symmetries [3], and neutron scattering experiments [4]. During the past decade, significant progress has been made towards understanding \& improving the dynamics of spin exchange optical pumping (SEOP) of noble gases. For polarizing ${ }^{3} \mathrm{He}$, the two most important advances have been alkali-hybrid SEOP $[5,6]$ and the use of high power, spectrally-narrow diode lasers [7]. The application of these two technologies together to polarized ${ }^{3} \mathrm{He}$ targets has resulted in a dramatic increase in the typical ${ }^{3} \mathrm{He}$ polarizations (inbeam) from $37 \%$ to $65 \%$.

The upper plot in Fig. (1.1) shows the number of days of beamtime required to perform a typical electron scattering experiment (see caption for details). Each band represents the range of ${ }^{3} \mathrm{He}$ polarizations that was acheived during electron


Figure 1.1: Improvement in SEOP Polarized ${ }^{3} \mathrm{He}$ Targets. The upper plot shows the number of days of data taking necessary to achieve a statistical precision of $10 \%$ on an asymmetry of 0.02 with a count rate of 0.5 Hz . These are typical numbers for a measurement of the neutron electric form factor $G_{E}^{n}$ at high resolution $\left(\sqrt{Q^{2}}\right)$. The lower plot shows the the number of polarized nuclei divided by the polarization time scale. This quantity is given by the product of the ${ }^{3} \mathrm{He}$ density, target cell volume, ${ }^{3} \mathrm{He}$ polarization, and polarization (i.e. spinup) rate.
scattering experiments at the time. The most obvious improvement is the factor of 3 increase in the average performance of the target cells. We are now within a factor of 2 of what is currently understood to be the highest possible performance for SEOP ${ }^{3} \mathrm{He}$, based only on the limits of the ${ }^{3} \mathrm{He}$ polarization. The improvements described in this dissertation are critical for the polarized ${ }^{3} \mathrm{He}$ program at Thomas Jefferson National Accelerator Facility (JLab) after the 12 GeV upgrade. Because the scattering rates drop significantly at higher resolution $\left(\sqrt{Q^{2}}\right.$, four-momentum transfer), one must compensate with increased luminosity. Higher polarizations and shorter polarization time constants are two key components to achieving this goal.

The second improvement is the substantial reduction in the variation in the performance of the target cells. These new technologies essentially guarantee consistent and reproducible high performance. Given the time \& expense required to prepare a target cell for use in an electron scattering experiment and the recent scarcity of ${ }^{3} \mathrm{He}$ gas [8], one could argue that this advance is nearly as important as the improvement in performance. These advances also have a substantial impact on hyperpolarized magnetic resonance imaging (MRI). A crude metric to gauge the performance in this context is the amount of polarized gas produced per unit time, see lower plot in Fig. (1.1). Alkali-hybrid SEOP coupled with spectrally-narrow (narrowband) diode lasers can now produce twice as much polarized ${ }^{3} \mathrm{He}$ gas in half the time with half the laser power. This is roughly an order of magnitude improvement over traditional SEOP with spectrally-broad (broadband) diode lasers.

This dissertation is divided into two parts. In the first part, I'll present a description of polarized electron scattering, Chp. (2), and briefly summarize my contributions to the JLab Hall A Polarized ${ }^{3} \mathrm{He}$ Program, Chp. (3), with a particular
emphasis on ${ }^{3} \mathrm{He}$ polarimetry, Chp. (44). Two experiments in particular will receive special attention. The first is E97110: "the GDH Sum Rule, the Spin Structure of ${ }^{3} \mathrm{He}$ and the Neutron using Nearly Real Photons." Measurements of the neutron spin structure functions were made over a $Q^{2}$ range of 0.04 to $0.25 \mathrm{GeV}^{2}$ in the Summer of 2003. Moments of these spin structure functions can be related to the generalized Gerasimov-Drell-Hearn integral and spin polarizabilities. Baryon Chiral Perturbation Theory allows one to calculate the values and slopes of these quantities at and near $Q^{2}=0$. The interplay between theory \& experiment will provide a better understanding of the effective hadronic degrees of freedom that are necessary to understand the long-distance scale structure of the neutron. Preliminary results for the spin structure function moment $\Gamma_{1}^{n}$ and the generalized GDH integral $I_{A}^{n}$ will be presented.

The second experiment is E02013: "Measurement of the Neutron Electric Form Factor $G_{n}^{E}$ at High $Q^{2}$." Measurements of double polarization asymmetries for quasielastic kinematics were made over a $Q^{2}$ range of 1.7 to $3.4 \mathrm{GeV}^{2}$ in the Spring of 2006. The scattered neutron was detected in coincidence with the scattered electron to minimize backgrounds. This was the first experiment to feature alkalihybrid SEOP polarized ${ }^{3} \mathrm{He}$ targets in electron scattering, which yielded ${ }^{3} \mathrm{He}$ polarizations consistently near or above $50 \%$ in-beam for the first time. Elastic form factors are related to electric charge and magnetic current density distributions. These are among the most fundamental properties of nucleons and their measurements, $G_{E}^{n}$ in particular [9], were part of the original scientific motivation behind $J L a b$. Final results for the $G_{E}^{n}$ will be presented.

In the second part of this dissertation, I will discuss the spin exchange optical pumping of polarized ${ }^{3} \mathrm{He}$ targets with a special emphasis on the factors that ulti-
mately limit the ${ }^{3} \mathrm{He}$ polarization. In Chp. (5), I will describe optical pumping and how it is modified by alkali-hybrid mixtures. I have attempted to relax as many assumptions as possible in rederiving the relevant equations in order to identify potential sources of imperfections and estimate their size. Even small imperfections in optical pumping can dramatically reduce the photon economy (i.e. increase the laser intensity required to achieve unity alkali polarization). In Chp. (6), I will describe the polarization dynamics in target cells with two chambers. These calculations provide a framework for determining (1) the equilibrium ${ }^{3} \mathrm{He}$ polarizations in both chambers and (2) the proper interpretation of experimentally determined time constants associated with the polarization \& diffusion processes.

In Chp. (7), I will present a brief summary of the parasitic experimental tests that we have performed over the last decade on the target cells constructed for use in JLab experiments. These tests have confirmed several features that are expected based on (1) numerical simulations of the optical pumping process and (2) experimental observations made by other groups in cells with different geometries $\&{ }^{3} \mathrm{He}$ densities. This agreement gives us confidence that we are starting to truly understand (1) the limits of the ${ }^{3} \mathrm{He}$ polarization in these targets and (2) how to reliably extrapolate to more demanding experimental conditions. Finally, the appendices include, among other things, a catalog of reference data relevant to the optical pumping of alkali atoms \& SEOP of ${ }^{3} \mathrm{He}$ and detailed derivations of several results used for extracting the alkali \& ${ }^{3} \mathrm{He}$ polarizations \& densities.


Figure 1.2: Lénárd's Cathode Ray Experiment. Electrons are accelerated from the cathode (C) towards a thin target window (which is sealed at points m \& m ). The electrons are scattered at small angles which is indicative of a "fuzzy" atomic charge distribution. [10]

### 1.2 Pictures of the Nucleon from Electron Scattering

The structure of an object can be functionally defined by its response to a probe. This response is used to infer the object's parts and the rules that determine how they behave and interact with each other. These parts and rules together form the degrees of freedom that describe the object in a manner that can be very different at various size scales. By varying the probe resolution, different size scales within the object can be studied. From this perspective, the goals of science are to enumerate the degrees of freedom at each size scale and then find the relationship, if any, that exists between these different scales.

### 1.2.1 Point Particle

The size scale relevant to nucleons covers the approximate range from 0.1 fm to $1 \mathrm{fm}\left(1 \mathrm{fm}=10^{-15} \mathrm{~m}\right)$. An extremely well-suited probe is electron scattering, which,
in its modern form, has been used to explore nucleon structure since the pioneering measurements of Hofstadter in the 1950's. However, the basic conceptual arguments regarding the need and utility of electron scattering can be traced at least as far back as Philipp E. A. von Lénárd's Nobel Lecture [10] titled "On cathode rays" delivered on May 28, 1906 (my emphasis in bold, his in italics):

What are these fine constituents of atoms? That in all atoms they are the same, only present in varying numbers, we have already concluded from the law of proportionality between mass and absorption. We can now learn further details. We can use the quanta of the cathode rays as small test particles which we allow to traverse the interior of the atoms and thus provide us with information thereon. . . . As far as we know, cathode rays experience such a deflection owing only to electrical and magnetic forces. To assume magnetic forces within the atoms would imply the assumption of mobile electricity in the atoms, thus again electrical forces. We must therefore regard the diffusion of cathode rays in matter as proof for the existence of electrical forces in the interior of the atoms. The magnitude of these forces can be estimated by considering the extent of the deflection . . .

Lénárd studied the small angle deflections $\left(\theta_{\max } \approx 20^{\circ}\right)$ of electrons through very thin sheets of various materials. He mostly used discharge tubes which provided an electron energy of about 30 keV , which can be converted into a size scale using:

$$
\begin{equation*}
(\text { energy scale }) \times(\text { size scale })=\hbar c \approx 200 \mathrm{MeV} \cdot \mathrm{fm} \tag{1.1}
\end{equation*}
$$



Figure 1.3: Geiger-Marsden Gold Foil Experiment. (Left) Schematic of experimental apparatus. (Right) Data on gold foil [11].
where $\hbar$ is the Planck constant divided by $2 \pi, c$ is the speed of light, and the energy scale for small angular deflections is estimated by:

$$
\begin{equation*}
(\text { energy scale }) \approx E \theta \tag{1.2}
\end{equation*}
$$

where $E$ is the energy of the particle and $\theta$ is the deflection angle in radians. These formulas explicitly stipulate that higher energy and/or larger angles are required for higher resolution. Since Lénárd's apparatus, Fig. (1.2), could only probe size scales as small as 20000 fm , he understandably concluded that "The probable proper volume of the positive electricity, provided it too were not extremely small, should be regarded as completely penetrable for negative quanta." He did, however, anticipate Rutherford by noting that "the fastest rays are also capable of supplying the answer to the question whether perhaps these centres have a special, impenetrable proper volume." [10]

The true classical archetype for the scattering technique is Geiger and Marsden's famous gold foil experiment, Fig. (1.3). They originally observed (1909) that about 1 in $8000 \alpha$ particles ( ${ }^{4} \mathrm{He}$ nuclei) fired at a $60 \mu \mathrm{~m}$ thick gold foil were reflected back at angles greater than $90^{\circ}$ [12]. This inspired Rutherford (1911) to derive the Coulombic scattering formula that still bears his name [13]. Geiger and Marsden set out to confirm (1912) Rutherford's celebrated formula. Their source was a collimated beam of $6.0 \& 7.7 \mathrm{MeV} \alpha$ particles from the decay of radium-226 and its daughter nuclei. Their targets were silver and gold with air equivalent thicknesses of 0.1 cm to 0.45 cm . Their detector was a zinc sulfide screen which produced visible scintillations when struck by a scattered $\alpha$ particle. They themselves were the data acquisition system: they simply counted the number of scintillations (100,000 total!) at 14 different scattering angles between $5^{\circ}$ and $150^{\circ}$. Geiger and Marsden confirmed every aspect of the formula and provided strong evidence for a small dense positive core at the center of atoms [11]. Because the size scale that they probed was between 10 and 400 fm , they could not resolve any further nuclear structure beyond a simple point particle, see Fig. 1.4.

In scattering experiments, elastic scattering refers to the case when the probe and target particles remain in their ground state. For inelastic electron scattering, the target particle is excited out of its ground state or smashed apart creating new particles. The first inelastic electron scattering experiments were performed by J. Franck and G. Hertz [14]. A beam of electrons accelerated up to 100 eV were sent through a vapor of mercury atoms, see Fig. (1.5). The number of undeflected electrons (current) was measured as a function of accelerating voltage. Franck and Hertz found that at certain sharp \& discrete steps, characteristic to mercury atoms, all of the electrons were deflected. Their results clearly showed the excitation of


Figure 1.4: "Fuzzy" scattering vs. "Point" scattering. In the top left figure, the size of the nucleus is not resolved. This results in a small angle scattering from an apparent "fuzzy" atomic charge distribution as observed by Lénárd. In the top right figure, the nucleus is sufficiently resolved to result in large angle back scattering as observed by Geiger \& Marsden. The two central plots depict the intrinsic scattering probability as a function of resolution scale for both "fuzzy" and "point" targets. The bottom pictures of the Moon are an attempt to demonstrate what we mean by "resolution scale." The far left picture is the Moon in its entirety. Each succeeding picture depicts the Moon at a different resolution scale starting at the lowest and ending at the highest.



Figure 1.5: Franck-Hertz Experiment. The left figure is a schematic of the experiment. The right figure depicts the drops in the anode current when the accelerating voltage equals an integer multiple of the strong Hg intercombination line at 254 nm (4.9 eV). [14]
an atom's constituents, namely orbital electrons. They did not realize it at the time but they had provided a "most direct confirmation for the general interpretation of spectra" based on Bohr's quantum theory $[15,16]$. Although they only probed mercury atoms at a size scale of 1 million fm (atomic scales), their experiment demonstrated the general principle that one could measure the collective excitation spectrum of a particle's constituents via inelastic scattering.

### 1.2.2 Protons, Neutrons, and a Cloud of Virtual Pions

Elastic scattering experiments of alpha rays from nuclei continued over the next two decades. Convinced by his experiments of alpha scattering from nitrogen in 1919, Rutherford declared that nuclei contained protons [17]. By his Bakerian lecture to the Royal Society in 1920, he was prepared to posit "the possible existence of an atom of mass 1 which has zero nucleus charge." [18] In 1932 his former student

James Chadwick conclusively identified neutrons ejected from beryllium by alpha scattering [19]. At sufficiently low resolution, the structure of the alpha particles themselves can be ignored and they can be thought of as heavy spinless electrons. However, at even moderate resolutions, the scattering process becomes sensitive to both the structure of the alpha particle and the strong interactions between the alpha and the target nucleus. These effects had already started to manifest themselves with Rutherford's experiments with light nuclei [20].

Electrons (and leptons in general) are a much cleaner probe in this regard. Their degrees of freedom are very well understood in the form of Quantum Electrodynamics (QED). In addition, their effect on the target can be treated perturbatively in powers of $\alpha \approx 1 / 137$. Neville Mott generalized Rutherford's formula to account for spin in scattering between two ideal point-like spin-1/2 particles [21]. These particles are also sometimes called Dirac particles because their relativistic behavior can be described by the Dirac equation. Deviations from the Mott formula were immediately observed [22] in the first proton-proton scattering experiments in the early 1930's. However, this was not conclusive evidence that protons were not Dirac particles, since these deviations were legitimately attributable to the strong interactions between nucleons.

The earliest and more compelling evidence that nucleons are not purely Dirac particles were measurements of proton and deuteron magnetic moments by Otto Stern. The ratio of a Dirac particle's magnetic moment to its spin is simply its charge to mass ratio. Stern found a value 2.5 times larger than what was expected for the proton [23]. Using his now famous molecular beam techniques, I. I. Rabi confirmed the result for the proton [24]. Both Stern and Rabi (separately) measured the deuteron magnetic moment and inferred a significantly non-zero and negative
value for the neutron $[25,26]$. At Rabi's urging, this was directly confirmed by J.R. Dunning's group at Columbia in the mid-1930's [27]. The first precision measurement of the neutron magnetic moment was published in 1940 by Alvarez and Bloch [28].

For electrons, the anomalous magnetic moment is quite small and is directly attributable to the effects of a cloud of virtual photons \& other particles that surrounds the bare electron. One had to wait for Yukawa's Meson Theory to use this picture to explain the anomalous magnetic moment of nucleons. Yukawa imagined an exchange of a new type of particle to mediate strong interactions between nucleons. He furthermore argued that these particles, unlike photons, must be massive in order to explain the apparent short range of the strong interaction. To complete the analogy, the anomalous magnetic moment of nucleons is the effect of a surrounding cloud of virtual pions \& nucleons, Fig. (1.6). The substantial size of this anomalous magnetic moment is a direct consequence of the strength of interactions among nucleons and pions. W. Pauli showed that an anomalous magnetic moment can be accommodated by the Dirac equation without violating special relativity (Lorentz invariance) or conservation of charge (gauge invariance) [29]. Thus one could have reasonably argued that an anomalous magnetic moment by itself did not constitute proof that nucleons are not point particles. An anomalous magnetic moment, therefore, does not address the question of whether nucleons have any spatial extent.

At sufficiently high resolution, the non-point like structure of the nucleus should make itself apparent. M.E. Rose was among the first to address this point for nuclei [30]:

It is pointed out that the finite size of the nucleus will give rise to large
deviations from Mott scattering when the change in wave-length of the electrons is of order of the nuclear dimensions. This deviation from Mott scattering at large scattering angles therefore provides a possibility for determination of the shape of the charge distribution and size of nuclei.
M.N. Rosenbluth extended this argument to nucleons and explicitly stated that high energy elastic electron scattering "should yield data on the nature of the meson cloud of the proton." [31] These deviations are encoded in quantities called form factors. For a purely electromagnetic process involving a spin-1/2 particle, there are, in general, two form factors. It is convenient to associate one with the electrical properties of the target and the other with the magnetic properties of the target. The form factors for a point target are simply the target's charge \& magnetic moment. For a non-point like particle, the form factors are no longer constants and vary with the resolution of the probe. In the kinematic regime where the target recoil is negligible (i.e. nonrelativistic), these form factors have a simple physical interpretation: they are the Fourier transforms of the static spatial charge and magnetization distributions of the particle in the lab frame.

The first attempt to measure nuclear charge distributions in the modern era of high energy electron scattering was by Lyman, Hanson, \& Scott in 1951. They measured elastic scattering of 16 MeV electrons from carbon, aluminum, copper, silver and gold [34]. They probed a size scale of 5 to 25 fm and their results indicated a uniform charge distribution for heavy nuclei. After making the definitive measurements of several heavy nuclei in the mid-1950's, Robert Hofstadter and his students turned their attention to nucleon structure. They probed a size scale of 0.3 to 2 fm and found that the number of scattered electrons for a given angle

-



Fig. 7. A pictorial representation of some of the component states of physical nucleons, following the ideas of weak-coupling meson theory. The bare proton is indicated by the black dot, the bare neutron by the open circle.

## Physical neutron

0




Figure 1.6: Pictures of the Proton. The left figure is from a review article on nucleon structure from 1957 [32]. The right plot is from Hofstadter's measurement of elastic scattering of electrons from protons. [33].
were less than what one would expect for a Dirac like point particle with the same magnetic moment as the proton [33], Fig. (1.6). This indicated that the proton form factor was not constant and dropped quite rapidly as one increased the resolution. Hofstadter could describe their data with a exponentially decaying charge and magnetization distribution with a radius of about 0.8 fm [35]. However, for their highest resolution data, the target recoil was sizable, as it often is for light nuclei and nucleons, and the lab frame spatial distribution interpretation breaks down due to relativistic effects. Regardless, Hofstadter's measurements showed that nucleons have a spatial extent and found the size scale where their non-point like behavior finally becomes apparent.

### 1.2.3 Constituent Quarks

Throughout the 50's and 60's, many new mesons, baryons, and resonances were discovered. However, all approaches to describe these new strongly interacting particles using the ideas from QED failed. As a result, the predominant theoretical idea was to focus only on the most general properties of the scattering process [36-38]. Specifically it was argued that one should only be concerned with the initial and final state of the scattered particles and ignore the microscopic details of their interaction. For this reason, one could not give nucleons any special priority as being fundamental. All hadrons were considered equal, establishing a kind of "nuclear democracy" [39].

One powerful mathematical formulation of these arguments comes in the form of dispersion relations. The general properties that they encode are the conservation of probability and the idea that cause precedes effect. Combined with conservation of charge and enforcing consistency with special relativity, dispersion relations were used to derive an important sum rule by Gerasimov and Drell \& Hearn $[40,41]$. Nowadays referred to as the GDH sum rule, it describes the consequences of polarized photon scattering from a polarized target. The GDH sum rule relates a particle's deviations from point-like behavior (anomalous magnetic moment) to the collective excitations of its constituents (its differential polarized inelastic spectrum). A photon can only interact with global properties of a particle (charge, magnetic moment). Therefore this sum rule is only true for "zero" resolution. It has been generalized to electron scattering [42] and therefore can be related to the a particle's structure at all resolution scales.

An alternative and minority view at the time took advantage of the patterns found across hadrons. Gell-Man, Ne'eman, and Zweig showed that hadrons could
be ordered by their spin, isospin, and strangeness [43, 44]. Furthermore, the regularity of these patterns suggested that hadrons are composed of a discrete set of subnuclear particles referred to as "quarks" or "aces" [45,46]. This idea is in complete analogy to atoms where different combinations of protons, neutrons, and electrons can fully explain their atomic number, weights, and chemistry. Just as Mendeleev had done with atoms and the periodic table a century earlier, a particle's properties could be predicted based its position in a table, see for example [47]. The model could explain nearly all the masses, charges, magnetic moments, spin, isospin, and strangeness on the basis of three fractionally charged flavors of constituents called up, down, and strange.

Using the structure of atoms as a guide, Dalitz was able to incorporate orbital angular momentum into the quark model [48,49]. His symmetric quark model could explain several of the resonance states as orbital excitations of nucleons. It could not, however, explain the existence of certain hadrons that had three quarks all with the same quantum numbers. Much like Uhlenbeck and Goudsmit's conjecture of electron spin to explain Pauli's principle, Owen Greenberg [50] (also Han \& Nambu [51]) proposed a new quantum number which is now referred to as "color." Although the mathematical utility of constituent quarks was not doubted, the physical reality of quarks was (except notably by Zweig and Dalitz) [45,46,49,52-55]. All searches for "free" quarks at the time (1960's) returned with negative results, see for example [56].

During this same time at the Stanford Linear Accelerator Center (SLAC), Panofsky \& Allton ( 0.3 to 0.9 fm ) [58] and Ohlsen ( 0.3 to 0.6 fm ) [59] and Hand ( 0.2 to 0.7 $\mathrm{fm})$ [60] performed the first series of inelastic studies on the proton. They demonstrated electropion production and observed the $\Delta$ resonance (near $W=1.2 \mathrm{GeV}$ )


Figure 1.7: Response of the Nucleon at Different Resolutions. Compare the "resonance region" in the middle spectra to the spectrum in Fig. (1.5). Spectra were generated using QFS [57]. The resolution scale ( $\sqrt{Q^{2}}$ ) increases going from bottom to top.
which is the lowest energy collective excitation of the nucleon, see the "resonance region" in Fig. (1.7). In 1965, Cone et al. ( 0.1 to 0.4 fm ) expanded these studies at Harvard and observed all known resonances up to 1920 MeV [61]. These results were expected based on earlier results from pion-nucleon and nucleon-nucleon scattering.

As these resonances get heavier, more decay modes become available (i.e. the decay phase space increases due to more ways to conserve energy and momentum). More decay modes imply a shorter lifetime which leads to broader energy width. Therefore, it was expected that these resonances would become very wide. For resonance masses above twice the mass of nucleons, it was observed that the resonances essentially smear out into a gradually decreasing continuum, see the "DIS" region of the middle two spectra in Fig. (1.7). Just like the ground state nucleon, these resonances were expected to have analogous form factors that drop off appreciably at sufficiently high resolution ( $\ll 1 \mathrm{fm}$ ). For example, the Delta $(\Delta)$ resonance in Fig. (1.7) is only apparent at a range of resolutions scales that is on the order of its characteristic size. At resolutions much lower or higher than this range, the probability of scattering is flat and nearly zero. This is essentially the same argument made in the SLAC Proposal E4B "The Electron-Proton Inelastic Scattering Experiment:"

Because the inelastic cross section contains $q^{2}$ dependencies which are similar to that of the form factors describing elastic scattering, the counting rates drop rapidly as a function of four-momentum transfer . . .
where " $q$ " (the four-momentum transfer squared, $Q^{2}$ in modern notation) is the parameter that defines the resolution scale in electron scattering [62]. The expectation was that, at sufficiently high resolution $\left(\sqrt{Q^{2}}\right)$, the probability of scattering in


Figure 1.8: SLAC Deep Inelastic Scattering Data. Adapted from [63].
the "DIS" region (high $W$ ) would be nearly zero.

### 1.2.4 Partons

With this expectation, Friedman, Kendall, and Taylor performed their legendary deep inelastic scattering (DIS) experiments at the newly upgraded SLAC linear accelerator. Their original goals were to "search for new nucleon resonances" above 1.8 GeV (i.e. the right half of the spectra in Fig. (1.7)) and to "separate the inelastic longitudinal and transverse form factors." They fired 7 to 17 GeV electrons at a liquid hydrogen target and measured the scattering rates at 6 and 10 degrees [64]. Unexpectedly, they found [63] that the inelastic form factors for resonance masses above 2 GeV were essentially constant or, in other words, had no resolution dependence, see the "DIS" region in the top two spectra of Fig. (1.7). The immediate
interpretation of this observation was that the electrons were scattering elastically from point-like particles within the proton, see Fig. (1.8).

Bjorken had earlier considered [65] the possibility of such an observation and nowadays it is referred to Bjorken scaling. Feynman provided the first clear physical picture of what was being measured during this process [66]. He imagined the scattering process in a reference frame where the electron and nucleon are traveling at each other fast enough so that one could ignore the transverse motion of these objects he called partons. In this frame, the interaction would occur so quickly that the struck parton would be scattered out of the nucleon before it could interact with another parton. The struck parton would carry a fraction of the total momentum of the nucleon. In this picture, the electron scattering probes the longitudinal momentum distribution of partons within the nucleon. Unpolarized electron scattering indicated that partons behaved like point-like spin- $1 / 2$ fractionally charged particles. For this reason, it was difficult to avoid associating partons with quarks. Including the impressive data from neutrino-nucleon scattering, the evidence for the quark-parton model became overwhelming.

### 1.2.5 How are these pictures related?

At nuclear distance scale, above 1 fm , protons and neutrons interact as point particles would through pion exchange. One can very successfully model this interaction based on effective short range potentials inspired by atomic physics. On the 35th anniversary of the Lyman-Scott-Hansen electron scattering experiment, J.D. Walecka recalled Herb Anderson asking the question, "We have been doing nuclear physics for 50 years without quarks. Why do we need them now?" [67].

Quark and gluon degrees of freedom are absolutely necessary at very short
distance scales, below $\approx 0.2 \mathrm{fm}$. By the mid-1970's, all of the theoretical tools and experimental observations necessary to describe these degrees of freedom had become available. An early synthesis of the relevant ideas was fully outlined in 1973 by Gross \& Wilczek $[68,69]$ and dubbed Quantum Chromodynamics. The charges that cause attraction and repulsion in QCD are labeled by three colors (in analogy to the two "colors" in QED: positive and negative electrical charge). The attraction and repulsion between quarks is mediated by gluons just like photons between electrical charges. Unlike photons, the gluons themselves carry charge. This difference is what explains the dramatic difference in the small distance scale behavior between QED and QCD. In QED, the strength of the interaction becomes much larger as two electrons are brought together. In QCD, the strength of the interaction becomes much smaller as two quarks are brought together. This property is called "asymptotic freedom" and allows theorists to make accurate calculations about quark behavior at distance scale below about 0.1 fm . At larger distance scales, the strength of the interactions between quarks becomes so large that enough energy is available for the creation of more quarks and gluons. For this reason, QCD calculations become intractable and one is left to wonder if "more is different."

What happens between 0.1 to 1 fm ? It is believed that, through a mechanism called "confinement," quarks accumulate a cloud of virtual quarks and gluons. The resulting blobs are the constituent quarks of the original quark model of hadrons. To differentiate between the two, short distance scale quarks are sometimes referred to current quarks. A constituent quark obtains its quantum numbers from the current quark at its core. This current quark is referred to as the valence quark. Almost all of the mass of a constituent quark is generated by the cloud of virtual particles that surround the nearly massless valence quark. This
surrounding cloud of virtual quarks is referred to as the sea quarks. Finally, these constituent quarks then bind together to form hadrons in direct analogy to the binding of nucleons in nuclei.

One of the central goals of Nuclear Physics is to better understand how the transition from quarks to nuclei occurs between 0.1 and 1 fm . The nucleon is a natural place to investigate this transition since it has the size scale characteristic of the relevant physics. This intermediate size scale regime is a fertile ground for theorists to build effective models of nucleon structure in an effort to bridge the very long and very short distance scale physics of the strong interaction. There are several complimentary experimental approaches to this problem. The one emphasized here takes advantage of the spin degrees of freedom to access polarization observables.

### 1.3 Polarized He-3 Targets

### 1.3.1 The Importance of Polarization Observables

The spin of the nucleon is interesting in itself and also provides "an extra knob to turn" to access nucleon structure. The importance of these degrees of freedom was well known for a long time, but several technological barriers had to be overcome before double polarized (i.e. beam and target) scattering experiments could become practical. By the early 70's, polarized electron scattering from polarized nuclear targets had become realizable and the first such experiment was E80 at SLAC led by V.W. Hughes. The polarized electron beam was produced by photo-ionization of a Li-6 atomic beam. They could deliver a 120 Hz pulsed beam with an average beam current of $0.04 \mu \mathrm{~A}$ at $50 \%$ polarization. The target was
butanol doped by porphyrexide radicals which achieved a proton polarization of $50 \%$. They measured asymmetries for elastic scattering [70] and deep inelastic scattering [71,72]. In the DIS region, their first results showed positive asymmetries as expected from the quark-parton model. A subsequent experiment, E130, took data in the resonance region for the first time and found a negative asymmetry for the delta resonance as expected from the constituent quark model [73].

Experiments of this type are now routine and a great deal has been learned about the spin structure of the nucleon, see for example [74]. For the sake of brevity, we'll highlight the famously surprising result [75] from the European Muon Collaboration. They found that the contribution to the spin of the nucleon due to the spin of the quarks was consistent with zero. After a considerable amount of experimental effort over the past two decades, we now know that the value for this quantity is closer to 0.3 [76]. At present, firm statements about the gluon contribution to the spin of the nucleon are impossible to make because of the limited kinematic coverage of data presently available. With that caveat in mind, a recent global analysis [76] of the world data has hinted, in the limited kinematic region explored, that the gluons contribute little to the spin of the nucleon. These two experimental observations have provided some credence to idea that quark orbital angular momentum plays a significant role in the dynamics of nucleons.

More recently, additional hints of nonzero quark orbital angular momentum have come from measurements of the proton form factors. High resolution measurements of the proton form factors at SLAC in 1989 seemed to indicate that there was no significant difference in the spatial distribution of charge and magnetization within the proton [77]. This view was upended by experiments at JLab in the early part of this decade. These later experiments took advantage of polarization
degrees of freedom to directly measure the ratio of the electric to magnetic form factor of the proton. This type of measurement is regarded as being relatively free of systematic effects that plague the determination of this ratio using data from unpolarized electron scattering [78]. These experiments famously observed \& confirmed a linear decrease in the ratio of the electric to magnetic form factors with increasing resolution [79]. One natural explanation for this observation involves nonzero quark orbital angular momentum [74].

These two discoveries simply would not have been possible without the ability to control and measure the spin of the beam and target. One could argue that improvements in polarized beams \& targets lays the foundation for future unexpected discoveries.

### 1.3.2 Effective Neutron Target

Most precision electron scattering experiments require many hours of beamtime to accumulate enough scattering events to achieve a prescribed statistical precision. A dense, free neutron target for these types of experiments simply does not exist. Two possible effective neutron targets are deuterons and ${ }^{3} \mathrm{He}$ nuclei. As an unpolarized target, deuterons are ideal because they are a simpler two body nuclear system and a single proton produces less background. As a polarized target, deuterons are less attractive because of the large uncanceled spin of the spectator proton and the tensor polarization effects due to the spin-1 nature of deuterons. On the other hand, the spins of the two spectator protons in the ${ }^{3} \mathrm{He}$ nucleus largely cancel due to the Pauli exclusion principle. In the most simple picture, a fully polarized ${ }^{3} \mathrm{He}$ nucleus can be thought of as a bag of loosely bound nucleons with an effective neutron polarization of $86 \%$ and an effective proton polarization of $-2 \%$.

### 1.3.3 Polarizing He-3

There are at least three ways to polarize ${ }^{3} \mathrm{He}$ nuclei. The first and most inefficient is the brute force method where one applies large magnetic fields and low temperatures to produce large Boltzmann polarizations. It would require a 50 T field to produce $1 \%$ polarization in ${ }^{3} \mathrm{He}$ at liquid helium temperatures.

The second is called metastability exchange optical pumping (MEOP) and was first demonstrated by Schearer, Colegrove, \& Walters in 1963 [80]. In this method, an RF (radiofrequency) discharge excites ${ }^{3} \mathrm{He}$ atoms in the $1^{1} S_{0}$ ground state into the $2^{3} S_{1}$ metastable state. These metastable atoms are polarized via optically pumping (described in the following section) to the $2^{3} P$ states. Finally, metastable atoms exchange their electronic configuration with atoms in the ground state via collisions. The "metastability exchange" collisions are sudden with respect to the ${ }^{3} \mathrm{He}$ nuclear spin. Therefore, the nuclear polarization is preserved as the ${ }^{3} \mathrm{He}$ atom returns to the ground state. This method requires low pressures to insure sufficiently long lifetimes in the metastable state for optical pumping. This technique is the preferred polarization method for internal polarized ${ }^{3} \mathrm{He}$ targets.

The third method and, historically, the first one to be realized experimentally is a two step process referred to as spin exchange optical pumping (SEOP). Alkali atoms are first polarized via optical pumping. This electronic polarization is then transferred to ${ }^{3} \mathrm{He}$ nuclei via spin exchange collisions. This process is one of the main topics of this dissertation.

### 1.3.4 Spin Exchange Optical Pumping

There were three key ideas that had to established before the demonstration of spin exchange optical pumping of ${ }^{3} \mathrm{He}$. The first was optical pumping, which involves the redistribution of the populations of the Zeeman levels of a particular state using polarized light. Kastler's key idea in 1950 was to suggest the use of circularly polarized light to selectively depopulate or populate a given atomic state [81]. This was soon demonstrated in sodium in 1952 by Brossel, Kastler, and Winter [82] and in 1953 by Hawkins and Dicke [83].

At the time, most optical pumping experiments on alkali atoms used light produced from a discharge lamp of the same alkali atom. These lamps produced a spectrum that was a mixture of wavelengths associated with both the D1 and D2 transitions. Due to electric dipole selection rules, optical pumping with light originating from the D1 \& D2 transitions results in ground state polarizations of $+100 \%$ $\&-50 \%$ respectively. In 1957, Franzen and Emslie were among the first to suggest that nearly "one hundred percent orientation of alkali atoms" could be obtained by "illuminating them with circularly polarized resonance radiation" comprised only of D1 light [84].

The last piece of the puzzle was the concept of spin exchange, which was first used to describe collisions between atomic hydrogen in 1956 by Purcell \& Field [85] and Wittke \& Dicke [86]. However, the prediction and observation of the Overhauser effect more directly led to the first demonstration of SEOP of ${ }^{3} \mathrm{He}$. As it was originally imagined by Overhauser [87], conduction electrons in metals could, under the proper conditions, polarize nuclei via a hyperfine coupling between their spins. Carver and Slichter were soon able to verify this prediction [88]. As this result was a part of Carver's dissertation work [89], it's not surprising he, along
with Bouchiat and Varnum, sought to reproduce this effect in ${ }^{3} \mathrm{He}$ using optically pumped Rb. In 1960, they succeeded in polarizing a 3 amagat sample of ${ }^{3} \mathrm{He}$ to $0.01 \%$ [90]. They observed very short $(\approx 1 \mathrm{hr})^{3} \mathrm{He}$ relaxation time constants, which they noted limited the applicability of this method to polarized nuclear targets.

Because SEOP relies on a very weak coupling between alkali atoms and ${ }^{3} \mathrm{He}$ nuclei, a very high density of alkali atoms is required to provide a spin exchange rate high enough to overcome the ${ }^{3} \mathrm{He}$ relaxation rate. To provide some context, optical pumping experiments at the time were performed at alkali densities of one hundred to one million times smaller than the alkali densities used in the target cells described in this dissertation. Rb lamps used for optical pumping cannot provide the light intensity required to polarize such a high density of atoms. For this reason, the possibility of using SEOP was not seriously explored again until 25 years later when high power lasers of the appropriate wavelength became available.

### 1.3.5 SEOP Polarized He-3 Targets

Even as late as 1984, as reported in the Proceedings of the Workshop on Polarized He-3 Beams and Targets, not one mention is made of utilizing spin exchange optical pumping for polarizing ${ }^{3} \mathrm{He}$. There is, however, a discussion about polarizing ${ }^{3} \mathrm{He}$ ions, produced by collisions with a charged particle beam, using optically pumped Rb atoms [91]. The ${ }^{3} \mathrm{He}$ nuclei would then be polarized by the hyperfine coupling between the spin of the valence electron of the ${ }^{3} \mathrm{He}$ ion and its nuclear spin. Within three years of this workshop, it was shown that small volumes (a few $\mathrm{cm}^{3}$ ) of ${ }^{3} \mathrm{He}$ at a density of roughly 3 amg could be polarized to $40 \%$ using SEOP [92].


Figure 1.9: SEOP Polarized Target Cell Used for $G_{E}^{n}$ (E02013). Image provided by Al Gavalya.

The basic design and operational parameters of the type of polarized ${ }^{3} \mathrm{He}$ targets that are the focus of this dissertation were established with the SLAC experiments E142 [93] \& E154 [94]. The developments of these targets benefitted from several other polarized ${ }^{3} \mathrm{He}$ efforts that were already in progress [92,95-97]. JLab style target cells have a pumping chamber ( 2.5 in to 3.5 in diameter sphere) and a target chamber ( 15 cm to 40 cm in length) connected via a transfer tube, see Fig. (1.9). These cells have a total volume that ranges from $200 \mathrm{~cm}^{3}$ to $400 \mathrm{~cm}^{3}$. The ${ }^{3} \mathrm{He}$ operating density in the target chamber is typically 10 amg , while the density in the pumping chamber is about 7 amg .

The prescription to insure sufficiently long wall relaxation time constants in target cells was developed during the run up to E142 [98]. The precision ${ }^{3} \mathrm{He}$ polarimetry techniques developed for E154, with a few modifications, are what we still use today [99]. Each of these advances were carried over to and built


Figure 1.10: Target Polarization for the First (E94010) and Most Recent (E06010) JLab ${ }^{3} \mathrm{He}$ Experiments. Data from E94010, taken in the Fall of 1998, are on the left [101]. Preliminary data from E06010, taken in the Fall of 2008, are on the right (figure provided by C. Dutta).
upon by the JLab polarized ${ }^{3}$ He program [100-105]. Starting from the first JLab ${ }^{3} \mathrm{He}$ experiment, E94010 [106], the capabilities of polarized ${ }^{3} \mathrm{He}$ targets at JLab have steadily advanced, with more than an order of magnitude increase in the appropriate figure of merit. The success of this program can be attested to by the fact that, averaged over the past decade, at least one new polarized ${ }^{3} \mathrm{He}$ experiment per year has completed data taking.

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## Chapter 2

## Nucleon Structure via Electron

## Scattering

### 2.1 Basic Elements of A Scattering Experiment

### 2.1.1 Units and Conventions

The speed of light $(c=1)$ and Planck constant divided by $2 \pi(\hbar=h / 2 \pi=1)$ are set equal to 1 . Momentum and mass can be converted from energy units by dividing by $c$ and $c^{2}$ respectively. One can convert between energy units and distance units by [1]:

$$
\begin{equation*}
\hbar c=(0.1973269631 \pm 0.0000000049) \mathrm{GeV} \cdot \mathrm{fm} \tag{2.1}
\end{equation*}
$$

A useful approximation based on this relationship between energy and distance is:

$$
\begin{equation*}
(\text { energy scale }) \times(\text { size scale }) \approx \frac{1 \mathrm{GeV} \cdot \mathrm{fm}}{5} \tag{2.2}
\end{equation*}
$$

All vectors are relativistic four-vectors $\left(x=x^{\mu}=\left(x_{0}, \vec{x}\right)\right)$, unless noted otherwise. Three dimensional spatial vectors will be denoted with arrows. The metric tensor is given by:

$$
g_{\mu \nu}=\left[\begin{array}{cccc}
1 & 0 & 0 & 0  \tag{2.3}\\
0 & -1 & 0 & 0 \\
0 & 0 & -1 & 0 \\
0 & 0 & 0 & -1
\end{array}\right]
$$

The Levi-Civita symbol is defined in the following way using the Bjorken \& Drell convention [2]:

$$
\varepsilon_{\mu \nu \alpha \beta}=\left\{\begin{array}{cl}
+1 & (\mu \nu \alpha \beta)=\text { even permutation of (0123) }  \tag{2.4}\\
-1 & (\mu \nu \alpha \beta)=\text { odd permutation of (0123) } \\
0 & \text { otherwise }
\end{array}\right\}
$$

Note also that $\varepsilon^{\mu \nu \alpha \beta}=-\varepsilon_{\mu \nu \alpha \beta}$. All quantities are evaluated in the lab frame, unless otherwise noted.

### 2.1.2 Kinematic Variables

We'll only consider the case for a fixed target experiment. The kinematic variables are depicted in the Feynman diagram on the left half of Fig. (2.1). The incoming and outgoing electron momenta are $p$ and $p^{\prime}$ respectively:

$$
\begin{equation*}
p=(E, \vec{p}) \quad p^{\prime}=\left(E^{\prime}, \vec{p}^{\prime}\right) \tag{2.5}
\end{equation*}
$$



Figure 2.1: Kinematic Variables \& Coordinate Systems for Electron Scattering

At JLab energies $E \gg m$, we can safely ignore the small electron rest mass ( $m$ ):

$$
\begin{equation*}
p^{2}=0 \leftrightarrow E=|\vec{p}| \quad p^{\prime 2}=0 \leftrightarrow E^{\prime}=\left|\vec{p}^{\prime}\right| \tag{2.6}
\end{equation*}
$$

The scattering angle between the incoming and outgoing electron is $\theta$ :

$$
\begin{equation*}
\vec{p} \cdot \vec{p}^{\prime}=E E^{\prime} \cos (\theta) \tag{2.7}
\end{equation*}
$$

The momentum transfer carried by the exchanged virtual photon is $q$ :

$$
\begin{equation*}
p-p^{\prime}=q=(\nu, \vec{q}) \tag{2.8}
\end{equation*}
$$

where the energy lost by the scattering electron is $\nu$ :

$$
\begin{equation*}
\nu=E-E^{\prime} \geq 0 \tag{2.9}
\end{equation*}
$$

By convention, the square of the invariant four-momentum transfer is $Q^{2}=-q^{2}$ :

$$
\begin{equation*}
Q^{2}=\vec{q}^{2}-\nu^{2}=2 E E^{\prime}(1-\cos (\theta))=4 E E^{\prime} \sin ^{2}\left(\frac{\theta}{2}\right) \tag{2.10}
\end{equation*}
$$

The initial momentum of a target particle with rest mass $M$ is:

$$
\begin{equation*}
P=(M, \overrightarrow{0}) \tag{2.11}
\end{equation*}
$$

The total momentum of carried away by the decay products is $P^{\prime}$ :

$$
\begin{equation*}
p+P=p^{\prime}+P^{\prime} \rightarrow P^{\prime}=q+P \tag{2.12}
\end{equation*}
$$

The invariant mass of the decay products is $W$ :

$$
\begin{equation*}
P^{\prime 2}=W^{2}=P^{2}+2 q \cdot P+q^{2} \tag{2.13}
\end{equation*}
$$

which can be rewritten as:

$$
\begin{equation*}
W^{2}=M^{2}+2 M \nu-Q^{2} \tag{2.14}
\end{equation*}
$$

Three useful unitless quantities are the fraction of energy loss in the lab frame $y$, the Bjorken scaling variable $x$, and the parameter that completely specifies the virtual
photon polarization vector $\varepsilon$ (see Sec. (2.5.7)):

$$
\begin{align*}
y & =\frac{q \cdot P}{p \cdot P}=\frac{\nu}{E}  \tag{2.15}\\
x & =\frac{Q^{2}}{2 M \nu}  \tag{2.16}\\
\varepsilon & =\left[1+\frac{2 \vec{q}^{2}}{Q^{2}} \tan ^{2}\left(\frac{\theta}{2}\right)\right]^{-1} \tag{2.17}
\end{align*}
$$

The smallest energy loss occurs for elastic scattering $W_{\min }=M$ :

$$
\begin{align*}
\nu_{\min } & =\frac{Q^{2}}{2 M}  \tag{2.18}\\
x_{\max } & =1 \tag{2.19}
\end{align*}
$$

which can be solved to give:

$$
\begin{align*}
y_{\min } & =\frac{\nu_{\min }}{E}=\frac{(2 E / M) \sin ^{2}\left(\frac{\theta}{2}\right)}{1+(2 E / M) \sin ^{2}\left(\frac{\theta}{2}\right)}  \tag{2.20}\\
\frac{E_{\max }^{\prime}}{E} & =\frac{1}{1+(2 E / M) \sin ^{2}\left(\frac{\theta}{2}\right)} \tag{2.21}
\end{align*}
$$

This also corresponds to the largest $Q^{2}$ :

$$
\begin{equation*}
Q_{\max }^{2}=\frac{4 E^{2} \sin ^{2}\left(\frac{\theta}{2}\right)}{1+(2 E / M) \sin ^{2}\left(\frac{\theta}{2}\right)} \tag{2.22}
\end{equation*}
$$

Finally, plugging $\nu=\nu_{\text {min }}$ into Eqn. 2.10 gives $\tau$ which is a common kinematic factor used for elastic scattering only:

$$
\begin{equation*}
\tau=\frac{Q^{2}}{4 M^{2}}=\frac{\vec{q}^{2}}{Q^{2}}-1=\frac{\nu^{2}}{Q^{2}} \tag{2.23}
\end{equation*}
$$

For the case of the largest energy loss, we cannot ignore the electron rest mass $m$ and in this case $p^{\prime}=(m, \overrightarrow{0})$, which gives:

$$
\begin{align*}
E_{\min }^{\prime} & =m  \tag{2.24}\\
\nu_{\max } & =E-m  \tag{2.25}\\
y_{\max } & =1-\frac{m}{E}  \tag{2.26}\\
Q_{\min }^{2} & =2 E m  \tag{2.27}\\
x_{\min } & =\frac{m}{M\left(1-\frac{m}{E}\right)}  \tag{2.28}\\
\frac{W_{\max }}{M} & =\sqrt{1+\frac{2 E}{M}\left(1-\frac{m}{E}-\frac{m}{M}\right)} \tag{2.29}
\end{align*}
$$

### 2.1.3 Coordinate Systems

For inclusive scattering experiments, there are two coordinate systems useful for describing the kinematics, see right half of Fig. (2.1). The $z x y$-system is defined with respect to the incident electron momentum $\vec{p}$ where $\hat{z}=\hat{p}$. The $l t n$-system (longitudinal, transverse, normal) is defined with respect to the momentum transfer vector $\vec{q}$ where $\hat{q}=\hat{l}$. The incident \& scattered electron momenta and consequently the $q$-vector all lie in the scattering plane which is defined by $z x$ or equivalently $l t$. The $\hat{2}(=\hat{y}=\hat{n})$ direction is normal to this plane and, by choice, points up. Applying the conservation of momentum gives:

$$
\begin{align*}
\vec{p} & =E \hat{z}=E\left(\hat{l} \cos \left(\theta_{q}\right)+\hat{t} \sin \left(\theta_{q}\right)\right)  \tag{2.30}\\
\vec{p}^{\prime} & =E^{\prime}(\hat{z} \cos (\theta)+\hat{x} \sin (\theta))=E^{\prime}\left(\hat{l} \cos \left(\theta+\theta_{q}\right)+\hat{t} \sin \left(\theta+\theta_{q}\right)\right)  \tag{2.31}\\
\vec{q} & =\vec{p}-\vec{p}^{\prime}=\left(E-E^{\prime} \cos (\theta)\right) \hat{z}-E^{\prime} \sin (\theta) \hat{x} \tag{2.32}
\end{align*}
$$

where the $z x y$ unit vectors are $(\theta \neq 0)$ :

$$
\begin{align*}
\hat{z} & =\hat{p}=\hat{l} \cos \left(\theta_{q}\right)+\hat{t} \sin \left(\theta_{q}\right)  \tag{2.33}\\
\hat{x} & =\frac{\hat{p}^{\prime}-\hat{p} \cos (\theta)}{\sin (\theta)}=\hat{t} \cos \left(\theta_{q}\right)-\hat{l} \sin \left(\theta_{q}\right)  \tag{2.34}\\
\hat{y} & =\frac{\hat{p} \times \hat{p}^{\prime}}{\sin (\theta)}=\hat{n} \tag{2.35}
\end{align*}
$$

the $l t n$ units vectors are:

$$
\begin{align*}
\hat{l} & =\hat{q}=\hat{z} \cos \left(\theta_{q}\right)-\hat{x} \sin \left(\theta_{q}\right)  \tag{2.36}\\
\hat{t} & =\hat{n} \times \hat{l}=\hat{x} \cos \left(\theta_{q}\right)+\hat{z} \sin \left(\theta_{q}\right)  \tag{2.37}\\
\hat{n} & =\hat{y} \tag{2.38}
\end{align*}
$$

and finally $\theta_{q}$ is the angle between $\vec{p} \& \vec{q}$ :

$$
\begin{align*}
& \cos \left(\theta_{q}\right)=\frac{E-E^{\prime} \cos (\theta)}{|\vec{q}|}  \tag{2.39}\\
& \sin \left(\theta_{q}\right)=\frac{E^{\prime} \sin (\theta)}{|\vec{q}|} \tag{2.40}
\end{align*}
$$

where $|\vec{q}|=\sqrt{Q^{2}+\nu^{2}}$.

### 2.1.4 Measuring Cross Sections

In a typical scattering experiment, one fires a beam of particles at an interaction region filled with target centers. If the target center density is very dilute, then the rate at which the detector counts the scattered beam particles $N_{\text {count }} / \Delta t$ is given by:

$$
\begin{equation*}
\frac{N_{\text {count }}}{\Delta t}=\frac{N_{\text {beam }}}{\Delta t} \times p_{\mathrm{int}} \times p_{\mathrm{det}} \tag{2.41}
\end{equation*}
$$

where $N_{\text {beam }} / \Delta t$ is the average number of incident beam particles per unit time, $p_{\text {int }}$ is the interaction probability, and $p_{\text {det }}$ is the detection probability. The interaction probability is given by:

$$
\begin{equation*}
p_{\mathrm{int}}=\frac{\text { total effective area of target centers }}{\text { total area of the interaction region }}=\frac{\rho V_{\mathrm{int}} \sigma}{A_{\mathrm{int}}}=\rho L_{\mathrm{int}} \sigma \tag{2.42}
\end{equation*}
$$

where $\rho$ is the number of target centers per unit volume, $\sigma$ is the effective cross sectional area of each target center, and $V_{\text {int }}, A_{\text {int }}, \& L_{\text {int }}$ are the volume, cross sectional area, \& length of the interaction region. The detection probability is given by:

$$
\begin{equation*}
p_{\text {det }}=(\text { detector efficiency }) \times(\text { effective size of the detector })=f_{\operatorname{det}} \Delta \Omega \tag{2.43}
\end{equation*}
$$

where $f_{\text {det }}$ is the detector efficiency and $\Delta \Omega$ is the solid angle subtended by the detector which can be estimated by:

$$
\begin{equation*}
\Delta \Omega=\frac{A_{\operatorname{det}}}{4 \pi r_{\operatorname{det}}^{2}} \tag{2.44}
\end{equation*}
$$

where $A_{\text {det }}$ is the physical area of the detector and $r_{\text {det }}$ is the distance of the detector from the target. All of the intrinsic properties of the scattering process are isolated in the differential scattering cross section given by:

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=\frac{\left(N_{\text {count }} / \Delta t\right) / f_{\text {det }}}{\left(N_{\text {beam }} / \Delta t\right) \rho\left(L_{\mathrm{int}} \Delta \Omega\right)} \tag{2.45}
\end{equation*}
$$

If the energy of the scattered particle is measured and not constrained kinematically, then the formula is generalized to include the size of the energy bin $\Delta E^{\prime}$ :

$$
\begin{equation*}
\frac{d^{2} \sigma}{d \Omega d E^{\prime}}=\frac{\left(N_{\text {count }} / \Delta t\right) / f_{\text {det }}}{\left(N_{\text {beam }} / \Delta t\right) \rho\left(L_{\text {int }} \Delta \Omega\right) \Delta E^{\prime}} \tag{2.46}
\end{equation*}
$$

Finally, the relative uncertainty in the cross section due only to counting statistics $\left(\sigma_{N}=\sqrt{N}\right)$ is given by $1 / \sqrt{N_{\text {count }}}[3]$.

### 2.1.5 Asymmetries \& Cross Section Differences

We'll consider cross sections in the Born approximation [4]. Quantum mechanically, this amounts to the assumption that the incoming and outgoing particles can be described by a plane wave. In the language of quantum field theory, this is equivalent to the one photon exchange diagram. For electromagnetic processes, this approximation is valid for $Z \alpha \ll 1$, where $\alpha \approx 1 / 137$ is the fine structure constant. In experiments where both the beam and target are polarized, the differential cross section can be written with both spin-independent \& spin-dependent parts. We'll only consider the case of a longitudinally polarized beam, Sec. (2.4.2), with a helicity defined by $h_{b}=\hat{s} \cdot \hat{p}$, where the incident electron spin unit vector is given by $\hat{s}= \pm \hat{p}$. In this case, the differential cross section can be written as:

$$
\begin{equation*}
\sigma\left(h_{b} \hat{P}_{t}\right)=\left(\frac{d \sigma}{d \Omega}\right)_{h_{b} \hat{P}_{t}} \text { or }\left(\frac{d^{2} \sigma}{d \Omega d E^{\prime}}\right)_{h_{b} \hat{P}_{t}}=\bar{\sigma}\left(1+h_{b} \hat{P}_{t} \cdot[\overleftrightarrow{A} \hat{q}]\right) \tag{2.47}
\end{equation*}
$$

where $\bar{\sigma}$ is the unpolarized cross section (spin-independent part), $\hat{P}_{t}$ is the target polarization unit vector, $\hat{q}$ is the momentum transfer unit vector, and $\overleftrightarrow{A}$ is the asym-
metry matrix (spin-dependent part) defined with respect to the $q$-vector ( $l t$ axes):

$$
\begin{equation*}
\overleftrightarrow{A}=\left(A_{\text {long }}\right) \cdot \stackrel{\leftrightarrow}{1}+\left(A_{\text {trans }}\right) \cdot \hat{n} \times \quad A_{\text {long }}=A_{\mathrm{TT}} \quad A_{\text {trans }}=A_{\mathrm{LT}} \tag{2.48}
\end{equation*}
$$

where $\overleftrightarrow{1}$ is the identity matrix, $A_{\text {long }}$ is the longitudinal asymmetry (due to the transverse polarization of the virtual photon, Sec. (2.5.7), $A_{\text {trans }}$ is the transverse asymmetry (due to the interference between the longitudinal and transverse polarizations of the virtual photon, Sec. (2.5.7)), $\hat{n}$ is the unit vector normal to the scattering plane, and $\times$ refers to a cross product. As we'll see later in both polarized elastic \& inelastic scattering, these two asymmetries naturally encode a more convenient separation of the physics. Experimentally, however, it is usually easier to measure the two asymmetries $A_{\|} \& A_{\perp}$ that are formed with respect to the target orientation relative to the $z x$ axes:

$$
\begin{align*}
& A_{\|}=\frac{\sigma^{\vec{\rightrightarrows}}-\sigma^{\vec{\rightleftarrows}}}{\sigma^{\vec{\rightrightarrows}}+\sigma^{\vec{\rightleftarrows}}}  \tag{2.49}\\
& A_{\perp}=\frac{\sigma^{\Uparrow}-\sigma^{\Uparrow}}{\sigma^{\Uparrow}+\sigma^{\Uparrow}} \tag{2.50}
\end{align*}
$$

where $\rightarrow(\leftarrow)$ refers to positive (negative) beam helicity $h_{b}=+(-)$ and $\Rightarrow(\Uparrow)$ refers to a longitudinally (transversely) polarized target with a polarization unit vector of $\hat{P}_{t}=+\hat{z}(\hat{x})$. These two sets of asymmetries can be related to each other by a rotation in the scattering plane about the normal unit vector by the angle $\theta_{q}$ :

$$
\binom{A_{\|}}{A_{\perp}}=\left(\begin{array}{rr}
\cos \left(\theta_{q}\right) & \sin \left(\theta_{q}\right)  \tag{2.51}\\
-\sin \left(\theta_{q}\right) & \cos \left(\theta_{q}\right)
\end{array}\right)\binom{A_{\mathrm{long}}}{A_{\mathrm{trans}}}
$$

Averaging over the beam helicity yields the unpolarized cross section (as expected):

$$
\begin{equation*}
\frac{1}{2} \sum_{h_{b}} \sigma\left(h_{b} \hat{P}_{t}\right)=\frac{\sigma\left(+\hat{P}_{t}\right)+\sigma\left(-\hat{P}_{t}\right)}{2}=\frac{\sigma^{\rightrightarrows \vec{\rightarrow}}+\sigma^{\nexists}}{2}=\frac{\sigma^{\Uparrow}+\sigma^{\Uparrow}}{2}=\bar{\sigma} \tag{2.52}
\end{equation*}
$$

The cross section difference between the two beam helicities $(\Delta \sigma)_{\hat{P}_{t}}$ is given by:

$$
\begin{align*}
(\Delta \sigma)_{\hat{P}_{t}} & =\sigma\left(+\hat{P}_{t}\right)-\sigma\left(-\hat{P}_{t}\right)=2 \bar{\sigma} \hat{P}_{t} \cdot[\overleftrightarrow{A} \hat{q}]=2 \bar{\Delta}_{\hat{P}_{t}}  \tag{2.53}\\
(\Delta \sigma)_{\|} & =\sigma^{\vec{\rightrightarrows}}-\sigma^{\vec{\rightleftarrows}}=2 \bar{\sigma} \hat{z} \cdot[\overleftrightarrow{A} \hat{q}]=2 \bar{\sigma} A_{\|}=2 \bar{\Delta}_{\|}  \tag{2.54}\\
(\Delta \sigma)_{\perp} & =\sigma^{\Uparrow \rightarrow}-\sigma^{\Uparrow}=2 \bar{\sigma} \hat{x} \cdot[\overleftrightarrow{A} \hat{q}]=2 \bar{\sigma} A_{\perp}=2 \bar{\Delta}_{\perp} \tag{2.55}
\end{align*}
$$

where $\bar{\Delta}_{\hat{P}_{t}}$ is the mean cross section difference. For an arbitrary target orientation, the asymmetry is given by:

$$
\begin{align*}
A & =\frac{\sigma^{\rightarrow}-\sigma^{\leftarrow}}{\sigma^{\rightarrow}+\sigma^{\leftarrow}}=\hat{P}_{t} \cdot[\stackrel{\leftrightarrow}{A} \hat{q}]=\left[\hat{P}_{t} \cdot \hat{z}\right] A_{\|}+\left[\hat{P}_{t} \cdot \hat{x}\right] A_{\perp}  \tag{2.56}\\
& =\left[\hat{P}_{t} \cdot \hat{q}\right] A_{\text {long }}+\left[\hat{P}_{t} \cdot(\hat{n} \times \hat{q})\right] A_{\text {trans }} \tag{2.57}
\end{align*}
$$

Finally, we'll consider the practical case when the beam \& target polarizations are non-unity $(<1)$ and when there is some unpolarized background. In this case the total cross section is an average over the four possible combinations of beam helicity \& target orientation $\left\{\left(h_{b}=+1,+\hat{P}_{t}\right),\left(h_{b}=-1,+\hat{P}_{t}\right),\left(h_{b}=+1,-\hat{P}_{t}\right),\left(h_{b}=\right.\right.$ $\left.\left.-1,-\hat{P}_{t}\right)\right\}$ and the cross section for the unpolarized background $\bar{\sigma}_{B}$. The fraction of target particles is given by $f$ and the fraction of background particles by $(1-f)$. Each configuration is weighted by the fraction of the beam particles with $\pm$ helicity $\left(1 \pm P_{b}\right) / 2$ and by the fraction of target particles with $\pm$ orientation $\left(1 \pm P_{t}\right) / 2$ where $P_{b} \& P_{t}$ are the beam \& target polarizations. This weighted average cross section is
given by:

$$
\begin{align*}
\sigma= & f\left[\frac{1+P_{b}}{2}\right]\left[\frac{1+P_{t}}{2}\right] \sigma\left(h_{b}=1, \hat{P}_{t}\right)+f\left[\frac{1-P_{b}}{2}\right]\left[\frac{1+P_{t}}{2}\right] \sigma\left(h_{b}=-1, \hat{P}_{t}\right) \\
& +f\left[\frac{1+P_{b}}{2}\right]\left[\frac{1-P_{t}}{2}\right] \sigma\left(h_{b}=1,-\hat{P}_{t}\right)+f\left[\frac{1-P_{b}}{2}\right]\left[\frac{1-P_{t}}{2}\right] \sigma\left(h_{b}=-1,-\hat{P}_{t}\right) \\
& +(1-f) \bar{\sigma}_{B} \tag{2.58}
\end{align*}
$$

After some algebra, we find that the it can be written as:

$$
\begin{equation*}
\sigma\left(P_{b}, \vec{P}_{t}\right)=f \bar{\sigma}\left(1+P_{b} \vec{P}_{t} \cdot[\stackrel{\leftrightarrow}{A} \hat{q}]\right)+(1-f) \bar{\sigma}_{B} \tag{2.59}
\end{equation*}
$$

where the $P_{b}$ is the beam polarization and $\vec{P}_{t}=P_{t} \hat{P}_{t}$ is the target polarization vector. The measured or raw asymmetry $A_{\text {raw }}$ that is formed when the beam polarization is flipped is related to the physics asymmetry $A$ by:

$$
\begin{equation*}
A_{\mathrm{raw}}=\frac{\sigma\left(+P_{b}, \vec{P}_{t}\right)-\sigma\left(-P_{b}, \vec{P}_{t}\right)}{\sigma\left(+P_{b}, \vec{P}_{t}\right)+\sigma\left(-P_{b}, \vec{P}_{t}\right)}=D P_{b} P_{t} A \tag{2.60}
\end{equation*}
$$

where the dilution factor $D$ is given by:

$$
\begin{equation*}
D=\left[1+\left(\frac{1-f}{f}\right) \frac{\bar{\sigma}_{B}}{\bar{\sigma}}\right]^{-1} \tag{2.61}
\end{equation*}
$$

where $f$ is the fraction of target particles and $\bar{\sigma}_{B}$ is the unpolarized cross section of the background. The absolute uncertainty in the raw asymmetry due only to counting statistics $\left(\sigma_{N}=\sqrt{N}\right)$ is given by:

$$
\begin{equation*}
\sigma_{\text {raw }}=\sqrt{\frac{4 N^{\rightarrow N^{\leftarrow 2}+4 N^{\rightarrow 2} N^{\leftarrow}}}{N^{4}}}=\sqrt{\frac{1-A_{\mathrm{raw}}^{2}}{N}} \tag{2.62}
\end{equation*}
$$

where $N=N^{\rightarrow}+N^{\leftarrow}$ is the total number of counts, $N^{\rightleftarrows}=N\left(1 \pm A_{\text {raw }}\right) / 2$ is the total number of counts for $\pm$ beam helicity, and $A_{\text {raw }}=\left(N^{\rightarrow}-N^{\leftarrow}\right) /\left(N^{\rightarrow}+N^{\leftarrow}\right)$ is the raw asymmetry. This can be propagated through to the absolute uncertainty in the physics asymmetry $A$ due only to the counting statistics from $A_{\text {raw }}$ :

$$
\begin{equation*}
\sigma_{A}=\frac{1}{P_{b} P_{t} D \sqrt{N}} \tag{2.63}
\end{equation*}
$$

where we've ignored the higher order effect of $A_{\text {raw }}^{2}$ which is negligible when $A_{\text {raw }} \ll 1$. To achieve an absolute precision of $\sigma_{A}$ when the uncertainty is dominated by counting statistics, the minimum total number of counts must be:

$$
\begin{equation*}
N_{\min }=\frac{1}{\left(P_{b} P_{t} D \sigma_{A}\right)^{2}} \tag{2.64}
\end{equation*}
$$

### 2.1.6 The Scale for Cross Sections: Rutherford Formula

For the nonrelativistic case of elastic scattering of a beam of spinless point particles with charge $Z_{\text {beam }}$ from a target of heavy (i.e. no recoil) spinless point particles of charge $Z_{\text {target }}$ at rest, one can calculate the following differential cross section using classical mechanics [5]:

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=\frac{Z_{\mathrm{beam}}^{2} Z_{\mathrm{target}}^{2} \alpha^{2}}{16 T_{\mathrm{KE}}^{2} \sin ^{4}\left(\frac{\theta}{2}\right)} \tag{2.65}
\end{equation*}
$$

where $\alpha$ is the fine structure constant, $T_{\mathrm{KE}}$ is the kinetic energy of the beam particles, and $\theta$ is the scattering angle. This is the famous Rutherford scattering formula (in modern notation) and, generalized to relativistic beam velocities, it contains the
basic ingredients for all of the forthcoming scattering formulas:

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=\underbrace{\left[\frac{\alpha^{2}}{4 E^{2} \beta^{4} \sin ^{4}\left(\frac{\theta}{2}\right)}\right]}_{\text {scale }} \times \overbrace{\left[Z_{\text {beam }}\right]^{2}}^{\text {structure of beam }} \times \underbrace{\left[Z_{\text {target }}\right]^{2}}_{\text {structure of target }} \tag{2.66}
\end{equation*}
$$

where $E \& \beta$ are the relativistic energy \& speed of the beam particles. The electromagnetic structure of a point particle is given by its global properties. In the case of a spinless point particle, the only structure is it's charge $Z$. Next we'll consider the case for a beam with non-zero spin.

### 2.1.7 Beam with Spin: Mott Formula

The differential cross section for a relativistic beam of Dirac (spin-1/2 point) particles with charge $Z_{\text {beam }}= \pm 1$ elastically scattering from a heavy (i.e. no recoil) spinless point particle with charge $Z$ was first derived by Mott in 1929 [6]. To lowest order in $\alpha$ for a beam of particles moving at a speed $\beta$, it is given by:

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=\left[\frac{\sigma_{R}}{\beta^{4}}\right] \times\left[1-\beta^{2} \sin ^{2}\left(\frac{\theta}{2}\right)\right] \times[Z]^{2} \tag{2.67}
\end{equation*}
$$

where we've defined the scale to be the Rutherford cross section:

$$
\begin{equation*}
\left(\frac{d \sigma}{d \Omega}\right)_{\text {Rutherford }}=\sigma_{R}=\frac{\alpha^{2}}{4 E^{2} \sin ^{4}\left(\frac{\theta}{2}\right)} \tag{2.68}
\end{equation*}
$$

In high energy electron scattering, $\beta=1$ and, by convention, the first two terms are collectively known as the Mott cross section. This quantity sets the scale for
electron scattering experiments:

$$
\begin{equation*}
\left(\frac{d \sigma}{d \Omega}\right)_{\mathrm{Mott}}=\sigma_{M} \equiv \sigma_{R} \cos ^{2}\left(\frac{\theta}{2}\right)=\frac{\alpha^{2}}{4 E^{2} \sin ^{4}\left(\frac{\theta}{2}\right)} \cos ^{2}\left(\frac{\theta}{2}\right) \tag{2.69}
\end{equation*}
$$

### 2.1.8 Target with Structure: Form Factors \& Charge Distributions

If the heavy spinless target particles have some finite extent, then the Mott formula is multiplied by a quantity encodes these deviations from point scattering:

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=\left[\left(\frac{d \sigma}{d \Omega}\right)_{\mathrm{Mott}}\right] \times\left|F\left(Q^{2}\right)\right|^{2} \tag{2.70}
\end{equation*}
$$

where $F\left(Q^{2}\right)$ is known as the form factor. An early derivation of this formula in the context of electron scattering from nuclei was given by Rose in 1948 [7]. All we've really done is replaced a constant $(Z)$ with a function $\left(F\left(Q^{2}\right)\right)$ which depends on $Q^{2}$. The form factor is normalized such that $F(0)=Z$. Therefore, the form factor for a point particle is just $F\left(Q^{2}\right)=Z$.

The physical interpretation of a form factor is straightforward at sufficiently low energies when $Q^{2} \approx \vec{q}^{2}$. It is the Fourier transform of the charge distribution of the target:

$$
\begin{equation*}
F\left(Q^{2}\right)=\int \rho(\vec{r}) e^{i \vec{q} \cdot \vec{r}} d^{3} r \tag{2.71}
\end{equation*}
$$

The gross features of nuclear charge distributions are well described by the spherically symmetric Fermi distribution [8]:

$$
\begin{equation*}
\rho(r)=\rho_{1}(Z, A)\left[1+\exp \left(\frac{r-c(A)}{z_{1}}\right)\right]^{-1} \tag{2.72}
\end{equation*}
$$

where the parameters are given by:

$$
\begin{equation*}
\rho_{1}(Z, A)=\left(\frac{0.19 / \mathrm{fm}^{3}}{1+2.6 / \sqrt[3]{A^{2}}}\right) \cdot \frac{Z e}{A} \quad c(A)=(1.07 \mathrm{fm}) \cdot \sqrt[3]{A} \quad z_{1}=0.55 \mathrm{fm} \tag{2.73}
\end{equation*}
$$

where $\rho_{1}$ is the central charge density, $c(A)$ encodes the size of the nucleus, and $z_{1}$ is a universal parameter that describes that size of the edge roll-off (skin thickness). This distribution is essentially flat at the center with an exponentially decaying edge. It underestimates (overestimates) the charge density at the center of light (heavy) nuclei. One method to parametrize the detailed shape of nuclear charge distributions was developed by Sick [9] using a sum of Gaussians (SOG):

$$
\begin{equation*}
\rho(r)=\frac{F(0)}{2(\gamma \sqrt{\pi})^{3}} \sum_{i=1}^{n} \frac{Q_{i}}{1+2 R_{i}^{2} / \gamma^{2}}\left[\exp \left(-\frac{\left(r-R_{i}\right)^{2}}{\gamma^{2}}\right)+\exp \left(-\frac{\left(r+R_{i}\right)^{2}}{\gamma^{2}}\right)\right] \tag{2.74}
\end{equation*}
$$

where $\gamma$ is the width of the Gaussians, $R_{i}$ is the relative position of the $i$-th Gaussian, $Q_{i}$ the fraction of charged enclosed by the $i$-th Gaussian such that $\sum_{i=1}^{n} Q_{i}=1$. $\left\{R_{i}, Q_{i}\right\}$ are obtained by fits to the data. A benefit to this parameterization is that the form factor can be represented using the same parameters by a simple form in a model independent way:

$$
\begin{equation*}
F(Q)=F(0) \exp \left(-\frac{Q^{2} \gamma^{2}}{4}\right) \sum_{i=1}^{n} \frac{Q_{i}}{1+2 R_{i}^{2} / \gamma^{2}}\left[\cos \left(Q R_{i}\right)+\left(\frac{2 R_{i}^{2}}{\gamma^{2}}\right) \frac{\sin \left(Q R_{i}\right)}{Q R_{i}}\right] \tag{2.75}
\end{equation*}
$$

where the normalization is given by $4 \pi \int_{0}^{\infty} r^{2} \rho(r) d r=F(0)$. A comparison among the form factors (left) and their corresponding charge distributions (right) for six different spinless nuclei is depicted in Fig. (2.2). The solid blue line is the SOG charge distribution and the dashed red line gives the equivalent Fermi charge distribution.


Figure 2.2: Form Factors \& Nuclear Charge Distributions. Solid blue lines are from a SOG parameterization [10] and dashed red lines are Fermi distributions [8].

### 2.2 Magnetic Moments

### 2.2.1 Point Particles

Quantum mechanics requires that the magnetic moment vector $\vec{\mu}$ of a spin- $S$ particle be proportional to its spin vector $\vec{S}$ :

$$
\begin{equation*}
\vec{\mu}=\mu\left(\frac{\vec{S}}{S}\right) \tag{2.76}
\end{equation*}
$$

where $\mu$ is its magnetic moment. The magnetic moment of a spin- $1 / 2$ point particle is prescribed by the Dirac equation to be [11]:

$$
\begin{equation*}
\mu_{\text {Dirac }}=\frac{\mathrm{Ze}}{2 M} \tag{2.77}
\end{equation*}
$$

where $Z \& M$ are the particle's charge \& mass respectively and $e$ is the elementary unit of charge. The magnetic moments of a Dirac electron and Dirac proton are:

$$
\begin{equation*}
\mu_{e}=-\mu_{\mathrm{B}} \quad \mu_{p}=+\mu_{\mathrm{N}} \tag{2.78}
\end{equation*}
$$

where $\mu_{B}$ is the Bohr magneton:

$$
\begin{equation*}
\mu_{B}=\frac{e}{2 m}=\frac{e \hbar}{2 m}(\mathrm{SI})=\frac{e \hbar}{2 m c}(\mathrm{cgs}) \tag{2.79}
\end{equation*}
$$

where $m$ is the mass of the electron and $\mu_{N}$ is the nuclear magneton:

$$
\begin{equation*}
\mu_{N}=\frac{e}{2 M_{p}}=\frac{e \hbar}{2 M_{p}}(\mathrm{SI})=\frac{e \hbar}{2 M_{p} c}(\mathrm{cgs}) \tag{2.80}
\end{equation*}
$$

where $M_{p}$ is the mass of the proton. In general, nuclear (atomic) magnetic moments are written as:

$$
\begin{equation*}
\mu=g \mu_{N(B)} S \tag{2.81}
\end{equation*}
$$

where $g$ is called the $g$-factor.
The classical magnetic moment for a charged particle with orbital angular momentum $\vec{L}$ is [12]:

$$
\begin{equation*}
\vec{\mu}=\left(\frac{Z e}{2 M}\right) \vec{L} \tag{2.82}
\end{equation*}
$$

It is for this reason (by analogy) that the intrinsic quantum mechanical magnetic moment for a particle is also written as:

$$
\begin{equation*}
\vec{\mu}=g^{\star}\left(\frac{Z e}{2 M}\right) \vec{S} \tag{2.83}
\end{equation*}
$$

where $g^{\star}$ is also called the $g$-factor. The $\star$ is included to avoid confusion between the forms of the $g$-factor, which are related by:

$$
\begin{align*}
\mu & =g^{\star}\left(\frac{Z e}{2 M}\right) S=g \mu_{N} S  \tag{2.84}\\
g^{\star} & =\frac{g}{Z}\left(\frac{M}{M_{p}}\right) \tag{2.85}
\end{align*}
$$

Similar equations can be written for atomic magnetic moments by replacing $M_{p}$ with $m$ and $\mu_{N}$ with $\mu_{B}$. Note that for the electron \& proton, $g=g^{\star}$, and for the neutron, $g^{\star}$ is undefined because an uncharged point particle would not be expected to have a magnetic moment. The natural choice appears to be the $g^{\star}$ convention since it measures a particle's magnetic moment in units of its own mass, whereas $g$ measures a particle's magnetic moment in units of the proton's mass. On the
other hand, a benefit to the $g$ convention is that, unlike $g^{\star}, g$ is well-defined for a neutral particle. As we'll explore later, these two conventions lead to two different definitions for the anomalous magnetic moment.

The ratio of the magnetic moment to the spin of a point particle is given strictly by its charge to mass ratio:

$$
\begin{equation*}
\left(\frac{\mu}{S}\right)_{\text {point }}=\left(\frac{Z}{M}\right) e=\left(\frac{Z}{M}\right) 2 \mu_{\mathrm{N}} M_{p} \Rightarrow \mu_{\mathrm{point}}=\left(\frac{Z e}{M}\right) S \tag{2.86}
\end{equation*}
$$

which implies that $g^{\star}=2$ for all point particles regardless of spin. To be explicit, by "point" particle, we mean, following Kim \& Tsai [13], that it does not: (1) couple via the strong interaction, (2) have a permanent electric dipole moment, and (3) have any radiative corrections (it's a "bare" particle). There is some disagreement in the literature about what the magnetic moment for such a particle should be.

Using the formalism of Fierz \& Pauli [14], Belinfante conjectured [15] that the magnetic moment for all point particles is given by:

$$
\begin{equation*}
\mu_{\mathrm{point}}^{\text {Belinfante }}=\left(\frac{Z e}{2 M}\right) \tag{2.87}
\end{equation*}
$$

which implies that $g^{\star}=1 / S$. A key ingredient to the argument $g^{\star}=1 / S$ is the "minimal electromagnetic interaction" prescription [16]. In this prescription, one writes down the free Lagrangian for a field, performs a local gauge transformation, adds terms that couple the field to the electromagnetic field, and keeps only the terms necessary to insure gauge invariance. Pauli showed [17] how these additional terms (now known as Pauli terms) could be added to the Lagrangian that were gauge invariant, but were not required to insure gauge invariance. T.D. Lee showed [18] that fields with spins greater than $1 / 2$ that follow the "minimal
electromagnetic interaction" prescription do not have unique couplings. Because gauge invariance is not restrictive enough, these "proofs" that $g^{\star}=1 / S$ really just amounted to the choice that $g^{\star}=1 / S$.

An alternative approach to deduce $g^{\star}$ for spin $>1 / 2$ point particles is to require that they have "good" high energy behavior. For example, Weinberg [19] and Kim \& Tsai [13] have both made the argument that a point particle with "good" high energy behavior will obey the Gerasimov-Drell-Hearn sum rule, Sec. (2.5.6), implying that $g^{\star}=2$. Pagels goes a step further [20] arguing that the coefficients of the lowest order terms of the forward Compton amplitude, Sec. 2.5.5), define the charge \& the anomalous magnetic moment of a particle. This directly implies that $g^{\star}=2$ regardless of spin. More recently, this conclusion has been reached using string theory considerations [21], within a general study of the low energy behavior of massive spin-3/2 particles [22], from a calculation of the graviton elastic scattering amplitude [23], and by assuming that helicity (defined in terms of light-cone variables) is conserved to lowest order in the infinite momentum frame [24].

In the Standard Model, additional ingredients (spontaneously broken gauge symmetries, renormalizability) add terms to the Lagrangian that do not strictly follow the "minimal electromagnetic interaction" prescription but do fix $g^{\star}=2$ for charged leptons \& $W^{ \pm}$bosons:

$$
\begin{equation*}
\mu_{e^{\mp}}=\mp \frac{e}{2 m} \quad \mu_{\mu^{\mp}}=\mp \frac{e}{2 m_{\mu}} \quad \mu_{\tau^{\mp}}=\mp \frac{e}{2 m_{\tau}} \quad \mu_{W^{ \pm}}= \pm \frac{e}{M_{W}} \tag{2.88}
\end{equation*}
$$

It is the $W^{ \pm}$magnetic moment that discriminates between the two possible forms of $g^{\star}$ for point particles and identifies $g^{\star}=2$. This has been verified experimentally
for the $W^{ \pm}$at tree level [1]:

$$
\begin{equation*}
\left|g_{W^{ \pm}}^{\star}\right|=2.22_{-0.19}^{+0.20} \tag{2.89}
\end{equation*}
$$

### 2.2.2 Anomalous Magnetic Moments

The anomalous magnetic moment (amm) is the part of the magnetic moment that differs from the expected point magnetic moment. In other words, the anomalous magnetic moment should be called the anomalous part of the magnetic moment. The amm is usually defined in such a way to indicate an excess of charge:

$$
\begin{equation*}
\mu=2\left(Z \frac{M_{p}}{M}+\kappa\right) \mu_{\mathrm{N}} S=\frac{\left(Z+\kappa^{\star}\right) e}{M} S \tag{2.90}
\end{equation*}
$$

where the two definitions are a direct result of the two conventions for the $g$-factor. By convention it is a unitless quantity and is related to the $g$-factors by:

$$
\begin{align*}
\kappa & =\frac{g}{2}-Z \frac{M_{p}}{M}=Z \frac{M_{p}}{M}\left(\frac{g^{\star}}{2}-1\right)  \tag{2.91}\\
\kappa^{\star} & =Z\left(\frac{g^{\star}}{2}-1\right)=\frac{g}{2}\left(\frac{M}{M_{p}}\right)-Z \tag{2.92}
\end{align*}
$$

where the two definitions are related to each other by the ratio $M / M_{p}$ :

$$
\begin{equation*}
\frac{\kappa}{M_{p}}=\frac{\kappa^{\star}}{M}=\frac{\mu-\mu_{\mathrm{point}}}{e S}=\frac{g}{2 M_{p}}-\frac{Z}{M}=\frac{Z}{M}\left(\frac{g^{\star}}{2}-1\right) \tag{2.93}
\end{equation*}
$$

Recently Ji \& Li have suggested [25] yet another definition for the amm:

$$
\begin{align*}
\mu & =\frac{\left(2 Z S+\kappa_{\mathrm{Ji}}\right) e}{2 M}=2\left(Z+\frac{\kappa_{\mathrm{Ji}}}{2 S}\right) \frac{M_{p}}{M} \mu_{\mathrm{N}} S  \tag{2.94}\\
\kappa_{\mathrm{Ji}} & =2 S \kappa^{\star}=2 S\left(\frac{M}{M_{p}}\right) \kappa=\left(\frac{g M}{M_{p}}-2 Z\right) S \tag{2.95}
\end{align*}
$$

This definition is a generalization of the one made by Pagels [20] for a spin-1 particle with charge of +1 . Note that for the proton, all of these definitions become degenerate:

$$
\begin{equation*}
\kappa_{\mathrm{Ji}}^{p}=\kappa_{p}^{\star}=\kappa_{p}=\frac{g_{p}}{2}-1=+1.793 \tag{2.96}
\end{equation*}
$$

and for the neutron, they are all nearly degenerate because $M_{n} \approx M_{p}$ :

$$
\begin{equation*}
\kappa_{\mathrm{Ji}}^{n}=\kappa_{n}^{\star}=\frac{g_{n}}{2}\left(\frac{M_{n}}{M_{p}}\right)=-1.916 \approx \kappa_{n}=\frac{g_{n}}{2}=-1.913 \tag{2.97}
\end{equation*}
$$

Differences among these definitions truly manifest themselves when applied to nuclei with $Z>1, M>M_{p}$, and $S>1 / 2$, see Tab. (2.2). For example, consider the ${ }^{3} \mathrm{He}$ nucleus:

$$
\begin{align*}
\kappa_{\mathrm{Ji}}^{3} & =\kappa_{3}^{\star}=\frac{g_{3}}{2}\left(\frac{M_{3}}{M_{p}}\right)-2=-8.368  \tag{2.98}\\
\kappa_{3} & =\frac{g_{3}}{2}-\frac{2 M_{p}}{M_{3}}=-2.796 \tag{2.99}
\end{align*}
$$

where $M_{3}$ is the ${ }^{3} \mathrm{He}$ nuclear mass. For complete nondegeneracy among the definitions, consider the deuteron:

$$
\begin{align*}
\kappa_{\mathrm{Ji}}^{d} & =g_{d}\left(\frac{M_{d}}{M_{p}}\right)-2=-0.286  \tag{2.100}\\
\kappa_{d}^{\star} & =\frac{g_{d}}{2}\left(\frac{M_{d}}{M_{p}}\right)-1=-0.143  \tag{2.101}\\
\kappa_{d} & =\frac{g_{d}}{2}-\frac{M_{p}}{M_{d}}=-0.072 \tag{2.102}
\end{align*}
$$

where $M_{d}$ is the deuteron mass. From an informal survey of the literature, unless otherwise noted, most authors are referring to $\kappa^{\star}$ when they refer to the anomalous
magnetic moment. Finally we'll note that, for a spin-1 particle with charge of +1 , Brodsky \& Hiller [26] explicitly define the anomalous magnetic moment to be $\kappa^{\star}$.

### 2.3 Elastic Scattering

### 2.3.1 Target with Structure \& Spin: Rosenbluth Formula

The differential cross section for a relativistic beam of Dirac particles elastically scattering from a target composed of Dirac particle with charge $Z$ and mass $M$ including the effect of target recoil is

$$
\begin{equation*}
\left(\frac{d \sigma}{d \Omega}\right)_{\text {Dirac }}=\left[\sigma_{M}\right] \times\left(\frac{E^{\prime}}{E}\right) \times Z^{2}\left[1+2 \tau \tan ^{2}\left(\frac{\theta}{2}\right)\right] \tag{2.103}
\end{equation*}
$$

where the factor $\left(E^{\prime} / E\right)$ appears when the recoil of the target is so large that the lab frame is no longer coincident with the center of mass frame and $\tau=Q^{2} /\left(4 M^{2}\right)$ is a kinematic factor often used in elastic scattering given by Eqn. (2.23). A Dirac particle acquires an anomalous magnetic moment $\kappa^{\star}(\neq 0)$ through radiative corrections [27]. As mentioned before, it can be accounted for by including a Pauli term in the Quantum Electrodynamics (QED) Lagrangian [17]. Propagating this term through gives the following differential cross section for a relativistic beam of Dirac particles elastically scattering from a Dirac particle with an anomalous magnetic moment $\kappa^{\star}$ :

$$
\begin{equation*}
\left(\frac{d \sigma}{d \Omega}\right)_{\mathrm{amm}}=\left[\sigma_{M}\right] \times\left(\frac{E^{\prime}}{E}\right) \times\left[Z^{2}+\tau\left\{\kappa^{\star 2}+2\left[Z+\kappa^{\star}\right]^{2} \tan ^{2}\left(\frac{\theta}{2}\right)\right\}\right] \tag{2.104}
\end{equation*}
$$

Anomalous magnetic moments are often attributed to the effects of a cloud of
virtual particles that surround the bare particle. As the beam particle penetrates the cloud, it "sees" less of the cloud and more of the bare particle. This picture implies that there should be a resolution dependence of the anomalous magnetic moment $\kappa^{\star}=\kappa^{\star}\left(Q^{2}\right)$. This argument can be generalized to the charge as well. Making this argument and consequently these replacements $Z \rightarrow F_{1}\left(Q^{2}\right)$ and $\kappa^{\star} \rightarrow$ $F_{2}\left(Q^{2}\right)$, Rosenbluth obtained the following differential cross section for elastically scattering of a beam of Dirac particles from an extended particle [28]:

$$
\begin{align*}
\left(\frac{d \sigma}{d \Omega}\right)_{\text {Rosenbluth }}= & {\left[\sigma_{M}\right] \times\left(\frac{E^{\prime}}{E}\right) } \\
& \times\left[F_{1}^{2}\left(Q^{2}\right)+\tau\left\{F_{2}^{2}\left(Q^{2}\right)+2\left[F_{1}\left(Q^{2}\right)+F_{2}\left(Q^{2}\right)\right]^{2} \tan ^{2}\left(\frac{\theta}{2}\right)\right\}\right] \tag{2.105}
\end{align*}
$$

where $F_{1}\left(Q^{2}\right)$ and $F_{2}\left(Q^{2}\right)$ are the Dirac and Pauli form factors which are normalized at $Q^{2}=0$ in the following way:

$$
\begin{align*}
& F_{1}(0)=Z  \tag{2.106}\\
& F_{2}(0)=\kappa^{\star} \tag{2.107}
\end{align*}
$$

In principle, one could also introduce a pair of form factors for the electron as well. Measurements from electron-positron scattering imply that $\left|F_{1}^{e}\left(Q^{2}\right)\right|=1$ for $Q^{2}$ well into the TeV range [1]. In addition, the electron Pauli from factor scales as $m^{2} / Q^{2}$ for $Q^{2} \gg m^{2}$ where $m$ is the electron mass [29]. Therefore, in this context, electrons can reliably be thought of as Dirac particles and the effect of its anomalous magnetic moment is completely negligible.

An alternative set of form factors is commonly used in the literature [30,31]:

$$
\begin{align*}
G_{E}\left(Q^{2}\right) & =F_{1}\left(Q^{2}\right)-\tau F_{2}\left(Q^{2}\right)  \tag{2.108}\\
G_{M}\left(Q^{2}\right) & =F_{1}\left(Q^{2}\right)+F_{2}\left(Q^{2}\right) \tag{2.109}
\end{align*}
$$

These are known as the Sachs form factors with the following normalizations:

$$
\begin{align*}
G_{E}(0) & =F_{1}(0)-(0) \cdot F_{2}(0)=Z  \tag{2.110}\\
G_{M}(0) & =F_{1}(0)+F_{2}(0)=Z+\kappa^{\star} \tag{2.111}
\end{align*}
$$

The differential cross section in terms of Sachs form factors can be obtained using:

$$
\begin{align*}
& F_{1}\left(Q^{2}\right)=\frac{G_{E}\left(Q^{2}\right)+\tau G_{M}\left(Q^{2}\right)}{1+\tau}  \tag{2.112}\\
& F_{2}\left(Q^{2}\right)=\frac{G_{M}\left(Q^{2}\right)-G_{E}\left(Q^{2}\right)}{1+\tau} \tag{2.113}
\end{align*}
$$

which gives:

$$
\begin{equation*}
\left(\frac{d \sigma}{d \Omega}\right)_{\text {Sachs }}=\left[\sigma_{M}\right] \times\left(\frac{E^{\prime}}{E}\right) \times\left[\frac{G_{E}^{2}\left(Q^{2}\right)+\tau G_{M}^{2}\left(Q^{2}\right)}{1+\tau}+2 \tau G_{M}^{2}\left(Q^{2}\right) \tan ^{2}\left(\frac{\theta}{2}\right)\right] \tag{2.114}
\end{equation*}
$$

This cross section can be written in terms of the virtual photon polarization [32]:

$$
\begin{equation*}
\left(\frac{d \sigma}{d \Omega}\right)_{\text {Sachs }}=\left[\sigma_{M}\right] \times\left(\frac{E^{\prime}}{E}\right) \times\left(\frac{1}{1+\tau}\right) \underbrace{\left[G_{E}^{2}\left(Q^{2}\right)+\frac{\tau}{\varepsilon} G_{M}^{2}\left(Q^{2}\right)\right]}_{\text {reduced cross section }} \tag{2.115}
\end{equation*}
$$

By varying the beam energy \& scattering angle in such a way that $Q^{2}$ (and consequently $\tau$ ) is fixed, one can attempt to disentangle $G_{E}^{2}$ from $G_{M}^{2}$ by plotting the
reduced cross section as a function of $\tan ^{2}\left(\frac{\theta}{2}\right), \varepsilon$, or some other variable that depends on the scattering angle $\theta$ at a fixed $Q^{2}$. This procedure is called Rosenbluth separation and is the standard method to obtain $G_{E} \& G_{M}$ using unpolarized targets. At high (low) $Q^{2}$, the unpolarized cross section is, generally speaking, more sensitive to $G_{M}^{2}\left(G_{E}^{2}\right)$. In either case, the sign of either form factor cannot be determined from Rosenbluth separation alone.

Finally, in general, a spin-S particle will have $2 S+1$ form factors [33]. For example, the elastic cross section for an unpolarized spin-1 particle is given by [34]:

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=\left[\sigma_{M}\right] \times\left(\frac{E^{\prime}}{E}\right) \times\left[A\left(Q^{2}\right)+B\left(Q^{2}\right) \tan ^{2}\left(\frac{\theta}{2}\right)\right] \tag{2.116}
\end{equation*}
$$

where the elastic response (or structure) functions $A \& B$ are combinations of the charge $G_{C}$, quadrupole $G_{Q}$, and magnetic $G_{M}$ form factors as:

$$
\begin{align*}
A\left(Q^{2}\right) & =G_{C}^{2}\left(Q^{2}\right)+\frac{8}{9} \tau^{2} G_{Q}^{2}\left(Q^{2}\right)+\frac{2}{3} \tau G_{M}^{2}\left(Q^{2}\right)  \tag{2.117}\\
B\left(Q^{2}\right) & =\frac{4}{3} \tau(1+\tau) G_{M}^{2}\left(Q^{2}\right) \tag{2.118}
\end{align*}
$$

The form factors have the normalizations $G_{C}(0)=Z, G_{Q}(0)=Q^{\star}$, and $G_{M}=Z+\kappa^{\star}$ where $Q^{\star}$ is the quadrupole moment in units of $e / M^{2}$.

### 2.3.2 Nucleons Inside Nuclear Targets: Quasi-elastic Scattering

In quasi-elastic scattering, the incident lepton scatters off of one of the nucleons inside the nucleus. The struck nucleon remains intact and is ejected out of the nucleus leaving behind a "spectator" nucleus. In the impulse approximation, the cross section for this process can be written as an incoherent sum of the nucleon
elastic cross sections:

$$
\begin{equation*}
\left(\frac{d^{2} \sigma}{d \Omega d E^{\prime}}\right)_{\mathrm{IA}}=\mathrm{Z} \sigma_{p}^{\mathrm{QE}}+(A-\mathrm{Z}) \sigma_{n}^{\mathrm{QE}} \tag{2.119}
\end{equation*}
$$

where Z is the number of protons (charge of the nucleus) and $(A-Z)$ is the number of neutrons (atomic weight). Due to the motion of the nucleons inside the nucleus and binding effects, the elastic cross sections are smeared out and broadened. This is encoded by an integral over the momentum of the struck nucleon inside the nucleus before the scattering $\vec{k}$ and over the total change in energy of the spectator nucleus $\nu_{s}$ [35]:

$$
\begin{align*}
\sigma^{\mathrm{QE}}= & \sigma_{M} \iint\left[\frac{G_{E}^{2}\left(Q^{\prime 2}\right)+\tau^{\prime} G_{M}^{2}\left(Q^{\prime 2}\right)}{1+\tau^{\prime}} K_{2}+2 \tau^{\prime} G_{M}^{2}\left(Q^{\prime 2}\right) \tan ^{2}\left(\frac{\theta}{2}\right) K_{1}\right] \\
& \times S\left(\nu_{s}, \vec{k}\right) \times \delta\left(\nu^{\prime}-\frac{Q^{\prime 2}}{2 M}\right) d \nu_{s} d^{3} k \tag{2.120}
\end{align*}
$$

where $K_{1} \& K_{2}$ are kinematic factors, $\nu^{\prime}=\nu-\nu_{s}$ is the energy change of the struck nucleon, $q^{\prime}=\left(\nu^{\prime}, \vec{q}\right)$ is the momentum transferred to the struck nucleon, $Q^{\prime 2}=-q^{\prime 2}$, $\tau^{\prime}=Q^{\prime 2} /\left(4 M^{2}\right), M$ is the mass of the struck nucleon, and the motion \& binding effects are given by the nucleon spectral function $S\left(\nu_{s}, \vec{k}\right)$. If the struck nucleon is detected in coincidence with the scattered electron, then the cross section also includes effects due to final state interactions:

$$
\begin{equation*}
\sigma^{\mathrm{QE}+\mathrm{FSI}}=\int \sigma^{Q E}\left(k, k^{\prime \prime}\right) F\left(k^{\prime \prime}, k^{\prime}\right) d^{4} k^{\prime \prime} \tag{2.121}
\end{equation*}
$$

where $k^{\prime \prime}(k)$ is the momentum of the struck nucleon immediately after (before) being struck by the electron, $k^{\prime}$ is the final momentum of the struck nucleon after
leaving the nucleus, and $F\left(k^{\prime \prime}, k^{\prime}\right)$ encodes of the information due to final state interactions.

### 2.3.3 Polarization Observables

Following Donnelly \& Raskin [36] (N.B. the sign convention for $Q^{2}$ ), the polarized part of the elastic scattering cross section for a spin- $1 / 2$ can be written as:

$$
\begin{equation*}
\bar{\Delta}=-h_{b} \bar{\sigma}\left[2 \tau(1+\tau) G_{M}^{2} v_{\mathrm{T}^{\prime}} \cos \left(\theta^{\star}\right)-2(1+\tau) \sqrt{2 \tau(1+\tau)} G_{E} G_{M} v_{\mathrm{TL}} \sin \left(\theta^{\star}\right) \cos \left(\phi^{\star}\right)\right] \tag{2.122}
\end{equation*}
$$

where the unpolarized cross section $\bar{\sigma}$ is given by $\left(\frac{d \sigma}{d \Omega}\right)_{\text {Sachs }}$ and the kinematic \& geometric factors are given by:

$$
\begin{align*}
v_{\mathrm{T}^{\prime}} & =\tan \left(\frac{\theta}{2}\right) \sqrt{\frac{Q^{2}}{|\vec{q}|^{2}}+\tan ^{2}\left(\frac{\theta}{2}\right)}  \tag{2.123}\\
v_{\mathrm{TL}^{\prime}} & =\frac{-Q^{2}}{|\vec{q}|^{2} \sqrt{2}} \tan \left(\frac{\theta}{2}\right)  \tag{2.124}\\
\cos \left(\theta^{\star}\right) & =\hat{P}_{t} \cdot \hat{q}  \tag{2.125}\\
\sin \left(\theta^{\star}\right) \cos \left(\phi^{\star}\right) & =\hat{P}_{t} \cdot(\hat{n} \times \hat{q}) \tag{2.126}
\end{align*}
$$

After some considerable algebra, for elastic scattering only, we can derive the following useful equalities:

$$
\begin{equation*}
-\frac{v_{\mathrm{T}^{\prime}}}{v_{\mathrm{TL}^{\prime}}} \sqrt{\frac{2 \tau}{1+\tau}}=\sqrt{\tau\left(1+(1+\tau) \tan ^{2}\left(\frac{\theta}{2}\right)\right)}=\sqrt{\frac{\tau(1+\varepsilon)}{2 \varepsilon}}=\frac{\left(E+E^{\prime}\right) \tan \left(\frac{\theta}{2}\right)}{2 M} \tag{2.127}
\end{equation*}
$$

Putting this altogether allows us to identify the polarized part in terms of the components of the asymmetry matrix defined relative to the $q$-vector:

$$
\begin{align*}
& A_{\text {long }}=A_{0}\left(\frac{\left(E+E^{\prime}\right) \tan \left(\frac{\theta}{2}\right)}{2 M}\right)  \tag{2.128}\\
& A_{\text {trans }}=A_{0}\left(\frac{G_{E}}{G_{M}}\right) \tag{2.129}
\end{align*}
$$

where the "scale asymmetry" $A_{0}$ is given by:

$$
\begin{equation*}
A_{0}=-\left[\frac{2 \tan \left(\frac{\theta}{2}\right) \sqrt{\tau(1+\tau)}}{\left(G_{E} / G_{M}\right)^{2}+\tau / \varepsilon}\right] \tag{2.130}
\end{equation*}
$$

We'll note that the transverse asymmetry is sensitive to the ratio and relative sign of the elastic form factors [37].

Assuming $\left(G_{E} / G_{M}\right)^{2}$ is small enough to ignore in the denominator, then $A_{\text {trans }}$ is essentially proportional to $G_{E} / G_{M}$. To take advantage of this, we should orient, in the scattering plane, the target polarization vector perpendicular to the $q$-vector $\left(\hat{P}_{t} \cdot(\hat{n} \times \hat{q}) \approx 1 \& \hat{P}_{t} \cdot \hat{q} \approx 0\right)$ such that the physics asymmetry $A$ would be more sensitive to $A_{\text {trans }}$ than $A_{\text {long }}$ :

$$
\begin{equation*}
\frac{G_{E}}{G_{M}} \approx-A\left[\frac{\sqrt{\tau}}{2 \varepsilon \tan \left(\frac{\theta}{2}\right) \sqrt{1+\tau}\left[\hat{p}_{t} \cdot(\hat{n} \times \hat{q})\right]}\right]-\left[\frac{\left(\hat{P}_{t} \cdot \hat{q}\right)\left(E+E^{\prime}\right) \tan \left(\frac{\theta}{2}\right)}{\left[\hat{P}_{t} \cdot(\hat{n} \times \hat{q})\right] 2 M}\right] \tag{2.131}
\end{equation*}
$$

where we've ignored the higher order effects of $\left(G_{E} / G_{M}\right)^{2}$ in the denominator of $A_{0}$. If it cannot be neglected, then we must solve [38] the following quadratic equation:

$$
\begin{equation*}
\left(\frac{G_{E}}{G_{M}}\right)^{2}-\mathcal{B}\left(\frac{G_{E}}{G_{M}}\right)+\mathcal{C}=0 \tag{2.132}
\end{equation*}
$$

where the factors $\mathcal{B} \& \mathcal{C}$ are given by:

$$
\begin{equation*}
\mathcal{B}=\frac{-2 \tan \left(\frac{\theta}{2}\right) \sqrt{\tau(1+\tau)}\left[\hat{P}_{t} \cdot(\hat{n} \times \hat{q})\right]}{A} \quad \mathcal{C}=\frac{\tau}{\varepsilon}-\mathcal{B}\left[\frac{\left(\hat{P}_{t} \cdot \hat{q}\right)\left(E+E^{\prime}\right) \tan \left(\frac{\theta}{2}\right)}{\left[\hat{P}_{t} \cdot(\hat{n} \times \hat{q})\right] 2 M}\right] \tag{2.133}
\end{equation*}
$$

and the two solutions are given by:

$$
\begin{equation*}
\frac{G_{E}}{G_{M}}=\frac{2 C / \mathcal{B}}{1+\sqrt{1-\frac{4 C}{\mathcal{B}^{2}}}} \quad \text { or } \quad \frac{\mathcal{B}}{2}\left[1+\sqrt{1-\frac{4 C}{\mathcal{B}^{2}}}\right] \tag{2.134}
\end{equation*}
$$

Care must be taken to choose the correct solution given the kinematics and we'll note that when the ratio is small $G_{E} / G_{M} \ll 1$, the first solution is the correct one.

Furthermore, if $A_{\text {long }}$ and $A_{\text {trans }}$ can be measured independently \& simultaneously, then their ratio directly gives $G_{E} / G_{M}$ :

$$
\begin{equation*}
\frac{G_{E}}{G_{M}}=\frac{A_{\text {trans }}}{A_{\text {long }}}\left(\frac{\left(E+E^{\prime}\right) \tan \left(\frac{\theta}{2}\right)}{2 M}\right) \tag{2.135}
\end{equation*}
$$

In practice this could be done by defining two scattering planes (with their own corresponding $q$-vectors) by an appropriate placement of detectors. In one, the target polarization vector would be parallel to the $q$-vector $\left(\hat{P}_{t} \cdot(\hat{n} \times \hat{q}) \approx 0 \& \hat{P}_{t} \cdot \hat{q} \approx 1\right)$ making the physics asymmetry most sensitive to $A \approx A_{\text {long }}$. In the other, the target polarization vector would be perpendicular to the $q^{\prime}$-vector $\left(\hat{P}_{t} \cdot\left(\hat{n}^{\prime} \times \hat{q}^{\prime}\right) \approx 1\right.$ $\& \hat{P}_{t} \cdot \hat{q}^{\prime} \approx 0$ ) making the physics asymmetry most sensitive to $A^{\prime} \approx A_{\text {trans }}$. Although technically difficult, it has the advantage that the target polarization, beam polarization, and dilution factor all essentially cancel in the ratio $\left(A_{\text {trans }} / A_{\text {long }}\right) \approx$ $\left(A^{\prime} / A\right)=\left(A_{\text {raw }}^{\prime} / A_{\text {raw }}\right)$. Assuming the average beam \& target polarizations are stable, this type of measurement can also be performed by switching the target spin
angle between parallel \& perpendicular to the $q$-vector to measure $A_{\text {long }} \& A_{\text {trans }}$ separately.

One can alternatively measure the polarization transferred to an unpolarized target from a polarized beam $[37,39]$. The polarization of the recoiling particle is related to the asymmetries by "turn-around" relations given by [36]:

$$
\begin{equation*}
P_{\text {long }}=+A_{\text {long }} \quad P_{\text {trans }}=-A_{\text {trans }} \tag{2.136}
\end{equation*}
$$

where $P_{\text {long(trans) }}$ is the longitudinal (transverse) polarization with respect to momentum transfer axis. If the target particle is initially at rest, then this axis corresponds with the recoiling particle's direction of propagation. The ratio $G_{E} / G_{M}$ can expressed as the transferred polarization ratio, which does not require any knowledge of the beam polarization:

$$
\begin{equation*}
\frac{G_{E}}{G_{M}}=-\frac{P_{\text {trans }}}{P_{\text {long }}}\left(\frac{\left(E+E^{\prime}\right) \tan \left(\frac{\theta}{2}\right)}{2 M}\right) \tag{2.137}
\end{equation*}
$$

### 2.3.4 Nucleon Form Factors

There are two complications that make the interpretation of nucleon form factors difficult. First, unlike the spinless case, there are two form factors for spin-1/2 particles. One way to approach the solution to this problem is to expand the form factors for low $Q^{2}$ (assuming a spherically symmetric distribution):

$$
\begin{equation*}
F\left(Q^{2}\right)=F(0)-\frac{2 \pi Q^{2}}{3} \int r^{4} \rho(r) d r+\cdots \tag{2.138}
\end{equation*}
$$

where the term linear in $Q^{2}$ is proportional to the root mean square (rms) radius of the distribution described by $\rho(r)$. Yennie, Lévy, \& Ravenhall showed [40] that the rms charge radius was related to $G_{E}$ in the following way:

$$
\begin{equation*}
\left\langle r^{2}\right\rangle=\int r^{2} \rho(r) d^{3} r=4 \pi \int r^{4} \rho(r) d r=-6\left[\left.\frac{d F_{1}}{d Q^{2}}\right|_{Q^{2}=0}-\frac{F_{2}(0)}{2 M}\right]=-\left.6 \frac{d G_{E}}{d Q^{2}}\right|_{Q^{2}=0} \tag{2.139}
\end{equation*}
$$

This reason, among others, lead to the interpretation of the $G_{E} \& G_{M}$ as the Fourier transform of the charge and magnetization distributions [31,41-43]. Note that at sufficiently low $Q^{2}$, specifically $\tau \ll 1 \rightarrow Q^{2} \ll 4 M^{2}$, the choice between $F_{1}$ and $G_{E}$ as the charge distribution is less critical.

Second, relativistic effects due to the recoil of the target are significant. For each $Q^{2}$, there is a frame of reference, called the Breit frame, where the target recoil is zero, $\nu=0$. The Breit frame (also called the "brick wall" frame) travels along the direction of the momentum transfer ( $q$-vector) in the scattering plane at a velocity given by $\nu /|\vec{q}|$, which is $\sqrt{\tau /(1+\tau)}$ for elastic scattering. It is in this frame that the form factor is interpreted as the Fourier transform of a distribution. To calculate the static charge and magnetization distributions of nucleons in the lab frame, one must first boost both $G_{E} \& G_{M}$ from the Breit frame into the lab frame. At sufficiently low $Q^{2}(\tau \ll 1)$, this is straightforward since the Breit frame travels at nonrelativistic velocities with respect to the lab frame. At higher $Q^{2}$, the Breit frame travels at relativistic velocities. It is difficult, in a model independent way, to disentangle relativistic "boost" effects from structure information. Regardless of their connection to static lab-frame distributions, nucleon form factors provide an important link between meson cloud effects at low $Q^{2}$ [44] and coherent hard scattering from three Dirac constituents at high $Q^{2}$ [45].

The first measurements of proton form factors $[46,47]$ by Hofstadter \& McAllister in the mid-1950's indicated that they were not constant and decreased with $Q^{2}$. Based on subsequent measurements [48] up to $Q^{2}<0.55 \mathrm{GeV}^{2}$, the proton Dirac \& Pauli proton factors were well parametrized by the "dipole" form factor:

$$
\begin{equation*}
F_{1}^{p}=F_{2}^{p}=G_{D}\left(Q^{2}\right)=\left[1+\frac{Q^{2}}{Q_{D}^{2}}\right]^{-2} \tag{2.140}
\end{equation*}
$$

where $Q_{D}^{2}=0.73 \mathrm{GeV}^{2}$. This form factor can represent the Fourier transform of an exponentially decaying distribution with an R.M.S. radius given of 0.80 fm . Another early parameterization [49], motivated by the possibility of the breakdown of electrodynamics at short distances or alternatively arguments based on dispersion relations, has the form:

$$
\begin{equation*}
F\left(Q^{2}\right)=\sum_{i=0}^{N} \frac{a_{i}}{1+b_{i} Q^{2}} \tag{2.141}
\end{equation*}
$$

where $a_{i}, b_{i}$, and $N$ are fit to the data. In the language of vector meson dominance, Sec. (2.3.5), these parameters can related to the number of vector mesons included in the sum $(N)$, their masses $\left(1 / \sqrt{b_{i}}\right)$, and the product of the vector meson-photon coupling constant \& the vector meson-nucleon-nucleon coupling constant $\left(a_{i}\right)$. In the early 60's, both $F_{1}^{p} \& F_{2}^{p}$ [50] and $G_{E}^{p} \& G_{M}^{p}$ [31] were parametrized by this form. $F_{1} \& F_{2}$ were separated by essentially solving two simultaneous quadratic equations using the method of "intersecting ellipses" [51]. Data taken up to $Q^{2}=1 \mathrm{GeV}^{2}$ and analyzed using this method indicated that, above $Q^{2} \approx 0.5 \mathrm{GeV}^{2},\left(F_{2}^{p} / \kappa_{p}^{\star}\right) / F_{1}^{p}<$ 1 as $Q^{2}$ increased. $G_{E}^{p} \& G_{M}^{p}$ were obtained by Rosenbluth separation and data taken up to $Q^{2}=1.8 \mathrm{GeV}^{2}$ indicated that $G_{M}^{p}\left(Q^{2}\right) \approx G_{M}^{p}(0) G_{E}^{p}\left(Q^{2}\right)$. Measurements between the mid 60's and early 80's for the proton form factors (using Rosenbluth separation) extended to $Q^{2}<4 \mathrm{GeV}^{2}$. Their coarse structure was described (within
$10 \%)$ by the dipole form factor [52]:

$$
\begin{equation*}
\frac{G_{E}^{p}\left(Q^{2}\right)}{G_{E}^{p}(0)}=\frac{G_{M}^{p}\left(Q^{2}\right)}{G_{M}^{p}(0)}=G_{D}\left(Q^{2}\right) \tag{2.142}
\end{equation*}
$$

where $Q_{D}^{2}=0.71 \mathrm{GeV}^{2}, G_{E}^{p}(0)=1$, and $G_{M}^{p}(0)=1+\kappa_{p}^{\star}$. By the mid- 90 's, measurements of $G_{E}^{p} \& G_{M}^{p}$ were extended up to $Q^{2}=7 \mathrm{GeV}^{2} \& Q^{2}=30 \mathrm{GeV}^{2}$ respectively. The world data at the time was parametrized by an empirical inverse polynomial form [56]:

$$
\begin{equation*}
F\left(Q^{2}\right) / F(0)=\frac{1}{1+\sum_{i=1}^{N} a_{i} Q^{i}} \tag{2.143}
\end{equation*}
$$

where $a_{i}$ and $N$ are determined by fits to the data. The upper (lower) half of Fig. 2.3) depicts a representative sample of parameterizations for $G_{M}^{p}$ before (after) 1995. The experimental picture at that time can be summarized as $G_{E}^{p} / G_{M}^{p} \approx$ constant. Therefore it was quite striking when the first high $Q^{2}$ measurements [62] obtained from the polarization transfer technique indicated that $G_{E}^{p} / G_{M}^{p}$ decreased linearly with increasing $Q^{2}$. The difference in these two techniques are thought $[66,67]$ to be due to, at least partly, previously unaccounted for radiative corrections due to two photon exchange at the nucleon vertex [68,69]. Fig. (2.4) shows a comparison of the polarization transfer data with more recent Rosenbluth separation experiments.

Neutron form factor data are much more limited in both quantity \& quality due to a lack of a free neutron target. For this reason, the traditional approach (until the mid-90's) was to extract neutron form factors from both elastic and quasi-elastic scattering from an unpolarized deuterium target. The first quasi-elastic experiments were carried out by Yearian \& Hofstadter [70] in the late-50's and resulted in the conclusion that $F_{2}^{n} \approx F^{p}$ within large uncertainties assuming that $F_{1}^{n}=0$.


Figure 2.3: Parameterizations of $G_{M}^{p}$ before \& after 1995. The parameterizations are from Hofstadter61 [50], Hand63 [31], Hughes65 [53], Simon80 [54], Hohler76 [55], Bosted95 [56], Brash02 [57], FW03 [58], Kelly04 [59], AMT07 [60], \& ABGG09 [61].


Figure 2.4: Comparison of $\mu_{p} G_{E}^{p} / G_{M}^{p}$ from the Polarization Transfer Method with Rosenbluth Separation. Polarization transfer data (left) are from Jones00 [62] and Gayou02 [63]. Rosenbluth separation data (right) from Christy04 [64] and Qat$\tan 05$ [65].

This technique measures ( $\sigma_{p}^{\mathrm{QE}}+\sigma_{n}^{\mathrm{QE}}$ ) which requires corrections due to the contribution from the proton $\left(G_{E}^{p} \& G_{M}^{p}\right)$ and nucleon motion \& binding effects (nucleon spectral functions $S\left(\nu_{s}, \vec{k}\right)$ ). Sensitivity to nucleon motion \& binding effects can be reduced by also measuring a struck proton in coincidence with the scattered electron. In this method, the neutron form factors are extracted from the ratio $\left(\sigma_{p}^{\mathrm{QE}}+\sigma_{n}^{\mathrm{QE}}\right) / \sigma_{p}^{\mathrm{QE}+\mathrm{FSI}}$, which is mainly sensitive to final state interactions of the struck proton exiting the nucleus. Sensitivity to FSI can be reduced by also measuring a struck neutron in coincidence to the scattered electron. In this method, the neutron form factors are extracted from the ratio $\sigma_{n}^{\mathrm{QE}+\mathrm{FSI}} / \sigma_{p}^{\mathrm{QE}+\mathrm{FSI}}$, which is mainly sensitive to the neutron detection efficiency and differences between the proton \& neutron FSI. All of these methods have been used to extract $G_{M}^{n}$ and it is isolated from $G_{E}^{n}$ by assuming that $G_{E}^{n} \approx 0$, by choosing a large scattering angle to enhance sensitivity to "magnetic" scattering, and/or by Rosenbluth separation. Within
$\pm 10 \%$ up to $Q^{2}=6 \mathrm{GeV}^{2}$, the coarse structure of $G_{M}^{n}$ is also given by the dipole form factor as $G_{M}^{n}\left(Q^{2}\right)=G_{M}^{n}(0) G_{D}\left(Q^{2}\right)$ where $G_{M}^{n}(0)=\kappa_{n}^{\star}$. The upper (lower) half of Fig. 2.5 depicts a representative sample of parameterizations for $G_{M}^{p}$ before (after) 1995.

Of the four electromagnetic nucleon form factors, $G_{E}^{n}$ is the most difficult to extract cleanly. The most precise constraint to $G_{E}^{n}$ comes from the neutron-electron scattering length $b_{n e}$. The first non-zero observation of this quantity (or equivalently a spin-\& velocity-independent neutron-electron interaction) [71] came from neutron scattering from Pb by Havens, Rabi \&, Rainwater [72] and from Xe by Fermi \& Marshall [73] in 1947. Foldy argued [74] that this interaction could, at least partly, be attributed to the neutron's anomalous magnetic moment. Subsequent, higher precision experiments demonstrated [75] that almost all of the interaction was accounted for by the anomalous magnetic moment. In the language of elastic electron scattering, this process is measuring the slope of $G_{E}^{n}$ at $Q^{2}=0$ :

$$
\begin{equation*}
V_{0}=\left(\frac{3 m}{2 \alpha r_{e}^{2} M_{n}}\right) b_{n e}=\left(\frac{\alpha}{2 r_{e}^{3}}\right)\left\langle r_{n}^{2}\right\rangle=-\left.\left(\frac{3 \alpha}{r_{e}^{3}}\right) \frac{d G_{E}^{n}}{d Q^{2}}\right|_{Q^{2}=0} \tag{2.144}
\end{equation*}
$$

where the early experiments expressed their results as the equivalent potential $V_{0}$ on the surface of sphere with the classical electron radius $r_{e}=\alpha / m$. A world average of the results from modern versions of this type of neutron scattering give [76]:

$$
\begin{equation*}
\left\langle r_{n}^{2}\right\rangle=-\left.(0.1161 \pm 0.0022) \mathrm{fm}^{2} \Rightarrow \frac{d G_{E}^{n}}{d Q^{2}}\right|_{Q^{2}=0}=(0.4969 \pm 0.0094) / \mathrm{GeV}^{2} \tag{2.145}
\end{equation*}
$$

The left side of Fig. 2.6 shows a comparison between this slope and low $Q^{2}$ electron scattering data \& parameterizations.

For non-zero $Q^{2}$, until the mid-90's, $G_{E}^{n}$ was extracted from both elastic and



Figure 2.5: Parameterizations of $G_{M}^{n}$ before \& after 1995. The parameterizations are the same as in Fig. (2.5).


Figure 2.6: Left: $G_{E}^{n}$ for $Q^{2} \leq 0.05 \mathrm{GeV}^{2}$. Data from Drickey62 [77], Hughes65 [53], Grosstete66 [78], Bulmiller70 [79], Simon81 [80], Platchkov90 [81], \& SS2001 [82]. Right: Parameterizations of $G_{E}^{n}$ with Different NN-potentials. Fits to data from Galster71 (G71) [83] using the Feshbach-Lomon (F-L) [84] and Hamada-Johnston (H-J) [85] potentials. Fits to data from Platchkov90 (P90) [81] using the Nijmegen [86], Argonne-14 (AV14) [87] (with $b=21.2$ ), Paris [88], and Reid Soft Core (RSC) [89] potentials.
quasi-elastic scattering from unpolarized deuterium targets. Extracting $G_{E}^{n}$ from quasi-elastic scattering [53,90-95] is analogous to extracting $G_{M}^{n}$. The most precise determinations of $G_{E}^{n}$, however, came from elastic scattering [54,77-79,81,83,96]. At sufficiently low $Q^{2} \ll 4 M_{d}^{2}$, the $A^{d}\left(Q^{2}\right)$ deuteron elastic structure function is most sensitive to the charge \& quadrupole form factors $G_{C}^{d}\left(Q^{2}\right) \& G_{Q}^{d}\left(Q^{2}\right)$. These two form factors can be written in terms of $G_{E}^{p} \& G_{E}^{n}$ using knowledge of the ground state wave function of the deuteron. This must be calculated from a theoretical model for the nucleon-nucleon ( $N N$ ) potential. The extraction of $G_{E}^{n}$ is especially sensitive to the choice of the NN-potential, see right side of Fig. (2.6). In 1971, Galster et al. [83] made an early use of this technique and parametrized $G_{E}^{n}$ up to $Q^{2} \approx 1 \mathrm{GeV}^{2}$ as:

$$
\begin{equation*}
G_{E}^{n}\left(Q^{2}\right)=-G_{M}^{n}(0) G_{D}\left(Q^{2}\right) \frac{A_{G} \tau}{1+B_{G} \tau} \tag{2.146}
\end{equation*}
$$

where $\tau=Q^{2} /\left(4 M_{n}^{2}\right)$ and a best fit to the world data at the time gave $A_{G}=1.0$ $\& B_{G}=5.6$. In 1990, Platchkov et al. [81] repeated this analysis with their higher precision data ( $0.04 \mathrm{GeV}^{2} \leq Q^{2} \leq 0.70 \mathrm{GeV}^{2}$ ) and their best fit (RSC) constrained by $d G_{E}^{n} / d Q^{2}$ is $A_{G}=0.944 \& B_{G}=16.6$. In 2001, Schiavilla \& Sick extracted $G_{E}^{n}$ from a global analysis of the world data for $G_{Q}^{d}$, which they argue is less sensitive to the choice of NN-potential. Fig (2.7) shows a representative selection of the world data for $G_{E}^{n}$ extracted from scattering from unpolarized deuterium targets before (upper) \& after (lower) 1990.

Since the early-90's, the neutron form factors have been extracted from quasielastic polarized electron scattering. These experiments can be broken down into four categories based on the type of target: Metastability Exchange Optical Pumping (MEOP) ${ }^{3} \mathrm{He}$ targets [97-101], Spin Exchange Optical Pumping (SEOP) ${ }^{3} \mathrm{He}$ targets [102] \& E02013, polarization transfer to unpolarized deuterium targets [103108], \& polarized deuterium targets [109-112]. The first experiments [97,102] of this type had large systematic uncertainties due to corrections for the proton contribution [113]. All subsequent experiments measured the struck neutron in coincidence with the scattered electron. Corrections due to final state interactions (FSI) and meson exchange currents (MEC) for deuterium targets are made using the prescription of Arenhövel et al. (see [114] and references therein). The analysis of Golak et al. [115] has been used [99-101] to treat FSI \& MEC for ${ }^{3} \mathrm{He}$ targets. Fig. (2.9) shows a comparison between extractions of $G_{E}^{n}$ using spin-independent \& spin-dependent observables.



Figure 2.7: $G_{E}^{n}$ from Elastic \& Quasi-elastic Scattering from Unpolarized Deuterium Targets Before (upper) \& After (lower) 1990. Data are from 1962-65 [53,77,90, 91], 1966-70 [78,79, 92, 96], 1971-81 [80, 83, 93,94], \& after 1990 [81, 82, 95].


Figure 2.8: $\mu_{n} G_{E}^{n} / G_{M}^{n}$ from the Polarization Observables.

### 2.3.5 Perspectives From Theory

From the perspective of theory, the "physics" of a scattering cross section $(\sigma)$ is provided by the modulus square of the scattering amplitude $\left(|\mathcal{M}|^{2}\right)$. Form factors $(F)$ always appear quadratically in cross section formulas, which implies that they are linear in the scattering amplitudes $(\mathcal{M})$. This scattering amplitude is described by a product of the matrix elements for the electron and the nucleon. The electron matrix element is determined from QED, whereas the nucleon matrix element is unknown. Most (but not all) theoretical approaches are essentially an exercise in constructing \& evaluating the nucleon matrix element:

$$
\left.\begin{array}{c}
\sigma \sim\left|\mathcal{M}^{2}\right|  \tag{2.147}\\
\sigma \sim F^{2}
\end{array}\right\} \Rightarrow F \sim \mathcal{M} \sim\left\langle N^{\prime}\right| O|N\rangle
$$



Figure 2.9: Comparison of $G_{E}^{n}$ from Unpolarized (upper) \& Polarized (Lower) Scattering Experiments Since 1990.

Finally, from the point of view of theory, it is usually more convenient to describe proton and neutron form factors by their isospin components:

$$
\begin{align*}
& F^{p}=F^{S}+F^{V}  \tag{2.148}\\
& F^{n}=F^{S}-F^{V}  \tag{2.149}\\
& F^{S}=\frac{F^{p}+F^{n}}{2}  \tag{2.150}\\
& F^{V}=\frac{F^{p}-F^{n}}{2} \tag{2.151}
\end{align*}
$$

where $F^{S} \& F^{V}$ are the isoscalar \& isovector nucleon form factors. This isospin decomposition is valid for both conventions and ignores the small mass difference between protons \& neutrons.

## Dispersion Relations

Dispersion relations are mathematical relationships that are derived from the physical requirement of causality, see Sec.(2.5.4). They provide a general constraint to the form of the response of an object, represented by $f$, by relating the real part of $f$ to its imaginary part:

$$
\begin{equation*}
\Re f\left(Q^{2}\right)=\frac{1}{\pi} \int_{Q_{0}^{2}}^{\infty} \frac{Q^{\prime 2}+Q^{2}}{} \frac{Q^{\prime 2}}{} d Q^{\prime 2} \tag{2.152}
\end{equation*}
$$

In the context of elastic electron-nucleon scattering, $f$ can be thought of as a complexvalued "generalized" form factor with a real part that is given by the usual nucleon form factors. The imaginary part of $f$ represents the closely related process of nucleon-antinucleon $(N \bar{N})$ pair production from $e^{ \pm}$collisions [116]. From the perspective of quantum field theory, the Feynman diagrams for these two processes


Figure 2.10: Elastic Scattering \& $e^{ \pm}$Collisions. The elastic scattering ( $e^{ \pm}$collision) diagram involves the exchange of a "space-like" ("time-like") virtual photon with $Q>0\left(Q^{2}<0\right)$.
are nearly identical and differ by a $90^{\circ}$ "rotation in spacetime," see Fig (2.10).

## Vector Meson Dominance

The traditional modeling of form factors amounts to determining the imaginary part of $f$ usually with hadronic degrees of freedom. After the $e^{ \pm}$annihilation, the virtual photon can fluctuate into an intermediate particle with mass $m$, which is suggested by the propagator-like form of the denominator with $Q^{\prime}=m$. The dispersion relation can then be interpreted as a spectral decomposition $[117,118]$ and rewritten as:

$$
\begin{equation*}
F_{1,2}^{S, V}=\frac{1}{\pi} \int_{\left(m_{0}^{S, V}\right)^{2}}^{\infty} \frac{w_{1,2}^{S, V}\left(m^{2}\right)}{m^{2}+Q^{2}} d m^{2} \tag{2.153}
\end{equation*}
$$

where $w_{1,2}^{S, V}=\Im f_{1.2}^{S, V}$ is known as the spectral weight function. The integration threshold $m_{0}^{S(V)}=2(3) m_{\pi}$ is given by isospin symmetry considerations. The spec-
tral weights give the naive nucleon distributions by [119]:

$$
\begin{equation*}
\rho(r)=\frac{1}{4 \pi^{2}} \int_{m_{0}^{2}}^{\infty} \frac{e^{-m r}}{r} w\left(m^{2}\right) d m^{2} \tag{2.154}
\end{equation*}
$$

An early model called Vector Meson Dominance (VMD) [120,121] argued that these intermediate particles are vector mesons, which have same same quantum numbers as a photon (zero charge, spin-1, odd parity). In this picture, a cloud of virtual vector mesons with mass $m$ surround the "intrinsic" nucleon with a range $1 / m$. The spectral function $w$ is then a product of the photon-vector meson $\left(g_{\gamma V}\right)$ coupling constant and the vector meson-NN ( $F_{V N N}$ ) "form factor." The lightest vector mesons, $\rho \& \omega$, are expected to have the dominant weights. One can account for the possibility of strangeness in the nucleon by including a term for the $\phi$ meson. Early motivations for VMD included the prediction of the existence of the $\omega$-meson by Y. Nambu [122] and the strong resonances due to vector mesons in the $e^{ \pm}$collisional cross section [123]. The simplest versions of this model had limited success in describing the nucleon form factors [124,125].

Modifications to the basic VMD model which improve the fit to experimental data include an additional term (related to the pion form factor $F_{\pi}$ ) for two pion exchange for the isovector form factors [126-130], an additional term for two kaon exchange for the isoscalar form factors [131, 132], an "intrinsic" form factor that acts as the core of the nucleon (that is surrounded by a cloud of vector mesons), and/or the requirement that the high $Q^{2}$ scaling behavior is constrained by pQCD, see Sec. (2.3.5). Fig (2.11) depicts Feynman diagrams that represent these processes.

The model of Iachello et al. [133] includes an intrinsic form factor $(g)$ and has been updated to include pQCD scaling [134]. The model of Hohler et al. [55] was


Figure 2.11: Feynman Diagrams Describing Different Approaches to Elastic Scattering. (UL) Intrinsic Form Factor, (UR) Two Pion Exchange, (LL) Vector Meson Exchange, (LR) pQCD.
among the first to include two pion exchange. It has been updated to include pQCD scaling [135] and new calculations for the contributions due to two pion \& two kaon exchange [136]. Although it has its roots in VMD, this updated model is more properly described as a "dispersion relation analysis." The model of Gari \& Krümpelmann [137-140] was among the first to include pQCD scaling. It has been extended by E.L. Lomon to include additional heavier vector mesons and two pion exchange [141-143].

## Perturbative QCD

Partonic (quark \& gluon) degrees of freedom can provide constraints to the asymptotic short distance scale behavior of the form factors using perturbative QCD (pQCD). Based on dimensional scaling rules, Brodsky \& Farrar argued [144] that at very high $Q^{2}$ the form factors $F_{1} \& F_{2}$ should scale as $1 / Q^{4} \& 1 / Q^{6}$ respectively. Lepage \& Brodsky came to the same conclusion $[145,146]$ by factorizing the scattering process into two parts [147]: "soft" and "hard." The soft parts represent the probabilities of finding the nucleon (hadron) in a three ( $n$ ) quark state before and after scattering. The hard part represents the virtual photon and gluon exchanges among the three ( $n$ ) quarks. The simplest (lowest order) way for this to happen is for an exchange of two $(n-1)$ gluons. Each gluon exchange implies one $1 / Q^{2}$ factor from the gluon propagator, which gives $1 / Q^{4}$ for $F_{1}$. If one assumes that the nucleon (hadron) helicity is conserved during the scattering process to lowest order, then one additional gluon exchange is required to mediate a helicity flip. This implies a $1 / Q^{6}$ scaling for $F_{2}$. Generalizing the dimensional scaling rules [148] and pQCD factorization analysis [149] to include quark orbital angular momentum (OAM) have reconfirmed these arguments and give:

$$
\begin{equation*}
\lim _{Q^{2} \rightarrow \infty} \frac{F_{2}}{F_{1}} \propto \frac{\left[\log \left(Q^{2} / \Lambda^{2}\right)\right]^{2}}{Q^{2}} \tag{2.155}
\end{equation*}
$$

where $\Lambda$ is a "soft scale related to the size of the nucleon." Ralston \& Jain argue [150], that to properly include the effect of quark OAM, the transverse momenta of the quarks must be included in the calculation. Consequently they find that $F_{2}$ scales as $1 / Q^{5}$ and $F_{2} / F_{1}$ scales as $1 / Q$.


Figure 2.12: $F_{2} / F_{1}$ Ratios from the Polarization Observables.

## Effective Chiral Field Theories

An alternative approach using hadronic degrees of freedom is to write down an "effective" field theory that approximates the low energy behavior of the "full" theory. In the context of QCD (the "full" theory), the concept of chiral symmetry is used to deduce the degrees of freedom for the effective theory [151]. The family of particles that include pions (light pseudoscalar mesons) are the required degrees of freedom. One way to implement this idea is called Chiral Perturbation Theory, which will be described more fully in Sec. (2.5.10). See [32] for a recent review of nucleon form factors calculated within this framework.

A soliton is a mathematical object that has a spatial distribution that is localized and stable in time [152-154]. The form factor of such an object can be calculated from knowledge of its spatial distribution. To obtain nucleon form factors using a soliton model, the soliton must represent a nucleon. This is usually done by designing a field theory with a Lagrangian that satisfies two criteria. First, it has terms that mimic the chiral symmetry properties of QCD. (Specifically, some form of the nonlinear sigma model [27] is included to spontaneously break the chiral symmetry that is also built into the Lagrangian). Second, it includes a type of nonlinear interaction that necessarily results in a soliton solution. Soliton models differ on how these two criteria are satisfied. In the limit where the number of colors is infinite ( $N_{c} \gg 1$, for example [155]), the effective field theories that represent these models have a deep relationship with QCD [156].

Chiral Soliton Models start with a Lagrangian (originally proposed by Skyrme [157]) with only pion degrees of freedom. The solutions are "topological" chiral solitons that are named Skyrmions [158]. One of the invariant parameters that describes the topology of a Skyrmion (the winding number) can be related to the
baryon number $B$. When $B=1$, the Skyrmion can be thought of as a baryon and more specifically a nucleon. Its spatial (chiral) profile (specified as a part of the solution to the Lagrangian) is related to its baryon density and moment of inertia density. These densities represent the charge and magnetization densities of the nucleon which can be immediately inverted to give the nucleon form factors [159]. This form of the model is only useful at very low $Q^{2}$. Holzwarth has extended this model $[160,161]$ to higher $Q^{2}$ by including the effects of the lightest vectors mesons ( $\rho \& \omega$ ) and boosting the densities [162] from the Skyrmion rest frame to the Breit frame.

Chiral Quark Soliton Models use a Lagrangian (the Nambu \& Jona-Lasinio Model [163, 164]) which involve both pion and quark degrees of freedom [165]. In this case, the solutions are "non-topological" solitons which represent a localized three valence quark bound state [166]. Consequently, the baryon number of this object is due to the valence quarks. The pion degrees of freedom result in sea quarks that surround the valence quarks which are bound by their individual interaction with the sea. Remarkably this model manages to approximate the chiral symmetry properties of QCD and produce a nucleon-like object that has a spatial extent, three quarks, and a pion cloud. In these models, form factors are obtained by calculating the matrix element for the nucleon electromagnetic current (which will be described shortly). See $[32,167]$ for a recent review of Chiral Soliton Models \& Chiral Quark Soliton Models as they relate to form factors.

## Relativistic Constituent Quark Models

Quark degrees of freedom can also be used to represent the nucleon in the form of the nucleon wavefunction $|N, h, P\rangle$. This wavefunction can then be used to calcu-
late the matrix element of nucleon electromagnetic current which is related to the form factors by [2]:

$$
\begin{equation*}
\left\langle P^{\prime}, S^{\prime}\right| J^{\mu}|P, S\rangle=\bar{u}\left(P^{\prime}, S^{\prime}\right)\left[\gamma^{\mu} F_{1}\left(Q^{2}\right)+i \sigma^{\mu \nu} q_{v}\left(\frac{F_{2}\left(Q^{2}\right)}{2 M}\right)\right] u(P, S) \tag{2.156}
\end{equation*}
$$

where $S\left(S^{\prime}\right) \& P\left(P^{\prime}\right)$ are the initial (final) nucleon spin vector and momentum, $\bar{u}$ $\& u$ are Dirac spinors, $M$ is the mass of the nucleon, and $\gamma^{\mu} \& \sigma^{\mu \nu}$ are the given by the Dirac matrices. The wavefunction can usually be decomposed into helicity non-flip $\left(h^{\prime}=\hat{S}^{\prime} \cdot \hat{P}^{\prime}=h=\hat{S} \cdot \hat{P}\right)$ and flip $\left(h^{\prime}=-h\right)$ parts that directly correspond to the Dirac $F_{1}$ and Pauli $F_{2}$ form factors respectively.

In the constituent quark model, the nucleon wavefunction is represented by an effective three-quark wavefunction that is written as [168]:

$$
\begin{equation*}
|P, S\rangle=\xi_{\text {spatial }} \zeta_{\text {flavor }} \chi_{\text {spin }} \phi_{\text {color }} \tag{2.157}
\end{equation*}
$$

where the total wavefunction must be antisymmetric under an interchange of any two quarks. This is accomplished by an antisymmetric color wavefunction $\phi_{\text {color }}$ and a totally symmetric spatial-flavor-spin product wavefunction $\xi_{\text {spatial }} \zeta_{\text {flavor }} \chi_{\text {spin }}$. For nucleons (and more generally spin- $1 / 2$ baryons), the spin-flavor product and spatial wavefunctions are each separately symmetric. The spatial wavefunction is usually represented in the momentum basis and its exact form is either chosen to have some simple functional form or deduced from a chosen intra-nucleon potential that confines the quarks. If the energy scale of the confining potential is much larger than the constituent quark masses, then the wavefunction must be constructed within a relativistic framework. Finally, depending on the Lorentz frame in which the incoming (outgoing) wavefunction is constructed, it must be
boosted into the appropriate frame that corresponds to the motion of the nucleon before (after) scattering. Relativistic constituent quark models differ in:

1. the choice of relativistic framework (i.e. instant, point, light-front) [169-171]
2. the functional form of the spatial wavefunction (e.g. "power law" [172-174], Gaussian [175]) or (equivalently) the intra-nucleon potential [176,177]
3. the effective form factor of the constituent quarks themselves (e.g. [178, 179])
4. the inclusion of quark-quark interactions (e.g. [176,178])
5. the inclusion of pion effects (e.g. [179, 180])

See $[32,167]$ for a recent review of different models and comparisons to data.

## Lattice QCD \& Dyson-Schwinger Equations

An alternative approach using quark degrees of freedom is to solve QCD nonperturbatively by calculating the appropriate correlation function. Once again the matrix element of the nucleon electromagnetic current provides that link that connects the nucleon form factors with calculable quantities which, in this case, are the correlation functions. In quantum field theory, a two-point correlation function gives the probability amplitude [27] for the process where a particle is first created at a spacetime point $x_{1}$, then propagates from $x_{1}$ to $x_{2}$, and finally is annihilated at $x_{2}$. It is denoted by $\langle\Omega| T\left(\phi\left(x_{1}\right) \phi\left(x_{2}\right)\right)|\Omega\rangle$ where $\Omega$ is the ground state of the theory, $T$ is the time ordering operator, and $\phi$ is a (scalar) field that corresponds to the particle. This quantity can be calculated by finding the Green's function $G\left(x_{1}, x_{2}\right)$ that solves the field equations that governs the particle's behavior. Nonperturbative ap-
proaches for finding the Green's function (and thereby calculating the correlation function) are Lattice QCD (LQCD) and the Dyson-Schwinger equations (DSE).

A two-point Green's function can be represented by path integrals [27] in the following way:

$$
\begin{equation*}
\langle\Omega| T\left(\phi\left(x_{1}\right) \phi\left(x_{2}\right)\right)|\Omega\rangle=G\left(x_{1}, x_{2}\right)=\lim _{T \rightarrow \infty(1-i \epsilon)} \frac{\int \mathcal{D} \phi \phi\left(x_{1}\right) \phi\left(x_{2}\right) \exp \left[i \int_{-T}^{+T} \mathcal{L} d^{4} x\right]}{\int \mathcal{D} \phi \exp \left[i \int_{-T}^{+T} \mathcal{L} d^{4} x\right]} \tag{2.158}
\end{equation*}
$$

where $\int \mathcal{D} \phi$ denotes a path (functional) integral and $\mathcal{L}$ is the Lagrangian (density) of the field theory. These integrals are numerically computed by discretizing the paths by representing QCD on a spacetime lattice [181-183]. The lattice spacing is inversely proportional to both the energy scale probed and the computational cost. Elastic scattering from a nucleon can be represented by a three-point Green's function [184]. The nucleon is created at $x_{1}$, it then propagates to $x_{2}$ where it interacts with the incoming electron via a virtual photon, and finally it propagates to $x_{3}$ where it is annihilated. Only certain types of diagrams, representing a subset of all the paths from $x_{1}$ to $x_{2}$ to $x_{3}$, are calculated with the currently available computational resources [185]. These diagrams are chosen so that the isovector form factors can be calculated (i.e. the uncomputed diagrams are needed for the isoscalar form factors). LQCD calculations vary in the size of the lattice (number of lattice points), the energy scale studied (the lattice spacing), how the valence quarks are represented on the lattice (i.e. naive, Wilson, or staggered), and whether the sea quarks are included (i.e. no sea quarks refers to a "quenched" calculation). See [32,67] for a recent discussion of Lattice QCD calculations of nucleon form factors.

The Dyson-Schwinger equations $[186,187]$ are a set of nonlinear integral equations that recursively relate a group of $m n$-point Green's function, where $n$ repre-
sents the number of fields and $m$ depends on the exact form of the interaction. Because there are an unlimited number of field configurations, there are, correspondingly, an infinite number (or "ladder") of coupled equations. The benefit, however, is that each of these $n$-point Green's functions is exact and non-perturbative. For this approach to be useful, the number of coupled equations needed to be solved must be finite and still be representative of the underlying field theory. This procedure is called "truncation" and results in approximate, but non-perturbative solutions for the Green's functions. A truncation procedure has been developed to treat hadrons using QCD $[188,189]$. Because the Green's functions are non-perturbative (all higher order diagrams are included), the three quarks include a surrounding cloud of sea quarks. In a recent approach [190], these three "dressed" quarks are represented by a quark and diquark pair. The nucleon is "bound" by an interchange of quarks between the single quark and diquark pair. The Green's function is obtained from the three-body (Faddeev) field equations which represent a sum over all possible quark-virtual photon interactions \& quark interchanges. See [67] for a recent discussion of this approach.

## Generalized Parton Distributions

Finally, a new framework has been developed to describe nucleons called Generalized Parton Distributions (GPDs). GPDs are related to both the parton distribution functions (Sec. (2.4.3)) obtained from deep inelastic scattering and the nucleon electromagnetic form factors. Because GPDs are partially determined by nucleon form factors $[191,192]$, we'll end the discussion here. See $[193,194]$ for a review of GPDs and $[32,195]$ for a special emphasis on the connection between GPDs and nucleon form factors.

### 2.4 Inelastic Scattering at High $Q^{2}$

We'll introduce inelastic scattering in the context of high $Q^{2}$ first. At this scale, the "containers of information" $\left(F_{1}, F_{2}, g_{1}, \& g_{2}\right)$ are more easily understood with respect to quark \& gluon degrees of freedom. In Sec. (2.5), we'll develop the relationship between the theoretical frameworks used to describe the high \& low $Q^{2}$ regimes. Sec. 2.4.1) \& 2.4.2 are general for all $Q^{2}$.

### 2.4.1 General Formulation

Following Anselmino, Efremov, \& Leader [196,197], the differential scattering cross section for polarized lepton-nucleon inelastic scattering can be written as:

$$
\begin{equation*}
\frac{d^{2} \sigma}{d \Omega d E^{\prime}}\left(p, s, P, S ; p^{\prime}, s^{\prime}, q\right)=\frac{\alpha^{2}}{2 M Q^{4}}\left(\frac{E^{\prime}}{E}\right) L^{\mu \nu}\left(p, s ; p^{\prime}, s^{\prime}\right) W_{\mu \nu}(P, S ; q) \tag{2.159}
\end{equation*}
$$

where $M$ is the nucleon mass, $(p, s)$ are the momentum \& spin for the incident lepton, $\left(p^{\prime}, s^{\prime}\right)$ are the momentum \& spin for the scattered lepton, $(P, S)$ are the momentum and spin for the target nucleon, and $L_{\mu \nu} \& W_{\mu \nu}$ are the leptonic \& hadronic tensors. Each tensor is given by the $\mu \nu$ component of the modulus squared matrix element of the corresponding electromagnetic current and explicitly, for the hadronic tensor, it is:

$$
\begin{align*}
W_{\mu \nu}(P, S ; q) & =\frac{1}{2 \pi} \int \sum_{X}\langle P, S| J_{\mu}(x)|X\rangle\langle X| J_{\nu}(0)|P, S\rangle \exp (i q \cdot x) d^{4} x  \tag{2.160}\\
& =\frac{1}{2 \pi} \int\langle P, S|\left[J_{\mu}(x), J_{\nu}(0)\right]|P, S\rangle \exp (i q \cdot x) d^{4} x \tag{2.161}
\end{align*}
$$

where $J_{\mu}(x)$ is the nucleon electromagnetic current evaluated at a spacetime point $x,|X\rangle$ is some final state, and the sum over all final states $\sum_{X}|X\rangle\langle X|=1$ is a completeness relation. Both tensors can be split into symmetric (s) and antisymmetric (a) components relative to a swap between the indices $\mu \leftrightarrow \nu$ :

$$
\begin{align*}
L_{\mu \nu}\left(p, s ; p^{\prime}, s^{\prime}\right) & =L_{\mu \nu}^{s}\left(p ; p^{\prime}\right)+i L_{\mu \nu}^{a}\left(p, s ; p^{\prime}\right)+L_{\mu \nu}^{s^{\prime}}\left(p, s ; p^{\prime}, s^{\prime}\right)+i L_{\mu \nu}^{a^{\prime}}\left(p ; p^{\prime}, s^{\prime}\right)  \tag{2.162}\\
W_{\mu \nu}(P, S ; q) & =W_{\mu \nu}^{s}(P ; q)+i W_{\mu \nu}^{a}(P, S ; q) \tag{2.163}
\end{align*}
$$

The only terms that depend on the scattered electron spin are the two primed leptonic terms $L_{\mu \nu}^{s^{\prime}} \& L_{\mu \nu}^{a^{\prime}}$. These terms sum to zero when the scattered electron polarization is not measured. The mean differential cross section is obtained by averaging over the incident lepton \& target nucleon spins and summing over the scattered lepton spin:

$$
\begin{equation*}
\bar{\sigma}=\frac{\sum_{s, S, s^{\prime}}}{4}\left[\frac{d^{2} \sigma}{d \Omega d E^{\prime}}\left(p, s, P, S ; p^{\prime}, s^{\prime}, q\right)\right]=\frac{\alpha^{2}}{2 M Q^{4}}\left(\frac{E^{\prime}}{E}\right) 2 L_{s}^{\mu \nu}\left(p ; p^{\prime}\right) W_{\mu \nu}^{s}(P ; q) \tag{2.164}
\end{equation*}
$$

The mean difference in the differential cross section for opposite target spin orientations (after summing over the scattered lepton spin) is given by:

$$
\begin{align*}
\bar{\Delta} & =\frac{\sum_{s^{\prime}}}{2}\left[\frac{d^{2} \sigma}{d \Omega d E^{\prime}}\left(p, s, P,+S ; p^{\prime}, s^{\prime}, q\right)-\frac{d^{2} \sigma}{d \Omega d E^{\prime}}\left(p, s, P,-S ; p^{\prime}, s^{\prime}, q\right)\right] \\
& =\frac{\alpha^{2}}{2 M Q^{4}}\left(\frac{E^{\prime}}{E}\right) 2 L_{a}^{\mu \nu}\left(p, s ; p^{\prime}\right) W_{\mu \nu}^{a}(P, S ; q) \tag{2.165}
\end{align*}
$$

The symmetric and antisymmetric components of the leptonic tensor are given by:

$$
\begin{align*}
L_{\mu \nu}^{s} & =p_{\mu} p_{\nu}^{\prime}+p_{\mu}^{\prime} p_{\nu}-g_{\mu \nu}\left(p \cdot p^{\prime}-m^{2}\right)=p_{\mu} p_{\nu}^{\prime}+p_{\mu}^{\prime} p_{\nu}-g_{\mu \nu}\left(\frac{Q^{2}}{2}\right)  \tag{2.166}\\
L_{\mu \nu}^{a} & =m \varepsilon_{\mu \nu \alpha \beta S^{\alpha} q^{\beta}} \tag{2.167}
\end{align*}
$$

where $m$ is the lepton mass and we've used $-q^{2}=Q^{2}=2\left(p \cdot p^{\prime}-m^{2}\right)$. The symmetric and antisymmetric components of the hadronic tensor are given by:

$$
\begin{align*}
\frac{W_{\mu \nu}^{s}}{2 M}= & {\left[-g_{\mu \nu}-\frac{q_{\mu} q_{\nu}}{Q^{2}}\right] W_{1}\left(P \cdot q, Q^{2}\right) } \\
& +\left[\left(P_{\mu}+\frac{P \cdot q}{Q^{2}} q_{\mu}\right)\left(P_{\nu}+\frac{P \cdot q}{Q^{2}} q_{\nu}\right)\right] \frac{W_{2}\left(P \cdot q, Q^{2}\right)}{M^{2}}  \tag{2.168}\\
\frac{W_{\mu \nu}^{a}}{2 M}= & \varepsilon_{\mu \nu \alpha \beta} q^{\alpha} \\
& \times\left\{\left[M S^{\beta}\right] G_{1}\left(P \cdot q, Q^{2}\right)+\left[(P \cdot q) S^{\beta}-(S \cdot q) P^{\beta}\right] \frac{G_{2}\left(P \cdot q, Q^{2}\right)}{M}\right\} \tag{2.169}
\end{align*}
$$

where $W_{1} \& W_{2}$ describe the spin-independent response of the nucleon with units of (energy) ${ }^{-1}$ and $G_{1} \& G_{2}$ describe the spin-dependent response of the nucleon with units of (energy) ${ }^{-3}$. Noting that $g_{\mu \nu} g^{\mu \nu}=4$ and taking advantage of the conservation of current [198] in the form of $q^{\mu} L_{\mu \nu}=q^{\nu} L_{\mu \nu}=0$, we can contract the indices for Eqn. 2.164 ) and get the unpolarized part:

$$
\begin{equation*}
\bar{\sigma}=\frac{\alpha^{2}}{Q^{4}}\left(\frac{E^{\prime}}{E}\right)\left[2\left(Q^{2}-2 m^{2}\right) W_{1}+\left(\frac{4(p \cdot P)\left(p^{\prime} \cdot P\right)}{M^{2}}-Q^{2}\right) W_{2}\right] \tag{2.170}
\end{equation*}
$$

Noting that $\varepsilon_{\mu \nu \alpha \beta} \varepsilon^{\mu \nu \alpha^{\prime} \beta^{\prime}}=-2\left[\delta_{\alpha}^{\alpha^{\prime}} \delta_{\beta}^{\beta^{\prime}}-\delta_{\alpha} \delta^{\beta^{\prime}} \delta_{\beta} \delta^{\alpha^{\prime}}\right]$ [199], we can contract the indices for Eqn. 2.165 and get the polarized part:

$$
\begin{align*}
& \bar{\Delta}=\frac{4 m \alpha^{2}}{Q^{4}}\left(\frac{E^{\prime}}{E}\right)\left[\left\{(q \cdot s)(q \cdot S)+Q^{2}(s \cdot S)\right\} M G_{1}\right. \\
&\left.\quad+Q^{2}\{(q \cdot P)(s \cdot S)-(q \cdot S)(s \cdot P)\} G_{2} / M\right] \tag{2.171}
\end{align*}
$$

### 2.4.2 Longitudinally Polarized Beam on a Fixed Target

The equations in the previous section are frame independent and do not make the assumption that the lepton mass is negligible. In this section, we'll choose to work in the lab frame, ignore the lepton mass, and consider the situation where the nucleon target is at rest. It is straightforward to show that the mean unpolarized cross section $\bar{\sigma}$ is given by:

$$
\begin{equation*}
\bar{\sigma}=\sigma_{M} \times\left[W_{2}\left(\nu, Q^{2}\right)+2 W_{1}\left(\nu, Q^{2}\right) \tan ^{2}\left(\frac{\theta}{2}\right)\right] \tag{2.172}
\end{equation*}
$$

To calculate $\overleftrightarrow{A}$ under these conditions, we'll note that the lepton (s) and target (S) spin vectors are given by:

$$
\begin{align*}
s^{\mu} & =\frac{h_{b} E}{m}(1, \hat{p})  \tag{2.173}\\
S^{\mu} & =\left(0, \hat{P}_{t}\right) \tag{2.174}
\end{align*}
$$

where $h_{b}$ is the helicity of the electron beam and $\hat{P}_{t}$ is the target polarization unit vector. After some algebra, we find:

$$
\begin{equation*}
\overleftrightarrow{A}=-\left(\frac{2\left(\sigma_{R}-\sigma_{M}\right)}{\bar{\sigma}}\right)\left[M\left(E \hat{p}+E^{\prime} \hat{p}^{\prime}\right) G_{1}\left(\nu, Q^{2}\right)-2 E E^{\prime}\left(\hat{p}-\hat{p}^{\prime}\right) G_{2}\left(\nu, Q^{2}\right)\right] \tag{2.175}
\end{equation*}
$$

For a target polarization in the scattering plane that is either parallel or perpendicular to the electron beam, we find the following two asymmetries:

$$
\begin{align*}
& A_{\|}=-\left(\frac{2\left(\sigma_{R}-\sigma_{M}\right)}{\bar{\sigma}}\right)\left[M\left(E+E^{\prime} \cos (\theta)\right) G_{1}\left(\nu, Q^{2}\right)-Q^{2} G_{2}\left(\nu, Q^{2}\right)\right] \\
& A_{\perp}=-\left(\frac{2\left(\sigma_{R}-\sigma_{M}\right)}{\bar{\sigma}}\right)\left[E^{\prime} \sin (\theta)\right]\left[M G_{1}\left(\nu, Q^{2}\right)+2 E G_{2}\left(\nu, Q^{2}\right)\right] \tag{2.176}
\end{align*}
$$

### 2.4.3 Partons and Structure Functions

If the nucleon is made up of some number of Dirac constituents (spin-1/2 point particles) with a mass that is some fraction of the nucleon mass $x M$, then at sufficiently high $Q^{2}$, the electron should elastically scatter off these constituents, which we'll call partons. These partons recoil causing the incident electron to lose some energy given by:

$$
\begin{equation*}
\nu=\frac{Q^{2}}{2(x M)} \rightarrow x=\frac{Q^{2}}{2 M \nu} \tag{2.177}
\end{equation*}
$$

The elastic cross section for electron-parton collisions (ignoring the possible anomalous magnetic moment of the parton) is given by:

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=\sigma_{M} \times\left(\frac{E^{\prime}}{E}\right) \times\left[1+2 \tau \tan ^{2}\left(\frac{\theta}{2}\right)\right] Z^{2} \tag{2.178}
\end{equation*}
$$

where $\tau=Q^{2} /\left(4(x M)^{2}\right)$ and $Z$ is the parton charge. If the parton mass is not fixed but is probabilistic, then we have to multiply the cross section by the probability of having a mass fraction between $x$ and $x+d x$ :

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=\sigma_{M} \times\left(\frac{E^{\prime}}{E}\right) \times\left[1+2 \tau \tan ^{2}\left(\frac{\theta}{2}\right)\right] Z^{2} P(x) d x \tag{2.179}
\end{equation*}
$$

If there are different types (flavors) of partons and the scattering occurs hard \& fast enough, then the total cross section is simply an incoherent sum over all parton types (in direct analogy to quasi-elastic scattering):

$$
\begin{equation*}
\left[\frac{d \sigma}{d \Omega}\right]_{\mathrm{tot}}=\sum_{i} \sigma_{M} \times\left(\frac{E^{\prime}}{E}\right) \times\left[1+2 \tau \tan ^{2}\left(\frac{\theta}{2}\right)\right] Z_{i}^{2} P_{i}(x) d x \tag{2.180}
\end{equation*}
$$

It is straightforward to show that (at constant $\left.Q^{2}\right) d x=(E x) /\left(E^{\prime} \nu\right) d E^{\prime}$ and plugging this into the total electron-parton elastic cross section gives the inelastic electronnucleon cross section:

$$
\begin{equation*}
\frac{d^{2} \sigma}{d \Omega d E^{\prime}}=\frac{1}{d E^{\prime}}\left[\frac{d \sigma}{d \Omega}\right]_{\mathrm{tot}}=\sum_{i} \sigma_{M} \times\left(\frac{E^{\prime}}{E}\right) \times\left[1+2 \tau \tan ^{2}\left(\frac{\theta}{2}\right)\right] Z_{i}^{2} P_{i}(x) \frac{E x}{E^{\prime} \nu} \tag{2.181}
\end{equation*}
$$

Rearranging a few things, we find:

$$
\begin{equation*}
\frac{d^{2} \sigma}{d \Omega d E^{\prime}}=\sigma_{M}\left[\frac{1}{\nu}\left(x \sum_{i} Z_{i}^{2} P_{i}(x)\right)+\frac{2}{M}\left(\frac{1}{2} \sum_{i} Z_{i}^{2} P_{i}(x)\right) \tan ^{2}\left(\frac{\theta}{2}\right)\right] \tag{2.182}
\end{equation*}
$$

By comparing this to the inelastic cross section from the previous section, we can immediately make the following identifications:

$$
\begin{align*}
\nu W_{2}\left(\nu, Q^{2}\right) & \rightarrow x \sum_{i} Z_{i}^{2} P_{i}(x)=F_{2}(x)  \tag{2.183}\\
M W_{1}\left(\nu, Q^{2}\right) & \rightarrow \frac{1}{2} \sum_{i} Z_{i}^{2} P_{i}(x)=F_{1}(x) \tag{2.184}
\end{align*}
$$

We find that, in the deep $\left(Q^{2} \rightarrow \infty\right)$ inelastic $(\nu \rightarrow \infty)$ scattering regime, the inelastic response functions $W_{1}$ and $W_{2}$ no longer depend on $\nu$ and $Q^{2}$ separately. They only depend on a single scaling variable called Bjorken $x$ (famously predicted by Bjorken [200]). The traditional interpretation $[121,201]$ of $x$ is that it is the fraction


Figure 2.13: Deep Inelastic Scattering in the Breit Frame. At high $Q^{2}$, the partons are traveling essentially collinear to each other with very small transverse momenta.
of the nucleon's longitudinal momentum $P$ carried by the struck parton in the Breit frame, see Fig. (2.13).

In this high $Q^{2}$ regime, it is more convenient to refer to the unitless (unpolarized) structure function $F_{1}$ and $F_{2}$. We see for Dirac particles that:

$$
\begin{equation*}
F_{2}(x)=2 x F_{1}(x) \tag{2.185}
\end{equation*}
$$

which is known as the Callan-Gross relation [202] and its experimental verification was among the earliest \& strongest evidence that charged partons are Dirac particles. In the quark-parton model, $F_{2}(x)$ given by [203]:

$$
\begin{equation*}
F_{2}(x)=x \sum_{i} Z_{i}^{2}\left[p_{i}(x)+\bar{p}_{i}(x)\right] \tag{2.186}
\end{equation*}
$$

where $i$ refers to the parton flavors (up, down, strange, charm, bottom, top, gluons), $Z_{i}$ is the parton charge in units of the elementary charge, and $p_{i}(x) \& \bar{p}_{i}(x)$ are the parton and antiparton fractional momentum distributions. Gluons are their own antiparticles so they only have one fractional momentum distribution $p_{i}(x)+\bar{p}_{i}(x) \rightarrow g(x)$. However, since gluons are chargeless $Z_{g}=0$, they do not contribute to the sum. For protons and neutrons, considering only the three lightest
quark flavors ( $u=\mathrm{up}, d=$ down, $s=$ strange), we get:

$$
\begin{align*}
& F_{2}^{p}(x)=x\left[\frac{4}{9}\left(u^{p}(x)+\bar{u}^{p}(x)\right)+\frac{1}{9}\left(d^{p}(x)+\bar{d}^{p}(x)\right)+\frac{1}{9}\left(s^{p}(x)+\bar{s}^{p}(x)\right)\right]  \tag{2.187}\\
& F_{2}^{n}(x)=x\left[\frac{4}{9}\left(u^{n}(x)+\bar{u}^{n}(x)\right)+\frac{1}{9}\left(d^{n}(x)+\bar{d}^{n}(x)\right)+\frac{1}{9}\left(s^{n}(x)+\bar{s}^{n}(x)\right)\right] \tag{2.188}
\end{align*}
$$

Assuming charge symmetry for the $u$ and $d$ quarks and that the $s$ distributions are the same for protons and neutrons:

$$
\begin{equation*}
u(x)=u^{p}(x)=d^{n}(x) \quad d(x)=d^{p}(x)=u^{n}(x) \quad s(x)=s^{p}(x)=s^{n}(x) \tag{2.189}
\end{equation*}
$$

we find:

$$
\begin{align*}
& F_{2}^{p}(x)=x\left[\frac{4}{9}(u(x)+\bar{u}(x))+\frac{1}{9}(d(x)+\bar{d}(x))+\frac{1}{9}(s(x)+\bar{s}(x))\right]  \tag{2.190}\\
& F_{2}^{n}(x)=x\left[\frac{4}{9}(d(x)+\bar{d}(x))+\frac{1}{9}(u(x)+\bar{u}(x))+\frac{1}{9}(s(x)+\bar{s}(x))\right] \tag{2.191}
\end{align*}
$$

where the nucleon is described by a total of 6 quark and antiquark distributions. The physical significance of these distributions can be seen by the following sum rules:

$$
\begin{align*}
& U_{v}=\int_{0}^{1}(u-\bar{u}) d x  \tag{2.192}\\
& D_{v}=\int_{0}^{1}(d-\bar{d}) d x=1 \text { valence up quarks }  \tag{2.193}\\
& S_{v}=\int_{0}^{1}(s-\bar{s}) d x=0 \text { valence down quark }  \tag{2.194}\\
&
\end{align*}
$$

The Gross-Llewellyn-Smith [204] \& Adler [205,206] sum rules relate the unpolarized proton structure functions from neutrino $\&$ antineutrino scattering experi-
ments to $U_{v}+D_{v}=3 \& U_{v}-D_{v}=1$ respectively. They have both been verified to better than $10 \%$ [203]. At finite $Q^{2}$, these distributions and structure functions become a function of both $x$ and $Q^{2}: F(x) \rightarrow F\left(x, Q^{2}\right)$. This soft dependence on $Q^{2}$ is refered to as a "scaling violation."

### 2.4.4 Scaling Violations \& High $Q^{2}$ Evolution

A striking success of QCD is its ability to describe how Bjorken scaling is violated in DIS once we know the quark distributions at some reference $Q^{2}[198,203]$. These violation occur due to gluon emission. Before the quark emits a gluon, it carries a momentum fraction $y$ of the nucleon. After emitting a gluon, it carries a momentum fraction $x(<y)$ of the nucleon or alternatively a relative fraction $x / y$ of its original momentum fraction. The probability of emitting a gluon which carries away the remaining momentum $(y-x)$ is given by the "splitting function" $P_{q q}(x / y)$. Analogous arguments can be made for when the parent parton and/or the struck parton is a gluon and this results in four splitting functions: $P_{q q}, P_{q g}, P_{g q}$, $\& P_{g g}$. The parton distribution probed by the virtual photon $p\left(x, Q^{2}\right)$ depends on both the parent parton distribution $p\left(y, Q^{2}\right)$ and the splitting functions. This relationship is defined by the Dokshitzer-Gribov-Lipatov-Altarelli-Parisi (DGLAP) evolution equation given by [207]:

$$
\begin{equation*}
\frac{d p\left(x, Q^{2}\right)}{d\left(\log Q^{2}\right)}=\frac{\alpha_{S}\left(Q^{2}\right)}{2 \pi} \int_{x}^{1}\left[\sum_{f} q_{f}\left(y, Q^{2}\right) P_{p q}(z)+g\left(y, Q^{2}\right) P_{p g}(z)\right] \frac{d y}{y} \tag{2.195}
\end{equation*}
$$

where the sum over flavors $f$ is dropped when the parton being considered is a quark and the strong coupling constant $\alpha_{s}$ has a $Q^{2}$ dependence famously given
by [203,208,209]:

$$
\begin{equation*}
\alpha_{s}\left(Q^{2}\right)=\frac{4 \pi}{\left[11-2 N_{f} / 3\right] \log \left(Q^{2} / \Lambda_{\mathrm{QCD}}^{2}\right)} \tag{2.196}
\end{equation*}
$$

where $N_{f}$ is the number of quark flavors resolvable at $Q^{2}$ and $\Lambda_{\mathrm{QCD}} \approx 0.2 \mathrm{GeV}$ is the QCD scale.

### 2.4.5 Spin Structure Functions \& Moments

In the deep $\left(Q^{2} \rightarrow \infty\right)$ inelastic $(\nu \rightarrow \infty)$ scattering regime, the spin-dependent response functions $G_{1} \& G_{2}$ also exhibit Bjorken scaling [210,211]:

$$
\begin{align*}
\lim _{\left(\nu, Q^{2}\right) \rightarrow \infty} M^{2} \nu G_{1}\left(\nu, Q^{2}\right) & =g_{1}(x)  \tag{2.197}\\
\lim _{\left(\nu, Q^{2}\right) \rightarrow \infty} M \nu^{2} G_{2}\left(\nu, Q^{2}\right) & =g_{2}(x) \tag{2.198}
\end{align*}
$$

where $g_{1}(x)$ and $g_{2}(x)$ are the unitless spin structure functions. In the quark-parton model, $g_{1}(x)$ is given by [212]:

$$
\begin{equation*}
g_{1}(x)=\sum_{i, m} m Z_{i}^{2}\left[p_{i}^{m}(x)+\bar{p}_{i}^{m}(x)\right] \tag{2.199}
\end{equation*}
$$

where $m= \pm 1 / 2$ labels the spin state of the quark. Assuming charge symmetry for the $u$ and $d$ quarks and that the $s$ distributions are the same for protons and neutrons, then $g_{1}$ can be written as:

$$
\begin{align*}
& g_{1}^{p}(x)=\frac{1}{2}\left[\frac{4}{9} \Delta u(x)+\frac{1}{9} \Delta d(x)+\frac{1}{9} \Delta s(x)\right]  \tag{2.200}\\
& g_{1}^{n}(x)=\frac{1}{2}\left[\frac{4}{9} \Delta d(x)+\frac{1}{9} \Delta u(x)+\frac{1}{9} \Delta s(x)\right] \tag{2.201}
\end{align*}
$$

where the quark polarized distribution $\Delta q$ is given by:

$$
\begin{equation*}
\Delta q(x)=\left[q^{\uparrow}(x)-q^{\downarrow}(x)\right]+\left[\bar{q}^{\uparrow}(x)-\bar{q}^{\downarrow}(x)\right] \tag{2.202}
\end{equation*}
$$

Summing over quark flavors and integrating over $x$ gives:

$$
\begin{equation*}
\Delta \Sigma=\int_{0}^{1}(\Delta u+\Delta d+\Delta s) d x \tag{2.203}
\end{equation*}
$$

which represents the fraction of the spin of the proton that is carried by the spin of the quarks. For the proton, $\Delta \Sigma$ has been found to be only about $1 / 3$ at $Q^{2}=5 \mathrm{GeV}^{2}$ [213].

Because $g_{2}(x)$ is expected to be zero in the quark parton model, it does not have a simple physical interpretation. Using a technique called operator product expansion, see Sec. (2.4.7), it can be written as:

$$
\begin{equation*}
g_{2}\left(x, Q^{2}\right)=\underbrace{-g_{1}\left(x, Q^{2}\right)+\int_{x}^{1} \frac{g_{1}\left(y, Q^{2}\right)}{y} d y}_{g_{2}^{W W}}+g_{2}^{(3)}\left(x, Q^{2}\right) \tag{2.204}
\end{equation*}
$$

where $g_{2}^{W W}$ was first derived by Wandzura \& Wilzcek [214] and is completely determined by $g_{1}$. The second term, $g_{2}^{(3)}$, is related to higher order spin-dependent correlations (higher twists) between quarks and gluons. At finite $Q^{2}$, the distributions and spin structure functions become a function of both $x$ and $Q^{2}: g(x) \rightarrow$ $g\left(x, Q^{2}\right)$. Analogous DGLAP evolution equations can be written for the polarized parton distributions with the substitutions $q_{f} \rightarrow \Delta q_{f}$ and $g \rightarrow \Delta G$ [215], where $\Delta G$ is the gluon polarization. Integrating the spin structure functions over $x$ gives their
moments:

$$
\begin{align*}
& \Gamma_{1}\left(Q^{2}\right)=\int_{0}^{1} g_{1}\left(x, Q^{2}\right) d x  \tag{2.205}\\
& \Gamma_{2}\left(Q^{2}\right)=\int_{0}^{1} g_{2}\left(x, Q^{2}\right) d x \tag{2.206}
\end{align*}
$$

### 2.4.6 Bjorken Sum Rule

Following Close [216], the number of valence quarks for the proton and neutron are given by:

$$
\begin{equation*}
U_{v}^{p}-D_{v}^{p}=+1 \quad U_{v}^{n}-D_{v}^{n}=-1 \tag{2.207}
\end{equation*}
$$

which indicate that the quark distributions are related to nucleon isospin matrix element by:

$$
\begin{equation*}
U_{v}^{p, n}-D_{v}^{p, n}=\int_{0}^{1}\left(u_{p, n}(x)-\bar{u}_{p, n}(x)\right)-\left(d_{p, n}(x)-\bar{d}_{p, n}(x)\right) d x=\langle p, n| 2 \tau_{3}|p, n\rangle \tag{2.208}
\end{equation*}
$$

where $|p, n\rangle$ is the nucleon wavefunction in terms of its quark content and $\tau_{3}$ is the isospin operator that acts in the quark flavor space. By analogy the quark polarization distributions are related to isospin-spin matrix element:

$$
\begin{equation*}
\int_{0}^{1}\left(\Delta u_{p, n}(x)-\Delta d_{p, n}(x)\right) d x=\langle p, n| 2 \tau_{3} S_{z}|p, n\rangle \tag{2.209}
\end{equation*}
$$

where $S_{z}$ is the spin operator that acts in the quark spin space. The isospin \& isospin-spin matrix elements are directly related to the vector \& axial matrix ele-
ments responsible for neutron beta decay [168]. Their ratios given by:

$$
\begin{equation*}
\frac{\left\langle\tau_{3} S_{z}\right\rangle_{p}}{\left\langle\tau_{3}\right\rangle_{p}}=\frac{\text { spin flip (Gamow - Teller) }}{\text { non flip (Fermi) }}=\frac{\left\langle p^{\uparrow}\right| \tau_{+} S_{+}\left|n^{\downarrow}\right\rangle}{\left\langle p^{\uparrow}\right| \tau_{+}\left|n^{\uparrow}\right\rangle}=\frac{\left\langle p^{\uparrow}\right| A_{+}^{z}\left|n^{\downarrow}\right\rangle}{\left\langle p^{\uparrow}\right| V_{+}^{z}\left|n^{\uparrow}\right\rangle}=\frac{g_{A}}{g_{V}} \tag{2.210}
\end{equation*}
$$

where $\tau_{+} \& S_{+}$are the isospin \& spin ladder operators, $V_{+}^{z} \& A_{+}^{z}$ are the vector $\&$ axial currents, and $g_{V} \& g_{A}$ are the weak vector \& axial coupling constants. Since $\left\langle 2 \tau_{3}\right\rangle_{p}=+1$ for the proton, we immediately find that $\left\langle 2 \tau_{3} S_{z}\right\rangle_{p}=g_{A} / g_{V}$. This can be related to the proton and neutron spin structure moments giving the celebrated Bjorken Sum Rule (once referred to as the "worthless equation") [210,211,217]:

$$
\begin{equation*}
\Gamma_{1}^{p}-\Gamma_{1}^{n}=\frac{1}{2} \int_{0}^{1}\left(\frac{4-1}{9}\right)(\Delta u(x)-\Delta d(x)) d x=\frac{1}{6}\left\langle 2 \tau_{3} S_{z}\right\rangle=\frac{1}{6}\left(\frac{g_{A}}{g_{V}}\right) \tag{2.211}
\end{equation*}
$$

Calculations from pQCD for 3 quarks flavors give the $Q^{2}$ evolution as [218]:

$$
\begin{equation*}
\Gamma_{1}^{p}\left(Q^{2}\right)-\Gamma_{1}^{n}\left(Q^{2}\right)=\frac{1}{6}\left(\frac{g_{A}}{g_{V}}\right)\left[1-\frac{\alpha_{s}\left(Q^{2}\right)}{\pi}-3.5833 \frac{\alpha_{s}^{2}\left(Q^{2}\right)}{\pi^{2}}-20.2153 \frac{\alpha_{s}^{3}\left(Q^{2}\right)}{\pi^{3}}\right] \tag{2.212}
\end{equation*}
$$

and has been verified to better than $10 \%$ [212].

### 2.4.7 Operator Product Expansion

Operator product expansion (OPE) is a general prescription for separating the perturbative, short-distance scale physics from the nonperturbative, long-distance scale physics in asymptotically free quantum field theories. OPE allows us to understand the behavior of the matrix element $\left\langle N^{\prime}\right| A(x) B(0)|N\rangle$ as $x \rightarrow 0$ for all states $\left|N^{\prime}\right\rangle \&|N\rangle$ [219], where $A(x) \& B(x)$ are called "local" operators because they depend on the position \& time $\left(x=x^{\mu}=(t, \vec{x})\right.$, not to be confused with Bjorken- $\left.x\right)$.

Wilson [220] has argued that the "operator product" $A(x) B(0)$ can be written as the following expansion:

$$
\begin{equation*}
A(x) B(0)=\sum_{n} C_{n}(x) O_{n}(0) \tag{2.213}
\end{equation*}
$$

where $C_{n}(x)$ is a complex valued "coefficient function" that contains the shortdistance physics and $O_{n}(0)$ is a local operator that describes the long-distance scale physics. The units of $A, B, C_{n}$, and $O_{n}$ are given by [energy] ${ }^{a}$, $\left[\right.$ energy] ${ }^{b}$, [energy] ${ }^{c_{n}}$, and [energy] ${ }^{o_{n}}$ respectively. By simple dimensional analysis, the "dimensions" $a$, $b, c_{n} \& o_{n}$ satisfy the relationship $c_{n}=a+b-o_{n}$. This expansion is analogous to a Taylor series expansion in the sense that the terms are ordered in powers of $o_{n}$ [221]. The operators $\left\{O_{n}\right\}$ are formed by combinations of $x$ and the fields \& derivative operators of the quantum field theory in question. These combinations are constrained by the quantum numbers of the operator product and the symmetry properties of underlying theory [222]. Because the operators $\left\{O_{n}\right\}$ can be thought of as forming a "basis" in a linear "operator space," the expansion can be considered a linear decomposition with weights given by the coefficient functions [27].

In the context of deep inelastic scattering, OPE is a systematic technique for calculating higher order QCD corrections to the parton distributions [221,223]. It can be applied by recalling that the hadronic tensor is the Fourier transform of the matrix element of the electromagnetic current product $J_{\mu}(x) J_{\nu}(0)$, see Eqn. (2.161). The Fourier transform implies that $q$ and $x$ are conjugate variables such that $Q^{2} \rightarrow$ $\infty$ corresponds to $x \rightarrow 0$. As a consequence, the dominant terms of the expansion in this limit are ones for which $C_{n}(x)$ have the form $1 / x^{c_{n}}$ where $c_{n}>0$. The exact form of $C_{n}(x)$ is given by dimensional analysis in combination with a calculation
of the Green's function that corresponds to the matrix element of $O_{n}$ :

$$
\begin{equation*}
\langle N| O_{n}(0)|N\rangle=x_{\mu_{1}} \cdots x_{\mu_{J_{n}}} \underbrace{\langle N| O_{n}^{\mu_{1} \cdots \mu_{J_{n}}}(0)|N\rangle}_{\text {Green's function }} \tag{2.214}
\end{equation*}
$$

where $O_{\mu_{1} \cdots \mu_{n}}^{n}$ is a Lorentz tensor of rank $J_{n}$ and has units of [energy] ${ }^{J_{n}+\tau_{n}}$. The quantity $\tau_{n}$ is called "twist" and it determines the dimensions of $C_{n}$ by $c_{n}=a+$ $b-\tau_{n}$ [224]. The most dominant terms in the expansion have the largest $c_{n}$ which corresponds to the smallest twists. By applying dispersion relations, the coefficient functions $\left\{C_{n}\right\}$ can be related to the moments of the $F_{1}, F_{2}, g_{1}, \& g_{2}[196,197]$. Lattice QCD can then be used to calculate these moments via a direct numerical calculation of the Green's function $\left\langle O_{n}^{\mu_{1} \cdots \mu_{n}}\right\rangle$ [225].

### 2.5 Inelastic Scattering at Low $Q^{2}$

At low $Q^{2}$, it's usually more useful to talk about "virtual" photons interacting with the nucleon as a whole rather than electrons "elastically" scattering off of partons. In the Breit frame, the electron beam acts as a source of virtual photons being fired at a nucleon target, see Fig. (2.14). The virtual photon flux $\Gamma^{\star}$ is the number of virtual photons being fired at the nucleon per unit solid angle per unit time. The number of photons that are absorbed or scattered by the nucleon is given by the total virtual photoabsorption cross section $\sigma_{\text {tot }}^{\star}$. The electron inelastic scattering cross section is therefore written as a product of these two quantities $\Gamma^{\star} \sigma_{\text {tot }}^{\star}$. Photon scattering in this context is more generally referred to as Compton scattering. This framework uses the same language as real Compton scattering, which we'll introduce first.


Figure 2.14: Inelastic Scattering at Low $Q^{2}$ in the Breit Frame. A virtual photon beam is fired at a nucleon. The absorbed photons excite the nucleon into a "blob" which then disintegrates into some hadronic debris.

### 2.5.1 Polarization Vector for Real Photons

The polarization vector for arbitrarily polarized real photons can be written in the circular polarization basis as, see Sec. (E.4.4):

$$
\begin{equation*}
\vec{\varepsilon}=\sqrt{\frac{1+P_{\gamma}}{2}} e^{-i \phi_{\gamma}} \hat{\varepsilon}_{+}+\sqrt{\frac{1-P_{\gamma}}{2}} e^{+i \phi_{\gamma}} \hat{\varepsilon}_{-} \tag{2.215}
\end{equation*}
$$

where $P_{\gamma}$ is the degree of circular polarization and $\phi_{\gamma}$ is the angle of the residual linear polarization in the $x y$-plane as measured from the $x$-axis. Right (left) circularly polarized photons have a positive (negative) helicity $h_{\gamma}=P_{\gamma}=+1(-1)$. It will be more useful to represent this vector in the linear polarization basis:

$$
\begin{equation*}
\vec{\varepsilon}=\left[\sqrt{1-P_{\gamma}} \frac{e^{+i \phi_{\gamma}}}{2}+\sqrt{1+P_{\gamma}} \frac{e^{-i \phi_{\gamma}}}{2}\right] \hat{x}+\left[\sqrt{1-P_{\gamma}} \frac{e^{+i \phi_{\gamma}}}{2 i}-\sqrt{1+P_{\gamma}} \frac{e^{-i \phi_{\gamma}}}{2 i}\right] \hat{y} \tag{2.216}
\end{equation*}
$$

The polarization state of a photon can also be described by its density matrix:

$$
\stackrel{\leftrightarrow}{\rho}=\vec{\varepsilon}^{*} \vec{\varepsilon}=\left(\begin{array}{ccc}
\varepsilon_{x}^{*} \varepsilon_{x} & \varepsilon_{x}^{*} \varepsilon_{y} & 0  \tag{2.217}\\
\varepsilon_{y}^{*} \varepsilon_{x} & \varepsilon_{y}^{*} \varepsilon_{y} & 0 \\
0 & 0 & 0
\end{array}\right)
$$



Figure 2.15: Kinematic Variables for Real Compton Scattering

The polarization vector can be written covariantly as $\varepsilon^{\mu}=(0, \vec{\varepsilon})$ which gives the corresponding covariant photon density matrix:

$$
\rho^{\mu \nu}=\varepsilon^{\mu *} \varepsilon^{\nu}=\left(\begin{array}{cccc}
0 & 0 & 0 & 0  \tag{2.218}\\
0 & \varepsilon_{x}^{*} \varepsilon_{x} & \varepsilon_{x}^{*} \varepsilon_{y} & 0 \\
0 & \varepsilon_{y}^{*} \varepsilon_{x} & \varepsilon_{y}^{*} \varepsilon_{y} & 0 \\
0 & 0 & 0 & 0
\end{array}\right)
$$

### 2.5.2 Real Compton Scattering from a Spin-1/2 Particle

A real photon with initial energy $\omega$ scatters from a particle at rest with mass $M$ \& charge $Z$ through an angle $\theta$ with final energy $\omega^{\prime}$, Fig. (2.15). In the lab frame, the directions of incoming and outgoing momenta of the photon are given by $\hat{k}=\hat{z}$ and $\hat{k}^{\prime}=\hat{x} \sin (\theta)+\hat{z} \cos (\theta)$ respectively. For the case of elastic scattering $\left(P^{2}=\right.$ $P^{\prime 2}=M^{2}$ where $P \& P^{\prime}$ are the initial \& final momenta of the particle), applying the conservation of momentum in the lab frame yields [226]:

$$
\begin{equation*}
\frac{\omega^{\prime}}{\omega}=\frac{1}{1+(2 \omega / M) \sin ^{2}\left(\frac{\theta}{2}\right)} \tag{2.219}
\end{equation*}
$$

which is the identical to the formula for the elastic scattering of relativistic electrons with $\omega \leftrightarrow E \& \omega^{\prime} \leftrightarrow E^{\prime}$. In the Born approximation, the differential scattering cross section has the general form [27]:

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=\left(\frac{\omega^{\prime}}{\omega}\right)^{2}\left(\frac{1}{4 M}\right)^{2}\left(\frac{1}{4 \pi}\right)^{2}\left|4 \pi \alpha \varepsilon_{f}^{\mu *} \varepsilon_{i}^{\nu} T_{\mu \nu}\right|^{2} \tag{2.220}
\end{equation*}
$$

where $\varepsilon_{f}^{\mu *}\left(\varepsilon_{i}^{\nu}\right)$ is the final (initial) photon polarization vector and the Compton tensor is represented by:

$$
\begin{equation*}
T_{\mu \nu}=i \int\left\langle P^{\prime}, S^{\prime}\right| T\left(J_{\mu}(x) J_{\nu}(0)\right)|P, S\rangle e^{i k^{\prime} \cdot x} d^{4} x \tag{2.221}
\end{equation*}
$$

where $S\left(S^{\prime}\right)$ is the initial (final) target polarization vector and $J_{\mu}$ is the electromagnetic current of the target particle. Its useful to rewrite the cross section in terms of the initial ( $\rho_{i}^{\beta \nu}$ ) and final $\left(\rho_{f}^{\mu \alpha}\right)$ photon densities:

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=r_{c}^{2}\left(\frac{\omega^{\prime}}{\omega}\right)^{2}\left[\frac{1}{4} \rho_{f}^{\mu \alpha} \rho_{i}^{\beta \nu} T_{\alpha \beta}^{*} T_{\mu \nu}\right] \tag{2.222}
\end{equation*}
$$

where $r_{c}=\alpha / M$ is the "classical" radius for a charged point particle [227]. Using the form of the Compton tensor for Dirac particles prescribed by QED, Lipps \& Tolhoek have found [228,229]:

$$
\begin{equation*}
\frac{1}{4} \rho_{f}^{\mu \alpha} \rho_{i}^{\beta \nu} T_{\alpha \beta}^{*} T_{\mu \nu}=Z^{4} \sum_{n=0}^{4}\left\{\Phi_{n}\right\} \tag{2.223}
\end{equation*}
$$

and $\left\{\Phi_{n}\right\}$ are a group of functions that involves every combination of $n$ of the 4 polarization vectors that describe the photon and the target particle before and after scattering. Since we're only interested in specifying the initial polarizations,
we'll sum over the final polarizations to get:

$$
\begin{equation*}
\sum_{\varepsilon_{f}} \sum_{S^{\prime}}\left[\frac{1}{4} \rho_{f}^{\mu \alpha} \rho_{i}^{\beta \nu} T_{\alpha \beta}^{*} T_{\mu \nu}\right]=Z^{4}(2 \cdot 2)\left[\Phi_{0}+\Phi_{1}\left(\varepsilon_{i}\right)+\Phi_{1}(S)+\Phi\left(\varepsilon_{i}, S\right)\right] \tag{2.224}
\end{equation*}
$$

where the $\Phi_{n}$ functions (N.B. the sign convention of [228] and the typo in [229], for example compare to [230]) for photons of elliptically polarized light are given by:

$$
\begin{align*}
\Phi_{0} & =\frac{1}{8}\left[1+\cos ^{2}(\theta)+\frac{\left(\omega-\omega^{\prime}\right)}{M}(1-\cos (\theta))\right]  \tag{2.225}\\
\Phi_{1}(\varepsilon) & =+\frac{1}{8}\left[-\sqrt{1-P_{\gamma}^{2}} \cos \left(2 \phi_{\gamma}\right)\right] \sin ^{2}(\theta)  \tag{2.226}\\
\Phi_{1}(S) & =0  \tag{2.227}\\
\Phi_{2}(\varepsilon, S) & =-\frac{1}{8}\left[P_{\gamma}\right](1-\cos (\theta)) \vec{P}_{t} \cdot\left[\frac{\vec{k}}{M} \cos (\theta)+\frac{\vec{k}^{\prime}}{M}\right] \tag{2.228}
\end{align*}
$$

We can write the cross section as the sum of each type of photon polarization (none, circular, linear):

$$
\begin{equation*}
\sum_{\vec{\varepsilon}^{\prime}} \sum_{\vec{P}_{t}^{\prime}} \frac{d \sigma}{d \Omega}=\mathrm{Z}^{4} \sigma_{\mathrm{KN}}\left(F_{0}-P_{\gamma} \vec{P}_{t} \cdot[\stackrel{\leftrightarrow}{G} \hat{k}]-\sqrt{1-P_{\gamma}^{2}} \cos \left(2 \phi_{\gamma}\right) H_{0}\right) \tag{2.229}
\end{equation*}
$$

where the scale is given by $\sigma_{\mathrm{KN}}$ which is labeled after Klein \& Nishina who first calculated [231] the polarization independent part $F_{0}$ for photon-electron scattering, the circular polarization dependent part is given by the matrix $\stackrel{\leftrightarrow}{G}_{0}$, and the part that depends only on the residual linear polarization of the light is $H_{0}$. By noting
that $1-\cos (\theta)=M\left(1 / \omega^{\prime}-1 / \omega\right)$, these terms are given by:

$$
\begin{align*}
\sigma_{\mathrm{KN}} & =\frac{\alpha^{2}}{2 M^{2}}\left(\frac{\omega^{\prime}}{\omega}\right)^{2}  \tag{2.230}\\
F_{0} & =\frac{\omega^{\prime}}{\omega}+\frac{\omega}{\omega^{\prime}}-\sin ^{2}(\theta)  \tag{2.231}\\
\stackrel{\leftrightarrow}{G}_{0} & =G_{0}^{z} \stackrel{\leftrightarrow}{1}+G_{0}^{x} \hat{n} \times  \tag{2.232}\\
G_{0}^{z} & =\left(\frac{\omega}{\omega^{\prime}}-\frac{\omega^{\prime}}{\omega}\right) \cos (\theta)  \tag{2.233}\\
G_{0}^{x} & =\left(1-\frac{\omega^{\prime}}{\omega}\right) \sin (\theta)  \tag{2.234}\\
H_{0} & =\sin ^{2}(\theta) \tag{2.235}
\end{align*}
$$

Averaging over all initial photon polarizations ( $P_{\gamma}= \pm 1$ and $\phi_{\gamma}=0, \pi / 2$ ) gives the usual Klein-Nishina formula. This result was generalized by Powell (among others) to include the effect of an anomalous magnetic moment $\left(\kappa^{\star} \neq 0\right)[17,232]$ :

$$
\begin{equation*}
\left(\frac{d \sigma}{d \Omega}\right)_{\text {Powell }}=\sigma_{\mathrm{KN}}\left(\mathrm{Z}^{4} F_{0}+\left[\frac{8 \omega \omega^{\prime}}{M^{2}}\right]\left[\sum_{n=1}^{4} f_{n} \kappa^{\star n} \sin ^{2}\left(\frac{\theta}{2}\right)+\left(\frac{\kappa^{\star}}{2}\right)^{4}\right]\right) \tag{2.236}
\end{equation*}
$$

where $\left\{f_{n}\right\}$ are given in Tab. 2.1. Integrating over $d \Omega$ gives the total cross section:

$$
\begin{equation*}
\frac{\sigma_{\mathrm{tot}}}{2 \pi \alpha^{2} / M^{2}}=\mathrm{Z}^{4}\left[u+\frac{1+\eta}{(1+2 \eta)^{2}}+\frac{2\{1-(1+\eta) u\}}{\eta^{2}}\right]+\sum_{n=1}^{4} a_{n}\left[u-\frac{b_{n}}{(1+2 \eta)^{2}}\right] \kappa^{\star n} \tag{2.237}
\end{equation*}
$$

where $\left\{a_{n}, b_{n}\right\}$ are given in Tab. 2.1) and $\eta \& u$ are given by:

$$
\begin{equation*}
\eta=\frac{\omega}{M} \quad u=\frac{\log (1+2 \eta)}{2 \eta} \tag{2.238}
\end{equation*}
$$

| $n$ | $f_{n}$ | $a_{n}$ | $b_{n}$ |
| :--- | :---: | ---: | :--- |
| 1 | $\sin ^{2}\left(\frac{\theta}{2}\right)$ | +2 | $1+3 \eta$ |
| 2 | $1+\frac{1}{4} \sin ^{2}\left(\frac{\theta}{2}\right)$ | $+1 / 2$ | $1+3 \eta-8 \eta^{2}$ |
| 3 | $1-\frac{1}{2} \sin ^{2}\left(\frac{\theta}{2}\right)$ | -1 | $1+3 \eta+4 \eta^{2}$ |
| 4 | $\frac{1}{8} \cos ^{2}\left(\frac{\theta}{2}\right)$ | $-1 / 4$ | $1+3 \eta+4 \eta^{2}+2 \eta^{3}$ |

Table 2.1: Parameters for AMM Compton Scattering calculated by Powell [232].

In the low energy limit $\omega \ll M, u \approx 1-\eta+4 \eta^{2} / 3+\cdots, \eta \rightarrow 0$, and we recover the classical result first derived by Thomson for electrons [227]:

$$
\begin{equation*}
\lim _{\omega \rightarrow 0} \sigma_{\text {tot }}=\frac{8 \pi}{3}\left(\frac{Z^{4} \alpha^{2}}{M^{2}}\right) \tag{2.239}
\end{equation*}
$$

This is the limit regardless of the spin of the particle [233].

### 2.5.3 Forward Compton Scattering \& The Optical Theorem

The probability for a particle to be scattered in the same direction as its original momentum is described by the "forward" scattering amplitude $(\mathcal{M}(0))$. The conservation of probability (unitarity) implies that the imaginary part of this amplitude $(\Im M(0))$ encodes the amount of attenuation of a beam of particles due to scattering. The total scattering cross section ( $\sigma_{\text {tot }}$ ) quantifies precisely the same thing which implies that $\Im \mathcal{M}(0)$ is proportional to $\sigma_{\text {tot }}$. This exact form of this relationship is the content of the optical theorem which states [234,235]:

$$
\begin{equation*}
\frac{d \sigma}{d \Omega}=|\mathcal{M}(\theta)|^{2} \quad \Rightarrow \int \frac{d \sigma}{d \Omega} d \Omega=\sigma_{\mathrm{tot}}=\frac{4 \pi}{\omega} \Im \mathcal{M}(0) \tag{2.240}
\end{equation*}
$$

where $\mathcal{M}(\theta)$ is the scattering amplitude. By inspecting Eqn. 2.220, we can write down the Compton scattering amplitude:

$$
\begin{equation*}
\mathcal{M}(\theta)=\left(\frac{\alpha \omega^{\prime}}{4 M \omega}\right) \varepsilon_{f}^{\mu *} \varepsilon_{i}^{\nu} T_{\mu \nu}(\theta) \tag{2.241}
\end{equation*}
$$

where the angular dependence is buried deep in $T_{\mu \nu}$. For forward scattering $\theta=0$, the initial and final photon polarizations are the same $\left(\varepsilon_{f}=\varepsilon_{i}\right)$ which allows us to identify $\varepsilon_{f}^{\mu *} \varepsilon_{i}^{\nu}$ with the initial photon density matrix $\rho_{i}^{\mu \nu}$. In addition $P^{\prime}=P$ and $S^{\prime}=S$ which implies that the forward Compton tensor is now given by:

$$
\begin{equation*}
T_{\mu \nu}(\theta=0)=i \int d^{4} x e^{i k^{\prime} \cdot x}\langle P, S| T\left(J_{\mu}(x) J_{\nu}(0)\right)|P, S\rangle \tag{2.242}
\end{equation*}
$$

If the particle in question is a nucleon, then we can immediately relate the forward Compton tensor to the nucleon hadronic tensor given in Eqn. (2.161) by:

$$
\begin{equation*}
\int(\cdots)\left\langle\left[J_{\mu}(x), J_{\nu}(0)\right]\right\rangle=2 \int(\cdots)\left\langle T\left(J_{\mu}(x) J_{\nu}(0)\right)\right\rangle \quad \Rightarrow \quad T_{\mu \nu}(\theta=0)=i \pi W_{\mu \nu} \tag{2.243}
\end{equation*}
$$

where the integral over the commutator product "double counts" the time-ordered product. This relationship can be used to relate the nucleonic structure functions contained in $W_{\mu \nu}$ to the total real photon absorption cross sections via the optical theorem. For the case of real Compton scattering from a polarized nucleon with an unobserved final photon state, we find:

$$
\begin{equation*}
\sigma_{\text {tot }}=\sum_{\varepsilon_{f}} \sum_{S^{\prime}} \frac{4 \pi}{\omega} \Im \mathcal{M}(0)=\frac{8 \pi}{\omega}\left(\frac{\alpha}{4 M}\right) \Im\left\{\varepsilon_{i}^{\mu *} \varepsilon_{i}^{\nu} T_{\mu \nu}(\theta=0)\right\}=\frac{4 \pi^{2} \alpha}{\omega} \Im\left\{\rho_{i}^{\mu \nu} \frac{i W_{\mu \nu}}{2 M}\right\} \tag{2.244}
\end{equation*}
$$

The sum over $\varepsilon_{f}$ results in an additional factor of 2 , whereas the sum over $S^{\prime}$ is implicit in the structure of $W_{\mu \nu}$. To explicitly evaluate the tensor contraction, we'll note that $q=k=k^{\prime}=\omega(1, \hat{z}) \& Q^{2}=0$ and use the following useful identity:

$$
\varepsilon_{\mu \nu \alpha \beta} M^{\mu} N^{\nu} A^{\alpha} B^{\beta}=\begin{align*}
& +M^{0}[(\vec{N} \times \vec{A}) \cdot \vec{B}]-B^{0}[(\vec{M} \times \vec{N}) \cdot \vec{A}]  \tag{2.245}\\
& \\
& +A^{0}[(\vec{B} \times \vec{M}) \cdot \vec{N}]-N^{0}[(\vec{A} \times \vec{B}) \cdot \vec{M}]
\end{align*}
$$

which gives:

$$
\begin{equation*}
\rho_{i}^{\mu \nu} \frac{i W_{\mu \nu}}{2 M}=\frac{i}{M}\left(F_{1}-P_{\gamma}\left[\hat{P}_{t} \cdot \hat{q}\right] g_{1}\right) \tag{2.246}
\end{equation*}
$$

For pure circularly polarized photons, $P_{\gamma}=h_{\gamma}= \pm 1$ and the total real photoabsorption cross sections are [236]:

$$
\begin{align*}
\sigma_{3 / 2} & \equiv \sigma_{\mathrm{tot}}\left(h_{\gamma} \hat{P}_{t} \cdot \hat{q}=+1\right)=\left(\frac{4 \pi^{2} \alpha}{M \omega}\right)\left[F_{1}-g_{1}\right]  \tag{2.247}\\
\sigma_{1 / 2} & \equiv \sigma_{\mathrm{tot}}\left(h_{\gamma} \hat{P}_{t} \cdot \hat{q}=-1\right)=\left(\frac{4 \pi^{2} \alpha}{M \omega}\right)\left[F_{1}+g_{1}\right]  \tag{2.248}\\
\sigma_{\mathrm{T}} & \equiv \frac{\sigma_{3 / 2}+\sigma_{1 / 2}}{2}=\left(\frac{4 \pi^{2} \alpha}{M \omega}\right) F_{1}  \tag{2.249}\\
\sigma_{\mathrm{TT}}^{\prime}=-\sigma_{\mathrm{TT}} & \equiv \frac{\sigma_{3 / 2}-\sigma_{1 / 2}}{2}=-\left(\frac{4 \pi^{2} \alpha}{M \omega}\right) g_{1} \tag{2.250}
\end{align*}
$$

We can now compare the spin-independent cross section $\sigma_{\mathrm{T}}$ to the total Powell cross section to find the functional form for the structure function $F_{1}\left(\nu, Q^{2}\right)$ at $Q^{2}=$ 0 for a Dirac particle with an anomalous magnetic moment:

$$
\begin{equation*}
F_{1}(\nu, 0)=\frac{\alpha \eta}{2 \pi}\left[Z^{4}\left[u+\frac{1+\eta}{(1+2 \eta)^{2}}+\frac{2\{1-(1+\eta) u\}}{\eta^{2}}\right]+\sum_{n=1}^{4} a_{n}\left[u-\frac{b_{n}}{(1+2 \eta)^{2}}\right] \kappa^{\star n}\right] \tag{1}
\end{equation*}
$$

where $\omega=\nu$ and $\eta=\omega / M$, see Tab. (2.1).

### 2.5.4 Dispersion Relations

"Dispersion relations" are a consequence of the requirement that cause precedes effect (causality), see for example [237]. For example, a target particle will not be scattered until it is struck by the beam. The mathematical consequence of causality is that the Fourier transform of the scattering amplitude vanishes for all times $t<0$, where $t=0$ is when the interaction takes place [238]. This immediately implies, by the Titsmarch theorem [239], that the real and imaginary parts of the scattering amplitude are related by:

$$
\begin{align*}
& \Re\{\mathcal{M}(\nu)\}=+\frac{1}{\pi} \mathrm{PV} \int_{-\infty}^{+\infty} \frac{\Im\{\mathcal{M}(\omega)\}}{\omega-\nu} d \omega  \tag{2.252}\\
& \Im\{\mathcal{M}(\nu)\}=-\frac{1}{\pi} \mathrm{PV} \int_{-\infty}^{+\infty} \frac{\Re\{\mathcal{M}(\omega)\}}{\omega-\nu} d \omega \tag{2.253}
\end{align*}
$$

where PV refers to the Cauchy principal value and we've assumed that $|\mathcal{M}(\omega)| \rightarrow 0$ as $\omega \rightarrow 0$. If $\mathcal{M}$ exhibits crossing symmetry such that $\mathcal{M}(-\omega)=+(-) \mathcal{M}^{*}(\omega)$, then $\Re \mathcal{M}$ is an even (odd) function and $\Im \mathcal{M}$ is an odd (even) function. This can be used to reduce the integration limits to $\omega>0$ :

$$
\begin{align*}
\Re\{\mathcal{M}(\nu)\}_{\text {even }} & =\frac{2}{\pi} \mathrm{PV} \int_{0}^{+\infty} \frac{\omega \Im\{\mathcal{M}(\omega)\}_{\text {odd }}}{\omega^{2}-\nu^{2}} d \omega  \tag{2.254}\\
\Re\{\mathcal{M}(\nu)\}_{\text {odd }} & =\frac{2}{\pi} \mathrm{PV} \int_{0}^{+\infty} \frac{\nu \Im\{\mathcal{M}(\omega)\}_{\text {even }}}{\omega^{2}-\nu^{2}} d \omega \tag{2.255}
\end{align*}
$$

which can be done for $\Im \mathcal{M}$ as well. We'll assume that $\mathcal{M}$ can be decomposed into an even symmetric part $f(\omega)$ and an odd symmetric part $g(\omega)$. Dispersion relations can be formed independently for $f(\omega)$ and $g(\omega)$. In this case, we can improve the convergence of the integral as $|\omega| \rightarrow \infty$ by forming a dispersion relation for
$f(\omega) / \omega^{2 n}$ and $g(\omega) / \omega^{2 n+1}$ where $n$ is an integer $\geq 0$ :

$$
\begin{align*}
\Re\left\{\frac{f(\nu)}{\nu^{2 n}}\right\} & =\frac{2}{\pi} \mathrm{PV} \int_{0}^{\infty} \Im\left\{\frac{f(\omega)}{\omega^{2 n}}\right\} \frac{\omega}{\omega^{2}-\nu^{2}} d \omega  \tag{2.256}\\
\Re\left\{\frac{g(\nu)}{\nu^{2 n+1}}\right\} & =\frac{2}{\pi} \mathrm{PV} \int_{0}^{\infty} \Im\left\{\frac{g(\omega)}{\omega^{2 n+1}}\right\} \frac{\omega}{\omega^{2}-\nu^{2}} d \omega \tag{2.257}
\end{align*}
$$

where $\Re\{\cdots\}$ is even in both cases implying that $\Im\{\cdots\}$ is odd. The assumption that the $\omega^{k}$ factor in the denominator does not introduce a pole at $\omega=0$ is called the "no subtraction hypothesis." [238] This form of the dispersion relation is suggestive of a Taylor expansion of $f(\omega) \& g(\omega)$ about $\omega=0$.

### 2.5.5 Low Energy Theorems and Expansions

The Compton scattering amplitude can be written as a series of terms that are composed of scalar quantities formed from combinations of the initial \& final photon \& particle polarizations \& momenta. Each of these scalars are multiplied by coefficients that are functions of the initial \& final photon energies and the electromagnetic properties of the particle. Gauge invariance (conservation of charge [240]), Lorentz invariance ("intrinsic" or dynamical probability of interaction is independent of reference frame [27]), and crossing symmetry constrains the exact form of these terms and their corresponding coefficients. Based on these arguments, the Low Energy Theorem states that the lowest order terms (in photon energies) are given solely by the particle's mass $M$, charge $Z$, and anomalous magnetic moment $\kappa^{\star}$ [241,242]. In other words, it states that the longest wavelength photons are only sensitive to the global properties of the system (target particle).

If the wavelength is shortened slightly (resolution is increased), then these photons are additionally sensitive to the characteristic size of the particle and to the
ability of its internal degrees of freedom to reconfigure itself in response to the electric and magnetic fields associated with the photons [243-246]. The "electromagnetic" size of the particle characterized by the root mean square radius $\left(\left\langle r_{E, M}^{2}\right\rangle\right)$ of its charge and magnetization distributions. The measure of its ability to reconfigure itself is known as its polarizability $\left(\alpha_{E}, \beta_{M}\right)$. In atomic systems, polarizabilities are directly related to the medium's index of refraction and, in the context of quantum mechanics, provide a link between microscopic structure and the macroscopic optical phenomenon caused by it (i.e. refraction, absorption, Faraday rotation). Because $\left\langle r_{E, M}^{2}\right\rangle, \alpha_{E}, \beta_{M}$ have to be calculated from a theory that describes the detailed electromagnetic structure of the particle, the terms that involve them are said to be a consequence of a Low Energy "Expansion."

In general, each coefficient includes terms that have even and odd powers of the photon energies [246]. For the special case of forward scattering, the even \& odd terms decouple and the forward real Compton scattering amplitude can be written as:

$$
\begin{equation*}
\mathcal{M}(\theta=0)=f(\omega)\left[\vec{\varepsilon}^{*} \cdot \vec{\varepsilon}\right]+g(\omega)\left[i \hat{P}_{t} \cdot\left(\vec{\varepsilon}^{*} \times \vec{\varepsilon}\right)\right] \tag{2.258}
\end{equation*}
$$

where $f(g)$ is a real function even (odd) in $\omega$ and spin independent (dependent) given by [236]:

$$
\begin{align*}
& f(\omega)=-\frac{\alpha Z^{2}}{M}+\left(\alpha_{E}+\beta_{M}\right) \omega^{2}+O\left(\omega^{4}\right)  \tag{2.259}\\
& g(\omega)=\left(-\frac{\alpha \kappa^{\star 2}}{2 M^{2}}\right) \omega+\left(\gamma_{0}\right) \omega^{3}+O\left(\omega^{5}\right) \tag{2.260}
\end{align*}
$$

where $Z, \kappa^{\star}, \& M$ are the charge, anomalous magnetic moment, and mass of the spin-1/2 particle and $\alpha_{E}, \beta_{M}, \& \gamma_{0}$ are the electric, magnetic, and forward-spin polarizabilities. In atomic systems, the electric polarizability is related to the index
of refraction $n$ by $n-1=[\mathrm{N}] \alpha_{E}$ where $[\mathrm{N}]$ is the number density of the medium. Furthermore, the forward-spin polarizability is responsible for the Faraday effect (i.e. Faraday rotation) and is calculated explicitly for alkali atoms in Sec. (E).

### 2.5.6 Gerasimov-Drell-Hearn Sum Rule

The real part of the forward Compton scattering amplitude is given to lowest orders in $\omega$ by the Low Energy Theorem \& Expansion. The imaginary part of the forward Compton scattering amplitude is given by the total photoabsorption cross sections via the optical theorem. Making this connection explicitly order by order gives:

$$
\begin{align*}
-\left(\frac{4 \pi^{2} \alpha \mathrm{Z}^{2}}{M}\right) & ? \int_{\nu_{0}}^{\infty}\left(\sigma_{3 / 2}+\sigma_{1 / 2}\right) d \nu \rightarrow \infty  \tag{2.261}\\
\frac{2 \pi^{2} \alpha \kappa^{\star 2}}{M^{2}} & =+\int_{\nu_{0}}^{\infty}\left(\frac{\sigma_{3 / 2}-\sigma_{1 / 2}}{\nu}\right) d \nu=I_{\mathrm{GDH}}  \tag{2.262}\\
\alpha_{E}+\beta_{M} & =+\frac{1}{4 \pi^{2}} \int_{\nu_{0}}^{\infty}\left(\frac{\sigma_{3 / 2}+\sigma_{1 / 2}}{\nu^{2}}\right) d \nu=I_{\text {Baldin }}  \tag{2.263}\\
\gamma_{0} & =-\frac{1}{4 \pi^{2}} \int_{\nu_{0}}^{\infty}\left(\frac{\sigma_{3 / 2}-\sigma_{1 / 2}}{\nu^{3}}\right) d \nu \tag{2.264}
\end{align*}
$$

where $\nu_{0}$ is the inelastic threshold and, in this case, the amplitudes are defined to ignore elastic scattering. The first line is nonsensical both because the bracketed term on the l.h.s. \& the cross sections are positive definite and because the integral does not converge. The second line gives the Gerasimov-Drell-Hearn sum rule for any spin- $1 / 2$ object $[247,248]$. The third line is known as the Baldin sum rule [244] and is an unpolarized analog to the GDH sum rule. Finally, the last simply provides a definition for the forward spin polarizability.

In a paper received on October 26, 1964 and published on April 26, 1965, C.K.

Iddings [249] anticipated the GDH sum rule in the course of studying the hyperfine structure of Hydrogen (at the urging of V.W. Hughes). The main ingredients were present (dispersion relations and low energy theorem) but the sum rule was not explicitly formed [250]. Therefore, the earliest known publication of the GDH sum rule is S.B. Gerasimov's submission to Yadernaya Fizika on March 9, 1965 (published October 1965 [247], translated by J.G. Adashko for Soviet Journal of Nuclear Physics in April 1966 [251]). Quoting S.D. Drell and A.C. Hearn, their paper's contribution "is very simply that of joining the dispersion relation [Eq. (3)] and the low energy theorem [Eq. (4)] with the no-subtraction assumption" (received April 20, 1966, published May 16, 1966) [248]. Using current algebra techniques, Masataka Hosoda and Kunio Yamamoto derived the sum rule for Dirac particles [252] (received May 20, 1966) and extended the argument for all spin- $1 / 2$ and spin- $3 / 2$ nuclei [253] (received June 6, 1966). At the time, there was some discussion in the literature as to whether the sum rule holds for composite objects as well [254-256], for example the ${ }^{3} \mathrm{He}$ nucleus. In his original paper, Gerasimov claims without proof that the sum rule is true for nuclei and uses the sum rule to study nuclear binding effects. The issue was essentially settled by the early 70's in favor of the generality of the sum rule [257-262], see in particular Brodsky \& Primack [258]. The generalization to spin greater than $1 / 2$ was written down in the original Gerasimov paper and has been rederived many times [19,20, 25,26, 257,263].

Making the identification that $\sigma_{3 / 2(1 / 2)}$ refers to the cross section when the photon helicity is parallel (antiparallel) with the particle's spin, the $S \geq 1 / 2$ general-
ization for all three conventions of the anomalous magnetic moment is written as:

$$
\begin{equation*}
\frac{I_{\mathrm{GDH}}\left(m_{S}\right)}{4 \pi^{2} \alpha\left|m_{S}\right|}=\frac{1}{4 \pi^{2} \alpha\left|m_{S}\right|} \int_{0}^{\infty}\left(\frac{\sigma_{P}-\sigma_{A}}{\nu}\right) d \nu=\left(\frac{\kappa}{M_{P}}\right)^{2}=\left(\frac{\kappa^{\star}}{M}\right)^{2}=\left(\frac{\kappa_{\mathrm{Ji}}}{(2 S) M}\right)^{2} \tag{2.265}
\end{equation*}
$$

where $m_{S}$ is the $S_{z}$ component of the particle's spin state (e.g. $m_{S}= \pm 1 / 2$ for $S=$ $1 / 2), M_{p}$ is the mass of the proton, and the three conventions for the anomalous magnetic moment are:

$$
\begin{equation*}
\kappa \equiv \frac{g}{2}-Z \frac{M_{P}}{M} \quad \kappa^{\star} \equiv \frac{g}{2}\left(\frac{M}{M_{P}}\right)-Z \quad \kappa_{\mathrm{Ji}} \equiv g S \frac{M}{M_{P}}-2 Z S \tag{2.266}
\end{equation*}
$$

where the total magnetic moment of the particle is given by $\mu=g \mu_{N} S$. It is useful to express the sum rule in terms of the Gerasimov cross section defined by:

$$
\begin{equation*}
\sigma_{G} \equiv \frac{2 \pi^{2} \alpha \hbar^{2}}{M_{P}^{2} c^{2}}=63.7104 \mu \mathrm{~b} \tag{2.267}
\end{equation*}
$$

which gives:

$$
\begin{equation*}
I_{\mathrm{GDH}}\left(m_{S}\right)=2 \sigma_{G}\left|m_{\mathrm{S}}\right| \kappa^{2}=2 \sigma_{G}\left|m_{\mathrm{S}}\right|\left(\frac{\kappa^{\star}}{M / M_{P}}\right)^{2}=2 \sigma_{G}\left|m_{\mathrm{S}}\right|\left(\frac{\kappa_{\mathrm{Ji}}}{(2 S) M / M_{P}}\right)^{2} \tag{2.268}
\end{equation*}
$$

Recently, X.Ji and Y.Li [25] have derived a closely related form of sum rule:

$$
\begin{equation*}
I_{\mathrm{JL}}=\sum_{m_{S}=-S}^{+S} \frac{\left|m_{S}\right|}{2} I_{\mathrm{GDH}}\left(m_{S}\right)=\pi^{2} \alpha\left[\frac{2 S(S+1)(2 S+1)}{3}\right]\left(\frac{\kappa_{\mathrm{Ji}}}{(2 S) M}\right)^{2} \tag{2.269}
\end{equation*}
$$

See Helbing for a recent review of the GDH sum rule and the status of its verification for protons [264].

| Species | ${ }^{1} \mathrm{H}$ | ${ }^{1} \mathrm{n}$ | ${ }^{2} \mathrm{H}$ | ${ }^{3} \mathrm{He}$ | ${ }^{3} \mathrm{H}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $Z$ | +1 | 0 | +1 | +2 | +1 |
| $S$ | $1 / 2$ | $1 / 2$ | 1 | $1 / 2$ | $1 / 2$ |
| $m_{S}$ | $\pm 1 / 2$ | $\pm 1 / 2$ | $0, \pm 1$ | $\pm 1 / 2$ | $\pm 1 / 2$ |
| $M\left(M_{P}\right)$ | 1.0000 | 1.0014 | 1.9990 | 2.9932 | 2.9937 |
| $\mu\left(\mu_{N}\right)$ | +2.7928 | -1.9130 | +0.8574 | -2.1275 | +2.9790 |
| $g$ | +5.5857 | -3.8261 | +0.8574 | -4.2550 | +5.9579 |
| $\kappa$ | +1.7928 | -1.9130 | -0.0715 | -2.7957 | +2.6449 |
| $\kappa^{\star}$ | +1.7928 | -1.9157 | -0.1430 | -8.3679 | +7.9182 |
| $\kappa_{\mathrm{Ji}}$ | +1.7928 | -1.9157 | -0.2860 | -8.3679 | +7.9182 |
| $I_{\mathrm{GDH}}\left(m_{S}\right)(\mu \mathrm{b})$ | 204.78 | 233.16 | $0,0.65194$ | 497.95 | 445.70 |

Table 2.2: GDH Sum Rule evaluated for the proton, neutron, deuteron, and helion. Data from [265,266].

### 2.5.7 Polarization Vector for Virtual Photons

There are two differences between real photons and virtual photons. First, virtual photons are "off mass shell" or, in other words, they are not constrained to have the same rest mass as real photons $\left(q^{2}=-Q^{2} \neq 0\right)$. Second, a direct consequence of the first, virtual photons may have a component of their polarization parallel to its momentum $(\vec{\varepsilon} \cdot \vec{q} \neq 0)$. The polarization state of the virtual photon involved in electron scattering is prescribed by the leptonic tensor. It is straightforward to show (after some tedious algebra) that the leptonic tensor (summed over the final electron spin state $s^{\prime}$ ) for a longitudinally polarized electron beam with polarization $P_{b}=h_{b}= \pm 1$ can be written as [37,267]:

$$
\begin{equation*}
\sum_{s^{\prime}} L^{\mu \nu}=\left(\frac{2 Q^{2}}{1-\varepsilon}\right) \rho^{\mu \nu} \tag{2.270}
\end{equation*}
$$

where $\varepsilon$ is the virtual photon polarization parameter and $\rho^{\mu \nu}$ in the lab frame is given by:

$$
\left[\begin{array}{cccc}
\gamma_{\beta}^{2} \varepsilon & \gamma_{\beta} \sqrt{\varepsilon(1+\varepsilon) / 2} & i h_{b} \gamma_{\beta} \sqrt{\varepsilon(1-\varepsilon) / 2} & \beta \gamma_{\beta}^{2} \varepsilon  \tag{2.271}\\
\gamma_{\beta} \sqrt{\varepsilon(1+\varepsilon) / 2} & (1+\varepsilon) / 2 & i h_{b} \sqrt{1-\varepsilon^{2}} / 2 & \beta \gamma_{\beta} \sqrt{\varepsilon(1+\varepsilon) / 2} \\
-i h_{b} \gamma_{\beta} \sqrt{\varepsilon(1-\varepsilon) / 2} & -i h_{b} \sqrt{1-\varepsilon^{2}} / 2 & (1-\varepsilon) / 2 & -i h_{b} \beta \gamma_{\beta} \sqrt{\varepsilon(1-\varepsilon) / 2} \\
\beta \gamma_{\beta}^{2} \varepsilon & \beta \gamma_{\beta} \sqrt{\varepsilon(1+\varepsilon) / 2} & i h_{b} \beta \gamma_{\beta} \sqrt{\varepsilon(1-\varepsilon) / 2} & \beta^{2} \gamma_{\beta}^{2} \varepsilon
\end{array}\right]
$$

where $\beta$ is the velocity of the Breit frame relative to the lab frame and, along with $\gamma_{\beta}$, it is given by:

$$
\begin{equation*}
\beta=\frac{\nu}{|\vec{q}|} \quad \gamma_{\beta}=\frac{|\vec{q}|}{Q} \quad \beta \gamma_{\beta}=\frac{\nu}{Q} \quad \gamma_{\beta}^{2}=\frac{1}{1-\beta^{2}} \tag{2.272}
\end{equation*}
$$

Careful inspection of $\rho^{\mu \nu}$ allows us to interpret it as the virtual photon density matrix for a polarization vector given by:

$$
\begin{equation*}
\varepsilon^{\mu}=\left(\gamma_{\beta} \sqrt{\varepsilon}, \sqrt{\frac{1+\varepsilon}{2}}, i h_{b} \sqrt{\frac{1-\varepsilon}{2}}, \beta \gamma_{\beta} \sqrt{\varepsilon}\right)^{\mathrm{T}} \tag{2.273}
\end{equation*}
$$

The polarization vector has the normalization $\varepsilon^{\mu *} \varepsilon_{\mu}=\varepsilon-1$. By noting that $q=$ $(v, \vec{q})=Q\left(\beta \gamma_{\beta}, 0,0, \gamma_{\beta}\right)$, we find $\varepsilon^{\mu} q_{\mu}=0$. It is useful to rewrite $\varepsilon^{\mu}$ as a sum of mutually orthogonal transverse (T) \& longitudinal (L) parts $\vec{\varepsilon}_{\mathrm{T}} \cdot \vec{\varepsilon}_{\mathrm{L}}=0$ :

$$
\begin{align*}
\varepsilon^{\mu} & =\varepsilon_{\mathrm{T}}^{\mu}+\varepsilon_{\mathrm{L}}^{\mu}  \tag{2.274}\\
\varepsilon_{\mathrm{T}}^{\mu} & =\left(0, \sqrt{\frac{1+\varepsilon}{2}}, i h_{b} \sqrt{\frac{1-\varepsilon}{2}}, 0\right)^{\mathrm{T}}  \tag{2.275}\\
\varepsilon_{\mathrm{L}}^{\mu} & =\sqrt{\varepsilon}\left(\gamma_{\beta}, 0,0, \beta \gamma_{\beta}\right)^{\mathrm{T}} \tag{2.276}
\end{align*}
$$

which gives the following spatial dot \& cross products:

$$
\begin{align*}
\vec{\varepsilon}^{*} \cdot \vec{\varepsilon} & =\left|\vec{\varepsilon}_{\mathrm{T}}\right|^{2}+\left|\vec{\varepsilon}_{\mathrm{L}}\right|^{2}=1+\beta^{2} \gamma_{\beta}^{2} \varepsilon  \tag{2.277}\\
\vec{\varepsilon}^{*} \times \vec{\varepsilon} & =\vec{\varepsilon}_{\mathrm{T}}^{*} \times \vec{\varepsilon}_{\mathrm{T}}+\left(\vec{\varepsilon}_{\mathrm{T}}^{*}-\vec{\varepsilon}_{\mathrm{T}}\right) \times \vec{\varepsilon}_{\mathrm{L}}=i h_{b} P_{\gamma}\left[\stackrel{\leftrightarrow}{1}-\left(\lambda_{\mathrm{LT}}\right) \hat{n} \times\right] \hat{q} \tag{2.278}
\end{align*}
$$

where $\hat{q}$ is the direction of the momentum of the virtual photon and $\hat{n}$ is a unit vector that is perpendicular to the scattering plane, see Sec. 2.1.3). Comparing these relationships to those for real photons leads to the interpretation of $\varepsilon$ as a measure of the degree of virtually or non-realness of the photon ( $\varepsilon=0$ for real photons), $P_{\gamma}$ as the degree of circular polarization as before, and $\lambda_{\mathrm{LT}}$ as the ratio of the longitudinal linear polarization to the transverse linear polarization:

$$
\begin{equation*}
P_{\gamma}=\sqrt{1-\varepsilon^{2}} \quad \lambda_{\mathrm{LT}}=\frac{\beta \gamma_{\beta} \sqrt{\varepsilon}}{\sqrt{(1+\varepsilon) / 2}}=\frac{\beta \gamma_{\beta} \sqrt{2 \varepsilon(1-\varepsilon)}}{P_{\gamma}} \tag{2.279}
\end{equation*}
$$

In the limit of $Q^{2} \rightarrow 0, \varepsilon \rightarrow 0$ and the virtual photons become circularly polarized real photons. In the limit of $Q^{2} \rightarrow \infty, \varepsilon \rightarrow 1$ and the virtual photons becomes completely linearly polarized.

### 2.5.8 Virtual Compton Scattering

There are a few different processes that could be referred to as "virtual Compton scattering" [203]. Bethe-Heitler (BH) is the process where the incoming or outgoing electron emits a "soft" (low energy) photon. Virtual Compton scattering (VCS) is the process (generally speaking) where the incoming nucleon absorbs a virtual photon from the electron and then emits a real photon. Doubly virtual Compton scattering $\left(\mathrm{V}^{2} \mathrm{CS}\right)$ is the term used to describe electron scattering and the one that
we're interested in the following sections.
It is straightforward to the generalize the various integrals in Sec. (2.5.6) by simply allowing the integrands to have a $Q^{2}$ dependence. What's desired, however, is a sum "rule"' which equates the generalized integral (to be measured) to some fundamental property of the system (to be calculated) over the entire $Q^{2}$ range. This can be done by generalizing the forward Compton scattering amplitude for the case of virtual photons and calculating the virtual photoabsorption cross sections using the optical theorem:

$$
\begin{equation*}
\sigma_{V}=\frac{4 \pi^{2} \alpha}{K} \Im\left\{\rho^{\mu \nu} \frac{i W_{\mu \nu}}{2 M}\right\} \tag{2.280}
\end{equation*}
$$

where we've introduced the parameter $K$ in place of $\omega$ to make units "work out." Unlike the case for real photons, there is some ambiguity as to what the parameter $K$ should represent. There are three standard conventions for this virtual photon flux "factor" $K$ (that reduce to $\nu$ for real photons):

1. $K_{0}=\nu$
2. $K_{G}=|\vec{q}|=\sqrt{\nu^{2}+Q^{2}}=\nu \sqrt{1+\frac{4 M^{2} x^{2}}{Q^{2}}}$, Gilman convention, "the magnitude of the laboratory photon three-momentum" [268].
3. $K_{H}=\left(W^{2}-M^{2}\right) /(2 M)=\nu-Q^{2} /(2 M)=\nu(1-x)$, Hand convention, "the laboratory photon energy producing a final state of total center-of-mass energy" $W$ after absorption by a nucleon at rest [269].

It's important to note that the extraction of structure functions ( $F_{1}, F_{2}, g_{1}, g_{2}$ ) and their moments do not depend on the choice of $K$.

Using the Eqn. (2.245), we find:

$$
\begin{align*}
\rho_{i}^{\mu \nu} \frac{i W_{\mu \nu}}{2 M}= & \frac{i}{M}\left[(1-\varepsilon) F_{1}+\varepsilon \gamma_{\beta}^{2}\left(\frac{M}{\nu}\right) F_{2}\right. \\
& \left.-h_{b} P_{\gamma} \hat{P}_{t} \cdot\left\{\hat{q}\left(g_{1}-\frac{g_{2}}{\beta^{2} \gamma_{\beta}^{2}}\right)+(\hat{n} \times \hat{q})\left(\frac{\lambda_{\mathrm{LT}}}{\beta \gamma_{\beta}}\right)\left(\frac{g_{1}+g_{2}}{\beta \gamma_{\beta}}\right)\right\}\right] \tag{2.281}
\end{align*}
$$

It is conventional [236] to split the total photoabsorption cross section $\sigma_{V}$ into parts that depend on $1, \varepsilon, \hat{P}_{t} \cdot \hat{q}$, and $\hat{P}_{t} \cdot(\hat{n} \times \hat{q})$ :

$$
\begin{equation*}
\sigma_{V}=\sigma_{\mathrm{T}}+\varepsilon \sigma_{\mathrm{L}}-h_{b}\left(\hat{P}_{t} \cdot \hat{q}\right) \sqrt{1-\varepsilon^{2}} \sigma_{\mathrm{TT}}-h_{b} \hat{P}_{t} \cdot(\hat{n} \times \hat{q}) \sqrt{2 \varepsilon(1-\varepsilon)} \sigma_{\mathrm{LT}} \tag{2.282}
\end{equation*}
$$

where the individual cross sections are given by:

$$
\begin{align*}
\sigma_{\mathrm{T}} & =\frac{\sigma_{1 / 2}+\sigma_{3 / 2}}{2}=\sigma_{K}\left[F_{1}\right]  \tag{2.283}\\
\sigma_{\mathrm{L}} & =\sigma_{K}\left[\gamma_{\beta}^{2}\left(\frac{M}{\nu}\right) F_{2}-F_{1}\right]  \tag{2.284}\\
\sigma_{\mathrm{TT}} & =-\sigma_{\mathrm{TT}}^{\prime}=\sigma_{\mathrm{long}}=\frac{\sigma_{1 / 2}-\sigma_{3 / 2}}{2}=\sigma_{K}\left[g_{1}-\frac{g_{2}}{\beta^{2} \gamma_{\beta}^{2}}\right]  \tag{2.285}\\
\sigma_{\mathrm{LT}} & =-\sigma_{\mathrm{LT}}^{\prime}=\sigma_{\text {trans }}=\sigma_{K}\left[\frac{g_{1}+g_{2}}{\beta \gamma_{\beta}}\right]  \tag{2.286}\\
\sigma_{\mathrm{K}} & =\frac{4 \pi^{2} \alpha}{M K} \tag{2.287}
\end{align*}
$$

where $\beta \gamma_{\beta}=\nu / Q$ and $\gamma_{\beta}^{2}=1+\nu^{2} / Q^{2}$. These virtual photoabsorption cross sections are directly related to the inclusive inelastic electron scattering cross section by:

$$
\begin{equation*}
\frac{d^{2} \sigma}{d \Omega d E^{\prime}}=\frac{\alpha^{2}}{2 M Q^{4}}\left(\frac{E^{\prime}}{E}\right)\left\{\sum_{s^{\prime}} L^{\mu \nu}\right\} W_{\mu \nu}=\frac{\alpha^{2}}{Q^{4}}\left(\frac{E^{\prime}}{E}\right)\left(\frac{2 Q^{2}}{1-\varepsilon}\right) \rho^{\mu \nu} \frac{W_{\mu \nu}}{2 M}=\Gamma_{V} \sigma_{V} \tag{2.288}
\end{equation*}
$$

where $\Gamma_{V}$ is the virtual photon flux (number of virtual photons per unit time per unit solid angle):

$$
\begin{equation*}
\Gamma_{V}=\frac{\alpha}{2 \pi^{2}}\left(\frac{E^{\prime}}{E}\right) \frac{K}{Q^{2}}\left[\frac{1}{1-\varepsilon}\right]=\frac{2\left(\sigma_{R}-\sigma_{M}\right)}{\sigma_{K} M(1-\varepsilon)} \tag{2.289}
\end{equation*}
$$

In this case, there are two extra cross sections: $\sigma_{\mathrm{L}}$, which is solely due to the longitudinal polarization component of the virtual photon, and $\sigma_{\mathrm{LT}}$, which is an interference term between the longitudinal and transverse polarization components of the virtual photon. In the real photon limit $Q^{2} \rightarrow 0$, we find:

$$
\begin{equation*}
K \rightarrow \nu \quad \varepsilon \rightarrow 0 \quad \sigma_{\mathrm{TT}} \rightarrow \sigma_{K} g_{1} \quad \sigma_{\mathrm{LT}} \rightarrow 0 \quad \varepsilon \sigma_{\mathrm{L}} \propto F_{2} \tag{2.290}
\end{equation*}
$$

### 2.5.9 Generalized Spin-Dependent Integrals and Sum Rules

All that's left now is to associate each virtual photoabsorption cross section with it's corresponding virtual Compton amplitude. We'll still use the mechanism of dispersion relations, but one must account for elastic scattering which has large contributions at low $Q^{2}$. In terms of calculating the amplitude, this is a subtle technical issue pertaining to the pole structure of the amplitude for $\nu$ below the inelastic threshold $[236,270]$. In terms of writing down a sum rule, we'll simply place a bar over the amplitude to symbolically indicate the elastic contribution has been removed. The forward virtual Compton scattering amplitude has the same form as Eqn. (2.258). However, it is conventional to use Eqns. (2.277) \& (2.278) to separate the components that are due to the longitudinal polarization of the virtual
photon:

$$
\begin{align*}
\mathcal{M}_{V}\left(\theta_{\gamma}=0\right)= & f_{\mathrm{T}}\left(\nu, Q^{2}\right)\left[\vec{\varepsilon}_{\mathrm{T}}^{*} \cdot \vec{\varepsilon}_{\mathrm{T}}\right]+f_{\mathrm{L}}\left(\nu, Q^{2}\right)\left[\frac{\vec{\varepsilon}_{\mathrm{L}}^{*} \cdot \vec{\varepsilon}_{\mathrm{L}}}{\beta^{2} \gamma_{\beta}^{2}}\right] \\
& +g_{\mathrm{TT}}\left(\nu, Q^{2}\right)\left[i \hat{P}_{t} \cdot\left(\frac{\vec{\varepsilon}_{\mathrm{T}}^{*} \times \vec{\varepsilon}_{\mathrm{T}}}{h_{b} P_{\gamma}}\right)\right] \\
& +g_{\mathrm{LT}}\left(\nu, Q^{2}\right)\left[i \hat{P}_{t} \cdot\left\{\frac{\left(\vec{\varepsilon}_{\mathrm{T}}^{*}-\vec{\varepsilon}_{\mathrm{T}}\right) \times \vec{\varepsilon}_{\mathrm{L}}}{h_{b} P_{\gamma} \lambda_{\mathrm{LT}} /\left(\beta \gamma_{\beta}\right)}\right\}\right] \tag{2.291}
\end{align*}
$$

Anticipating their use in a dispersion relation, we'll perform a low energy expansion of the real part of the elastic-subtracted spin-dependent amplitudes [236]:

$$
\begin{align*}
& \Re \bar{g}_{\mathrm{TT}}\left(\nu, Q^{2}\right)=\left(\frac{2 \alpha I_{A}\left(Q^{2}\right)}{M^{2}}\right) \nu+\left(\gamma_{0}\left(Q^{2}\right)\right) \nu^{3}+O\left(\nu^{5}\right)  \tag{2.292}\\
& \Re \bar{g}_{\mathrm{LT}}\left(\nu, Q^{2}\right)=\left(\frac{2 \alpha Q I_{3}\left(Q^{2}\right)}{M^{2}}\right)+\left(Q \delta_{\mathrm{LT}}\left(Q^{2}\right)\right) \nu^{2}+O\left(\nu^{4}\right) \tag{2.293}
\end{align*}
$$

where we've defined the expansion parameters as functions of $Q^{2}$ such that in the real photon limit:

$$
\begin{equation*}
I_{A}\left(Q^{2}\right) \rightarrow-\frac{\kappa^{\star 2}}{4} \quad \gamma_{0}\left(Q^{2}\right) \rightarrow \gamma_{0} \quad Q I_{3}\left(Q^{2}\right) \rightarrow 0 \quad Q \delta_{\mathrm{LT}}\left(Q^{2}\right) \rightarrow 0 \tag{2.294}
\end{equation*}
$$

By inspection, the imaginary parts of these amplitudes are given by:

$$
\begin{equation*}
\Im g_{\mathrm{TT}}=\frac{K}{4 \pi} \sigma_{\mathrm{TT}}=\frac{\pi \alpha}{M}\left[g_{1}-\frac{g_{2}}{\beta^{2} \gamma_{\beta}^{2}}\right] \quad \Im g_{\mathrm{LT}}=\frac{K}{4 \pi} \sigma_{\mathrm{LT}}=\frac{\pi \alpha}{M}\left[\frac{g_{1}+g_{2}}{\beta^{2} \gamma_{\beta}^{2}}\right] \tag{2.295}
\end{equation*}
$$

where $\beta \gamma_{\beta}=\nu / Q=Q /(2 M x)$. Equating the real part of the amplitudes order by order to the corresponding photoabsorption cross sections via the optical theorem
gives [236,271,272]:

$$
\begin{align*}
I_{A}\left(Q^{2}\right) & =\frac{M^{2}}{4 \pi^{2} \alpha} \int_{\nu_{0}}^{\infty}\left[\frac { K ( \nu , Q ^ { 2 } ) } { \nu } \left[\left[\frac{\sigma_{\mathrm{TT}}}{\nu}\right] d \nu=\frac{2 M^{2}}{Q^{2}} \int_{0}^{x_{0}}\left[g_{1}-\frac{4 M^{2}}{Q^{2}} x^{2} g_{2}\right] d x\right.\right.  \tag{2.296}\\
\gamma_{0}\left(Q^{2}\right) & =\frac{1}{2 \pi^{2}} \int_{\nu_{0}}^{\infty}\left[\frac{K\left(\nu, Q^{2}\right)}{\nu}\right]\left[\frac{\sigma_{\mathrm{TT}}}{\nu^{3}}\right] d \nu=\frac{16 \alpha M^{2}}{Q^{6}} \int_{0}^{x_{0}} x^{2}\left[g_{1}-\frac{4 M^{2}}{Q^{2}} x^{2} g_{2}\right] d x  \tag{2.297}\\
I_{3}\left(Q^{2}\right) & =\frac{M^{2}}{4 \pi^{2} \alpha} \int_{\nu_{0}}^{\infty}\left[\frac{K\left(\nu, Q^{2}\right)}{\nu}\right]\left[\frac{\sigma_{\mathrm{LT}}}{Q}\right] d \nu=\frac{2 M^{2}}{Q^{2}} \int_{0}^{x_{0}}\left[g_{1}+g_{2}\right] d x  \tag{2.298}\\
\delta_{\mathrm{LT}}\left(Q^{2}\right) & =\frac{1}{2 \pi^{2}} \int_{\nu_{0}}^{\infty}\left[\frac{K\left(\nu, Q^{2}\right)}{\nu}\right]\left[\frac{\sigma_{\mathrm{LT}}}{Q \nu^{2}}\right] d \nu=\frac{16 \alpha M^{2}}{Q^{6}} \int_{0}^{x_{0}} x^{2}\left[g_{1}+g_{2}\right] d x \tag{2.299}
\end{align*}
$$

where $d x / x=-d \nu / \nu$ at constant $Q^{2}$. We can now identify the first line as essentially the generalized GDH integral, the second line as the generalized forward (transverse) spin polarizability, and the last line defines the forward longitudinal spin polarizability which has no real photon analog. While $K \& \sigma_{(\mathrm{TT}, \mathrm{LT})}$ are flux-factor-convention dependent, their product $K \sigma_{(\mathrm{TT}, \mathrm{LT})}$ and, consequently, the integrands are not.

An alternative approach is to define the elastic-subtracted amplitudes in such a way that $g_{1} \& g_{2}$ are decoupled and that the resulting integrals relate to partial spin structure moments in the following way:

$$
\begin{equation*}
I_{1,2}\left(Q^{2}\right)=\frac{2 M^{2}}{Q^{2}} \bar{\Gamma}_{1,2}\left(Q^{2}\right) \quad I_{3}\left(Q^{2}\right)=I_{1}\left(Q^{2}\right)+I_{2}\left(Q^{2}\right) \tag{2.300}
\end{equation*}
$$

where the partial moments are given by:

$$
\begin{equation*}
\bar{\Gamma}_{1,2}\left(Q^{2}\right)=\int_{0}^{x_{0}} g_{1,2}\left(x, Q^{2}\right) d x \tag{2.301}
\end{equation*}
$$

and $x_{0}$ corresponds to inelastic threshold. In terms of the photoabsorption cross sections, $I_{1}$ and $I_{2}$ can be written as:

$$
\begin{aligned}
& I_{1}\left(Q^{2}\right)=\frac{M^{2}}{4 \pi^{2} \alpha} \int_{\nu_{0}}^{\infty}\left[\frac{1}{1+Q^{2} / \nu^{2}}\right]\left[\frac{K\left(\nu, Q^{2}\right)}{\nu}\right]\left[\frac{+\sigma_{\mathrm{TT}}+Q \sigma_{\mathrm{LT}} / \nu}{\nu}\right] d \nu \text { (2.302) } \\
& I_{2}\left(Q^{2}\right)=\frac{M^{2}}{4 \pi^{2} \alpha} \int_{\nu_{0}}^{\infty}\left[\frac{1}{1+Q^{2} / \nu^{2}}\right]\left[\frac{K\left(\nu, Q^{2}\right)}{\nu}\right]\left[\frac{-\sigma_{\mathrm{TT}}+\nu \sigma_{\mathrm{LT}} / Q}{\nu}\right] d \nu \text { (2.303) }
\end{aligned}
$$

Along these lines, Ji \& Osbourne [270] define (with slightly different normalizations) the spin-dependent forward Compton amplitude in analogy to the antisymmetric part of the hadronic tensor:

$$
\begin{align*}
\mathcal{M}_{V}\left(\theta_{\gamma}=0\right)= & \left\{i \varepsilon_{\mu \nu \alpha \beta} \rho^{\mu \nu}\left(\frac{q^{\alpha}}{M}\right) S^{\beta}\right\} S_{1}\left(\nu, Q^{2}\right) \\
& +\left\{i \varepsilon_{\mu \nu \alpha \beta} \rho^{\mu \nu}\left(\frac{q^{\alpha}}{M}\right)\left[\left(\frac{P \cdot q}{M^{2}}\right) S^{\beta}-S \cdot\left(\frac{q}{M}\right) \frac{P^{\beta}}{M}\right]\right\} S_{2}\left(\nu, Q^{2}\right) \tag{2.304}
\end{align*}
$$

Comparing this to the cross sections in Eqn. 2.280) gives:

$$
\begin{align*}
& \Im\left\{S_{1}\left(\nu, Q^{2}\right)\right\}=\frac{\pi \alpha}{\nu} g_{1}\left(\nu, Q^{2}\right)=\left(\frac{M}{\nu}\right) \Im\left\{\frac{g_{\mathrm{TT}}+\beta^{2} \gamma_{\beta}^{2} g_{\mathrm{LT}}}{1+\beta^{2} \gamma_{\beta}^{2}}\right\}  \tag{2.305}\\
& \Im\left\{S_{2}\left(\nu, Q^{2}\right)\right\}=\frac{\pi \alpha M}{\nu^{2}} g_{2}\left(\nu, Q^{2}\right)=\left(\frac{M}{\nu}\right)^{2} \Im\left\{\left(-g_{\mathrm{TT}}+\beta^{2} \gamma_{\beta}^{2} g_{\mathrm{LT}}\right)\left(1+\beta^{2} \gamma_{\beta}^{2}\right)\right\} \tag{2.306}
\end{align*}
$$

By convention, the corresponding low energy expansions are given by [236]:

$$
\begin{align*}
\Re \bar{S}_{1}\left(\nu, Q^{2}\right)= & \left(\frac{2 \alpha I_{1}\left(Q^{2}\right)}{M}\right)+\left(\frac{2 \alpha}{M}\left[\frac{I_{A}\left(Q^{2}\right)-I_{1}\left(Q^{2}\right)}{Q^{2}}\right]+M \delta_{\mathrm{LT}}\left(Q^{2}\right)\right) \nu^{2}+O\left(\nu^{4}\right) \\
\Re \nu \bar{S}_{2}\left(\nu, Q^{2}\right)= & \left(2 \alpha I_{2}\left(Q^{2}\right)\right)-\left(2 \alpha\left[\frac{I_{A}\left(Q^{2}\right)-I_{1}\left(Q^{2}\right)}{Q^{2}}\right]\right) \nu^{2} \\
& +\frac{1}{Q^{2}}\left(2 \alpha\left[\frac{I_{A}\left(Q^{2}\right)-I_{1}\left(Q^{2}\right)}{Q^{2}}\right]+M^{2}\left[\delta_{\mathrm{LT}}\left(Q^{2}\right)-\gamma_{0}\left(Q^{2}\right)\right]\right) \nu^{4}+O\left(\nu^{6}\right) \tag{2.307}
\end{align*}
$$

Finally, we'll note two other conventions found in the literature for the generalized GDH integral [271]:

$$
\begin{align*}
I_{B}\left(Q^{2}\right) & =\frac{M^{2}}{4 \pi^{2} \alpha} \int_{\nu_{0}}^{\infty}\left[\frac{1}{\sqrt{1+Q^{2} / \nu^{2}}}\right]\left[\frac { K ( \nu , Q ^ { 2 } ) } { \nu } \left[\left[\frac{\sigma_{\mathrm{TT}}}{\nu}\right] d \nu\right.\right.  \tag{2.308}\\
& =\frac{2 M^{2}}{Q^{2}} \int_{0}^{x_{0}}\left[\frac{1}{\sqrt{1+4 M^{2} x^{2} / Q^{2}}}\right]\left[g_{1}-\frac{4 M^{2}}{Q^{2}} x^{2} g_{2}\right] d x  \tag{2.309}\\
I_{C}\left(Q^{2}\right) & =\frac{M^{2}}{4 \pi^{2} \alpha} \int_{\nu_{0}}^{\infty}\left[\frac{1}{1-Q^{2} /(2 M \nu)}\right]\left[\frac { K ( \nu , Q ^ { 2 } ) } { \nu } \left[\left[\frac{\sigma_{\mathrm{TT}}}{\nu}\right] d \nu\right.\right.  \tag{2.310}\\
& =\frac{2 M^{2}}{Q^{2}} \int_{0}^{x_{0}}\left[\frac{1}{1-x}\right]\left[g_{1}-\frac{4 M^{2}}{Q^{2}} x^{2} g_{2}\right] d x \tag{2.311}
\end{align*}
$$

At the real photon point, each of these unitless generalized integrals reduces to the same value and are related to the GDH integral by:

$$
\begin{equation*}
I_{1}(0)=I_{A}(0)=I_{B}(0)=I_{C}(0)=\frac{M^{2}}{4 \pi^{2} \alpha} \int_{\nu_{0}}^{\infty}\left[\frac{\sigma_{\mathrm{TT}}}{\nu}\right] d \nu=-\frac{M^{2}}{8 \pi^{2} \alpha} I_{\mathrm{GDH}}=-\frac{\kappa^{\star 2}}{4} \tag{2.312}
\end{equation*}
$$

which implies that (to lowest order):

$$
\begin{equation*}
\bar{\Gamma}_{1}\left(Q^{2}\right)=\frac{Q^{2}}{2 M^{2}}\left[-\frac{\kappa^{\star 2}}{4}+\left.Q^{2} \frac{d I_{1}\left(Q^{2}\right)}{d Q^{2}}\right|_{Q^{2}=0}+\cdots\right] \tag{2.313}
\end{equation*}
$$

### 2.5.10 Chiral Perturbation Theory

Chiral Perturbation Theory (ChPT) [273-278] is an effective field theory that represents QCD at low energies. In this energy regime, QCD becomes nonperturbative and the interactions between quark and gluons become very strong. We can hide the nonperturbative physics by dealing only with "effective" interactions among "bound states" of quarks and gluons, namely hadrons. Compared to some reference energy scale, these effective interactions are weak and can therefore be treated perturbatively. It has been shown [279] that if one includes every effective interaction that is consistent with the symmetries of the underlying theory, then the effective theory is equivalent to the underlying theory. ChPT is a systematic implementation of these ideas which relies on the spontaneous breaking of the approximate chiral symmetry of QCD.

## Chiral Symmetry

The QCD Lagrangian [203] with $N_{f}$ quark flavors and $N_{c}$ colors can be written as:

$$
\mathcal{L}_{\mathrm{QCD}}=\left[\begin{array}{lr}
\bar{q}\left(i \gamma^{\mu} \partial_{\mu}-\mathrm{M}\right) q & \text { (quark kinetic energy) }  \tag{2.314}\\
-\frac{1}{2}\left[\partial^{\mu} A_{a}^{\nu}-\partial^{\nu} A_{a}^{\mu}\right]\left[\partial_{\mu} A_{\nu}^{a}-\partial_{\nu} A_{\mu}^{a}\right] & \text { (gluon kinetic energy) } \\
+\frac{g_{s} \lambda_{a}}{2} \bar{q} \gamma^{\mu} A_{\mu}^{a} q & \text { (quark - gluon interaction) } \\
+\frac{i g_{s}}{2} f_{a b c} A_{b}^{\mu} A_{c}^{\nu}\left[\partial_{\mu} A_{\nu}^{a}-\partial_{\nu} A_{\mu}^{a}\right] & \text { (three gluon interaction) } \\
+\frac{g_{s}^{2}}{8} f_{a b c} f^{a d e} A_{b}^{\mu} A_{c}^{\nu} A_{\mu}^{d} A_{\nu}^{e} & \text { (four gluon interaction) }
\end{array}\right]
$$

where $\gamma^{\mu}$ are the usual Dirac matrices, $q$ is the quark field, $M$ is the quark mass matrix, $A_{a}^{\mu}$ is one of the eight $(a=1 . .8)$ gluon vector fields, $g_{s}$ is the strong coupling constant, $\lambda_{a}$ is one the eight Gell-Mann matrices, and $f_{a b c}$ are the antisymmetric
structure constants. This can be rewritten in a much more compact notation:

$$
\begin{equation*}
\mathcal{L}_{\mathrm{QCD}}=\bar{\psi}\left(i \gamma^{\mu} D_{\mu}-\mathrm{M}\right) \psi-\frac{1}{2} G_{\mu \nu}^{a} G_{a}^{\mu \nu} \tag{2.315}
\end{equation*}
$$

where $D_{\mu}=\partial-i g \lambda_{a} A_{\mu}^{a} / 2$ is the "covariant derivative" and $G_{a}^{\mu \nu}=\partial^{\mu} A_{a}^{\nu}-\partial^{n} u A_{a}^{\mu}+$ $g f_{a b c} A_{b}^{\mu} A_{c}^{\nu}$ is the "dual gluon field tensor." If we decompose the quark fields into their "chiral" components:

$$
\begin{equation*}
q=q_{L}+q_{R} \quad q_{L}=\left(\frac{1+\gamma_{5}}{2}\right) q \quad q_{R}=\left(\frac{1-\gamma_{5}}{2}\right) q \tag{2.316}
\end{equation*}
$$

where $q_{L}\left(q_{R}\right)$ is the "left-handed" ("right-handed") chiral quark field, then the QCD Lagrangian can be written as:

$$
\begin{align*}
\mathcal{L}_{\mathrm{QCD}} & =i \bar{\psi}_{L} \gamma^{\mu} D_{\mu} \psi_{L}+i \bar{\psi}_{R} \gamma^{\mu} D_{\mu} \psi_{R}-\bar{\psi}_{L} \mathrm{M} \psi_{R}-\bar{\psi}_{R} \mathrm{M} \psi_{L}-\frac{1}{2} G_{\mu \nu}^{a} G_{a}^{\mu \nu}  \tag{2.317}\\
& =\mathcal{L}_{\mathrm{QCD}}^{0}-\bar{\psi}_{L} \mathrm{M} \psi_{R}-\bar{\psi}_{R} \mathrm{M} \psi_{L} \tag{2.318}
\end{align*}
$$

where we've used the anticommutation property $\left\{\gamma^{5}, \gamma^{\mu}\right\}$ of the Dirac matrices and $\mathcal{L}_{\mathrm{QCD}}^{0}$ does not contain terms that mix chiral quark fields.

A chiral transformation can be defined as $q_{L, R} \rightarrow \exp \left(i \theta_{L, R}\right)$ and, for example, performing this transformation yields:

$$
\begin{equation*}
\bar{\psi}_{L} \gamma^{\mu} D_{\mu} \psi_{L} \rightarrow e^{+i\left(\theta_{L}-\theta_{L}\right)} \bar{\psi}_{L} \gamma^{\mu} D_{\mu} \psi_{L}=\bar{\psi}_{L} \gamma^{\mu} D_{\mu} \psi_{L} \quad \bar{\psi}_{L} \mathrm{M} \psi_{R} \rightarrow-e^{+i\left(\theta_{R}-\theta_{L}\right)} \bar{\psi}_{L} \mathrm{M} \psi_{R} \tag{2.319}
\end{equation*}
$$

where, in general, $\theta_{L} \neq \theta_{R}$. This implies that $\mathcal{L}_{\mathrm{QCD}}^{0}$ is invariant under chiral transformation and is therefore said to exhibit chiral symmetry. The quark mass term in not invariant and is therefore said to break this symmetry "explicitly." If the quark
masses are set to zero $(M=0)$, then the QCD Lagrangian exhibits chiral symmetry. In this limit (called the chiral limit), the chirality of a quark is given by its helicity.

## Spontaneous Symmetry Breaking

In the chiral limit, the QCD Lagrangian can be decomposed into two parts labeled by handedness. Therefore, solutions to the Lagrangian are expected to have a definite parity. As a consequence, the hadronic spectrum (quark bound states) should consist of pairs of hadrons with identical properties but opposite parity. For approximate chiral symmetry, these "parity doublets" would still exist but with slightly different masses directly attributable to the non-zero quark masses. In the real world, parity doublets with small mass separations are not a feature of the hadronic spectrum. For this reason (among others), it is strongly believed that the approximate chiral symmetry of QCD is spontaneously broken.

Spontaneous symmetry breaking (SSB) occurs when the a continuous global symmetry exhibited by the equations of motion is not exhibited by the ground state of the system. SSB implies:

1. the existence of massless pseudoscalar (Goldstone) bosons
2. that the interactions among these bosons decrease in strength with increasing separation (decreasing energy scale).

With the exception of their mass, the lightest mesons (i.e. spin-0 pseudoscalar meson nonet: $\pi, \eta, K)$ have exactly the properties of the Goldstone bosons that would be present due to the breaking of chiral symmetry. In the language of condensed matter physics, SSB is a phase transition that occurs as the energy scale is varied. If the quark masses are much smaller than the energy scale at which this phase tran-
sition occurs in QCD $\left(\Lambda_{\chi}\right)$, then the Goldstone bosons acquire small masses that are proportional to the quark masses. For this reason, the group of lightest mesons are known as "pseudo"-Goldstone bosons. The SSB mechanism not only allows us to identify the correct degrees of freedom, but also implies that their interactions can be treated perturbatively.

## Effective Lagrangian \& Power Counting: Mesonic ChPT

A low energy effective theory of QCD should be described by a set of $\left(N_{f}^{2}-1\right)$ light pseudoscalar bosons with a Lagrangian that exhibits approximate chiral symmetry. For simplicity, we'll consider only the case of up and down quarks $\left(N_{f}=2\right)$. One can construct a chiral symmetric field using pionic degrees of freedom in the following way [278]:

$$
U(x)=\exp (i \sqrt{2} \phi(x) / F) \quad \phi(x)=\left(\begin{array}{cc}
+\pi^{0} / \sqrt{2} & \pi^{+}  \tag{2.320}\\
\pi^{-} & -\pi^{0} / \sqrt{2}
\end{array}\right)
$$

where $F$ is a low energy constant (LEC). In this case, $F$ refers to the pion decay constant and is related to the SSB energy scale by:

$$
\begin{equation*}
\Lambda_{\chi}=4 \pi F \tag{2.321}
\end{equation*}
$$

The effective Lagrangian contains any and all interaction terms involving $U$ that are allowed by the symmetries of QCD. Since SSB implies that the interactions "turn off" as the energy scale goes to zero, only derivatives of $U\left(\partial_{\mu} U\right)$ appear in chiral limit. In momentum space, the derivative of $U$ transforms into the product of the pion momentum and $U, \partial_{\mu} U \rightarrow p_{\mu} U$. This insures that the interaction vanishes
in the limit that the pion momentum goes to zero $\left(p_{\mu} \rightarrow 0\right)$.
Since chiral symmetry is only approximate, the effective Lagrangian can also contain interaction terms with the field $U$ itself. These additional terms are due to explicit chiral symmetry breaking and therefore necessarily include a factor proportional to the up and down quark masses. Therefore the effective Lagrangian is composed of all allowed combinations of $M U$ and $\partial_{\mu} U$, where M is the quark mass matrix. If the pion momentum is small compared to the SSB energy scale ( $p_{\mu} \ll 1 \mathrm{GeV}$ ), then $U$ can be expanded by a Taylor series:

$$
\begin{equation*}
U=\stackrel{\leftrightarrow}{1}+\frac{i \sqrt{2} \phi(x)}{F}-\frac{2 \phi^{2}}{F^{2}}+\cdots \tag{2.322}
\end{equation*}
$$

As such, each term involving the field $U$ or its derivative actually represents a infinite set of terms involving $\phi(x)$ and its derivatives.

Using dimensional analysis, Weinberg [279] was the first to outline a systematic prescription for determining the relative importance of each of these terms. The units of $U$ and $\partial_{\mu} U$ are 1 and $p$ respectively. The units of the quark mass matrix M in terms of the pion momentum $p$ can be inferred by expanding the product MU . It can be shown that the lowest order term results in the following relationship:

$$
\begin{equation*}
m_{\pi}^{2}=B\left(m_{u}+m_{d}\right) \tag{2.323}
\end{equation*}
$$

where $m_{\pi, u, d}$ are the masses of the pion, up quark, \& down quark and $B$ is another LEC which, in this case, is related to chiral quark condensate $\langle 0| \bar{q} q|0\rangle$ (i.e. the vacuum expectation value of the quark-antiquark field operators). This implies that the units of $M$ is $p^{2}$. The units of each term in the expansion can now be given by $p^{D}$ where $D$ is the chiral dimension and this process is called "power counting." This
allows one to know ahead of time which diagrams make the largest contributions. The effective Lagrangian can be systematically grouped by $D$ and calculated order by order.

The coupling constants that describe each of these terms are known as Low Energy Constants (LEC). LECs have to be renormalized which implies that they depend on the energy scale being probed. The number of LECs that describe all the terms with a specific chiral order $D$ increases with $D$. Thus to calculate higher order terms, one needs to know the values of an increasing number of LECs. Fortunately, each LEC can be related to some experimental observable. Theoretical values of LEC usually come from some low energy model for QCD and may one day be calculated directly by Lattice QCD.

## Including the Nucleon and $\Delta$ : Baryon ChPT

When considering low energy interactions among pions, the pion mass and momenta are considered small perturbations relative to the scale set by $\operatorname{SSB}\left(m_{\pi} / \Lambda_{\chi}\right.$, $p<\Lambda_{\chi} \ll 1$ ). This leads naturally to a power counting scheme that systematically organizes the infinite number of terms that constitute the effective Lagrangian. The situation is not as well defined when a nucleon is included among the hadronic initial and final states due to the large nucleon mass ( $m_{N} / \Lambda_{\chi} \approx 1$ ). The general strategy is to isolate a part of the nucleon momentum that is small relative to the nucleon mass or equivalently the SSB energy scale:

$$
\begin{equation*}
P^{\mu}=m_{N} v^{\mu}+k^{\mu} \quad \frac{k}{m_{N}} \ll 1 \tag{2.324}
\end{equation*}
$$

where $P^{\mu}$ is the total nucleon momentum and $k^{\mu}$ is some small momentum relative to the nucleon rest mass. By construction, this small nucleon momentum $k$ contributes at the same order as the pion mass $\left(k / \Lambda_{\chi} \approx m_{\pi} / \Lambda_{\chi}\right)$. There are two basic frameworks for accomplishing this goal [277,278,280,281]: Heavy Baryon ChPT (HBChPT) and Relativistic (aka Lorentz Invariant) Baryon ChPT (RBChPT).

In HBChPT, the nucleon field $(\Phi(x))$ itself is split into two nucleon velocitydependent fields $\left(H_{v}(x)\right.$ and $\left.N_{v}(x)\right)$ labeled as "light" and "heavy:"

$$
\begin{equation*}
\Phi=\binom{p^{+}}{n^{0}} \quad H_{v}(x)=e^{i m_{N} v \cdot x} P_{v}^{-} \Phi(x) \quad N_{v}(x)=e^{i m_{N} v \cdot x} P_{v}^{+} \Phi(x) \quad P_{v}^{ \pm}=\frac{1 \pm \gamma^{\mu} v_{\mu}}{2} \tag{2.325}
\end{equation*}
$$

where $P_{v}^{ \pm}$is the velocity projection operator. The Dirac equation for the nucleon field is used to derive the equations of motion for the "heavy" field component. This equation of motion is essentially a modified form of the Dirac equation and is used to eliminate the "heavy" field from the effective Lagrangian. Alternatively within the path integral representation, the "heavy" field can be "integrated out." In either case, what results is an expansion in powers of $k / m_{N} \& k / \Lambda_{\chi}$ and consequently a power counting scheme. The fact that this approach is nonrelativisitic can lead to problems evaluating certain types of "loop" diagrams (i.e. the types of diagrams that lead to mass renormalization in QED). RBChPT was developed in part to address this situation.

A loop diagram involves an integral from 0 to $\infty$ over the undetermined momentum of the virtual particle that makes the loop and has the general form:

$$
\begin{equation*}
H=C \int \frac{d^{4} k}{(2 \pi)^{4}} \frac{1}{\left(k^{2}+a_{1} k+a_{0}\right)\left(k^{2}+b_{1} k+b_{0}\right)} \tag{2.326}
\end{equation*}
$$

where $C, a_{0,1}, \& b_{0,1}$ are constants that depend on the coupling constant, nucleon mass, pion mass, and external momenta. The basic idea in RBChPT is to split this integral into two pieces, $H=R+I$. The first piece $(R)$ is essentially an integral over $k$ from $m_{\pi}$ to $\infty$. It is well behaved ("regular") and dropped because it can be absorbed by the coupling constant (after redefining the coupling constant). The second piece $(I)$ is essentially an integral over $k$ from 0 to $m_{\pi}$. This integral blows up at $k=0$ (i.e. infrared divergent) and is compensated by a counter term. The final steps are to expand the integrand via a Taylor series in powers of $k / m_{N}$ and then integrate term by term. The benefit of this approach, asides from being manifestly Lorentz invariant, is that it is expected to have, in certain situations, a higher energy domain of applicability than HBChPT. Finally, we note in passing that the $\Delta$-resonance can be handled in a similar manner with three modifications:

1. The mass difference between the $\Delta$ and the nucleon is treated as another order parameter $\left(\left(m_{\Delta}-m_{N}\right) / \Lambda_{\chi}<1\right)$ in the power counting scheme.
2. A more complicated set of equations of motion (Rarita Schwinger equations [282]) are required to describe the $\Delta$ since it is a spin- $3 / 2$ object.
3. The probability of creating a $\Delta$ resonance depends strongly on $Q^{2}$. This can be described phenomenologically with a $\Delta$ "form factor."

### 2.5.11 Predictions from BChPT for Spin-Dependent Quantities

The Heavy BChPT result, calculated by Ji et al. [283], for the slopes of the generalized GDH integrals can be given in closed form:

$$
\begin{align*}
\left.\frac{d I_{1}}{d Q^{2}}\right|_{0} & =\frac{\pi M_{N}}{48 m_{\pi}}\left[\frac{g_{A}}{4 \pi F_{\pi}}\right]^{2}\left[1+3 \kappa_{V}+2\left(1+3 \kappa_{S}\right) \tau_{3}\right]  \tag{2.327}\\
\left.\frac{d I_{A}}{d Q^{2}}\right|_{0} & =\frac{M_{N}^{2}}{6 m_{\pi}^{2}}\left[\frac{g_{A}}{4 \pi F_{\pi}}\right]^{2}\left[1-\frac{\pi m_{\pi}}{4 M_{N}}\left(13+2 \tau_{3}+2 \kappa_{V}\right)\right] \tag{2.328}
\end{align*}
$$

where $M_{N}=0.9389 \mathrm{GeV}$ is the average nucleon mass, $m_{\pi}=0.1380 \mathrm{GeV}$ is the average pion mass, $g_{A}=1.267$ is the axial coupling constant, $F_{\pi}=0.09242 \mathrm{GeV}$ is the pion decay constant, $\tau_{3}=+(-) 1$ for protons (neutrons), $\kappa_{S}=\kappa_{p}^{\star}+\kappa_{n}^{\star}=-0.123$ is the isoscalar anomalous magnetic moment, $\kappa_{V}=\kappa_{p}^{\star}-\kappa_{n}^{\star}=+3.709$ is the isovector anomalous magnetic moment, and we've ignored the small mass difference between protons and neutrons. For the same quantities, the numerical values for the Relativistic BChPT calculation by Bernard et al. [284] are:

$$
\begin{align*}
\left.\frac{d I_{1}^{p}}{d Q^{2}}\right|_{0} & =\frac{M_{p}^{2}}{16 \pi \alpha}\left[\frac{-0.4+1.2}{\mathrm{GeV}^{4}}\right]=+\frac{1.92}{\mathrm{GeV}^{2}}  \tag{2.329}\\
\left.\frac{d I_{1}^{n}}{d Q^{2}}\right|_{0} & =\frac{M_{n}^{2}}{16 \pi \alpha}\left[\frac{-1.7+1.9}{\mathrm{GeV}^{4}}\right]=+\frac{0.48}{\mathrm{GeV}^{2}}  \tag{2.330}\\
\left.\frac{d I_{A}^{p}}{d Q^{2}}\right|_{0} & =\frac{M_{p}^{2}}{16 \pi \alpha}\left[\frac{+3.2+1.8}{\mathrm{GeV}^{4}}\right]=+\frac{12.0}{\mathrm{GeV}^{2}}  \tag{2.331}\\
\left.\frac{d I_{A}^{n}}{d Q^{2}}\right|_{0} & =\frac{M_{n}^{2}}{16 \pi \alpha}\left[\frac{-0.3-1.8}{\mathrm{GeV}^{4}}\right]=-\frac{5.05}{\mathrm{GeV}^{2}} \tag{2.332}
\end{align*}
$$

where $M_{p}=0.9383 \mathrm{GeV}$ is the proton mass, $M_{n}=0.9396 \mathrm{GeV}$ is the neutron mass, and $\alpha=1 / 137.036$ is the fine structure constant. The slope for $I_{A}$ at the real photon point differs in sign for the proton and only a factor of 2 for the neutron. In a later publication [272], Bernard et al. found indications that the $\Delta$-resonance does not
change the sign of the slope.
Kao et al. have applied Heavy BChPT to calculate the $Q^{2}$ dependence of the generalized polarizabilities [285]. The slopes and values at the real photon point from the pion loop are given by:

$$
\begin{align*}
\gamma_{0}\left(Q^{2}=0\right) & =\frac{2 \alpha}{3 m_{\pi}^{2}}\left[\frac{g_{A}}{4 \pi F_{\pi}}\right]^{2}\left[1-\frac{\pi m_{\pi}}{8 M_{N}}\left(15+3 \kappa_{V}+\left(6+\kappa_{S}\right) \tau_{3}\right)\right]  \tag{2.333}\\
\delta_{\mathrm{LT}}\left(Q^{2}=0\right) & =\frac{\alpha}{3 m_{\pi}^{2}}\left[\frac{g_{A}}{4 \pi F_{\pi}}\right]^{2}\left[1+\frac{\pi m_{\pi}}{8 M_{N}}\left(-3+\kappa_{V}+\left(-6+4 \kappa_{S}\right) \tau_{3}\right)\right]  \tag{2.334}\\
\left.\frac{d \gamma_{0}}{d Q^{2}}\right|_{0} & =+\frac{4 \alpha}{45 m_{\pi}^{4}}\left[\frac{g_{A}}{4 \pi F_{\pi}}\right]^{2}\left[1-\frac{\pi m_{\pi}}{1024 M_{N}}\left(5451+267 \kappa_{V}+\left(-75+21 \kappa_{S}\right) \tau_{3}\right)\right]  \tag{2.335}\\
\left.\frac{d \delta_{\mathrm{LT}}}{d Q^{2}}\right|_{0} & =-\frac{\alpha}{18 m_{\pi}^{4}}\left[\frac{g_{A}}{4 \pi F_{\pi}}\right]^{2}\left[1+\frac{\pi m_{\pi}}{80 M_{N}}\left(54-9 \kappa_{V}-\left(27+24 \kappa_{S}\right) \tau_{3}\right)\right] \tag{2.336}
\end{align*}
$$

They also estimated the contribution from the $\Delta$-resonance and found that the $\Delta$ makes almost no contribution to $\delta_{\mathrm{LT}}$.

Within the Relativistic BChPT framework, Bernard et al. [272] provide a closed form formula for the first four terms in the pion loop expansion for the transverse spin polarizability:

$$
\begin{align*}
\gamma_{0}\left(Q^{2}=0\right)= & \frac{2 \alpha}{3 m_{\pi}^{2}}\left[\frac{g_{A}}{4 \pi F_{\pi}}\right]^{2}\left\{1-\frac{\pi m_{\pi}}{8 M_{N}}\left[15+3 \kappa_{V}+\left(6+\kappa_{S}\right) \tau_{3}\right]\right. \\
& -\frac{5 m_{\pi}^{2}}{4 M_{N}^{2}}\left[10+3 \kappa_{V}+\frac{3}{5} \kappa_{S}+3\left(2+\frac{\kappa_{V}}{5}+\kappa_{S}\right) \tau_{3}\right] \\
& -\frac{m_{\pi}^{2}}{M_{N}^{2}} \log \left(\frac{m_{\pi}}{M_{N}}\right)\left[15+4 \kappa_{V}+3 \kappa_{S}+\left(11+3 \kappa_{V}+4 \kappa_{S}\right) \tau_{3}\right] \\
& \left.+\frac{15 \pi m_{\pi}^{3}}{64 M_{N}^{3}}\left[65+32 \kappa_{V}+21 \kappa_{S}+\left(60+17 \kappa_{V}-42 \kappa_{S}\right) \tau_{3}\right]\right\}(2 \tag{2.337}
\end{align*}
$$

and for the longitudinal spin polarizability:

$$
\begin{align*}
\delta_{\mathrm{LT}}\left(Q^{2}=0\right)= & \frac{\alpha}{3 m_{\pi}^{2}}\left[\frac{g_{A}}{4 \pi F_{\pi}}\right]^{2}\left\{1+\frac{\pi m_{\pi}}{8 M_{N}}\left[-3+\kappa_{V}+\left(-6+4 \kappa_{S}\right) \tau_{3}\right]\right. \\
& +\frac{m_{\pi}^{2}}{32 M_{N}^{2}}\left[64+93 \kappa_{V}+9 \kappa_{S}-\left(160+3 \kappa_{V}-57 \kappa_{S}\right) \tau_{3}\right] \\
& +\frac{3 m_{\pi}^{2}}{16 M_{N}^{2}} \log \left(\frac{m_{\pi}}{M_{N}}\right)\left[32-\kappa_{V}+3 \kappa_{S}-\left(32+\kappa_{V}-19 \kappa_{S}\right) \tau_{3}\right] \\
& \left.-\frac{3 \pi m_{\pi}^{3}}{128 M_{N}^{3}}\left[394-75 \kappa_{V}+15 \kappa_{S}-\left(156+45 \kappa_{V}-135 \kappa_{S}\right) \tau_{3}\right]\right\} \tag{2.338}
\end{align*}
$$

The two lowest order terms in the Relativistic BChPT calculation exactly matches the Heavy BChPT calculation. The large difference in $\gamma_{0}(0)$ for the proton is due to the large contributions from the higher order terms within Relativisitic BChPT. The estimate for the $\Delta$ contribution is consistent between these two calculations. Tab. (2.3) lists the numerical values for these calculations at each order, the estimates for the $\Delta$-resonance contributions, and the values from the phenomenological MAID model [286,287].

### 2.5.12 Polarization Observables in Inelastic Scattering

The subscripts ${ }_{L} \&_{\mathrm{T}}$ refer to components of the virtual photon polarization vector. The subscripts ${ }_{\text {long }} \&$ trans refer to the orientation relative to the $q$-vector. The cross product between two transverse polarization components ( ${ }_{(\mathrm{TT}}$ ) results in a longitudinal vector (long). On the other hand, the cross product between a longitudinal and a transverse polarization component ( ${ }_{\mathrm{Lt}}$ ) results in a transverse vector (trans). Finally, the subscripts $\| \& \perp$ refer to the orientation relative to the momentum of the incoming electron beam.

| quantity | Baryon ChPT |  | MAID |  | units |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Heavy | Relativistic | 2003 | 2007 |  |
| $I_{A}^{p}(0)=I_{1}^{p}(0)$ | $-\kappa_{p}^{\star 2} / 4=-0.804$ |  | -0.644 | -0.650 | unitless |
| $I_{A}^{n}(0)=I_{1}^{n}(0)$ | $-\kappa_{n}^{\star 2} / 4=-0.917$ |  | -0.487 | -0.521 | unitless |
| $d I_{A}^{p} /\left.d Q^{2}\right\|_{0}$ | -14.6 | +12.0 | -4.53 | -2.87 | $\mathrm{GeV}^{-2}$ |
| $d I_{A}^{n} /\left.d Q^{2}\right\|_{0}$ | -10.3 | -5.05 | -7.75 | -6.04 | $\mathrm{GeV}^{-2}$ |
| $d I_{1}^{p} /\left.d Q^{2}\right\|_{0}$ | +7.09 | +1.92 | +3.47 | +5.35 | $\mathrm{GeV}^{-2}$ |
| $d I_{1}^{n} /\left.d Q^{2}\right\|_{0}$ | +5.76 | +0.48 | +1.12 | +2.07 | $\mathrm{GeV}^{-2}$ |
| ref. | [283] | [284] | [286] | [287] |  |
| $\gamma_{0}^{p}$, loop | -3.91 | +4.64 |  |  | $10^{-4} \mathrm{fm}^{4}$ |
| $\gamma_{0}^{n}$, loop | -0.78 | +1.82 |  |  | $10^{-4} \mathrm{fm}^{4}$ |
| $\gamma_{0}^{p, n}, \Delta$ | -2.85 | $-2.83 \pm 0.80$ |  |  | $10^{-4} \mathrm{fm}^{4}$ |
| $\gamma_{0}^{p}$, tot | -6.75 | $+1.80 \pm 0.80$ | -0.63 | -0.73 | $10^{-4} \mathrm{fm}^{4}$ |
| $\gamma_{0}^{n}$, tot | -3.63 | $-1.00 \pm 0.80$ | +0.10 | -0.01 | $10^{-4} \mathrm{fm}^{4}$ |
| $\delta_{\text {LT }}^{p}$, loop | +1.53 | +2.04 |  |  | $10^{-4} \mathrm{fm}^{4}$ |
| $\delta_{\text {LT }}^{n}$, loop | +3.26 | +2.66 |  |  | $10^{-4} \mathrm{fm}^{4}$ |
| $\delta_{\text {LT }}^{p, n}, \Delta$ | +0.04 | $-0.10 \pm 0.25$ |  |  | $10^{-4} \mathrm{fm}^{4}$ |
| $\delta_{\text {LT }}^{p}$, tot | +1.57 | $+1.95 \pm 0.25$ | +1.38 | +1.34 | $10^{-4} \mathrm{fm}^{4}$ |
| $\delta_{\mathrm{LT}}^{n}$, tot | +3.30 | $+2.55 \pm 0.25$ | +2.32 | +2.03 | $10^{-4} \mathrm{fm}^{4}$ |
| $d \gamma_{0}^{p} /\left.d Q^{2}\right\|_{0}$, loop | -60.3 | $(\approx 0)$ |  |  | $10^{-4} \mathrm{fm}^{4} / \mathrm{GeV}^{2}$ |
| $d \gamma_{0}^{n} /\left.d Q^{2}\right\|_{0}$, loop | -62.6 | $(-)$ |  |  | $10^{-4} \mathrm{fm}^{4} / \mathrm{GeV}^{2}$ |
| $d \gamma_{0}^{p, n} /\left.d Q^{2}\right\|_{0, \Delta}$ | -29.8 | (+) |  |  | $10^{-4} \mathrm{fm}^{4} / \mathrm{GeV}^{2}$ |
| $d \gamma_{0}^{p} /\left.d Q^{2}\right\|_{0}$, tot | -90.1 | (+) | -26.6 | -21.2 | $10^{-4} \mathrm{fm}^{4} / \mathrm{GeV}^{2}$ |
| $d \gamma_{0}^{n} /\left.d Q^{2}\right\|_{0}$, tot | -92.4 | (-) | -44.3 | -38.8 | $10^{-4} \mathrm{fm}^{4} / \mathrm{GeV}^{2}$ |
| $d \delta_{\mathrm{LT}}^{p} / d Q^{2}{ }_{0}$, loop | -19.8 | (-) |  |  | $10^{-4} \mathrm{fm}^{4} / \mathrm{GeV}^{2}$ |
| $d \delta_{\mathrm{LT}}^{n} / d Q^{2}{ }^{0}$, loop | -25.4 | (-) |  |  | $10^{-4} \mathrm{fm}^{4} / \mathrm{GeV}^{2}$ |
| $d \delta_{\mathrm{LT}}^{p, n} /\left.d Q^{2}\right\|_{0}, \Delta$ | -0.32 | $(\approx 0)$ |  |  | $10^{-4} \mathrm{fm}^{4} / \mathrm{GeV}^{2}$ |
| $d \delta_{\mathrm{LT}}^{p} / d Q^{2}{ }_{0}$, tot | -20.7 | $(-)$ | -25.3 | -22.9 | $10^{-4} \mathrm{fm}^{4} / \mathrm{GeV}^{2}$ |
| $d \delta_{\mathrm{LT}}^{n} / d Q^{2}{ }_{0}$, tot | -25.7 | (-) | -41.3 | -35.7 | $10^{-4} \mathrm{fm}^{4} / \mathrm{GeV}^{2}$ |
| ref. | [285] | [272] | [286] | [287] |  |

Table 2.3: Values from BChPT \& MAID for Spin-Dependent Quantities.

Normalizing the total virtual photoabsorption cross section by $\sigma_{\mathrm{T}}$ allows us to define three new quantities:

$$
\begin{equation*}
\frac{\sigma_{V}}{\sigma_{\mathrm{T}}}=1+\varepsilon R-h_{b}\left(\hat{P}_{t} \cdot \hat{q}\right) \sqrt{1-\varepsilon^{2}} A_{1}-h_{b} \hat{P}_{t} \cdot(\hat{n} \times \hat{q}) \sqrt{2 \varepsilon(1-\varepsilon)} A_{2} \tag{2.339}
\end{equation*}
$$

where $R, A_{1}, \& A_{2}$ are given by:

$$
\begin{align*}
R & \equiv \frac{\sigma_{\mathrm{L}}}{\sigma_{\mathrm{T}}}=\left[1+\gamma^{2}\right]\left[\frac{F_{2}}{2 x F_{1}}\right]-1  \tag{2.340}\\
A_{1} & \equiv \frac{\sigma_{\mathrm{TT}}}{\sigma_{T}}=\frac{\sigma_{1 / 2}-\sigma_{3 / 2}}{\sigma_{1 / 2}+\sigma_{3 / 2}}=\frac{g_{1}-\gamma^{2} g_{2}}{F_{1}}  \tag{2.341}\\
A_{2} & \equiv \frac{\sigma_{\mathrm{LT}}}{\sigma_{T}}=\frac{2 \sigma_{\mathrm{LT}}}{\sigma_{1 / 2}+\sigma_{3 / 2}}=\gamma\left[\frac{g_{1}+g_{2}}{F_{1}}\right] \tag{2.342}
\end{align*}
$$

where $\gamma$ is a common kinematic factor:

$$
\begin{equation*}
\gamma \equiv \frac{1}{\beta \gamma_{\beta}}=\frac{Q}{\nu}=\frac{2 M x}{Q} \tag{2.343}
\end{equation*}
$$

Eqn. 2.176 can be used to equate measured cross section differences to $g_{1}$ and $g_{2}$ :

$$
\begin{align*}
\Delta \sigma_{\|} & =2 \bar{\sigma} A_{\|}=-\frac{8 \alpha^{2}}{M Q^{2}}\left(\frac{1-y}{y}\right)\left[\left(1-\frac{y}{2}-\frac{y^{2} \gamma^{2}}{4}\right) g_{1}-\left(\frac{y \gamma^{2}}{2}\right) g_{2}\right]  \tag{2.344}\\
\Delta \sigma_{\perp} & =2 \bar{\sigma} A_{\perp}=-\frac{8 \alpha^{2}}{M Q^{2}}\left(\frac{1-y}{y}\right) \gamma \sqrt{1-y-\frac{y^{2} \gamma^{2}}{4}}\left[\left(\frac{y}{2}\right) g_{1}+g_{2}\right] \tag{2.345}
\end{align*}
$$

where $y=\nu / E$ and we're using the " $d \Omega d E^{\prime \prime}$ convention (as opposed to the " $d x d y$ " convention):

$$
\begin{equation*}
\Delta \sigma_{\|, \perp} \equiv\left[\frac{d^{2} \sigma}{d \Omega d E^{\prime}}\right]_{\|, \perp} \quad \frac{d^{2} \sigma}{d x d y}=\frac{d^{2} \sigma}{d \Omega d E^{\prime}}\left[\frac{2 \pi M y}{1-y}\right] \tag{2.346}
\end{equation*}
$$

These can be inverted to extract $g_{1}$ and $g_{2}$ :

$$
\begin{align*}
& g_{1}=-\frac{M Q^{2}}{8 \alpha^{2}}\left[\frac{y}{(1-y)(2-y)}\right]\left[2 \Delta \sigma_{\|}+\left(\frac{y \gamma}{\sqrt{1-y-y^{2} \gamma^{2} / 4}}\right) \Delta \sigma_{\perp}\right]  \tag{2.347}\\
& g_{2}=-\frac{M Q^{2}}{8 \alpha^{2}}\left[\frac{y}{(1-y)(2-y)}\right]\left[-y \Delta \sigma_{\|}+\frac{2}{\gamma}\left(\frac{1-y / 2-y^{2} \gamma^{2} / 4}{\sqrt{1-y-y^{2} \gamma^{2} / 4}}\right) \Delta \sigma_{\perp}\right] \tag{2.348}
\end{align*}
$$

Using the following:

$$
\begin{equation*}
g_{1}=\frac{F_{1}\left(A_{1}+\gamma A_{2}\right)}{1+\gamma^{2}} \quad g_{2}=\frac{F_{1}\left(A_{2}-\gamma A_{1}\right)}{\gamma\left(1+\gamma^{2}\right)} \tag{2.349}
\end{equation*}
$$

we find:

$$
\begin{equation*}
A_{\|}=D\left(A_{1}+\eta A_{2}\right) \quad A_{\perp}=d\left(A_{2}-\xi A_{1}\right) \tag{2.350}
\end{equation*}
$$

where, after some considerable algebra, the kinematic factors are given by [288]:

$$
\begin{align*}
D & =\frac{y\left(1+y \gamma^{2} / 2\right)(2-y)}{y^{2}\left(1+\gamma^{2}\right)+2(1+R)\left(1-y-y^{2} \gamma^{2} / 4\right)}  \tag{2.351}\\
\eta & =\frac{\gamma\left(1-y-y^{2} \gamma^{2} / 4\right)}{(1-y / 2)\left(1+y \gamma^{2} / 2\right)}  \tag{2.352}\\
d & =\frac{2 y\left(1+y \gamma^{2} / 2\right) \sqrt{1-y-y^{2} \gamma^{2} / 4}}{y^{2}\left(1+\gamma^{2}\right)+2(1+R)\left(1-y-y^{2} \gamma^{2} / 4\right)}  \tag{2.353}\\
\xi & =\frac{\gamma(1-y / 2)}{1+y \gamma^{2} / 2} \tag{2.354}
\end{align*}
$$

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## Chapter 3

## The Hall A Polarized ${ }^{3} \mathrm{He}$ Program

E97110 (Small Angle GDH) \& E02013 ( $G_{E}^{n}$ ) will be described and preliminary \& final results will be presented. These two experiments are a part of the Hall A polarized ${ }^{3} \mathrm{He}$ program summarized in Tab. (3.1). Generally speaking, the program seeks to elucidate the electromagnetic structure of the neutron at different resolutions and in different kinematic regimes. The experimental motif is electron scattering from a polarized ${ }^{3} \mathrm{He}$ target. One could summarize the three basic components of these and, in general, all electron scattering experiments as:

1. the "Beam," which includes a source, an accelerator, and a "beamline" used to measure \& control properties of the electron beam before scattering.
2. the "Target," which includes the target material and all other equipment used to measure \& control properties of the target material.
3. the "Detector," which includes the data acquisition system (DAQ) and any equipment used to redirect \& measure the properties of the scattered electrons and/or particles associated with the reaction.

In our case, the "Beam" is the Continuous Electron Beam Accelerator Facility (CEBAF) at the Thomas Jefferson National Accelerator Facility (Jefferson Lab or JLab) in Newport News, VA. The "Target" is a spin-exchange optical pumping (SEOP) polarized ${ }^{3} \mathrm{He}$ target which is used as an effective polarized neutron target. The implementation of the "Target" and the "Detector" are specific to each experiment and will be described in the appropriate sections. My main contributions to these experiments have been:

1. to provide a better understanding of the physics of SEOP, including alkalihybrid SEOP, see Chps. (5) \& (6)
2. the design \& optimization of the optical pumping apparatus, see Chp. 5)
3. the design, construction, \& characterization of the glass target cells, see Secs. (3.2) \& (3.3)

### 3.1 Effective Polarized Neutron

In the simplest picture, the "neutron-in- ${ }^{3} \mathrm{He}^{\prime \prime}$ spin structure functions $g_{1,2}^{3}$ are equal to the neutron spin structure functions $g_{1,2}^{n}$. This naive picture neglects several important nuclear corrections which depend crucially on the kinematics being considered. Under most conditions, the largest of these corrections are due to the effective polarizations of the neutron $\left(P_{n}<1\right)$ and proton $\left(P_{p} \neq 0\right)$ within a ${ }^{3} \mathrm{He}$ nucleus. These effective polarizations depend on the exact form of the ${ }^{3} \mathrm{He}$ ground state wavefunction. This wavefunction describes the motion of three nucleons and can be represented by a linear combination of angular momentum basis states.

|  | yr | quantity | $\begin{gathered} Q^{2} \\ \mathrm{GeV}^{2} \end{gathered}$ | $\begin{gathered} W \\ \mathrm{GeV} \end{gathered}$ | $\left\langle P_{b}\right\rangle$ | $\left\langle P_{t}\right\rangle$ | ref. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| E94010 | 98 | $I_{A}, \gamma_{0}, \delta_{\text {LT }}$ | 0.1-0.9 | $M_{n}-2.5$ | 0.70 | 0.35 | [1-7] |
| E95001 | 99 | $G_{M}$ | 0.1-0.6 | $\approx M_{n}$ | 0.70 | 0.30 | [8-11] |
| E99117 | 01 | $A_{1}$ | 2.7-4.8 | 2.0-2.5 | 0.80 | 0.40 | [12,13] |
| E97103 | 01 | $g_{2}$ | 0.6-1.3 | 1.8-2.5 | 0.76 | 0.40 | [14] |
| E01012 | 03 | $\Gamma_{1}$ | 1.2-3.0 | 1.1-1.8 | 0.78 | 0.38 | [15] |
| *E97110* | 03 | $I_{A}, \gamma_{0}, \delta_{\text {LT }}$ | 0.04-0.24 | $M_{n}-2.0$ | 0.71 | 0.37 | [16] |
| *E02013* | 06 | $G_{E}$ | 1.4-3.4 | $\approx M_{n}$ | 0.85 | 0.47 | [17] |
| E06010 | 08-09 | $A_{\text {N }}$ | 1.0-3.0 | 1.8-2.2 | 0.80 | 0.65 | [18] |
| E07013 | 08-09 | $A_{\mathrm{N}}$ | 1.3-3.1 | 2.3-3.1 |  |  | [19] |
| E06014 | 09 | $d_{2}$ | 2.0-6.0 | 1.7-3.0 |  |  | [20] |
| E05015 | 09 | $A_{\mathrm{N}}$ | 1.0-2.3 | $\approx M_{n}$ |  |  | [21] |
| E08005 | 09 | $A_{\mathrm{N}}$ | 0.7-1.0 | $\approx M_{n}$ |  |  | [22] |
| E05102 | 09 | $A_{\mathrm{T}, \mathrm{L}}\left(G_{E}\right)$ | (0.36) | $\approx M_{n}$ |  |  | [23] |

Table 3.1: Hall A Polarized ${ }^{3} \mathrm{He}$ Experiments up to 2009. $M_{n}=0.94 \mathrm{GeV}$ is neutron mass. $\left\langle P_{b, t}\right\rangle$ are the average beam and target polarizations. Note the dramatic improvement in the $\left\langle P_{t}\right\rangle$ starting with E02013. $A_{\mathrm{N}}$ is the target single spin asymmetries measured with the target spin normal to the scattering plane. $d_{2}^{n}$ is related to higher moments of $g_{1} \& g_{2} . A_{\mathrm{T}, \mathrm{L}}$ are the beam-target asymmetries measured with the target spin transverse \& longitudinal to the $q$-vector in the the scattering plane. E05102 also made a parasitic measurement $G_{E}^{n}$.


Figure 3.1: Effective Neutron and Proton Polarizations in ${ }^{3} \mathrm{He}$ from [26].

A total of 9 degrees of freedom are required to fully specify the motion of each nucleon in a three-nucleon (or alternatively "trinucleon") system; however, we can eliminate the 3 "external" degrees of freedom that specify the absolute motion of the center of mass. It is conventional [24] to specify the remaining 6 "internal" degrees of freedom using the LS-coupling scheme of Derrick \& Blatt [25]:

1. the three intranucleon distances $r_{12}, r_{23}$, and $r_{13}$
2. the three Euler angles that represent the rotation of the triangle formed by $r_{12}, r_{23}$, and $r_{13}$

In this scheme, the total orbital angular momentum $L$ (specified by the Euler angles) couples to the total nucleonic spin $S$. The sum $(L+S)$ results in the total angular momentum $J$ of the trinucleon system. In the ground state, $J$ must equal the spin $I$ of the trinucleon nucleus (i.e. $J=I=1 / 2$ ).

The three largest contributions to the ground state ${ }^{3} \mathrm{He}$ wavefunction are depicted in Fig. (3.1). The spin-isospin component of the $S$ basis state is antisymmetric, whereas the spin-isospin component of the $S^{\prime}$ basis state has mixed symmetry. The contribution of the $P$ basis states is suppressed because they have the opposite parity of the $S$ basis states. There is a relatively large contribution from the $D$ basis

|  | Reid Soft Core | AV14 | "Best Fit" |
| :--- | :---: | :---: | :---: |
| $P(S)$ | 0.8864 | 0.89680 | 0.8920 |
| $P(D)$ | 0.0837 | 0.08931 | 0.0945 |
| $P\left(S^{\prime}\right)$ | 0.0154 | 0.01314 | 0.0135 |
| $\Delta$ |  |  |  |
| $\Delta^{\prime}$ | 0.0609 | 0.0639 | 0.0675 |
| $P_{n}$ | 0.0114 | 0.0127 | 0.0135 |
| $P_{p}$ | -0.878 | +0.872 | +0.865 |
| ref. | $[28,29]$ | -0.025 | -0.027 |

Table 3.2: Contributions to the Ground State ${ }^{3} \mathrm{He}$ Wavefunction and the Effective Nucleon Polarizations for Different NN-potentials. "Best Fit" refers to the best fit for $\Delta \& \Delta^{\prime}$ from several different $N N$-potentials (see [26] for more details).
states due to the tensor $L S$-coupling within nuclei [27]. The relative contributions of each of these basis states is given in Tab. (3.2).

Using the following result for the trinucleon magnetic moment from [31]:

$$
\begin{equation*}
\mu=\mu_{S}\left[P(S)+P\left(S^{\prime}\right)-P(D)\right]-2 \tau_{3} \mu_{V}\left[P(S)-\frac{P\left(S^{\prime}\right)}{3}+\frac{P(D)}{3}\right]+\left[\frac{3+2 \tau_{3}}{6}\right] P(D) \tag{3.1}
\end{equation*}
$$

where $\mu_{S, V}=\left(\mu_{p} \pm \mu_{n}\right) / 2$ are the isoscalar \& isovector nucleon magnetic moments and $2 \tau_{3}= \pm 1$ is the isospin of the trinucleon nucleus $\left(2 \tau_{3}=+1\right.$ for $\left.{ }^{3} \mathrm{He}\right)$, it has been shown [26] that the effective nucleon polarizations can be written as:

$$
\begin{equation*}
P_{n}=1-2 \Delta \quad P_{p}=-2 \Delta^{\prime} \tag{3.2}
\end{equation*}
$$

where $\Delta$ and $\Delta^{\prime}$ are related to the ground state wavefunction contributions by:

$$
\begin{equation*}
\Delta=\frac{P\left(S^{\prime}\right)+2 P(D)}{3} \quad \Delta^{\prime}=\frac{P(D)-P\left(S^{\prime}\right)}{6} \quad \Delta-\Delta^{\prime}=\frac{1-P(S)}{2} \tag{3.3}
\end{equation*}
$$

where the contribution of the $P$ basis states is taken to be zero $(P(P)=0)$ and the effective nucleon polarizations ( $P_{n} \& P_{p}$ ) are listed in Tab. (3.2).

Another group of corrections involve nuclear binding effects and the Fermi motion of the nucleons within the nucleus. These types of corrections involve "convolution integrals" over the neutron \& proton spin structure functions and have been considered for the quasielastic [29,30,32], resonance [33,34], \& DIS kinematic regimes $[35,36]$. It has been argued that the convolution integrals essentially reduce to the result obtained from the "effective polarization method" for $g_{1}$ in the DIS regime [35] and for integrals of $g_{1}$ down to the resonance region [33]:

$$
\begin{array}{ll}
g_{1}^{3}=P_{n} g_{1}^{n}+2 P_{p}\left[\frac{M_{n}}{M_{p}}\right] g_{1}^{p} & \text { in the DIS region } \\
I_{A}^{3}=P_{n} I_{A}^{n}+2 P_{p}\left[\frac{M_{n}}{M_{p}}\right]^{2} I_{A}^{p} & \text { including the resonance and DIS regions (3.5) }
\end{array}
$$

where the superscripts ( $3, n, p$ ) refer to "neutron-in- ${ }^{3} \mathrm{He}$," neutron, \& proton and the neutron to proton mass ratio $\left(M_{n} / M_{p}\right)$ is usually approximated as 1. Analogous expressions exist for $g_{2} \& I_{1}$. Recently, corrections due to "off-shell" effects, meson exchange currents, the $\Delta$ isobar, and nuclear shadowing $\&$ antishadowing have also been considered in the DIS regime [36].

Finally we'll note that we've defined the "neutron-in- ${ }^{3} \mathrm{He}^{\prime \prime}$ spin structure functions $\left(g_{1,2}^{3}\right)$ such that $g_{1,2}^{3}=g_{1,2}^{n}$ absent nuclear corrections. We'll denote this convention as the "effective neutron" convention. This is different than the "per nu-
cleon" convention also used in the literature where the "neutron-in- ${ }^{3} \mathrm{He}^{\prime}$ spin structure functions are defined as "per nucleon," see for example [37,38]. In the "per nucleon" convention, $g_{1,2}^{3}=g_{1,2}^{n} / 3$ absent nuclear corrections. Unless otherwise noted, we'll use the "effective neutron" convention. Lastly, the ${ }^{3} \mathrm{He}$ spin structure functions $g_{1,2}^{3} \mathrm{He}(M=2808.4 \mathrm{MeV})$ are distinguished from the "neutron-in- ${ }^{3}{ }^{H e}$ " spin structure functions $g_{1,2}^{3}(M=939.57 \mathrm{MeV})$ based on the mass used in Eqns. 2.347) \& (2.348).

### 3.2 Target Cell Fabrication \& Characterization

Several aspects of target cell preparation are now standard. For the sake of brevity, we refer to previous dissertations. Details regarding target cell fabrication can be found in [39]. Details regarding the UVa/Princeton gas filling station can be found in [40]. Details regarding the the determination of the target cell volumes and wall \& window thicknesses can be found in [41]. Details regarding the determination of the target cell ${ }^{3} \mathrm{He}$ density can be found in [41] and Sec. (E.8.3). Finally, a catalog of cells and their measured properties can be found at the group web site:

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http://galileo.phys.virginia.edu/research/groups/spinphysics/
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The application of alkali-hybrid SEOP is a new contribution to the ${ }^{3} \mathrm{He}$ program. Therefore, in the following section, I will describe in some detail how to create alkali-hybrid mixtures for use in target cells.

### 3.3 Creating Alkali Hybrid Mixes

### 3.3.1 Predicting the Hybrid Vapor Ratio

To estimate the vapor number density above an impure sample of an alkali metal, we use Raoult's law:

$$
\begin{equation*}
[\mathrm{A}]=f_{\mathrm{A}}[\mathrm{~A}]_{\mathrm{pvp}} \tag{3.6}
\end{equation*}
$$

where $[A]_{\text {pvp }}$ is the vapor number density above a pure sample of the alkali metal and $f_{\mathrm{A}}$ is the mole fraction of pure alkali metal within the impure mix (liquid or solid). Raoult's law is a very good approximation because the interaction between two alkali atoms of the same species is very similar to the interaction between two alkali atoms of different species. If two alkali metals are mixed together, then the hybrid vapor ratio above the mix is simply:

$$
\begin{equation*}
\frac{[\mathrm{A} 1]}{[\mathrm{A} 2]}=\frac{f_{1}}{f_{2}} \cdot \frac{[\mathrm{~A} 1]_{\mathrm{pvp}}}{[\mathrm{~A} 2]_{\mathrm{pvp}}} \tag{3.7}
\end{equation*}
$$

### 3.3.2 Finding the Desired Mole Fraction

Our goal is to produce some prescribed hybrid vapor ratio of alkali to Rb , $([\mathrm{A}] /[\mathrm{Rb}])_{\text {goal }}$, with some prescribed operating alkali number density, [A]. Therefore, we have to work backwards from the hybrid vapor ratio and operating alkali density to find the mole fraction ratio in the solid mix that would produce it. In principle, this is done by assuming that there are no other impurities in the alkali mix and solving the following system of equations numerically for the operating
temperature $T_{\mathrm{op}}$ and the mole fraction ratio $f_{\mathrm{A}} / f_{\mathrm{Rb}}$ :

$$
\begin{equation*}
[\mathrm{A}]_{\text {goal }}=f_{\mathrm{A}}[\mathrm{~A}]_{\mathrm{pvp}}\left(T_{\mathrm{op}}\right) \quad \& \quad\left(\frac{[\mathrm{~A}]}{[\mathrm{Rb}]}\right)_{\text {goal }}=\frac{f_{\mathrm{A}}}{f_{\mathrm{Rb}}} \cdot \frac{[\mathrm{~A}]_{\mathrm{pvp}}\left(T_{\mathrm{op}}\right)}{[\mathrm{Rb}]_{\mathrm{pvp}}\left(T_{\mathrm{op}}\right)} \quad \& \quad f_{\mathrm{A}}+f_{\mathrm{Rb}}=1 \tag{3.8}
\end{equation*}
$$

where we've explicitly written out the temperature dependence of the pure vapor pressure curves.

In practice, however, we're able to derive a simple formula for the required mole fraction ratio. This is done by first finding a parameterization of the pure vapor pressure ratio as a function of the pure alkali density. Note that normally, we obtain the pure vapor pressure ratio for two alkali metals by specifying an operating temperature. Instead what we want now is to obtain the pure vapor pressure ratio by specifying the number density of a pure alkali metal corresponding to that operating temperature. This is done by fitting ratios from the CRC formula, see App. (A.3), to the following functional form:

$$
\begin{equation*}
\left(\frac{[\mathrm{A}]}{[\mathrm{Rb}]}\right)_{\mathrm{pvp}}=\frac{\left([\mathrm{A}]_{\mathrm{pvp}} /[\mathrm{A}]_{0}\right)^{n}}{([\mathrm{Rb}] /[\mathrm{A}])_{0}} \tag{3.9}
\end{equation*}
$$

where $([\mathrm{Rb}] /[\mathrm{A}])_{0}$ is the pure vapor pressure ratio for a density of $[\mathrm{A}]_{0}$ of a pure alkali metal and the fit parameters $n,([\mathrm{Rb}] /[\mathrm{A}])_{0^{\prime}} \&[\mathrm{~A}]_{0}$ are listed in Tab. 3.3.

Plugging this parameterization of the pure vapor pressure ratio into the hybrid vapor ratio equation, we find:

$$
\begin{equation*}
\left(\frac{[\mathrm{A}]}{[\mathrm{Rb}]}\right)_{\text {goal }}=\frac{f_{\mathrm{A}}}{f_{\mathrm{Rb}}} \cdot\left(\frac{[\mathrm{~A}]}{[\mathrm{Rb}]}\right)_{\mathrm{pvp}}=\frac{f_{\mathrm{A}}}{f_{\mathrm{Rb}}} \cdot \frac{\left([\mathrm{~A}]_{\mathrm{pvp}} /[\mathrm{A}]_{0}\right)^{n}}{([\mathrm{Rb}] /[\mathrm{A}])_{0}}=\frac{f_{\mathrm{A}}}{f_{\mathrm{Rb}}} \cdot \frac{\left([\mathrm{~A}]_{\text {goal }} /[\mathrm{A}]_{0} / \mathrm{f}_{\mathrm{A}}\right)^{n}}{([\mathrm{Rb}] /[\mathrm{A}])_{0}} \tag{3.10}
\end{equation*}
$$

Under our conditions, the alkali metal is lighter than Rb , which implies that pure vapor pressure ratio $([\mathrm{A}] /[\mathrm{Rb}])_{\mathrm{pvp}}$ is less than one, and the desired operating alkali


Figure 3.2: Alkali to Rb pure vapor pressure curve ratio vs. Temperature and Pure Alkali Density. These use the CRC formulas [42].
to Rb ratio is never less than 1 . Therefore, the mole fraction of the alkali metal will be high, $f_{\mathrm{A}} \geq 0.8$. When this is true or when the coefficient $n$ is much less than 1 , we can make approximation $\left(f_{\mathrm{A}}\right)^{n} \approx 1$, which allows us to analytically solve for the required mole fraction:

$$
\begin{equation*}
\frac{f_{\mathrm{Rb}}}{f_{\mathrm{A}}} \approx \frac{\left([\mathrm{~A}]_{\text {goal }} /[\mathrm{A}]_{0}\right)^{n}}{([\mathrm{Rb}] /[\mathrm{A}])_{0}} \cdot\left(\frac{[\mathrm{Rb}]}{[\mathrm{A}]}\right)_{\text {goal }} \tag{3.11}
\end{equation*}
$$

Finally, we can use Eqn. (A.38) to calculate the required operating temperature for the prescribed alkali operating density.

Traditionally for pure Rb cells, the operating temperature is about $190^{\circ} \mathrm{C}$. This corresponds to a Rb density of about $6 \times 10^{14} / \mathrm{cm}^{3}$. Since the alkali- ${ }^{3} \mathrm{He}$ spin exchange rate constants are roughly the same, we'll specify that we want roughly the same total (alkali +Rb ) density for the hybrid cells. Tab. (3.4) lists the molecular weights needed for this method and Tab. (3.5) lists the required mole fraction ratios for typical hybrid vapor ratios.

| CRC Pure Alkali to Pure Rb Ratio |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{L i}$ | $\mathbf{N a}$ | $\mathbf{K}$ | $\mathbf{C s}$ |  |  |  |
| $T_{\min }(\mathrm{K})$ | 453.65 | 370.87 | 336.53 | 312.46 |  |  |  |
| $T_{\min }\left({ }^{\circ} \mathrm{C}\right)$ | 180.5 | 97.72 | 63.38 | 39.31 |  |  |  |
| $[\mathrm{~A}]_{\min }\left(1 / \mathrm{cm}^{3}\right)$ | $3.79 \times 10^{6}$ | $3.18 \times 10^{9}$ | $3.23 \times 10^{10}$ | $1.90 \times 10^{11}$ |  |  |  |
| $([\mathrm{~A}] /[\mathrm{Rb}])_{\min }$ | $8.87 \times 10^{-9}$ | $6.06 \times 10^{-4}$ | 0.0727 | 3.36 |  |  |  |
| $T_{\max }(\mathrm{K})$ | 1050 | 700 | 600 | 550 |  |  |  |
| $T_{\max }\left({ }^{\circ} \mathrm{C}\right)$ | 777 | 427 | 327 | 277 |  |  |  |
| $[\mathrm{~A}]_{\max }\left(1 / \mathrm{cm}^{3}\right)$ | $1.81 \times 10^{16}$ | $1.10 \times 10^{16}$ | $1.17 \times 10^{16}$ | $2.12 \times 10^{16}$ |  |  |  |
| $([\mathrm{~A}] /[\mathrm{Rb}])_{\max }$ | $8.68 \times 10^{-4}$ | 0.0301 | 0.252 | 1.72 |  |  |  |
| $[\mathrm{~A}]_{0}\left(1 / \mathrm{cm}^{3}\right)$ |  | $10^{14}$ |  |  |  |  |  |
| $([\mathrm{Rb}] /[\mathrm{A}])_{0}$ | 16800 | 112 | 6.31 | 0.427 |  |  |  |
| $n$ | 0.516 | 0.259 | 0.0970 | -0.0575 |  |  |  |

Table 3.3: Alkali to Rb Pure Vapor Pressure Curve Ratio. These parameters are used in Eqns. (3.9), (3.10), \& 3.11). The function is fit to values from the CRC formula [42] over a temperature range that covers the higher melting point to a temperature that corresponds to at least $10^{16} / \mathrm{cm}^{3}$. The formula reproduces the CRC values to $\pm 3.5 \%$ for Li and $\pm 1.0 \%$ for all others.

| Element | Symbol | Mol. Wgt. | Melting |  | Boiling |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\mathrm{g} / \mathrm{mol}$ | ${ }^{\circ} \mathrm{C}$ | K | ${ }^{\circ} \mathrm{C}$ | K |
| Lithium | Li | 6.941 | 180.5 | 453.65 | 1342 | 1615 |
| Sodium | Na | 22.989770 | 97.72 | 370.87 | 883 | 1156 |
| Potassium | K | 39.0983 | 63.38 | 336.53 | 759 | 1032 |
| Rubidium | Rb | 85.4678 | 39.31 | 312.46 | 688 | 961 |
| Cesium | Cs | 132.90545 | 28.44 | 301.59 | 671 | 944 |
| Calcium | Ca | 40.078 | 842 | 1115 | 1484 | 1757 |
| Chlorine | Cl | 35.453 | -101.5 | 171.65 | -34.04 | 239.11 |

Table 3.4: Physical Properties of Selected Elements. Molecular weights from [43] and temperatures from [42].

### 3.3.3 Glovebox Method

In this method, an appropriate amount of Rb is added to approximately one gram of the alkali metal:

$$
\begin{equation*}
\frac{\text { mass of } R b}{\text { mass of } A}=\left(\frac{\text { Mol. Wgt. of } R b}{\text { Mol. Wgt. of } A}\right)\left[\frac{f_{R b}}{f_{A}}\right]_{\text {need }} \tag{3.12}
\end{equation*}
$$

Because alkali metals are highly reactive to both water vapor and oxygen, the alkali handling is done in a dry $\mathrm{N}_{2}$ environment within a glovebox. Care is taken to ensure that the glovebox has low levels of contaminants that react with the alkali metals. Both alkali metals are weighed to within 0.3 mg and inserted into an empty ampuole. The mix is then heated to a temperature above the highest individual melting point of the two metals. The ampuole is then capped with rubber stopper and removed from the glovebox. The ampuole is sealed under the flow of argon gas. Once the ampuole is sealed, it is once again heated above the melting point and vigorously agitated. In all went well, the two metals have been melted and mixed together to produce a homogeneous hybrid mix.

### 3.3.4 Reaction Method

An alternative technique $[44,45]$ is to reduce appropriate amounts of RbCl and ACl with calcium chips. The reaction is given by:

$$
\begin{equation*}
2 \mathrm{ACl}+\text { excess } \mathrm{Ca}+\text { metal impurities } \xrightarrow{\text { HEAT }} 2 \mathrm{~A}+\mathrm{CaCl}_{2}+(\mathrm{Ca}+\text { metal impurities }) \tag{3.13}
\end{equation*}
$$

where A is $\mathrm{Li}, \mathrm{Na}$, or K . The reaction is catalyzed by heat provided by a flame that is kept under the melting point of calcium. High vapor pressure impurities are
pumped away. The mass ratio of RbCl to ACl needed to produce a necessary ratio of Rb to A in the solid mix is given by:

$$
\begin{equation*}
\frac{\text { mass of } \mathrm{RbCl}}{\text { mass of } \mathrm{ACl}}=\left(\frac{\text { Mol. Wgt. of } \mathrm{RbCl}}{\text { Mol. Wgt. of } \mathrm{ACl}}\right)\left[\frac{\mathrm{f}_{\mathrm{Rb}}}{\mathrm{f}_{\mathrm{A}}}\right]_{\text {need }} \tag{3.14}
\end{equation*}
$$

The minimum amount of calcium to add is obtained from this inequality:

$$
\begin{equation*}
\frac{\text { mass of } \mathrm{Ca}}{\text { mass of } \mathrm{ACl}} \geq \frac{1}{2}\left(1+\left[\frac{\mathrm{f}_{\mathrm{Rb}}}{\mathrm{f}_{\mathrm{A}}}\right]_{\text {need }}\right)\left(\frac{\text { Mol. Wgt. of Ca }}{\text { Mol. Wgt. of } \mathrm{ACl}}\right) \tag{3.15}
\end{equation*}
$$

Tab. (3.4) lists molecular weight and melting point data needed for this method and Tab. (3.5) lists the required mass ratios for typical hybrid vapor ratios. We have not attempted this method because we've found the glovebox method adequate for our purposes. In addition, it is not clear how one determines that all of the alkali salt has been reacted.

| Hybrid Mole Fractions |  |  |  |
| :--- | :---: | :---: | :---: |
|  | $\mathbf{L i}$ | $\mathbf{N a}$ | $\mathbf{K}$ |
| $\mathbf{1 : 1} \& \mathbf{3} \times \mathbf{1 0}^{\mathbf{1 4}} / \mathbf{c m}^{\mathbf{3}}$ |  |  |  |
| $f_{\mathrm{Rb}} / f_{\mathrm{A}}$ | $1.05 \times 10^{-4}$ | 0.0119 | 0.176 |
| $m_{\mathrm{Rb}}(\mathrm{mg})$ | 1.29 | 44.1 | 385 |
| $m_{\mathrm{RbCl}} / m_{\mathrm{ACl}}$ | $3.00 \times 10^{-4}$ | 0.0246 | 0.285 |
| $m_{\mathrm{Ca}} / m_{\mathrm{ACl}}$ | 0.473 | 0.347 | 0.316 |
| $T_{\mathrm{op}}(\mathrm{K})$ | 843 | 577 | 493 |
| $T_{\mathrm{op}}\left({ }^{\circ} \mathrm{C}\right)$ | 570 | 303 | 220 |
| $\mathbf{5 : 1} \& \mathbf{6} \times \mathbf{1 0}^{\mathbf{1 4}} / \mathrm{cm}^{\mathbf{3}}$ |  |  |  |
| $f_{\mathrm{Rb}} / f_{\mathrm{A}}$ | $3.00 \times 10^{-5}$ | $2.84 \times 10^{-3}$ | 0.0377 |
| $m_{\mathrm{Rb}}(\mathrm{mg})$ | 0.370 | 10.6 | 82.4 |
| $m_{\mathrm{RbCl}} / m_{\mathrm{ACl}}$ | $8.56 \times 10^{-5}$ | $5.88 \times 10^{-3}$ | 0.0611 |
| $m_{\mathrm{Ca}} / m_{\mathrm{ACl}}$ | 0.473 | 0.344 | 0.279 |
| $T_{\mathrm{op}}(\mathrm{K})$ | 872 | 596 | 508 |
| $T_{\mathrm{op}}\left({ }^{\circ} \mathrm{C}\right)$ | 599 | 323 | 235 |
| $\mathbf{2 0 : 1 \& 6} \mathbf{6} \times \mathbf{1 0}^{\mathbf{1 4}} / \mathrm{cm}^{\mathbf{3}}$ |  |  |  |
| $f_{\mathrm{Rb}} / f_{\mathrm{A}}$ | $7.50 \times 10^{-6}$ | $7.10 \times 10^{-4}$ | $9.43 \times 10^{-3}$ |
| $m_{\mathrm{Rb}}(\mathrm{mg})$ | 0.0924 | 2.64 | 20.6 |
| $m_{\mathrm{RbCl}} / m_{\mathrm{ACl}}$ | $2.14 \times 10^{-5}$ | $1.47 \times 10^{-3}$ | 0.0153 |
| $m_{\mathrm{Ca}} / m_{\mathrm{ACl}}$ | 0.473 | 0.343 | 0.271 |
| $T_{\mathrm{op}}(\mathrm{K})$ | 872 | 596 | 507 |
| $T_{\mathrm{op}}\left({ }^{\circ} \mathrm{C}\right)$ | 599 | 323 | 234 |

Table 3.5: Required Mole Fraction Ratios, Mass Ratios, and Operating Temperatures. The mass of $R b$ is specified assuming an alkali mass of 1 gram. The desired operating hybrid vapor ratios of alkali to Rb are $1: 1,5: 1$, and $20: 1$. The difference between these values and ones obtained from a "full" numerical solution is about a few percent.


Figure 3.3: Schematic of CEBAF as of 2009. Adapted from [46].

### 3.4 The Electron Beam

CEBAF can simultaneously deliver up to three CW (continuous wave) interleaved polarized electron beams at three different energies to three experimental halls (A, B, \& C). Each hall consists of a beamline, a set of targets, and a set of specialized detectors. The experiments listed in Tab. (3.1) took place in Hall A.

### 3.4.1 CEBAF

The electrons start at the polarized source where they are photoemitted. In a solidstate analogy to optical pumping, a circularly polarized laser beam selectively photoemits electrons from one of two energy levels of a strained GaAs crystal. The helicity of the laser (and consequently the helicity of the electron beam) is rapidly toggled at 30 Hz in a pseudorandom pattern. For an accurate measurement of elec-
tron scattering asymmetries, the properties of the electron beam must not change very much when the helicity is toggled. This is mainly achieved by careful control of the purity of the circular polarization of the laser beam through which one can suppress helicity-correlated differences in the intensity, size, location, and energy of the electron beam (see for example [47]). Each hall has a designated laser that is pulsed at 499 MHz with a unique phase offset. The timing of the pulses from the three lasers is such that the GaAs crystal is struck at a rate of 1497 MHz . The electrons leave the polarized source and enter the Injector at 100 keV . The Injector then accelerates the electrons up to about 70 MeV before injecting them into the North linear accelerator (linac).

The North linac is composed of 20 cryomodules each of which is a group of 8 superconducting RF cavities. Presently, one pass through the North linac can accelerate electrons up to 0.6 GeV . These electrons are then recirculated back into an identical South linac. The beam can then either be delivered into one of the three halls or recirculated back into the North linac. An energy up to 6 GeV can be obtained by a maximum of 5 passes through the linacs via the recirculating arcs. Finally, a beam extractor separates the beams and redirects them into the three experimental halls. More details about CEBAF can be found in [48] and references therein.

### 3.4.2 Hall A Beamline

The beamline in Hall A controls the position \& angle of the beam on the target, measures its properties (e.g. current, position, energy, polarization), and provides a "dump" for the unscattered portion of the beam. All "invasive" measurements require dedicated beamtime, whereas "noninvasive" measurements can be per-


Figure 3.4: Schematic of the Hall A Beamline and High Resolution Spectrometers (HRS) as of 2009. Adapted from [46].
formed during physics data taking. Since the intrinsic size of the beam is a few hundred microns, an electromagnet called the Raster is used to scan the beam over an area of a few $\mathrm{mm}^{2}$. Measurements from a pair of beam position monitors (BPMs) (noninvasive) are used to extrapolate the position on the target and the incident angle. Beam current monitors (BCMs) (noninvasive) measure both the instantaneous current and the total charge accumulated over a run. The beam energy can be measured in one of three ways: the "Tiefenbach" method (noninvasive), an "ARC" measurement (invasive), or an "eP" measurement (invasive). The Tiefenbach method and the ARC measurement both infer the momentum of the beam by its angular deflection in a magnetic field. An eP measurement extracts the beam energy by measuring the recoil angles of protons and electrons via elastic scattering from a thin polyethylene $\left(\mathrm{CH}_{2}\right)$ tape. The beam polarization is obtained from scattering asymmetries measured for Compton scattering (see Sec. (2.5.2)) from a

| date |  | run number |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| start | end | first | angle <br> last | cell | $\langle E\rangle$ <br> (deg) | $\left\langle P_{\mathrm{b}}^{0}\right\rangle$ <br> (MeVler) |  |
| $07 / 15$ | $07 / 23$ | 2294 | 2709 | 6 | penelope | 2134.3 | 0.742 |
| $07 / 25$ | $07 / 28$ | 2782 | 2948 | 6 | priapus | 4208.8 | 0.652 |
| $07 / 28$ | $07 / 30$ | 2949 | 3059 | 6 | priapus | 2134.9 | 0.747 |
| $07 / 31$ | $08 / 05$ | 3061 | 3260 | 6 | priapus | 2844.8 | 0.767 |
|  |  |  |  |  |  |  |  |
| $08 / 08$ | $08 / 13$ | 3266 | 3487 | 9 | priapus | 3775.5 | 0.765 |
| $08 / 14$ | $08 / 16$ | 3488 | 3641 | 9 | priapus | 1147.3 | 0.762 |
| $08 / 16$ | $08 / 21$ | 3642 | 3850 | 9 | priapus | 2233.9 | 0.761 |
| $08 / 21$ | $08 / 25$ | 3851 | 4066 | 9 | priapus | 4404.2 | 0.756 |
| $08 / 26$ | $08 / 30$ | 4067 | 4218 | 9 | priapus | 3318.8 | 0.778 |

Table 3.6: Run Information for Production Data for E97110.
laser beam (noninvasive) and Møller scattering (see for example [49-52]) from a magnetized iron foil (invasive). More details about the Hall A instrumentation can be found in [46] and references therein.

### 3.5 E97110: Small Angle GDH

### 3.5.1 Introduction

E97110 ("The GDH Sum Rule and the Spin Structure of ${ }^{3} \mathrm{He}$ and the Neutron Using Nearly Real Photons") ran between March and August 2003. We measured the "neutron-in- ${ }^{3} \mathrm{He}$ " spin structure functions $g_{1}^{3} \& g_{2}^{3}$, see Sec. (2.4.5), or equivalently the ${ }^{3} \mathrm{He}$ virtual photoabsorption cross sections $\sigma_{\mathrm{TT}}^{3} \& \sigma_{\mathrm{LT}}^{3}$, see Sec. (2.5.8). Integrals of these quantities are related to the generalized Gerasimov-Drell-Hearn (GDH) integrals $\left(I_{A}, I_{1}\right)$ and generalized spin polarizabilities $\left(\gamma_{0}, \delta_{\mathrm{LT}}\right)$ for the neutron, see Sec. (2.5.9). In the Bjorken limit $\left(Q^{2} \rightarrow \infty\right)$, the generalized GDH integral $I_{1}$ is related to the Bjorken sum rule, see Sec. 2.4.6. In the real photon $\operatorname{limit}\left(Q^{2}=0\right)$, both
generalized GDH integrals $I_{1} \& I_{A}$ reduce to the GDH sum rule, see Sec. (2.5.6). Baryon Chiral Perturbation Theory (BChPT), see Sec. (2.5.10), is the relevant theoretical approach for the low $Q^{2}$ kinematic regime covered by this experiment. Our data extends the measurement of the Bjorken integral to low $Q^{2}$ and is a test of BChPT, which predicts the values \& slopes of $I_{1}, I_{A}, \gamma_{0}, \& \delta_{\mathrm{LT}}$ at $Q^{2}=0$, see Tab. (2.3).

We measured the inclusive scattering of polarized electrons from a polarized ${ }^{3} \mathrm{He}$ target using the standard Hall A equipment and a "septum" magnet. During the March to May running, the septum magnet was miswired which severely reduced its acceptance; therefore, only the production data from the July to August data taking period will be described here. Data were taken over a $Q^{2}$ range of 0.04 to $0.24 \mathrm{GeV}^{2}$ at scattering angles of 6 and 9 degrees with the beam energies listed in Tab. (3.6). Both $g_{1}^{3} \& g_{2}^{3}$ (or equivalently $\sigma_{\mathrm{TT}}^{3} \& \sigma_{\mathrm{LT}}^{3}$ ) were extracted because data was taken for both parallel \& perpendicular target polarizations, see Sec. 2.5.12).

A previous experiment, E94010, measured the same quantities at a higher $Q^{2}$ range of $0.1-0.9 \mathrm{GeV}^{2}$, see Fig. 3.5). They found that the generalized GDH integral $\left(I_{A}\right)$ starts at about 0 at high $Q^{2}$ and drops below the GDH sum rule for their lowest $Q^{2}$ point. The MAID model [53] and both Heavy \& Relativistic BChPT calculations, which predict a negative slope at $Q^{2}=0$ (i.e. a "turnover" a low $Q^{2}$ ), are consistent with the data. Our data covers the $Q^{2}$ range where this "turnover" is expected and allows for an extraction of the slope at $Q^{2}=0$.

The generalized spin polarizabilities for the the lowest $Q^{2}$ points of E94010 were also extracted. The results for both $\gamma_{0}$ and $\delta_{\mathrm{LT}}$ are consistent with the MAID model. The Heavy BChPT calculations appear inconsistent with the data, which may be an indication that the $Q^{2}$ range represented by the data is still too high to


Figure 3.5: E94010 Results for $I_{A}, \gamma_{0}, \& \delta_{\mathrm{LT}}$ from [1,3].
be applicable. The Relativistic BChPT calculation (with the $\Delta$ contribution) shows good agreement $\gamma_{0}$ but not $\delta_{\text {LT }}$. This is intriguing because the calculations indicate that the $\Delta$ contribution to $\delta_{\mathrm{LT}}$ is essentially zero. The $Q^{2}$ range accessible to E97110 is more appropriate to the BChPT calculations. Our data more fully explores the low $Q^{2}$ regime, allows for an extraction of the slope at $Q^{2}=0$, and may allow for an extrapolation to $Q^{2}=0$.

At the low $Q^{2}$ covered in this experiment, the dominant contribution to $I_{A}$, $I_{1}, \gamma_{0}, \& \delta_{\mathrm{LT}}$ is expected to be from the resonance region and, in particular, the $\Delta$-resonance. The kinematics were chosen to provide complete coverage of the resonance region and also the quasielastic region, see Fig. (3.6). The low $Q^{2}$ regime is accessed by detecting electrons at small angles. Due to the size of the High Resolution Spectrometers (HRS), see Fig. (3.4), the smallest central scattering angle that can be detected, for the HRS alone, is 12.5 degrees. For this experiment (and a few others), scattering angles below this limit was accessed with the use of a septum magnet. Placed between the target and the right HRS, the septum magnet bent the


Figure 3.6: Kinematic Coverage for E97110. The yellow band denotes the $\Delta$ resonance region.
trajectory of scattered electrons towards the HRS. The left HRS detected scattering from an downstream carbon target and used to check for false asymmetries \& monitor the beam luminosity. The experimental layout is depicted in Fig (3.7).

### 3.5.2 The Polarized He-3 Target

The standard polarized ${ }^{3} \mathrm{He}$ target (i.e. the same as E94010) was used for this experiment. The target was polarized using traditional spin-exchange optical pumping (i.e. pure Rb ) with three or four 30 Watt broadband laser diode arrays. Two sets of laser beams and Helmholtz coils were required to pump parallel ("longitudinal") and perpendicular ("transverse") to the beamline. The target polarization was monitored using NMR and EPR. Absolute calibration of the NMR signal was obtained from EPR and water NMR. The target ladder included carbon foils used for optics calibration, a "no target" position, and a "reference cell" used to account for scattering due to the glass and $\mathrm{N}_{2}$.

Two target cells were used for this experiment: "Penelope" and "Priapus." These cell were fabricated at Princeton by Mike Souza and filled at the University of Virginia (UVa). Because we detected electrons that scattered at very small angles, we made two modifications to reduce the size of radiative corrections:

1. Corning 1720 (C1720) glass was used instead of General Electric 180 (GE180) because C 1720 has a radiation thickness that is longer by a factor of 1.5 , see App. B.6.
2. The sides walls of the target chamber were made thinner by a factor of two.


Figure 3.7: Experimental Layout Near that Target Region for E97110.


Figure 3.8: Standard Polarized ${ }^{3} \mathrm{He}$ Target for E97110.

| cell | Penelope | Ref. Cell 1 | Priapus | Ref. Cell 2 |
| :---: | :---: | :---: | :---: | :---: |
| window, upstream $(\mu \mathrm{m})$ <br> window, downstream $(\mu \mathrm{m})$ | $132 \pm 2$ | $127 \pm 2$ | $128 \pm 2$ | $131 \pm 2$ |
|  |  | $120 \pm 2$ | $142 \pm 2$ | $150 \pm 2$ |
| wall, beam right $(\mu \mathrm{m})$ | $622 \pm 10$ | $638 \pm 10$ | $600 \pm 10$ | $610 \pm 10$ |
| wall, beam left $(\mu \mathrm{m})$ | $694 \pm 10$ | $693 \pm 10$ | $760 \pm 10$ | $711 \pm 10$ |
|  |  |  |  |  |
| outer diameter $(\mathrm{cm})$ | 1.9249 | 1.920 | 1.9160 | 1.920 |
| external length $(\mathrm{cm})$ | 39.6875 | 39.5288 | 39.3700 | 39.5288 |
| $\left\langle\left[{ }^{3} \mathrm{He}\right]\right\rangle_{\text {op }}(\mathrm{amg})$ | 10.65 | - | $10.46 / 10.49$ | - |
| $\left\langle\left[\mathrm{N}_{2}\right]\right\rangle_{\text {op }}(\mathrm{amg})$ | 0.107 | 9.48 | $0.111 / 0.112$ | $9.50 / 9.38$ |

Table 3.7: Cell Parameters. Densities for Priapus refer to $6 / 9$ degrees.


Figure 3.9: Schematic of the HRS Detector Package. Adapted from [46].

### 3.5.3 The "Detector"

In general, after scattering from the target, the scattered electrons enter the "Detector." The goal of the "Detector" is to count the number of "good" scattered electrons for a given momentum \& scattering angle. A "good" electron has the following properties:

1. Its initial properties, such as helicity, are unambiguous.
2. Its momentum and scattering angle are unambiguous.
3. It successfully triggers the data acquisition system (DAQ).
4. It scatters from the target material and not from any surrounding material.
5. It is an electron as opposed to some other negatively charged particle.

For this experiment, the "Detector" was the septum/right HRS pair. The right HRS was placed at 12.5 degrees relative to the "old target center." The orientation and magnetic field of the septum magnet was chosen to bend electrons scattered at 6 and 9 degrees out to the right HRS. The HRS consists of a quadrupole-quadrupole-dipole-quadrupole (QQDQ) "magnetic transport system" and a "detector package." For this experiment, the detector package consisted of a pair of vertical drift chambers (VDCs), a pair of scintillators, a Cerenkov detector, and an electromagnetic calorimeter. These detectors measured the final trajectory \& momentum of the scattered particle, triggered the DAQ, and identified the particle as an electron.

A significant fraction of beamtime was allotted to taking data required to calibrate the magnetic transport system of the septum magnet/HRS pair. The magnetic transport system bends the scattered electrons vertically by an angle inversely proportional to its momentum. This approximately maps the particle's momentum to a vertical displacement. In addition, the magnetic transport system is designed such that the particle's relative scattering angle is approximately mapped to a horizontal displacement. Finally, the scattered particle exits the magnetic transport system and enters the detector package.

The final trajectory \& momentum of the scattered particle was measured by a pair of VDCs. In reality, the scattered particle's final trajectory is a complicated quasi-linear combination of its initial trajectory \& momentum before entering the HRS. With detailed knowledge of the magnetic transport system, the particle's initial trajectory \& momentum was deconvoluted from its final trajectory \& momentum. The initial trajectory allowed us to determine whether the particle scattered from the target material or some surrounding material.

Next, the data taking by the DAQ was triggered by a pair of scintillators. Only negatively charged particles were bent up into the detector package. Therefore, given the kinematics, the most likely particles were electrons, muons, and negatively charged pions. Electrons can be very effectively distinguished by other particles due to their small mass which implies:

1. For the same momentum, electrons are faster $\left(\beta=1 / \sqrt{1+(m / p)^{2}}\right)$.
2. At JLab energies, electrons suffer greater energy loss due to bremsstrahlung.

The first method indirectly determines the particle's speed via the Cerenkov effect. A flash of light (Cerenkov radiation) is emitted when a charged particle travels through a medium with a velocity greater than the speed of light in that medium. Therefore, the index of refraction of the material in the Cerenkov detector is chosen such that an electron will emit a flash of light whereas a pion would not. The second method is a direct measurement of the energy loss by the particle in a shower counter. In a carefully designed shower counter:

1. Electrons lose all of their energy near the front of the counter.
2. Heavier particles lose a relatively small fraction of their energy more uniformly throughout the counter.

Therefore, both the total energy deposited in the counter and spatial distribution of the energy loss can be used to distinguish electrons from heavier particles.

With the exception of the VDCs, all of the detectors have the same basic operating principle. Some or all of the energy of the charged particle is converted into light by some physical mechanism. This light is then collected using mirrors or waveguides and detected by sensitive photomultiplier tubes (PMTs).

### 3.5.4 Analysis \& Results

## Overview

Full details of the analysis can be found in [54]. The goal was to compute the generalized GDH integrals, $I_{A} \& I_{1}$, and the generalized spin polarizabilities, $\gamma_{0} \& \delta_{\mathrm{LT}}$, for the neutron at $Q^{2}=0.04,0.06,0.08,0.10,0.12, \& 0.24 \mathrm{GeV}^{2}$. First, the "experimental" parallel \& perpendicular cross section differences, $\Delta \sigma_{\|}^{\exp } \& \Delta \sigma_{\perp}^{\exp }$, were formed from the unpolarized cross section $\sigma^{\text {phys }}$ and the parallel \& perpendicular asymmetries, $A_{\|}^{\text {phys }} \& A_{\perp}^{\text {phys }}$ :

$$
\begin{equation*}
\Delta \sigma_{\|, \perp}^{\exp }=2 A_{\|, \perp}^{\text {phys }} \sigma^{\text {phys }} \tag{3.16}
\end{equation*}
$$

These experimental cross section differences $\Delta \sigma_{\|, \perp}^{\exp }$ underwent "radiative corrections" which result in the ("Born") cross section differences $\Delta \sigma_{\|, \perp}^{\text {born }}$ in the Born approximation. We then interpolated these cross section differences, binned by the invariant mass $W$, from constant beam energy to constant $Q^{2}$. After subtracting out the contribution from quasielastic scattering that "leaks" into the resonance region, $\Delta \sigma_{\|, \perp}=\Delta \sigma_{\|, \perp}^{\text {born }}-\Delta \sigma_{\|, \perp}^{\mathrm{QE}}$, we extracted the "neutron-in- ${ }^{3} \mathrm{He}^{\prime}$ spin structure functions using the results of Sec. (2.5.12) in the form of:

$$
\begin{align*}
& g_{1}^{3}=-\frac{M_{n} Q^{2}}{8 \alpha^{2}}\left[\frac{y}{(1-y)(2-y)}\right]\left[2 \Delta \sigma_{\|}+\left(\frac{y \gamma}{\sqrt{1-y-y^{2} \gamma^{2} / 4}}\right) \Delta \sigma_{\perp}\right]  \tag{3.17}\\
& g_{2}^{3}=-\frac{M_{n} Q^{2}}{8 \alpha^{2}}\left[\frac{y}{(1-y)(2-y)}\right]\left[-y \Delta \sigma_{\|}+\frac{2}{\gamma}\left(\frac{1-y / 2-y^{2} \gamma^{2} / 4}{\sqrt{1-y-y^{2} \gamma^{2} / 4}}\right) \Delta \sigma_{\perp}\right] \tag{3.18}
\end{align*}
$$



Figure 3.10: Analysis Flowchart.
where $M_{n}=939.57 \mathrm{MeV}$ is the neutron mass, $y=\nu / E$, and $\gamma=Q / \nu$. These spin structure functions are integrated to give the following "neutron-in- ${ }^{3} \mathrm{He}$ " quantities:

$$
\begin{align*}
I_{A}^{3}\left(Q^{2}\right) & =\frac{2 M_{n}^{2}}{Q^{2}} \int_{0}^{x_{0}}\left[g_{1}^{3}\left(x, Q^{2}\right)-\frac{4 M_{n}^{2}}{Q^{2}} x^{2} g_{2}^{3}\left(x, Q^{2}\right)\right] d x  \tag{3.19}\\
\bar{\Gamma}_{1}^{3} & =\frac{Q^{2}}{2 M_{n}^{2}} I_{1}^{3}\left(Q^{2}\right)=\int_{0}^{x_{0}} g_{1}^{3}\left(x, Q^{2}\right) d x \tag{3.20}
\end{align*}
$$

where $x_{0}=1 /\left[1+m_{\pi}\left(m_{\pi}+2 M_{n}\right) / Q^{2}\right]$ is the pion threshold ( $m_{\pi}$ is the pion mass). We'll also note that the generalized GDH integrand (for $I_{A}^{3}$ in the "Hand" convention $K=(1-x) \nu)$ is given by:

$$
\begin{equation*}
\frac{(1-x) \sigma_{\mathrm{TT}}^{3}}{\nu}=-\left[\frac{16 \pi^{2} M_{n} \alpha x^{2}}{Q^{4}}\right]\left[g_{1}^{3}-\frac{4 M_{n}^{2}}{Q^{2}} x^{2} g_{2}^{3}\right] \tag{3.21}
\end{equation*}
$$

Finally, using the "effective polarization method," we extracted the neutron spin structure moment $\bar{\Gamma}_{1}^{n}$ (only covering the inelastic regime):

$$
\begin{equation*}
\bar{\Gamma}_{1}^{n}=\frac{\bar{\Gamma}_{1}^{3}-2 P_{p} \bar{\Gamma}_{1}^{p}}{P_{n}} \tag{3.22}
\end{equation*}
$$

where we've ignored the small mass difference between protons and neutrons $M_{n}=M_{p}$. These steps are summarized in the analysis flowchart in Fig. (3.10). We'll now discuss these steps in more detail.

## Unpolarized Cross Sections \& Asymmetries

For each kinematic setting, data were taken for (1) parallel \& perpendicular polarized ${ }^{3} \mathrm{He}$ target orientations, (2) an "empty" reference cell, and (3) a reference cell filled with about 9.4 amagats of $\mathrm{N}_{2}$. Identical "detector \& acceptance cuts"
were placed on each data set to select electrons scattering from the inner part of the target cell with well-reconstructed momenta \& scattering angles. Relatively "tight" ("loose") acceptance cuts were made to select a clean (large) subset of the data for the calculation of the unpolarized cross section (perpendicular \& parallel asymmetries). The total and helicity gated yields $\left(Y \& Y^{ \pm}\right)$for each data set were calculated by:

$$
\begin{equation*}
Y=\frac{N}{(Q / e) L} \quad Y^{ \pm}=\frac{N^{ \pm}}{\left(Q^{ \pm} / e\right) L^{ \pm}} \tag{3.23}
\end{equation*}
$$

where $N, N^{ \pm}$are the total number of counts surviving the cuts, $Q, Q^{ \pm}$are the total charge of the electron beam delivered to the target, $e$ is the charge of the electron, and $L, L^{ \pm}$are the "lifetimes."

For the kinematics of this experiment, the scattering rates were high enough to potentially damage the detectors in the HRS. Consequently, the beam current was kept between 1 to $10 \mu \mathrm{~A}$ to limit the rate in the detectors. A current calibration was performed to verify the linear response of the BCM belows $5 \mu \mathrm{~A}$. Over $90 \%$ of the runs had a charge asymmetry $\left(Q^{+}-Q^{-}\right) /\left(Q^{+}-Q^{-}\right)$of less than 200 ppm .

After an event is triggered, the DAQ and detectors require a finite amount of time to "reset" and be available for the next event. The fraction of time that the DAQ \& detectors is unavailable is referred to as the "deadtime." The livetime $L$ is simply 1 minus the deadtime. At sufficiently low rates $(<4 \mathrm{kHz})$ or equivalently low deadtime $<15 \%$, the number of "good" electrons missed during the deadtime can be accounted for by simply dividing $N$ by $L$. Over $80 \%$ of the runs had a deadtime less than $10 \%$ and all of the runs had a deadtime less than $15 \%$.

Any background (i.e. scattering not due to the contents of the target cell) that is still present after the acceptance cuts is subtracted away using data from the empty reference cell run. This gives the "corrected" yields for the target cell, $Y \& Y^{ \pm}$, and
the reference cell with $\mathrm{N}_{2}, Y_{2}^{\mathrm{N}}$ :

$$
\begin{equation*}
Y=Y_{t}-Y_{b} \quad Y^{ \pm}=Y_{t}^{ \pm}-Y_{b}^{ \pm} \quad Y^{\mathrm{N}_{2}}=Y_{t}^{\mathrm{N}_{2}}-Y_{b} \tag{3.24}
\end{equation*}
$$

where the subscript $t$ refers to raw (uncorrected) yield and the subscript $b$ refers to the empty reference cell. The $\mathrm{N}_{2}$ dilution factor $D_{\mathrm{N}_{2}}$ is calculated from the corrected yields by Eqn. 2.61):

$$
\begin{equation*}
D_{\mathrm{N}_{2}} \equiv \frac{\sigma^{\text {phys }}}{\sigma^{\text {raw }}}=1-\left(\frac{\rho_{\mathrm{N}_{2}}^{\text {tc }}}{\rho_{\mathrm{N}_{2}}^{\text {ref }}}\right)\left(\frac{Y^{\mathrm{N}_{2}}}{Y}\right) \tag{3.25}
\end{equation*}
$$

where $\sigma^{\text {phys }}$ is the "true" unpolarized ${ }^{3} \mathrm{He}$ cross section, $\sigma^{\exp }$ is unpolarized ${ }^{3} \mathrm{He}$ cross section measured from a target cell "diluted" by a small of $\mathrm{N}_{2}, \rho_{\mathrm{N}_{2}}^{\text {tc }}$ is the density of $\mathrm{N}_{2}$ in the target cell, and $\rho_{\mathrm{N}_{2}}^{\text {ref }}$ is the density of $\mathrm{N}_{2}$ in the reference cell. The nitrogen dilution factor was typically around 0.92 .

The unpolarized cross section is calculated using Eqn. (2.46):

$$
\begin{equation*}
\left[\frac{d^{2} \sigma}{d \Omega d E^{\prime}}\right]^{\text {phys }}=\sigma^{\text {phys }}=\frac{\sigma^{\mathrm{raw}}}{D_{\mathrm{N}_{2}}}=\frac{Y / f_{\mathrm{det}}}{\rho\left(L_{\mathrm{int}} \Delta \Omega \Delta E^{\prime}\right)} \tag{3.26}
\end{equation*}
$$

where $f_{\text {det }}$ is the combined efficiencies of the detectors, $\rho$ is the number density of ${ }^{3} \mathrm{He}$ in the target chamber of the target cell, and $\left(L_{\mathrm{int}} \Delta \Omega \Delta E^{\prime}\right)$ is the "acceptance factor." The scintillator trigger efficiency and particle identification efficiencies were over 0.99 throughout the experiment. Because the raw rates were very high in this experiment, a multitrack correction was applied to account for the fact that it was quite likely that more than one track in the VDC counted as a "good" electron. These factors are all folded into $f_{\text {det }}$. The ${ }^{3} \mathrm{He}$ density was determined from "temperature tests," see Sec. (4.6.3), and are listed in Tab. 3.7). The acceptance factor
was calculated from a Monte Carlo simulation of the magnetic transport system of the septum/right HRS pair.

The parallel \& perpendicular asymmetries were calculated using Eqn. (2.60):

$$
\begin{equation*}
A_{\|, \perp}^{\text {phys }}=\frac{A_{\|, \perp}^{\text {raw }}}{D_{\mathrm{N}_{2}} P_{b} P_{t}}=\frac{1}{D_{\mathrm{N}_{2}} P_{b} P_{t}}\left[\frac{Y^{+}-Y^{-}}{Y^{+}+Y^{-}}\right] \tag{3.27}
\end{equation*}
$$

The target polarization $P_{t}$ will be discussed is Sec. (4.6). The beam polarization was measured at each energy using the Møller polarimeter. During these measurements, it was found that the polarization changed when the Hall C beam was turned on. The beam polarization was being diluted by "bleedthrough" of the Hall C beam into Hall A. Combined with the polarization of the bleedthrough $\left(P_{C}\right)$, the beam polarization was corrected on a run by run basis using:

$$
\begin{equation*}
P_{\text {beam }}=P_{\text {beam }}^{0}\left[1-\frac{I_{C}^{\prime}}{I_{A}}\left(1-\frac{P_{C}}{P_{\text {beam }}^{0}}\right)\right] \tag{3.28}
\end{equation*}
$$

where $P_{\text {beam }}$ is the beam polarization with the Hall C beam on, $P_{\text {beam }}^{0}$ is the beam polarization with the Hall C beam off, $I_{A}$ is the Hall A beam current, and the amount of bleedthrough $I_{C}^{\prime}$ into Hall A depends on the Hall A slit position $S$ and the Hall C beam current $I_{C}$ :

$$
\begin{array}{ll}
\frac{I_{C}^{\prime}}{I_{A}}=\frac{m}{1000}\left(\frac{I_{C}}{I_{A}}-R_{0}\right) & \text { valid for } S=-1 \text { and } I_{C}>R_{0} I_{A} \\
\frac{I_{C}^{\prime}}{I_{A}}=\frac{m}{1000}\left(\frac{I_{C}}{I_{A}}\left[\frac{S}{60}\right]^{2}-R_{0}\right) & \text { valid for } 0 \leq S \leq 60 \text { and } I_{C}>R_{0} I_{A}(60 / S)^{2} \tag{3.30}
\end{array}
$$

where $m \& R_{0}$ were empirically determined and listed in Tab. (3.8). This correction

| time period | slit position | $m$ | $R_{0}$ |
| :--- | :---: | :---: | :---: |
|  |  |  |  |
| before run 3263 | $S=-1$ | 4.310 | +0.43735 |
|  | $0 \leq S \leq 60$ | 3.791 | +0.04685 |
| after run 3263 | $S=-1$ | 1.902 | -0.06572 |
|  | $0 \leq S \leq 60$ | 3.226 | +0.05505 |

Table 3.8: Bleedthrough correction parameters. $S=-1$ corresponds to the case when the Hall A slit is "out."
can be as large as $15 \%$ relative, see Fig. (3.11). These results are consistent with the beam polarizations extracted from the Compton polarimeter.

For the asymmetries, a loose acceptance cut was chosen to reduce the statistical uncertainty. For the unpolarized cross section, a tight acceptance cut was chosen to select a particularly "clean" subset of the data. Since two different subsets of data were used, the kinematics of the asymmetry and unpolarized cross were slightly different. Therefore, before the "experimental" cross section differences $\Delta \sigma_{\|, \perp}^{\text {exp }}$ were calculated, the asymmetries and unpolarized cross section were interpolated to the same kinematics (i.e. "kinematically matched").

## Radiative Corrections

The experimental cross section differences are not the same as the "Born" cross section differences (i.e. one photon exchange). This is because $\Delta \sigma^{\exp }(1)$ includes higher order diagrams beyond the Born approximation and (2) is actually a convolution of cross sections from different kinematics due to the energy lost by the


Figure 3.11: Beam Polarization Before and After Bleedthrough Correction.
electron before and after scattering:

$$
\begin{equation*}
\Delta \sigma^{\exp }(E, \nu)=\int_{0}^{T} \frac{d t}{T} \int_{0}^{\nu} d \nu_{b} \int_{0}^{\nu} d \nu_{a} P\left(\nu_{b}, t\right)\left(1+\delta_{\mathrm{HO}}\right) \Delta \sigma^{\text {born }}\left(E_{0}, \nu_{0}\right) P\left(\nu_{a}, T-t\right) \tag{3.31}
\end{equation*}
$$

where the incident beam energy is $E$, the total energy lost is $\nu, T$ is the total radiation thickness, $\nu_{b}$ is the energy lost before scattering, $\nu_{a}$ is the energy lost after scattering, $\delta_{\mathrm{HO}}$ is the contribution due to higher order diagrams, $P\left(\nu^{\prime}, t^{\prime}\right)$ is the probability (per unit energy bin) of losing energy $\nu^{\prime}$ after a radiation thickness of $t^{\prime}$, $E_{0}=E-\nu_{b}$ is energy before scattering, and $\nu_{0}=\nu-\nu_{b}-\nu_{a}$ is energy lost during scattering. "Radiative corrections" refers to the process of "unfolding" the Born cross section difference from the experimental cross section difference. The radiation thicknesses for this experiment are based on Fig. 3.7) \& Tab. 3.7) and are listed in Sec. (B.6).

The polarized elastic tail contribution $\Delta \sigma_{3_{\mathrm{He}}}^{\text {elastic }}$ was calculated using the FOR-

TRAN program ROSETAIL .F, which uses the formalism of Mo \& Tsai $[55,56]$ and the notation of Stein et al [57]. The ${ }^{3} \mathrm{He}$ elastic form factors used to generate the tail are given by Eqn. 2.75 where $\left\{Q_{i}, R_{i}\right\}$ are from Table 1 of [58] and $\gamma=(0.8 \mathrm{fm}) / \sqrt{3 / 2}$ (N.B. the typo in Eqn. (1) of [58], for discussion see [59]). After the elastic tail have been subtracted out from $\Delta \sigma^{\exp }$, the spectra were "smoothened out" using a cubic spline and interpolated in order to "fill in any gaps" in the data. Energy losses that occur before \& after scattering due to materials in the path of the incident \& scattered electrons lead to "external" radiative corrections. External corrections are spin-independent (i.e. "unpolarized") and are performed using the FORTRAN program RADCOR.F, which uses the formalism of Mo \& Tsai [55,56]. Energy losses that occur in the field of the nucleus that causes scattering lead to "internal" radiative corrections. Internal corrections are spin-dependent (i.e. "polarized") and are performed using the FORTRAN program POLRAD.F, which is based on the original program \& formalism of [60]. The radiative corrections, $\Delta_{R C}^{\text {external }} \& \Delta_{R C}^{\text {internal }}$, are calculated from the difference between the spectra output from the programs and the input "smoothed" spectra. Finally, the Born cross section differences are given by:

$$
\begin{equation*}
\Delta \sigma^{\text {born }}=\Delta \sigma^{\exp }-\Delta \sigma_{3_{\mathrm{He}}}^{\text {elastic }}-\Delta_{\mathrm{RC}}^{\text {external }}-\Delta_{\mathrm{RC}}^{\text {internal }} \tag{3.32}
\end{equation*}
$$

## Preliminary Results for Neutron Quantities \& Discussion

The Born cross section differences were rebinned by $W$ and then interpolated to constant $Q^{2}$. For the results presented here, the contribution from the quasielastic tail has not been subtracted away yet.. The "neutron-in- ${ }^{3} \mathrm{He}$ " spin structure functions, $g_{1}^{3} \& g_{2}^{3}$, at constant $Q^{2}$ were then extracted from these parallel $\&$ perpendicular cross section differences, see Eqns. (3.17) \& (3.18). The generalized

GDH integrand for $I_{A}^{3}$ using the "Hand" convention was calculated using $g_{1}^{3} \&$ $g_{2}^{3}$, see Eqn. 3.21. The first moment $\bar{\Gamma}_{1}^{3}$ was calculated by integrating over $g_{1}^{3}$, see Eqn. (3.20). Since our data only covered the resonance region, the small contribution from the DIS region was calculated using the Thomas \& Bianchi parameterization [61]. Finally, $\bar{\Gamma}_{1}$ for the neutron was extracted using the effective polarization method, see Eqn. (3.22).

Preliminary results for $g_{1,2}^{3}$ are depicted in Figs. 3.12. Just as for E94010, $g_{2}^{3}$ is, to a very good approximation, the negative of $g_{1}^{3}$, as naively expected by the Wandzura \& Wilzcek relation, see Eqn. (2.204). The generalized GDH integrand is shown in (3.13). The large negative peak near $W=1.2 \mathrm{GeV}$ due to the $\Delta$-resonance is readily apparent. Whereas the statistical uncertainties are very small, the systematic uncertainties are quite large. This intergrand still includes the tail of the quasielastic peak.

Fig. 3.14) depicts the preliminary results for $\bar{\Gamma}_{1}^{n}$ and $I_{A}^{n}$. These plots include radiative corrections but not the final polarimetry results described in Sec. (4.6). There is excellent agreement between the second lowest $Q^{2}$ point for E94010 and the highest $Q^{2}$ point for E97110 at $Q^{2} \approx 0.25 \mathrm{GeV}^{2}$. Within the quoted systematic uncertainies, the lowest $Q^{2}$ point for E94010 and the second highest $Q^{2}$ point for E97110 at $Q^{2} \approx 0.1 \mathrm{GeV}^{2}$ are in agreement. Although the systematic uncertainies are quite large, the E97110 data indicate that generalized GDH integral "turns over" at $\approx 0.1 \mathrm{GeV}^{2}$ which is in good agreement with the MAID model. Finally, we'll note that the lowest three $Q^{2}$ points appear to indicate a much shallower slope for the GDH integral at low $Q^{2}$ than both the BChPT predictions and the MAID model at $Q^{2}=0$.


Figure 3.12: Preliminary Results for $g_{1}^{3}$ and $g_{2}^{3}$. (Provided by V. Sulkosky)


Figure 3.13: Preliminary Results for $(1-x) \sigma_{\mathrm{TT}}^{3} / \nu$. (Provided by V. Sulkosky)


Figure 3.14: Preliminary Results for $\bar{\Gamma}_{1}^{n} \& I_{A}^{n}$. (Provided by V. Sulkosky) The contribution due to the quasielastic tail has not been removed in the data presented in these plots.

### 3.6 E02013: GEN

### 3.6.1 Introduction

E02013 ("Measurement of the Neutron Electric Form Factor $G_{E}^{n}$ at High $Q^{2 \prime \prime}$ ) ran from February to May 2006. The double polarization method was used to measure the transverse asymmetry $A_{\text {trans }}$, which is directly related to ratio of the electric to magnetic form factor $G_{E}^{n} / G_{M}^{n}$. Combined with recent precision measurements [62] of $G_{M}^{n}$ over the same $Q^{2}$ range, the neutron electric form factor $G_{E}^{n}$ was extracted. Although complicated by relativistic effects, electromagnetic form factors of nucleons encode information about the spatial distribution of their charge and magnetization, see Sec. (2.3.4). At low $Q^{2}$, these distributions are indicative of a virtual pion cloud. At high $Q^{2}$, these distributions are attributable to quarks degrees of freedom. In this regime ( $Q^{2}>1 \mathrm{GeV}$ ), the ratio of the proton's electric to magnetic form factor drops linearly with increasing $Q^{2}$, see Fig. (2.4). This surprising observation may have intriguing implications about the spatial distributions of quarks withing in the nucleon.

Precise data free of significant nuclear effects \& model dependence for the neutron electric form factor are limited and, before this experiment, essentially no data existed above $Q^{2}=1.65 \mathrm{GeV}^{2}$, see Fig. 2.9. Towards that end, since the mid-90's, $G_{E}^{n}$ has been exclusively accessed via polarization observables from quasielastic scattering from deuterium and ${ }^{3} \mathrm{He}$ targets. Although limited in $Q^{2}$ range and statistics, these data seem to indicate that, unlike for the proton, $G_{E}^{n} / G_{M}^{n}$ increases linearly, see Fig. (2.8), and $\tau F_{2}^{n} / \kappa_{n}^{\star} F_{1}^{2}$ is constant for increasing $Q^{2}$, see Fig. (2.12). Our data doubled the $Q^{2}$ range of $G_{E}^{n}$ extracted from polarization observables and helped determine whether these trends continue, see Sec. (3.6.4).


Figure 3.15: Schematic of E02013. (Provided by S. Riordan)

We measured the semi-inclusive quasielastic scattering of polarized electrons from a polarized ${ }^{3} \mathrm{He}$ target. The scattered electron was detected in coincidence with the recoiling neutron, see Fig. 3.15. Data were taken for $Q^{2}$ values of 1.4, 1.7, $2.5, \& 3.4 \mathrm{GeV}^{2}$, see Tab. (3.9). Our data are a critical test of theoretical models can successfully reproduce the proton form factor ratio. In addition, our data provide important constraints to generalized parton distribution (GPD) models at high $Q^{2}$.

### 3.6.2 The Polarized He-3 Target

The target for this experiment was significantly different than the standard Hall A polarized ${ }^{3} \mathrm{He}$ target described in the previous section:

| $Q^{2}\left(\mathrm{GeV}^{2}\right)$ | $\mathbf{1 . 4}$ | $\mathbf{1 . 7}$ | $\mathbf{2 . 5}$ | $\mathbf{3 . 4}$ |
| :--- | :---: | :---: | :---: | :---: |
| kinematic | 1 | 4 | $2 \mathrm{a}, 2 \mathrm{~b}$ | $3 \mathrm{a}, 3 \mathrm{~b}$ |
|  |  |  | $03 / 09-03 / 21$ | $03 / 24-04 / 17$ |
| dates | $03 / 05-03 / 08$ | $05 / 03-05 / 12$ | $04 / 17-04 / 24$ | $04 / 24-05 / 03$ |
|  |  |  | dolly |  |
| cell | barbara | edna | edna | edna |
|  |  |  | 0.85 | 0.83 |
| $\left\langle P_{b}\right\rangle$ | $(0.85)$ | 0.85 | 0.45 | 0.48 |
| $\left\langle P_{t}\right\rangle$ | $(0.40)$ | 0.49 | 2.64 | 3.29 |
| $E(\mathrm{GeV})$ | 1.52 | 2.08 | 52 | 52 |
| $-\theta(\mathrm{deg})$ | 56 | 52 | 1.28 | 1.41 |
| $E^{\prime}(\mathrm{GeV})$ | 0.88 | 1.13 | 0.91 | 0.94 |
| $\beta_{n}$ | 0.80 | 0.87 | 28 | 25 |
| $-\theta_{n}(\mathrm{deg})$ | 36 | 33 | 11 | 11 |
| $d_{\mathrm{ND}}(\mathrm{m})$ | 8.2 | 8.2 |  |  |

Table 3.9: Nominal Experimental Parameters for E02013

1. To shield the target cell from fringe fields from Big Bite, the target cell was enclosed in a large iron box, see Fig. (3.16). The field inside the box was sufficiently uniform to maintain high target polarization and minimize any losses during an adiabatic fast passage (AFP) spin flip.
2. A second set of NMR coils was used to monitor the relative polarization in the pumping chamber. This helped minimize the uncertainty in the polarization gradient corrections between the two chambers, see Sec. 6.4.3.
3. The UNRAT optics system, see Sec. (??), in combination with 75 m armored optical fibers were used to deliver the optical pumping laser light to the target. This mitigated the need to install a shielded laser hut (saving much needed space in the Hall). In addition, this significantly reduced any possible optical pumping inefficiencies due to "skew" pumping, see Sec. 5.4.1.


Figure 3.16: Schematic of the Target for E02013. (Provided by A. Kelleher)
4. Alkali-hybrid SEOP, see Chp. (5), was used for the first time in a polarized ${ }^{3} \mathrm{He}$ target for electron scattering. This resulted in record high (at the time) inbeam target polarizations, see Fig. (3.17), that, in addition, were significantly higher than the proposal goal.
5. The target cell had a significantly larger pumping chamber which reduced the sensitivity to beam depolarization, see. (6.3).

The changes in the target were so successful that pumping chamber NMR coils, the UNRAT optics system, alkali-hybrid SEOP cells, and larger pumping chambers are all now part of the standard polarized ${ }^{3} \mathrm{He}$ target. Further details about the target and polarimetry can be found in $[63,64]$.

### 3.6.3 The "Detector"

Because $G_{E}^{n}$ is a naturally small quantity and nucleon elastic scattering cross sections drop off as $Q^{-12}(!)$, a very acceptance large electron spectrometer was re-


Figure 3.17: Target Polarization During E02013. (Provided by A. Kelleher)
quired to accumulate statistics at sufficiently high rate. To that end, a non-superconducting non-focusing dipole magnet called "Big Bite" was installed in Hall A. Big Bite has a combined momentum \& solid angle acceptance that is about 70 times larger than that for the HRS. It was outfitted with, see Fig. (3.18):

1. a set of three custom built multiwire drift chambers used for tracking.
2. a set of preshower \& shower counters for triggering the DAQ, particle identification, and coarse tracking.
3. a single scintillator plane used to obtain precise timing information necessary for forming a coincidence with the neutron detector.

Except for the first kinematic setting, Big Bite was kept at fixed position with respect to the target.

One additional criteria for being a "good" electron was required for this experiment: scattering quasielastically from a neutron. This was accomplished by tagging each electron scattering event measured in Big Bite with a coincident neutron event in a neutron detector. The main task of the neutron detector was to identify neutrons and determine their momentum via their time of flight. For each beam energy, the neutron detector had to be moved to a different location as prescribed by the kinematics. The distance between the target and the neutron detector was chosen to achieve a given timing resolution for the time of flight determination. The physical size (cross sectional area) of the detector was chosen to match the kinematic acceptance of Big Bite.

The neutron detector consisted of a pair scintillating layers in front of a set of seven alternating layers of converter material and scintillating material, see Fig. (3.18). A converter layer, composed of iron or lead, increased the probability that the neutron will create an electromagnetic shower. First, charged particles (protons) were distinguished from uncharged particles (neutrons and gammas) by their greater likelihood of producing a signal in surface layers of scintillators (the "veto" layer). Second, the time of flight (calculated by a timing signal from the Big Bite spectrometer and the signal from the inner scintillators of the neutron detector) was used to help distinguish neutrons from gammas.

### 3.6.4 Analysis \& Results

## Overview

Full details of the analysis can be found in [63-65]. The goal is to extract $G_{E}^{n}$ from the quasielastic transverse asymmetry $A_{\text {trans }}$ for polarized electron scattering from


Figure 3.18: Schematic of the Big Bite \& Neutron Detector. (Provided by A. Kelleher)
a polarized ${ }^{3} \mathrm{He}$ target. Using Eqns. (2.57), (2.128), \& 2.129), the physics asymmetry can be written as [66]:

$$
\begin{equation*}
A_{\mathrm{phys}}=A_{0}(\Lambda)\left\{\left[\hat{P}_{t} \cdot \hat{q}\right]\left(\frac{\left(E+E^{\prime}\right) \tan \left(\frac{\theta}{2}\right)}{2 M_{n}}\right)+\left[\hat{P}_{t} \cdot(\hat{n} \times \hat{q})\right] \Lambda\right\}=\sum_{n=0}^{\infty} T_{n} \Lambda^{n} \tag{3.33}
\end{equation*}
$$

where $\Lambda=G_{E}^{n} / G_{M}^{n}, A_{0}(\Lambda)$ is the "scale" asymmetry that depends on $\Lambda \&$ is defined by Eqn. (2.130), and the vectors are defined in Secs. (2.1.3) \& (2.3.3). The experiment was designed such that $\hat{P}_{t} \cdot(\hat{n} \times \hat{q}) \gg \hat{P}_{t} \cdot \hat{q} \approx 0$, which makes $A_{\text {phys }} \approx A_{\text {trans }}$. Since $\Lambda$ is small, $A_{0}(\Lambda)$ is Taylor expanded about $\Lambda=0$, and, multiplying everything out, yields the "polynomial sum" in Eqn. (3.33), where the expansion coefficients $T_{n}$ are given by:

$$
\begin{align*}
T_{2 n} & =-\left[\hat{P}_{t} \cdot \hat{q}\right] \sqrt{1-\varepsilon^{2}}\left(-\frac{\varepsilon}{\tau}\right)^{n}  \tag{3.34}\\
T_{2 n+1} & =-\left[\hat{P}_{t} \cdot(\hat{n} \times \hat{q})\right] \sqrt{\frac{2 \varepsilon(1-\varepsilon)}{\tau}}\left(-\frac{\varepsilon}{\tau}\right)^{n} \tag{3.35}
\end{align*}
$$

The ratio $\Lambda=G_{E}^{n} / G_{M}^{n}$ was solved for numerically using the polynomial sum truncated at fifth order in $\Lambda$. Finally, $G_{E}^{n}$ was extracted by multiplying $\Lambda$ by $G_{M}^{n}$ from a recent precision measurement from Hall B at JLab [62]. We'll now describe these steps in more detail.

## "Good" Electron Selection

Tracking information from Big Bite identifies negatively charged particles scattered from the target and determines the 4 -momentum transfer $q$. Cuts on the energy deposited in preshower \& shower separates electrons from pions. The timing information from the scintillator in Big Bite combined with the signal from the Neutron Detector creates a coincidence signal and determines the momentum of the scattered nucleon $p_{n}$ via time of flight. Quasielastic neutron events are distinguished from inelastic events by a cut on the invariant mass $W=\sqrt{M_{n}^{2}+2 M_{n} \nu-Q^{2}} \approx M_{n}$ and a coincidence signal from the neutron detector. Cuts on the missing mass $W^{\prime}=$ $\sqrt{\left(P_{3}+q-p_{n}\right)^{2}}$, where $P_{3}=\left(M_{3}, \overrightarrow{0}\right)$ is the initial momentum of the ${ }^{3} \mathrm{He}$ nucleus with mass $M_{3}$, help eliminate the pion electroproduction events.

The missing momentum $\left(\vec{q}-\vec{p}_{n}\right)$ is a measure of the the neutron momentum within the ${ }^{3} \mathrm{He}$ nucleus before scattering. Scattering from neutrons with low initial momenta are considered quasi-free. Therefore cuts are placed on the missing momentum to selects these events. This cut minimizes the effect of final state interactions (FSI) due to scattering of the struck nucleon from the spectator nucleons. In addition, this cut preferentially selects neutrons in the $S$ basis state of the ${ }^{3} \mathrm{He}$ ground state wavefunction, which modifies the calculation of the effective neutron polarization $P_{n}$ inside the ${ }^{3} \mathrm{He}$ nucleus presented in Sec. (3.1).

## Extracting $A_{\text {phys }}$

The raw asymmetry is formed from events $N^{ \pm}$that survive these cuts and is related to the physics asymmetry by:

$$
\begin{equation*}
A_{\mathrm{raw}}=\frac{N^{+}-N^{-}}{N^{+}+N^{-}}=D_{\mathrm{N}_{2}} D_{B} D_{p} D_{\mathrm{FSI}} P_{b} P_{t} P_{n} A_{\mathrm{phys}}+A_{\mathrm{N}_{2}}^{\prime}+A_{B}^{\prime}+A_{p}^{\prime}+A_{\mathrm{other}}^{\prime} \tag{3.36}
\end{equation*}
$$

where $D_{\mathrm{N}_{2}, B, p, \text { FSI }} \& A_{\mathrm{N}_{2}, B, p, \text { FSI }}^{\prime}$ are the dilution factors \& "apparent asymmetries" due to $\mathrm{N}_{2}$ in the target cell, background, protons, \& final state interactions/other sources and $P_{b, t, n}$ are the beam, ${ }^{3} \mathrm{He}$, and effective neutron polarizations. The apparent asymmetries are defined by $A_{X}^{\prime}=\left(N_{X}^{+}-N_{X}^{-}\right) /\left(N^{+}+N^{-}\right)$, where $N_{X}^{ \pm}$are events due to $X$ that survived past the cuts. The dilution and apparent asymmetry due to the background is measured using a subset of the data selected by an "inverse" cut on the time of flight. The dilution due to nitrogen is measured using a reference cell with $\mathrm{N}_{2}$, while the apparent asymmetry is taken to be 0 . Corrections, $D_{p} \& A_{p}^{\prime}$, due to the possible misidentification of protons as neutrons are calculated using a Monte Carlo simulation and cross-checked by comparing yields from different nuclear targets. The correction, $D_{\mathrm{FSI}}$, due to final state interactions (already suppressed by a cut on the missing momentum) are calculated from theory.

## Extracting $G_{E}^{n}$

The scattering angle of the electron varies over the acceptance of the Big Bite spectrometer. Therefore, $A_{\text {phys }}$ is really a "kinematic weighted average" over the acceptance of Big Bite [66]:

$$
\begin{equation*}
A_{\mathrm{phys}}=\sum_{n=0}^{\infty}\left\langle T_{n} \Lambda\right\rangle_{\mathrm{BB}} \approx \sum_{n=0}^{5}\left\langle T_{n}\right\rangle_{\mathrm{BB}}\langle\Lambda\rangle_{Q^{2}}^{n} \tag{3.37}
\end{equation*}
$$

where $\langle\cdots\rangle_{\text {Bв }}$ refers to the average over the acceptance of Big Bite. By assuming that $\Lambda$ varies linearly with $Q^{2}$ across the acceptance, we can calculate acceptance averaged expansion coefficients $\left\langle T_{n}\right\rangle_{\text {BB }}$ using a Monte Carlo simulation. Furthermore, $\langle\Lambda\rangle_{Q^{2}}$ can be interpreted as the neutron form factor ratio at an average $\left\langle Q^{2}\right\rangle$ given by $\left\langle T_{1} Q^{2}\right\rangle_{\mathrm{BB}} /\left\langle T_{1}\right\rangle_{\mathrm{BB}}$. The ratio $\langle\Lambda\rangle_{Q^{2}}$ can be solved for numerically by truncating the polynomial sum at fifth order $n=5$. Finally, $G_{E}^{n}\left(Q^{2}\right)$ is obtained by $\langle\Lambda\rangle_{Q^{2}} G_{M}^{n}\left(Q^{2}\right)$.

## Near Final Results \& Discussion

Near final results are depicted for the $Q^{2}=1.7,2.5, \& 3.4 \mathrm{GeV}$ points in Fig. (3.19). The E02013 data has nearly the doubled $Q^{2}$ range over which $G_{E}^{n}$ has been measured. The pQCD scaling with two different values for the "soft scale" parameter $\Lambda$ do not describe the high $Q^{2}$ data of this experiment very well. The relativistic constitutent quark model and the vector meson domiinace model depicted in the plot are all within one sigma of the data, but consistently overestimate the measured values. The calculation using a solution to the Dyson-Schwinger Equations (i.e. the diquark model) appears to describe the data the best. Finally, although the highest $Q^{2}$ measurement before this experiment ( $Q^{2} \approx 1.4 \mathrm{GeV}^{2}$ ) appears to be quite higher than the lowest $Q^{2}$ point for this experiment $\left(Q^{2} \approx 1.7 \mathrm{GeV}^{2}\right)$, the difference between these two measurements is not statistically significant.


Figure 3.19: Ratio of $G_{E}^{n}$ to $G_{M}^{n}$ with near final Results for E02013. (Provided by S. Riordan) Red triangles are the data from E02013. The other data are the same as discussed in Sec. (2.3.4) and shown in Fig. (2.8). The $F_{2} / F_{1}$ ratios are calculations from pQCD [67], see Sec. (2.3.5). RCQM is the prediction from Miller's relativisitic constituent quark model [68], see Sec. (2.3.5). GPD is a parameterization of generalized parton distributions from prior nucleon form factor data [69,70], see Sec. (2.3.5). VMD is the generalized vector meson dominance model of Lomon [71,72], see Sec. (2.3.5). Fadeev \& DSE is the prediction from a solution to the Dyson-Schwinger Equations [73], see Sec. (2.3.5.

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## Chapter 4

## ${ }^{3} \mathrm{He}$ Polarimetry

The ${ }^{3} \mathrm{He}$ polarization can be measured using two independent techniques. The first is Nuclear Magnetic Resonance (NMR) technique of Adiabatic Fast Passage (AFP). The second, referred to as "EPR", is the Electron Paramagnetic Resonance (EPR) frequency shift polarimetry. NMR is a relative polarization monitor that can be calibrated using a signal from a sample of water or by comparison to EPR. We'll describe how to perform these measurements and how to extract ${ }^{3} \mathrm{He}$ polarization from them. In addition, we'll describe a potentially large systematic error for EPR due to the AC Zeeman Effect. The water NMR signal and the EPR frequency shift can both be used to determine the sign of the ${ }^{3} \mathrm{He}$ polarization relative to the holding field. Finally, we'll describe the polarimetry analysis for E97110 (Small Angle GDH).

### 4.1 Introduction

The ${ }^{3} \mathrm{He}$ polarization is obtained by measuring the effect of the magnetic field $\vec{B}_{\mathrm{He}}$ produced by the polarized ${ }^{3} \mathrm{He}$ gas in the cell. This magnetic field depends on the geometry of the cell and the location $\vec{r}$ of the measurement by [1]:

$$
\begin{equation*}
\vec{B}_{\mathrm{He}}(\vec{r}, t)=\vec{\nabla} \times \vec{A}(\vec{r}, t) \quad \vec{A}(\vec{r}, t)=\frac{\mu_{0}}{4 \pi} \int \frac{\vec{M}(\vec{u}, t) \times(\vec{r}-\vec{u})}{|\vec{r}-\vec{u}|^{3}} d^{3} u \tag{4.1}
\end{equation*}
$$

where $\vec{A}(\vec{r}, t)$ is the magnetic vector potential of the polarized ${ }^{3} \mathrm{He}$ gas, $t$ is time, $\mu_{0}$ is magnetic permeability of free space (i.e. the relative magnetic permeability of air and glass is essentially unity), $\vec{M}(\vec{u}, t)$ is the magnetization of the polarized ${ }^{3} \mathrm{He}$ gas at a location $\vec{u}$, and the integral is performed over the inner volume of the cell. The magnetization is defined as the average magnetic moment per unit volume:

$$
\begin{equation*}
\vec{M}(\vec{u}, t)=\langle\vec{\mu}(\vec{u}, t)\rangle n(\vec{u}, t) \tag{4.2}
\end{equation*}
$$

where $n$ is local ${ }^{3} \mathrm{He}$ number density and $\langle\vec{\mu}\rangle$ is the combined statistical \& quantum mechanical expectation value of the ${ }^{3} \mathrm{He}$ magnetic dipole moment:

$$
\begin{equation*}
\langle\vec{\mu}(\vec{u}, t)\rangle=g \mu_{N}\langle\vec{S}(\vec{u}, t)\rangle=\frac{g \mu_{N}}{2} P_{\mathrm{He}} \vec{p}(\vec{u}, t) \tag{4.3}
\end{equation*}
$$

where $g$ is the ${ }^{3} \mathrm{He} g$-factor in units of the nuclear magneton $\mu_{\mathrm{N}}, \vec{S}$ is the spin- $1 / 2$ vector operator, $P_{\mathrm{He}}$ is the ${ }^{3} \mathrm{He}$ polarization, and $\vec{p}$ is the polarization vector. Because $B_{\mathrm{He}}$ is so small (on order of mG under our typical conditions), a technique called "Adiabatic Fast Passage" (AFP) is used to isolate $\vec{B}_{\mathrm{He}}$ from larger surrounding fields by reversing the sign of $\hat{B}_{\mathrm{He}}$ (i.e. "flipping the spins"). The time depen-
dence of this spin-flip process is encoded in the polarization vector which will be calculated in the next section.

### 4.2 Adiabatic Fast Passage of the Polarization Vector

Both NMR \& EPR make use of AFP to rotate the polarization vector (i.e. flip the spins) of the ${ }^{3} \mathrm{He}$ nuclei with a relatively small loss of polarization. In this section, the motion of the polarization vector will be calculated quantum mechanically. The Hamiltonian for a spin-1/2 particle in a longitudinal ( $\hat{z}$ ) "holding" field with magnitude $B$ and a transverse $(\hat{y}) \mathrm{RF}$ (radiofrequency) field with magnitude $2 B_{1} \&$ frequency $\omega_{\mathrm{rf}}$ is:

$$
\begin{equation*}
\mathcal{H}=-g \mu_{N} \vec{S} \cdot\left[B \hat{z}+2 B_{1} \cos \left(\omega_{\mathrm{rf}} t\right) \hat{y}\right]=-s \hbar\left[\left(\omega_{\mathrm{rf}}+\Delta\right) S_{z}+2 \omega_{1} \cos \left(\omega_{\mathrm{rf}} t\right) S_{y}\right] \tag{4.4}
\end{equation*}
$$

where $s$ is the sign of the particle's magnetic moment $(s=g /|g|)$ and:

$$
\begin{equation*}
\Delta=|\gamma| B-\omega_{\mathrm{rf}} \quad \omega_{1}=|\gamma| B_{1} \quad \omega_{0}=|\gamma| B_{0} \quad \gamma=\frac{g \mu_{N}}{\hbar} \tag{4.5}
\end{equation*}
$$

where $\Delta$ is the "detuning", $B_{0} \& \omega_{0}$ are the field $\&$ frequency at which $\Delta=0$, and $\gamma$ is the particle's gyromagnetic ratio. We can represent the general spin state $\Psi$ of the particle in the $\{| \pm\rangle\}$ basis as:

$$
\begin{equation*}
|\Psi\rangle=a(t) \exp \left[+\frac{i s\left(\omega_{\mathrm{rf}}+\Delta\right) t}{2}\right]|+\rangle+b(t) \exp \left[-\frac{i s\left(\omega_{\mathrm{rf}}+\Delta\right) t}{2}\right]|-\rangle \tag{4.6}
\end{equation*}
$$

Plugging this into Schrodinger's equation, $i \hbar \partial|\Psi\rangle / \partial t=\mathcal{H}|\Psi\rangle$, results in two coupled differential equations for the coefficients $a \& b$ :

$$
\begin{align*}
& \frac{d a}{d t}=\dot{a}=+\frac{s b \omega_{1}}{2}\left(1+\exp \left[-s i 2 \omega_{\mathrm{rf}} t\right]\right) \exp [-i s \Delta t]  \tag{4.7}\\
& \frac{d b}{d t}=\dot{b}=-\frac{s a \omega_{1}}{2}\left(1+\exp \left[+\operatorname{si2} \omega_{\mathrm{rf}} t\right]\right) \exp [+i s \Delta t] \tag{4.8}
\end{align*}
$$

We'll now make the time honored "rotating wave approximation" (RWA) [2] and simply drop the term occurring at a frequency $2 \omega_{\mathrm{rf}}$ :

$$
\begin{equation*}
\dot{a}=+\frac{s b \omega_{1}}{2} \exp [-i s \Delta t] \quad \dot{b}=-\frac{s a \omega_{1}}{2} \exp [+i s \Delta t] \tag{4.9}
\end{equation*}
$$

Note that this term does have a small effect: (1) The main resonance is shifted to $\omega_{0}\left(1+\frac{\omega_{1}^{2}}{4 \omega_{0}^{2}}+\cdots\right)$ (i.e. the "Bloch-Siegert" shift [3]) and (2) There are, in general, resonances at frequencies $\omega_{n}=\frac{\omega_{0}}{2 n+1}$ where $n \geq 0$ [4]. However, all resonances for $n \neq 0$ are very weak under our conditions. Solving the equation for $d a / d t$ in Eqn. (4.9) for $b$, differentiating with respect to $t$, and plugging in the equation for $d b / d t$ gives:

$$
\begin{equation*}
\ddot{a}+i s \Delta \dot{a}+\frac{\omega_{1}^{2}}{4} a=0 \tag{4.10}
\end{equation*}
$$

This is solved straightforwardly using the substitution $a=e^{i \lambda t}$ :

$$
\begin{equation*}
\lambda=\frac{-s \Delta \pm \Omega}{2} \quad \Omega=\sqrt{\Delta^{2}+\omega_{1}^{2}} \tag{4.11}
\end{equation*}
$$

where $\Omega$ is the venerable Rabi frequency [5]. Note that the RWA is valid only for $\Omega \ll 2 \omega_{\mathrm{rf}}$. After enforcing unit normalization $(\langle\Psi \mid \Psi\rangle=1$ ), the general solution
for $\Psi$ in the $\{| \pm\rangle\}$ basis can be written as:

$$
\begin{align*}
|\Psi\rangle & =A(t) \exp \left[+i s \frac{\omega_{\mathrm{rf}}}{2} t\right]|+\rangle+B(t) \exp \left[-i s \frac{\omega_{\mathrm{rf}}}{2} t\right]|-\rangle  \tag{4.12}\\
A(t) & =a_{1} \exp \left[+i \frac{\Omega}{2} t\right]+\left|a_{2}\right| \exp \left[-i \frac{\Omega}{2} t-i \phi\right]  \tag{4.13}\\
B(t) & =i a_{1} \sqrt{\frac{1-s \frac{\Delta}{\Omega}}{1+s \frac{\Delta}{\Omega}}} \exp \left[+i \frac{\Omega}{2} t\right]-i\left|a_{2}\right| \sqrt{\frac{1+s \frac{\Delta}{\Omega}}{1-s \frac{\Delta}{\Omega}}} \exp \left[-i \frac{\Omega}{2} t-i \phi\right]  \tag{4.14}\\
\left|a_{2}\right|^{2} & =\frac{1}{2}\left[1-s \frac{\Delta}{\Omega}\right]-a_{1}^{2}\left[\frac{1-s \frac{\Delta}{\Omega}}{1+s \frac{\Delta}{\Omega}}\right] \tag{4.15}
\end{align*}
$$

where the real constants $a_{1} \& \phi$ are specified by initial conditions. The components of the expectation value of $\langle\Psi| \vec{S}|\Psi\rangle$ are:

$$
\begin{align*}
\left\langle S_{x}\right\rangle= & -s a_{1}\left|a_{2}\right|\left\{\left[\frac{\Omega+s \Delta}{\omega_{1}}\right] \sin \left(s \omega_{\mathrm{rf}} t+\Omega t+\phi\right)-\left[\frac{\Omega-s \Delta}{\omega_{1}}\right] \sin \left(s \omega_{\mathrm{rf}} t-\Omega t-\phi\right)\right\} \\
& +s\left[2\left|a_{1}\right|^{2}\left(\frac{\Omega-s \Delta}{\omega_{1}}\right)-\frac{\omega_{1}}{2 \Omega}\right] \sin \left(s \omega_{\mathrm{rf}} t\right)  \tag{4.16}\\
\left\langle S_{y}\right\rangle= & -s a_{1}\left|a_{2}\right|\left\{\left[\frac{\Omega+s \Delta}{\omega_{1}}\right] \cos \left(s \omega_{\mathrm{rf}} t+\Omega t+\phi\right)-\left[\frac{\Omega-s \Delta}{\omega_{1}}\right] \cos \left(s \omega_{\mathrm{rf}} t-\Omega t-\phi\right)\right\} \\
& +s\left[2\left|a_{1}\right|^{2}\left(\frac{\Omega-s \Delta}{\omega_{1}}\right)-\frac{\omega_{1}}{2 \Omega}\right] \cos \left(s \omega_{\mathrm{rf}} t\right)  \tag{4.17}\\
\left\langle S_{z}\right\rangle= & \frac{s \Delta}{2 \Omega}\left[\frac{4\left|a_{1}\right|^{2}}{1+s \frac{\Delta}{\Omega}}-1\right]+2 a_{1}\left|a_{2}\right| \cos (\Omega t+\phi) \tag{4.18}
\end{align*}
$$

We'll specify the initial condition that, when the detuning is large $\left(|\Delta| \gg \omega_{1}\right),\left|\Psi_{0}\right\rangle=$


$$
\left\{\begin{array}{l}
a_{1}=\frac{1}{2}\left[1+s \frac{\Delta}{\Omega}\right]  \tag{4.19}\\
a_{2}=0
\end{array}\right\} \text { for } s \Delta>0 \quad\left\{\begin{array}{l}
a_{1}=0 \\
a_{2}=\frac{1}{2}\left[1-s \frac{\Delta}{\Omega}\right]
\end{array}\right\} \text { for } s \Delta<0
$$

If the fraction of particles with the initial condition $\left|\Psi_{0}\right\rangle=| \pm\rangle$ is given by $f_{\Psi_{0}}=$ $\left(1 \pm P_{\mathrm{He}}\right) / 2$, then the statistical average of the expectation value of $\vec{S}$ is given by:

$$
\begin{equation*}
\langle\vec{S}\rangle=\sum_{\Psi_{0}} f_{\Psi_{0}}\langle\vec{S}\rangle_{\Psi_{0}}=\left(\frac{1+P_{\mathrm{He}}}{2}\right)\langle\vec{S}\rangle_{+}+\left(\frac{1-P_{\mathrm{He}}}{2}\right)\langle\vec{S}\rangle_{-}=\frac{P_{\mathrm{He}}}{2} \vec{p} \tag{4.20}
\end{equation*}
$$

where the polarization vector is given by:

$$
\begin{equation*}
\vec{p}=s[\left(\frac{\omega_{1}}{\Omega}\right)\{\underbrace{\hat{x} \sin \left(s \omega_{\mathrm{rf}} t\right)+\hat{y} \cos \left(s \omega_{\mathrm{rf}} t\right)}_{\hat{y}_{\mathrm{rot}}}\}+\frac{\Delta}{\Omega} \hat{z}]=s\left[\left(\frac{\omega_{1}}{\Omega}\right) \hat{y}_{\mathrm{rot}}+\frac{\Delta}{\Omega} \hat{z}\right] \tag{4.21}
\end{equation*}
$$

In the reference frame rotating at a frequency $-s \omega_{\mathrm{rf}}$ about the axis $\hat{z}$ defined by holding field, the bracketed term $\hat{y}_{\text {rot }}$ is the unit vector in the transverse direction to $\hat{z}$. In this "rotating" frame, the polarization vector $\vec{p}$ is parallel to an effective field given by:

$$
\begin{equation*}
\vec{B}_{\mathrm{eff}}=\frac{\omega_{1} \hat{y}_{\mathrm{rot}}+\Delta \hat{z}}{|\gamma|}=\frac{\vec{\Omega}}{|\gamma|} \rightarrow \vec{p}=s \frac{\vec{\Omega}}{\Omega}=s \hat{B}_{\mathrm{eff}} \tag{4.22}
\end{equation*}
$$

If the detuning $\Delta$ is varied slow enough, then $\vec{p}$ will follow adiabatically (i.e. stay aligned) with $\vec{B}_{\text {eff, }}$, see Fig. 4.1. At the "resonance" condition $\Delta=0$, the polarization vector is aligned with the RF field transverse to the holding field.

The detuning $\Delta$ is swept by ramping either the holding field $B$ or the RF frequency $\omega_{\mathrm{rf}}$. The rate of change of $\Delta$ is considered "slow" if the fractional change in $\Omega$ over one period of $\Omega$ is very small:

$$
\begin{equation*}
\delta_{A} \equiv(\text { fractional change in } \Omega) \times(\text { one period of } \Omega)=\left|\frac{1}{\Omega} \frac{\partial \Omega}{\partial t}\right|\left(\frac{2 \pi}{\Omega}\right) \ll 1 \tag{4.23}
\end{equation*}
$$

This condition is most severely tested for the maximum value of $\delta_{A}$ and, assuming
a linear sweep of $\Delta$, it is given by:

$$
\begin{equation*}
\delta_{A} \leq \frac{4 \pi}{\omega_{1} \sqrt{27}}\left|\frac{\dot{\Delta}}{\omega_{1}}\right| \quad \dot{\Delta}=|\gamma| \frac{d B}{d t}-\frac{d \omega_{\mathrm{rf}}}{d t} \tag{4.24}
\end{equation*}
$$

Therefore, $\delta_{A} \ll 1$ is "adiabatic" condition. In this section, we've ignored the effect of relaxation, which will be described more fully in Sec. (4.3.4, which provides a lower limit on the rate of change:

$$
\begin{equation*}
\delta_{F} \equiv \text { polarization loss }=(\text { relaxation rate }) \times(\text { time scale of relaxation }) \ll 1 \tag{4.25}
\end{equation*}
$$

This condition is most severely tested for ${ }^{3} \mathrm{He}$ near resonance:

$$
\begin{equation*}
\delta_{F} \leq \frac{1}{T_{2}}\left|\frac{\omega_{1}}{\dot{\Delta}}\right|=\frac{D}{B_{1}^{2}}\left(\frac{\partial B}{\partial z}\right)^{2}\left|\frac{\omega_{1}}{\dot{\Delta}}\right| \tag{4.26}
\end{equation*}
$$

where $T_{2}$ is the transverse relaxation rate, $D$ is the ${ }^{3} \mathrm{He}$ diffusion coefficient, and we've assumed that the dominant ${ }^{3} \mathrm{He}$ relaxation mechanism at resonance is due to longitudinal magnetic field gradients [6-9], see Fig. (4.5). In summary, the rate of change of the effective field must be slow enough for the spins to follow adiabatically and fast enough to avoid polarization loss near resonance:

$$
\begin{equation*}
\delta_{F} \ll 1 \ll \frac{1}{\delta_{A}} \rightarrow \frac{D}{B_{1}^{2}}\left(\frac{\partial B}{\partial z}\right)^{2} \ll\left|\frac{\dot{B}}{B_{1}}-\frac{\dot{\omega}_{\mathrm{rf}}}{\omega_{1}}\right| \ll \frac{\omega_{1} \sqrt{27}}{4 \pi} \tag{4.27}
\end{equation*}
$$

where $\dot{\omega}_{\mathrm{rf}}=0(\dot{B}=0)$ for field (frequency) sweep AFP. Under our typical conditions for ${ }^{3} \mathrm{He}, \dot{B} \approx 1 \mathrm{G} / \mathrm{s}, 2 B_{1} \approx 100 \mathrm{mG}, D \approx 0.2 \mathrm{~cm}^{2} / \mathrm{s}, \& \partial B / \partial z=10 \mathrm{mG} / \mathrm{cm}$, the AFP conditions are well satisfied $(0.0004 \ll 1 \ll 20)$.

## Rotating Frame









Lab Frame


Figure 4.1: Adiabatic Fast Passage of SEOP Polarized ${ }^{3} \mathrm{He}$ Spins in the Rotating \& Lab Frames. The thick red (thin black) arrow is the polarization vector (effective field) in the rotating and lab frames. In the lab frame, the polarization vector is precessing about the holding field at a RF frequency $\omega_{\mathrm{rf}}$.

### 4.3 NMR

According to Eqn. (4.21), the components of the polarization vector that are perpendicular to the holding field oscillate in time with a frequency of $\omega_{\mathrm{rf}}$. This motion of the spins results in an oscillating magnetic field due to the polarized ${ }^{3}$ He gas, see Fig. 4.1). In the NMR technique [4,10], a set of appropriately oriented "pickup" coils are placed near the cell. The oscillating $\vec{B}_{\mathrm{He}}$ induces a small oscillating voltage in these pickup coils, which is then amplified by a lock-in amplifier referenced to $\omega_{\mathrm{rf}}$. Away from resonance $|\Delta| \gg \omega_{1}$, the induced voltage is small, while, near resonance $|\Delta| \approx 0$, the induced voltage is large. In the following sections, we will derive the lineshape (voltage measured by the lock-in as a function of time) of the NMR signal as the detuning $\Delta$ is swept linearly. The equations that follow are equally valid for both field and frequency sweep AFP.

### 4.3.1 Pickup Coil Voltage

The voltage $\mathcal{V}$ induced in the pickup coils by the flipping spins is given by Faraday's Law [11]:

$$
\begin{equation*}
\mathcal{V}(t)=-\frac{d}{d t} \int \vec{B}_{\mathrm{He}}(\vec{r}, t) \cdot d \vec{a} \tag{4.28}
\end{equation*}
$$

where $d \vec{a}$ infinitesimal area vector on the surface of the pickup coil. By representing the field as the magnetic vector potential and applying Stokes's Theorem, the flux integral over the area of the coils can be reduced to an integral around the path of the coils [12-14]:

$$
\begin{equation*}
\int \vec{B}_{\mathrm{He}}(\vec{r}, t) \cdot d \vec{a}=\int(\nabla \times \vec{A}(\vec{r}, t)) \cdot d \vec{a}=\oint \vec{A}(\vec{r}, t) \cdot d \vec{l} \tag{4.29}
\end{equation*}
$$

which gives:

$$
\begin{equation*}
\mathcal{V}=-\frac{\mu_{0}}{4 \pi} \int \oint \frac{d \vec{M}(\vec{u}, t)}{d t} \times\left[\frac{\vec{r}-\vec{u}}{|\vec{r}-\vec{u}|^{3}}\right] \cdot d \vec{l} d^{3} u \tag{4.30}
\end{equation*}
$$

where $\vec{u}$ is the displacement vector from the origin to the infinitesimal volume element $d^{3} u$ inside the cell and $\vec{r}$ is the displacement vector from the origin to the infinitesimal line element $d \vec{l}$ of the pickup coil.

The total time derivative of some vector $\vec{V}$ in the lab frame is related to its time derivative in the rotating frame by:

$$
\begin{equation*}
\left[\frac{d \vec{V}}{d t}\right]_{\mathrm{lab}}=\left[\frac{\partial \vec{V}}{\partial t}\right]_{\mathrm{rot}}+\left[\left(\vec{\omega}+t \frac{d \vec{\omega}}{d t}\right) \times \vec{V}\right]_{\mathrm{rot}} \tag{4.31}
\end{equation*}
$$

where $\vec{\omega}$ is the possibly time varying angular velocity of the rotating frame relative to the lab frame. The $d \omega / d t$ term is sometimes referred to as the "Euler force" term [15] and it can neglected if the relative change in $\omega$ is small over the time scale during which the vector $\vec{V}$ is changing the most. In our case, this occurs for the magnetization vector during the time $t_{0} \approx \omega_{1} /|\dot{\Delta}|$ near resonance, and with $\omega=-s \omega_{\mathrm{rf}}$, we find:

$$
\begin{equation*}
\delta_{R} \equiv\left|\frac{1}{\omega} \frac{\partial \omega}{\partial t}\left(\frac{|\Delta \vec{V}|}{|d \vec{V} / d t|}\right)\right|=\left(\frac{\dot{\omega}_{\mathrm{rf}}}{\omega_{\mathrm{rf}}}\right)\left(\frac{\omega_{1}}{|\dot{\Delta}|}\right) \ll 1 \tag{4.32}
\end{equation*}
$$

This is easily satisfied under our conditions because $\omega_{1} \ll \omega_{\mathrm{rf}}$ and we'll simply ignore the Euler force $\left(\dot{\omega}_{\mathrm{rf}}\right)$ terms going forward. Using the components ( $p_{x}, p_{y}, p_{z}$ ) of the polarization vector in the rotating frame, we find that the time derivative of the polarization vector in the lab frame is:

$$
\begin{equation*}
\left[\frac{d \vec{p}}{d t}\right]_{\mathrm{lab}}=\left(\frac{d p_{x}}{d t}\right) \hat{x}_{\mathrm{rot}}+\left(\frac{d p_{y}}{d t}\right) \hat{y}_{\mathrm{rot}}+\left(\frac{d p_{z}}{d t}\right) \hat{z}-s \omega_{\mathrm{rf}} \hat{z} \times \vec{p} \tag{4.33}
\end{equation*}
$$

which gives the total time derivative of the magnetization vector in the lab frame:

$$
\begin{equation*}
\left[\frac{d \vec{M}}{d t}\right]_{\mathrm{lab}}=\left[\frac{g \mu_{N} P_{\mathrm{He}} \eta}{2}\right]\left[\frac{\omega_{1}}{\Omega}\right]\left[\omega_{\mathrm{rf}} \hat{x}_{\mathrm{rot}}-s \frac{\dot{\Omega}}{\Omega} \hat{y}_{\mathrm{rot}}+s \frac{\dot{\Delta} \omega_{1}}{\Omega^{2}} \hat{z}\right] \tag{4.34}
\end{equation*}
$$

where $\hat{x}_{\text {rot }}$ is given by:

$$
\begin{equation*}
\hat{x}_{\mathrm{rot}}=\left(\frac{s}{\omega_{\mathrm{rf}}}\right) \frac{d \hat{y}_{\mathrm{rot}}}{d t}=\hat{y}_{\mathrm{rot}} \times \hat{z}=\hat{x} \cos \left(s \omega_{\mathrm{rf}} t\right)-\hat{y} \sin \left(s \omega_{\mathrm{rf}} t\right) \tag{4.35}
\end{equation*}
$$

The terms related to $\hat{y}_{\text {rot }}$ and $\hat{z}$ are negligible when the RWA and adiabatic condition are valid (i.e. under our conditions):

$$
\begin{equation*}
\left|-s \frac{\dot{\Omega}}{\Omega}\right| \ll \frac{\Omega}{2 \pi} \ll \frac{\omega_{\mathrm{rf}}}{\pi}<\omega_{\mathrm{rf}} \quad\left|s \frac{\dot{\Delta} \omega_{1}}{\Omega^{2}}\right| \leq \frac{|\dot{\Delta}|}{\omega_{1}} \ll \frac{\omega_{1} \sqrt{27}}{4 \pi} \ll \omega_{\mathrm{rf}} \tag{4.36}
\end{equation*}
$$

Dropping these small terms, we can the write the induced voltage as:

$$
\begin{equation*}
\mathcal{V}=-\mathcal{V}_{x} \cos \left(\omega_{\mathrm{rf}} t\right)+s \mathcal{V}_{y} \sin \left(\omega_{\mathrm{rf}} t\right) \tag{4.37}
\end{equation*}
$$

where $\mathcal{V}_{N}$ is defined as:

$$
\begin{equation*}
\mathcal{V}_{N}=\left[\frac{\mu_{0} g \mu_{N} \omega_{\mathrm{rf}}}{8 \pi}\right] \int \oint P_{\mathrm{He}}(\vec{u}) n(\vec{u})\left(\frac{\omega_{1}(\vec{u})}{\Omega(\vec{u})}\right) \hat{N}(\vec{u}) \times\left[\frac{\vec{r}-\vec{u}}{|\vec{r}-\vec{u}|^{3}}\right] \cdot d \vec{l} d^{3} u \tag{4.38}
\end{equation*}
$$

where we've explicitly written out the position dependence of $P_{\mathrm{He}}, n, \omega_{1}, \& \Omega$ and assumed that $P_{\mathrm{He}} \& n$ do not change much during the measurement.

### 4.3.2 The Flux Factor

Any spatial gradients in the ${ }^{3} \mathrm{He}$ polarization $P_{\mathrm{He},}{ }^{3} \mathrm{He}$ density $n$, the RF field $\vec{B}_{1}$, and the holding field $\vec{B}$ are folded into the integral. Gradients in the magnitude of $B_{1}$ and $B$ affect the shape, height, and resonance location of $\omega_{1} / \Omega$. Gradients in the pointing of the RF \& holding fields affect the pointing of $\hat{x}_{\text {rot }}$. Because these gradients are expected to be small, we'll parametrize their effect by two unitless quantities $f(\vec{u})$ and $G_{\nabla}^{n}$, which are equal to unity in the absence of all gradients.

First, a possible polarization and/or density gradient will be contained in the function $f(\vec{u})$ :

$$
\begin{equation*}
P_{\mathrm{He}}(\vec{u}) n(\vec{u})=\left\langle P_{\mathrm{He}}\right\rangle_{V}\langle n\rangle_{V} f(\vec{u}) \quad \int f(\vec{u}) \frac{d^{3} u}{V}=1 \tag{4.39}
\end{equation*}
$$

where the brackets $\langle\cdots\rangle_{V}$ refer to the average over a region with volume $V$. Second, the effect due to magnetic field gradients can considered by expanding both the lineshape $\omega_{1} / \Omega$ and unit vector $\hat{N}$ about the center $\vec{u}_{0}$ of the region that contains the spins:

$$
\begin{align*}
{\left[\frac{\omega_{1}}{\Omega}\right]_{\vec{u}, t} } & =\left[\frac{\omega_{1}}{\Omega}\right]_{\vec{u}_{0}, t}+\left(\vec{u}-\vec{u}_{0}\right) \cdot\left[\vec{\nabla} \frac{\omega_{1}}{\Omega}\right]_{\vec{u}_{0}, t} \ldots \\
& =\left[\frac{\omega_{1}}{\Omega}\right]_{\vec{u}_{0}, t}+\left(\vec{u}-\vec{u}_{0}\right) \cdot\left[\vec{\nabla} B_{0}\right] \frac{\partial}{\partial B_{0}}\left[\frac{\omega_{1}}{\Omega}\right]_{\vec{u}_{0}, t} \ldots  \tag{4.40}\\
\vec{N}(\vec{u}) & =\vec{N}\left(\vec{u}_{0}\right)+\left(\vec{u}-\overrightarrow{u_{0}}\right) \cdot[\vec{\nabla} \vec{N}]_{\vec{u}_{0}}+\cdots \tag{4.41}
\end{align*}
$$

Putting this altogether gives:

$$
\begin{equation*}
\int \oint P_{\mathrm{He}}(\vec{u}) n(\vec{u})\left(\frac{\omega_{1}(\vec{u})}{\Omega(\vec{u})}\right) \hat{N}(\vec{u}) \times\left[\frac{\vec{r}-\vec{u}}{|\vec{r}-\vec{u}|^{3}}\right] \cdot d \vec{l} d^{3} u=P_{\mathrm{He}} n\left[\frac{\omega_{1}}{\Omega}\right]_{\vec{u}_{0}, t} G_{\nabla}^{N}(t) \Phi_{N} \tag{4.42}
\end{equation*}
$$

where $P_{\mathrm{He}} \& n$ are volume average quantities and we've defined the "flux factor" $\Phi_{N}$ which contains all the geometrical information about the system:

$$
\begin{equation*}
\Phi_{N}=\int \oint f(\vec{u}) \hat{N}\left(\vec{u}_{0}\right) \times\left[\frac{\vec{r}-\vec{u}}{|\vec{r}-\vec{u}|^{3}}\right] \cdot d \vec{l} d^{3} u=c \frac{V N_{t} L}{d^{2}} \tag{4.43}
\end{equation*}
$$

where $V$ is the volume of the region containing the spins, $L$ is the length of the coils, $N_{t}$ is the number of turns, $d$ is the distance between the center of the spin region \& the center of the pickup coils, and $c$ is a unitless (and possibly negative) number that contains all of the information about the integral \& is of order 0.1 under our conditions. The "gain" due to magnetic field gradients is defined as:

$$
\begin{align*}
& G_{\nabla}^{N}(t)=\frac{1}{\Phi_{N}} \int \oint f(\vec{u})\left\{1+\left(\vec{u}-\vec{u}_{0}\right) \cdot\left[\vec{\nabla} \frac{\omega_{1}}{\Omega}\right]_{\vec{u}_{0}, t}\left[\frac{\Omega}{\omega_{1}}\right]_{\vec{u}_{0}, t}+\cdots\right\} \\
& \cdot\left[\vec{N}\left(\overrightarrow{u_{0}}\right)+\left(\vec{u}-\vec{u}_{0}\right) \cdot[\vec{\nabla} \vec{N}]_{\vec{u}_{0}}+\cdots\right] \times\left[\frac{\vec{r}-\vec{u}}{|\vec{r}-\vec{u}|^{3}}\right] \cdot d \vec{l} d^{3} u( \tag{4.44}
\end{align*}
$$

In practice, the pickup coils are usually placed near the target chamber. Therefore, it is usually easier to discuss the flux factors from the target chamber $\Phi_{N}^{\text {tc }}$ of the cell separately from the flux factors from the pumping chamber $\Phi_{N}^{\mathrm{pc}}$ and transfer tube $\Phi_{N}^{\mathrm{tt}}$. Putting this altogether, we find:

$$
\begin{equation*}
P_{\mathrm{He}} n\left[\frac{\omega_{1}}{\Omega}\right]_{\vec{u}_{0}, t} G_{\nabla}^{N}(t) \Phi_{N}=P_{\mathrm{tc}} n_{\mathrm{tc}}\left[\frac{\omega_{1}}{\Omega}\right]_{\overrightarrow{u_{0}}, t} G_{\nabla}^{N, \text { tc }}(t) G_{\Phi}^{N} \Phi_{N}^{\mathrm{tc}} \tag{4.45}
\end{equation*}
$$

where $\vec{u}_{0}$ is now chosen to be the center of the target chamber and we've defined the "gain" due to the flux $G_{\Phi}^{N}$ :

$$
\begin{equation*}
G_{\Phi}^{N}=1+\frac{P_{\mathrm{tt}} n_{\mathrm{tt}} G_{\nabla}^{N, \mathrm{tt}} \Phi_{N}^{\mathrm{tt}}+P_{\mathrm{pc}} n_{\mathrm{pc}} G_{\nabla}^{N, \mathrm{pc}} \Phi_{N}^{\mathrm{pc}}}{P_{\mathrm{tc}} n_{\mathrm{tc}} G_{\nabla}^{N, \mathrm{tc}} \Phi_{N}^{\mathrm{tc}}} \rightarrow 1+\frac{P_{\mathrm{tt}} n_{\mathrm{tt}} \Phi_{N}^{\mathrm{tt}}+P_{\mathrm{pc}} n_{\mathrm{pc}} \Phi_{N}^{\mathrm{pc}}}{P_{\mathrm{tc}} n_{\mathrm{tc}} \Phi_{N}^{\mathrm{tc}}} \tag{4.46}
\end{equation*}
$$

where the arrow denotes the value in the absence of magnetic field gradients. Finally, each component of the induced voltage can be written as:

$$
\begin{equation*}
\mathcal{V}_{N}=\left[\frac{\mu_{0} g \mu_{N} \omega_{\mathrm{rf}}}{8 \pi}\right] P_{\mathrm{tc}} n_{\mathrm{tc}}\left[\frac{\omega_{1}}{\Omega}\right]_{\vec{u}_{0}, t} G_{\nabla}^{N, \operatorname{tc}}(t) G_{\Phi}^{N}(t) \Phi_{N}^{\text {tc }} \tag{4.47}
\end{equation*}
$$

### 4.3.3 Signal Shaping Effects

A lock-in amplifier is used to amplify the NMR signal from the pickup coils through a preamplifier. This device essentially performs Fourier cosine and sine transforms of the input signal at some reference frequency and outputs the RMS amplitudes of the two components [16]:

$$
\mathcal{V}=-\mathcal{V}_{x} \cos \left(\omega_{\mathrm{rf}} t\right)+s \mathcal{V}_{y} \sin \left(\omega_{\mathrm{rf}} t\right) \Rightarrow\left\{\begin{array}{l}
\mathcal{V}_{x} / \sqrt{2}  \tag{4.48}\\
\mathcal{V}_{y} / \sqrt{2}
\end{array}\right\} \Rightarrow \mathcal{V}_{\mathrm{in}}=\frac{\mathcal{V}_{x}}{\sqrt{2}} \sqrt{1+\frac{\mathcal{V}_{y}^{2}}{\mathcal{V}_{x}^{2}}}
$$

where the signals from the two channels are added in quadrature by choosing the phase of the lock-in such that most of the signal is "in" the $x$-channel. In practice, the pickup coils are oriented such that their area vectors are approximately aligned with $\hat{x}$ and, as a consequence, $\Phi_{y}$ is much smaller than $\Phi_{x}$. This is done to maximize the voltage induced by the polarized ${ }^{3} \mathrm{He}$ and minimize the voltage induced by the RF field in the $\hat{y}$ direction. Under these conditions, $\left(\mathcal{V}_{y} / \mathcal{V}_{x}\right)^{2} \ll 1$ and $\mathcal{V}_{\text {in }}=\mathcal{V}_{x} / \sqrt{2}$.

The lock-in "performs" the Fourier transform using a mixer followed by a low pass filter, which distorts the lineshape of the signal in the following way:

$$
\begin{equation*}
\frac{d \mathcal{V}_{\text {out }}}{d t}=\frac{\mathcal{V}_{\text {in }}-\mathcal{V}_{\text {out }}}{\tau} \Leftrightarrow \mathcal{V}_{\text {out }}(t)=\frac{1}{\tau} \int_{-\infty}^{t} \exp \left(\frac{u-t}{\tau}\right) \mathcal{V}_{\text {in }}(u) d u \tag{4.49}
\end{equation*}
$$

where $\tau$ is the lockin time constant. Note that since $-\infty<u \leq t$, the quantity ( $u-t$ )
will always be less than or equal to zero. The output signal is a time averaging of the input signal with exponential weighting. Putting this altogether, we find:

$$
\begin{equation*}
\mathcal{V}_{\text {out }}(t)=G_{\mathrm{L}} G_{\mathrm{P}} Q\left(\omega_{0}\right)\left[\frac{\mu_{0} g \mu_{N} \omega_{0}}{8 \pi \sqrt{2}}\right] P_{\mathrm{tc}} n_{\mathrm{tc}} \Phi_{x}^{\mathrm{tc}} \ell(t) \tag{4.50}
\end{equation*}
$$

where $G_{\mathrm{L}}=10 \mathrm{~V} /($ lockin sensitivity $)$ is the gain of the lockin, $G_{P}$ is the gain of the preamp, and $Q(\omega)$ is the frequency dependent response of the pickup coil circuit \& BNC cables used for signal transmission, and the lineshape $\ell(t)$ of the signal is given by:

$$
\begin{equation*}
\ell(t)=\frac{1}{\tau} \int_{-\infty}^{t} \exp \left(\frac{u-t}{\tau}\right)\left[\frac{Q\left(\omega_{\mathrm{rf}}(u)\right)}{Q\left(\omega_{0}\right)}\right]\left[\frac{\omega_{\mathrm{rf}}(u)}{\omega_{0}}\right]\left[\frac{G_{\nabla}^{x, \text { tcc }}(u) G_{\Phi}^{x}(u)}{\sqrt{1+\Delta^{2}(u) / \omega_{1}^{2}}}\right] d u \tag{4.51}
\end{equation*}
$$

### 4.3.4 Accounting for Relaxation: Modified Bloch Equations

Thus far, we've ignored the possibility of the relaxation of polarization to its equilibrium value. For the case of proton NMR from a sample of liquid water, this is an important omission because the relaxation time constants ( $T_{1,2} \approx 3 \mathrm{~s}$ ) are on order of the total sweep time ( $2 t_{0} \approx 6 \mathrm{~s}$ ). In other words, the "fast" condition ( $\delta_{F}=2 t_{0} / T_{1,2} \ll 1$ ) is violated and the magnitude of the polarization changes significantly during the sweep, see Figs. (4.2) \& (4.3). The equations that govern the time evolution of the magnetization vector as it approaches equilibrium in the presence of static and RF fields are the modified Bloch equations (MBE) [4]. In the lab frame, as the magnetization approaches the equilibrium value of $\vec{M}^{\infty}$ at a relaxation rate $1 / T$, the equations are, in SI units:

$$
\begin{equation*}
\left[\frac{d \vec{M}}{d t}\right]_{\mathrm{lab}}=\mu_{0} \gamma\left(\vec{M} \times \vec{H}_{\mathrm{tot}}\right)-\left(\frac{\vec{M}-\vec{M}^{\infty}}{T}\right) \tag{4.52}
\end{equation*}
$$

where we've assumed that the relative magnetic permeability of the air, glass, \& water are all unity and $\mu_{0} \vec{H}_{\text {tot }}=B \hat{z}+2 B_{1} \cos \left(\omega_{\mathrm{rf}} t\right) \hat{y}$ in the lab frame. Using Eqn. (4.31) to rewrite these equations in the rotating frame and allowing for different longitudinal \& transverse relaxation rates $1 / T_{1} \& 1 / T_{2}$ and equilibrium polarization $\vec{M}_{\text {long }}^{\infty} \& \vec{M}_{\text {trans }}^{\infty}$, we find:

$$
\begin{align*}
& {\left[\frac{d \vec{M}}{d t}\right]_{\mathrm{rot}}=\mu_{0} \gamma\left(\vec{M} \times \vec{H}_{\text {tot }}\right)-\left(\frac{\vec{M}_{\text {long }}-\vec{M}_{\text {long }}^{\infty}}{T_{1}}\right) } \\
&-\left(\frac{\vec{M}_{\text {trans }}-\vec{M}_{\text {trans }}^{\infty}}{T_{2}}\right)-\left(\vec{\omega}+t \frac{d \vec{\omega}}{d t}\right) \times \vec{M} \tag{4.53}
\end{align*}
$$

where $H_{\text {tot }}$ in the rotating frame is given by:

$$
\begin{equation*}
\vec{H}_{\text {tot }}=\left[\vec{H}_{\text {long }}\right]+\left[\vec{H}_{\text {trans }}\right]=\left[\frac{B}{\mu_{0}} \hat{z}\right]+\left[\frac{B_{1}}{\mu_{0}}\left\{\hat{y}_{\text {rot }}+\hat{y}_{\text {rot }} \cos (2 \omega t)+\hat{x}_{\text {rot }} \sin (2 \omega t)\right\}\right] \tag{4.54}
\end{equation*}
$$

In the RWA (i.e. dropping the $2 \omega$ terms) and ignoring the Euler force ( $\dot{\omega}$ ) terms, $H_{\text {tot }}=\vec{B}_{\text {eff }} / \mu_{0}$ in the rotating frame where $\vec{B}_{\text {eff }}$ is given by Eqn. 4.22. It is more convenient to represent the magnetization vector with the polarization vector in the rotating frame:

$$
\begin{equation*}
\vec{M}=\frac{g \mu_{N}}{2} n P_{\text {scale }}\left[p_{x} \hat{x}_{\text {rot }}+p_{y} \hat{y}_{\text {rot }}+p_{z} \hat{z}\right] \tag{4.55}
\end{equation*}
$$

where $P_{\text {scale }}$ is some reference polarization used to set the scale for the polarization vector. We can now rewrite the MBE Eqn. (4.53), again ignoring the Euler force ( $\dot{\omega}$ )
terms following Eqn. (4.32), in the following way:

$$
\begin{align*}
& \frac{d p_{x}}{d t}=+s \Delta p_{y}-\left(\frac{p_{x}-p_{x}^{\infty}}{T_{2}}\right)-s \omega_{1} p_{z}  \tag{4.56}\\
& \frac{d p_{y}}{d t}=-\left(\frac{p_{y}-p_{y}^{\infty}}{T_{2}}\right)-s \Delta p_{x}  \tag{4.57}\\
& \frac{d p_{z}}{d t}=+s \omega_{1} p_{x}-\left(\frac{p_{z}-p_{z}^{\infty}}{T_{1}}\right) \tag{4.58}
\end{align*}
$$

where $B_{1}=\omega_{1} /|\gamma|$ is the magnitude of the RF field in the rotating frame, $\Delta=$ $\left(|\gamma| B-\omega_{\mathrm{rf}}\right)$ is the detuning, $B$ is the magnitude of the holding field, $s$ is the sign of the particle's magnetic moment, $1 / T_{1} \& 1 / T_{2}$ are the longitudinal \& transverse relaxation rates, and the equilibrium values are defined by:

$$
\begin{align*}
& \vec{M}_{\text {long }}^{\infty}=\frac{g \mu_{N}}{2} n P_{\text {scale }}\left[p_{x}^{\infty} \hat{x}_{\text {rot }}+p_{y}^{\infty} \hat{y}_{\text {rot }}\right]  \tag{4.59}\\
& \vec{M}_{\text {trans }}^{\infty}=\frac{g \mu_{N}}{2} n P_{\text {scale }} p_{z}^{\infty} \hat{z} \tag{4.60}
\end{align*}
$$

These differential equations must be solved numerically using the appropriate initial conditions $\left(p_{x}^{0}, p_{y}^{0}, p_{z}^{0}\right)$. The values ( $p_{x}^{\mathrm{eq}}, p_{y}^{\mathrm{eq}}, p_{z}^{\mathrm{eq}}$ ) for the polarization components that give $d \vec{p} / d t=0$ are:

$$
\begin{align*}
& p_{x}^{\mathrm{eq}}=\frac{p_{x}^{\infty}+s T_{2}\left(\Delta p_{y}^{\infty}-\omega_{1} p_{z}^{\infty}\right)}{1+\omega_{1}^{2} T_{1} T_{2}+\Delta^{2} T_{2}^{2}} \\
& p_{y}^{\mathrm{eq}}=p_{y}^{\infty}-s \Delta T_{2} p_{x}^{\mathrm{eq}} \\
& p_{z}^{\mathrm{eq}}=p_{z}^{\infty}+s \omega_{1} T_{1} p_{x}^{\mathrm{eq}} \tag{4.61}
\end{align*}
$$

Because $\omega_{\mathrm{rf}} \gg \omega_{1} \gg 1 / T_{1}, 1 / T_{2}$ under our conditions, $\omega_{\mathrm{rf}} p_{y}$ is much greater than the rotating frame derivatives $\dot{p}_{y} \& \dot{p}_{z}$ (which are essentially the approximations made in Sec. (4.3.1) and, in this case, $\omega_{\mathrm{rf}} p_{y} \gg \dot{p}_{x}$. Using these approximations and
following the arguments of Sec. (4.3.3), we find:

$$
\begin{equation*}
\mathcal{V}_{\text {out }}(t)=G_{\mathrm{L}} G_{\mathrm{P}} Q\left(\omega_{0}\right)\left[\frac{\mu_{0} g \mu_{N} \omega_{0}}{8 \pi \sqrt{2}}\right] P_{\text {scale }} n_{\mathrm{tc}} \Phi_{x}^{\mathrm{tc}} \ell_{B}(t) \tag{4.62}
\end{equation*}
$$

and the lineshape $\ell_{B}(t)$ of the signal is given by:

$$
\begin{equation*}
\ell_{B}(t)=\frac{1}{\tau} \int_{-\infty}^{t} \exp \left(\frac{u-t}{\tau}\right)\left[\frac{Q\left(\omega_{\mathrm{rf}}(u)\right)}{Q\left(\omega_{0}\right)}\right]\left[\frac{\omega_{\mathrm{rf}}(u)}{\omega_{0}}\right]\left[G_{\nabla}^{x, \text { tc }}(u) G_{\Phi}^{x}(u) p_{y}(u)\right] d u \tag{4.63}
\end{equation*}
$$

and it is straightforward to show that when the fast condition, Eqn. (4.25), is met, $p_{y}$ reduces to $\omega_{1} / \Omega$.

For the case of protons in liquid water (i.e. thermal polarization), see Fig. (4.3), we'll make the choice to set the scale polarization to the thermal equilibrium polarization $P_{\text {scale }}=\chi H_{0}$ at the resonance field $B_{0}=\omega_{0} /|\gamma|$ :

$$
\begin{equation*}
P_{\mathrm{th}}(B, T)=\tanh \left(\frac{g \mu_{\mathrm{N}} B}{2 k T}\right) \approx \frac{g \mu_{N} B}{2 k T}=\frac{g \mu_{N} \mu_{0} H}{2 k T}=\chi H \tag{4.64}
\end{equation*}
$$

where $P_{\mathrm{th}}(B, T)$ is the thermal equilibrium polarization for a spin- $1 / 2$ particle due to a field $B$ at a temperature $T, k$ is the Boltzmann constant, and the magnetic $\chi_{0}$ \& "reduced" magnetic $\chi$ susceptibilities are given by:

$$
\begin{equation*}
\chi_{0}=\frac{g \mu_{N} n}{2} \chi=\frac{\gamma^{2} \hbar^{2} n \mu_{0}}{4 k T} \quad \chi=\frac{g \mu_{N} \mu_{0}}{2 k T}=\frac{\gamma \hbar \mu_{0}}{2 k T} \tag{4.65}
\end{equation*}
$$

We'll make the same classic argument originally put forth by Bloch [20] that the equilibrium polarizations approached are the thermal equilibrium polarizations


Figure 4.2: Adiabatic Passage of Thermally Polarized Proton Spins in the Rotating Frame. The thick red (thin black) arrow is the polarization vector (effective field).


Figure 4.3: Numerical Solution to MBE for Thermal Protons in Liquid Water. Solution was found using the "standard" $4^{\text {th }}$ order Runge-Kutta algorithm [17-19] with a time step size of $4.15 \mu \mathrm{~s}, T_{1}=3.65 \mathrm{~s}, T_{2}=3.25 \mathrm{~s}, \dot{B}=1.2 \mathrm{G} / \mathrm{s}$, "wait" time between sweeps of 5.83 s , "wait" time between sweep cycles of $24 \mathrm{~s}, B_{1}=53 \mathrm{mG}$, $\nu_{\mathrm{rf}}=91 \mathrm{kHz}$, a lockin time constant of $\tau=30 \mathrm{~ms}$, and no field gradients $G_{\nabla}^{x, \text { tc }}=1$.


Figure 4.4: Top: Lockin Input (solid) vs. Lockin Output (dashed) for Field Sweep AFP. Bottom: Frequency Sweep AFP (solid) vs. Field Sweep AFP (dashed) for Lockin Output. The lockin time constant was $\tau=30 \mathrm{~ms}$ and we've assumed that $Q\left(\omega_{\mathrm{rf}}\right)=Q\left(\omega_{0}\right)$ for all $\omega_{\mathrm{rf}}$. The field sweep was from 18 G to 25 G with $\nu_{\mathrm{rf}}=$ 91.54 kHz , whereas the frequency sweep was from 105.4 kHz to 75.56 kHz with $B_{0}=21.37 \mathrm{G}$. All other input parameters were the same as Fig. (4.3).


Figure 4.5: ${ }^{3} \mathrm{He}$ AFP polarization loss per spin flip vs. $T_{2}$ and $d B_{z} / d z$. We've used Eqn. (4.26) using $D=0.2 \mathrm{~cm}^{2} / \mathrm{s}, B_{1}=50 \mathrm{mG}$, and $\dot{B}=1.2 \mathrm{G} / \mathrm{s}$. See caption of Fig. (4.6) for other ${ }^{3} \mathrm{He}$ input parameters.
due to the static and RF fields in the rotating frame:

$$
\begin{equation*}
p_{x}^{\infty}=0 \quad p_{y}^{\infty}=\frac{B_{1}}{B_{0}} \quad p_{z}^{\infty}=\frac{B}{B_{0}} \tag{4.66}
\end{equation*}
$$

The initial conditions used in the numerical solution to these equations are the values ( $p_{x}^{\mathrm{eq}}, p_{y}^{\mathrm{eq}}, p_{z}^{\mathrm{eq}}$ ) given by:

$$
\begin{align*}
p_{x}^{0} & =p_{x}^{\mathrm{eq}}=-s \omega_{1} T_{2}\left(\frac{\omega_{\mathrm{rf}}}{\omega_{0}}\right) \eta  \tag{4.67}\\
p_{y}^{0} & =p_{y}^{\mathrm{eq}}=\frac{\omega_{1}}{\omega_{0}}\left[1+\Delta \omega_{\mathrm{rf}} T_{2}^{2} \eta\right]  \tag{4.68}\\
p_{z}^{0} & =p_{z}^{\mathrm{eq}}=\frac{B}{B_{0}}-\omega_{1}^{2} T_{1} T_{2}\left(\frac{\omega_{\mathrm{rf}}}{\omega_{0}}\right) \eta  \tag{4.69}\\
\eta & =\left[1+\omega_{1}^{2} T_{1} T_{2}+\Delta^{2} T_{2}^{2}\right]^{-1} \tag{4.70}
\end{align*}
$$

For the case of SEOP polarized ${ }^{3} \mathrm{He}$ (i.e. nonthermal polarization), see Fig. (4.6), the scale polarization is the ${ }^{3} \mathrm{He}$ polarization immediately before the measurement $P_{\text {scale }}=P_{\mathrm{He}}$. The equilibrium polarization are:

$$
\begin{array}{cc}
p_{x}^{\infty}=0 & p_{y}^{\infty}=\chi H_{1} / P_{\mathrm{He}} \\
p_{z}^{\infty}=\chi H / P_{\mathrm{He}} \text { (spindown) } & p_{z}^{\infty}=P_{\mathrm{He}}^{\infty} / P_{\mathrm{He}} \quad \text { (spinup) } \tag{4.72}
\end{array}
$$

where $p_{z}^{\infty}$ depends on whether the ${ }^{3} \mathrm{He}$ polarization is decaying to its thermal equilibrium value (i.e. a "spindown") or building up to its equilibrium value due to spin-exchange (i.e. a "spinup"). The initial conditions used as input for the numerical solution are given by:

$$
\begin{equation*}
p_{x}^{0}=0 \quad p_{y}^{0}=\frac{\omega_{1}}{\Omega(t=0)} \quad p_{z}^{0}=\frac{\Delta(t=0)}{\Omega(t=0)} \tag{4.73}
\end{equation*}
$$



Figure 4.6: Numerical Solution to MBE for SEOP Polarized ${ }^{3} \mathrm{He}$. Solution was found using the "standard" $4^{\text {th }}$ order Runge-Kutta algorithm [17-19] with a time step size of $1.17 \mu \mathrm{~s}, T_{1}=10 \mathrm{hr}, T_{2}=60 \mathrm{~s}, \dot{B}=1.2 \mathrm{G} / \mathrm{s}, B_{1}=53 \mathrm{mG}, \nu_{\mathrm{rf}}=91 \mathrm{kHz}$, $P_{\mathrm{He}}=0.38, P_{\mathrm{He}}^{\infty}=0.42$, a lockin time constant of $\tau=30 \mathrm{~ms}$, and no field gradients $G_{\nabla}^{x, \text { tc }}=1$.

### 4.4 EPR Frequency Shift Polarimetry

### 4.4.1 Introduction

The optical detection of radiofrequency magnetic resonance in alkali atoms has a long history that is intimately linked to the development of optical pumping, see for example [21-26] and the optical pumping references in Sec. (5.2.2). Early on, it was predicted and observed that the radiofrequency spectra of optically pumped alkali atoms are shifted due to spin exchange collisions, see for example [27,28]. The "EPR" method described here [29-35] is a direct descendant of those techniques, which takes advantage of the vaporized alkali metal present in the pumping chamber of the target cell. These alkali metal atoms experience a small "effective" field due to the presence of polarized ${ }^{3} \mathrm{He}$ gas. According to Eqn. (4.21), when the NMR RF frequency is far from resonance $\Delta \gg \omega_{1}$, the effective field due to the ${ }^{3} \mathrm{He}$ nuclei points in the $z$-direction. This field ( 10 's of mG ) produces small but precisely detectable Zeeman shifts ( 10 's of kHz ) in the alkali EPR spectrum that is proportional to the ${ }^{3} \mathrm{He}$ polarization and density. The average EPR transition frequency is located by exciting the EPR transitions with a set of EPR RF coils and observing the resulting change in some probe that is sensitive to the alkali polarization. This probe has traditionally been the intensity of the D2 fluorescence that results from optical pumping. The EPR RF coil frequency is modulated to transform the signal from the photodiode into an error signal (i.e. a voltage linearly proportional to the detuning from resonance). A proportional/integral (PI) feedback loop uses this error signal to lock the RF coil frequency to the intensity averaged EPR frequency while the direction of the ${ }^{3} \mathrm{He}$ spins is reversed via AFP. This reversal isolates the ${ }^{3} \mathrm{He}$ contribution to the EPR frequency and consequently the ${ }^{3} \mathrm{He}$ polarization can
be extracted from this frequency shift, Sec. (4.4.4). Additional sources of frequency shifts correlated with the spin reversal include a drift in the baseline magnetic field, the NMR RF AC Zeeman shift, Sec. (4.4.5), and a coupling between the fluorescence intensity to magnetic field gradients, Sec. 4.4.6.

### 4.4.2 The Error Signal: "FM Sweep" Lineshape

The EPR transitions are driven using a small RF coil, located near the pumping chamber, producing an RF field perpendicular to the main holding field. The modulation of the EPR RF frequency is described by:

$$
\begin{equation*}
\omega_{\mathrm{RF}}=\omega_{m}+(\Delta \omega)_{m}+\Omega_{\mathrm{mod}} \cos \left(\omega_{\bmod } t\right) \tag{4.74}
\end{equation*}
$$

where $\omega_{\mathrm{RF}}$ is the EPR coil frequency, $(\Delta \omega)_{m}$ 1s the detuning between the coil frequency and the EPR transition frequency $\omega_{m}$ between the $m$ and $m-1$ states, $m$ is the $z$-component of the total alkali angular momentum, $\Omega_{\bmod }$ is the FM amplitude, and $\omega_{\text {mod }}$ is the FM frequency. This excitation induces EPR transitions in the alkali metal atoms and slightly lowers the alkali polarization. Because of the rapid and efficient spin-exchange between alkali metal atoms, the equilibrium alkali polarization tracks the modulation of the excitation. When the excitation is off resonance, the alkali polarization is high. When the excitation is on resonance, the alkali polarization is lowered. This results in a modulation of the alkali polarization which in turn results in a modulation of the intensity of the fluorescence.

Although the presence of $\mathrm{N}_{2}$ molecules greatly suppresses the number of radiative decays, a few percent of the transitions back to the ground state still occur radiatively. The amount of D1 and D2 fluorescence is roughly the same due to
the collisional mixing of the excited states by the $\mathrm{N}_{2}$ molecules. However, a filter is placed in front of a photodiode to allow transmission of only the D2 fluorescence. This is because the large D1 background from the pump laser light could potentially saturate the photodiode.

Combining Eqns. (5.70) \& (5.20), assuming a pump light polarization of unity, and neglecting the small contribution of off-resonant D2 absorption to the population of the $P_{3 / 2}$ excited state, we can write the power of the D 2 fluorescence measured by the photodiode (on the order of mW under our typical operating conditions) as:

$$
\begin{align*}
P_{\mathrm{D} 2} & =A_{\mathrm{pd}} \sum_{q} \int h \nu d \Phi_{f}^{q, 2} d \nu \\
& =\iint\left[\frac{A_{\mathrm{pd}}}{4 \pi|\vec{u}|^{2}}\right] f_{\mathrm{rad}}^{\prime} f_{d}\left[1-P_{\mathrm{A}}\right][\mathrm{Rb}] V_{\mathrm{pc}} h \nu R W(\nu, \vec{r}, \vec{u})\left(\frac{d^{3} u}{V_{\mathrm{pc}}}\right)\left(\frac{d \nu}{\nu_{2}}\right) \tag{4.75}
\end{align*}
$$

where $A_{\mathrm{pd}}$ is the area the photodiode, $f_{\mathrm{rad}}^{\prime}$ is probability that atom decays radiatively $\left(\approx(0.43 \% \cdot \mathrm{amg}) /\left[\mathrm{N}_{2}\right]\right), f_{d} \approx 1 / 7$ is the probability of that the atom decays from the $P_{3 / 2}$ excited state, $P_{\mathrm{A}}$ is the alkali polarization, $[\mathrm{Rb}]$ is the Rb number density, $V_{\mathrm{pc}}$ is the pumping chamber volume, $h$ is Planck's constant, $R$ is the unpolarized absorption rate, $\nu_{2}$ is the frequency of the D 2 transition, and $W$ is a geometric factor that describes the transmission probability of a fluorescence photon with frequency $\nu$ from a volume element $d^{3} u$ located at $\vec{u}$ to the surface of the photodiode located at $\vec{r}$ :

$$
\begin{equation*}
W(\nu, \vec{r}, \vec{u})=\sum_{k, q}\left[\frac{\sigma_{2}(\nu)}{\int \sigma_{2}(\nu)\left(d \nu / \nu_{2}\right)}\right] \Lambda_{k}^{q}\left(\frac{d_{k}}{d}\right) f_{q}(\theta) T_{q}(\nu, \vec{u}, \vec{r}) H\left(R_{\mathrm{pc}}-|\vec{r}+\vec{u}|\right) \tag{4.76}
\end{equation*}
$$

where the parameters are defined in Sec. (5.4.3). At equilibrium, the alkali polar-
ization term can be rewritten using:

$$
\begin{equation*}
R\left(1-P_{\mathrm{A}}\right)=P_{\mathrm{A}}\left(\Gamma_{\mathrm{A}}+\gamma_{\mathrm{rf}}\right)=R\left[\frac{\Gamma_{\mathrm{A}}+\gamma_{\mathrm{rf}}}{R+\Gamma_{A}+\gamma_{\mathrm{rf}}}\right] \approx P_{0} \Gamma_{\mathrm{A}}+P_{0}^{2} \gamma_{\mathrm{rf}} \leftrightarrow \gamma_{\mathrm{rf}} \ll R+\Gamma_{\mathrm{A}} \tag{4.77}
\end{equation*}
$$

where $\gamma_{\mathrm{rf}}$ is the relaxation rate due the EPR RF excitation, $\Gamma_{\mathrm{A}}$ is the alkali relaxation rate without the EPR RF excitation, and $P_{0}$ is the alkali polarization without the EPR RF excitation.

The photodiode current is converted into a voltage by a transimpedance amplifier circuit which is then fed into a lockin amplifier:

$$
\begin{equation*}
\mathcal{V}_{\mathrm{in}}=-R_{\mathrm{pd}} \alpha_{\mathrm{pd}} \int I_{\mathrm{scale}}\left(1-P_{\mathrm{A}}\right) d Z=\int V_{\text {scale }} P_{0}\left[1+P_{0}\left(\frac{\gamma_{\mathrm{rf}}}{\Gamma_{\mathrm{A}}}\right)\right] d Z \tag{4.78}
\end{equation*}
$$

where $\alpha_{\mathrm{pd}}$ is the photodiode sensitivity, $R_{\mathrm{pd}}$ is transimpedance resistor, $I_{\text {scale }} \&$ $V_{\text {scale }}$ are the "scale" intensity and voltage that hides all of the other factors, $d Z=$ $\left(d^{3} u / V_{\mathrm{pc}}\right)\left(d \nu / \nu_{2}\right)$. The frequency modulation is hidden in the frequency dependence of the EPR RF excitation relaxation rate $\gamma_{\mathrm{rf}}$ given by Eqn. (E.872), which is a sum of Lorentzian lineshapes for each transition:

$$
\begin{equation*}
\gamma_{\mathrm{rf}}\left(\omega_{\mathrm{RF}}\right)=\sum_{m} D_{a} \Gamma_{\mathrm{RF}}^{m}\left[\frac{\gamma_{m}^{2}}{\left(\omega_{\mathrm{RF}}-\omega_{m}\right)^{2}+\gamma_{m}^{2}}\right] \tag{4.79}
\end{equation*}
$$

where $D_{a}=1\left(D_{a}=D=[K] /[\mathrm{Rb}]\right)$ when probing $\mathrm{Rb}(\mathrm{K})$ transitions, $m$ labels the $m \leftrightarrow(m-1)$ transition, $\Gamma_{\mathrm{RF}}^{m}$ is the relaxation rate at resonance (which is proportional to the square of the EPR RF field, see Eqns. (E.872) \& (E.407) and $\gamma_{m}$ is the effective alkali hyperfine relaxation rate (on order of 10 's of kHz ) which is dominated by alkali-alkali spin-exchange collisions [36-38]. The Fourier integral (per-
formed by the lockin mixer) is evaluated by integrating by parts to give [39]:

$$
\begin{equation*}
\mathcal{F}_{c}\left(\mathcal{V}_{\text {in }}\right)=\int \cos \left(\omega_{\text {mod }} t\right) \mathcal{V}_{\text {in }} d t=\frac{\sin \left(\omega_{\text {mod }} t\right)}{\omega_{\text {mod }}} \mathcal{V}_{\text {in }}-\frac{1}{\omega_{\text {mod }}} \int \frac{d \mathcal{V}_{\text {in }}}{d t} \sin \left(\omega_{\text {mod }} t\right) d t \tag{4.80}
\end{equation*}
$$

The high frequency parts are integrated away by the low pass filter to give the lockin output:

$$
\begin{equation*}
\mathcal{V}_{\text {out }}(t)=-\frac{G_{\mathrm{L}}}{\omega_{\mathrm{mod}} \tau} \iint \exp \left[\frac{t^{\prime}-t}{\tau}\right] \sin \left(\omega_{\mathrm{mod}} t^{\prime}\right) V_{\text {scale }}\left(\frac{P_{0}^{2}}{\Gamma_{\mathrm{A}}}\right) \frac{d \gamma_{\mathrm{rf}}}{d t^{\prime}} d Z d t^{\prime} \tag{4.81}
\end{equation*}
$$

where $\tau$ is the lockin time constant and $G_{\mathrm{L}}$ is the lockin gain. Expanding the derivative of $\gamma_{\mathrm{rf}}$ using the chain rule $d \gamma_{\mathrm{rf}} / d t=\left(d \gamma_{\mathrm{rf}} / d \omega_{\mathrm{RF}}\right)\left(d \omega_{\mathrm{RF}} / d t\right)$, noting that $\sin ^{2}\left(\omega_{\bmod } t\right)=1-\cos ^{2}\left(\omega_{\bmod } t\right)$, dropping the high frequency terms, and averaging the derivative near resonance, we find:

$$
\begin{equation*}
\mathcal{V}_{\text {out }}(t)=G_{\mathrm{L}} \Omega_{\mathrm{mod}} \int V_{\text {scale }}\left(\frac{P_{0}^{2}}{\Gamma_{\mathrm{A}}}\right)\left\langle\frac{d \gamma_{\mathrm{rf}}}{d \omega_{\mathrm{RF}}}\right\rangle d Z \tag{4.82}
\end{equation*}
$$

where the time averaged derivative near resonance is given by:

$$
\begin{equation*}
\left\langle\frac{d \gamma_{\mathrm{rf}}\left(\omega_{\mathrm{RF}}\right)}{d \omega_{\mathrm{RF}}}\right\rangle=\sum_{m} \frac{2 D_{a} \Gamma_{\mathrm{RF}}^{m} \gamma_{m}^{2}\left(\omega_{m}-\omega_{\mathrm{RF}}\right)}{\left(\gamma_{m}^{2}+(\Delta \omega)_{m}^{2}\right)^{2}+\left(\gamma_{m}^{2}+3(\Delta \omega)_{m}^{2}\right) \Omega_{\mathrm{mod}}^{2}+\frac{3}{8} \Omega_{\mathrm{mod}}^{4}} \tag{4.83}
\end{equation*}
$$

where $(\Delta \omega)_{m}=\left\langle\omega_{\mathrm{EPR}}\right\rangle-\omega_{m}$ and $\left\langle\omega_{\mathrm{EPR}}\right\rangle$ is the intensity averaged EPR frequency.
Because of the frequency modulation of the EPR excitation, the lineshape that is produced when the lockin response is plotted against the detuning of the EPR excitation is the derivative of a Lorentzian-like lineshape, see Fig. (4.7). This "FM sweep" lineshape directly determines the behavior of the feedback loop [30] used to lock to the EPR transition. Modulation and lock-in parameters (i.e. modula-


Figure 4.7: FM Sweep lineshape. This is an example of a "good" FM sweep because (1) the slope has the correct sign, (2) the lineshape is visibly symmetric, (3) there does not appear to be an offset, and (4) the zero-crossing is in the middle of the lineshape.
tion amplitude, modulation frequency, lockin sensitivity, lockin phase, lockin time constant, absolute \& relative gains on the PI feedback box) must be adjusted to produce an optimal FM sweep lineshape. The "feedback slope" is typically quoted in units of $\mu \mathrm{V}$ per kHz and provides a conversion between the detuning of EPR RF coil frequency and the voltage response of the excitation/sensing electronics:

$$
\begin{equation*}
m_{\mathrm{fs}} \equiv \frac{1}{G_{\mathrm{L}}}\left|\frac{d V_{\mathrm{out}}}{d \omega_{\mathrm{RF}}}\right|=\sum_{m} \int \frac{\left[2 V_{\text {scale }} P_{0}^{2} / \Gamma_{\mathrm{A}}\right]\left[\Omega_{\mathrm{mod}} D_{a} \Gamma_{\mathrm{RF}}^{m} \gamma_{m}^{2}\right]}{\left(\gamma_{m}^{2}+(\Delta \omega)_{m}^{2}\right)^{2}+\left(\gamma_{m}^{2}+3(\Delta \omega)_{m}^{2}\right) \Omega_{\mathrm{mod}}^{2}+\frac{3}{8} \Omega_{\mathrm{mod}}^{4}} d Z \tag{4.84}
\end{equation*}
$$

Increasing the modulation amplitude increases the slope when $\Omega_{\text {mod }} \ll \gamma_{m}$. An increase in the temperature increases the alkali vapor number density. This increases the alkali-alkali spin-exchange rate, which broadens the RF lineshape, reduces the slope, and, consequently, reduces the signal to noise ratio of the EPR measurement
at higher temperatures:

$$
\begin{equation*}
m_{\mathrm{fs}} \propto \frac{D_{a}[\mathrm{Rb}] \gamma_{m}^{2}}{\gamma_{m}^{4}} \propto \frac{D_{a}[\mathrm{Rb}][\mathrm{A}]^{2}}{[\mathrm{~A}]^{4}}=\frac{D_{a}[\mathrm{Rb}]}{[\mathrm{A}]^{2}} \tag{4.85}
\end{equation*}
$$

where [A] is the total alkali density and the $1 / \Gamma_{\mathrm{A}}$ factor cancels the $\Gamma_{\mathrm{A}}$ factor hidden in $V_{\text {scale. }}$. This scaling also indicates that when $D>1$ for a hybrid cell, the signal to noise ratio is roughly a factor $D$ better for EPR with $K$ transitions than EPR with Rb transitions.

The analog voltage signal from the lockin is then processed by a PI feedback box and converted into a frequency correction that is applied to the central frequency of the Voltage Controlled Oscillator (VCO) that controls the frequency of the EPR RF coils. The gains of the PI feedback box are chosen based on the feedback slope extracted from the FM sweep lineshape:

$$
\begin{equation*}
\frac{\text { frequency correction }}{\text { frequency detuning }}=m_{\mathrm{fs}} G_{\mathrm{L}} G_{\mathrm{atten}} G_{\mathrm{abs}}^{\mathrm{PI}} G_{\mathrm{VCO}}=-0.1 \text { to }-100 \tag{4.86}
\end{equation*}
$$

where $G_{\text {atten }}$ is the unitless gain of attenuator (if present), $G_{\text {abs }}^{\mathrm{PI}}$ is the absolute gain of the PI feedback, $G_{V C O}$ is the gain of the VCO in $\mathrm{kHz} / \mu \mathrm{V}$, and the absolute size of the correction to detuning ratio is determined empirically by whatever works best. Once the zero crossing of the FM sweep lineshape is determined by the excitation/sensing electronics, the EPR RF coil frequency is recorded by a counter as a function of time. The ${ }^{3} \mathrm{He}$ spins are then flipped twice relative to the holding field using NMR RF frequency sweep AFP. Enough counter data is taken with the ${ }^{3} \mathrm{He}$ in either state to result in a high precision determination of the intensity averaged EPR frequencies of the alkali atoms. The difference in these frequencies is largely insensitive to the holding field and is, to first order, proportional to the
${ }^{3} \mathrm{He}$ effective field.

### 4.4.3 Intensity Averaged EPR Frequency Difference

When the lockin output voltage is zero, the PI feedback loop has locked the EPR RF coil frequency to a fluorescence intensity weighted average EPR frequency:

$$
\begin{equation*}
\mathcal{V}_{\text {out }}=0 \quad \rightarrow \quad \omega_{\mathrm{RF}}=\left\langle\omega_{\mathrm{EPR}}\right\rangle \equiv \frac{\sum_{m} \int A_{m}\left(P_{0}\right) \omega_{m} d Z}{\sum_{m} \int A_{m}\left(P_{0}\right) d Z} \tag{4.87}
\end{equation*}
$$

where $A_{m}\left(P_{0}\right)$ is a position, temperature, photon frequency, and alkali polarization dependent weight function for the $m$-th EPR transition which has a frequency $\omega_{m}$. The quantity of interest is the intensity averaged frequency difference after the ${ }^{3}$ He spins are flipped via NMR RF frequency sweep AFP. This quantity isolates any factors that either change sign after the ${ }^{3} \mathrm{He}$ spin reversal or are in any way correlated with the spin reversal process. The most important term that changes sign is the ${ }^{3} \mathrm{He}$ effective field. Because it is small relative to the holding field, we can Taylor expand the the EPR transition frequency to give:

$$
\begin{equation*}
\omega_{m}^{\uparrow \downarrow}=\bar{\omega}_{m}^{\uparrow \downarrow} \pm \frac{d \omega_{m}^{\uparrow \downarrow}}{d B} B_{\mathrm{He}}+\cdots \tag{4.88}
\end{equation*}
$$

where $\bar{\omega}_{m}^{\uparrow \downarrow}$ is the EPR transition frequency in the absence of the polarized ${ }^{3} \mathrm{He}$ gas and the derivative is evaluated at the field that corresponds to $\bar{\omega}_{m}^{\uparrow \downarrow}$. The superscript $\uparrow \downarrow$ is used to indicate that the possibility that the quantity may have a correlation to the spin reversal process independent of the ${ }^{3} \mathrm{He}$ polarization.

The weight function $A_{m}\left(P_{0}\right)$ is also sensitive to the ${ }^{3} \mathrm{He}$ polarization through its dependence on the alkali polarization [12]. A- ${ }^{3} \mathrm{He}$ spin exchange causes a small
change in the equilibrium alkali polarization which can be determined from:

$$
\begin{equation*}
\frac{d P_{0}^{\uparrow \downarrow}}{d t}=+R\left(1-P_{0}^{\uparrow \downarrow}\right)+\gamma_{\mathrm{se}}\left( \pm P_{\mathrm{He}}-P_{0}^{\uparrow \downarrow}\right)-\Gamma_{\mathrm{A}}^{0} P_{0}^{\uparrow \downarrow}=0 \quad \text { (at equilibrium) } \tag{4.89}
\end{equation*}
$$

where $R$ is the optical pumping rate, $\gamma_{\mathrm{se}}=k_{\mathrm{se}}\left[{ }^{3} \mathrm{He}\right], k_{\mathrm{se}}$ is the $\mathrm{A}-{ }^{3} \mathrm{He}$ spin-exchange rate constant, $\left[{ }^{3} \mathrm{He}\right]$ is the ${ }^{3} \mathrm{He}$ number density in the pumping chamber, and $\Gamma_{\mathrm{A}}=$ $\Gamma_{\mathrm{A}}^{0}+\gamma_{\mathrm{se}}$. Using this equation, the equilibrium alkali polarization can be written in terms of ${ }^{3} \mathrm{He}$ spin independent $\bar{P}$ and dependent $(\Delta P)$ terms:

$$
\begin{equation*}
P_{0}^{\uparrow \downarrow}=\bar{P} \pm(\Delta P) \quad \bar{P}=\frac{R}{R+\Gamma_{\mathrm{A}}} \quad(\Delta P)=\frac{\gamma_{\mathrm{se}} P_{\mathrm{He}}}{R+\Gamma_{\mathrm{A}}} \tag{4.90}
\end{equation*}
$$

By Taylor expanding about $\bar{P}$, the weight function can also be written as a sum of ${ }^{3} \mathrm{He}$ spin independent and dependent terms:

$$
\begin{equation*}
A_{m}^{\uparrow \downarrow}\left(P_{0}\right)=A_{m}^{\uparrow \downarrow}(\bar{P}) \pm \frac{d A_{m}}{d P}(\Delta P)+\cdots \tag{4.91}
\end{equation*}
$$

Plugging the Taylor expansions for $\omega_{m}$ and $A_{m}\left(P_{0}\right)$ into the frequency difference and dropping all higher order terms involving the ${ }^{3} \mathrm{He}$ polarization, we find:

$$
\begin{align*}
\omega_{\mathrm{RF}}^{\uparrow}-\omega_{\mathrm{RF}}^{\downarrow}=\Delta \omega_{\mathrm{RF}}= & \left\langle\frac{d \omega_{m}^{\uparrow}}{d B} B_{\mathrm{He}}\right\rangle_{\uparrow}+\left\langle\frac{d \omega_{m}^{\downarrow}}{d B} B_{\mathrm{He}}\right\rangle_{\downarrow}+\left\langle\bar{\omega}_{m}^{\uparrow}\right\rangle_{\uparrow}-\left\langle\bar{\omega}_{m}^{\downarrow}\right\rangle_{\downarrow} \\
& +\left\langle\bar{\omega}_{m}^{\uparrow}\left[\frac{1}{A_{m}^{\uparrow}(\bar{P})} \frac{d A_{m}^{\uparrow}}{d P}(\Delta P)-\left\langle\frac{1}{A_{m}^{\uparrow}(\bar{P})} \frac{d A_{m}^{\uparrow}}{d P}(\Delta P)\right\rangle\right\rangle_{\uparrow}\right. \\
& +\left\langle\bar{\omega}_{m}^{\downarrow}\left[\frac{1}{A_{m}^{\downarrow}(\bar{P})} \frac{d A_{m}^{\downarrow}}{d P}(\Delta P)-\left\langle\frac{1}{A_{m}^{\downarrow}(\bar{P})} \frac{d A_{m}^{\downarrow}}{d P}(\Delta P)\right\rangle\right\rangle_{\downarrow}(4\right. \tag{4.92}
\end{align*}
$$

where the brackets $\langle\cdots\rangle_{\uparrow \downarrow}$ indicate an fluorescence intensity average defined by:

$$
\begin{align*}
\langle X\rangle_{\uparrow \downarrow} & =\frac{\sum_{m} \int A_{m}^{\uparrow \downarrow}(\bar{P}) X d Z}{\sum_{m} \int A_{m}^{\uparrow( }(\bar{P}) d Z}  \tag{4.93}\\
A_{m}(\bar{P}) & =\bar{P}^{2}\left[\frac{f_{\mathrm{rad}}^{\prime} f_{d}[\mathrm{~A}] V_{\mathrm{pc}} W\left\{A_{\mathrm{pd}} /|\vec{u}|^{2}\right\} \nu \Gamma_{\mathrm{rf}}^{m} \gamma_{m}^{2}}{\left(\gamma_{m}^{2}+(\Delta \omega)_{m}^{2}\right)^{2}+\left(\gamma_{m}^{2}+3(\Delta \omega)_{m}^{2}\right) \Omega_{\mathrm{mod}}^{2}+\frac{3}{8} \Omega_{\mathrm{mod}}^{4}}\right] \tag{4.94}
\end{align*}
$$

### 4.4.4 Extracting the Helium Polarization

The first two terms of Eqn. 4.92 are the dominant terms and they indicate that $B_{\mathrm{He}}$ can be calculated by:

$$
\begin{equation*}
B_{\mathrm{He}}=\frac{(\Delta B)}{2}=\left(\Delta \nu_{\mathrm{RF}}\right) \times\left(\frac{d \nu}{d B}\right)^{-1} \tag{4.95}
\end{equation*}
$$

where $\omega_{\mathrm{RF}}=2 \pi \nu_{\mathrm{RF}}$ and the derivative of the frequency with respect to the field is given by Eqns. E.264) or E.265). For ${ }^{85} \mathrm{Rb}\left({ }^{39} \mathrm{~K}\right)$ it is necessary to evaluate the derivative up to first (second) order in field to insure an accuracy below $0.1 \%$. Traditionally, it is assumed that the alkali polarization is near unity and only the end transition $(m=F) \leftrightarrow(m-1=F-1)$ is being excited by the EPR RF coils. When this is a good approximation, $B_{\mathrm{He}}$ can be calculated using the analytic form of $B(\nu)$, Eqn. E .245 , which is only valid for the end transition:

$$
\begin{equation*}
B_{\mathrm{He}}=\frac{(\Delta B)}{2}=\frac{B\left(\nu_{\mathrm{RF}}^{\uparrow}\right)-B\left(\nu_{\mathrm{RF}}^{\downarrow}\right)}{2} \tag{4.96}
\end{equation*}
$$

The ${ }^{3} \mathrm{He}$ polarization is extracted from the ${ }^{3} \mathrm{He}$ effective field using:

$$
\begin{equation*}
B_{\mathrm{He}}=\frac{2 \mu_{0}}{3}\left(\kappa_{0}-1+\kappa_{\text {geo }}\right)\left[{ }^{3} \mathrm{He}\right] g \mu_{N} \frac{P_{\mathrm{He}}}{2} \quad \mu_{0} \mu_{N}=(1.70530) \mathrm{mG} / \mathrm{amg} \tag{4.97}
\end{equation*}
$$

where $\mu_{0}$ is the magnetic permeability of free space, $\kappa_{0}$ is an empirical shift con-
stant, $\kappa_{\text {geo }}$ is a geometric factor, $\left[{ }^{3} \mathrm{He}\right]$ is the He-3 number density in the pumping chamber, $g$ is the ${ }^{3} \mathrm{He} g$-factor, $\mu_{N}$ is the nuclear magneton, $P_{\mathrm{He}}=2\left\langle S_{z}\right\rangle$ is the ${ }^{3} \mathrm{He}$ polarization. Under typical operating conditions, about $1 / 6$ of the ${ }^{3} \mathrm{He}$ effective field felt by the alkali atoms is due to the classical magnetic field produced by the bulk magnetization of the polarized ${ }^{3} \mathrm{He}$ gas. The rest is due to the very short but frequent $\mathrm{A}-{ }^{3} \mathrm{He}$ spin-exchange collisions. During these spin-exchange collisions, the alkali valence electron is essentially located within the ${ }^{3} \mathrm{He}$ nucleus thus facilitating a hyperfine-like Fermi contact interaction between their spins. The classical field and effective field due to spin exchange are distinguished in at least three important ways:

1. The size of the classical magnetic field is dependent on the geometry of the target cell; whereas the spin-exchange effective field is not.
2. The size of the classical magnetic field is independent of the alkali metal being perturbed; whereas the size of the spin-exchange effective field does depend on the alkali metal.
3. The classical magnetic field can be, in principle, detected by a sufficiently sensitive external magnetic field probe; whereas the spin-exchange effective field can not be detected in the way.

Because the spin-exchange effective field is difficult to calculate precisely from theory, it is usually clumped together with the classical magnetic field and parametrized by a unitless temperature dependent quantity called $\kappa_{0}$, which has been measured empirically. The temperature dependence of $\kappa_{0}$ is given by:

$$
\begin{equation*}
\kappa_{0}=\kappa_{0}\left(T_{\text {ref }}\right)+m_{\kappa}\left(T-T_{\text {ref }}\right) \tag{4.98}
\end{equation*}
$$

| alkali | temp. range ${ }^{\circ} \mathrm{C}$ | $\kappa_{0}\left(T_{\text {ref }}\right)$ | $\sigma_{\kappa_{0}}$ | $m_{\kappa}$ | $\sigma_{m_{\kappa}}$ | $T_{\text {ref }}\left({ }^{\circ} \mathrm{C}\right)$ | source |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Rb | $110-350$ | 6.108 | 0.095 | 0.00916 | 0.00026 | 170 | $[34,35]$ |
| K | $150-225$ | 5.99 | 0.11 | 0.0086 | 0.0020 | 200 | $[35,40]$ |
| Na | $210-350$ | 4.72 | 0.09 | 0.00914 | 0.00056 | 200 | $[35]$ |

Table 4.1: Values for $\kappa_{0}$. The absolute value of $\kappa_{0}$ is based only on the precision Rb measurement of Romalis \& Cates [34]. The measurements of Newbury et al [32] and Barton et al [33] are excluded because they were performed over a substantially lower temperature range. The Rb temperature dependence is a weighted average of Romalis \& Cates and Babcock et al. [35]. The K to $\mathrm{Rb} \kappa_{0}$ ratio was measured by Baranga et al [40]. The $\mathrm{K} \& \mathrm{Na} \kappa_{0}$ ratio with Rb along with the temperature dependencies were measured by Babcock et al. There are some inconsistencies between the Na $\kappa_{0}$ between Eqn. (8) and Tabs. I \& II (quoted here) of [35].
where $T \& T_{\text {ref }}$ are in degrees Celsius and the parameters for $\mathrm{Rb}, \mathrm{K}$, and Na are listed in Tab. 4.1).

The geometric factor $\kappa_{\text {geo }}$ is the ratio of the classical magnetic field produced by the ${ }^{3} \mathrm{He}$ for the cell geometry to the classical magnetic field produced by a uniformly polarized spherical ${ }^{3} \mathrm{He}$ sample:

$$
\begin{equation*}
\kappa_{\text {geo }}=\frac{\langle\hat{z} \cdot \vec{B}(\vec{u})\rangle}{\left\langle\hat{z} \cdot \vec{B}_{\text {sphere }}\right\rangle}=\left\langle\frac{3}{8 \pi} \int\left[\frac{P\left(\vec{u}^{\prime}\right) n\left(\vec{u}^{\prime}\right)}{P_{\mathrm{pc}} n_{\mathrm{pc}}}\right] \frac{3(\hat{z} \cdot \hat{n})^{2}-1}{\left|\vec{u}-\vec{u}^{\prime}\right|^{3}} d^{3} u^{\prime}\right\rangle \tag{4.99}
\end{equation*}
$$

where $\hat{z}$ is the direction of the holding field and consequently the magnetization vector, $\vec{B}_{\text {sphere }}$ is constant inside a uniformly magnetized sphere, $\hat{n}$ is the unit vector from a volume element $d^{3} u^{\prime}$ at $\vec{u}^{\prime}$ to the observation point $\vec{u}, P\left(\vec{u}^{\prime}\right) n\left(\vec{u}^{\prime}\right)$ is the polarization-density product at $\vec{u}^{\prime}$, and the brackets $\langle\cdots\rangle$ indicate a weighted average defined by Eqn. 4.93). This factor $\kappa_{\text {geo }}$ is also closely related to the "demagnetization factor" (or "coefficient of induced magnetization" or "demagnetizing factor") $D$ used in calculations of the field inside of permanent magnets [41], see

| shape | orientation | $D /(4 \pi)$ |
| :--- | :--- | :---: |
| sphere | - | $1 / 3$ |
| prolate spheroid | major axis | $\left[\rho^{2} \operatorname{atanh}(e)-\rho^{2} e\right] / e^{3}$ |
| prolate spheroid | minor axis | $\left[e-\rho^{2} \operatorname{atanh}(e)\right] /\left(2 e^{3}\right)$ |
| oblate spheroid | major axis | $\left[\rho \operatorname{asin}(e)-\rho^{2} e\right] /\left(2 e^{3}\right)$ |
| oblate spheroid | minor axis | $[e-\rho \operatorname{asin}(e)] /\left(e^{3}\right)$ |
| infinite elliptical cylinder | major axis | $\rho /(1+\rho)$ |
| infinite elliptical cylinder | minor axis | $1 /(1+\rho)$ |
| infinite cylinder | cylinder axis | 0 |

Table 4.2: Demagnetization Factors for Different Uniformly Magnetized Shapes. The classical magnetic field inside a uniformly magnetized ellipsoid is constant and given by $\vec{B}=(2 / 3) \mu_{0} \kappa_{\text {geo }} \vec{M}=\mu_{0}(1-D /(4 \pi)) \vec{M}$. The factors listed here are from Osborn [42] who also lists the results for a general ellipsoid. Orientation denotes the direction of the magnetization. A prolate (oblate) spheroid is an ellipsoid formed from the revolution of an ellipse about its minor (major) axis. The ratio of the minor to major axis of the ellipse is $\rho$ where $\rho=1$ for a circle. The eccentricity of the ellipse is $e=\sqrt{1-\rho^{2}}$ where $e=0$ for a circle. The result for the infinite cylinder is the same for a cylinder of any (but uniform) cross section.

Tab. (4.2):

$$
\begin{equation*}
\kappa_{\mathrm{geo}}=\frac{1-D /(4 \pi)}{2 / 3} \tag{4.100}
\end{equation*}
$$

This indicates that the value of $\kappa_{\text {geo }}$ is 1 for a spherical pumping chamber, $3 / 2$ for an infinitely long cylindrical pumping chamber magnetized along its axis, and $3 / 4$ for an infinitely long circular cylindrical pumping chamber magnetized perpendicular to its axis.

For the case of a target cell (in direct analogy to the "flux gain" $G_{\Phi}^{x}$ see Eqn. (4.46)), $\kappa_{\text {geo }}$ can be written as:

$$
\begin{equation*}
\kappa_{\text {geo }}=1+\kappa_{\mathrm{pc}}+\kappa_{\mathrm{tt}}\left(\frac{P_{\mathrm{tt}} n_{\mathrm{tt}}}{P_{\mathrm{pc}} n_{\mathrm{pc}}}\right)+\kappa_{\mathrm{tc}}\left(\frac{P_{\mathrm{tc}} n_{\mathrm{tc}}}{P_{\mathrm{pc}} n_{\mathrm{pc}}}\right) \tag{4.101}
\end{equation*}
$$

where the factor of 1 indicates that the pumping chamber is nearly a uniformly po-
larized sphere, $\kappa_{\mathrm{pc}}$ is the factor that accounts for the non-sphericity of the pumping chamber (i.e. the pull-off tip), $\kappa_{\mathrm{tt}}$ is the contribution from the transfer tube, and $\kappa_{\mathrm{tc}}$ is the contribution from the target chamber. We can estimate the size of these three factors by modeling them as spheres which gives $\kappa_{x}=-\left(3 V_{x}\right) /\left(8 \pi d_{x}^{3}\right)$, where $V_{x}$ is the volume of the region and $d$ is the distance from the center of the region to the center of the pumping chamber. For typical target cell geometries, we find $\kappa_{\text {geo }} \approx 0.97$. Therefore ignoring these terms introduces only about a $0.5 \%$ error on $\left(\kappa_{0}-1+\kappa_{\text {geo }}\right)$ and $B_{\mathrm{He}}$.

Since the effective field due to ${ }^{3} \mathrm{He}$ is largely independent of the cell geometry (when the pumping chamber is spherical), we can pull it out of the fluorescence intensity averaging:

$$
\begin{equation*}
\frac{(\Delta B)}{2}=\frac{\Delta \nu_{\mathrm{RF}}}{d \nu / d B}=B_{\mathrm{He}}\left[\frac{1}{2} \frac{d B}{d \omega}\left(\left\langle\frac{d \omega_{m}^{\uparrow}}{d B}\right\rangle_{\uparrow}+\left\langle\frac{d \omega_{m}^{\downarrow}}{d B}\right\rangle_{\downarrow}\right)\right] \tag{4.102}
\end{equation*}
$$

In calculating $B_{\mathrm{He}}$, we have, thus far, assumed that only the end transition is being excited. In other words, the slope $d \nu / d B$ used to convert from frequency to magnetic field is evaluated for the end transition. If the alkali polarization is very high, the different transitions are well resolved ( $\omega_{m}-\omega_{m-1} \gg \gamma_{m}+\gamma_{m-1}$ ), or the holding field is sufficiently low, then the bracketed term in Eqn. (4.102) is to a very good approximation 1.

The slope $d \nu / d B$ is nearly constant and independent of the transition at low field. Only higher terms order in the magnetic field have a dependence on the transition, see Eqn. E.265). "Low" field is judged by the strength of the Zeeman interaction relative to the hyperfine interaction. For ${ }^{39} \mathrm{~K}$ and ${ }^{85} \mathrm{Rb}$, low field therefore is defined to be much less than $B_{\mathrm{hfs}}=165$ gauss and $B_{\mathrm{hfs}}=1080$ gauss respectively.

The largest possible correction to the slope comes from the transition adjacent to the end transition. We can estimate the lowest order contribution to the correction by calculating the weighted average slope with weights given by the strength of the transition, the relative populations of the states involved in the transitions, and the frequency difference between the transitions:

$$
\begin{equation*}
\frac{d B}{d \omega}\left\langle\frac{d \omega_{m}}{d B}\right\rangle-1 \approx \frac{4 x}{2 I+1}\left[1+\left(\frac{1+\bar{P}}{a(1-\bar{P})}\right) \frac{\left(1+v^{2}\right)^{2}+\left(1+3 v^{2}\right) u^{2}+3 u^{4} / 8}{1+u^{2}+3 u^{4} / 8}\right]^{-1} \tag{4.103}
\end{equation*}
$$

where $x=B_{0} / B_{\mathrm{hfs}}$ is the relative field, $u=2 \Omega_{\mathrm{mod}} /\left(\gamma_{m}+\gamma_{m-1}\right)$ is the relative modulation amplitude, $v=8 \pi \nu_{\mathrm{hfs}} x^{2} /(2 I+1)^{2} /\left(\gamma_{m}+\gamma_{m-1}\right)$ is the relative frequency difference between the transitions (see Eqn. (E.263)), and $\bar{P}$ is the average alkali polarization. The transition matrix element ratio (see Eqn. (E.877) is $a=7 / 3$ (2), the nuclear spin is $I=5 / 2(3 / 2)$, and the hyperfine splitting is $\nu_{\mathrm{hfs}}=3036(0.462) \mathrm{MHz}$ for ${ }^{85} \mathrm{Rb}\left({ }^{39} \mathrm{~K}\right)$. Under our typical conditions, $B_{0}=25 \mathrm{G}$, the ${ }^{39} \mathrm{~K}$ transitions are very well resolved implying that $v \gg 1$ and the correction is completely negligible. The worst case scenario occurs when $u \gg 1, v$, for ${ }^{85} \mathrm{Rb}$, we find that the correction is $0.5 \%$ when $\bar{P}=0.7$. However, under our typical conditions, $u<1 \& v \approx 1$ implying that the correction is $0.2 \%$ when $\bar{P}=0.7$.

### 4.4.5 AC Zeeman Shift Due to the NMR RF Field

## Introduction

The oscillating NMR RF field used for AFP also causes a small frequency shift $(\Delta \nu)_{\mathrm{rf}}$, in this case, due to the AC Zeeman effect. If the magnitude of the NMR RF field changes during AFP, then its corresponding frequency shift is different for the two directions of the ${ }^{3} \mathrm{He}$ spins causing a correlation described by the second pair


Figure 4.8: Typical EPR Measurement Sequence. The He spins are flipped using frequency sweep NMR-AFP. The top plot shows the entire data set which includes four ${ }^{3} \mathrm{He}$ spin flips. The shift due to the NMR RF field at 30.0 kHz can be seen at $75 \mathrm{sec}<t<175 \mathrm{sec}, 250 \mathrm{sec}<t<325 \mathrm{sec}$, and finally $425 \mathrm{sec}<t<500 \mathrm{sec}$. Note that the sign of the RF shift is independent of the direction of the ${ }^{3} \mathrm{He}$ spins. The shift due to the NMR RF field at 56.6 kHz is much smaller, but is visible at $0 \mathrm{sec}<t<70 \mathrm{sec}$, see the bottom plot. Because the NMR RF coil resonates at about 20 kHz , the amplitude of the RF field at 30.0 kHz is much larger than the amplitude of the RF field at 56.6 kHz for the same function generator set amplitude $V_{\text {set }}=300 \mathrm{mV}$.
of terms in Eqn. (4.92). Under this condition, the partially canceled frequency shift due to the NMR RF field also contributes to \& contaminates the EPR frequency difference: $\left.\Delta \nu_{\mathrm{EPR}}=2 \times(\Delta \nu)_{\mathrm{He}}+\left[(\Delta \nu)_{\mathrm{rf}}^{\uparrow}-(\Delta \nu)_{\mathrm{rf}}^{\downarrow}\right)\right]$. This could potentially be a large systematic error in the determination of the ${ }^{3} \mathrm{He}$ polarization.

The result of a typical EPR measurement at UVa is shown in Fig. 4.8. At the start of an EPR polarization measurement, the total static magnetic field seen by the alkali atoms is $B=B_{0}+B_{\mathrm{He}}$, which corresponds to an EPR frequency of:

$$
\begin{equation*}
\left(\nu_{\mathrm{EPR}}^{\uparrow}\right)_{\mathrm{off}}=\nu_{0}+(\Delta \nu)_{\mathrm{He}} \tag{4.104}
\end{equation*}
$$

Under our typical conditions, $B_{0}=13 \mathrm{G}$ and, for the "well state" transition of ${ }^{39} \mathrm{~K}$, the EPR frequency is around 9.7 MHz . After measuring this EPR frequency for several seconds, the NMR RF field is turned on with a frequency of 56.6 kHz . This

NMR RF field causes an additional shift in the EPR frequency:

$$
\begin{equation*}
\left(\nu_{\mathrm{EPR}}^{\uparrow}\right)_{\mathrm{on}}=\nu_{0}+(\Delta \nu)_{\mathrm{He}}+(\Delta \nu)_{\mathrm{rf}}^{\uparrow} \tag{4.105}
\end{equation*}
$$

After again measuring the EPR frequency for several seconds, the NMR RF frequency is swept over a period of 6 seconds from 56.6 kHz , through resonance at 42.2 kHz , to 30.0 kHz . The rate is chosen to be fast enough to minimize the ${ }^{3} \mathrm{He}$ relaxation at resonance, but slow enough for the ${ }^{3} \mathrm{He}$ spins to follow the effective field in the rotating frame adiabatically. After the spins have been flipped, the total static magnetic field felt by the alkali atoms is $B=B_{0}-B_{\mathrm{He}}$ which corresponds to an EPR frequency of:

$$
\begin{equation*}
\left(\nu_{\mathrm{EPR}}^{\downarrow}\right)_{\mathrm{on}}=\nu_{0}-(\Delta \nu)_{\mathrm{He}}+(\Delta \nu)_{\mathrm{rf}}^{\downarrow} \tag{4.106}
\end{equation*}
$$

and then we turn the NMR RF off to measure:

$$
\begin{equation*}
\left(\nu_{\mathrm{EPR}}^{\downarrow}\right)_{\mathrm{off}}=\nu_{0}-(\Delta \nu)_{\mathrm{He}} \tag{4.107}
\end{equation*}
$$

To conclude the EPR measurement, we follow the same steps already mentioned, but in reverse order: (1) the NMR RF on at 30.0 kHz , (2) measure the EPR frequency, (3) sweep the NMR RF frequency from 30.0 kHz to 56.6 kHz , (4) measure the EPR frequency, (5) turn the NMR RF off, and (6) measure the EPR frequency. In addition to this measurement sequence, Fig. (4.8) also shows the results of an analogous measurement sequence for which the NMR frequency sweep from 30.0 kHz to 56.6 kHz and then back to 30.0 kHz . Using these measurements, there are
two frequency differences that can be used to extract the ${ }^{3} \mathrm{He}$ polarization:

$$
\begin{align*}
& \left.\Delta\left(\nu_{\mathrm{EPR}}\right)_{\mathrm{on}}=\left(\nu_{\mathrm{EPR}}^{\uparrow}\right)_{\mathrm{on}}-\left(\nu_{\mathrm{EPR}}^{\downarrow}\right)_{\mathrm{on}}=2 \times(\Delta \nu)_{\mathrm{He}}+\left[(\Delta \nu)_{\mathrm{rf}}^{\uparrow}-(\Delta \nu)_{\mathrm{rf}}^{\downarrow}\right)\right]  \tag{4.108}\\
& \Delta\left(\nu_{\mathrm{EPR}}\right)_{\text {off }}=\left(\nu_{\mathrm{EPR}}^{\uparrow}\right)_{\text {off }}-\left(\nu_{\mathrm{EPR}}^{\downarrow}\right)_{\text {off }}=2 \times(\Delta \nu)_{\mathrm{He}} \tag{4.109}
\end{align*}
$$

If there is no shift associated with the NMR RF field $\left((\Delta \nu)_{\mathrm{rf}}^{\uparrow}=(\Delta \nu)_{\mathrm{rf}}^{\downarrow}=0\right)$ or if the size of frequency shift associated with the NMR RF field stays the same after the ${ }^{3}$ He spins are flipped $\left.\left(\left[(\Delta \nu)_{r f}^{\uparrow}-(\Delta \nu)_{\mathrm{rf}}^{\downarrow}\right)\right]=0\right)$, then the two frequency differences are identical. However, at least at UVa, this is not the case.

Based on Figs. (4.8) \& (4.9), we'll make the following observations of the what we call "NMR RF Shift" Effect:

1. the size of $(\Delta \nu)_{\mathrm{rf}}$ has no measurable dependence on the sign and magnitude of the ${ }^{3} \mathrm{He}$ polarization
2. the size of $(\Delta \nu)_{\mathrm{rf}}$ at 13 G appears to in the kHz range for both ${ }^{85} \mathrm{Rb}$ and ${ }^{39} \mathrm{~K}$
3. the sign of $(\Delta \nu)_{\mathrm{rf}}$ is positive for both the "well" state transition $-(I+1 / 2) \leftrightarrow$ $-(I-1 / 2)$ and the "hat" state transition $+(I+1 / 2) \leftrightarrow+(I-1 / 2)$
4. the size of $(\Delta \nu)_{\mathrm{rf}}$ increases with the NMR RF amplitude and decreases with the NMR RF frequency

Originally, we thought that $(\Delta \nu)_{\mathrm{rf}} \neq 0$ was due to a direct coupling between the NMR RF coils and the photodiode used for EPR. We tested this hypothesis by increasing the distance between the EPR photodiode and the NMR RF coils. The fluorescence from the cell needed as an input to the EPR feedback circuit was captured by an optical fiber instead of the photodiode directly. Because we used a very long optical fiber, the distance between the EPR photodiode and NMR RF


Figure 4.9: EPR in the High Energy or "Hat" State for ${ }^{39} \mathrm{~K}$ (top) and ${ }^{85} \mathrm{Rb}$ (bottom) at 13 Gauss. In the top plot, we see that the shift depends on NMR frequency. This is because circuit used to drive the NMR RF coils resonates at about 20 kHz . In the bottom plot, we see that the NMR RF shift in independent of the size of the shift due to the polarized ${ }^{3} \mathrm{He}$ gas.
coils was several meters. When we performed the EPR measurement under these conditions, we still observed a frequency shift when the NMR RF was turned on and off.

Our new hypothesis (which we believe is correct) is that the NMR RF field directly interacts with the alkali atoms to produce a frequency shift via the AC Zeeman effect. Under our experimental conditions, $B_{0}>10$ Gauss, $\nu_{0}>5 \mathrm{MHz}$, $\nu_{\mathrm{rf}}=(40 \pm 20) \mathrm{kHz}, B_{\mathrm{rf}}<0.5$ Gauss, and, using the results of Sec. (4.4.5), the size of the shift is given by:

$$
\begin{equation*}
(\Delta \nu)_{\mathrm{rf}}=\frac{F(F+1)-m(m-1)}{4 \nu_{\mathrm{EPR}}}\left[\frac{\partial \nu}{\partial B} B_{\mathrm{rf}}\right]^{2} \tag{4.110}
\end{equation*}
$$

where $F=I \pm 1 / 2, I$ is the nuclear spin of the alkali atom, $\nu_{\operatorname{EPR}}$ is the frequency of the $|F, m\rangle \leftrightarrow|F, m-1\rangle$ transition, $\partial \nu / \partial B$ is given by Eqn. (E.265), and $B_{\mathrm{rf}}$ is the amplitude of the NMR RF Field in the lab frame. Tab. (4.3) lists the quantitative size of the shift for ${ }^{85} \mathrm{Rb}$ and ${ }^{39} \mathrm{~K}$ under our conditions. Because, for incidental historical reasons, the NMR RF coils resonate at 20 kHz (see Fig. (4.11)), the NMR RF field
amplitude is higher at 30.0 kHz than at 56.6 kHz for the same set control voltage, which implies $(\Delta \nu)_{\mathrm{rf}}^{\uparrow} \neq(\Delta \nu)_{\mathrm{rf}}^{\downarrow}$. Therefore, in order to avoid all these difficulties, it is much better to use $\Delta\left(\nu_{\mathrm{EPR}}\right)_{\text {off }}$ than $\Delta\left(\nu_{\mathrm{EPR}}\right)_{\text {on }}$ to calculate the ${ }^{3} \mathrm{He}$ polarization. To do this, all you have to do is take data with the NMR RF field off before and after the AFP frequency sweep.

## Calculating the Shift Due to the NMR RF Field: The AC Zeeman Effect

To calculate the shift due to the AC Zeeman effect, we'll follow and in some cases generalize the basic arguments found in problem 2.7 of [43]. Since we are only interested in a given Zeeman transition within the EPR spectrum, we'll focus only on the states involved in the transition. This results in a two state system $(|m\rangle \&$ $|m-1\rangle)$ with a Hamiltonian written as:

$$
\begin{equation*}
\mathcal{H}_{0}=\hbar \omega_{0} F_{z} \tag{4.111}
\end{equation*}
$$

where $F_{z}$ is the $z$-component of the total atomic angular momentum, $\hbar$ is the Planck constant divided by $2 \pi$, and $\omega_{0}$ is the EPR frequency for the transition for a magnetic field $B_{0}$. If another much smaller magnetic field $B_{1} \ll B_{0}$ is turned on, then we can write the additional Zeeman interaction as:

$$
\begin{equation*}
\mathcal{H}_{1}=-\mu \cdot \overrightarrow{B_{1}}=-g \mu_{B} \vec{F} \cdot \overrightarrow{B_{1}} \tag{4.112}
\end{equation*}
$$

where $g$ is the effective or Lande $g$-factor, $\mu_{B}$ is the Bohr magneton, and $\vec{F}$ is the total atomic angular momentum. In general, $g$ depends on the total magnetic field in the $z$-direction, the hyperfine manifold $F$, and the magnetic substate $m$. Its form can be obtained by considering the case when $\overrightarrow{B_{1}}$ is in the $z$-direction (the same
direction as $\vec{B}_{0}$ ). In this case, the total Hamiltonian can be written in two ways:

$$
\begin{equation*}
\mathcal{H}=\mathcal{H}_{0}+\mathcal{H}_{1}=\hbar \omega F_{z}=\hbar \omega_{0} F_{z}-g \mu_{B} F_{z} B_{1} \tag{4.113}
\end{equation*}
$$

Taylor expanding $\omega=\omega\left(B_{0}+B_{1}\right)$ about $B_{0}$ gives:

$$
\begin{equation*}
\omega\left(B_{0}+B_{1}\right)=\omega\left(B_{0}\right)+\left(B_{0}+B_{1}-B_{0}\right) \frac{\partial \omega}{\partial B}=\omega_{0}+B_{1} \frac{\partial \omega}{\partial B} \tag{4.114}
\end{equation*}
$$

Putting this together gives the form of the effective $g$-factor:

$$
\begin{equation*}
\hbar \omega F_{z}-\hbar \omega_{0} F_{z}=-g \mu_{B} F_{z} B_{1} \quad \rightarrow \quad g=-\left(\frac{\hbar}{\mu_{B}}\right) \frac{\partial \omega}{\partial B} \tag{4.115}
\end{equation*}
$$

where the derivative is evaluated at $B_{0}$.
We'll now consider the case of an oscillating RF field in the $x$-direction:

$$
\begin{equation*}
\mathcal{H}=\hbar \omega_{0} F_{z}-g \mu_{B} F_{x} B_{\mathrm{rf}} \cos \left(\omega_{\mathrm{rf}} t\right) \tag{4.116}
\end{equation*}
$$

where $B_{\mathrm{rf}}$ is the amplitude of the RF field in the lab frame and $\omega_{\mathrm{rf}}$ is the angular frequency of the RF field. In general, the non-zero matrix elements of $F_{z}$ and $F_{x}=$ $\left(F_{+}+F_{-}\right) / 2$ are:

$$
\begin{gather*}
\langle m| F_{z}|m\rangle=m \quad\langle m-1| F_{z}|m-1\rangle=m-1  \tag{4.117}\\
\langle m-1| F_{x}|m\rangle=\langle m| F_{x}|m-1\rangle=(1 / 2) \sqrt{F(F+1)-m(m-1)} \tag{4.118}
\end{gather*}
$$

Using these formulas, we can rewrite the Hamiltonian using the Pauli spin matrices:

$$
\begin{equation*}
\mathcal{H}=\hbar \omega_{0} \bar{m}+\hbar \omega_{0} \sigma_{z} / 2+\hbar \Omega_{\mathrm{rf}} \sigma_{x} \cos \left(\omega_{\mathrm{rf}} t\right) / 2 \tag{4.119}
\end{equation*}
$$

where $\bar{m}=m-1 / 2$ is the mean $m$ associated with the transition and $\Omega_{\mathrm{rf}}$ is given by:

$$
\begin{equation*}
\Omega_{\mathrm{rf}}=\frac{\partial \omega}{\partial B} B_{\mathrm{rf}} \sqrt{F(F+1)-m(m-1)} \tag{4.120}
\end{equation*}
$$

Since $\hbar \omega_{0} \bar{m}$ is an overall constant energy offset, we can safely drop it from the Hamiltonian. For convenience, we'll relabel two eigenstates of $\mathcal{H}_{0}$ as $|a\rangle=|m\rangle$ and $|b\rangle=|m-1\rangle$. The eigenstates of the full Hamiltonian $\mathcal{H}$ are denoted as $|1\rangle \&|2\rangle$ and can be expanded as:

$$
\begin{align*}
& |1\rangle=a_{1} \exp \left(-i \omega_{0} t / 2\right)|a\rangle+b_{1} \exp \left(+i \omega_{0} t / 2\right)|b\rangle  \tag{4.121}\\
& |2\rangle=a_{2} \exp \left(-i \omega_{0} t / 2\right)|a\rangle+b_{2} \exp \left(+i \omega_{0} t / 2\right)|b\rangle \tag{4.122}
\end{align*}
$$

where orthonormality enforces:

$$
\begin{equation*}
\left|a_{1}\right|^{2}+\left|b_{1}\right|^{2}=\left|a_{2}\right|^{2}+\left|b_{2}\right|^{2}=1 \quad a_{1}^{*} a_{2}+b_{1}^{*} b_{2}=0 \tag{4.123}
\end{equation*}
$$

Because we've chose to expand $|1\rangle \&|2\rangle$ in this way, they automatically satisfy the Schrodinger equations with $a_{1}=b_{2}=1 \& a_{2}=b_{1}=0$ when there is no RF field $\Omega_{\mathrm{rf}}=0$. Our goal now is to obtain a solution correct to the lowest order for the case when $0<\Omega_{\mathrm{rf}} \ll \omega_{0}$.

Applying Schrodinger equation to $|1\rangle$, we get a pair of coupled equations:

$$
\begin{align*}
i \hbar\left(\dot{a}_{1}-i \omega_{0} a_{1} / 2\right) \exp \left(-i \omega_{0} t / 2\right)= & +\left(\hbar \omega_{0} a_{1} / 2\right) \exp \left(-i \omega_{0} t / 2\right) \\
& +\left(\hbar \Omega_{\mathrm{rf}} b_{1} / 2\right) \exp \left(+i \omega_{0} t / 2\right) \cos \left(\omega_{\mathrm{rf}} t\right)  \tag{4.124}\\
i \hbar\left(\dot{b}_{1}+i \omega_{0} b_{1} / 2\right) \exp \left(+i \omega_{0} t / 2\right)= & -\left(\hbar \omega_{0} b_{1} / 2\right) \exp \left(+i \omega_{0} t / 2\right) \\
& +\left(\hbar \Omega_{\mathrm{rf}} a_{1} / 2\right) \exp \left(-i \omega_{0} t / 2\right) \cos \left(\omega_{\mathrm{rf}} t\right) \tag{4.125}
\end{align*}
$$

After rearranging a few things we get:

$$
\begin{align*}
& \dot{a}_{1}=-\left(i \Omega_{\mathrm{rf}} b_{1} / 2\right) \exp \left(+i \omega_{0} t\right) \cos \left(\omega_{\mathrm{rf}} t\right)  \tag{4.126}\\
& \dot{b}_{1}=-\left(i \Omega_{\mathrm{rf}} a_{1} / 2\right) \exp \left(-i \omega_{0} t\right) \cos \left(\omega_{\mathrm{rf}} t\right) \tag{4.127}
\end{align*}
$$

Since $\Omega_{\mathrm{rf}}$ is small, it's not unreasonable to assume that $\left|a_{1}\right| \approx 1$. In other words, we'll make the ansatz that $a_{1}=\exp \left(-i \omega_{!} t\right)$. Using this form of $a_{1}$ allows us to directly integrate $\dot{b}_{1}$ to give:

$$
\begin{align*}
b_{1}=\int \dot{b}_{1} d t & =-\left(i \Omega_{\mathrm{rf}} / 2\right) \int \exp \left(-i\left(\omega_{1}+\omega_{0}\right) t\right) \cos \left(\omega_{\mathrm{rf}} t\right) d t  \tag{4.128}\\
& =-\left(i \Omega_{\mathrm{rf}} / 4\right) \int\left[\exp \left(-i\left(\omega_{1}+\omega_{0}-\omega_{\mathrm{rf}}\right) t\right)+\exp \left(-i\left(\omega_{1}+\omega_{0}+\omega_{\mathrm{rf}}\right) t\right)\right] d t \\
& =-\left(i \Omega_{\mathrm{rf}} / 4\right)\left[\frac{\exp \left(-i\left(\omega_{1}+\omega_{0}-\omega_{\mathrm{rf}}\right) t\right)}{-i\left(\omega_{1}+\omega_{0}-\omega_{\mathrm{rf}}\right)}+\frac{\exp \left(-i\left(\omega_{1}+\omega_{0}+\omega_{\mathrm{rf}}\right) t\right)}{-i\left(\omega_{1}+\omega_{0}+\omega_{\mathrm{rf}}\right)}\right] \\
& =\frac{\Omega_{\mathrm{rf}}}{4}\left[\frac{\exp \left(-i\left(\omega_{1}+\omega_{0}-\omega_{\mathrm{rf}}\right) t\right)}{\omega_{1}+\omega_{0}-\omega_{\mathrm{rf}}}+\frac{\exp \left(-i\left(\omega_{1}+\omega_{0}+\omega_{\mathrm{rf}}\right) t\right)}{\omega_{1}+\omega_{0}+\omega_{\mathrm{rf}}}\right] \tag{4.129}
\end{align*}
$$

Using this solution for $b_{1}$ and the ansatz for $a_{1}$, we now apply the equation for $\dot{d}_{1}$ :

$$
\begin{align*}
\dot{a}_{1}= & -\left(i \Omega_{\mathrm{rf}} b_{1} / 2\right) \exp \left(+i \omega_{0} t\right) \cos \left(\omega_{\mathrm{rf}} t\right) \\
-i \omega_{1} \exp \left(-i \omega_{1} t\right)= & -i \frac{\Omega_{\mathrm{rf}}^{2}}{8} \exp \left(+i \omega_{0} t\right) \cos \left(\omega_{\mathrm{rf}} t\right) \\
& \times\left[\frac{\exp \left(-i\left(\omega_{1}+\omega_{0}-\omega_{\mathrm{rf}}\right) t\right)}{\omega_{1}+\omega_{0}-\omega_{\mathrm{rf}}}+\frac{\exp \left(-i\left(\omega_{1}+\omega_{0}+\omega_{\mathrm{rf}}\right) t\right)}{\omega_{1}+\omega_{0}+\omega_{\mathrm{rf}}}\right] \\
\omega_{1}= & \frac{\Omega_{\mathrm{rf}}^{2}}{8} \cos \left(\omega_{\mathrm{rf}} t\right)\left[\frac{\exp \left(+i \omega_{\mathrm{rf}} t\right)}{\omega_{1}+\omega_{0}-\omega_{\mathrm{rf}}}+\frac{\exp \left(-i \omega_{\mathrm{rf}} t\right)}{\omega_{1}+\omega_{0}+\omega_{\mathrm{rf}}}\right] \\
= & \frac{\Omega_{\mathrm{rf}}^{2}}{16}\left[\exp \left(+i \omega_{\mathrm{rf}} t\right)+\exp \left(-i \omega_{\mathrm{rf}} t\right)\right]\left[\frac{\exp \left(+i \omega_{\mathrm{rf}} t\right)}{\omega_{1}+\omega_{0}-\omega_{\mathrm{rf}}}+\frac{\exp \left(-i \omega_{\mathrm{rf}} t\right)}{\omega_{1}+\omega_{0}+\omega_{\mathrm{rf}}}\right] \\
= & \frac{\Omega_{\mathrm{rf}}^{2}}{16}\left[\frac{1+\exp \left(+2 i \omega_{\mathrm{rf}} t\right)}{\omega_{1}+\omega_{0}-\omega_{\mathrm{rf}}}+\frac{1+\exp \left(-2 i \omega_{\mathrm{rf}} t\right)}{\omega_{1}+\omega_{0}+\omega_{\mathrm{rf}}}\right] \tag{4.130}
\end{align*}
$$

Our first approximation will be to drop the rapidly oscillating terms to get:

$$
\begin{equation*}
\omega_{1}=\frac{\Omega_{\mathrm{rf}}^{2}}{8}\left[\frac{\omega_{1}+\omega_{0}}{\left(\omega_{1}+\omega_{0}\right)^{2}-\omega_{\mathrm{rf}}^{2}}\right] \tag{4.131}
\end{equation*}
$$

Our second approximation is that $\omega_{1} \ll \omega_{0}$, which allows us to solve for $\omega_{1}$ :

$$
\begin{align*}
\omega_{1} & =\frac{\Omega_{\mathrm{rf}}^{2}}{8}\left[\frac{\omega_{0}}{\omega_{0}^{2}-\omega_{\mathrm{rf}}^{2}}\right]\left[1+\frac{\omega_{1}}{\omega_{0}}\right]\left[1+\frac{2 \omega_{1} \omega_{0}+\omega_{1}^{2}}{\omega_{0}^{2}-\omega_{\mathrm{rf}}^{2}}\right]^{-1}  \tag{4.132}\\
& \approx \frac{\Omega_{\mathrm{rf}}^{2}}{8}\left[\frac{\omega_{0}}{\omega_{0}^{2}-\omega_{\mathrm{rf}}^{2}}\right]\left[1-\frac{\omega_{1}}{\omega_{0}}\left(\frac{\omega_{0}^{2}+\omega_{\mathrm{rf}}^{2}}{\omega_{0}^{2}-\omega_{\mathrm{rf}}^{2}}\right)\right]  \tag{4.133}\\
& =\frac{\Omega_{\mathrm{rf}}^{2}}{8}\left[\frac{\omega_{0}}{\omega_{0}^{2}-\omega_{\mathrm{rf}}^{2}}\right]\left[1+\frac{\Omega_{\mathrm{rf}}^{2}\left(\omega_{0}^{2}+\omega_{\mathrm{rf}}^{2}\right)}{8\left(\omega_{0}^{2}-\omega_{\mathrm{rf}}^{2}\right)^{2}}\right]^{-1} \tag{4.134}
\end{align*}
$$

For self-consistency, this approximation necessarily implies that $\Omega_{\mathrm{rf}} \ll \omega_{0}$ which is roughly equivalent to our earlier assertion that $B_{\mathrm{rf}} \ll B_{0}$. Our third and final approximation is that the frequency of the RF field is far from resonance, $\omega_{\mathrm{rf}} \ll \omega_{0}$, which finally gives:

$$
\begin{equation*}
\omega_{1}=\frac{\Omega_{\mathrm{rf}}^{2}}{8}\left[\frac{\omega_{0}}{\omega_{0}^{2}-\omega_{\mathrm{rf}}^{2}}\right]\left[1+\frac{\Omega_{\mathrm{rf}}^{2}\left(\omega_{0}^{2}+\omega_{\mathrm{rf}}^{2}\right)}{8\left(\omega_{0}^{2}-\omega_{\mathrm{rf}}^{2}\right)^{2}}\right]^{-1} \approx \frac{\Omega_{\mathrm{rf}}^{2}}{8 \omega_{0}} \tag{4.135}
\end{equation*}
$$

We can follow this same calculation for $|2\rangle$ where $a_{2}$ plays the same role as $b_{1}$, $b_{2}$ plays the same role as $a_{1}$, and we must flip the sign of $\omega_{0}$ :

$$
\begin{align*}
& a_{2}=\frac{\Omega_{\mathrm{rf}}}{4}\left[\frac{\exp \left(-i\left(\omega_{2}-\omega_{0}-\omega_{\mathrm{rf}}\right) t\right)}{\omega_{2}-\omega_{0}-\omega_{\mathrm{rf}}}+\frac{\exp \left(-i\left(\omega_{2}-\omega_{0}+\omega_{\mathrm{rf}}\right) t\right)}{\omega_{2}-\omega_{0}+\omega_{\mathrm{rf}}}\right]  \tag{4.136}\\
& b_{2}=\exp \left(-i \omega_{2} t\right)  \tag{4.137}\\
& \omega_{2} \approx-\frac{\Omega_{\mathrm{rf}}^{2}}{8 \omega_{0}} \tag{4.138}
\end{align*}
$$

Putting this altogether gives:

$$
\begin{align*}
|1\rangle & =\exp \left(-i\left(\omega_{0} / 2+\omega_{1}\right) t\right)|a\rangle+b_{1} \exp \left(+i \omega_{0} t / 2\right)|b\rangle  \tag{4.139}\\
|2\rangle & =a_{2} \exp \left(-i \omega_{0} t / 2\right)|a\rangle+\exp \left(+i\left(\omega_{0} / 2-\omega_{2}\right) t\right)|b\rangle  \tag{4.140}\\
b_{1} & =+\frac{\Omega_{\mathrm{rf}}}{4 \omega_{0}} \exp \left(-i\left(\omega_{1}+\omega_{0}\right) t\right) \cos \left(\omega_{\mathrm{rf}} t\right)  \tag{4.141}\\
a_{2} & =-\frac{\Omega_{\mathrm{rf}}}{4 \omega_{0}} \exp \left(-i\left(\omega_{2}-\omega_{0}\right) t\right) \cos \left(\omega_{\mathrm{rf}} t\right)  \tag{4.142}\\
\omega_{1}=-\omega_{2} & =\frac{\Omega_{\mathrm{rf}}^{2}}{8 \omega_{0}} \tag{4.143}
\end{align*}
$$

To lowest order, the energy levels are:

$$
\begin{align*}
\langle 1| \mathcal{H}|1\rangle & =\langle 1| i \hbar \frac{\partial|1\rangle}{\partial t} \approx+\hbar\left(\omega_{0} / 2+\omega_{1}\right)  \tag{4.144}\\
\langle 2| \mathcal{H}|2\rangle & =\langle 2| i \hbar \frac{\partial|2\rangle}{\partial t} \approx-\hbar\left(\omega_{0} / 2-\omega_{2}\right) \tag{4.145}
\end{align*}
$$

and finally the frequency is:

$$
\begin{align*}
\omega & =\frac{\langle 1| \mathcal{H}|1\rangle-\langle 2| \mathcal{H}|2\rangle}{\hbar}=\omega_{0}+\omega_{1}-\omega_{2}=\omega_{0}+\frac{\Omega_{\mathrm{rf}}^{2}}{4 \omega_{0}} \\
& =\omega_{0}\left[1+\left(\frac{\partial \omega}{\partial B} \frac{B_{\mathrm{rf}}}{2 \omega_{0}}\right)^{2}(F(F+1)-m(m-1))\right] \tag{4.146}
\end{align*}
$$

The AC Zeeman frequency shift due to an RF field for the transition $|F, m\rangle \leftrightarrow$ $|F, m-1\rangle$ when $B_{\mathrm{rf}} \ll B_{0}$ and $\nu_{\mathrm{rf}} \ll \nu_{0}$ is, to lowest order, given by:

$$
\begin{equation*}
(\Delta \nu)_{\mathrm{rf}}=\frac{F(F+1)-m(m-1)}{4 \nu_{0}}\left[\frac{\partial \nu}{\partial B} B_{\mathrm{rf}}\right]^{2} \tag{4.147}
\end{equation*}
$$

where $B_{\mathrm{rf}}$ is the magnitude of the RF field in the lab frame, $\nu_{0}$ is the frequency of the transition when $B_{\mathrm{rf}}=0$, and the derivative for $F=I \pm 1 / 2$ is given by (up to

| $B_{0}$ <br> Gauss | isotope | I | $\begin{gathered} m \\ \pm[I] / 2 \end{gathered}$ |  | $\begin{aligned} & \partial \nu / \partial B \\ & \text { kHz/G } \end{aligned}$ | $(\Delta \nu)_{\mathrm{rf}}$ <br> $\mathrm{kHz} / \mathrm{G}^{2}$ | $\begin{gathered} (\Delta \nu)_{\mathrm{He}} \\ \mathrm{kHz} / \mathrm{amg} \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 13 | ${ }^{85} \mathrm{Rb}$ | 5/2 | $\begin{aligned} & +3 \\ & -3 \end{aligned}$ | $\begin{aligned} & 6.01 \\ & 6.13 \end{aligned}$ | $\begin{aligned} & 458 \\ & 476 \end{aligned}$ | $\begin{aligned} & 52.4 \\ & 55.4 \end{aligned}$ | $\begin{aligned} & -7.08 \\ & +7.36 \end{aligned}$ |
|  |  | 3/2 | $\begin{aligned} & +2 \\ & -2 \end{aligned}$ | $\begin{aligned} & 8.59 \\ & 9.67 \end{aligned}$ | $\begin{aligned} & 622 \\ & 788 \end{aligned}$ | $\begin{aligned} & 45.0 \\ & 64.2 \end{aligned}$ | $\begin{array}{r} -9.01 \\ +11.4 \end{array}$ |
| 23 | ${ }^{85} \mathrm{Rb}$ | 5/2 | $\begin{aligned} & +3 \\ & -3 \end{aligned}$ | $\begin{aligned} & 10.55 \\ & 10.93 \end{aligned}$ | $\begin{aligned} & 451 \\ & 484 \end{aligned}$ | $\begin{aligned} & 28.9 \\ & 32.1 \end{aligned}$ | $\begin{aligned} & -6.97 \\ & +7.48 \end{aligned}$ |
|  | ${ }^{39} \mathrm{~K}$ | 3/2 | $\begin{aligned} & +2 \\ & -2 \end{aligned}$ | $\begin{aligned} & 14.54 \\ & 17.91 \end{aligned}$ | $\begin{aligned} & 569 \\ & 863 \end{aligned}$ | $\begin{aligned} & 22.3 \\ & 41.6 \end{aligned}$ | $\begin{aligned} & -8.24 \\ & +12.5 \end{aligned}$ |

Table 4.3: EPR Frequency Shifts for the End Transitions Due to the NMR RF Field \& Polarized ${ }^{3} \mathrm{He}$. We've assumed that $B_{\mathrm{rf}} \ll B_{0}$ and $\nu_{\mathrm{rf}} \ll \nu_{0}$. The $-(+)$ sign for $m$ refers to the "well" ("hat") state. For the shift due to the polarized ${ }^{3} \mathrm{He}$, we've assumed a spherical sample at a temperature of $200^{\circ} \mathrm{C}$ and $100 \%$ polarization. The sign of the polarization is taken to be the same as the sign of the alkali $m$ state.
fifth order in field) Eqn. E.265. For the special case of end transitions, $F=I+1 / 2$ and $m=I+1 / 2$ for $I+1 / 2 \leftrightarrow I-1 / 2 \& m=-I+1 / 2$ for $-I+1 / 2 \leftrightarrow-I-1 / 2$ and the frequency shift is:

$$
\begin{equation*}
(\Delta \nu)_{\mathrm{rf}}=\frac{[I]}{4 \nu_{0}}\left[\frac{\partial \nu}{\partial B} B_{\mathrm{rf}}\right]^{2} \tag{4.148}
\end{equation*}
$$

## An Experimental Study of the NMR RF Shift Effect

To study the NMR RF Shift effect, we took data for:

1. fields of 13 Gauss and 23 Gauss
2. NMR RF frequencies of $25.0 \mathrm{kHz}, 30.0 \mathrm{kHz}, 35.0 \mathrm{kHz}$, and 56.6 kHz
3. NMR RF set amplitude from 25 mV up to 600 mV or whatever value the NMR RF amplifier would overload
4. ${ }^{39} \mathrm{~K}$ in the "well" state

At typical sequence is depicted in Fig. (4.10). For each data set, we would measure the EPR frequency, the current in the Helmholtz coils, and the current in the NMR RF coils. For all of the measurements, the current in the Helmholtz coils was very stable and the ${ }^{3} \mathrm{He}$ polarization had reached equilibrium. Therefore any change in the EPR frequency was mostly due to the NMR RF field.

After collecting this data, we plot the shift vs. NMR RF set amplitude, see Fig. (4.12). The expected quadratic behavior is readily seen. We don't expect the NMR RF frequency to play a direct role in the shift. Therefore we measured the current in the NMR RF coils vs. NMR RF frequency for a fixed set amplitude $V_{\text {set }}$, see Fig. 4.11). To make all the data comparable, we convert the shift into the amplitude of the RF field causing it using Eqn. (4.148). Since the same set amplitude doesn't correspond to the same current in the NMR RF coils for different NMR RF frequencies, we plot the data vs. the current in the RF coils instead. When we do this, if our calculation is correct, then all the data should lie on a line. To better than $5 \%$, this is true and we get a slope of $182 \mathrm{mG} / \mathrm{A}$.

### 4.4.6 Sensitivity to Magnetic Field Gradients

The last two terms in Eqn. (4.92) relate to differences in the fluorescence intensity due to changes in the alkali polarization induced by spin-exchange with ${ }^{3} \mathrm{He}$. If


Figure 4.10: Shift in the EPR Frequency for an NMR RF Field at 25 kHz . The top plot shows the magnitude of the holding field as measured from the current in the Helmholtz coils. Over the course of the measurement, it was stable to a few mG . The middle plot shows the current in NMR RF coils. During the measurement, the RF field was turned off and on at linearly increasing amplitudes. The bottom plot shows the locked EPR frequency as the NMR RF field is varied. The measurement was done at the end of a spin-up, so we assume that the ${ }^{3} \mathrm{He}$ polarization was at equilibrium. The field due to the polarized ${ }^{3} \mathrm{He}$ is about 40 mG , which corresponds to a frequency shift of about 30 kHz . The magnitude of the NMR RF field is increased linearly, whereas the shift is increasing in a quadratic manner. At around $t=700 \mathrm{sec}$, there was a glitch in the RF amplitude. In addition, the NMR RF amplifier overloaded at around $t=1175 \mathrm{sec}$. Both of these features can be seen in both the bottom two plots.


Figure 4.11: Current in NMR RF coils for a set amplitude of $V_{\text {set }}=300 \mathrm{mV}$. The NMR RF coils resonate at about 20 kHz .


Figure 4.12: Measurement of $(\Delta \nu)_{\mathrm{rf}}$ under different conditions. We measured the NMR RF shift at two different fields, four different NMR RF frequencies, and several NMR RF field amplitudes. The top plot shows the shift plotted against set amplitude. Except for the $25.0 \mathrm{kHz}, 13$ Gauss data set, there was a linear relationship between the current in the NMR RF coils and the set amplitude. For the 25.0 $\mathrm{kHz}, 13$ gauss data set, a glitch occurred during the measurement, see Fig. (4.10). For the bottom plot, we've inserted the measured shift into Eqn. (4.148) and solved for the amplitude of the NMR RF field in the lab frame. Once this value for $B_{r f}$ is plotted against the measured current $I_{r f}$ in the NMR RF coils, the data cluster along a line.
the holding field were perfectly uniform throughout the pumping chamber, then it's contribution to the EPR frequency would be independent of position and the two terms would be identically zero. To make this more manifest, we'll expand EPR frequency about its value at the center of the cell (located at $\vec{u}_{0}$ ) which gives:

$$
\begin{align*}
\left\langle\bar{\omega}_{m}\right. & {\left.\left[\frac{1}{A_{m}(\bar{P})} \frac{d A_{m}}{d P}(\Delta P)-\left\langle\frac{1}{A_{m}(\bar{P})} \frac{d A_{m}}{d P}(\Delta P)\right\rangle\right]\right\rangle } \\
& =\left\langle\left(\left(\vec{u}-\vec{u}_{0}\right) \cdot \vec{\nabla} B_{0} \frac{d \bar{\omega}_{m}}{d B} \cdots\right)\left[\frac{1}{A_{m}(\bar{P})} \frac{d A_{m}}{d P}(\Delta P)-\left\langle\frac{1}{A_{m}(\bar{P})} \frac{d A_{m}}{d P}(\Delta P)\right\rangle\right]\right\rangle \tag{4.149}
\end{align*}
$$

An estimate of the scale of this effect can be made by replacing $\left(\vec{u}-\vec{u}_{0}\right)$ with the characteristic size of the pumping chamber and using Eqn. 4.90) for $\Delta P$, we find:

$$
\begin{equation*}
R_{\mathrm{pc}}\left(\frac{\partial B_{0}}{\partial z}\right)\left(\frac{d \bar{\omega}_{m}}{d B}\right)\left(\frac{P_{\mathrm{He}} \gamma_{\mathrm{se}}}{R+\Gamma_{\mathrm{A}}}\right) \approx 2 \mathrm{~Hz} \tag{4.150}
\end{equation*}
$$

where, under typical operating conditions, $R_{\mathrm{pc}}=3 \mathrm{~cm}, \partial B_{0} / \partial z=10 \mathrm{mG} / \mathrm{cm}$, $d \bar{\omega}_{m} / d B=470 \mathrm{kHz} / \mathrm{G}, P_{\mathrm{He}}=0.5, \gamma_{\mathrm{se}}=20 \mathrm{~Hz}$, and $R=100 \mathrm{kHz}$. In other words, the fractional change in the fluorescence weight function $A_{m}(\bar{P})$ would have to be a few orders of magnitude to make a significant contribution to the frequency difference. This is mostly because the spin-exchange rate is very small compared to the optical pumping rate. Even if the magnetic field gradient were increased by an order of magnitude and the optical pumping rate were decreased by an order of magnitude, this gradient coupling effect would only introduce a $1 \%$ systematic error on the measurement of the ${ }^{3} \mathrm{He}$ polarization.

### 4.4.7 Summary \& Discussion

The EPR technique provides a precise measurement of the ${ }^{3} \mathrm{He}$ polarization that is very insensitive to systematic effects. Because most of the frequency shift is due to spin-exchange collisions, the measurement is relatively insensitive to the geometry of cell. Fluorescence photons detected by the photodiode from the parts of the pumping chamber where the alkali polarization \& optical pumping rates are both very high are very insensitive to the effects of the adjacent transition and magnetic field gradients. If the NMR RF is turned off after each NMR RF frequency sweep AFP, then the measurement is completely insensitive to the AC Zeeman effects due to the NMR RF field. Furthermore, if the NMR signal is calibrated by EPRs taken when pumping to both the low and high energy states, then the average calibration constant suppresses sensitivity to both the NMR RF shift effect and shifts due to magnetic field gradients. This is because the shift due to the effective field of the polarized ${ }^{3} \mathrm{He}$ gas changes sign when the laser helicity is flipped while the sign of the shifts due to these two classes of systematics remains unchanged.

The largest source of uncertainty comes from knowledge of $\kappa_{0} \&$ its temperature dependence, the pumping chamber temperature, and the pumping chamber ${ }^{3}$ He density. For a $1 \%$ measurement, the main holding field must stable to within 200 ppm over the course of the measurement. Correcting for the effects of a systematic drift in the holding field are discussed in Sec. 4.6.8). If one is interested in the target chamber polarization, then a polarization gradient correction must be applied, see Sec. (4.6.8).

### 4.5 Sign Determination

### 4.5.1 The Sign of the ${ }^{3} \mathrm{He}$ Polarization

Before going on further, it is imperative to reemphasize two important points:

1. The frequency shift due to polarized ${ }^{3} \mathrm{He}$ is measured relative to the EPR frequency when the ${ }^{3} \mathrm{He}$ polarization is zero. In other words, the "baseline" EPR frequency is due to the all the fields not associated with the ${ }^{3} \mathrm{He}$.
2. The sign of the ${ }^{3} \mathrm{He}$ polarization is measured relative to the sign of the holding field (which is positive by definition).

The sign of the frequency shift $\Delta \nu$ is determined by the product $g_{K}\left(\vec{P} \cdot \hat{B}_{0}\right)$. Since the magnetic moment of ${ }^{3} \mathrm{He}$ is negative $\left(g_{K}<0\right)$, the sign of the polarization is negative to the sign of the frequency shift:

$$
\begin{equation*}
\operatorname{sign}\left[\vec{P} \cdot \hat{B}_{0}\right]=-\operatorname{sign}[\Delta \nu] \tag{4.151}
\end{equation*}
$$

The physical interpretation of this result is straightforward to understand. When the holding field and the field due to ${ }^{3} \mathrm{He}$ are parallel (antiparallel), then the two fields add (subtract). The resulting EPR frequency is consequently greater (smaller) than the zero ${ }^{3} \mathrm{He}$ polarization EPR frequency. Thus the frequency shift is positive (negative). Because the magnetic moment of ${ }^{3} \mathrm{He}$ is negative, the polarization of ${ }^{3} \mathrm{He}$ and the magnetic field due to the ${ }^{3} \mathrm{He}$ are always of opposite sign:

$$
\begin{equation*}
\operatorname{sign}[\vec{P}]=-\operatorname{sign}\left[\vec{B}_{\mathrm{He}}\right] \tag{4.152}
\end{equation*}
$$

whereas the sign of the expectation value of the spin state is always the same as the sign of the polarization:

$$
\begin{equation*}
\operatorname{sign}[\vec{P}]=\operatorname{sign}[\langle\vec{K}\rangle] \tag{4.153}
\end{equation*}
$$

A graphical depiction of this argument is given at the bottom of Figs. (4.13) \& (4.14). To summarize:

- well shape $\Rightarrow \Delta \nu>0 \Rightarrow B_{\mathrm{He}}$ is parallel to $B_{0}$
$\left({ }^{3} \mathrm{He}\right.$ is in low energy state $) \Rightarrow B_{\mathrm{He}}>0 \Rightarrow P<0$
- hat shape $\Rightarrow \Delta \nu<0 \Rightarrow B_{\mathrm{He}}$ is antiparallel to $B_{0}$
$\left({ }^{3} \mathrm{He}\right.$ is in high energy state $) \Rightarrow B_{\mathrm{He}}<0 \Rightarrow P>0$
The sign of the ${ }^{3} \mathrm{He}$ polarization can also be inferred from the water signal. Assuming that the electronics are identical for both ${ }^{3} \mathrm{He}$ and water, then the field produced by the ${ }^{3} \mathrm{He}$ is parallel to the field produced by the water when the ${ }^{3} \mathrm{He}$ peak points in the same direction as the up sweep for the water signal during field sweep NMR, where the "up" sweep is defined as a sweep from low field to HIGH field. Since the magnetic moment of ${ }^{3} \mathrm{He}$ is negative, this implies that the sign of the ${ }^{3} \mathrm{He}$ polarization is negative. On the other hand, if the ${ }^{3} \mathrm{He}$ peak points in the opposite direction of the "up" sweep from the field sweep water NMR signal, then the sign of the ${ }^{3} \mathrm{He}$ polarization is positive.


### 4.5.2 The Sign of the Alkali Polarization

If the spin system in the cell is at equilibrium, then one can be certain that the sign of the alkali polarization is the same as the sign of the ${ }^{3} \mathrm{He}$ polarization. The
phrase "at equilibrium" means that both the alkali and ${ }^{3} \mathrm{He}$ polarizations have reached their saturation values. The alkali and ${ }^{3} \mathrm{He}$ spins are not at equilibrium after the first spin flip and before the second spin flip during an EPR measurement. During this middle period of an EPR measurement, the signs of the alkali and ${ }^{3} \mathrm{He}$ polarizations are opposite.

This observation can used to define a looser and more useful definition for "at equilibrium:" the spin system is "at equilibrium" when the difference between the number of alkali spin flips and the number of ${ }^{3} \mathrm{He}$ spin flips is even. The alkali spins are usually flipped by rotating the quarter waveplate used to circularly polarize the laser beam by 90 degrees. Suppose that both the alkali and ${ }^{3} \mathrm{He}$ polarizations are zero and the laser has just been turned on. In this case, the polarizations of both the alkali atoms and ${ }^{3} \mathrm{He}$ nuclei are changing with time. However, since neither set of spins have been flipped, the signs of the polarizations should be the same. In summary, as long as nothing "weird" has happened, the sign of the alkali polarization should be the same as the sign of the ${ }^{3} \mathrm{He}$ polarization.

An alternative way to determine the sign of the alkali polarization is from the EPR frequency and the magnitude of the holding field. To lowest order, the frequencies are linear in field and independent of the $m_{F}$ state. However, the higher order terms (hidden in $\delta g$ ) give an $m_{F}$ dependence to the EPR frequency. For example, at $B_{0}=25$ gauss, the difference in EPR frequencies between the $m_{F}=+(I+1 / 2) \leftrightarrow+(I-1 / 2)$ transition and the $m_{F}=-(I+1 / 2) \leftrightarrow-(I-1 / 2)$ transition are -450 kHz and -4000 kHz for ${ }^{85} \mathrm{Rb}$ and ${ }^{39} \mathrm{~K}$ respectively. To use this method, one needs to know the magnitude of the holding field to only about $20 \%$ for ${ }^{39} \mathrm{~K}$ EPR frequencies and to about $4 \%$ for ${ }^{85} \mathrm{Rb}$ EPR frequencies. At 25 gauss, this corresponds to only about 5 gauss for ${ }^{39} \mathrm{~K}$ EPR frequencies and to about 1 gauss for
${ }^{85} \mathrm{Rb}$ EPR frequencies.
Finally, the signs of the alkali polarizations in a hybrid cell are always essentially the same. This is because the alkali spin exchange is very fast ( $>\mathrm{MHz}$ ). The alkali atoms can always be thought of as being "at equilibrium" with each other.

### 4.5.3 The Sign of the Light Polarization

Once the sign of the alkali polarization is known, the sign of the light polarization can be determined from knowledge of the laser beam propagation direction relative to the holding field. This is a very tricky argument because (1) there are two different coordinate systems involved in this discussion and (2) there are two different conventions for labeling the circular polarization of light. First let's start with the two different coordinate systems. From the point of view of the alkali atom, the most natural coordinate system is the one in which the positive $z$ direction points along the direction of the holding field. Let's call this the atomic coordinate system. On the other hand, from the point of view of the photon in the laser beam, the most natural coordinate system is the one in which the positive $z$ direction points along the direction of propagation of the laser beam. Let's call this the light coordinate system.

When the laser beam is traveling parallel to the the holding field, the atomic system and the light system are one and the same. However, when the laser beam is traveling antiparallel to the holding field, the atomic system and the light system point in opposite directions!

Suppose we've found that the polarization of ${ }^{85} \mathrm{Rb}$ is negative. This means that the $m_{F}=-3$ state is being filled and the $m_{F}=+3$ is being depopulated by the polarized light. If we ignore the nuclear spin, then this corresponds to the $m_{J}=+1 / 2$
state being filled while the $m_{J}=-1 / 2$ is being depopulated. For this to happen, the Rb atom must be selectively undergoing transitions from the $\left|S_{1 / 2},+1 / 2\right\rangle$ state to the $\left|P_{1 / 2},-1 / 2\right\rangle$ state. This implies that the angular momentum carried by the photon in the atomic system must be -1 . Consequently, the electric field vector of the laser light is rotating clockwise around the $z$-axis of the atomic system. To be clear, "rotating" is really just shorthand for "rotating at a fixed point as a function of time."

If the laser beam is traveling parallel to the holding field, then our work is done. We can conclude that the electric field vector is rotating clockwise around the laser beam propagation direction. Whether we call that "right" or "left" circularly polarized light is a matter of convention that is discussed later. What happens in the scenario where the laser beam is propagating antiparallel to the holding field? Recall that the $z$ direction in the light system points antiparallel to the $z$ direction in the atomic system. This means that the electric field vector is rotating counterclockwise around the laser beam propagation direction, even though it is rotating clockwise around the holding field. This argument is depicted graphically in the upper and middle portions of Figs. (4.13) \& (4.14).

## "Helicity" vs. "Optics" Sign Convention

Now we can finally address the question of what "handedness" to label circularly polarized light: "right" or "left." One approach is to define a quantity called helicity, which is the sign of the projection of the angular momentum of the photon about the photon propagation direction $\overrightarrow{J_{\gamma}}$ onto the photon momentum $\vec{k}$ :

$$
\begin{equation*}
h=\operatorname{sign}\left[\overrightarrow{J_{\gamma}} \cdot \vec{k}\right] \tag{4.154}
\end{equation*}
$$



Figure 4.13: "Well" Spectrum. The field due to ${ }^{3} \mathrm{He}$ points parallel to the holding field. The sign of the ${ }^{3} \mathrm{He}$ and alkali polarizations are negative. The angular momentum of the light is antiparallel to the holding field. The EPR frequency shift measurement probes the $m_{F}=-(I+1 / 2) \leftrightarrow-(I-1 / 2)$ transition. Using the helicity convention, the upper (middle) figure represents "left" ("right") circularly polarized light traveling parallel (antiparallel) to the holding field.




Figure 4.15: Right (helicity) circularly polarized light. Left: fixed time, forward in space. Right: fixed space, forward in time.

The helicity obeys the right hand rule: it is positive when the electric field vector rotates counter-clockwise about the light propagation direction. Once again, to be clear, by "rotate," we mean "rotating as a function of time at a fixed point." Let's call this the "helicity" convention. In this convention, it is natural to call light with positive (negative) helicity , "right" ("left") circularly polarized.

The other convention is the "standard optics" convention. In this case, we imagine how the electric field vector rotates as a function of position at a fixed time. Suppose we can "freeze" time and "look" at the electric field vector at different positions. If we were to connect that electric field vectors from location to location, we would end up with a "corkscrew" shape. A "right" handed laser beam in the helicity convention looks like a "left" handed corkscrew. The difference between these two conventions is depicted in Fig. (4.15). Useful discussions on this point can be found in $[44,45]$.

### 4.6 Polarimetry for E97110

### 4.6.1 NMR Calibration Constant

For this experiment, the NMR signal was calibrated using NMR signals from two sources with known absolute polarizations. The first source was protons in liquid water with a known thermal polarization given the magnetic field and temperature. The second source was the polarized ${ }^{3} \mathrm{He}$ itself with a pumping chamber polarization determined by an EPR measurement. The NMR signal data was fit to an appropriate analytic model function $\ell_{\text {model }}(t)$ which yielded the NMR signal amplitude $S$. By comparing to Eqn. (4.62), we find that this amplitude is given by:

$$
\begin{equation*}
S=c_{S}\left[\frac{G_{\mathrm{L}}}{G_{\mathrm{L}}^{n}}\right] G_{\mathrm{P}} Q\left(\omega_{0}\right) g \nu_{0} P_{\text {scale }} n_{\mathrm{tc}} \Phi_{x}^{\mathrm{tc}} f_{B}^{\text {fit }}=\frac{P_{\text {scale }} n_{\mathrm{tc}} \mathrm{f}_{B}^{\text {fit }}}{c_{X}} \tag{4.155}
\end{equation*}
$$

where $G_{L}^{n}$ is the nominal gain of the lockin, $G_{L}$ is the actual gain of the lockin, $G_{P}$ is the gain of the preamp, $Q\left(\omega_{0}\right)$ is the frequency response of the pickup coil detection circuitry at the resonance frequency $\omega_{0}=2 \pi \nu_{0}, g$ is the $g$-factor of the particle in units of the nuclear magneton, $P_{\text {scale }} \& n_{\text {tc }}$ are the average scale polarization \& density in the target chamber, $\Phi_{x}^{\text {tc }}$ is the flux factor, $\ell_{B}^{\text {fit }}$ is the lineshape factor from a fit to $\ell_{B}(t)$ using the model function $\ell_{\text {model }}(t), \ell_{B}(t)$ is NMR lineshape obtained from the numerical solution to the MBE which includes the effects of the lockin time constant \& magnetic field gradients, and $c_{S}$ is a constant independent of the signal source and signal detection circuitry:

$$
\begin{equation*}
c_{S}=\text { constant }=\frac{\mu_{0} \mu_{N}}{4 \sqrt{2}}=\frac{1}{4 \sqrt{2}}\left(\frac{17.0530 \mathrm{nV}}{\mathrm{amg} \cdot \mathrm{~cm}^{2} \cdot \mathrm{kHz}}\right) \tag{4.156}
\end{equation*}
$$

In theory, we could attempt to calculate the calibration constant $c_{X}$ by plugging in each factor in Eqn. (4.155). In practice, however, it is more useful to express $c_{X}$ in terms of ratios, which are expected to have smaller uncertainties:

$$
\begin{equation*}
c_{X}=\left[\frac{\hat{G}_{\mathrm{L}} / \hat{G}_{\mathrm{L}}^{n}}{G_{\mathrm{L}} / G_{\mathrm{L}}^{n}}\right]\left[\frac{\hat{G}_{\mathrm{P}}}{G_{\mathrm{P}}}\right]\left[\frac{\hat{Q}\left(\omega_{0}\right)}{Q\left(\omega_{0}\right)}\right]\left[\frac{\hat{g}}{g}\right]\left[\frac{\hat{\nu}_{0}}{\nu_{0}}\right]\left[\frac{\hat{\Phi}_{x}^{\mathrm{tc}}}{\Phi_{x}^{\mathrm{tc}}}\right]\left[\frac{\hat{P}_{\mathrm{tc}} \hat{c}_{\mathrm{tc}} \hat{\mathrm{f}}_{B}^{\mathrm{it}}}{\hat{S}}\right] \tag{4.157}
\end{equation*}
$$

where the "hat" ( ${ }^{\wedge}$ ) labels quantities for a calibration measurement. The "non-hat" quantities refer to values during a "production" ${ }^{3} \mathrm{He}$ polarization measurement and yields a ${ }^{3} \mathrm{He}$ polarization given by:

$$
\begin{equation*}
P_{\mathrm{tc}}=\frac{c_{X} S}{n_{\mathrm{tc}} \ell_{B}^{\mathrm{fit}}} \tag{4.158}
\end{equation*}
$$

### 4.6.2 Response of the Detection Circuitry

The lockin amplifier used for this experiment (SRS 844) amplified the input signal to produce an output signal given by $V_{\text {out }}=V_{\text {in }}(10 \mathrm{~V} /$ sens. $)=G_{\mathrm{L}} V_{\text {in }}$. The voltage recorded by the DAQ was rescaled by the nominal gain to give $V_{\mathrm{DAQ}}=V_{\text {out }} / G_{\mathrm{L}}^{n}=$ $\left(G_{\mathrm{L}} / G_{\mathrm{L}}^{n}\right) V_{\mathrm{in}}$. The ratio of the true gain to the nominal gain is $1.000 \pm 0.029( \pm 0.25$ dB for frequencies below 50 MHz [16]). Although a precise determination of this ratio could have been determined easily by a direct measurement, this was not done. Therefore, comparing two signals from the lockin at two different sensitivity settings results in a $4.1 \%$ relative uncertainty. All NMR measurements of the polarized ${ }^{3} \mathrm{He}$ cell were taken with the lockin sensitivity at 30 mV . Since all water calibration were performed with the lockin sensitivity at $100 \mathrm{mV}, 300 \mathrm{mV}$, or 1 V, the ratio of lockin gains is $1.000 \pm 0.041$ for the water calibration constant. On the other hand, the EPR calibrations were performed at the same sensitivity and,
consequently, the ratio of the lockin gains cancels.
The same argument applies for the preamp (SRS 560) which has a gain accuracy of $3.5 \%$ relative $( \pm 0.30 \mathrm{~dB}$ for nominal gains up to 1000 and frequencies below 300 kHz [46]). The preamp gain was 1 for ${ }^{3} \mathrm{He}$ measurements and 100 or 200 for water calibrations. Again, since the true gain was not measueed, we've assumed that the preamp gain ratio for water calibration was $1.000 \pm 0.050$, whereas this factor cancels for EPR calibrations.

The relative frequency response of the detection circuitry was monitored by measurements of its "Q-Curve." The pickup coils, preamp (with a nominal gain of 1 and frequency filters off), and BNC cabling can be modeled [12, 14, 47, 48] as an equivalent series RLC-circuit with the induced signal $\mathscr{E}$ as a voltage source. In this model, the voltage measured by the lockin is across the equivalent capacitor, which we'll assume also has a large intrinsic resistance in parallel. It is straightforward to show that the amplitude of the frequency response is given by [47]:

$$
\begin{align*}
Q(\omega) & =\left|\frac{V_{\text {out }}}{\mathscr{E}}\right|=\left[\left(1+\rho-u^{2}\right)^{2}+\frac{u^{2}}{q^{2}}\right]^{-1 / 2} \times \exp (-\alpha)  \tag{4.159}\\
2 \alpha^{2} & =\rho+u^{2}\left[-1+\sqrt{1+\frac{1 / q^{2}-2 \rho}{u^{2}}+\frac{\rho^{2}}{u^{4}}}\right] \approx \frac{1}{2 q^{2}} \quad(\text { when } u \gg 1 / q, \sqrt{\rho})
\end{align*}
$$

where $u=\omega / \omega_{0}, \omega_{0}=1 / \sqrt{L C}, \rho=R_{s} / R_{p}$ is the ratio of the series resistance $R_{s}$ to the parallel resistance $R_{p}, q=Q_{0} /\left(1+\rho Q_{0}^{2}\right), Q_{0}=\left(1 / R_{s}\right) \sqrt{L / C}$, and $\alpha$ is due to the attenuation of the signal due to the BNC cable. The Q-curve is measured by recording the signal induced in the pickup coils due to a small " Q "-coil which creates an RF field at a fixed amplitude. The lockin voltage (in the " $R$ " channel) vs.

Q-coil frequency is fit to:

$$
\begin{equation*}
f(\omega)=\left|A Q(\omega)+b+m\left(\frac{\omega-\omega_{\mathrm{ref}}}{\omega_{0}}\right)\right| \tag{4.160}
\end{equation*}
$$

where $\omega_{\text {ref }}=2 \pi(91 \mathrm{kHz})$, we've included a linear background to account for the "drift" in signal due to the "warming-up" of the Q-coil, and the absolute value insures that the voltage measured is positive, see Fig. (4.16). The results for E97110 are listed in Tab. (4.4), where the fits values for $|\rho|$ were always below 0.003 . The response at $91 \mathrm{kHz} Q(91 \mathrm{kHz})$ changed by $(-4.6 \pm 0.5) \%$ relative after the cell Penelope ruptured on $07 / 23$. Finally, the response while the oven is hot (i.e operating conditions for ${ }^{3} \mathrm{He}$ ) is lower by ( $1.8 \pm 0.3$ )\% relative than the response while the oven is cold (i.e. operating conditions for water calibrations). Since relatively few Q-curve measurements were taken, we've used the variation in the July measurements to assign a $1 \%$ relative uncertainity to the stability of the frequency response.

### 4.6.3 Target Density

The number density in the two chambers of the target cell can be calculated from the temperature $t$ and volume $v$ ratios defined by:

$$
\begin{equation*}
v=V_{\mathrm{pc}} / V_{\mathrm{tc}} \quad t=T_{\mathrm{pc}} / T_{\mathrm{tc}} \tag{4.161}
\end{equation*}
$$

where the temperatures of the pumping \& target chambers are given in Kelvin by $T_{\mathrm{pc}} \& T_{\mathrm{tc}}$ respectively, and the volumes of the pumping \& target chambers are $V_{\mathrm{pc}}$ $\& V_{\mathrm{tc}}$ respectively. Assuming that the pressure is uniform throughout the cell and

| date | conditions | res. freq. (kHz) | $q$ | $Q(91 \mathrm{kHz})$ |
| :---: | :---: | :---: | :---: | :---: |
| $07 / 0919: 33$ | cold | $146.873 \pm 0.009$ | $28.3 \pm 0.1$ | $1.5930 \pm 0.0004$ |
| $07 / 1000: 24$ | cold | $147.237 \pm 0.014$ | $32.8 \pm 0.3$ | $1.5907 \pm 0.0006$ |
| $07 / 1000: 37$ | cold | $147.238 \pm 0.014$ | $32.8 \pm 0.3$ | $1.5907 \pm 0.0006$ |
| $07 / 1217: 29$ | cold | $147.632 \pm 0.004$ | $28.9 \pm 0.1$ | $1.5900 \pm 0.0002$ |
| $07 / 1218: 14$ | cold | $147.686 \pm 0.008$ | $28.0 \pm 0.1$ | $1.5873 \pm 0.0003$ |
| $08 / 0519: 01$ | cold | $153.080 \pm 0.004$ | $40.1 \pm 0.1$ | $1.5261 \pm 0.0002$ |
| $08 / 3019: 24$ | cold | $153.425 \pm 0.004$ | $41.3 \pm 0.1$ | $1.5272 \pm 0.0002$ |
| $08 / 3019: 34$ | cold | $153.424 \pm 0.004$ | $41.3 \pm 0.1$ | $1.5273 \pm 0.0002$ |
| $08 / 3022: 29$ | cold | $153.440 \pm 0.004$ | $41.3 \pm 0.1$ | $1.5266 \pm 0.0002$ |
| $09 / 0121: 56$ | cold | $153.072 \pm 0.005$ | $40.1 \pm 0.1$ | $1.5264 \pm 0.0002$ |
| $09 / 0122: 06$ | cold | $153.072 \pm 0.005$ | $40.1 \pm 0.1$ | $1.5264 \pm 0.0002$ |
| $09 / 0210: 52$ | hot | $155.932 \pm 0.010$ | $43.5 \pm 0.3$ | $1.5017 \pm 0.0003$ |
| $09 / 0211: 02$ | hot | $155.962 \pm 0.010$ | $43.4 \pm 0.3$ | $1.5005 \pm 0.0003$ |
|  |  |  |  |  |
| $07 / 09$ | penelope cold |  |  | $1.590 \pm 0.002$ |
| $07 / 23$ | penelope hot |  |  | $1.563 \pm 0.004$ |
| $07 / 23$ | priapus cold |  |  | $1.5267 \pm 0.0005$ |
| $09 / 01$ | priapus hot |  | $1.501 \pm 0.003$ |  |

Table 4.4: Results of "Q-Curve" Measurements for E97110. The rupture of the cell Penelope on $07 / 23$ is thought to have changed the response of the pickup coils. Only two measurements were made while the cell \& oven were hot. These measurements were scaled to estimate the "hot" response before 07/23.


Figure 4.16: Q-curve Measurements. The left (right) plot is depicts the fit to the 09/01 22:06 (09/02 10:52) measurement when the oven was cold (hot). The solid points are data, the dashed line is the fit to Eqn. 4.160), and the solid line the response, Eqn. 4.159), scaled by the normalization parameter $A$. The vertical dotted line is at 91 kHz , which was the NMR RF frequency for all NMR measurements. The "kink" in the hot measurement (right plot) is an artifact due to the fact that the $R$ channel of the lockin does not record sign information.
that the ${ }^{3} \mathrm{He}$ behaves as an ideal gas, we find:

$$
\begin{equation*}
P_{\text {cell }}=n_{\text {fill }}\left[\frac{1+v}{t+v}\right] R T_{\mathrm{pc}}=n_{\mathrm{pc}} R T_{\mathrm{pc}}=n_{\mathrm{tc}} R T_{\mathrm{tc}} \tag{4.162}
\end{equation*}
$$

where $n_{\text {fill }}$ is the fill density, $R$ is the ideal gas constant, and we've ignored the effect of the small transfer tube volume. This immediately yields the densities:

$$
\begin{equation*}
n_{\mathrm{pc}}=n_{\text {fill }}\left[\frac{1+v}{t+v}\right] \quad n_{\mathrm{tc}}=n_{\mathrm{pc}} t=n_{\text {fill }}\left[\frac{1+v}{t+v}\right] t \tag{4.163}
\end{equation*}
$$

## Target Chamber Temperatures

The target chamber temperatures were monitored at 5 different locations along the length of the chamber using RTDs (Resistance Temperature Detector), see Fig. (4.18) and Tab. (4.7). There are several ways $[12,49]$ to model the temperature distribution in the target chamber and, provided the model results in a reasonable/smoothly-


Figure 4.17: Target Chamber Temperature Gradient. The solid points are the measured temperatures. The open points are the extrapolated values used to construct the cubic spline (denoted by the solid curve). The left (right) plot is for the cell Penelope (Priapus) during the 6 (9) degree running. The vertical dashed lines represent the edges of the pickup coils.
varying function, the average target chamber density is very insensitive to the details of the model. Therefore, we used a cubic spline where the temperature at the ends of the target chamber were determined by a linear extrapolation of two nearest temperature readings, see Fig. (4.17). Since $n_{\mathrm{tc}}$ is defined to be the average density in the target chamber, the value $T_{\text {tc }}$ is understood to be $1 /\left\langle 1 / T_{\text {tc }}\right\rangle$, the inverse of the average value of the inverse temperature in the target chamber.

## "Temperature Tests"

The laser light heats the ${ }^{3} \mathrm{He}$ gas in the pumping chamber by a significant amount $[50,51]$. In addition, the light may also heat the RTDs monitoring the pumping chamber temperature by some unknown amount. Therefore, the temperature of the ${ }^{3} \mathrm{He}$ gas in the pumping chamber can not be assumed to be the same as the surface temperature of the pumping chamber. A "temperature test" is used to infer the ${ }^{3} \mathrm{He}$ gas temperature in the pumping chamber when the lasers are on by comparing the size of the NMR signal with the lasers on \& off. This test assumes
that the ${ }^{3} \mathrm{He}$ gas temperature is the same as the surface temperature of the glass for those parts of the cell that are not being hit by the laser light.

The ratio of NMR signals with the laser on \& off are given by:

$$
\begin{equation*}
\frac{S^{\text {on }}}{S^{\text {off }}}=\frac{c_{X}^{\text {off }} P^{\text {on }} n^{\text {on }} \ell^{\text {on }}}{c_{X}^{\text {on }} P^{\text {off }} n^{\text {off }} \ell^{\text {off }}} \tag{4.164}
\end{equation*}
$$

Because any change in the polarization or calibration constant can mimic a change in the density when the laser is turned on/off, it is more useful to work with the normalized NMR signal ratio $\rho$ defined by:

$$
\begin{equation*}
\rho \equiv \frac{n^{\text {on }}}{n^{\text {off }}}=\frac{S^{\text {on }} c_{X}^{\text {on }} P^{\text {off }} \ell^{\text {off }}}{S^{\text {off }} c_{X}^{\text {off }} P \text { Pon } \ell^{\text {on }}} \tag{4.165}
\end{equation*}
$$

For the case where we can measure the NMR signal in both chambers simultaneously, we can take the ratio of the pumping \& target chamber normalized NMR signal ratios to get:

$$
\begin{equation*}
\frac{\rho_{\mathrm{pc}}}{\rho_{\mathrm{tc}}}=\frac{n_{\mathrm{pc}}^{\text {on }}}{n_{\mathrm{pc}}^{\text {off }}} \times \frac{n_{\mathrm{tc}}^{\text {off }}}{n_{\mathrm{tc}}^{\text {on }}}=\frac{n_{\mathrm{pc}}^{\text {on }}}{n_{\mathrm{tc}}^{\text {on }}} \times \frac{n_{\mathrm{tc}}^{\text {off }}}{n_{\mathrm{pc}}^{\text {off }}}=\frac{t^{\text {off }}}{t^{\text {on }}} \tag{4.166}
\end{equation*}
$$

which we can easily solve for $t^{\text {on }}$ :

$$
\begin{equation*}
t^{\text {on }}=t^{\text {off }} \rho_{\mathrm{tc}}^{\text {tc }} / \rho_{\mathrm{pc}} \rightarrow T_{\mathrm{pc}}^{\text {on }}=T_{\mathrm{pc}}^{\text {off }}\left[\frac{S_{\mathrm{tc}}^{\text {on }} S_{\mathrm{pc}}^{\text {off }}}{S_{\mathrm{tc}}^{\text {off }} S_{\mathrm{pc}}^{\text {on }}}\right]\left[\frac{c_{\mathrm{tc}}^{\text {on }} c_{\mathrm{pc}}^{\text {off }}}{c_{\mathrm{tc}}^{\text {off }} c_{\mathrm{pc}}^{\text {on }}}\right]\left[\frac{P_{\mathrm{tc}}^{\text {off }} P_{\mathrm{pc}}^{\text {on }}}{P_{\mathrm{tc}}^{\text {on }} P_{\mathrm{pc}}^{\text {off }}}\right]\left[\frac{\ell_{\mathrm{tc}}^{\text {off }} \ell_{\mathrm{pc}}^{\text {on }}}{\ell_{\mathrm{tc}}^{\text {on }} \ell_{\mathrm{pc}}^{\text {off }}}\right]\left[\frac{T_{\mathrm{tc}}^{\text {on }}}{T_{\mathrm{tc}}^{\text {off }}}\right] \tag{4.167}
\end{equation*}
$$

If we only have NMR measurement in the pumping chamber, then we must start with this equation:

$$
\begin{equation*}
\rho_{\mathrm{pc}}=\frac{n_{\mathrm{pc}}^{\mathrm{on}}}{n_{\mathrm{pc}}^{\mathrm{off}}}=\frac{1+v}{t^{\mathrm{on}}+v} \times \frac{t^{\text {off }}+v}{1+v}=\frac{t^{\mathrm{off}}+v}{t^{\mathrm{on}}+v} \tag{4.168}
\end{equation*}
$$

Solving for $t^{\text {on }}$ gives:

$$
\begin{equation*}
t^{\text {on }}=\frac{t^{\text {off }}+v}{\rho_{\mathrm{pc}}}-v \rightarrow T_{\mathrm{pc}}^{\mathrm{on}}=T_{\mathrm{tc}}^{\text {on }}\left(\frac{V_{\mathrm{pc}}}{V_{\mathrm{tc}}}\right)\left(-1+\left[1+\frac{T_{\mathrm{pc}}^{\text {off }} V_{\mathrm{tc}}}{T_{\mathrm{tc}}^{\text {off }} V_{\mathrm{pc}}}\right]\left[\frac{S_{\mathrm{pc}}^{\text {off }}}{S_{\mathrm{pc}}^{\mathrm{on}}}\right]\left[\frac{c_{\mathrm{pc}}^{\text {off }}}{c_{\mathrm{pc}}^{\text {on }}}\right]\left[\frac{P_{\mathrm{pc}}^{\text {on }}}{P_{\mathrm{pc}}^{\text {off }}}\right]\left[\frac{\ell_{\mathrm{pc}}^{\text {on }}}{\ell_{\mathrm{pc}}^{\text {off }}}\right]\right) \tag{4.169}
\end{equation*}
$$

If we can only measure the NMR signal in the target chamber, then we must start with this equation:

$$
\begin{equation*}
\rho_{\mathrm{tc}}=\frac{n_{\mathrm{tc}}^{\mathrm{on}}}{n_{\mathrm{tc}}^{\text {of }}}=t^{\text {on }}\left[\frac{1+v}{t^{\text {on }}+v}\right] \times \frac{1}{t^{\text {off }}}\left[\frac{t^{\text {off }}+v}{1+v}\right]=\frac{t^{\text {on }}}{t^{\text {off }}}\left[\frac{t^{\text {off }}+v}{t^{\text {on }}+v}\right] \tag{4.170}
\end{equation*}
$$

Solving for $t^{\text {on }}$ gives:

$$
\begin{equation*}
\frac{1}{t^{\text {on }}}=\frac{1}{\rho_{\text {tc }}}\left[\frac{1}{\text { toff }}+\frac{1}{v}\right]-\frac{1}{v} \tag{4.171}
\end{equation*}
$$

Rearranging some things and writing it out explicitly gives for NMR in the target chamber only:

$$
\begin{equation*}
T_{\mathrm{pc}}^{\mathrm{on}}=T_{\mathrm{tc}}^{\mathrm{on}}\left(-\frac{V_{\mathrm{tc}}}{V_{\mathrm{pc}}}+\left[\frac{T_{\mathrm{tc}}^{\text {off }}}{T_{\mathrm{pc}}^{\text {off }}}+\frac{V_{\mathrm{tc}}}{V_{\mathrm{pc}}}\right]\left[\frac{S_{\mathrm{tc}}^{\text {off }}}{S_{\mathrm{tc}}^{\text {on }}}\right]\left[\frac{c_{\mathrm{tc}}^{\text {off }}}{\mathrm{c}_{\mathrm{tc}}^{\mathrm{on}}}\right]\left[\frac{P_{\mathrm{tc}}^{\mathrm{on}}}{P_{\mathrm{tc}}^{\text {off }}}\right]\left[\frac{\ell_{\mathrm{tc}}^{\mathrm{on}}}{\ell_{\mathrm{tc}}^{\text {off }}}\right]\right)^{-1} \tag{4.172}
\end{equation*}
$$

## Results for E97110

For E97110, only target chamber pickup coils were used, therefore, we'll apply Eqn. (4.172). This test is very sensitive to systematic differences between the NMR signals when the laser is turned off. For example, in our case, a $1 \%$ relative difference between the "laser on" and "laser off" normalized NMR signals translates into about a 5 degree difference between the calculated and measured pumping chamber temperatures. Changes in the NMR signal are due to changes in both the density (what we're interested in) and the calibration constant \& polarization. During these tests, there was usually a 0.3 K difference in target chamber temperature when the lasers turned on/off. We have assumed that variations in the calibration

| date | notes | \# meas. | $\langle\Delta t\rangle$ | $S_{\mathrm{tc}}^{\text {on }} / S_{\mathrm{tc}}^{\text {off }}$ | $P_{\mathrm{tc}}^{\text {on }} / P_{\mathrm{tc}}^{\text {off }}$ | $(\Delta T)_{\neq 1}$ | $(\Delta T)_{=1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $07 / 16$ | penelope | 5 | 26 | 1.049 | 1.001 | 23 | 24 |
| $07 / 24$ | - | 4 | 20 | 1.072 | 1.018 | 33 | 55 |
| $07 / 28$ | - | 3 | 22 | 1.051 | 1.000 | 31 | 31 |
| $07 / 30$ | - | 5 | 25 | 1.052 | 1.017 | 13 | 31 |
| $08 / 03$ | - | 7 | 24 | 1.048 | 1.010 | 16 | 27 |
| $08 / 12$ | 4 lasers | 5 | 26 | 1.047 | 1.001 | 20 | 21 |
| $08 / 13$ | - | 6 | 15 | 1.056 | 1.004 | 24 | 29 |
| $08 / 29$ | cooling jets on | 5 | 19 | 1.065 | 0.997 | 43 | 39 |
| $08 / 29$ | cooling jets off | 5 | 20 | 1.053 | 0.999 | 26 | 25 |
| $08 / 29$ | 1 laser | 7 | 15 | 1.025 | 0.998 | 17 | 15 |
|  |  |  | $\min$ |  |  | K | K |

Table 4.5: Temperature Test Results for E97110. All tests were done with the cell Priapus and 3 lasers unless otherwise noted. The average time interval between measurements is $\langle\Delta t\rangle$. The difference between the calculated pumping chamber temperature and the measured value with the lasers on is $(\Delta T)$. A temperature test using only one laser was performed to estimate the size of the temperature difference when there was less heating. The calculated temperature was obtained by assuming that alkali vapor density (1) remains fixed $\left((\Delta T)_{\neq 1}, P_{\text {tc }}^{\text {on }} / P_{\text {tc }}^{\text {off }}\right.$ listed in table) and (2) changes instantaneously $\left((\Delta T)_{=1}, P_{\text {tc }}^{\text {on }} / P_{\mathrm{tc}}^{\text {off }}=1.0000 \pm 0.0002\right)$.
constant due to target chamber temperature fluctuations is linear; therefore, we find $c_{\mathrm{tc}}^{\mathrm{on}} / c_{\mathrm{tc}}^{\text {off }}=1.000 \pm 0.001$.

The signals are typically measured five times with the laser sequence ON-off-ON-off-ON with about a 20 minute interval between measurements, see Tab. (4.5). Since most measurements are performed when the polarization is near its equilibrium value, it does not change much when the laser is on. However, the polarization may change significantly when the lasers are off because of the rapid (relative to the cell lifetime) spin exchange with the unpolarized alkali vapor. This may cause a systematic difference in the polarization when the lasers are turned off.

Studies of the polarization dynamics in the cell, see Sec. 6.1), indicate that the polarization ratio $P_{\mathrm{tc}}^{\mathrm{on}} / P_{\mathrm{tc}}^{\text {off }}$ is most sensitive to alkali vapor density when the lasers are turned off. Although the glass and ${ }^{3} \mathrm{He}$ gas is expected to reach thermal equilibrium very quickly (several seconds), it is not clear how fast the alkali vapor density changes. Therefore, we've calculated the polarization ratio assuming that the alkali vapor density (1) remains fixed throughout the temperature test and (2) changes instantaneously to its new equilibrium value when the laser is turned on/off. For the first case, because the alkali vapor density remains high, the spin exchange rate is relatively fast and the polarization ratios calculated from a numerical simulation are listed in Tab. 4.5. For the second case, because the laser off pumping chamber temperature is relatively low (compared to hybrid cells), the spin exchange rate is relatively slow and a numerical simulation indicates that the polarization ratio is essentially unity, $P_{\mathrm{tc}}^{\mathrm{on}} / P_{\mathrm{tc}}^{\text {off }}=(1.0000 \pm 0.0002)$. On average, in our case, the assumption that the polarization ratio is unity results in calculated pumping chamber temperatures that are about 5 degrees hotter. Combing all of the second period temperature tests and averaging the results from the two assumptions for
the behavior of the alkali vapor density, we find:

$$
\begin{equation*}
\Delta T=T_{\mathrm{pc}}^{\text {calc }}-T_{\mathrm{pc}}^{\text {meas }}=(28 \pm 8) \mathrm{K}+[0.4 \pm 0.6]\left(T_{\mathrm{pc}}^{\text {meas }}-465 \mathrm{~K}\right) \tag{4.173}
\end{equation*}
$$

where the uncertainties in the calibration constant \& polarization ratios have been folded into uncertainties quoted in the equation. The pumping chamber temperature was systematically 13 K lower when the laser light was incident from the transverse direction (i.e. "transverse pumping"). Since a temperature test was not possible under this condition, we've used the correction given by Eqn. (4.173) for both longitudinal \& transverse pumping. This was reasonable since the large uncertainty in the linear term $(0.4 \pm 0.6)$ resulted in a larger uncertainty in the calculated temperatures for transverse pumping.

Finally, we'll note that the pumping chamber polarization ratio is much more sensitive to the details of the dynamics and, in our case, we find $P_{p c}^{o n} / P_{p c}^{\text {off }}=1.10 \pm$ 0.05 for case (1) and $P_{\mathrm{pc}}^{\mathrm{on}} / P_{\mathrm{pc}}^{\text {off }}=1.03 \pm 0.02$ for case (2). This causes a difference in the ratio of the polarizations between the pumping \& target chambers when the lasers are turned on/off. Combined with the change in the ratio of pumping chamber to target chamber density, this causes a systematic difference in the lineshape factor when the lasers are turned on/off. Under our conditions, we found that $\ell_{\mathrm{tc}}^{\mathrm{on}} / \ell_{\mathrm{tc}}^{\text {off }}=1.0025 \pm 0.0025$. Since we ignored this factor in the analysis, we've assumed that $\ell_{\mathrm{tc}}^{\mathrm{on}} / \ell_{\mathrm{tc}}^{\text {off }}=1.000 \pm 0.005$, which results in only a small change in the final value \& uncertainty in the pumping chamber temperature.

### 4.6.4 NMR Pickup Coil Flux Factor

The flux factor was calculated by a numeric integration of Eqn. (4.43). We assumed two identical pickup coils on either side of the target chamber, each with 120 turns using 32 gauge (AWG) wire. Measurements of the coil-to-coil (cc1, cc2, cc3, cc4) and coil-to-cell (atp, atm, btp, btm) distances were usually made for each water calibration and for each time the polarized ${ }^{3} \mathrm{He}$ cell was installed or removed, see Tab. (4.6) and Fig. (4.18). The coil-to-coil distances were more reliable, so the cell-to-coil distances were rescaled using the target chamber outer diameter (tcod), for example:

$$
\begin{equation*}
\operatorname{atp}^{\prime}=\operatorname{atp}\left[\frac{\mathrm{cc} 1 / 2+\mathrm{cc} 2 / 2-\mathrm{tcod}}{\operatorname{atp}+\mathrm{btp}}\right] \tag{4.174}
\end{equation*}
$$

The vertical ( $y$ ) position of the coil with respect to the target chamber was determined by the encoder reading from the stepper motor used to raise/lower the target ladder assembly, see Fig. (3.8).

The density gradient in the target chamber was determined by the temperature distribution, see Sec. (4.6.3). The polarization gradient was estimated using the results of Sec. 6.4.6. Combining the polarization and density gradients, we find for the target chamber:

$$
\begin{equation*}
f(\vec{u})=\left[1+\frac{1}{2}\left(1-\frac{4|\vec{u} \cdot \hat{z}|}{L_{\mathrm{tc}}}\right) \frac{\Delta P_{\mathrm{tc}}}{\left\langle P_{\mathrm{tc}}\right\rangle}\right] \frac{1 /\left\langle 1 / T_{\mathrm{tc}}\right\rangle}{T_{\mathrm{tc}}(\vec{u} \cdot \hat{z})} \tag{4.175}
\end{equation*}
$$

where $\Delta P_{\mathrm{tc}} /\left\langle P_{\mathrm{tc}}\right\rangle$ is difference in the polarization between the center \& ends of the target chamber relative to the average target chamber polarization and the values used for this experiment are listed in Tab. (4.7).

The water cell used for this experiment had a different target chamber wall thickness than for the two polarized ${ }^{3} \mathrm{He}$ cells, see Tab. (4.8). Because the flux fac-

| date | cell | atp | atm | btm | btp | cc1 | cc2 | cc4 | cc3 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $07 / 10$ | water | 0.267 | 0.373 | 0.254 | 0.297 | 2.469 | 2.522 | 2.591 | 2.601 |
| $07 / 12$ | water | 1.003 | 1.430 | 0.254 | 0.417 | 3.368 | 3.307 | 3.683 | 3.622 |
| $08 / 05$ | water | 0.772 | 1.445 | 0.267 | 0.470 | 3.317 | 3.251 | 3.622 | 3.614 |
| $09 / 01$ | water | 0.792 | 1.494 | 0.274 | 0.472 | 3.352 | 3.302 | 3.582 | 3.588 |
| $07 / 12$ | penelope | 0.970 | 1.372 | 0.406 | 0.371 | 3.368 | 3.307 | 3.683 | 3.622 |
| $07 / 23$ | priapus | 0.780 | 1.157 | 0.401 | 0.514 | 3.347 | 3.288 | 3.677 | 3.625 |
| $08 / 07$ | priapus | 0.790 | 1.273 | 0.437 | 0.587 | 3.317 | 3.251 | 3.622 | 3.614 |
| $08 / 29$ | priapus | 0.770 | 1.041 | 0.366 | 0.442 | 3.330 | 3.330 | 3.617 | 3.569 |
|  |  |  |  |  |  |  |  |  |  |
| $09 / 01$ | -1 mm | -0.56 | -0.27 | +1.57 | +1.07 | +0.94 | +0.94 | +0.73 | +0.73 |
|  | +1 mm | +0.52 | +0.24 | -1.24 | -0.79 | -0.92 | -0.92 | -0.72 | -0.72 |
| $08 / 29$ | -1 mm | -0.50 | -0.44 | +1.41 | +1.01 | +0.94 | +0.94 | +0.84 | +0.84 |
|  | +1 mm | +0.47 | +0.40 | -1.02 | -0.72 | -0.92 | -0.92 | -0.83 | -0.83 |

Table 4.6: Measured Coil-to-cell \& Coil-to-coil Distances for E97110. The first 8 rows are the distances in cm . The pickup coils were moved on July 12 due to space constraints and on July 23 because the cell Penelope ruptured. The last 4 rows are the percent change in the flux factor $\Phi_{x}^{\mathrm{tc}}$ when the distance corresponding to that column is changed by $\pm 1 \mathrm{~mm}$ for the water cell $(09 / 01)$ and the cell Priapus $(08 / 29)$. The flux gain $G_{\Phi}^{x}(0)$ changes by less than $0.1 \%$ relative for a $\pm 1 \mathrm{~mm}$ variation in the coil positions.


Figure 4.18: Pickup Coil and Target Chamber Geometry. The positive $z$-axis points towards the beam dump. The positive $y$-axis points towards the pumping chamber and $\hat{x}=\hat{y} \times \hat{z}$. The origin is the center of the target chamber. Each pickup coil is 20 turns wide by 6 turns high with a wire diameter of $202 \mu \mathrm{~m}$. The lower plot is the flux factor per $z$-slice in the target chamber of Priapus during the 9 degree running, where the solid circles is the sum of the coil A (open triangles) and coil B (open circles) contributions.

| parameter | water | penelope | priapus |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | 6 deg | 9 deg |
| $T_{\text {pc }}^{\text {calc }}\left({ }^{\circ} \mathrm{C}\right)$ | 24 | 227 | 216 | 221 |
| rtd1 (cm) , $T_{\text {tc }}\left({ }^{\circ} \mathrm{C}\right)$ | 24 | -14.5, 46.0 | -13.7, 43.8 | 46.2 |
| rtd2 (cm) , $T_{\text {tc }}\left({ }^{\circ} \mathrm{C}\right)$ | 24 | -8.0, 53.5 | -7.0, 55.6 | 53.0 |
| rtd3 (cm) , $T_{\text {tc }}\left({ }^{\circ} \mathrm{C}\right)$ | 24 | +1.3, 58.1 | +1.4, 77.9 | 65.0 |
| rtd4 (cm) , $T_{\text {tc }}\left({ }^{\circ} \mathrm{C}\right)$ | 24 | +8.3, 54.0 | +6.9, 86.4 | 77.6 |
| rtd5 (cm) , $T_{\text {tc }}\left({ }^{\circ} \mathrm{C}\right)$ | 24 | +14.5, 47.5 | +14.0, 55.4 | 55.4 |
| $1 /\left\langle 1 / T_{\text {tc }}\right\rangle\left({ }^{\circ} \mathrm{C}\right)$ |  | 51.3 | 58.5 | 56.1 |
| $v=V_{\mathrm{pc}} / V_{\mathrm{tc}}$ |  | 1.023 | 1.14 |  |
| $n_{\mathrm{pc}} / n_{\text {tc }}=1 / t$ | 1 | 0.649 | 0.679 | 0.666 |
| $n_{\text {tc }}(\mathrm{amg})$ | 2482 | 10.82 | 10.53 | 10.62 |
| $\left\langle I_{\text {beam }}\right\rangle(\mu \mathrm{A})$ |  | 2.23 | 4.29 | 8.00 |
| lifetime (hrs) |  | 54 | 56 | 56 |
| $\left(1-P_{\text {tc }}^{\infty} / P_{\mathrm{pc}}^{\infty}\right)_{\text {beam }}(\%)$ |  | 2.9 | 3.0 | 3.7 |
| $\left(1-P_{\mathrm{tc}}^{\infty} / P_{\mathrm{pc}}^{\infty}\right)_{0}(\%)$ | 0 | 2.5 | 2.2 | 2.2 |
| $\left(\Delta P_{\text {tc }} /\left\langle P_{\text {tc }}\right\rangle\right)_{\text {beam }}(\%)$ |  | 1.42 | 1.50 | 1.88 |
| $\left(\Delta P_{\text {tc }} /\left\langle P_{\text {tc }}\right\rangle\right)_{0}(\%)$ | 0 | 1.20 | 1.08 | 1.10 |

Table 4.7: Temperature/Density and Polarization Gradient Parameters for E97110. NMR measurements were made with lasers on in the longitudinal configuration. The polarization gradient parameters are given for both no beam (subscript 0 ) and with a beam current of $\left\langle I_{\text {beam }}\right\rangle$ (subscript beam).
tor drops off a $1 / d^{2}$, where $d$ is the distance between the coils and the spins, the numerical integration took into account the size of the coil wire to determine the relative position of each turn. The integration was performed using $2 \times$ ( 3 by 14) line elements per turn, $(2 \times 64+1) \times(16 \times 4)^{2}$ volume elements for the target chamber, $(2 \times 8+1) \times(8 \times 4)^{2}$ volume elements for the transfer tube, and 13025 volume elements for the pumping chamber. The flux gain $G_{\Phi}^{x}(0)$ is calculated using the parameters from Tab. (4.7) assuming that there are no magnetic field gradients. Final results for the flux factor and flux gain for each measurement of the coil positions are listed in Tab. (4.9). The uncertainty in the flux factor due to the uncertainty in the coil position measurements is about $2.6 \%$ relative per 1 mm of uncertainty of the measurements, see Tab. 4.6. From measurements of the coil positions from the start and end of the 9 degree running with Priapus, we've assigned a $0.6 \%$ relative uncertainty due to the stablity of the coil positions. Finally, we've assigned a $0.7 \%$ relative uncertaintity due to our understanding of the polarization \& temperature/density gradients along the target chamber.

### 4.6.5 NMR Lineshape Model Functions

Since a full numerical calculation of the NMR lineshape via the MBE is very time consuming, the data were fit to analytic model functions. These functions are approximate but reproduce all the salient features of the lineshape. For the case of polarized ${ }^{3} \mathrm{He}$ (i.e. no relaxation), the model function is given by:

$$
\begin{equation*}
\ell_{\text {model }}(t)=S\left[1+\left(\frac{H(t)-H_{0}}{H_{1}}\right)^{2}\right]^{-1 / 2}+m_{b} H(t)+c_{b} \tag{4.176}
\end{equation*}
$$

where we've allowed for the possibility of a linear background.

|  | water | penelope | priapus |
| :--- | :---: | :---: | :---: |
| pcodV | 6.72 | 6.16 | 6.33 |
| pcodH | 6.50 | 6.11 | 6.28 |
| pcwall | 0.193 | 0.193 | 0.193 |
| ttod | 1.25 | 1.26 | 1.27 |
| ttlen | 6.53 | 6.20 | 6.02 |
| ttwall | 0.173 | 0.181 | 0.181 |
| tcod | 1.92 | 1.91 | 1.91 |
| tclen | 39.9 | 39.7 | 39.4 |
| tcwallA | 0.115 | 0.0694 | 0.0760 |
| tcwallB | 0.115 | 0.0622 | 0.0600 |

Table 4.8: Cell Dimensions Used for Flux Factor Calculation. All units are cm. The vertical \& horizontal diameters of the pumping chamber are pcodV \& pcodH respectively. The wall thickness of the target chamber near coils A \& B are tcwallA $\& t c w a l l B$ respectively. Water cell dimensions were from [52].

For the case of thermally polarized protons in water (i.e. with relaxation), a model function can be found by noting that (1) since $\eta \ll 1, p_{x}$ starts small, $p_{x}^{0}=p_{x}^{\mathrm{eq}} \ll p_{y}^{\mathrm{eq}} \ll p_{z}^{\mathrm{eq}}$, and (2) a numerical solution to the MBE confirms that $p_{x}$ stays small as the detuning is swept, $p_{x} \ll p_{y}, p_{z}$ for all $t$, see Fig. 4.3. Therefore, by setting $p_{x} \& \dot{p}_{x}$ to zero in Eqn. (4.56), we find that the ratio of $p_{z}$ to $p_{y}$ is approximately $\Delta / \omega_{1}$ and, consequently, the polarization vector can be written as:

$$
\begin{equation*}
\vec{p} \approx \frac{p}{\Omega}\left[\omega_{1} \hat{y}_{\mathrm{rot}}+\Delta \hat{z}\right]=p \hat{B}_{\mathrm{eff}} \tag{4.177}
\end{equation*}
$$

where $p$ is the magnitude of the polarization relative to the thermal polarization due to a field with magnitude $B_{0}$. Once again the polarization vector is parallel to the effective field in the rotating frame. However, in this case, the magnitude of

| date | cell | coil A |  | coil B |  | A+B |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\Phi_{x}^{\text {tc }}$ | $G_{\Phi}^{x}(0)$ | $\Phi_{x}^{\text {tc }}$ | $G_{\Phi}^{x}(0)$ | $\Phi_{x}^{\text {tc }}$ | $G_{\Phi}^{x}(0)$ |
| $07 / 10$ | water | 3781 | 0.949 | 3944 | 0.951 | 7725 | 0.950 |
| $07 / 12$ | water | 1850 | 0.910 | 3689 | 0.948 | 5539 | 0.935 |
| $08 / 05$ | water | 2001 | 0.915 | 3577 | 0.948 | 5578 | 0.936 |
| $09 / 01$ | water | 2014 | 0.918 | 3626 | 0.950 | 5640 | 0.938 |
|  |  |  |  |  |  |  |  |
|  | NG | 0.76 | -2.14 | 0.73 | -1.26 | 0.74 | -1.56 |
| $07 / 12$ | TG | -0.22 | 0.12 | -0.21 | 0.08 | -0.22 | 0.09 |
|  | penelope | 2174 | 0.954 | 4032 | 0.970 | 6206 | 0.965 |
|  |  |  |  |  |  |  |  |
|  | NG | -0.91 | -2.23 | -1.06 | -1.49 | -1.00 | -1.77 |
| $07 / 23$ | TG | -0.23 | 0.14 | -0.21 | 0.10 | -0.22 | 0.11 |
|  | priapus | 2344 | 0.948 | 3680 | 0.964 | 6024 | 0.958 |
|  |  |  |  |  |  |  |  |
|  | NG | -1.25 | -2.22 | -1.29 | -1.52 | -1.27 | -1.79 |
| $08 / 07$ | TG | -0.30 | 0.17 | -0.26 | 0.12 | -0.28 | 0.14 |
|  | priapus | 2425 | 0.950 | 3667 | 0.965 | 6092 | 0.959 |
|  |  |  |  |  |  |  |  |
|  | NG | -1.26 | -2.26 | -1.28 | -1.49 | -1.27 | -1.78 |
| $08 / 29$ | TG | -0.29 | 0.17 | -0.27 | 0.12 | -0.28 | 0.14 |
|  | priapus | 2343 | 0.950 | 3769 | 0.965 | 6111 | 0.959 |

Table 4.9: Results for Flux Factors and Flux Gains for E97110. The flux factors $\Phi_{x}^{\text {tc }}$ are given in $\mathrm{cm}^{2}$ and the flux gains $G_{\Phi}^{x}(0)$ are unitless. For the polarized ${ }^{3} \mathrm{He}$ cells, the first row is the result ignoring polarization \& temperature gradients, the second row includes the effect of a temperature/density gradient (TG) along the target chamber, and the third row includes both the temperature/density gradient and the polarization gradient (TG/PG) along the target chamber length. The first \& second rows are given as the percent difference from the third row. The flux gain quoted here is calculated assuming that there are no magnetic field gradients, see Sec. (4.6.6) for further discussion.
the polarization vector $p$ is not unity and its time evolution is governed by:

$$
\begin{equation*}
\frac{d p}{d t} \approx \frac{d}{d t}\left[s \sqrt{p_{y}^{2}+p_{z}^{2}}\right]=\frac{1}{p}\left[p_{y} \frac{d p_{y}}{d t}+p_{z} \frac{d p_{z}}{d t}\right]=\frac{p_{\mathrm{eq}}(t)-p}{T} \tag{4.178}
\end{equation*}
$$

where we've made the additional approximation that $T_{2}=T_{1}$ giving $T=T_{1}$ and $p_{\text {eq }}(t)$ is the "equilibrium" polarization:

$$
p_{\mathrm{eq}}(t)=\frac{\omega_{1}^{2}+\Delta(t)\left(\omega_{0}+q \Delta(t)\right)}{\omega_{0} \Omega(t)} \quad q=\left\{\begin{array}{rr}
0 & \text { frequency sweep }  \tag{4.179}\\
1 & \text { field sweep }
\end{array}\right\}
$$

where $q=0$ is the frequency sweep AFP and $q=1$ for field sweep AFP. In direct analogy to the lockin time constant equation (4.49), we can immediately write down the integral form of this equation:

$$
\begin{equation*}
p(t)=\frac{1}{T} \int_{-\infty}^{t} \exp \left(\frac{u-t}{T}\right) p_{\mathrm{eq}}(u) d u \tag{4.180}
\end{equation*}
$$

In our case, the detuning is ramped "up," held fixed for a some amount of time $t_{w}$, and then ramped "down:"

$$
\Delta(t)=\left\{\begin{array}{lr}
\Delta_{\text {start }} & t \leq 0  \tag{4.181}\\
\Delta_{\text {start }}+\dot{\Delta} t & t \leq 2 t_{0} \\
\Delta_{\text {end }} & t \leq 2 t_{0}+t_{w} \\
\Delta_{\text {end }}-\dot{\Delta}\left(t-2 t_{0}-t_{w}\right) & t \leq 4 t_{0}+t_{w} \\
\Delta_{\text {start }} & t>4 t_{0}+t_{w}
\end{array}\right\}
$$

where $\Delta_{\text {start }}$ is the initial detuning, and the final detuning $\Delta_{\text {end }}$ \& sweep rate $\dot{\Delta}$ are:

$$
\begin{equation*}
\Delta_{\text {end }}=\Delta_{\text {start }}+\dot{\Delta} 2 t_{0} \quad \dot{\Delta}=\frac{\Delta_{\text {end }}-\Delta_{\text {start }}}{2 t_{0}} \tag{4.182}
\end{equation*}
$$

To derive an analytic solution for this equation, we'll make the usual approximations $[12,53,54]$ that (1) far from resonance $|\Delta| \gg \omega_{1}$, the equilibrium polarization is:

$$
\begin{equation*}
p_{\mathrm{eq}}(t) \approx s_{z}\left(1+q \frac{\Delta(t)}{\omega_{0}}\right) \quad s_{z} \equiv \frac{\Delta}{|\Delta|} \tag{4.183}
\end{equation*}
$$

where $s_{z}$ is the sign of the detuning and (2) sufficiently close to resonance $\left(\left|u-t_{0}\right| \leq\right.$ $\left.t_{a} \&\left|u-3 t_{0}-t_{w}\right| \leq t_{a}\right)$, the exponential is expanded as:

$$
\begin{equation*}
\exp \left(\frac{u-t}{T}\right)=\exp \left(-s_{r} \beta z(t)\right) \sum_{n=0}^{\infty} \frac{\left[s_{r} \beta z(u)\right]^{n}}{n!} \tag{4.184}
\end{equation*}
$$

where we've defined the unitless quantities $z$ and $\beta$ given by:

$$
\begin{equation*}
\frac{u-t}{T}=s_{r} \beta(z(u)-z(t)) \quad z(t)=\frac{\Delta(t)}{\omega_{1}} \quad \beta=\frac{\omega_{1}}{|\dot{\Delta}| T} \quad s_{r}=\frac{\dot{\Delta}}{|\dot{\Delta}|} \tag{4.185}
\end{equation*}
$$

where $s_{r}$ is the sign of the detuning sweep rate that that the opposite (same) sign as the detuning before (after) resonance. The integrals near resonance are evaluated using the following:

$$
\begin{equation*}
\frac{s_{r} \beta \omega_{1}}{\omega_{0}} \int\left[\sum_{n=0}^{\infty} \frac{\left(s_{r} \beta z\right)^{n}}{n!}\right]\left[\frac{1+\frac{\omega_{0}}{\omega_{1}} z+q z^{2}}{\sqrt{1+z^{2}}}\right] d z=\sum_{n=0}^{\infty} c_{n}\left(s_{r}\right) I_{n}(z) \tag{4.186}
\end{equation*}
$$

where the coefficients $c_{n}$ and integrals $I_{n}(z)$ are defined by:

$$
\begin{align*}
c_{n}\left(s_{r}\right) & =\frac{\left(s_{r} \beta\right)^{n}}{n!}\left[n+s_{r} \beta \frac{\omega_{1}}{\omega_{0}}\left(1+\frac{q n(n-1)}{\beta^{2}}\right)\right]  \tag{4.187}\\
I_{n}(z) & =\int \frac{z^{n}}{\sqrt{1+z^{2}}} d z=\frac{z^{n+1}}{n+1}\left[{ }_{2} F_{1}\left(\frac{1}{2}, \frac{n+1}{2} ; \frac{n+3}{2} ;-z^{2}\right)\right] \tag{4.188}
\end{align*}
$$

where ${ }_{2} F_{1}$ is the generalized hypergeometric function. For our purposes, truncating the sum to sixth order in $z$ gives us considerable flexibility in choosing $t_{a}$ and the closed form of the first seven integrals are given by:

$$
\begin{gather*}
I_{0}=\operatorname{asinh}(z) \quad I_{1}=\sqrt{1+z^{2}} \quad I_{2}=\frac{z}{2} I_{1}-\frac{1}{2} I_{0} \quad I_{3}=\left[\frac{z^{2}}{3}-\frac{2}{3}\right] I_{1}(4.18  \tag{4.189}\\
I_{4}=\left[\frac{z^{3}}{4}-\frac{3 z}{8}\right] I_{1}+\frac{3}{8} I_{0} \quad I_{5}=\left[\frac{z^{4}}{5}-\frac{4 z^{2}}{15}+\frac{8}{15}\right] I_{1} \quad I_{6}=\left[\frac{z^{5}}{6}-\frac{5 z^{3}}{24}+\frac{5 z}{16}\right] I_{1}-\frac{5}{16} I_{0}
\end{gather*}
$$

Putting all this together, we find:

$$
\begin{align*}
& p\left[t \leq u_{0}\right]=-s_{r}\left(1+\frac{q \Delta_{\text {start }}}{\omega_{0}}\right) \\
& p\left[t \leq u_{1}\right]=p^{\prime}\left(u_{0}, t\right)-s_{r} I_{\ell}\left[\left(1+\frac{q \Delta_{\text {start }}}{\omega_{0}}\right),\left(+\frac{q \dot{\Delta}}{\omega_{0}}\right), u_{0}, t\right] \\
& p\left[t \leq u_{2}\right]=p^{\prime}\left(u_{1}, t\right)+\exp \left(-s_{r} \beta z(t)\right) \sum_{n=0}^{6} c_{n}\left(+s_{r}\right)\left[I_{n}(z(t))-I_{n}\left(z\left(u_{1}\right)\right)\right] \\
& p\left[t \leq u_{3}\right]=p^{\prime}\left(u_{2}, t\right)+s_{r} I_{\ell}\left[\left(1+\frac{q \Delta_{\text {start }}}{\omega_{0}}\right),\left(+\frac{q \dot{\Delta}}{\omega_{0}}\right), u_{2}, t\right] \\
& p\left[t \leq u_{4}\right]=p^{\prime}\left(u_{3}, t\right)+s_{r}\left(1+\frac{q \Delta_{\text {end }}}{\omega_{0}}\right)\left(1-\exp \left[\frac{u_{3}-t}{T}\right]\right) \\
& p\left[t \leq u_{5}\right]=p^{\prime}\left(u_{4}, t\right)+s_{r} I_{\ell}\left[\left(1+\frac{q \Delta_{\text {end }}+q \dot{\Delta} u_{4}}{\omega_{0}}\right),\left(-\frac{q \dot{\Delta}}{\omega_{0}}\right), u_{4}, t\right] \\
& p\left[t \leq u_{6}\right]=p^{\prime}\left(u_{5}, t\right)+\exp \left(+s_{r} \beta z(t)\right) \sum_{n=0}^{6} c_{n}\left(-s_{r}\right)\left[I_{n}(z(t))-I_{n}\left(z\left(u_{5}\right)\right)\right] \\
& p\left[t \leq u_{7}\right]=p^{\prime}\left(u_{6}, t\right)-s_{r} I_{\ell}\left[\left(1+\frac{q \Delta_{\text {end }}+q \dot{\Delta} u_{4}}{\omega_{0}}\right),\left(-\frac{q \dot{\Delta}}{\omega_{0}}\right), u_{6}, t\right] \tag{4.190}
\end{align*}
$$

where the times $u_{0} \cdots u_{7}$ are given by:

$$
\begin{align*}
u_{0}=0 \quad u_{1}=t_{0}-t_{a} & u_{2}=t_{0}+t_{a} \quad u_{3}=2 t_{0} \quad u_{4}=2 t_{0}+t_{w} \\
u_{5}=3 t_{0}+t_{w}-t_{a} & u_{6}=3 t_{0}+t_{w}+t_{a} \quad u_{7}=4 t_{0}+t_{w} \tag{4.191}
\end{align*}
$$

and $p^{\prime} \& I_{\ell}$ are both functions of $t$ given by:

$$
\begin{align*}
p^{\prime}(u, t) & =\exp \left(\frac{u-t}{T}\right) p(u)  \tag{4.192}\\
I_{\ell}(b, m, u, t) & =b+m(t-T)-[b+m(u-T)] \exp \left[\frac{u-t}{T}\right] \tag{4.193}
\end{align*}
$$

When the resonance region integral sum is truncated at 6th order, then the higher order terms contribute less than $0.1 \%$ over one $T$. Therefore a reasonable value for the transition time $t_{a}$ between the two approximations is:

$$
t_{a}=\left\{\begin{array}{cc}
t_{1} & T>t_{1}  \tag{4.194}\\
T & T \leq t_{1}
\end{array}\right\} \quad t_{1}=\frac{10 \omega_{1}}{\dot{\Delta}}
$$

Finally, the model function used to fit water data is given by:

$$
\begin{equation*}
\ell_{\text {model }}(t)=S\left(\frac{\omega_{\mathrm{rf}}(t)}{\omega_{0}}\right) p(t)+q_{b} t^{2}+m_{b} t+c_{b} \tag{4.195}
\end{equation*}
$$

where we've allowed for a quadratic background. This function is valid for both frequency \& field sweep AFP. In addition, although the heights of the up and down sweeps are different due to relaxation, individual fits to the up and down sweeps should result in the same value of the normalization $S$.

### 4.6.6 Lineshape Factor

## Introduction

The lineshape factor is calculated in the following way:

$$
\begin{equation*}
\ell_{B}^{\mathrm{fit}}=\left[A_{\mathrm{FOTO}}\right]\left[\frac{A_{\mathrm{aGTO}}}{A_{\mathrm{a} 0 \mathrm{TO}}}\right]\left[\frac{A_{\mathrm{a} 00 \mathrm{~d}}}{A_{\mathrm{a} 000}}\right] \tag{4.196}
\end{equation*}
$$

where the first term accounts for the differences between the full numerical solution to the Modified Bloch Equations, Sec. (4.3.4), \& the model function, see previous section, and the signal averaging by the lockin amplifier. $A_{\text {Fото }}$ is the normalization parameter determined by a fit to a numerical solution of Eqn. 4.49) where the lockin time constant $\tau$ is 30 msec and the lockin input $\mathcal{V}_{\text {in }}$ is given by $p_{y}(t)$ which is determined by the numerical solution of MBE.

The second term accounts for distortions due to (1) magnetic field gradients along the target chamber and (2) the small signals from the pumping chamber \& transfer tube. $A_{\text {аото }}$ is the normalization parameter determined by a fit to a numerical solution of Eqn. 4.49) where $\tau=30 \mathrm{msec}$ and $\mathcal{V}_{\text {in }}(t)=\ell_{\text {model }}(t) . A_{\text {aGTo }}$ is the normalization parameter determined by a fit to a numerical solution of Eqn. (4.49) where $\tau=30 \mathrm{msec}$ and the lockin input is:

$$
\begin{align*}
\mathcal{V}_{\mathrm{in}}(t)= & G_{\nabla}^{x, \text { tc }}(t) G_{\Phi}^{x}(t) p_{y}(t) \approx \sum_{n=-64}^{+64} \frac{\phi_{x}^{\mathrm{tc}}\left(z_{n}\right)}{\Phi_{x}^{\mathrm{tc}}} \ell_{\mathrm{model}}\left(t, z_{n}\right) \\
& +\frac{P_{\mathrm{tt}} n_{\mathrm{tt}}}{P_{\mathrm{tc}} n_{\mathrm{tc}}} \sum_{m=-8}^{+8} \frac{\phi_{x}^{\mathrm{tt}}\left(y_{m}\right)}{\Phi_{x}^{\mathrm{tc}}} \ell_{\text {model }}\left(t, y_{m}\right)+\frac{P_{\mathrm{pc}} n_{\mathrm{pc}}}{P_{\mathrm{tc}} n_{\mathrm{tc}}} \sum_{k=0}^{13024} \frac{\phi_{x}^{\mathrm{pc}}\left(\vec{u}_{k}\right)}{\Phi_{x}^{\mathrm{tc}}} \ell_{\mathrm{model}}\left(t, \vec{u}_{k}\right) \\
\rightarrow & G_{\Phi}^{x}(0) \ell_{\text {model }}(t) \quad \text { (no magnetic field gradients) } \tag{4.197}
\end{align*}
$$

where $\phi_{x}^{\text {tc }}\left(z_{n}\right)$ is the partial flux factor, Sec (4.3.2), for the $n$ th-slice at location $z_{n}$
along the target chamber, $\Phi_{x}^{\mathrm{tc}}=\sum_{n=-64}^{+64} \phi_{x}^{\mathrm{tc}}\left(z_{n}\right)$ is the total target chamber flux factor, and $\ell_{\text {model }}\left(t, z_{n}\right)$ is the model function, which has a position dependence through the holding field sweep range.

Analogous terms are included for the pumping chamber \& transfer tube to account for distortions to the lineshape due to a vertical magnetic field gradient. The flux gain $G_{\Phi}^{x}(0)$, as defined by the terms to the right of the arrow in Eqn. (4.46), assumes that the resonance occurs at the same time for the target and pumping chambers. Since the flux factor from the pumping chamber and transfer tube are negative, the total signal at resonance is reduced by about $5 \%$ compared to the signal from the target chamber alone. The presence of a vertical $\left(\partial B_{z} / \partial y\right)$ magnetic field gradient shifts the resonance peak of the pumping chamber (and transfer tube) relative to the target chamber. If the shift is large enough $\left(\Delta y \partial B_{z} / \partial y \gg B_{1}\right)$, then the total signal at resonance is nearly the same as the signal from the target chamber alone. For this experiment, there was an additional shift between the pumping \& target chamber due to the fact that the pickup coils were offset in the $z$-direction relative to the centers of the target \& pumping chambers.

The lowest order correction to $G_{\nabla}^{x, t c}$ from Eqn. 4.40) depends on:

$$
\begin{align*}
{\left[\vec{u}-\vec{u}_{0}\right] \cdot \vec{\nabla} B_{0}=} & \Delta z\left(\frac{B_{z}}{B_{0}}\right)\left[\frac{\partial B_{z}}{\partial z}+\frac{\Delta x}{\Delta z} \frac{\partial B_{z}}{\partial x}+\frac{\Delta y}{\Delta z} \frac{\partial B_{z}}{\partial y}\right. \\
& +\frac{B_{x}}{B_{z}}\left(\frac{\partial B_{x}}{\partial z}+\frac{\Delta x}{\Delta z} \frac{\partial B_{x}}{\partial x}+\frac{\Delta y}{\Delta z} \frac{\partial B_{x}}{\partial y}\right) \\
& \left.+\frac{B_{y}}{B_{z}}\left(\frac{\partial B_{y}}{\partial z}+\frac{\Delta x}{\Delta z} \frac{\partial B_{y}}{\partial x}+\frac{\Delta y}{\Delta z} \frac{\partial B_{y}}{\partial y}\right)\right] \tag{4.198}
\end{align*}
$$

In our case, most of field is in the $z$-direction which means that $B_{z} \approx B_{0}$ and $B_{x}, B_{y} \ll$ $B_{z}$. In addition, since the target chamber is long and narrow, $\Delta z \approx 11 \mathrm{~cm}$ is roughly the length of the pickup coils, while $\Delta x=\Delta y \approx 1.7 \mathrm{~cm}$ is roughly the target cham-
ber inner diameter. For these two reasons, the lineshape is most sensitive to gradients in $B_{z}$ and, in particular, $\partial B_{z} / d z$. For the same reason, the contribution from the transfer tube is most sensitive to $\partial B_{z} / \partial y$. Due to the spherical shape of the pumping chamber, the contribution from the pumping chamber includes gradients in $B_{z}$ in all three directions.

The fields and gradients were determined by a magnetic field mapping [14] in the target region with the septum magnet set to $I_{\text {sep }}=175,250,325 \mathrm{Amps}$. We made the questionable assumptions that the fringe field from the septum magnet was (1) linear in septum current and (2) did not change when the magnet was switched from the " 6 degree" configuration to the " 9 degree" configuration. By combing the data sets, we determined the fields with the septum magnet on and off, see Fig. (4.19). By comparing to a numerical calculation of the field due to a Helmholtz pair, we determined that the dominant gradient with the septum off was not due to the Helmholtz coils. As shown in Fig. (4.20), the gradient along the target chamber of $B_{z}$ at the center of the pickup coils decreases with increasing septum current. Finally, by combining the gradients in the longitudinal (along the target chamber) and vertical (along the transfer tube) directions, we calculated the field shift between the pumping and target chamber for each septum current Fig. (4.20).

The third term accounts for a slow drift in the holding field during a water calibration. $A_{\text {a0od }}$ is the normalization parameter determined by a fit to the average of $N$ model functions, where $N$ is the total number of measurements each with a different starting field. $A_{\mathrm{a} 000}$ is the normalization parameter determined by a fit to the model function using the average starting field. The starting field for each measurement was determined by the value of the current in the Helmholtz coils


Figure 4.19: Spatial Variation of $B_{z}$ with and without the Septum Magnet (2nd period). The gradients listed in the plots are evaluated at the center of the pickup coil region in the target chamber.


Figure 4.20: Magnetic Field Gradients vs. Septum Current. (Left) Gradients in the target chamber at the center of the pickup coils. (Right) The holding field at the center of the pumping chamber relative to the target chamber.

| date | r.m.s. drift (mG) | total drift (mG) | $A_{\mathrm{a} 00 \mathrm{~d}} / A_{\mathrm{a} 000}$ |
| :---: | :---: | :---: | :---: |
| $07 / 08$ | 8.7 | 39.1 | 0.9938 |
| $07 / 10$ | 8.4 | 35.5 | 0.9943 |
| $07 / 12$ | 12.8 | 49.7 | 0.9877 |
| $08 / 05$ | 5.1 | 28.4 | 0.9994 |
| $08 / 31-1$ | 5.0 | 24.9 | 0.9979 |
| $08 / 31-2$ | 6.9 | 32.0 | 0.9958 |
| $09 / 01-1$ | 5.2 | 24.9 | 0.9973 |
| $09 / 01-2$ | 5.4 | 24.9 | 0.9975 |

Table 4.10: Drift Corrections for Water Calibrations.
which was recorded about every 3 seconds, see Fig. 4.21. The typical size of of the drifts and corresponding correction factor is listed in Tab. 4.10).

## Determination of Parameters for Numerical Solution to MBE

The various parameters used in the numerical calculation of the water and ${ }^{3} \mathrm{He}$ lineshape factors are listed in Tab. (4.11). The RF frequency of the $B_{1}$ field was 91 kHz throughout the experiment. The total field sweep range was 7 Gauss at a rate of 1.2 G/s [14]. The starting fields $\left(B_{\text {start }}\right)$ were determined from the location of the


Figure 4.21: Slow Drift in the Holding Field During Water Calibrations. The relative drift is defined by the difference from the average field scaled by $B_{1}=61.8$ mG , which is the characteristic size of the broadened resonance peak. The size of the signal drops by $30 \%$ at a distance of one $B_{1}$ away from resonance. The smallest (largest) correction was due to the drift depicted in the plot on the left (right).

| parameter | water | he3 | units |
| :--- | :---: | :---: | :--- |
| $\nu_{0}$ | 91 | 91 | kHz |
| $B_{\text {start }}$ | 17.8 | 24.5 | G |
| $B_{\text {end }}$ | 24.8 | 31.5 | G |
| $B_{1}$ | 48.4 | 49.9 | mG |
| $\mu$ | 2.79285 | -2.12750 | $\mu_{N}$ |
| $2 t_{0}$ | 5.83 | 5.83 | sec |
| $t_{w}$ | 5.83 | 0 | sec |
| $T_{1}$ | 3.76 | 360000 | sec |
| $T_{2}$ | 3.35 | $27.6-60.6$ | sec |
| $t_{w}^{\text {cycle }}$ | 24 | 0 | sec |
| num. of sweeps | $350-1000$ | 1 | unitless |
| sweep type $(+1=$ field, $-1=$ freq. $)$ | 1 | 1 | unitless |
| $\tau$, lockin time constant | 30 | 30 | msec |
| $P_{\text {scale }}(0$ for thermal pol. $)$ | 0 | 0.38 | unitless |
| $P_{z}^{\infty}$ (0 for thermal pol.) | 0 | 0.42 | unitless |

Table 4.11: Parameters Used for the Numerical Solution to the Modified Bloch Equations.
resonance peaks from the fits to the NMR data. The signal averaging of the lockin causes the resonance peak to shift to a later time. Since the "up" and "dn" sweeps were in different directions, the shift due to the lockin signal averaging largely cancels in the average of the up and dn peak locations.

The amplitude of $B_{1}$ was determined by the width parameter from fits to ${ }^{3} \mathrm{He}$ NMR data taken at 5 different NMR RF amplitude settings. This width was broadened to due the signal averaging of the lockin and due to magnetic field gradients. Therefore, the value of $B_{1}$ put into the numerical lineshape calculation was varied until the broadened fit width matched the fit width in the data. The average value of $B_{1}$ (or equivalently $H_{1}$ ) from this method was about $10 \%$ lower than the value determined using the " $H_{1}$ coil" method $[14,55]$. The magnitude of $B_{1}$ was different for water because those measurements were taken with the aluminum covers removed. The ${ }^{3} \mathrm{He}$ NMR data during production running was taken with the aluminum covers in place.

The sweep time $\left(2 t_{0}\right)$ and wait time $\left(t_{w}\right)$ were programmed into the function generator controlling the holding field. The wait time between sweeps was determined by the data transfer time of the DAQ. The $T_{1}$ for water in the water cell was determined by comparing the ratio of the up and dn peak fits amplitudes in two different ways. In the first method, the water data and numerical calculations of the lineshape were both fit to the model function which included relaxation. The $T$ used in this model function was varied until the ratio of the up and dn peaks was 1.00094, which was the ratio of the up and dn fit amplitudes determined by the numerical calculation of the lineshape. In the second method, the water data and numerical calculations of the lineshape were both fit to the model function used for the ${ }^{3} \mathrm{He}$ NMR data (square root of a Lorentzian). The $T_{1}$
used in the numerical calculation of the lineshape was varied until the ratio of the up and dn peaks was -0.86259 , which was the ratio of the up and dn fit amplitudes determined from the data after the effect of magnetic field gradients had been removed. The first method gave $T=3.85 \mathrm{~s}$, while the second method gave $T_{1}=3.67 \mathrm{~s}$. The uncertainty in the ratio of the up and dn peaks from fits to the data (about 1 percent) corresponds to an uncertainty in $T_{1}$ of 0.25 sec . The average value of $T_{1}=(3.76 \pm 0.25) \mathrm{s}$ used in this analysis varies considerably from the value $T_{1}=3.0 \mathrm{~s}$ used in past [14,56]. Finally, $T_{2}$ was calculated from the difference in the transverse and longitudinal relaxation rates $\left(T_{2}^{-1}-T_{1}^{-1}=33 \mathrm{mHz}\right)$ used in the past $[14,57]$.

From Eqn. 6.14, we find that the ${ }^{3} \mathrm{He} T_{1}$ is given by:

$$
\begin{equation*}
\frac{1}{T_{1}}=\Gamma_{\mathrm{tc}}+d_{\mathrm{tc}}\left(1-\frac{P_{\mathrm{pc}}}{P_{\mathrm{tc}}}\right) \tag{4.199}
\end{equation*}
$$

where $\Gamma_{\mathrm{tc}}$ is the relaxation rate in the target chamber, $d_{\mathrm{tc}}$ is the diffusion rate per nucleus of ${ }^{3} \mathrm{He}$ nuclei exiting the target camber, and $P_{\mathrm{pc}} / P_{\mathrm{tc}}$ is the ratio of pumping chamber to target chamber polarizations. As the polarization reaches equilibrium, the longitudinal relaxation rate $T_{1}^{-1}$ approaches 0 . Because $T_{1}$ is very long (hours) relative to the sweep time, the final lineshape is relatively insensitive to the value of $T_{1}$ for ${ }^{3} \mathrm{He}$; therefore, we used $T_{1}=100 \mathrm{hrs}$. $T_{2}$ was determined by the AFP loss per spin flip using:

$$
\begin{equation*}
\text { afp loss per spin } \mathrm{flip}=\frac{308.6 \%}{T_{2}}\left[\frac{\omega_{1}}{\dot{\Delta}}\right]=(308.6 \%) D\left[\frac{\partial B_{z} / \partial z}{B_{1}}\right]^{2}\left[\frac{\omega_{1}}{\dot{\Delta}}\right] \tag{4.200}
\end{equation*}
$$

where $D=0.189 \mathrm{~cm}^{2} / \mathrm{s}$ is the ${ }^{3} \mathrm{He}$ diffusion coefficient in the target chamber under operating conditions, $\dot{\Delta}$ is the detuning sweep rate, and $308.6 \%$ was determined
by varying $T_{2}$ in the numerical calculation of the lineshape, see Fig. (4.5). First, $T_{2}$ was calculated from dedicated measurements of the AFP loss at 5 different septum currents, see left plot of Fig. (4.22). These measurements were performed by taking 5 consecutive NMR measurements with a short time interval, typically $\Delta t=3 \mathrm{~min}-$ utes. Most of these AFP loss measurements were taken when the target chamber polarization was near its equilibrium value. This insured that the change in polarization between measurements was almost entirely due to the AFP loss. Second, $T_{2}$ was calculated by averaging the square of the longitudinal gradient throughout the target chamber, see left plot of Fig. (4.22). Although the gradient in the region defined by the pickup coils decreases with increasing septum current, the r.m.s. gradient throughout the target chamber increases with septum current. Since we were interested in the change in the average polarization throughout the target chamber, we averaged the gradients throughout the target chamber. These two methods were average to calculate the $T_{2}$ as a function of septum current, see right plot of Fig. 4.22).

## Discussion \& Uncertainty Analysis

The lineshape factors for the up and dn sweep for each water calibration are listed in Tab. (4.12). The lineshape factors for ${ }^{3} \mathrm{He}$ are a function of septum current, see upper left Fig, 4.23. The functional form of the ${ }^{3} \mathrm{He}$ lineshape was determined by considering the effect of broadening mechanisms in general. The signal averaging due to the lockin, magnetic field gradients, and slow magnetic drifts all broaden the apparent width and reduce the apparent height of the resonance peak. The basic effect of each broadening mechanism can be essentially described by the fol-


Figure 4.22: AFP Loss and $T_{2}$ for ${ }^{3} \mathrm{He}$ NMR Measurements. (Left) AFP loss as a function of septum current. The open squares (closed circles) are from dedicated measurements of AFP loss during the 6 degree ( 9 degree) configuration. The red line through the data points is a fit constrained by $0.15 \%$ for zero septum current. The black line is based on a calculation of the magnetic field gradient in the target chamber. (Right) Average $T_{2}$ using the two methods described in the text as a function of septum current.

| date | $A_{\mathrm{FOTO}}^{\mathrm{up}}$ | $A_{\mathrm{FOTO}}^{\mathrm{dn}}$ | $A_{\mathrm{aGTO}}^{\text {up }} / A_{\mathrm{a} 0 \mathrm{TO}}^{\mathrm{up}}$ | $A_{\mathrm{aGTO}}^{\mathrm{dn}} / A_{\mathrm{aOTO}}^{\mathrm{dn}}$ | $\ell_{B}^{\text {fit,up }}$ | $\ell_{B}^{\text {fit,dn }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $07 / 08$ | 0.9018 | 0.8996 | 0.9177 | 0.9189 | 0.8224 | 0.8215 |
| $07 / 10$ | 0.9018 | 0.8995 | 0.9177 | 0.9189 | 0.8229 | 0.8219 |
| $07 / 12$ | 0.9018 | 0.8995 | 0.9027 | 0.9041 | 0.8041 | 0.8033 |
| $08 / 05$ | 0.9018 | 0.8998 | 0.9034 | 0.9048 | 0.8141 | 0.8136 |
| $08 / 31-1$ | 0.9018 | 0.8997 | 0.9053 | 0.9067 | 0.8147 | 0.8140 |
| $08 / 31-2$ | 0.9018 | 0.8997 | 0.9053 | 0.9067 | 0.8130 | 0.8123 |
| $09 / 01-1$ | 0.9018 | 0.8997 | 0.9053 | 0.9067 | 0.8142 | 0.8135 |
| $09 / 01-2$ | 0.9018 | 0.8997 | 0.9053 | 0.9067 | 0.8144 | 0.8137 |

Table 4.12: Lineshape Factors for Water Calibrations. The drift corrections are listed in Tab. (4.10).
lowing integral:

$$
\begin{equation*}
f(t)=\int w\left(t, t_{0}\right) \ell\left(t, t_{0}\right) d t_{0} \rightarrow f(z)=\int \frac{w\left(z_{0}\right)}{\sqrt{1+\left(z-z_{0}\right)^{2}}} d z_{0} \tag{4.201}
\end{equation*}
$$

where $w\left(t, t_{0}\right)$ is a weight function that describes the probability of the resonance peak occurring at $t_{0}, z$ is a unitless parameter that defines the distance from resonance, and $z_{0}$ is an resonance offset caused by the broadening mechanism. If the resonance offset $z_{0}$ is uniformly distributed over the range $-b$ to $+b$, the height of the signal at $z=0$ is reduced in the following way $[13,58]$ :

$$
\begin{equation*}
f(0)=\int_{-b}^{+b} \frac{1 / 2 b}{\sqrt{1+z_{0}^{2}}} d z_{0}=\frac{\operatorname{asinh}(b)}{b} \tag{4.202}
\end{equation*}
$$

Furthermore, a fit to the numerical calculation of the entire lineshape yields:

$$
\begin{equation*}
A(b)=\left[\frac{\operatorname{asinh}(0.8 b)}{(0.8 b)}\right] \quad w(b)=\sqrt{1+\frac{(0.8 b)^{2}}{2}} \tag{4.203}
\end{equation*}
$$

where $A(b)$ the is fit value for the amplitude and $w(b)$ is the fit value for the width. Therefore, a single "broadening parameter" $b$ can be used to describe how both the amplitude and width change due to a broadening mechanism. This is very useful since the amplitude is very sensitive to various normalization factors whereas the width is not. If we can determine the relationship between the width and broadening parameter, then we can use the broadening parameter to determine the amplitude (or equivalently the lineshape factor). This result can be used to model both the effect of (1) a linear magnetic field gradient with a uniform flux profile and (2) a slow linear drift
in the following way:

$$
\begin{equation*}
b=\frac{\text { characteristic size of the broadening }}{\text { characteristic size of the peak }}=\frac{\left(\partial B_{z} / \partial z\right) L_{\mathrm{coil}} / 2}{B_{1}}=\frac{\left(d B_{z} / d t\right) \Delta T / 2}{B_{1}} \tag{4.204}
\end{equation*}
$$

where $L_{\text {coil }}$ is the length of the pickup coil, $d B_{z} / d t$ is the field drift rate, and $\Delta T$ is the total length of the measurement.

In our case, the weight function is much more complicated and the signal is broadened by both the lockin and magnetic field gradients. Only one additional higher order term was required to provide a fit to the calculation (which accounted for these effects) to better than $0.1 \%$ :

$$
\begin{align*}
b(I) & =m\left(\frac{I-I_{0}}{B_{1}}\right)  \tag{4.205}\\
\ell_{B}^{\mathrm{fit}}(I) & =\ell_{0}\left[\frac{\operatorname{asinh}(b)}{b}-(c b)^{3}\right]  \tag{4.206}\\
B_{1}^{\mathrm{fit}}(I) & =B_{1}^{0}\left[\sqrt{1+\frac{b^{2}}{2}}-(c b)^{4}\right]  \tag{4.207}\\
\alpha(I) & =\alpha_{0}+b^{2} \tag{4.208}
\end{align*}
$$

where $B_{1}=49.9 \mathrm{mG}$ and $m, I_{0}, \& c$ are determined by fitting to the results of the numerical calculation of the lineshape and are listed in Tab. (4.13). The parameters that relate the septum current to the broadening parameter used to determine the lineshape factor are very similar to the parameters used to relate the septum current to the broadening parameter for the width parameter. In other words, even with the complicated weight function due to the variation in the flux factor throughout the target chamber, the calculated lineshape factor \& width parameter both still depend on a single broadening parameter, which has the simple linear

|  | penelope | priapus6 | priapus9a | priapus9b |
| :---: | :---: | :---: | :---: | :---: |
| $\ell_{0}^{\text {up }}$ | 0.9013 | 0.8991 | 0.8992 | 0.8993 |
| $I_{0}$ | 350.78 | 358.97 | 358.13 | 357.70 |
| $m$ | 0.1133 | 0.1141 | 0.1138 | 0.1136 |
| $c$ | 0.3434 | 0.3305 | 0.3321 | 0.3321 |
| $\ell_{0}^{\text {dn }}$ | 0.8983 | 0.8968 | 0.8965 | 0.8966 |
| $I_{0}$ | 346.55 | 347.03 | 348.50 | 348.09 |
| $m$ | 0.1106 | 0.1204 | 0.1152 | 0.1150 |
| $c$ | 0.3408 | 0.3456 | 0.3338 | 0.3340 |
| $B_{1}^{0}$ | 56.54 | 56.16 | 56.22 | 56.23 |
| $I_{0}$ | 330.99 | 333.90 | 333.44 | 333.19 |
| $m$ | 0.1240 | 0.1281 | 0.1276 | 0.1274 |
| $c$ | 0.5392 | 0.5296 | 0.5315 | 0.5316 |
| $\alpha_{0}$ | 0.4253 |  |  |  |
| $I_{0}$ |  | 62.62 |  |  |
| $m$ |  | 0.0994 |  |  |

Table 4.13: ${ }^{3} \mathrm{He}$ Lineshape Factor, Width Parameter, and AFP Loss Parameters. For the 9 degree configuration with the cell Priapus, a coil position measurement was performed when the cell was installed (a) and before the cell was removed (b) at the end of the experiment. The final value for 9 degree configuration with the cell Priapus is the average of these two measurements.
relationship to the septum current.
Modeling the ${ }^{3} \mathrm{He}$ lineshape factor in terms of the broadening parameters allows us (1) to estimate the uncertainties due to the magnetic field measurements. and (2) test the reliability of the calculation. First, the longitudinal gradient at the center of the coil region is given as:

$$
\begin{equation*}
\frac{\partial B_{z}}{\partial z}=\left(m_{z}=-6.67 \pm 0.10 \mathrm{mG} / \mathrm{cm}\right) \frac{I}{250 \mathrm{~A}}+\left(b_{z}=7.08 \pm 0.22 \mathrm{mG} / \mathrm{cm}\right) \tag{4.209}
\end{equation*}
$$



Figure 4.23: Calculated ${ }^{3} \mathrm{He}$ Lineshape Factor, Width Parameter, and AFP loss vs. Septum Current.
which can be propagated using Eqn. (4.204) into an uncertainty in $b$ :

$$
\begin{equation*}
\sigma_{b}^{2}=\sigma_{m_{z}}^{2}\left(\frac{(I / 250 \mathrm{~A}) L_{\mathrm{coil}}}{2 B_{1}}\right)^{2}+\sigma_{b_{z}}^{2}\left(\frac{L_{\mathrm{coil}}}{2 B_{1}}\right)^{2}=\left(\frac{I /(420 \mathrm{~A})}{54.0}\right)+\left(\frac{1}{41.2}\right)^{2} \tag{4.210}
\end{equation*}
$$

where $L_{\text {coil }}=11 \mathrm{~cm}$. This can then be propagated into an uncertainty into the lineshape factor and fit width as:

$$
\begin{equation*}
\sigma_{\ell}=\frac{\partial \ell}{\partial b} \sigma_{b} \quad \sigma_{B_{1}^{\mathrm{fit}}}=\frac{\partial B_{1}^{\mathrm{fit}}}{\partial b} \sigma_{b} \tag{4.211}
\end{equation*}
$$

Second, our numerical calculation should be able to reproduce septum current functional dependence of both the width parameter \& the lineshape factor equally well. In other words, if we see that the width parameter from the calculation matches (doesn't match) the width parameter from the data, then we can safely conclude that the corresponding lineshape factor is (isn't) reliable. Fig, (4.24) show the results of fits to the data (points) and numerical calculation (line). The numerical calculation appears to describe the the width parameter from the data very well when the septum current is over 250 A. Over the range 50-250 A, the numerical calculation appears to systematically overestimate the width parameter for the data. For a zero septum current, the calculation does reproduce the increase in the width parameter. The implication is that, for zero septum current and septum currents above 250 A , we can trust the value of the lineshape factor from the calculation. On the other hand, below 250 A , the implication is that the calculation underestimates the lineshape factor.

Two things happen that affect the lineshape of the NMR signal when the septum magnet is turned on and the current is increased. First, within the pickup region, the background magnetic field gradient is canceled to some degree by the


Figure 4.24: Comparison between Fits to Data and Calculations. The open squares (closed circles) are data from the 6 degree ( 9 degree) configuration. The solid curve is from the numerical calculation of the lineshape. (Left) Width parameter as a function of septum current. (Right) Holding field shift parameter as a function of septum current (relative to $I_{\text {sep }}=0$ ).
fringe field from the septum magnet. Second, the resonance peak from the pumping chamber and transfer tube becomes shifted relative to the resonance peak of the target chamber. Both of these effects imply that we should see a "broad" peak with a smaller amplitude (i.e. lineshape factor) at low septum currents relative to a "narrow" peak with a larger amplitude at higher septum currents. The data (based on the width parameter) supports this conclusion qualitatively. However, our calculation, based on measurements of the background and septum fringe fields, indicates a smooth transition from no cancellation at $I_{\text {sep }}=0$ to complete cancellation at $I_{\text {sep }} \approx 354 \mathrm{~A}$. However, the data appears to indicate that the cancellation is nearly complete \& essentially constant for all septum currents above $I_{\text {sep }}=50 \mathrm{~A}$. In other words, the calculation indicates a smooth transition, whereas the data implies a "step-function" transition. This implies that there is a nonlinear relationship between the broadening parameter $b$ and the septum current $I$. This is not an unreasonable conclusion since we observed that the septum magnet appeared to "saturate" at higher septum currents.

The calculation of the lineshape for the water calibration gave an average width parameter of 63.4 mG . This was in excellent agreement with the weighted average of the width parameter from the water calibration data $62.54 \pm 0.76$. For this reason, we've assumed that our calculation of the water lineshape factors is quite reliable and we've used the values listed in Tab. (4.12). To estimate the uncertainty, we first calculate the broadening parameter that corresponds to the a septum current of 0 A from the ${ }^{3} \mathrm{He}$ lineshape data, Tab. (4.13):

$$
\begin{equation*}
b_{\text {water }}(I=0) \approx\left\langle\frac{m\left(0-I_{0}\right)}{48.4}\right\rangle=-0.831 \tag{4.212}
\end{equation*}
$$

Using Eqn. (4.210), we find that the uncertainty in our water broadening parameter due to our measurements of magnetic field gradients is $\sigma_{b}^{\text {water }} \approx 0.024$. This propagates into an uncertainty in the lineshape factor of $0.23 \%$ relative. The dominant uncertainty in $b_{\text {water }}$ comes from our knowledge of $B_{1}$ which is only good to about $10 \%$ relative. This translates into $\sigma_{b}^{\text {water }}=0.08$ which propagates into an uncertainty of the lineshape factor of $0.85 \%$ relative. Finally, the $T_{1}$ used to calculate the lineshape was varied by $\pm 0.25 \mathrm{sec}$ which translated into a variation of the lineshape factors of $\pm 0.95 \%$ relative. The total uncertainty for the water lineshape is therefore $1.29 \%$ relative.

For the ${ }^{3} \mathrm{He}$ lineshape, we'll note that the data seems to imply the broadening parameter $b$ is a constant for septum current above 50 A . This implies that the lineshape factor is also a constant, which we'll take to be equal to the $I=I_{0}$ or equivalently $b=0$ value. For the final value of the ${ }^{3} \mathrm{He}$ lineshape factor, we'll split the difference between the constant value and value calculated taking into account
the septum current:

$$
\begin{align*}
b(I) & =m\left(\frac{I-I_{0}}{B_{1}}\right)  \tag{4.213}\\
\ell_{B}^{\mathrm{fit}}(I) & =\frac{\ell_{0}}{2}\left[1+\frac{\operatorname{arcsinh}(b)}{b}-(c b)^{3}\right]  \tag{4.214}\\
\sigma_{\ell}^{3 \mathrm{He}}(I) & =\frac{\ell_{0}}{2}\left[1-\frac{\operatorname{arcsinh}(b)}{b}+(c b)^{3}\right] \tag{4.215}
\end{align*}
$$

where uncertainty in the ${ }^{3} \mathrm{He}$ lineshape factor includes half the difference between these two values, see Fig. (4.25). The net effect is that the lineshape factor for ${ }^{3} \mathrm{He}$ measurements with septum currents between 50 and 250 A have a larger lineshape factor with greater uncertainty compared to the fit of calculation alone. The dominant uncertainty in the ${ }^{3} \mathrm{He}$ lineshape factor is due to the uncertainty in relationship between the septum current and broadening parameter, see Tab. (4.14). Given the lack of complete agreement between the data \& calculation for the ${ }^{3} \mathrm{He}$ width parameter and given our lack of understanding of the differences in the septum fringe field between the $6 \& 9$ degree configurations, we've assigned a $3 \%$ relative uncertainity in our calculation of the ${ }^{3} \mathrm{He}$ lineshape factors.

### 4.6.7 Water Calibration Constant

The water calibration constant is given as:

$$
\begin{equation*}
c_{W}=\left[\frac{\hat{G}_{\mathrm{L}} / \hat{G}_{\mathrm{L}}^{n}}{G_{\mathrm{L}} / G_{\mathrm{L}}^{n}}\right]\left[\frac{R_{W}}{G_{\mathrm{P}} Q\left(\omega_{0}\right) \Phi_{x}^{\text {tc }}}\right]\left[\frac{\hat{g}}{g}\right]\left[\frac{\hat{\nu}_{0}}{\nu_{0}}\right] \tag{4.216}
\end{equation*}
$$

where $\hat{g} / g=g_{\text {proton }}^{\text {shielded }} / g_{\text {helion }}^{\text {shielded }}=-1 /(0.7617861313)$ [59], the NMR RF frequency was 91 kHz for all NMR measurements, and $R_{W}$ is a factor that accounts for all the


Figure 4.25: Average ${ }^{3} \mathrm{He}$ Lineshape Factor with Uncertainties. The lineshape factor and uncertainties are given by Eqns. (4.214) \& (4.215).

| source | water | penelope | priapus6 | priapus9 |
| :---: | :---: | :---: | :---: | :---: |
| total (\% rel.) | 1.29 | 0.98 to 1.50 | 0.39 to 2.47 | 0.39 to 2.80 |
| $b(I)$ | $\mathrm{n} / \mathrm{a}$ | 0.85 to 1.39 | 0.16 to 2.37 | 0.00 to 2.69 |
| $B_{1}$ | 0.84 | 0.39 to 0.50 | 0.16 to 0.64 | 0.18 to 0.71 |
| $T_{1}$ | 0.95 | neg. | neg. | neg. |
| $T_{2}$ | neg. | 0.15 | 0.15 | 0.15 |
| $\partial B_{z} / \partial z$ | 0.25 | 0.26 | 0.27 | 0.28 |
| $\tau$, lockin time constant | neg. | neg. | neg. | neg. |
| drift | neg. | n/a | n/a | n/a |
| $I_{\text {sep }}^{\min }-I_{\text {sep }}^{\max }(\mathrm{A})$ | 0 | $148-197$ | $87-293$ | $58-420$ |
| $\left\langle I_{\text {sep }}\right\rangle$ (A) | 0 | 170 | 192 | 255 |

Table 4.14: Percent Relative Uncertainties in the Water \& ${ }^{3} \mathrm{He}$ Lineshape Factors. The ${ }^{3} \mathrm{He}$ lineshape factor uncertainties depend on the septum current. The largest uncertainties occur for the lowest septum currents. The uncertainty in $T_{2}$ for ${ }^{3} \mathrm{He}$ comes from the difference in the determination of the afp loss described in Fig. (4.22). The uncertainty due to the lockin signal averaging is very small since time constant was always 30 msec and only ratios of lineshape factors were used to calculate the calibration constant.


Figure 4.26: Measured and Calculated ${ }^{3} \mathrm{He}$ NMR Lineshape. The top (bottom) two plots show the measured (calculated) lineshape and residuals. The $x$-axis is the holding field in Gauss. The $y$-axis is in mV (arb. units) for the top (bottom) plot. For both residuals plots, the $y$-axis is given as the percentage of the fit amplitude. The shape and size of the residuals from the calculation match the data very well which gives us some confidence in the lineshape calculation.
variations among water calibrations measurements and should be a constant:

$$
\begin{equation*}
R_{W}=\frac{\hat{G}_{\mathrm{P}} \hat{Q}\left(\omega_{0}\right) \hat{\Phi}_{x}^{\mathrm{tc}} \hat{P}_{\mathrm{tc}} \hat{n}_{\mathrm{tc}} \hat{c}_{B}^{\mathrm{fit}}}{\hat{S}} \tag{4.217}
\end{equation*}
$$

Before the water cell was installed, the phase of the lockin was adjusted such that all of the ${ }^{3} \mathrm{He}$ signal was in the $x$-channel. It was assumed that the phase of the water signal is nearly identical to the phase of the ${ }^{3} \mathrm{He}$ NMR signal. Because the water NMR signal is so small, several $(\leq 1000)$ sweeps are taken per water calibration measurement. Each sweep was split in the middle and analyzed separately as up and dn sweeps. A linear background was fit to each sweep and then subtracted from each sweep. Sweeps that are considered excessively noisy were not included in the average. The criteria used to determine whether a sweep was too noisy was based on the following parameters calculated for each sweep:

1. range $\leq 160 \mu \mathrm{~V}$ - the difference between the highest and lowest signals measured during the sweep
2. standard deviation $\leq 150 \mu \mathrm{~V}$ - the r.m.s. variation of signal during the sweep
3. maximum derivative $\leq 1800 \mu \mathrm{~V} / \mathrm{G}$ - the forward difference is used to estimate the numerical derivative of each sweep and the largest absolute value is the maximum derivative

Each of these quantities was calculated after the linear background subtraction. If any of these cut parameters were identically zero, then it was concluded that the lockin was saturated and the sweep is thrown out. Large values for the standard deviation usually implied that the sweep contained a visibly apparent oscillation probably due to vibrations. Large values for the maximum derivative usually im-


Figure 4.27: Water Calibration NMR Signal. The $x$-axis are seconds from the start of the sweep and the $y$-axis is in $\mu \mathrm{V}$.
plied that there was an abrupt shift in the signal during these sweeps. If the up (dn) sweep failed to meet the cut criteria, then the dn (up) sweep was also thrown out. Anywhere from $13 \%$ to $54 \%$ of the sweeps would not meet the noise criteria and be thrown out. (The drift correction from the previous section used an average of the sweeps that were kept.) The mean and standard deviation were calculated on a point by point basis for each measurement. The water calibration amplitude $\hat{S}$ was then determined from a fit of the averaged water NMR signal using the model function that takes into account relaxation with $T=3.76 \mathrm{sec}$. The standard deviation on each point of the sweep, typically $0.6 \mu \mathrm{~V}$, was used to the determine the weight used for the fit and is reflected in uncertainty of the amplitude. Only the region near the resonance peak (about half the sweep) was used in the fit, see Fig. (4.27).

| date | $G_{P} /$ sens. | kept/sweeps | $R_{W}^{\text {up }}$ | stat | $R_{W}^{\mathrm{dn}}$ | stat | $\left\langle R_{W}\right\rangle$ | stat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $07 / 08$ | $100 / 1 \mathrm{~V}$ | $595 / 686$ | -1658 | 21 | -1685 | 18 | $(-1671)$ | $(14)$ |
| $07 / 10$ | $200 / 300 \mathrm{mV}$ | $291 / 350$ | -1732 | 36 | -1635 | 29 | -1684 | 23 |
| $07 / 12$ | $200 / 300 \mathrm{mV}$ | $314 / 600$ | -1763 | 111 | -1505 | 60 | -1634 | 63 |
| $08 / 05$ | $100 / 1 \mathrm{~V}$ | $518 / 950$ | -1881 | 157 | -1687 | 109 | -1784 | 95 |
| $08 / 31-1$ | $200 / 100 \mathrm{mV}$ | $573 / 965$ | -1707 | 51 | -1677 | 40 | $(-1692)$ | $(32)$ |
| $08 / 31-2$ | $200 / 100 \mathrm{mV}$ | $461 / 1000$ | -1542 | 37 | -1672 | 40 | -1607 | 27 |
| $09 / 01-1$ | $200 / 100 \mathrm{mV}$ | $526 / 1000$ | -1563 | 36 | -1622 | 31 | -1593 | 24 |
| $09 / 01-2$ | $200 / 100 \mathrm{mV}$ | $433 / 710$ | -1598 | 36 | -1642 | 30 | -1620 | 23 |
|  |  |  | before rupture of penelope |  | $\mathbf{- 1 6 7 8}$ | $\mathbf{2 1}$ |  |  |
|  |  | after rupture of penelope |  |  | $\mathbf{- 1 6 1 4}$ | $\mathbf{1 3}$ |  |  |

Table 4.15: Water Calibration Fits. The units of $R_{W}$ are $\mathrm{amg} \cdot \mathrm{cm}^{2} / \mathrm{mV}$. The values in parenthesis were not included for the final weighted average.

The results of the fits are listed in Tab. (4.15). Two of the water calibrations were thrown out. First, the 07/08 calibration was taken without any measurements of the coil positions. Between the $07 / 08$ and $07 / 10$ measurements, the coils were repositioned to minimize background pickup from the NMR RF field itself. For comparison, the value listed in the table for this measurement used the same flux factor as the $07 / 10$ measurement. Second, the $08 / 31-1$ calibration was found to have many sweeps taken while the lockin was saturated. Because the rupture of the cell Penelope could have modified the NMR signal detection apparatus in a way that we may have not accounted for, the $R_{W}$ value was calculated for the time period before and after the rupture separately. Final results and a list of uncertainties are listed in Tab. (4.16).

| cell/angle | calibration constant | stat, syst (\% rel.) |
| :--- | :---: | ---: |
| penelope | $0.2266 \mathrm{amg} / \mathrm{mV}$ | $\pm 1.3 \pm 8.2$ |
| priapus6 | $0.2339 \mathrm{amg} / \mathrm{mV}$ | $\pm 0.9 \pm 8.2$ |
| priapus9 | $0.2310 \mathrm{amg} / \mathrm{mV}$ | $\pm 0.9 \pm 8.2$ |
| source | quantity | \% rel. uncertainty |
| preamp gain [46] | $\hat{G}_{p} / G_{p}$ | 5.0 |
| lockin gain [16] | $\left(\hat{G}_{L} / \hat{G}_{L}^{n}\right) /\left(G_{L} / G_{L}^{n}\right)$ | 4.1 |
| coil positions | $\hat{\Phi}_{x} / \Phi_{x}$ | 3.7 |
| $b\left(I_{\text {sep }}\right)$ | ${ }^{3} \mathrm{He} \hat{\ell}_{B}^{\text {fit }}$ | 3.0 |
| $B_{1}, T_{1}$ | $\mathrm{water}^{\text {ent }}$ | 1.3 |
| pickup coils/BNC cables | $\hat{Q}\left(\omega_{0}\right) / Q\left(\omega_{0}\right)$ | 1.0 |
| polaization/density gradient | $\hat{\Phi}_{x} / \Phi_{x}$ | 0.7 |
| coil stablity | $\hat{\Phi}_{x} / \Phi_{x}$ | 0.6 |
| temperature | $\hat{P}_{\text {scale }}$ | 0.3 |
| temperature | $\hat{n}_{\text {tc }}$ | neg. |
| NMR RF func. gen. | $\hat{\nu}_{0} / \nu_{0}$ | neg. |
| [59] | $\hat{g} / g$ | neg. |

Table 4.16: Water Calibration Constants.

### 4.6.8 Analysis of the EPR Measurements

## Accounting for Baseline Field Drifts

A typical EPR measurement taken during E97110 is depicted in Fig. (4.28). The ${ }^{3} \mathrm{He}$ spins are flipped twice providing two measurements of the frequency shift due to ${ }^{3} \mathrm{He}$. Each measurement consisted of three "time slices:" (1) before the first AFP, (2) between the two AFPs, (3) after the second AFP. The data were cut such that the "transition regions" associated with spin flip were excluded from the analysis. To account for a drift in the background field (e.g. due to a change in septum set point during the EPR measurement), the EPR frequencies within each time slice were fit to a line:

$$
\begin{equation*}
\nu_{1}(t)=m_{1} t+b_{1} \quad \nu_{2}(t)=m_{2} t+b_{2} \quad \nu_{3}(t)=m_{3} t+b_{3} \tag{4.218}
\end{equation*}
$$

wherer $m_{n} \& b_{n}$ are the slopes \& offsets in the $n$ time slice. The numerical derivative of the EPR frequency vs. time data was taken to determine the time that corresponded to the "middle" of the AFP spin flip. The centers $t_{a, b}$ of the peaks in the derivative were taken to the middle of the spin flip. The frequencies were extrapolated to the middle of each spin flip using the linear fits to give $\nu_{1}\left(t_{a}\right) \& \nu_{2}\left(t_{a}\right)$ for the first flip and $\nu_{3}\left(t_{b}\right) \& \nu_{3}\left(t_{b}\right)$ for the second flip. The uncertainty on each of these frequencies was given by [60]:

$$
\begin{equation*}
\sigma_{\nu}=\sqrt{m^{2} \sigma_{t_{a, b}}^{2}+\sigma_{m}^{2} t_{a, b}^{2}+\sigma_{b}^{2}+2 \sigma_{b m}^{2} t_{a, b}} \tag{4.219}
\end{equation*}
$$

where the uncertainty in the slope $\sigma_{m}$, uncertainty in the offset $\sigma_{b}$, and covariance between the slope \& offset $\sigma_{b m}^{2}$ were determined from the linear fit. If the covari-
ance term is neglected, then the uncertainty in the frequency at the midpoint is greatly overestimated. Eqn. E.245 was used to convert the frequencies into their corresponding fields using the assumption that only the end transitions were being excited. The effective field due to the ${ }^{3} \mathrm{He}$ was calculated by:

$$
\begin{equation*}
B_{\mathrm{He}}=\frac{\Delta B}{2}=\frac{1}{4}\left[B\left(\nu_{1}\left(t_{a}\right)\right)-B\left(\nu_{2}\left(t_{a}\right)\right)+B\left(\nu_{3}\left(t_{b}\right)\right)-B\left(\nu_{2}\left(t_{b}\right)\right)\right] \tag{4.220}
\end{equation*}
$$

which was used to extract the ${ }^{3} \mathrm{He}$ polarization in the target chamber using Eqn. (4.97):

$$
\begin{equation*}
P_{\mathrm{tc}}=\left[\frac{3 B_{\mathrm{He}}}{\mu_{0}\left(\kappa_{0}-1+\kappa_{\mathrm{geo}}\right) n_{\mathrm{pc}} g \mu_{N}}\right]\left(\frac{1}{1-\alpha / 2}\right)\left(\frac{P_{\mathrm{tc}}}{P_{\mathrm{pc}}}\right) \tag{4.221}
\end{equation*}
$$

where $\alpha$ is the AFP loss per EPR measurement (two spin flips) and ( $P_{\mathrm{tc}} / P_{\mathrm{pc}}$ ) is the polarization gradient correction factor used to obtain the polarization in the target chamber.

The analysis was also performed by simply taking the average of the frequencies within a time slice. Under most conditions, the resulting ${ }^{3} \mathrm{He}$ polarization was within $1 \%$ relative of the value determined by the extrapolated frequencies. In addition, there was no systematic difference between the two methods. Occasionally, an EPR measurement was taken while the septum magnet was being ramped to a new set point. This caused a corresponding change in the fringe field due to the septum magnet that was visibly apparent during the EPR measurement. In these cases, the extrapolated frequencies resulted in polarizations that were up to $5 \%$ relative different than the value determined from the average frequencies. In all cases, the extrapolated frequencies were used to determine the ${ }^{3} \mathrm{He}$ polarization.


Figure 4.28: Typical EPR Measurement with ${ }^{85} \mathrm{Rb}$ at 24.4 Gauss. The right plot is the numerical derivative of the left plot.

## Correcting for AFP Losses

The AFP loss for the EPR measurements were typically larger than for NMR measurements for four reasons. First, the magnetic field gradients were larger in the pumping chamber. Second, the ${ }^{3} \mathrm{He}$ spins were in the opposite state for a longer period of time which increased the contribution to spin-exchange to the AFP loss. Third, the effect of spin-exchange while in the opposite state is more immediately felt in the pumping chamber than the target chamber. Fourth, the NMR RF field used for AFP had a smaller amplitude than for the EPR measurements. AFP loss data was taken at various septum currents, see left side of Fig. 4.29), and was very well described by:

$$
\begin{equation*}
\alpha=\alpha_{0}+\left(\frac{I_{\mathrm{sep}}}{I_{2}}\right)^{2}+\left(\frac{I_{\mathrm{sep}}}{I_{4}}\right)^{4} \tag{4.222}
\end{equation*}
$$

where $\alpha_{0}=0.527, I_{0}=2077 \mathrm{~A}$, and $I_{4}=251.3 \mathrm{~A}$. For septum currents above 300 A , the AFP losses became large enough that gradient correction coils were required to partially cancel gradients due to the fringe field of the septum. These coils were only used during EPR measurements and significantly reduced the AFP losses, see right side of Fig. 4.29). For EPR measurements taken while the gradient correc-


Figure 4.29: AFP Losses During EPR Measurements. The left plot is data taken without the gradient correction coils. The right plot is data taken with the gradient correction coils at septum current greater than 300 A and without the gradient correction coils for septum currents below 100 A .
tions coils were on, the fit was constrained to give the same AFP loss at zero current and the other fit parameters were $I_{2}=1.322 \mathrm{E} 7 \mathrm{~A}$ and $I_{4}=367.4 \mathrm{~A}$. If we assume that the losses due to AFP occur mainly during the spin flips, then the pumping chamber polarization extracted from Eqn. (4.97) corresponds to $P_{0}(1-\alpha / 2)$, where $P_{0}$ is the ${ }^{3} \mathrm{He}$ pumping chamber polarization before the measurement. We've assigned a $0.2 \%$ relative uncertainty due to the AFP loss correction, which is mainly due to our level of understanding on the dependence of the AFP loss in the pumping chamber as a funcion of septum current.

## Polarization Gradient Correction

The EPR measurements resulted in the polarization in the pumping chamber. A polarization gradient correction was applied to determine the polarization in the target chamber. The size of the correction was sensitive to the relaxation attributed to the electron beam and the detailed polarization and diffusion dynamics within the cell. In order to estimate the size of this correction, we assumed that the polarizations were at equilibrium when the electron beam was turned off. Immediately
after the beam is turned off, the time evolution of the polarizations are given by Eqns. (6.40) \& (6.41), where $m_{\mathrm{pc}}=0$ and $m_{\mathrm{tc}}=+\Gamma_{b} P_{\mathrm{tc}}(t=0)$, which gives the ratio of target to pumping chamber polarization to lowest order in $t$ :

$$
\begin{equation*}
y_{t} \equiv \frac{P_{\mathrm{tc}}(t)}{P_{\mathrm{pc}}(t)} \approx \frac{P_{\mathrm{tc}}(t=0)}{P_{\mathrm{pc}}(t=0)}\left[\frac{1+\Gamma_{b} t+O\left(t^{2}\right)}{1+O\left(t^{2}\right)}\right] \quad t \Gamma_{\mathrm{f}} \ll 1 \tag{4.223}
\end{equation*}
$$

where $\Gamma_{b}$ is the relaxation rate due to the electron beam in the target chamber. This is only valid for $t \Gamma_{\mathrm{f}} \ll 1$, where $\Gamma_{\mathrm{f}} \approx d_{\mathrm{tc}} / f_{\mathrm{pc}}$ is the fast time constant, $d_{\mathrm{tc}}$ is the diffusion rate out of the target chamber, and $f_{\mathrm{pc}}=1-f_{\mathrm{tc}}$ is the fraction of ${ }^{3} \mathrm{He}$ nuclei in the pumping chamber. When $t \Gamma_{\mathrm{f}} \gg 1$, we can combine Eqns. 6.31) by dropping the fast exponential term and after some considerable algebra we find:

$$
\begin{equation*}
y_{t} \approx y_{0}\left[\frac{\left(x_{b}-x_{t}\right)+x_{b}\left(x_{t}-1\right)\left(1-f_{\mathrm{tc}} \Gamma_{b} / d_{\mathrm{tc}}\right)}{x_{t}\left(x_{b}-1\right)}\right] \quad t \Gamma_{\mathrm{f}} \gg 1 \tag{4.224}
\end{equation*}
$$

where $y_{t}=P_{\mathrm{tc}}(t) / P_{\mathrm{pc}}(t)$ is the ratio of polarization at time $t, y_{0}=P_{\mathrm{tc}, 0}^{\infty} / P_{\mathrm{pc}, 0}^{\infty} \approx 1-$ $\Gamma_{\mathrm{tc}} / d_{\mathrm{tc}}$ is the ratio of equilibrium polarizations without the beam, $x_{t}=P_{\mathrm{pc}}(t) / P_{\mathrm{pc}, 0}^{\infty}$ is the polarization in the pumping chamber relative to its equilibrium value without the beam, $x_{b}=P_{\mathrm{pc}, b}^{\infty} / P_{\mathrm{pc}, 0}^{\infty}=1 /\left(1+\tau_{\mathrm{su}} f_{\mathrm{tc}} \Gamma_{b}\right)$ is the ratio of the equilibrium polarization in the pumping chamber with and without the beam (i.e. the pumping chamber polarization immediately after the beam is turned off defining $t=0$ ), and $\tau_{\mathrm{su}}$ is the spin-up time constant without the beam. We've expressed the ratio of the target chamber to pumping chamber polarizations in this form because $P_{\mathrm{pc}}, P_{\mathrm{pc}, 0}^{\infty}$, $P_{\mathrm{tc}, 0}^{\infty}, \& \tau_{\mathrm{su}}$ were measured directly and $\Gamma_{b} \& d_{\mathrm{tc}}$ were calculated using the results of

Secs. (6.3.1) \& (6.4.1):

$$
\begin{align*}
\Gamma_{b} & =\left[\frac{1}{42 \mathrm{hrs}}\right]\left[\frac{I_{\text {beam }}}{10 \mu \mathrm{~A}}\right]\left[\frac{2.0 \mathrm{~cm}^{2}}{A_{\mathrm{tc}}}\right]\left[\frac{n_{a}}{0.5}\right]  \tag{4.225}\\
d_{\mathrm{tc}} & =\left[0.80 \mathrm{hrs}^{-1}\right]\left[\frac{A_{\mathrm{tt}}}{0.5 \mathrm{~cm}^{2}}\right]\left[\frac{6 \mathrm{~cm}}{L_{\mathrm{tt}}}\right]\left[\frac{90 \mathrm{~cm}^{3}}{V_{\mathrm{tc}}}\right]\left[\frac{10 \mathrm{amg}}{n_{\mathrm{tc}}}\right]\left[\frac{\mathrm{r}\left(T_{\mathrm{pc}}, T_{\mathrm{tc}}\right)}{4 / 3}\right] \tag{4.226}
\end{align*}
$$

where $I_{\text {beam }}$ is the beam current, $A_{\mathrm{tc}(\mathrm{tt})}$ is the cross sectional area of the target chamber (transfer tube), $n_{a}$ is the mean number of nuclear spin flips per atomic ion, see Eqn. (6.107), $L_{\mathrm{tt}}$ is the length of the transfer tube, $V_{\mathrm{tc}}$ is the volume fo the target chamber, and $\Upsilon$ is defined by Eqn. (6.129). The uncertainties in this correction were mainly due to the approximations made in deriving these results, the $15 \%$ uncertainty in $d_{\mathrm{tc}}$ due to the uncertainty of crossetional area of the transfer tube, and the $15 \%$ uncertainty in $\Gamma_{b}$ due to the uncertainty in $n_{a}$, see Sec. 6.3.4. The largest error in the approximation occurs when $t \Gamma_{\mathrm{f}} \approx 1$, see Fig. 4.30). For $t<t_{a}$ $\left(t \geq t_{a}\right)$, we used Eqn. (4.223) (Eqn. (4.224)) where $t_{a}=1.2 / \Gamma_{\mathrm{f}}$ was chosen to miniize the approximation error. The total uncertainty in this correction is given by $\left(0.4+0.05 I_{\text {beam }} /(10 \mu \mathrm{~A})\right)$ percent relative, where $I_{\text {beam }}$ is the beam current.

## Discussion of Uncertainties

The dominant uncertainties are due to the knowledge of $\kappa_{0}$ itself and due to our understanding the polarization dynamics between the two chambers. Since the polarization conditions varied from one EPR measurement to another, we've assigned a fairly large $1 \%$ relative uncertainty due to the polarization gradient correction. The statistical uncertainty on $B_{\mathrm{He}}$ due to the the linear fits were usually $0.9 \%$ relative. The contribution to the EPR frequency shift due the AC Zeeman effect by the NMR RF field (which was *not* turned off during the measurement)


Figure 4.30: Time Evolution of the Polarization Gradient. A $10 \mu \mathrm{~A}$ electron beam is turned off at $t=0$. The polarization in the target chamber immediately starts to increase linearly whereas the pumping chamber polarization is constant to first order in $t$. After some time, the target chamber to pumping chamber polarization ratio increases linearly with the pumping chamber polarization. The broken red (solid black) line is the approximate (full) calculation.
is about $1.2 \%$. We've assumed that, during the frequency sweep AFP, the NMR RF field does not change in magnitude by more than $50 \%$ relative, which introduces a $0.6 \%$ relative uncertainty on $B_{\mathrm{He}}$. Since the temperature dependnace of $\kappa_{0}$ is anticorrelated to $n_{\mathrm{pc}}$, the total uncertainty on their product due to the uncertainty on the pumping chamber tempertaure is greatly supprsessed, which in our case contribites $0.2 \%$ relative. The effect of magnetic field gradients, altrhouhg large and vargiable in the pumping chmabre due to the septum fringe fields, is expected to tbe greatly suppressed due to the very small A-He spin-exchange rate to optical pumping rate. Finally, we've used $\kappa_{\text {geo }}=0.97$ which introduces a $0.2 \%$ relative uncertainty.

| source | quantity | $\%$ rel. uncertainty |
| :--- | :---: | ---: |
| total sytematic |  | 2.0 |
| statistical |  | 0.9 |
| [12] | $\kappa_{0}$ | 1.5 |
| polarization gradient | $P_{\mathrm{tc}} / P_{\mathrm{pc}}$ | 1.0 |
| NMR RF shift | $\Delta \nu$ | 0.6 |
| afploss correction | $B_{\mathrm{He}}$ | 0.2 |
| slope $d \nu / d B$ | $B_{\mathrm{He}}$ | 0.2 |
| $T_{\mathrm{pc}} T_{\mathrm{tc}}$ | $\left(\kappa_{0} n_{\mathrm{pc}}\right)$ | 0.2 |
| $\kappa_{\text {geo }}$ | $\kappa_{0}$ | 0.2 |
| magnetic field gradients | $\Delta \nu$ | 0.1 |

Table 4.17: EPR Measurement Uncertainties.

### 4.6.9 EPR-NMR Calibration Constant

The EPR-NMR calibration constant is given as:

$$
\begin{equation*}
c_{\mathrm{epr}}=\left[\frac{\hat{\Phi}_{x}^{\mathrm{tc}}}{\Phi_{x}^{\mathrm{tc}}}\right]\left[\frac{\hat{\ell}_{B}^{\mathrm{fit}}}{\hat{S}}\right]\left[\frac{t}{\kappa_{0}-1+\kappa_{\mathrm{geo}}}\right]\left[\frac{3 \hat{B}_{\mathrm{He}}}{g \mu_{0} \mu_{N}}\right]\left(\frac{1}{1-\hat{\alpha} / 2}\right)\left(\frac{\hat{P}_{\mathrm{tc}}}{\hat{P}_{\mathrm{pc}}}\right)=\frac{R_{\mathrm{epr}}}{\Phi_{x}^{\mathrm{tc}}} \tag{4.227}
\end{equation*}
$$

where $t$ is the rato of pumping chamber to target chamber temperatures and $R_{\text {epr }}$ isolates all the factors that vary from one measurement to the next. Six dedicated EPR-NMR calibration measurements were taken and are listed in Tab. 4.18). Each measurement typically consisted of four NMR measurements interleaved with three EPR measurements. AFP losses were determined directly from the data. For most of the measurements, the polarization gradient was well understood since they were performed well after the electron beam had been turned off. Once again, we've separated the calibration into two groups before and after Penelope ruptured. The uncertainty in the coil positions measurement for the Penelope calibration is zero since the cell was not moved. On the other hand, the uncertainty

| date | notes | $I_{\text {sep }}(\mathrm{A})$ | $I_{\text {beam }}(\mu \mathrm{A})$ | $B_{\mathrm{He}}(\mathrm{mG})$ | $\sigma_{B_{\mathrm{He}}}^{\text {stat }}(\mathrm{mG})$ | $\langle S\rangle(\mathrm{mV})$ | $R_{\text {epr }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $07 / 17$ | penelope | 204.2 | 0 | 46.96 | 0.54 | -18.08 | 2120 |
| $07 / 25$ | - | 88.1 | 0 | 42.72 | 0.54 | -15.67 | 1979 |
| $08 / 03$ | - | 0 | 0 | 46.57 | 0.73 | -17.35 | 1956 |
| $08 / 16$ | - | 58.6 | 4.8 | 43.91 | 0.72 | -16.44 | 1996 |
| $08 / 30$ | - | 0 | 0 | 40.56 | 0.27 | -14.49 | 1927 |
| $08 / 30$ | 1 laser | 0 | 0 | 40.13 | 0.37 | -13.65 | 2054 |

Table 4.18: EPR-NMR Calibration Measurements. All measurements are with Priapus and full (3 or 4) laser power unless otherwise noted. $R_{\text {epr }}$ has units of amg $\cdot \mathrm{cm}^{2} / \mathrm{mV}$ and can be directly compared to $R_{\mathrm{w}}\left(g_{\text {proton }}^{\text {sheilded }} / g_{\mathrm{He}}^{\text {sheilded }}\right)$.
in the coil position measurements for Priapus larger since the cell was removed and reinstalled during the switch from 6 to 9 degree configuration. Once again the sensistivty to the uncertainty in the pumping chamber temperature is suppresd in the ratio $\kappa_{0} / t$. The final value and uncertainties are listed in Tab. (4.19).

### 4.6.10 Final Results for the Target Polarization

The polarization was monitored about every four hours during the experiement with both NMR and stand-alone EPR measurements. The time dependence of the polarization was modeled using a simple cubic spline. AFP losses in the target chamber were accounted for after each measurement. Polarizations were determined on a run-by-run basis by averaging the cubic spline over the duration of the run. Since the water calibration constant had a significantly larger uncertainty than the EPR-NMR calibration constant, the EPR-NMR calibration was given twice the weight. The stand-alone EPR measurements had a smaller systematic uncertainty than the NMR measurements, but were taken less frequently. Therfore, we gave

| cell/angle | calibration constant | stat, syst (\% rel.) |
| :--- | :---: | ---: |
| penelope | $0.2185 \mathrm{amg} / \mathrm{mV}$ | $\pm 1.2 \pm 3.7$ |
| priapus6 | $0.2180 \mathrm{amg} / \mathrm{mV}$ | $\pm 0.5 \pm 4.3$ |
| priapus9 | $0.2152 \mathrm{amg} / \mathrm{mV}$ | $\pm 0.5 \pm 4.0$ |
| source | quantity | \% rel. uncertainty |
| $b\left(I_{\text {sep }}\right)$ | ${ }^{3} \mathrm{He}^{\mathrm{He}} \hat{\ell}_{B}$ | 3.0 |
| coil positions | $\hat{\Phi}_{x} / \Phi_{x}$ | $0.0 / 2.2 / 1.5$ |
| [12] | $\kappa_{0}$ | 1.5 |
| pickup coils/BNC cables | $\hat{Q}\left(\omega_{0}\right) / Q\left(\omega_{0}\right)$ | 1.0 |
| polaization/density gradient | $\hat{\Phi}_{x} / \Phi_{x}$ | 0.7 |
| NMR RF shift | $\Delta \nu$ | 0.6 |
| coil stablity | $\hat{\Phi}_{x} / \Phi_{x}$ | 0.6 |
| $T_{\text {pc }}, T_{\text {tc }}$ | $\left(\kappa_{0} / t\right)$ | 0.5 |
| polarization gradient | $P_{\text {tc }} / P_{\mathrm{pc}}$ | 0.4 |
| slope $d \nu / d B$ | $B_{\mathrm{He}}$ | 0.2 |
| $\kappa_{\text {geo }}$ | $\kappa_{0}$ | 0.2 |
| magnetic field gradients | $\Delta \nu$ | 0.1 |
| NMR RF func. gen. | $\hat{\nu}_{0} / \nu_{0}$ | neg. |
| preamp gain [46] | $\hat{G}_{p} / G_{p}$ | neg. |
| lockin gain [16] | $\left(\hat{G}_{L} / \hat{G}_{L}^{n}\right) /\left(G_{L} / G_{L}^{n}\right)$ | neg. |

Table 4.19: EPR-NMR Calibration Constants.
equal weights to the NMR and EPR polarizations to yield the final polarization:

$$
\begin{equation*}
P_{\text {final }}=\frac{P_{\mathrm{NMR}}^{\mathrm{W}}+2 P_{\mathrm{NMR}}^{\mathrm{epr}}+3 P_{\mathrm{EPR}}}{6} \tag{4.228}
\end{equation*}
$$

where $P_{\mathrm{NMR}}^{\mathrm{W}(\text { epr })}$ is the NMR polarization using the water (EPR-NMR) calibration constant and $P_{\text {EPR }}$ is the EPR polarization. Since the EPR measurements were taken less frequently for Priapus during the 6 degree running, the polarization for this data set was given by:

$$
\begin{equation*}
P_{\text {final }}=\frac{P_{\mathrm{NMR}}^{\mathrm{W}}+4 P_{\mathrm{NMR}}^{\mathrm{epr}}+P_{\mathrm{EPR}}}{6} \tag{4.229}
\end{equation*}
$$

Between runs 3891 and 3903, the polarization mysteriously dropped from 0.4 to 0.2 over the course of six hours. Since we did not know when the drop occurred, we've simply performed a linear interpolation from 0.4 to 0.2 over these runs and assigned very large uncertainties ( $50 \%$ relative) for these runs.

Since there are several correlations between the three measurements, we estimated the uncertainty on the polarization using:

$$
\begin{equation*}
\left[\frac{\sigma}{P}\right]_{\mathrm{final}}=\frac{1}{6}\left[\frac{\sigma}{P}\right]_{\mathrm{NMR}}^{\mathrm{W}}+\frac{1}{3}\left[\frac{\sigma}{P}\right]_{\mathrm{NMR}}^{\mathrm{epr}}+\frac{1}{2}\left[\frac{\sigma}{P}\right]_{\mathrm{EPR}} \tag{4.230}
\end{equation*}
$$

where we've used an analogous equation for the Priapus 6 degree data set. The total statistical unertainty is about $0.6 \%$ relative. The total systematic uncertainty on the polarization density product is about $3.9 \%$ relative, where we've added a $1 \%$ relative uncertainty due to the run-by-run interpolation. The total systematic uncertainty on the polarization is about $4.2 \%$ relative, which also includes an additional $1.5 \%$ uncertainty due to the density.

| cell | penelope | priapus6 | priapus9 |
| :--- | :---: | :---: | :---: |
| $\left\langle P_{\mathrm{NMRR}}^{\mathrm{W}}\right\rangle$ | 0.390 | 0.424 | 0.392 |
| stat. | 1.27 | 0.88 | 0.88 |
| syst. | 8.23 | 8.23 | 8.23 |
| $\left\langle P_{\mathrm{NMMR}}^{\mathrm{epr}}\right\rangle$ | 0.376 | 0.395 | 0.365 |
| stat. | 1.20 | 0.47 | 0.47 |
| syst. | 3.73 | 4.34 | 4.01 |
| $\left\langle P_{\mathrm{EPR}}\right\rangle$ | 0.379 | 0.391 | 0.365 |
| stat. | 0.87 | 0.87 | 0.87 |
| syst. | 2.02 | 2.02 | 2.02 |
| $\left\langle P_{\text {final }}\right\rangle$ | 0.390 | 0.399 | 0.372 |
| stat. | 0.67 | 0.54 | 0.54 |
| syst. | 3.76 | 3.96 | 3.85 |

Table 4.20: Average ${ }^{3} \mathrm{He}$ Polarizations. The statistical (stat.) and systematic (syst.) uncertainties are quoted at \% relative. Only the final systematic uncertainty (last row) include the $1 \%$ relative interpolatation uncertainty. These uncertainties are for the polarization density product. An additional $1.6 \%$ relative uncertainty must be added in quadrature to obtain the uncertainties on the polarizations themselves.

The final polarizations are depicted in Fig. (4.31). The polarizations from NMR measurements using the EPR-NMR calibration constant agreed within $1 \%$ relative with the polarizations from stand alone EPR measurements. For Penelope, the polarizations from NMR measurements using the water calibration constant were typically $3.7 \%$ relative higher than from calibrations using EPR. For Priapus, the polarizations from NMR measurements using the water calibration constant were typically $7.3 \%$ relative higher than from calibrations using EPR. This is not unreasonable since the total systematic uncertainty of the water calibration constant is $8.3 \%$ relative. The final average polarizations, statistcal uncertainties, and systematic uncertaintites are listed in Tab. (4.20).


Figure 4.31: Final ${ }^{3} \mathrm{He}$ Target Chamber Polarizations. The open black triangles (red circles) are from NMR measurements using the water (EPR-NMR) calibration constant. The red crosses are from stand-alone EPR measurements.

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## Chapter 5

## Optical Pumping of Alkali-Hybrid <br> Mixtures

### 5.1 Introduction

### 5.1.1 Traditional SEOP

In traditional SEOP [1], a single alkali species, usually Rb , is optically pumped with broadband laser diode arrays. Optical pumping occurs by exciting the D1 transition of the vaporized Rb atoms by circularly polarized laser light tuned to the appropriate wavelength ( 795 nm ). Constrained by the conservation of energy and angular momentum, only one of the two Zeeman levels ( $m_{J}= \pm 1 / 2$ ) of the $5 S_{1 / 2}$ ground state is excited to the $5 P_{1 / 2}$ state, where we've ignored the Rb nuclear spin. Collisions with ${ }^{3} \mathrm{He} \& \mathrm{~N}_{2}$ almost completely disorients the Zeeman levels of the excited states. This insures that the Rb atom decays back to either Zeeman level of the ground state with equal probability. Radiation trapping effects are greatly suppressed by the addition of small amount of $\mathrm{N}_{2}$ which nonradiatively quenches
the $5 P \rightarrow 5 S_{1 / 2}$ transitions. Within milliseconds the Rb polarization reaches an equilibrium value of $P_{\mathrm{Rb}}$ given by the balance between the optical pumping rate $R$ and the relaxation rate $\Gamma_{\mathrm{Rb}}$ :

$$
\begin{equation*}
P_{\mathrm{Rb}}=\frac{R}{R+\Gamma_{\mathrm{Rb}}} \tag{5.1}
\end{equation*}
$$

The optical pumping rate is given by the following integral over laser frequency $\nu$ :

$$
\begin{equation*}
R=\int_{0}^{\infty} \Phi(\nu) \sigma_{1}^{\mathrm{Rb}}(\nu) d \nu \tag{5.2}
\end{equation*}
$$

where $\Phi(\nu)$ is the total photon flux and $\sigma_{1}^{\mathrm{Rb}}(\nu)$ is the unpolarized Rb D1 photonabsorption cross section. The dominant mechanism of Rb spin relaxation are polarization destroying collisions with other Rb atoms, ${ }^{3} \mathrm{He}$ atoms, and $\mathrm{N}_{2}$ molecules.

Spin exchange between Rb and ${ }^{3} \mathrm{He}$ is largely mediated by a hyperfine-like Fermi contact interaction. This couples the spin of the valence electron spin of the Rb atom to the nucleus of the ${ }^{3} \mathrm{He}$ atom. In the fast diffusion limit, see Sec. (6.1.6), the spin-exchange rate is given by:

$$
\begin{equation*}
\left\langle\gamma_{\mathrm{se}}\right\rangle=f_{\mathrm{pc}} k_{\mathrm{se}}[\mathrm{Rb}] \tag{5.3}
\end{equation*}
$$

where $f_{\mathrm{pc}}$ is the fraction of ${ }^{3} \mathrm{He}$ nuclei in the pumping chamber and $k_{\mathrm{se}}$ is the Rb ${ }^{3} \mathrm{He}$ spin-exchange rate constant. After several hours, the ${ }^{3} \mathrm{He}$ polarization reaches an equilibrium value of $P_{\text {He }}$ given by:

$$
\begin{equation*}
P_{\mathrm{He}}=\frac{P_{\mathrm{Rb}}\left\langle\gamma_{\mathrm{se}}\right\rangle}{\left\langle\gamma_{\mathrm{se}}\right\rangle+\left\langle\Gamma_{\mathrm{He}}\right\rangle} \tag{5.4}
\end{equation*}
$$

where, in the fast diffusion limit, $\left\langle\Gamma_{\mathrm{He}}\right\rangle$ is the volume averaged ${ }^{3} \mathrm{He}$ spin relaxation rate.

According to these equations, if one could provide enough laser power to keep a very high density of Rb polarized, then the ${ }^{3} \mathrm{He}$ polarization could be, in principle, made to equilibrate at unity:

$$
\begin{equation*}
P_{\mathrm{He}}=\left[\lim _{\left\langle\gamma_{\mathrm{se}}\right\rangle \rightarrow \infty} \frac{\left\langle\gamma_{\mathrm{se}}\right\rangle}{\left\langle\gamma_{\mathrm{se}}\right\rangle+\left\langle\Gamma_{\mathrm{He}}\right\rangle}\right]\left[\lim _{R \rightarrow \infty} \frac{R}{R+\Gamma_{\mathrm{Rb}}}\right]=1 \tag{5.5}
\end{equation*}
$$

However, in practice with SEOP, the ${ }^{3} \mathrm{He}$ polarization has never been recorded higher than 0.85 and has rarely been made to exceed 0.80 . The performance is even lower in SLAC/JLab style target cells. There are two main reasons for nonunity ${ }^{3} \mathrm{He}$ polarization. First, it has been reported that there is a previously unaccounted for ${ }^{3} \mathrm{He}$ spin-relaxation mechanism [2]. This so-called ' $X$ '-factor is dependent on the alkali density and/or has an alkali vapor pressure-like temperature dependence, see Sec. (6.2.1). Second, it is difficult to provide enough photon flux throughout the entire pumping chamber because of light absorption by the Rb vapor. This absorption results in a spatial variation of the photon flux governed by:

$$
\begin{equation*}
\frac{d \Phi(\vec{r}, \nu)}{d z}=-\Phi(\vec{r}, \nu) \sigma_{1}^{\mathrm{Rb}}(\nu)[\mathrm{Rb}]\left(1-P_{\mathrm{Rb}}(\vec{r})\right) \tag{5.6}
\end{equation*}
$$

where $z$ is the depth into the cell and $[\mathrm{Rb}]$ is the number density of Rb atoms. Because the Rb polarization rate $(\mathrm{kHz})$ is much faster than its diffusion rate $(\mathrm{mHz})$, the local Rb polarization is given by the local optical-pumping rate, which in turn depends on the local photon flux [3-5]. On the other hand, because the ${ }^{3} \mathrm{He}$ diffusion rate $(\mathrm{mHz})$ is much faster than its polarization rate $(\mu \mathrm{Hz})$, the ${ }^{3} \mathrm{He}$ polarization depends on the average Rb polarization in the pumping chamber $\left\langle P_{\mathrm{Rb}}\right\rangle_{\mathrm{pc}}$. Thus the
${ }^{3} \mathrm{He}$ equilibrium polarization is more realistically given by:

$$
\begin{equation*}
P_{\mathrm{He}}=\frac{\left\langle P_{\mathrm{Rb}}\right\rangle_{\mathrm{pc}}\left\langle\gamma_{\mathrm{se}}\right\rangle}{\left\langle\gamma_{\mathrm{se}}\right\rangle(1+X)+\left\langle\Gamma_{\mathrm{He}}\right\rangle} \tag{5.7}
\end{equation*}
$$

To approach the $1 /(1+X)$ limit, the alkali density must be increased such that $\left\langle\Gamma_{\mathrm{He}}\right\rangle /\left\langle\gamma_{\mathrm{se}}\right\rangle \ll 1$ while enough photon flux must be supplied to insure $\left\langle P_{\mathrm{Rb}}\right\rangle_{\mathrm{pc}} \approx 1$.

### 5.1.2 An Outline of Alkali-Hybrid SEOP

In alkali-hybrid SEOP [6,7], a mix of two alkali species, in our case potassium (K) \& rubidium ( Rb ), are used. As in traditional SEOP, Rb is polarized via optical pumping. When the $K$ to $R b$ vapor density ratio $D=[K] /[\mathrm{Rb}]$ is small ( $D \ll 1000$ ), polarization conserving alkali-alkali spin exchange collisions dominate and insure that $P_{\mathrm{K}}=P_{\mathrm{Rb}}=P_{\mathrm{A}}$. Now ${ }^{3} \mathrm{He}$ is polarized by both $\mathrm{Rb}-{ }^{3} \mathrm{He} \& \mathrm{~K}-{ }^{3} \mathrm{He}$ spin-exchange collisions. The equations for the equilibrium polarizations have the same form provided we relabel the subscript $\mathrm{Rb} \rightarrow \mathrm{A}$ and account for the spin exchange \& relaxation due to K :

$$
\begin{align*}
\Gamma_{\mathrm{A}} & =\Gamma_{\mathrm{Rb}}+D\left(\Gamma_{\mathrm{K}}+2 k_{A}[\mathrm{Rb}]\right)  \tag{5.8}\\
\left\langle\gamma_{\mathrm{se}}\right\rangle & =f_{\mathrm{pc}} k_{\mathrm{se}}[\mathrm{Rb}]\left[1+D\left(\frac{k_{\mathrm{se}}^{\prime}}{k_{\mathrm{se}}}\right)\right] \tag{5.9}
\end{align*}
$$

where $\Gamma_{\mathrm{K}}$ is the K spin-relaxation rate, $k_{A}$ is the mean $\mathrm{Rb}-\mathrm{K}$ spin relaxation rate, and $k_{\mathrm{se}}^{\prime}$ is the $\mathrm{K}-{ }^{3} \mathrm{He}$ spin-exchange rate constant. For the same $\left\langle\gamma_{\mathrm{se}}\right\rangle$, the Rb density is smaller \& the alkali relaxation rate is larger for alkali-hybrid SEOP than traditional SEOP. K has a much smaller spin-relaxation rate than Rb and consequently the increase in the alkali relaxation rate is not too substantial. At the optimal $D$, where
the reduction in the Rb density maximally compensates for the increased alkali relaxation rate, alkali-hybrid SEOP requires less laser power traditional SEOP to keep the entire alkali vapor polarized throughout the pumping chamber.

### 5.2 Generalized Alkali Rate Equations

### 5.2.1 The Effect of the Alkali Nuclear Spin

The valence electron and nucleus of an alkali atom couple via the hyperfine interaction. Any collisional process that is "slow" relative to the hyperfine frequency ( $1 \mathrm{GHz}=10^{-3} / \mathrm{ps}$ ) interacts with the total (electronic+nuclear) angular momentum of the alkali atom. These types of processes include Rb -noble gas van der Waals molecular interactions $[8,9]$, which have a typical lifetime of $10^{4} \mathrm{ps}$, and diffusion to the cell wall [10]. In the high pressure (10 atm) regime, the lifetime of $\mathrm{Rb}-{ }^{3} \mathrm{He}$ van der Waals molecules is heavily suppressed and diffusion effects are only important very close $(10 \mu \mathrm{~m})$ to the wall of the pumping chamber. Binary collisions involving alkali atoms in vapor form have a characteristic duration $\left|T_{d}\right|$ of 1 ps, see Sec. (5.4.5). In this case, there are no slow processes and we can make the standard argument [11] that optical pumping, spin exchange, and spin relaxation are sudden with respect to the alkali nuclear spin. Consequently, the presence of a non-zero alkali nuclear spin is relevant only in-between collisions and optical pumping cycles, during which the alkali valence electron \& nucleus recouple via the hyperfine interaction. This recoupling conserves but redistributes the total atomic angular momentum between the valence electron and nuclear spins. Under these conditions, the distribution of angular momentum within the alkali vapor is characterized by a quantity called spin temperature $\beta$. Because the angular mo-
mentum is slowly leaked into and stored by the alkali nuclear spin, the observed alkali rates are slower by the ratio of the average atomic azimuthal angular momentum to the average electronic azimuthal spin, $\left\langle F_{z}\right\rangle /\left\langle S_{z}\right\rangle=1+\epsilon(I, P)$, where $I$ is the nuclear spin, $P$ is the electronic polarization, and $\epsilon(I, P)$ is known as the "paramagnetic coefficient" [1,11]. This so-called "nuclear slowing down factor" $(1+\epsilon(I, P))$ depends on the spin temperature and must be averaged over each alkali isotope. For the case of SEOP of ${ }^{3} \mathrm{He}$, the nuclear slowing down factor does not effect the equilibrium alkali polarization, see howeever Sec. (5.4.4).

### 5.2.2 Depopulation and Repopulation Optical Pumping

In general, optical pumping [12-28] is the process of generating nonthermal equilibrium populations in the ground and excited states in a sample of atoms or molecules using polarized light. In our case, the optical pumping cycle of alkali metal atom consists of depopulation pumping into the excited state and then repopulation pumping into the ground state. We'll consider the possibility of pumping both the D1 and D2 transitions. We'll also assume that the pump beam is a statistical mixture of purely circularly polarized photons. In this case, the rate equations for $s_{ \pm}$, the fractional population of the $m= \pm 1 / 2$ level of the $S_{1 / 2}$ ground state, are:

$$
\begin{array}{rlrl}
\dot{s}_{ \pm}= & -s_{ \pm}\left[2 R_{\mp}+\frac{R_{\mp}^{\prime}}{2}+\frac{3 R_{ \pm}^{\prime}}{2}\right] \quad & \text { (depopulation) } & \\
& +\left(\frac{s}{2}-s_{ \pm}\right) \Gamma_{s} & \text { (spin relaxation) } & \\
& +\frac{p_{ \pm} \Lambda_{p}}{\tau_{p}^{0}}+\frac{p_{\mp}\left(1-\Lambda_{p}\right)}{\tau_{p}^{0}}+\frac{d_{ \pm} \Lambda_{d}}{\tau_{d}^{0}}+\frac{d_{\mp}\left(1-\Lambda_{d}\right)}{\tau_{d}^{0}}+\frac{d_{ \pm}^{\prime}}{\tau_{d}^{0}} & \text { (repopulation) } \\
& +p_{\mp}\left(2 R_{\mp}\right)+d_{\mp}\left(R_{\mp}^{\prime} / 2\right)+d_{ \pm}^{\prime}\left(3 R_{ \pm}^{\prime} / 2\right) & \text { (stimulated emission) } \tag{5.10}
\end{array}
$$

where $R_{ \pm}\left(R_{ \pm}^{\prime}\right)$ is the D1 (D2) absorption/stimulated emission rate of photons carrying $\pm 1$ unit of angular momentum, $s=s_{+}+s_{-}$is the total fractional population of the ground state, $\Gamma_{s}$ is the ground state spin relaxation rate, $p_{ \pm}\left(d_{ \pm}\right)$is the fractional population of the $m= \pm 1 / 2$ level of the $P_{1 / 2}\left(P_{3 / 2}\right)$ excited state, $d_{ \pm}^{\prime}\left(d_{ \pm}\right)$is the fractional population of the $m= \pm 3 / 2$ level of the $P_{3 / 2}$ excited state, and $\Lambda_{p, d}$ is the probability of decaying from the $m= \pm 1 / 2$ excited level to the $m= \pm 1 / 2$ ground level. The partial lifetimes of the $P_{1 / 2} \& P_{3 / 2}$ excited state, $\tau_{p}^{0} \& \tau_{d}^{0}$ respectively, are the given by:

$$
\begin{equation*}
\frac{1}{\tau_{p}^{0}}=\Gamma_{q}+\frac{1}{\tau_{\mathrm{spon}}} \quad \frac{1}{\tau_{d}^{0}}=\Gamma_{q}^{\prime}+\frac{1}{\tau_{\mathrm{spon}}^{\prime}} \tag{5.11}
\end{equation*}
$$

where $\Gamma_{q} \& 1 / \tau_{\text {spon }}\left(\Gamma_{q}^{\prime} \& 1 / \tau_{\text {spon }}^{\prime}\right)$ are the nonradiative quenching \& spontaneous decay rates for the $P_{1 / 2}\left(P_{3 / 2}\right)$ excited state. Analogously, the rate equations for the fractional excited state level populations are:

$$
\begin{align*}
\dot{p}_{ \pm}= & +\left(s_{\mp}-p_{ \pm}\right)\left(2 R_{ \pm}\right)+\left(\frac{p}{2}-p_{ \pm}\right) \Gamma_{p}-\frac{p_{ \pm}}{\tau_{p}^{0}}+\sum_{m}\left[d_{m} \Gamma_{d, m \rightarrow p, \pm}-p_{ \pm} \Gamma_{p, \pm \rightarrow d, m}\right](5.12)  \tag{5.12}\\
\dot{d}_{ \pm}= & +\left(s_{\mp}-d_{ \pm}\right)\left(R_{ \pm}^{\prime} / 2\right)-\frac{d_{ \pm}}{\tau_{d}^{0}}+\sum_{m}\left[d_{m} \Gamma_{d, m \rightarrow d, \pm 1 / 2}-d_{ \pm} \Gamma_{d \pm 1 / 2 \rightarrow d, m}\right] \\
& +\sum_{m}\left[p_{m} \Gamma_{p, m \rightarrow d, \pm 1 / 2}-d_{ \pm} \Gamma_{d, \pm 1 / 2 \rightarrow p, m}\right]  \tag{5.13}\\
\dot{d}_{ \pm}^{\prime}= & +\left(s_{ \pm}-d_{ \pm}^{\prime}\right)\left(3 R_{ \pm}^{\prime} / 2\right)-\frac{d_{ \pm}^{\prime}}{\tau_{d}^{0}}+\sum_{m}\left[d_{m} \Gamma_{d, m \rightarrow d, \pm 3 / 2}-d_{ \pm}^{\prime} \Gamma_{d \pm 3 / 2 \rightarrow d, m}\right] \\
& +\sum_{m}\left[p_{m} \Gamma_{p, m \rightarrow d, \pm 3 / 2}-d_{ \pm}^{\prime} \Gamma_{d, \pm 3 / 2 \rightarrow p, m}^{\prime}\right] \tag{5.14}
\end{align*}
$$

where $p=p_{+}+p_{-}\left(d=d_{+}+d_{-}+d_{+}^{\prime}+d_{-}^{\prime}\right)$ is the total fractional population of the $P_{1 / 2}\left(P_{3 / 2}\right)$ excited state, $\Gamma_{p}$ is the orientation desctruction rate for the $P_{1 / 2}$ excited state, and $\Gamma_{J, m \rightarrow J^{\prime}, m^{\prime}}$ is the transfer rate from the $(J, m)$ level to the $\left(J^{\prime}, m^{\prime}\right)$ level. These equations obey the constraint $s+p+d=1$.

It is more convenient to express these equations in the multipole representation
which allows us to greatly reduce the number of linearly independant transfer rates, see Sec. (D.1.1). At equilibrium, the total population of the ground \& excited states satisfy the following three equation:

$$
\begin{align*}
\dot{s}=0= & -s R\left(1-\bar{P}_{\gamma} P_{s}\right)-s R^{\prime}\left(1+\frac{\bar{P}_{\gamma}^{\prime} P_{s}}{2}\right)+\frac{p}{\tau_{p}^{0}}+\frac{d}{\tau_{d}^{0}} \\
& +p R\left(1+\bar{P}_{\gamma} P_{p}\right)+\frac{d R^{\prime}}{2}\left(1+\frac{Q_{d}}{2}+\frac{3 \bar{P}_{\gamma}^{\prime} P_{d}}{2}\right)  \tag{5.15}\\
\dot{p}=0= & +s R\left(1-\bar{P}_{\gamma} P_{s}\right)-p R\left(1+\bar{P}_{\gamma} P_{p}\right)-\frac{p}{\tau_{p}^{0}}-p \Gamma_{m}+d \Gamma_{m}^{\prime}  \tag{5.16}\\
\dot{d}=0= & +s R^{\prime}\left(1+\frac{\bar{P}_{\gamma}^{\prime} P_{s}}{2}\right)-\frac{d}{\tau_{d}^{0}}-d \Gamma_{m}^{\prime}+p \Gamma_{m}-\frac{d R^{\prime}}{2}\left(1+\frac{Q_{d}}{2}+\frac{3 \bar{P}_{\gamma}^{\prime} P_{d}}{2}\right) \tag{5.17}
\end{align*}
$$

where $R=R_{+}+R_{-}\left(R^{\prime}=R_{+}^{\prime} R_{-}^{\prime}\right)$ is the total unpolarized D1 (D2) absorption \& stimulated emission rate, $\bar{P}_{\gamma}=\left(R_{+}-R_{-}\right) / R\left(\bar{P}_{\gamma}^{\prime}=\left(R_{+}^{\prime}-R_{-}^{\prime}\right) / R^{\prime}\right)$ is the D1 (D2) cross section-weighted mean photon polarization, $P_{s}=\left(s_{+}-s_{-}\right) / s$ is the ground state polarization, $P_{p}=\left(p_{+}-p_{-}\right) / p$ is the $P_{1 / 2}$ excited state orientation, $P_{d}=\left(d_{+}^{\prime}+\right.$ $\left.d_{+} / 3-d_{-} / 3-d_{-}^{\prime}\right) / d$ is the $P_{3 / 2}$ excited state orientation, $Q_{d}=\left(d_{+}^{\prime}-d_{+}-d_{-}+\right.$ $\left.d_{-}^{\prime}\right) / d$ is the $P_{3 / 2}$ excited state alignment, and $R_{d}=\left(d_{+}^{\prime}-3 d_{+}+3 d_{-}-d_{-}^{\prime}\right) / d$ is the $P_{3 / 2}$ excited state octopole moment. When only the $m=J$ state is populated (each state is equally populated), each of these quantities is unity (zero). The mixing rates $\Gamma_{m} \& \Gamma_{m}^{\prime}$ are related to the multipole mixing rates by:

$$
\begin{equation*}
\Gamma_{m}=\sqrt{2} \Gamma_{1 / 2 \rightarrow 3 / 2}^{(0 \rightarrow 0)} \quad \Gamma_{m}^{\prime}=\frac{\Gamma_{3 / 2 \rightarrow 1 / 2}^{(0)}+Q_{d} \Gamma_{3 / 2 \rightarrow 1 / 2}^{(2 \rightarrow 0)}}{\sqrt{2}} \tag{5.18}
\end{equation*}
$$

Solving these equations gives the relative fractional populations of the two excited
states:

$$
\begin{align*}
& \frac{p}{s}=f_{p} \tau_{p} R\left[1-\bar{P}_{\gamma} P_{s}+g_{m}^{\prime}\left(\frac{R^{\prime}}{R}\right)\left(1+\frac{\bar{P}_{\gamma}^{\prime} P_{s}}{2}\right)\right]  \tag{5.19}\\
& \frac{d}{s}=f_{d} \tau_{d} R\left[1-\bar{P}_{\gamma} P_{s}+\frac{1}{g_{m}}\left(\frac{R^{\prime}}{R}\right)\left(1+\frac{\bar{P}_{\gamma}^{\prime} P_{s}}{2}\right)\right] \tag{5.20}
\end{align*}
$$

where $f_{p}\left(f_{d}\right)$ is the probability that the atom decays from the $P_{1 / 2}\left(P_{3 / 2}\right)$ excited state and $g_{m}\left(g_{m}^{\prime}\right)$ is the relative mixing rate from the $P_{1 / 2}\left(P_{3 / 2}\right)$ excited state:
$f_{p}=\left[\frac{1-g_{m}}{1-g_{m} g_{m}^{\prime}}\right] \quad f_{d}=g_{m}\left[\frac{1-g_{m}^{\prime}}{1-g_{m} g_{m}^{\prime}}\right] \quad g_{m}=\frac{\tau_{p} \Gamma_{m}}{1+\tau_{p} \Gamma_{m}} \quad g_{m}^{\prime}=\frac{\tau_{d} \Gamma_{m}^{\prime}}{1+\tau_{d} \Gamma_{m}^{\prime}}$
where $f_{p}+f_{d}=1$ and the full lifetimes of the $P_{1 / 2} \& P_{3 / 2}$ excited states at equilibrium, $\tau_{p} \& \tau_{d}$ respectively, are the given by:

$$
\begin{equation*}
\frac{1}{\tau_{p}}=\frac{1}{\tau_{p}^{0}}+R\left(1+\bar{P}_{\gamma} P_{p}\right) \quad \frac{1}{\tau_{d}}=\frac{1}{\tau_{d}^{0}}+\frac{R^{\prime}}{2}\left(1+\frac{Q_{d}}{2}+\frac{3 \bar{P}_{\gamma}^{\prime} P_{d}}{2}\right) \tag{5.22}
\end{equation*}
$$

These lifetimes differ from the partial lifetimes $\tau_{p}^{0} \& \tau_{d}^{0}$ only by terms due to stimulated emmission.

At equilibrium, the ground state polarization satifies:

$$
\begin{align*}
\frac{d\left(s P_{s}\right)}{d t}=0= & +s R\left(\bar{P}_{\gamma}-P_{s}\right)-s R^{\prime}\left(\frac{\bar{P}_{\gamma}^{\prime}}{2}+P_{s}\right)-s P_{s} \Gamma_{s} \\
& +\frac{p P_{p}}{\tau_{p}^{0}}\left(2 \Lambda_{p}-1\right)+\frac{d P_{d}}{\tau_{d}^{0}}+\frac{3 d\left(P_{d}-R_{d}\right)}{5 \tau_{d}^{0}}\left[\Lambda_{d}-\frac{2}{3}\right] \\
& -p R\left(\bar{P}_{\gamma}+P_{p}\right)+d R^{\prime}\left[\bar{P}_{\gamma}^{\prime}\left(\frac{1+2 Q_{d}}{4}\right)+\frac{3}{5}\left(P_{d}+\frac{R_{d}}{4}\right)\right] \tag{5.23}
\end{align*}
$$

where we're anticipating that $\Lambda_{d}-2 / 3 \approx 0$ and the excited state polarization mo-
ments satisfy the following coupled equations:

$$
\begin{align*}
\frac{d\left(p P_{p}\right)}{d t}=0= & +s R\left(\bar{P}_{\gamma}-P_{s}\right)-p R\left(\bar{P}_{\gamma}+P_{p}\right)-p P_{p}\left[\Gamma_{p}+\frac{1}{\tau_{p}^{0}}+\Gamma_{m}\right] \\
& +\frac{d}{10}\left[3 P_{d} \Gamma_{11}^{\prime}+R_{d} \Gamma_{31}^{\prime}\right]  \tag{5.24}\\
\frac{d\left(d P_{d}\right)}{d t}=0= & +s R^{\prime}\left[\frac{5}{6} \bar{P}_{\gamma}^{\prime}+\frac{2}{3} P_{s}\right]-d R^{\prime}\left[\frac{\bar{P}_{\gamma}^{\prime}}{3}\left(\frac{5}{4}+Q_{d}\right)+\frac{1}{10}\left(7 P_{d}+\frac{R_{d}}{2}\right)\right] \\
& -d P_{d}\left[\Gamma_{d}^{(1)}+\frac{1}{\tau_{d}^{0}}+\frac{\Gamma_{00}^{\prime}}{2}\right]+p P_{p} \frac{\Gamma_{11}}{3}-\frac{d \Gamma_{20}^{\prime}}{10}\left(4 P_{d}+R_{d}\right)  \tag{5.25}\\
\frac{d\left(d Q_{d}\right)}{d t}=0= & +s R^{\prime}\left[\frac{1}{2}+\bar{P}_{\gamma}^{\prime} P_{s}\right]-d R^{\prime}\left[\frac{3 \bar{P}_{\gamma}^{\prime}}{5}\left(P_{d}+\frac{R_{d}}{4}\right)+\left(\frac{1+2 Q_{d}}{4}\right)\right] \\
& -d Q_{d}\left[\Gamma_{d}^{(2)}+\frac{1}{\tau_{d}^{0}}+\frac{\Gamma_{00}^{\prime}}{2}\right]+p \Gamma_{02}-\frac{d \Gamma_{20}^{\prime}}{2}  \tag{5.26}\\
\frac{d\left(d R_{d}\right)}{d t}=0= & +s R^{\prime}\left(\frac{3 P_{s}}{2}\right)-d R^{\prime}\left[\frac{3}{4} \bar{P}_{\gamma}^{\prime} Q_{d}+\frac{3}{10}\left(\frac{3 P_{d}}{2}+R_{d}\right)\right] \\
& -d R_{d}\left[\Gamma_{d}^{(3)}+\frac{1}{\tau_{d}^{0}}+\frac{\Gamma_{00}^{\prime}}{2}\right]+p P_{p} \Gamma_{13}-\frac{d \Gamma_{20}^{\prime}}{10}\left(9 P_{d}-4 R_{d}\right) \tag{5.27}
\end{align*}
$$

where $\Gamma_{d}^{(k)}$ is the $k$-th multipole destruction rate and the mixing rates between the $P_{1 / 2} \& P_{3 / 2}$ levels differ from the multipole mixing rates only in normalization:

$$
\begin{array}{ll}
\Gamma_{1 / 2 \rightarrow 3 / 2}^{(0)}=\frac{\Gamma_{m}}{\sqrt{2}} \quad \Gamma_{1 / 2 \rightarrow 3 / 2}^{(1)}=\frac{\Gamma_{11}}{\sqrt{10}} \quad \Gamma_{1 / 2 \rightarrow 3 / 2}^{(2)}=\frac{\Gamma_{20}}{\sqrt{2}} \quad \Gamma_{1 / 2 \rightarrow 3 / 2}^{(3)}=\frac{\Gamma_{31}}{\sqrt{10}} \\
\Gamma_{3 / 2 \rightarrow 1 / 2}^{(0)}=\frac{\Gamma_{00}^{\prime}}{\sqrt{2}} \quad \Gamma_{3 / 2 \rightarrow 1 / 2}^{(1)}=\frac{\Gamma_{11}^{\prime}}{\sqrt{10}} \quad \Gamma_{3 / 2 \rightarrow 1 / 2}^{(2)}=\frac{\Gamma_{20}^{\prime}}{\sqrt{2}} \quad \Gamma_{3 / 2 \rightarrow 1 / 2}^{(3)}=\frac{\Gamma_{31}^{\prime}}{\sqrt{10}} \tag{5.28}
\end{array}
$$

These can be solved to give the excited state polarization moments:

$$
\begin{align*}
p P_{p} & =\frac{s R}{\gamma_{p}}\left[\bar{P}_{\gamma}\left(1-\frac{p}{s}\right)-P_{s}+\frac{d}{2 s R}\left(\frac{3 P_{d} \Gamma_{11}^{\prime}+R_{d} \Gamma_{31}^{\prime}}{5}\right)\right]  \tag{5.29}\\
d P_{d} & =\frac{s R^{\prime}}{\gamma_{d}^{(1)}}\left[\frac{5 \bar{P}_{\gamma}^{\prime}}{6}\left(1-\frac{d}{2 s}\left[1+\frac{4 Q_{d}}{5}\right]\right)+\frac{2 P_{s}}{3}-\frac{d}{2 s}\left[1+\frac{2 \Gamma_{20}^{\prime}}{R^{\prime}}\right] \frac{R_{d}}{10}+\frac{p}{s R^{\prime}} \frac{\Gamma_{11} P_{p}}{3}\right]  \tag{5.30}\\
d Q_{d} & =\frac{s R^{\prime}}{\gamma_{d}^{(2)}}\left[\frac{1}{2}-\frac{d}{4 s}+\bar{P}_{\gamma}^{\prime} P_{s}-\frac{d}{2 s} \frac{3 \bar{P}_{\gamma}^{\prime}}{10}\left(4 P_{d}+R_{d}\right)+\frac{p}{s R^{\prime}} \Gamma_{02}-\frac{d}{2 s R^{\prime}} \Gamma_{20}^{\prime}\right]  \tag{5.31}\\
d R_{d} & =\frac{s R^{\prime}}{\gamma_{d}^{(3)}}\left[\frac{3 P_{s}}{2}-\frac{d}{2 s} \frac{3}{2}\left(\bar{P}_{\gamma}^{\prime} Q_{d}+\frac{3}{5} P_{d}\right)+\frac{p}{s R^{\prime}} P_{p} \Gamma_{13}-\frac{d}{2 s R^{\prime}} \frac{9 P_{d} \Gamma_{20}^{\prime}}{5}\right] \tag{5.32}
\end{align*}
$$

where $\gamma_{d}^{(k)}$ is the $k$-th multipole relaxation rate given by:

$$
\begin{align*}
\gamma_{p} & =\Gamma_{p}+\frac{1}{\tau_{p}^{0}}+\Gamma_{m}+R  \tag{5.33}\\
\gamma_{d}^{(1)} & =\Gamma_{d}^{(1)}+\frac{1}{\tau_{d}^{0}}+\frac{\Gamma_{00}^{\prime}}{2}+\frac{7 R^{\prime}}{10}+\frac{2 \Gamma_{20}^{\prime}}{5}  \tag{5.34}\\
\gamma_{d}^{(2)} & =\Gamma_{d}^{(2)}+\frac{1}{\tau_{d}^{0}}+\frac{\Gamma_{00}^{\prime}}{2}+\frac{R^{\prime}}{2}  \tag{5.35}\\
\gamma_{d}^{(3)} & =\Gamma_{d}^{(3)}+\frac{1}{\tau_{d}^{0}}+\frac{\Gamma_{00}^{\prime}}{2}+\frac{3 R^{\prime}}{10}-\frac{2 \Gamma_{20}^{\prime}}{5} \tag{5.36}
\end{align*}
$$

Using these equations, we can finally solve for the ground state polarization:

$$
\begin{equation*}
P_{s}=\frac{R_{1}-R_{2} / 2}{R_{0}+\Gamma_{s}} \tag{5.37}
\end{equation*}
$$

where the polarized D1 \& D2 optical pumping rates $R_{1} \& R_{2}$ are given by:

$$
\begin{equation*}
R_{1}=2 \Lambda_{1}\left(1-\frac{p}{s}\right) \bar{P}_{\gamma} R \quad \quad R_{1}=2 \Lambda_{2}\left(1-\frac{d}{2 s}\right) \bar{P}_{\gamma}^{\prime} R^{\prime} \tag{5.38}
\end{equation*}
$$

and the total unpolarized (D1+D2) optical pumping rate $R_{0}$ is given by:

$$
\begin{equation*}
R_{0}=2 \Lambda_{0} R+2 \Lambda_{0}^{\prime} R^{\prime} \tag{5.39}
\end{equation*}
$$

and the effective branching ratios $\Lambda_{1}, \Lambda_{2}, \Lambda_{0}$, and $\Lambda_{0}^{\prime}$ are given by:

$$
\begin{align*}
& 2 \Lambda_{1}=2 \Lambda_{0}+\frac{d}{2 s \tau_{p}^{0} R}\left[\frac{2 \Lambda_{p}-1-\tau_{p}^{0} R}{\bar{P}_{\gamma}(1-p / s)}\right]\left[\frac{3 P_{d} \Gamma_{11}^{\prime}+R_{d} \Gamma_{31}^{\prime}}{5 \gamma_{p}}\right]  \tag{5.40}\\
& 2 \Lambda_{0}=\frac{\tau_{p}^{0}\left(\Gamma_{p}+\Gamma_{m}\right)+2 \Lambda_{p}}{\tau_{p}^{0}\left(\Gamma_{p}+\Gamma_{m}+R\right)+1}  \tag{5.41}\\
& 2 \Lambda_{2}=2 \Lambda_{0}^{\prime}-\frac{1}{\tau_{d}^{0} \gamma_{d}^{(1)}}+\left[\frac{d /(2 s)}{\bar{P}_{\gamma}^{\prime}[1-d /(2 s)]}\right] \Delta \Lambda  \tag{5.42}\\
& 2 \Lambda_{0}^{\prime}=\frac{\tau_{d}^{0} \gamma_{d}^{(1)}-2 / 3}{\tau_{d}^{0} \gamma_{d}^{(1)}} \tag{5.43}
\end{align*}
$$

and $\Delta \Lambda$ is given by:

$$
\begin{align*}
\Delta \Lambda= & \frac{6\left(P_{d}-R_{d}\right)}{5 \tau_{d}^{0} R^{\prime}}\left[\frac{2}{3}-\Lambda_{d}\right]+\left[\frac{2}{3 \tau_{d}^{0} \gamma_{d}^{(1)}}-1\right] \bar{P}_{\gamma}^{\prime} Q_{d}-\frac{6 P_{d}}{5} \\
& +\left[1-3 \tau_{d}^{0} \gamma_{d}^{(1)}+\frac{2 \Gamma_{20}^{\prime}}{R^{\prime}}\right] \frac{R_{d}}{10 \tau_{d}^{0} \gamma_{d}^{(1)}}-\frac{2 p}{3 d}\left[\frac{\Gamma_{11}}{\tau_{d}^{0} R^{\prime} \gamma_{d}^{(1)}}\right] P_{p} \tag{5.44}
\end{align*}
$$

Both nonradiative quenching [29] and spontaneous emission are "sudden" with respect to the electron spin (at least for alkali species lighter than Cs [30]). As a consequence, the electron spin is conserved during the decay, which implies the following values for the branching ratios: $\Lambda_{p}=1 / 3$ and $\Lambda_{d}=1-\Lambda_{p}=2 / 3$. If the $P_{1 / 2}$ orientation destruction rate is very small, the D2 to D1 optical pumping rate ratio is very small, and there is very little mixing between the $P_{1 / 2} \& P_{3 / 2}$ levels, then $\Lambda_{1}=\Lambda_{0}=\Lambda_{p} \approx 1 / 3$. This implies that a large orientation destruction rate of the $P_{1 / 2}$ level is beneficial, since $\Lambda_{1}=\Lambda_{0} \approx 1 / 2$ when $\tau_{p} \Gamma_{p} \gg 1$. If the D2 optical pumping rate is very small, but much larger than the D1 optical pumping rate, and there is very little mixing between the $P_{1 / 2} \& P_{3 / 2}$ levels, then (after some straightforward but very tedious algebra) we find $\Lambda_{2}=\Lambda_{0}^{\prime}$. This implies that there

| quantity | $S_{1 / 2}$ | $P_{1 / 2}$ | $P_{3 / 2}$ | units |
| :---: | :---: | :---: | :---: | :---: |
| $n=s, p, d$ | $1-7 \mathrm{E}-07$ | $2.84 \mathrm{E}-06$ | $4.07 \mathrm{E}-06$ | - |
| $P_{n}$ | 0.978 | $4.02 \mathrm{E}-03$ | $8.37 \mathrm{E}-05$ | - |
| $Q_{d}$ | - | - | $6.93 \mathrm{E}-05$ | - |
| $R_{d}$ | - | - | $8.41 \mathrm{E}-05$ | - |
| $\Gamma_{q}^{n}$ | - | 0.529 | 0.393 | GHz |
| $\tau_{\text {spon }}^{n}$ | - | 27.7 | 26.2 | ns |
| $\tau_{n}$ | - | 1.77 | 2.32 | ns |
| $\Gamma_{n}^{(1)}$ | $1.08 \mathrm{E}-06$ | 104 | 472 | GHz |
| $\Gamma_{n}^{(2)}$ | - | - | 570 | GHz |
| $\Gamma_{n}^{(3)}$ | - | - | 469 | GHz |
| $\Gamma_{m}^{n}$ | - | 2.01 | 1.01 | GHz |
| $\Gamma_{11}^{n}$ | - | -0.207 | -0.104 | GHz |
| $g_{m}^{n}$ | - | 0.781 | 0.702 | - |
| $f_{n}$ | - | 0.485 | 0.515 | - |
| abs. width | - | 126 | 150 | GHz |
| abs. shift | - | 51.8 | 7.31 | GHz |

Table 5.1: Typical Excited State Polarization Moments and Multipole Rates. We've assumed broadband pumping of the Rb D 1 transition with $R=100 \mathrm{kHz}$ and $R^{\prime} / R=0.0011$. The rates were calculated using data from Sec. (D.4) assuming $T_{\mathrm{pc}}=210^{\circ} \mathrm{C},\left[{ }^{3} \mathrm{He}\right]_{\mathrm{pc}}=6.5 \mathrm{amg}$, and $\left[\mathrm{N}_{2}\right] /\left[{ }^{3} \mathrm{He}\right]=0.01$. For a pure Rb cell, this correponds to $[\mathrm{Rb}]=1.38 \times 10^{15} / \mathrm{cm}^{3}$ and $1 / \gamma_{\mathrm{se}}=3 \mathrm{hrs}$. Under these conditions, all of the effective branching ratios are $0.500 \pm 0.001$.
is a buffer gas pressure (corresponding to $\tau_{d}^{0} \gamma_{d}^{(1)}=2 / 3$ ) at which the ground state polarization changes sign. Historically, finding this zero crossing was one early method used to determine the $P_{3 / 2}$ excited state multipole destruction rate [31].

Tab. (5.1) lists typical rates for nonradiative quenching, spontaneous emission, excited state mixing, and multipole destruction. Nonradiative quenching is almost entirely due to collisions with $\mathrm{N}_{2}$ molecules. Excited state mixing is due to collisions with ${ }^{3} \mathrm{He}$ atoms and $\mathrm{N}_{2}$ molecules. The ground state spin relaxation and excited state multipole destruction are dominated by collisions with ${ }^{3} \mathrm{He}$ atoms
and other alkali atoms. Starting from Eqn. (5.19), we've made the tacit assumption that the absorption/stimulated emission rate is much smaller than the spontaneous decay and nonradiative quenching rates, $R \ll 1 / \tau_{\text {spon }} \ll \Gamma_{q}$. This is reasonable since it would require about $5 \& 65 \mathrm{~kW}$ of laser power to equal the spontaneous decay \& quenching rates, under our conditions. Furthermore, the excited state multipole destruction rates are much larger than the excited state decay rates, $\tau_{p, d}^{0} \Gamma_{p, d} \gg 1$. This implies that the excited state polarization moments are all nearly zero, $P_{p}, P_{d}, Q_{d}, R_{d}<0.01$, and that all four effective branching ratios are nearly $1 / 2,2 \Lambda_{1}=2 \Lambda_{0}=2 \Lambda_{2}=2 \Lambda_{0}^{\prime}=1$.

### 5.2.3 Two Species Rate Equations

Using the results of the previous, the polarization rate equation for traditional SEOP with Rb is written as:

$$
\begin{equation*}
\frac{d[1+\bar{\epsilon}(\beta)] P_{\mathrm{Rb}}}{d t}=+\left(R_{1}-R_{2} / 2\right)-R_{0} P_{\mathrm{Rb}}-\Gamma_{\mathrm{Rb}} P_{\mathrm{Rb}} \tag{5.45}
\end{equation*}
$$

where we've hidden the explicit position dependence for the sake of clarity, $1+\bar{\epsilon}$ is the isotope averaged nuclear slowing down factor discussed in Sec. (5.2.1), $R_{1,2}$ $\& R_{0}$ are the polarized \& unpolarized Rb optical pumping rates, and the Rb spin relaxation rate is written as:

$$
\begin{equation*}
\Gamma_{\mathrm{Rb}}=k_{\mathrm{Rb}}[\mathrm{Rb}]+k_{\mathrm{He}}\left[{ }^{3} \mathrm{He}\right]+k_{\mathrm{N}_{2}}\left[\mathrm{~N}_{2}\right]+k_{\mathrm{se}}\left[{ }^{3} \mathrm{He}\right]\left(1-\frac{P_{\mathrm{He}}}{P_{\mathrm{Rb}}}\right) \tag{5.46}
\end{equation*}
$$

where $k_{\mathrm{Rb}}$ is the $\mathrm{Rb}-\mathrm{Rb}$ spin relaxation rate constant, $k_{\mathrm{He}}$ is the $\mathrm{Rb}-\mathrm{He}$ spin relaxation rate constant, $k_{\mathrm{N}_{2}}$ is the $\mathrm{Rb}-\mathrm{N}_{2}$ spin relaxation rate constant, and the last term
reminds us that spin exchange to ${ }^{3} \mathrm{He}$ is a relaxation process only when the polarizations are unequal.

In the case of alkali-hybrid SEOP, we have a pair of coupled differential equations that include terms for $\mathrm{Rb}-\mathrm{K}$ spin relaxation and spin exchange collisions:

$$
\begin{align*}
\frac{d\left[1+\bar{\epsilon}_{\mathrm{Rb}}\left(\beta_{\mathrm{Rb}}\right)\right] P_{\mathrm{Rb}}}{d t} & =+\left(R_{1}-R_{2} / 2\right)-R_{0} P_{\mathrm{Rb}}-\Gamma_{\mathrm{Rb}} P_{\mathrm{Rb}}-k_{\mathrm{K}}[\mathrm{~K}] P_{\mathrm{Rb}}+A_{\mathrm{se}}[\mathrm{~K}]\left(P_{\mathrm{K}}-P_{\mathrm{Rb}}\right) \\
\frac{d\left[1+\bar{\epsilon}_{\mathrm{K}}\left(\beta_{\mathrm{K}}\right)\right] P_{\mathrm{K}}}{d t} & =+\left(K_{1}-K_{2} / 2\right)-K_{0} P_{\mathrm{K}}-\Gamma_{\mathrm{K}} P_{\mathrm{K}}-k_{\mathrm{Rb}}^{\prime}[\mathrm{Rb}] P_{\mathrm{K}}+A_{\mathrm{se}}[\mathrm{Rb}]\left(P_{\mathrm{Rb}}-P_{\mathrm{K}}\right) \tag{5.47}
\end{align*}
$$

where $k_{\mathrm{K}}$ is the Rb spin relaxation rate constant due to $\mathrm{K}, A_{\text {se }}$ is the $\mathrm{Rb}-\mathrm{K}$ spin exchange rate constant, $k_{\mathrm{Rb}}^{\prime}$ is the K spin relaxation rate constant due to $\mathrm{Rb}, K_{1,2}$ \& $K_{0}$ are the polarized \& unpolarized $K$ optical pumping rates, and the $K$ spin relaxation rate is given by:

$$
\begin{equation*}
\Gamma_{\mathrm{K}}=k_{\mathrm{K}}^{\prime}[\mathrm{K}]+k_{\mathrm{He}}^{\prime}\left[{ }^{3} \mathrm{He}\right]+k_{\mathrm{N}_{2}}^{\prime}\left[\mathrm{N}_{2}\right]+k_{\mathrm{se}}^{\prime}\left[{ }^{3} \mathrm{He}\right]\left(1-\frac{P_{\mathrm{He}}}{P_{\mathrm{K}}}\right) \tag{5.48}
\end{equation*}
$$

where $k_{\mathrm{K}}^{\prime}$ is the $\mathrm{K}-\mathrm{K}$ spin relaxation rate constant, $k_{\mathrm{He}}^{\prime}$ is the $\mathrm{K}-\mathrm{He}$ spin relaxation rate constant, $k_{\mathrm{N}_{2}}^{\prime}$ is the $\mathrm{K}-\mathrm{N}_{2}$ spin relaxation rate constant, and $k_{\mathrm{se}}^{\prime}$ is the K-He spin exchange rate constant. Solving these coupled equations for the equilibrium alkali polarizations gives:

$$
\begin{align*}
P_{\mathrm{Rb}} & =\frac{R_{1}-R_{2} / 2+\eta_{\mathrm{K}} D\left[K_{1}-K_{2} / 2\right]}{R_{0}+\Gamma_{\mathrm{Rb}}+k_{\mathrm{K}}[\mathrm{~K}]+\eta_{\mathrm{K}} D\left\{K_{0}+\Gamma_{\mathrm{K}}+k_{\mathrm{Rb}}^{\prime}[\mathrm{Rb}]\right\}}  \tag{5.49}\\
P_{\mathrm{K}} & =\frac{K_{1}-K_{2} / 2+\left(\eta_{\mathrm{Rb}} / D\right)\left[R_{1}-R_{2} / 2\right]}{K_{0}+\Gamma_{\mathrm{K}}+k_{\mathrm{Rb}}^{\prime}[\mathrm{Rb}]+\left(\eta_{\mathrm{Rb}} / D\right)\left\{R_{0}+\Gamma_{\mathrm{Rb}}+k_{\mathrm{K}}[\mathrm{~K}]\right\}} \tag{5.50}
\end{align*}
$$

where $D=[\mathrm{K}] /[\mathrm{Rb}]$ is the hybrid ratio and $\eta_{\mathrm{Rb}}\left(\eta_{\mathrm{K}}\right)$ is the relative alkali spin ex-
change rate from $K$ to $\mathrm{Rb}(\mathrm{Rb}$ to K$)$ given by:

$$
\begin{equation*}
\eta_{\mathrm{K}}=\frac{A_{\mathrm{se}}[\mathrm{Rb}]}{A_{\mathrm{se}}[\mathrm{Rb}]+K_{0}+\Gamma_{\mathrm{K}}+k_{\mathrm{Rb}}^{\prime}[\mathrm{Rb}]} \quad \eta_{\mathrm{Rb}}=\frac{A_{\mathrm{se}}[\mathrm{~K}]}{A_{\mathrm{se}}[\mathrm{~K}]+R_{0}+\Gamma_{\mathrm{Rb}}+k_{\mathrm{K}}[\mathrm{~K}]} \tag{5.51}
\end{equation*}
$$

In general there are three different regimes for the alkali polarizations depending on the relative size of the alkali spin exchange rates compared to the optical pumping rates. When the relative alkali spin exchange rates are very low, $\eta_{\mathrm{Rb}}, \eta_{\mathrm{K}} \ll 1$, the polarizations are:

$$
\begin{equation*}
P_{\mathrm{Rb}}=\frac{R_{1}-R_{2} / 2}{R_{0}+\Gamma_{\mathrm{Rb}}+k_{\mathrm{K}}[\mathrm{~K}]} \quad P_{\mathrm{K}}=\frac{K_{1}-K_{2} / 2}{K_{0}+\Gamma_{\mathrm{K}}+k_{\mathrm{Rb}}^{\prime}[\mathrm{Rb}]} \tag{5.52}
\end{equation*}
$$

Note that for this case, in general, $P_{\mathrm{Rb}} \neq P_{\mathrm{K}}$. When the relative alkali spin exchange rates are very high, $\eta_{\mathrm{Rb}}, \eta_{\mathrm{K}} \approx 1$, the polarizations are the same:

$$
\begin{equation*}
P_{\mathrm{Rb}}=P_{\mathrm{K}}=\frac{R_{1}-R_{2} / 2+D\left[K_{1}-K_{2} / 2\right]}{R_{0}+\Gamma_{\mathrm{Rb}}+D\left\{K_{0}+\Gamma_{\mathrm{K}}+2 k_{\mathrm{A}}[\mathrm{Rb}]\right\}} \tag{5.53}
\end{equation*}
$$

where $k_{\mathrm{A}}=\left(k_{\mathrm{K}}+k_{\mathrm{Rb}}^{\prime}\right) / 2$ is the mean $\mathrm{Rb}-\mathrm{K}$ spin relaxation rate constant. Finally, the last regimes are a mixture of the previous two: $\eta_{\mathrm{Rb}} \ll 1 \& \eta_{\mathrm{K}} \approx 1$ or $\eta_{\mathrm{Rb}} \approx 1 \&$ $\eta_{\mathrm{K}} \ll 1$.

Under our typical conditions, we're directly pumping only the Rb D1 transition, which implies $A_{\text {se }}[\mathrm{K}] \gtrsim R_{0} \gtrsim R_{1} \gg R_{2}>K_{0} \gtrsim K_{1} \approx K_{2}$. and it is more useful to write the K polarizations as:

$$
\begin{equation*}
P_{\mathrm{K}}=\eta_{\mathrm{K}}\left[P_{\mathrm{Rb}}+\left(\frac{K_{1}-K_{2} / 2}{A_{\mathrm{se}}[\mathrm{Rb}]}\right)\right] \tag{5.54}
\end{equation*}
$$

To insure that K is polarized mainly due to spin exchange collisions with Rb and
not off-resonant optical pumping, the Rb density must be sufficiently high $[\mathrm{Rb}] \gg$ $K_{0} / A_{\text {se }} \approx 0.4 \times 10^{11} \mathrm{~cm}^{-3} /(75 \mathrm{~W})$. Furthermore, to insure that the polarization ratio $P_{\mathrm{K}} / P_{\mathrm{Rb}}$ is nearly unity, the Rb density must be sufficiently high $[\mathrm{Rb}]>\Gamma_{\mathrm{K}} / A_{\mathrm{se}} \approx$ $10^{12} \mathrm{~cm}^{-3} /(1 \mathrm{kHz})$. To maximize the alkali polarization, the main source of polarization must be the on-resonant optical pumping of Rb and not the off-resonant optical pumping of $K$. This condition can be satisfied by a sufficiently small $K$ to Rb vapor ratio $D \ll R_{0} /\left(\eta_{\mathrm{K}} K_{0}\right)$. To summarize, for a fixed spin exchange rate to ${ }^{3} \mathrm{He}, \gamma_{\mathrm{se}}$, the hybrid ratio $D$ must be sufficiently small to insure $\eta_{\mathrm{K}} \approx 1$ and to satisfy $D \ll R_{0} / K_{0} \approx 10^{3}\left(10^{4}\right)$ assuming broadband (narrowband) light and $T_{d}=0$, see Sec. (5.4.5).

### 5.3 Laser Light for Optical Pumping

### 5.3.1 Spatial Characteristics

The beam from a fiber-coupled laser diode array typically used for optical pumping can be modeled as a Gaussian beam.Ignoring aberrations due the shape and orientation of the beam shaping \& polarizing optics, the intensity profile is given by the fundamental mode by:

$$
\begin{equation*}
I(r, z)=\frac{2 P_{0}}{\pi w^{2}(z)} \exp \left[-\frac{2 r^{2}}{w^{2}(z)}\right] \tag{5.55}
\end{equation*}
$$

where $P_{0}$ is the total power, $r$ is the radial distance from the center of the beam, and the beam radius $w(z)$ at some location $z$ is given by:

$$
\begin{equation*}
w(z)=w_{0} \sqrt{1+\psi_{0}^{2}\left(\frac{z-z_{0}}{w_{0}}\right)^{2}} \tag{5.56}
\end{equation*}
$$

where $w_{0}$ is the beam waist, $z_{0}$ is the location of the beam waist, and $\psi_{0}$ is the far field divergence of the beam. These three parameters, $w_{0}, z_{0}, \psi_{0}$, (i.e. Gaussian beam parameters) obey the constraint $w_{0} \psi_{0}=M^{2} \lambda / \pi$, where $\lambda$ is the wavelength of the light. The beam quality factor $M^{2}$ is unity for an ideal Gaussian beam and around 300 for the types of beam we use for optical pumping. Once the Gaussian beam parameters have been empirically determined, the size of the beam can be calculated at any location.

The Gaussian beam parameters also determine the divergence $\psi(z)=\partial w / \partial z$ of the beam. This quantity describes the beam's "angular spread." In other words, the angle $\theta_{r}$ formed by the propagation vector of a photon located at distance $r$ from the center of beam is given by:

$$
\begin{equation*}
\tan \left(\theta_{r}\right)=\left[\frac{r}{w(z)}\right] \psi(z)=\frac{r}{w(z)} \frac{\partial w(z)}{\partial z}=\psi_{0}\left(\frac{r}{w}\right)\left[1+\left(\frac{w_{0}}{\psi_{0}\left(z-z_{0}\right)}\right)^{2}\right]^{-1 / 2} \tag{5.57}
\end{equation*}
$$

where $\theta_{r}$ is measured relative to the propagation vector at the center of the beam. Far from beam waist, $z \gg z_{0}$, and for small divergences, this angle is $\theta_{r} \approx \psi_{0}(r / w)$.

### 5.3.2 Forward Propagation

The photon flux $\Phi(\vec{r}, \nu)$ is defined as the number of photons per unit area per unit time per unit frequency interval. In general, it has a complicated shape and varies significantly as a function of the depth into the cell $z$ and the laser frequency $\nu$. At the front of the cell, however, $\Phi(z=0, r, \nu)$ can be written simply as a product of a spatial profile, assuming a Gaussian beam, and a frequency spectrum. For the laser diode arrays typically used for optical pumping, the spectrum can be reasonably
represented by unit normalized Gaussian distribution:

$$
\begin{equation*}
\Phi(0, r, \nu)=\left[\frac{I\left(r, z_{\text {cell }}\right)}{h \nu}\right] G(\nu)=\left[\frac{I\left(r, z_{\text {cell }}\right)}{h \nu}\right]\left[\frac{2 \sqrt{\log (2) / \pi}}{\text { FWHM }} \exp \left(-4 \log (2) \frac{\left(\nu-\nu_{\gamma}\right)^{2}}{\mathrm{FWHM}^{2}}\right)\right] \tag{5}
\end{equation*}
$$

where $z_{\text {cell }}$ is the location of the front of the cell relative to the beam waist location, $h$ is Planck's constant, FWHM is the full width half maximum of the distribution, and $\nu_{\gamma}$ is the center of the distribution. This is a very good model when the diode is "fresh," but after it has aged the spectrum becomes broadened and distorted. A "broadband" laser has a FWHM that is much larger than the absorption linewidth, while a "narrowband" laser has a FWHM that is about equal to the absorption linewidth. Under typical operating conditions, the Rb D1 pressure broadened absorption linewidth is about $120 \mathrm{GHz}(0.25 \mathrm{~nm})$, while broadband \& narrowband lasers typically have FWHM of $950 \mathrm{GHz}(2 \mathrm{~nm}) \& 95 \mathrm{GHz}(0.2 \mathrm{~nm})$ respectively.

As the light propagates through the alkali vapor, it polarizes layer after layer of alkali atoms until the light is fully absorbs or exits the cell [32]. A "hole is burnt" into the part of the laser spectrum that is near resonance, which modifies the shape of the spectrum significantly. Using the results of Sec. (E.6.4) and dropping the negligible field dependant terms, the frequency dependent attenuation of the beam is given by:

$$
\begin{align*}
{\left[\frac{1}{\Phi} \frac{d \Phi}{d z}\right]_{\mathcal{R}, \leftharpoonup}=} & \sum_{a}\left\{p_{a}\left(1 \pm P_{p}^{a} \cos (\theta)\right)-s_{a}\left(1 \mp P_{s}^{a} \cos (\theta)\right)\right\} \sigma_{1}^{a}[\mathrm{~A}]_{a} \\
& +\left\{\frac{d_{a}}{2}\left(1+\frac{Q_{d}}{2} \pm \frac{3}{2} P_{d} \cos (\theta)\right)-s_{a}\left(1 \pm \frac{P_{s}^{a} \cos (\theta)}{2}\right)\right\} \sigma_{2}^{a}[\mathrm{~A}]_{a} \tag{5.59}
\end{align*}
$$

where $a$ labels the alkali metal, $\sigma_{1(2)}^{a}$ is the D1 (D2) absorption cross section, the second (first) term on each line is due to absorption (stimulated emission), the first (second) line is due to the D 1 (D2) transition, the upper (lower) sign is taken for $\mathcal{R}$
$(\mathcal{L})$ right (left) handed photons (helicity convention, see Sec. (4.5.3)), and the flux of right \& left handed photons is given by:

$$
\begin{equation*}
\Phi_{\mathcal{R}}(\vec{r}, \nu)=\Phi(\vec{r}, \nu)\left[\frac{1+P_{\gamma}(\vec{r}, \nu)}{2}\right] \quad \Phi_{L}(\vec{r}, \nu)=\Phi(\vec{r}, \nu)\left[\frac{1-P_{\gamma}(\vec{r}, \nu)}{2}\right] \tag{5.60}
\end{equation*}
$$

where $P_{\gamma}$ is the polarization of the light. The attenuation depends on the "skew" angle $\theta$ between the polarization vector of the alkali atoms (i.e. the magnetic holding field direction) and the propagation direction of the photons (i.e. the $k$-vector). For a Gaussian beam with divergence $\psi$ and beam radius $w$, the skew angle at a radial distance $r$ from the center of the beam and at an azimuthal angle $\phi$ measured relative to the propagation axis of the beam center is given by:

$$
\begin{equation*}
\cos (\theta)=\cos \left(\theta_{0}\right) \cos \left(\theta_{r}\right)+\sin \left(\theta_{0}\right) \sin \left(\theta_{r}\right) \cos (\phi)=\frac{\cos \left(\theta_{0}\right)+(\psi r / w) \sin \left(\theta_{0}\right) \cos (\phi)}{\sqrt{1+(\psi r / w)^{2}}} \tag{5.61}
\end{equation*}
$$

where $\theta_{0}$ is the angle between the holding field and the $k$-vector at the center of the beam. The propagation equations for $\Phi_{\mathcal{R}} \& \Phi_{\mathcal{L}}$ can be written in terms of the total flux $\Phi$ and polarization $P_{\gamma}$ :

$$
\begin{align*}
\frac{1}{\Phi} \frac{d \Phi}{d z}= & \sum_{a}\left\{p_{a}\left(1+P_{\gamma} P_{p}^{a} \cos (\theta)\right)-s_{a}\left(1-P_{\gamma} P_{s}^{a} \cos (\theta)\right)\right\} \sigma_{1}^{a}[\mathrm{~A}]_{a} \\
& +\left\{\frac{d_{a}}{2}\left(1+\frac{Q_{d}}{2}+\frac{3}{2} P_{\gamma} P_{d} \cos (\theta)\right)-s_{a}\left(1+P_{\gamma} \frac{P_{s}^{a} \cos (\theta)}{2}\right)\right\} \sigma_{2}^{a}[\mathrm{~A}]_{a}  \tag{5.62}\\
\frac{d P_{\gamma}}{d z}= & \frac{1}{\Phi}\left[\frac{d \Phi_{\mathcal{R}}}{d z}-\frac{d \Phi_{\mathcal{L}}}{d z}\right]-\frac{P_{\gamma}}{\Phi} \frac{d \Phi}{d z} \\
= & \left(1-P_{\gamma}^{2}\right) \cos (\theta) \sum_{a}\left\{\left[p_{a} P_{p}^{a}+s_{a} P_{s}^{a}\right] \sigma_{1}^{a}+\left[\frac{3 d_{a} P_{d}^{a}}{4}-\frac{s_{a} P_{s}^{a}}{2}\right] \sigma_{2}^{a}\right\}[\mathrm{A}]_{a} \tag{5.63}
\end{align*}
$$

This implies that, as the alkali atoms become polarized, they (1) "purify" the degree of circular polarization of the laser beam as it propagtes through the polarized
alkali vapor and (2) the alkali atoms become nearly transparent to the beam.

### 5.4 Limits to the Alkali Polarization

### 5.4.1 Sources of Imperfection: Introduction

## Stimulated Emission

An imperfection in optical pumping could be described as a mechanism that reduces the effective polarization of the pump light. The two types that we'll discuss in this section either directly reduce the pump light polarization or compete against the pump light. An example of the first type is the nonzero population of the excited states which reduces the effective light polarization from $\bar{P}_{\gamma}$ to $\bar{P}_{\gamma}(1-p / s)$.

## Skew Pumping

Another example of this type is referred to as "skew pumping" [33], which is due to a nonzero angle $\theta$ between the propagation vector of the light and the magnetic field that defines the quantization axis of the atoms. This effect can be accounted for by simply replacing $\bar{P}_{\gamma}$ with $\bar{P}_{\gamma} \cos (\theta)$, see Sec. (E.6.3).

## Off-resonant Absorption

For the second type of mechanism, we can write the ground state polarization as (assuming $2 \Lambda(1-p / s)=1$ for simplicity):

$$
\begin{equation*}
P_{s}=\frac{\bar{P}_{\gamma} R+P_{x} \Gamma_{x}}{R+\Gamma_{x}+\Gamma_{s}} \approx \bar{P}_{\gamma}\left[1-\left(1-\frac{P_{x}}{\bar{P}_{\gamma}}\right) \frac{\Gamma_{x}}{R}-\frac{\Gamma_{s}}{R}+\cdots\right] \tag{5.64}
\end{equation*}
$$

where $P_{x}$ and $\Gamma_{x}$ are the polarization and rate of the competing mechanism. For sufficiently high optical pumping rates, $R \gg \Gamma_{x}+\Gamma_{s}$, the effect of the competing mechanism can be made arbitrarily small. However, if the competing mechanism depends on the laser intensity or the optical pumping rate and $P_{x}<P_{\gamma}$, then it provides a fundamental limit to the ground state alkali polarization [7]. Off resonant pumping of the D2 transition is an example of this type of mechanism.

### 5.4.2 Excitation Energy Transfer Collisions

The rates $\Gamma_{m} \& \Gamma_{m}^{\prime}$ in Eqns. (5.16) \& (5.17) represent collisions of the form:

$$
\begin{equation*}
\operatorname{Rb}\left(P_{1 / 2}\right)+X \leftrightarrow \operatorname{Rb}\left(P_{3 / 2}\right)+X+\Delta E \tag{5.65}
\end{equation*}
$$

where $\Delta E$ is the energy change during the collision and $X$ could be a Rb atom, a ${ }^{3} \mathrm{He}$ atom, or a $\mathrm{N}_{2}$ molecule [34]. These collisions are generally referred to as excitation energy transfer collisioins. When the population of the $P$ excited states of alkali atoms are being redistributed, these collisions are also refered to fine structure mixing collisions. If the collision partner is another Rb atom, then these collisions may represent another ground state relaxation mechanism.

There are two scenarios that could describe the collision. In the first, the excited atom simply changes energy and enters a different excited state. Since the collision is electrostatic in origin, the spin state of the ground state alkali atom is not expected to change. In the second scenario, the excited atom and ground state atom can "swap" states. Since the mean electronic spin polarization in the excited state is essentially zero, the net change in the ground state polarization is towards zero. To provide an upper limit for the ground state relaxation rate, we'll assume
that every collision proceeds as the second scenario, which gives:

$$
\begin{equation*}
\Gamma_{\mathrm{EET}}^{a}=\sum_{b, J, J^{\prime}} \sigma_{J \rightarrow J^{\prime}}^{b \rightarrow a} v_{b} p_{b, J}[\mathrm{~A}]_{b} \tag{5.66}
\end{equation*}
$$

where $J\left(J^{\prime}\right)$ labels the initial (final) excited state, $a(b)$ labels the initial (final) excited alkali species, $p_{b, J}$ is the relative population of alkali atoms in the excited state, $v_{b}$ is the mean relative thermal velocity between the alkali atoms, and $\sigma_{J \rightarrow J^{\prime}}^{b \rightarrow a}$ is the cross section of transfer for the process:

$$
\begin{equation*}
B\left(P_{J}\right)+A\left(S_{1 / 2}\right) \leftrightarrow B\left(S_{1 / 2}\right)+A\left(P_{J^{\prime}}\right) \tag{5.67}
\end{equation*}
$$

In hybrid cells, $A \& B$ could be $\mathrm{Rb} \& \mathrm{Rb}, \mathrm{K} \& \mathrm{~K}, \mathrm{Rb} \& \mathrm{~K}$, and $\mathrm{K} \& \mathrm{Rb}$, see Sec. D.4.3).

It has been shown [35-37] that the cross section for this process roughly scales as $1 /(\Delta E)^{n}$ where $\Delta E$ is the energy difference between the intial \& final excited state energies. For this reason, the largest cross sections are expected for Na atoms for $P_{1 / 2} \leftrightarrow P_{3 / 2}$ collisions between similar atoms, $P_{k} \leftrightarrow P_{k}$ collisions between similar alkali atoms, and $\mathrm{K} \& \mathrm{Rb}$ for collisions between dissimilar atoms. We'll note that $P_{k} \leftrightarrow P_{k}$ collisions between similar atoms are usually indistinuishable from multipole destruction collisions with similar alkali atoms. We do not have to limit ourselves to collisions involving only the $P$ states. As was observed by [38], cells lacking $\mathrm{N}_{2}$ emit a "purple glow." This is attributable to the process $\operatorname{Rb}\left(5 P_{J}\right)+\operatorname{Rb}\left(5 P_{J^{\prime}}\right) \rightarrow \operatorname{Rb}\left(6 P_{J^{\prime \prime \prime}}\right)+\operatorname{Rb}\left(S_{1 / 2}\right) \rightarrow 2 \operatorname{Rb}\left(S_{1 / 2}\right)+\gamma(\lambda=421 \mathrm{~nm})$. A more recent study [39] observed no less than 8 additional peaks in the fluoresecene spectra attributable to transitions between higher excited states to the $5 P$ and $5 S$ levels. The addition of 50 torr of $\mathrm{N}_{2}$ reduced the intensity of fluoresence by a factor of
two, which implies very large cross sections ( $>10^{6} \AA^{2}$ ) for collisions between two excited atoms.

If we take the cross section for $P_{J} \leftrightarrow P_{J}$ collisions between Rb atoms to be equal to the $\mathrm{Rb}-\mathrm{Rb}$ multipole destruction scross section $\left(10^{4} \AA^{2}\right)$, then, using the results in Tab. (5.1), we estimate an upper limit of $\Gamma_{\text {EET }} \leq 0.005 R$. Although the cross section for this process is very large, the sensitivity of the ground state polarization to this mechanism is suppressed by the very low population of the excited state.

## Polarization Transfer in Fine Structure Mixing Collisions

It has been shown that orientation and alignment can be transfered between $P_{1 / 2}$ the $P_{3 / 2}$ levels during mixing collisions, see for example [40]. Both the magnitude and sign of the polarization transferred is sensitive to the magnitude of the magnetic field and the presence of nonzero nuclear spin. Polarization transfer can cause an imperfection in optical pumping to the extent that it causes an imbalanace between the effective branching ratios. To lowest order, the effect on the alkali polarization can be given by:

$$
\begin{equation*}
\frac{2 \Lambda_{1} R-2 \Lambda_{2} R^{\prime} / 2}{2 \Lambda_{0} R+2 \Lambda_{0}^{\prime} R^{\prime}} \approx 1-\left(\frac{\Lambda_{1}}{\Lambda_{0}}-1\right)-\frac{R^{\prime}}{R}\left[\frac{3}{2}+\frac{\Lambda_{2}+2 \Lambda_{0}^{\prime}-3 \Lambda_{0}}{2 \Lambda_{0}}\right] \tag{5.68}
\end{equation*}
$$

When $\Lambda_{1}<\Lambda_{0}$, the effective polarization of the light is reduced. When $\Lambda_{2}+2 \Lambda_{0}^{\prime}>$ $3 \Lambda_{0}$, the effect of off-resonant absorption is enhanced. Under our conditions, the multipole destruction rates are far greater than the mixing rates which insures that the excited state polarization moments are nearly zero. This greatly suppresses the sensitivity of the ground state polarization to the polarization transfer in the excited state.

### 5.4.3 Radiation Trapping

"Radiation trapping" [41-45] occurs when the fluorescence photons undergo several cycles of reabsorption and emission by the atomic vapor before exiting the cell. The unpolarized optical thickness of an alkali atom for wavelengths near the Dn transitions can be estimated by:

$$
\begin{equation*}
\frac{1}{\sigma_{n}(\nu)[\mathrm{A}]}=(2.13 \mathrm{~mm})\left[1+\left(\frac{2 \Delta_{n}}{\Gamma_{n}}\right)^{2}\right]\left(\frac{1}{3 f_{n}}\right)\left(\frac{\Gamma_{n}}{120 \mathrm{GHz}}\right)\left(\frac{10^{14} / \mathrm{cm}^{3}}{[\mathrm{~A}]}\right) \tag{5.69}
\end{equation*}
$$

where $\Delta_{n}$ is detuning from resonance, $\Gamma_{n}$ is the pressure broadened width, $f_{n}$ is the oscillator strength, and [A] is the alkali density. Because the pumping chamber radius is several orders of magnitude larger than the unpolarized optical thickness, radiation trapping could potentially limit the alkali polarization. Although this situation is greatly mitigated by nonradiative quenching collisions with $\mathrm{N}_{2}$ molecules, a few percent of decays still occur via spontaneous emission.

The flux element of fluorescence photons carrying $q=0, \pm 1$ units of angular momentum from the $\mathrm{D} n$ transition at some point $\vec{r}$ (relative to the center of the cell) in the cell from a volume element located a displacement of $\vec{u}$ (relative to $\vec{r}$ ) is given by:

$$
\begin{equation*}
d \Phi_{f}^{q, n}=\sum_{k}\left[\frac{\sigma_{n}(\nu)}{\int \sigma_{n}(\nu) d \nu}\right] \frac{1}{\tau_{\text {spon }}^{n}} \Lambda_{k}^{q} p_{k}^{n}(\vec{u}+\vec{r})[\mathrm{A}] \frac{f_{q}(\theta)}{4 \pi u^{2}} T_{q}(\nu, \vec{u}, \vec{r}) H\left(R_{\mathrm{pc}}-|\vec{r}+\vec{u}|\right) d^{3} u \tag{5.70}
\end{equation*}
$$

where we've summed over all the excited states $k$ with population $p_{k}^{n}, \Lambda_{k}^{q}$ is the branching ratio, [A] is the alkali density, $H(x)$ is the Heaviside step-function defined such that it is 1 (0) when $\vec{r}+\vec{u}$ points to a location inside (outside) the cell,
$R_{\mathrm{pc}}$ is the pumping chamber radius, $f_{q}$ is an angular factor given by [46]:

$$
\begin{equation*}
f_{ \pm 1}=\frac{1+\cos ^{2}(\theta)}{4} \quad f_{0}=\frac{\sin ^{2}(\theta)}{2} \tag{5.71}
\end{equation*}
$$

and $T_{q}$ is the probability of transmission given by:

$$
\begin{equation*}
T_{q}(\nu, \vec{u}, \vec{r})=\exp \left[-\sum_{n} \int_{0}^{1} \sigma_{n}(\nu)[\mathrm{A}]\left(1-q|\cos (\theta)| c_{n} P_{\mathrm{A}}(x \vec{u}+\vec{r})\right) d x\right] \tag{5.72}
\end{equation*}
$$

where $P_{\mathrm{A}}$ is the position dependent alkali polarization and $c_{1}=1\left(c_{2}=-1 / 2\right)$ for D1 (D2) transitions.

Far from the wall of the pumping chamber, the transmission function can be approximated by a step function that is nonzero only within a small region near $\vec{r}$ of radius $\left(\sigma_{n}[\mathrm{~A}]\left(1-q c_{n} \mid \cos (\theta)\right) \mid P_{\mathrm{A}}(\vec{r})\right)$. Making this approximation, we find:

$$
\begin{equation*}
d \Phi_{f}^{q, n}=\sum_{k} \frac{\Lambda_{k}^{q} p_{k}^{n}(\vec{r}) f_{q}(\theta) \sin (\theta)}{\tau_{\text {spon }}^{n}\left[1-q c_{n}|\cos (\theta)| P_{\mathrm{A}}(\vec{r})\right]\left[\int \sigma_{n}(\nu) d \nu\right]} d \theta \tag{5.73}
\end{equation*}
$$

Using this flux element, we can calculate the unpolarized \& polarized D1 optical pumping rates due to the reabsorption of fluorescence photons using:

$$
\begin{equation*}
P_{F} F=\int|\cos (\theta)| d\left[\Phi_{f}^{+1,1}-\Phi_{f}^{-1,1}\right] \int \sigma_{1} d \nu \quad F=\int d\left[\Phi_{f}^{+1,1}+\Phi_{f}^{0,1}+\Phi_{f}^{-1,1}\right] \int \sigma_{1} d \nu \tag{5.74}
\end{equation*}
$$

where $P_{F}$ is the polarization of the fluorescence photons. The D2 optical pumping rates can be calculated in a similar fashion. Assuming that $P_{p}=P_{d}=Q_{d}=R_{d}=0$, setting $\cos (\theta)=1$ in the denominator, and using Eqns. 5.19) \& (5.20), we find that
the unpolarized D1 and D2 optical pumping rates are given by:

$$
\begin{align*}
\frac{F}{R} & =f_{\mathrm{rad}} f_{p}\left(\frac{1}{3}\right)\left[\frac{1-P_{s}^{2} / 3}{1-P_{s}^{2}}\right]\left[1-\bar{P}_{\gamma} P_{s}+g_{m}^{\prime} \frac{R^{\prime}}{R}\left(1+\frac{\bar{P}_{\gamma}^{\prime} P_{s}}{2}\right)\right]  \tag{5.75}\\
\frac{F^{\prime}}{R} & =f_{\mathrm{rad}}^{\prime} f_{d}\left(\frac{25}{96}\right)\left[\frac{1-8 P_{s}^{2} / 75}{1-P_{s}^{2} / 4}\right]\left[1-\bar{P}_{\gamma} P_{s}+\frac{1}{g_{m}} \frac{R^{\prime}}{R}\left(1+\frac{\bar{P}_{\gamma}^{\prime} P_{s}}{2}\right)\right]
\end{align*}
$$

where the fraction of decays, $f_{\mathrm{rad}} \& f_{\mathrm{rad}}^{\prime}$, from the $P_{1 / 2} \& P_{3 / 2}$ excited states that are radiative are given by (ignoring stimulated emission):

$$
\begin{equation*}
f_{\text {rad }}=\frac{\tau_{p}^{0}}{\tau_{\text {spon }}}=\frac{1}{1+\tau_{\text {spon }} \Gamma_{q}} \quad f_{\text {rad }}^{\prime}=\frac{\tau_{d}^{0}}{\tau_{\text {spon }}^{\prime}}=\frac{1}{1+\tau_{\text {spon }}^{\prime} \Gamma_{q}^{\prime}} \tag{5.76}
\end{equation*}
$$

and the polarizations of the D1 \& D2 fluorescence photons are given by:

$$
\begin{equation*}
P_{F}=\frac{4}{15}\left[\frac{P_{s}}{1-P_{s}^{2} / 3}\right] \quad P_{F}^{\prime}=-\frac{64}{375}\left[\frac{P_{s}}{1-8 P_{s}^{2} / 75}\right] \tag{5.77}
\end{equation*}
$$

The sign of these polarizations reflect the fact that the alkali vapor is relatively more transparent to D1 (D2) photons that have the same (opposite) polarization as the alkali atoms. The numerical factors are mainly due to the integral over $\theta$ and, given the crudeness of our approximation for $T_{q}$, they should not be taken too literally. Finally, it is important to note that polarization of the fluoresence that is reabsorbed by the alkali atoms is very geometry dependant [15]. Our calculation assumed a spherical pumping chamber. On the other hand, the polarization of the fluoresence inside a long, thin cylindrical pumping chamber with its axis oriented parallel (perpendicular) to the holding field is expected to be larger (smaller) due to the angular factors given by Eqn. (5.71).

### 5.4.4 Excited State Hyperfine Coupling

## Introduction

Thus far, we've assumed that the alkali nuclear spin has no effect on the ground state electronic polarization. If the alkali nuclear spin did couple to something besides the alkali valence electron, then this coupling would provide a pathway for the alkali electron polarization to "leak out" of the atom. If this occurred while the atom was in the ground state, then this mechanism would only contribute to $\Gamma_{s}$. However, if a leak through the nuclear spin occurred while the atom was in an excited $P$ state, then the effective relaxation rate due to this mechanism would have to be proportional to the optical pumping rate $R$.

As discussed previously, the excited state orientation is very quickly lost in collisions with the buffer gas. In this case, the angular momentum stored by the nuclear spin can leak out through hyperfine interactions with the disoriented electron itself [47]. It is usually assumed $[1,11,48]$ that processes that occur during the optical pumping cycle are "sudden" with respect to the alkali nucleus. This implies that the angular momentum stored by the alkali nuclear spin is fully conserved throughout the optical pumping cycle. Bhaskar et al. [49] have considered the more general case when only a "fraction $\epsilon_{n}$ of the nuclear spin is conserved" during the optical pumping cycle. Following their reasoning, the time rate of change in the mean azimuthal angular momentum of the ground state, $\left\langle F_{z}\right\rangle=\left\langle I_{z}\right\rangle+\left\langle S_{z}\right\rangle$,
due only to depopulation \& repopulation pumping can be written as:

$$
\begin{align*}
\frac{d\left\langle F_{z}\right\rangle}{d t}= & -R\left\langle I_{z}\right\rangle+R\left(\frac{S_{z}}{2}\right)+R \operatorname{Tr}\left(\frac{\rho F_{z} \vec{s} \cdot \vec{\Theta}}{2}\right)-R\left\langle S_{z}\right\rangle  \tag{depopulation}\\
& +R\left\langle I_{z}\right\rangle \epsilon_{n}-R \operatorname{Tr}\left(\frac{\rho F_{z} \vec{s} \cdot \vec{\Theta}}{2}\right) \\
= & R\left(\frac{S_{z}}{2}-\left\langle S_{z}\right\rangle\right)+R\left\langle I_{z}\right\rangle\left(\epsilon_{n}-1\right)=R\left(\frac{S_{z}}{2}-\left\langle S_{z}\right\rangle\right)+R\left\langle\Delta I_{z}\right\rangle \tag{5.78}
\end{align*}
$$

where $\left\langle I_{z}\right\rangle \&\left\langle S_{z}\right\rangle$ are the mean azimuthal nuclear \& electronic spins, $s_{z}$ is $z$ component of the mean photon polarization vector $\overrightarrow{s,} \rho=\varphi+\vec{S} \cdot \vec{\Theta}$ is the density matrix for the ground state, $\vec{S}$ is the electron spin vector, and $\varphi \& \vec{\Theta}$ are the "purely nuclear operators" defined in [11]. Our goal is to estimate the change in the nuclear spin $\left\langle\Delta I_{z}\right\rangle$ due to the excited state hyperfine coupling.

## Probability of a Spin Flip

Once excited to the $P_{1 / 2}$ state, the alkali atom undergoes an average of $n=\tau \Gamma_{p}$ disorienting collisions before decaying to the ground state $\left(1 / \tau_{p}^{0}\right)$ or transfering collisionally to the $P_{3 / 2}$ excited state ( $\Gamma_{m}$ ), where $\tau=\tau_{p}^{0} /\left(1+\tau_{p}^{0} \Gamma_{m}\right)$ is the mean time the atom spends in the excited state. After a few collisions, the orientation comes to equilibrium and is nearly zero, see Tab. (5.1). Immediately after a disorienting collision, the state of the atomic angular momentum can be written as the uncoupled product $|\psi(0)\rangle=| \pm\rangle|m\rangle$, where $m( \pm)$ labels the nuclear spin (electron angular momentum) state. During the short time between collisions, the nucleus and electron start to recouple and, in the mixed hyperfine coupled basis labeled by
$\left|F_{ \pm}, m_{F}\right\rangle$, see Sec. (E.3.4), the atomic state evolves as:

$$
\begin{equation*}
|\psi(t)\rangle=\left(a_{1} b_{1}-a_{2} b_{2}\right)\left|F_{+}, m \pm 1 / 2\right\rangle e^{-i \omega_{+} t} \mp\left(a_{1} b_{2}+a_{2} b_{1}\right)\left|F_{-}, m \pm 1 / 2\right\rangle e^{-i \omega_{-} t} \tag{5.79}
\end{equation*}
$$

where $b_{1} \& b_{2}$ are the Clebsch-Gordon coefficients given by Eqns. (E.215) \& (E.216), $a_{1} \& a_{2}$ are magnetic field dependant hyperfine mixing coefficients given by Eqns. (E.212) \& (E.213), and $\omega_{ \pm}=E_{ \pm} / \hbar$ are the hyperfine precession frequecies correponding to the energies $E_{ \pm}$given by Eqn. E.197). At low fields, the probability of a spin flip at some time $t$ since the last collision is given by:

$$
\begin{equation*}
P_{\text {flip }}^{ \pm}(t)=|\langle\mp, m \pm 1 \mid \psi(t)\rangle|^{2}=\frac{2\left(I(I+1)-m^{2}\right) \mp 2 m}{[I]^{2}}[1 \mp v x+\cdots]\left[1-\cos \left(\omega_{\mathrm{hfs}}(x) t\right)\right] \tag{5.80}
\end{equation*}
$$

where $I$ is the nuclear spin, $J=1 / 2$ is the total angular momentum of the electron in the $P_{1 / 2}$ excited state, $x=B_{0} / B_{\mathrm{hfs}}$ is the Breit-Rabi parameter, $B_{0}$ is the magnitude of the holding field, $B_{\mathrm{hfs}}$ is the field at which the strength of Zeeman interaction equals the strength of the hyperfine coupling, see Sec. (E.3.3 and Tab. A.6, $v=$ $2(m \pm 1 / 2) /[I],[I]=2 I+1$, and $\omega_{\mathrm{hfs}}(x)$ is the hyperfine splitting between the $F_{+} \&$ $F_{+}-1$ hyperfine levels given by:

$$
\begin{equation*}
\omega_{\mathrm{hfs}}(x)=2 \pi F\left[A+\frac{3 B}{4 I J}\right](1+v x+\cdots) \tag{5.81}
\end{equation*}
$$

where $A \& B$ are the hyperfine structure constants for the excited state, see Tab. (A.6). For sufficiently small magnetic fields, the hyperfine mixing is small, $F_{ \pm}$ nearly equals $I \pm J$, and $a_{1}\left(a_{2}\right)$ is nearly unity (zero) with a small quadratic (linear) field dependant term. Under our conditions, $B_{0} \leq 30 \mathrm{G}$ and, for the $P_{1 / 2}$ excited state of ${ }^{85} \mathrm{Rb}\left({ }^{87} \mathrm{Rb}\right), B_{\mathrm{hfs}}=388(870) \mathrm{G}$ which gives $x \leq 0.08$. For our purposes, this
is sufficiently small and we'll drop all the field $(x)$ dependant terms.
This probability of a spin flip $P_{\text {flip }}^{ \pm}(t)$ must be averaged (1) over all the possible time intervals between disorienting collisions and (2) over each nuclear state. Assuming $P_{p}$ is at equilibrium and ignoring the time dependance of the relative populations of the nuclear states, the time averaging (with the stipuation that the quenching/transfer collision occurs after the disorienting collision) is given by:

$$
\begin{equation*}
\bar{\alpha}^{2} \equiv \int_{0}^{\infty}\left\{\int_{0}^{t^{\prime}}\left[1-\cos \left(\omega_{\mathrm{hfs}}(0) t\right)\right] e^{-t \Gamma_{p}} \frac{d t}{1 / \Gamma_{p}}\right\} e^{-\frac{t^{\prime}}{\tau}} \frac{d t^{\prime}}{\tau}=\frac{\alpha^{2}}{\left(1+n^{-1}\right)\left[\left(1+n^{-1}\right)^{2}+\alpha^{2}\right]}(5 \tag{5.82}
\end{equation*}
$$

where $\alpha=\omega_{\mathrm{hfs}}(0) / \Gamma_{p}$. Under our conditions, $n \gg 1 \& \alpha \ll 1$, which implies that $\bar{\alpha} \approx \alpha$ and allows us to safely ignore the short amount of time $\left(\approx 1 / \Gamma_{p}\right)$ that it takes for the electron orientation to come to equilibrium. The probability that the atom exits the excited state before undergoing even a single disorienting collision is suppresed by a factor of $1 / n^{2}$.

Since we've ignored the small Zeeman splitting of the hyperfine energy levels, $\omega_{\mathrm{hfs}}$ is independant of $m$ and the average over the electron \& nuclear states is given by:

$$
\begin{equation*}
\sum_{m}\left(\frac{1 \pm P_{p}}{2}\right) \rho_{m m}\left(\frac{2\left(I(I+1)-m^{2}\right) \mp 2 m}{[I]^{2}}\right)=\left(\frac{1 \pm P_{p}}{2}\right) \frac{\epsilon\left(I, P_{s}\right)\left(1 \mp P_{s}\right)}{[I]^{2}} \tag{5.83}
\end{equation*}
$$

where $P_{s}=2\left\langle S_{z}\right\rangle\left(P_{p}\right)$ is the ground state polarization (excited state orientation), $\rho_{m m}$ is the diagonal element of the density matrix corresponding to the relative population of the nuclear state labelled by $m$, and the paramagnetic coefficient $\epsilon(I, P)$ is defined by [11]:

$$
\begin{equation*}
\epsilon(I, P)=2\left\langle\vec{I}^{2}-I_{z}^{2}\right\rangle=2\left\langle I(I+1)-m^{2}\right\rangle=\frac{\left\langle I_{z}\right\rangle}{\left\langle S_{z}\right\rangle}=\frac{\langle m\rangle}{\left\langle S_{z}\right\rangle} \tag{5.84}
\end{equation*}
$$

Putting this altogether, the approximate mean time-averaged probability $P_{1}^{ \pm}$for a single $\pm$ flip is given by:

$$
\begin{equation*}
P_{1}^{ \pm}=\left\langle\left\langle P_{\text {fip }}^{ \pm}(t)\right\rangle_{t}\right\rangle_{m}=\left[\frac{\left(1-P_{p} P_{s}\right) \pm\left(P_{p}-P_{s}\right)}{2}\right]\left[\frac{\epsilon\left(I, P_{s}\right)}{[I]^{2}}\right] \bar{\alpha}^{2} \tag{5.85}
\end{equation*}
$$

## Effective Relaxation Rate

We'll assume that the probability of $k$ spin flips out of $n$ collisions can be simply described by a binomial distribution. In that case, the average change in the nuclear spin is given by:

$$
\begin{equation*}
\left\langle\Delta I_{z}\right\rangle=n\left(P_{1}^{+}-P_{1}^{-}\right)=\left(P_{p}-P_{s}\right) n \bar{\alpha}^{2}\left[\frac{\epsilon\left(I, P_{s}\right)}{[I]^{2}}\right]=\left(P_{p}-P_{s}\right) P_{n} \tag{5.86}
\end{equation*}
$$

where $P_{n}=n P_{1}$ and $P_{1}$ is the "unpolarized" probability of a single spin flip. From the perspective of the ground state, the excited state hyperfine coupling appears as a spin relaxation mechanism that pushes the ground state polarization towards $P_{p}$. The effective relaxation rate due to the hyperfine coupling in the excited state, after averaging over the different isotopes of Rb labelled by $i$, is given by:

$$
\begin{equation*}
\frac{\Gamma_{\mathrm{hfs}}}{R}=\sum_{i}\left(\eta_{i} \eta_{p}^{\prime}\right) P_{n}^{i}=\sum_{i}\left(\eta_{i} \eta_{p}^{\prime}\right)\left[\frac{\left(\omega_{\mathrm{hfs}}^{i}(0)\right)^{2} \tau}{\Gamma_{p}}\right]\left(\frac{\bar{\alpha}_{i}^{2}}{\alpha_{i}^{2}}\right)\left[\frac{\epsilon\left(I_{i}, P_{s}\right)}{\left[I_{i}\right]^{2}}\right] \tag{5.87}
\end{equation*}
$$

where $\eta_{i}$ is the fractional abundance of the isotope, $\eta_{p}^{\prime}=p /(p+d)$ is the relative population of the $P_{1 / 2}$ excited state, $1 / \tau$ is the sum of total excited state decay rate \& the collisional transfer rate, $\Gamma_{p}$ is the orientation destruction rate, and, under our conditions $(n \gg 1), \bar{\alpha} / \alpha \approx 1$. This calculation is in agreement with the results of Bhaskar et al. [49] for ${ }^{133} \mathrm{Cs}$ when (1) alkali-alkali spin exchange is the fastest process (i.e. the mean time $T$ between alkali-alkali spin exchange collisions ap-
proaches zero, $T \rightarrow 0$ ), (2) the ground state alkali polarization is very low $P_{s} \rightarrow 0$ (i.e. $\epsilon\left(I, P_{s} \rightarrow 0\right) \rightarrow 4 I(I+1) / 3$ ), and (3) the excited state electron is completely disoriented $\left(P_{p}=0\right)$. Tab. (5.2) lists the parameters used to calculate the effective relaxation rate.

A similar calculation for the hyperfine coupling in the $P_{3 / 2}$ excited state is more involved since there are more than two hyperfine manifolds. (There are $2 J+1$ manifolds when $I \geq J$.) For our purposes (i.e. order of magnitude), we may safely ignore this complication and simply treat the $P_{3 / 2}$ level as if it had $J=1 / 2$. In that case, the formulas are unchanged provided we substitute the $P_{3 / 2}$ rates, population, \& hyperfine constants in the place of the $P_{1 / 2}$ ones in the appropriate places.

### 5.4.5 On- \& Off-Resonant Absorption Rates

The unpolarized absorption/stimulated emission rates $R \& R^{\prime}$ for the D1 \& D2 transitions are given by:

$$
\begin{equation*}
R^{\{\prime\}}=R_{+}^{\{\prime\}}+R_{-}^{\left\{\prime^{\prime}\right\}}=\int_{0}^{\infty}\left[\Phi_{\mathcal{R}}(\nu)+\Phi_{L}(\nu)\right] \sigma_{1\{2\}}(\nu) d \nu=\int_{0}^{\infty} \Phi \sigma_{1\{2\}} d \nu \tag{5.88}
\end{equation*}
$$

where $\sigma_{1\{2\}}$ is the unpolarized absorption cross sections for the D 1 (D2) transition. The polarized absorption/stimulated emission rates $\bar{P}_{\gamma} R \& \bar{P}_{\gamma}^{\prime} R^{\prime}$ for the D1 \& D2 transitions are given by:

$$
\begin{equation*}
\bar{P}_{\gamma}^{\{\prime\}} R^{\{\prime\}}=R_{+}^{\left\{^{\prime \prime}\right\}}-R_{-}^{\{\prime\}}=\int_{0}^{\infty}\left[\Phi_{\mathbb{R}}(\nu)-\Phi_{L}(\nu)\right] \sigma_{1\{2\}}(\nu) d \nu \tag{5.89}
\end{equation*}
$$

The unpolarized absorption cross section for the $\mathrm{D} n$ transition is given as

$$
\begin{equation*}
\sigma_{n}(\nu)=\pi r_{e} c f_{n} L_{n}(\nu) \tag{5.90}
\end{equation*}
$$

| excited state <br> isotope | $P_{1 / 2}$ <br> ${ }^{85} \mathrm{Rb}$ | $P_{1 / 2}$ <br> ${ }^{87} \mathrm{Rb}$ | $P_{3 / 2}$ <br> ${ }^{85} \mathrm{Rb}$ | $P_{3 / 2}$ <br> ${ }^{87} \mathrm{Rb}$ | units |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $I$ | 2.50 | 1.50 | 2.50 | 1.50 |  |
| $J$ | 0.50 | 0.50 | 1.50 | 1.50 |  |
| $F$ | 3 | 2 | 4 | 3 |  |
| $A_{\mathrm{hfs}}$ | 121 | 406 | 25.0 | 84.7 | MHz |
| $B_{\mathrm{hfs}}$ | 0 | 0 | 26.0 | 12.5 | MHz |
| $\omega_{\mathrm{hfs}}(F \leftrightarrow F-1)$ | 2.27 | 5.10 | 0.760 | 1.68 | GHz |
| $\tau$ | 0.394 | 0.394 | 0.413 | 0.413 | ns |
| $\Gamma_{p}$ | 104 | 104 | 472 | 472 | GHz |
| $n$ | 40.9 | 40.9 | 195 | 195 |  |
| $\alpha$ | $2.19 \mathrm{E}-02$ | $4.92 \mathrm{E}-02$ | $1.61 \mathrm{E}-03$ | $3.55 \mathrm{E}-03$ |  |
| $\epsilon\left(I_{i}, 1\right)$ | 5 | 3 | 5 | 3 |  |
| $[I]$ | 6 | 4 | 6 | 4 |  |
| $P_{1}$ | $6.20 \mathrm{E}-05$ | $4.21 \mathrm{E}-04$ | $3.55 \mathrm{E}-07$ | $2.33 \mathrm{E}-06$ |  |
| $P_{n}$ | $2.53 \mathrm{E}-03$ | $1.72 \mathrm{E}-02$ | $6.91 \mathrm{E}-05$ | $4.53 \mathrm{E}-04$ |  |
| $\eta_{i}$ | 0.7217 | 0.2783 | 0.7217 | 0.2783 |  |
| $\eta_{p}^{\prime}$ | 0.412 | 0.412 | 0.588 | 0.588 |  |
| $\Gamma_{\mathrm{hfs}}^{i} / R$ | $7.53 \mathrm{E}-04$ | $1.97 \mathrm{E}-03$ | $2.93 \mathrm{E}-05$ | $7.42 \mathrm{E}-05$ |  |

Table 5.2: Parameters for Estimating the Excited State Hyperfine Coupling. Hyperfine structure constants $A \& B$ are from Tab. A.6. Parameters $\tau$ and $\Gamma_{p}$ were calculated from Tab. (5.1). We'll note that these values are quite sensitive to the relative populations of the excited $P$ states and the mixing rates between them. Because of the relatively large uncertainties in the off resonant absorption rate and the fine structure mixing cross sections \& their temperature dependance, these values may easily be too large or too small by an order of magnitude. Details of how these rates were determined are described in Sec. (D.4.3).
where $r_{e}$ is the classical electron radius, $c$ is the speed of light in a vacuum, $f_{n}$ is the oscillator strength, and $L_{n}(\nu)$ is the unit normalized absorption lineshape. Because of the relatively high ${ }^{3} \mathrm{He}$ pressure in the cells, the pressure broadened linewidth $(120 \mathrm{GHz})$ is much larger than both the Doppler linewidth ( 1 GHz ) the hyperfine splitting ( 3 GHz ). In this pressure broadened regime, the alkali lineshape is given by a modified Lorentzian profile:

$$
\begin{equation*}
L_{n}(\nu)=\frac{\Gamma_{n} g(x) /(2 \pi)}{\Delta_{n}^{2}+\Gamma_{n}^{2} / 4} \quad x \equiv 2 \pi \Delta_{n} T_{d} \tag{5.91}
\end{equation*}
$$

where $\Delta_{n}=\nu-\nu_{n}$ is the detuning, $\nu_{n}$ the pressure shifted transition frequency, $\Gamma_{n}$ is the unperturbed full width at half maximum pressure broadening linewidth, $T_{d}$ is the effective duration of alkali-buffer gas collisions, and $x$ is the relative detuning. The pressure shifts, pressure widths, and oscillator strengths for the D1 \& D2 transitions of the alkali atoms are listed in Tab. (5.5).

The exact form of $g(x)$ depends on critically on the interatomic potential between the alkali atom and the perturber atom. For a van der Waals potential, Walkup et al. calculated $g(x)$ in three regimes [50]:

$$
g(x) \approx\left\{\begin{array}{cc}
(\pi / 6 / 0.3380) \sqrt{|x|} & x<-2.4  \tag{5.92}\\
1-(0.2245 / 0.3380) x & -1.5<x<0.5 \\
(0.8464 / 0.3380) \sqrt{x} \exp \left[-2.1341 x^{\frac{5}{9}}\right] & x>2.4
\end{array}\right\}
$$

where $x \approx 0$ is near resonance, $x \ll 0$ is referred to the as the classically allowed or "quasistatic" wing, $x \gg 0$ is referred to as the classically forbidden wing. Near resonance, the lineshape is modified to include a small asymmetry term. When $T_{d}$ is nonzero, the off resonant lineshape is, relative to the a pure Lorentzian lineshape,
much larger on the quasistatic wing and much smaller on the classically forbidden wing.

Combining the incident photon flux with the Rb D1 absorption cross section, assuming $T_{d}=0$, gives the unpolarized absorption rate at the front of the cell:

$$
\begin{equation*}
R(0, r)=P_{0} \sigma_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right)\left[\frac{2}{h \nu_{\gamma} \pi w^{2}}\right] \exp \left(-\frac{2 r^{2}}{w^{2}}\right)\left[\frac{V\left(\Delta_{1}^{\mathrm{Rb}}, \frac{\mathrm{FwHM}}{2 \sqrt{2 \log (2)}}, \frac{\Gamma_{1}^{\mathrm{Rb}}}{2}\right.}{L_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right)}\right] \tag{5.93}
\end{equation*}
$$

where $\nu_{\gamma}$ is the peak frequency of the laser spectrum, $\Delta_{1}^{\mathrm{Rb}}=\nu_{\gamma}-\nu_{1}^{\mathrm{Rb}}$ is the detuning from the pressure shifted $\operatorname{Rb} \mathrm{D} 1$ transition frequency $\nu_{1}^{\mathrm{Rb}}$, and $V(\Delta, \sigma, \gamma)$ is the Voigt profile $[46,51]$ defined by:

$$
\begin{equation*}
V(\Delta, \sigma, \gamma)=\int_{-\infty}^{\infty} G\left(\Delta^{\prime}, \sigma\right) L\left(\Delta-\Delta^{\prime}, \gamma\right) d \Delta^{\prime} \tag{5.94}
\end{equation*}
$$

where $G$ is a Gaussian with a full width half maximum of $2 \sigma \sqrt{2 \log (2)}$ and $L$ is Lorentzian with a full width half maximum of $2 \gamma$. The quantity $f_{\gamma}=V / L_{1}^{\mathrm{A}}$ can be thought of as the fraction of the total power that is participates in the absorption and it is sensitive to the ratio of the laser linewidth to the absorption linewidth FWHM / $\Gamma_{n}^{\mathrm{A}}$, see Fig. 5.1.

In the broadband limit, $\mathrm{FWHM} / \Gamma_{n}^{\mathrm{A}} \rightarrow \infty$, the absorption cross section looks like a $\delta$-function $L_{1}^{\mathrm{Rb}} \rightarrow \delta\left(\nu-\nu_{1}^{\mathrm{Rb}}\right), V \rightarrow G\left(\nu_{1}^{\mathrm{Rb}}\right)$, and the absorption rate at the center of the beam $(r=0)$ is given by:

$$
\begin{equation*}
R(0,0)=115 \mathrm{kHz}\left[\frac{P}{75 \mathrm{~W}}\right]\left[\frac{23 \mathrm{~cm}^{2}}{\pi w^{2} / 2}\right]\left[\frac{2 \mathrm{~nm}}{\mathrm{FWHM}}\right]\left[3 f_{1}^{\mathrm{Rb}}\right] \exp \left[-\frac{4 \log (2)\left(\Delta_{1}^{\mathrm{Rb}}\right)^{2}}{\mathrm{FWHM}^{2}}\right] \tag{5.95}
\end{equation*}
$$

In the narrowband limit, $\mathrm{FWHM} / \Gamma_{n}^{\mathrm{A}} \rightarrow 0$, the laser spectrum looks like a $\delta$-function



Figure 5.1: Effective Fraction of "Useful" Photons. The black vertical dashed line shows the fraction $f_{\gamma}=0.17$ (0.77) for a typical broadband (narrowband) laser with FWHM $=2(0.2) \mathrm{nm}$. The dashed red curve in the right plot is the fraction in the broadband limit.
$G(\nu) \rightarrow \delta\left(\nu-\nu_{\gamma}\right), V / L_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right) \rightarrow 1$, the absorption rate at the center of the beam is given by (assuming $T_{d}=0$ ):

$$
\begin{equation*}
R(0,0)=612 \mathrm{kHz}\left[\frac{P}{75 \mathrm{~W}}\right]\left[\frac{23 \mathrm{~cm}^{2}}{\pi w^{2} / 2}\right]\left[\frac{120 \mathrm{GHz}}{\Gamma_{1}^{\mathrm{Rb}}}\right]\left[\frac{3 f_{1}^{\mathrm{Rb}}}{1+4\left(\Delta_{1}^{\mathrm{Rb}}\right)^{2} /\left(\Gamma_{1}^{\mathrm{Rb}}\right)^{2}}\right] \tag{5.96}
\end{equation*}
$$

The Rb D2 $\left(\Delta_{2}^{\mathrm{Rb}}=-7 \mathrm{THz}\right)$, K D1 $\left(\Delta_{1}^{\mathrm{K}}=-12 \mathrm{THz}\right)$, and K D2 $\left(\Delta_{2}^{\mathrm{K}}=-14 \mathrm{THz}\right)$ transitions are far enough away from the Rb D 1 transition that the laser spectrum looks like a $\delta$-function relative to the tail of the absorption line, where we have ignored the tail of the emission spectrum. In this limit, $V / L_{n}^{\mathrm{A}} \rightarrow 1$ (since each photon is roughly the same detuning from the other transition frequencies) and, assuming a pure Lorentzian lineshape (i.e. $T_{d}=0 \rightarrow g(x)=1$ ), the central incident off resonant absorption rate is given by:

$$
\begin{equation*}
\mathrm{A}_{n}^{0}(0,0)=51.3 \mathrm{~Hz}\left[\frac{P}{75 \mathrm{~W}}\right]\left[\frac{23 \mathrm{~cm}^{2}}{\pi w^{2} / 2}\right]\left[\frac{\Gamma_{n}^{\mathrm{A}}}{140 \mathrm{GHz}}\right]\left[\frac{10 \mathrm{THz}}{\Delta_{n}^{\mathrm{A}}}\right]^{2}\left[\frac{3 f_{n}^{\mathrm{A}}}{2}\right] \tag{5.97}
\end{equation*}
$$

For an attractive potential, $T_{d}>0$, the Rb D 1 transition is on the quasistatic wing
of the other three transitions and the off resonant absorption rate can be written as:

$$
\begin{equation*}
\mathrm{A}_{n}^{\mathrm{qs}}(0,0) \approx 3.88 \times \mathrm{A}_{n}^{0}(0,0) \sqrt{\left|\left(\frac{\Delta_{n}^{\mathrm{A}}}{10 \mathrm{THz}}\right) \frac{T_{d}^{n}}{0.1 \mathrm{ps}}\right|} \tag{5.98}
\end{equation*}
$$

For a repulsive potential, $T_{d}<0$, the Rb D 1 transition is on the classically forbidden wing of the other three transitions and the off resonant absorption rate can be written as:

$$
\begin{equation*}
\mathrm{A}_{n}^{\mathrm{cf}}(0,0) \approx 0.0168 \times \mathrm{A}_{n}^{0}(0,0) \sqrt{\left(\frac{\Delta}{10 \mathrm{THz}}\right) \frac{T_{d}^{n}}{0.1 \mathrm{ps}}} \exp \left[-5.92\left\{\left(\Delta T_{d}^{n}\right)^{5 / 9}-1\right\}\right] \tag{5.99}
\end{equation*}
$$

The off resonant absorption rate is extremely sensitive to the sign and magnitude of $T_{d}$. For example, Romalis et al. [52] have measured $T_{d}$ (near resonance) of order -0.1 ps for $\mathrm{Rb}-\mathrm{He}$ collisions, +1.0 ps for $\mathrm{Rb}-\mathrm{N}_{2}$ collisions, and +3.5 ps for $\mathrm{Rb}-{ }^{129} \mathrm{Xe}$ collisions. This gives $2 \mathrm{~Hz}, 1 \mathrm{kHz}$, and 2 kHz , respectively, for the off resonant absorption rate for the Rb D 2 transition. The ratio of off-resonant to on-resonant absorption rates for different values of $T_{d}$ are depicted in Fig. (5.2).

Using the framework of Walkup allows us to quantitatively describe the effect on the absorption spectrum due to van der Waals interactions between excited Rb atoms and He atoms using a single parameter $T_{d}$. The measured value for $T_{d}$ near resonance in Rb-He systems is too small and has the "wrong" sign to fully account for the alkali $X$-factor. On the other hand, Walkup's framework predicts a temperature scaling for pressure broadening \& shift and certain relationships between the pressure broadening \& shift that is not consistent with the measurements of Romalis et al. In other words, the value for $T_{d}$ measured near resonance may not be the appropriate value for calculating off resonance effects.

Alternatively, Hirano et al [53] have calculated ab initio the potential curves and
excitation spectrum for $\mathrm{Rb}-\mathrm{He}$ "exciplex" molecules. These molecules are formed from a single excited Rb atom and $n \mathrm{He}$ atoms. For $n=1$, they found that the peak wavelengths that corresponded to the energy difference between the lowest three vibrational states of the $\Pi_{3 / 2}$ level and the $\Sigma_{1 / 2}$ level are $830 \mathrm{~nm}, 805 \mathrm{~nm}$, and 790 nm . Each peak has a FWHM of about 15 nm each. Their results compare favorably to their spectral measurements made at temperatures below 100 K and a He density of 3.4 amg . Based on both their calculation and experimental results, this seems to indicate that the formation of RbHe molecules would increase the off resonant absorption cross section for the D2 transition at frequencies lower (wavelengths higher) than the unperturbed D2 frequency. Recently, Sell et al [54] have found that the cross section for Rb fine structure mixing due to collisions with He gas is quadratic in He density. This was not observed before [34] because the He density at which the three body rate equals the binary rate is very high (roughly 3.4 amg). The existence of a three body rate could be indicative of the formation of a short lived RbHe molecule facilitated by a collision with another He atom. This interpretation provides additional evidence for the formation of RbHe molecules. If so, they would negatively affect the optical pumping process by generating "satellite" absorption lines with locations \& widths that contaminate the D1 atomic line.

### 5.4.6 Maximum Alkali Polarization

Including imperfections to optical pumping, the Rb polarization can written as:

$$
\begin{equation*}
P_{\mathrm{Rb}}=\frac{2 \Lambda \bar{P}_{\gamma} R \cos (\theta)\left(1-X_{\mathrm{A}}^{\prime}\right)}{2 \Lambda R\left(1+X_{\mathrm{A}}\right)+\Gamma_{\mathrm{A}}} \tag{5.100}
\end{equation*}
$$



Figure 5.2: Sensitivity of the Off Resonant Absorption Rate to the $T_{d}$ Parameter. The red (blue) lines are evaluated in the broadband (narrowband) limit. These curves were calculated assuming $T_{\mathrm{pc}}=235^{\circ} \mathrm{C},\left[{ }^{3} \mathrm{He}\right]_{\mathrm{pc}}=6.5 \mathrm{amg}$, and $\left[\mathrm{N}_{2}\right] /\left[{ }^{3} \mathrm{He}\right]=0.01$. The shifts, widths, and oscillator strengths of each transition are listed in Tab. (5.5).
where $\Gamma_{\mathrm{A}}$ is the total Rb relaxation rate that independent of the light and $X_{\mathrm{A}}$ \& $X_{\mathrm{A}}^{\prime}$ due to imperfections in the optical pumping or alternatively light-dependent alkali relaxation mechanisms. Mechanisms of such type have been observed by the Wisconsin \& NIST groups $[7,55,56]$. Assuming the imperfections are small and $\eta_{\mathrm{K}}=1$, we can write the alkali $X$-factors to lowest order as:

$$
\begin{align*}
& X_{\mathrm{A}}^{\prime} \approx \frac{p}{s}+\frac{R^{\prime}}{2 R}-\frac{D K}{R}+\frac{D K^{\prime}}{2 R}-\frac{P_{F} F}{\overline{\bar{P}}_{\gamma} R}+\frac{P_{F}^{\prime} F^{\prime}}{2 \bar{P}_{\gamma} R}+\left[1-\frac{P_{p}}{\bar{P}_{\gamma}}\right] \frac{\Gamma_{\mathrm{hfs}}}{R}+\left[1-\frac{P_{d}}{\bar{P}_{\gamma}}\right] \frac{\Gamma_{\mathrm{hfs}}^{\prime}}{R} \\
& X_{\mathrm{A}} \approx \frac{R^{\prime}}{R}+\frac{D K}{R}+\frac{D K^{\prime}}{R}+\frac{F}{R}+\frac{F^{\prime}}{R} \tag{5.101}
\end{align*}
$$

Assuming the optical pumping rate is very high $R_{1} \gg \Gamma_{\mathrm{A}}$ and $\bar{P}_{\gamma} \approx \bar{P}_{\gamma}^{\prime}$, the alkali polarization, to lowest order, can be written as:

$$
\begin{array}{r}
P_{\mathrm{Rb}} \approx \bar{P}_{\gamma} \cos (\theta)\left[1-\frac{p}{s}-\frac{3 R^{\prime}}{2 R}-\frac{3 D K^{\prime}}{2 R}-\left(1-\frac{P_{F}}{\bar{P}_{\gamma}}\right) \frac{F}{R}-\left(1+\frac{P_{F}^{\prime}}{2 \bar{P}_{\gamma}}\right) \frac{F^{\prime}}{R}\right. \\
 \tag{5.102}\\
\left.-\left(1-\frac{P_{p}}{\bar{P}_{\gamma}}\right) \frac{\Gamma_{\mathrm{hfs}}}{R}-\left(1-\frac{P_{d}}{\bar{P}_{\gamma}}\right) \frac{\Gamma_{\mathrm{hfs}}^{\prime}}{R}-\frac{\Gamma_{\mathrm{A}}}{2 \Lambda R}\right]
\end{array}
$$

In the very high laser power limit, where $\Gamma_{\mathrm{A}} / R \rightarrow 0$ but $[\mathrm{Rb}] \gg K_{0} / A_{\text {se }}$, this can
rewritten using Eqn. 5.64 as:

$$
\begin{equation*}
\frac{P_{\mathrm{Rb}}}{\bar{P}_{\gamma}} \rightarrow \cos (\theta) P_{\infty} \approx 1-\{1-\cos (\theta)\}-\left[X_{\mathrm{A}}+X_{\mathrm{A}}^{\prime}\right]=1-\left[\sum_{k}\left(1-\frac{P_{x}^{k}}{\bar{P}_{\gamma}}\right) \frac{\Gamma_{x}^{k}}{R}\right] \tag{5.103}
\end{equation*}
$$

where $P_{\infty}$ is the limiting alkali polarization. If one removes the contribution of skew pumping and off-resonant K absorption, then $P_{\infty}$ reduces to the same quantity defined in [7].

The effect of stimulated emission can be estimated using Eqn. (5.19). Skew pumping effects can be estimated using $\theta \approx \theta_{0}+\psi$, where $\theta_{0}$ is the central pointing of the beam and $\psi$ is the divergence of the beam. The off resonant absorption rates can be estimated using the results of the previous section assuming $T_{d}=0$. The effect of different values for $D \& T_{d}$ is depicted in Fig. (5.3). The parameters used for estimating the effects of radiation trapping \& excited state hyperfine coupling are listed in Tabs. (5.1) \& (5.2). A list of estimates for each alkali X-factor is listed in Tab. (5.3). The two largest factors are the hyperfine coupling in the $P_{1 / 2}$ excited state and radiation trapping of D1 fluorescence photons. Both of these factors do not depend on the spectral linewidth of the laser. Although these estimates relatively crude in some cases, it does provide a guide to the most important limiting factors and their scaling behavior under typical conditions in polarized ${ }^{3} \mathrm{He}$ target cells. Because of the relatively large hyperfine interaction in the $P_{1 / 2}$ excited state, the effective relaxation rate due to excited state hyperfine coupling is about $2 \%$ of the unpolarized optical pumping rate. This suprisingly large rate lowers the highest achievable alkali polarization to 0.97 , which is consistent, within $\pm 0.05$ absolute uncertainties, with published results for various measurements of the absolute alkali polarization (e.g. $>0.95$ in [55], $>0.97$ in [2], $>0.98$ in [7], $>0.97$ in [57]).


Figure 5.3: Sensitivity of the Maximum Alkali Polarization to the $D$ and $T_{d}$. Only the contributions due to off-resonant absorption were included in the calculation of $P_{\mathrm{A}}$. These curves were calculated assuming $T_{\mathrm{pc}}=235^{\circ} \mathrm{C},\left[{ }^{3} \mathrm{He}\right]_{\mathrm{pc}}=6.5 \mathrm{amg}$, and $\left[\mathrm{N}_{2}\right] /\left[{ }^{3} \mathrm{He}\right]=0.01$. The outer (inner) vertical dashed lines depict the FWHM of a typical broadband (narrowband) laser. The true alkali polarization is found by averaging $P_{\mathrm{A}}$ over the laser spectral profile. A narrowband laser has a much smaller sensitivity to imperfections due to off-resonant absorption.

### 5.4.7 Photon Cost

If we are only directly pumping the Rb D 1 transition, then it is convenient to rewrite Eqn. (??) as:

$$
\begin{equation*}
\frac{d \Phi(\nu)}{d z}=-\Phi(\nu) \sigma_{1}^{\mathrm{Rb}}(\nu)[\mathrm{Rb}]\left[1+X_{\gamma}(\nu)-P_{\gamma}(\nu) P_{\mathrm{Rb}} \cos (\theta)\left\{1-X_{\gamma}^{\prime}(\nu)\right\}\right] \tag{5.104}
\end{equation*}
$$

where $X_{\gamma}(\nu) \& X_{\gamma}^{\prime}(\nu)$ are, in general, additional light absorption mechanisms that spoil the transparency of the alkali vapor when $P_{\gamma} P_{\mathrm{Rb}} \cos (\theta)=1$. Nonzero values of these "photon X-factors" could potentially limit the volume averaged alkali polarization by preventing the light from penetrating to the back end of the cell.

Integrating over $\nu$, assuming that $R \gg \Gamma_{\mathrm{A}}$ throughout the pumping chamber \&

| source | $P_{x}$ | $100\left(\Gamma_{x} / R\right)$ | $100\left(X_{\mathrm{A}}+X_{\mathrm{A}}^{\prime}\right)$ | scaling |
| :---: | :---: | :---: | :---: | :---: |
| $P_{1 / 2}$ HFS | +0.01 | 2.008 | 1.987 | $\left[\mathrm{~N}_{2}\right]^{-1}\left[{ }^{3} \mathrm{He}\right]^{-1}$ |
| D1 rad. trap. | +0.40 | 0.907 | 0.544 | $\left[\mathrm{~N}_{2}\right]^{-1}$ |
| K D2 abs. | -0.50 | 0.144 | $0.217\{0.043\}$ | $D\left[{ }^{3} \mathrm{He}\right]^{1\{2\}} \Delta^{-2}$ |
| skew pump. | +0.00 | 0.137 | 0.137 | $\theta^{2}$ |
| Rb D2 abs. | -0.50 | 0.080 | $0.120\{0.024\}$ | $\left[{ }^{3} \mathrm{He}\right]^{1\{2\}} \Delta^{-2}$ |
| $P_{3 / 2}$ HFS | +0.00 | 0.012 | 0.012 | $\left[\mathrm{~N}_{2}\right]^{-1}\left[{ }^{3} \mathrm{He}\right]^{-1}$ |
| stim. emis. | +0.00 | 0.011 | $0.011\{0.057\}$ | $I_{0}\left(\mathrm{FWHM}\left\{\left[{ }^{3} \mathrm{He}\right]\right\}\right)^{-1}\left[\mathrm{~N}_{2}\right]^{-1}$ |
| D2 rad. trap. | -0.19 | 0.003 | 0.003 | $\left[\mathrm{~N}_{2}\right]^{-1}$ |
| total |  |  | $\mathbf{3 . 0 3}\{\mathbf{2 . 8 1 \}}$ |  |
| $P_{\infty}$ |  |  | $\mathbf{0 . 9 7 3}\{\mathbf{0 . 9 7 4 \}}$ |  |
| $P_{\mathrm{Rb}}$ |  |  | $\mathbf{0 . 9 7 0}\{\mathbf{0 . 9 7 2 \}}$ |  |

Table 5.3: Estimates for Alkali X-Factors. These values were calculated assuming $D=[\mathrm{K}] /[\mathrm{Rb}]=6, T_{\mathrm{pc}}=235^{\circ} \mathrm{C},\left[{ }^{3} \mathrm{He}\right]_{\mathrm{pc}}=6.5 \mathrm{amg},\left[\mathrm{N}_{2}\right] /\left[{ }^{3} \mathrm{He}\right]=0.01, T_{d}=0$, $I_{0}=75 \mathrm{~W} / 23 \mathrm{~cm}^{2}$, and $\theta=3^{\circ}$. The values without (with) the curly brackets $\{\cdots\}$ were calculated in the broadband (narrowband) laser spectrum limit with FWHM $=2(0.2) \mathrm{nm}$. The detuning from the Rb D1 transition frequency is denoted by $\Delta$. The maximum alkali polarization estimated from this table is signifcantly larger than the value of 0.91 from [7] for traditional SEOP with broadband lasers. It should be noted, however, that off resonant pumping makes a larger contribution as the light penetrates deeper into the cell (where the on resonant optical pumping rate is smaller). This implies that the average $X_{A}$ due to off resonant pumping can be very sensitive to the cell geometry, alkali number density, and laser intensity. Even for such a high estimate for $P_{\infty}$ listed in this table, the photon cost can be significant, see Sec. (5.4.7). Finally, [7] found no apparent ${ }^{3} \mathrm{He}$ pressure dependence on $P_{\mathrm{A}}$. This may be because those measurements were taken in a regime where the decrease in off resonant pumping of the Rb D 2 transition was partially/wholly compensated by the increase in the $P_{1 / 2}$ excited state hyperfine coupling with decreasing ${ }^{3} \mathrm{He}$ pressure.
$\eta_{\mathrm{K}}=1$ such that $P_{\mathrm{K}}=P_{\mathrm{Rb}}$, and keeping only the lowest order $X$ terms, we find:

$$
\begin{equation*}
\frac{d \int \Phi d \nu}{d z}=-R[\mathrm{Rb}]\left[\frac{\Gamma_{\mathrm{A}}}{2 \Lambda R}+X_{\mathrm{abs}}\right] \tag{5.105}
\end{equation*}
$$

where $X_{\mathrm{abs}}$ and the cross section weighted photon $X$-factors are given by:

$$
\begin{align*}
X_{\mathrm{abs}} & =\left\{1-\bar{P}_{\gamma}^{2}\right\}+\sin ^{2}(\theta)+\bar{X}_{\gamma}+\bar{X}_{\gamma}^{\prime}+X_{A}+X_{A}^{\prime}  \tag{5.106}\\
\bar{X}_{\gamma} & =-2\left(\frac{p}{s}\right)_{\mathrm{Rb}}+\frac{R^{\prime}}{R}+\frac{D K}{R}+\frac{D K^{\prime}}{R}  \tag{5.107}\\
\bar{X}_{\gamma}^{\prime} & =+2\left(\frac{p}{s}\right)_{\mathrm{Rb}}+\frac{R^{\prime}}{2 R}+D\left(\frac{P_{\mathrm{K}}}{P_{\mathrm{Rb}}}\right)\left[-\frac{K}{R}+\frac{K^{\prime}}{2 R}\right] \tag{5.108}
\end{align*}
$$

Assuming $\bar{P}_{\gamma}=1, P_{\mathrm{K}}=P_{\mathrm{Rb}}$, and using the results from the last section, we find $100\left(\bar{X}_{\gamma}+\bar{X}_{\gamma}\right)=0.34(0.07)$ and $100 X_{\mathrm{abs}}=3.6(2.8)$ for broadband (narrowband) lasers. At the front of the cell, $\Gamma_{\mathrm{A}} /(2 \Lambda R) \approx 10^{-2}$, imperfect optical pumping increases the local photon cost by about a factor of 4 .

To estimate the laser power required to maintain a high alkali polarization throughout the pumping chamber, it is useful to write $R$ as $\beta P_{0} \sigma_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right) f_{\gamma}$, where $\beta$ describes the transverse spatial profile of the beam and $f_{\gamma}$ is the fraction of photons useful for optical pumping. If we make the assumption that only photons within this fraction are lost as the the light propagates through the vapor then we find:

$$
\begin{equation*}
\frac{d \int \Phi d \nu}{d z}=\frac{d \beta P_{0} d \nu}{d z}=\beta\left[\frac{d\left(1-f_{\gamma}\right) P_{0}}{d z}+\frac{d\left(f_{\gamma} P_{0}\right)}{d z}\right]=\beta \frac{d\left(f_{\gamma} P_{0}\right)}{d z} \tag{5.109}
\end{equation*}
$$

where we've assumed that the divergence of the beam is small enough that $d \beta / d z \approx$

0 and now we have:

$$
\begin{equation*}
\frac{d\left(f_{\gamma} P_{0}\right)}{d z}=-\left(f_{\gamma} P_{0}\right) \sigma_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right)[\mathrm{Rb}] X_{\mathrm{abs}}-\frac{[\mathrm{Rb}] \Gamma_{\mathrm{A}}}{2 \Lambda \beta} \tag{5.110}
\end{equation*}
$$

This can be solved go give:

$$
\begin{equation*}
\left(f_{\gamma} P_{0}\right)(z)=\left(f_{\gamma} P_{0}\right)(0) \exp \left(-\frac{z}{z_{x}}\right)-\frac{\Gamma_{\mathrm{A}}}{2 \Lambda \beta \sigma_{\mathrm{Rb}}^{1}\left(\nu_{\gamma}\right) X_{\mathrm{abs}}}\left[1-\exp \left(-\frac{z}{z_{x}}\right)\right] \tag{5.111}
\end{equation*}
$$

where $1 / z_{x}=\sigma_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right)[\mathrm{Rb}] X_{\text {abs }}$ is the optical depth in the presence of imperfections. In our case, using [A] $=10^{15} / \mathrm{cm}^{3}$, we find $z_{x} \approx 6.2(8.0) \mathrm{mm}$ for broadband (narrowband) lasers, which, in either case is much less than the diameter of the pumping chamber ( $60-85 \mathrm{~mm}$ ) that we typically use.

To determine the power needed at the front of the cell (i.e. the total power from the laser), we'll impose the boundary condition that ( $f_{\gamma} P_{0}$ ) at the back of the cell, $z=\ell$, is still large enough to keep alkali polarization high:

$$
\begin{equation*}
P_{\mathrm{A}}^{\min }=\frac{2 \Lambda \bar{P}_{\gamma} \beta\left(f_{\gamma} P_{0}\right)(\ell) \sigma_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right) \cos (\theta)\left(1-X_{\mathrm{A}}^{\prime}\right)}{2 \Lambda \beta\left(f_{\gamma} P_{0}\right)(\ell) \sigma_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right)\left(1+X_{\mathrm{A}}\right)+\Gamma_{\mathrm{A}}} \tag{5.112}
\end{equation*}
$$

Solving this equation for $\left(f_{\gamma} P_{0}\right)(\ell)$, then plugging it into Eqn. (5.111), and solving for the power at the front of cell, we get:

$$
\begin{equation*}
P_{0}(z=0)=P_{\text {scale }}\left[\frac{n_{\text {back }}+n_{\text {path }}}{100}\right] \frac{\exp \left(+\ell / z_{x}\right)}{10} \tag{5.113}
\end{equation*}
$$



Figure 5.4: Photon Cost Factors. The unitless factor $n_{\text {back }}$ is the due to the requirement that the laser power is large enough to penetrate to the back of the cell. The factor $n_{\text {path }}$ is a relative measure of the amount of photons absorbed over the path length due to $\Gamma_{\mathrm{A}}$.
where $P_{\text {scale }}, n_{\text {back }}$, and $n_{\text {path }}$ are given by:

$$
\begin{align*}
& P_{\text {scale }}=\frac{1000 \Gamma_{\mathrm{A}}}{2 \Lambda f_{\gamma} \beta \sigma_{\mathrm{Rb}}^{1}\left(\nu_{\gamma}\right)}  \tag{5.114}\\
& n_{\text {back }}=\frac{P_{\mathrm{A}}^{\min }}{1-\left\{1-\bar{P}_{\gamma}\right\}-\{1-\cos (\theta)\}-\left(X_{\mathrm{A}}+X_{\mathrm{A}}^{\prime}\right)-P_{\mathrm{A}}^{\min }}  \tag{5.115}\\
& n_{\text {path }}=\frac{1-\exp \left(-\ell / z_{x}\right)}{X_{\text {abs }}} \tag{5.116}
\end{align*}
$$

Fig. (5.4) depicts the sensitivity of $n_{\text {back }} \& n_{\text {path }}$ to $P_{\mathrm{A}}^{\min } \& \ell / \sigma_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right) /[\mathrm{Rb}]$ and the alkali \& photon $X$-factors.

Assuming a Gaussian beam profile at the front of the cell (i.e. $\beta=I\left(r, z_{\text {cell }} /\left(h \nu_{\gamma} P_{0}\right)\right)$
and and using $V / L_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right)$ for $f_{\gamma}$, we can write the scale power as:

$$
\begin{align*}
P_{\text {scale }}= & \frac{159 \mathrm{~W}}{(2 \Lambda)\left(3 f_{n}^{\mathrm{A}}\right)}\left[\frac{0.771}{f_{\gamma}}\right]\left[\frac{\Gamma_{\mathrm{A}}}{1 \mathrm{kHz}}\right]\left[\frac{\Gamma_{n}^{\mathrm{A}}}{120 \mathrm{GHz}}\right]\left[\frac{795 \mathrm{~nm}}{\lambda_{n}^{\mathrm{A}}}\right]\left[\frac{\pi w^{2} / 2}{23 \mathrm{~cm}^{2}}\right] \\
& \times\left[1+\left(\frac{2 \Delta_{n}^{\mathrm{A}}}{\Gamma_{n}^{\mathrm{A}}}\right)^{2}\right] \exp \left(\frac{2 r^{2}}{w^{2}}\right) \tag{5.117}
\end{align*}
$$

For a spherical cell, the laser power requirement is most severe at the center of the cell, $r=0$, where the path length is equal to the cell diameter $\ell=2 R_{\mathrm{pc}}$.

It is useful to express the Rb density in terms of the spin exchange rate $\gamma_{\text {se }}$ to ${ }^{3} \mathrm{He}$ and $D$ :

$$
\begin{equation*}
[\mathrm{Rb}]=13.7 \times 10^{14} / \mathrm{cm}^{3}\left[\frac{\gamma_{\mathrm{se}}}{1 /(3 \mathrm{hrs})}\right]\left[\frac{1}{1+0.764 D}\right] \tag{5.118}
\end{equation*}
$$

which we can use to express the argument of exponential factor of Eqn. 5.113) as:

$$
\begin{align*}
\frac{\ell}{z_{x}}= & 4.50\left[100 X_{\mathrm{abs}}\right]\left[\frac{\ell}{7 \mathrm{~cm}}\right]\left[\frac{\gamma_{\mathrm{se}}}{1 /(3 \mathrm{hrs})}\right]\left[\frac{1}{1+0.764 D}\right] \\
& \times\left[1+\left(\frac{2 \Delta_{n}}{\Gamma_{n}}\right)^{2}\right]^{-1}\left(3 f_{n}\right)\left[\frac{120 \mathrm{GHz}}{\Gamma_{n}}\right] \tag{5.119}
\end{align*}
$$

When $\ell / z_{x} \ll 1, n_{\text {path }}$ becomes independent of $X_{\text {abs, }}$, and the laser power requirement becomes:

$$
\begin{align*}
P_{0}(z=0) \approx & \frac{P_{\text {scale }}}{1000}\left[n_{\text {back }}+n_{\text {path }}\right]\left[1+n_{\text {path }} X_{\mathrm{abs}}\right]  \tag{5.120}\\
n_{\text {path }} \approx & \ell \sigma_{1}^{\mathrm{Rb}}\left(\nu_{\gamma}\right)[\mathrm{Rb}]=450\left[\frac{\ell}{7 \mathrm{~cm}}\right]\left[\frac{\gamma_{\mathrm{se}}}{1 /(3 \mathrm{hrs})}\right]\left[\frac{1}{1+0.764 D}\right] \\
& \times\left[1+\left(\frac{2 \Delta_{n}}{\Gamma_{n}}\right)^{2}\right]^{-1}\left(3 f_{n}\right)\left[\frac{120 \mathrm{GHz}}{\Gamma_{n}}\right] \tag{5.121}
\end{align*}
$$

where $\ell / z_{x} \approx n_{\text {path }} X_{\text {abs }} \ll 1$ in this limit. Therefore, we see that, when $X_{\text {abs }} \rightarrow 0$,

|  | $100\left(X_{\mathrm{A}}+X_{\mathrm{A}}^{\prime}\right)$ | $100 X_{\text {abs }}$ | $P_{\text {scale }}(\mathrm{W})$ | $n_{\text {path }}$ | $\ell / z_{x}$ | $P_{0}(\mathrm{~W})$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| sph. cow $\mathbf{1 / 1 2} \mathbf{~ h r s}$ | 0.00 | 0.00 | 652 | 116 | 0.0 | $8.1 \mathrm{E}+01$ |
| sph. cow 1/3 hrs | 0.00 | 0.00 | 652 | 463 | 0.0 | $3.1 \mathrm{E}+02$ |
| skew only | 0.14 | 0.27 | 652 | 262 | 1.3 | $6.3 \mathrm{E}+02$ |
| skew + off-res. | 0.26 | 0.51 | 652 | 177 | 2.4 | $1.3 \mathrm{E}+03$ |
| all sources | 2.81 | 3.07 | 652 | 33 | 14.2 | $4.4 \mathrm{E}+07$ |
| narrowband only | 2.76 | 2.91 | 144 | 34 | 13.5 | $4.7 \mathrm{E}+06$ |
| hybrid only | 3.03 | 3.50 | 1652 | 27 | 2.9 | $1.2 \mathrm{E}+03$ |
| both | 2.79 | 2.97 | 365 | 31 | 2.5 | $1.8 \mathrm{E}+02$ |

Table 5.4: Illustrative Example of the Photon Cost for "Transversity-Style" Target Cells. Unless otherwise noted, the following parameters were used in the calculation: $1 / \gamma_{\mathrm{se}}=3 \mathrm{hrs}, R_{\mathrm{pc}}=3.6 \mathrm{~cm}$, and $P_{\mathrm{A}}^{\min }=0.9$. The first six (last two) rows were calculated using $D=0(D=6)$. Rows $1-5 \& 7(6 \& 8)$ were calculated using $\mathrm{FWHM}=2.0 \& f_{\gamma}=0.17\left(\mathrm{FWHM}=0.2 \& f_{\gamma}=0.77\right)$. All other parameters were from Tab. (5.3) and $n_{\text {back }} \approx 10$. According to this crude model, it would require $P_{0} \approx 200 \mathrm{~W}$ of narrowband light to polarize the alkali vapor $>0.9$ throughout the pumping chamber. With a ${ }^{3} \mathrm{He} X$-factor of 0.2 , beam current of $10 \mu \mathrm{~A}$, and cell lifetime of 30 hrs , the expected ${ }^{3} \mathrm{He}$ polarization is about 0.65 . The target cells used for the "Transversity" experiments, see Tab. (3.1), achieved this level of performance with roughly $P_{0} \approx 100 \mathrm{~W}$.
we've recovered the "naive" $R_{\mathrm{pc}}^{3} \gamma_{\mathrm{se}}$ photon cost scaling that is usually expected for spherical cells, where $P_{\text {scale }} \propto w^{2}$ and we've assumed $w=R_{\mathrm{pc}}$. On the other hand, when $100 X_{\text {abs }} \geq 1$, the laser power requirement can very easily obtain an exponential $\exp \left[\cdots R_{\mathrm{pc}} \gamma_{\mathrm{se}} /(1+0.8 D) \cdots\right]$ dependence. This effect can be greatly suppressed with a hybrid cell $(D>1.3)$. In addition, pumping with a narrowband laser significantly reduces the sensitivity to off-resonant absorption effects and increases $f_{\gamma}$. Illustrative examples of the photon cost using Eqn. 5.113) for the most recent ${ }^{3} \mathrm{He}$ experiments and for upcoming ${ }^{3} \mathrm{He}$ experiments are listed in Tab. 5.4) and depicted in Fig. (5.5) respectively. Generally speaking, the biggest gains comes first from alkali-hybrid SEOP and then in combination with narrowband lasers.


Figure 5.5: Illustrative Example of the Photon Cost for "GEN II-Style" Target Cells. In the left plot, the solid circles (dashed line) is the exponential factor $\exp \left(-\ell / z_{x}\right)$ (alkali relaxation rate $\Gamma_{\mathrm{A}}$ ). In the right plot, the minimum power requirement occurs near $D=35$, where it should be noted that this crude model assumes $P_{\mathrm{K}}=P_{\mathrm{Rb}}$ (i.e. $\eta_{\mathrm{K}}=1$ ) for all values of $D$. The following parameters were used in the calculation: $1 / \gamma_{\mathrm{se}}=3.5 \mathrm{hrs}, R_{\mathrm{pc}}=5.9 \mathrm{~cm}$, and $P_{\mathrm{A}}^{\mathrm{min}}=0.9$. All other parameters are from Tab. (5.3). According to this crude model, it would require 250 W of narrowband light for a $D \approx 35$ hybrid ratio to polarize the alkali vapor $>0.9$ throughout the pumping chamber. With a ${ }^{3} \mathrm{He} X$-factor of 0.15 , beam current of $60 \mu \mathrm{~A}$, and cell lifetime of 25 hrs , the expected ${ }^{3} \mathrm{He}$ polarization is about 0.65 .

### 5.5 Numerical Simulations

The effects discussed in this chapter become quite complicated as we consider a realistic situation as one might encounter in an actual target cell. In particular, one simplifying assumption made in the previous section is the invariance of the pump beam spectral profile. Eqn. 5.59 indicates that this profile is modified dramatically as the laser propagates through the alkali vapor. Absorption is largest near the center of the profile, which, deeper into the cell, results in a spectrum with a "hole" at center. The optical pumping rate associated with such a profile is lower than that for a Gaussian profile with the same total power as given by Eqn. 5.95 (Eqn. (5.96) for broadband (narrowband) lasers. As a consquence, the alkali $X$ factor associated with off resonant absorption depends on both the geometry of
the cell and the shape of the pump beam spectral profile.
With the dynamics involved in a real target being complicated, the easiest way to see the impact of the effects discussed previously is to perform a numerical simulation of a realistic target cell. In this way, it is straightforward to appreciate the considerable impact of the both alkali hybrid mixtures and narrowband light. The conditions for optimizing a target design also become quickly apparent.

### 5.5.1 Simulation Ingredients

The simulation is a numerical integration of Eqn. (5.59) over a discretized path through the pumping chamber. Assuming cylindrical symmetry, a spherical pumping chamber is divided into 100 radial bins, each with a different path length. The path for each radial bin is divided into slices with a thickness of $100 \mu \mathrm{~m}$, which is chosen as a balance between computational time and accuracy. The spectral profile of the laser is binned by helicity and divided into 3000 frequency bins that represent a $\pm 1500 \mathrm{GHz}( \pm 3.2 \mathrm{~nm})$ window centered at the D1 absorption line of one of the two alkali species. The pressure broadened alkali absorption cross section is determined from Eqn. (E.800) and the parameters listed in Tab. 5.5, where $T_{d}$ is input by the user. At the beginning of each slice, the D1 \& D2 optical pumping rates for both alkali species are calculated by a numerical integration of Eqns. (5.88) $\&$ (5.89).

Armed with the optical pumping rates and the alkali relaxation rates determined from Tab. (5.6), Sec. (D.2) \& Sec. (D.3), the alkali polarizations are calculated using Eqn. 5.49) \& (5.50). The alkali X-factors are calculated using this initial alkali polarization and, subsequently, these factors are then used to recalculate the final alkali polarization. Since the alkali X-factors are relatively small, only a sin-

| parameter | $\mathbf{N a}$ | $\mathbf{K}$ | $\mathbf{R b}$ | $\mathbf{C s}$ | units |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $\lambda_{1}$ (air) | 589.5924 | 769.896 | 794.7603 | 894.347 | nm |
| $\lambda_{1}$ (vac.) | 589.7558 | 770.108 | 794.9789 | 894.593 | nm |
| $\nu_{1}$ | 508333.2 | 389286.3 | 377107.4 | 335116.0 | GHz |
| $\nu_{\text {so }}=\nu_{2}-\nu_{1}$ | 515.6 | 1729.9 | 7123.0 | 16609.8 | GHz |
| $f_{1}$ | 0.322 | 0.340 | 0.342 | 0.344 |  |
| $f_{2}$ | 0.647 | 0.682 | 0.695 | 0.7131 |  |
| D1 width | 17 | 15.6 | 18.7 | 25 | $\mathrm{GHz} / \mathrm{amg}$ |
| $n$ | $(0.35)$ | 0.41 | 0.11 | $(0.35)$ |  |
| D2 width | 20 | 21.4 | 20.8 | 22 | $\mathrm{GHz} / \mathrm{amg}$ |
| $n$ | $(0.35)$ | 0.23 | 0.34 | $(0.35)$ |  |
| D1 shift $(n=1.1)$ | 1.0 | 2.5 | 5.64 | 6.4 | $\mathrm{GHz} / \mathrm{amg}$ |
| D2 shift $(n=1.6)$ | 0.6 | 1.5 | 0.68 | 2.3 | $\mathrm{GHz} / \mathrm{amg}$ |
| $T_{\text {ref }}$ | 450 | 410 | 353 | 393 | K |
| ref. | $[58]$ | shift only: [59] | $[52]$ | $[60]$ |  |

Table 5.5: Optical Pumping Parameters. The wavelengths and oscillator strengths $\left(f_{1,2}\right)$ are from the NIST Atomic Spectra Database Version 3 [61]. The parameters have be rescaled from ${ }^{4} \mathrm{He}$ to ${ }^{3} \mathrm{He}$ by the square root of the ratio of the reduced mass where we're assuming that the only difference is the relative thermal velocity. The width and shift parameters have a temperture dependence given by $\left(T / T_{\text {ref }}\right)^{n}$, where $n$ is the temperature coefficient. The K pressure broadening numbers as well as the Rb pressure broadening temperature coefficients are from our preliminary measurements and will be published separately. The other pressure broadenign temperature coefficients are set to an average between the value assuming a van der Waals potential $(n=0.3)$ and typical theoretical calulations ( $n \approx 0.4$ ) [62]. The pressure shift temperature coefficients are set equal to Rb , the only one that's been measured.

| parameter | alkali | value | rel. err. | experiment | theory |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\sigma_{\text {se }}^{\text {A }}$ | Na | 101 | 0.5\% | [24] | [24] |
|  | K | 158 | 4\% | [24] | [24] |
| $\left(\AA^{2}\right)$ | Rb | 174 | 4\% | [24,63] |  |
|  | Cs | 186 | 4\% | [24] | [24] |
| $\sigma_{\text {sd }}^{\text {A }}$ | Na | 0.00557 | 10\% | [64] |  |
|  | K | 0.0128 | 10\% | [65,66] |  |
| $\left(\AA^{2}\right)$ | Rb | 0.0994 | 10\% | [65-69] |  |
|  | Cs | 2.08 | 10\% | [66,70] |  |
| $k_{\text {se }}$ | Na | 1.27 | 10\% | [64] | [71-73] |
|  | K | 1.38 | 3\% | [56,74] | [71-73] |
| (Hz/amg) | Rb | 1.81 | 3\% | [67,69,74-76] |  |
|  | Cs | 2.97 | 10\% | [74] | [71,72] |
| $k_{\text {He }}$ | Na | 0.15 | 30\% | [64] | [77] |
|  | K | 4.7 | 10\% | [78,79] | [77] |
| (Hz/amg) | Rb | 55.9 | 2\% | [66,69,80, 81] |  |
|  | Cs | 530 | 10\% | [82, 83] | [77] |
| $k_{\mathrm{N}_{2}}$ | Na | 150 | 100\% | no measurement |  |
|  | K | 150 | 30\% | [84] |  |
| (Hz/amg) | Rb | 290 | 10\% | [66,68,80, 81, 85] |  |
|  | Cs | 2100 | 20\% | [82,83] |  |

Table 5.6: Spin Exchange \& Spin Destruction Parameters at $T=200^{\circ} \mathrm{C}$. See Chp. (D) for more details about data selection and temperature dependences.
gle iteration is required to converge to a final equilibrium alkali polarization. This final alkali polarization is used to attenuate the spectral profile, which is then fed into the next path slice. Finally, the volume averaged alkali polarization is calculated by weighing the polarization in each radial bin \& path slice by the fractional volume of that bin-slice.

### 5.5.2 Hybrid vs. Traditional SEOP

In order to illustrate the impact of using the hybrid alkali mixtures and narrowband lasers, it is useful to focus our attention on examples that are reasonably close to those used in the experiments described in Chp. (3). We will thus consider the baseline parameters listed in Tab. (5.7) for a 3 in diameter spherical pumping chamber. We will further restrict our attention to a spin-exchange rate such that $\gamma_{\mathrm{se}}=1 /(3 \mathrm{hrs})$. Noting from Sec. 6.1.6 that the equilibrium ${ }^{3} \mathrm{He}$ polarization in the fast diffusion limit is given by:

$$
\begin{equation*}
P_{\mathrm{He}}=\frac{f_{\mathrm{pc}} \gamma_{\mathrm{se}}\left\langle P_{\mathrm{A}}\right\rangle_{\mathrm{pc}}}{f_{\mathrm{pc}} \gamma_{\mathrm{se}}(1+X)+\langle\Gamma\rangle} \tag{5.122}
\end{equation*}
$$

and that typically $f_{\mathrm{pc}} \approx 0.55, X \approx 0.25, \Gamma_{\mathrm{s}} \approx 1 /(20 \mathrm{hrs}$ (with beam), this implies:

$$
\begin{equation*}
P_{\mathrm{He}}=\left\langle P_{\mathrm{A}}\right\rangle_{\mathrm{pc}}(66 \%) \tag{5.123}
\end{equation*}
$$

where $\left\langle P_{\mathrm{A}}\right\rangle_{\mathrm{pc}}$ is the volume averaged alkali polarization inside the pumping chamber. While targets were certainly run with a range of values for $\gamma_{\mathrm{se}}$, the value of $1 /(3 \mathrm{hrs})$ was reasonably typical, and as will come evident, close to the fastest value we could practically achieve. In Fig. (5.6), we show the volume averaged alkali polarization as a function of $D=[\mathrm{K}] /[\mathrm{Rb}]$. We show this dependence for two assumed values for the spectral with of the illuminating light, $\Delta \nu=0.2 \mathrm{~nm}$ and 2.0 nm , which as discussed earlier, are typical values for narrowband and broadband lasers respectively. In both cases, we assume a total power of 75 W . Furthermore, we assume here that $T_{d}$, the effective collision time, is zero. This represents a fairly optimistic or best case scenario, in which off resonant absorption

| parameter | value | units |
| :--- | :---: | :---: |
| $\left[{ }^{3} \mathrm{He}\right]_{\mathrm{pc}}$ | 6.5 | amg |
| $\left[\mathrm{N}_{2}\right] /\left[{ }^{3} \mathrm{He}\right]$ | 0.01 |  |
| $1 / \gamma_{\mathrm{se}}$ | 3 | hrs |
| $D$ | $0($ pure $)$ |  |
| $\Delta T$ | 6 (hybrid) |  |
| $2 R_{\mathrm{pc}}$ | 0 | K |
| $w / R_{\mathrm{pc}}$ | 3 | in |
| $P_{0}$ | 1 |  |
| detuning | 75 | W |
| FWHM | 0 | nm |
| $P_{\gamma}$ | 0.2 (narrowband) | nm |
| $\theta$ | $2.0(\mathrm{broadband)}$ | nm |
| $\psi$ | 0.99 |  |
| op alkali | 3 | deg |
| se alkail | 0 | deg |
| $T_{d}$ (op D1) | $2(\mathrm{Rb})$ |  |
| $T_{d}$ (op D2) | $1(\mathrm{~K})$ |  |
| $T_{d}$ (se D1) | 0 | ps |
| $T_{d}$ (se D2) | 0 | ps |
| off resonance absorption scale factor | 0 | ps |
| radiation trapping | 0 | ps |
| stimulated emission | 1 |  |
| excitation energy transfer | 0 |  |
| EET polarization transfer | 0 |  |
| excited state hyperfine coupling | 0 |  |
| diffusion layer correction | 0 |  |

Table 5.7: Baseline Input Parameters to the Numerical Simulation. The optically pumped alkali atom is labelled as "op alkali," whereas the hybrid alkali species is labelled as "se alkali." The alkali species are enumerated as $\mathrm{Na}=0, \mathrm{~K}=1$, $R b=2$, and $\mathrm{Cs}=3$. The density ratio of "se alkali" to "op alkali" is given by $D$. The alkali vapor pressure temperature and alkali number densities are determined from $\gamma_{\mathrm{se}}$ and $D$. The cell temperature is given by the sum of $\Delta T$ and the alkali vapor pressure temperature. The cell diameter is given by $2 R_{\mathrm{pc}}$. The laser beam radius, power, linewidth, polarization, skew angle, and divergence are given by $w, P_{0}$, FWHM, $P_{\gamma}, \theta$, and $\psi$ respectively.
is still present but not enhanced by the interatomic interactions between Rband ${ }^{3} \mathrm{He}$ which are known to exist at some level.

It is immediately clear from this that regardless of the laser linewidth, the maximum alkali polarization occurs for $D=6$. Furthermore, the variation is sufficiently slow that any value for $D$ between say 4 and 10 , results an alkali polarization fairly clos to the maximum. This important results tells us that we do not need to be overly precise in our alkali mixtures to achieve nice performance. It is also clear from this Fig. (5.6) that for any value of $D \geq 1$, the use of narrowband light results in greatly improved polarization.

Next, in Fig. (5.7), we consider how to optimize a target depending on the amount of laser power available. This process begins by constructing curves of the sort shown in Fig. (5.6) and the resulting alkali polarization. Fig. (5.7) shows the best value of $P_{\mathrm{A}}$ that can obtained as a function of laser power, and next to each plotted point is an annotation indicatin the value of $D$ for which that alkali polarization was achieved. For example, when $P_{0}=75 \mathrm{~W}$, this value is $D=6$ for both the narrowband and broadband cases.

Finally, we show in Fig. (5.8) for $P_{0}=75 \mathrm{~W}$ the alkali polarization as a function of depth into the cell. This plot provides insight into both the way in which the laser's spectral profile and the ratio $D$ affects the spatial variation of the alkali polarization. One qualitative feature is immediatly apparent. The narrowband light is associated with a sharp drop-off of polarization, whereas, the broadband light is associated with a more gradual rolloff. In the latter case, this is associated with the reduced optical pumping rate $R$ that results from a depletion of light near the absorption maximum and the relative increase in the off resonant absorption. It it also clear that for any type of laser light the point at which alkali polarization


Figure 5.6: Alkali Polarization vs. Alkali-Hybrid Ratio.
is reduced is pushed further into the cell by employing a hybrid alkali mixture. That is, as discussed earlier, hybrid mixtures greatly improve the photon economy.

### 5.5.3 The Effect of Imperfect Optical Pumping

Fig. (5.9) depicts the alkali polarization as a function of depth into the cell for three different values of the alkali $X$-factor. In all three cases, we consider a hybrid cell using narrowband lasers. To provide a baseline for comparison, we also include the results for a pure Rb cell using broadband lasers with a zero alkali $X$-factor. The results is fairly dramatic. Even for a relatively small alkali X-factor, for example $X_{\mathrm{A}}=0.01$ which implies a maximum alkali polarization per slice of 0.99 , the depth into the cell that the light can penetrate is reduced by $30 \%$ relative. The implication, as described earlier, is that even small imperfections can greatly increase the photon cost of polarizing a high density ( $\geq 10^{15} / \mathrm{cm}^{3}$ ) of alkali vapor.


Figure 5.7: Optimal Alkali-Hybrid Ratio vs. Laser Power.


Figure 5.8: Alkali Polarization vs. Depth into Pumping Chamber.


Figure 5.9: Alkali Polarization Profile with Imperfect Optical Pumping.

Alkali $X$-factors of this size are known to exist, which explains the relatively poor performance of pure Rb cell using broadband light. The combination of hybrid cells and narrowband pumping significanty reduce our sensitivity to these small imperfections, regardless of their origin.

### 5.5.4 Conclusion

There are several conclusions from the above discussion that are worth noting. First, the use of alkali-hybrid mixtures greatly improves the photon economy that can be achieved. Regarding the question of narrowband versus broadband lasers, it is tempting to believe that, if money were no object, broadband lasers could do as well as narrowband lasers if sufficient laser power were used. Unfortunately, even in the absence of the various effects summarized in Tab. (5.3), there will still
be unwanted off resonant pumping that limits the maximum alkali polarization that can be achieved and that influences the optimal value for $D$. In fact, off resonant pumping associated with a given lasder sourece, limits somewhat the maximum alkali polarization that can be achieved. This is even true for a laser with an arbitrarily narrow spectral profile. It is worth noting, however, that these effects can be reduced by polarizing the ${ }^{3} \mathrm{He}$ at lower pressures where broadening is reduced.

There are, however, important effects in addition to off resonant pumping that result in what are effectively alkali X-factors. They include hyperfine interactions in the excited states, radiation trapping, skew pumping, and the other phenomenona listed in Sec. (5.4.6). These effects like off resonant pumping limit the maximum alkali polarization that can be achieved regardless of the laser power employed. The addition of more $\mathrm{N}_{2}$ (quenching gas) can reduce some of these effects, but in eletron scattering, this is generally not an acceptable solution.

It is natural to ask whether there are further large gains to be had based on the lessons learned here. Sodium, for instance, is even more efficient at transferring polarization to the ${ }^{3} \mathrm{He}$ nuclei than either K or Rb , see Fig. 5.10. It is the case, however, that Na would need to be run at higher temperatures, see Tab. (5.8), where some of the other alkali spin relaxation mechanisms are greatly aggravated. The benefits of $\mathrm{Na}-\mathrm{Rb}$ SEOP probably require more study as do other potential hybrid alkali mixtures.

Given the benefits of additioanl quenchnig gas, it might be interesteing to explore the use of $\mathrm{H}_{2}$ instead of $\mathrm{N}_{2}$. The cross section for quenching is about 10 times smaller [34], but, because it is 14 times lighter than $\mathrm{N}_{2}$, the quenching rate is only 3 times smaller than $\mathrm{N}_{2}$ for the same density. Using $\mathrm{H}_{2}$ instead of $\mathrm{N}_{2}$ could allow


Figure 5.10: Spin Exchange Efficiency for $\mathrm{Na}, \mathrm{K}, \mathrm{Rb}$, \& Cs. The spin exchange efficiency is defined as the fraction of angular momentum that successfully transferred from the alkali atom to the ${ }^{3} \mathrm{He}$ nucleus: $1 / \eta_{\mathrm{A}}=1+\left(k_{\mathrm{sd}} / k_{\mathrm{se}}\right)+$ $\left(k_{\mathrm{sd}}^{\prime} / k_{\mathrm{se}}\right)\left([\mathrm{A}] /\left[{ }^{3} \mathrm{He}\right]\right)+\left(k_{\mathrm{sd}}^{\prime \prime} / k_{\mathrm{se}}\right)\left(\left[\mathrm{N}_{2}\right] /\left[{ }^{3} \mathrm{He}\right]\right)$. At low temperatures and alkali densities, it is approximately $k_{\mathrm{se}} /\left(k_{\mathrm{se}}+k_{\mathrm{sd}}\right)$. At high temperatures, it approaches $k_{\text {se }}\left[{ }^{3} \mathrm{He}\right] /\left(k_{\mathrm{sd}}^{\prime}[\mathrm{A}]\right)$. The blue lines are calculated from the values in Tab. (??). The red data points are from [69]. In the left figure, the solid blue lines represent an alkali density range of $\left(10^{14}\right.$ to $\left.10^{15}\right) / \mathrm{cm}^{3}$. In the right figure, the red line is a parameterization of the data given by $\eta_{\mathrm{K}}(T)=0.756-0.00109 T$ and $\eta_{\mathrm{Rb}}(T)=$ $0.337-0.00102 T(1-0.0007 T)$.

| parameter | $\mathbf{N a}$ | $\mathbf{K}$ | $\mathbf{R b}$ | $\mathbf{C s}$ | units |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $\lambda_{\mathrm{D} 1}$ (air) | 589.6 | 769.9 | 794.8 | 894.3 | nm |
| spin orbit splitting | $5.2 \mathrm{E}+02$ | $1.7 \mathrm{E}+03$ | $7.1 \mathrm{E}+03$ | $1.7 \mathrm{E}+04$ | GHz |
| naive $X_{\alpha}^{\mathrm{D} 2}(2.0 \mathrm{~nm})$ | $1.1 \mathrm{E}+01$ | $3.7 \mathrm{E}-02$ | $1.6 \mathrm{E}-03$ | $2.6 \mathrm{E}-04$ |  |
| naive $X_{\alpha}^{\mathrm{D} 2}(0.2 \mathrm{~nm})$ | $9.0 \mathrm{E}-02$ | $5.7 \mathrm{E}-03$ | $3.6 \mathrm{E}-04$ | $7.8 \mathrm{E}-05$ |  |
| $k_{\text {se }}^{-1} /\left(10^{15} / \mathrm{cm}^{3}\right)$ | 5.86 | 5.39 | 4.12 | 2.51 | hrs |
| $[\mathrm{A}]_{3}$ for $\gamma_{\text {se }}^{-1}=3 \mathrm{hrs}$ | 1.95 | 1.80 | 1.37 | 0.84 | $10^{15} / \mathrm{cm}^{3}$ |
| $T_{3}$ for $[\mathrm{A}]_{3}$ | 634.3 | 537.6 | 483.5 | 453.2 | K |
| $\sigma_{\text {sd }}^{\mathrm{A}} / \sigma_{\text {se }}^{\mathrm{A}}$ | $5.5 \mathrm{E}-05$ | $8.1 \mathrm{E}-05$ | $5.7 \mathrm{E}-04$ | $1.1 \mathrm{E}-02$ |  |
| $k_{\mathrm{He}} / k_{\text {se }}$ at $T_{3}$ | 0.31 | 5.2 | 33 | 155 |  |
| $X_{\text {ani }}$ | 0.16 | 0.057 | 0.046 | 0.026 |  |

Table 5.8: Basic Alkali Parameters for SEOP.
us to, for example, increase the quenching rate by a factor of 10 thereby suppressing the alkali $X$-factors associated with excited state by a factor of 10 , while only doubling the dilution factor. $\mathrm{H}_{2}$ has the disadvantage that it reacts (albeit slowly) with the alkali metal to form hydrides. It is certainly intriging to look at the huge gains that have been made in SEOP and ask the quection of what can be done to further advance th technique.

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## Chapter 6

## ${ }^{3} \mathrm{He}$ Polarization Dynamics in Target Cells

### 6.1 Polarization Dynamics

### 6.1.1 Nuclei Number Rate Equations

A cell is composed of a pumping and target chamber that are connected by a transfer tube, see Fig. (6.1). In Sec. (6.4.2), we will consider in more detail the polarization dynamics within the transfer tube; however, for now, we will simply ignore the small transfer tube volume. The ${ }^{3} \mathrm{He}$ nuclei in the pumping chamber are polarized via spin-exchange collisions with polarized alkali atoms with a rate constant $k_{\text {se }}$, see Sec. (D.3.1). The ${ }^{3} \mathrm{He}$ nuclei in the target chamber are polarized via transfer through the transfer tube. Because of the low alkali vapor pressure in the target chamber, we will ignore the spin exchange with alkali atoms in the target chamber. The number of ${ }^{3} \mathrm{He}$ nuclei is $N_{\text {pc,tc }}^{ \pm}$where the superscript $\pm$labels the spin state and the subscript labels the chamber. Similarly the total number of ${ }^{3} \mathrm{He}$ nuclei


Figure 6.1: Basic Geometry of a "Standard" Small Pumping Chamber Cell. Drawn to $5: 2$ scale with nominal outer dimensions. Dashed red line represents path of electron beam.
in a given chamber is $N_{\mathrm{pc}, \mathrm{tc}}\left(=N_{\mathrm{pc}, \text { tc }}^{+}+N_{\mathrm{pc}, \mathrm{tc}}^{-}\right)$. Consequently the total number of ${ }^{3} \mathrm{He}$ nuclei is $N\left(=N_{\mathrm{pc}}+N_{\mathrm{tc}}\right)$ and the fraction of ${ }^{3} \mathrm{He}$ nuclei in either chamber is $f_{\mathrm{pc}, \mathrm{tc}}\left(=N_{\mathrm{pc}, \mathrm{tc}} / N\right)$.

Assuming that the alkali polarization reaches equilibrium very quickly and remains constant while the ${ }^{3} \mathrm{He}$ polarization approaches equilibrium, the rate of change of the number of $\pm$ nuclei in either chamber is governed by the following equations:

$$
\begin{align*}
\frac{d N_{\mathrm{pc}}^{+}}{d t} & =k_{\mathrm{se}}\left[A^{+}\right] N_{\mathrm{pc}}^{-}-k_{\mathrm{se}}\left[A^{-}\right] N_{\mathrm{pc}}^{+}+\left(\frac{N_{\mathrm{pc}}}{2}-N_{\mathrm{pc}}^{+}\right) \Gamma_{\mathrm{pc}}+N_{\mathrm{tc}}^{+} d_{\mathrm{tc}}-N_{\mathrm{pc}}^{+} d_{\mathrm{pc}} \\
\frac{d N_{\mathrm{pc}}^{-}}{d t} & =k_{\mathrm{se}}\left[A^{-}\right] N_{\mathrm{pc}}^{+}-k_{\mathrm{se}}\left[A^{+}\right] N_{\mathrm{pc}}^{-}+\left(\frac{N_{\mathrm{pc}}}{2}-N_{\mathrm{pc}}^{-}\right) \Gamma_{\mathrm{pc}}+N_{\mathrm{tc}}^{-} d_{\mathrm{tc}}-N_{\mathrm{pc}}^{-} d_{\mathrm{pc}} \\
\frac{d N_{\mathrm{tc}}^{+}}{d t} & =N_{\mathrm{pc}}^{+} d_{\mathrm{pc}}-N_{\mathrm{tc}}^{+} d_{\mathrm{tc}}+\left(\frac{N_{\mathrm{tc}}}{2}-N_{\mathrm{tc}}^{+}\right) \Gamma_{\mathrm{tc}} \\
\frac{d N_{\mathrm{tc}}^{-}}{d t} & =N_{\mathrm{pc}}^{-} d_{\mathrm{pc}}-N_{\mathrm{tc}}^{-} d_{\mathrm{tc}}+\left(\frac{N_{\mathrm{tc}}}{2}-N_{\mathrm{tc}}^{-}\right) \Gamma_{\mathrm{tc}} \tag{6.1}
\end{align*}
$$

where $\left[A^{ \pm}\right]$is the alkali number density in the pumping chamber for the $\pm$spin state. The spin-relaxation rates per nucleus $\Gamma_{\mathrm{pc}, \mathrm{tc}}$ represent interactions which show no preference for either state and therefore push equilibrium towards equal numbers of $\pm$ nuclei. The transfer rate $d_{\mathrm{tc}(\mathrm{pc})}$ is the probability per unit time per nucleus that a nucleus will exit the target (pumping) chamber and enter the pumping (target) chamber, where we have neglected the transfer tube volume. Alternatively, one could define $d_{\mathrm{tc}(\mathrm{pc})}$ as the fraction of particles in the target (pumping) chamber that transfer out per unit time.

### 6.1.2 Total Nuclei Number Equilibrium

The rates of change of the total number of nuclei in the two chambers are given by:

$$
\begin{align*}
\frac{d N_{\mathrm{pc}}}{d t} & =\frac{d N_{\mathrm{pc}}^{+}}{d t}+\frac{d N_{\mathrm{pc}}^{-}}{d t}=N_{\mathrm{tc}} d_{\mathrm{tc}}-N_{\mathrm{pc}} d_{\mathrm{pc}} \\
\frac{d N_{\mathrm{tc}}}{d t} & =\frac{d N_{\mathrm{tc}}^{+}}{d t}+\frac{d N_{\mathrm{tc}}^{-}}{d t}=N_{\mathrm{pc}} d_{\mathrm{pc}}-N_{\mathrm{tc}} d_{\mathrm{tc}} \\
\frac{d N}{d t} & =\frac{d N_{\mathrm{pc}}}{d t}+\frac{d N_{\mathrm{tc}}}{d t}=0 \tag{6.2}
\end{align*}
$$

When the total number of nuclei in either chamber reaches equilibrium, the total transfer rates into and out of each chamber must balance:

$$
\begin{equation*}
N_{\mathrm{tc}} d_{\mathrm{tc}}=N_{\mathrm{pc}} d_{\mathrm{pc}} \quad \rightarrow \quad f_{\mathrm{tc}} d_{\mathrm{tc}}=f_{\mathrm{pc}} d_{\mathrm{pc}} \tag{6.3}
\end{equation*}
$$

Equilibrium in this regard is achieved when the temperature of the two chambers has stabilized and when the pressure throughout the cell is constant. To estimate how long if takes for the pressure to equalize throughout the cell, we'll look at two limits. The slow limit is found by calculating the finite one dimensional diffusion time scale:

$$
\begin{equation*}
\tau \approx \frac{L_{\mathrm{tt}}^{2}}{\pi^{2} D} \approx 20 \mathrm{sec} \tag{6.4}
\end{equation*}
$$

where $L_{\mathrm{tt}}$ is the transfer tube length and $D \approx 0.2 \mathrm{~cm}^{2} / \mathrm{s}$ is the ${ }^{3} \mathrm{He}$ diffusion constant under operating conditions.

The fast limit is found by applying Poiseuille's equation for viscous incompressible flow through a tube due to a pressure differential [1]:

$$
\begin{equation*}
\frac{d}{d t}\left(\rho_{\mathrm{pc}} V_{\mathrm{pc}}\right)=-\frac{A_{\mathrm{tt}}^{2}}{8 \pi \eta L_{\mathrm{tt}}}\left(p_{\mathrm{pc}}-p_{\mathrm{tc}}\right) \tag{6.5}
\end{equation*}
$$

where $\rho_{\mathrm{pc}}$ is the mass density of the ${ }^{3} \mathrm{He}$ in the pumping chamber, $V_{\mathrm{pc}}$ is the pumping chamber volume, $A_{\mathrm{tt}}$ is the cross sectional area of the transfer tube, $\eta$ is the viscosity, $p_{\mathrm{pc}}$ is the pumping chamber pressure, and $p_{\mathrm{tc}}$ is the target chamber pressure. We'll assume that the temperature in the pumping chamber is instantaneously changed to its operating value. Consequently the pressure in the pumping chamber is initially higher than the pressure in the target chamber. The change in the mass flow rate from the pumping chamber can be rewritten as:

$$
\begin{equation*}
\frac{d}{d t}\left(\rho_{\mathrm{pc}} V_{\mathrm{pc}}\right)=\frac{d}{d t}\left(\mathrm{M} . \mathrm{W} . \times \frac{p_{\mathrm{pc}} V_{\mathrm{pc}}}{R T_{\mathrm{pc}}}\right) \tag{6.6}
\end{equation*}
$$

where M.W. is the molecular weight of ${ }^{3} \mathrm{He}$ and $R$ is the ideal gas constant. Using the fact the total number of particles in the cell is constant, we can rewrite the pressure in the target chamber in terms of the pressure in the pumping chamber:

$$
\begin{equation*}
p_{\mathrm{tc}}=n_{\mathrm{tc}} R T_{\mathrm{tc}}=\left(N-N_{\mathrm{pc}}\right) \frac{R T_{\mathrm{tc}}}{V_{\mathrm{tc}}}=\frac{V_{\mathrm{pc}}}{V_{\mathrm{tc}}} \frac{T_{\mathrm{tc}}}{T_{\mathrm{pc}}}\left(N-N_{\mathrm{pc}}\right) \frac{R T_{\mathrm{pc}}}{V_{\mathrm{pc}}}=\frac{v}{t}\left(\frac{N R T_{\mathrm{pc}}}{V_{\mathrm{pc}}}-p_{\mathrm{pc}}\right) \tag{6.7}
\end{equation*}
$$

where $v$ and $t$ are the pumping chamber to target chamber ratios of the volumes and temperatures, respectively. Putting this altogether we get:

$$
\begin{equation*}
\frac{d}{d t}\left(\mathrm{M} . \mathrm{W} . \times \frac{p_{\mathrm{pc}} V_{\mathrm{pc}}}{R T_{\mathrm{pc}}}\right)=-\frac{A_{\mathrm{tt}}^{2}}{8 \pi \eta L_{\mathrm{tt}}}\left[p_{\mathrm{pc}}-\frac{v}{t}\left(\frac{N R T_{\mathrm{pc}}}{V_{\mathrm{pc}}}-p_{\mathrm{pc}}\right)\right] \tag{6.8}
\end{equation*}
$$

which can be rewritten as:

$$
\begin{equation*}
\frac{d p_{\mathrm{pc}}}{d t}=\frac{p_{\mathrm{pc}}^{\infty}-p_{\mathrm{pc}}}{\tau} \tag{6.9}
\end{equation*}
$$

where the time constant $\tau$ and equilibrium pressure $p_{\mathrm{pc}}^{\infty}$ are given as:

$$
\begin{equation*}
\tau=\frac{8 \pi \eta L_{\mathrm{tt}} \times \mathrm{M} . \mathrm{W} . \times V_{\mathrm{pc}} f_{\mathrm{tc}}}{A_{\mathrm{tt}}^{2} R T_{\mathrm{pc}}} \quad \& \quad p_{\mathrm{pc}}^{\infty}=\frac{f_{\mathrm{pc}} N R T_{\mathrm{pc}}}{V_{\mathrm{pc}}} \tag{6.10}
\end{equation*}
$$

To calculate $\tau$, we have estimated the viscosity $\eta \approx D$ by using the diffusion constant $D$ which is reasonable for a mono-atomic gas [2]. Therefore the fast limit for the pressure equilibration time scale is about $0.3 \mu \mathrm{sec}$.

Finally, we estimate how long it takes for the temperature of the glass wall of the pumping chamber to equilibrate. Once again using the finite one dimensional diffusion timescale [3]:

$$
\begin{equation*}
\tau \approx \frac{t_{\mathrm{pc}}^{2}}{\pi^{2} D_{g}}=\frac{t_{\mathrm{pc}}^{2} C_{p}^{g} \rho_{g}}{\pi^{2} k_{g}} \approx 2 \mathrm{sec} \tag{6.11}
\end{equation*}
$$

where we have the following values for the thermal conductivity of glass $k_{g}=$ $1 \mathrm{~W} / \mathrm{m} / \mathrm{K}$ [4], the heat capacity of glass $C_{p}^{g}=1 \mathrm{~J} / \mathrm{g} / \mathrm{K}$, the density of glass $\rho_{g}=$ $2.5 \mathrm{~g} / \mathrm{cm}^{3}$, and the thickness of the pumping chamber $t_{\mathrm{pc}}=3 \mathrm{~mm}$. All of these time estimates indicate that the cell temperature \& pressure equilibrate very quickly compared to the polarization timescale. In reality, the main factor that determines how quickly the cell reaches thermal equilibrium are the time scales related to the forced air oven heater feedback system, which can be several minutes.

### 6.1.3 Polarization Rate Equations

Polarization for any spin-1/2 particle is defined as:

$$
\begin{equation*}
P_{\mathrm{pc}, \text { tc }}=\frac{N_{\mathrm{pc}, \text { tc }}^{+}-N_{\mathrm{p}, \text { tc }}^{-}}{N_{\mathrm{pc}, \text { tc }}^{+}+N_{\mathrm{pc}, \text { tc }}^{-}}=\frac{N_{\mathrm{pc}, \text { tc }}^{+}-N_{\mathrm{pc}, \text { tc }}^{-}}{N_{\mathrm{pc}, \text { tc }}}=f_{\mathrm{pc}, \text { tc }}^{+}-f_{\mathrm{p}, \text { tc }}^{-} \tag{6.12}
\end{equation*}
$$

Combining the nuclei number rate Eqns. (6.1) in the manner defined above, noting the following relationships:

$$
\begin{equation*}
f_{\mathrm{pc}, \mathrm{tc}}^{ \pm}=\frac{1}{2}\left(1 \pm P_{\mathrm{pc}, \mathrm{tc}}\right) \quad f_{\mathrm{pc}, \mathrm{tc}}=f_{\mathrm{pc}, \mathrm{tc}}^{+}+f_{\mathrm{pc}, \mathrm{tc}}^{-} \quad 1=f_{\mathrm{pc}}+f_{\mathrm{tc}} \tag{6.13}
\end{equation*}
$$

and, to reiterate, assuming that the alkali polarization reaches equilibrium very quickly and remains constant during the ${ }^{3} \mathrm{He}$ polarization build-up, the polarizations in the two chambers of the cell are given by:

$$
\begin{align*}
\frac{d P_{\mathrm{pc}}}{d t} & =\gamma_{\mathrm{se}}\left(P_{A}-P_{\mathrm{pc}}\right)-\Gamma_{\mathrm{pc}} P_{\mathrm{pc}}-d_{\mathrm{pc}} P_{\mathrm{pc}}+\left(\frac{d_{\mathrm{tc}} N_{\mathrm{tc}}}{N_{\mathrm{pc}}}\right) P_{\mathrm{tc}} \\
\frac{d P_{\mathrm{tc}}}{d t} & =\left(\frac{d_{\mathrm{pc}} N_{\mathrm{pc}}}{N_{\mathrm{tc}}}\right) P_{\mathrm{pc}}-d_{\mathrm{tc}} P_{\mathrm{tc}}-\Gamma_{\mathrm{tc}} P_{\mathrm{tc}} \tag{6.14}
\end{align*}
$$

where $\gamma_{\mathrm{se}}\left(=k_{\mathrm{se}}[A]\right)$ is the spin-exchange rate per nucleus and $P_{A}$ is the pumping chamber volume averaged equilibrium alkali polarization. If we assume that the total nuclei number in each chamber has reached equilibrium before the polarization process is initiated (i.e. the cell is brought to operating temperature before the lasers are turned on), then we can take advantage of the relationship defined by Eqn. (6.3) to give the following:

$$
\begin{align*}
\frac{d P_{\mathrm{pc}}}{d t} & =\gamma_{\mathrm{se}}\left(P_{A}-P_{\mathrm{pc}}\right)-\Gamma_{\mathrm{pc}} P_{\mathrm{pc}}-d_{\mathrm{pc}}\left(P_{\mathrm{pc}}-P_{\mathrm{tc}}\right)=a P_{\mathrm{pc}}+b P_{\mathrm{tc}}+B  \tag{6.15}\\
\frac{d P_{\mathrm{tc}}}{d t} & =d_{\mathrm{tc}}\left(P_{\mathrm{pc}}-P_{\mathrm{tc}}\right)-\Gamma_{\mathrm{tc}} P_{\mathrm{tc}}=c P_{\mathrm{pc}}+d P_{\mathrm{tc}} \tag{6.16}
\end{align*}
$$

where the following substitutions are made:

$$
\begin{equation*}
a=-\left(\gamma_{\mathrm{se}}+\Gamma_{\mathrm{pc}}+d_{\mathrm{pc}}\right) \quad b=d_{\mathrm{pc}} \quad c=d_{\mathrm{tc}} \quad d=-\left(\Gamma_{\mathrm{tc}}+d_{\mathrm{tc}}\right) \quad B=\gamma_{\mathrm{se}} P_{A} \tag{6.17}
\end{equation*}
$$

The coupled rate equations can be rewritten as a matrix equation:

$$
\frac{d}{d t}\left[\begin{array}{c}
P_{\mathrm{pc}}  \tag{6.18}\\
P_{\mathrm{tc}}
\end{array}\right]=\left[\begin{array}{ll}
a & b \\
c & d
\end{array}\right]\left[\begin{array}{c}
P_{\mathrm{pc}} \\
P_{\mathrm{tc}}
\end{array}\right]+\left[\begin{array}{l}
B \\
0
\end{array}\right] \rightarrow \frac{d \vec{P}}{d t}=\mathbf{M} \vec{P}+\vec{B}
$$

### 6.1.4 Analytic Solution to Polarization Rate Equations

Eqn. (6.18) is solved by finding the eigenvalues of the rate matrix $\mathbf{M}$. These eigenvalues:

$$
\begin{equation*}
\Gamma_{ \pm}=-\frac{1}{2}\left[a+d \pm \sqrt{(a-d)^{2}+4 b c}\right] \tag{6.19}
\end{equation*}
$$

are the characteristic rates of the system and, as will be explained shortly, are labeled slow and fast:

$$
\begin{align*}
& \Gamma_{\mathrm{s}}=\frac{1}{2}\left[d_{\mathrm{pc}}+d_{\mathrm{tc}}+\gamma_{\mathrm{se}}+\Gamma_{\mathrm{pc}}+\Gamma_{\mathrm{tc}}-\left(d_{\mathrm{pc}}+d_{\mathrm{tc}}\right) \sqrt{1-2\left(f_{\mathrm{pc}}-f_{\mathrm{tc}}\right) u+u^{2}}\right]  \tag{6.20}\\
& \Gamma_{\mathrm{f}}=d_{\mathrm{pc}}+d_{\mathrm{tc}}+\gamma_{\mathrm{se}}+\Gamma_{\mathrm{pc}}+\Gamma_{\mathrm{tc}}-\Gamma_{\mathrm{s}} \tag{6.21}
\end{align*}
$$

and $u$ is given by:

$$
\begin{equation*}
u=\frac{\gamma_{\mathrm{se}}+\Gamma_{\mathrm{pc}}-\Gamma_{\mathrm{tc}}}{d_{\mathrm{pc}}+d_{\mathrm{tc}}}=\frac{\text { difference in the total rates between the two chambers }}{\text { sum of the transfer rates }} \tag{6.22}
\end{equation*}
$$

These rates can be written as:

$$
\begin{align*}
& \Gamma_{\mathrm{s}}=\left\langle\gamma_{\mathrm{se}}\right\rangle+\langle\Gamma\rangle-\delta \Gamma  \tag{6.23}\\
& \Gamma_{\mathrm{f}}=\left(d_{\mathrm{pc}}+d_{\mathrm{tc}}\right)+\left(\gamma_{\mathrm{se}}-\left\langle\gamma_{\mathrm{se}}\right\rangle\right)+\left(\Gamma_{\mathrm{pc}}+\Gamma_{\mathrm{tc}}-\langle\Gamma\rangle\right)+\delta \Gamma \tag{6.24}
\end{align*}
$$

where again we have made use of Eqn. (6.3) in the form of:

$$
\begin{equation*}
\frac{d_{\mathrm{pc}}-d_{\mathrm{tc}}}{d_{\mathrm{pc}}+d_{\mathrm{tc}}}=\frac{d_{\mathrm{tc}}\left(\frac{f_{\mathrm{tc}}}{f_{\mathrm{pc}}}\right)-d_{\mathrm{tc}}}{d_{\mathrm{tc}}\left(\frac{f_{\mathrm{tc}}}{f_{\mathrm{pc}}}\right)+d_{\mathrm{tc}}}=\frac{f_{\mathrm{tc}}-f_{\mathrm{pc}}}{f_{\mathrm{tc}}+f_{\mathrm{pc}}}=f_{\mathrm{tc}}-f_{\mathrm{pc}} \tag{6.25}
\end{equation*}
$$

and we have defined the following quantities:

$$
\begin{align*}
\left\langle\gamma_{\mathrm{se}}\right\rangle & \equiv \gamma_{\mathrm{se}} f_{\mathrm{pc}}  \tag{6.26}\\
\langle\Gamma\rangle & \equiv \Gamma_{\mathrm{pc}} f_{\mathrm{pc}}+\Gamma_{\mathrm{tc}} f_{\mathrm{tc}}  \tag{6.27}\\
\delta \Gamma & \equiv \frac{d_{\mathrm{pc}}+d_{\mathrm{tc}}}{2}\left[\sqrt{1-2\left(f_{\mathrm{pc}}-f_{\mathrm{tc}}\right) u+u^{2}}-1+\left(f_{\mathrm{pc}}-f_{\mathrm{tc}}\right) u\right]  \tag{6.28}\\
& \approx f_{\mathrm{pc}} f_{\mathrm{tc}} \frac{\left(\gamma_{\mathrm{se}}+\Gamma_{\mathrm{pc}}-\Gamma_{\mathrm{tc}}\right)^{2}}{d_{\mathrm{pc}}+d_{\mathrm{tc}}}+O\left(\frac{\left(\gamma_{\mathrm{se}}+\Gamma_{\mathrm{pc}}-\Gamma_{\mathrm{tc}}\right)^{3}}{\left(d_{\mathrm{pc}}+d_{\mathrm{tc}}\right)^{2}}\right) \tag{6.29}
\end{align*}
$$

where the brackets $\langle\cdots\rangle$ refer to an average over all nuclei. Note that the correction term $\delta \Gamma$ is small and consequently $\Gamma_{\mathrm{s}}=\left\langle\gamma_{\mathrm{se}}\right\rangle+\langle\Gamma\rangle$ is a very good approximation when:

1. The transfer rates are the fastest rates in the cell, $d_{\mathrm{pc}}, d_{\mathrm{tc}} \gg \gamma_{\mathrm{se}}, \Gamma_{\mathrm{pc}}, \Gamma_{\mathrm{tc}}$.
2. The difference in the total rates of the pumping chamber and target chamber is small, $\gamma_{\mathrm{se}}+\Gamma_{\mathrm{pc}} \approx \Gamma_{\mathrm{tc}}$.

Both of these scenarios are true during the spindown of a long lifetime cell ( $>$ 40 hrs ). Fig. (6.2) depicts the slow and fast time constants (note that a time constant is defined to be the inverse rate, $\tau \equiv 1 / \gamma$ ) to different orders for two cell types.

The solutions to the coupled rate equations are given by:

$$
\begin{align*}
P_{\mathrm{pc}}(t) & =P_{\mathrm{pc}}^{\infty}+\left[P_{\mathrm{pc}}^{0}-P_{\mathrm{pc}}^{\infty}-c_{\mathrm{pc}}\right] \exp \left(-\Gamma_{\mathrm{s}} t\right)+c_{\mathrm{pc}} \exp \left(-\Gamma_{\mathrm{f}} t\right)  \tag{6.30}\\
P_{\mathrm{tc}}(t) & =P_{\mathrm{tc}}^{\infty}+\left[P_{\mathrm{tc}}^{0}-P_{\mathrm{tc}}^{\infty}-c_{\mathrm{tc}}\right] \exp \left(-\Gamma_{\mathrm{s}} t\right)+c_{\mathrm{tc}} \exp \left(-\Gamma_{\mathrm{f}} t\right) \tag{6.31}
\end{align*}
$$



Figure 6.2: Slow (upper) and Fast (lower) Time Constants for Two Chambered Cells. Time constants (inverse rates) are plotted as a function of the spin-exchange time constant $\left(\gamma_{\text {se }}^{-1}\right)$. Leading order (dotted black), next to leading order (dashed red), and full (solid black) calculations are depicted. The next to leading order (dashed red) is nearly identical to the full calculation (solid black). A typical "Standard SPC $\mathrm{Rb}^{\prime \prime}$ cell has dimensions $L_{\mathrm{tt}}=6 \mathrm{~cm} \& V_{\mathrm{pc}}=90 \mathrm{cc}$ and contains pure Rb ; whereas a typical " $G_{E}^{n} \mathrm{LPC} \mathrm{K} / \mathrm{Rb}^{\prime}$ cell has dimensions $L_{\mathrm{tt}}=9 \mathrm{~cm} \& V_{\mathrm{pc}}=310 \mathrm{cc}$ and contains a hybrid mix of mostly K and some Rb . The observed spin-up time constant, which is essentially $\Gamma_{\mathrm{s}}^{-1}$, is always longer than the spin-exchange time constant. In addition, the spin-up time constants for the two different cells converge for sufficiently fast spin exchange.
where $P_{\mathrm{pc}, \text { tc }}^{0}$ are set by the initial conditions and the equilibrium $(t \rightarrow \infty)$ polarizations are found by setting the rate equations to zero:

$$
\begin{equation*}
P_{\mathrm{pc}}^{\infty}=\frac{B d}{b c-a d} \quad \& \quad P_{\mathrm{tc}}^{\infty}=-\left(\frac{c}{d}\right) P_{\mathrm{pc}}^{\infty} \tag{6.32}
\end{equation*}
$$

The above can be written in a more illuminating form by using Eqn. (6.3) and after some algebra:

$$
\begin{align*}
& P_{\mathrm{pc}}^{\infty}=P_{A}\left[\frac{\gamma_{\mathrm{se}} f_{\mathrm{pc}}}{\left.\gamma_{\mathrm{se}} f_{\mathrm{pc}}+\Gamma_{\mathrm{pc}} f_{\mathrm{pc}}+\Gamma_{\mathrm{tc}} f_{\mathrm{tc}}\left(1+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}}\right)^{-1}\right]}\right.  \tag{6.33}\\
& P_{\mathrm{tc}}^{\infty}=P_{\mathrm{pc}}^{\infty}\left[1+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}}\right]^{-1} \tag{6.34}
\end{align*}
$$

Finally, the coefficients $c_{\mathrm{pc}, \text { tc }}$ can be obtained by satisfying the coupled rate equations and after some algebra:

$$
\begin{align*}
c_{\mathrm{pc}} & =\frac{\Gamma_{\mathrm{s}}\left(P_{\mathrm{pc}}^{\infty}-P_{\mathrm{pc}}^{0}\right)-b P_{\mathrm{tc}}^{0}-a P_{\mathrm{pc}}^{0}-B}{\Gamma_{\mathrm{f}}-\Gamma_{\mathrm{s}}}  \tag{6.35}\\
c_{\mathrm{tc}} & =\frac{\Gamma_{\mathrm{s}}\left(P_{\mathrm{tc}}^{\infty}-P_{\mathrm{tc}}^{0}\right)-d P_{\mathrm{tc}}^{0}-c P_{\mathrm{pc}}^{0}}{\Gamma_{\mathrm{f}}-\Gamma_{\mathrm{s}}} \tag{6.36}
\end{align*}
$$

These can be written in terms of the rates themselves:

$$
\begin{align*}
\frac{c_{\mathrm{pc}}}{c_{\mathrm{scale}}} & =f_{\mathrm{tc}}\left(P_{\mathrm{pc}}^{0}-P_{\mathrm{tc}}^{0}\right)+\frac{\Gamma_{\mathrm{s}}\left(P_{\mathrm{pc}}^{\infty}-P_{\mathrm{pc}}^{0}\right)+\gamma_{\mathrm{se}}\left(P_{\mathrm{pc}}^{0}-P_{A}\right)+\Gamma_{\mathrm{pc}} P_{\mathrm{pc}}^{0}}{d_{\mathrm{pc}}+d_{\mathrm{tc}}}  \tag{6.37}\\
\frac{c_{\mathrm{tc}}}{c_{\mathrm{scale}}} & =f_{\mathrm{pc}}\left(P_{\mathrm{tc}}^{0}-P_{\mathrm{pc}}^{0}\right)+\frac{\Gamma_{\mathrm{s}}\left(P_{\mathrm{tc}}^{\infty}-P_{\mathrm{tc}}^{0}\right)+\Gamma_{\mathrm{tc}} P_{\mathrm{tc}}^{0}}{d_{\mathrm{pc}}+d_{\mathrm{tc}}}  \tag{6.38}\\
c_{\mathrm{scale}} & =1+\frac{\gamma_{\mathrm{se}}+\Gamma_{\mathrm{pc}}+\Gamma_{\mathrm{tc}}-2 \Gamma_{\mathrm{s}}}{d_{\mathrm{pc}}+d_{\mathrm{tc}}} \tag{6.39}
\end{align*}
$$

### 6.1.5 Time Evolution Near $t=0$

Near $t=0$ when $t \Gamma_{\mathrm{f}} \ll 1$, we can Taylor expand the exponentials to second order:

$$
\begin{align*}
P_{\mathrm{pc}}(t) & =P_{\mathrm{pc}}^{\infty}+\left[P_{\mathrm{pc}}^{0}-P_{\mathrm{pc}}^{\infty}-c_{\mathrm{pc}}\right]\left[1-\Gamma_{\mathrm{s}} t+\frac{\Gamma_{\mathrm{s}}^{2}}{2} t^{2}\right]+c_{\mathrm{pc}}\left[1-\Gamma_{\mathrm{f}} t+\frac{\Gamma_{\mathrm{f}}^{2}}{2} t^{2}\right] \\
& =P_{\mathrm{pc}}^{0}+m_{\mathrm{pc}} t+\frac{q_{\mathrm{pc}}}{2} t^{2}  \tag{6.40}\\
P_{\mathrm{tc}}(t) & =P_{\mathrm{tc}}^{\infty}+\left[P_{\mathrm{tc}}^{0}-P_{\mathrm{tc}}^{\infty}-c_{\mathrm{tc}}\right]\left[1-\Gamma_{\mathrm{s}} t+\frac{\Gamma_{\mathrm{s}}^{2}}{2} t^{2}\right]+c_{\mathrm{tc}}\left[1-\Gamma_{\mathrm{f}} t+\frac{\Gamma_{\mathrm{f}}^{2}}{2} t^{2}\right] \\
& =P_{\mathrm{tc}}^{0}+m_{\mathrm{tc}} t+\frac{q_{\mathrm{tc}}}{2} t^{2} \tag{6.41}
\end{align*}
$$

where the linear slopes are given by:

$$
\begin{align*}
m_{\mathrm{pc}} & =P_{A} \gamma_{\mathrm{se}}-P_{\mathrm{pc}}^{0}\left(\gamma_{\mathrm{se}}+\Gamma_{\mathrm{pc}}\right)+\left(P_{\mathrm{tc}}^{0}-P_{\mathrm{pc}}^{0}\right) d_{\mathrm{pc}}  \tag{6.42}\\
m_{\mathrm{tc}} & =-P_{\mathrm{tc}}^{0} \Gamma_{\mathrm{tc}}+\left(P_{\mathrm{pc}}^{0}-P_{\mathrm{tc}}^{0}\right) d_{\mathrm{tc}} \tag{6.43}
\end{align*}
$$

and the quadratic slopes are given by:

$$
\begin{align*}
q_{\mathrm{pc}} & =\left(P_{\mathrm{pc}}^{\infty}-P_{\mathrm{pc}}^{0}\right) \Gamma_{\mathrm{f}} \Gamma_{\mathrm{s}}-\left(\Gamma_{\mathrm{f}}+\Gamma_{\mathrm{s}}\right) m_{\mathrm{pc}}  \tag{6.44}\\
q_{\mathrm{tc}} & =\left(P_{\mathrm{tc}}^{\infty}-P_{\mathrm{tc}}^{0}\right) \Gamma_{\mathrm{f}} \Gamma_{\mathrm{s}}-\left(\Gamma_{\mathrm{f}}+\Gamma_{\mathrm{s}}\right) m_{\mathrm{tc}} \tag{6.45}
\end{align*}
$$

For the special case of zero initial polarization, $P_{\mathrm{pc}}^{0}=P_{\mathrm{tc}}^{0}=0$ :

$$
\begin{align*}
P_{\mathrm{pc}}(t) & =\gamma_{\mathrm{se}} P_{A}\left[1-\frac{t}{2}\left(\gamma_{\mathrm{se}}+\Gamma_{\mathrm{pc}}+d_{\mathrm{pc}}\right)\right] t  \tag{6.46}\\
P_{\mathrm{tc}}(t) & =\gamma_{\mathrm{se}} P_{A}\left(\frac{d_{\mathrm{tc}}}{2}\right) t^{2} \tag{6.47}
\end{align*}
$$

### 6.1.6 Fast Transfer Limit

In the limit the transfer rates approach infinity, $d_{\mathrm{pc}, \mathrm{tc}} \rightarrow \infty$, the rates, equilibrium polarizations, and coefficients become:

$$
\begin{align*}
\Gamma_{\mathrm{f}} & \rightarrow \infty  \tag{6.48}\\
\Gamma_{\mathrm{s}} & \rightarrow\left\langle\gamma_{\mathrm{se}}\right\rangle+\langle\Gamma\rangle  \tag{6.49}\\
P_{\mathrm{pc}}^{\infty} & \rightarrow P_{A}\left[\frac{\gamma_{\mathrm{se}} f_{\mathrm{pc}}}{\gamma_{\mathrm{se}} f_{\mathrm{pc}}+\Gamma_{\mathrm{pc}} f_{\mathrm{pc}}+\Gamma_{\mathrm{tc}} f_{\mathrm{tc}}}\right]=P_{A}\left[\frac{\left\langle\gamma_{\mathrm{se}}\right\rangle}{\left\langle\gamma_{\mathrm{se}}\right\rangle+\langle\Gamma\rangle}\right]=\frac{f_{\mathrm{pc}} \gamma_{\mathrm{se}} P_{A}}{\Gamma_{\mathrm{s}}}  \tag{6.50}\\
P_{\mathrm{tc}}^{\infty} & \rightarrow P_{\mathrm{pc}}^{\infty}  \tag{6.51}\\
c_{\mathrm{pc}} & \rightarrow f_{\mathrm{tc}}\left(P_{\mathrm{pc}}^{0}-P_{\mathrm{tc}}^{0}\right)  \tag{6.52}\\
c_{\mathrm{tc}} & \rightarrow f_{\mathrm{pc}}\left(P_{\mathrm{tc}}^{0}-P_{\mathrm{pc}}^{0}\right) \tag{6.53}
\end{align*}
$$

which gives for the polarizations in the two chambers:

$$
\begin{align*}
P_{\mathrm{pc}}(t)=P_{\mathrm{tc}}(t) \rightarrow & P_{\mathrm{pc}}^{\infty}+\left[P_{\mathrm{pc}}^{0} f_{\mathrm{pc}}+P_{\mathrm{tc}}^{0} f_{\mathrm{tc}}-P_{\mathrm{pc}}^{\infty}\right] \exp \left(-\Gamma_{\mathrm{s}} t\right) \\
& =P^{\infty}\left[1-\exp \left(-\Gamma_{\mathrm{s}} t\right)\right]+\left\langle P^{0}\right\rangle \exp \left(-\Gamma_{\mathrm{s}} t\right) \tag{6.54}
\end{align*}
$$

After the fast exponential has decayed away, the polarization in the two chambers evolves identically as if the initial polarization in the two chambers had been a volume of average of the true initial polarizations in the two chambers.

Near $t=0$ when $t \Gamma_{\mathrm{s}} \ll 1$, we can Taylor expand the exponential to second order:

$$
\begin{align*}
P(t) & =P^{\infty}+\left[\left\langle P^{0}\right\rangle-P^{\infty}\right]\left[1-\Gamma_{\mathrm{s}} t+\frac{\Gamma_{\mathrm{s}}^{2}}{2} t^{2}\right]  \tag{6.55}\\
& =\left\langle P^{0}\right\rangle+\left[f_{\mathrm{pc}} \gamma_{\mathrm{se}} P_{A}-\Gamma_{\mathrm{s}}\left\langle P^{0}\right\rangle\right] t\left(1-\frac{\Gamma_{\mathrm{s}}}{2} t\right) \tag{6.56}
\end{align*}
$$

### 6.2 Relaxation Mechanisms

In this section, we discuss the various relaxation mechanisms that contribute to $\Gamma_{p c}$ and $\Gamma_{\mathrm{tc}}$. Although the wall relaxation can make the dominant contribution these relaxation rates, not much is known the their origin. As a practical matter, an empiracally determined procedure has been developed to reduce wall relaxation rates to a level that are tolerable. The most imporant and ultimately limiting relaxation mechanism is the $X$-factor, which is discussed in the next section.

### 6.2.1 The X-Factor

The Wisconsin \& NIST groups have determined [5] that there is a relaxation mechanism that appears to be proportional to the spin exchange rate $\gamma_{\mathrm{se}}$. Becasue this mechanism scale with $\gamma_{\mathrm{se}}$, it can not be "turned off" by increasing $\gamma_{\mathrm{se}}$ and therefore limits the ${ }^{3} \mathrm{He}$ polarization. The relaxation rate associated with the $X$-factor can be written in the following way:

$$
\begin{equation*}
\Gamma_{x}=X \gamma_{\mathrm{se}}=\left[X_{0}+X_{1}\left(\frac{S}{V}\right)\right] \gamma_{\mathrm{se}} \tag{6.57}
\end{equation*}
$$

where $X$ is the $X$-factor and $X_{0}\left(X_{1}\right)$ is the part of $X$ that is independant (dependant) on the surface to volume ratio $S / V$. This could mean that this mechanism is due to collisions with alkali atoms, has a temperature dependance that roughly follows that alkali metal vapor pressure curve, or some combination of the two.

Based on the data presented in [5], we can make the following statements. For smaller values of $S / V$ (e.g. larger spheres), $X$ is on average smaller and the variations in $X$ are smaller. For larger values of $S / V$ (e.g. smaller spheres), $X$ is on
average larger and the variations in $X$ are larger. The preceding two statements can be quantified and collapsed into the following inequality:

$$
\begin{equation*}
\approx 0.1 \leq X \leq(0.4 \mathrm{~cm})\left(\frac{S}{V}\right) \tag{6.58}
\end{equation*}
$$

This inequality implies that $X_{0} \approx 0.1$ and $X_{1} \approx 0.4 \mathrm{~cm}$. For $S / V \approx 2.5 / \mathrm{cm}$ or, equivalently, for a sphere with $\mathrm{a} \approx 9.5$ in diameter, the contribution from $X_{0}$ equals the contribututon from $X_{1}$.

The lower limit of the inequality, namely $X_{0}$, is intriguing since it suggests a more fundamental limit to the ${ }^{3} \mathrm{He}$ polarization. One obvious mechanism for $X_{0} \neq 0$ is anisotropic spin exchange between the alkali atom and ${ }^{3} \mathrm{He}$ nucleus. To understand the origin of anisotropic spin exchange, its useful to recall the Hamiltonian that describes the interaction between two dipoles $\vec{\mu}_{1} \& \vec{\mu}_{2}$ separated by a displacement $\vec{r}$ [6]:

$$
\begin{equation*}
\mathcal{H}_{\text {dip }}=-\frac{\mu_{0}}{4 \pi}\left[\left(\frac{8 \pi}{3} \delta(\vec{r})-\frac{1}{|\vec{r}|^{3}}\right) \vec{\mu}_{1} \cdot \vec{\mu}_{2}+\frac{3\left(\vec{r} \cdot \vec{\mu}_{1}\right)\left(\vec{r} \cdot \vec{\mu}_{2}\right)}{|\vec{r}|^{5}}\right] \tag{6.59}
\end{equation*}
$$

where $\mu_{0}$ is the magnetic constant and $\delta(\vec{r})$ is a Dirac $\delta$-function. The first term generates isotropic spin exchange that we're familiar with, whereas the second term generates anisotropic spin exchange.

Walter et al. have shown [7] that the anisotropic spin exchange from a fully polarized alkali atom to a ${ }^{3} \mathrm{He}$ nucleus tends to polarize the ${ }^{3} \mathrm{He}$ nucleus to $-1 / 2$. Furthermore, they calculated the effective $X$-factor due to this mechanism $X_{\text {ani }}$ to be as high as 0.16 for Na and as low as 0.03 for Cs . The same calculation finds 0.06 for K and 0.05 for Rb . These theoretical values can only account for half of the observed $X_{0}$ for pure Rb and $\mathrm{K}-\mathrm{Rb}$ hybrid mixtures.

Recently a method for experimentally determining $X_{\text {ani }}$ has been suggested by Walker et al. [8]. The technique involves comparing the relaxation of the alkali metal in the presence of ${ }^{3} \mathrm{He}$ and ${ }^{4} \mathrm{He}$. They've applied this method to K and found $X_{0}=0.11 \pm 0.13$. Although the uncertainty of this result is quite large, the central value is exactly what one would expect based on Eqn. 6.58). Both $X_{0} \approx 0$ and $X_{0} \approx 0.24$ are within $1 \sigma$ of the central value, which implies that the limiting ${ }^{3} \mathrm{He}$ polarization is as low as 0.8 . We note in passing that a ${ }^{3} \mathrm{He}$ polarzation greater than this value, to our knowledge, has never been reported.

### 6.2.2 Magnetic Field Gradients

The relaxation rate due to magnetic field inhomogeneities is given as [9,10]:

$$
\begin{equation*}
\Gamma_{\nabla B}=D \frac{\left|\vec{\nabla} B_{t}\right|^{2}}{B_{z}}\left(1+\omega^{2} \tau_{c}^{2}\right)^{-1} \tag{6.60}
\end{equation*}
$$

where $D=0.2 \mathrm{~cm}^{2} / \mathrm{s}$ is the diffusion constant, $B_{t}$ is the transverse component of the magnetic field, $B_{z}$ is the longitudinal component of the field, $\omega$ is the Larmor frequency associated with $B_{z}$, and $\tau_{c} \approx D / \bar{v}^{2}$ is the mean time between collisions. This equation indicates the transverse gradients (relative to the holding field) contributes to $T_{1}$. On the other hand, as discussed in Sec. (4.2), longitudinal gradients contribute to $T_{2}$, see Eqn. (4.26).

### 6.2.3 Spin Relaxation Due to Nuclear Dipolar Interactions

The theoretical minimum spin-relaxation rate is due to a direct coupling between two nearby ${ }^{3} \mathrm{He}$ nuclei. Newbury et al. [11] have calculated this ${ }^{3} \mathrm{He}-{ }^{3} \mathrm{He}$ nuclear
dipolar spin-relaxation rate per nucleus at $23^{\circ} \mathrm{C}$ :

$$
\begin{equation*}
\Gamma_{\mathrm{dip}}=\frac{\left[{ }^{3} \mathrm{He}\right]}{(744 \mathrm{amg} \cdot \mathrm{hrs})} \tag{6.61}
\end{equation*}
$$

This rate decreases with increasing temperature, see Sec. D.5.1 for a parameterization of the temperature dependence.

### 6.3 Relaxation Associated with the Beam

### 6.3.1 Basic Mechanism of Beam Depolarization

Ionizing radiation increases the nuclear spin relaxation in the target chamber. Also known as "beam depolarization," it is essentially a two step process. First, the beam ionizes an ${ }^{3} \mathrm{He}$ atom which results in an free electron and an atomic ion ${ }^{3} \mathrm{He}^{+}$. There is also the possibility that the atomic ion bonds with an neutral ${ }^{3} \mathrm{He}$ atom to form an molecular ion ${ }^{3} \mathrm{He}_{2}^{+}$. Second, interactions with ${ }^{3} \mathrm{He}$ ions induce ${ }^{3} \mathrm{He}$ nuclear spin flips. Therefore, the total relaxation rate due to ionization by the
beam is given by:

$$
\begin{align*}
\Gamma_{\text {beam }} & =\left[\begin{array}{c}
\text { ionization rate } \\
\text { per target chamber atom }
\end{array}\right] \cdot\left[\begin{array}{c}
\text { mean number of nuclear spin flips } \\
\text { per atomic ion }
\end{array}\right] \\
& =\left[\binom{\text { electrons }}{\text { per unit time }} \cdot\binom{\text { atomic ions created }}{\text { per electron }} \cdot(\text { atoms in tc })^{-1}\right] \cdot\left(n_{a}+n_{m}\right) \\
& =\left[\left(\frac{I}{e}\right) \cdot\left(\frac{\text { total energy lost }}{\text { mean energy per ion }}\right) \cdot\left(\frac{1}{V_{\mathrm{tc}}[\mathrm{He}]_{\mathrm{tc}}}\right)\right] \cdot\left(n_{a}+n_{m}\right) \\
& =\left[\left(\frac{I}{e}\right) \cdot\left(\frac{\left[\frac{1}{\rho} \frac{d E}{d x}\right] L_{\mathrm{tc}}[\mathrm{He}]_{\mathrm{tc}}}{E_{i}}\right) \cdot\left(\frac{1}{V_{\mathrm{tc}}[\mathrm{He}]_{\mathrm{tc}}}\right)\right] \cdot\left(n_{a}+n_{m}\right) \\
& =\left(\frac{I}{e} \frac{1}{E_{i}}\left[\frac{1}{\rho} \frac{d E}{\rho}\right] \frac{1}{d x}\right) \cdot\left(n_{a}+n_{m}\right) \\
& =\Gamma_{\mathrm{ion}} \cdot\left(n_{a}+n_{m}\right) \tag{6.62}
\end{align*}
$$

where $I$ is the electron beam current, $E_{i}$ is the mean energy for ion-electron pair creation, $A_{\mathrm{tc}}$ is the mean cross sectional area of the target chamber, $\Gamma_{\mathrm{ion}}$ is the ionization rate per ${ }^{3} \mathrm{He}$ atom in the target chamber, and $n_{a} \& n_{m}$ are the average number of spins lost per atomic ion created due to interactions with atomic \& molecular ions respectively.

### 6.3.2 Beam Energy Lost to Ionizing Interactions

The electron beam loses energy to ionizing collisions and to radiation in the form of bremsstrahlung. For the electron energies relevant to JLab, the dominant mode of energy loss is bremsstrahlung, see Fig. 6.3). We will show, however, that the dominant mode of ionization is collisional energy loss. The energy lost to collisions per unit density per unit length is given by the celebrated Bethe-Bloch formula


Figure 6.3: Upper: Relative Energy Loss to Collisions and to Radiation for Electrons in Helium gas at 1 atm and $20^{\circ} \mathrm{C}$. Energy loss is relative to the collisional energy loss for an electron beam energy of 2 GeV . Data is from NIST-ESTAR [12]. Lower: Relative Photoabsorption Cross Sections in Helium. Cross section is relative to the total photoabsorption cross section of a 2 GeV photon. Data is from NIST-XCOM [13].
and, for an electron beam, it is [14]:

$$
\begin{align*}
{\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{c}} } & =2 \pi r_{\mathrm{e}}^{2} m_{\mathrm{e}} c^{2} \frac{Z}{\beta^{2}}\left[\log \left([\gamma-1]^{2}[\gamma+1]\right)-\delta+2 \log \left(\frac{m_{\mathrm{e}} c^{2}}{I_{\mathrm{BB}}}\right)-F(\gamma)-2 \frac{C_{s}}{Z}\right]  \tag{6.63}\\
2 \pi r_{\mathrm{e}}^{2} m_{\mathrm{e}} c^{2} & =6.85 \mathrm{eV} / \text { amagat } / \mathrm{cm}  \tag{6.64}\\
F(\gamma) & =\left[1+\frac{2}{\gamma}-\frac{1}{\gamma^{2}}\right] \log (2)-\frac{1}{8}\left[1-\frac{1}{\gamma}\right]^{2}-\frac{1}{\gamma^{2}}  \tag{6.65}\\
\gamma & =\frac{1}{\sqrt{1-\beta^{2}}}=\frac{E_{\text {beam }}}{m_{\mathrm{e}} c^{2}} \tag{6.66}
\end{align*}
$$

where Z is the target atomic number, $\beta(=v / c)$ is the electron velocity relative to the speed of light, $I_{\mathrm{BB}}$ is the mean excitation potential of the target material, $\delta$ is the density correction, and $C_{s}$ is the shell correction. The shell correction is significant only when the incident electron velocity is roughly equal to or slower than the bound electron orbital velocity. For JLab beam energies, this is not the case; therefore the shell correction will be neglected $\left(C_{s}=0\right)$. The density correction $\delta$ is given by $[14,15]$ :

$$
\begin{align*}
\delta(Y) & =\left\{\begin{array}{ll}
\delta_{0} \exp \left[2\left(Y-Y_{0}^{\prime}\right)\right] & Y \leq Y_{0}^{\prime} \\
2\left(Y-Y_{a}^{\prime}\right)+\left[\delta_{0}-2\left(Y_{0}^{\prime}-Y_{a}^{\prime}\right)\right]\left[\frac{Y_{1}^{\prime}-Y}{Y_{1}^{1}-Y_{0}^{\prime}}\right]^{m} & Y_{0}^{\prime}<Y \leq Y_{1}^{\prime} \\
2\left(Y-Y_{a}^{\prime}\right) & Y_{1}^{\prime}<Y
\end{array}\right\}  \tag{6.67}\\
Y & =\log (\beta \gamma)  \tag{6.68}\\
Y_{a, 0,1}^{\prime} & =Y_{a, 0,1}-\log \sqrt{[\mathrm{N}] /[\mathrm{N}]_{0}} \tag{6.69}
\end{align*}
$$

where $Y_{a}, Y_{0}, Y_{1}, m$, and $[\mathrm{N}]_{0}$ depend on the target material at $1 \mathrm{~atm} \& 20^{\circ} \mathrm{C}$ and for ${ }^{3} \mathrm{He}$ are listed in Tab. (6.1).

For a ${ }^{3} \mathrm{He}$ density of 8.3 amg or higher, the equivalent beam energy for $Y=Y_{1}^{\prime}$ is 700 MeV or less. Therefore for typical ${ }^{3} \mathrm{He}$ experiments at JLab, the density

| parameter | value | comments |
| :---: | :---: | :--- |
| Z | 2 | atomic number |
| $I_{\mathrm{BB}}$ | 41.8 eV | mean excitation potential |
| $C_{s}$ | 0 | for shell correction |
|  |  |  |
| $\delta_{0}$ | 0 |  |
| $Y_{a}$ | 5.5697 |  |
| $Y_{0}$ | 5.0696 | for density correction $\left(1 \mathrm{~atm} \& 20^{\circ} \mathrm{C}\right)$ |
| $Y_{1}$ | 8.3174 |  |
| $m$ | 5.8347 |  |
| $[\mathrm{~N}]_{0}$ | 0.93141 amg |  |

Table 6.1: Bethe-Bloch Formula Parameters for Electron-Helium Interactions. All values taken from [15].
correction is:

$$
\begin{equation*}
\delta(Y)=2 \log (\beta \gamma)-2 Y_{a}+\log \left([\mathrm{N}] /[\mathrm{N}]_{0}\right) \tag{6.70}
\end{equation*}
$$

Plugging this into Eqn. (6.63) for ${ }^{3} \mathrm{He}$ :

$$
\begin{equation*}
\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{c}}=\frac{4 \pi r_{\mathrm{e}}^{2} m_{\mathrm{e}} \mathrm{c}^{2}}{\beta^{2}}\left[\log \left(\frac{[\gamma-1]^{2}[\gamma+1]}{[\beta \gamma]^{2}}\right)+2 Y_{a}-\log \left(\frac{[\mathrm{N}]}{[\mathrm{N}]_{0}}\right)+2 \log \left(\frac{m_{\mathrm{e}} \mathrm{c}^{2}}{I_{\mathrm{BB}}}\right)-F(\gamma)\right] \tag{6.71}
\end{equation*}
$$

and noting that for JLab beam energies $\geq 700 \mathrm{MeV}$ :

$$
\begin{align*}
& \beta \approx 1 \quad \& \gamma \gg 1  \tag{6.72}\\
& \log \left(\frac{[\gamma-1]^{2}[\gamma+1]}{[\beta \gamma]^{2}}\right) \approx \log (\gamma)=\log \left(\frac{E_{\text {beam }}}{m_{\mathrm{e}} c^{2}}\right)  \tag{6.73}\\
& F(\gamma) \approx \log (2)-\frac{1}{8} \tag{6.74}
\end{align*}
$$

we get:

$$
\begin{align*}
{\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{c}} } & =4 \pi r_{\mathrm{e}}^{2} m_{\mathrm{e}} c^{2}\left[\log \left(\frac{E_{\text {beam }}}{m_{\mathrm{e}} c^{2}}\right)+2 Y_{a}-\log \left(\frac{[\mathrm{N}]}{[\mathrm{N}]_{0}}\right)+2 \log \left(\frac{m_{\mathrm{e}} c^{2}}{I_{\mathrm{BB}}}\right)-\log (2)+\frac{1}{8}\right]  \tag{6.75}\\
& =4 \pi r_{\mathrm{e}}^{2} m_{\mathrm{e}} c^{2}\left[\log \left(\frac{E_{\text {beam }}}{1 \mathrm{GeV}}\right)-\log \left(\frac{[\mathrm{N}]}{10 \mathrm{amg}}\right)+34.6\right]  \tag{6.76}\\
4 \pi r_{\mathrm{e}}^{2} m_{\mathrm{e}} c^{2} & =510 \mathrm{keV} \cdot \text { barn }=13.70 \mathrm{eV} / \text { amagat } / \mathrm{cm} \tag{6.77}
\end{align*}
$$

Above electron beam energies of 700 MeV , the previous equation gives the energy loss due to collisions in helium to much better than one percent compared to the full formula Eqn. (6.63).

Collisional energy loss leads directly to ionization of atoms in the target material. On the other hand, energy loss to radiation ionizes atoms only if the emitted bremsstrahlung photons subsequently interact with the target atoms. To provide an upper limit for the ionization contribution from radiation, we assume the following:

1. The photoelectric effect, Compton scattering, and pair production can all result in ionization.
2. One rescattered / reabsorbed bremsstrahlung photon ionizes at most one atom.
3. Every photon must travel half the length of the target chamber before exiting.

The energy loss to radiation that contributes to ionization per unit density per unit length is given by:

$$
\begin{equation*}
\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{ri}}=\left(\frac{\text { total energy lost to radiation }}{\text { per unit density per unit length }}\right) \cdot(\text { fraction of energy that ionizes }) \tag{6.78}
\end{equation*}
$$

Bremsstrahlung can produce any number of photons with any energy such that the total energy does not exceed the energy of the incident electron. The probability that any of these photons subsequently ionizes depends on its energy; therefore, we must convolute the bremsstrahlung spectrum with the total photoabsorption cross section over all photon energies:

$$
\begin{equation*}
\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{ri}}=E \int_{0}^{1} u\left[\frac{1}{\rho} \frac{d^{2} \Phi(u)}{d u \cdot d x}\right]\langle f(u)\rangle d u \tag{6.79}
\end{equation*}
$$

where $u(=h \nu / E)$ (unitless) is the photon energy as a fraction of the electron energy, $d^{2} \Phi(u) / d u / d x$ is the number of bremsstrahlung photons created per frequency bin per unit length, and $\langle f(u)\rangle$ is the average fraction of photons reabsorbed or rescattered:

$$
\begin{equation*}
\langle f(u)\rangle=1-\exp \left(-\sigma_{\gamma}(u)\left[\mathrm{He}_{\mathrm{tc}} L_{\mathrm{tc}} / 2\right)\right. \tag{6.80}
\end{equation*}
$$

In this case, we'll assume $[\mathrm{He}]_{\mathrm{tc}}=10 \mathrm{amg}$ and $L_{\mathrm{tc}}=40 \mathrm{~cm}$.
Bethe and Heitler [16] have shown that the energy per frequency bin of the bremsstrahlung spectrum is roughly constant, see Fig. (6.4), and when the electron energy is so high that complete screening can be assumed, this constant is [17]:

$$
\begin{equation*}
\frac{1}{E}\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{rad}}=\Phi_{\mathrm{rad}} \equiv \int_{0}^{1} u\left[\frac{1}{\rho} \frac{d^{2} \Phi(u)}{d u \cdot d x}\right] d u=4 \alpha r_{\mathrm{e}}^{2}\left(Z^{2}[L(Z)-f(Z \alpha)]+Z L^{\prime}(Z)\right) \tag{6.81}
\end{equation*}
$$

$$
\begin{equation*}
4 \alpha r_{\mathrm{e}}^{2}=2.318 \text { millibarns } \tag{6.82}
\end{equation*}
$$

where for Helium $L(2)=4.79, f(2 \alpha)=2.56 \times 10^{-4}, L^{\prime}(2)=5.621$ and therefore $\Phi_{\text {rad }}=70.47$ millibarns. This reduces the convolution integral to an integral over


Figure 6.4: Upper: Bremsstrahlung Spectrum (adapted without permission from [16]). The horizontal axis is the photon frequency relative to the beam energy ( $u=$ $h \nu / E)$. The vertical axis is the total photon energy per frequency bin normalized to the average value over all frequencies $\left(\frac{u}{\Phi_{\text {rad }}}\left[\frac{1}{\rho} \frac{d^{2} \Phi(u)}{d u \cdot d x}\right]\right)$. The lower bound of the pink shaded region corresponds to a beam energy of 500 MeV ; while, the upper bound to the limit of infinite beam energy. In the convolution integral, Eqn. (6.79), this curve is taken to be independent of both $u \& E_{\text {beam }}$ and set equal to 1, which corresponds to the horizontal red line. Lower: Average Fraction of Bremsstrahlung Photons Absorbed as a Function of Photon Energy. The horizontal axis is the log base 10 of the photon energy in MeV . The vertical axis is the $\log$ base 10 of $\langle f(u)\rangle$ evaluated for a $10 \mathrm{amg} / 40 \mathrm{~cm}$ cell. The black curve is the true form of $\langle f(u)\rangle$ and the red curve is the rectangular approximation used for the integral Eqn. (6.84). In summary, the integral of Eqn. (6.79) is a convolution of the black curves in these two plots; whereas we approximate this integral by taking a convolution of the red curves in these plots.
$\langle f(u)\rangle:$

$$
\begin{equation*}
\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{ri}} \approx E \Phi_{\mathrm{rad}} \int_{0}^{1}\langle f(u)\rangle d u=\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{rad}} \int_{0}^{1}\langle f(u)\rangle d u \tag{6.83}
\end{equation*}
$$

To approximate this integral, we first note that small photon energies have large photoabsorption cross sections (see Fig. (6.3)) but represent a small frequency range in the bremsstrahlung spectrum. Therefore we separate $\langle f(u)\rangle$ into three rectangular frequency bins and find:

$$
\begin{align*}
\int_{0}^{1}\langle f(u)\rangle d u \approx & \sum_{n} u_{n}\langle f(u)\rangle_{n}=\frac{\left(10^{-2} \mathrm{MeV}\right) \cdot(1.00)}{E_{\text {beam }}} \\
& +\frac{\left(10 \mathrm{MeV}-10^{-2} \mathrm{MeV}\right) \cdot(0.01)}{E_{\text {beam }}} \\
& +\frac{\left(E_{\text {beam }}-10 \mathrm{MeV}-10^{-2} \mathrm{MeV}\right) \cdot\left(3 \times 10^{-4}\right)}{E_{\text {beam }}} \\
\approx & \frac{0.01 \mathrm{MeV}}{E_{\text {beam }}}+\frac{0.1 \mathrm{MeV}}{E_{\text {beam }}}+3 \times 10^{-4} \\
\approx & \frac{0.11 \mathrm{MeV}}{E_{\text {beam }}}+3 \times 10^{-4} \tag{6.84}
\end{align*}
$$

Using the above approximation for the integral in Eqn. 6.79) and dividing by the energy loss due to collisions gives the following estimate for the ratio:

$$
\begin{equation*}
\eta \equiv \frac{\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{ri}}}{\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{c}}} \approx \frac{0.015+0.042 \cdot\left(\frac{E_{\text {beam }}}{1 \mathrm{GeV}}\right)}{\log \left(\frac{E_{\text {beam }}}{1 \mathrm{GeV}}\right)+34.6}<0.02\left(\text { for } E_{\text {beam }} \leq 16 \mathrm{GeV}\right) \tag{6.85}
\end{equation*}
$$

Even though the energy loss to radiation is about 3 to 30 times larger than the energy loss due to collisions at JLab energies, it contributes very little to the ionization.

### 6.3.3 Mean Energy for Helium Ion-Electron Pair Creation

The mean energy per ion-electron creation has been measured in helium a number of times, see Tab. (6.2). The early measurements found about 32 eV per pair. As later authors noted on more than one occasion [18-21], these early measurements were performed on insufficiently pure helium samples. Later measurements, which took great care to purify the helium sample, obtained results about 10 eV per pair higher. We need to know the value for pure He because we are interested in knowing how many He ions are created. Consequently, we use a weighted average of five "modern" measurements that went to great lengths to purify their He sample. As a side note, the mean energy per ion-electron creation $E_{i}$ is entirely different than the mean excitation potential $I_{\mathrm{BB}}$. It is merely a coincidence that they have nearly the same value for He . We are finally in a position to calculate the mean ionization rate per atom:

$$
\begin{equation*}
\Gamma_{\mathrm{ion}}=\left(\frac{1}{e E_{i}}\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{c}}\right) \frac{I}{A_{\mathrm{tc}}}=\beta \frac{I}{A_{\mathrm{tc}}} \tag{6.86}
\end{equation*}
$$

where $e$ is the elementary charge, $I$ is the beam current, $A_{\mathrm{tc}}$ is the mean cross sectional area of the target chamber, and $\beta^{-1}$ is tabulated in Tab. 6.3) for various beam energies. The dependence of $\beta$ on the beam energy is soft; consequently the mean ionization rate per atom within 5 percent over all JLab energies is:

$$
\begin{equation*}
\Gamma_{\mathrm{ion}}=\left(0.0095 \frac{\mathrm{~cm}^{2}}{\mu \mathrm{~A} \cdot \mathrm{hr}}\right) \frac{I}{A_{\mathrm{tc}}}=\left(\frac{1}{21 \mathrm{hrs}}\right) \cdot\left(\frac{I}{10 \mu \mathrm{~A}}\right) \cdot\left(\frac{2.0 \mathrm{~cm}^{2}}{A_{\mathrm{tc}}}\right) \tag{6.87}
\end{equation*}
$$

| $E_{i}(\mathrm{eV})$ | year | comments | ref. |
| :---: | :---: | :---: | :---: |
| 26.2 | 1925 | purified in charcoal at liquid air temps, possible double ionization of He ? | [22] |
| 31 | 1927 | purified in charcoal at liquid air temperatures | [23] |
| 31.0 | 1944 | value listed in [24] and [25] | [26] |
| 29.9 | 1951 | tank He at 99.95\% purity with traces amounts of $\mathrm{N}_{2}$ and $\mathrm{O}_{2}$ | [27] |
| 30.9 | 1952 | cited in [19,28] | [29] |
| ( $32.5 \pm 0.5$ ) | 1952 | $\mathrm{He} / \mathrm{Ar} / \mathrm{CH}_{4}$ mixture | [30] |
| 29.7 |  | He with $0.13 \% \mathrm{Ar}$ |  |
| 41.3 | 1952 | purified with charcoal at liquid air temperatures | [18] |
| $(26.0 \pm 1.6)$ | 1953 | was purified, but not pure enough? | [31] |
| ( $42.7 \pm 0.2)^{*}$ | 1953 | purified with charcoal at liquid air temperatures | [19] |
| 33.8 | 1954 | tank He with less than $0.02 \% \mathrm{~N}_{2}$ | [32] |
| $(44.2 \pm 0.9)^{*}$ | 1954 | purified with $\mathrm{Ca}-\mathrm{Mg}$ chips at $470^{\circ} \mathrm{C}$ | [28] |
| $(46.0 \pm 0.5)^{*}$ | 1954 | two sets of He samples with different purification methods | [20] |
| $(42.3 \pm 0.3)^{*}$ | 1955 | purified with charcoal at liquid air temperatures | [33] |
| $(40.3 \pm 0.8)^{*}$ | 1956 | purified with charcoal at liquid air temperatures | [34] |
| 55,60 ( $\pm 5 \%$ ) | 1957 | used He-ethylene mix, but applied an "impurity" correction | [35] |
| $\begin{gathered} 29.9 / 35.2 \\ 41.1 \end{gathered}$ | 1954 | theoretical calculation for impure He sample theoretical calculation for pure He | [21] |
| $42.7,42.3$ | 1964 | sensitivity to impurities discussed, but no original sources listed | [36] |
| $E_{i}($ weighted mean $)=(43.2 \pm 0.1) \mathrm{eV}$ |  |  |  |

Table 6.2: Mean Energy per Ion- $e^{-}$Pair Creation in He Gas. Only measurements performed on carefully purified samples (*) are used in the calculation of the weighted mean. The different measurement techniques and their respective sensitivities to impurities are discussed in the 1958 review article by Valentine and Curran [37].
\(\left.$$
\begin{array}{cccc}\begin{array}{c}E_{\text {beam }} \\
(\mathrm{GeV})\end{array} & {\left[\frac{1}{\rho} \frac{d E}{d x}\right]_{\mathrm{c}}}\end{array}
$$ \begin{array}{c}\eta <br>

(\%)\end{array}\right]\)| $\beta^{-1}$ |
| :---: |
| $\left(\mathrm{hr} \cdot \mu \mathrm{A} / \mathrm{cm}^{2}\right)$ |

Table 6.3: Variation of Ionizing Energy Loss Parameters with Electron Beam Energy. The second column is the energy lost to collisions relative to the value at 2 GeV . The maximum relative ionization contribution from radiation, $\eta$, is estimated assuming a ${ }^{3} \mathrm{He}$ density of 10 amg and a target chamber length of 40 cm .

### 6.3.4 Spin Relaxation Due to Atomic and Molecular Helium Ions

Atomic ions contribute to polarization loss due to a "spin-exchange"-like interaction between the ${ }^{3} \mathrm{He}$ nucleus and the unpaired electron in the atomic ion. Because charge exchange occurs readily, electrons from highly polarized neutral atoms jump to lowly polarized atomic ions. The newly formed atomic ion partially depolarizes until it undergoes charge exchange and so on. The cumulative effect is at most one nuclear spin flip [38]. In addition to this process, molecular ions also lose polarization to the rotational degrees of freedom via a spin-rotation interaction [39]. Little mention is made in the literature about relaxation due to interactions with free electrons, consequently, we'll show in the next section that their effect is negligible. Before estimating the number of spin flips induced by both processes, it is useful to first estimate the fraction of ions of both types and their typical lifetimes. First we write down the rate equations for the density of atomic ions and molecular ions (in the target chamber) assuming that most of the atoms are neutral:

$$
\begin{align*}
& \frac{d\left[\mathrm{He}^{+}\right]_{\mathrm{tc}}}{d t}=+\Gamma_{\mathrm{ion}}[\mathrm{He}]_{\mathrm{tc}}-\sum_{i} k_{i}\left[X_{i}\right]_{\mathrm{tc}}\left[\mathrm{He}^{+}\right]_{\mathrm{tc}}-k_{m}\left[\mathrm{He}^{+}\right]_{\mathrm{tc}}\left[\mathrm{He}_{\mathrm{tc}}^{2}+D \nabla^{2}\left[\mathrm{He}^{+}\right]_{\mathrm{tc}}(6\right.  \tag{6.88}\\
& \frac{d\left[\mathrm{He}_{2}^{+}\right]_{\mathrm{tc}}}{d t}=+k_{m}\left[\mathrm{He}^{+}\right]_{\mathrm{tc}}\left[\mathrm{He}_{\mathrm{tc}}^{2}-\sum_{j}\left[X_{j}\right]_{\mathrm{tc}}\left(k_{j}^{\prime}+k_{j}^{\prime \prime}\left[\mathrm{He}_{\mathrm{tc}}\right)\left[\mathrm{He}_{2}^{+}\right]_{\mathrm{tc}}+D \nabla^{2}\left[\mathrm{He}_{2}^{+}\right]_{\mathrm{tc}}\right.\right. \tag{6.89}
\end{align*}
$$

where $k_{m}, k_{i}, k_{j}^{\prime}$, \& $k_{j}^{\prime \prime}$ are the rate constants for molecular formation, atomic ion charge transfer to $X_{i}$, binary molecular charge transfer to $X_{j}$, and three body molecular charge transfer to $X_{j}$, see Tab. (D.17). Losses due to diffusion can be estimated

| parameter | value | units | description |
| :---: | :---: | :---: | :---: |
| $[\mathrm{He}]_{\text {tc }}$ | 10 | amg | operating target chamber density |
| $\left[\mathrm{N}_{2}\right]_{\text {tc }}$ | 0.1 | amg | operating target chamber density |
| $\rho$ | 1.0 | - | ratio of $\mathrm{N}_{2}$ to ${ }^{3} \mathrm{He}$ densities relative to 0.01 |
| $h$ | 1.0 | - | density of ${ }^{3} \mathrm{He}$ relative to 10 amg |
| I | 10 | $\mu \mathrm{A}$ | beam current |
| $A_{\text {tc }}$ | 2 | $\mathrm{cm}^{2}$ | target chamber cross sectional area |
| $\Gamma_{\text {ion }}$ | 1/20 | $\mathrm{hrs}^{-1}$ | ionization rate per atom |
| D | 1.8 | $\mathrm{cm}^{2} / \mathrm{s}$ | ${ }^{3} \mathrm{He}$ self-diffusion constant at STP |
| $k_{m}[\mathrm{He}]_{\text {tc }}^{2}$ | 6.0 | GHz | molecular ion formation rate |
| $k_{n}\left[\mathrm{~N}_{2}\right]_{\text {tc }}$ | 2.7 | GHz | atomic ion rate of charge transfer to $\mathrm{N}_{2}$ |
| $k_{n}^{\prime}\left[\mathrm{N}_{2}\right]_{\text {tc }}$ | 3.0 | GHz | molecular ion binary rate of charge transfer to $\mathrm{N}_{2}$ |
| $k_{n}^{\prime \prime}\left[\mathrm{N}_{2}\right]_{\mathrm{tc}}[\mathrm{He}]_{\mathrm{tc}}$ | 9.8 | GHz | molecular ion 3-body rate of charge transfer to $\mathrm{N}_{2}$ |
| $\tau_{a}$ | 115 | ps | mean lifetime of atomic ions |
| $\tau_{m}$ | 78 | ps | mean lifetime of molecular ions |
| $\tau_{\text {ex }}$ | 6.7 | ps | mean time between atomic charge transfers |
| $h_{a}^{\infty}$ | $1.5 \times 10^{-15}$ | - | fraction of nuclei that are in atomic ions |
| $h_{m}^{\infty}$ | $7.2 \times 10^{-16}$ | - | fraction of nuclei that are in molecular ions |
| $A_{a} / h$ | 8.66 | GHz | atomic ion hyperfine coupling constant [38] |
| $\gamma_{m} N / h$ | 29 | MHz | molecular ion spin-rotation coupling constant [39] |
| $Q_{m}$ | $\leq 1$ | - | relative molecular ion relaxation rate |
| $n_{m}$ | $\leq 0.002$ | - | spin flips due to molecular ions per atomic ion created |
| $\Omega$ | 0.36 | radians | amount of nuclear spin precession in between charge transfers |
| $r$ | 17 | - | mean number of atomic charge transfers before neutralization |
| $n_{a}$ | $0.50 \pm 0.07$ | - | spin flips due to atomic ions per atomic ion created |

Table 6.4: Parameters Relevant to Relaxation Due to Ion Formation. These values are calculated for typical operating conditions.
by:

$$
\begin{equation*}
D \nabla^{2} \rightarrow \gamma_{d} \approx D \pi^{2}\left[\frac{1}{R^{2}}+\frac{1}{L^{2}}\right] \tag{6.90}
\end{equation*}
$$

where $D$ is the ${ }^{3} \mathrm{He}$ self-diffusion constant, $R$ is the characteristic diffusion size in the radial direction, and $L$ is the characteristic diffusion size along the target chamber. Using the intrinsic radius of the beam $\approx 100 \mu \mathrm{~m}$ and the target chamber length $\approx 40 \mathrm{~cm}$, we get $\gamma_{d} \approx 200 \mathrm{kHz}$. Since all of the other rates are on the order of GHz , we can safely ignore the effect of diffusion. In other words, the exact details of the transverse spatial distribution of beam current is irrelevant. All that matters is the total current that passes through the target chamber. Charge recombination is assumed to be negligible. Dividing out the total ${ }^{3} \mathrm{He}$ density and assuming that $\mathrm{N}_{2}$ is the only other gas in the target chamber, we get rate equations for the fraction of atoms ions $h_{a}$ and molecular ions $h_{m}$, where we have assumed $h_{a}, h_{m} \ll 1$ :

$$
\begin{align*}
\frac{d h_{a}}{d t} & =+\Gamma_{\mathrm{ion}}-\frac{h_{a}}{\tau_{a}}  \tag{6.91}\\
\tau_{a}^{-1} & =k_{n}\left[\mathrm{~N}_{2}\right]_{\mathrm{tc}}+k_{m}\left[\mathrm{He}_{\mathrm{tc}}^{2}\right.  \tag{6.92}\\
\frac{d h_{m}}{d t} & =+k_{m} h_{a}[\mathrm{He}]_{\mathrm{tc}}^{2}-\frac{h_{m}}{\tau_{m}}  \tag{6.93}\\
\tau_{m}^{-1} & =\left[\mathrm{N}_{2}\right]_{\mathrm{tc}}\left(k_{n}^{\prime}+k_{n}^{\prime \prime}[\mathrm{He}]_{\mathrm{tc}}\right) \tag{6.94}
\end{align*}
$$

where $\tau_{a}$ and $\tau_{m}$ are the mean atomic and molecular ion lifetimes. The equilibrium fractions are obtained from setting the rates to zero and give:

$$
\begin{align*}
h_{a}^{\infty} & =\Gamma_{\mathrm{ion}} \tau_{a}=\frac{\Gamma_{\mathrm{ion}}}{k_{n}\left[\mathrm{~N}_{2}\right]_{\mathrm{tc}}+k_{m}\left[\mathrm{He}_{\mathrm{tc}}^{2}\right.}  \tag{6.95}\\
h_{m}^{\infty} & =k_{m}[\mathrm{He}]_{\mathrm{tc}}^{2} \tau_{m} h_{a}^{\infty}=\frac{\Gamma_{\mathrm{ion}}}{\left[\mathrm{~N}_{2}\right]_{\mathrm{tc}}\left(k_{n}^{\prime}+k_{n}^{\prime \prime}[\mathrm{He}]_{\mathrm{tc}}\right)}\left(1+\frac{k_{n}\left[\mathrm{~N}_{2}\right]_{\mathrm{tc}}}{k_{m}\left[\mathrm{He}_{\mathrm{tc}}^{2}\right.}\right)^{-1} \tag{6.96}
\end{align*}
$$

Under our conditions, we find $\tau_{a}, \tau_{m} \approx 100 \mathrm{ps}$ and $h_{a}^{\infty}, h_{m}^{\infty} \approx 10^{-15}$, which justifies our previous assumption that there are very few ions.

The presence of a foreign gas such as $\mathrm{N}_{2}$ greatly limits the lifetime of molecular ions. Whereas molecular ions have the potential to depolarize many nuclei, their effect is greatly reduced because they are so short lived. Relaxation due to molecular ions is discussed in [39] and they derive an expression for $n_{m}$ of the following form:

$$
\begin{equation*}
\Gamma_{\mathrm{ion}} n_{m}=\left\langle\frac{\gamma_{m} N}{h}\right\rangle h_{m}^{\infty} Q_{m} \rightarrow n_{m}=\left\langle\frac{\gamma_{m} N}{h}\right\rangle\left(\frac{h_{m}^{\infty}}{\Gamma_{\text {ion }}}\right) Q_{m} \tag{6.97}
\end{equation*}
$$

where $\gamma_{m} N / h$ is the molecular spin-rotation coupling constant and $Q_{m}$ is the unitless relative relaxation rate that depends on the magnitude of the magnetic field and the density of ${ }^{3} \mathrm{He}$. Since $Q_{m}$ can be at most 1 , the maximum value for $n_{m}$ is given as:

$$
\begin{equation*}
n_{m} \leq \frac{\left\langle\frac{\gamma_{m} N}{h}\right\rangle}{\left[\mathrm{N}_{2}\right]_{\mathrm{tc}}\left(k_{n}^{\prime}+k_{n}^{\prime \prime}[\mathrm{He}]_{\mathrm{tc}}\right)}\left(1+\frac{k_{n}\left[\mathrm{~N}_{2}\right]_{\mathrm{tc}}}{k_{m}[\mathrm{He}]_{\mathrm{tc}}^{2}}\right)^{-1} \approx 0.002 \tag{6.98}
\end{equation*}
$$

Relaxation due to atomic ions is discussed in [38] and their calculation gives:

$$
\begin{align*}
n_{a}(r, \Omega) & =1+\frac{a_{1}}{1-r \gamma_{1}}+\Re\left(\frac{a_{2}}{1-r \gamma_{2}}\right) \\
a_{1} & =\frac{-\left|\gamma_{2}\right|^{2}+\Omega^{2} / 2}{\left|\gamma_{2}\right|^{2}+2 \gamma_{1}\left(1+\gamma_{1}\right)} \\
a_{2} & =\frac{2\left(\Omega^{2} / 2-\gamma_{1} \gamma_{2}^{*}\right)\left(\gamma_{1}-\gamma_{2}^{*}\right)}{\left(\gamma_{2}^{*}-\gamma_{2}\right)\left[\left|\gamma_{2}\right|^{2}+2 \gamma_{1}\left(1+\gamma_{1}\right)\right]} \\
\gamma_{1} & =S+T-\frac{2}{3} \\
\gamma_{2} & =\left(\frac{i \sqrt{3}-1}{2}\right) S-\left(\frac{i \sqrt{3}+1}{2}\right) T-\frac{2}{3} \\
S & =(Q+R)^{1 / 3} \\
T & =(Q-R)^{1 / 3} \\
Q & =\frac{1}{108}\left(4+9 \Omega^{2}\right) \\
R & =\frac{\Omega}{12 \sqrt{3}}\left(8-13 \Omega^{2}+16 \Omega^{4}\right)^{1 / 2} \\
\Omega & =2 \pi\left(\frac{A_{a}}{h}\right) \tau_{\mathrm{ex}} \\
r & =\frac{\tau_{a}}{\tau_{\mathrm{ex}}} \tag{6.99}
\end{align*}
$$

where $\tau_{\text {ex }}$ is the mean time between atomic charge exchange collisions, $A_{a} / h$ is the atomic ion hyperfine coupling constant, $r$ is the mean number of charge exchange collisions before the atomic ion is neutralized, and $\Omega$ is a measure of "how much" the nuclear spin and unpaired electron interact before a charge exchange collision occurs. Note that since $Q$ and $R$ are positive definite, $\gamma_{1}$ and $a_{1}$ are necessarily real and we can and must choose $T$ to be real as well. In our specific case, $\tau_{a}$ and $\tau_{\text {ex }}$ can
be calculated by:

$$
\begin{align*}
\tau_{\mathrm{ex}}^{-1} & =k_{\mathrm{ex}}[\mathrm{He}]_{\mathrm{tc}}  \tag{6.100}\\
\tau_{a}^{-1} & =k_{n}\left[\mathrm{~N}_{2}\right]_{\mathrm{tc}}+k_{m}[\mathrm{He}]_{\mathrm{tc}}^{2} \tag{6.101}
\end{align*}
$$

where $k_{\text {ex }}$ is the binary $\mathrm{He}-\mathrm{He}$ charge transfer rate constant, $k_{n}$ is the binary $\mathrm{He}-\mathrm{N}_{2}$ charge transfer rate constant, and $k_{m}$ is the three body He molecular ion formation rate constant.

Fig. (6.5) depicts $n_{a}$ for various values of $r, \Omega,{ }^{3} \mathrm{He}$ density, and $\mathrm{N}_{2}$ to ${ }^{3} \mathrm{He}$ density ratio. The red point in the left plot corresponds to our typical conditions with $n_{a}=0.50 \pm 0.07$, where all of the uncertainty comes from our (lack of) knowledge of the atomic charge transfer and molecular formation rate constants. It is quite tedious to calculate $n_{a}$ directly from the above set of equations. Therefore we have prepared a "homemade" parameterization in matrix form which reproduces the full calculation of $n_{a}$ to better than $2.0 \%$ for ${ }^{3} \mathrm{He}$ densities from 5 to 15 amg with $\mathrm{N}_{2}$ to ${ }^{3} \mathrm{He}$ density ratios from $0 \%$ to $5 \%$ :

$$
n_{a}(h, \rho)=\left[\begin{array}{llll}
1 & h-1 & (h-1)^{2} & (h-1)^{3}
\end{array}\right] M_{a}\left[\begin{array}{c}
1  \tag{6.102}\\
\rho-1 \\
(\rho-1)^{2} \\
(\rho-1)^{3}
\end{array}\right]
$$

where $M_{a}$ is a 4 by 4 matrix given by:

$$
M_{a}=\left[\begin{array}{llll}
+5.0539 \mathrm{E}-1 & -8.1948 \mathrm{E}-2 & +1.1033 \mathrm{E}-2 & -8.6382 \mathrm{E}-4  \tag{6.103}\\
-6.5344 \mathrm{E}-1 & +4.7939 \mathrm{E}-2 & +9.9539 \mathrm{E}-4 & -4.4021 \mathrm{E}-4 \\
+1.8737 \mathrm{E}-1 & +1.0659 \mathrm{E}-1 & -2.2923 \mathrm{E}-2 & +2.0191 \mathrm{E}-3 \\
+2.5606 \mathrm{E}-1 & -1.2834 \mathrm{E}-1 & -9.7831 \mathrm{E}-3 & -3.7214 \mathrm{E}-5
\end{array}\right]
$$

and $h$ and $\rho$ are given by:

$$
\begin{equation*}
h=\frac{\left[{ }^{3} \mathrm{He}\right]_{\mathrm{tc}}}{10 \mathrm{amg}} \quad \& \quad \rho=100 \cdot \frac{\left[\mathrm{~N}_{2}\right]_{\mathrm{tc}}}{\left[{ }^{3} \mathrm{He}\right]_{\mathrm{tc}}} \tag{6.104}
\end{equation*}
$$

The right half of Fig. (6.5) shows a comparison between the full calculation for $n_{a}$ and the matrix parameterization as a function of ${ }^{3} \mathrm{He}$ density for different $\mathrm{N}_{2}$ to ${ }^{3} \mathrm{He}$ density ratios. The desired amount of $\mathrm{N}_{2}$ in the cell is usually about one percent or $\rho=1$. In this case, the matrix form of $n_{a}$ collapses to give:

$$
\begin{equation*}
n_{a}(h, \rho=1)=0.50539-0.65344 \cdot(h-1)+0.18737 \cdot(h-1)^{2}+0.25606 \cdot(h-1)^{3} \tag{6.105}
\end{equation*}
$$

If the ${ }^{3} \mathrm{He}$ density is 10 amg or $h=1$, the matrix collapses to give:
$n_{a}(h=1, \rho)=0.50539-0.081948 \cdot(\rho-1)+0.011033 \cdot(\rho-1)^{2}-0.00086382 \cdot(\rho-1)^{3}$

Over a ${ }^{3} \mathrm{He}$ density range of 9 amg to 12 amg and a $\mathrm{N}_{2}$ to ${ }^{3} \mathrm{He}$ density ratio range of $0.5 \%$ to $2 \%$, the following reproduces the full calculation to better than $3 \%$ :

$$
\begin{equation*}
n_{a}=0.50618-[0.62409-0.05691 \cdot(\rho-1)] \cdot(h-1)-0.075812 \cdot(\rho-1) \tag{6.107}
\end{equation*}
$$

### 6.4 Polarization Diffusion

Up to now, we have not specified by mechanism by which the particles transfer between chambers. For the cells described in this dissertation, the transfer mechanism is diffusion.

### 6.4.1 Diffusion Rate Per Atom

To calculate the diffusion rates, we'll follow the arguments presented in [40,41]. The flux of particles $\vec{J}$ of the $i$ th type due to diffusion is [1]:

$$
\begin{equation*}
\overrightarrow{J_{i}}=-n D\left[\vec{\nabla} f_{i}-k_{T} \log (T)-k_{p} \log (p)\right] \tag{6.108}
\end{equation*}
$$

where $f_{i}$ is the fraction of particles of the $i$ th particle type such that $\sum_{i} f_{i}=1, D$ is the diffusion constant, $k_{T(p)}$ is the thermal diffusion (barodiffusion) ratio, $n$ is the total density of particles, and $T(p)$ is the temperature (pressure) of the gas. Reducing the problem to one dimension $\left(\vec{\nabla} \rightarrow \hat{z} \frac{d}{d z}\right)$, labeling $i$ as the up and down spins, and subtracting one from the other gives us the net polarization flux through the transfer tube:

$$
\begin{equation*}
J_{\mathrm{tt}}=\hat{z} \cdot\left(\overrightarrow{J_{+}}-\overrightarrow{J_{-}}\right)=-n(z) D(z) \hat{z} \cdot \vec{\nabla}\left(f_{+}-f_{-}\right)=-n(z) D(z) \frac{d P(z)}{d z} \tag{6.109}
\end{equation*}
$$

Note that we have assumed that the diffusion ratios $k_{T}$ and $k_{p}$ depend only on the type of chemical species and not on the specific spin state. To solve this equation for $J_{\mathrm{tt}}$, we'll make the assumption that $J_{\mathrm{tt}}$ is constant, $\frac{d J_{\mathrm{tt}}}{d z} \approx 0$, and that there


Figure 6.5: Mean Number of Spin Flips Due to Atomic Ions. Upper: $n_{a}$ as function of $r$ and $\Omega$. This is a recreation of Fig. (1) from [38] with the addition of the red curve which corresponds to a ${ }^{3} \mathrm{He}$ density of 10 amg . The red point corresponds to values for $n_{a}$ and $r$ when the $\mathrm{N}_{2}$ to ${ }^{3} \mathrm{He}$ density $(\rho)$ is $1 \%$. Lower: $n_{a}$ as a function of ${ }^{3} \mathrm{He}$ density for three different values of $\rho$. The black curves are obtained from the full calculation, Eqns. (6.99); whereas the red points are obtained from the matrix parameterization, Eqn. (6.102). This parameterization reproduces the full calculation to better $2 \%$ over $(0.5 \leq h \leq 1.5)$ and $(0 \leq \rho \leq 5)$. Note that increasing the relative density of $\mathrm{N}_{2}$ helps suppress $n_{a}$.
is a linear temperature gradient between the two chambers [41]. The temperature dependence of the diffusion constant can be seen by considering the diffusion relation for a gas using kinetic theory [2]:

$$
\begin{align*}
D & \approx \bar{v} l_{\mathrm{mfp}}=\sqrt{\frac{8 R T}{\pi M}} \frac{1}{n \sigma}=D_{0} \sqrt{\frac{T}{T_{0}}}\left(\frac{n_{0}}{n}\right)\left(\frac{\sigma_{0}}{\sigma}\right)=D_{0}\left(\frac{T}{T_{0}}\right)^{m-1}\left(\frac{n_{0}}{n}\right)  \tag{6.110}\\
& =D_{0}\left(\frac{T}{T_{0}}\right)^{m}=\left(0.235 \mathrm{~cm}^{2} / \mathrm{s}\right)\left(\frac{T}{400 \mathrm{~K}}\right)^{0.7}\left(\frac{10 \mathrm{amg}}{n}\right) \tag{6.111}
\end{align*}
$$

where $\bar{v}$ is the mean thermal velocity, $l_{\text {mfp }}$ is the mean free path, $n$ is the gas density, and $\sigma$ is the collisional cross section. At constant pressure, the density has an inverse temperature dependence and the cross section has some temperature dependence that has to be determined empirically:

$$
\begin{equation*}
\left.m=\frac{1}{2}(\text { from the velocity })+1 \text { (from the density }\right)+m_{\sigma}(\text { from the cross section }) \tag{6.112}
\end{equation*}
$$

Using this form of the diffusion constant, moving some things around, and integrating along the transfer tube length gives:

$$
\begin{align*}
J_{\mathrm{tt}} & =-n(z) D_{0}\left(\frac{T}{T_{0}}\right)^{m-1} \frac{n_{0}}{n(z)} \frac{d P(z)}{d z} \\
-\frac{J_{\mathrm{tt}} T_{0}^{m-1}}{D_{0} n_{0}} \int_{0}^{L_{\mathrm{tt}}} T(z)^{1-m} d z & =\int_{0}^{L_{\mathrm{tt}}} \frac{d P(z)}{d z} d z \\
-\frac{J_{\mathrm{tt}} T_{0}^{m-1}}{D_{0} n_{0}} \frac{L_{\mathrm{tt}}}{T_{\mathrm{pc}}-T_{\mathrm{tc}}} \int_{T_{\mathrm{tc}}}^{T_{\mathrm{pc}}} u^{1-m} d u & =P\left(L_{\mathrm{tt}}\right)-P(0) \\
-\frac{J_{\mathrm{tt}} T_{0}^{m-1}}{D_{0} n_{0}} \frac{L_{\mathrm{tt}}}{T_{\mathrm{pc}}-T_{\mathrm{tc}}}\left(\frac{T_{\mathrm{pc}}^{2-m}-T_{\mathrm{tc}}^{2-m}}{2-m}\right) & =P_{\mathrm{pc}}-P_{\mathrm{tc}} \tag{6.113}
\end{align*}
$$

| parameter | value | units |
| :---: | :---: | :---: |
| $D_{0}$ | 2.79 | $\mathrm{~cm}^{2} / \mathrm{s}$ |
| $T_{0}$ | 353 | K |
| $n_{0}$ | 0.773 | amg |
| $m$ | 1.70 | - |

Table 6.5: ${ }^{3} \mathrm{He}$ Self-Diffusion Constant Parameters from [42].

Finally solving for $J_{\mathrm{tt}}$ gives:

$$
\begin{equation*}
J_{\mathrm{tt}}=-\left(P_{\mathrm{pc}}-P_{\mathrm{tc}}\right)\left[D_{0}\left(\frac{T_{\mathrm{tc}}}{T_{0}}\right)^{m-1} \frac{n_{0}}{n_{\mathrm{tc}}}\right] \frac{n_{\mathrm{tc}}}{L_{\mathrm{tt}}} \frac{(2-m)(t-1)}{\left(t^{2-m}-1\right)} \quad \& \quad t=\frac{T_{\mathrm{pc}}}{T_{\mathrm{tc}}} \tag{6.114}
\end{equation*}
$$

where $D_{0}$ is the diffusion constant at a reference temperature $T_{0}$ and density $n_{0}$ listed in Tab. (6.5), $T_{\mathrm{tc}} \& n_{\mathrm{tc}}$ are the temperature and density of the target chamber, and $t$ is the ratio of the pumping chamber to target chamber temperature. Note that $J_{\mathrm{tt}}$ is the total rate per unit area, whereas we want the rate per atom. Multiplying by the transfer tube cross sectional area $A_{\mathrm{tt}}$, dividing by the number of particles in each chamber, and comparing to Eqns. (6.15) \& (6.16) give the following relations for the diffusion rates per atom:

$$
\begin{align*}
d_{\mathrm{pc}} & =-\frac{J_{\mathrm{tt}} A_{\mathrm{tt}}}{V_{\mathrm{pc}} n_{\mathrm{pc}}\left(P_{\mathrm{pc}}-P_{\mathrm{tc}}\right)}=\frac{A_{\mathrm{tt}}}{V_{\mathrm{pc}} L_{\mathrm{tt}}}\left[D_{0}\left(\frac{T_{\mathrm{pc}}}{T_{0}}\right)^{m-1} \frac{n_{0}}{n_{\mathrm{pc}}}\right] \frac{(2-m)\left(1-t^{-1}\right)}{\left(1-t^{m-2}\right)} \\
d_{\mathrm{tc}} & =-\frac{J_{\mathrm{tt}} A_{\mathrm{tt}}}{V_{\mathrm{tc}} n_{\mathrm{tc}}\left(P_{\mathrm{pc}}-P_{\mathrm{tc}}\right)}=\frac{A_{\mathrm{tt}}}{V_{\mathrm{tc}} L_{\mathrm{tt}}}\left[D_{0}\left(\frac{T_{\mathrm{tc}}}{T_{0}}\right)^{m-1} \frac{n_{0}}{n_{\mathrm{tc}}}\right] \frac{(2-m)(t-1)}{\left(t^{2-m}-1\right)} \tag{6.115}
\end{align*}
$$

where we have made use of the following identity:

$$
\begin{equation*}
\left[\left(\frac{T_{\mathrm{pc}}}{T_{0}}\right)^{m-1}\right] \frac{\left(1-t^{-1}\right)}{\left(1-t^{m-2}\right)}=\left[\left(\frac{T_{\mathrm{tc}}}{T_{0}}\right)^{m-1}\right] \frac{(t-1)}{\left(t^{2-m}-1\right)} \tag{6.116}
\end{equation*}
$$

Therefore the following quantities are averages over a linear temperature gradient:

$$
\begin{align*}
\langle n D\rangle & =\left[n_{0} D_{0}\left(\frac{T_{\mathrm{pc}}}{T_{0}}\right)^{m-1}\right] \frac{(2-m)\left(1-t^{-1}\right)}{\left(1-t^{m-2}\right)}=\left[n_{0} D_{0}\left(\frac{T_{\mathrm{tc}}}{T_{0}}\right)^{m-1}\right] \frac{(2-m)(t-1)}{\left(t^{2-m}-1\right)}  \tag{6.117}\\
& =\left(0.706 \mathrm{amg} \cdot \mathrm{~cm}^{2} / \mathrm{s}\right)\left(\frac{T_{\mathrm{pc}}}{400 \mathrm{~K}}\right)^{0.7}\left[\frac{1-t^{-1}}{1-t^{-0.3}}\right]=\left(0.706 \mathrm{amg} \cdot \mathrm{~cm}^{2} / \mathrm{s}\right)\left(\frac{T_{\mathrm{tc}}}{400 \mathrm{~K}}\right)^{0.7}\left[\frac{t-1}{t^{0.3}-1}\right]  \tag{6.118}\\
\langle D\rangle & =\left[D_{0}\left(\frac{T_{\mathrm{pc}}}{T_{0}}\right)^{m} \frac{n_{0}}{n_{\mathrm{pc}}}\right] \frac{(m-1)\left(1-t^{-1}\right)}{\left(t^{m-1}-1\right)}=\left[D_{0}\left(\frac{T_{\mathrm{tc}}}{T_{0}}\right)^{m} \frac{n_{0}}{n_{\mathrm{tc}}}\right] \frac{(m-1)(t-1)}{\left(1-t^{1-m}\right)}  \tag{6.119}\\
& =\left(0.187 \mathrm{~cm}^{2} / \mathrm{s}\right)\left[\frac{T_{\mathrm{pc}}}{400 \mathrm{~K}}\right]^{1.7}\left[\frac{10 \mathrm{amg}}{n_{\mathrm{pc}}}\right]\left[\frac{1-t^{-1}}{t^{0.7}-1}\right]=\left(0.187 \mathrm{~cm}^{2} / \mathrm{s}\right)\left[\frac{T_{\mathrm{tc}}}{400 \mathrm{~K}}\right]^{1.7}\left[\frac{10 \mathrm{amg}}{n_{\mathrm{tc}}}\right]\left[\frac{t-1}{1-t^{-0.7}}\right] \tag{6.120}
\end{align*}
$$

Note that the pumping chamber and target chamber operating densities are related by:

$$
\begin{equation*}
n_{\mathrm{pc}}=\frac{n_{\mathrm{tc}}}{t}=n_{\mathrm{fill}}\left(\frac{1+v}{t+v}\right) \quad \& \quad v=\frac{V_{\mathrm{pc}}}{V_{\mathrm{tc}}} \quad \& \quad t=\frac{T_{\mathrm{pc}}}{T_{\mathrm{tc}}} \tag{6.121}
\end{equation*}
$$

where $v$ is the ratio of the pumping chamber volume to the target chamber volume and we have tacitly assumed that the fraction of nuclei in the transfer tube is negligible. Combining this relation with Eqns. (6.115) \& (6.3) gives:

$$
\begin{align*}
f_{\mathrm{pc}} & =\frac{v}{t+v}  \tag{6.122}\\
f_{\mathrm{tc}} & =\frac{t}{t+v}  \tag{6.123}\\
d_{\mathrm{pc}} & =\left(\frac{t}{v}\right) d_{\mathrm{tc}}  \tag{6.124}\\
d_{\mathrm{tc}} & =\frac{A_{\mathrm{tt}}}{V_{\mathrm{tc}} L_{\mathrm{tt}} n_{\mathrm{fill}}}\left[D_{0} n_{0}\left(\frac{273.15 \mathrm{~K}}{T_{0}}\right)^{m-1}\right] \frac{(t+v)(2-m)(t-1)}{t(1+v)\left(t^{2-m}-1\right)}\left(\frac{T_{\mathrm{tc}}}{273.15 \mathrm{~K}}\right)^{m-1} \tag{6.125}
\end{align*}
$$

where:

$$
\begin{equation*}
\left[D_{0} n_{0}\left(\frac{273.15 \mathrm{~K}}{T_{0}}\right)^{m-1}\right]=6488.21 \frac{\mathrm{~cm}^{2} \cdot \mathrm{amg}}{\mathrm{hr}} \tag{6.126}
\end{equation*}
$$



Figure 6.6: Diffusion Rates per Nuclei As a Function of Temperature. Upper Left: $d_{\mathrm{tc}}$ as function of temperatures. Upper Right: $d_{\mathrm{pc}}$ as a function of temperatures. Lower: Unitless temperature parameter $\Upsilon\left(t, T_{\mathrm{tc}}\right)$ as a function of temperature. Solid curves are for SPC (small pumping chamber cells), whereas dotted curves are for LPC (large pumping chamber cells). Only the volume ratio $v$ is varied between the SPC and LPC curves with all else being equal. The blue curves and axis represent varying pumping chamber temperatures for a constant target chamber temperature. The red curves and axis represent varying target chamber temperatures for a constant pumping chamber temperature.

The diffusion rate out of the target chamber per atom can be alternatively written as:

$$
\begin{align*}
d_{\mathrm{tc}} & =\left(0.60 \mathrm{hr}^{-1}\right)\left(\frac{A_{\mathrm{tt}}}{0.5 \mathrm{~cm}^{2}}\right)\left(\frac{6 \mathrm{~cm}}{L_{\mathrm{tt}}}\right)\left(\frac{90 \mathrm{~cm}^{3}}{V_{\mathrm{tc}}}\right)\left(\frac{10 \mathrm{amg}}{n_{\mathrm{tc}}}\right)\left(\frac{0.3 \mathrm{t}-0.3}{t^{0.3}-1}\right)\left(\frac{T_{\mathrm{tc}}}{273.15 \mathrm{~K}}\right)^{0.7}  \tag{6.127}\\
& =\left(0.80 \mathrm{hrs}^{-1}\right)\left(\frac{A_{\mathrm{tt}}}{0.5 \mathrm{~cm}^{2}}\right)\left(\frac{6 \mathrm{~cm}}{L_{\mathrm{tt}}}\right)\left(\frac{90 \mathrm{~cm}^{3}}{V_{\mathrm{tc}}}\right)\left(\frac{10 \mathrm{amg}}{n_{\mathrm{tc}}}\right)\left(\frac{\Upsilon\left(T_{\mathrm{pc}}, T_{\mathrm{tc}}\right)}{4 / 3}\right)  \tag{6.128}\\
\Upsilon\left(T_{\mathrm{pc}}, T_{\mathrm{tc}}\right) & =0.3\left(\frac{t-1}{t^{0.3}-1}\right)\left(\frac{T_{\mathrm{tc}}}{273.15 \mathrm{~K}}\right)^{0.7} \tag{6.129}
\end{align*}
$$

where $\Upsilon$ is a dimensionless factor, usually between 1.2 and 1.5, that depends only on the cell temperatures. Note that when the cell is at a uniform temperature, $T_{\mathrm{pc}}=T_{\mathrm{tc}}:$
$\lim _{t \rightarrow 1} \mathrm{C}=\lim _{t \rightarrow 1} 0.3\left(\frac{t-1}{t^{0.3}-1}\right)\left(\frac{T_{\text {tc }}}{273.15 \mathrm{~K}}\right)^{0.7}=\lim _{t \rightarrow 1} 0.3\left(\frac{1}{0.3}\right)\left(\frac{T_{\mathrm{tc}}}{273.15 \mathrm{~K}}\right)^{0.7}=\left(\frac{T_{\text {tc }}}{273.15 \mathrm{~K}}\right)^{0.7}$

### 6.4.2 Depolarization Within the Transfer Tube

Thus far we have neglected the polarization dynamics in the transfer tube since only a small fraction of ${ }^{3} \mathrm{He}$ nuclei are in the transfer tube volume. In this section, we will estimate the size of the correction needed to account for spin relaxation in the transfer tube. First we need to estimate the fraction of nuclei in the transfer tube volume. This is obtained from an integral over the transfer tube length:

$$
\begin{equation*}
f_{\mathrm{tt}}=\frac{N_{\mathrm{tt}}}{N_{\mathrm{tot}}}=\frac{A_{\mathrm{tt}}}{n_{\text {fill }} V_{\mathrm{tot}}} \int_{0}^{L_{\mathrm{tt}}} n_{\mathrm{tt}}(z) d z \tag{6.131}
\end{equation*}
$$

Assuming a linear temperature gradient with one end being at the pumping chamber temperature and the other end being at the target chamber temperature:

$$
\begin{equation*}
T(z)=T_{\mathrm{pc}}+\left(T_{\mathrm{tc}}-T_{\mathrm{pc}}\right) \frac{z}{L_{\mathrm{tt}}} \tag{6.132}
\end{equation*}
$$

gives the following equivalent integral over temperature:

$$
\begin{equation*}
f_{\mathrm{tt}}=\frac{V_{\mathrm{tt}}}{n_{\mathrm{fill}} V_{\mathrm{tot}}} \frac{P}{R\left(T_{\mathrm{tc}}-T_{\mathrm{pc}}\right)} \int_{T_{\mathrm{pc}}}^{T_{\mathrm{tc}}} \frac{d T}{T} \tag{6.133}
\end{equation*}
$$

Rewriting in terms of densities gives:

$$
\begin{equation*}
f_{\mathrm{tt}}=\frac{V_{\mathrm{tt}}}{V_{\mathrm{tot}}}\left[\frac{n_{\text {fill }}}{n_{\mathrm{pc}}}-\frac{n_{\mathrm{fill}}}{n_{\mathrm{tc}}}\right]^{-1} \log \left(\frac{n_{\mathrm{tc}}}{n_{\mathrm{pc}}}\right) \tag{6.134}
\end{equation*}
$$

If we make the assumption that $f_{\mathrm{tt}} \ll 1$, then we can use Eqn. 6.121) and $f_{\mathrm{pc}} / f_{\mathrm{tc}}=$ $v / t$ to get:

$$
\begin{equation*}
f_{\mathrm{tt}}=\frac{V_{\mathrm{tt}}}{V_{\mathrm{tc}}} \frac{\log (t)}{\left(1+f_{\mathrm{pc}} / f_{\mathrm{tc}}\right)(t-1)} \tag{6.135}
\end{equation*}
$$

Under typical conditions, $t=1.7, f_{\mathrm{pc}} / f_{\mathrm{tc}}$ varies very roughly from 1 to $2, V_{\mathrm{tt}}=4 \mathrm{cc}$, and $V_{\mathrm{tc}}=90 \mathrm{cc}$, which gives $f_{\mathrm{tt}} \leq 0.02$. This justifies our approximation that the fraction of nuclei in the transfer tube is very small.

Next, we'll model the transfer tube as a virtual "chamber" somewhere between the pumping and target chambers. The spin relaxation that occurs throughout the physical transfer tube will be averaged to find the equivalent spin relaxation in this virtual chamber. Under these assumptions, it is straightforward to generalize the two chamber polarization rate equations, Eqn. (6.14), into three chamber polarization rate equations:

$$
\begin{align*}
\frac{d P_{\mathrm{pc}}}{d t} & =\gamma_{\mathrm{se}}\left(P_{A}-P_{\mathrm{pc}}\right)-\Gamma_{\mathrm{pc}} P_{\mathrm{pc}}-d_{\mathrm{pc}}^{\mathrm{tt}}\left(P_{\mathrm{pc}}-P_{\mathrm{tt}}\right)  \tag{6.136}\\
\frac{d P_{\mathrm{tt}}}{d t} & =-\Gamma_{\mathrm{tt}} P_{\mathrm{tt}}-d_{\mathrm{tt}}^{\mathrm{pc}}\left(P_{\mathrm{tt}}-P_{\mathrm{pc}}\right)-d_{\mathrm{tt}}^{\mathrm{tc}}\left(P_{\mathrm{tt}}-P_{\mathrm{tc}}\right)  \tag{6.137}\\
\frac{d P_{\mathrm{tc}}}{d t} & =d_{\mathrm{tc}}^{\mathrm{tt}}\left(P_{\mathrm{tt}}-P_{\mathrm{tc}}\right)-\Gamma_{\mathrm{tc}} P_{\mathrm{tc}} \tag{6.138}
\end{align*}
$$

where $P_{\mathrm{tt}}$ is the effective transfer tube polarization and $\Gamma_{\mathrm{tt}}$ is the average transfer tube relaxation rate. Note that we now have four diffusion rates which correspond to diffusion from the pumping and target chambers into the virtual chamber and vice versa. At nuclei number equilibrium, they must satisfy:

$$
\begin{equation*}
f_{\mathrm{pc}} d_{\mathrm{pc}}^{\mathrm{tt}}=f_{\mathrm{tt}} d_{\mathrm{tt}}^{\mathrm{pc}} \quad \& \quad f_{\mathrm{tc}} d_{\mathrm{tc}}^{\mathrm{tt}}=f_{\mathrm{tt}} d_{\mathrm{tt}}^{\mathrm{tc}} \tag{6.139}
\end{equation*}
$$

where the subscripts and superscripts on $d$ refer to the source and destination chambers respectively. At equilibrium, the polarizations in the three chambers
are:

$$
\begin{align*}
\frac{P_{\mathrm{tc}}^{\infty}}{P_{\mathrm{tt}}^{\infty}}= & {\left[1+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}^{\mathrm{tt}}}\right]^{-1} }  \tag{6.140}\\
\frac{P_{\mathrm{tt}}^{\infty}}{P_{\mathrm{pc}}^{\infty}}= & {\left[1+\frac{\Gamma_{\mathrm{tt}}}{d_{\mathrm{tt}}^{\mathrm{pc}}}+\left(\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}^{\mathrm{tt}}}\right)\left(\frac{d_{\mathrm{tt}}^{\mathrm{tc}}}{d_{\mathrm{tt}}^{\mathrm{pc}}}\right)\left(1+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}^{\mathrm{tt}}}\right)^{-1}\right]^{-1} }  \tag{6.141}\\
\frac{P_{\mathrm{pc}}^{\infty}}{P_{A}}= & {\left[1+\frac{\Gamma_{\mathrm{pc}}}{\gamma_{\mathrm{se}}}+\frac{d_{\mathrm{pc}}^{\mathrm{tt}}}{\gamma_{\mathrm{se}}}\left(\frac{\Gamma_{\mathrm{tt}}}{d_{\mathrm{tt}}^{\mathrm{pc}}}\left[1+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}^{\mathrm{tt}}}\right]+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}^{\mathrm{tt}}} \frac{d_{\mathrm{tc}}^{\mathrm{tc}}}{d_{\mathrm{tt}}^{\mathrm{pc}}}\right)\right.} \\
& \times\left(\left[1+\frac{\Gamma_{\mathrm{tt}}}{d_{\mathrm{tt}}^{\mathrm{pc}}}\left[1+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}^{\mathrm{tt}}}\right]+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}^{\mathrm{tt}}} \frac{d_{\mathrm{tt}}^{\mathrm{tc}}}{d_{\mathrm{tt}}^{\mathrm{pc}}}\right)^{-1}\right]^{-1} \tag{6.142}
\end{align*}
$$

If we assume that the system is at nuclei number equilibrium, then we can use Eqn. (6.139) to write these equilibrium polarizations in a more illuminating form:

In the limit that the diffusion rates approach infinity, $d_{\mathrm{pc}}^{\mathrm{tt}}, d_{\mathrm{tc}}^{\mathrm{tt}} \rightarrow \infty$, the above equations reduce to a very satisfying result:

$$
\begin{equation*}
\frac{P_{\mathrm{tc}}^{\infty}}{P_{\mathrm{pc}}^{\infty}} \rightarrow 1 \quad \& \quad P_{\mathrm{pc}}^{\infty} \rightarrow P_{A} \frac{\gamma_{\mathrm{se}} f_{\mathrm{pc}}}{\gamma_{\mathrm{se}} f_{\mathrm{pc}}+\Gamma_{\mathrm{pc}} f_{\mathrm{pc}}+\Gamma_{\mathrm{tt}} f_{\mathrm{tt}}+\Gamma_{\mathrm{tc}} f_{\mathrm{tc}}}=P_{A} \frac{\left\langle\gamma_{\mathrm{se}}\right\rangle}{\left\langle\gamma_{\mathrm{se}}\right\rangle+\langle\Gamma\rangle} \tag{6.145}
\end{equation*}
$$

In the limit that the fraction of nuclei in the transfer tube approaches zero, $f_{\mathrm{tt}} \rightarrow 0$, the three chamber equilibrium polarization equations reduce to the familiar two
chamber results, Eqns. 6.33) \& (6.34):

$$
\begin{align*}
P_{\mathrm{pc}}^{\infty} & =\frac{P_{A} \gamma_{\mathrm{se}} f_{\mathrm{pc}}}{\gamma_{\mathrm{se}} f_{\mathrm{pc}}+\Gamma_{\mathrm{pc}} f_{\mathrm{pc}}+\Gamma_{\mathrm{tc}} f_{\mathrm{tc}}\left[1+\Gamma_{\mathrm{tc}} f_{\mathrm{tc}}\left(\frac{1}{f_{\mathrm{tc} \mathrm{dc}_{\mathrm{tc}}^{\mathrm{t}}}}+\frac{1}{f_{\mathrm{pc}} d_{\mathrm{pc}}^{\mathrm{tc}}}\right)\right]^{-1}}  \tag{6.146}\\
\frac{P_{\mathrm{tc}}^{\infty}}{P_{\mathrm{pc}}^{\infty}} & =\left[1+\Gamma_{\mathrm{tc}} f_{\mathrm{tc}}\left(\frac{1}{f_{\mathrm{tc}} d_{\mathrm{tc}}^{\mathrm{tt}}}+\frac{1}{f_{\mathrm{pc}} d_{\mathrm{pc}}^{\mathrm{tt}}}\right)\right]^{-1} \tag{6.147}
\end{align*}
$$

To make this reduction manifest, note our prior assumption that the nuclei flux is constant throughout the transfer tube:

$$
\begin{equation*}
J_{\mathrm{tt}}=\text { constant }=\frac{d_{\mathrm{tc}} N_{\mathrm{tc}}}{A_{\mathrm{tt}}}\left(P_{\mathrm{pc}}-P_{\mathrm{tc}}\right)=\frac{d_{\mathrm{tc}}^{\mathrm{tt}} N_{\mathrm{tc}}}{A_{\mathrm{tt}}}\left(P_{\mathrm{tt}}-P_{\mathrm{tc}}\right)=\frac{d_{\mathrm{pc}}^{\mathrm{tt}} N_{\mathrm{pc}}}{A_{\mathrm{tt}}}\left(P_{\mathrm{pc}}-P_{\mathrm{tt}}\right) \tag{6.148}
\end{equation*}
$$

If, in addition to the above identities, we make the assumption that the polarization varies linearly along the transfer tube and then dropping common factors gives:

$$
\begin{equation*}
d_{\mathrm{tc}} f_{\mathrm{tc}} L_{\mathrm{tt}}=d_{\mathrm{tc}}^{\mathrm{tt}} f_{\mathrm{tc}} x L_{\mathrm{tt}}=d_{\mathrm{pc}}^{\mathrm{tt}} f_{\mathrm{pc}}(1-x) L_{\mathrm{tt}} \tag{6.149}
\end{equation*}
$$

where $x$ is the "fractional distance" along the physical transfer tube length where the virtual chamber "is located." To recap, assuming a constant nuclei flux, a linear temperature gradient along the transfer tube, and a linear polarization gradient along the transfer tube, we get the following relationship among the diffusion rates for the two chamber and three chamber systems:

$$
\begin{equation*}
f_{\mathrm{tc}}\left(\frac{1}{f_{\mathrm{tc}} d_{\mathrm{tc}}^{\mathrm{tt}}}+\frac{1}{f_{\mathrm{pc}} d_{\mathrm{pc}}^{\mathrm{tt}}}\right)=f_{\mathrm{tc}}\left(\frac{x}{d_{\mathrm{tc}} f_{\mathrm{tc}}}+\frac{1-x}{d_{\mathrm{tc}} f_{\mathrm{tc}}}\right)=\frac{1}{d_{\mathrm{tc}}} \tag{6.150}
\end{equation*}
$$

which insures that the three chamber solutions Eqns. 6.146) \& (6.147) reduce to the two chamber solutions Eqns. (6.33) \& (6.34) in the limit that the fraction of nuclei
in the transfer tube approaches zero.
The most significant source of spin relaxation in the transfer tube is spin exchange with alkali vapor. This vapor has a negligible polarization since it is not directly exposed to laser light. Because there is a temperature gradient along the transfer tube, there is also an alkali vapor density gradient as well as ${ }^{3} \mathrm{He}$ density gradient. Therefore we collapse the alkali density gradient into a ${ }^{3} \mathrm{He}$ density weighted average alkali density:

$$
\begin{equation*}
\langle[A]\rangle_{\mathrm{tt}}=\frac{\int_{0}^{L_{\mathrm{tt}}}[A](z) n(z) d z}{\int_{0}^{L_{\mathrm{tt}}} n(z) d z}=\frac{\int_{T_{\mathrm{pc}}}^{T_{\mathrm{tc}}}[A](T)\left(\frac{P}{R T}\right)\left(\frac{L d T}{T_{\mathrm{tc}}-T_{\mathrm{pc}}}\right)}{\int_{T_{\mathrm{pc}}}^{T_{\mathrm{tc}}}\left(\frac{P}{R T}\right)\left(\frac{L d T}{T_{\mathrm{tc}}-T_{\mathrm{pc}}}\right)}=\frac{\int_{T_{\mathrm{pc}}}^{T_{\mathrm{tc}}}[A](T) \frac{d T}{T}}{\int_{T_{\mathrm{pc}}}^{T_{\mathrm{tc}}} \frac{d T}{T}} \tag{6.151}
\end{equation*}
$$

The temperature dependence of the alkali density is obtained from the vapor pressure curve combined with the ideal gas law:

$$
\begin{equation*}
[A](T)=\frac{\exp \left(A_{\mathrm{vp}}-\frac{B_{\mathrm{vp}}}{T}\right)}{R T}=\exp \left[-B_{\mathrm{vp}}\left(T^{-1}-T_{\mathrm{pc}}^{-1}\right)\right]\left(\frac{T_{\mathrm{pc}}}{T}\right)[A]_{\mathrm{pc}} \tag{6.152}
\end{equation*}
$$

where $A_{\mathrm{pc}} \& B_{\mathrm{pc}}$ are the vapor pressure constants listed in Tab. A.7) and $[A]_{\mathrm{pc}}$ is the alkali density in the pumping chamber. Plugging in this form of the alkali density and performing the integral in the numerator:

$$
\begin{align*}
\int_{T_{\mathrm{pc}}}^{T_{\mathrm{tc}}}[A](T) \frac{d T}{T} & =T_{\mathrm{pc}}[A]_{\mathrm{pc}} \exp \left(\frac{B_{\mathrm{vp}}}{T_{\mathrm{pc}}}\right) \int_{T_{\mathrm{pc}}}^{T_{\mathrm{tc}}} \frac{\exp \left(-\frac{B_{\mathrm{vp}}}{T}\right)}{T^{2}} d T \\
& =\frac{T_{\mathrm{pc}}}{B_{\mathrm{vp}}}[A]_{\mathrm{pc}} \exp \left(\frac{B_{\mathrm{vp}}}{T_{\mathrm{pc}}}\right)\left[\exp \left(-\frac{B_{\mathrm{vp}}}{T_{\mathrm{tc}}}\right)-\exp \left(-\frac{B_{\mathrm{vp}}}{T_{\mathrm{pc}}}\right)\right] \\
& =\frac{T_{\mathrm{pc}}}{B_{\mathrm{vp}}}[A]_{\mathrm{pc}}\left[-1+\exp \left(\frac{B_{\mathrm{vp}}}{T_{\mathrm{pc}}}-\frac{B_{\mathrm{vp}}}{T_{\mathrm{tc}}}\right)\right] \\
& =\frac{T_{\mathrm{tc}}[A]_{\mathrm{tc}}-T_{\mathrm{pc}}[A]_{\mathrm{pc}}}{B_{\mathrm{vp}}} \tag{6.153}
\end{align*}
$$

Dividing this by the integral in the denominator gives:

$$
\begin{equation*}
\langle[A]\rangle_{\mathrm{tt}}=\frac{T_{\mathrm{pc}}[A]_{\mathrm{pc}}-T_{\mathrm{tc}}[A]_{\mathrm{tc}}}{B_{\mathrm{vp}} \log \left(\frac{\mathrm{p}_{\mathrm{pc}}}{T_{\mathrm{tc}}}\right)} \tag{6.154}
\end{equation*}
$$

The average alkali spin-exchange rate in the transfer tube is:

$$
\begin{equation*}
\left\langle\gamma_{\mathrm{se}}\right\rangle_{\mathrm{tt}}=\gamma_{\mathrm{se}}\left(\frac{T_{\mathrm{pc}}}{B_{\mathrm{vp}} \log \left(\frac{T_{\mathrm{pc}}}{T_{\mathrm{tc}}}\right)}\right) \tag{6.155}
\end{equation*}
$$

where we've taken advantage of the fact that, under typical operating conditions, the alkali density in the target chamber is negligible, see Tab. (6.6).

In principle, the same type of calculation should be done for all other sources of spin relaxation in the transfer tube, such as the nuclear dipolar relaxation. However, since:

1. the spin exchange with essentially unpolarized alkali vapor dominates the spin relaxation
2. the nuclear dipolar relaxation has a soft temperature dependence
3. we ignore, if any, the temperature dependence of the wall relaxation
it is much easier to simply use the geometric mean of the pumping chamber relaxation rate and the total non-beam related relaxation for the target chamber, which gives:

$$
\begin{equation*}
\Gamma_{\mathrm{tt}}=\left\langle\gamma_{\mathrm{se}}\right\rangle_{\mathrm{tt}}+\left\langle\Gamma_{\mathrm{dip}}\right\rangle_{\mathrm{tt}}+\left\langle\Gamma_{\mathrm{wall}}\right\rangle_{\mathrm{tt}}+\left\langle\Gamma_{\mathrm{other}}\right\rangle_{\mathrm{tt}} \approx\left\langle\gamma_{\mathrm{se}}\right\rangle_{\mathrm{tt}}+\sqrt{\Gamma_{\mathrm{pc}} \Gamma_{\mathrm{tc}}^{0}} \tag{6.156}
\end{equation*}
$$

| $T$ <br> $\left({ }^{\circ} \mathrm{C}\right)$ | $[\mathrm{Rb}]$ <br> $\left(10^{14} \mathrm{~cm}^{-3}\right)$ | $1 / \gamma_{\text {se }}$ <br> $(\mathrm{hrs})$ | $[\mathrm{K}]$ <br> $\left(10^{14} \mathrm{~cm}^{-3}\right)$ | $1 / \gamma_{\text {se }}$ <br> $(\mathrm{hrs})$ | $[\mathrm{Na}]$ <br> $\left(10^{14} \mathrm{~cm}^{-3}\right)$ | $1 / \gamma_{\text {se }}$ <br> $(\mathrm{hrs})$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |
| 25.0 | $1.29 \times 10^{-4}$ | $3.16 \times 10^{5}$ | $5.88 \times 10^{-6}$ | $8.59 \times 10^{6}$ | $7.88 \times 10^{-9}$ | $5.78 \times 10^{9}$ |
| 50.0 | $1.47 \times 10^{-3}$ | $2.79 \times 10^{4}$ | $8.71 \times 10^{-5}$ | $5.80 \times 10^{5}$ | $2.07 \times 10^{-7}$ | $2.20 \times 10^{8}$ |
| 75.0 | $1.08 \times 10^{-2}$ | $3.80 \times 10^{3}$ | $8.62 \times 10^{-4}$ | $5.86 \times 10^{4}$ | $3.37 \times 10^{-6}$ | $1.35 \times 10^{7}$ |
| 100.0 | $6.01 \times 10^{-2}$ | 679 | $5.78 \times 10^{-3}$ | $8.73 \times 10^{3}$ | $3.87 \times 10^{-5}$ | $1.18 \times 10^{6}$ |
| 125.0 | 0.270 | 152 | $3.04 \times 10^{-2}$ | $1.66 \times 10^{3}$ | $2.91 \times 10^{-4}$ | $1.56 \times 10^{5}$ |
| 150.0 | 1.01 | 40.5 | 0.131 | 385 | $1.72 \times 10^{-3}$ | $2.64 \times 10^{4}$ |
| 175.0 | 3.25 | 12.6 | 0.478 | 106 | $8.32 \times 10^{-3}$ | $5.47 \times 10^{3}$ |
| 180.3 | 4.08 | 10.0 | 0.617 | 81.9 | $1.13 \times 10^{-2}$ | $4.02 \times 10^{3}$ |
| 200.0 | 9.21 | 4.44 | 1.52 | 33.3 | $3.39 \times 10^{-2}$ | $1.34 \times 10^{3}$ |
| 225.0 | 23.5 | 1.74 | 4.28 | 11.8 | 0.120 | 380 |
| 229.3 | 27.2 | 1.50 | 5.05 | 10.0 | 0.147 | 311 |
| 241.2 | 40.8 | 1.00 | 7.91 | 6.39 | 0.253 | 180 |
| 250.0 | 54.5 | 0.749 | 10.9 | 4.64 | 0.374 | 122 |
| 275.0 | 117 | 0.349 | 25.4 | 1.99 | 1.05 | 43.4 |
| 297.1 | 217 | 0.188 | 50.5 | 1.00 | 2.43 | 18.8 |
| 300.0 | 235 | 0.174 | 55.0 | 0.919 | 2.69 | 16.9 |
| 315.0 | 346 | 0.118 | 84.6 | 0.597 | 4.55 | 10.0 |
| 325.0 | 443 | $9.22 \times 10^{-2}$ | 111 | 0.454 | 6.36 | 7.16 |
| 350.0 | 794 | $5.14 \times 10^{-2}$ | 212 | 0.238 | 14.0 | 3.25 |
| 375.0 | $1.36 \times 10^{3}$ | $3.01 \times 10^{-2}$ | 385 | 0.131 | 29.0 | 1.57 |
| 391.6 | $1.89 \times 10^{3}$ | $2.16 \times 10^{-2}$ | 557 | $9.06 \times 10^{-2}$ | 45.5 | 1.00 |
| 400.0 | $2.23 \times 10^{3}$ | $1.83 \times 10^{-2}$ | 667 | $7.57 \times 10^{-2}$ | 56.7 | 0.803 |
|  |  |  |  |  |  |  |

Table 6.6: Pure Alkali Number Density and ${ }^{3} \mathrm{He}$ Spin-Exchange Rate vs. Temperature.

### 6.4.3 Polarization Gradient Between Pumping \& Target Chambers

The polarization gradient between the two chambers is given by:

$$
\begin{equation*}
\Delta \equiv 1-\frac{P_{\mathrm{tc}}^{\infty}}{P_{\mathrm{pc}}^{\infty}}=1-\left[1+\Gamma_{\mathrm{tc}} f_{\mathrm{tc}}\left(\frac{1}{f_{\mathrm{tc}} d_{\mathrm{tc}}^{\mathrm{tt}}}+\frac{1}{f_{\mathrm{pc}} d_{\mathrm{pc}}^{\mathrm{tt}}}\right)+\left(1+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}^{\mathrm{tt}}}\right)\left(\frac{f_{\mathrm{tt}}}{f_{\mathrm{pc}}}\right)\left(\frac{\Gamma_{\mathrm{tt}}}{d_{\mathrm{pc}}^{\mathrm{tt}}}\right)\right]_{1-}^{-1} \tag{6.157}
\end{equation*}
$$

Assuming a linear polarization gradient along the physical transfer tube and placing the third virtual chamber half way between the two chambers gives the following:

$$
\begin{equation*}
2 d_{\mathrm{tc}} f_{\mathrm{tc}}=d_{\mathrm{tc}}^{\mathrm{tt}} f_{\mathrm{tc}}=d_{\mathrm{pc}}^{\mathrm{tt}} f_{\mathrm{pc}} \tag{6.158}
\end{equation*}
$$

Note that this amounts to choosing $x=1 / 2$ in Eqn. (6.149). Using the above relationship and Eqn. (6.150) allows us to write the polarization gradient as:

$$
\begin{equation*}
\Delta_{3 \text { chamber }}=1-\left[1+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}}+\left(1+\frac{\Gamma_{\mathrm{tc}}}{2 d_{\mathrm{tc}}}\right)\left(\frac{f_{\mathrm{tt}}}{f_{\mathrm{tc}}}\right)\left(\frac{\Gamma_{\mathrm{tt}}}{2 d_{\mathrm{tc}}}\right)\right]^{-1} \tag{6.159}
\end{equation*}
$$

which should be compared to the equation for a two chamber cell neglecting the transfer tube volume:

$$
\begin{equation*}
\Delta_{2 \text { chamber }}=1-\left[1+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}}\right]^{-1} \tag{6.160}
\end{equation*}
$$

We will now perform a binomial expansion to estimate the size of (1) the polarization loss in the transfer tube and (2) the lowest order term of the polarization gradient. Under typical conditions, the diffusion rate $d_{\mathrm{tc}}$ is faster than the relaxation rates in the transfer and target chamber. Applying this approximation to
second order in $d_{\text {tc }}$ gives:

$$
\begin{align*}
\Delta & =1-\left(1-\left[\Gamma_{\mathrm{tc}}+\frac{\Gamma_{\mathrm{tt}}}{2} \frac{f_{\mathrm{tt}}}{f_{\mathrm{tc}}}\right] d_{\mathrm{tc}}^{-1}+\left[\Gamma_{\mathrm{tc}}^{2}+\frac{\Gamma_{\mathrm{tt}}^{2}}{4} \frac{f_{\mathrm{tt}}^{2}}{f_{\mathrm{tc}}^{2}}+\frac{3 \Gamma_{\mathrm{tc}} \Gamma_{\mathrm{tt}}}{4} \frac{f_{\mathrm{tt}}}{f_{\mathrm{tc}}}\right] d_{\mathrm{tc}}^{-2}\right)+O\left(\frac{\Gamma_{\mathrm{tc}}^{3}}{d_{\mathrm{tc}}^{3}}\right) \\
& =[1+\frac{1}{2} \frac{f_{\mathrm{tt}}}{f_{\mathrm{tc}}} \frac{\Gamma_{\mathrm{tt}}}{\Gamma_{\mathrm{tc}}}(1-\underbrace{-\frac{1}{2} \frac{f_{\mathrm{tt}}}{f_{\mathrm{tc}}} \frac{\Gamma_{\mathrm{tt}}}{d_{\mathrm{tc}}}-\frac{3}{2} \frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}}})-\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}}] \frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}} \tag{6.161}
\end{align*}
$$

Note that under typical conditions, $f_{\mathrm{tt}} / f_{\mathrm{tc}}$ is roughly the same order of magnitude as $\Gamma_{\mathrm{tc}} / d_{\mathrm{tc}}$. Therefore we can drop the under-braced terms, which are essentially third order, to give the lowest order terms of the polarization gradient:

$$
\begin{equation*}
\Delta=\left[1+\frac{1}{2} \frac{f_{\mathrm{tt}}}{f_{\mathrm{tc}}} \frac{\Gamma_{\mathrm{tt}}}{\Gamma_{\mathrm{tc}}}-\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}}\right] \frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}}+O\left(\frac{\Gamma_{\mathrm{tc}}^{3}}{d_{\mathrm{tc}}^{3}}\right) \tag{6.163}
\end{equation*}
$$

Therefore the polarization lost traversing through the transfer tube is a second order correction. When there is no beam depolarization in the target chamber, the polarization gradient is written as:

$$
\begin{equation*}
\Delta_{0}=\left[1+\frac{1}{2} \frac{f_{\mathrm{tt}}}{f_{\mathrm{tc}}} \frac{\Gamma_{\mathrm{tt}}}{\Gamma_{\mathrm{tc}}}-\frac{\Gamma_{\mathrm{tc}}^{0}}{d_{\mathrm{tc}}}\right] \frac{\Gamma_{\mathrm{tc}}^{0}}{d_{\mathrm{tc}}}=\left[1+\frac{1}{2}\left(\frac{\left\langle\gamma_{\mathrm{se}}\right\rangle_{\mathrm{tt}}}{\Gamma_{\mathrm{tc}}^{0}}+\sqrt{\frac{\Gamma_{\mathrm{pc}}}{\Gamma_{\mathrm{tc}}^{0}}}\right) \frac{f_{\mathrm{tt}}}{f_{\mathrm{tc}}}-\frac{\Gamma_{\mathrm{tc}}^{0}}{d_{\mathrm{tc}}}\right] \frac{\Gamma_{\mathrm{tc}}^{0}}{d_{\mathrm{tc}}} \tag{6.164}
\end{equation*}
$$

where we have used Eqn. 6.156). The relaxation in the target chamber that is independent of the beam current, $\Gamma_{\mathrm{tc}}^{0}$, can be estimated from the lifetime of the cell
assuming that the wall relaxation is independent of temperature:

$$
\begin{align*}
\Gamma_{\text {lifetime }} & =\tau_{\text {lifetime }}^{-1}=\Gamma_{\text {wall }}+\Gamma_{\text {dip }}\left(T_{\text {lifetime }}\right)  \tag{6.165}\\
\Gamma_{\text {tc }}^{0} & =\Gamma_{\text {wall }}+\Gamma_{\text {dip }}\left(T_{\text {tc }}\right)  \tag{6.166}\\
& =\Gamma_{\text {lifetime }}-\Gamma_{\text {dip }}\left(T_{\text {lifetime }}\right)+\Gamma_{\text {dip }}\left(T_{\text {tc }}\right)  \tag{6.167}\\
& =\Gamma_{\text {lifetime }}\left[1+\frac{\Gamma_{\text {dip }}\left(T_{\text {tc }}\right)-\Gamma_{\text {dip }}\left(T_{\text {lifetime }}\right)}{\Gamma_{\text {lifetime }}}\right] \tag{6.168}
\end{align*}
$$

where $T_{\mathrm{tc}}$ is the target chamber temperature under operating conditions and $T_{\text {lifetime }}$ is the target chamber temperature during the lifetime measurement. Note that the target chamber temperature affects both the density of the target chamber and the nuclear dipolar rate constant. Finally, we can write the contributions to the polarization gradient from both sources up to next to leading order:

$$
\begin{align*}
\Delta & =\Delta_{0}+\Delta_{\text {beam }}  \tag{6.169}\\
\Delta_{0} & =\frac{\Gamma_{\mathrm{tc}}^{0}}{d_{\mathrm{tc}}}\left[1+\frac{1}{2}\left(\frac{\left\langle\gamma_{\mathrm{se}}\right\rangle_{\mathrm{tt}}}{\Gamma_{\mathrm{tc}}^{0}}+\sqrt{\frac{\Gamma_{\mathrm{pc}}}{\Gamma_{\mathrm{tc}}^{0}}}\right) \frac{f_{\mathrm{tt}}}{f_{\mathrm{tc}}}-\frac{\Gamma_{\mathrm{tc}}^{0}}{d_{\mathrm{tc}}}\right]  \tag{6.170}\\
\Delta_{\text {beam }} & =\frac{\Gamma_{\text {beam }}}{d_{\mathrm{tc}}}\left[1-\frac{\left(2 \Gamma_{\mathrm{tc}}^{0}+\Gamma_{\text {beam }}\right)}{d_{\mathrm{tc}}}\right] \tag{6.171}
\end{align*}
$$

It is now useful to enumerate every assumption and approximation used to derive these relationships:

1. The transfer tube volume is very small compared to the volume of the cell.
2. The target chamber has a negligible vapor pressure of alkali metal.
3. The alkali vapor reaches equilibrium polarization very fast relative to the ${ }^{3} \mathrm{He}$ polarization.
4. The alkali polarization is independent of the ${ }^{3} \mathrm{He}$ polarization.
5. The cell is at thermal equilibrium throughout the ${ }^{3} \mathrm{He}$ polarization process.
6. The diffusion rates per nucleus are the fastest rates in the system.
7. The beam energy is in the range of $1-16 \mathrm{GeV}$.
8. Only a tiny fraction of the ${ }^{3} \mathrm{He}$ atoms in the target chamber are ionized at any instant of time.
9. Very little of the ionization is due to bremsstrahlung.
10. The electrons created during ionization contribute little to the beam depolarization.
11. Diffusion in the radial direction of the target chamber is essentially instantaneous.
12. Molecular ${ }^{3} \mathrm{He}$ ions contribute little to the beam depolarization.
13. There is a linear temperature gradient along the transfer tube.
14. There is a constant polarization flux through the transfer tube.
15. The wall relaxation is uniform throughout the cell and independent of temperature.

### 6.4.4 Discussion and Representative Examples

To get a qualitative and lowest order quantitative handle on the polarization gradient, we'll drop all the higher order terms (including the polarization lost in the
transfer tube). Using the reasonable approximation that $\Gamma_{\mathrm{tc}}^{0}=\Gamma_{\text {lifetime, }}$ the beam independent polarization gradient becomes:

$$
\begin{align*}
\Delta_{0} & =\frac{\Gamma_{\mathrm{tc}}^{0}}{d_{\mathrm{tc}}}+\text { higher order terms }  \tag{6.172}\\
& =\left(\frac{1 \mathrm{hr}}{6488.21 \mathrm{~cm}^{2} \cdot \operatorname{amg}}\right)\left(\frac{L_{\mathrm{tt}} \cdot V_{\mathrm{tc}} \cdot n_{\mathrm{tc}}}{\tau_{\text {lifetime }} \cdot A_{\mathrm{tt}} \cdot \Upsilon\left(T_{\mathrm{pc}}, T_{\mathrm{tc}}\right)}\right)  \tag{6.173}\\
& =\left(\frac{1}{36}\right)\left(\frac{40 \mathrm{hrs}}{\tau_{\text {lifetime }}}\right)\left(\frac{0.5 \mathrm{~cm}^{2}}{A_{\mathrm{tt}}}\right)\left(\frac{L_{\mathrm{tt}}}{6 \mathrm{~cm}}\right)\left(\frac{V_{\mathrm{tc}}}{80 \mathrm{~cm}^{3}}\right)\left(\frac{n_{\mathrm{tc}}}{10 \mathrm{amg}}\right)\left(\frac{4 / 3}{\Upsilon\left(T_{\mathrm{pc}}, T_{\mathrm{tc}}\right)}\right) \tag{6.174}
\end{align*}
$$

and the beam dependent polarization gradient is:

$$
\begin{align*}
\Delta_{\text {beam }} & =\frac{\Gamma_{\mathrm{ion}} n_{a}}{d_{\mathrm{tc}}}+\text { higher order terms }  \tag{6.175}\\
& =\left(\frac{1}{681262 \mu \mathrm{~A} \cdot \mathrm{amg}}\right)\left(\frac{I \cdot n_{a} \cdot L_{\mathrm{tc}} \cdot L_{\mathrm{tt}} \cdot n_{\mathrm{tc}}}{A_{\mathrm{tt}} \cdot \Upsilon\left(T_{\mathrm{pc}}, T_{\mathrm{tc}}\right)}\right)  \tag{6.176}\\
& =\left(\frac{1}{38}\right)\left(\frac{I}{10 \mu \mathrm{~A}}\right)\left(\frac{n_{a}}{0.5}\right)\left(\frac{L_{\mathrm{tc}}}{40 \mathrm{~cm}}\right)\left(\frac{0.5 \mathrm{~cm}^{2}}{A_{\mathrm{tt}}}\right)\left(\frac{L_{\mathrm{tt}}}{6 \mathrm{~cm}}\right)\left(\frac{n_{\mathrm{tc}}}{10 \mathrm{amg}}\right)\left(\frac{4 / 3}{\Upsilon\left(T_{\mathrm{pc}}, T_{\mathrm{tc}}\right)}\right) \tag{6.177}
\end{align*}
$$

Both sources contribute equals amounts to the polarization gradient ( $\Delta_{0}=\Delta_{\text {beam }}$ ) to lowest order when the following relationship between cell lifetime and beam current is true:

$$
\begin{equation*}
I \cdot \tau_{\text {lifetime }}=\left(420 \mu \mathrm{~A} \cdot \mathrm{hrs} \cdot \mathrm{~cm}^{2}\right)\left(\frac{A_{\mathrm{tc}}}{2.0 \mathrm{~cm}^{2}}\right)\left(\frac{0.5}{n_{a}}\right) \tag{6.178}
\end{equation*}
$$

In other words, the contribution to the total polarization gradient due to a beam current of $10 \mu \mathrm{~A}$ in a cell with a lifetime of 42 hrs is the same. Some representative values for past experiments are given in Tab. (6.7) assuming a beam current of $10 \mu \mathrm{~A}$ and a cell lifetime of 42 hr . The lowest order, next to leading order, and full calculation for both a 2 chamber and 3 chamber cell model all produce that same
polarization gradient within 10 percent relative. The parameter that varies largest on a cell to cell basis is the transfer tube cross sectional area. Unfortunately the polarization gradient also happens to be very sensitive to this parameter. Increasing the relative amount of $\mathrm{N}_{2}$ in the cell helps suppress beam depolarization. Alternatively, a long lifetime cell helps suppress the polarization gradient that is independent of the beam. The largest uncertainty comes from our imprecise knowledge of the various ionic rate constants used to calculate the beam depolarization. In practical terms, $n_{a}$ is known to only about 15 percent.

The next largest source of uncertainty is in our knowledge of the wall relaxation. The target chamber has a larger surface area to volume ratio than the pumping chamber, so, naively, one would imagine that the wall relaxation would be greater in the target chamber. We also don't know its temperature dependence; however, the relative change in the target chamber temperature is at the level of 10 percent. Finally, we use a fairly simple diffusion model to estimate the diffusion rates per nucleus. If we apply a 10 percent uncertainty to the diffusion rates as well, then our overall uncertainty is about 20 percent relative on a usually 5 percent relative correction.

### 6.4.5 Estimating Diffusion and Beam Parameters Empirically

In principle, it is possible to estimate these parameters empirically from data rather than having to rely upon theoretical calculations. To obtain information on the diffusion rates, spin-up data can be taken on the target chamber, or even better both chambers, and then fit to Eqn. 6.31). This method would probably benefit from taking spin-up data under different initial conditions, for example:

1. Start with both chambers at zero polarization, $P_{\mathrm{tc}}^{0}=0$ and $P_{\mathrm{pc}}^{0}=0$.

| parameter | E142 | E154 | GDH | A1n | g2n | saGDH | GEn-spc | GEn-LPC | units |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\left[{ }^{3} \mathrm{He}\right]_{\text {fill }}$ | 7.88 | 8.83 | 9.62 | 8.69 | 8.19 | 8.78 | 8.25 | 7.40 | amg |
| $\left[\mathrm{N}_{2}\right]_{\text {fill }}$ | 0.0663 | 0.0776 | 0.0964 | 0.0824 | 0.0940 | 0.0913 | 0.125 | 0.112 | amg |
| $R_{\mathrm{pc}}$ | 2.64 | 2.62 | 2.94 | 3.02 | 3.02 | 2.93 | 2.90 | 4.12 | cm |
| $A_{\text {tt }}$ | 0.704 | 0.709 | 1.01 | 0.537 | 0.537 | 0.645 | 0.385 | 0.385 | $\mathrm{cm}^{2}$ |
| $L_{\text {tt }}$ | 5.9 | 6.2 | 6.02 | 6.52 | 6.52 | 6.11 | 10.1 | 8.89 | cm |
| $A_{\text {tc }}$ | 3.09 | 3.56 | 2.27 | 2.05 | 2.05 | 2.47 | 2.03 | 2.03 | $\mathrm{cm}^{2}$ |
| $L_{\text {tc }}$ | 29.8 | 29.8 | 39.6 | 25.6 | 39.5 | 39.5 | 40.3 | 40.3 | cm |
| $T_{\text {pc }}$ | 435 | 465 | 492 | 505 | 505 | 485 | 558 | 558 | K |
| $T_{\text {tc }}$ | 338 | 343 | 330 | 333 | 333 | 331 | 309 | 309 | K |
| $V_{\mathrm{pc}}$ | 77.0 | 75.0 | 106 | 115 | 115 | 105 | 102 | 292 | $\mathrm{cm}^{3}$ |
| $V_{\text {tt }}$ | 4.15 | 4.39 | 6.08 | 3.50 | 3.50 | 3.94 | 3.88 | 3.42 | $\mathrm{cm}^{3}$ |
| $V_{\text {tc }}$ | 92 | 106 | 89.8 | 52.4 | 80.9 | 97.5 | 81.8 | 81.8 | $\mathrm{cm}^{3}$ |
| $t$ | 1.28 | 1.35 | 1.49 | 1.51 | 1.51 | 1.46 | 1.80 | 1.80 | - |
| $v$ | 0.83 | 0.71 | 1.18 | 2.19 | 1.42 | 1.07 | 1.24 | 3.58 | - |
| $f_{\mathrm{pc}}$ | 0.394 | 0.343 | 0.442 | 0.591 | 0.484 | 0.424 | 0.408 | 0.664 | - |
| $f_{\text {tt }}$ | 0.024 | 0.023 | 0.030 | 0.021 | 0.017 | 0.019 | 0.020 | 0.010 | - |
| $f_{\text {tc }}$ | 0.605 | 0.656 | 0.557 | 0.408 | 0.515 | 0.575 | 0.591 | 0.335 | - |
| $n_{\text {pc }}$ | 6.81 | 7.31 | 7.85 | 7.48 | 6.75 | 7.17 | 6.07 | 6.29 | amg |
| $n_{\text {tc }}$ | 8.77 | 9.90 | 11.7 | 11.34 | 10.23 | 10.51 | 10.96 | 11.36 | amg |
| $p_{\text {op }}$ | 10.8 | 12.4 | 14.1 | 13.8 | 12.4 | 12.7 | 12.4 | 12.8 | atm |
| $\rho$ | 0.84 | 0.87 | 1.00 | 0.94 | 1.14 | 1.03 | 1.51 | 1.51 | - |
| $\Omega$ | 0.413 | 0.366 | 0.309 | 0.319 | 0.354 | 0.345 | 0.33 | 0.319 | rad |
| $r$ | 19.9 | 18.0 | 15.4 | 16.0 | 16.2 | 16.4 | 14.0 | 13.7 | - |
| $n_{a}$ | 0.6007 | 0.5191 | 0.3998 | 0.4243 | 0.4761 | 0.4672 | 0.4066 | 0.3849 | - |
| $n_{m}^{\max }$ | 0.0024 | 0.0019 | 0.0012 | 0.0014 | 0.0013 | 0.0014 | 0.0008 | 0.0007 | - |
| $\tau_{\text {beam }}$ | 54.6 | 73.1 | 60.9 | 51.7 | 46.0 | 56.5 | 53.4 | 56.5 | hr |
| $\tau_{\text {tc }}^{0}$ | 40.8 | 40.6 | 38.4 | 37.3 | 38.4 | 39.0 | 36.7 | 34.6 | hr |
| $\tau_{\text {tc }}$ | 23.3 | 26.1 | 23.5 | 21.7 | 20.9 | 23.1 | 21.8 | 21.5 | hr |
| $\tau_{\text {tt }}$ | 32.4 | 20.4 | 12.0 | 8.4 | 8.5 | 14.1 | 9.6 | 9.4 | hr |
| $\bigcirc$ | 1.27 | 1.30 | 1.32 | 1.33 | 1.33 | 1.31 | 1.35 | 1.35 | - |
| $d_{\mathrm{pc}}^{-1}$ | 0.533 | 0.566 | 0.581 | 1.207 | 1.089 | 0.839 | 1.846 | 4.828 | hr |
| $d_{\text {tc }}^{-1}$ | 0.820 | 1.081 | 0.731 | 0.832 | 1.159 | 1.138 | 2.669 | 2.434 | hr |
| $\Delta_{0}^{0} \text {, Eqn. } 6.172$ | 2.00 | 2.66 | 1.91 | 2.23 | 3.02 | 2.92 | 7.27 | 7.04 | \% rel. |
| $\Delta_{0}^{1}$, Eqn. 6.170 | 2.01 | 2.69 | 2.04 | 2.45 | 3.17 | 2.97 | 7.23 | 6.94 | \% rel. |
| $\Delta_{\text {beam }}^{0}, \text { Eqn. } 6.177$ | 1.50 | 1.48 | 1.20 | 1.61 | 2.52 | 2.02 | 5.00 | 4.31 | \% rel. |
| $\Delta_{\text {beam, }}^{1}$, Eqn. 6.171 | 1.41 | 1.38 | 1.14 | 1.51 | 2.31 | 1.86 | 4.02 | 3.52 | \% rel. |
| $\Delta^{0}$, Eqn. 6.1726 .177 | 3.51 | 4.14 | 3.11 | 3.84 | 5.54 | 4.93 | 12.3 | 11.4 | \% rel. |
| $\Delta^{1}$, Eqn. 6.170 6.171 | 3.43 | 4.07 | 3.18 | 3.96 | 5.47 | 4.82 | 11.3 | 10.5 | \% rel. |
| $\Delta_{2 c h}$, Eqn. 6.160 | 3.39 | 3.98 | 3.02 | 3.70 | 5.25 | 4.70 | 10.9 | 10.2 | \% rel. |
| $\Delta_{3 \mathrm{ch}}$, Eqn. 6.159 | 3.43 | 4.07 | 3.18 | 3.95 | 5.47 | 4.83 | 11.3 | 10.5 | \% rel. |

Table 6.7: Polarization Gradient for Representative Cells with $I=10 \mu \mathrm{~A}$ and $\tau_{\text {lifetime }}=42 \mathrm{hr}$.
2. Start with both chambers at the opposite polarization, $P_{\mathrm{tc}}^{0}=-P_{\mathrm{tc}}^{\infty}$ and $P_{\mathrm{pc}}^{0}=$ $-P_{\mathrm{pc}}^{\infty}$. This could easily be accomplished by reversing the spins by AFP after the polarization has reached equilibrium.
3. Start with one chamber at the equilibrium polarization, while the other chamber is at zero, $P_{\mathrm{tc}}^{0}=0$ and $P_{\mathrm{pc}}^{0}=+P_{\mathrm{pc}}^{\infty}$. This could be accomplished by a transient burst of on-resonance RF localized near the target chamber.

Another way to get the diffusion rate $d_{\mathrm{tc}}$ is to do the following:

1. Start with zero polarization in both chambers, $P_{\mathrm{pc}}^{0}=P_{\mathrm{tc}}^{0}=0$.
2. Monitor the polarization of both chambers during a spinup over a time scale much shorter than the diffusion time scale, $t \ll 1 / \Gamma_{\mathrm{f}}$.
3. Fit the pumping chamber polarization data to a second order polynomial.
4. Fit the target chamber polarization data to a third order polynomial.
5. From Eqns. (6.46) \& (6.47), the ratio of the quadratic coefficient from the target chamber $\left(q_{\mathrm{tc}}\right)$ to the linear coefficient from the pumping chamber $\left(m_{\mathrm{pc}}\right)$ gives the target chamber diffusion rate, $d_{\mathrm{tc}}$ :

$$
\begin{equation*}
\frac{q_{\mathrm{tc}}}{m_{\mathrm{pc}}}=\frac{\gamma_{\mathrm{se}} P_{A} d_{\mathrm{tc}} / 2}{\gamma_{\mathrm{se}} P_{A}}=\frac{d_{\mathrm{tc}}}{2} \tag{6.179}
\end{equation*}
$$

To obtain information about the beam depolarization, one can compare the equilibrium polarizations with beam on and off. This works best when the diffusion


Figure 6.7: Spinup Curves for Hyrbid Cells
rates are much faster than all other rates. Under those conditions:

$$
\begin{align*}
P^{\infty}=P_{\mathrm{pc}}^{\infty}=P_{\mathrm{tc}}^{\infty} & =\frac{P_{A} \gamma_{\mathrm{se}} f_{\mathrm{pc}}}{\gamma_{\mathrm{se}} f_{\mathrm{pc}}+\Gamma_{\mathrm{pc}} f_{\mathrm{pc}}+\Gamma_{\mathrm{tc}} f_{\mathrm{tc}}}  \tag{6.180}\\
P_{\mathrm{off}}^{\infty} & =\frac{P_{A} \gamma_{\mathrm{se}} f_{\mathrm{pc}}}{\gamma_{\mathrm{se}} f_{\mathrm{pc}}+\Gamma_{\mathrm{pc}} f_{\mathrm{pc}}+\Gamma_{\mathrm{tc}}^{0} f_{\mathrm{tc}}}  \tag{6.181}\\
P_{\mathrm{on}}^{\infty} & =\frac{P_{A} \gamma_{\mathrm{se}} f_{\mathrm{pc}}}{\gamma_{\mathrm{se}} f_{\mathrm{pc}}+\Gamma_{\mathrm{pc}} f_{\mathrm{pc}}+\Gamma_{\mathrm{tc}}^{0} f_{\mathrm{tc}}+\Gamma_{\text {beam }} f_{\mathrm{tc}}}  \tag{6.182}\\
\frac{P_{\mathrm{off}}^{\infty}}{P_{\mathrm{on}}^{\infty}} & =1+\frac{\Gamma_{\mathrm{beam}} f_{\mathrm{tc}}}{\gamma_{\mathrm{se}} f_{\mathrm{pc}}+\Gamma_{\mathrm{pc}} f_{\mathrm{pc}}+\Gamma_{\mathrm{tc}}^{0} f_{\mathrm{tc}}}=1+\tau_{\mathrm{slow}}^{\text {off }} \Gamma_{\text {beam }} f_{\mathrm{tc}}  \tag{6.183}\\
\Gamma_{\text {beam }} & =\frac{\Gamma_{\mathrm{s}}^{\text {off }}}{f_{\mathrm{tc}}}\left[\frac{P_{\mathrm{off}}^{\infty}}{P_{\mathrm{on}}^{\infty}}-1\right] \tag{6.184}
\end{align*}
$$

This method requires knowledge of the "slow" spin-up time constant with the beam off, $\Gamma_{s}$.


Figure 6.8: Polarization Buildup at $t=0$ With $P_{\mathrm{pc}}^{0}=P_{\mathrm{tc}}^{0}=0$.

### 6.4.6 Polarization Gradient Within the Target Chamber

Thus far we've assumed that the polarization is uniform throughout the target chamber. However, the polarization at the ends of the target chamber must be lower than the polarization at the junction between the transfer tube and the target chamber. In addition, the beam depolarizes only within an area defined by the beam raster. To account for a spatial variation in polarization due to these effects, we'll model the transfer tube-target chamber junction as a delta function source for polarization and the beam raster area as a sink for polarization. Therefore, Eqn. (6.16) is generalized to:

$$
\begin{equation*}
\frac{d P_{\mathrm{tc}}(r, z, t)}{d t}=d_{\mathrm{tc}} \mathcal{A}\left(P_{\mathrm{pc}}-P_{\mathrm{tc}}\right) \delta(z) \delta\left(r-r_{\mathrm{tc}}\right)-\left(\Gamma_{\mathrm{tc}}^{0}+\Gamma_{\text {beam }} \Theta\left(r-r_{0}\right)\right) P_{\mathrm{tc}}+D \nabla^{2} P_{\mathrm{tc}} \tag{6.185}
\end{equation*}
$$

where $\mathcal{A}$ is the characteristic area of the polarization source, $\Theta\left(r-r_{0}\right)$ is the Heaviside function, $r_{0}$ is the radius of the beam raster, and $D$ is the diffusion constant evaluated at the target chamber temperature and density.

To solve this equation, we'll have to make some simplifying arguments. First, we will consider the system only at equilibrium, $t \rightarrow \infty$; therefore the polarization has reached a steady state value throughout the cell, $d P_{\mathrm{tc}} / d t=0$. Second, we will assume that the polarization dynamics within the pumping chamber are sensitive to only the volume averaged target chamber polarization $\left\langle P_{\text {tc }}\right\rangle$ (as opposed to some small region localized near the transfer tube-target chamber junction). This is true when the diffusion rates are fast relative to all other polarization/relaxation rates in the cell. This implies that $P_{\mathrm{tc}}^{\infty}$ in all previous equations is to be interpreted as the volume averaged target chamber polarization.

Third, we will assume that the gradient in the radial direction is negligible relative to the gradient in the longitudinal direction [40]. To justify this assumption, consider the characteristic distance that a ${ }^{3} \mathrm{He}$ atom travels during the characteristic relaxation time under typical conditions:

$$
\begin{equation*}
\lambda=\sqrt{\frac{D}{\Gamma_{\mathrm{tc}}}} \approx \sqrt{\frac{0.2 \mathrm{~cm}^{2} / \mathrm{sec}}{1 / 20 \mathrm{hrs}^{-1}}} \approx 120 \mathrm{~cm} \tag{6.186}
\end{equation*}
$$

The polarization gradient within the target chamber scales as the ratio between the characteristic size and this characteristic diffusion length:

$$
\begin{equation*}
\frac{r_{\mathrm{tc}}=0.85 \mathrm{~cm}}{\lambda} \approx 0.007 \ll \frac{L_{\mathrm{tc}} / 2=20 \mathrm{~cm}}{\lambda} \approx 0.17<1 \tag{6.187}
\end{equation*}
$$

This justifies our third assumption and finally we get:

$$
\begin{equation*}
0=d_{\mathrm{tc}} \ell\left(P_{\mathrm{pc}}^{\infty}-\left\langle P_{\mathrm{tc}}\right\rangle\right) \delta(z)-\Gamma_{\mathrm{tc}} P_{\mathrm{tc}}+D \frac{d^{2} P_{\mathrm{tc}}}{d z^{2}} \tag{6.188}
\end{equation*}
$$

where $\ell$ is the characteristic size of the polarization source. Note the we have tacitly
defined the coordinate system such that the transfer tube-target chamber junction occurs at $z=0$ and the target chamber ends are at $z= \pm L_{\mathrm{tc}} / 2$.

Finally we can solve this equation by performing a Laplace transform and solving for $\mathcal{L} P_{\text {tc }}$ :

$$
\begin{align*}
-\Gamma_{\mathrm{tc}} \mathcal{L} P_{\mathrm{tc}}+D\left[k_{z}^{2} \mathcal{L} P_{\mathrm{tc}}-k_{z} P_{\mathrm{tc}}(0)-P_{\mathrm{tc}}^{\prime}(0)\right] & =-d_{\mathrm{tc}} \ell\left(P_{\mathrm{pc}}^{\infty}-\left\langle P_{\mathrm{tc}}\right\rangle\right) \\
{\left[-\Gamma_{\mathrm{tc}}+D k_{z}^{2}\right] \mathcal{L} P_{\mathrm{tc}} } & =D k_{z} P_{\mathrm{tc}}(0)+D P_{\mathrm{tc}}^{\prime}(0)-d_{\mathrm{tc}} \ell\left(P_{\mathrm{pc}}^{\infty}-\left\langle P_{\mathrm{tc}}\right\rangle\right) \\
\mathcal{L} P_{\mathrm{tc}} & =\frac{k_{z} P_{\mathrm{tc}}(0)+P_{\mathrm{tc}}^{\prime}(0)-\frac{d_{\mathrm{tc}} \ell}{D}\left(P_{\mathrm{pc}}^{\infty}-\left\langle P_{\mathrm{tc}}\right\rangle\right)}{k_{z}^{2}-\frac{\Gamma_{\mathrm{tc}}}{D}} \tag{6.189}
\end{align*}
$$

where $k_{z}$ is the conjugate variable to $z$ and $P_{\text {tc }}(0) \& P_{\text {tc }}^{\prime}(0)$ are the polarization and first derivative of the polarization evaluated at $z=0$. Substituting the characteristic diffusion length and taking the inverse Laplace transform gives:

$$
\begin{align*}
\mathcal{L} P_{\mathrm{tc}} & =\frac{k_{z} P_{\mathrm{tc}}(0)+P_{\mathrm{tc}}^{\prime}(0)-\frac{d_{\mathrm{tc}} \ell}{D}\left(P_{\mathrm{pc}}^{\infty}-\left\langle P_{\mathrm{tc}}\right\rangle\right)}{k_{z}^{2}-\lambda^{-2}} \\
\mathcal{L}^{-1} \mathcal{L} P_{\mathrm{tc}} & =P_{\mathrm{tc}}(0) \mathcal{L}^{-1}\left(\frac{k_{z}}{k_{z}^{2}-\lambda^{-2}}\right)+\lambda\left[P_{\mathrm{tc}}^{\prime}(0)-\frac{d_{\mathrm{tc}} \ell}{D}\left(P_{\mathrm{pc}}^{\infty}-\left\langle P_{\mathrm{tc}}\right\rangle\right)\right] \mathcal{L}^{-1}\left(\frac{\lambda^{-1}}{k_{z}^{2}-\lambda^{-2}}\right) \\
P_{\mathrm{tc}}(z) & =P_{\mathrm{tc}}(0) \cosh \left(\frac{z}{\lambda}\right)+\lambda\left[P_{\mathrm{tc}}^{\prime}(0)-\frac{d_{\mathrm{tc}} \ell}{D}\left(P_{\mathrm{pc}}^{\infty}-\left\langle P_{\mathrm{tc}}\right\rangle\right)\right] \sinh \left|\frac{z}{\lambda}\right| \tag{6.190}
\end{align*}
$$

The inverse Laplace transforms performed above are only valid for $\left|k_{z}\right| \lambda>1$ or analogously $|z|<\lambda$. Since $\lambda \approx 120 \mathrm{~cm}$ and the maximum value is $|z|=L_{\text {tc }} / 2=$ 20 cm , the above solution is valid and we can expand the hyperbolic trig functions to lowest order to give:

$$
\begin{equation*}
P_{\mathrm{tc}}(z)=P_{\mathrm{tc}}(0)+|z|\left[P_{\mathrm{tc}}^{\prime}(0)-\frac{d_{\mathrm{tc}} \ell}{D}\left(P_{\mathrm{pc}}^{\infty}-\left\langle P_{\mathrm{tc}}\right\rangle\right)\right]+O\left(\frac{|z|}{\lambda}\right)^{2} \tag{6.191}
\end{equation*}
$$

The value of the first derivative of the polarization at $z=0$ can be estimated by analogy to Eqn. (6.109):

$$
\begin{equation*}
J_{\mathrm{tc}}(z)=n_{\mathrm{tc}} D P_{\mathrm{tc}}^{\prime}(z) \tag{6.192}
\end{equation*}
$$

We'll assume that the net total number of particles entering the target chamber at the transfer tube-target chamber junction is conserved, which implies:

$$
\begin{equation*}
J_{\mathrm{tt}} A_{\mathrm{tt}}=\left[J_{\mathrm{tc}}(\text { at } 0 \text { towards }+z)+J_{\mathrm{tc}}(0 \text { at } 0 \text { towards }-z)\right] A_{\mathrm{tc}} \tag{6.193}
\end{equation*}
$$

Note that the number of particles entering the target chamber are equally split and directed towards either end of the target chamber. Combining this with Eqn. (6.115) gives:

$$
\begin{equation*}
P_{\mathrm{tc}}^{\prime}(0)=\frac{J_{\mathrm{tc}}(0)}{n_{\mathrm{tc}} D}=\frac{1}{2} \frac{A_{\mathrm{tt}}}{A_{\mathrm{tc}}} \frac{J_{\mathrm{tt}}}{n_{\mathrm{tc}} D}=\frac{d_{\mathrm{tc}} L_{\mathrm{tc}}}{2 D}\left(\left\langle P_{\mathrm{tc}}\right\rangle-P_{\mathrm{pc}}^{\infty}\right) \tag{6.194}
\end{equation*}
$$

The difference in polarization at equilibrium between the two chambers is obtained from Eqn. (6.34):

$$
\begin{equation*}
P_{\mathrm{pc}}^{\infty}-\left\langle P_{\mathrm{tc}}\right\rangle=\left\langle P_{\mathrm{tc}}\right\rangle\left(1+\frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}}\right)-\left\langle P_{\mathrm{tc}}\right\rangle=\left\langle P_{\mathrm{tc}}\right\rangle \frac{\Gamma_{\mathrm{tc}}}{d_{\mathrm{tc}}} \tag{6.195}
\end{equation*}
$$

Putting this altogether, calculating the average value of $P_{\mathrm{tc}}$ along the target chamber, and solving for $P_{\text {tc }}(0)$ :

$$
\begin{align*}
\left\langle P_{\mathrm{tc}}\right\rangle=\frac{1}{L_{\mathrm{tc}}} \int_{-L_{\mathrm{tc}} / 2}^{+L_{\mathrm{tc}} / 2} P_{\mathrm{tc}}(z) d z & =\frac{1}{L_{\mathrm{tc}}} \int_{-L_{\mathrm{tc}} / 2}^{+L_{\mathrm{tc}} / 2} P_{\mathrm{tc}}(0)-|z|\left\langle P_{\mathrm{tc}}\right\rangle \frac{\Gamma_{\mathrm{tc}}}{D}\left(\ell+\frac{L_{\mathrm{tc}}}{2}\right) d z \\
& =P_{\mathrm{tc}}(0)-\frac{L_{\mathrm{tc}}}{4}\left\langle P_{\mathrm{tc}}\right\rangle \frac{\Gamma_{\mathrm{tc}}}{D}\left(\ell+\frac{L_{\mathrm{tc}}}{2}\right) d z  \tag{6.196}\\
P_{\mathrm{tc}}(0) & =\left\langle P_{\mathrm{tc}}\right\rangle\left[1+\frac{L_{\mathrm{tc}}}{4} \frac{\Gamma_{\mathrm{tc}}}{D}\left(\ell+\frac{L_{\mathrm{tc}}}{2}\right)\right] \tag{6.197}
\end{align*}
$$

Finally, using this form of $P_{\mathrm{tc}}(0)$ and rearranging a few things gives:

$$
\begin{equation*}
P_{\mathrm{tc}}(z)=\left\langle P_{\mathrm{tc}}\right\rangle\left[1+\left(1-\frac{4|z|}{L_{\mathrm{tc}}}\right)\left(1+\frac{2 \ell}{L_{\mathrm{tc}}}\right)\left(\frac{L_{\mathrm{tc}}^{2}}{8}\right) \frac{\Gamma_{\mathrm{tc}}}{D}\right] \tag{6.198}
\end{equation*}
$$

The total center to end relative polarization gradient is given by:

$$
\begin{equation*}
\frac{\Delta P_{\mathrm{tc}}}{\left\langle P_{\mathrm{tc}}\right\rangle}=\left(1+\frac{2 \ell}{L_{\mathrm{tc}}}\right)\left(\frac{L_{\mathrm{tc}}^{2}}{4}\right) \frac{\Gamma_{\mathrm{tc}}}{D} \tag{6.199}
\end{equation*}
$$

Finally, to quantify things, we need to estimate $\ell$, the characteristic size of the polarization source. In this case, the "polarization source" is the transfer tube; therefore it's reasonable to use the transfer tube diameter or the square root of the transfer tube cross sectional area. For $\ell=\sqrt{A_{\mathrm{tt}}} \ll L_{\mathrm{tc}}$, we find:

$$
\begin{equation*}
\frac{\Delta P_{\mathrm{tc}}}{\left\langle P_{\mathrm{tc}}\right\rangle}=(3 \% \text { relative })\left(\frac{L_{\mathrm{tc}}}{40 \mathrm{~cm}}\right)^{2}\left(\Gamma_{\mathrm{tc}} \cdot 20 \mathrm{hrs}\right)\left(\frac{n_{\mathrm{tc}}}{11 \mathrm{amg}}\right)\left(\frac{333.15 \mathrm{~K}}{T_{\mathrm{tc}}}\right)^{0.7} \tag{6.200}
\end{equation*}
$$

Therefore, under typical conditions, the polarization decreases linearly from the center of the target chamber to the ends. The polarization across the target chamber varies by about $\pm 1.5 \%$ relative to the target chamber average.

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## Chapter 7

## Progress Towards Reaching the Limiting ${ }^{3} \mathrm{He}$ Polarization

In this final chapter, we illustrate the dramatic gains that have occurred in target performance and summarize the main lessons learned regarding optimization. The data presented here were taken from the various measurements that were performed as target cells were being tested for upcoming experiments. Quoted values for ${ }^{3} \mathrm{He}$ polarization $P_{\mathrm{He}}$ are generally fairly accurate $( \pm 5 \%)$, but the numbers for some other quantities may be somewhat less accurate, as will be discussed later. More importantly, the conditions of these various tests varied considerably over the past decade during which they occurred. Few of these measurements were part of an organized, systematic exploration of target cell performance, since our immediate goal had been to determine the best cells to use for upcoming experiments. With these caveats in mind, the broad trends discussed in the previous two chapters are clearly evident.

### 7.1 The Impact of Alkali-Hybrid Mixtures

Tab. (7.1) is a list of target cells \& their performance using broadband lasers. This table is not meant to be complete, but merely representative of the cells of that time period. The value for $D$ listed in this table was determined by measuring the total absorption of the pressure broadened $\mathrm{Rb} \& \mathrm{~K}$ absorptions lines, see Sec. (E.8.4), and then extrapolating this value to operating temperatures using their vapor pressure curves, see Sec. A.3).

The first 6 cells listed in Tab. (7.1) are 2.5 in diameter pumping-chamber targetstyle cells containing only Rb that were pumped with 60 W of broadband (2 nm) laser power. These cells were considered "state of art" circa 2002 and, in fact, two of them (Priapus and Penelope) were used in E97110 described in Sec. (3.5). At the time, the expectation was that the highest ${ }^{3} \mathrm{He}$ polarization that could be achieved in target cells (in the fast diffusion limit \& not including beam relaxation) was given by:

$$
\begin{equation*}
P_{\mathrm{He}}^{\text {naive }}=P_{\mathrm{A}}\left[1-\frac{\Gamma_{\mathrm{He}}}{\Gamma_{s}}\right] \tag{7.1}
\end{equation*}
$$

where $\Gamma_{s}^{-1}$ is the spin up time constant, $\Gamma_{\mathrm{He}}^{-1}$ is the cell lifetime measured at room temperature, and we've assumed their difference is equal to the volume averaged spin exchange rate given by:

$$
\begin{equation*}
\Gamma_{s}-\Gamma_{\mathrm{He}}=f_{\mathrm{pc}} k_{\mathrm{se}}[\mathrm{~A}] \tag{7.2}
\end{equation*}
$$

where $f_{\mathrm{pc}}$ is the fraction of ${ }^{3} \mathrm{He}$ nuclei that are in the pumping chamber, $k_{\mathrm{se}}$ is the $\mathrm{A}-{ }^{3} \mathrm{He}$ spin exchange rate constant, and [A] is the alkali number density. Using the measured values for these quantities and assuming $P_{\mathrm{A}}=1$, we find $P_{\mathrm{He}}^{\text {naive }}>0.60$. If
one directly attributed the low ${ }^{3} \mathrm{He}$ polarization solely to a low alkali polarization, then the following equation can be used to estimate the average alkali polarization in the pumping chamber:

$$
\begin{equation*}
P_{\mathrm{A}}^{\text {calc }}=P_{\mathrm{He}}\left[1-\frac{\Gamma_{\mathrm{He}}}{\Gamma_{s}}\right]^{-1} \tag{7.3}
\end{equation*}
$$

Indeed, it was a common belief that the ${ }^{3} \mathrm{He}$ polarizations measured in these cells were an indication of alkali polarizations at the level of $P_{\mathrm{A}}^{\text {calc }} \approx 0.70$, see for example [1].

As described in Sec. (5.5.2), alkali-hybrid SEOP was expected to utilize the laser power more efficiently in transferring the light polarization to ${ }^{3} \mathrm{He}$ nuclear polarization. As a pratical matter, this statement implies that one would achieve:

1. higher alkali polarization for the same laser power and
2. the same alkali polarization for a higher alkali density.

This was, in fact, borne out as evidenced by the last 9 cells listed in Tab. 7.1. These cells had both 2.5 in \& 3.5 in pumping chamber diameters and were specifically designed (and used) for E02013 described in Sec. (3.6). Several comments could be made about their performance, but we'll highlight the most relevant.

While the worst cells performed no worse than pure Rb cells, the best cells, when pumped with sufficient laser power, achieved ${ }^{3} \mathrm{He}$ polarizations in excess of 0.50 . Since the lifetime of these cells did not vary significantly, it was safe to assume that the difference in performance was attributable to the alkali-hybrid ratio $D$. We found that the best performing cells had $D$ in the range $3 \leq D \leq 7$ or equivalently $5 \pm 2$, which is in surprisingly good agreement with the results of the simulation shown in Fig. (5.6). However, these hybrid cells also failed to achieve $P_{\mathrm{He}}^{\text {naive }} \approx 0.8$.

| cell | $P_{\mathrm{He}}$ | lasers | $I_{0}$ <br> $\mathrm{~W} / \mathrm{cm}^{2}$ | $\Gamma_{\mathrm{s}}^{-1}$ <br> hrs | $\Gamma_{\mathrm{He}}^{-1}$ <br> hrs | $D(\mathrm{~PB})$ | $P_{\mathrm{He}}^{\text {naive }}$ | $P_{\mathrm{A}}^{\text {calc }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Proteus | 0.46 | $3 / 660 \mathrm{~W}$ | 3.8 | 27 | 74 | 0 | 0.63 | 0.73 |
| Priapus | 0.44 | $3 / 660 \mathrm{~W}$ | 3.8 | 21 | 56 | 0 | 0.62 | 0.71 |
| Penelope | 0.44 | $3 / 660 \mathrm{~W}$ | 3.8 | 17 | 54 | 0 | 0.69 | 0.64 |
| Phubar | 0.39 | $3 / 660 \mathrm{~W}$ | 3.8 | 18 | 46 | 0 | 0.61 | 0.64 |
| Powell | 0.38 | $3 / 660 \mathrm{~W}$ | 3.8 | 13 | 25 | 0 | 0.49 | 0.77 |
| Prasch | 0.33 | $3 / 660 \mathrm{~W}$ | 3.8 | 13 | 33 | 0 | 0.62 | 0.53 |
| Boris | 0.39 | $3 / 140 \mathrm{~W}$ | 1.8 |  |  | 2.4 |  |  |
| Edna | 0.54 | $3 / 255 \mathrm{~W}$ | 1.8 | 4.9 | 28 | 3.5 | 0.83 | 0.65 |
| Samantha | 0.53 | $3 / 140 \mathrm{~W}$ | 1.8 | 4.6 | 22 | 4.1 | 0.79 | 0.67 |
|  | 0.54 | $5 / 297 \mathrm{~W}$ | 6.1 | 8.0 |  |  | 0.69 | 0.78 |
| AL TTC | 0.53 | $5 / 149 \mathrm{~W}$ | 3.1 |  | 26 | 4.4 |  |  |
|  | 0.45 | $3 / 130 \mathrm{~W}$ | 1.9 |  |  |  |  |  |
| Barbara | 0.53 | $5 / 297 \mathrm{~W}$ | 3.1 | 6.0 |  | 4.8 |  |  |
| Gloria | 0.43 | $3 / 130 \mathrm{~W}$ | 1.0 |  |  |  |  |  |
|  | 0.58 | $3 / 253 \mathrm{~W}$ | 1.7 | 5.0 | 35 | 6.9 | 0.86 | 0.68 |
| Anna | 0.39 | $3 / 130 \mathrm{~W}$ | 1.0 | 7.0 |  |  |  |  |
|  | 0.31 | $2 / 120 \mathrm{~W}$ | 0.6 |  |  | 9.3 |  |  |
| Simone | 0.24 | $1 / 110 \mathrm{~W}$ | 0.3 |  |  |  |  |  |
| Dolly | 0.45 | $2 / 260 \mathrm{~W}$ | 3.8 |  | 32 | 9.6 |  |  |
|  | 0.42 | $5 / 290 \mathrm{~W}$ | 2.9 |  |  | 21 |  |  |

Table 7.1: Cell Performance with Broadband Lasers. For the pure Rb (hybrid) cells, the oven set temperature was $180^{\circ} \mathrm{C}\left(235{ }^{\circ} \mathrm{C}\right)$. The entry $n / m P_{0}$ in the "lasers" column indicates that $n$ lasers with a total power of $P_{0}$ was incident on the pumping chamber. The second number $m$ refers to the number of beamlines. Finally, $I_{0}$ refers to the laser intensity at the front of cell estimated by $2 P_{0} /\left(\pi w^{2}\right)$, where $w$ is the radius of the pumping chamber.

It was tempting to believe that a low alkali polarization ( $P_{A} \approx 0.7$ ) was once again the culprit. Before we had the diagnostic tools to verify this directly, all we could do was significantly increase the laser power to indirectly test this hypothesis.

### 7.2 Limits to the Alkali and He-3 Polarizations, Part I

To illustrate the point made at the end of the previous section, we'll discuss the performance of two cells listed in Tab. (7.1), AL TTC and Dolly, as a function of laser power. AL TTC had a 2.5 in diameter pumping chamber with a $D$ within the optimal range. Doubling the laser power resulted in very little improvement in the ${ }^{3}$ He polarization $0.53 \rightarrow 0.54$. Given that this cell had a 2.5 in diameter pumping chamber and that the size of the laser beam was adjusted to match the size of the pumping chamber, this cell was pumped with the highest laser intensity $I_{0}$ (power per unit area) available in our lab at time. Dolly was a 3.5 in diameter pumpingchamber cell with a $D$ that was well outside the optimal range. In this case, tripling the laser power resulted in essentially no improvement in the ${ }^{3} \mathrm{He}$ polarization $0.42 \rightarrow 0.42$, see [2] for more details regarding the conditions of the high laser power measurement.

While one could argue that this laser power was not sufficient to saturate the alkali polarization in a pure Rb cell, it was difficult to make this argument for the case of a hybrid cell, since they did exihibit an increase in ${ }^{3} \mathrm{He}$ polarization. The most straightforward explanation for these observations was that the laser power that was being supplied was sufficient to achieve the highest alkali polarization possible under those experimental conditions. If the ${ }^{3} \mathrm{He}$ relaxation rate did not increase significantly with temperature, then this would necessarily imply that
$P_{\mathrm{A}} \approx 0.7$ was the highest attainable alkali polarization. This conclusion was difficult to defend, because, even at that time, several authors had reported alkali polarizations from direct measurements with broadband laser light in excess of $0.90[3,4]$. On the other hand, anecdotal evidence had existed for years that the "hot" cell lifetime (i.e. the lifetime measured with the lasers off and the cell near operating temperature), after the $\mathrm{A}-{ }^{3} \mathrm{He}$ spin exchange rate had been subtracted out, appeared to be shorter than the "cold" cell lifetime (i.e. the lifetime measured with the lasers off and the cell at room temperature). This observation was difficult to verify accurately because of the factor of two variation in the spin exchange rate constants $k_{\text {se }}$ that were reported in the literature at that time.

The first reliable measurements (see Sec. (D.3.1) for a more detailed discussion) of the $\mathrm{A}-{ }^{3} \mathrm{He}$ spin exchange rate constant was made by the Princeton Group [5]. These results were later confirmed by the Wisconsin Group [6], who further demonstrated unambiguously that the hot lifetime was indeed shorter than the cold lifetime. Subsequently, they demonstrated that the excess ${ }^{3} \mathrm{He}$ relaxation present while the cell is hot appeared to be linearly proportional to the alkali density [7]. This implies the following relationship among the hot \& cold cell lifetimes and the spin up time constant:

$$
\begin{equation*}
\Gamma_{\mathrm{He}}^{\mathrm{hot}}=\Gamma_{\mathrm{He}}+f_{\mathrm{pc}} k_{\mathrm{se}}[\mathrm{~A}] X \quad \rightarrow \quad \Gamma_{\mathrm{s}}-\Gamma_{\mathrm{He}}=f_{\mathrm{pc}} k_{\mathrm{se}}[\mathrm{~A}](1+X) \tag{7.4}
\end{equation*}
$$

which implies that the equilibrium ${ }^{3} \mathrm{He}$ polarization is given by:

$$
\begin{equation*}
P_{\mathrm{He}}=\frac{P_{\mathrm{A}}}{1+X}\left[1-\frac{\Gamma_{\mathrm{He}}}{\Gamma_{\mathrm{s}}}\right] \tag{7.5}
\end{equation*}
$$

where $X$ is due to some ${ }^{3} \mathrm{He}$ relaxation mechanism that scales with the alkali den-
sity or has the same temperature dependance of the alkali vapor pressure curve (i.e. $\approx T^{20}$ ).

Accepting the $X$-factor hypothesis, the limiting ${ }^{3} \mathrm{He}$ polarization is given by $P_{\mathrm{A}} /(1+X)$, which, by comparing Eqns. (7.3) \& (7.5), we find is equal to $P_{\mathrm{A}}^{\text {calc. }}$. By ignoring the fact that these cells were tested under different conditions, we simply took an average of $P_{\mathrm{A}}^{\text {calc }}$ and estimated $P_{\mathrm{A}} /(1+X)=0.67 \pm 0.09$ for pure Rb cells $\& 0.70 \pm 0.06$ for hybrid cells within the optimal range. By assuming that $X$ was independant of $D$, we concluded that the alkali polarization was nearly the same for pure Rb cells and hybrid cell within the optimal range. Since both the typical spin up time constant was much shorter and the laser intensity was usually lower for our tests of hybrid cells, we essentially verified our previous claim that hybrid cells would polarize a higher alkali density to the same alkali polarization for the same laser power. Measurements of $\Gamma_{\mathrm{s}}, \Gamma_{\mathrm{He}}$, and $P_{\mathrm{He}}$ alone did not allow us to establish to what extent the ${ }^{3} \mathrm{He}$ polarization was limited by nonunity $P_{\mathrm{A}}$ and nonzero $X$ when pumping with broadband lasers.

### 7.3 The Impact of Narrowband Lasers

Tab. (7.2) is a list of target cells \& their performance using narrowband lasers. With the exception of Sosa, Simone, \& Dolly, each of these cells had a 3.0 in diameter pumping chamber and was designed \& constructed for use in the "Transversity" group of experiments listed in Tab. (3.1). Using the experience gained from the E02013 target cell production run, we adjusted our alkali-hybrid mixture preparation prescription, see Sec. (3.3), to insure that we obtained cells with a $D$ within the optimal range, $5 \pm 2$. Of the cells listed in Tab. (7.2), only two fell significantly

| cell | $P_{\mathrm{He}}$ | Lasers | $I_{0}$ | $\Gamma_{\mathrm{s}}^{-1}$ | $\Gamma_{\mathrm{He}}^{-1}$ | $D(\mathrm{~PB} / \mathrm{EPR})$ | $P_{\mathrm{He}}^{*}$ | $P_{\mathrm{A}}$ | $X$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sosa | 0.58 | 2NB/1BB | 1.9 | 17 | 78 | $0 / 0$ |  | 0.95 | 0.29 |
| Alex | 0.59 | 2NB/1BB | 2.6 | 4.8 | 33 | $1.2 / 1.5$ | 0.59 | 0.96 | 0.39 |
| Stephanie | 0.64 | 3NB | 2.7 | 4.5 | 48 | $1.5 / 1.7$ |  | 0.99 | 0.40 |
| Brady | 0.72 | 3NB | 2.6 | 5.2 | 36 | $2.2 / 2.9$ | 0.43 | 0.99 | 0.18 |
| Moss | 0.63 | 1NB $/ 1 \mathrm{BB}$ | 1.8 | 5.4 | 33 | $-/ 2.9$ | 0.56 | 0.97 | 0.29 |
| Tigger | 0.51 | 1NB/1BB | 1.8 | 4.9 | 13 | $-/ 4.2$ |  | 0.95 | 0.13 |
| Samantha | 0.70 | 3NB | 2.6 | 4.6 | 22 | $4.1 / 5.4$ | 0.56 | 0.99 | 0.12 |
| Maureen | 0.69 | 3NB | 2.7 |  | 29 | $-/ 6.3$ |  | 0.98 |  |
| Astralweeks | 0.70 | 2NB $/ 1 \mathrm{BB}$ | 2.6 | 6.6 | 49 | $6.2 / 8.5$ | 0.31 | 0.97 | 0.20 |
| Simone | 0.62 | 2NB $/ 1 \mathrm{BB}$ | 3.8 |  | 32 | $9.6 / 16$ |  | 0.90 |  |
| Dolly | 0.62 | 1NB/1BB | 1.3 | 5.8 |  | $21 /-$ |  |  |  |

Table 7.2: Cell Performance with Narrowband Lasers. The labels " $n \mathrm{NB}$ " \& " $m \mathrm{BB}$ " refer to the number of narrowband $(n)$ and $(m)$ broadband lasers used for the measurement. Each laser had a power incident on the pumping chamber of about 20 W.
outside that range, which indicated that we indeed achieved a sufficient level of control over the ratio $D$. Of the cells that were pumped with three narrowband lasers (and no broadband lasers), three out of four achvieved ${ }^{3} \mathrm{He}$ polarizations near or above 0.70 . Regardless of $D$, so long as even one narrowband laser was used, all but one cell listed in Tab. (7.2) achieved or significantly exceeded the best performance, using only broadband lasers, listed in Tab. (7.1). The cell, Tigger, with the poorest performance had an unusually short lifetime. Even so, this cell still outperformed every pure Rb cell that we had ever pumped in our apparatus using only broadband lasers.

For the best performance, as it related to $D$, we found that the optimal range using narrowband lasers was $3 \leq D \leq 9$ or equivalently $D=6 \pm 3$. This result was consistent with what we found for broadband lasers and was in complete agreement with the finding from the previous simulations that the optimal value of $D$
was relatively insensitive to the laser linewidth. We'll note that Sosa, a 3.5 in diameter pumping-chamber pure Rb cell, achieved the highest ${ }^{3} \mathrm{He}$ polarization that we've ever obtained for a pure Rb target cell. This was due to both the fact that it had an unusually long lifetime and that it was pumped using mostly narrowband laser power.

## 7.4 "Masing" Effects

During these set of tests, we observed that the ${ }^{3} \mathrm{He}$ polarization was much lower when pumping to the high energy state, see Fig. (4.14), than when pumping to the low energy state, see Fig. (4.13). These lower polarizations are listed as $P_{\mathrm{He}}^{*}$ in Tab. (7.2) and, for example, the cell Astralweeks was only able to obtain a ${ }^{3} \mathrm{He}$ polarization of 0.31 when pumped to the high energy state. We were able to suppress this effect by applying a sufficiently large longitudinal magnetic field gradient ( $\approx 10 \mathrm{mG} / \mathrm{cm}$ ) along the holding field direction. This gradient was small enough not to significantly reduce the ${ }^{3} \mathrm{He}$ polarization due to the relaxation, see Sec. 6.2.2).

Because of the dependence on the sign of the ${ }^{3} \mathrm{He}$ polarization and the response to a magnetic field gradient, we called this effect the "masing" effect due to its similarities to the masing effect described in [8,9]. However, unlike the effect decribed in [8], we could find no obvious coupling between the ${ }^{3} \mathrm{He}$ magnetization and our NMR pickup coils. Furthermore, such an effect had been observed in several JLab experiments and there was anecdotal evidence that this effect only occured in the pumping chamber. We believe that we have verified this by our simultaneous NMR measurements of the pumping \& target chambers using two sets of NMR


Figure 7.1: Masing Effect in the Target Cell Astralweeks. The red data points are the NMR signal in either chamber. The solid blue lines are the current in the gradient coil. The left (right) plot is for the pumping (target) chamber. .
pickup coils. Fig. (7.1) shows the NMR signal in the pumping \& target chambers as a function of time a the current in the gradient coils is varied. As the current was lowered in a stepwise fashion, the NMR signal in the pumping chamber also dropped in a stepwise fashion. Whereas the NMR signal dropped almost instantaneously in the pumping chamber, the NMR signal in the target chamber appeared to exhibit a time lag of several minutes and then only slowly \& smoothtly lowered in size. We took this as evidence that the masing effect occurred only in the pumping chamber. Regardless of the physical origin of this effect, a magnetic field gradient can suppress it and is absolutely required to achieve high polarization when pumping to the high energy state.

### 7.5 Limits to the Alkali and He-3 Polarizations, Part II

We were able to measure the alkali polarization directly using EPR RF spectrocopy, which is a standard diagnostic tool in spin exchange optical pumping, see for example $[3,4,6]$. Fig. (7.2) shows a typical EPR RF spectra in a hybrid cell which a


Figure 7.2: Alkali EPR RF Spectra at 18.3 MHz. .
$D=$ ? and represents an alkali polarization of $P_{\mathrm{A}}=$ ?. It is straightfoward to show that the ratio of areas under consecutive peaks for the same alkali isotope can be related to the alkali polarization, see Sec. (E.10.3). In addition, the alkali-bybrid ratio $D$ under operating conditions can also be determined using these spectra, see Sec.(E.10.4).

Armed with this additional diagnostic tool, we retested three cells, Samantha, Simone, \& Dolly, from Tab. (7.1) using narrowband lasers. The improvement in performance, $0.42 \rightarrow 0.62$, for Dolly was particularly striking. As noted before, increasing the broadband (only) laser power for Dolly by a factor of three resulted in no gains in ${ }^{3} \mathrm{He}$ polarization. On the other hand, simply replacing one broadband laser with one narrowband laser resulted in a ${ }^{3} \mathrm{He}$ polarization nearly $50 \%$ relative higher with half the total laser power. Of the three, Samantha had a $D$
that was closest to the optimal value and showed an increase from 0.53 , using only broadband lasers, to 0.70 , using only narrowband lasers. While Samantha had a near unity alkali polarization, Simone, with a $D$ outside the optimal range, had the lowest measured alkali polarization of the all the cells tested. Unfortunately, this cell ruptured before we could perform any alkali polarization measurements.

Regardless, given the improvements in performance of these three cells with narrowband lasers and by direct measurements of the alkali polarization in other cells, it was safe to infer that pumping with broadband lasers resulted in alkali polarizations that were nonunity. Furthermore, we have never measured an alkali polarization in excess of 0.90 using only broadband lasers. On the other hand, for the cells with a $D$ within the optimal range, the alkali polarizations were never below 0.95 . Under ideal conditions (i.e. three narrowband lasers with no broadband lasers), these cells obtained alkali polarization in excess of 0.97 in every case.

Because of the variations in laser conditions, it was difficult to draw firm conclusions about the relationship between $D$ and the alkali polarization. With that said, a decrease in alkali polarization for increasing values of $D$ beyond the optimal value was the bevahiour that one would expect based on the results of the simulation and the results of the Wisconsin Group [10]. A natural explanation for this was due to the increased sensistiity to off resonant pumping of the K D2 transition, which scales with $D$. This would also explain the dramatic improvement one obtains using narrowband lasers compared to broadband lasers.

As mentioned previously, the limiting ${ }^{3} \mathrm{He}$ polarization is given by $P_{\mathrm{A}} /(1+$ $X)$. Since pumping with narrowband lasers, under ideal conditions, can result in nearly unity alkali polarization, the value of $X$ determines the limiting ${ }^{3} \mathrm{He}$ polarization obtainable for a given cell. A direct measurement of the alkali polarization,
in combination with the other measurements that we already performed on the target cells, allowed us to extract $X$ for any cell of interest using the following equation:

$$
\begin{equation*}
X=\frac{P_{\mathrm{A}}}{P_{\mathrm{He}}}\left[1-\frac{\Gamma_{\mathrm{He}}}{\Gamma_{\mathrm{s}}}\right]-1 \tag{7.6}
\end{equation*}
$$

Before discussing the values of $X$ listed in Tab. (7.2, it is important to note that three points. First, we measured the alkali polarization using two different probes that were sensitive to differnt regions of the pumping chamber. Faraday rotation, see Sec. (E.9.2), utilizes a probe beam that was sensitive to the alkali polarization along its path through the cell. On the other hand, the intensity of the D2 fluoresence measured by the photodiode, see Sec.(4.4.2), was sensitive to some region in the pumping chamber that was closest to the photodiode. It was entirely possible that neither of these methods was truly representative of the volume averaged alkali polarization. With that said, we have found satisfactory agreement between these two methods.

Second, the cold lifetime $\Gamma_{\mathrm{He}}^{-1}$ is partly due to the dipolar interactions among the ${ }^{3} \mathrm{He}$ nuclei themselves. The relaxation rate associated with this interaction has known dependences on the ${ }^{3} \mathrm{He}$ temperature and density, see Sec.(D.5.1), that were not accounted for in our preliminary determinations of $X$. The third and final point concerns the proper interpretation of $\Gamma_{\mathrm{s}}$. As discussed in Sec. 6.1.4, the spin up curves measured in two chambered cells was always the sum of two exponentials, one with a fast time constant and one with a slow time contant. However, the spin up time constants used to detemine $X$ were the results of single exponential fits to the data, which was appropriate only in the fast diffusion limit. This necessitates corrections of order $\Gamma_{s} / d_{\mathrm{tc}}$, which have not been made yet, where $d_{\mathrm{tc}}(\approx 1 / \mathrm{hr})$ was the diffusion rate between the two chambers.

The range of $X$ that we've extracted for 3 in diameter pumping chamber cells was $0.12 \leq X \leq 0.40$. The lowest values for $X$ that we've measured ( $\approx 0.12$ ) were among the lowest values observed by the Wisconsin \& NIST Groups [7]. Both of these observations were in completement aggreement with their measurements that indicated $\approx 0.1 \leq X \leq(0.4 \mathrm{~cm}) S / V$, where $S / V$ is the surface to volume ratio of the cell. Using $P_{\mathrm{A}} /(1+X)$ and assuming $P_{\mathrm{A}}=1$, we inverted our measured $X$ range to find $0.7 \leq P_{\mathrm{He}} \leq 0.9$. This has indicated that we may be, for the first time, truly approaching the limits of ${ }^{3} \mathrm{He}$ polarization attainable in target cells.

### 7.6 Summary \& Outlook

Fig. (7.3) depicts the ${ }^{3} \mathrm{He}$ polarization as a function of the alkali-hybrid ratio $D$ and the laser intensity $I_{0}$. The most salient features of these two plots can be summarized by the following statement: To insure the best performance, a target cell, with a $D$ within the range $5 \pm 2$, should be pumped by narrowband lasers ( $\Delta \nu \approx 0.2 \mathrm{~nm}$ ) with an intensity of at least $2.5 \mathrm{~W} / \mathrm{cm}^{2}$.

Given the values of $X$ that we've measured in our target cells, it was tempting to think that, at suffiently high laser intensity and alkali density (i.e. temperature), we should obtain polarizations in excess of 0.80 . If one were not concerned with damaging the cells, this could be tested, with the cells and laser intensity presently available, by simply increasing the cell temperature by an additional $25^{\circ} \mathrm{C}$. On the other hand, if we have truly identified all of the factors limiting the ${ }^{3} \mathrm{He}$ polarization, then a 4.5 in diameter pumping chamber cell with a 45 hr lifetime and $X=0.15$ should achieve a ${ }^{3} \mathrm{He}$ polarization of 0.80 at present operating temperatures.


Figure 7.3: Target Cell Performance as a Function of Alkali-Hybrid Ratio and Laser Intensity .

Although, as a practical matter, it has been shown that the alkali polarization can be made unity under the appropriate conditions, it is still interesting to determine the mechanism that limits the alkli polarization at high $D$ and/or when pumping with broadband lasers. Whatever the mechanism, the relaxation rate associated with it must scale with the D 1 optical pumping rate (i.e. laser power). One potentially useful probe of some of these dynamics may be the relative population of the excited state of the alkali atoms. They may be monitored by measuring the spectrum of fluroecnes emitted by the deexciting atoms.

Finally, we'll end with some speculative comments about the nature of $X$. Based only the measurements listed in Tab. (7.2), one could argue that $X$ appears to decrease with decreasing lifetimes or with increasing values for $D$. More measurements along these lines may be profitable. In calculating $X$, we have assumed that the relaxation mechanism that was associated with $X$ was only present in the pumping chamber and not in the target chamber. Our only justification for this assumption was the observation [7] that this mechanism appeared to increase with alkali density and/or temperature, both of which are higher in the pumping chamber. It would be interesting to find a way to measure $X$ separately for the two chambers.

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## Appendix A

## Units, Physical Constants, and Alkali Reference Data

## A. 1 Units \& Physical Constants

All units are in SI unless otherwise noted. The following relationship sets a useful scale for nuclear reactions:

$$
\begin{equation*}
\hbar c=197.32696 \mathrm{MeV} \cdot \mathrm{fm}=0.19732696 \mathrm{GeV} \cdot \mathrm{fm} \tag{A.1}
\end{equation*}
$$

If we set $\hbar=c=1$, then nuclear energy \& distance scales are related by:

$$
\begin{align*}
\mathrm{GeV}^{2} & =25.681900 / \mathrm{fm}^{2}  \tag{A.2}\\
1 / \mathrm{GeV}^{2} & =0.389379304 \mathrm{mb}  \tag{A.3}\\
1 \mathrm{~b} & =10^{-24} \mathrm{~cm}^{2}  \tag{A.4}\\
1 \mathrm{amu} & =931.494028 \mathrm{MeV} \tag{A.5}
\end{align*}
$$

| symbol | value | units | description |
| :---: | ---: | :---: | :--- |
| $c$ | 299792458 | $\mathrm{~m} / \mathrm{s}$ | speed of light in vacuum |
| $\mu_{0}$ | $4 \pi \times 10^{-7}$ | $\mathrm{~N} / \mathrm{A}^{2}$ | magnetic constant <br> $\epsilon_{0}$ |
| $e$ | $8.854187817 \times 10^{-12}$ | $\mathrm{C}^{2} /\left(\mathrm{N} \cdot \mathrm{m}^{2}\right)$ | electric constant |
| $e$ | $1.6021765 \times 10^{-19}$ | C | elementary charge |
| $m$ | $9.109382 \times 10^{-31}$ | kg | electron mass |
| $g_{S}$ | -2.00231930436 | unitless | electron $g$-factor |
| $r_{e}$ | $2.81794029 \times 10^{-15}$ | m | classical electron radius |
| $\mu_{B}$ | $9.274009 \times 10^{-24}$ | $\mathrm{~J} / \mathrm{T}$ | Bohr magneton |
| $\mu_{N}$ | $5.050783 \times 10^{-27}$ | $\mathrm{~J} / \mathrm{T}$ | Nuclear magneton |
| $h$ | $6.626069 \times 10^{-34}$ | $\mathrm{~J} \cdot \mathrm{~s}$ | Planck constant |
| $\alpha^{-1}$ | 137.0359997 | unitless | inverse fine structure constant |
| $N_{A}$ | $6.022142 \times 10^{23}$ | $\# / \mathrm{mol}$ | Avogadro constant |
| $k$ | $1.38065 \times 10^{-23}$ | $\mathrm{~J} / \mathrm{K}$ | Boltzmann constant |
| $R$ | 8.3145 | $\mathrm{~J} /(\mathrm{mol} \cdot \mathrm{K})$ | molar gas constant |
| $a m u$ | $1.6605388 \times 10^{-27}$ | kg | (mass $\left.{ }^{12} \mathrm{C}\right) / 12$ |

Table A.1: Physical Constants. These values are from CODATA 2006 [1].

The following relationships are useful for ${ }^{3} \mathrm{He}$ polarimetry:

$$
\begin{align*}
& \mu_{0} \mu_{N}=\frac{1.70530 \mathrm{mG}}{\mathrm{amg}}=\frac{17.0530 \mathrm{nV}}{\mathrm{amg} \cdot \mathrm{~cm}^{2} \cdot \mathrm{kHz}}  \tag{A.6}\\
& \mu_{B} / k=6.7171 \times 10^{-5} \mathrm{~K} / \mathrm{G}  \tag{A.7}\\
& \mu_{B} / h=1.3996246 \mathrm{MHz} / \mathrm{G}  \tag{A.8}\\
& \mu_{N} / k=3.65826 \times 10^{-8} \mathrm{~K} / \mathrm{G}  \tag{A.9}\\
& \mu_{N} / h=0.7622594 \mathrm{kHz} / \mathrm{G} \tag{A.10}
\end{align*}
$$

The following relationships are useful for determining atomic cross sections \& rate constants:

$$
\begin{align*}
R & =k N_{A}  \tag{A.11}\\
k / h & =20.8366 \mathrm{GHz} / \mathrm{K}  \tag{A.12}\\
1 \mathrm{amg} & =\frac{101325 \mathrm{~Pa}}{k \cdot(273.15 \mathrm{~K})}=2.68678 \times 10^{19} / \mathrm{cm}^{3}  \tag{A.13}\\
10^{15} / \mathrm{cm}^{3} & =37.2193 \mathrm{amg}  \tag{A.14}\\
1 \AA^{2} & =10^{-16} \mathrm{~cm}^{2}  \tag{A.15}\\
1 \mathrm{~Hz} / \mathrm{amg} & =3.72193 \times 10^{-20} \frac{\mathrm{~cm}^{3}}{\mathrm{~s}}=3.72193 \times 10^{-4} \AA^{2} \cdot \frac{\mathrm{~cm}}{\mathrm{~s}}  \tag{A.16}\\
10^{-18} \mathrm{~cm}^{3} / \mathrm{s} & =0.01 \AA^{2} \cdot \frac{\mathrm{~cm}}{\mathrm{~s}}=10^{6} \mathrm{~b} \cdot \frac{\mathrm{~cm}}{\mathrm{~s}}=26.8678 \frac{\mathrm{~Hz}}{\mathrm{amg}}  \tag{A.17}\\
1 \mathrm{MHz} /\left(10^{15} / \mathrm{cm}^{3}\right) & =10^{-9} \mathrm{~cm}^{3} / \mathrm{s}=10^{7} \AA^{2} \cdot(\mathrm{~cm} / \mathrm{s})  \tag{A.18}\\
\Delta \nu & =-474.3 \mathrm{GHz}\left(\frac{\Delta \lambda}{+1 \mathrm{~nm}}\right)\left(\frac{795 \mathrm{~nm}}{\lambda}\right)^{2}  \tag{A.19}\\
\bar{v}_{\text {rel }} & =1.00089 \times 10^{5} \frac{\mathrm{~cm}}{\mathrm{~s}} \sqrt{\left(\frac{T}{473.15 \mathrm{~K}}\right)\left(\frac{10 \mathrm{~g} / \mathrm{mol}}{\mu_{\text {reduced }}}\right)} \tag{A.20}
\end{align*}
$$

where one amagat $(\mathrm{amg})$ is the density of a universal gas at a temperature \& pressure of $273.15 \mathrm{~K} \& 1 \mathrm{~atm}$. The following relationships are useful when calculating the polarizability of alkali atoms:

$$
\begin{align*}
\epsilon_{0} & =1 /\left(c^{2} \mu_{0}\right)  \tag{A.21}\\
\alpha & =\frac{e^{2}}{4 \pi \epsilon_{0} \hbar c}=\left(\frac{m c}{\hbar}\right) r_{e}  \tag{A.22}\\
r_{e} & =\frac{e^{2}}{4 \pi \epsilon_{0} m c^{2}}=\left(\frac{\hbar}{m c}\right) \alpha  \tag{A.23}\\
r_{e} c=\frac{\hbar \alpha}{m} & =0.84479725 \times 10^{-15} \mathrm{THz} \cdot \mathrm{~cm}^{3} / \mathrm{mm} \tag{A.24}
\end{align*}
$$

| Element | Ground <br> State | $S_{1 / 2}$ <br> $g_{J} / g_{S}$ | $P_{1 / 2}$ <br> $g_{J}$ | $P_{3 / 2}$ <br> $g_{J}$ | $\nu_{\mathrm{so}}$ <br> $(\mathrm{GHz})$ | $y=1$ <br> (T) |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Lithium | 2 | 1.0000034 | -0.667 | -1.335 | 9.99418 | 0.712 |
| Sodium | 3 | 1.0000009 | -0.6658 | -1.3342 | 515.730 | 36.7 |
| Potassium | 4 | 1.00001844 |  |  | 1730.32 | 123 |
| Rubidium | 5 | 1.0000059 |  |  | 7124.94 | 508 |
| Cesium | 6 | 1.000104474 | -0.66590 | -1.3340 | 16614.2 | 1180 |
| Theory |  | 1.000000000 | -0.665894 | -1.334106 |  |  |
| (if $g_{S}=-2$ ) |  |  | $-2 / 3$ | $-4 / 3$ |  |  |
| Reference | $[3]$ |  | $[2]$ |  | E.57 | E.59 |

Table A.2: Alkali atom ground state and first excited states fine structure.

## A. 2 Alkali Atom Fine \& Hyperfine Structure

An excellent source of alkali $D$ line data has been complied by Daniel Steck at http://steck.us/alkalidata/. The spin-orbit splitting is simply the difference between the D2 and D1 transition frequencies: $\nu_{2}-\nu_{1}=\nu_{\mathrm{so}}$. The strength of the Zeeman interaction relative to the spin-orbit (hyperfine [only for $J=1 / 2$ ]) coupling is quantified by the unitless parameter $y(x)$ which is given by:

$$
\begin{equation*}
y=\left[\frac{g_{S}}{-2}\right] \frac{2 \mu_{B} B_{0}}{h \nu_{\mathrm{so}}} \quad x=\left(g_{I} \mu_{N}-g_{J} \mu_{B}\right) \frac{B_{0}}{h \nu_{\mathrm{hfs}}} \tag{A.25}
\end{equation*}
$$

where $B_{0}$ is the magnetic field. The relative energy of a particular manifold $F$ is given by [2]:

$$
\begin{equation*}
E_{F}=\frac{A K}{2}+\frac{B}{2}\left[\frac{3 K(K+1)-2 I(I+1) 2 J(J+1)}{2 I(2 I-1) 2 J(2 J-1)}\right] \tag{A.26}
\end{equation*}
$$

where $K=F(F+1)-I(I+1)-J(J+1), I$ is the nuclear spin, and $J$ is the total electronic angular momentum. This formula can be used to calculate the fine structure energy levels with the substitutions $B=0, F \rightarrow J, I \rightarrow S$, and $J \rightarrow L$.

| Element | D1 |  |  |  |  | D2 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \lambda_{1} \\ (\mathrm{~nm}, \mathrm{air}) \end{gathered}$ | $\begin{gathered} \tau_{1} \\ \text { (ns) } \end{gathered}$ | $f_{1}$ | $\begin{gathered} \tau_{1} \\ \text { (ns) } \end{gathered}$ | $f_{1}$ | $\begin{gathered} \lambda_{2} \\ (\mathrm{~nm}, \text { air }) \end{gathered}$ | $\begin{gathered} \tau_{2} \\ (\mathrm{~ns}) \end{gathered}$ | $f_{2}$ | $\begin{gathered} \tau_{2} \\ (\mathrm{~ns}) \end{gathered}$ | $f_{2}$ |
| Lithium | 670.791 | 26.9 | 0.251 | 27.3 | 0.247 | 670.776 | 26.9 | 0.502 | 27.9 | 0.494 |
| Sodium | 589.5924 | 16.2 | 0.322 | 16.4 | 0.318 | 588.9950 | 16.1 | 0.647 | 16.3 | 0.637 |
| Potassium | 769.896 | 26.2 | 0.340 | 27 | 0.35 | 766.490 | 25.8 | 0.682 | 27 | 0.70 |
| Rubidium | 794.7603 | 27.7 | 0.342 | 28.5 | 0.32 | 780.0268 | 26.2 | 0.695 | 26.5 | 0.67 |
| Cesium | 894.347 | 34.8 | 0.344 | 31 | 0.39 | 852.113 | 30.53 | 0.7131 | 31 | 0.81 |
| Reference |  | [3] |  |  | 4] |  | [3] |  |  | 4] |

Table A.3: Alkali atom D1 and D2 transition wavelengths $(\lambda)$, lifetimes $(\tau)$, and oscillator strengths $(f)$. Data from NIST Atomic Spectra Database [3] and Radzig \& Smirnov [4]. These oscialltor strengths are for low buffer gas density. At higher buffer gas density, the oscialltor strengths decreases, for example, see [5,6]. Although the sum $\left(f_{1}+f_{2}\right)$ varies from 0.75 to 1.06 , the ratio $f_{2} / f_{1}$ equals 2 to better $4 \%$ relative for the alkali atoms listed in the table.

| Element | D1 |  |  | D2 |  |  | $\begin{gathered} \nu_{\mathrm{so}} \\ (\mathrm{GHz}) \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\lambda_{1}$ |  | $\nu_{1}$ | $\lambda_{2}$ |  | $\begin{gathered} \nu_{2} \\ (\mathrm{GHz}) \end{gathered}$ |  |
|  | (air, nm) | (vac, nm) | (GHz) | (air, nm) | (vac, nm) |  |  |
| Lithium | 670.791 | 670.976 | 446800.6 | 670.776 | 670.961 | 446810.6 | 10.0 |
| Sodium | 589.5924 | 589.7558 | 508333.2 | 588.9950 | 589.1582 | 508848.8 | 515.6 |
| Potassium | 769.896 | 770.108 | 389286.3 | 766.490 | 766.701 | 391016.1 | 1729.9 |
| Rubidium | 794.7603 | 794.9789 | 377107.4 | 780.0268 | 780.2414 | 384230.4 | 7123.0 |
| Cesium | 894.347 | 894.593 | 335116.0 | 852.113 | 852.347 | 351725.8 | 16609.8 |

Table A.4: Alkali atom D1 \& D2 air \& vacuum transition wavelengths $(\lambda)$, transition frequencies $(\nu)$, and spin-orbit splitting $\left(\nu_{\mathrm{so}}\right)$. Data are from the NIST Atomic Spectra Database [3]. The air wavelengths are calculated from the vacuum wavelengths assuming "standard air" using the 1972 formula of Peck \& Reeder [7].

|  | $\begin{aligned} & \text { Mass } \\ & (\mathrm{amu}) \end{aligned}$ | Abd. | I | $\begin{gathered} \mu \\ \left(\mu_{N}\right) \end{gathered}$ | $g_{I}$ | $\epsilon\left(I, P_{A}\right)$ |  | $s=1+\epsilon$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  | $P_{\text {A }}=0$ | $P_{\text {A }}=1$ | $P_{\text {A }}=0$ | $P_{\text {A }}=1$ |
| Li | 6.941 |  |  |  |  | 4.823 | 2.924 | 5.823 | 3.924 |
| ${ }^{6} \mathrm{Li}$ | 6.0151223 | 0.0759 | 1 | +0.822056 | +0.822056 | 8/3 | 2 | 11/3 | 3 |
| ${ }^{7} \mathrm{Li}$ | 7.0160040 | 0.9241 | $3 / 2$ | +3.25644 | +2.17096 | 5 | 3 | 6 | 4 |
| Na | 22.989770 |  |  |  |  | 5 | 3 | 6 | 4 |
| ${ }^{23} \mathrm{Na}$ | 22.9897697 | 1.0 | 3/2 | +2.21752 | +1.47835 | 5 | 3 | 6 | 4 |
| K | 39.0983 |  |  |  |  | 5.003 | 3.001 | 6.003 | 4.001 |
| ${ }^{39} \mathrm{~K}$ | 38.9637069 | 0.93258 | 3/2 | $+0.39146$ | +0.26097 | 5 | 3 | 6 | 4 |
| ${ }^{40} \mathrm{~K}$ | 39.9639987 | 0.000117 | 4 | -1.298 | -0.3245 | 80/3 | 8 | 83/3 | 9 |
| ${ }^{41} \mathrm{~K}$ | 40.9618260 | 0.06730 | $3 / 2$ | +0.21487 | +0.14325 | 5 | 3 | 6 | 4 |
| Rb | 85.4678 |  |  |  |  | 9.811 | 4.443 | 10.81 | 5.443 |
| ${ }^{85} \mathrm{Rb}$ | 84.911789 | 0.7217 | 5/2 | +1.35302 | +0.541208 | 35/3 | 5 | 38/3 | 6 |
| ${ }^{87} \mathrm{Rb}$ | 86.909184 | 0.2783 | $3 / 2$ | +2.7512 | +1.8341 | 5 | 3 | 6 | 4 |
| Cs | 132.90545 |  |  |  |  | 21 | 7 | 22 | 8 |
| ${ }^{133} \mathrm{Cs}$ | 132.905447 | 1.0 | 7/2 | +2.579 | +0.7369 | 21 | 7 | 22 | 8 |

Table A.5: Alkali Isotopic \& Nuclear Data. $\epsilon\left(I, P_{A}\right)$ is the paramagnetic coefficient and $s$ is the nuclear slowing
down factor. For $P_{A}=0, \epsilon=4 I(I+1) / 3$ and for $P_{A}=1, \epsilon=2 I$. Data is from the NIST Handbook of Basic Atomic
Spectroscopic Data [8].

|  | $S_{1 / 2}$ |  |  | $P_{1 / 2}$ |  |  | $P_{3 / 2}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} A / h \\ (\mathrm{MHz}) \end{gathered}$ | $\begin{gathered} \nu_{\mathrm{hfs}} \\ (\mathrm{MHz}) \end{gathered}$ | $x=1$ <br> (G) | $\begin{gathered} A / h \\ (\mathrm{MHz}) \end{gathered}$ | $\begin{gathered} \nu_{\mathrm{hfs}} \\ (\mathrm{MHz}) \end{gathered}$ | $x=1$ <br> (G) | $\begin{gathered} A / h \\ (\mathrm{MHz}) \end{gathered}$ | $\begin{gathered} B / h \\ (\mathrm{MHz}) \end{gathered}$ |
| ${ }^{6} \mathrm{Li}$ | 152.136841 | 228.205261 | 81.4 | 17.38 | 26.06 | 27.9 | -1.155 | -0.1 |
| ${ }^{7} \mathrm{Li}$ | 401.7520433 | 803.5040866 | 287 | 45.92 | 91.83 | 98.4 | -3.055 | -0.22 |
| ${ }^{23} \mathrm{Na}$ | 885.8130644 | 1771.626128 | 632 | 94.3 | 188.6 | 202 | 18.69 | 2.9 |
| ${ }^{39} \mathrm{~K}$ | 230.8598601 | 461.7197202 | 165 | 28.85 | 57.70 | 61.8 | 6.06 | 2.8 |
| ${ }^{40} \mathrm{~K}$ | -285.731 | -1 285.79 | 459 | -34.52 | -155.3 | 167 | -7.59 | -3.5 |
| ${ }^{41} \mathrm{~K}$ | 127.0069352 | 254.0138704 | 90.6 | 15.25 | 30.50 | 32.7 | 3.40 | 3.3 |
| ${ }^{85} \mathrm{Rb}$ | 1011.910813 | 3035.732439 | 1080 | 120.72 | 362.16 | 388 | 25.01 | 25.88 |
| ${ }^{87} \mathrm{Rb}$ | 3417.3413064 | 6834.6826128 | 2440 | 406.2 | 812.4 | 870 | 84.845 | 12.52 |
| ${ }^{133} \mathrm{Cs}$ | 2298.1579425 | 9192.631770 | 3280 | 291.9 | 1167 | 1250 | 50.34 | -0.4 |
| Ref. | [2] | (E.186) | (E.188) | [2,9] | (E.186) | (E.188) |  |  |

[^0]
## A. 3 Alkali Metal Vapor Pressure Curves

## A.3.1 The Clausius-Clapeyron Equation

The saturated vapor pressure above a liquid (solid) is described by the ClausiusClapeyron equation. It is a consequence of the equality between the chemical potentials of the vapor and liquid (solid). The derivation can be found in any undergraduate text on thermodynamics (e.g. Kittel \& Kroemer [11]):

$$
\begin{equation*}
\Delta v \cdot \partial P=L \cdot \partial T / T \tag{A.27}
\end{equation*}
$$

where $P$ is the pressure, $T$ is the temperature, $L$ is the latent heat of vaporization (sublimation) per particle, and $\Delta v$ is given by:

$$
\begin{equation*}
\Delta v=v_{\mathrm{v}}-v_{1(\mathrm{~s})}=\frac{V_{\mathrm{v}}}{N_{\mathrm{v}}}-\frac{V_{1(\mathrm{~s})}}{N_{1(\mathrm{~s})}} \tag{A.28}
\end{equation*}
$$

where $V$ is the volume occupied by the particles, $N$ is the number of particles, and the subscripts $v \& l(s)$ refer to the vapor $\&$ liquid (solid) respectively.

Following the derivation in Nesmeyanov [12], we'll make the approximation that the average volume per vapor atom is much greater than the average volume per liquid (solid) atom:

$$
\begin{equation*}
v_{\mathrm{v}} \gg v_{1(\mathrm{~s})} \quad \Rightarrow \quad \Delta v \approx v_{\mathrm{v}}=\frac{V_{\mathrm{v}}}{N_{\mathrm{v}}} \tag{A.29}
\end{equation*}
$$

Since the vapor has a very low density, we can apply the ideal gas law:

$$
\begin{equation*}
P V_{\mathrm{v}}=N_{\mathrm{v}} k T \tag{A.30}
\end{equation*}
$$

to get:

$$
\begin{equation*}
(k T / P) \cdot \partial P=L \cdot \partial T / T \tag{A.31}
\end{equation*}
$$

Expanding the latent heat as a function of temperature,

$$
\begin{equation*}
L(T)=L_{0}+L_{1} T+L_{2} T^{2}+\cdots \tag{A.32}
\end{equation*}
$$

and a little rearrangement gives:

$$
\begin{equation*}
\frac{\partial P}{P}=\left(\frac{L_{0}}{k T^{2}}+\frac{L_{1}}{k T}+\frac{L_{2}}{k}+\cdots\right) \partial T \tag{A.33}
\end{equation*}
$$

Integrating the above equation term by term and making substitutions for the coefficients gives the vapor pressure curve:

$$
\begin{equation*}
\log P_{\mathrm{vp}}=A-\frac{B}{T}+C T+D \log T \tag{A.34}
\end{equation*}
$$

Note that the coefficients $A, B, C, \& D$ depend on whether a liquid or solid is being considered, the choice of units for the vapor pressure $P_{\mathrm{vp}}$, and the base for the logarithm. The temperature $T$, however, is always in Kelvin.

## A.3.2 Number Density Formulas

The number density is obtained from the vapor pressure curve by once again applying the ideal gas law:

$$
\begin{equation*}
[\mathrm{A}]=\frac{N_{\mathrm{v}}}{V_{\mathrm{v}}}=\frac{P_{\mathrm{vp}}}{k T} \tag{A.35}
\end{equation*}
$$

For all alkali metals, the number density (in units of $1 / \mathrm{cm}^{3}$ ) from the 1995 CRC [13] can be written in the following equivalent forms:

$$
\begin{align*}
{[\mathrm{A}] } & =\left[\left(\frac{101325 \mathrm{~Pa}}{1 \mathrm{~atm}}\right)\left(10^{A-B / T} \mathrm{~atm}\right)\right] \cdot\left[\frac{1}{k T}\left(\frac{1 \mathrm{~m}}{100 \mathrm{~cm}}\right)^{3}\right]  \tag{A.36}\\
& =[\mathrm{A}]_{0}\left(\frac{T_{0}}{T}\right) \exp \left(b\left[1-\frac{T_{0}}{T}\right]\right) \tag{A.37}
\end{align*}
$$

where $A \& B$ are parameters from the $C R C$ and $[\mathrm{A}]_{0}, T_{0}, \& b$ are parameters derived from them. These parameters are different for the vapor pressure above liquid and solid. At the melting point, the liquid and solid CRC formulas give values that are consistent within the quoted accuracy, see Tab. A.8. Note that $T_{0}$ is the temperature corresponding to a density of $[\mathrm{A}]_{0}$.

The inversion formula used to obtain the temperature given the number density is of the form:

$$
\begin{equation*}
T=\frac{T_{0}}{1-\sum_{n=1}^{N} a_{n} \cdot\left(\log [\mathrm{~A}] /[\mathrm{A}]_{0}\right)^{n}} \tag{A.38}
\end{equation*}
$$

The coefficients $\left\{a_{n}\right\}$ are found from a fit to the Eqn. A.38). The value of highest order $N$ is found by keeping the temperature residuals under $0.02 \mathrm{~K}(0.005 \mathrm{~K})$ for liquids (solids) over the temperature range noted in the CRC. If only the lowest order term is kept $(N=1)$, then we get the following formula that is good to $\pm 2.5$ K for Li and $\pm 1.2 \mathrm{~K}$ for all others:

$$
\begin{equation*}
T=\frac{T_{0}}{1-a_{1} \cdot \log [\mathrm{~A}] /[\mathrm{A}]_{0}} \tag{A.39}
\end{equation*}
$$

The values for parameters $A, B, T_{0},[\mathrm{~A}]_{0}, b, \&\left\{a_{n}\right\}$ are listed in Tab. A.7.


Figure A.1: Number Density and Vapor Pressure Curves. The solid lines represent the CRC formula [13]. The dashed lines represent the Nesmeyanov formula [12]. The dotted lines represent Killian [14].

| CRC |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| over solid | Li | Na | K | Rb | Cs |
| $T_{\text {min }}(\mathrm{K})$ |  |  | 298 |  |  |
| $T_{\text {min }}\left({ }^{\circ} \mathrm{C}\right)$ |  |  | 25 |  |  |
| $[\mathrm{A}]_{\text {min }}\left(1 / \mathrm{cm}^{3}\right)$ | $1.49 \times 10^{-3}$ | $7.72 \times 10^{5}$ | $5.78 \times 10^{8}$ | $1.27 \times 10^{10}$ | $4.82 \times 10^{10}$ |
| $T_{\text {mp }}(\mathrm{K})$ | 453.7 | 370.87 | 336.53 | 312.46 | 301.59 |
| $T_{\text {mp }}\left({ }^{\circ} \mathrm{C}\right)$ | 180.5 | 97.72 | 63.38 | 39.31 | 28.44 |
| $[\mathrm{A}]_{\mathrm{mp}}\left(1 / \mathrm{cm}^{3}\right)$ | $3.61 \times 10^{6}$ | $3.07 \times 10^{9}$ | $3.12 \times 10^{10}$ | $5.47 \times 10^{10}$ | $6.88 \times 10^{10}$ |
| A | 5.667 | 5.298 | 4.961 | 4.857 | 4.711 |
| $B$ (K) | 8310 | 5603 | 4646 | 4215 | 3999 |
| $T_{0}(\mathrm{~K})$ | 378.51 | 336.79 | 302.76 | 295.75 | 283.12 |
| $[\mathrm{A}]_{0}\left(1 / \mathrm{cm}^{3}\right)$ | $10^{3}$ | $10^{8}$ | $10^{9}$ | $10^{10}$ | $10^{10}$ |
| $b$ | 50.552 | 38.306 | 35.334 | 32.816 | 32.523 |
| $a_{1} \times 10^{2}$ | 2.0181 | 2.6806 | 2.9125 | 3.1447 | 3.1752 |
| $a_{2} \times 10^{5}$ | 0.41582 | 0.94564 | 1.3149 |  |  |
| $a_{3} \times 10^{8}$ | 5.2686 |  |  |  |  |
| $a_{4}$ |  |  | 0 |  |  |
| over liquid | Li | Na | K | Rb | Cs |
| $T_{\text {mp }}(\mathrm{K})$ | 453.7 | 370.87 | 336.53 | 312.46 | 301.59 |
| $T_{\text {mp }}\left({ }^{\circ} \mathrm{C}\right)$ | 180.5 | 97.72 | 63.38 | 39.31 | 28.44 |
| $[\mathrm{A}]_{\text {mp }}\left(1 / \mathrm{cm}^{3}\right)$ | $3.79 \times 10^{6}$ | $3.18 \times 10^{9}$ | $3.22 \times 10^{10}$ | $5.66 \times 10^{10}$ | $7.11 \times 10^{10}$ |
| $T_{\text {max }}(\mathrm{K})$ | 1000 | 700 | 600 |  |  |
| $T_{\text {max }}\left({ }^{\circ} \mathrm{C}\right)$ | 727 | 427 | 327 |  |  |
| $[\mathrm{A}]_{\text {max }}\left(1 / \mathrm{cm}^{3}\right)$ | $7.90 \times 10^{15}$ | $1.10 \times 10^{16}$ | $1.17 \times 10^{16}$ | $1.24 \times 10^{16}$ | $2.12 \times 10^{16}$ |
| A | 5.055 | 4.704 | 4.402 | 4.312 | 4.165 |
| $B$ (K) | 8023 | 5377 | 4453 | 4040 | 3830 |
| $T_{0}(\mathrm{~K})$ | 800.94 | 546.90 | 463.79 | 422.98 | 406.51 |
| $[\mathrm{A}]_{0}\left(1 / \mathrm{cm}^{3}\right)$ |  |  | $10^{14}$ |  |  |
| $b$ | 23.065 | 22.638 | 22.108 | 21.993 | 21.694 |
| $a_{1} \times 10^{2}$ | 4.5321 | 4.6214 | 4.7377 | 4.7636 | 4.8324 |
| $a_{2} \times 10^{5}$ | 4.6950 | 4.9639 | 5.4499 | 5.5431 | 5.8187 |
| $a_{3} \times 10^{6}$ | 1.4241 | 1.6648 | 1.6322 | 1.7177 | 1.9172 |
| $a_{4} \times 10^{8}$ | 2.8057 | 4.5433 |  | 0 |  |

Table A.7: CRC Number Density Parameters. The parameters listed are used in Eqns. A.36, (A.37), A.38), \& A.39). The CRC [13] vapor pressure formulas have a quoted accuracy of $5 \%$. The inversion formula for the temperature reproduces the CRC values to within $\pm 0.02 \mathrm{~K}( \pm 0.005 \mathrm{~K})$ given the vapor pressure above a liquid (solid). If only the lowest order term is used $\left(a_{1}\right)$, then the inversion formula reproduces the CRC values to $\pm 2.5 \mathrm{~K}$ for Li and $\pm 1.2 \mathrm{~K}$ for all others. The fit to Li is worse because the data covers a much larger number density range.

|  | Melting |  | CRC |  | \% diff. | avg. |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ${ }^{\circ} \mathrm{C}$ | K | over solid | over liquid |  |  |
| Li | 180.5 | 453.65 | $3.61 \times 10^{6}$ | $3.79 \times 10^{6}$ | 4.8 | $3.70 \times 10^{6}$ |
| Na | 97.72 | 370.87 | $3.07 \times 10^{9}$ | $3.18 \times 10^{9}$ | 3.6 | $3.12 \times 10^{9}$ |
| K | 63.38 | 336.53 | $3.12 \times 10^{10}$ | $3.22 \times 10^{10}$ | 3.4 | $3.17 \times 10^{10}$ |
| Rb | 39.31 | 312.46 | $5.47 \times 10^{10}$ | $5.66 \times 10^{10}$ | 3.5 | $5.57 \times 10^{10}$ |
| Cs | 28.44 | 301.59 | $6.88 \times 10^{10}$ | $7.11 \times 10^{10}$ | 3.3 | $6.99 \times 10^{10}$ |

Table A.8: CRC Number Density at the Melting Point. The CRC solid and liquid vapor pressure curves give two different values at the melting point. However, the difference is always less than $5 \%$, which is the quoted accuracy for the CRC formula.

## A.3.3 Comparison with other standard formulas

The Nesmeyanov [12] formula for the alkali number density (in $1 / \mathrm{cm}^{3}$ ) is written as:

$$
\begin{equation*}
[\mathrm{A}]=\left[\left(\frac{101325 \mathrm{~Pa}}{760 \mathrm{mmHg}}\right)\left(10^{A-B / T+C T+D \log _{10} T} \mathrm{mmHg}\right)\right] \cdot\left[\frac{1}{k T}\left(\frac{1 \mathrm{~m}}{100 \mathrm{~cm}}\right)^{3}\right] \tag{A.40}
\end{equation*}
$$

There are no uncertainties quoted. Nesmeyanov does not list values for the K vapor pressure above a solid; therefore, we'll extrapolate to lower temperatures using the liquid values.

Killian [14] made measurements of K and Rb and fit them to:

$$
\begin{equation*}
[\mathrm{A}]=\left[\left(\frac{1 \mathrm{~Pa}}{10 \text { barye }}\right)\left(10^{A-B / T} \text { barye }\right)\right] \cdot\left[\frac{1}{k T}\left(\frac{1 \mathrm{~m}}{100 \mathrm{~cm}}\right)^{3}\right] \tag{A.41}
\end{equation*}
$$

There were no uncertainties quoted. In addition, Killian quotes the pressure in "bars." His formula is incorrect by 6 orders of magnitude if one interprets his "bar" as $10^{5}$ Pascals. However, it has been noted [15] that there exists another pressure unit "barye," which is equivalent to 0.1 Pascals. We'll assume that "barye" is the
unit meant by Killian.
The parameters $A, B, C, \& D$ for Nesmeyanov \& Killian are listed in Tab. A.9). Fig. (A.1) shows both the vapor pressures and number densities from all three sources; whereas Fig. A.2 depicts the percent difference between Nesmeyanov \& Killian relative to the CRC. Nesmeyanov appears to be systematically $10 \%$ to $30 \%$ lower. The Killian values for Rb compare favorably to the CRC and are about $10 \%$ lower over the temperature range covered by Killian's measurements. Outside that range, the Killian values are within $-10 \%$ and $+20 \%$ of the CRC values. Within the measurement range, the Killian $K$ values compare favorably to the CRC, but outside that range, the Killian values diverge from the CRC significantly.

## A.3.4 Alkali Dimers

Dimers are weakly bound molecules formed by two alkali atoms. Only Nesmeyanov includes a formula for alkali dimers in vapor form [12]:

$$
\begin{equation*}
\left[\mathrm{A}_{2}\right]=\left[\left(\frac{101325 \mathrm{~Pa}}{760 \mathrm{mmHg}}\right)\left(10^{A-B / T+C T+D \log _{10} T} \mathrm{mmHg}\right)\right] \cdot\left[\frac{1}{k T}\left(\frac{1 \mathrm{~m}}{100 \mathrm{~cm}}\right)^{3}\right] \tag{A.42}
\end{equation*}
$$

No uncertainties are quoted. The Cs liquid and solid dimer number densities have a large discrepancy at the melting point. Therefore, we'll use the liquid vapor pressure to extrapolate down to lower temperatures for Cs.

The ratio of the Nesmeyanov dimer to monomer density (or vapor pressure) is


Figure A.2: Relative Difference Between Formulas. The solid lines represent the \% difference between Nesmeyanov and the CRC. The dashed lines represent the \% difference between Killian and the CRC over the temperature range measured in Killian. The dotted lines represent extrapolations outside the temperature ranges quoted for the formulas. The discontinuities are mainly attributable to the CRC formulas and occur only at the melting point.

| Nesmeyanov |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| over solid | Li | Na |  | Rb | Cs |
| $\begin{aligned} & T_{\min }(\mathrm{K}) \\ & T_{\min }\left({ }^{\circ} \mathrm{C}\right) \\ & {[\mathrm{A}]_{\min }\left(1 / \mathrm{cm}^{3}\right)} \end{aligned}$ | $9.29 \times 10^{-4}$ | $6.83 \times 10^{5}$ | $\begin{aligned} & 298 \\ & 25 \end{aligned}$ | $9.59 \times 10^{9}$ | $4.10 \times 10^{10}$ |
| $\begin{aligned} & T_{\mathrm{mp}}(\mathrm{~K}) \\ & \left.T_{\mathrm{mp}}{ }^{\circ} \mathrm{C}\right) \\ & {[\mathrm{A}]_{\mathrm{mp}}\left(1 / \mathrm{cm}^{3}\right)} \end{aligned}$ | $\begin{gathered} 453.7 \\ 180.5 \\ 2.68 \times 10^{6} \end{gathered}$ | $\begin{gathered} 370.87 \\ 97.72 \\ 2.83 \times 10^{9} \end{gathered}$ |  | $\begin{gathered} 312.46 \\ 39.31 \\ 3.95 \times 10^{10} \end{gathered}$ | $\begin{gathered} 301.59 \\ 28.44 \\ 5.72 \times 10^{10} \end{gathered}$ |
| $\begin{aligned} & -A \\ & B(\mathrm{~K}) \\ & -C(1 / \mathrm{K}) \times 10^{2} \\ & D \end{aligned}$ | $\begin{aligned} & 54.87864 \\ & 6450.944 \\ & 1.487480 \\ & 24.82251 \end{aligned}$ | $\begin{gathered} -133.42927 \\ 9302.868 \\ -3.114431 \\ -49.37679 \end{gathered}$ |  | $\begin{aligned} & 94.04826 \\ & 1961.258 \\ & 3.771687 \\ & 42.57526 \end{aligned}$ | $\begin{gathered} 219.48200 \\ -1088.676 \\ 8.336185 \\ 94.88752 \end{gathered}$ |
| over liquid | Li | Na | K | Rb | Cs |
| $\begin{aligned} & T_{\mathrm{mp}}(\mathrm{~K}) \\ & T_{\mathrm{mp}}\left({ }^{\circ} \mathrm{C}\right) \\ & {[\mathrm{A}]_{\mathrm{mp}}\left(1 / \mathrm{cm}^{3}\right)} \end{aligned}$ | $\begin{gathered} 453.7 \\ 180.5 \\ 2.68 \times 10^{6} \end{gathered}$ | $\begin{gathered} 370.87 \\ 97.72 \\ 2.85 \times 10^{9} \end{gathered}$ | $\begin{gathered} 336.53 \\ 63.38 \\ 2.39 \times 10^{10} \end{gathered}$ | $\begin{gathered} 312.46 \\ 39.31 \\ 3.95 \times 10^{10} \end{gathered}$ | $\begin{gathered} 301.59 \\ 28.44 \\ 5.96 \times 10^{10} \end{gathered}$ |
| $\begin{aligned} & T_{\mathrm{bp}}(\mathrm{~K}) \\ & T_{\mathrm{bp}}\left({ }^{\circ} \mathrm{C}\right) \\ & {[\mathrm{A}]_{\mathrm{bp}}\left(1 / \mathrm{cm}^{3}\right)} \end{aligned}$ | $\begin{gathered} 1615 \\ 1342 \\ 4.23 \times 10^{18} \end{gathered}$ | $\begin{gathered} 1156 \\ 883 \\ 5.50 \times 10^{18} \end{gathered}$ | $\begin{gathered} 1032 \\ 759 \\ 6.08 \times 10^{18} \end{gathered}$ | $\begin{gathered} 961 \\ 688 \\ 6.49 \times 10^{18} \end{gathered}$ | $\begin{gathered} 944 \\ 671 \\ 6.85 \times 10^{18} \end{gathered}$ |
| $\begin{aligned} & A \\ & B(\mathrm{~K}) \\ & C(1 / \mathrm{K}) \times 10^{4} \\ & -D \end{aligned}$ | $\begin{gathered} 10.34540 \\ 8345.574 \\ -0.8840 \\ 0.68106 \end{gathered}$ | $\begin{gathered} 10.86423 \\ 5619.406 \\ 0.0345 \\ 1.0411 \end{gathered}$ | $\begin{gathered} 13.83624 \\ 4857.902 \\ 3.4940 \\ 2.21542 \end{gathered}$ | $\begin{gathered} 15.88253 \\ 4529.635 \\ 5.8663 \\ 2.99138 \end{gathered}$ | $\begin{gathered} 8.22127 \\ 4006.048 \\ -6.0194 \\ 0.19623 \end{gathered}$ |
| Killian |  |  |  |  |  |
|  |  |  | K | Rb |  |
| $\begin{aligned} & T_{\min }(\mathrm{K}) \\ & T_{\min }\left({ }^{\circ} \mathrm{C}\right) \\ & {[\mathrm{A}]_{\operatorname{mp}}\left(1 / \mathrm{cm}^{3}\right)} \end{aligned}$ |  |  | $\begin{gathered} 328.8 \\ 55.6 \\ 1.19 \times 10^{10} \end{gathered}$ | $\begin{gathered} 312.5 \\ 39.4 \\ 4.93 \times 10^{10} \end{gathered}$ |  |
| $\begin{aligned} & T_{\text {max }}(\mathrm{K}) \\ & T_{\text {max }}\left({ }^{\circ} \mathrm{C}\right) \\ & {[\mathrm{A}]_{\text {max }}\left(1 / \mathrm{cm}^{3}\right)} \end{aligned}$ |  |  | $\begin{gathered} 369.2 \\ 96.1 \\ 4.76 \times 10^{11} \end{gathered}$ | $\begin{gathered} 376.8 \\ 103.6 \\ 7.38 \times 10^{12} \end{gathered}$ |  |
| $\begin{aligned} & A \\ & B(\mathrm{~K}) \end{aligned}$ |  |  | $\begin{aligned} & 11.83 \\ & 4964 \end{aligned}$ | $\begin{aligned} & 10.55 \\ & 4132 \end{aligned}$ |  |

Table A.9: Alternative Number Density Parameters. The Nesmeyanov [12] parameters are used in Eqn. A.40 and the Killian [14] parameters are using in Eqn. A.41).
fit to the following two forms:

$$
\begin{align*}
\frac{\left[\mathrm{A}_{2}\right]}{[\mathrm{A}]} & =\frac{\exp \left(-b\left(\frac{T_{0}}{T}-1\right)+c\left(\frac{T}{T_{0}}-1\right)+d \cdot \log \left(\frac{T}{T_{0}}\right)\right)}{\left([\mathrm{A}] /\left[\mathrm{A}_{2}\right]\right)_{0}}  \tag{A.43}\\
& =\frac{\left([\mathrm{A}] /[\mathrm{A}]_{0}\right)^{n}}{\left([\mathrm{~A}] /\left[\mathrm{A}_{2}\right]\right)_{0}} \tag{A.44}
\end{align*}
$$

The first form is fit to values over a temperature range that covers 298 K to 600 K. Even though this range covers the discontinuity at the melting point, the fit still reproduces the Nesmeyanov values to within $\pm 5 \%$. The second form is fit to values over a temperture range that runs from the melting point to a temperature that corresponds to at least $10^{16}$. Because of the larger range covered, it only reproduces the Nesmeyanov values to $\pm 10 \%$. Note that the ratio $\left([\mathrm{A}] /\left[\mathrm{A}_{2}\right]\right)_{0}$ corresponds to a temperature $T_{0}$ for the first form and to the density $[\mathrm{A}]_{0}$ for the second form.

The values for the Nesmeyanov Dimer parameters $A, B, C, \& D$ for liquids and solids, as well as the parameters derived from them for the first fit formula $b, c$, d, $T_{0}, \&\left([\mathrm{~A}] /\left[\mathrm{A}_{2}\right]\right)_{0}$ are listed in Tab. A.11. The parameters for the second fit formula $n,[\mathrm{~A}]_{0}, \&\left([\mathrm{~A}] /\left[\mathrm{A}_{2}\right]\right)_{0}$ are listed in Tab. A.10.

| Nesmeyanov Dimer to Monomer Ratio |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{L i}$ | $\mathbf{N a}$ | $\mathbf{K}$ | $\mathbf{R b}$ | $\mathbf{C s}$ |
| $T_{\min }(\mathrm{K})$ | 453.65 | 370.87 | 336.53 | 312.46 | 301.59 |
| $T_{\min }\left({ }^{\circ} \mathrm{C}\right)$ | 180.5 | 97.72 | 63.38 | 39.31 | 28.44 |
| $[\mathrm{~A}]_{\min }\left(1 / \mathrm{cm}^{3}\right)$ | $2.68 \times 10^{6}$ | $2.85 \times 10^{9}$ | $2.39 \times 10^{10}$ | $3.95 \times 10^{10}$ | $5.96 \times 10^{10}$ |
| $\left(\left[\mathrm{~A}_{2}\right] /[\mathrm{A}]\right)_{\min }$ | $5.93 \times 10^{-5}$ | $3.48 \times 10^{-4}$ | $2.49 \times 10^{-5}$ | $3.48 \times 10^{-5}$ | $2.09 \times 10^{-5}$ |
| $T_{\max }(\mathrm{K})$ | 1050 | 700 | 600 | 550 |  |
| $T_{\max }\left({ }^{\circ} \mathrm{C}\right)$ | 777 | 427 | 327 | 277 |  |
| $[\mathrm{~A}]_{\max }\left(1 / \mathrm{cm}^{3}\right)$ | $1.62 \times 10^{16}$ | $1.04 \times 10^{16}$ | $1.00 \times 10^{16}$ | $1.04 \times 10^{16}$ | $2.06 \times 10^{16}$ |
| $\left(\left[\mathrm{~A}_{2}\right] /[\mathrm{A}]\right)_{\max }$ | 0.0357 | 0.0253 | $4.85 \times 10^{-3}$ | $5.39 \times 10^{-3}$ | $5.24 \times 10^{-3}$ |
| $[\mathrm{~A}]_{0}\left(1 / \mathrm{cm}^{3}\right)$ |  |  | $10^{14}$ |  |  |
| $\left([\mathrm{~A}] /\left[\mathrm{A}_{2}\right]\right)_{0}$ | 119 | 148 | 1350 | 1210 | 1920 |
| $n$ | 0.284 | 0.284 | 0.407 | 0.404 | 0.433 |

Table A.10: Dimer to Monomer Ratio vs. Monomer Density. This parameters are used in Eqn. A.44). The temperature range of the fit covers the higher melting point to a temperature that corresponds to monomer density of at least $10^{16} 1 / \mathrm{cm}^{3}$. These parameters reproduce the Nesmeyanov [12] values to within $\pm 10 \%$.


Figure A.3: Dimer to Monomer Ratio vs. Temperature and Monomer Density. (Nesmeyanov [12] formulas)

| Nesmeyanov Dimers |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| over solid | Li | Na | K | Rb | Cs |
| $\begin{aligned} & T_{\min }(\mathrm{K}) \\ & \left.T_{\min }{ }^{\circ} \mathrm{C}\right) \\ & {\left[\mathrm{A}_{2}\right]_{\min }\left(1 / \mathrm{cm}^{3}\right)} \end{aligned}$ | $5.14 \times 10^{-11}$ | 14.9 | $\begin{gathered} 298 \\ 25 \\ 1.85 \times 10^{3} \end{gathered}$ | $1.67 \times 10^{5}$ | $1.31 \times 10^{6}$ |
| $\begin{aligned} & T_{\mathrm{mp}}(\mathrm{~K}) \\ & T_{\mathrm{m}}\left({ }^{\circ} \mathrm{C}\right) \\ & {\left[\mathrm{A}_{2}\right]_{\mathrm{mp}}\left(1 / \mathrm{cm}^{3}\right)} \end{aligned}$ | $\begin{gathered} 453.7 \\ 180.5 \\ 148 \end{gathered}$ | $\begin{gathered} 370.87 \\ 97.72 \\ 1.01 \times 10^{6} \end{gathered}$ | $\begin{gathered} 336.53 \\ 63.38 \\ 5.93 \times 10^{5} \end{gathered}$ | $\begin{gathered} 312.46 \\ 39.31 \\ 1.27 \times 10^{6} \end{gathered}$ | $\begin{gathered} 301.59 \\ 28.44 \\ 2.15 \times 10^{6} \end{gathered}$ |
| $\begin{aligned} & -A \\ & B(K) \\ & -C(1 / K) \times 10^{2} \\ & D \end{aligned}$ | $\begin{aligned} & 74.04758 \\ & 8491.378 \\ & 2.035840 \\ & 33.06458 \end{aligned}$ | $\begin{gathered} 338.13794 \\ -1842.920 \\ 9.791968 \\ 139.75985 \end{gathered}$ | $\begin{aligned} & 75.58292 \\ & 4578.883 \\ & 2.667904 \\ & 34.61890 \end{aligned}$ | $\begin{gathered} 211.33010 \\ 966.918 \\ 7.829240 \\ 91.59149 \end{gathered}$ | $\begin{gathered} 211.02760 \\ 727.545 \\ 7.947950 \\ 91.64953 \end{gathered}$ |
| over liquid | Li | Na | K | Rb | Cs |
| $\begin{aligned} & T_{\mathrm{mp}}(\mathrm{~K}) \\ & T_{\mathrm{mp}}\left({ }^{\circ} \mathrm{C}\right) \\ & {\left[\mathrm{A}_{2}\right]_{\mathrm{mp}}\left(1 / \mathrm{cm}^{3}\right)} \end{aligned}$ | $\begin{gathered} 453.7 \\ 180.5 \\ 148 \end{gathered}$ | $\begin{gathered} 370.87 \\ 97.72 \\ 1.01 \times 10^{6} \end{gathered}$ | $\begin{gathered} 336.53 \\ 63.38 \\ 5.92 \times 10^{5} \end{gathered}$ | $\begin{gathered} 312.46 \\ 39.31 \\ 1.27 \times 10^{6} \end{gathered}$ | $\begin{gathered} 301.59 \\ 28.44 \\ 1.21 \times 10^{6} \end{gathered}$ |
| $\begin{aligned} & T_{\mathrm{b}}(\mathrm{~K}) \\ & T_{\mathrm{p}}\left({ }^{\circ} \mathrm{C}\right) \\ & {\left[\mathrm{A}_{2}\right]_{\mathrm{bp}}\left(1 / \mathrm{cm}^{3}\right)} \end{aligned}$ | $\begin{gathered} 1615 \\ 1342 \\ 6.22 \times 10^{17} \end{gathered}$ | $\begin{gathered} 1156 \\ 883 \\ 7.14 \times 10^{17} \end{gathered}$ | $\begin{gathered} 1032 \\ 759 \\ 3.52 \times 10^{17} \end{gathered}$ | $\begin{gathered} 961 \\ 688 \\ 3.98 \times 10^{17} \end{gathered}$ | $\begin{gathered} 944 \\ 671 \\ 4.13 \times 10^{17} \end{gathered}$ |
| $\begin{aligned} & A \\ & B(\mathrm{~K}) \\ & C(1 / \mathrm{K}) \times 10^{3} \\ & -D \end{aligned}$ | $\begin{gathered} 18.37849 \\ 11139.618 \\ 0.16342 \\ 3.03209 \end{gathered}$ | $\begin{gathered} 5.33624 \\ 6866.162 \\ -1.06668 \\ -1.23023 \end{gathered}$ | $\begin{gathered} 17.05231 \\ 6806.144 \\ 0.12351 \\ 2.98966 \end{gathered}$ | $\begin{gathered} 41.27530 \\ 7226.316 \\ 3.33213 \\ 11.85510 \end{gathered}$ | 18.22054 <br> 6064.472 <br> 0.09016 <br> 3.45395 |
| $\begin{aligned} & T_{\min }(\mathrm{K}) \\ & \left(\left[\mathrm{A}_{2}\right] /[\mathrm{A}]\right)_{\min } \end{aligned}$ | $5.44 \times 10^{-8}$ | $2.17 \times 10^{-5}$ | $\begin{gathered} 298 \\ 4.12 \times 10^{-6} \end{gathered}$ | $1.72 \times 10^{-5}$ | $1.74 \times 10^{-5}$ |
| $\begin{aligned} & T_{\max }(\mathrm{K}) \\ & \left(\left[\mathrm{A}_{2}\right] /[\mathrm{A}]\right)_{\max } \end{aligned}$ | $9.67 \times 10^{-4}$ | $1.20 \times 10^{-2}$ | $\begin{gathered} 600 \\ 4.91 \times 10^{-3} \end{gathered}$ | $8.32 \times 10^{-3}$ | $8.57 \times 10^{-3}$ |
| $\begin{aligned} & T_{0}(\mathrm{~K}) \\ & \left(\left[\mathrm{A}_{2}\right] /[\mathrm{A}]\right)_{0} \end{aligned}$ | $1.70 \times 10^{-4}$ | $3.70 \times 10^{-3}$ | $\begin{gathered} 500 \\ 1.30 \times 10^{-3} \end{gathered}$ | $2.82 \times 10^{-3}$ | $2.73 \times 10^{-3}$ |
| b | 10.939 | 26.735 | 17.484 | 11.862 | 9.019 |
| c | -5.303 | 22.388 | 9.816 | 2.482 | 0.228 |
| -d | -5.361 | 42.561 | 19.449 | 7.623 | 2.224 |

Table A.11: Dimer Number Density Parameters. These values are from Nesmeyanov [12] and are used in Eqn. A.42. The ratio Dimer to Monomer density ratio is fit to Eqn. A.43) over a temperature range of 298 K to 600 K . The Cs dimer density is discontinuous at the melting point, so we use the liquid parameters even below the melting point. The K monomer number density below the melting point is estimated using the liquid parameters. The fit reproduces the Nesmeyanov values to within $5 \%$.

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## Appendix B

## Radiation Thicknesses for E97110

## B. 1 Introduction

Catalog of radiation lengths and materials for E97110. Also a catalog of collisional thickness and most probable energy loss. Still needs a list of uncertainties and a more complete list of references. Better equation references. More discussion about the " $1 / 18$ " term. Maybe explicitly write out bremmstrahlung spectrum? better table placement. reference/verify for GE180 composition. make comment about $\beta \approx 1$ and about the energy independence of $B$ for our beam energies and momenta. references for densities of oxides. $\delta$ subscripts on stuff.

## B. 2 Formulas for Calculating Radiation Lengths

Bremsstrahlung is radiation emitted when an electron is accelerated in the Coulombic fields of both the nucleus [1] and electrons [2,3] of an atom. The amount of
energy an electron loses to bremsstrahlung at a given frequency is given by:

$$
\begin{equation*}
d^{2} E=-h \nu[\mathrm{~N}] \frac{d \sigma(\nu, E)}{d \nu} d x d \nu \tag{B.1}
\end{equation*}
$$

where $h \nu$ is the energy of the radiated photons, $[\mathrm{N}]$ is the number density of the atoms, $d \sigma(\nu, E) / d \nu$ is differential cross section for the production of a photon, $d x$ is the thickness of the material, and $d \nu$ is width of frequency range. To calculate the amount of energy lost per unit depth over all frequencies, one must integrate over the entire bremsstahlung frequency spectrum:

$$
\begin{equation*}
\int \frac{d^{2} E}{d x}=\frac{d E}{d x}=-[\mathrm{N}] \int_{0}^{E} h \nu \frac{d \sigma(\nu, E)}{d \nu} d \nu \tag{B.2}
\end{equation*}
$$

It is convenient to change the integration variable to $u \equiv h \nu / E$, which is the fraction of the electron energy carried away by the radiated photons:

$$
\begin{equation*}
\frac{d E}{d x}=-[\mathrm{N}] E \int_{0}^{1} u \frac{d \sigma(u, E)}{d u} d u \tag{B.3}
\end{equation*}
$$

For electron energies over 50 MeV , the integrand is nearly independent of the electron energy $E$ [4]:

$$
\begin{equation*}
\int_{0}^{1} u \frac{d \sigma(u, E)}{d u} d u \approx \int_{0}^{1} u \frac{d \sigma(u)}{d u} d u \equiv \sigma_{\mathrm{rad}} \tag{B.4}
\end{equation*}
$$

Consequently $\sigma_{\text {rad }}$, to a very good approximation, depends only on the charge of the nucleus $Z$ and is given by [5-7]:

$$
\begin{align*}
\sigma_{\mathrm{rad}}(Z) & =4 \alpha r_{e}^{2}\left[\mathrm{Z}^{2}\left(L_{\mathrm{rad}}(Z)-f(\mathrm{Z} \alpha)\right)+Z L_{\mathrm{rad}}^{\prime}(Z)\right]  \tag{B.5}\\
4 \alpha r_{e}^{2} & =2.31787 \text { millibarns } \tag{B.6}
\end{align*}
$$

where $\alpha$ is the fine structure constant and $r_{e}$ is the classical electron radius. The term proportional to $Z^{2}$ is due to the field of the nucleus and the term proportional to $Z$ is due to the field of the atomic electrons. When evaluated in the complete screening limit, the radiation integrals $L_{\mathrm{rad}} \& L_{\mathrm{rad}}^{\prime}$ are given by:

$$
\begin{align*}
& L_{\mathrm{rad}}(Z)=\left\{\begin{array}{cc}
5.31 & Z=1 \\
4.79 & Z=2 \\
4.74 & Z=3 \\
4.71 & Z=4 \\
\log \left(184.15 Z^{-1 / 3}\right) & Z \geq 5
\end{array}\right\}  \tag{B.7}\\
& L_{\mathrm{rad}}^{\prime}(Z)=\left\{\begin{array}{cc}
6.144 & Z=1 \\
5.621 & Z=2 \\
5.805 & Z=3 \\
5.924 & Z=4 \\
\log \left(1194 Z^{-2 / 3}\right) & Z \geq 5
\end{array}\right\} \tag{B.8}
\end{align*}
$$

where $f(z)$ is known as the "Coulomb correction" [8]:

$$
\begin{equation*}
f(z)=z^{2} \sum_{\nu=1}^{\infty} \frac{1}{\nu\left(\nu^{2}+z^{2}\right)} \approx z^{2}\left[\frac{1}{1+z^{2}}+0.20206-0.0369 z^{2}+0.0083 z^{4}-0.002 z^{6}\right] \tag{B.9}
\end{equation*}
$$

and we have dropped the $Z^{2}$ " $1 / 18$ " term altogether [4]. When the Coulomb correction is neglected, $L_{\text {rad }}$ is approximated by $\log (183 / \sqrt[3]{Z})$. If only the lowest terms in the Coulomb correction are kept, then $L_{\text {rad }}$ is approximated by $\log (191 / \sqrt[3]{Z})$. Note that the original calculation of $L_{\text {rad }}^{\prime}$ [2] contains an error [3] that results in this commonly used but incorrect form of $L_{\text {rad }}^{\prime}=\log \left(1440 / \sqrt[3]{Z^{2}}\right)$.

Returning to the approximation that $\sigma_{\text {rad }}$ is independent of the electron energy, the energy of the electron decays exponentially as it penetrates the material:

$$
\begin{equation*}
\frac{d E}{E}=-[\mathrm{N}] \sigma_{\text {rad }} d x \rightarrow E(x)=E(0) \exp \left(-[\mathrm{N}] \sigma_{\text {rad }}(\mathrm{Z}) x\right) \tag{B.10}
\end{equation*}
$$

If the material is a uniform mixture of different atoms and one makes the reasonable assumption that the electron interacts with only one atom at a time, then the cumulative energy loss is given by:

$$
\begin{equation*}
E(x)=E(0) \Pi_{k} \exp \left(-\left[\mathrm{N}_{k} \sigma_{\mathrm{rad}}\left(Z_{k}\right) x\right)=E(0) \exp \left(-\sum_{k}[\mathrm{~N}]_{k} \sigma_{\mathrm{rad}}\left(Z_{k}\right) x\right)\right. \tag{B.11}
\end{equation*}
$$

where $k$ labels the atomic isotope. It is convenient to characterize a material by the thickness required for an electron to lose $1-1 / e$ of its energy. This parameter is called the radiation length and is given by:

$$
\begin{equation*}
\bar{X}_{0} \equiv\left[\sum_{k}[\mathrm{~N}]_{k} \sigma_{\mathrm{rad}}\left(Z_{k}\right)\right]^{-1} \tag{B.1}
\end{equation*}
$$

In practice, it's more convenient to work with mass densities $\rho$ then with number densities [ N ]:

$$
\begin{equation*}
\bar{X}_{0}=\frac{1}{[\mathrm{~N}] \sigma_{\mathrm{rad}}(Z)}=\frac{A}{\rho N_{A} \sigma_{\mathrm{rad}}(Z)}=\frac{X_{0}}{\rho} \tag{B.13}
\end{equation*}
$$

where $A$ is the molecular weight of the isotope and $N_{A}$ is the Avogadro constant. Note that even though $\bar{X}_{0}$ and $X_{0}$ have different units, they are interchangeably called the radiation length in the literature [7,9]. We will distinguish the two by a bar and their units. For a single isotope, the radiation length in mass per unit "area" is given by:

$$
\begin{equation*}
X_{0}=\frac{A}{N_{A} \sigma_{\mathrm{rad}}(Z)} \tag{B.14}
\end{equation*}
$$

For a composite material, the radiation length in mass per unit "area" is given by the sum:

$$
\begin{equation*}
X_{0}^{-1}=\sum_{k} \frac{w_{k} N_{A} \sigma_{\mathrm{rad}}\left(Z_{k}\right)}{A_{k}}=\sum_{k} \frac{w_{k}}{X_{0}^{k}} \tag{B.15}
\end{equation*}
$$

where $w_{k}$ is the fraction by mass for the $k$-th isotope. Finally the unitless radiation thickness is given by:

$$
\begin{equation*}
t=\sum_{j} \frac{\rho_{j} \ell_{j}}{X_{0}^{j}} \tag{B.16}
\end{equation*}
$$

where the sum over $j$ runs over each composite material with physical thickness $\ell_{j}$ and mass density $\rho_{j}$.

## B. 3 Formulas for Calculating Collisional Energy Loss

Electrons can undergo elastic collisions with atomic electrons within the materials along the beam path. Very often these collisions result in the ionization of the struck atom. Consequently the process is interchangeably called "ionization loss," "collisional loss," and "loss to ionizing collisions." We will also use these term interchangealby. The mean energy loss is given by the celebrated Bethe-Bloch equation, while the most probable energy loss was first calculated by Landau [10]. Both equations have the form of energy lost to collisions per unit mass density per unit
length [9]:

$$
\begin{align*}
{\left[\frac{\Delta}{\rho x}\right] } & =\left[\frac{\xi}{\rho x}\right]\left[2 \log \left(\frac{p c}{I}\right)-\delta(X)+g\right]  \tag{B.17}\\
{\left[\frac{\xi}{\rho x}\right] } & =\frac{Z a}{A \beta^{2}}  \tag{B.18}\\
a & =2 \pi N_{A} r_{e}^{2} m_{e} c^{2}=0.15353747 \mathrm{MeV} \cdot \frac{\mathrm{~cm}^{2}}{\mathrm{~mol}} \tag{B.19}
\end{align*}
$$

where $\mathrm{Z} \& A$ are the effective atomic number and weight (in $\mathrm{g} / \mathrm{mol}$ ) of the material, $p \& E$ are the electron's momentum and energy, $\rho \& x$ are the material's mass density and thickness, $I$ is the mean excitation potential of the material, $\delta(X)$ is the density correction [11], and we'll call $\xi$ the "collisional" thickness as used in Tsai's 848 [12]. The specific form of $g$ depends on which energy loss is desired:

$$
\begin{align*}
\bar{g} & =\log (\gamma-1)-F(\gamma) \quad \text { mean energy loss (Bethe }- \text { Bloch) }  \tag{B.20}\\
g_{\mathrm{mp}} & =\log \left[\frac{2 \xi}{m_{e} c^{2}}\right]-\beta^{2}+0.198 \quad \text { most probable (Landau) }  \tag{B.21}\\
F(\gamma) & =\left[1+\frac{2}{\gamma}-\frac{1}{\gamma^{2}}\right] \log (2)-\frac{1}{8}\left[1-\frac{1}{\gamma}\right]^{2}-\frac{1}{\gamma^{2}}  \tag{B.22}\\
& \approx \log (2)-\frac{1}{8}=0.568 \text { for } \gamma \gg 1  \tag{B.23}\\
\beta & =\frac{v}{c}=\frac{p c}{E}  \tag{B.24}\\
\gamma & =\frac{1}{\sqrt{1-\beta^{2}}}=\frac{E}{m_{\mathrm{e}} c^{2}} \tag{B.25}
\end{align*}
$$

Note that constant term in $g_{\mathrm{mp}}$ was originally calculated by Landau to be 0.373 and subsequently recalculated more accurately [13] to be 0.198 . The energy lost
per unit length can be written alternatively as:

$$
\begin{align*}
\frac{d E}{d x} & =-\left(m_{e} c^{2}\right)[\mathrm{N}] \sigma_{\text {coll }}  \tag{B.26}\\
\sigma_{\text {coll }} & =2 \pi r_{e}^{2}\left(\frac{\mathrm{Z}}{\beta^{2}}\right) B=\frac{A}{N_{A} m_{e} c^{2}}\left[\frac{\xi}{\rho x}\right] B  \tag{B.27}\\
B & =\left[2 \log \left(\frac{p c}{I}\right)-\delta(X)+g\right] \tag{B.28}
\end{align*}
$$

where $\sigma_{\text {coll }}$ is the collisional cross section and $B$ is called the stopping number when $g=\bar{g}$.

The density correction $\delta$ is given by [14]:

$$
\begin{align*}
\delta(X) & =\left\{\begin{array}{ll}
\delta\left(X_{0}^{\delta}\right) \times 10^{2\left(X-X_{0}^{\delta}\right)} & X \leq X_{0}^{\delta} \\
2 \log (10)\left(X-X_{a}^{\delta}\right)+a_{\delta}\left(X_{1}^{\delta}-X\right)^{m_{\delta}} & X_{0}^{\delta}<X<X_{1}^{\delta} \\
2 \log (10)\left(X-X_{a}^{\delta}\right) & X \geq X_{1}^{\delta}
\end{array}\right\}  \tag{B.29}\\
X & =\log _{10}\left(\frac{p}{m_{e} c}\right)  \tag{B.30}\\
X_{a}^{\delta} & =\frac{-C_{\delta}}{2 \log (10)}  \tag{B.31}\\
C_{\delta} & =2 \log \left(\frac{\hbar \omega_{p}}{I}\right)-1  \tag{B.32}\\
a_{\delta} & =\frac{\delta\left(X_{0}^{\delta}\right)+2 \log (10)\left(X_{a}^{\delta}-X_{0}^{\delta}\right)}{\left(X_{1}^{\delta}-X_{0}^{\delta}\right)^{m_{\delta}}}  \tag{B.33}\\
\delta\left(X_{0}^{\delta}\right) & =\left\{\begin{array}{ll}
0.0 & \text { insulators } \\
0.06,0.08,0.10,0.12, \text { or } 0.14 & \text { conductors }
\end{array}\right\} \tag{B.34}
\end{align*}
$$

where $\omega_{p}, X_{0}^{\delta}, X_{1}^{\delta}, m_{\delta}$, and $\delta\left(X_{0}^{\delta}\right)$ depend on the material. The density correction below $X_{0}^{\delta}$ depends on whether the material is an insulator or conductor [15]. The plasma frequency [16] is a function of the electron number density in the material,
$\left[\mathrm{N}_{e}\right]:$

$$
\begin{align*}
\omega_{p} & =\sqrt{4 \pi\left[\mathrm{~N}_{e}\right] r_{e} c^{2}}  \tag{B.35}\\
{\left[\mathrm{~N}_{e}\right] } & =\langle\mathrm{Z}\rangle[\mathrm{N}]=\frac{\langle Z\rangle N_{A} \rho}{\langle A\rangle}=N_{A} \rho\left\langle\frac{Z}{A}\right\rangle \tag{B.36}
\end{align*}
$$

Note that above $X \geq X_{1}^{\delta}$, the mean energy loss becomes depends only logrithamically on energy and the most probable loss becomes independant of energy:

$$
\begin{align*}
\frac{p}{m_{e} c} & \geq \frac{p_{1}}{m_{e} c}=10^{X_{1}^{\delta}}  \tag{B.37}\\
\delta\left(p>p_{1}\right) & =2 \log (10)\left(X-X_{a}^{\delta}\right)=2 \log \left(\frac{p}{p_{a}}\right)  \tag{B.38}\\
\frac{p_{a}}{m_{e} c} & =10^{X_{a}^{\delta}}=\exp \left(-\frac{C_{\delta}}{2}\right)=\left(\frac{I}{\hbar \omega_{p}}\right)^{2} \sqrt{e}  \tag{B.39}\\
{\left[\frac{\Delta}{\rho x}\right] } & =\left[\frac{\xi}{\rho x}\right]\left[2 \log \left(\frac{p_{a} c}{I}\right)+g\right] \tag{B.40}
\end{align*}
$$

We use the density correction parameters from [14]. If the density of a material is different than that listed in [14], then the following substitutions are made [16]:

$$
\begin{align*}
& X_{a}^{\delta^{\prime}}=X_{a}^{\delta}-\frac{1}{2} \log _{10}\left(\frac{[\mathrm{~N}]}{[\mathrm{N}]_{0}}\right)  \tag{B.41}\\
& X_{0}^{\delta^{\prime}}=X_{0}^{\delta}-\frac{1}{2} \log _{10}\left(\frac{[\mathrm{~N}]}{[\mathrm{N}]_{0}}\right)  \tag{B.42}\\
& X_{1}^{\delta^{\prime}}=X_{1}^{\delta}-\frac{1}{2} \log _{10}\left(\frac{[\mathrm{~N}]}{[\mathrm{N}]_{0}}\right) \tag{B.43}
\end{align*}
$$

where $[\mathrm{N}]_{0}$ is the number density listed in table and $[\mathrm{N}]$ is the desired number density. This is particularly useful for gases because table blah uses the density for $20^{\circ} \mathrm{C}$ and 1 atm .

If the material is not listed, then one must calculate effective values for $I \& Z / A$
using Bragg's additivity law. If the constituents are elements, the mean ionization potential is underestimated because electrons are more tightly bound in molecules than in the free atoms of the constituent elements. Therefore we'll use the " 13 percent rule" to compenstate [17]. If the constituents are molecules such as various types of glass, we do not incease the ionziation potentials. This is because the binding effect was accounted for when the molecular ionization potential were calculated from their constitutent elements. Consequently the effective $Z / A$ and $I$ values are given by [17]:

$$
\begin{align*}
\left\langle\frac{Z}{A}\right\rangle & =\frac{\sum_{i} n_{i} Z_{i}}{\sum_{i} n_{i} A_{i}}=\sum_{i} w_{i}\left\langle\frac{Z}{A}\right\rangle_{i}  \tag{B.44}\\
\log \langle I\rangle & =\sum_{i} \frac{n_{i} Z_{i}}{Z} \log \left(I^{\prime}\right)_{i}=\left\langle\frac{A}{Z}\right\rangle \sum_{i} w_{i}\left\langle\frac{Z}{A}\right\rangle_{i} \log (I)_{i} \tag{B.45}
\end{align*}
$$

where $n_{i}$ are the number of atoms of the $i$-th type in the molecule, $I^{\prime}$ is the modified elemental ionization potential, $w_{i}$ is the fraction of the $i$-th molecule by weight in the mixture, and $I$ is the molecular ionization potential. Once the effective plasma frequency, ionization potential, and $Z / A$ for the material have been calculated, then one uses Tab. (B.1) to select appropriate value of $X_{a, 0,1}^{\delta}$. Finally the density correction $\delta$, collisional thickness $\xi$, and energy loss are calculated only after first deriving effective density correction parameters for a given material.

## B. 4 Materials in the Path of the Beam

The electron beam exits the beam pipe and enters the target region through a 5 mil beryllium window. The target region is enclosed in a helium "bag." For now, we will assume that the helium gas displaces all of the air and that its temperature \&

| Phase of Material and Conditions |  |  | $X_{0}^{\delta}$ | $X_{1}^{\delta}$ |
| :---: | :---: | :---: | :---: | :---: |
| Solids \& Liquids | $I<100 \mathrm{eV}$ | $C_{\delta}>-3.681$ | 0.2 | 2.0 |
|  |  | $C_{\delta} \leq-3.681$ | $-0.326 C_{\delta}-1.0$ | 2.0 |
|  | $I \geq 100 \mathrm{eV}$ | $C_{\delta}>-5.215$ |  | 3.0 |
|  |  | $C_{\delta} \leq-5.215$ | ${ }^{0.2} 0.326 C_{\delta}-1.5$ | 3.0 |
| Gases, $20^{\circ} \mathrm{C}$ at 1 atm |  | $-10.000<C_{\delta}$ | 1.6 | 4.0 |
|  |  | $-10.500<C_{\delta} \leq-10.000$ | 1.7 | 4.0 |
|  |  | $-11.000<C_{\delta} \leq-10.500$ | 1.8 | 4.0 |
|  |  | $-11.500<C_{\delta} \leq-11.000$ | 1.9 | 4.0 |
|  |  | $-12.250<C_{\delta} \leq-11.500$ | 2.0 | 4.0 |
|  |  | $-13.804<C_{\delta} \leq-12.250$ | 2.0 | 5.0 |
|  |  | $-13.804 \leq C_{\delta}$ | $-0.326 C_{\delta}-2.5$ | 5.0 |

Table B.1: General Parameterization of the Density Correction [16,17]. $C_{\delta}$ is calculated from the plasma frequency. For all cases $m_{\delta}=3.0$ and $X_{a}^{\delta} \& a_{\delta}$ are calculated using equations blah.
pressure are $20^{\circ} \mathrm{C} \&$ and 1 atm . The electron beam then enters the target chamber portion of the cell which is made of C1720 glass. The end "windows" are much thinner than the side "walls." About 10 amagats of polarized ${ }^{3} \mathrm{He}$ and 0.1 amg of unpolarized $\mathrm{N}_{2}$ fill the target chamber. For now, we'll also make the traditional approximation that the scattering occurs at the center of the target. This effects the thickness of polarized ${ }^{3} \mathrm{He}$, unpolarized $\mathrm{N}_{2}$, and glass wall traversed by the scattered electron.

After scattering, the electron passes through more polarized ${ }^{3} \mathrm{He}$, unpolarized $\mathrm{N}_{2}$, and the side wall of the cell. The distance travelled through these two materials after scattering is inversely proportional to the sine of the central scattering angle. After exiting the cell, the electrons travel out of the helium "bag" and through the sieve slit box. At this point the electrons enter the bore of the septum magnet.

Both the entrance and exit apertures of the septum bore were covered by 2 inch thick pieces of polystyrene "foam." The density of this foam is discussed in detail in the next section. The sieve slit box is filled with helium gas. Howver there is some ambiguity regarding whether the septum bore and the small amount of space between the septum and the HRS were filled with air or helium gas.

The spacing of the sieve slit box and septum magnet were almost certainly changed during the six to nine degree switch. In addition, the path of the central ray within the septum bore is different bewteen six and nine degrees. The only consequence of these two differences is that the amount of helium gas traversed by the scattered electron is different. Since this makes up only a tiny fraction of the radiation thickness. we will assume the geometry for nine degrees is identical to the geometry for six degrees. Finally, according to E. Folts, the electrons enter the HRS through a 10 mil Kapton window.

## B. 5 Density of the Polystyrene Foam

Solid polystyrene, used in scintillators, has a density of $1.032 \mathrm{~g} / \mathrm{cm}^{3}$ [7]. The density of the polystyrene foam that we used was measured independently by V . Sulkosky and A. Deur:

$$
\begin{equation*}
\rho=\left(\frac{0.03151+0.03220}{2}\right) \mathrm{g} / \mathrm{cm}^{3}=0.03186 \mathrm{~g} / \mathrm{cm}^{3} \tag{B.46}
\end{equation*}
$$

Clearly a large fraction of the polystyrene foam is occupied by some unknown gas. In principle, this gas affects the radiation length of the foam:

$$
\begin{equation*}
\frac{1}{X_{0}}=\frac{w_{p}}{X_{p}}+\frac{w_{g}}{X_{g}} \tag{B.47}
\end{equation*}
$$

where $w$ is the fraction by mass and the subscipts $p \& g$ refer to the polystyrene \& the gas. Taking advantage of $w_{p}+w_{g}=1$ and $w_{g}=\rho_{g} / \rho$, we find:

$$
\begin{equation*}
\frac{X_{p}}{X_{0}}-1=\frac{\rho_{g}}{\rho}\left[\frac{X_{p}}{X_{g}}-1\right] \tag{B.48}
\end{equation*}
$$

If the gas is at room temperature and 1 atm , then the gas density is on order of $10^{-3} \mathrm{~g} / \mathrm{cm}^{3}$ and consequently the true radiation length of the foam differs from the radiation legnth of polystyrene at the level of a fraction of a percent. Since the difference in the two measurements for the density of the foam is larger than the estimated correction due to the trapped gas, we neglect it's effect on the radiation length:

$$
\begin{equation*}
\left[\frac{\rho}{X_{0}}\right]_{\mathrm{foam}} \approx \frac{\rho_{\mathrm{foam}}}{X_{\mathrm{polystyrene}}} \tag{B.49}
\end{equation*}
$$

## B. 6 Reference Tables for E97110

Physical constants are listed in Tab. A.1). Target cell parameters are listed in Tab. (3.7).


Figure B.1: Scaled Geometry of Target Region.

| Z |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| - | atom | $A$ <br> amu | $\sigma_{\mathrm{rad}}$ <br> barns | $X_{0}$ <br> $\mathrm{~g} / \mathrm{cm}^{2}$ |
|  |  |  |  |  |
| 1 | H | 1.00794 | 0.02655 | 63.0435 |
| 2 | ${ }^{3} \mathrm{He}$ | 3.01603 | 0.07047 | 71.0736 |
| 2 | He | 4.00260 | 0.07047 | 94.3224 |
| 4 | Be | 9.01218 | 0.22956 | 65.1900 |
|  |  |  |  |  |
| 5 | B | 10.81100 | 0.34073 | 52.6868 |
| 6 | C | 12.01070 | 0.46711 | 42.6969 |
| 7 | N | 14.00670 | 0.61226 | 37.9879 |
| 8 | O | 15.99940 | 0.77597 | 34.2382 |
|  |  |  |  |  |
| 11 | Na | 22.98977 | 1.37637 | 27.7362 |
| 12 | Mg | 24.30500 | 1.61235 | 25.0315 |
| 13 | Al | 26.98154 | 1.86596 | 24.0112 |
| 14 | Si | 28.08550 | 2.13706 | 21.8231 |
|  |  |  |  |  |
| 19 | K | 39.09830 | 3.74958 | 17.3151 |
| 20 | Ca | 40.07800 | 4.12249 | 16.1434 |
| 33 | As | 74.92160 | 10.41949 | 11.9401 |
| 38 | Sr | 87.62000 | 13.51897 | 10.7624 |
| 56 | Ba | 137.32700 | 27.45233 | 8.3066 |

Table B.2: Radiation Length by Atomic Species.

| material | polystyrene | polyimide film (Kapton) |
| :---: | :---: | :---: |
| formula | $\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{CH}=\mathrm{CH}_{2}$ | $\left(\mathrm{C}_{22} \mathrm{H}_{10} \mathrm{~N}_{2} \mathrm{O}_{5}\right)_{n}$ |
|  |  | 0.691133 |
| C by wt. | 0.922582 | 0.209235 |
| O by wt. | - | 0.073270 |
| N by wt. | - | 0.026362 |
| H by wt. | 0.077418 | 40.5761 |
| $X_{0}\left(\mathrm{~g} / \mathrm{cm}^{2}\right)$ | 43.7911 |  |

Table B.3: Radiation Length of Polymers. [7,18]

| material | by wt. | $X_{0}\left(\mathrm{~g} / \mathrm{cm}^{2}\right)$ | by $X_{0}$ |
| :---: | :---: | :---: | :---: |
|  |  |  |  |
| $\mathrm{SiO}_{2}$ | 0.599 | 27.0460 | 0.594 |
| $\mathrm{Al}_{2} \mathrm{O}_{3}$ | 0.182 | 27.9399 | 0.175 |
| CaO | 0.074 | 19.0098 | 0.104 |
|  |  |  |  |
| MgO | 0.088 | 28.0227 | 0.084 |
| $\mathrm{~B}_{2} \mathrm{O}_{3}$ | 0.047 | 38.4158 | 0.033 |
| $\mathrm{Na}_{2} \mathrm{O}$ | 0.010 | 29.1660 | 0.009 |
|  |  |  |  |
| $\mathrm{~K}_{2} \mathrm{O}$ | 0.000 | 18.9019 | negligible |
| $\mathrm{As}_{2} \mathrm{O}_{3}$ | 0.000 | 14.1807 | negligible |
|  |  |  |  |
| $X_{0}=26.8379 \mathrm{~g} / \mathrm{cm}^{2}$ |  |  |  |
|  | $\rho=2.53 \mathrm{~g} / \mathrm{cm}^{3}$ |  |  |
| $\bar{X}_{0}=10.608 \mathrm{~cm}$ |  |  |  |

Table B.4: Radiation Length of Corning 1729 (C1720). [19]

| material | by wt. | $X_{0}\left(\mathrm{~g} / \mathrm{cm}^{2}\right)$ | by $X_{0}$ |
| :---: | :---: | :---: | :---: |
|  |  |  |  |
| $\mathrm{SiO}_{2}$ | 0.605 | 27.0460 | 0.435 |
| BaO | 0.183 | 9.0195 | 0.394 |
| $\mathrm{Al}_{2} \mathrm{O}_{3}$ | 0.144 | 27.9399 | 0.100 |
|  |  |  |  |
| CaO | 0.065 | 19.0098 | 0.066 |
| SrO | 0.003 | 12.0367 | 0.005 |
|  |  |  |  |
|  |  |  |  |
|  | $X_{0}=19.4246 \mathrm{~g} / \mathrm{cm}^{2}$ |  |  |
|  | $\rho=2.76 \mathrm{~g} / \mathrm{cm}^{3}$ |  |  |
|  | $\bar{X}_{0}=7.038 \mathrm{~cm}$ |  |  |
|  |  |  |  |

Table B.5: Radiation Length of GE180. [20]

|  | Z/A | $\begin{gathered} I \\ e \mathrm{~V} \end{gathered}$ | $\begin{gathered} I^{\prime}(\mathrm{g}) \\ e \mathrm{~V} \end{gathered}$ | $\begin{gathered} I^{\prime}(\mathrm{l} / \mathrm{s}) \\ e \mathrm{~V} \end{gathered}$ | $\stackrel{\rho}{\mathrm{g} / \mathrm{cm}^{3}}$ | -C | $X_{0}$ | $X_{1}$ | $a$ | $m$ | $\delta\left(X_{0}\right)$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| H | 0.9922 | 19.2 | 19.2 | 19.2 | 8.3748E-05 | 9.5835 | 1.8639 | 3.2718 | 0.14095 | 5.7273 | 0.00 |
| He | 0.4997 | 41.8 | 41.8 | 47.2 | $1.6632 \mathrm{E}-04$ | 11.1393 | 2.2017 | 3.6122 | 0.13443 | 5.8347 | 0.00 |
| ${ }^{3} \mathrm{He}$ | 0.6631 | 41.8 | 41.8 | 47.2 | $1.2533 \mathrm{E}-04$ | 11.1393 | 2.2017 | 3.6122 | 0.13443 | 5.8347 | 0.00 |
| Be | 0.4438 | 63.7 | 63.7 | 72.0 | $1.8480 \mathrm{E}+00$ | 2.7847 | 0.0592 | 1.6922 | 0.76146 | 2.4339 | 0.14 |
| B | 0.4625 | 76.0 | 76.0 | 85.9 | $2.3700 \mathrm{E}+00$ | 2.8477 | 0.0305 | 1.9688 | 0.56221 | 2.4512 | 0.14 |
| C | 0.4995 | 78.0 | 70.0 | 81.0 | $2.0000 \mathrm{E}+00$ | 2.9925 | -0.0351 | 2.4860 | 0.20489 | 3.0036 | 0.10 |
| N | 0.4998 | 82.0 | 82.0 | 82.0 | $1.1653 \mathrm{E}-03$ | 10.5400 | 1.7378 | 4.1323 | 0.15955 | 3.2125 | 0.00 |
| O | 0.5000 | 95.0 | 97.0 | 106.0 | $1.3315 \mathrm{E}-03$ | 10.7004 | 1.7541 | 4.3213 | 0.11778 | 3.2913 | 0.00 |
| Na | 0.4785 | 149.0 | 149.0 | 168.4 | $9.7100 \mathrm{E}-01$ | 5.0526 | 0.2880 | 3.1962 | 0.07608 | 3.6452 | 0.08 |
| Mg | 0.4937 | 156.0 | 156.0 | 176.3 | $1.7400 \mathrm{E}+00$ | 4.5297 | 0.1499 | 3.0668 | 0.08162 | 3.6166 | 0.08 |
| Al | 0.4818 | 166.0 | 166.0 | 187.6 | $2.6989 \mathrm{E}+00$ | 4.2395 | 0.1708 | 3.0127 | 0.07934 | 3.6345 | 0.12 |
| Si | 0.4985 | 173.0 | 173.0 | 195.5 | $2.3300 \mathrm{E}+00$ | 4.4351 | 0.2014 | 2.8715 | 0.14840 | 3.2546 | 0.14 |
| K | 0.4860 | 190.0 | 190.0 | 214.7 | $8.6200 \mathrm{E}-01$ | 5.6423 | 0.3851 | 3.1724 | 0.20027 | 2.9233 | 0.10 |
| Ca | 0.4990 | 191.0 | 191.0 | 215.8 | $1.5500 \mathrm{E}+00$ | 5.0396 | 0.3228 | 3.1191 | 0.15475 | 3.0745 | 0.14 |
| As | 0.4405 | 347.0 | 347.0 | 392.1 | $5.7300 \mathrm{E}+00$ | 5.0510 | 0.1767 | 3.5702 | 0.06725 | 3.4176 | 0.08 |
| Sr | 0.4337 | 366.0 | 366.0 | 413.6 | $2.5400 \mathrm{E}+00$ | 5.9867 | 0.4585 | 3.6778 | 0.07058 | 3.4435 | 0.14 |
| Ba | 0.4078 | 491.0 | 491.0 | 554.8 | $3.5000 \mathrm{E}+00$ | 6.3153 | 0.4190 | 3.4547 | 0.18267 | 2.8906 | 0.14 |

Table B.6: Density Corrections Parameters for Elemental Materials. $I^{\prime}$ are the ionization potentials to be used when calculating effective molecular ionization potentials. The densities are given for the natural form of the element (gas, diatomic gas, liquid, solid) at 1 atm and $20^{\circ} \mathrm{C}$.

|  | $\mathrm{Z} / A$ | $I$ |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\rho$ <br> $\mathrm{g} / \mathrm{cm}^{3}$ | -C | $X_{0}$ | $X_{1}$ | $a$ | $m$ |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| $\mathrm{Al}_{2} \mathrm{O}_{3}$ | 0.4904 | 145.2 | $3.9700 \mathrm{E}+00$ | 3.5682 | 0.0402 | 2.8665 | 0.08499 | 3.5458 |
| $\mathrm{As}_{2} \mathrm{O}_{3}$ | 0.4549 | 276.6 | $3.8600 \mathrm{E}+00$ | 4.9606 | 0.2000 | 3.0000 | 0.18402 | 3.0000 |
| BaO | 0.4174 | 451.1 | $5.7000 \mathrm{E}+00$ | 5.6349 | 0.3370 | 3.0000 | 0.21620 | 3.0000 |
| $\mathrm{~B}_{2} \mathrm{O}_{3}$ | 0.4884 | 99.6 | $1.8120 \mathrm{E}+00$ | 3.6027 | 0.1843 | 2.7379 | 0.11547 | 3.3832 |
| CaO | 0.4993 | 176.1 | $3.3000 \mathrm{E}+00$ | 4.1209 | -0.0172 | 3.0171 | 0.12127 | 3.1936 |
|  |  |  |  |  |  |  |  |  |
| MgO | 0.4962 | 143.8 | $3.5800 \mathrm{E}+00$ | 3.6404 | 0.0575 | 2.8580 | 0.08313 | 3.5968 |
| $\mathrm{~K}_{2} \mathrm{O}$ | 0.4883 | 189.9 | $2.3200 \mathrm{E}+00$ | 4.6463 | 0.0480 | 3.0110 | 0.16789 | 3.0121 |
| $\mathrm{SiO}_{2}$ | 0.4993 | 139.2 | $2.3200 \mathrm{E}+00$ | 4.0029 | 0.1385 | 3.0025 | 0.08407 | 3.5064 |
| $\mathrm{Na}_{2} \mathrm{O}$ | 0.4840 | 148.8 | $2.2700 \mathrm{E}+00$ | 4.1892 | 0.1652 | 2.9793 | 0.07501 | 3.6943 |
| SrO | 0.4439 | 326.4 | $5.7000 \mathrm{E}+00$ | 4.9259 | 0.2000 | 3.0000 | 0.18244 | 3.0000 |
|  |  |  |  |  |  |  |  |  |
| C 1720 | 0.4967 | 141.0 | $2.5300 \mathrm{E}+00$ | 3.9477 | 0.2000 | 3.0000 | 0.13788 | 3.0000 |
| GE 180 | 0.4829 | 171.8 | $2.7600 \mathrm{E}+00$ | 4.2834 | 0.2000 | 3.0000 | 0.15317 | 3.0000 |
|  |  |  |  |  |  |  |  |  |
| kapton <br> polystyrene | 0.5126 | 79.6 | $1.4200 \mathrm{E}+00$ | 3.3497 | 0.1509 | 2.5631 | 0.15971 | 3.1921 |
|  | 0.5377 | 68.7 | $1.0600 \mathrm{E}+00$ | 3.2999 | 0.1647 | 2.5031 | 0.16454 | 3.2224 |

Table B.7: Density Correction Parameters for Composite Materials. For all these materials $\delta\left(X_{0}\right)=0$.

|  | Z/A | $\begin{gathered} I \\ e \mathrm{~V} \end{gathered}$ | $\stackrel{\rho}{\mathrm{g} / \mathrm{cm}^{3}}$ | -C | $X_{0}$ | $X_{1}$ | $a$ | $m$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ${ }^{3} \mathrm{He}$ | 0.6631 | 41.8 | $1.4330 \mathrm{E}-03$ $1.4080 \mathrm{E}-03$ | 11.1393 | 1.6726 | 3.0831 3.0869 | 0.13443 | 5.8347 |
|  |  |  | $1.4120 \mathrm{E}-03$ |  | 1.6758 | 3.0863 |  |  |
|  |  |  | $1.3370 \mathrm{E}-04$ |  | 2.2080 | 4.6025 |  |  |
|  |  |  | $1.3870 \mathrm{E}-04$ |  | 2.2000 | 4.5945 |  |  |
| $\mathrm{N}_{2}$ | 0.4998 | 82.0 | 1.4000E-04 | 10.5400 | 2.1980 | 4.5925 | 0.15350 | 3.2125 |
|  |  |  | 1.1850E-02 | 10.5400 | 1.2342 | 3.6287 | 0.15350 | 3.2125 |
|  |  |  | $1.1870 \mathrm{E}-02$ |  | 1.2338 | 3.6283 |  |  |
|  |  |  | $1.1720 \mathrm{E}-02$ |  | 1.2366 | 3.6311 |  |  |
| polystyrene | 0.5377 | 68.7 | $3.1860 \mathrm{E}-02$ | 3.2999 | 0.9257 | 3.2641 | 0.16454 | 3.2224 |

Table B.8: Density Correction Parameters for Materials at Different Mass Densities.

| material | $\begin{gathered} X_{0} \\ \mathrm{~g} / \mathrm{cm}^{2} \end{gathered}$ | $\begin{gathered} \rho \\ \mathrm{g} / \mathrm{cm}^{3} \end{gathered}$ | $\bar{X}_{0}$ cm | $\begin{gathered} \ell \\ \mathrm{cm} \end{gathered}$ |  | fraction of tot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| C1720 Window | 26.8379 | $2.530 \mathrm{E}+00$ | $1.0608 \mathrm{E}+01$ | $1.320 \mathrm{E}-02$ | $1.244 \mathrm{E}-03$ | 0.5879 |
| Polarized ${ }^{3} \mathrm{He}$ | 71.0736 | $1.433 \mathrm{E}-03$ | $4.9596 \mathrm{E}+04$ | $1.983 \mathrm{E}+01$ | 3.998E-04 | 0.1889 |
| Beryllium Window | 65.1900 | $1.848 \mathrm{E}+00$ | $3.5276 \mathrm{E}+01$ | $1.270 \mathrm{E}-02$ | $3.600 \mathrm{E}-04$ | 0.1701 |
| Unpolarized $\mathrm{N}_{2}$ | 37.9879 | $1.337 \mathrm{E}-04$ | $2.8406 \mathrm{E}+05$ | $1.983 \mathrm{E}+01$ | $6.981 \mathrm{E}-05$ | 0.0330 |
| Helium Gas | 94.3224 | $1.664 \mathrm{E}-04$ | $5.6687 \mathrm{E}+05$ | $2.409 \mathrm{E}+01$ | $4.250 \mathrm{E}-05$ | 0.0201 |
| Total Before | $2.116 \mathrm{E}-03$ |  |  |  |  |  |
| C1720 Wall | 26.8379 | $2.530 \mathrm{E}+00$ | $1.0608 \mathrm{E}+01$ | 5.951E-01 | 5.610E-02 | 0.8641 |
| Polystyrene Foam | 43.7911 | $3.186 \mathrm{E}-02$ | $1.3745 \mathrm{E}+03$ | $1.016 \mathrm{E}+01$ | 7.392E-03 | 0.1139 |
| Kapton Window | 40.5761 | $1.420 \mathrm{E}+00$ | $2.8575 \mathrm{E}+01$ | $2.540 \mathrm{E}-02$ | 8.889E-04 | 0.0137 |
| Helium Gas | 94.3224 | $1.664 \mathrm{E}-04$ | $5.6687 \mathrm{E}+05$ | $1.912 \mathrm{E}+02$ | $3.373 \mathrm{E}-04$ | 0.0052 |
| Polarized ${ }^{3} \mathrm{He}$ | 71.0736 | $1.433 \mathrm{E}-03$ | $4.9596 \mathrm{E}+04$ | $8.612 \mathrm{E}+00$ | $1.737 \mathrm{E}-04$ | 0.0027 |
| Unpolarized $\mathrm{N}_{2}$ | 37.9879 | $1.337 \mathrm{E}-04$ | $2.8406 \mathrm{E}+05$ | $8.612 \mathrm{E}+00$ | $3.032 \mathrm{E}-05$ | 0.0005 |
| Total After | $6.492 \mathrm{E}-02$ |  |  |  |  |  |

Table B.9: Radiation Thicknesses Before \& After Scattering from Penelope at 6 deg.

| material | $X_{0}$ <br> $\mathrm{g} / \mathrm{cm}^{2}$ | $\begin{gathered} \rho \\ \mathrm{g} / \mathrm{cm}^{3} \end{gathered}$ | $\bar{X}_{0}$ <br> cm | $\ell$ $\mathrm{cm}$ | $t$ | fraction of tot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Unpolarized $\mathrm{N}_{2}$ C1720 Window Beryllium Window Helium Gas | $\begin{aligned} & 37.9879 \\ & 26.8379 \\ & 65.1900 \\ & 94.3224 \end{aligned}$ | $\begin{aligned} & 1.185 \mathrm{E}-02 \\ & 2.530 \mathrm{E}+00 \\ & 1.848 \mathrm{E}+00 \\ & 1.664 \mathrm{E}-04 \end{aligned}$ | $\begin{aligned} & 3.2062 \mathrm{E}+03 \\ & 1.0608 \mathrm{E}+01 \\ & 3.5276 \mathrm{E}+01 \\ & 5.6687 \mathrm{E}+05 \end{aligned}$ | $\begin{aligned} & 1.975 \mathrm{E}+01 \\ & 1.270 \mathrm{E}-02 \\ & 1.270 \mathrm{E}-02 \\ & 2.417 \mathrm{E}+01 \end{aligned}$ | $\begin{aligned} & 6.160 \mathrm{E}-03 \\ & 1.197 \mathrm{E}-03 \\ & 3.600 \mathrm{E}-04 \\ & 4.264 \mathrm{E}-05 \end{aligned}$ | $\begin{aligned} & 0.7938 \\ & 0.1543 \\ & 0.0464 \\ & 0.0055 \end{aligned}$ |
| Total Before | $7.760 \mathrm{E}-03$ |  |  |  |  |  |
| C1720 Wall <br> Polystyrene Foam Unpolarized $\mathrm{N}_{2}$ Kapton Window Helium Gas | $\begin{aligned} & 26.8379 \\ & 43.7911 \\ & 37.9879 \\ & 40.5761 \\ & 94.3224 \end{aligned}$ | $\begin{aligned} & 2.530 \mathrm{E}+00 \\ & 3.186 \mathrm{E}-02 \\ & 1.185 \mathrm{E}-02 \\ & 1.420 \mathrm{E}+00 \\ & 1.664 \mathrm{E}-04 \end{aligned}$ | $\begin{aligned} & 1.0608 \mathrm{E}+01 \\ & 1.3745 \mathrm{E}+03 \\ & 3.2062 \mathrm{E}+03 \\ & 2.8575 \mathrm{E}+01 \\ & 5.6687 \mathrm{E}+05 \end{aligned}$ | $\begin{aligned} & 6.104 \mathrm{E}-01 \\ & 1.016 \mathrm{E}+01 \\ & 8.574 \mathrm{E}+00 \\ & 2.540 \mathrm{E}-02 \\ & 1.912 \mathrm{E}+02 \end{aligned}$ | $\begin{aligned} & 5.754 \mathrm{E}-02 \\ & 7.392 \mathrm{E}-03 \\ & 2.674 \mathrm{E}-03 \\ & 8.889 \mathrm{E}-04 \\ & 3.374 \mathrm{E}-04 \end{aligned}$ | $\begin{aligned} & 0.8359 \\ & 0.1074 \\ & 0.0389 \\ & 0.0129 \\ & 0.0049 \end{aligned}$ |
| Total After | $6.883 \mathrm{E}-02$ |  |  |  |  |  |

Table B.10: Radiation Thicknesses Before \& After Scattering from Ref. Cell 1 at 6 deg.

| material | $X_{0}$ <br> $\mathrm{g} / \mathrm{cm}^{2}$ | $\mathrm{g} / \mathrm{cm}^{3}$ | $\bar{X}_{0}$ <br> cm | $\ell$ <br> cm |  | fraction of tot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| C1720 Window | 26.8379 | $2.530 \mathrm{E}+00$ | $1.0608 \mathrm{E}+01$ | $1.280 \mathrm{E}-02$ | $1.207 \mathrm{E}-03$ | 0.5827 |
| Polarized ${ }^{3} \mathrm{He}$ | 71.0736 | $1.408 \mathrm{E}-03$ | $5.0496 \mathrm{E}+04$ | $1.967 \mathrm{E}+01$ | 3.896E-04 | 0.1881 |
| Beryllium Window | 65.1900 | $1.848 \mathrm{E}+00$ | $3.5276 \mathrm{E}+01$ | $1.270 \mathrm{E}-02$ | 3.600E-04 | 0.1738 |
| Unpolarized $\mathrm{N}_{2}$ | 37.9879 | $1.387 \mathrm{E}-04$ | $2.7383 \mathrm{E}+05$ | $1.967 \mathrm{E}+01$ | 7.184E-05 | 0.0347 |
| Helium Gas | 94.3224 | $1.664 \mathrm{E}-04$ | $5.6687 \mathrm{E}+05$ | $2.425 \mathrm{E}+01$ | $4.278 \mathrm{E}-05$ | 0.0207 |
| Total Before | $2.071 \mathrm{E}-03$ |  |  |  |  |  |
| C1720 Wall | 26.8379 | $2.530 \mathrm{E}+00$ | $1.0608 \mathrm{E}+01$ | $5.740 \mathrm{E}-01$ | $5.411 \mathrm{E}-02$ | 0.8599 |
| Polystyrene Foam | 43.7911 | $3.186 \mathrm{E}-02$ | $1.3745 \mathrm{E}+03$ | $1.016 \mathrm{E}+01$ | 7.392E-03 | 0.1175 |
| Kapton Window | 40.5761 | $1.420 \mathrm{E}+00$ | $2.8575 \mathrm{E}+01$ | $2.540 \mathrm{E}-02$ | 8.889E-04 | 0.0141 |
| Helium Gas | 94.3224 | $1.664 \mathrm{E}-04$ | $5.6687 \mathrm{E}+05$ | $1.913 \mathrm{E}+02$ | $3.374 \mathrm{E}-04$ | 0.0054 |
| Polarized ${ }^{3} \mathrm{He}$ | 71.0736 | $1.408 \mathrm{E}-03$ | $5.0496 \mathrm{E}+04$ | $8.591 \mathrm{E}+00$ | $1.701 \mathrm{E}-04$ | 0.0027 |
| Unpolarized $\mathrm{N}_{2}$ | 37.9879 | $1.387 \mathrm{E}-04$ | $2.7383 \mathrm{E}+05$ | $8.591 \mathrm{E}+00$ | $3.137 \mathrm{E}-05$ | 0.0005 |
| Total After | 6.293E-02 |  |  |  |  |  |

Table B.11: Radiation Thicknesses Before \& After Scattering from Priapus at 6 deg.

| material | $X_{0}$ <br> $\mathrm{g} / \mathrm{cm}^{2}$ | $\rho$ $\mathrm{g} / \mathrm{cm}^{3}$ | $\bar{X}_{0}$ <br> cm | $\ell$ $\mathrm{cm}$ | $t$ | fraction of tot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Unpolarized $\mathrm{N}_{2}$ C1720 Window Beryllium Window Helium Gas | $\begin{aligned} & 37.9879 \\ & 26.8379 \\ & 65.1900 \\ & 94.3224 \end{aligned}$ | $\begin{aligned} & 1.187 \mathrm{E}-02 \\ & 2.530 \mathrm{E}+00 \\ & 1.848 \mathrm{E}+00 \\ & 1.664 \mathrm{E}-04 \end{aligned}$ | $\begin{aligned} & 3.1994 \mathrm{E}+03 \\ & 1.0608 \mathrm{E}+01 \\ & 3.5276 \mathrm{E}+01 \\ & 5.6687 \mathrm{E}+05 \end{aligned}$ | $\begin{aligned} & 1.975 \mathrm{E}+01 \\ & 1.310 \mathrm{E}-02 \\ & 1.270 \mathrm{E}-02 \\ & 2.417 \mathrm{E}+01 \end{aligned}$ | $\begin{aligned} & 6.173 \mathrm{E}-03 \\ & 1.235 \mathrm{E}-03 \\ & 3.600 \mathrm{E}-04 \\ & 4.264 \mathrm{E}-05 \end{aligned}$ | $\begin{aligned} & 0.7903 \\ & 0.1581 \\ & 0.0461 \\ & 0.0055 \end{aligned}$ |
| Total Before | 7.811E-03 |  |  |  |  |  |
| C1720 Wall <br> Polystyrene Foam Unpolarized $\mathrm{N}_{2}$ Kapton Window Helium Gas | $\begin{aligned} & 26.8379 \\ & 43.7911 \\ & 37.9879 \\ & 40.5761 \\ & 94.3224 \end{aligned}$ | $\begin{aligned} & 2.530 \mathrm{E}+00 \\ & 3.186 \mathrm{E}-02 \\ & 1.187 \mathrm{E}-02 \\ & 1.420 \mathrm{E}+00 \\ & 1.664 \mathrm{E}-04 \end{aligned}$ | $\begin{aligned} & 1.0608 \mathrm{E}+01 \\ & 1.3745 \mathrm{E}+03 \\ & 3.1994 \mathrm{E}+03 \\ & 2.8575 \mathrm{E}+01 \\ & 5.6687 \mathrm{E}+05 \end{aligned}$ | $\begin{aligned} & 5.836 \mathrm{E}-01 \\ & 1.016 \mathrm{E}+01 \\ & 8.601 \mathrm{E}+00 \\ & 2.540 \mathrm{E}-02 \\ & 1.912 \mathrm{E}+02 \end{aligned}$ | $\begin{aligned} & 5.501 \mathrm{E}-02 \\ & 7.392 \mathrm{E}-03 \\ & 2.688 \mathrm{E}-03 \\ & 8.889 \mathrm{E}-04 \\ & 3.374 \mathrm{E}-04 \end{aligned}$ | $\begin{aligned} & 0.8295 \\ & 0.1115 \\ & 0.0405 \\ & 0.0134 \\ & 0.0051 \end{aligned}$ |
| Total After | $6.632 \mathrm{E}-02$ |  |  |  |  |  |

Table B.12: Radiation Thicknesses Before \& After Scattering from Ref. Cell 2 at 6 deg.

| material | $X_{0}$ <br> $\mathrm{g} / \mathrm{cm}^{2}$ | $\mathrm{g} / \mathrm{cm}^{3}$ | $\bar{X}_{0}$ <br> cm | $\ell$ <br> cm |  | fraction of tot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| C1720 Window | 26.8379 | $2.530 \mathrm{E}+00$ | $1.0608 \mathrm{E}+01$ | $1.280 \mathrm{E}-02$ | $1.207 \mathrm{E}-03$ | 0.5822 |
| Polarized ${ }^{3} \mathrm{He}$ | 71.0736 | $1.412 \mathrm{E}-03$ | $5.0352 \mathrm{E}+04$ | $1.967 \mathrm{E}+01$ | 3.907E-04 | 0.1885 |
| Beryllium Window | 65.1900 | $1.848 \mathrm{E}+00$ | $3.5276 \mathrm{E}+01$ | $1.270 \mathrm{E}-02$ | 3.600E-04 | 0.1737 |
| Unpolarized $\mathrm{N}_{2}$ | 37.9879 | $1.400 \mathrm{E}-04$ | $2.7138 \mathrm{E}+05$ | $1.967 \mathrm{E}+01$ | $7.249 \mathrm{E}-05$ | 0.0350 |
| Helium Gas | 94.3224 | $1.664 \mathrm{E}-04$ | $5.6687 \mathrm{E}+05$ | $2.425 \mathrm{E}+01$ | $4.278 \mathrm{E}-05$ | 0.0206 |
| Total Before | $2.073 \mathrm{E}-03$ |  |  |  |  |  |
| C1720 Wall | 26.8379 | $2.530 \mathrm{E}+00$ | $1.0608 \mathrm{E}+01$ | $3.835 \mathrm{E}-01$ | $3.616 \mathrm{E}-02$ | 0.8050 |
| Polystyrene Foam | 43.7911 | $3.186 \mathrm{E}-02$ | $1.3745 \mathrm{E}+03$ | $1.016 \mathrm{E}+01$ | 7.392E-03 | 0.1646 |
| Kapton Window | 40.5761 | $1.420 \mathrm{E}+00$ | $2.8575 \mathrm{E}+01$ | $2.540 \mathrm{E}-02$ | 8.889E-04 | 0.0198 |
| Helium Gas | 94.3224 | $1.664 \mathrm{E}-04$ | $5.6687 \mathrm{E}+05$ | $1.943 \mathrm{E}+02$ | $3.428 \mathrm{E}-04$ | 0.0076 |
| Polarized ${ }^{3} \mathrm{He}$ | 71.0736 | $1.412 \mathrm{E}-03$ | $5.0352 \mathrm{E}+04$ | $5.740 \mathrm{E}+00$ | $1.140 \mathrm{E}-04$ | 0.0025 |
| Unpolarized $\mathrm{N}_{2}$ | 37.9879 | $1.400 \mathrm{E}-04$ | $2.7138 \mathrm{E}+05$ | $5.740 \mathrm{E}+00$ | $2.115 \mathrm{E}-05$ | 0.0005 |
| Total After | $4.492 \mathrm{E}-02$ |  |  |  |  |  |

Table B.13: Radiation Thicknesses Before \& After Scattering from Priapus at 9 deg.

| material | $X_{0}$ <br> $\mathrm{g} / \mathrm{cm}^{2}$ | $\rho$ $\mathrm{g} / \mathrm{cm}^{3}$ | $\bar{X}_{0}$ <br> cm | $\ell$ $\mathrm{cm}$ | $t$ | fraction of tot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Unpolarized $\mathrm{N}_{2}$ C1720 Window Beryllium Window Helium Gas | $\begin{aligned} & 37.9879 \\ & 26.8379 \\ & 65.1900 \\ & 94.3224 \end{aligned}$ | $\begin{aligned} & 1.172 \mathrm{E}-02 \\ & 2.530 \mathrm{E}+00 \\ & 1.848 \mathrm{E}+00 \\ & 1.664 \mathrm{E}-04 \end{aligned}$ | $\begin{aligned} & 3.2404 \mathrm{E}+03 \\ & 1.0608 \mathrm{E}+01 \\ & 3.5276 \mathrm{E}+01 \\ & 5.6687 \mathrm{E}+05 \end{aligned}$ | $\begin{aligned} & 1.975 \mathrm{E}+01 \\ & 1.310 \mathrm{E}-02 \\ & 1.270 \mathrm{E}-02 \\ & 2.417 \mathrm{E}+01 \end{aligned}$ | $\begin{aligned} & 6.095 \mathrm{E}-03 \\ & 1.235 \mathrm{E}-03 \\ & 3.600 \mathrm{E}-04 \\ & 4.264 \mathrm{E}-05 \end{aligned}$ | $\begin{aligned} & 0.7882 \\ & 0.1597 \\ & 0.0466 \\ & 0.0055 \end{aligned}$ |
| Total Before | 7.733E-03 |  |  |  |  |  |
| C1720 Wall <br> Polystyrene Foam Unpolarized $\mathrm{N}_{2}$ Kapton Window Helium Gas | $\begin{aligned} & 26.8379 \\ & 43.7911 \\ & 37.9879 \\ & 40.5761 \\ & 94.3224 \end{aligned}$ | $\begin{aligned} & 2.530 \mathrm{E}+00 \\ & 3.186 \mathrm{E}-02 \\ & 1.172 \mathrm{E}-02 \\ & 1.420 \mathrm{E}+00 \\ & 1.664 \mathrm{E}-04 \end{aligned}$ | $\begin{aligned} & 1.0608 \mathrm{E}+01 \\ & 1.3745 \mathrm{E}+03 \\ & 3.2404 \mathrm{E}+03 \\ & 2.8575 \mathrm{E}+01 \\ & 5.6687 \mathrm{E}+05 \end{aligned}$ | $\begin{aligned} & 3.899 \mathrm{E}-01 \\ & 1.016 \mathrm{E}+01 \\ & 5.747 \mathrm{E}+00 \\ & 2.540 \mathrm{E}-02 \\ & 1.943 \mathrm{E}+02 \end{aligned}$ | $\begin{aligned} & 3.676 \mathrm{E}-02 \\ & 7.392 \mathrm{E}-03 \\ & 1.774 \mathrm{E}-03 \\ & 8.889 \mathrm{E}-04 \\ & 3.428 \mathrm{E}-04 \end{aligned}$ | $\begin{aligned} & 0.7795 \\ & 0.1568 \\ & 0.0376 \\ & 0.0188 \\ & 0.0073 \end{aligned}$ |
| Total After | $4.716 \mathrm{E}-02$ |  |  |  |  |  |

Table B.14: Radiation Thicknesses Before \& After Scattering from Ref. Cell 2 at 9 deg.

| material | $\rho$ | $\ell$ | $\xi$ | mp | $d E$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathrm{g} / \mathrm{cm}^{3}$ | cm | MeV | MeV | MeV |
| Polarized ${ }^{3} \mathrm{He}$ | $1.433 \mathrm{E}-03$ | $1.983 \mathrm{E}+01$ | $2.893 \mathrm{E}-03$ | 0.064 | 0.102 |
| C1720 Window | $2.530 \mathrm{E}+00$ | $1.320 \mathrm{E}-02$ | $2.547 \mathrm{E}-03$ | 0.038 | 0.072 |
| Beryllium Window | $1.848 \mathrm{E}+00$ | $1.270 \mathrm{E}-02$ | $1.599 \mathrm{E}-03$ | 0.024 | 0.046 |
| Helium Gas | $1.664 \mathrm{E}-04$ | $2.409 \mathrm{E}+01$ | $3.076 \mathrm{E}-04$ | 0.007 | 0.012 |
| Unpolarized $\mathrm{N}_{2}$ | $1.337 \mathrm{E}-04$ | $1.983 \mathrm{E}+01$ | $2.035 \mathrm{E}-04$ | 0.004 | 0.008 |
| Total Before |  |  | 7.550E-03 | 0.137 | 0.240 |
| C1720 Wall | $2.530 \mathrm{E}+00$ | 5.951E-01 | $1.148 \mathrm{E}-01$ | 2.151 | 3.208 |
| Polystyrene Foam | $3.186 \mathrm{E}-02$ | $1.016 \mathrm{E}+01$ | $2.672 \mathrm{E}-02$ | 0.577 | 0.861 |
| Helium Gas | $1.664 \mathrm{E}-04$ | $1.912 \mathrm{E}+02$ | $2.441 \mathrm{E}-03$ | 0.060 | 0.092 |
| Kapton Window | $1.420 \mathrm{E}+00$ | $2.540 \mathrm{E}-02$ | $2.839 \mathrm{E}-03$ | 0.044 | 0.081 |
| Polarized ${ }^{3} \mathrm{He}$ | $1.433 \mathrm{E}-03$ | $8.612 \mathrm{E}+00$ | $1.257 \mathrm{E}-03$ | 0.027 | 0.044 |
| Unpolarized $\mathrm{N}_{2}$ | $1.337 \mathrm{E}-04$ | $8.612 \mathrm{E}+00$ | $8.838 \mathrm{E}-05$ | 0.002 | 0.003 |
| Total After |  |  | $1.481 \mathrm{E}-01$ | 2.861 | 4.289 |

Table B.15: Before ( $p=2134.3 \mathrm{MeV}$ ) \& After ( $p=1806.4 \mathrm{MeV}$ ) Scattering from Penelope at 6 deg.

| material | $\rho$ | $\ell$ | $\xi$ | mp | $d E$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathrm{g} / \mathrm{cm}^{3}$ | cm | MeV | MeV | MeV |
| Unpolarized $\mathrm{N}_{2}$ | $1.185 \mathrm{E}-02$ | $1.975 \mathrm{E}+01$ | $1.796 \mathrm{E}-02$ | 0.399 | 0.601 |
| C1720 Window | $2.530 \mathrm{E}+00$ | $1.270 \mathrm{E}-02$ | $2.450 \mathrm{E}-03$ | 0.036 | 0.069 |
| Beryllium Window | $1.848 \mathrm{E}+00$ | $1.270 \mathrm{E}-02$ | $1.599 \mathrm{E}-03$ | 0.024 | 0.046 |
| Helium Gas | $1.664 \mathrm{E}-04$ | $2.417 \mathrm{E}+01$ | $3.086 \mathrm{E}-04$ | 0.007 | 0.012 |
| Total Before |  |  | $2.232 \mathrm{E}-02$ | 0.466 | 0.728 |
| C1720 Wall | $2.530 \mathrm{E}+00$ | 6.104E-01 | $1.178 \mathrm{E}-01$ | 2.209 | 3.290 |
| Polystyrene Foam | $3.186 \mathrm{E}-02$ | $1.016 \mathrm{E}+01$ | 2.672E-02 | 0.577 | 0.861 |
| Unpolarized $\mathrm{N}_{2}$ | $1.185 \mathrm{E}-02$ | $8.574 \mathrm{E}+00$ | 7.795E-03 | 0.167 | 0.260 |
| Helium Gas | $1.664 \mathrm{E}-04$ | $1.912 \mathrm{E}+02$ | $2.442 \mathrm{E}-03$ | 0.060 | 0.092 |
| Kapton Window | $1.420 \mathrm{E}+00$ | $2.540 \mathrm{E}-02$ | $2.839 \mathrm{E}-03$ | 0.044 | 0.081 |
| Total After |  |  | 1.576E-01 | 3.057 | 4.584 |

Table B.16: Before $(p=2134.3 \mathrm{MeV}) \&$ After $(p=1806.4 \mathrm{MeV})$ Scattering from Ref. Cell 1 at 6 deg.
\(\left.\begin{array}{|c|ccccc|}\hline material \& \rho \& \ell \& \begin{array}{c}\xi <br>

\mathrm{g} / \mathrm{cm}^{3}\end{array} \& \mathrm{~cm} \& \mathrm{mpV}\end{array}\right]\)| MeV |
| :---: |
|  |

Table B.17: Before ( $p=3145.3 \mathrm{MeV}$ ) \& After ( $p=1941.5 \mathrm{MeV}$ ) Scattering from Priapus at 6 deg.

| material |  | $\begin{gathered} \ell \\ \mathrm{cm} \end{gathered}$ | $\xi$ <br> MeV | mp <br> MeV | $d E$ <br> MeV |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Unpolarized $\mathrm{N}_{2}$ | $1.187 \mathrm{E}-02$ | $1.975 \mathrm{E}+01$ | $1.800 \mathrm{E}-02$ | 0.400 | 0.609 |
| C1720 Window | $2.530 \mathrm{E}+00$ | $1.310 \mathrm{E}-02$ | $2.528 \mathrm{E}-03$ | 0.038 | 0.072 |
| Beryllium Window | $1.848 \mathrm{E}+00$ | $1.270 \mathrm{E}-02$ | $1.599 \mathrm{E}-03$ | 0.024 | 0.046 |
| Helium Gas | $1.664 \mathrm{E}-04$ | $2.417 \mathrm{E}+01$ | $3.086 \mathrm{E}-04$ | 0.007 | 0.012 |
| Total Before |  |  | $2.244 \mathrm{E}-02$ | 0.469 | 0.739 |
| C1720 Wall | $2.530 \mathrm{E}+00$ | $5.836 \mathrm{E}-01$ | $1.126 \mathrm{E}-01$ | 2.107 | 3.154 |
| Polystyrene Foam | $3.186 \mathrm{E}-02$ | $1.016 \mathrm{E}+01$ | $2.672 \mathrm{E}-02$ | 0.577 | 0.863 |
| Unpolarized $\mathrm{N}_{2}$ | $1.187 \mathrm{E}-02$ | $8.601 \mathrm{E}+00$ | $7.836 \mathrm{E}-03$ | 0.168 | 0.261 |
| Helium Gas | $1.664 \mathrm{E}-04$ | $1.912 \mathrm{E}+02$ | $2.442 \mathrm{E}-03$ | 0.060 | 0.092 |
| Kapton Window | $1.420 \mathrm{E}+00$ | $2.540 \mathrm{E}-02$ | $2.839 \mathrm{E}-03$ | 0.044 | 0.081 |
| Total After |  |  | $1.524 \mathrm{E}-01$ | 2.956 | 4.451 |

Table B.18: Before $(p=3145.3 \mathrm{MeV}) \&$ After $(p=1941.5 \mathrm{MeV})$ Scattering from Ref. Cell 2 at 6 deg.

| material | $\begin{gathered} \rho \\ \mathrm{g} / \mathrm{cm}^{3} \end{gathered}$ | $\ell$ <br> cm |  | mp <br> MeV | $d E$ <br> MeV |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Polarized ${ }^{3} \mathrm{He}$ | $1.412 \mathrm{E}-03$ | $1.967 \mathrm{E}+01$ | $2.827 \mathrm{E}-03$ | 0.063 | 0.101 |
| C1720 Window | $2.530 \mathrm{E}+00$ | $1.280 \mathrm{E}-02$ | $2.470 \mathrm{E}-03$ | 0.037 | 0.070 |
| Beryllium Window | $1.848 \mathrm{E}+00$ | $1.270 \mathrm{E}-02$ | $1.599 \mathrm{E}-03$ | 0.024 | 0.046 |
| Helium Gas | $1.664 \mathrm{E}-04$ | $2.425 \mathrm{E}+01$ | $3.096 \mathrm{E}-04$ | 0.007 | 0.012 |
| Unpolarized $\mathrm{N}_{2}$ | $1.400 \mathrm{E}-04$ | $1.967 \mathrm{E}+01$ | $2.113 \mathrm{E}-04$ | 0.005 | 0.008 |
| Total Before |  |  | 7.417E-03 | 0.136 | 0.237 |
| C1720 Wall | $2.530 \mathrm{E}+00$ | $3.835 \mathrm{E}-01$ | $7.400 \mathrm{E}-02$ | 1.354 | 2.075 |
| Polystyrene Foam | $3.186 \mathrm{E}-02$ | $1.016 \mathrm{E}+01$ | $2.672 \mathrm{E}-02$ | 0.577 | 0.864 |
| Helium Gas | $1.664 \mathrm{E}-04$ | $1.943 \mathrm{E}+02$ | $2.481 \mathrm{E}-03$ | 0.061 | 0.093 |
| Kapton Window | $1.420 \mathrm{E}+00$ | $2.540 \mathrm{E}-02$ | $2.839 \mathrm{E}-03$ | 0.044 | 0.081 |
| Polarized ${ }^{3} \mathrm{He}$ | $1.412 \mathrm{E}-03$ | $5.740 \mathrm{E}+00$ | $8.250 \mathrm{E}-04$ | 0.017 | 0.029 |
| Unpolarized $\mathrm{N}_{2}$ | $1.400 \mathrm{E}-04$ | $5.740 \mathrm{E}+00$ | $6.166 \mathrm{E}-05$ | 0.001 | 0.002 |
| Total After |  |  | $1.069 \mathrm{E}-01$ | 2.054 | 3.144 |

Table B.19: Before ( $p=3219.9 \mathrm{MeV}$ ) \& After ( $p=2007.0 \mathrm{MeV}$ ) Scattering from Priapus at 9 deg.

| material | $\rho$ | $\ell$ | $\xi$ | mp | $d E$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathrm{~g} / \mathrm{cm}^{3}$ | cm | MeV | MeV | MeV |
| Unpolarized $\mathrm{N}_{2}$ |  |  |  |  |  |
| C1720 Window |  |  |  |  |  |
| Beryllium Window |  |  |  |  |  |
| Helium Gas | $1.172 \mathrm{E}-02$ | $1.530 \mathrm{E}+00$ | $1.310 \mathrm{E}-01$ | $1.777 \mathrm{E}-02$ | $2.528 \mathrm{E}-03$ |
| $1.664 \mathrm{E}+00$ | $1.270 \mathrm{E}-02$ | $1.599 \mathrm{E}-03$ | 0.038 | 0.024 | 0.072 |
|  |  |  |  |  | 0.046 |
| Total Before |  |  | $2.221 \mathrm{E}-02$ | 0.464 | 0.732 |
| C1720 Wall | $2.530 \mathrm{E}+00$ | $3.899 \mathrm{E}-01$ | $7.524 \mathrm{E}-02$ | 1.378 | 2.110 |
| Polystyrene Foam <br> Unpolarized $\mathrm{N}_{2}$ <br> Helium Gas | $3.186 \mathrm{E}-02$ | $1.016 \mathrm{E}+01$ | $2.672 \mathrm{E}-02$ | 0.577 | 0.864 |
| Kapton Window | $1.172 \mathrm{E}-02$ | $5.747 \mathrm{E}+00$ | $5.170 \mathrm{E}-03$ | 0.109 | 0.173 |
| $1.420 \mathrm{E}-04$ | $1.943 \mathrm{E}+02$ | $2.480 \mathrm{E}-03$ | 0.061 | 0.093 |  |
|  |  | $2.540 \mathrm{E}-02$ | $2.839 \mathrm{E}-03$ | 0.044 | 0.081 |
| Total After |  |  |  |  |  |

Table B.20: Before $(p=3219.9 \mathrm{MeV}) \&$ After $(p=2007.0 \mathrm{MeV})$ Scattering from Ref. Cell 2 at 9 deg.

| cell | angle <br> deg. | $\begin{array}{r} p \\ \mathrm{MeV} \end{array}$ | before |  | after |  | total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | mp | $d E$ |  | $d E$ | mp (MeV) | $d E(\mathrm{MeV})$ |
| penelope | 6 | 400.0 | 0.137 | 0.226 | 2.860 | 4.065 | 2.998 | 4.291 |
| penelope | 6 | 2134.3 | 0.138 | 0.239 | 2.861 | 4.314 | 2.998 | 4.553 |
| priapus | 6 | 400.0 | 0.135 | 0.222 | 2.780 | 3.957 | 2.914 | 4.178 |
| priapus | 6 | 2134.9 | 0.135 | 0.234 | 2.780 | 4.199 | 2.915 | 4.433 |
| priapus | 6 | 2844.8 | 0.135 | 0.236 | 2.780 | 4.241 | 2.915 | 4.477 |
| priapus | 6 | 4208.9 | 0.135 | 0.239 | 2.780 | 4.297 | 2.915 | 4.536 |
| priapus | 9 | 400.0 | 0.135 | 0.222 | 2.054 | 2.972 | 2.189 | 3.194 |
| priapus | 9 | 1147.3 | 0.135 | 0.230 | 2.054 | 3.086 | 2.189 | 3.316 |
| priapus | 9 | 2233.9 | 0.135 | 0.235 | 2.054 | 3.157 | 2.189 | 3.392 |
| priapus | 9 | 3318.8 | 0.135 | 0.238 | 2.054 | 3.199 | 2.189 | 3.437 |
| priapus | 9 | 3775.5 | 0.135 | 0.239 | 2.054 | 3.213 | 2.189 | 3.452 |
| priapus | 9 | 4404.2 | 0.135 | 0.240 | 2.054 | 3.230 | 2.189 | 3.470 |
| refcell 1 | 6 | 400.0 | 0.466 | 0.689 | 3.056 | 4.345 | 3.522 | 5.033 |
| refcell 1 | 6 | 2134.3 | 0.467 | 0.727 | 3.057 | 4.610 | 3.524 | 5.337 |
| refcell 2 | 6 | 400.0 | 0.468 | 0.692 | 2.955 | 4.209 | 3.423 | 4.901 |
| refcell 2 | 6 | 2134.9 | 0.469 | 0.731 | 2.956 | 4.466 | 3.424 | 5.197 |
| refcell 2 | 6 | 2844.8 | 0.469 | 0.737 | 2.956 | 4.510 | 3.424 | 5.247 |
| refcell 2 | 6 | 4208.9 | 0.469 | 0.746 | 2.956 | 4.570 | 3.424 | 5.316 |
| refcell 2 | 9 | 400.0 | 0.463 | 0.685 | 2.167 | 3.139 | 2.630 | 3.824 |
| refcell 2 | 9 | 1147.3 | 0.464 | 0.709 | 2.168 | 3.259 | 2.632 | 3.968 |
| refcell 2 | 9 | 2233.9 | 0.464 | 0.724 | 2.168 | 3.334 | 2.632 | 4.058 |
| refcell 2 | 9 | 3318.8 | 0.464 | 0.733 | 2.168 | 3.378 | 2.632 | 4.111 |
| refcell 2 | 9 | 3775.5 | 0.464 | 0.736 | 2.168 | 3.393 | 2.632 | 4.128 |
| refcell 2 | 9 | 4404.2 | 0.464 | 0.739 | 2.168 | 3.410 | 2.632 | 4.149 |

Table B.21: Collisional Energy Loss for Penelope, Priapus, and the Ref. Cells for Different Electron Momenta. Note that the energy loss is insensistive to the electon momentum. Because of this insensitivity in our momentum range, we use average momenta for each cell and angle in the calculation of the collisional thickness $\xi$, the most probable energy loss mp , and the mean energy loss $d E$.

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## Appendix C

## Clebsch-Gordon Coefficients

## C. 1 General Formula

Adapted from equation (17.27) in Wigner's Group Theory [1] into equation $14^{3}(5)$ in Condon \& Shortley [2]:

$$
\begin{align*}
\left\langle\left(J_{1}, J_{2}\right) m_{1}, m_{2} \mid J, m\right\rangle= & \sqrt{\frac{\left(J+J_{1}-J_{2}\right)!\left(J-J_{1}+J_{2}\right)!\left(J_{1}+J_{2}-J\right)!(J+m)!(J-m)!(2 J+1)}{\left(J+J_{1}+J_{2}+1\right)!\left(J_{1}-m_{1}\right)!\left(J_{1}+m_{1}\right)!\left(J_{2}-m_{2}\right)!\left(J_{2}+m_{2}\right)!}} \\
& \times \delta_{m}^{\left(m_{1}+m_{2}\right)} \sum_{\kappa=\kappa_{1}}^{\kappa_{2}} \frac{(-1)^{\kappa+J_{2}+m_{2}}\left(J+J_{2}+m_{1}-\kappa\right)!\left(J_{1}-m_{1}+\kappa\right)!}{\left(J-J_{1}+J_{2}-\kappa\right)!(J+m-\kappa)!\kappa!\left(\kappa+J_{1}-J_{2}-m\right)!} \tag{C.1}
\end{align*}
$$

$$
\begin{align*}
\kappa_{a} & =\max \left[0, J_{2}-J_{1}+m\right]  \tag{C.2}\\
\kappa_{b} & =\min \left[J+m, J_{2}-J_{1}+J\right]  \tag{С.3}\\
\kappa_{1} & =\min \left[\kappa_{a}, \kappa_{b}\right]  \tag{С.4}\\
\kappa_{2} & =\max \left[\kappa_{a}, \kappa_{b}\right] \tag{C.5}
\end{align*}
$$

where $\kappa$ is summed over all non-negative integers between $\kappa_{1}$ and $\kappa_{2}$. Note the usual rules:

$$
\begin{gather*}
\left\langle\left(J_{1}, J_{2}\right) m_{1}, m_{2} \mid J, m\right\rangle=(-1)^{J-J_{1}-J_{2}}\left\langle\left(J_{2}, J_{1}\right) m_{2}, m_{1} \mid J, m\right\rangle  \tag{C.6}\\
J_{1}, J_{2}, J \geq 0 \quad J=\left|J_{1}-J_{2}\right| \cdots\left(J_{1}+J_{2}\right)  \tag{C.7}\\
m_{1}=-J_{1} \cdots+J_{1} \quad m_{2}=-J_{2} \cdots+J_{2} \quad m=m_{1}+m_{2}=-J \cdots+J \tag{C.8}
\end{gather*}
$$

The formulas for $\overrightarrow{J_{1}}+(1 / 2,1,3 / 2,2)$ are catalogued in Condon \& Shortley [2] in tables $1^{3}, 2^{3}, 3^{3}, \& 4^{3}$. Tables of coefficients for $(1 / 2+1 / 2)$ upto $(2+2)$ are avaiable in The Review of Particle Physics [3].
C. 2 For the case $\overrightarrow{J_{1}}+\frac{\overrightarrow{1}}{2}$

$$
\begin{align*}
\left\langle\left(J_{1}, \frac{1}{2}\right), m_{1}, \pm \frac{1}{2} \left\lvert\, J_{1}+\frac{1}{2}\right., m_{1} \pm \frac{1}{2}\right\rangle & =\left\langle\left(J-\frac{1}{2}, \frac{1}{2}\right), m \mp \frac{1}{2}, \left. \pm \frac{1}{2} \right\rvert\, J, m\right\rangle \\
& =\sqrt{\frac{J_{1} \pm m+\frac{1}{2}}{\left[J_{1}\right]}}=\sqrt{\frac{J_{1} \pm m_{1}+1}{\left[J_{1}\right]}} \\
& =\sqrt{\frac{J \pm m}{2 J}}  \tag{C.9}\\
\left\langle\left(J_{1}, \frac{1}{2}\right), m_{1}, \pm \frac{1}{2} \left\lvert\, J_{1}-\frac{1}{2}\right., m_{1} \pm \frac{1}{2}\right\rangle & =\left\langle\left(J+\frac{1}{2}, \frac{1}{2}\right), m \mp \frac{1}{2}, \left. \pm \frac{1}{2} \right\rvert\, J, m\right\rangle \\
& =\mp \sqrt{\frac{J_{1} \mp m+\frac{1}{2}}{\left[J_{1}\right]}}=\mp \sqrt{\frac{J_{1} \mp m_{1}}{\left[J_{1}\right]}} \\
& =\mp \sqrt{\frac{J \mp m+1}{2(J+1)}} \tag{С.10}
\end{align*}
$$

## C. 3 Expansion of Zero Field Eigenbasis for $I=0$

$$
\begin{align*}
\left|S_{\frac{1}{2}}, \frac{1}{2},+\frac{1}{2}\right\rangle & =\left|+\frac{1}{2}\right\rangle_{S}  \tag{С.11}\\
\left|S_{\frac{1}{2}}, \frac{1}{2},-\frac{1}{2}\right\rangle & =\left|-\frac{1}{2}\right\rangle_{S}  \tag{C.12}\\
\left|P_{\frac{1}{2}}, \frac{1}{2},+\frac{1}{2}\right\rangle & =\sqrt{\frac{2}{3}}|+1\rangle_{L}\left|-\frac{1}{2}\right\rangle_{S}-\sqrt{\frac{1}{3}}|0\rangle_{L}\left|+\frac{1}{2}\right\rangle_{S}  \tag{С.13}\\
\left|P_{\frac{1}{2}}, \frac{1}{2},-\frac{1}{2}\right\rangle & =\sqrt{\frac{1}{3}}|0\rangle_{L}\left|-\frac{1}{2}\right\rangle_{S}-\sqrt{\frac{2}{3}}|-1\rangle_{L}\left|+\frac{1}{2}\right\rangle_{S}  \tag{С.14}\\
\left|P_{\frac{3}{2}}, \frac{3}{2},+\frac{3}{2}\right\rangle & =|+1\rangle_{L}\left|+\frac{1}{2}\right\rangle_{S}  \tag{C.15}\\
\left|P_{\frac{3}{2}}, \frac{3}{2},+\frac{1}{2}\right\rangle & =\sqrt{\frac{1}{3}}|+1\rangle_{L}\left|-\frac{1}{2}\right\rangle_{S}+\sqrt{\frac{2}{3}}|0\rangle_{L}\left|+\frac{1}{2}\right\rangle_{S}  \tag{C.16}\\
\left|P_{\frac{3}{2}}, \frac{3}{2},-\frac{1}{2}\right\rangle & =\sqrt{\frac{2}{3}}|0\rangle_{L}\left|-\frac{1}{2}\right\rangle_{S}+\sqrt{\frac{1}{3}}|-1\rangle_{L}\left|+\frac{1}{2}\right\rangle_{S}  \tag{C.17}\\
\left|P_{\frac{3}{2}}, \frac{3}{2},-\frac{3}{2}\right\rangle & =|-1\rangle_{L}\left|-\frac{1}{2}\right\rangle_{S} \tag{C.18}
\end{align*}
$$

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## Appendix D

## Cross Sections \& Rate Constants Relevant to SEOP of $\mathrm{He}-3$

## D. 1 Notation \& Conventions

## D.1.1 The Language of Multipole Relaxation

If we assume that there are no coherences, see Sec. $\overline{\text { E.5.1 }}$, then the state of a spin$1 / 2$ system can be specified by the populations $n_{ \pm}$of the $m= \pm 1 / 2$ Zeeman levels. However, it is usually more useful to describe the state of the system using the total population $n=\left(n_{+}+n_{-}\right)$and the polarization $P_{n}=\left(n_{+}-n_{-}\right) / n$ :

$$
\frac{n}{\sqrt{2}}\left[\begin{array}{c}
1  \tag{D.1}\\
P_{n}
\end{array}\right]=\frac{1}{\sqrt{2}}\left[\begin{array}{cc}
+1 & +1 \\
+1 & -1
\end{array}\right]\left[\begin{array}{l}
n_{+} \\
n_{-}
\end{array}\right]
$$

where the peculiar normalization is standard in the literacture [1]. The time evolution of this system is then prescribed by two characteristic rates which determine
the change in the total population and the polarization. The rate associated with the total population is simply the inverse of the mean lifetime of the state, whereas the rate associated with the polarization is the spin relaxation rate.

Repeating this analysis for a system with total angular momentum $J=1$, we could choose the individual populations of each $m=-1,0,+1$ Zeeman level to describe the state of the system. Once again, it is more useful to form three special linear combinations of these populations: the total population $n=\left(n_{+}+n_{0}+n_{-}\right)$, the "orientation" $P_{n}=\left(n_{+}-n_{-}\right) / n$, and the "alignment" $Q_{n}=\left(n_{+}-2 n_{0}+n_{-}\right) / n$ :

$$
\left[\begin{array}{c}
n / \sqrt{3}  \tag{D.2}\\
n P_{n} / \sqrt{2} \\
n Q_{n} / \sqrt{6}
\end{array}\right]=\left[\begin{array}{ccc}
+1 / \sqrt{3} & +1 / \sqrt{3} & +1 / \sqrt{3} \\
+1 / \sqrt{2} & 0 & -1 / \sqrt{2} \\
+1 / \sqrt{6} & -2 / \sqrt{6} & +1 / \sqrt{6}
\end{array}\right]\left[\begin{array}{l}
n_{+} \\
n_{0} \\
n_{-}
\end{array}\right]
$$

The orientation for a system with total angular momentum $J$ plays the same role as polarization for a spin- $S$ system. The alignment is essentially a relative measure of the net population of the "end" levels $(m= \pm J)$ and is proportional to the magnetic quadrupole moment of the system. When optical pumping from a $J=1$ ground state to a $J=0$ excited state, linearly (circularly) polarized light propagating parallel to the holding field will produce nonzero alignment (orientation) in the ground state [2]. In this system, there are three characteristic rates: the inverse of the lifetime, the "disorientation" rate, and the "disalignment" rate.

To generalize these arguments, a system with total angular momentum $J$ can be represented by $(2 J+1)$ mutually othogonal linear combinations of the $(2 J+1)$ individual $m=-J . .+J$ populations. The first four combinations specify the system's population ( $n$ ), magnetic dipole moment (orientation, $P_{n}$ ), magnetic quadrupole moment (alignment, $Q_{n}$ ), and magnetic octopole moment $\left(R_{n}\right)$, which are defined
in the following way:

$$
\begin{equation*}
n P_{n}=\frac{\left\langle J_{z}\right\rangle}{J} \quad n Q_{n}=\frac{\left\langle 3 J_{z}^{2}-J^{2}\right\rangle}{J(2 J-1)} \quad n R_{n}=\frac{\left\langle J_{z}\left(5 J_{z}^{2}+1-3 J^{2}\right)\right\rangle}{J(2 J-1)(J-1)} \tag{D.3}
\end{equation*}
$$

These quantities are normalized such that they equal 1 when all the atoms are in the $m=J$ state. The lowest $J$ system that has all four of these moments is $J=3 / 2$ :

$$
\left[\begin{array}{c}
n / 2  \tag{D.4}\\
3 n P_{n} / \sqrt{20} \\
n Q_{n} / 2 \\
n R_{n} / \sqrt{20}
\end{array}\right]=\left[\begin{array}{cccc}
+1 / 2 & +1 / 2 & +1 / 2 & +1 / 2 \\
+3 / \sqrt{20} & +1 / \sqrt{20} & -1 / \sqrt{20} & -3 / \sqrt{20} \\
+1 / 2 & -1 / 2 & -1 / 2 & +1 / 2 \\
+1 / \sqrt{20} & -3 / \sqrt{20} & +3 / \sqrt{20} & -1 / \sqrt{20}
\end{array}\right]\left[\begin{array}{c}
n_{+}^{\prime} \\
n_{+} \\
n_{-} \\
n_{-}^{\prime}
\end{array}\right]
$$

These linear combinations are the diagonal matrix elements of the density matrix in the spherical tensor representation, see for example [1,3-5]. Each of these $(2 J+1)$ spherical components of the density matrix evolves at one of the $(2 J+1)$ characteristic rates which are referred to as the "multipole relaxation rates." The two rates that are most relevant to our calculations are the "monopole" relaxation rate (i.e. the rate at which the total population of a state is changing) and the "dipole" relaxation rate (i.e. the rate at which the orientation is changing).

## D.1.2 The "Relaxation Rate"

It is straightforward, see for example [6], that the $k$-th multipole relaxation rate $\gamma_{J}^{(k)}$ for a system with total angular momentum angular $J$ can be written as:

$$
\begin{equation*}
\gamma_{J}^{(k)}=\gamma_{J}^{(0)}+\Gamma_{J}^{(k)} \tag{D.5}
\end{equation*}
$$

where $\gamma_{J}^{(0)}$ is the monopole relaxation rate and $\Gamma_{J}^{(k)}$ is the $k$-th multipole "destruction" rate. In other other words, the total rate of change of the $k$-th multipole is given by sum of the rate at which the Zeeman levels of the $J$ state are being depopulated $\left(\gamma_{J}^{(0)}\right)$ and the rate at which population of the Zeeman levels within a $J$ state are being redistributed $\left(\Gamma_{J}^{(k)}\right)$ :

$$
\begin{equation*}
\frac{d\left(n P_{n}^{k}\right)}{d t}=\left(\frac{d n}{d t}\right) P_{n}^{k}+n\left(\frac{d P_{n}^{k}}{d t}\right)=-\gamma_{J}^{(0)} n P_{n}^{k}-\Gamma_{J}^{(k)} n P_{n}^{k}=-\gamma_{J}^{(k)} n P_{n}^{k} \tag{D.6}
\end{equation*}
$$

where $P_{n}^{k}$ is the $k$-th multipole.
In the ground state of alkali atoms, the total angular momentum is due to the electron spin and the lifetime is determined by the optical pumping rate. Historically, the mulitipole relaxation rate of the ground state of an alkali atom is determined by "relaxation in the dark" [7]. In this case, the lifetime of the ground state is infinite (i.e. $\gamma_{J}^{(0)}=0$ ) and the ground state multipole relaxation rate $\Gamma_{s}$ is called the spin relaxation rate, the spin depolarization rate, or the spin destruction rate interchangeably. By convention, see for example [8], the rate of change of the polarization $P_{s}$ and the populations $s_{ \pm}$are given by $-\Gamma_{s} P_{s}$ and $+\left(s / 2-s_{ \pm}\right) \Gamma_{s}=$ $-\left(s_{ \pm}-s_{\mp}\right) \Gamma_{s} / 2$ respectively.

In the $P_{J}$ excited states of alkali atoms, the total angular momentum is due to both the electron spin and orbital angular momentum. In this case, there are three processes of interest: decay from the $P_{J}$ state to the $S_{1 / 2}$ ground state, mixing (i.e. transfer) between the $P_{J}$ and $P_{J^{\prime}}$ states, and mixing (i.e. redistribution) among the $(2 J+1)$ Zeeman levels within a $P_{J}$ state. Decays are due to spontaneous emission, stimulated emission, and quenching colliions with buffer gas molecules. Fine structure mixing is due to collisions with the buffer gases or other
alkali atoms. The sum of the decay and mixing rates give the monopole relaxation rate. Unfortunately, in the literature, the convention for the definition of the multipole destruction rate in the excited state is different than for the ground state, see for example [9]. Specifically, the rate of change of the orientation $P_{p}$ and the populations $p_{ \pm}$are usually written as $-2 \Gamma_{p}^{\prime} P_{p}$ and $+\left(p-2 p_{ \pm}\right) \Gamma_{p}^{\prime}=-\left(p_{ \pm}-p_{\mp}\right) \Gamma_{p}^{\prime}$ respectively. In this document, we'll use the ground state convention for the excited state rates, rate constants, and cross sections (i.e. $\Gamma_{p}=2 \Gamma_{p}^{\prime}$ ). Futhermore, when we refer to the "disorientation" rate of the excited state, we actually mean the multipole destruction rate.

## D.1.3 The "Cross Section"

What is usually measured in the lab, under "atomic" conditions, is $\Gamma=\left[\mathrm{N}_{a}\right]\langle\sigma v\rangle$, where the brackets indicate an average using the Maxwell distribution weighted by the relative thermal velocity. Generally speaking, see for example [10,11], the cross section is isolated from the rate constant using the mean thermal velocity (as opposed to the most probable or root mean square velocity) by:

$$
\begin{equation*}
\sigma=\frac{\Gamma}{\left[\mathrm{N}_{a}\right] v}=\frac{\langle\sigma v\rangle}{\langle v\rangle} \quad v=\langle v\rangle=\bar{v}_{\text {rel. }}=\sqrt{\frac{8 R T}{\pi}\left(\frac{1}{M_{a}}+\frac{1}{M_{b}}\right)} \tag{D.7}
\end{equation*}
$$

where $\left[\mathrm{N}_{a}\right]$ is the number density of particle $a, \bar{v}_{\text {rel }}$. is the mean relative thermal velocity between particle $a \& b$ with molar masses $M_{a} \& M_{b}, R$ is the molar gas constant, and $T$ is the absolute temperature. Therefore, when comparing to theory, it is important to recall that $\sigma$ is really $\langle\sigma v\rangle /\langle v\rangle$. Unless otherwise noted, all cross sections and rate constants are calculated using the mean thermal velocity and are derived from the multipole destruction rate.

|  | $\left\langle\sigma_{\text {se }}\right\rangle$ | err. | $\left\langle\sigma_{\exp }\right\rangle$ | exp. err. | $\left\langle\sigma_{\mathrm{A}} / \sigma_{\mathrm{Rb}}\right\rangle_{\text {th }}$ | std. dev. (5) |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Na | $\mathbf{1 0 0 . 7}$ | 0.5 | 100.7 | $0.5(2)$ | 0.568 | 0.104 |
| K | $\mathbf{1 5 8 . 3}$ | 6.3 | 171.2 | $21.8(2)$ | 0.906 | 0.019 |
| Rb | $\mathbf{1 7 3 . 5}$ | 6.6 | 173.5 | $6.6(5)$ | - | - |
| Cs | $\mathbf{1 8 6 . 2}$ | 8.0 | 183.3 | $9.7(3)$ | 1.108 | 0.062 |
|  | $\AA^{2}$ | $\AA^{2}$ | $\AA^{2}$ | $\AA^{2}$ |  |  |

Table D.1: Alkali-Alkali Spin Exchange Cross Section in $\AA^{2}$ at $T=200^{\circ} \mathrm{C}=$ 473.15 K . All values are averaged and scaled from [10] with the addition of a new measurement for Rb from [14]. The number in parenthesis refers to the numbers of values used to calculate the each weighted average. The uncertainties on the experimental values are those originally quoted by the authors. The final column is the standard deviation of the ratios from theoretical calculations.

## D. 2 Ground State Alkali-Alkali Collisions

## D.2.1 Spin Exchange

The alkali-alkali spin exchange rate constants are estimated by:

$$
\begin{equation*}
A_{\mathrm{se}}^{a b}=\bar{v} \sqrt{\sigma_{\mathrm{se}}^{a} \sigma_{\mathrm{se}}^{b}}=\left[\frac{1 \mathrm{MHz}}{10^{15} / \mathrm{cm}^{3}}\right] \sqrt{\left[\frac{\sigma_{\mathrm{se}}^{a}}{100 \AA^{2}}\right]\left[\frac{\sigma_{\mathrm{se}}^{b}}{100 \AA^{2}}\right]\left[\frac{10 \mathrm{~g} / \mathrm{mol}}{M_{a}}+\frac{10 \mathrm{~g} / \mathrm{mol}}{M_{b}}\right]} \tag{D.8}
\end{equation*}
$$

where $\sigma_{\text {se }}$ is the alkali-alkali spin exchange cross section. The A-A spin exchange rate constant is assumed to be independent of temperature just as $e^{-}$-A spin exchange [12]. Therefore the cross section is assumed to have a $1 / \sqrt{T}$ temperature dependence which cancels the $\sqrt{T}$ temperature depenance of the thermal velocity. Using the geometric mean of cross sections for dissimilar atoms appears justified by theoretical calculations [13].

## D.2.2 Spin Destruction

The alkali-alkali spin destruction rate constants are estimated by:

$$
\begin{equation*}
A_{\mathrm{sd}}^{a b}=\bar{v} \sqrt{\sigma_{\mathrm{sd}}^{a} \sigma_{\mathrm{sd}}^{b}}=\left[\frac{1 \mathrm{kHz}}{10^{15} / \mathrm{cm}^{3}}\right] \sqrt{\left[\frac{\sigma_{\mathrm{sd}}^{a}}{0.1 \AA^{2}}\right]\left[\frac{\sigma_{\mathrm{sd}}^{b}}{0.1 \AA^{2}}\right]\left[\frac{10 \mathrm{~g} / \mathrm{mol}}{M_{a}}+\frac{10 \mathrm{~g} / \mathrm{mol}}{M_{b}}\right]} \tag{D.9}
\end{equation*}
$$

where $\sigma_{\text {sd }}$ is the alkali-alkali spin destruction cross section. The A-A spin destruction rate constant is assumed to be independent of temperature, because most measurements have observed a (mostly) linear increase in relaxation rate with increasing the alkali density. This implies that the cross section has a $1 / \sqrt{T}$ temperature dependence. The observed alkali-alkali spin destruction rate is written as [15]:

$$
\begin{equation*}
k_{\mathrm{obs}}=k_{\mathrm{sd}} / s=k_{a}+\left(\frac{k_{b}^{0}}{1+B / B_{D}}\right)\left(\frac{[\mathrm{A}]}{10^{15} \mathrm{~cm}^{-3}}\right)^{n} \tag{D.10}
\end{equation*}
$$

where $k_{a}$ is the magnetic field independent part due to binary collisions, $k_{b}$ is the field dependent part that is due to singlet and triplet alkali dimers, $B_{D}$ is the magnetic decoupling width, $n$ is a small next to leading order alkali power dependence, and $[A]$ is the alkali number density.

For $B \ll 230$ Gauss, the spin destruction cross section is obtained by

$$
\begin{equation*}
\sigma_{\mathrm{sd}}=k_{\mathrm{sd}} / \bar{v}=s\left(k_{a}+k_{b}\right) / \bar{v} \tag{D.11}
\end{equation*}
$$

where $s$ is the nuclear slowing down factor. For $k_{b}$ values from [15], we average over [A] and multiply by $k_{B}^{0}$ to get an effective $k_{b}$ :

$$
\begin{equation*}
\left\langle k_{b}\right\rangle=k_{b}^{0} \frac{\left([\mathrm{~A}]_{\max } / 10^{15} \mathrm{~cm}^{-3}\right)^{n}}{1+n} \tag{D.12}
\end{equation*}
$$

|  | $k_{a}$ | $k_{b}^{0}$ | $B_{D}$ | $n$ | $[\mathrm{~A}]_{\max }$ | $\left\langle k_{b}\right\rangle$ | $s$ | $s\left(k_{a}+\left\langle k_{b}\right\rangle\right)$ | ref. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| K | $7.5 \mathrm{E}-15$ | $8.2 \mathrm{E}-15$ | 230 | $1 / 4$ | 2.0 | $7.80 \mathrm{E}-15$ | 6 | $9.18 \mathrm{E}-14$ | $[15]$ |
| Rb | $1.5 \mathrm{E}-14$ | $2.6 \mathrm{E}-14$ | 1150 | $1 / 4$ | 2.5 | $2.62 \mathrm{E}-14$ | 10.8 | $4.45 \mathrm{E}-13$ | $[15]$ |
| Rb | $1.50 \mathrm{E}-14$ | $2.88 \mathrm{E}-14$ | 1150 | 0 | 2.5 | $2.88 \mathrm{E}-14$ | 10.8 | $4.74 \mathrm{E}-13$ | $[16]$ |
| Cs | $1.9 \mathrm{E}-13$ | $1.8 \mathrm{E}-13$ | 2900 | 0 | 0.78 | $1.80 \mathrm{E}-13$ | 22 | $8.14 \mathrm{E}-12$ | $[15]$ |
|  | $\mathrm{cm}^{3} / \mathrm{s}$ | $\mathrm{cm}^{3} / \mathrm{s}$ | G |  | $10^{15} / \mathrm{cm}^{3}$ | $\mathrm{~cm}^{3} / \mathrm{s}$ |  | $\mathrm{cm}^{3} / \mathrm{s}$ |  |

Table D.2: Kadlecek Measurements of Alkali-Alkali Spin Destruction Magnetic Decoupling Parameters.

## D. 3 Ground State Alkali-Buffer Gas Collisions

## D.3.1 Spin Exchange with He-3 Nuclei

The ${ }^{3} \mathrm{He}$ polarization evolution is given as:

$$
\begin{equation*}
P_{\mathrm{He}}(t)=P_{\mathrm{A}} k_{\mathrm{se}}[\mathrm{~A}] \tau(1-\exp (-t / \tau)) \tag{D.13}
\end{equation*}
$$

where $P_{\mathrm{A}}$ is the volume average alkali polarization, $k_{\mathrm{se}}$ is the spin exchange rate constant, [A] is the alkali number density, and $\tau^{-1}$ is the total ${ }^{3} \mathrm{He}$ relaxation rate. These are related to the isotropic spin exchange $k_{\text {iso }}$ and anisotropic spin exchange $k_{\text {ani }}$ rate constants as:

$$
\begin{align*}
k_{\mathrm{se}} & =k_{\mathrm{iso}}-k_{\mathrm{ani}} / 2  \tag{D.14}\\
1 / \tau & =1 / \tau_{0}+k_{\mathrm{se}}[\mathrm{~A}](1+\mathrm{X}) \tag{D.15}
\end{align*}
$$

where $1 / \tau_{0}$ is the ${ }^{3} \mathrm{He}$ relaxation rate that is independent of the alkali density and $X$ accounts for an extra alkali density/temperature dependent relaxation mecha-

|  | $\left\langle\sigma_{\text {sd }}\right\rangle$ | $\sigma_{\text {sd }}$ | measurement | value | rel. err. | reference |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Na | 0.0056 | 0.0056 | $k_{\text {sd }}$ | 5.2E-14 | 0.08 | [17] |
| K | 0.0128 | $\begin{aligned} & 0.0128 \\ & 0.0112 \\ & 0.0255 \end{aligned}$ | $\begin{gathered} k_{a}, k_{b} \\ \sigma_{\text {rms }}(500 \mathrm{~K}) \\ \bar{\sigma}(533 \mathrm{~K}) \end{gathered}$ | $\begin{gathered} (7.5,8.2) \mathrm{E}-15 \\ 1.00 \mathrm{E}-18 \\ 2.4 \mathrm{E}-18 \end{gathered}$ | $\begin{aligned} & 0.10 \\ & 0.10 \\ & 0.08 \end{aligned}$ | [15] <br> [18], superseded by [15] <br> [19], no density measurement |
| Rb | 0.0994 | $\begin{aligned} & 0.0919 \\ & 0.0978 \\ & 0.0871 \\ & 0.1675 \\ & 0.1714 \\ & 0.1583 \end{aligned}$ | $\begin{gathered} k_{a}, k_{b} \\ k_{a}, k_{b} \\ k_{\mathrm{sd}} / s \\ k_{\mathrm{sd}} \\ k_{\mathrm{sd}} \\ \bar{\sigma}(463 \mathrm{~K}) \end{gathered}$ | $\begin{gathered} (1.5,2.6) \mathrm{E}-14 \\ (1.50,2.88) \mathrm{E}-14 \\ 3.9 \mathrm{E}-14 \\ 8.11 \mathrm{E}-13 \\ 8.3 \mathrm{E}-13 \\ 1.6 \mathrm{E}-17 \end{gathered}$ | $\begin{aligned} & 0.10 \\ & 0.10 \\ & 0.10 \\ & 0.04 \\ & 0.07 \\ & 0.13 \end{aligned}$ | [15] <br> [16], superseded by [15] <br> [20] <br> [21] <br> [22], large $\mathrm{Rb}-{ }^{3} \mathrm{He}$ contribution <br> [19], no density measurement |
| Cs | 2.0825 | $\begin{aligned} & 2.0965 \\ & 2.0300 \end{aligned}$ | $\begin{gathered} k_{a}, k_{b} \\ \bar{\sigma}(473 \mathrm{~K}) \end{gathered}$ | $\begin{gathered} (1.9,1.8) \mathrm{E}-13 \\ 2.03 \mathrm{E}-16 \end{gathered}$ | $\begin{aligned} & 0.10 \\ & 0.20 \end{aligned}$ | $\begin{aligned} & {[15]} \\ & {[23]} \end{aligned}$ |
|  | $\AA^{2}$ | $\AA^{2}$ | $k$ in $\mathrm{cm}^{3} / \mathrm{s}, \sigma$ in $\mathrm{cm}^{2}$ |  |  |  |

Table D.3: Alkali-Alkali Spin Destruction Cross Section in $\AA^{2}$ at $T=200^{\circ} \mathrm{C}=473.15 \mathrm{~K}$. The relative uncertainties are those originally quoted by the authors. All values, except those in italics, are used in the weighted mean.
 independently was used, thereby ruling out [19]. Measurement [22] is not included because the large temperature dependent $\mathrm{Rb}-{ }^{3} \mathrm{He}$ spin relaxation rate was not accounted for and could lead to error as large as $50 \%$.
nism. If $X$ was completely due to anisotropic spin exchange, then it is given by:

$$
\begin{equation*}
X_{\mathrm{ani}}=\frac{3 k_{\mathrm{ani}} /\left(2 k_{\mathrm{iso}}\right)}{1-k_{\mathrm{ani}} /\left(2 k_{\mathrm{iso}}\right)} \tag{D.16}
\end{equation*}
$$

When the laser is turned off, the alkali polarization reaches approaches a new equilibrium due to spin exchange with ${ }^{3} \mathrm{He}$ given by:

$$
\begin{equation*}
P_{\mathrm{A}}(t)=P_{\mathrm{He}}(t) k_{\mathrm{se}}\left[{ }^{3} \mathrm{He}\right] \tau_{\mathrm{A}} / s\left(1-\exp \left(-t / \tau_{\mathrm{A}}\right)\right) \tag{D.17}
\end{equation*}
$$

where $\left[{ }^{3} \mathrm{He}\right]$ is the ${ }^{3} \mathrm{He}$ number density, $\tau_{\mathrm{A}}^{-1}$ is the observed A relaxation rate, and $s$ is the nuclear slowing down factor. Assuming only a single-chambered cell, the rate constants can be obtained by:

$$
\begin{align*}
k_{\text {rate }} & =\frac{P_{\mathrm{He}}^{\infty}}{P_{\mathrm{A}}[\mathrm{~A}] \tau}=\frac{\left(d P_{\mathrm{He}} /\left.d t\right|_{t=0}\right)}{P_{\mathrm{A}}[\mathrm{~A}]}=k_{\mathrm{se}}  \tag{D.18}\\
k_{\text {repol }} & =\frac{s P_{\mathrm{A}}^{\infty}}{\left.P_{\mathrm{He}}{ }^{3} \mathrm{He}\right] \tau_{\mathrm{A}}}=\sqrt{\frac{s\left(d P_{\mathrm{A}} /\left.d t\right|_{t=0}\right)}{\left[{ }^{3} \mathrm{He}\right][\mathrm{A}] P_{\mathrm{A}} \tau_{\mathrm{A}}}}=k_{\mathrm{se}}  \tag{D.19}\\
k_{\text {relax }} & =\frac{1-\tau / \tau_{0}}{[\mathrm{~A}] \tau}=k_{\mathrm{se}}(1+X) \tag{D.20}
\end{align*}
$$

The rate constant is been found to be temperature independent [17,20,24].
\(\left.\begin{array}{cccccc}\hline \& \mathrm{Na} \& \mathrm{K} \& \mathrm{Rb} \& \mathrm{Cs} \& <br>
\hline k_{se} \& 4.74 \& \mathbf{5 . 1 5} \& \mathbf{6 . 7 4} \& \mathbf{1 1 . 1} \& 10^{-20} \mathrm{~cm}^{3} / \mathrm{s} <br>
1 /\left\langle k_{se}\right\rangle \& 5.86 \& 5.39 \& 4.12 \& 2.51 \& \mathrm{hrs} \cdot 10^{15} / \mathrm{cm}^{3} <br>
\left\langle k_{se}\right\rangle \& 1.27 \& 1.38 \& 1.81 \& 2.97 \& \mathrm{~Hz} / \mathrm{amg} <br>
rel. err. \& 10 \& 3.1 \& 2.5 \& 10 \& pct. <br>
\left\langle k_{exp}\right\rangle \& 6.10 \& 5.04 \& 6.74 \& 13.6 \& 10^{-20} \mathrm{~cm}^{3} / \mathrm{s} <br>
rel. err. \& 10 \& 3.3 \& 2.5 \& 10 \& pct. <br>
\begin{array}{c}\left\langle k_{th}\right\rangle <br>

std. dev.\end{array} \& 3.76 \& 0.13 \& 0.27 \& \& 9.18\end{array}\right]\)|  |
| :--- |

Table D.4: Alkali- ${ }^{3} \mathrm{He}$ Spin Exchange Rate Constant. The experimental values are the weighted average from Tab.D.6. The theoretical values are obtained from the theoretical ratio to Rb from Tab. (D.5) and the experimental value for Rb .

|  | $\left\langle k_{\text {iso }}^{\mathrm{A}} / k_{\text {iso }}^{\mathrm{Rb}}\right\rangle$ | $\bar{\sigma}_{\text {iso }} \times 10^{8}$ | $k_{\text {iso }} \times 10^{20}$ | $k_{\text {iso }} \times 10^{20}$ | $k_{\text {ani }} / k_{\text {iso }}$ | $X_{\text {ani }}$ | $k_{\text {iso }} \times 10^{20}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Na | 0.56 | 1.2 | 21 | 2.3 | 0.100 | 0.158 | 6.7 |
| K | 0.93 | 2.1 | 35 | 4.9 | 0.037 | 0.057 | 9.0 |
| Rb |  | 2.1 | 35 | 5.6 | 0.030 | 0.046 | 10 |
| Cs | 1.36 | 2.7 | 44 | 8.1 | 0.017 | 0.026 |  |
|  |  | $\AA^{2}$ | $\mathrm{~cm}^{3} / \mathrm{s}$ | $\mathrm{cm}^{3} / \mathrm{s}$ |  |  | $\mathrm{cm}^{3} / \mathrm{s}$ |
|  |  | $[25]\left(100^{\circ} \mathrm{C}\right)$ | $[26]\left(190^{\circ} \mathrm{C}\right)$ |  | $[27]\left(200^{\circ} \mathrm{C}\right)$ |  |  |

Table D.5: Alkali- ${ }^{3} \mathrm{He}$ Spin Exchange Rate Constant Parameters from Theory. The rate constants from [27] were scaled to 473.15 K by $T^{1.275}$ using a parameterization of the temperature dependence based on their calculations.

|  | $k_{\text {se }}$ | err. | ref. | method |
| :---: | :---: | :---: | :---: | :---: |
| Na | 6.1 | 0.6 | $[17]$ | repolarization |
| K | 5.5 | 0.2 | $[28]$ | rate/repolarization |
| K | 6.1 | 0.4 | $[29]$ | superseded by [28] |
| K | 4.0 | 0.3 | $[30]$ | relaxation |
| Rb | 6.5 | 0.4 | $[30]$ | relaxation |
| Rb | 6.8 | 0.2 | $[24]$ | rate/repolarization |
| Rb | 6.7 | 0.6 | $[20]$ | repolarization |
| Rb | 6.1 | 0.2 | $[22]$ | relaxation |
| Rb | 12.0 | 2.0 | $[31]$ | relaxation |
| Cs | 13.6 | 1.3 | $[30]$ | relaxation |
|  | $10^{-20} \mathrm{~cm}^{3} / \mathrm{s}$ |  |  |  |

Table D.6: Measurements of Alkali- ${ }^{3} \mathrm{He}$ Spin Exchange Rate Constant. All values, except those in italics, are used in the weighted mean. There are three general methods for extraction the spin exchange rate: "Repolarization" refers to measuring the alkali polarization due to spin exchange with ${ }^{3} \mathrm{He}$ with no optical pumping; "Rate" refers to measuring the equilibrium ${ }^{3} \mathrm{He}$ polarization, A polarization, and ${ }^{3} \mathrm{He}$ spin up time constant; "Relaxation" refers to measuring the ${ }^{3} \mathrm{He}$ relaxation when the cell is hot and with the lasers off. In all cases, the A density is needed to extract the rate constant. The first two methods measure $k_{\text {se }}$ while the last method measures $k_{\mathrm{se}}(1+X)$. For this reason, older relaxation method measurements are not included in the final average.

|  | $k_{473}$ | err. | quant. | value | temp. | notes |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Na | 0.15 | 0.05 |  |  |  |  |
|  | 0.23 | 0.13 | $k_{\text {se }}+k_{\text {sd }}$ | $(8 \pm 1) \times 10^{-20} \mathrm{~cm}^{3} / \mathrm{s}$ | 600 | [17] |
|  | 0.11 | 0.01 | $k_{\text {se }}^{\mathrm{Na}} / k_{\text {se }}^{\mathrm{Rb}}$ | $0.0020 \pm 0.0002$ | 473.15 | Tab. D. 8 |
| K | 4.7 | 0.3 |  |  |  |  |
|  | 12 | 1 | $k_{\text {sd }} / \bar{v}$ | $(8.0 \pm 0.8) \times 10^{-25} \mathrm{~cm}^{2}$ | 325 | for ${ }^{4} \mathrm{He}$, [32] |
|  | 3.5 | 0.3 | $k_{\text {sd }}$ | $(8.9 \pm 0.9) \times 10^{-20} \mathrm{~cm}^{3} / \mathrm{s}$ | 423 | rescaled from ${ }^{4} \mathrm{He}$, [33] |
|  | 4.9 | 0.5 | $k_{\mathrm{se}}^{\mathrm{K}} / k_{\mathrm{se}}^{\mathrm{Rb}}$ | $0.088 \pm 0.009$ | 473.15 | Tab. D. 8 |
| Rb | 55.9 | 0.9 |  |  |  | fit to Tab. D. 9 |
| Cs | 530 | 30 |  |  |  |  |
|  | 490 | 50 | $k_{\text {sd }} / \bar{v}$ | $(2.43 \pm 0.24) \times 10^{-23} \mathrm{~cm}^{2}$ | 288 | for ${ }^{4} \mathrm{He}$, [34] |
|  | 550 | 50 | $k_{\text {sd }} / \bar{v}$ | $(2.8 \pm 0.3) \times 10^{-23} \mathrm{~cm}^{2}$ | 290 | for ${ }^{4} \mathrm{He}$, [35] |
|  | 560 | 60 | $k_{\text {se }}^{\mathrm{Cs}} / k_{\text {se }}^{\mathrm{Rb}}$ | $10 \pm 1$ | 473.15 | Tab. D. 8 |
|  | Hz/ | mg |  |  |  |  |

Table D.7: Alkali- ${ }^{3} \mathrm{He}$ Spin Destruction Rate Constant. For measurements made on ${ }^{4} \mathrm{He}$, the rate constants are rescaled by the square root of the ratio of reduced masses. All values are rescaled to 473.15 K using the Rb temperature scaling of $T^{3.31}$. Values from theoretical calculations are scaled relative to the experimental value for Rb .

## D.3.2 Spin Destruction Due to He Atoms

The spin destruction rate constant for $\mathrm{A}-{ }^{3} \mathrm{He}$ collisions has a temperature dependence given by:

$$
\begin{equation*}
k_{\mathrm{sd}}(T)=k_{473}\left(\frac{T}{473.15 \mathrm{~K}}\right)^{n} \tag{D.21}
\end{equation*}
$$

From a fit of world data (Tab. D.9) for $\mathrm{Rb}^{-}{ }^{3} \mathrm{He}$ collisions, we find $k_{473}=(55.9 \pm$ $0.9) \mathrm{Hz} / \mathrm{amg}$ and $n=3.31 \pm 0.12$. We'll assume that the rate constants for all other alkali have the same temperature dependence.

|  | $T$ | $\bar{\sigma}_{\text {sd }}$ | $k_{\text {sd }}($ at 473.15$)$ | $k_{\mathrm{sd}}^{\mathrm{A}} / k_{\mathrm{sd}}^{\mathrm{Rb}}$ |
| :---: | :---: | :---: | :---: | :---: |
| Na | 428.15 | 1.2 | 0.083 | 0.0020 |
| K | 459.15 | 65 | 3.6 | 0.088 |
| Rb | 459.15 | 750 | 41 |  |
| Cs | 423.15 | 6000 | 406 | 10 |
|  | K | $10^{-10} \AA^{2}$ | $\mathrm{~Hz} / \mathrm{amg}$ |  |

Table D.8: Theoretical Estimate for Spin Destruction in $\mathrm{A}-{ }^{3} \mathrm{He}$ Pairs Due to the Spin-Rotation Interaction. Calculations are from [36]. Based on the experimental data for $\mathrm{K}, \mathrm{Rb}$, and Cs , the uncertainty is estimated to be about $10 \%$. The rate constant is rescaled to 473.15 K using the Rb temperature scaling of $T^{3.31}$.

| T | $k_{\text {sd }}$ | quantity | value | notes |
| :---: | :---: | :---: | :---: | :---: |
| 305 | 12.40 | $k_{\text {sd }} / \bar{v}$ | $3.1 \mathrm{E}-24 \mathrm{~cm}^{2}$ | for ${ }^{4} \mathrm{He}$, [37] |
| 363 | 22.80 | $\Gamma_{\text {sd }}+\Gamma_{\text {se }}$ | 278 Hz | $\left[{ }^{3} \mathrm{He}\right]=11.3 \mathrm{amg},[38]$ |
| 378 | 24.03 | $k_{\text {sd }}+k_{\text {se }}$ | $0.96 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 383 | 28.02 | $\Gamma_{\text {sd }}+\Gamma_{\text {se }}$ | 337 Hz | $\left[{ }^{3} \mathrm{He}\right]=11.3 \mathrm{amg},[38]$ |
| 383 | 22.90 | $k_{\text {sd }}+k_{\text {se }}$ | $0.92 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 393 | 28.81 | $k_{\text {sd }}+k_{\text {se }}$ | $1.14 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 403 | 33.24 | $\Gamma_{\text {sd }}+\Gamma_{\text {se }}$ | 396 Hz | $\left[{ }^{3} \mathrm{He}\right]=11.3 \mathrm{amg},[38]$ |
| 403 | 33.06 | $k_{\text {sd }}+k_{\text {se }}$ | $1.30 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 413 | 36.03 | $k_{\text {sd }}+k_{\text {se }}$ | $1.41 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 418 | 36.53 | $k_{\text {sd }}+k_{\text {se }}$ | $1.43 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 423 | 38.47 | $\Gamma_{\text {sd }}+\Gamma_{\text {se }}$ | 455 Hz | $\left[{ }^{3} \mathrm{He}\right]=11.3 \mathrm{amg},[38]$ |
| 423 | 41.58 | $k_{\text {sd }}+k_{\text {se }}$ | $1.61 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 428 | 40.15 | $k_{\text {sd }}+k_{\text {se }}$ | $1.56 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 433 | 43.61 | $k_{\text {sd }}+k_{\text {se }}$ | $1.69 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 438 | 44.99 | $k_{\text {sd }}+k_{\text {se }}$ | $1.74 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 443 | 48.81 | $k_{\text {sd }}+k_{\text {se }}$ | $1.88 \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | [20] |
| 520 | 73.90 | $k_{\text {sd }} / v_{\text {rms }}$ | $1.3 \mathrm{E}-13 \mathrm{~cm}^{2}$ | for ${ }^{4} \mathrm{He}$, [15] |
| K | $\mathrm{Hz} / \mathrm{amg}$ |  |  |  |

Table D.9: $\mathrm{Rb}-{ }^{3} \mathrm{He}$ Spin Destruction Rate Constant vs. Temperature. Each measurement has an uncertainty of about $10 \%$.


Figure D.1: Fit to $\mathrm{Rb}-{ }^{3} \mathrm{He}$ Spin Destruction Rate Constant World Data.

## D.3.3 Spin Destruction Due to Nitrogen Molecules

The spin destruction rate constant for $\mathrm{A}-\mathrm{N}_{2}$ collisions has a temperature dependence given by:

$$
\begin{equation*}
k_{\mathrm{sd}}(T)=k_{473}\left(\frac{T}{473.15 \mathrm{~K}}\right)^{n} \tag{D.22}
\end{equation*}
$$

From a weighted mean of the two fits of the world data (Tab. D.11) for $\mathrm{Rb}-\mathrm{N}_{2}$ collisions, we find $k_{473}=(290 \pm 30) \mathrm{Hz} / \mathrm{amg}$ and $n=2.00 \pm 0.25$. We'll assume that the rate constants for all other alkali have the same temperature dependence.

|  | $k_{473}$ | err. | quantity | value | temp. | notes |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Na | 150? |  |  |  |  | no data, set to K value |
| K | $\begin{aligned} & 150 \\ & 200 \end{aligned}$ | $\begin{aligned} & 50 \\ & 20 \end{aligned}$ | $k_{\text {sd }} / v_{\text {rms }}$ | $(7.9 \pm 0.8) \times 10^{-23} \mathrm{~cm}^{2}$ | 437 | [18] |
| Rb | $\begin{aligned} & 290 \\ & 266 \\ & 390 \end{aligned}$ | $\begin{gathered} 30 \\ 3 \\ 40 \end{gathered}$ | $\begin{aligned} & (n=2.00 \pm 0.25) \\ & (n=1.74 \pm 0.06) \\ & (n=3.29 \pm 2.00) \end{aligned}$ |  |  | fit to Tab. D. $11 \mathrm{w} / \mathrm{o}$ [15] fit to [15] data in Tab. D. 11 |
| Cs | $\begin{gathered} 2100 \\ 2050 \\ 2210 \\ \mathrm{~Hz} / \end{gathered}$ | $\begin{gathered} 200 \\ 110 \\ 110 \\ \mathrm{mg} \end{gathered}$ | $\begin{aligned} & k_{\mathrm{sd}} / \bar{v} \\ & k_{\mathrm{sd}} / \bar{v} \end{aligned}$ | $\begin{aligned} & (5.52 \pm 0.55) \times 10^{-22} \mathrm{~cm}^{2} \\ & (6.00 \pm 0.44) \times 10^{-22} \mathrm{~cm}^{2} \end{aligned}$ | $\begin{aligned} & 288 \\ & 290 \end{aligned}$ | $\begin{aligned} & {[34]} \\ & {[35]} \end{aligned}$ |

Table D.10: Alkali- $\mathrm{N}_{2}$ Spin Destruction Rate Constant. The Rb mean values come from weighted average of the two fits weighted by the number of distinct temperature points for each set. All values are rescaled to 473.15 K using the Rb temperature scaling of $T^{2}$. The Rb values from [15] are significantly larger that the data. Since the K value is from [18] which is a similar measurement of the Rb values from [15], the K value is rescaled to the mean Rb value.

| $T$ | $k_{\text {sd }}$ | quantity | value | notes |
| :---: | :---: | :---: | :---: | :---: |
| 300 | 118.06 | $k_{\text {sd }} / \bar{v}$ | $8.0 \mathrm{E}-23 \mathrm{~cm}^{2}$ | $[39]$ |
| 305 | 123.41 | $k_{\text {sd }} / \bar{v}$ | $8.3 \mathrm{E}-23 \mathrm{~cm}^{2}$ | $[37]$ |
| 363 | 173.08 | $\Gamma_{\text {sd }}$ | 703 Hz | $\left[\mathrm{~N}_{2}\right]=4.07 \mathrm{amg},[38]$ |
| 363 | 162.31 | $\Gamma_{\text {sd }}$ | 1244 Hz | $\left[\mathrm{~N}_{2}\right]=7.68 \mathrm{amg},[38]$ |
| 383 | 185.01 | $\Gamma_{\text {sd }}$ | 1418 Hz | $\left[\mathrm{~N}_{2}\right]=7.68 \mathrm{amg},[38]$ |
| 393 | 196.47 | $\Gamma_{\text {sd }}$ | 798 Hz | $\left[\mathrm{~N}_{2}\right]=4.07 \mathrm{amg},[38]$ |
| 403 | 203.02 | $\Gamma_{\text {sd }}$ | 1556 Hz | $\left[\mathrm{~N}_{2}\right]=7.68 \mathrm{amg},[38]$ |
| 423 | 220.60 | $\Gamma_{\text {sd }}$ | 896 Hz | $\left[\mathrm{~N}_{2}\right]=4.07 \mathrm{amg},[38]$ |
| 423 | 221.94 | $\Gamma_{\text {sd }}$ | 1701 Hz | $\left[\mathrm{~N}_{2}\right]=7.68 \mathrm{amg},[38]$ |
| 463 | 252.04 | $k_{\text {sd }}$ | $(9.38 \pm 0.22) \mathrm{E}-18 \mathrm{~cm}^{3} / \mathrm{s}$ | $[21]$ |
| 480 | 404.90 | $k_{\text {sd }} / v_{\text {vrms }}$ | $2.0 \mathrm{E}-22 \mathrm{~cm}^{2}$ | $[15]$ |
| 500 | 419.50 | $\Gamma_{\text {sd }} / s$ | $(21.2 \pm 0.1) \mathrm{Hz}^{2}$ | 760 torr, $[16]$, superseded by $[15]$ |
| 520 | 526.80 | $k_{\text {sd }} / v_{\text {vrms }}$ | $2.5 \mathrm{E}-22 \mathrm{~cm}^{2}$ | $[15]$ |
| K | $\mathrm{Hz} / \mathrm{amg}$ |  |  |  |

Table D.11: Alkali- $\mathrm{N}_{2}$ Spin Destruction Rate Constant. All values have a $10 \%$ uncertainty unless otherwise noted.


Figure D.2: Fit to $\mathrm{Rb}-\mathrm{N}_{2}$ Spin Destruction Rate Constant World Data.


Figure D.3: Temperature Dependence of the $\mathrm{Rb} 5 P_{1 / 2}$ Orientation Destruction Cross Section by He. Data are from Doebler \& Kamke [40] with an average value of $33.1 \AA^{2}$.

## D. 4 Excited State Alkali Collisions

## D.4.1 Multipole Destruction

The cross section has no temperature dependence by experiment [40]. The cross section has a soft temperature dependence by theory [41].

Because $\Delta E\left(m_{J} \leftrightarrow m_{J}^{\prime}\right) \ll k T$

$$
\begin{align*}
\sigma_{1 / 2}( \pm 1) & =\sigma_{1 / 2}( \pm 1 / 2 \rightarrow \mp 1 / 2)  \tag{D.23}\\
\mathrm{Z}_{0} & =\sigma_{3 / 2}( \pm 1 / 2 \rightarrow \mp 1 / 2)  \tag{D.24}\\
\mathrm{Z}_{1} & =\sigma_{3 / 2}( \pm 3 / 2 \rightarrow \pm 1 / 2)=\sigma_{3 / 2}( \pm 1 / 2 \rightarrow \pm 3 / 2)  \tag{D.25}\\
\mathrm{Z}_{2} & =\sigma_{3 / 2}( \pm 3 / 2 \rightarrow \mp 1 / 2)=\sigma_{3 / 2}(\mp 1 / 2 \rightarrow \pm 3 / 2)  \tag{D.26}\\
\mathrm{Z}_{3} & =\sigma_{3 / 2}( \pm 3 / 2 \rightarrow \mp 3 / 2) \tag{D.27}
\end{align*}
$$

the collisions are assumed to be rotationally invariant (isotropic),

$$
\begin{align*}
\sigma_{1 / 2}^{(1)} & =2 \sigma_{1 / 2}( \pm 1)  \tag{D.28}\\
\sigma_{3 / 2}^{(1)} & =\frac{1}{5} Z_{0}+\frac{2}{5} Z_{1}+\frac{8}{5} Z_{2}+\frac{9}{5} Z_{3}  \tag{D.29}\\
\sigma_{3 / 2}^{(2)} & =2 Z_{1}+2 Z_{2}  \tag{D.30}\\
\sigma_{3 / 2}^{(3)} & =\frac{9}{5} Z_{0}+\frac{8}{5} Z_{1}+\frac{2}{5} Z_{2}+\frac{1}{5} Z_{3}  \tag{D.31}\\
(0) & =3 Z_{0}-4 Z_{1}+4 Z_{2}-3 Z_{3} \tag{D.32}
\end{align*}
$$

We've labeled things such that $\sigma_{J}^{(0)}$ is the depopulation cross section, $\sigma_{J}^{(1)}$ is the destruction cross section, and their sum $\sigma_{J}^{(0)}+\sigma_{J}^{(1)}$ is the relaxation cross section. Using the theory of [?] for $s$ :

$$
\begin{equation*}
\sigma_{3 / 2}^{(1)}=0.92 \mathrm{~s} \quad \sigma_{3 / 2}^{(2)}=1.14 \mathrm{~s} \quad \sigma_{3 / 2}^{(3)}=1.01 \mathrm{~s} \tag{D.33}
\end{equation*}
$$

| Na | He | $\sigma_{1 / 2}^{(1)}$ | 33.4 | 3.4 | $\sigma_{1 / 2}( \pm 1)$ | 16.7 | 1.7 | $[?]$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Na | He | $\sigma_{3 / 2}^{(1)}$ | 99.0 | 23.1 | $\sigma_{3 / 2}^{(0)}+\sigma_{3 / 2}^{(1)}$ | 146.0 | 22.0 | $[?]$ |
| Na | He | $\sigma_{3 / 2}^{(2)}$ | 81.0 | 14.7 | $\sigma_{3 / 2}^{(0)}+\sigma_{3 / 2}^{(2)}$ | 128.0 | 13.0 | $[?]$ |
| Na | He | $\sigma_{3 / 2}^{(3)}$ | 120.0 | 18.4 | $\sigma_{3 / 2}^{(0)}+\sigma_{3 / 2}^{(3)}$ | 167.0 | 17.0 | $[?]$ |
| Na | He | $\sigma_{1 / 2}^{(1)}$ | 28.1 | 4.0 | $\sigma_{1 / 2}( \pm 1)$ | 14.1 | 2.0 | $[?]$ |
| Na | He | $\sigma_{1 / 2}^{(1)}$ | 26.3 | 3.6 | $\sigma_{1 / 2}( \pm 1)$ | 13.2 | 1.8 | $[?]$ |
| Na | He | $\sigma_{3 / 2}^{(1)}$ | 61.2 | 7.1 | $\mathrm{Z}_{0}$ | 14.0 | 5.0 | $[?]$ |
| Na | He | $\sigma_{3 / 2}^{(2)}$ | 102.8 | 10.0 | $\mathrm{Z}_{1}$ | 28.3 | 2.5 | $[?]$ |
| Na | He | $\sigma_{3 / 2}^{(3)}$ | 80.8 | 14.1 | $\mathrm{Z}_{2}$ | 23.1 | 2.5 | $[?]$ |
| Na | He | $(0)$ | -0.9 | 7.4 | $\mathrm{Z}_{3}$ | 5.6 | 0.6 | $[?]$ |
| Na | Na | $\sigma_{1 / 2}^{(1)}$ | $1.8 \mathrm{E}+04$ | $1 \mathrm{E}+03$ | $\left\langle v \sigma_{1 / 2}^{(1)}\right\rangle$ | $1.8 \mathrm{E}-07$ | $1.0 \mathrm{E}-08$ | $[?], 550 \mathrm{~K}$ |
| Na | Na | $\sigma_{3 / 2}^{(1)}$ | $2.4 \mathrm{E}+04$ | $1 \mathrm{E}+03$ | $\left\langle v \sigma_{3 / 2}^{(1)}\right\rangle$ | $2.4 \mathrm{E}-07$ | $1.0 \mathrm{E}-08$ | $[?], 550 \mathrm{~K}$ |
| Na | Na | $\sigma_{3 / 2}^{(2)}$ | $2.4 \mathrm{E}+04$ | $4 \mathrm{E}+03$ | $\left\langle v \sigma_{3 / 2}^{(2)}\right\rangle$ | $2.4 \mathrm{E}-07$ | $4.0 \mathrm{E}-08$ | $[?], 530 \mathrm{~K}$ |
| Na | Na | $\sigma_{3 / 2}^{(3)}$ | $2.3 \mathrm{E}+04$ | $2 \mathrm{E}+03$ | - | - | - | $[?, ?], 540 \mathrm{~K}$ |

Table D.12: Table.

| K | He | $\sigma_{1 / 2}^{(1)}$ | 92.0 | 4.6 | $\sigma_{1 / 2}( \pm 1)$ | 46.0 | 2.3 | $[?]$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| K | He | $\sigma_{1 / 2}^{(1)}$ | 48.0 | 8.0 | $\sigma_{1 / 2}( \pm 1)$ | 24.0 | 4.0 | $[?]$ |
| K | He | $\sigma_{3 / 2}^{(1)}$ | 86.0 | 14.0 | $\sigma_{3 / 2}^{(1)}$ | 86.0 | 14.0 | $[?]$ |
| K | He | $\sigma_{3 / 2}^{(2)}$ | 127.0 | 37.0 | $\sigma_{3 / 2}^{(2)}$ | 127.0 | 37.0 | $[?]$ |
| K | He | $\sigma_{3 / 2}^{(3)}$ | 103.5 | 24.1 | $\sigma_{3 / 2}^{(3)}$ | 103.5 | 24.1 | $[?, ?]$ |
| K | He | $\sigma_{1 / 2}^{(1)}$ | 44.6 | 5.2 | $\sigma_{1 / 2}( \pm 1)$ | 22.3 | 2.6 | $[?]$ |
| K | He | $\sigma_{3 / 2}^{(1)}$ | 96.8 | 13.4 | $\mathrm{Z}_{0}$ | 17.3 | 7.8 | $[?]$ |
| K | He | $\sigma_{3 / 2}^{(2)}$ | 129.6 | 17.3 | $\mathrm{Z}_{1}$ | 32.5 | 4.3 | $[?]$ |
| K | He | $\sigma_{3 / 2}^{(3)}$ | 99.2 | 23.0 | $\mathrm{Z}_{2}$ | 32.3 | 4.3 | $[?]$ |
| K | He | $(0)$ | -0.6 | 12.6 | $\mathrm{Z}_{3}$ | 16.0 | 1.8 | $[?]$ |
| K | N 2 | $\sigma_{1 / 2}^{(1)}$ | 58.7 | 9.0 | $\sigma_{1 / 2}^{(1)}$ | 58.7 | 9.0 | $[?]$ |
| K | N 2 | $\sigma_{3 / 2}^{(1)}$ | 155.0 | 23.0 | $\sigma_{3 / 2}^{(1)}$ | 155.0 | 23.0 | $[?]$ |
| K | N 2 | $\sigma_{3 / 2}^{(2)}$ | 228.0 | 34.0 | $\sigma_{3 / 2}^{(2)}$ | 228.0 | 34.0 | $[?]$ |
| K | N 2 | $\sigma_{3 / 2}^{(3)}$ | 174.0 | 26.0 | $\sigma_{3 / 2}^{(3)}$ | 174.0 | 26.0 | $[?]$ |
| K | K | $\sigma_{1 / 2}^{(1)}$ | $5.7 \mathrm{E}+04$ | $9 \mathrm{E}+03$ | $\sigma_{1 / 2}( \pm 1)$ | $2.9 \mathrm{E}+04$ | $4.5 \mathrm{E}+03$ | $[?]$ |
| K | K | $\sigma_{3 / 2}^{(1)}$ | $8.1 \mathrm{E}+04$ | $1.9 \mathrm{E}+04$ | $\mathrm{Z}_{0}$ | $2.0 \mathrm{E}+04$ | $8.0 \mathrm{E}+03$ | $[?]$ |
| K | K | $\sigma_{3 / 2}^{(2)}$ | $1.1 \mathrm{E}+05$ | $2.2 \mathrm{E}+04$ | $\mathrm{Z}_{1}$ | $3.1 \mathrm{E}+04$ | $6.0 \mathrm{E}+03$ | $[?]$ |
| K | K | $\sigma_{3 / 2}^{(3)}$ | $9.9 \mathrm{E}+04$ | $2.7 \mathrm{E}+04$ | $\mathrm{Z}_{2}$ | $2.6 \mathrm{E}+04$ | $5.0 \mathrm{E}+03$ | $[?]$ |
| K | K | $(0)$ | $-2.0 \mathrm{E}+02$ | $1.6 \mathrm{E}+04$ | $\mathrm{Z}_{3}$ | $1.3 \mathrm{E}+04$ | $4.0 \mathrm{E}+03$ | $[?]$ |

Table D.13: Table.

| Rb | He | $\sigma_{1 / 2}^{(1)}$ | 24.0 | 4.8 | $\sigma_{1 / 2}^{(1)}$ | 24.0 | 4.8 | $[?, ?]$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Rb | He | $\sigma_{3 / 2}^{(1)}$ | 97.5 | 19.5 | s | 105.9 | 21.2 | $[?, ?]$ |
| Rb | He | $\sigma_{3 / 2}^{(2)}$ | 120.8 | 24.2 | s | 105.9 | 21.2 | $[?, ?]$ |
| Rb | He | $\sigma_{3 / 2}^{(3)}$ | 107.0 | 21.4 | s | 105.9 | 21.2 | $[?, ?]$ |
| Rb | He | $\sigma_{3 / 2}^{(1)}$ | 107.9 | 10.8 | s | 117.3 | 11.7 | $[?, ?]$ |
| Rb | He | $\sigma_{3 / 2}^{(2)}$ | 133.8 | 13.4 | s | 117.3 | 11.7 | $[?, ?]$ |
| Rb | He | $\sigma_{3 / 2}^{(3)}$ | 118.5 | 11.9 | s | 117.3 | 11.7 | $[?, ?]$ |
| Rb | He | $\sigma_{1 / 2}^{(1)}$ | 33.1 | 1.7 | $\sigma_{1 / 2}^{(1)}$ | 33.1 | 1.7 | $[?]$ |
| Rb | He | $\sigma_{3 / 2}^{(1)}$ | 126.0 | 6.3 | $\sigma_{3 / 2}^{(1)}$ | 126.0 | 6.3 | $[?]$ |
| Rb | He | $\sigma_{3 / 2}^{(2)}$ | 157.0 | 7.9 | $\sigma_{3 / 2}^{(2)}$ | 157.0 | 7.9 | $[?]$ |
| Rb | He | $\sigma_{3 / 2}^{(3)}$ | 138.7 | 6.9 | $\sigma_{3 / 2}^{(3)}$ | 138.7 | 6.9 | $[?, ?]$ |
| Rb | He | $\sigma_{1 / 2}^{(1)}$ | 23.0 | 4.6 | $\sigma_{1 / 2}^{(1)}$ | 23.0 | 4.6 | $[?]$ |
| Rb | He | $\sigma_{1 / 2}^{(1)}$ | 11.6 | 2.0 | $\sigma_{1 / 2}( \pm 1)$ | 5.8 | 1.0 | $[?], 1-7 \mathrm{~T}$ |
| Rb | He | $\sigma_{1 / 2}^{(1)}$ | 32.0 | 2.0 | $\sigma_{1 / 2}( \pm 1)$ | 16.0 | 1.0 | $[?]$ |
| Rb | He | $\sigma_{3 / 2}^{(1)}$ | 240.0 | 30.0 | $\mathrm{Z}_{0}$ | 34.0 | 4.0 | $[?]$ |
| Rb | He | $\sigma_{3 / 2}^{(2)}$ | 278.0 | 32.0 | $\mathrm{Z}_{1}$ | 64.0 | 7.0 | $[?]$ |
| Rb | He | $\sigma_{3 / 2}^{(3)}$ | 203.3 | 23.3 | $\mathrm{Z}_{2}$ | 75.0 | 9.0 | $[?]$ |
| Rb | He | $(0)$ | -0.0 | 19.2 | $\mathrm{Z}_{3}$ | 48.7 | 6.7 | $[?]$ |
| Rb | N 2 | $\sigma_{1 / 2}^{(1)}$ | 105.0 | 25.0 | $\sigma_{1 / 2}^{(1)}$ | 105.0 | 25.0 | $[?]$ |
| Rb | N 2 | $\sigma_{1 / 2}^{(1)}$ | 65.0 | 4.0 | $\sigma_{1 / 2}( \pm 1)$ | 32.5 | 2.0 | $[?]$ |
| Rb | N 2 | $\sigma_{3 / 2}^{(1)}$ | 219.4 | 24.2 | $\mathrm{Z}_{0}$ | 60.0 | 2.0 | $[?]$ |
| Rb | N 2 | $\sigma_{3 / 2}^{(2)}$ | 290.0 | 26.0 | $\mathrm{Z}_{1}$ | 78.3 | 6.5 | $[?]$ |
| Rb | N 2 | $\sigma_{3 / 2}^{(3)}$ | 267.6 | 17.8 | $\mathrm{Z}_{2}$ | 66.8 | 6.5 | $[?]$ |
| Rb | N 2 | $(0)$ | -3.7 | 15.2 | $\mathrm{Z}_{3}$ | 38.5 | 6.0 | $[?]$ |
| Rb | Rb | $\sigma_{1 / 2}^{(1)}$ | $4.5 \mathrm{E}+04$ | $4 \mathrm{E}+03$ | $\Gamma_{1 / 2}^{(1)} / \beta_{n}$ | 1.23 | 0.10 | $[?], 440 \mathrm{~K}$ |
| Rb | Rb | $\sigma_{3 / 2}^{(1)}$ | $6.4 \mathrm{E}+04$ | $3 \mathrm{E}+03$ | $\Gamma_{3 / 2}^{(1)} / \beta_{n}$ | 1.71 | 0.08 | $[?], 440 \mathrm{~K}$ |
| Rb | Rb | $\sigma_{3 / 2}^{(2)}$ | $7.5 \mathrm{E}+04$ | $4 \mathrm{E}+03$ | $\Gamma_{3 / 2}^{(2)} / \beta_{n}$ | 1.99 | 0.10 | $[?], 440 \mathrm{~K}$ |
| Rb | Rb | $\sigma_{3 / 2}^{(3)}$ | $6.6 \mathrm{E}+04$ | $3 \mathrm{E}+03$ | - | - | - | $[?, ?], 440 \mathrm{~K}$ |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| R |  |  |  |  |  |  |  |  |
| R |  |  |  |  |  |  |  |  |
| R |  |  |  |  |  |  |  |  |

Table D.14: Table. $\beta_{n}=\beta 10^{-2}[\mathrm{~N}] \lambda_{n}^{3} / \tau_{n}$

| Cs | He | $\sigma_{1 / 2}^{(1)}$ | 6.1 | 1.2 | $\sigma_{1 / 2}^{(1)}$ | 6.1 | 1.2 | [?, ?] |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cs | He | $\sigma_{1 / 2}^{(1)}$ | 25.0 | 8.0 | $\sigma_{1 / 2}( \pm 1)$ | 12.5 | 4.0 | [?], 0 T |
| Cs | He | $\sigma_{1 / 2}^{(1)}$ | 9.8 | 1.4 | $\sigma_{1 / 2}( \pm 1)$ | 4.9 | 0.7 | ?], 0 T |
| Cs | He | $\sigma_{1 / 2}^{(1)}$ | 12.0 | 0.8 | $\sigma_{1 / 2}( \pm 1)$ | 6.0 | 0.4 | [?], 0 T |
| Cs | He | $\sigma_{1 / 2}^{(1)}$ | 22.2 | 2.0 | $\sigma_{1 / 2}( \pm 1)$ | 11.1 | 1.0 | [?], 0.8 T |
| Cs | He | $\sigma_{1 / 2}^{(1)}$ | 23.6 | 1.0 | $\sigma_{1 / 2}( \pm 1)$ | 11.8 | 0.5 | [?], 0.98 T |
| Cs | He | $\sigma_{1 / 2}^{(1)}$ | 12.8 | 4.2 | $\sigma_{1 / 2}( \pm 1)$ | 6.4 | 2.1 | [?] 1-7 T |
| Cs | He | $\sigma_{3 / 2}^{(1)}$ | 100.0 | 18.8 | " $\sigma_{M}^{2}$ " | 32.0 | 6.0 | $[?, 11]$ |
| Cs | He | $\sigma_{3 / 2}^{(1)}$ | 80.0 | 12.0 | $\sigma_{3 / 2}^{(1)}$ | 80.0 | 12.0 | [?], 0.53 T |
| Cs | He | $\sigma_{3 / 2}^{(2)}$ | 86.0 | 21.0 | $\sigma_{3 / 2}^{(2)}$ | 86.0 | 21.0 | [?], 0.53 T |
| Cs | He | $\sigma_{3 / 2}^{(3)}$ | 82.0 | 15.9 | $\sigma_{3 / 2}^{(3)}$ | 82.0 | 15.9 | [?, ?], 0.53 T |
| Cs | He | $\sigma_{3 / 2}^{(1)}$ | 89.0 | 13.0 | $\sigma_{3 / 2}^{(1)}$ | 89.0 | 13.0 | [?], 0.57 T |
| Cs | He | $\sigma_{3 / 2}^{(2)}$ | 83.0 | 21.0 | $\sigma_{3 / 2}^{(2)}$ | 83.0 | 21.0 | [?], 0.57 T |
| Cs | He | $\sigma_{3 / 2}^{(3)}$ | 85.6 | 16.4 | $\sigma_{3 / 2}^{(3)}$ | 85.6 | 16.4 | [?, ?], 0.57 T |

Table D.15: Table.

| alkali | transition | $\sigma_{473}\left(\AA^{2}\right)$ | $T(\mathrm{~K})$ | $\sigma_{q}\left(\AA^{2}\right)$ | refs. |
| :---: | :---: | :---: | :--- | :---: | :---: |
| Na | $\mathrm{D} 1 \& \mathrm{D} 2$ | 37.7 | see Fig. | $(\mathrm{D} .4)$ | $[44,45]$ |
| K | $\mathrm{D} 1 \& \mathrm{D} 2$ | 26.9 | 353 | 34 | $[48]$ |
| Rb | D 1 | 44.4 |  | 58 |  |
|  | D 2 | 33.0 | 340 | 43 | $[49]$ |
| Cs | D 1 | 55.5 |  | 77 |  |
|  | D 2 | 49.7 | 315 | 69 | $[50]$ |

Table D.16: Alkali-N $\mathrm{N}_{2}$ Quenching Cross Sections. Data are rescaled from the 1975 Krause review article [44]. We estimate that the uncertainties are on the order of 10\% relative.

## D.4.2 Nonradiative Quenching

The quenching cross section due to collisions with atoms has been found to be negligibly small $\left(<10^{-2} \AA^{2}\right)[42,43]$. This is because a collision that conserves energy through a change purely in translational kinetic energy is essentially impossible at our temperatures. On the other hand, the rotational and vibrational degrees of freedom of a molecule, such at $\mathrm{N}_{2}$, provides several pathways for the excitation energy of the alkali atom to be absorbed in a quenching collision. We'll assume that the velocity averaged quenching cross section has the same power law temperature dependance ( $<1000 \mathrm{~K}$ ) for all the alkali atoms, see Fig. (D.4), which gives for the rate constant:

$$
\begin{equation*}
k_{q}(T)=\sigma_{q} \bar{v}=\frac{1.34 \mathrm{GHz}}{0.1 \mathrm{amg}}\left(\frac{\sigma_{473}}{50 \AA^{2}}\right)\left(\frac{T}{473.15 \mathrm{~K}}\right)^{0.5+n} \sqrt{\frac{10 \mathrm{~g} / \mathrm{mol}}{M_{\mathrm{A}}}+\frac{1}{2.8}} \tag{D.34}
\end{equation*}
$$

where $\sigma_{473}$ is the quenching cross section at $T=473.15 \mathrm{~K}$ listed in Tab. (D.16), $n=-0.81 \pm 0.19$, and $M_{\mathrm{A}}$ is the molar mass of the alkali atom.


Figure D.4: Temperature Dependence of the Velocity Averaged Na-N ${ }_{2}$ Quenching Cross Section at Low Temperatures. Data points are from the 1975 Krause review article [44] with the addition of [45]. At high temperatures ( $\geq 1500 \mathrm{~K}$ ), the velocity-averaged quenching cross section has been found to be independant of temperature [46]. Note, however, that the "energy dependant" (i.e. unaveraged) quenching cross section has been found to decrease linearly with the relative kinetic energy [45,47].

## D.4.3 Excitation Energy Transfer

Gallagher says that $\mathrm{Rb}-\mathrm{He}$ has a $T^{2.59}$ and $\mathrm{Cs}-\mathrm{He}$ is $T^{3.84}$, we'll assume this trend contiures. so that $\mathrm{K}-\mathrm{He}$ has a $T^{1.15}$ and Cs-He is $T^{0.20}$. [51] Assuming rotational invariance during the collosional transfer process, the individual cross sections are given by:

$$
\begin{align*}
& F_{3}=\sigma_{m}(1 / 2, \pm 1 / 2 \rightarrow 3 / 2, \pm 3 / 2)  \tag{D.35}\\
& F_{0}=\sigma_{m}(1 / 2, \pm 1 / 2 \rightarrow 3 / 2, \pm 1 / 2)  \tag{D.36}\\
& F_{1}=\sigma_{m}(1 / 2, \pm 1 / 2 \rightarrow 3 / 2, \mp 1 / 2)  \tag{D.37}\\
& F_{2}=\sigma_{m}(1 / 2, \pm 1 / 2 \rightarrow 3 / 2, \mp 3 / 2) \tag{D.38}
\end{align*}
$$

which are combined to give:

$$
\begin{align*}
\sigma_{1 / 2 \rightarrow 3 / 2}^{(0 \rightarrow 0)} & =\frac{\left(F_{3}+F_{2}\right)+\left(F_{0}+F_{1}\right)}{\sqrt{2}}  \tag{D.39}\\
\sigma_{1 / 2 \rightarrow 3 / 2}^{(1 \rightarrow 1)} & =\frac{3\left(F_{3}-F_{2}\right)+\left(F_{0}-F_{1}\right)}{\sqrt{10}}  \tag{D.40}\\
\sigma_{1 / 2 \rightarrow 3 / 2}^{(0 \rightarrow 2)} & =\frac{\left(F_{3}+F_{2}\right)-\left(F_{0}+F_{1}\right)}{\sqrt{2}}  \tag{D.41}\\
\sigma_{1 / 2 \rightarrow 3 / 2}^{(1 \rightarrow 3)} & =\frac{\left(F_{3}-F_{2}\right)-3\left(F_{0}-F_{1}\right)}{\sqrt{10}} \tag{D.42}
\end{align*}
$$

In the other direction, we have the analgous equations where $F \rightarrow G$ and these two are related by detailed balancing:

$$
\begin{equation*}
\frac{F}{G}=\frac{\left(2 J_{2}+1\right)}{\left(2 J_{1}+1\right)} \exp \left(-\frac{\left(E_{2}-E_{1}\right)}{k T}\right) \tag{D.43}
\end{equation*}
$$

## D. 5 Helium Collisions

## D.5.1 Magnetic Dipolar Spin Relaxation

The theoretical minimum spin-relaxation rate is due to a direct coupling between two nearby ${ }^{3} \mathrm{He}$ nuclei. Newbury et al. [52] have calculated this ${ }^{3} \mathrm{He}-{ }^{3} \mathrm{He}$ nuclear dipolar spin-relaxation rate per nucleus at $23^{\circ} \mathrm{C}$ :

$$
\begin{equation*}
\Gamma_{\mathrm{dip}}=\frac{\left[{ }^{3} \mathrm{He}\right]}{(744 \mathrm{amg} \cdot \mathrm{hrs})} \tag{D.44}
\end{equation*}
$$

Fig. (D.5) [52, adapted from Figs. 2 and 3] depicts the temperature dependence of the relaxation rate from 0 K to 10 K and 1 K to 550 K calculated using one particular choice for the $\mathrm{He}-\mathrm{He}$ inter-atomic potential. Newbury et al. state that two alternative models for the inter-atomic potential give consistent results within a few percent. An analytical form of the temperature dependence is not given; therefore we have prepared a "homemade" parameterization of this curve:

$$
\begin{align*}
\Gamma_{\text {dip }}(T) & =\frac{\left[{ }^{3} \mathrm{He}\right]}{(744 \mathrm{amg} \cdot \mathrm{hrs}) \cdot f_{\text {dip }}\left(T / T_{\text {ref }}\right)}  \tag{D.45}\\
f_{\text {dip }}(t) & =c_{0} t^{c_{1}}+c_{2}+c_{3} t+\frac{c_{4}}{1+c_{5} t} \tag{D.46}
\end{align*}
$$

where $T_{\text {ref }}=296.15 \mathrm{~K}$ is the reference temperature and the values of the unitless parameters are:

$$
\begin{array}{lll}
c_{0}=+1.2319 \mathrm{E}+0 & c_{1}=+2.8591 \mathrm{E}-1 & c_{2}=-2.1793 \mathrm{E}-1 \\
c_{3}=-1.4426 \mathrm{E}-2 & c_{4}=+5.3315 \mathrm{E}-1 & c_{5}=+1.2376 \mathrm{E}+3
\end{array}
$$



Figure D.5: Temperature Dependence of Nuclear Dipolar Relaxation for a Density of 10 amg . Note that both vertical axes are the spin-relaxation time constants $\Gamma_{\text {dip }}^{-1}$. Red points were located "by eye" from Figs. (2) \& (3) in [52]. Black curve is the parametrization, Eqn. (D.46), that was fit to the red points. They agree to better than half a percent from 2 K to 550 K .

Note that at $T=T_{\text {ref }}=23^{\circ} \mathrm{C}=296.15 \mathrm{~K}$, the temperature function $f_{\text {dip }}(1)$ equals 1 as expected:

$$
\begin{equation*}
f_{\mathrm{dip}}\left(T_{\text {ref }}\right)=c_{0}+c_{2}+c_{3}+\frac{c_{4}}{1+c_{5}}=1 \tag{D.48}
\end{equation*}
$$

This parametrization reproduces the curve in Fig. (D.5) to better than $0.5 \%$ from 2 K to 550 K . All things considered, a reasonable estimate for the uncertainty associated with this calculation/ parametrization is about $5 \%$.

## D.5.2 Charge Exchange \& Transfer

See rates.

| reaction | type | binary | 3-body | ref |
| :--- | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
| $\mathrm{He}^{+}+\mathrm{He} \rightarrow \mathrm{He}+\mathrm{He}^{+}$ | charge exchange | $15 \pm 5$ | - | $[53]$ |
| $\mathrm{He}^{+}+\mathrm{N}_{2} \rightarrow \mathrm{He}+\mathrm{N}_{2}^{+}$ | charge transfer | $27 \pm 8$ | - | $[54]$ |
| $\mathrm{He}^{+}+\mathrm{O}_{2} \rightarrow \mathrm{He}+\mathrm{O}_{2}^{+}$ | $23 \pm 7$ | - | $[50$ |  |
| $\mathrm{He}^{+}+2 \mathrm{He} \rightarrow \mathrm{He}+\mathrm{He}_{2}^{+}$ | molecular formation | - | $0.060 \pm 0.012$ | $[55]$ |
| $\mathrm{He}_{2}^{+}+\mathrm{He} \rightarrow \mathrm{He}+\mathrm{He}_{2}^{+}$ | charge exchange | $6 \pm 3$ | - | $[56]$ |
| $\mathrm{He}_{2}^{+}+\mathrm{CO}_{2} \rightarrow 2 \mathrm{He}+\mathrm{CO}_{2}^{+}$ | charge transfer | $48 \pm 13$ | - | $[57]$ |
| $\mathrm{He}_{2}^{+}+(0,1) \mathrm{He}+\mathrm{N}_{2} \rightarrow(2,3) \mathrm{He}+\mathrm{N}_{2}^{+}$ | charge transfer | $30 \pm 3$ | $9.8 \pm 1.4$ | $[58]$ |
| $\mathrm{He}_{2}^{+}+(0,1) \mathrm{He}+\mathrm{H}_{2} \rightarrow(2,3) \mathrm{He}+\mathrm{H}_{2}^{+}$ |  | $11 \pm 3$ | $6.5 \pm 3.6$ |  |
| $\mathrm{He}_{2}^{+}+(0,1) \mathrm{He}+\mathrm{H}_{2} \mathrm{O} \rightarrow(2,3) \mathrm{He}+\mathrm{H}_{2} \mathrm{O}^{+}$ | charge transfer | $22 \pm 11$ | $87 \pm 18$ | $[59]$ |
| $\mathrm{He}_{2}^{+}+(0,1) \mathrm{He}+\mathrm{O}_{2} \rightarrow(2,3) \mathrm{He}+\mathrm{O}_{2}^{+}$ |  | $27 \pm 8$ | $25 \pm 7$ |  |

Table D.17: Atomic and Molecular Ion Reaction Rate Constants. Binary rate constants are in GHz/amg and 3body rate constants are in $\mathrm{GHz} / \mathrm{amg}^{2}$. All values are assumed to be measured at 300 K and to have negligible temperature dependence within the quoted uncertainties.

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## Appendix E

## Alkali Atoms and Polarized Light

The two basic quantities that must be known about a ${ }^{3} \mathrm{He}$ target cell are its helium density \& polarization. To better understand \& fully optimize the performance of these cells, it is essential to know the alkali vapor density \& polarization as well. The atomic polarizability determines how light is modified after traversing a sample of alkali atoms. The imaginary part of the polarizability is responsible for absorption. The width of the absorption line is pressure broadened and consequently linearly proportional to the helium density. The real part of the atomic polarizability causes Faraday rotation of the the plane of polarization of a linearly polarized probe beam. The amount of rotation is proportional to the alkali density. We probe the Zeeman levels of the alkali atom via EPR RF spectroscopy. Slightly exciting one of the transitions lowers the alkali polarization by a small amount. By sweeping the holding field while keeping the RF frequency fixed, we map out the EPR RF spectrum of the alkali atoms. Ratios of areas under the peaks in this spectrum are related to the alkali polarization and alkali density ratio. Finally the locations of these peaks are shifted due interactions with the polarized helium gas.

The size of these frequency shifts are proportional to the He polarization. The goal of this note is to present all of the theoretical derivations needed to understand "where the formulas come from."

First, we'll derive the fine \& hyperfine structure of the alkali atoms. Then we'll show how to describe polarized light using the Jones calculus. Using standard semi-classical arguments, we'll study how the matrix elements of the density operator changes under a harmonic perturbation. As a consequence, we'll calculate the transition matrix elements due to electric \& magnetic dipole interactions. The coherences of the density matrix also depend on the populations of the density matrix, which are at a spin temperature equilibrium. To interpret pressure broadening \& Faraday rotation, we'll calculate the atomic polarizability. Finally we'll provide an overview of the experimental techniques and summarize how to extract information from the experimental observables associated with the wavelength tunable probe beam. This note is meant to be detailed, explicit, and self-contained.

## E. 1 Atomic Notations \& Conventions

All quantities will be denoted in SI. Angular momentum operators will be unitless:

$$
\begin{align*}
\hat{\hat{J}^{2}}\left|J, m_{J}\right\rangle & =J(J+1)\left|J, m_{J}\right\rangle  \tag{E.1}\\
{\hat{f_{z}}}_{2}\left|J, m_{J}\right\rangle & =m_{J}\left|J, m_{J}\right\rangle, m_{J}=-J . . J  \tag{E.2}\\
\hat{f_{ \pm}} & =\hat{f}_{x} \pm i \hat{f}_{y}  \tag{E.3}\\
\hat{\hat{J}_{ \pm}}\left|J, m_{J}\right\rangle & =\sqrt{J(J+1)-m_{J}\left(m_{J} \pm 1\right)}\left|J, m_{J} \pm 1\right\rangle \tag{E.4}
\end{align*}
$$

The statistical weight is denoted by $[J]$ and is defined by $[J]=2 J+1$. The magnetic moment arising from spin will be written:

$$
\begin{align*}
\vec{\mu}_{S} & =\frac{\mu_{S}}{S} \vec{S}  \tag{E.5}\\
\frac{\mu_{S}}{S} & =g_{S} \mu_{x} \tag{E.6}
\end{align*}
$$

The magnetic moment arising from the orbital angular momentum will be written:

$$
\begin{align*}
\vec{\mu}_{L} & =\mu_{L} \vec{L}  \tag{E.7}\\
\mu_{L} & =g_{L} \mu_{x} \tag{E.8}
\end{align*}
$$

Note that the sign of the magnetic moment is carried implicitly in $g$ or alternatively $\mu_{J}$. For example, $g \approx-2$ for the electron, $g \approx 2(2.79)$ for the proton, and $g \approx 2(-1.91)$ for the neutron. In all cases, the $g$-factor will be left unevaluated in the equations. However, equations will be written such that approximations can be made without loss of accuracy, for example:

$$
\begin{equation*}
-\frac{3}{2} g_{S}=3 \underbrace{\left[\frac{g_{S}}{-2}\right]}_{\approx 1.00116} \approx 3 \tag{E.9}
\end{equation*}
$$

For the electron spin, $g_{S}$ does not equal -2 exactly due to radiative corrections. There is no reason why $g_{L}$ must equal exactly -1 . This point is discussed at great length in section IX.5.1 of Molecular Beams [1]. Based on experimental results from alkali atoms, $\left|g_{L}\right|$ differs from unity on order of parts per million. Therefore, for $L \geq 1$, we'll take $g_{L}=-1.0$.

The units are carried in $\mu_{x}$, which is the Bohr magneton $\left(\mu_{B}\right)$ for the electron
and the nuclear magneton $\left(\mu_{N}\right)$ for nuclei. The different angular momenta will be identified as:

- $\vec{S}$ is the sum of the spins of each electron in the atom,
- $\vec{L}$ is the sum of the orbital angular momenta of each electron in the atom,
- $\vec{J}(=\vec{L}+\vec{S})$ is the total electronic angular momentum of the atom,
- $\vec{I}$ is the spin of the nucleus,
- $\vec{F}(=\vec{I}+\vec{J})$ is the total internal angular momentum of the atom.

Operators and matrices will usually be denoted by hats $\hat{M}$. Hamiltonians will be $\mathcal{H}$, energies will be $E$, frequencies will be $\nu$ (with units of Hz ), and angular frequencies $\omega$ (with units of $\mathrm{rad} \cdot \mathrm{Hz}$ ).

## E. 2 The Fine Structure of Alkali Atoms

## E.2.1 Zero Field Eigenbasis

The basic structure of the atomic Hamiltonian is summarized below, more details can be found in any good atomic physics book such as Woodgate [2] or Foot [3]:

1. The electrostatic interaction within an atom can be expressed as a central and a non-central force.
2. The central force is a Coulomb interaction between the electrons and an effective nuclear charge.
3. The non-central force is the residual electrostatic repulsion among the electrons.
4. For most atoms, the non-central force dominates over the spin-orbit coupling.
5. Because the non-central forces are larger, the orbital angular momenta of the electrons are correlated.
6. Because of Fermi-Dirac statistics, the total electronic spin and the total electronic orbital angular momentum is zero for closed shells.
7. Because of spherical symmetry, the non-central force is independent of orbital angular momentum for closed shells. Therefore, the non-central force is relevant only between the valence electrons.
8. In this limit, the spin-orbit coupling occurs between the total valence electronic spin and the total valence electronic orbital angular momentum.
9. Finally, all higher order interactions, such as quadrupole interactions, will usually be ignored.

Consider $\mathcal{H}_{0}$ with $\mathcal{H}_{\text {es }}$, electrostatic interaction, and $\mathcal{H}_{\text {so }}$, spin-orbit coupling:

$$
\begin{equation*}
\mathcal{H}_{0}=\mathcal{H}_{\mathrm{es}}+\mathcal{H}_{\mathrm{so}} \tag{E.10}
\end{equation*}
$$

Under the conditions described before, the form of $\mathcal{H}_{s o}$ is

$$
\begin{align*}
\overrightarrow{J^{2}} & =(\vec{L}+\vec{S})^{2}=\vec{L}^{2}+2 \vec{L} \cdot \vec{S}+\vec{S}^{2}  \tag{E.11}\\
\mathcal{H}_{\mathrm{so}} & =A_{\mathrm{so}} \vec{L} \cdot \vec{S}=\frac{A_{\mathrm{so}}}{2}\left(\vec{J}^{2}-\vec{L}^{2}-\vec{S}^{2}\right) \tag{E.12}
\end{align*}
$$

From the second form of $\mathcal{H}_{\text {so }}$ above, it should be clear that $J, L$, and $S$ are good quantum numbers, i.e., they commute with the Hamiltonian. A useful eigenbasis
with those quantum number is the $L S$-coupling scheme $\left\{\left|J, m_{J}\right\rangle\right\}$. Each group of degenerate eigenstates is labeled by a Russell-Saunders term $[3,4]$ of the form

$$
\begin{equation*}
n^{2 S+1} L_{J} \tag{E.13}
\end{equation*}
$$

where $n$ is the principal quantum number which labels the valence configuration. $L$ labels the valence orbital in the following way:

- $L=0 \rightarrow L=S$
- $L=1 \rightarrow L=P$
- $L=2 \rightarrow L=D$, and so on

All closed shells have

$$
\begin{equation*}
\vec{L}_{\text {shell }}=\vec{S}_{\text {shell }}=0 \tag{E.14}
\end{equation*}
$$

For a neutral alkali metal atom, $\vec{J}, \vec{L}$, and $\vec{S}$ all refer to the single valence electron. In the ground state, $J=\frac{1}{2}$ and the RS term is $n^{2} S_{\frac{1}{2}}$. The first two excited states have $J=\frac{1}{2}$ and $J=\frac{3}{2}$ and are labeled $n^{2} P_{\frac{1}{2}}$ and $n^{2} P_{\frac{3}{2}}$. Appendix C.3 contains an expansion of the $L S$-coupling basis $\left\{\left|J, m_{J}\right\rangle\right\}$ in the uncoupled $L, S$ basis $\left\{\left|L, m_{L}\right\rangle\left|S, m_{S}\right\rangle\right\}$.

Spin-orbit coupling breaks the degeneracy of these $n^{2} P$ states and results in fine structure. Fine structure also refers to other corrections, including relativistic ones, that are of the same order of magnitude. However, except for Hydrogen, these corrections are much smaller than the spin-orbit coupling. (where did i read that?) Regardless, these corrections only shift the energies collectively, independent of $m_{J}$ and they do not mix the eigenstates. The transitions from the ground state to the first two excited states $n^{2} S_{\frac{1}{2}} \rightarrow n^{2} P_{\frac{1}{2}}$ and $n^{2} S_{\frac{1}{2}} \rightarrow n^{2} P_{\frac{3}{2}}$ are called the D1 and D2 transitions respectively.

## E.2.2 Hamiltonian

The Hamiltonian describing the atom in a magnetic field $\vec{B}$ is

$$
\begin{equation*}
\mathcal{H}=\mathcal{H}_{0}-\vec{\mu}_{L} \cdot \vec{B}-\vec{\mu}_{S} \cdot \vec{B}=\mathcal{H}_{\mathrm{es}}+\mathcal{H}_{\mathrm{so}}-\vec{\mu}_{L} \cdot \vec{B}-\vec{\mu}_{S} \cdot \vec{B} \tag{E.15}
\end{equation*}
$$

To recap:

- The first term $H_{\text {es }}$ contains all the terms that do not involve the electron spin.
- The second term is the spin-orbit interaction.
- The third and fourth terms are the Zeeman terms for the orbital and spin angular momentum respectively.

Using $\vec{B}=B \hat{z} \& J_{z}=L_{z}+S_{z}$ :

$$
\left.\begin{array}{rl}
\mathcal{H} & =\mathcal{H}_{\mathrm{es}}+\mathcal{H}_{\mathrm{so}}-\vec{\mu}_{L} \cdot \vec{B}-\vec{\mu}_{S} \cdot \vec{B} \\
& =\mathcal{H}_{\mathrm{es}}+\frac{A_{\mathrm{so}}}{2}\left(\vec{J}^{2}-\vec{L}^{2}-\vec{S}^{2}\right)-g_{L} \mu_{B} L_{z} B-g_{S} \mu_{B} S_{z} B \\
& =\mathcal{H}_{\mathrm{es}}+\frac{A_{\mathrm{so}}}{2}\left(\vec{J}^{2}-\vec{L}^{2}-\vec{S}^{2}\right)-g_{L} \mu_{B}\left(J_{z}-S_{z}\right) B-g_{S} \mu_{B} S_{z} B \\
& =\mathcal{H}_{\mathrm{es}}+\left(-\frac{A_{\mathrm{so}}}{2}\left(\vec{L}^{2}+\vec{S}^{2}\right)-g_{L} \mu_{B} B J_{z}\right)+\mathcal{H}^{\prime} \\
\mathcal{H}^{\prime} & =\frac{A_{\mathrm{so}}}{2} \vec{J}^{2}-\left(g_{S}-g_{L}\right) \mu_{B} B S_{z} \\
g_{S} & \simeq-2 \\
g_{L} & =\left\{\begin{array}{r}
0, L=0 \\
-1,
\end{array}\right\}>0 \tag{E.22}
\end{array}\right\}
$$

The Hamiltonian is separated into three terms intentionally. States within a $n^{2 S+1} L$ term with the same $m_{J}$ but different $J$ are mixed by the Zeeman interaction. This
means that the first two terms are diagonal simultaneously in the $\left\{\left|J, m_{J}\right\rangle\right\}$ basis and the eigenbasis of $\mathcal{H}$. Therefore, only $\mathcal{H}^{\prime}$ has to be diagonalized.

## E.2.3 Energies

## Matrix Subblocks

Let's specialize to the case $S=\frac{1}{2}$, since an alkali metal atom is being considered. $J$ can be $L \pm \frac{1}{2}$. Therefore in the $\left\{\left|J, m_{J}\right\rangle\right\}$ basis, the $S_{z}$ term is block diagonal with subblocks no greater than 2 by 2 in size. The 2 by 2 subblocks are made of the states with different $J$ and same $m_{J}$. For the special case of $m_{J}= \pm\left(L+\frac{1}{2}\right)$, there are no other states to mix with. Thus, they reside in subblocks of size 1 by 1 . This is true for the $m_{J}= \pm \frac{1}{2}$ states of the ground state term $n^{2} S_{\frac{1}{2}}$ and the $m_{J}= \pm \frac{3}{2}$ states of the excited state term $n^{2} P_{\frac{3}{2}}$. On the other hand, the $m_{J}= \pm \frac{1}{2}$ states of the terms $n^{2} P_{\frac{1}{2}, \frac{3}{2}}$ mix and therefore need to be diagonalized. To diagonalize $\mathcal{H}$, we only have to diagonalize each subblock of $\mathcal{H}^{\prime}$,

$$
\begin{align*}
& \mathcal{H}^{\prime}=\frac{A_{\mathrm{so}}}{2} \vec{J}^{2}-\left(g_{S}-g_{L}\right) \mu_{B} B S_{z}  \tag{E.23}\\
& \hat{\mathcal{H}}^{\prime}=\frac{A_{\mathrm{so}}}{2}\left[\begin{array}{cc}
\left(L+\frac{1}{2}\right)\left(L+\frac{3}{2}\right) & 0 \\
0 & \left(L-\frac{1}{2}\right)\left(L+\frac{1}{2}\right)
\end{array}\right]-\left(g_{S}-g_{L}\right) \mu_{B} B\left[\begin{array}{cc}
\alpha_{+} & \beta_{-} \\
\beta_{+} & \alpha_{-}
\end{array}\right]  \tag{E.24}\\
& \alpha_{ \pm}=\left\langle L \pm \frac{1}{2}, m_{J}\right| \hat{S}_{z}\left|L \pm \frac{1}{2}, m_{J}\right\rangle  \tag{E.25}\\
& \beta_{ \pm}=\left\langle L \mp \frac{1}{2}, m_{J}\right| \hat{S}_{z}\left|L \pm \frac{1}{2}, m_{J}\right\rangle \tag{E.26}
\end{align*}
$$

The first term can be simplified to give:

$$
\frac{A_{\mathrm{so}}}{2} \hat{\vec{J}}^{2}=\frac{A_{\mathrm{so}}}{2}\left(L+\frac{1}{2}\right)\left(L+\frac{1}{2}+\left[\begin{array}{rr}
1 & 0  \tag{E.27}\\
0 & -1
\end{array}\right]\right)
$$

$\alpha_{ \pm} \& \beta_{ \pm}$in the second term are most easily calculated in the uncoupled $\{|L\rangle|S\rangle\}$ basis:

$$
\begin{align*}
\left|L, m_{L}\right\rangle\left|S, m_{S}\right\rangle & =\left|m_{L}, m_{S}\right\rangle=\left|m_{L}\right\rangle_{L}\left|m_{S}\right\rangle_{S}  \tag{E.28}\\
\left|J, m_{J}\right\rangle & =\sum\left|m_{L}, m_{S}\right\rangle \underbrace{\left\langle m_{L}, m_{S} \mid J, m_{J}\right\rangle}_{\text {Clebsch-Gordon }} \tag{E.29}
\end{align*}
$$

Using formulas for Clebsch-Gordon coefficients from the appendix (C.2):

$$
\begin{align*}
& \left\langle m_{J} \mp \frac{1}{2}, \left. \pm \frac{1}{2} \right\rvert\, L+\frac{1}{2}, m_{J}\right\rangle=\frac{1}{\sqrt{[L]}} \sqrt{L+\frac{1}{2} \pm m_{J}} \\
& \left\langle m_{J} \mp \frac{1}{2}, \left. \pm \frac{1}{2} \right\rvert\, L-\frac{1}{2}, m_{J}\right\rangle=\frac{\mp 1}{\sqrt{[L]}} \sqrt{L+\frac{1}{2} \mp m_{J}} \tag{E.30}
\end{align*}
$$

For $\alpha_{ \pm}$:

$$
\begin{align*}
\alpha_{ \pm}= & \left\langle L \pm \frac{1}{2}, m_{J}\right| \hat{S}_{z}\left|L \pm \frac{1}{2}, m_{J}\right\rangle  \tag{E.31}\\
= & \sum_{m_{S}, m^{\prime}=-\frac{1}{2}}^{\frac{1}{2}}\left\langle m_{J}-m^{\prime}{ }_{S}, m^{\prime}{ }_{S}\right| \hat{S}_{z}\left|m_{J}-m_{S}, m_{S}\right\rangle \\
& \quad \times\left\langle J, m_{J} \mid m_{J}-m^{\prime}{ }_{S}, m^{\prime}{ }_{S}\right\rangle\left\langle m_{J}-m_{S}, m_{S} \mid J, m_{J}\right\rangle  \tag{E.32}\\
= & \sum_{m_{S}=-\frac{1}{2}}^{\frac{1}{2}} m_{S}\left|\left\langle m_{J}-m_{S}, m_{S} \mid J, m_{J}\right\rangle\right|^{2}, J=L \pm \frac{1}{2}  \tag{E.33}\\
= & \frac{1}{2}\left(\frac{L+\frac{1}{2} \pm m_{J}-L-\frac{1}{2} \pm m_{J}}{[L]}\right)  \tag{E.34}\\
= & \pm\left(\frac{m_{J}}{[L]}\right)= \pm(\alpha) \tag{E.35}
\end{align*}
$$

For $\beta_{ \pm}$:

$$
\begin{align*}
\beta_{ \pm}= & \left\langle L \mp \frac{1}{2}, m_{J}\right| \hat{S}_{z}\left|L \pm \frac{1}{2}, m_{J}\right\rangle  \tag{E.36}\\
= & \sum_{m_{S}, m^{\prime}{ }_{S}=-\frac{1}{2}}^{\frac{1}{2}}\left\langle m_{J}-m^{\prime}{ }_{S}, m^{\prime}{ }_{S}\right| \hat{S}_{z}\left|m_{J}-m_{S}, m_{S}\right\rangle \\
& \times\left\langle L \mp \frac{1}{2}, m_{J} \mid m_{J}-m_{S}^{\prime}, m_{S}^{\prime}\right\rangle\left\langle m_{J}-m_{S}, m_{S} \left\lvert\, L \pm \frac{1}{2}\right., m_{J}\right\rangle  \tag{E.37}\\
= & \sum_{m_{S}=-\frac{1}{2}}^{\frac{1}{2}} m_{S}\left\langle L \mp \frac{1}{2}, m_{J} \mid m_{J}-m_{S}, m_{S}\right\rangle\left\langle m_{J}-m_{S}, m_{S} \left\lvert\, L \pm \frac{1}{2}\right., m_{J}\right\rangle  \tag{E.38}\\
= & +\frac{1}{2}\left(\frac{-\sqrt{\left(L+\frac{1}{2} \mp m_{J}\right)\left(L+\frac{1}{2} \pm m_{J}\right)}}{[L]}\right)-\frac{1}{2}\left(\frac{+\sqrt{\left(L+\frac{1}{2} \pm m_{J}\right)\left(L+\frac{1}{2} \mp m_{J}\right)}}{[L]}\right) \\
= & -\left(\frac{\sqrt{\left(L+\frac{1}{2}\right)^{2}-m_{J}^{2}}}{[L]}\right)=-(\beta) \tag{E.39}
\end{align*}
$$

To solve for the energies, we only to diagonalize the last term in $\mathcal{H}^{\prime}$ :

$$
\begin{align*}
\mathcal{H}^{\prime} & =\frac{A_{\mathrm{so}}}{2}\left(L+\frac{1}{2}\right)\left(L+\frac{1}{2}+\left[\begin{array}{rr}
1 & 0 \\
0 & -1
\end{array}\right]\right)-\left(g_{S}-g_{L}\right) \mu_{B} B\left[\begin{array}{cc}
\alpha_{+} & \beta_{-} \\
\beta_{+} & \alpha_{-}
\end{array}\right]  \tag{E.41}\\
& =\frac{A_{\mathrm{so}}}{2}\left(L+\frac{1}{2}\right)\left(L+\frac{1}{2}+\left[\begin{array}{rr}
1 & 0 \\
0 & -1
\end{array}\right]\right)+\left(g_{L}-g_{S}\right) \mu_{B} B\left[\begin{array}{cc}
\alpha & -\beta \\
-\beta & -\alpha
\end{array}\right]  \tag{E.42}\\
& =\frac{A_{\mathrm{so}}}{2}\left(L+\frac{1}{2}\right)^{2}+\frac{A_{\mathrm{so}}}{2}\left(L+\frac{1}{2}\right)\left(\left[\begin{array}{cc}
1 & 0 \\
0 & -1
\end{array}\right]+2 \frac{\left(g_{L}-g_{S}\right) \mu_{B} B}{A_{\mathrm{so}}\left(L+\frac{1}{2}\right)}\left[\begin{array}{cc}
\alpha & -\beta \\
-\beta & -\alpha
\end{array}\right]\right)  \tag{E.43}\\
& =\frac{A_{\mathrm{so}}}{2}\left(L+\frac{1}{2}\right)^{2}+\frac{A_{\mathrm{so}}}{2}\left(L+\frac{1}{2}\right) \underbrace{\left[\begin{array}{cc}
1+2 \alpha y & -2 \beta y \\
-2 \beta y & -(1+2 \alpha y)
\end{array}\right]}_{\hat{M}}  \tag{E.44}\\
y & =\left(g_{L}-g_{S}\right) \frac{\mu_{B} B}{A_{\mathrm{so}}\left(L+\frac{1}{2}\right)} \tag{E.45}
\end{align*}
$$

## Diagonalization

This is done by solving the secular equation:

$$
\begin{align*}
0 & =\operatorname{det}(\hat{M}-\hat{I} \lambda)  \tag{E.46}\\
0 & =\left|\begin{array}{cc}
1+2 \alpha y-\lambda & -2 \beta y \\
-2 \beta y & -(1+2 \alpha y+\lambda)
\end{array}\right|  \tag{E.47}\\
0 & =-(1+2 \alpha y-\lambda)(1+2 \alpha y+\lambda)-(2 \beta y)^{2}  \tag{E.48}\\
0 & =\lambda^{2}-(1+2 \alpha y)^{2}-(2 \beta y)^{2}  \tag{E.49}\\
\lambda & = \pm \sqrt{(1+2 \alpha y)^{2}+(2 \beta y)^{2}}  \tag{E.50}\\
& = \pm \sqrt{1+4 \alpha y+4\left(\alpha^{2}+\beta^{2}\right) y^{2}} \tag{E.51}
\end{align*}
$$

Using the eqns. (E.35) and (E.40), the following useful relations are derived:

$$
\begin{align*}
\alpha^{2}+\beta^{2} & =\frac{m_{J}^{2}+\left(L+\frac{1}{2}\right)^{2}-m_{J}^{2}}{[L]^{2}}=\frac{\left(L+\frac{1}{2}\right)^{2}}{2^{2}\left(L+\frac{1}{2}\right)^{2}}=\frac{1}{4}  \tag{E.52}\\
4 \alpha^{2}+4 \beta^{2} & =1 \tag{E.53}
\end{align*}
$$

We get the eigenvalues:

$$
\begin{equation*}
\pm\left(\lambda=\sqrt{1+4 \alpha y+y^{2}}\right) \tag{E.54}
\end{equation*}
$$

The total energy is therefore:

$$
\begin{align*}
E & =E_{0}-\frac{A_{\mathrm{so}}}{2}\left(L(L+1)+\frac{1}{2}\left(\frac{1}{2}+1\right)\right)-g_{L} \mu_{B} m_{J} B+E^{\prime}  \tag{E.55}\\
E^{\prime} & =\frac{A_{\mathrm{so}}}{2}\left(L+\frac{1}{2}\right)^{2} \pm \frac{A_{\mathrm{so}}}{2}\left(L+\frac{1}{2}\right) \lambda \tag{E.56}
\end{align*}
$$

The $\pm \lambda$ eigenvalue is used for states evolving from the $J=L \pm \frac{1}{2}$ term. In the zero field case, $B=0$, we find the spin-orbit (fine structure) splitting between the two terms is:

$$
\begin{equation*}
\Delta E=\frac{A_{\mathrm{so}}[L]}{2}=h \nu_{\mathrm{so}} \tag{E.57}
\end{equation*}
$$

Relabeling the energies without spin-orbit coupling and without field as $E_{0}^{L}$ and relating $A_{\mathrm{so}}$ to the zero field spin-orbit splitting $h \nu_{\mathrm{so}}$, for $L>0$, we get:

$$
\begin{align*}
E & =E_{0}^{L}-\frac{h \nu_{\mathrm{so}}}{2[L]}+\mu_{B} m_{J} B \pm \frac{h \nu_{\mathrm{so}}}{2} \sqrt{1+\frac{4 m_{J}}{[L]} y+y^{2}}  \tag{E.58}\\
y & =\left(2\left[\frac{g_{S}}{-2}\right]-1\right) \frac{\mu_{B} B}{h \nu_{\mathrm{so}}} \tag{E.59}
\end{align*}
$$

where $\pm$ refers to the states with $J=L \pm \frac{1}{2}$. When $L=0, g_{L}=0$ and the positive root of the square root is taken, which gives the energies for the $n^{2} S_{\frac{1}{2}}$ term:

$$
\begin{align*}
L & =0 \rightarrow J=S \rightarrow m_{J}=m_{S}= \pm \frac{1}{2}  \tag{E.60}\\
y & =\left[\frac{g_{S}}{-2}\right] \frac{2 \mu_{B} B}{h \nu_{\mathrm{so}}}  \tag{E.61}\\
E_{ \pm \frac{1}{2}} & =E_{0}^{S}-\frac{h \nu_{\mathrm{so}}}{2}+\frac{h \nu_{\mathrm{so}}}{2} \sqrt{1 \pm \frac{4}{2} y+y^{2}}  \tag{E.62}\\
& =E_{0}^{S}-\frac{h \nu_{\mathrm{so}}}{2}+\frac{h \nu_{\mathrm{so}}}{2}(1 \pm y)  \tag{E.63}\\
& =E_{0}^{S} \pm \frac{h \nu_{\mathrm{so}}}{2}\left(\left[\frac{g_{S}}{-2}\right] \frac{2 \mu_{B} B}{h \nu_{\mathrm{so}}}\right)  \tag{E.64}\\
& =E_{0}^{S} \pm\left[\frac{g_{S}}{-2}\right] \mu_{B} B  \tag{E.65}\\
& =E_{0}^{S}-g_{S} \mu_{B} B m_{S} \tag{E.66}
\end{align*}
$$

where $\pm$ refers to the sign of $m_{S}= \pm \frac{1}{2}$. Note that $y$ is a unitless quantity that gives the relative measure of the size of the Zeeman interaction with respect to the spin-orbit interaction. For example the Zeeman interaction is comparable to the spin-orbit interaction $(y \approx 1)$ for potassium and rubidium when $B \approx 124 \mathrm{~T} \& 510 \mathrm{~T}$ respectively, see table A.2. Because of the strength of the spin-orbit interaction, $J$ is almost always a very good quantum number for most alkali metals.

The energies of the $m_{J}= \pm\left(L+\frac{1}{2}\right)$ states in the $J=L+\frac{1}{2}$ term are:

$$
\begin{align*}
y & =\left(2\left[\frac{g_{S}}{-2}\right]-1\right) \frac{\mu_{B} B}{h \nu_{\mathrm{so}}}  \tag{E.67}\\
E_{ \pm\left(L+\frac{1}{2}\right)} & =E_{0}^{L}-\frac{h \nu_{\mathrm{so}}}{2[L]} \pm \mu_{B}\left(L+\frac{1}{2}\right) B+\frac{h \nu_{\mathrm{so}}}{2} \sqrt{1 \pm \frac{4\left(L+\frac{1}{2}\right)}{[L]} y+y^{2}}  \tag{E.68}\\
& =E_{0}^{L}-\frac{h \nu_{\mathrm{so}}}{2[L]} \pm \mu_{B}\left(L+\frac{1}{2}\right) B+\frac{h \nu_{\mathrm{so}}}{2} \sqrt{1 \pm 2 y+y^{2}}  \tag{E.69}\\
& =E_{0}^{L}-\frac{h \nu_{\mathrm{so}}}{2[L]} \pm \mu_{B}\left(L+\frac{1}{2}\right) B+\frac{h \nu_{\mathrm{so}}}{2}(1 \pm y)  \tag{E.70}\\
& =E_{0}^{L}+\frac{L}{[L]} h \nu_{\mathrm{so}} \pm \mu_{B}\left(L+\frac{1}{2}\right) B \mp \frac{h \nu_{\mathrm{so}}}{2}\left(1+g_{S}\right) \frac{\mu_{B} B}{h \nu_{\mathrm{so}}}  \tag{E.71}\\
& =E_{0}^{L}+\frac{L}{[L]} h \nu_{\mathrm{so}} \pm \mu_{B} B\left(L+\frac{1}{2}-\frac{1+g_{S}}{2}\right)  \tag{E.72}\\
& =E_{0}^{L}+\frac{L}{[L]} h \nu_{\mathrm{so}} \pm\left(L+\left[\frac{g_{S}}{-2}\right]\right) \mu_{B} B \tag{E.73}
\end{align*}
$$

## Low Field Energies

At low field, see table A.2, to second order in $B$, the energies for the $J=L \pm \frac{1}{2}$ terms with $L>0$ are:

$$
\begin{align*}
E & =E_{0}^{L}-\frac{h \nu_{\mathrm{so}}}{2[L]}+\mu_{B} m_{J} B \pm \frac{h \nu_{\mathrm{so}}}{2}\left(1+\frac{2 m_{J}}{[L]} y+\frac{1}{2}\left(1-\frac{4 m_{J}^{2}}{[L]^{2}}\right) y^{2}+O\left(y^{3}\right)\right) \\
\pm\left(\frac{E-E_{0}^{L}}{h \nu_{\mathrm{so}}}\right) & =\mp \frac{1}{2[L]}+ \pm m_{J} \frac{\mu_{B} B}{h \nu_{\mathrm{so}}}+\frac{1}{2}+\frac{m_{J}}{[L]} y+\frac{1}{4}\left(1-\frac{4 m_{J}^{2}}{[L]^{2}}\right) y^{2}+O\left(y^{3}\right)  \tag{E.74}\\
& =\frac{1}{2}\left(1 \mp \frac{1}{[L]}\right) \pm m_{J} \frac{\mu_{B} B}{h \nu_{\mathrm{so}}}+\frac{m_{J}}{[L]}\left(2\left[\frac{g_{S}}{-2}\right]-1\right) \frac{\mu_{B} B}{h \nu_{\mathrm{so}}}+\frac{1}{4}\left(1-\frac{4 m_{J}^{2}}{[L]^{2}}\right) y^{2} \\
& =\frac{L+\frac{1}{2} \mp \frac{1}{2}}{[L]}+\frac{m_{J}}{[L]}\left(2\left[\frac{g_{S}}{-2}\right]-1 \pm[L]\right) \frac{\mu_{B} B}{h \nu_{\mathrm{so}}}+\frac{1}{4}\left(1-\frac{4 m_{J}^{2}}{[L]^{2}}\right) y^{2} \tag{E.75}
\end{align*}
$$

The energies for the three lowest RS terms of alkali metals to second order in $B$
are:

$$
\begin{align*}
E_{\frac{1}{2},-\frac{1}{2}}^{S} & =E_{0}^{S}-\left[\frac{g_{S}}{-2}\right] \mu_{B} B  \tag{E.76}\\
E_{\frac{1}{2},+\frac{1}{2}}^{S} & =E_{0}^{S}+\left[\frac{g_{S}}{-2}\right] \mu_{B} B  \tag{E.77}\\
E_{\frac{1}{2},-\frac{1}{2}}^{P} & =E_{0}^{P}-\left(\frac{2}{3}\right) h \nu_{\mathrm{so}}-\left[2+\frac{g_{S}}{2}\right]\left(\frac{1}{3}\right) \mu_{B} B-\left(\frac{2}{9} y^{2}\right) h \nu_{\mathrm{so}}  \tag{E.78}\\
E_{\frac{1}{2},+\frac{1}{2}}^{P} & =E_{0}^{P}-\left(\frac{2}{3}\right) h \nu_{\mathrm{so}}+\left[2+\frac{g_{S}}{2}\right]\left(\frac{1}{3}\right) \mu_{B} B-\left(\frac{2}{9} y^{2}\right) h \nu_{\mathrm{so}}  \tag{E.79}\\
E_{\frac{3}{2},-\frac{3}{2}}^{P} & =E_{0}^{P}+\left(\frac{1}{3}\right) h \nu_{\mathrm{so}}-\left[\frac{1}{2}-\frac{g_{S}}{4}\right] 2 \mu_{B} B  \tag{E.80}\\
E_{\frac{3}{2},-\frac{1}{2}}^{P} & =E_{0}^{P}+\left(\frac{1}{3}\right) h \nu_{\mathrm{so}}-\left[\frac{1}{2}-\frac{g_{S}}{4}\right]\left(\frac{2}{3}\right) \mu_{B} B+\left(\frac{2}{9} y^{2}\right) h \nu_{\mathrm{so}}  \tag{E.81}\\
E_{\frac{3}{2},+\frac{1}{2}}^{P} & =E_{0}^{P}+\left(\frac{1}{3}\right) h \nu_{\mathrm{so}}+\left[\frac{1}{2}-\frac{g_{S}}{4}\right]\left(\frac{2}{3}\right) \mu_{B} B+\left(\frac{2}{9} y^{2}\right) h \nu_{\mathrm{so}}  \tag{E.82}\\
E_{\frac{3}{2},+\frac{3}{2}}^{P} & =E_{0}^{P}+\left(\frac{1}{3}\right) h \nu_{\mathrm{so}}+\left[\frac{1}{2}-\frac{g_{S}}{4}\right] 2 \mu_{B} B \tag{E.83}
\end{align*}
$$

where the bracketed terms evaluate to 1 when the approximation $g_{S} \approx-2$ is made.

## E.2.4 Eigenstates: Fine Structure Mixing

## Orthonormality of the Mixing Coefficients

At zero field, with $S=\frac{1}{2}$, and for a given $L>0$, there are in general two states with the same $m_{J}$, but with different $J$. Note however that when $\left|m_{J}\right|=L+\frac{1}{2}$, there is only one state with the quantum numbers $m_{J}, J$, and $L$. As noted before, the $B$-field mixes states with the same $L$, the same $m_{J}$, but different $J$. The result of the mixing are two states with the same $m_{J}$ but with different $J$. At low field, the mixed states are, to a very good approximation, the zero field eigenstates with a small admixture of the other eigenstate. The mixed states, labeled by $\pm$, approach
the the zero field states with $J=L \pm \frac{1}{2}$ as the field approaches zero. Because $J$ is still a very good quantum number, we will represent $\left\{\left|L_{ \pm}, m_{J}\right\rangle\right\}$ in the $\left\{\left|J, m_{J}\right\rangle\right\}$ basis:

$$
\begin{equation*}
\left|L_{ \pm}, m_{J}\right\rangle=a_{1}^{ \pm}\left|L+\frac{1}{2}, m_{J}\right\rangle+a_{2}^{ \pm}\left|L-\frac{1}{2}, m_{J}\right\rangle \tag{E.84}
\end{equation*}
$$

where $a_{1}^{ \pm}, a_{2}^{ \pm}$are the fine structure mixing coefficients, which we choose to be real. To repeat, a zero field, $L_{ \pm}=P_{L \pm \frac{1}{2}}$. The mixed eigenstates must be orthonormal:

$$
\begin{align*}
& \left\langle m_{J}^{ \pm} \mid m_{J}^{ \pm}\right\rangle=\left(a_{1}^{ \pm}\right)^{2}+\left(a_{2}^{ \pm}\right)^{2}=1  \tag{E.85}\\
& \left\langle m_{J}^{-} \mid m_{J}^{+}\right\rangle=a_{1}^{-} a_{1}^{+}+a_{2}^{-} a_{2}^{+}=0 \tag{E.86}
\end{align*}
$$

Some algebra gives:

$$
\begin{align*}
\left(a_{2}^{ \pm}\right)^{2} & =1-\left(a_{1}^{ \pm}\right)^{2}  \tag{E.87}\\
\left(a_{1}^{-} a_{1}^{+}\right)^{2} & =\left(a_{2}^{-} a_{2}^{+}\right)^{2} \\
\left(a_{1}^{-} a_{1}^{+}\right)^{2} & =1+\left(a_{1}^{-} a_{1}^{+}\right)^{2}-\left(a_{1}^{-}\right)^{2}-\left(a_{1}^{+}\right)^{2} \\
1 & =\left(a_{1}^{-}\right)^{2}+\left(a_{1}^{+}\right)^{2}  \tag{E.88}\\
\left(a_{1}^{-}\right)^{2} & =\left(a_{2}^{+}\right)^{2}  \tag{E.89}\\
\left(a_{2}^{-}\right)^{2} & =\left(a_{1}^{+}\right)^{2}  \tag{E.90}\\
\frac{a_{1}^{-}}{a_{2}^{+}} & =-\frac{a_{2}^{-}}{a_{1}^{-}}  \tag{E.91}\\
a_{1}^{ \pm} & = \pm a_{2}^{\mp} \tag{E.92}
\end{align*}
$$

To recap, orthonormality implies equation (E.92).

## Solving for the Mixing Coefficients

The values for $a_{1,2}^{ \pm}$come from the diagonalization of eqn. (E.44) where $\lambda_{ \pm}$are the eigenvalues given by eqn. (E.54) and $\alpha$ and $\beta$ are defined by eqns. (E.35) and (区.40):

$$
\begin{align*}
\hat{M}|a\rangle & = \pm \lambda|a\rangle  \tag{E.93}\\
{\left[\begin{array}{cc}
1+2 \alpha y & -2 \beta y \\
-2 \beta y & -(1+2 \alpha y)
\end{array}\right]\left[\begin{array}{c}
a_{1}^{ \pm} \\
a_{2}^{ \pm}
\end{array}\right] } & = \pm \lambda\left[\begin{array}{c}
a_{1}^{ \pm} \\
a_{2}^{ \pm}
\end{array}\right]  \tag{E.94}\\
(1+2 \alpha y) a_{1}^{ \pm}-2 \beta y a_{2}^{ \pm} & = \pm \lambda a_{1}^{ \pm}  \tag{E.95}\\
-2 \beta y a_{2}^{ \pm}-(1+2 \alpha y) a_{1}^{ \pm} & = \pm \lambda a_{2}^{ \pm} \tag{E.96}
\end{align*}
$$

These last two equations are redundant. Taking the former, using the normalization condition, and some algebra gives:

$$
\begin{align*}
(1+2 \alpha y \mp \lambda) a_{1}^{ \pm} & =2 \beta y a_{2}^{ \pm}  \tag{E.97}\\
(1+2 \alpha y \mp \lambda)^{2}\left(a_{1}^{ \pm}\right)^{2} & =4 \beta^{2} y^{2}\left(1-\left(a_{1}^{ \pm}\right)^{2}\right)  \tag{E.98}\\
a_{1}^{ \pm} & =\frac{2 \beta y}{\sqrt{(1+2 \alpha y \mp \lambda)^{2}+4 \beta^{2} y^{2}}}  \tag{E.99}\\
a_{2}^{ \pm} & =\frac{1+2 \alpha y \mp \lambda}{\sqrt{(1+2 \alpha y \mp \lambda)^{2}+4 \beta^{2} y^{2}}} \tag{E.100}
\end{align*}
$$

The $\pm$ sign is taken for states evolving from the $J=L \pm \frac{1}{2}$ term. Again even though $J$ is not a rigorously good quantum number like $m_{J}$, at low fields it is still very good. This can be more easily seen by expanding $a_{1,2}^{ \pm}$at low field to second order in $y(B)$.

## Low Field Expansion

The low field expansions are performed using the following useful relations (from equations 20.10 and 20.11 of the Mathematical Handbook [5]):

$$
\begin{align*}
\sqrt{1+x} \simeq & 1+\frac{1}{2} x-\frac{1}{8} x^{2}+\frac{1}{16} x^{3}-\frac{5}{128} x^{4}+O\left(x^{5}\right)  \tag{E.101}\\
\frac{1}{\sqrt{1+x}} \simeq & 1-\frac{1}{2} x+\frac{3}{8} x^{2}-\frac{5}{16} x^{3}+\frac{35}{128} x^{4}+O\left(x^{5}\right)  \tag{E.102}\\
\sqrt{1+a x+b x^{2}} \simeq & 1+\frac{a}{2} x+\left(\frac{b}{2}-\frac{a^{2}}{8}\right) x^{2}+\left(\frac{a^{3}}{16}-\frac{a b}{4}\right) x^{3} \\
& +\left(\frac{3 a^{2} b}{16}-\frac{b^{2}}{8}-\frac{5 a^{4}}{128}\right) x^{4}+O\left(x^{5}\right) \\
\frac{1}{\sqrt{1+a x+b x^{2}} \simeq} & 1-\frac{a}{2} x+\left(\frac{3 a^{2}}{8}-\frac{b}{2}\right) x^{2}+\left(\frac{3 a b}{4}-\frac{5 a^{3}}{16}\right) x^{3}  \tag{E.103}\\
& +\left(\frac{35 a^{4}}{128}+\frac{3 b^{2}}{8}-\frac{15 a^{2} b}{16}\right) x^{4}+O\left(x^{5}\right) \tag{E.104}
\end{align*}
$$

First we'll expand the eigenvalue to fourth order in $y$ (field):

$$
\begin{align*}
\lambda & =\sqrt{1+4 \alpha y+y^{2}}  \tag{E.105}\\
& \simeq 1+2 \alpha y+\left(\frac{1}{2}-2 \alpha^{2}\right) y^{2}+\left(4 \alpha^{3}-\alpha\right) y^{3}+\left(3 \alpha^{2}-\frac{1}{8}-10 \alpha^{4}\right) y^{4}+O\left(y^{5}\right) \\
& \simeq 1+2 \alpha y+2 \beta^{2} y^{2}-4 \beta^{2} \alpha y^{3}+\left(3 \alpha^{2}-\frac{1}{8}-10 \alpha^{4}\right) y^{4}+O\left(y^{5}\right) \tag{E.106}
\end{align*}
$$

Now let's consider the denominator of $a_{1,2}=\frac{n_{1,2}}{\sqrt{d}}$ :

$$
\begin{aligned}
& d=(1+2 \alpha y \mp \lambda)^{2}+4 \beta^{2} y^{2} \\
& =1+4 \alpha^{2} y^{2}+\lambda^{2}+4 \alpha y \mp 2 \lambda \mp 4 \alpha y \lambda+4 \beta^{2} y^{2} \\
& =1+4 \alpha^{2} y^{2}+1+4 \alpha y+y^{2}+4 \alpha y \mp 2 \lambda \mp 4 \alpha y \lambda+4 \beta^{2} y^{2} \\
& =2+8 \alpha y+2 y^{2} \mp 2 \lambda \mp 4 \alpha y \lambda \\
& =2+8 \alpha y+2 y^{2} \mp 2(1+2 \alpha y) \lambda \\
& \simeq 2+8 \alpha y+2 y^{2} \mp 2(1+2 \alpha y)\left(1+2 \alpha y+2 \beta^{2} y^{2}-4 \beta^{2} \alpha y^{3}+\left(3 \alpha^{2}-\frac{1}{8}-10 \alpha^{4}\right) y^{4}\right) \\
& \simeq 2+8 \alpha y+2 y^{2} \mp 2\left(2 \alpha y+4 \alpha^{2} y^{2}+4 \alpha \beta^{2} y^{3}-8 \beta^{2} \alpha^{2} y^{4}\right) \\
& \mp 2\left(1+2 \alpha y+2 \beta^{2} y^{2}-4 \beta^{2} \alpha y^{3}+\left(3 \alpha^{2}-\frac{1}{8}-10 \alpha^{4}\right) y^{4}\right) \\
& \simeq 2+8 \alpha y+2 y^{2} \mp 2\left(1+4 \alpha y+\left(4 \alpha^{2}+2 \beta^{2}\right) y^{2}\right) \mp 2\left(3 \alpha^{2}-\frac{1}{8}-10 \alpha^{4}-8 \beta^{2} \alpha^{2}\right) y^{4} \\
& \simeq 2+8 \alpha y+2 y^{2} \mp\left(2+8 \alpha y+\left(2-4 \beta^{2}\right) y^{2}\right) \mp 2\left(3 \alpha^{2}-\frac{1}{8}-10 \alpha^{4}-8 \beta^{2} \alpha^{2}\right) y^{4} \\
& d_{+} \simeq 2+8 \alpha y+2 y^{2}-2-8 \alpha y-\left(2-4 \beta^{2}\right) y^{2}-2\left(3 \alpha^{2}-\frac{1}{8}-10 \alpha^{4}-8 \beta^{2} \alpha^{2}\right) y^{4} \\
& \simeq 4 \beta^{2} y^{2}-2\left(3 \alpha^{2}-\frac{1}{8}-10 \alpha^{4}-8 \beta^{2} \alpha^{2}\right) y^{4} \\
& \simeq 4 \beta^{2} y^{2}-2\left(3 \alpha^{2}-\frac{1}{8}-10\left(\frac{1}{16}-\beta^{4}-2 \alpha^{2} \beta^{2}\right)-8 \beta^{2} \alpha^{2}\right) y^{4} \\
& \simeq 4 \beta^{2} y^{2}-2\left(3 \alpha^{2}-\frac{3}{4}+10 \beta^{4}+12 \alpha^{2} \beta^{2}\right) y^{4} \\
& \simeq 4 \beta^{2} y^{2}-\left(-6 \beta^{2}+20 \beta^{4}+24 \alpha^{2} \beta^{2}\right) y^{4} \\
& \simeq 4 \beta^{2} y^{2}\left(1+\frac{6}{4} y^{2}-5 \beta^{2} y^{2}-6 \alpha^{2} y^{2}\right) \\
& \simeq 4 \beta^{2} y^{2}\left(1+6 \alpha^{2} y^{2}+6 \beta^{2} y^{2}-5 \beta^{2} y^{2}-6 \alpha^{2} y^{2}\right) \\
& \simeq 4 \beta^{2} y^{2}\left(1+\beta^{2} y^{2}\right) \\
& d_{-} \simeq 2+8 \alpha y+2 y^{2}+2+8 \alpha y+\left(2-4 \beta^{2}\right) y^{2}+2\left(3 \alpha^{2}-\frac{1}{8}-10 \alpha^{4}-8 \beta^{2} \alpha^{2}\right) y^{4} \\
& \simeq 4+16 \alpha y+4\left(1-\beta^{2}\right) y^{2}
\end{aligned}
$$

Note that a fourth order expansion of $\lambda$ was needed for $d_{+}$, but not for $d_{-}$. Now let's expand the inverse square root $\frac{1}{\sqrt{d}}$ :

$$
\begin{align*}
d_{+}^{-\frac{1}{2}} & \simeq\left(\sqrt{4 \beta^{2} y^{2}\left(1+\beta^{2} y^{2}\right)}\right)^{-1} \simeq \frac{1}{2 \beta y}\left(1-\frac{\beta^{2}}{2} y^{2}\right)  \tag{E.107}\\
d_{-}^{-\frac{1}{2}} & \simeq\left(4+16 \alpha y+4\left(1-\beta^{2}\right) y^{2}\right)^{-\frac{1}{2}}  \tag{E.108}\\
& \simeq \frac{1}{2}\left(1+4 \alpha y+\left(1-\beta^{2}\right) y^{2}\right)^{-\frac{1}{2}}  \tag{E.109}\\
& \simeq \frac{1}{2}\left(1-\left(\frac{4 \alpha}{2}\right) y+\left(\frac{3 \cdot 16 \alpha^{2}}{8}-\frac{1-\beta^{2}}{2}\right) y^{2}\right)  \tag{E.110}\\
& \simeq \frac{1}{2}\left(1-2 \alpha y+\left(6 \alpha^{2}-\frac{1}{2}+\frac{\beta^{2}}{2}\right) y^{2}\right)  \tag{E.111}\\
& \simeq \frac{1}{2}\left(1-2 \alpha y+\left(\frac{6}{4}-6 \beta^{2}-\frac{1}{2}+\frac{\beta^{2}}{2}\right) y^{2}\right)  \tag{E.112}\\
& \simeq \frac{1}{2}\left(1-2 \alpha y+\left(1-\frac{11}{2} \beta^{2}\right) y^{2}\right) \tag{E.113}
\end{align*}
$$

Note that all of the square roots take the positive root. Now let's consider the numerators:

$$
\begin{align*}
n_{1}^{ \pm} & =2 \beta y  \tag{E.114}\\
n_{2}^{ \pm} & =1+2 \alpha y \mp \lambda  \tag{E.115}\\
& \simeq 1+2 \alpha y \mp\left(1+2 \alpha y+2 \beta^{2} y^{2}-4 \beta^{2} \alpha y^{3}\right)  \tag{E.116}\\
n_{2}^{+} & \simeq 1+2 \alpha y-1-2 \alpha y-2 \beta^{2} y^{2}+4 \beta^{2} \alpha y^{3}  \tag{E.117}\\
& \simeq-2 \beta^{2} y^{2}+4 \beta^{2} \alpha y^{3}  \tag{E.118}\\
n_{2}^{-} & \simeq 1+2 \alpha y+1+2 \alpha y+2 \beta^{2} y^{2}  \tag{E.119}\\
& \simeq 2+4 \alpha y+2 \beta^{2} y^{2} \tag{E.120}
\end{align*}
$$

Finally let's calculate the the mixing coefficients:

$$
\begin{align*}
& a_{1}^{+}=\frac{n_{1}^{+}}{\sqrt{d_{+}}}=\frac{2 \beta y}{\sqrt{(1+2 \alpha y-\lambda)^{2}+4 \beta^{2} y^{2}}}  \tag{E.121}\\
& =(2 \beta y) \frac{1}{2 \beta y}\left(1-\frac{\beta^{2}}{2} y^{2}\right)  \tag{E.122}\\
& \simeq 1-\frac{\beta^{2}}{2} y^{2}  \tag{E.123}\\
& a_{2}^{+}=\frac{n_{2}^{+}}{\sqrt{d_{+}}}=\frac{1+2 \alpha y-\lambda}{\sqrt{(1+2 \alpha y-\lambda)^{2}+4 \beta^{2} y^{2}}}  \tag{E.124}\\
& =\left(-2 \beta^{2} y^{2}+4 \beta^{2} \alpha y^{3}\right) \frac{1}{2 \beta y}\left(1-\frac{\beta^{2}}{2} y^{2}\right)  \tag{E.125}\\
& \simeq-\left(\beta y-2 \alpha \beta y^{2}\right)\left(1-\frac{\beta^{2}}{2} y^{2}\right)  \tag{E.126}\\
& \simeq-\beta y+2 \alpha \beta y^{2}  \tag{E.127}\\
& a_{1}^{-}=\frac{n_{1}^{-}}{\sqrt{d_{-}}}=\frac{2 \beta y}{\sqrt{(1+2 \alpha y+\lambda)^{2}+4 \beta^{2} y^{2}}}  \tag{E.128}\\
& \simeq(2 \beta y) \frac{1}{2}\left(1-2 \alpha y+\left(1-\frac{11}{2} \beta^{2}\right) y^{2}\right)  \tag{E.129}\\
& \simeq \beta y-2 \alpha \beta y^{2}  \tag{E.130}\\
& a_{2}^{-}=\frac{n_{2}^{-}}{\sqrt{d_{-}}}=\frac{1+2 \alpha y+\lambda}{\sqrt{(1+2 \alpha y+\lambda)^{2}+4 \beta^{2} y^{2}}}  \tag{E.131}\\
& \simeq\left(2+4 \alpha y+2 \beta^{2} y^{2}\right) \frac{1}{2}\left(1-2 \alpha y+\left(1-\frac{11}{2} \beta^{2}\right) y^{2}\right)  \tag{E.132}\\
& \simeq\left(1+2 \alpha y+\beta^{2} y^{2}\right)\left(1-2 \alpha y+\left(1-\frac{11}{2} \beta^{2}\right) y^{2}\right)  \tag{E.133}\\
& \simeq 1-2 \alpha y+\left(1-\frac{11}{2} \beta^{2}\right) y^{2}+2 \alpha y-4 \alpha^{2} y^{2}+\beta^{2} y^{2}  \tag{E.134}\\
& \simeq 1+\left(1-\frac{11}{2} \beta^{2}-4 \alpha^{2}+\beta^{2}\right) y^{2}  \tag{E.135}\\
& \simeq 1+\left(1-\frac{11}{2} \beta^{2}+4 \beta^{2}-1+\beta^{2}\right) y^{2}  \tag{E.136}\\
& \simeq 1-\frac{\beta^{2}}{2} y^{2} \tag{E.137}
\end{align*}
$$

As expected $a_{1}^{ \pm}= \pm a_{2}^{\mp}$. For notational convenience, we'll drop the $\pm$ on the mixing coefficients. This gives, for the $\left\{\left|m_{J}^{ \pm}\right\rangle\right\}$states to second order in $y$ (field):

$$
\begin{align*}
a_{1} & =\frac{2 \beta y}{\sqrt{(1+2 \alpha y-\lambda)^{2}+4 \beta^{2} y^{2}}}=\frac{1+2 \alpha y+\lambda}{\sqrt{(1+2 \alpha y+\lambda)^{2}+4 \beta^{2} y^{2}}} \\
& \simeq 1-\frac{\beta^{2}}{2} y^{2}  \tag{E.138}\\
a_{2} & =\frac{1+2 \alpha y-\lambda}{\sqrt{(1+2 \alpha y-\lambda)^{2}+4 \beta^{2} y^{2}}}=\frac{-2 \beta y}{\sqrt{(1+2 \alpha y+\lambda)^{2}+4 \beta^{2} y^{2}}} \\
& \simeq-\beta y+2 \alpha \beta y^{2}  \tag{E.139}\\
\frac{\beta^{2}}{2} & =\frac{1}{8}\left(1-\frac{4 m_{J}^{2}}{[L]^{2}}\right)  \tag{E.140}\\
2 \alpha \beta & =\frac{m_{J}}{[L]} \sqrt{1-\frac{4 m_{J}^{2}}{[L]^{2}}}  \tag{E.141}\\
\left|L_{+}, m_{J}\right\rangle & =a_{1}\left|L \pm \frac{1}{2}, m_{J}\right\rangle+a_{2}\left|L \mp \frac{1}{2}, m_{J}\right\rangle  \tag{E.142}\\
\left|L_{-}, m_{J}\right\rangle & =a_{1}\left|L \mp \frac{1}{2}, m_{J}\right\rangle-a_{2}\left|L \pm \frac{1}{2}, m_{J}\right\rangle \tag{E.143}
\end{align*}
$$

where $\pm$ refers to the value of $J=L \pm \frac{1}{2}$ for the zero field eigenstate that $\left|m_{J}^{ \pm}\right\rangle$ approaches as the field approaches zero.

In the lowest three RS terms for alkali metals, only the $m_{J}= \pm \frac{1}{2}$ of the $P_{\frac{1}{2}}$ and
$P_{\frac{3}{2}}$ terms mix:

$$
\begin{align*}
a_{1} & \simeq 1-\frac{y^{2}}{9}  \tag{E.144}\\
a_{2}^{ \pm} & \simeq-\frac{\sqrt{2}}{3} y\left(1 \mp \frac{y}{3}\right)  \tag{E.145}\\
\left|P_{-},-\frac{1}{2}\right\rangle & =a_{1}\left|P_{\frac{1}{2}},-\frac{1}{2}\right\rangle-a_{2}^{-}\left|P_{\frac{3}{2}},-\frac{1}{2}\right\rangle  \tag{E.146}\\
\left|P_{+},-\frac{1}{2}\right\rangle & =a_{1}\left|P_{\frac{3}{2}},-\frac{1}{2}\right\rangle+a_{2}^{-}\left|P_{\frac{1}{2}},-\frac{1}{2}\right\rangle  \tag{E.147}\\
\left|P_{-},+\frac{1}{2}\right\rangle & =a_{1}\left|P_{\frac{1}{2}},+\frac{1}{2}\right\rangle-a_{2}^{+}\left|P_{\frac{3}{2}},+\frac{1}{2}\right\rangle  \tag{E.148}\\
\left|P_{+},+\frac{1}{2}\right\rangle & =a_{1}\left|P_{\frac{3}{2}},+\frac{1}{2}\right\rangle+a_{2}^{+}\left|P_{\frac{1}{2}},+\frac{1}{2}\right\rangle \tag{E.149}
\end{align*}
$$

where $\pm$ now refers to $m_{J}= \pm \frac{1}{2}$.

## E.2.5 Transition Frequencies: Optical Spectrum

Transitions that occur between RS terms are electric dipole transitions. As will be discussed in more detail in the next section, these transitions have to conserve angular momentum and must result in a change of parity. All the possible transitions will be listed in groups labeled by the polarization of the incident light. D1 transitions refer to ones between the $S_{\frac{1}{2}}$ states and the $P_{\frac{1}{2}}$ states; whereas, D2 transitions refer to ones between the $S_{\frac{1}{2}}$ states and the $P_{\frac{3}{2}}$ states. Most of the energy difference between these states is due to electrostatic interactions. It will be convenient to express these frequencies with respect to the zero field D1 and D2 transition
frequencies:

$$
\begin{align*}
& \omega_{\frac{1}{2}}^{0}=\frac{E_{0}^{P}-E_{0}^{S}}{\hbar}-\left(\frac{2}{3}\right) \omega_{\mathrm{so}}=2 \pi \nu_{\frac{1}{2}}^{0}  \tag{E.150}\\
& \omega_{\frac{3}{2}}^{0}=\frac{E_{0}^{P}-E_{0}^{S}}{\hbar}+\left(\frac{1}{3}\right) \omega_{\mathrm{so}}=2 \pi \nu_{\frac{3}{2}}^{0}  \tag{E.151}\\
& \omega_{\mathrm{so}}=\omega_{\frac{3}{2}}^{0}-\omega_{\frac{1}{2}}^{0}=\left(\frac{1}{3}--\frac{2}{3}\right) \omega_{\mathrm{so}}=2 \pi \nu_{\mathrm{so}}  \tag{E.152}\\
& \omega_{\frac{1}{2}}=\omega_{\frac{1}{2}}^{0}+\delta \omega_{\frac{1}{2}}  \tag{E.153}\\
& \omega_{\frac{3}{2}}=\omega_{\frac{3}{2}}^{0}+\delta \omega_{\frac{3}{2}}  \tag{E.154}\\
& \delta \omega=\delta \omega_{\frac{3}{2}}-\delta \omega_{\frac{1}{2}} \tag{E.155}
\end{align*}
$$

where the $\delta \omega$ terms are "added by hand" to account for the shift in the lines due to the presence of a buffer gas such as ${ }^{3} \mathrm{He} \& \mathrm{~N}_{2}$. Note that in the following, bracketed $[\cdots]$ terms evaluate to 1 when the approximation $g_{S}=-2$ is made. For light left circularly polarized perpendicular to the $B$-field (which has -1 unit of angular momentum), the possible transitions are:

$$
\begin{align*}
\left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle \leftrightarrow\left|P_{\frac{3}{2}},-\frac{3}{2}\right\rangle & \Longrightarrow \omega=\omega_{\frac{3}{2}}-\frac{y \omega_{\mathrm{so}}}{\left[-1-g_{S}\right]}  \tag{E.156}\\
\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle \leftrightarrow a_{1}\left|P_{\frac{1}{2}},-\frac{1}{2}\right\rangle-a_{2}^{-}\left|P_{\frac{3}{2}},-\frac{1}{2}\right\rangle & \Longrightarrow \omega=\omega_{\frac{1}{2}}-\frac{4 y}{3}\left(\left[\frac{\frac{1}{2}-\frac{g_{S}}{4}}{-1-g_{S}}\right]+\frac{y}{6}\right) \omega_{\text {so }}  \tag{E.157}\\
\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle \leftrightarrow a_{1}\left|P_{\frac{3}{2}},-\frac{1}{2}\right\rangle+a_{2}^{-}\left|P_{\frac{1}{2}},-\frac{1}{2}\right\rangle & \Longrightarrow \omega=\omega_{\frac{3}{2}}-\frac{5 y}{3}\left(\left[\frac{\frac{1}{5}-\frac{2 g_{S}}{5}}{-1-g_{S}}\right]-\frac{2 y}{15}\right) \omega_{\text {so }} \tag{E.158}
\end{align*}
$$

For light linearly polarized parallel to the $B$-field (which has 0 units of angular momentum), the transition frequencies are:

$$
\begin{align*}
& \left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle \leftrightarrow a_{1}\left|P_{\frac{1}{2}},-\frac{1}{2}\right\rangle-a_{2}^{-}\left|P_{\frac{3}{2}},-\frac{1}{2}\right\rangle  \tag{E.159}\\
& \left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle \leftrightarrow a_{1}\left|P_{\frac{3}{2}},-\frac{1}{2}\right\rangle+a_{2}^{-}\left|P_{\frac{1}{2}},-\frac{1}{2}\right\rangle \Longrightarrow \omega=\omega_{\frac{1}{2}}+\frac{2 y}{3}\left(1-\frac{y}{3}\right) \omega_{\mathrm{so}}  \tag{E.160}\\
& \left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle \leftrightarrow a_{1}\left|P_{\frac{1}{2}},+\frac{1}{2}\right\rangle-a_{2}^{+}\left|P_{\frac{3}{2}},+\frac{1}{2}\right\rangle \Longrightarrow \omega=\omega_{\frac{1}{2}}-\frac{2 y}{3}\left(1+\frac{2 y}{3}\right) \omega_{\mathrm{so}}  \tag{E.161}\\
& \left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle \leftrightarrow a_{1}\left|P_{\frac{3}{2}},+\frac{1}{2}\right\rangle+a_{2}^{+}\left|P_{\frac{1}{2}},+\frac{1}{2}\right\rangle \Longrightarrow \omega=\omega_{\frac{3}{2}}-\frac{y}{3}\left(1-\frac{2 y}{3}\right) \omega_{\mathrm{so}} \tag{E.162}
\end{align*}
$$

For light right circularly polarized perpendicular to the $B$-field (which has +1 unit of angular momentum), the transition frequencies are:

$$
\begin{align*}
\left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle \leftrightarrow a_{1}\left|P_{\frac{1}{2}},+\frac{1}{2}\right\rangle-a_{2}^{+}\left|P_{\frac{3}{2}},+\frac{1}{2}\right\rangle & \Longrightarrow \omega=\omega_{\frac{1}{2}}+\frac{4 y}{3}\left(\left[\frac{\frac{1}{2}-\frac{g_{S}}{4}}{-1-g_{S}}\right]-\frac{y}{6}\right) \omega_{\text {so }} \\
\left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle \leftrightarrow a_{1}\left|P_{\frac{3}{2}},+\frac{1}{2}\right\rangle+a_{2}^{+}\left|P_{\frac{1}{2}},+\frac{1}{2}\right\rangle & \Longrightarrow \omega=\omega_{\frac{3}{2}}+\frac{5 y}{3}\left(\left[\frac{\frac{1}{5}-\frac{2 g_{S}}{5}}{-1-g_{S}}\right]+\frac{2 y}{15}\right) \omega_{\text {so }}  \tag{E.164}\\
\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle \leftrightarrow\left|P_{\frac{3}{2}},+\frac{3}{2}\right\rangle & \Longrightarrow \omega=\omega_{\frac{3}{2}}+\frac{y \omega_{\text {so }}}{\left[-1-g_{S}\right]} \tag{E.165}
\end{align*}
$$

## E. 3 The Hyperfine Structure of Alkali Atoms

## E.3.1 Zero Field Eigenbasis

Adding nuclear spin $\vec{I}$ to the system introduces the hyperfine interaction:

$$
\begin{equation*}
\mathcal{H}_{h f_{s}}=A_{h f s} \vec{I} \cdot \vec{J} \tag{E.166}
\end{equation*}
$$

$A_{h f s}$ hides all the factors that don't depend on the spins. $I J$-coupling causes states with different $m_{J}$ to mix. Since $m_{F}\left(=m_{I}+m_{J}\right)$ is conserved, the $\left\{\left|F, m_{F}\right\rangle\right\}$ states form a natural eigenbasis. This is more easily seen with a little arithmetic:

$$
\begin{array}{r}
\vec{F}^{2}=\left(\vec{I}+\vec{J}^{2}=\vec{I}^{2}+2 \vec{I} \cdot \vec{J}+\vec{J}^{2}\right. \\
\mathcal{H}_{h f s}=\frac{A_{h f s}}{2}\left(\vec{F}^{2}-\vec{I}^{2}-\vec{J}^{2}\right) \tag{E.168}
\end{array}
$$

The hyperfine interaction splits the ${ }^{2} S_{\frac{1}{2}},{ }^{2} P_{\frac{1}{2}}$, and ${ }^{2} P_{\frac{3}{2}}$ terms into 2,2 , and 4 manifolds which are labeled by F. This is called the hyperfine structure. Note that many calculations to follow will be identical to those done for the fine structure mixing. Table (E.1) depicts the analogy.

## E.3.2 Hamiltonian

The Hamiltonian describing the atom in a magnetic field $\vec{B}$ is

$$
\begin{equation*}
\mathcal{H}=\mathcal{H}_{0}+\mathcal{H}_{h f s}-\vec{\mu}_{I} \cdot \vec{B}-\vec{\mu}_{J} \cdot \vec{B} \tag{E.169}
\end{equation*}
$$

To recap:

| Spin-Orbit | Hyperfine |
| :---: | :---: |
| $\vec{L}$ | $\vec{I}$ |
| $\vec{S}$ | $\vec{J}$ |
| $\vec{J}$ | $\vec{F}$ |
| mixes states with different $J$ | mixes states with different $F$ |
| mixes states with same $m_{J}$ | mixes states with same $m_{F}$ |
| $A_{\mathrm{so}}$ | $A_{h f_{s}}$ |
| $\nu_{\mathrm{so}} \approx 10^{7} \mathrm{MHz}$ | $\nu_{h f s} \approx 10^{3} \mathrm{MHz}$ |
| $y$ | $x$ |
| $y \approx 1 \rightarrow B \approx 10^{7}$ gauss | $x \approx 1 \rightarrow B \approx 10^{3}$ gauss |

Table E.1: Analogy between spin-orbit and hyperfine coupling.

- The first term $H_{0}$ contains all the terms that do not involve the nuclear spin.
- The second term is the hyperfine interaction.
- The third and fourth terms are the Zeeman terms for the nuclear spin and the total electronic angular momentum respectively.

Using $\vec{B}=B \hat{z} \& F_{z}=I_{z}+J_{z}$ and some rearrangement results in,

$$
\begin{equation*}
\mathcal{H}=\mathcal{H}_{0}+\left(-\frac{A_{h f s}}{2}\left(\vec{I}^{2}+\vec{J}^{2}\right)-g_{I} \mu_{N} B F_{z}\right)+\left(\frac{A_{h f s}}{2} \vec{F}^{2}+\left(g_{I} \mu_{N}-g_{J} \mu_{B}\right) B J_{z}\right) \tag{E.170}
\end{equation*}
$$

The Hamiltonian is separated into three terms intentionally. States within a $n^{2 S+1} L_{J}$ term with the same $m_{F}$ but on different manifolds $F$ are mixed by the Zeeman interaction. This means that the first two terms are diagonal simultaneously in the $\left\{\left|F, m_{F}\right\rangle\right\}$ basis and the eigenbasis of $\mathcal{H}$. Therefore, the last term has to be diagonalized. (make some comment about how fine structure mixing effects this stuff)

## E.3.3 Energies: Derivation of the Breit-Rabi Equation

## Diagonalization

The Breit-Rabi equation, first derived in 1931 [6,7], gives the energies of the ground state hyperfine levels of atoms and ions with a single valence electron in the presence of a magnetic field. Let's specialize to this case $L=0, S=\frac{1}{2}, J=\frac{1}{2}$. $F$ can be $I \pm \frac{1}{2}$. Therefore in the $\left\{\left|F, m_{F}\right\rangle\right\}$ basis, the $J_{z}$ term is block diagonal with subblocks no greater than 2 by 2 in size. The 2 by 2 subblocks are made of the states with different $F$ and same $m_{F}$. For the special case of $m_{F}= \pm F_{\max }= \pm\left(I+\frac{1}{2}\right)$, there are no other states to mix with. Thus, they reside in subblocks of size 1 by 1. To diagonalize $\mathcal{H}$, we only have to diagonalize each subblock of $\mathcal{H}^{\prime}$,

$$
\begin{align*}
& \mathcal{H}^{\prime}=\frac{A_{h f_{s}} \vec{F}^{2}+\left(g_{I} \mu_{N}-g_{S} \mu_{B}\right) B J_{z}}{2} \begin{array}{cc}
\hat{\mathcal{H}}^{\prime} & =\frac{A_{h f_{s}}}{2}\left[\begin{array}{cc}
\left(I+\frac{1}{2}\right)\left(I+\frac{3}{2}\right) & 0 \\
0 & \left(I-\frac{1}{2}\right)\left(I+\frac{1}{2}\right)
\end{array}\right]+\left(g_{I} \mu_{N}-g_{S} \mu_{S}\right) B\left[\begin{array}{cc}
\alpha_{+} & \beta_{-} \\
\beta_{+} & \alpha_{-}
\end{array}\right]
\end{array},
\end{align*}
$$

$$
\begin{equation*}
\alpha_{ \pm}=\left\langle I \pm \frac{1}{2}, m_{F}\right| \hat{J}_{z}\left|I \pm \frac{1}{2}, m_{F}\right\rangle \tag{array}
\end{equation*}
$$

$$
\begin{equation*}
\beta_{ \pm}=\left\langle I \mp \frac{1}{2}, m_{F}\right| \hat{J}_{z}\left|I \pm \frac{1}{2}, m_{F}\right\rangle \tag{E.173}
\end{equation*}
$$

The first term can be simplified to give:

$$
\frac{A_{h f s}}{2} \hat{\vec{H}^{2}}=\frac{A_{h f s}}{2}\left(I+\frac{1}{2}\right)\left(I+\frac{1}{2}+\left[\begin{array}{cc}
1 & 0  \tag{E.175}\\
0 & -1
\end{array}\right]\right)
$$

$\alpha_{ \pm} \& \beta_{ \pm}$in the second term are most easily calculated in the $\left\{\left|I, m_{I}\right\rangle\left|J, m_{J}\right\rangle\right\}$ basis:

$$
\begin{align*}
\left|I, m_{I}\right\rangle\left|J, m_{J}\right\rangle & =\left|m_{I}, m_{J}\right\rangle  \tag{E.176}\\
\left|F, m_{F}\right\rangle & =\sum\left|m_{I}, m_{J}\right\rangle \underbrace{\left\langle m_{I}, m_{J} \mid F, m_{F}\right\rangle}_{\text {Clebsch-Gordon }} \tag{E.177}
\end{align*}
$$

Using the formulas for Clebsch-Gordon coefficients (E.31):

$$
\begin{align*}
& \left\langle m_{F} \mp \frac{1}{2}, \left. \pm \frac{1}{2} \right\rvert\, I+\frac{1}{2}, m_{F}\right\rangle=\frac{1}{\sqrt{[I]}} \sqrt{I+\frac{1}{2} \pm m_{F}}  \tag{E.178}\\
& \left\langle m_{F} \mp \frac{1}{2}, \left. \pm \frac{1}{2} \right\rvert\, I-\frac{1}{2}, m_{F}\right\rangle=\frac{\mp 1}{\sqrt{[I]}} \sqrt{I+\frac{1}{2} \mp m_{F}}
\end{align*}
$$

which gives:

$$
\begin{align*}
& \alpha_{ \pm}= \pm(\alpha)= \pm\left(\frac{m_{F}}{[I]}\right)  \tag{E.179}\\
& \beta_{ \pm}=-(\beta)=-\left(\frac{\sqrt{\left(I+\frac{1}{2}\right)^{2}-m_{F}^{2}}}{[I]}\right) \tag{E.180}
\end{align*}
$$

To solve for the energies, we only need to diagonalize the last term in $\mathcal{H}^{\prime}$ :

$$
\begin{align*}
\mathcal{H}^{\prime} & =\frac{A_{h f s}}{2}\left(I+\frac{1}{2}\right)^{2}+\frac{A_{h f s}}{2}\left(I+\frac{1}{2}\right)\left[\begin{array}{cc}
1+2 \alpha x & -2 \beta x \\
-2 \beta x & -(1+2 \alpha x)
\end{array}\right]  \tag{E.181}\\
x & =\left(g_{I} \mu_{N}-g_{S} \mu_{B}\right) \frac{2 B}{A[I]} \tag{E.182}
\end{align*}
$$

This is easily done and, just like fine structure mixing, gives the eigenvalues:

$$
\begin{equation*}
\pm\left(\lambda=\sqrt{1+4 \alpha x+x^{2}}\right) \tag{E.183}
\end{equation*}
$$

The total energy is therefore:

$$
\begin{align*}
E & =E_{0}-\frac{A_{h f s}}{2}\left(I(I+1)+\frac{1}{2}\left(\frac{1}{2}+1\right)\right)-g_{I} \mu_{N} m_{F} B+E^{\prime}  \tag{E.184}\\
E^{\prime} & =\frac{A_{h f s}}{2}\left(I+\frac{1}{2}\right)^{2} \pm \frac{A_{h f s}}{2}\left(I+\frac{1}{2}\right) \lambda \tag{E.185}
\end{align*}
$$

In this case, $E_{0}$ is the energy of the (possibly mixed) spin-orbit coupled states. The $\pm \lambda$ eigenvalue is used for states evolving from the $F=I \pm \frac{1}{2}$ manifold. In the zero field case, $B=0$, we find the hyperfine splitting between the two manifolds is:

$$
\begin{equation*}
\Delta E=\frac{A_{h f s}[I]}{2}=h \nu_{h f s} \tag{E.186}
\end{equation*}
$$

Dropping $E_{0}$ and relating $A_{h f s}$ to the zero field hyperfine splitting $h \nu_{h f s}$, we get the celebrated Breit-Rabi equation:

$$
\begin{align*}
E & =-\frac{h \nu_{h f s}}{2[I]}-g_{I} \mu_{N} B m_{F} \pm \frac{h \nu_{h f s}}{2} \sqrt{1+\frac{4 m_{F}}{[I]} x+x^{2}}  \tag{E.187}\\
x & =\left(g_{I} \mu_{N}-g_{S} \mu_{B}\right) \frac{B}{h \nu_{h f s}} \tag{E.188}
\end{align*}
$$

where $\pm$ refers to states in the $F=I \pm \frac{1}{2}$ manifold. Note that $x$ is a unitless quantity that gives a relative measure of the size of the Zeeman interaction with respect to the hyperfine interaction. For example, the Zeeman interaction is comparable to the hyperfine interaction $(x \approx 1)$ for potassium- 39 and rubidium- 85 when $B \approx$ 165 gauss \& 1080 gauss respectively.

We'll discuss two special cases now. The energies of the $m_{F}= \pm\left(I+\frac{1}{2}\right)$ states
(aka "edge" states) in the $F=I+\frac{1}{2}$ manifold (aka "upper" manifold) are:

$$
\begin{equation*}
E_{ \pm\left(I+\frac{1}{2}\right)}=\frac{I}{[I]} h \nu_{h f_{s}} \pm\left(\left[\frac{g_{S}}{-2}\right] \mu_{B}-g_{I} \mu_{N} I\right) B \tag{E.189}
\end{equation*}
$$

where $\pm$ now refers to $m_{F}$. A low field ( $B<165$ gauss \& 1080 gauss for potassium39 and rubidium- 85 respectively) expansion of the energies for the the $F=I \pm \frac{1}{2}$ manifolds can be performed using:

$$
\begin{align*}
\sqrt{1+2 a x+x^{2}}= & 1+\frac{1}{2} x(2 a+x)-\frac{1}{2 \cdot 4} x^{2}(2 a+x)^{2}+\frac{1 \cdot 3}{2 \cdot 4 \cdot 6} x^{3}(2 a+x)^{3} \\
& -\frac{1 \cdot 3 \cdot 5}{2 \cdot 4 \cdot 6 \cdot 8} x^{4}(2 a+x)^{4} \\
& +\frac{1 \cdot 3 \cdot 5 \cdot 7}{2 \cdot 4 \cdot 6 \cdot 8 \cdot 10} x^{5}(2 a+x)^{5} \\
& -\frac{1 \cdot 3 \cdot 5 \cdot 7 \cdot 9}{2 \cdot 4 \cdot 6 \cdot 8 \cdot 10 \cdot 12} x^{6}(2 a+x)^{6}+\cdots \tag{E.190}
\end{align*}
$$

Expanding each factor of $(2 a+x)^{n}$ and reducing the coefficients in front of each term:

$$
\begin{align*}
\sqrt{1+2 a x+x^{2}}= & 1+\frac{1}{2} x(2 a+x)-\frac{1}{8} x^{2}\left(4 a^{2}+x^{2}+4 a x\right) \\
& +\frac{1}{16} x^{3}\left(8 a^{3}+12 a^{2} x+6 a x^{2}+x^{3}\right) \\
& -\frac{5}{128} x^{4}\left(16 a^{4}+32 a^{3} x+24 a^{2} x^{2}+8 a x^{3}+x^{4}\right) \\
& +\frac{7}{256} x^{5}\left(32 a^{5}+80 a^{4} x+80 a^{3} x^{2}+40 a^{2} x^{3}+10 a x^{4}+x^{5}\right) \\
& -\frac{21}{1024} x^{6}\left(64 a^{6}+192 a^{5} x+240 a^{4} x^{2}+160 a^{3} x^{3}+60 a^{2} x^{4}+12 a x^{5}+x^{6}\right) \tag{E.191}
\end{align*}
$$

Keeping only the terms up to sixth order in the dimensionless field parameter $x$ :

$$
\begin{align*}
\sqrt{1+2 a x+x^{2}}= & 1+\frac{1}{2} x(2 a+x)-\frac{1}{8} x^{2}\left(4 a^{2}+x^{2}+4 a x\right) \\
& +\frac{1}{16} x^{3}\left(8 a^{3}+12 a^{2} x+6 a x^{2}+x^{3}\right) \\
& -\frac{5}{16} x^{4}\left(2 a^{4}+4 a^{3} x+3 a^{2} x^{2}\right)+\frac{7}{16} x^{5}\left(2 a^{5}+5 a^{4} x\right) \\
& -\frac{21}{16} x^{6} a^{6}+O\left(x^{7}\right) \tag{E.192}
\end{align*}
$$

Collecting all the terms order by order:

$$
\begin{align*}
\sqrt{1+2 a x+x^{2}}= & 1+(a) x+\left(\frac{1}{2}-\frac{a^{2}}{2}\right) x^{2}+\left(-\frac{a}{2}+\frac{a^{3}}{2}\right) x^{3} \\
& +\left(-\frac{1}{8}+\frac{3 a^{2}}{4}-\frac{5 a^{4}}{8}\right) x^{4}+\left(\frac{3 a}{8}-\frac{5 a^{3}}{4}+\frac{7 a^{5}}{8}\right) x^{5} \\
& +\left(\frac{1}{16}-\frac{15 a^{2}}{16}+\frac{35 a^{4}}{16}-\frac{21 a^{6}}{16}\right) x^{6}+O\left(x^{7}\right) \tag{E.193}
\end{align*}
$$

Pulling out common factors:

$$
\begin{align*}
\sqrt{1+2 a x+x^{2}}= & 1+a x+\frac{1}{2}\left(1-a^{2}\right) x^{2}-\frac{a}{2}\left(1-a^{2}\right) x^{3}-\frac{1}{8}\left(1-6 a^{2}+5 a^{4}\right) x^{4} \\
& +\frac{3 a}{8}\left(1-\frac{10 a^{2}}{3}+\frac{7 a^{4}}{3}\right) x^{5} \\
& +\frac{1}{16}\left(1-15 a^{2}+35 a^{4}-21 a^{6}\right) x^{6}+O\left(x^{7}\right) \tag{E.194}
\end{align*}
$$

Note that when $a= \pm 1$, the stuff under the square root is a perfect square:

$$
\begin{equation*}
\sqrt{1+2 a x+x^{2}}=\sqrt{1 \pm 2 x+x^{2}}=\sqrt{(1 \pm x)^{2}}=1 \pm x \tag{E.195}
\end{equation*}
$$

In this case $(a= \pm 1)$, all terms second order or higher in $x$ have to disappear order
by order. Using this insight, a factor $\left(1-a^{2}\right)$ is pulled out of each higher order term:

$$
\begin{align*}
\sqrt{1+2 a x+x^{2}}= & 1+a x+\frac{1}{2}\left(1-a^{2}\right) x^{2}-\frac{a}{2}\left(1-a^{2}\right) x^{3}-\frac{1}{8}\left(1-5 a^{2}\right)\left(1-a^{2}\right) x^{4} \\
& +\frac{3 a}{8}\left(1-\frac{7 a^{2}}{3}\right)\left(1-a^{2}\right) x^{5} \\
& +\frac{1}{16}\left(1-14 a^{2}+21 a^{4}\right)\left(1-a^{2}\right) x^{6}+O\left(x^{7}\right) \tag{E.196}
\end{align*}
$$

Making the substitution $a=2 m_{F} /[I]$, dividing both sides of the Breit-Rabi equation (E.187) by $h \nu_{h f s}$, and using the sixth order expansion that was just calculated gives:

$$
\begin{align*}
\pm \frac{E_{ \pm}}{h \nu_{h f_{s}}} & =a_{0}+a_{1} x+\left[1-\left(\frac{2 m_{F}}{[I]}\right)^{2}\right]\left[\sum_{n=2}^{6} a_{n} x^{n}\right]  \tag{E.197}\\
x & =\left(g_{I} \mu_{N}-g_{S} \mu_{B}\right) \frac{B}{h \nu_{h f s}}  \tag{E.198}\\
{[I] } & =2 I+1  \tag{E.199}\\
a_{0} & =\left(\frac{I+\frac{1}{2} \mp \frac{1}{2}}{[I]}\right)  \tag{E.200}\\
a_{1} & =\frac{m_{F}}{[I]}\left(\frac{1 \pm \frac{g_{I} \mu_{N}}{g_{s} \mu_{B}}([I] \mp 1)}{1-\frac{g_{I} \mu_{N}}{g_{S} \mu_{B}}}\right) \approx \frac{m_{F}}{[I]}+O\left(10^{-3}\right)  \tag{E.201}\\
a_{2} & =+\frac{1}{4}  \tag{E.202}\\
a_{3} & =-\frac{m_{F}}{2[I]}  \tag{E.203}\\
a_{4} & =-\frac{1}{16}\left[1-5\left(\frac{2 m_{F}}{[I]}\right)^{2}\right]  \tag{E.204}\\
a_{5} & =+\frac{3 m_{F}}{8[I]}\left[1-\frac{7}{3}\left(\frac{2 m_{F}}{[I]}\right)^{2}\right]  \tag{E.205}\\
a_{6} & =+\frac{1}{32}\left[1-14\left(\frac{2 m_{F}}{[I]}\right)^{2}+21\left(\frac{2 m_{F}}{[I]}\right)^{4}\right] \tag{E.206}
\end{align*}
$$

where $\pm$ refers to the $F=I \pm \frac{1}{2}$ manifold. Note that eqn. (E.189) shows that the energy for the edge states in the upper manifold $\left(F=I+\frac{1}{2} \&\left|m_{F}\right|=I+\frac{1}{2}\right)$ is linear in field. Therefore, for the edge states, $\left(2 m_{F} /[I]\right)^{2}=1$ and all terms of order two or higher in field in eqn. (E.197) must disappear order by order. Consequently eqn. (E.197) is written such that the disappearance of higher order terms is evident. Finally, we'll note that the order of the states from highest energy to lowest energy are $F=I+1 / 2, m_{F}=I+1 / 2$ down to $-(I+1 / 2)$ and then $F=I-1 / 2, m_{F}=-(I+1 / 2)$ up to $+(I+1 / 2)$.

## E.3.4 Eigenstates: Hyperfine Mixing

At low field, it is useful to label states by $F$ and $m_{F}$ because $F$ is almost a good quantum number. Therefore, at low field, we'll refer to two groups of states as "manifolds" which are labeled by F. Within each manifold, states are distinguished by their $m_{F}$. At high field, the nuclear spin and total electronic angular momentum decouple. This is because the Zeeman interaction becomes much larger than the hyperfine interaction. Because the electron magnetic moment is much larger than the nuclear magnetic moment, it is useful to groups states by their $m_{J}$, which at high field is almost a good quantum number. These groupings are called Zeeman multiplets. Each state within a multiplet is distinguished by it's $m_{I}$, which at high field is also almost a good quantum number. Note that regardless of the magnitude of the field, $m_{F}$ is always a good quantum number. For most of this document, we'll be working in the low field limit where the most appropriate quantum numbers are $F$ and $m_{F}$. Figure (E.1) depicts a qualitative energy level diagram for the most abundant isotope of Rubidium.
(The following is analogous to fine structure mixing with $y \rightarrow x$ ) Since we are


Figure E.1: Qualitative Energy Level Diagram for Rubidium-85 $(I=5 / 2)$ in a Weak Field
considering the ground state term of an alkali metal atom, there is no fine structure mixing. However the field $B$ does result in hyperfine structure mixing (states with the same $m_{F}$ but different $F$ ):

$$
\begin{align*}
\left|m_{F}^{ \pm}\right\rangle & =a_{1}^{ \pm}\left|I+\frac{1}{2}, m_{F}\right\rangle+a_{2}^{ \pm}\left|I-\frac{1}{2}, m_{F}\right\rangle  \tag{E.207}\\
\left|F, m_{F}\right\rangle & =\sum_{m_{J}=-\frac{1}{2}}^{+\frac{1}{2}}\left|m_{F}-m_{J}, m_{J}\right\rangle\left\langle m_{F}-m_{J}, m_{J} \mid F, m_{F}\right\rangle  \tag{E.208}\\
b_{1}^{ \pm}\left(m_{F}\right) & =\left\langle m_{F}-\frac{1}{2},+\frac{1}{2} \left\lvert\, I \pm \frac{1}{2}\right., m_{F}\right\rangle  \tag{E.209}\\
b_{2}^{ \pm}\left(m_{F}\right) & =\left\langle m_{F}+\frac{1}{2},-\frac{1}{2} \left\lvert\, I \pm \frac{1}{2}\right., m_{F}\right\rangle  \tag{E.210}\\
\left|I \pm \frac{1}{2}, m_{F}\right\rangle & =b_{1}^{ \pm}\left|m_{F}-\frac{1}{2},+\frac{1}{2}\right\rangle+b_{2}^{ \pm}\left|m_{F}+\frac{1}{2},-\frac{1}{2}\right\rangle \tag{E.211}
\end{align*}
$$

The values for $a_{1,2}^{ \pm}$come from the diagonalization of eqn. E.181) where $\lambda_{ \pm}$are the eigenvalues given by eqn. E.183, $\alpha$ and $\beta$ are defined by eqns. (E.179) and (E.180), and $b_{1,2}^{ \pm}$are from eqns. (C.9) and (C.10):

$$
\begin{align*}
& a_{1}^{ \pm}=\frac{2 \beta x}{\sqrt{(1+2 \alpha x \mp \lambda)^{2}+4 \beta^{2} x^{2}}}  \tag{E.212}\\
& a_{2}^{ \pm}=\frac{1+2 \alpha x \mp \lambda}{\sqrt{(1+2 \alpha x \mp \lambda)^{2}+4 \beta^{2} x^{2}}}  \tag{E.213}\\
& a_{1}^{ \pm}= \pm a_{2}^{\mp}  \tag{E.214}\\
& b_{1}^{ \pm}= \pm \sqrt{\frac{I \pm m_{F}+\frac{1}{2}}{[I]}}  \tag{E.215}\\
& b_{2}^{ \pm}=+\sqrt{\frac{I \mp m_{F}+\frac{1}{2}}{[I]}} \tag{E.216}
\end{align*}
$$

The $\pm$ sign is taken for transitions within the $F=I \pm \frac{1}{2}$ manifold. For simplicity
(due to orthogonality):

$$
\begin{align*}
a_{1} & \equiv a_{1}^{+}=a_{2}^{-}  \tag{E.217}\\
a_{2} & \equiv a_{2}^{+}=-a_{1}^{-}  \tag{E.218}\\
b_{1} & \equiv b_{1}^{+}=b_{2}^{-}  \tag{E.219}\\
b_{2} & \equiv b_{2}^{+}=-b_{1}^{-}  \tag{E.220}\\
\left|I \pm \frac{1}{2}, m_{F}\right\rangle & =b_{1}\left|m_{F} \mp \frac{1}{2}, \pm \frac{1}{2}\right\rangle \pm b_{2}\left|m_{F} \pm \frac{1}{2}, \mp \frac{1}{2}\right\rangle  \tag{E.221}\\
\left|m_{F}^{ \pm}\right\rangle & =a_{1}\left|I \pm \frac{1}{2}, m_{F}\right\rangle \pm a_{2}\left|I \mp \frac{1}{2}, m_{F}\right\rangle \tag{E.222}
\end{align*}
$$

Eqn. (E.222) represents the decomposition of the eigenstates $\left\{\left|m_{F}^{ \pm}\right\rangle\right\}$in the zero field hyperfine coupled basis $\left\{\left|F, m_{F}\right\rangle\right\}$, whereas eqn. E.223) represents the decomposition in the zero field uncoupled $I J$ basis $\left\{\left|m_{I}, m_{J}\right\rangle\right\}$ :

$$
\begin{align*}
\left|m_{F}^{ \pm}\right\rangle= & a_{1}\left|I \pm \frac{1}{2}, m_{F}\right\rangle \pm a_{2}\left|I \mp \frac{1}{2}, m_{F}\right\rangle \\
= & a_{1}\left(b_{1}\left|m_{F} \mp \frac{1}{2}, \pm \frac{1}{2}\right\rangle \pm b_{2}\left|m_{F} \pm \frac{1}{2}, \mp \frac{1}{2}\right\rangle\right) \\
& \pm a_{2}\left(b_{1}\left|m_{F} \pm \frac{1}{2}, \mp \frac{1}{2}\right\rangle \mp b_{2}\left|m_{F} \mp \frac{1}{2}, \pm \frac{1}{2}\right\rangle\right) \\
= & \left(a_{1} b_{1}-a_{2} b_{2}\right)\left|m_{F} \mp \frac{1}{2}, \pm \frac{1}{2}\right\rangle \pm\left(a_{1} b_{2}+a_{2} b_{1}\right)\left|m_{F} \pm \frac{1}{2}, \mp \frac{1}{2}\right\rangle \tag{E.223}
\end{align*}
$$

## E.3.5 Transition Frequencies: EPR Spectrum

## Introduction

EPR stands for Electron Paramagnetic Resonance. At low field, it refers to the transitions between adjacent states within a particular manifold. Transitions between $m_{F} \leftrightarrow m_{F}-1$ will be labeled by the higher state $m_{F}$. For example, refer to


Table E.2: Transitions are labeled by the higher $m_{F}$ state.
table (E.2) for the applicable transitions within the ground state for potassium-39 and rubidium-85. Recall that:

$$
\begin{align*}
g_{S} & =-2\left[1+O\left(10^{-3}\right)\right]  \tag{E.224}\\
x & =\left(g_{I} \mu_{N}-g_{S} \mu_{B}\right) \frac{B}{h \nu_{h f s}} \tag{E.225}
\end{align*}
$$

The frequency corresponding to these transitions within the $F=I \pm \frac{1}{2}$ manifold are:

$$
\begin{align*}
\nu_{+} & =-\frac{g_{I} \mu_{N} B}{h}+\frac{\nu_{h f s}}{2}\left(\sqrt{1+\frac{4 m_{F}}{[I]} x+x^{2}}-\sqrt{1+\frac{4\left(m_{F}-1\right)}{[I]} x+x^{2}}\right)  \tag{E.226}\\
-\nu_{-} & =-\frac{g_{I} \mu_{N} B}{h}-\frac{\nu_{h f s}}{2}\left(\sqrt{1+\frac{4 m_{F}}{[I]} x+x^{2}}-\sqrt{1+\frac{4\left(m_{F}-1\right)}{[I]} x+x^{2}}\right)  \tag{E.227}\\
\nu_{-} & =+\frac{g_{I} \mu_{N} B}{h}+\frac{\nu_{h f s}}{2}\left(\sqrt{1+\frac{4 m_{F}}{[I]} x+x^{2}}-\sqrt{1+\frac{4\left(m_{F}-1\right)}{[I]} x+x^{2}}\right)  \tag{E.228}\\
\nu_{ \pm} & =\mp \frac{g_{I} \mu_{N} B}{h}+\frac{\nu_{h f s}}{2}\left(\sqrt{1+\frac{4 m_{F}}{[I]} x+x^{2}}-\sqrt{1+\frac{4\left(m_{F}-1\right)}{[I]} x+x^{2}}\right) \tag{E.229}
\end{align*}
$$

where the overall sign was chosen to give a positive frequency for $\nu_{ \pm}$.

## End Transition Frequencies

Transitions involving the edge states are called "end" transitions. The frequencies for these transitions can be written in a simpler form by taking advantage of this formula:

$$
\begin{equation*}
m_{F}= \pm\left(I+\frac{1}{2}\right) \rightarrow 4 m_{F}= \pm 2[I] \rightarrow \sqrt{1+\frac{4 m_{F}}{[I]} x+x^{2}}=1 \pm x \tag{E.230}
\end{equation*}
$$

The frequency of the $m_{F}=I+1 / 2 \leftrightarrow I-1 / 2$ end transition is:

$$
\begin{equation*}
\nu_{+I+1 / 2}=-\frac{g_{I} \mu_{N} B}{h}+\frac{\nu_{h f s}}{2}\left(1+x-\sqrt{1+\frac{4(I-1 / 2)}{[I]} x+x^{2}}\right) \tag{E.231}
\end{equation*}
$$

while the frequency of the $m_{F}=-(I+1 / 2)+1 \leftrightarrow-(I+1 / 2)$ end transition is:

$$
\begin{equation*}
\nu_{-I-1 / 2}=-\frac{g_{I} \mu_{N} B}{h}+\frac{\nu_{h f s}}{2}\left(\sqrt{1-\frac{4(I-1 / 2)}{[I]} x+x^{2}}-1+x\right) \tag{E.232}
\end{equation*}
$$

We can collapse both of equations into one equation to give:

$$
\begin{equation*}
\nu_{ \pm}=\frac{\nu_{h f s}}{2}\left[x\left(\frac{1+\frac{g_{I} \mu_{N}}{g_{s} \mu_{B}}}{1-\frac{g_{I} \mu_{N}}{g_{S} \mu_{B}}}\right) \pm 1 \mp \sqrt{1 \pm 2\left(\frac{2 I-1}{2 I+1}\right) x+x^{2}}\right] \tag{E.233}
\end{equation*}
$$

where the $\pm$ now refers to edge state $m_{F}= \pm\left(I+\frac{1}{2}\right)$ involved in the end transition.

## End Transition Frequency Inversion Formula

Because the equation for the frequency of an end transition involves only one square root term, the equation can be inverted to give the field as a function of frequency. Expressing eqn. (E.233) in terms of $x$ and isolating the square root term:

$$
\begin{align*}
\nu_{ \pm} & =\frac{\nu_{h f s}}{2}[x \underbrace{\left(\frac{1+\frac{g_{I} \mu_{N}}{g_{s} \mu_{B}}}{1-\frac{g_{I} \mu_{N}}{g_{s} \mu_{B}}}\right)}_{a} \pm 1 \mp \sqrt{1 \pm 2 \underbrace{\left(\frac{2 I-1}{2 I+1}\right)}_{b} x+x^{2}}]  \tag{E.234}\\
\nu & =\frac{\nu_{h f s}}{2}\left(a x+s-s \sqrt{1+2 s b x+x^{2}}\right)  \tag{E.235}\\
s & = \pm 1 \rightarrow s^{2}=1  \tag{E.236}\\
n & =2 \frac{\nu}{\nu_{h f s}}=a x+s-s \sqrt{1+2 s b x+x^{2}}  \tag{E.237}\\
n-a x-s & =-s \sqrt{1+2 s b x+x^{2}} \tag{E.238}
\end{align*}
$$

Now both sides of the equation can be squared, leaving an equation that is second order in $x$ :

$$
\begin{aligned}
(n-a x-s)^{2} & =\left(-s \sqrt{1+2 s b x+x^{2}}\right)^{2} \\
n^{2}+a^{2} x^{2}+1-2 n a x-2 s n+2 s a x & =1+2 s b x+x^{2} \\
0 & =2 s b x+x^{2}-n^{2}-a^{2} x^{2}+2 n a x+2 s n-2 s a x \\
0 & =\left(1-a^{2}\right) x^{2}+2(s b-s a+n a) x+2 s n-n^{2} \\
0 & =\left(1-a^{2}\right) x^{2}-2 s(a-b-s a n) x+\operatorname{sn}(2-s n)
\end{aligned}
$$

This is solved by using the quadratic formula from section 5.5 of Numerical Recipes [8]:

$$
\begin{align*}
\mathcal{A} x^{2}+\mathcal{B} x+\mathcal{C} & =0  \tag{E.239}\\
q & \equiv-\frac{1}{2}\left[\mathcal{B}+\operatorname{sgn}(\mathcal{B}) \sqrt{\mathcal{B}^{2}-4 \mathcal{A C}}\right]  \tag{E.240}\\
x_{1}=\frac{q}{\mathcal{A}} & \& x_{2}=\frac{\mathcal{C}}{q} \tag{E.241}
\end{align*}
$$

In principle, the "traditional" quadratic formula is formally equivalent to the solutions (E.241). However, in practice, solutions to the quadratic formula are typically computed on devices that are susceptible to round off errors caused the subtraction of two very nearly identical numbers. The solutions of the form given above are robust against round off errors.

Only one of the two solutions is correct. Since the $B$ field defined the axis of quantization used to derive the Breit-Rabi equation, it is positive by definition. Therefore the correct solution is the one for which $B>0$. Since $\mu_{B} \gg \mu_{N}$, the sign of $x$ is given by the sign of $-g_{s} B$. Since $g_{s} \approx-2, x$ and $B$ have the same sign. The sign of $x_{1}$ is given by the sign of $-\mathcal{B} / \mathcal{A}$ while the sign of $x_{2}$ is given by the sign of $-\mathcal{C} / \mathcal{B}$.

The value of the parameter $a$ is 1 with a small correction of order $10^{-3}$ whose sign depends on $g_{I}$. Consequently, $\mathcal{A}$ is nearly 0 and the sign of $\mathcal{A}$ is equal to the sign of $g_{I}$. The value of the parameter $b$ is always less than 1 . If $2 I \ll 10^{3}$, then $b<a$. If we also stipulate that $0<\nu<\nu_{h f s} / 2$, then $n<1$. All this put together insures $(a-b-\operatorname{san})>0$ which implies $\mathcal{B}$ has the same sign as $-s$. Finally, the sign of $\mathcal{C}$ is $s$ because $(2-s n)>0$. Therefore, under these conditions, the sign of $x_{1}$ is $s / g_{I}$, whereas the sign of $x_{2}$ is positive. Since the correct solution must be positive
regardless of $s$, it is $x_{2}=\mathcal{C} / q$.
The discriminant $\mathcal{B}^{2}-4 \mathcal{A C}$ is given by:

$$
\begin{align*}
{[-2 s(a-b-s a n)]^{2}-4\left[1-a^{2}\right][s n(2-s n)] } & =4\left[b^{2}+a^{2}-2 a b+2 a b s n-2 s n+n^{2}\right] \\
& =4\left[(a-b)^{2}-2 \operatorname{snn}(1-a b-s n / 2)\right] \tag{E.242}
\end{align*}
$$

Plugging this into $q$, canceling factors of 2 inside $q$, and canceling a factor of $s$ in $\mathcal{C}$ $\& q$ gives:

$$
\begin{equation*}
x=\left(g_{I} \mu_{N}-g_{S} \mu_{B}\right) \frac{B}{h \nu_{h f s}}=\frac{C}{q}=\frac{n(2-s n)}{a(1-s n)-b+\sqrt{(a-b)^{2}-2 \operatorname{snn}(1-a b-s n / 2)}} \tag{E.243}
\end{equation*}
$$

where $s= \pm 1$ and as a reminder:

$$
\begin{equation*}
n=2 \nu / \nu_{h f s} \quad a=\frac{1+\frac{g_{1} \mu_{N}}{g_{s} \mu_{B}}}{1-\frac{g_{\mu} \mu_{N}}{g_{s} \mu_{B}}} \quad b=\frac{2 I-1}{2 I+1}=\frac{[I]-2}{[I]} \tag{E.244}
\end{equation*}
$$

Multiplying the top and bottom by [I], writing $a$ as $1-\epsilon$, and solving for $B$ gives:

$$
\begin{equation*}
B=\left(\frac{[I] h \nu}{g_{I} \mu_{N}}\right) \frac{\epsilon(1-f)}{1-[I]\left\{f(1-\epsilon)+\frac{\epsilon}{2}\right\}+\sqrt{\left(1-[I] \frac{\epsilon}{2}\right)^{2}-2 f[I]\left(1-\epsilon+[I] \frac{(\epsilon-f)}{2}\right)}} \tag{E.245}
\end{equation*}
$$

where $s= \pm 1$ is the sign of the edge state involved in the transition and:
$[I]=2 I+1 \quad f=s \nu / \nu_{h f s} \quad \epsilon=1-a=\frac{2 g_{I} \mu_{N}}{g_{I} \mu_{N}-g_{S} \mu_{B}}=g_{I} \frac{\mu_{N}}{\mu_{B}}\left[\frac{-2}{g_{S}}\right]\left(1-\frac{g_{I} \mu_{N}}{g_{S} \mu_{B}}\right)^{-1}$

| Isotope | $I$ | upper $F$ | End <br> Transition | $g_{I}$ | $\nu_{h f s}$ <br> MHz |
| :---: | :---: | :---: | :---: | :--- | :--- |
|  |  |  |  |  |  |
| ${ }^{6} \mathrm{Li}$ | 1 | $3 / 2$ | $s 3 / 2 \leftrightarrow s 1 / 2$ | +0.822056 | 228.20526 |
| ${ }^{7} \mathrm{Li}$ | $3 / 2$ | 2 | $s 2 \leftrightarrow s 1$ | +2.170960 | 803.50409 |
|  |  |  |  |  |  |
| ${ }^{23} \mathrm{Na}$ | $3 / 2$ | 2 | $s 2 \leftrightarrow s 1$ | +1.478347 | 1771.62613 |
|  |  |  |  |  |  |
| ${ }^{39} \mathrm{~K}$ | $3 / 2$ | 2 | $s 2 \leftrightarrow s 1$ | +0.260973 | 461.71972 |
| ${ }^{40} \mathrm{~K}$ | 4 | $9 / 2$ | $s 9 / 2 \leftrightarrow s 7 / 2$ | -0.3245 | -1142.92 |
| ${ }^{41} \mathrm{~K}$ | $3 / 2$ | 2 | $s 2 \leftrightarrow s 1$ | +0.143247 | 254.01387 |
| ${ }^{85} \mathrm{Rb}$ | $5 / 2$ | 3 | $s 3 \leftrightarrow s 2$ | +0.541208 | 3035.73200 |
| ${ }^{87} \mathrm{Rb}$ | $3 / 2$ | 2 | $s 2 \leftrightarrow s 1$ | +1.834133 | 6834.68260 |
| ${ }^{133} \mathrm{Cs}$ | $7 / 2$ | 4 | $s 4 \leftrightarrow s 3$ | +0.736857 | 9192.63177 |

Table E.3: Upper Manifold End Transitions for which Equation (E.245) is valid with $s= \pm$

## Twin Transition Frequency Difference

The upper manifold has two more $\Delta m_{F}= \pm 1$ transitions than the lower manifold. These extra transitions are the end transitions. All other upper manifold transitions have a "twin" transition in the lower manifold. The twins transitions sit side by side on the same row in table (E.2). The difference in frequencies between twin transitions depends only on the magnitude of the field:

$$
\begin{equation*}
\Delta \nu_{\text {twin }}=\nu_{\text {lower }}-\nu_{\text {upper }}=+2 g_{I} \frac{\mu_{N}}{h} B \tag{E.247}
\end{equation*}
$$

Note that for any pair of twin transitions, the lower manifold transition has the larger frequency. For example, the twin frequency differences for ${ }^{39} \mathrm{~K}$ and ${ }^{85} \mathrm{Rb}$ at

10 Gauss are:
${ }^{39} \mathrm{~K} \quad: \quad \nu\left(F=1, m_{F}= \pm 1 \leftrightarrow 0\right)-\nu\left(F=2, m_{F}= \pm 1 \leftrightarrow 0\right)=3.98 \mathrm{kHz}$
${ }^{85} \mathrm{Rb} \quad: \quad \nu\left(F=2, m_{F}= \pm 2 \leftrightarrow \pm 1 \leftrightarrow 0\right)-\nu\left(F=3, m_{F}= \pm 2 \leftrightarrow \pm 1 \leftrightarrow 0\right)=8.25 \mathrm{kHz}$

## Low Field Frequency Expansion

To expand the frequency at low field up to sixth order in $x$ :

$$
\begin{align*}
\nu_{ \pm}= & \frac{\nu_{h f s}}{2} \Delta \mp \frac{g_{I} \mu_{N} B}{h} \\
\Delta= & \sqrt{1+2 a x+x^{2}}-\sqrt{1+2 a^{\prime} x+x^{2}} \\
= & \left(a-a^{\prime}\right) x+\left(-\frac{a^{2}-a^{\prime 2}}{2}\right) x^{2} \\
& +\left(-\frac{a-a^{\prime}}{2}+\frac{a^{3}-a^{\prime 3}}{2}\right) x^{3} \\
& +\left(3 \frac{a^{2}-a^{\prime 2}}{4}-5 \frac{a^{4}-a^{\prime 4}}{8}\right) x^{4} \\
& +\left(3 \frac{a-a^{\prime}}{8}-5 \frac{a^{3}-a^{\prime 3}}{4}+7 \frac{a^{5}-a^{\prime 5}}{8}\right) x^{5} \\
& +\left(-15 \frac{a^{2}-a^{\prime 2}}{16}+35 \frac{a^{4}-a^{\prime 4}}{16}-21 \frac{a^{6}-a^{\prime 6}}{16}\right) x^{6} \tag{E.250}
\end{align*}
$$

The difference in each term is with $b=[I]$ :

$$
\begin{equation*}
a^{n}-a^{\prime n}=\left(\frac{2 m_{F}}{[I]}\right)^{n}-\left(\frac{2\left(m_{F}-1\right)}{[I]}\right)^{n}=\left[\frac{2}{b}\right]^{n}\left[m_{F}^{n}-\left(m_{F}-1\right)^{n}\right] \tag{E.251}
\end{equation*}
$$

Factoring out $b^{n}$ from each term:

$$
\begin{align*}
\frac{\Delta}{2}= & \frac{x}{b}+\left[1-2 m_{F}\right] \frac{x^{2}}{b^{2}}+2\left[1-3 m_{F}+3 m_{F}^{2}-\frac{b^{2}}{4}\right] \frac{x^{3}}{b^{3}} \\
& +\left[5\left(1-4 m_{F}+6 m_{F}^{2}-4 m_{F}^{3}\right)-\frac{3 b^{2}}{2}\left(1-2 m_{F}\right)\right] \frac{x^{4}}{b^{4}} \\
& +\left[14\left(1-5 m_{F}+10 m_{F}^{2}-10 m_{F}^{3}+5 m_{F}^{4}\right)-5 b^{2}\left(1-3 m_{F}+3 m_{F}^{2}\right)+\frac{3 b^{4}}{8}\right] \frac{x^{5}}{b^{5}} \\
& +\left[42\left(1-6 m_{F}+15 m_{F}^{2}-20 m_{F}^{3}+15 m_{F}^{4}-6 m_{F}^{5}\right)\right] \frac{x^{6}}{b^{6}} \\
& +\left[-\frac{35 b^{2}}{2}\left(1-4 m_{F}+6 m_{F}^{2}-4 m_{F}^{3}\right)+\frac{15 b^{4}}{8}\left(1-2 m_{F}\right)\right] \frac{x^{6}}{b^{6}} \tag{E.252}
\end{align*}
$$

Putting this altogether gives (to sixth order in $x$ ), the frequency of transition for the $F=I \pm 1 / 2$ manifold at a given (low) field $B$ :

$$
\begin{align*}
\frac{\nu_{ \pm}}{\nu_{h f s}} & =\sum_{n=1}^{6} c_{n} \frac{x^{n}}{[I]^{n}}  \tag{E.253}\\
x & =\left(g_{I} \mu_{N}-g_{S} \mu_{B}\right) \frac{B}{h \nu_{h f s}}  \tag{E.254}\\
{[I] } & =2 I+1  \tag{E.255}\\
c_{1} & =\frac{1 \pm \frac{g_{I} \mu_{N}}{g s \mu_{B}}([I] \mp 1)}{1-\frac{g_{I} \mu_{N}}{g_{s} \mu_{B}}}=1 \mp O\left(10^{-3}\right)  \tag{E.256}\\
c_{2} & =1-2 m_{F}  \tag{E.257}\\
c_{3} & =2\left(1-3 m_{F}+3 m_{F}^{2}-\frac{[I]^{2}}{4}\right)  \tag{E.258}\\
c_{4} & =5\left(1-4 m_{F}+6 m_{F}^{2}-4 m_{F}^{3}\right)-\frac{3[I]^{2}}{2}\left(1-2 m_{F}\right)  \tag{E.259}\\
c_{5} & =14\left(1-5 m_{F}+10 m_{F}^{2}-10 m_{F}^{3}+5 m_{F}^{4}\right)-5[I]^{2}\left(1-3 m_{F}+3 m_{F}^{2}\right)+\frac{3[I]^{4}}{8} \tag{E.260}
\end{align*}
$$

$$
\begin{align*}
c_{6}= & 42\left(1-6 m_{F}+15 m_{F}^{2}-20 m_{F}^{3}+15 m_{F}^{4}-6 m_{F}^{5}\right) \\
& -\frac{35[I]^{2}}{2}\left(1-4 m_{F}+6 m_{F}^{2}-4 m_{F}^{3}\right)+\frac{15[I]^{4}}{8}\left(1-2 m_{F}\right) \tag{E.261}
\end{align*}
$$

where $\pm$ refers to the manifold.

## Low Field Frequency Inversion Formula

If we drop all terms higher than second order, then we can get an inversion formula for equation (E.253) for any transition at low field. Thus applying the quadratic formula E.241) and noting that $\mu_{N} / \mu_{B} \ll 1 \rightarrow c_{1} \approx 1$ and $g_{S} \approx-2$, we get the field corresponding to a particular transition frequency at low fields:

$$
\begin{equation*}
B \approx\left(\frac{h \nu}{\mu_{B}}\right) \frac{[I]}{1+\sqrt{1+4\left(1-2 m_{F}\right) \nu / \nu_{h f s}}} \tag{E.262}
\end{equation*}
$$

Table E. 4 illustrates how accurate this approximate equation is. For ${ }^{85} \mathrm{Rb}$, its better than $0.25 \%$ up to $\nu=16 \mathrm{MHz}$. For ${ }^{39} \mathrm{~K}$, its better than $0.50 \%$ up to $\nu=10 \mathrm{MHz}$.

## Low Field Adjacent Transition Frequency Difference

At low fields to lowest order, the frequency difference between two adjacent transitions depends on $B^{2}$ :

$$
\begin{equation*}
\left|\frac{\nu\left(m_{F}+1 \leftrightarrow m_{F}\right)-\nu\left(m_{F} \leftrightarrow m_{F}-1\right)}{\nu_{h f_{s}}}\right|=2 \frac{x^{2}}{[I]^{2}}=2\left[\left(g_{I} \mu_{N}-g_{S} \mu_{B}\right) \frac{B}{[I] h \nu_{h f s}}\right]^{2} \tag{E.263}
\end{equation*}
$$

At $B=10 \mathrm{G}, \Delta \nu=14.4 \mathrm{kHz}$ for ${ }^{85} \mathrm{Rb}$ and $\Delta \nu=212 \mathrm{kHz}$ for ${ }^{39} \mathrm{~K}$.

| ${ }^{39} \mathrm{~K}$ | $\nu=10 \mathrm{MHz}$ |  |  | $\nu=25 \mathrm{MHz}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $F \quad m_{F}$ | $B$ (full) | B E.262 | \% diff. | $B$ (full) | $B$ E.262 | \% diff. |
| $2-1$ | 13.422 | 13.465 | +0.32 | 30.923 | 31.276 | +1.14 |
| 10 | 14.011 | 13.993 | -0.13 | 34.514 | 33.974 | -1.56 |
| 20 | 14.018 | 13.993 | -0.18 | 34.532 | 33.974 | -1.62 |
| $1+1$ | 14.633 | 14.613 | -0.13 | 38.564 | 37.901 | -1.72 |
| $2+1$ | 14.642 | 14.613 | -0.19 | 38.590 | 37.901 | -1.79 |
| $2+2$ | 15.292 | 15.363 | +0.46 | 43.095 | 44.883 | +4.15 |
| ${ }^{85} \mathbf{R b}$ |  | $=6.5 \mathrm{MHz}$ |  |  | $=16 \mathrm{MHz}$ |  |
| $F \quad m_{F}$ | $B$ (full) | $B$ E.262 | \% diff. | $B$ (full) | $B$ E.262 | \% diff. |
| $3-2$ | 13.779 | 13.786 | +0.05 | 33.403 | 33.436 | $+0.10$ |
| $2-1$ | 13.814 | 13.844 | +0.22 | 33.700 | 33.769 | $+0.21$ |
| $3-1$ | 13.838 | 13.844 | +0.04 | 33.758 | 33.769 | +0.03 |
| 20 | 13.873 | 13.903 | +0.21 | 34.057 | 34.116 | $+0.17$ |
| 30 | 13.898 | 13.903 | +0.04 | 34.116 | 34.116 | -0.00 |
| $2+1$ | 13.933 | 13.962 | +0.21 | 34.417 | 34.478 | $+0.18$ |
| $3+1$ | 13.957 | 13.962 | +0.03 | 34.479 | 34.478 | -0.00 |
| $2+2$ | 13.992 | 14.023 | +0.22 | 34.781 | 34.855 | $+0.21$ |
| $3+2$ | 14.017 | 14.023 | +0.04 | 34.845 | 34.855 | $+0.03$ |
| $3+3$ | 14.078 | 14.085 | +0.05 | 35.215 | 35.250 | $+0.10$ |

Table E.4: Comparison of calculation of $B$ given $\nu$. All the fields are in gauss. The "full" calculation is solving Eqn. (blah) numerically. The approximate calculation is Eqn. E.262). Comparisons are made at $B \approx 15 \mathrm{G} \& 35 \mathrm{G}$. For ${ }^{39} \mathrm{~K}$ this corresponds to $\nu=10 \mathrm{MHz} \& 25 \mathrm{MHz}$. For ${ }^{85} \mathrm{Rb}$ this corresponds to $\nu=6.5 \mathrm{MHz} \& 16 \mathrm{MHz}$.

## Low Field Frequency Derivative with respect to Field

The derivative of the frequency with respect to the field is:

$$
\begin{equation*}
\frac{d \nu}{d B}=\mp \frac{g_{I} \mu_{N}}{h}+\frac{\left(g_{I} \mu_{N}-g_{S} \mu_{B}\right)}{2 h[I]}\left(\frac{2 m_{F}+[I] x}{\sqrt{1+\frac{4 m_{F}}{[I]} x+x^{2}}}-\frac{2 m_{F}-2+[I] x}{\sqrt{1+\frac{4\left(m_{F}-1\right)}{[I]} x+x^{2}}}\right) \tag{E.264}
\end{equation*}
$$

The derivative can be "expanded" in $x$ at low field by taking the derivative of equation (E.253) term by term. To fifth order in field, the derivative of the frequency with respect to the field is:

$$
\begin{align*}
\frac{d \nu_{ \pm}}{d B}= & \frac{\left(g_{I} \mu_{N}-g_{S} \mu_{B}\right)}{h[I]} \sum_{n=0}^{5} b_{n} \frac{x^{n}}{[I]^{n}}  \tag{E.265}\\
x= & \left(g_{I} \mu_{N}-g_{S} \mu_{B}\right) \frac{B}{h \nu_{h f s}}  \tag{E.266}\\
{[I]=} & 2 I+1  \tag{E.267}\\
b_{0}= & \frac{1 \pm \frac{g_{I} \mu_{N}}{g_{s} \mu_{B}}([I] \mp 1)}{1-\frac{g_{I} \mu_{N}}{g_{S} \mu_{B}}}=1 \mp O\left(10^{-3}\right)  \tag{E.268}\\
b_{1}= & 2\left(1-2 m_{F}\right)  \tag{E.269}\\
b_{2}= & 6\left(1-3 m_{F}+3 m_{F}^{2}-\frac{[I]^{2}}{4}\right)  \tag{E.270}\\
b_{3}= & 20\left(1-4 m_{F}+6 m_{F}^{2}-4 m_{F}^{3}\right)-6[I]^{2}\left(1-2 m_{F}\right)  \tag{E.271}\\
b_{4}= & 70\left(1-5 m_{F}+10 m_{F}^{2}-10 m_{F}^{3}+5 m_{F}^{4}\right)-25[I]^{2}\left(1-3 m_{F}+3 m_{F}^{2}\right)+\frac{15[I]^{4}}{8}  \tag{I}\\
b_{5}= & 252\left(1-6 m_{F}+15 m_{F}^{2}-20 m_{F}^{3}+15 m_{F}^{4}-6 m_{F}^{5}\right)  \tag{E.272}\\
& -105[I]^{2}\left(1-4 m_{F}+6 m_{F}^{2}-4 m_{F}^{3}\right)+\frac{45[I]^{4}}{4}\left(1-2 m_{F}\right) \tag{E.273}
\end{align*}
$$

These coefficients have simple forms for the end transitions. Plugging in $m_{F}=$ $I+1 / 2$ for $I+1 / 2 \leftrightarrow I-1 / 2$ and $m_{F}=-I+1 / 2$ for $-I+1 / 2 \leftrightarrow-I-1 / 2$, the
coefficients for the expansion of the derivative of the EPR frequency are:

$$
\begin{align*}
& b_{0}=\frac{1+\frac{g_{I} \mu_{N}}{g_{S} \mu_{B}}(2 I)}{1-\frac{g_{I} \mu_{N}}{g_{S} \mu_{B}}}=1-O\left(10^{-3}\right)  \tag{E.274}\\
& b_{1}=\mp 4 I  \tag{E.275}\\
& b_{2}=6 I(2 I-1)  \tag{E.276}\\
& b_{3}=\mp 8 I\left(4 I^{2}-6 I+1\right)  \tag{E.277}\\
& b_{4}=10 I(2 I-1)\left(4 I^{2}-10 I+1\right)  \tag{E.278}\\
& b_{5}=\mp 12 I\left(16 I^{4}-80 I^{3}+80 I^{2}-20 I+1\right) \tag{E.279}
\end{align*}
$$

where $\pm$ refers to the edge state $m_{F}= \pm\left(I+\frac{1}{2}\right)$ involved in the transition.

## E. 4 The Structure of Polarized Light

## E.4.1 Representing Electromagnetic Plane Waves

## Real Representation

The electric and magnetic field components of an electromagnetic plane wave traveling in the $z$-direction with arbitrary polarization in a uniform and isotropic medium can be written as:

$$
\begin{align*}
\vec{E}(\vec{r}, t) & =E_{x}(z, t) \hat{x}+E_{y}(z, t) \hat{y}=E_{0 x} \hat{x} \cos (k z-\omega t)+E_{0 y} \hat{y} \cos (k z-\omega t+\phi)  \tag{E.280}\\
\vec{B}(\vec{r}, t) & =\sqrt{\mu \epsilon}[\hat{z} \times \vec{E}(\vec{r}, t)]=\mu \vec{H}(\vec{r}, t)  \tag{E.281}\\
& =\sqrt{\mu \epsilon}\left[E_{0 x} \hat{y} \cos (k z-\omega t)-E_{0 y} \hat{x} \cos (k z-\omega t+\phi)\right] \tag{E.282}
\end{align*}
$$

In SI, the energy flux (energy per unit time per unit area or instantaneous power density) associated with the EM wave is given by the Poynting vector:

$$
\begin{align*}
\vec{S}(\vec{r}, t)= & \vec{E}(\vec{r}, t) \times \vec{H}(\vec{r}, t)=\frac{1}{\mu} \vec{E}(\vec{r}, t) \times \vec{B}(\vec{r}, t)=\sqrt{\frac{\epsilon}{\mu}} \vec{E}(\vec{r}, t) \times[\hat{z} \times \vec{E}(\vec{r}, t)]  \tag{E.283}\\
= & \sqrt{\frac{\epsilon}{\mu}}(\hat{z}[\vec{E}(\vec{r}, t) \cdot \vec{E}(\vec{r}, t)]-\vec{E}(\vec{r}, t)[\hat{z} \cdot \vec{E}(\vec{r}, t)])  \tag{E.284}\\
= & \hat{z} \sqrt{\frac{\epsilon}{\mu}}[\vec{E}(\vec{r}, t) \cdot \vec{E}(\vec{r}, t)]  \tag{E.285}\\
= & \hat{z} \sqrt{\frac{\epsilon}{\mu}} E_{0 x}^{2}\left[\cos ^{2}(k z) \cos ^{2}(\omega t)+\sin ^{2}(k z) \sin ^{2}(\omega t)+\frac{1}{2} \sin (2 k z) \sin (2 \omega t)\right] \\
& +\hat{z} \sqrt{\frac{\epsilon}{\mu}} E_{0 y}^{2}\left[\cos ^{2}(k z+\phi) \cos ^{2}(\omega t)+\sin ^{2}(k z+\phi) \sin ^{2}(\omega t)\right. \\
& \left.+\frac{1}{2} \sin (2 k z+2 \phi) \sin (2 \omega t)\right] \tag{E.286}
\end{align*}
$$

We'll define the intensity as the magnitude of the time averaged energy flux (or time averaged power density):

$$
\begin{align*}
I & \equiv \frac{\omega}{2 \pi} \int_{0}^{\frac{2 \pi}{\omega}} \hat{z} \cdot \vec{S}(\vec{r}, t) \mathrm{d} t  \tag{E.287}\\
\frac{1}{2} & =\frac{\omega}{2 \pi} \int_{0}^{\frac{2 \pi}{\omega}} \cos ^{2}(\omega t) \mathrm{d} t=\frac{\omega}{2 \pi} \int_{0}^{\frac{2 \pi}{\omega}} \sin ^{2}(\omega t) \mathrm{d} t  \tag{E.288}\\
I & =\sqrt{\frac{\epsilon}{\mu}}\left(\frac{E_{0 x}^{2}}{2}\left[\cos ^{2}(k z)+\sin ^{2}(k z)\right]+\frac{E_{0 y}^{2}}{2}\left[\cos ^{2}(k z+\phi)+\sin ^{2}(k z+\phi)\right]\right) \\
& \left.=\frac{1}{2} \sqrt{\frac{\epsilon}{\mu}}\left[E_{0 x}^{2}+E_{0 y}^{2}\right]=\left.\sqrt{\frac{\epsilon}{\mu}}\langle | \vec{E}\right|^{2}\right\rangle_{\text {time }} \tag{E.289}
\end{align*}
$$

where the time averaged magnitude of the electric field vector is given as:

$$
\begin{equation*}
\sqrt{\left.\left.\langle | \vec{E}\right|^{2}\right\rangle_{\text {time }}}=\sqrt{\frac{E_{0 x}^{2}+E_{0 y}^{2}}{2}} \tag{E.290}
\end{equation*}
$$

## Complex Representation: The Jones Calculus

We will use the Jones calculus [9-11] for defining the polarization state of the light (vectors) and the action of the various optical elements (matrices). This convention uses complex number representation and a linear polarization basis. The electric field component of a monochromatic electromagnetic plane wave with propagation vector $\vec{k}=k \hat{z}$ at time $t$ is:

$$
\begin{align*}
\vec{E}(z, t) & =E_{x}(z, t) \hat{x}+E_{y}(z, t) \hat{y}=|E\rangle e^{i k z-i \omega t}  \tag{E.291}\\
E_{x}(z, t) & =E_{0 x} \exp \left(i k z-i \omega t+i \alpha_{x}\right)  \tag{E.292}\\
E_{y}(z, t) & =E_{0 y} \exp \left(i k z-i \omega t+i \alpha_{y}\right)  \tag{E.293}\\
|E\rangle & \equiv\left[\begin{array}{c}
E_{0 x} e^{i \alpha_{x}} \\
E_{0 y} e^{i \alpha_{y}}
\end{array}\right] \tag{E.294}
\end{align*}
$$

where the relative phase shift is $\alpha=\alpha_{x}-\alpha_{y}$. Note that it is assumed that the real part of $\vec{E}$ is taken when the physical field is needed. At a fixed point is space and over one period $\left(=\frac{2 \pi}{\omega}\right)$ in time, $\vec{E}$ sweeps out an ellipse in the $x y$-plane given by (Born, Max and Emil Wolf. Principles of Optics, 7th (Expanded) Edition. Cambridge: Cambridge University Press, 1999. page 26, equation 15):

$$
\begin{equation*}
\left(\frac{E_{x}}{E_{0 x}}\right)^{2}+\left(\frac{E_{y}}{E_{0 y}}\right)^{2}-2\left(\frac{E_{x}}{E_{0 x}}\right)\left(\frac{E_{y}}{E_{0 y}}\right) \cos (\alpha)=\sin ^{2}(\alpha) \tag{E.295}
\end{equation*}
$$

In this representation, computing the modulus square of the electric field vector gives:

$$
\begin{equation*}
\vec{E}^{*} \cdot \vec{E}=\langle E \mid E\rangle=E_{0 x}^{2}+E_{0 y}^{2} \tag{E.296}
\end{equation*}
$$

The time averaged modulus squared of electric field vector is therefore:

$$
\begin{equation*}
|\vec{E}|_{\text {time }}^{2} \equiv \frac{\vec{E}^{*} \cdot \vec{E}}{2}=\frac{E_{0 x}^{2}+E_{0 y}^{2}}{2} \tag{E.297}
\end{equation*}
$$

and finally the intensity is:

$$
\begin{equation*}
I=\sqrt{\frac{\epsilon}{\mu}}\left\langle\vec{E}^{*} \cdot \vec{E}\right\rangle_{\mathrm{time}}=\sqrt{\frac{\epsilon}{\mu}} \frac{\langle E \mid E\rangle}{2}=\frac{\langle B \mid B\rangle}{2 \mu \sqrt{\epsilon \mu}} \tag{E.298}
\end{equation*}
$$

## E.4.2 Linear Polarization

For linear polarization, the relative phase shift is an integer multiple of half a wave,

$$
\begin{equation*}
\alpha= \pm n \pi \tag{E.299}
\end{equation*}
$$

or in other words the two components are in phase. Eqn. (E.295) becomes degenerate,

$$
\begin{equation*}
\left(\frac{E_{x}}{E_{0 x}}\right)^{2}+\left(\frac{E_{y}}{E_{0 y}}\right)^{2} \mp 2\left(\frac{E_{x}}{E_{0 x}}\right)\left(\frac{E_{y}}{E_{0 y}}\right)=0 \tag{E.300}
\end{equation*}
$$

with solutions

$$
\begin{equation*}
\frac{E_{y}}{E_{0 y}}=\mp \frac{E_{x}}{E_{0 x}} \tag{E.301}
\end{equation*}
$$

Two specific solutions are the orthogonal axes of the $x y$-plane which correspond to horizontal and vertical linearly polarized light. Horizontal linearly polarized light is denoted by

$$
|\mathcal{P}\rangle=|x\rangle=\left[\begin{array}{l}
1  \tag{E.302}\\
0
\end{array}\right]
$$

Vertical linearly polarized light is denoted by

$$
|S\rangle=|y\rangle=\left[\begin{array}{l}
0  \tag{E.303}\\
1
\end{array}\right]
$$

Linear polarization at an angle $\theta$ counterclockwise from the $x$-axis is

$$
|\theta\rangle=\left[\begin{array}{c}
\cos (\theta)  \tag{E.304}\\
\sin (\theta)
\end{array}\right]
$$

## E.4.3 Circular Polarization

When the relative phase shift is a quarter wave,

$$
\begin{equation*}
\alpha= \pm(2 n+1) \frac{\pi}{2} \tag{E.305}
\end{equation*}
$$

and the magnitudes of the two components are identical,

$$
\begin{equation*}
E_{0 x}=E_{0 y} \tag{E.306}
\end{equation*}
$$

then eqn. E.295 reduces to an equation for a circle:

$$
\begin{equation*}
E_{x}^{2}+E_{y}^{2}=1 \tag{E.307}
\end{equation*}
$$

The two orthogonal states are labeled by their helicity, namely the sign of the projection of the spin to the propagation vector. Right circularly polarized light,

$$
|\mathcal{R}\rangle=|+\rangle=\frac{\sqrt{2}}{2}\left[\begin{array}{c}
1  \tag{E.308}\\
+i
\end{array}\right]
$$

following the right hand rule such that the spin is parallel to the direction of propagation. Left circularly polarized light,

$$
|\mathcal{L}\rangle=|-\rangle=\frac{\sqrt{2}}{2}\left[\begin{array}{r}
1  \tag{E.309}\\
-i
\end{array}\right]
$$

is anti-parallel. Note that the standard optics convention is opposite to the helicity convention. In the helicity convention, for right circularly polarized light, $\vec{E}$ rotates counterclockwise in the $x y$-plane at a fixed point in space. In the standard optics convention, for right circularly polarized light, $\vec{E}$ rotates counterclockwise in the $x y$-plane at a fixed moment in time as you move forward in the direction of propagation. See fig. (4.15). Unless otherwise noted, the helicity convention will be used. See page 400 of Waves [12] for further discussion regarding handedness convention and also 4.5.3.

## E.4. 4 Stokes Parameters

Since the polarization vector of light has two components with complex coefficients, four real numbers are required to describe it completely. These real numbers are called Stokes parameters. Unfortunately many different conventions exist in the literature. For our purposes, the most useful convention in the circular po-
larization basis for arbitrarily polarized light is:

$$
\begin{equation*}
|E\rangle=E_{0} e^{i \phi_{p}}\left[\sqrt{\frac{1+P}{2}} e^{-i \theta}|\mathcal{R}\rangle+\sqrt{\frac{1-P}{2}} e^{+i \theta}|L\rangle\right] \tag{E.310}
\end{equation*}
$$

where $\phi_{p}$ is just an overall phase factor that rarely contains any useful information about the light. Equivalently in the linear polarization basis, it is written as:

$$
\begin{equation*}
|E\rangle=E_{0} e^{i \phi_{p}}\left[\left(\sqrt{1-P} \frac{e^{e^{+i \theta}}}{2}+\sqrt{1+P} \frac{e^{e^{-i \theta}}}{2}\right)|\mathcal{P}\rangle+\left(\sqrt{1-P} \frac{e^{e^{+i \theta}}}{2 i}-\sqrt{1+P} \frac{e^{e^{-i \theta}}}{2 i}\right)|S\rangle\right] \tag{E.311}
\end{equation*}
$$

The magnitude of $\vec{E}$ is:

$$
\begin{equation*}
\sqrt{\langle E \mid E\rangle}=\sqrt{\left\langle E_{\mathcal{R}} \mid E_{\mathfrak{R}}\right\rangle+\left\langle E_{\mathcal{L}} \mid E_{\mathcal{L}}\right\rangle}=\sqrt{\left(\frac{1+P}{2}\right) E_{0}^{2}+\left(\frac{1-P}{2}\right) E_{0}^{2}}=E_{0} \tag{E.312}
\end{equation*}
$$

The degree of circular polarization of the light is:

$$
\begin{equation*}
\frac{\left\langle E_{\mathcal{R}} \mid E_{\mathcal{R}}\right\rangle-\left\langle E_{\mathcal{L}} \mid E_{\mathcal{L}}\right\rangle}{\langle E \mid E\rangle}=\frac{\left(\frac{1+P}{2}\right) E_{0}^{2}-\left(\frac{1-P}{2}\right) E_{0}^{2}}{E_{0}^{2}}=P \tag{E.313}
\end{equation*}
$$

where $P=+(-) 1$ for pure right (left) circular polarization and $P=0$ for pure linear polarization. In the linear basis for pure linear polarization:

$$
\begin{align*}
|E\rangle & =E_{0} e^{i \phi_{p}}\left[\left(\frac{e^{+i \theta}}{2}+\frac{e^{-i \theta}}{2}\right)|\mathcal{P}\rangle+\left(\frac{e^{+i \theta}}{2 i}-\frac{e^{-i \theta}}{2 i}\right)|\mathcal{S}\rangle\right] \\
& =E_{0} e^{i \phi_{p}}[\cos (\theta)|\mathcal{P}\rangle+\sin (\theta)|\mathcal{S}\rangle] \tag{E.314}
\end{align*}
$$

where $\theta$ is the angle of the linear polarization vector with respect to the $|\mathcal{T}\rangle$-axis. In general for elliptically polarized light, $\theta$ is the angle that the major axis of the polarization ellipse makes with the $|\mathcal{P}\rangle$-axis.

## E.4.5 Mirrors

Mirrors are produced by applying one or more layers of a thin film coating onto a substrate. The index of refraction and thickness of the thin film is chosen to maximize reflection. The reflectivity of the mirror and the phase shift induced in the light depends on the polarization of the light and its angle of incidence. The mirrors we commonly use (Newport Corporation, 1791 Deere Ave, Irvine, CA 92606, 1-800-222-6440) have a minimum reflectivity of $99 \%$ for $\mathcal{P}$ polarized light and $98 \%$ for $\mathcal{S}$ polarized light in the 700-950 nm range for angles from 0-45 degrees (broadband dielectric coating BD.2). Specifically, at 45 degrees and at a wavelength of around 800 nm , the relflectivities for $\mathcal{P} \& \mathcal{S}$ polarized light are $99.5 \%$ and $99.9 \%$. Since the reflectivity is defined as the ratio of output to input intensities, the reflection coefficient is the square root of the reflectivity:

$$
\begin{align*}
& r_{P}=\sqrt{R_{P}} \approx 0.9975  \tag{E.315}\\
& r_{S}=\sqrt{R_{S}} \approx 0.9995 \tag{E.316}
\end{align*}
$$

If the light is circularly polarized or a mix of $\mathcal{S}$ and $\mathscr{P}$ linear polarizations, then it is necessary to include a small relative phase shift factor, $\delta_{m}$. Unfortunately, this value is not given in the optics catalogs and must be obtained empirically if needed. A simplified form for the mirror matrix is then:

$$
\hat{M}=\left[\begin{array}{cc}
r_{P} & 0  \tag{E.317}\\
0 & r_{s} e^{i \delta_{m}}
\end{array}\right]
$$

A fully general mirror matrix would be, in principle, complex and may even contain small non-zero off diagonal elements.


Figure E.2: Top view of BSPC

## E.4.6 Beam Splitting Polarizing Cubes

## Matrix Representation

An ideal beam splitting polarizing cube (BSPC) simply splits an incoming beam into it's two linearly polarized components. Once separated, the two beam paths are orthogonal, see fig. (E.2). The transmitted beam is selected by

$$
\hat{C}_{t}=\left[\begin{array}{ll}
1 & 0  \tag{E.318}\\
0 & 0
\end{array}\right]
$$

and the reflected beam is selected by

$$
\hat{C}_{r}=\left[\begin{array}{ll}
0 & 0  \tag{E.319}\\
0 & 1
\end{array}\right]
$$

For the ideal case, the transmitted and reflected beams are pure $P$ \& $\mathcal{S}$ linear polarizations respectively. In practice the splitting and polarizing are imperfect. According to RMI (Dr. Zhiming Lu, zlu@rmico.com, Rocky Mountain Instruments, 106 Laser Drive, Lafayette, CO, 80026, 303-664-5000), our 2" BSPC has an extinction ratio for the transmitted beam of $\geq 1000: 1$ whereas for the reflected beam it is $\leq 20: 1$. The transmittance is about $\geq 95 \%$, whereas the reflectance is about $\geq 99.9 \%$. Therefore a more realistic form of $\hat{C}$ can be written. For example, for the transmitted beam:

$$
\begin{align*}
\hat{C}_{t} & =\left[\begin{array}{cc}
t_{1} & 0 \\
0 & t_{2}
\end{array}\right]  \tag{E.320}\\
T_{t} & =\frac{I_{\text {transmitted }}}{I_{\text {input } P}}=t_{1}^{2}+t_{2}^{2}  \tag{E.321}\\
e_{t} & =\frac{I_{\text {transmitted } P}}{I_{\text {transmitted } \mathcal{S}}}=\frac{t_{1}^{2}}{t_{2}^{2}} \tag{E.322}
\end{align*}
$$

where $t$ is the transmittance and $e_{t}$ is the extinction ratio for the transmitted beam. Solving for $t_{1} \& t_{2}$ in terms of $t \& e_{t}$ and doing the same for the reflected beam, the
more general cube matrices become:

$$
\begin{align*}
& \hat{C}_{t}=\left[\begin{array}{cc}
\sqrt{\frac{T_{t}}{1+e_{t}^{-1}}} & 0 \\
0 & \sqrt{\frac{T_{t}}{1+e_{t}}}
\end{array}\right]  \tag{E.323}\\
& \hat{C}_{r}=\left[\begin{array}{cc}
\sqrt{\frac{T_{r}}{1+e_{r}}} & 0 \\
0 & \sqrt{\frac{T_{r}}{1+e_{r}^{-1}}}
\end{array}\right] \tag{E.324}
\end{align*}
$$

Given the specifications for our cube, the matrices are:

$$
\begin{align*}
& \hat{C}_{t} \approx\left[\begin{array}{cc}
0.974 & 0 \\
0 & 0.031
\end{array}\right]  \tag{E.325}\\
& \hat{C}_{r} \approx\left[\begin{array}{cc}
0.213 & 0 \\
0 & 0.951
\end{array}\right]
\end{align*}
$$

The fully general cube matrices could be, in principle, complex and have non-zero off diagonal elements.

## Measuring the degree of circular polarization

One can measure the degree of circular polarization of a beam of light by using a rotatable beam splitting polarizing cube. Note that an input light polarization angle of $\theta$ with respect to the cube axis is equivalent to having the cube axis be $-\theta$ from the light polarization $\mathcal{P}$ axis. Therefore varying $\theta$ is equivalent to rotating the cube. If the incident light is normal to the cube, then the intensity of the light
transmitted through the cube is given by:

$$
\begin{align*}
I_{t}= & \left.\left|\hat{C}_{t}\right| E\right\rangle\left.\right|^{2}=t_{1}^{2}\left\langle E_{\mathcal{P}} \mid E_{\mathcal{P}}\right\rangle+t_{2}^{2}\left\langle E_{\mathcal{S}} \mid E_{\mathcal{S}}\right\rangle \\
= & \frac{E_{0}^{2} T_{t} e_{t}}{1+e_{t}}\left(\frac{1-P+1+P+2 \sqrt{1-P^{2}} \cos (2 \theta)}{4}\right) \\
& +\frac{E_{0}^{2} T_{t}}{1+e_{t}}\left(\frac{1-P+1+P-2 \sqrt{1-P^{2}} \cos (2 \theta)}{4}\right) \\
= & \frac{E_{0}^{2} T_{t}}{2}\left[1+\left(\frac{e_{t}-1}{e_{t}+1}\right) \sqrt{1-P^{2}} \cos (2 \theta)\right] \tag{E.327}
\end{align*}
$$

The maximum and minimum transmitted intensities are:

$$
\begin{align*}
& I_{\max }=\frac{E_{0}^{2} T_{t}}{2}\left[1+\left(\frac{e_{t}-1}{e_{t}+1}\right) \sqrt{1-P^{2}}\right]  \tag{E.328}\\
& I_{\min }=\frac{E_{0}^{2} T_{t}}{2}\left[1-\left(\frac{e_{t}-1}{e_{t}+1}\right) \sqrt{1-P^{2}}\right] \tag{E.329}
\end{align*}
$$

Defining the cube efficiency $f_{c}$ and forming the cube asymmetry $A_{c}$ yields a polarization "Pythagorean" expression:

$$
\begin{align*}
f_{c} & \equiv \frac{e_{t}-1}{e_{t}+1}  \tag{E.330}\\
A_{c} & \equiv \frac{I_{\max }-I_{\min }}{I_{\max }+I_{\min }}=f_{c} \sqrt{1-P^{2}}  \tag{E.331}\\
1 & =P^{2}+\left(\frac{A_{c}}{f_{c}}\right)^{2} \tag{E.332}
\end{align*}
$$

where $P$ is the degree if circular polarization.

## E.4.7 Waveplates

## Matrix Representation

A waveplate is an optical element that has different indices of refraction along two orthogonal axes, see fig. (E.3). This results in a net phase shift between the linear components of the polarization vector. First, the polarization vector has to be expressed in the basis of the waveplate. Therefore, a passive or coordinate system rotation of angle $\phi$ radians is performed,

$$
\hat{R}(\phi)=\left[\begin{array}{rr}
\cos (\phi) & \sin (\phi)  \tag{E.333}\\
-\sin (\phi) & \cos (\phi)
\end{array}\right]
$$

followed by a relative phase retardation of $\beta$ radians,

$$
\hat{W}(\beta)=\left[\begin{array}{cc}
\exp \left(+i \frac{\beta}{2}\right) & 0  \tag{E.334}\\
0 & \exp \left(-i \frac{\beta}{2}\right)
\end{array}\right]
$$

and finally a rotation back to the original basis, $\hat{R}(-\phi)$. The complete waveplate operator is thus:

$$
\begin{align*}
\hat{W}(\phi, \beta)= & \hat{R}(-\phi) \hat{W}(\beta) \hat{R}(\phi)=\exp \left(-i \frac{\beta}{2}\right) \times \\
& {\left[\begin{array}{cc}
1+2 i \exp \left(i \frac{\beta}{2}\right) \sin \left(\frac{\beta}{2}\right) \cos ^{2}(\phi) & i \exp \left(i \frac{\beta}{2}\right) \sin \left(\frac{\beta}{2}\right) \sin (2 \phi) \\
i \exp \left(i \frac{\beta}{2}\right) \sin \left(\frac{\beta}{2}\right) \sin (2 \phi) & 1+2 i \exp \left(i \frac{\beta}{2}\right) \sin \left(\frac{\beta}{2}\right) \sin ^{2}(\phi)
\end{array}\right] } \tag{E.335}
\end{align*}
$$

Note that for one complete wave, $\beta=2 \pi$. Typically the fast axis is taken to be vertical.


Figure E.3: Coordinate System of a Waveplate space convention fast axis

## Half Waveplate

A half-waveplate has a retardance $\beta=\frac{2 \pi}{2}=\pi$. When it is orientated at an angle of $\phi$ from a set of reference axes, the waveplate matrix becomes:

$$
\hat{W}_{\frac{1}{2}}(\phi)=i\left[\begin{array}{rr}
\cos (2 \phi) & \sin (2 \phi)  \tag{E.336}\\
\sin (2 \phi) & -\cos (2 \phi)
\end{array}\right]
$$

This operation implies that each linear polarization component of some arbitrarily polarized light is rotated by twice the angle between the linear polarization axis and the waveplate fast axis. If the the linear polarization is either $S$ or $\mathcal{P}$, then a half-waveplate at an angle $\phi$ with respect to the polarization axis rotates the linear polarization by an angle of $2 \phi$. A half-waveplate at $\pm 45^{\circ}$ simplify flips $\mathcal{P} \leftrightarrow \mathcal{S}$. For pure circularly polarized light, a half-waveplate orientated at any angle simply flips $\mathcal{L} \leftrightarrow \mathcal{R}$.

## Quarter Waveplate

For a quarter-waveplate with retardance $\beta=\frac{2 \pi}{4}=\frac{\pi}{2}$, orientated at an angle of $45^{\circ}$, the matrix becomes:

$$
\hat{W}_{\frac{1}{4}}\left(\frac{\pi}{4}\right)=\frac{\sqrt{2}}{2}\left[\begin{array}{ll}
1 & i  \tag{E.337}\\
i & 1
\end{array}\right]
$$

To be explicit, a quarter-waveplate with its fast axis rotated counterclockwise by $45^{\circ}$ turns horizontal linearly polarized light into right circularly polarized light,

$$
\begin{align*}
\hat{W}_{\frac{1}{4}}\left(\frac{\pi}{4}\right)|\mathcal{P}\rangle & =|\mathcal{R}\rangle  \tag{E.338}\\
\hat{W}_{\frac{1}{4}}\left(\frac{\pi}{4}\right)|\mathcal{R}\rangle & =i|\mathcal{S}\rangle  \tag{E.339}\\
\hat{W}_{\frac{1}{4}}\left(\frac{\pi}{4}\right)|\mathcal{S}\rangle & =i|\mathcal{L}\rangle  \tag{E.340}\\
\hat{W}_{\frac{1}{4}}\left(\frac{\pi}{4}\right)|\mathcal{L}\rangle & =|\mathcal{P}\rangle \tag{E.341}
\end{align*}
$$

and so forth following the simple pattern $\mathcal{P} \rightarrow \mathcal{R} \rightarrow \mathcal{S} \rightarrow \mathcal{L} \rightarrow \mathcal{P}$. An angle of $-45^{\circ}$ simply reverses the direction of the arrows. Note that in the RHS of the two middle equations, there is an overall phase factor ( $i$ ) which for our purposes is unimportant.

## Photoelastic Modulator

A photoelastic modulator is a variable retardance waveplate. The retardance can be fixed at a constant value or (more importantly) modulated at a frequency $\nu_{\text {mod }}$ $\left(=\Omega_{\bmod } / 2 \pi\right):$

$$
\begin{equation*}
\beta(t)=\beta_{0} \sin \left(\Omega_{\bmod } t+\phi_{\bmod }\right) \tag{E.342}
\end{equation*}
$$

The PEM that we have (Hinds Instruments, 3175 NW Aloclek, Hillsboro, OR 97124, $503-690-2000$ ) oscillates at 50 kHz . The ability to modulate the phase retardance and therefore modulate the polarization of the incident light makes a PEM (in conjunction with a lock-in amplifier) useful as a high precision polarimeter. Note the
following useful relationships from p. 361 of Abramowitz ES Stegun [13]:

$$
\begin{align*}
\sin \left(\beta_{0} \sin \left(\Omega_{\mathrm{mod}} t\right)\right) & =2 \sum_{n=0}^{\infty} J_{2 n+1}\left(\beta_{0}\right) \sin \left((2 n+1) \Omega_{\mathrm{mod}} t\right) \\
& =2 J_{1}\left(\beta_{0}\right) \sin \left(\Omega_{\mathrm{mod}} t\right)+\cdots  \tag{E.343}\\
\sin \left(\beta_{0} \cos \left(\Omega_{\mathrm{mod}} t\right)\right) & =2 \sum_{n=0}^{\infty}(-)^{n} J_{2 n+1}\left(\beta_{0}\right) \cos \left((2 n+1) \Omega_{\mathrm{mod}} t\right) \\
& =2 J_{1}\left(\beta_{0}\right) \cos \left(\Omega_{\mathrm{mod}} t\right)-\cdots  \tag{E.344}\\
\cos \left(\beta_{0} \sin \left(\Omega_{\mathrm{mod}} t\right)\right) & =J_{0}\left(\beta_{0}\right)+2 \sum_{n=1}^{\infty} J_{2 n}\left(\beta_{0}\right) \cos \left(2 n \Omega_{\mathrm{mod}} t\right) \\
& =J_{0}\left(\beta_{0}\right)+2 J_{2}\left(\beta_{0}\right) \cos \left(2 \Omega_{\mathrm{mod}} t\right)+\cdots  \tag{E.345}\\
\cos \left(\beta_{0} \cos \left(\Omega_{\mathrm{mod}} t\right)\right) & =J_{0}\left(\beta_{0}\right)+2 \sum_{n=1}^{\infty}(-)^{n} J_{2 n}\left(\beta_{0}\right) \cos \left(2 n \Omega_{\mathrm{mod}} t\right) \\
& =J_{0}\left(\beta_{0}\right)-2 J_{2}\left(\beta_{0}\right) \cos \left(2 \Omega_{\mathrm{mod}} t\right)+\cdots \tag{E.346}
\end{align*}
$$

## E. 5 The Effect on Alkali Atoms Due to Polarized Light

## E.5.1 Density Matrix

## Definition \& Basic Properties

To discuss the change in the relative populations of different states due to transitions, it is useful to first introduce the density matrix [14-18]. The density matrix is often used to represent a large ensemble of systems in a statistical mixture of pure quantum states, for example, a vapor of polarized alkali atoms. To be explicit, given a statistical probability $p_{k}$ of being in the pure quantum state $\left|\psi_{k}\right\rangle$, the density matrix is defined as

$$
\begin{equation*}
\rho \equiv \sum_{k} p_{k}\left|\Psi_{k}\right\rangle\left\langle\Psi_{k}\right| \tag{E.347}
\end{equation*}
$$

where $\left|\Psi_{k}\right\rangle$ is, in general, a superposition of eigenstates:

$$
\begin{equation*}
\left|\Psi_{k}\right\rangle=\sum_{n} c_{k n}(t)|n\rangle \quad \& \quad\left\langle\Psi_{k}\right|=\sum_{m} c_{k m}^{*}(t)\langle m| \tag{E.348}
\end{equation*}
$$

The complex coefficients $c_{k n}(t)$ contain all of the time dependence. For notational convenience we'll drop the $(t)$ and expanding the density matrix in this eigenbasis gives

$$
\begin{equation*}
\rho=\sum_{k, m, n} p_{k} c_{k m}^{*} c_{k n}|n\rangle\langle m| \tag{E.349}
\end{equation*}
$$

where the matrix elements are

$$
\begin{equation*}
\rho_{b a}=\langle b| \rho|a\rangle=\sum_{k, m, n} p_{k} c_{k m}^{*} c_{k n}\langle b \mid n\rangle\langle m \mid a\rangle=\sum_{k} p_{k} c_{k a}^{*} c_{k b} \tag{E.350}
\end{equation*}
$$

The diagonal elements $(b=a)$ have a simple and straightforward physical interpretation: they are the combined statistical and quantum mechanical probabilities of being in the eigenstate $|a\rangle$. We've assumed that everything has been normalized properly:

$$
\begin{equation*}
\sum_{n} c_{k n}^{*} c_{k n}=\sum_{n}\left|c_{k n}\right|^{2}=1 \quad \& \quad \sum_{k} p_{k}=1 \tag{E.351}
\end{equation*}
$$

Off-diagonal elements $(b \neq a)$ are called coherences and are complex conjugates of each other

$$
\begin{equation*}
\rho_{b a}=\rho_{a b}^{*} \quad \rightarrow \quad \rho=\rho^{\dagger} \tag{E.352}
\end{equation*}
$$

which implies that the density matrix is Hermitian, by construction.

## Time Evolution: Liouville Equation

The time evolution of the density matrix is easily derived by first differentiating with respect to time $t$

$$
\begin{equation*}
\frac{d \rho}{d t}=\dot{\rho}=\sum_{k} p_{k}\left(\frac{\partial\left|\Psi_{k}\right\rangle}{\partial t}\left\langle\Psi_{k}\right|+\left|\Psi_{k}\right\rangle \frac{\partial\left\langle\Psi_{k}\right|}{\partial t}\right) \tag{E.353}
\end{equation*}
$$

and then applying Schrodinger equation

$$
\begin{equation*}
\frac{\partial\left|\Psi_{k}\right\rangle}{\partial t}=-\frac{i}{\hbar} \mathcal{H}\left|\Psi_{k}\right\rangle \quad \& \quad \frac{\partial\left\langle\Psi_{k}\right|}{\partial t}=+\frac{i}{\hbar}\left\langle\Psi_{k}\right| \mathcal{H} \tag{E.354}
\end{equation*}
$$

where $\mathcal{H}$ is the full Hamiltonian of the system. The end result is known as the Liouville equation:

$$
\begin{equation*}
\dot{\rho}=-\frac{i}{\hbar}(\mathcal{H} \rho-\rho \mathcal{H})=-\frac{i}{\hbar}[\mathcal{H}, \rho] \tag{E.355}
\end{equation*}
$$

We'll write $\mathcal{H}$ as the sum of the free Hamiltonian $\mathcal{H}_{0}$ and the interaction term $\mathcal{W}$ :

$$
\begin{equation*}
\mathcal{H}=\mathcal{H}_{0}+\mathcal{W} \quad \& \quad \mathcal{H}_{0}|n\rangle=\hbar \omega_{n}|n\rangle \tag{E.356}
\end{equation*}
$$

where the energy associated with the eigenstate $n$ in the free Hamiltonian is $\hbar \omega_{n}$. Expanding $\rho$ in the eigenbasis of $\mathcal{H}_{0}$ and collecting terms gives:

$$
\begin{equation*}
\dot{\rho}=-\frac{i}{\hbar} \sum_{k, n, m} p_{k} c_{k m}^{*} c_{k n}\left\{\left(\hbar \omega_{n m}+\mathcal{W}\right)|n\rangle\langle m|-|n\rangle\langle m| \mathcal{W}\right\} \tag{E.357}
\end{equation*}
$$

where we've set $\omega_{n m}=\omega_{n}-\omega_{m}$. Placing this result inside $\langle b| \cdots|a\rangle$ gives the projection:

$$
\begin{equation*}
\dot{\rho}_{b a}=-\frac{i}{\hbar} \sum_{k, n, m} p_{k} c_{k m}^{*} c_{k n}\left\{\left(\hbar \omega_{n m}\langle b \mid n\rangle+\langle b| \mathcal{W}|n\rangle\right)\langle m \mid a\rangle-\langle b \mid n\rangle\langle m| \mathcal{W}|n\rangle\right\} \tag{E.358}
\end{equation*}
$$

Reducing the sums over $n$ and $m$ by noting $\langle j \mid k\rangle=\delta_{j k}$ gives a set of coupled differential equations:

$$
\begin{equation*}
\dot{\rho}_{b a}=-i \omega_{b a} \rho_{b a}-\frac{i}{\hbar} \sum_{n}\left(\rho_{n a}\langle b| \mathcal{W}|n\rangle-\rho_{b n}\langle n| \mathcal{W}|a\rangle\right) \tag{E.359}
\end{equation*}
$$

where we've relabeled the dummy variable of the last term $m \rightarrow n$. When there is no interaction $(\mathcal{W}=0)$, the equations become uncoupled:

$$
\begin{equation*}
\dot{\rho}_{b a}=-i \omega_{b a} \rho_{b a} \tag{E.360}
\end{equation*}
$$

and are easily solved:

$$
\begin{align*}
\rho_{b a}(t) & =\rho_{b a}(0) \exp \left(-i \omega_{b a} t\right)  \tag{E.361}\\
& \text { for coherences }(b \neq a)  \tag{E.362}\\
\rho_{a a}(t)=\rho_{a}(t) & =\rho_{a}(0)=\mathrm{constant}
\end{align*} \quad \text { for populations }(b=a)
$$

## Expectation Values: Trace

The expectation value of some operator $\mathcal{U}$ for a state $\left|\Psi_{k}\right\rangle$ is given by $\langle\mathcal{U}\rangle_{k}=$ $\left\langle\Psi_{k}\right| \mathcal{U}\left|\left|\Psi_{k}\right\rangle\right.$. For a system in a statistical mixture of pure quantum states, we have
to average $\langle\mathcal{U}\rangle_{k}$ over all $k$ :

$$
\begin{equation*}
\langle\mathcal{U}\rangle=\sum_{k} p_{k}\langle\mathcal{U}\rangle_{k}=\sum_{k} p_{k}\left\langle\Psi_{k}\right| \mathcal{U}\left|\Psi_{k}\right\rangle=\sum_{k, n, m} p_{k} c_{k m}^{*} c_{k n}\langle m| \mathcal{U}|n\rangle=\sum_{n, m}\langle n| \rho|m\rangle\langle m| \mathcal{U}|n\rangle \tag{E.363}
\end{equation*}
$$

We can write this sum in a more illuminating way by inserting three copies of the complete projection operator $1=\sum_{a}|a\rangle\langle a|$ :

$$
\begin{equation*}
\sum_{n, m}\langle n| \rho|m\rangle\langle m| \mathcal{U}|n\rangle=\sum_{n, m}\langle n|\left(\sum_{a}|a\rangle\langle a|\right) \rho\left(\sum_{b}|b\rangle\langle b|\right)|m\rangle\langle m| \mathcal{U}\left(\sum_{\ell}|\ell\rangle\langle\ell|\right)|n\rangle \tag{E.364}
\end{equation*}
$$

When we group the sums appropriately, we find:

$$
\begin{equation*}
\left.\sum_{n}\langle n|\left(\sum_{a, b}|a\rangle\langle a| \rho|b\rangle\langle b|\right)\left(\sum_{m, \ell}|m\rangle\langle m| \mathcal{U}|\ell\rangle\langle\ell|\right)|n\rangle=\sum_{n}\langle n| \rho \mathcal{U}| | n\right\rangle \tag{E.365}
\end{equation*}
$$

The action defined by $\sum_{n}\langle n|(\cdots)|n\rangle$ is simply the sum of the diagonal elements of the enclosed matrix, in other words: the trace $\operatorname{Tr}(\cdots)$. To summarize, in the density matrix formulation, the expectation value of some operator $\mathcal{U l}$ is given by the trace of the product $\rho \mathcal{U}$ :

$$
\begin{equation*}
\langle\mathcal{U}\rangle=\operatorname{Tr}(\mathcal{U} l \rho)=\operatorname{Tr}(\rho \mathcal{U})=\sum_{n, m}\langle n| \rho|m\rangle\langle m| \mathcal{U}|n\rangle \tag{E.366}
\end{equation*}
$$

## E.5.2 General Electromagnetic Dipole Interaction

## Dipole Moment Operator

The interaction of light with an alkali atom can be written semiclassically as:

$$
\begin{equation*}
\mathcal{W}=-\vec{m} \cdot \Re \vec{F}(\vec{r}, t) \tag{E.367}
\end{equation*}
$$

where $\vec{F}$ is the field component of the incident light in the complex representation and $\vec{m}$ is a dipole moment operator of the form:

$$
\begin{equation*}
\vec{m}=\sum_{q} m_{0} \mathcal{U}_{q} \hat{\varepsilon}_{q}^{*} \tag{E.368}
\end{equation*}
$$

where $m_{0}$ is magnitude of the moment and $\left\{\hat{\varepsilon}_{q}^{*}\right\}$ are unit basis vectors. The operator associated with the dipole moment, $\mathcal{U}_{q}$, connects the eigenstate $m$ with the eigenstate $m+q$ :

$$
\begin{equation*}
\mathcal{U}_{q}=\sum_{m, n} \delta_{m+q, n}|n\rangle\langle n| \mathcal{U}_{q}|m\rangle\langle m|=\sum_{m}|m+q\rangle\langle m+q| \mathcal{U}_{q}|m\rangle\langle m| \tag{E.369}
\end{equation*}
$$

A subtle point to note is that the interaction depends only on the real part of the field. To be explicit, the real part of the field in the complex representation is:

$$
\begin{equation*}
\Re \vec{F}(\vec{r}, t)=\Re \vec{F}_{0} \exp (i \vec{k} \cdot \vec{r}-\omega t)=F_{0}\left[\hat{F}_{0} \exp (i \vec{k} \cdot \vec{r}-i \omega t)+\hat{F}_{0}^{*} \exp (-i \vec{k} \cdot \vec{r}+i \omega t)\right] \tag{E.370}
\end{equation*}
$$

where $F_{0}$ is the real magnitude of the field, $\hat{F}_{0}$ is the complex unit polarization vector, $\vec{k}$ is the wave vector of the light, $\vec{r}$ is its direction of propagation, and $\omega$ is the angular frequency.

## Dipole Approximation

We'll make the dipole approximation by noting:

$$
\begin{equation*}
|\vec{k} \cdot \vec{r}|=k r=\frac{2 \pi r}{\lambda} \approx \frac{2 \pi 5 a_{0}}{\lambda} \approx \frac{2 \pi 5(0.053 \mathrm{~nm})}{780 \mathrm{~nm}} \approx 0.002 \ll 1 \tag{E.371}
\end{equation*}
$$

where $a_{0}$ is the Bohr radius ( $5 a_{0}$ is the characteristic scale of an $K$ or Rb atom) and $\lambda$ is the wavelength of the light. Shorter wavelengths correspond to the transitions with the larger energy differences. The transitions with the largest energy differences that we'll be discussing are the $D 1$ and $D 2$ transitions of alkali atoms. For K and Rb , this is around 780 nm , therefore, the dipole approximation is a very good one under our conditions. Physically, this means that the amplitude of the electromagnetic wave hitting the atom does not vary much in amplitude over the size scale of the atom. As a consequence, we'll drop the $\vec{k} \cdot \vec{r}$ term and write the interaction as:

$$
\begin{equation*}
\mathcal{W}=-m_{0} F_{0} \sum_{q} \mathcal{U}_{q}\left[\hat{\varepsilon}_{q}^{*} \cdot \hat{F}_{0} \exp (-i \omega t)+\hat{\varepsilon}_{q}^{*} \cdot \hat{F}_{0}^{*} \exp (+i \omega t)\right]=-\hbar \Omega \sum_{q, s}\left\{u_{q}^{s} \exp (+i s \omega t) \mathcal{U}_{q}\right\} \tag{E.372}
\end{equation*}
$$

where $s= \pm 1$ and we've made the following substitutions:

$$
\begin{equation*}
\hbar \Omega=m_{0} F_{0} \quad u_{q}^{-}=\hat{\varepsilon}_{q}^{*} \cdot \hat{F}_{0} \quad u_{q}^{+}=\hat{\varepsilon}_{q}^{*} \cdot \hat{F}_{0}^{*} \tag{E.373}
\end{equation*}
$$

Since $\mathcal{W}$ is Hermitian, $\left(\mathcal{U}_{q}\right)^{\dagger}=\mathcal{U}_{-q}$ and consequently $\left(u_{q}^{s}\right)^{*}=u_{-q}^{-s}$.

## Coherences

Plugging the general dipole interaction, Eqn. (E.372), into the Liouville equation, Eqn. (E.359), gives:

$$
\begin{align*}
& \dot{\rho}_{b a}=-i \omega_{b a} \rho_{b a}+i \Omega \sum_{q, s, n, m} u_{q}^{s} \exp (+i s \omega t)\{\cdots\}  \tag{E.374}\\
& \cdots=\rho_{n a}\langle b \mid m+q\rangle\langle m+q| \mathcal{U}_{q}|m\rangle\langle m \mid n\rangle-\rho_{b n}\langle n \mid m+q\rangle\langle m+q| \mathcal{U}_{q}|m\rangle\langle m \mid a\rangle
\end{align*}
$$

Reducing the sum over $n$ and $m$ gives:

$$
\begin{equation*}
\dot{\rho}_{b a}=-i \omega_{b a} \rho_{b a}+i \Omega \sum_{q, s} u_{q}^{s} \exp (+i s \omega t)\left\{\rho_{b-q, a}\langle b| \mathcal{U}_{q}|b-q\rangle-\rho_{b, a+q}\langle a+q| \mathcal{U}_{q}|a\rangle\right\} \tag{E.375}
\end{equation*}
$$

For the $q=b-a$ term in the sum, the matrix elements of $\rho$ in that term are populations. For the remaining terms in the sum, $q \neq b-a$ and the matrix elements of $\rho$ in those terms are coherences. As we'll see shortly, this is a vital difference, so we'll explicitly separate the $q=b-a$ term from the sum:

$$
\begin{align*}
\dot{\rho}_{b a} & =-i \omega_{b a} \rho_{b a}+i \Omega \sum_{s} \exp (+i s \omega t)\left(U_{\mathrm{pop}}^{s, q=b-a}+\sum_{q} U_{\mathrm{coh}}^{s, q \neq b-a}\right)  \tag{E.376}\\
U_{\mathrm{pop}}^{s, q=b-a} & =u_{b-a}^{s}\left(\rho_{a}-\rho_{b}\right)\langle b| \mathcal{U}_{b-a}|a\rangle  \tag{E.377}\\
U_{\mathrm{coh}}^{s, q \neq b-a} & =u_{q}^{s}\left\{\rho_{b-q, a}\langle b| \mathcal{U}_{q}|b-q\rangle-\rho_{b, a+q}\langle a+q| \mathcal{U}_{q}|a\rangle\right\} \tag{E.378}
\end{align*}
$$

## Relaxation

Up to now, we've only considered transitions due to our interaction term $\mathcal{W}$. In reality, there are other processes that cause transitions that drive the system toward thermodynamic equilibrium. We'll account for these "relaxation" processes by adding a relaxation term "by-hand:"

$$
\begin{equation*}
\dot{\rho}_{b a}=-i \omega_{b a} \rho_{b a}-\gamma_{b a} \rho_{b a}+i \Omega \sum_{s} \exp (+i s \omega t)\left(U_{\mathrm{pop}}^{s, q=b-a}+\sum_{q} U_{\mathrm{coh}}^{s, q \neq b-a}\right) \tag{E.379}
\end{equation*}
$$

where $\gamma_{b a}$ is the relaxation rate and, by construction, $\gamma_{b a}=\gamma_{a b}$.
Solving this set of differential equations would be much easier if they weren't coupled (contained different coherences). To a very good approximation, we can decouple these equations by making the following arguments. First, we'll make an
educated guess for the form of the coherences $\rho_{b a}(t)$. When there is no interaction, the entire time dependence of the coherences is given by $\exp \left(-i \omega_{b a} t\right)$. Since we're now driving the system with a frequency of $\omega$, it is not unreasonable to think that the time dependence of the coherences is now $\exp (\mp i \omega t)$, where the negative (positive) sign is chosen when $\omega_{b a}$ is positive (negative). Plugging in $C_{b a}(t) \exp (\mp i \omega t)$ for the coherences $b \neq a$ on both sides of the equation give:

$$
\begin{align*}
\left(\mp i \omega C_{b a}+\dot{C}_{b a}\right) \exp (\mp i \omega t)= & -i\left(\omega_{b a}-i \gamma_{b a}\right) C_{b a} \exp (\mp i \omega t) \\
& +i \Omega \sum_{s} \exp (+i s \omega t)\left(U_{\mathrm{pop}}^{s, q=b-a}+\exp (\mp i \omega t) \sum_{q} \bar{U}_{\mathrm{coh}}^{s, q \neq b-a}\right) \tag{E.380}
\end{align*}
$$

where the terms in the sum over $q$ proportional to coherences is given by:

$$
\begin{equation*}
\bar{U}_{c o h}^{s, q \neq b-a}=u_{q}^{s}\left\{C_{b-q, a}\langle b| \mathcal{U}_{q}|b-q\rangle-C_{b, a+q}\langle a+q| \mathcal{U}_{q}|a\rangle\right\} \tag{E.381}
\end{equation*}
$$

Multiplying both sides by $\exp ( \pm i \omega t)$, dividing by $i$, and moving a few things around gives:

$$
\begin{align*}
-i \dot{C}_{b a}= & \left( \pm \omega-\omega_{b a}+i \gamma_{b a}\right) C_{b a}+\Omega \sum_{s} \exp (+i(s \pm 1) \omega t) \times  \tag{E.382}\\
& \left(U_{\mathrm{pop}}^{s, q=b-a}+\exp (\mp i \omega t) \sum_{q} \bar{U}_{\mathrm{coh}}^{s, q \neq b-a}\right) \tag{E.383}
\end{align*}
$$

## Rotating Wave Approximation

We're now in a position to take the second step, which is called the rotating wave approximation [19]: we simply drop any of the remaining oscillatory terms, namely
ones with a factor of $\exp ( \pm n i \omega t)$ with $n \neq 0$ :

$$
\begin{equation*}
-i \dot{C}_{b a}=\left( \pm \omega-\omega_{b a}+i \gamma_{b a}\right) C_{b a}+\Omega U_{\mathrm{pop}}^{s=\mp, q=b-a} \tag{E.384}
\end{equation*}
$$

This is a completely uncoupled set of equations! The only term left that could possibly have any time dependence is $C_{b a}$. The last step in solving these equations is to choose $C_{b a}$ to be a constant:

$$
\begin{align*}
-i \dot{C}_{b a}=0 & =\left( \pm \omega-\omega_{b a}+i \gamma_{b a}\right) C_{b a}+\Omega U_{\mathrm{pop}}^{s=\mp, q=b-a}  \tag{E.385}\\
& =\left( \pm \omega-\omega_{b a}+i \gamma_{b a}\right) C_{b a}+\Omega u_{b-a}^{\mp}\left(\rho_{a}-\rho_{b}\right)\langle b| \mathcal{U}_{b-a}|a\rangle \tag{E.386}
\end{align*}
$$

This is just an algebraic equation which is solved very simply by:

$$
\begin{equation*}
C_{b a}=\frac{u_{b-a}^{\mp} \Omega\left(\rho_{b}-\rho_{a}\right)\langle b| \mathcal{U}_{b-a}|a\rangle}{ \pm \omega-\omega_{b a}+i \gamma_{b a}} \tag{E.387}
\end{equation*}
$$

which immediately gives:

$$
\begin{equation*}
\rho_{b a}=\frac{u_{b-a}^{\mp} \Omega\left(\rho_{b}-\rho_{a}\right)\langle b| \mathcal{U}_{b-a}|a\rangle}{ \pm \omega-\omega_{b a}+i \gamma_{b a}} \exp (\mp i \omega t) \tag{E.388}
\end{equation*}
$$

## Changes in Population

Since we have a solution for the coherences $(b \neq a)$, we now consider the coupled differential equations for the populations $(b=a)$ :

$$
\begin{align*}
\dot{\rho}_{a} & =-i \omega_{a a} \rho_{a}+i \Omega \sum_{s} \exp (+i s \omega t)\left(U_{\mathrm{pop}}^{s, q=a-a}+\sum_{q} U_{\mathrm{coh}}^{s, q \neq a-a}\right)  \tag{E.389}\\
U_{\mathrm{pop}}^{s, q=a-a} & =u_{a-a}^{s}\left(\rho_{a}-\rho_{a}\right)\langle a| \mathcal{U}_{a-a}|a\rangle=0  \tag{E.390}\\
U_{\mathrm{coh}}^{s, q \neq a-a} & =u_{q}^{s}\left\{\rho_{a-q, a}\langle a| \mathcal{U}_{q}|a-q\rangle-\rho_{a, a+q}\langle a+q| \mathcal{U}_{q}|a\rangle\right\} \tag{E.391}
\end{align*}
$$

Up to now, we've been a little sloppy with the notation $q=b-a$, etc. What we have meant is that the operator associated with $q$ is the "difference" between eigenstates $b$ and $a$. In practice, $q, b$, and $a$ can be made into numbers if $b$ and $a$ happen to be observables and not just labels for the eigenstates. This can be done if we label eigenstates as $J, m$ where $J \& m$ represent eigenvalues associated with that eigenstate. Before going on, we should rewrite the coherences in this new notation:

$$
\begin{equation*}
\rho_{K a+q J a}=\frac{u_{q}^{\mp} \Omega\left(\rho_{K a+q}-\rho_{J a}\right)\langle K, a+q| \mathcal{U}_{q}|J, a\rangle}{ \pm \omega-\omega_{K a+q J a}+i \gamma_{K a+q J a}} \exp (\mp i \omega t) \tag{E.392}
\end{equation*}
$$

where we've made the substitution $b=a+q$. The complex conjugate of this coherence is:

$$
\begin{equation*}
\rho_{K a+q J a}^{*}=\rho_{J a K a+q}=\frac{\left(u_{q}^{\mp}\right)^{*} \Omega\left(\rho_{K a+q}-\rho_{J a}\right)\langle J, a| \mathcal{U}_{-q}|K, a+q\rangle}{ \pm \omega-\omega_{K a+q J a}-i \gamma_{J a K a+q}} \exp ( \pm i \omega t) \tag{E.393}
\end{equation*}
$$

Dropping terms that contain $\omega_{a a}=0 \&\left(\rho_{a}-\rho_{a}\right)$, the differential equations for the populations is rewritten as:

$$
\begin{equation*}
\dot{\rho}_{J a}=i \Omega \sum_{K, s, q} u_{q}^{s} \exp (+i s \omega t)\left\{\rho_{K a-q, J a}\langle J, a| \mathcal{U}_{q}|K, a-q\rangle-\rho_{J a, K a+q}\langle K, a+q| \mathcal{U}_{q}|J, a\rangle\right\} \tag{E.394}
\end{equation*}
$$

These equations are coupled only to coherences, which we already have expressions for. Before plugging in the coherences, we'll derive an alternate form of the first sum by reversing the sum by $s, q \rightarrow-s,-q$ using the Hermiticity of $\mathcal{W} \& \rho$ in
the form of $u_{-q}^{-s}=\left(u_{q}^{s}\right)^{*}, \rho_{K a+q, J a}=\rho_{J a, K a+q}^{*}, \& \mathcal{U}_{-q}=\mathcal{U} \mathcal{U}_{q}^{\dagger}$ :

$$
\begin{aligned}
& \sum_{s, q} u_{q}^{s} \exp (+i s \omega t) \rho_{K a-q, J a}\langle J, a| \mathcal{U}_{q}|K, a-q\rangle \\
= & \sum_{s, q} u_{-q}^{-s} \exp (-i s \omega t) \rho_{K a+q, J a}\langle J, a| \mathcal{U}_{q}|K, a+q\rangle \\
= & \sum_{s, q}\left[u_{q}^{s} \exp (+i s \omega t) \rho_{J a, K a+q}\langle K, a+q| \mathcal{U}_{q}|J, a\rangle\right]^{*}
\end{aligned}
$$

This shows that the first sum is just the complex conjugate of the second sum. Using the identity $z^{*}-z=-2 i \Im\{z\}$, we can now write $\dot{\rho}_{J a}$ as just the imaginary part of the second sum:

$$
\begin{equation*}
\dot{\rho}_{J a}=2 \Omega \sum_{K, s, q} \Im\left\{u_{q}^{s} \exp (+i s \omega t) \rho_{J a, K a+q}\langle K, a+q| \mathcal{U}_{q}|J, a\rangle\right\} \tag{E.395}
\end{equation*}
$$

Plugging in the form of the coherence $\rho_{J a, K a+q}=\rho_{K a+q, J a}^{*}$ gives:

$$
\begin{align*}
\dot{\rho}_{J a}= & 2 \Omega^{2} \sum_{K, s, q} \Im\left\{u_{q}^{s}\left(u_{q}^{\mp}\right)^{*} \exp (+i(s \pm 1) \omega t)\right. \\
& \left.\times \frac{\left(\rho_{K a+q}-\rho_{J a}\right)\langle K, a+q| \mathcal{U}_{q}|J, a\rangle^{*}}{ \pm \omega-\omega_{K a+q J a}-i \gamma_{K a+q J a}}\langle K, a+q| \mathcal{U}_{q}|J, a\rangle\right\} \tag{E.396}
\end{align*}
$$

Applying the rotating wave approximation once again, namely keeping only the $s=\mp 1$ terms, gives:
$\left.\dot{\rho}_{J a}=2 \Omega^{2} \sum_{K, q}\left|u_{q}^{\mp}\right|^{2}\left(\rho_{K a+q}-\rho_{J a}\right)\left|\langle K, a+q| \mathcal{U}_{q}\right| J, a\right\rangle\left.\right|^{2} \Im\left\{\left( \pm \omega-\omega_{K a+q J a}-i \gamma_{K a+q J a}\right)^{-1}\right\}$

After collecting all common factors, we find that the denominator is the only complex quantity. We can find the imaginary part of it by multiplying the top $\&$ bottom
by the complex conjugate of the bottom. This finally gives:

$$
\begin{equation*}
\dot{\rho}_{J a}=2 \Omega^{2} \sum_{K, q} \frac{\left.\gamma_{K a+q J a}\left(\rho_{K a+q}-\rho_{J a}\right)\left|u_{q}^{\mp}\right|^{2}\left|\langle K, a+q| \mathcal{U}_{q}\right| J, a\right\rangle\left.\right|^{2}}{\left( \pm \omega-\omega_{K a+q J a}\right)^{2}+\gamma_{K a+q J a}^{2}} \tag{E.398}
\end{equation*}
$$

## Expectation Value of the Dipole Moment Operator

It is often useful to calculate the expectation value of the very operators causing the transitions. For the case of a general harmonic interaction, this means calculating the expectation value of $\mathcal{U}_{q}$ :

$$
\begin{equation*}
\left\langle\mathcal{U}_{q}\right\rangle=\sum_{K, n, J, m}\langle K, n| \rho|J, m\rangle\langle J, m| \mathcal{U}_{q}|K, n\rangle=\sum_{K, n, J}\langle K, n| \rho|J, n+q\rangle\langle J, n+q| \mathcal{U}_{q}|K, n\rangle \tag{E.399}
\end{equation*}
$$

There are two different cases which result in either a sum over populations or a sum over coherences. For the case $(K=J \& q=0)$, we get a sum over populations:

$$
\begin{equation*}
\left\langle\mathcal{U}_{0}\right\rangle=\sum_{n, J} \rho_{J n}\langle J, n| \mathcal{U}_{0}|J, n\rangle \tag{E.400}
\end{equation*}
$$

For all cases other than $(K=J \& q=0)$, we get a sum over coherences due to $\sum_{q} \mathcal{U}_{q}$, which we've already calculated, and plugging them in gives:

$$
\begin{equation*}
\left\langle\mathcal{U}_{q}\right\rangle=\sum_{K, n, J}\left\{\frac{\left.\Omega\left(\rho_{J n+q}-\rho_{K n}\right)\left(u_{q}^{\mp}\right)^{*}\left|\langle J, n+q| \mathcal{U}_{q}\right| K, n\right\rangle\left.\right|^{2}}{ \pm \omega-\omega_{J n+q K n}-i \gamma_{J n+q K n}} \times \exp ( \pm i \omega t)\right\} \tag{E.401}
\end{equation*}
$$

## Electric Dipole Interaction for the ${ }^{2 S+1} L_{J}$ Orbital States

The interaction between the atom and the electric field component of the light is:

$$
\begin{equation*}
\mathcal{W}=-\vec{d} \cdot \Re \vec{E}(\vec{r}, t) \tag{E.402}
\end{equation*}
$$

The electric dipole operator $\vec{d}$ is given by the sum $\sum_{k} q_{k} \vec{r}_{k}$, where $q_{k} \& \vec{r}_{k}$ are the charge $\&$ relative position of the $k$-th particle in the atom. If we take the nucleus to be infinitely heavy and measure the position of the electrons relative to it, then the dipole operator is reduced to the sum over all electrons. Since we're only going to be considering transitions of the single valence electron of an alkali atom, the sum further reduces to a single term which results in $\vec{d}=-e \vec{r}$. The position vector of the valence electron, $\vec{r}$, can be expanded in the irreducible spherical vector basis $\sum_{q=-1}^{+1} r_{q} \hat{\varepsilon}_{q}^{*}$. We can now identify the parameters from the general dipole interaction Eqn. (E.372) as:

$$
\begin{equation*}
\mathcal{U}_{q}=r_{q} \quad \hbar \Omega=-e E_{0} \quad u_{q}^{-}=\hat{\varepsilon}_{q}^{*} \cdot \hat{E}_{0} \quad u_{q}^{+}=\hat{\varepsilon}_{q}^{*} \cdot \hat{E}_{0}^{*} \tag{E.403}
\end{equation*}
$$

The relevant atomic states are the $S_{1 / 2}$ ground state and the mixed $P_{1 / 2} \& P_{3 / 2}$ excited states, see Sec. (E.2.4). Therefore the electric dipole transition matrix elements are $\left\langle P_{ \pm}, m+q\right| r_{q}|S, m\rangle$ and their complex conjugates for all $m \& q$.

## Magnetic Dipole Interaction for the $|F, m\rangle$ Hyperfine States

The interaction between the atom and the magnetic field component of the light is:

$$
\begin{equation*}
\mathcal{W}=-\vec{\mu} \cdot \Re \vec{B}(\vec{r}, t) \tag{E.404}
\end{equation*}
$$

In this case, the light is in the form of radio-frequency (RF) waves. The magnetic moment operator is the sum of nuclear magnetic moment $\vec{\mu}_{I}$ and the total electronic magnetic moment $\vec{\mu}_{J}$. Since $\left|\vec{\mu}_{I}\right| \ll\left|\vec{\mu}_{J}\right|$, we'll ignore the coupling to the nuclear spin. In the $S_{1 / 2}$ ground state of an alkali atom, $J=S=1 / 2(L=0)$ and therefore the magnetic moment can written in terms of the spin- $1 / 2$ angular momentum operators:

$$
\begin{equation*}
\vec{\mu}=g_{S} \mu_{B} \vec{S}=-g_{S} \mu_{B}\left(S_{x} \hat{x}+S_{y} \hat{y}+S_{z} \hat{z}\right)=g_{S} \mu_{B}\left(S_{+} \hat{\varepsilon}_{+}^{*}+S_{-} \hat{\varepsilon}_{-}^{*}+S_{z} \hat{\varepsilon}_{0}^{*}\right) \tag{E.405}
\end{equation*}
$$

where $S_{ \pm}=S_{x} \pm i S_{y}$ and the unit vectors $\hat{\varepsilon}_{q}$ are not the same unit vectors used for the electric dipole operator from the previous section:

$$
\begin{equation*}
\hat{\varepsilon}_{ \pm}^{*}=\frac{\hat{x} \mp i \hat{y}}{2} \quad \hat{\varepsilon}_{0}=\hat{z} \tag{E.406}
\end{equation*}
$$

We can now identify the parameters from the general dipole interaction Eqn. (E.372) as:

$$
\begin{equation*}
\mathcal{U}_{q}=S_{q} \quad \hbar \Omega=g_{S} \mu_{B} B_{\mathrm{rf}} \quad u_{q}^{-}=\hat{\varepsilon}_{q}^{*} \cdot \hat{B}_{\mathrm{rf}} \quad u_{q}^{+}=\hat{\varepsilon}_{q}^{*} \cdot \hat{B}_{\mathrm{rf}}^{*} \tag{E.407}
\end{equation*}
$$

The relevant atomic states are the mixed hyperfine states in the $F=I \pm 1 / 2$ manifolds, see Sec. (E.3.4). We will only consider RF frequencies small enough to induce transitions within a manifold and not between manifolds. Therefore the magnetic dipole transition matrix elements are $\langle F, m+q| S_{q}|F, m\rangle$ and their complex conjugates for all $m \& q$.

## E.5.3 Electric Dipole Matrix Elements: Oscillator Strength

## Wigner-Eckart Theorem

The probability that an electric dipole transition occurs from an initial state $a$ to a final state $b$ is proportional to the modulus squared matrix element of the component of the dipole operator that is parallel to the polarization vector of the light:

$$
\begin{equation*}
\left.\left.|\langle b| \vec{\varepsilon} \cdot \hat{\vec{d}}| a\rangle\left.\right|^{2}=|\langle b| \vec{\varepsilon} \cdot(-e \hat{\vec{r}})| a\right\rangle\left.\right|^{2}=e^{2}|\langle b| \vec{\varepsilon} \cdot \hat{\vec{r}}| a\right\rangle\left.\right|^{2} \tag{E.408}
\end{equation*}
$$

When the dipole operator, or analogously the radius vector operator, is written as a tensor of rank one using the Wigner-Eckart theorem. The theorem was originally derived from group theory considerations and factorizes the matrix element of a tensor operator $T_{q}^{k}$ between states labeled with quantum numbers $n_{i}, n_{f}$ and angular momentum $\left(J_{i}, m_{i}\right)$ and $\left(J_{f}, m_{f}\right)$ into two parts:

$$
\begin{equation*}
\left\langle J_{f}, m_{f}\right| \hat{T}_{q}^{k}\left|J_{i}, m_{i}\right\rangle=\mathrm{CG}\left(\overrightarrow{J_{i}}+\vec{k}=\overrightarrow{J_{f}} ; m_{i}, q, m_{f}\right) \times \text { R.M.E. }\left(n_{f}, J_{f} ; n_{i}, J_{i}\right) \tag{E.409}
\end{equation*}
$$

The first part is simply a Clebsch-Gordon coefficient for the addition of angular momenta such that $\overrightarrow{J_{i}}+\vec{k}=\overrightarrow{J_{f}}$ with $m_{i}, m_{f}, q$. The second part, called the reduced matrix element, is a term with the essential property that it is independent of $m_{i}, q, m_{f}$. The exact form of the reduced matrix element is somewhat arbitrary so long as it is independent of $m_{i}, q, m_{f}$ and behaves mathematically appropriately. By this, we mean that the matrix element is a complex number or equivalently the modulus square matrix element is non-negative. One form of the reduced matrix element
that is often chosen in textbooks (for example equation XIII. 125 of Messiah [20]) is:

$$
\begin{equation*}
\text { R.M.E. }=\frac{1}{\sqrt{\left[J_{f}\right]}} \times\left\langle n_{f}, J_{f}\left\|T^{k}\right\| n_{i}, J_{i}\right\rangle \tag{E.410}
\end{equation*}
$$

For the present discussion, we will drop the $n_{i}$ and $n_{f}$ labels because the D1 and D2 transitions of alkali metals occur within the same $n$. To insure positive definiteness of the modulus square matrix element, we'll explicitly give ourselves flexibility with the phase:

$$
\begin{equation*}
\text { R.M.E. }=\frac{( \pm)_{f i}}{\sqrt{\left[J_{f}\right]}} \times i \times\left\langle J_{f}\left\|T^{k}\right\| J_{i}\right\rangle \tag{E.411}
\end{equation*}
$$

The phase ambiguity of the reduced matrix element is related to the choice made in defining the phase convention of the Clebsch-Gordon coefficients. Using the notation of Messiah, the Wigner-Eckart Theorem [21,22] can be expressed as:

$$
\begin{equation*}
\left\langle J_{f}, m_{f}\right| \hat{T}_{q}^{k}\left|J_{i}, m_{i}\right\rangle=i \frac{( \pm)_{f i}}{\sqrt{\left[J_{f}\right]}}\left\langle\left(J_{i}, k\right) m_{i}, q \mid J_{f}, m_{f}\right\rangle\left\langle J_{f}\left\|T^{k}\right\| J_{i}\right\rangle \tag{E.412}
\end{equation*}
$$

## Phase Convention and Positive Definiteness

Care must be taken in choosing the phase convention when evaluating these matrix elements using the Wigner-Eckart theorem. Let's consider the modulus square matrix element of a component $q$ of the radius vector operator $\hat{\vec{r}}$ in the spherical tensor basis $(k=1)$ :

$$
\begin{align*}
\left.\left|\left\langle J_{f}, m_{f}\right| r_{q}\right| J_{i}, m_{i}\right\rangle\left.\right|^{2} & =\left\langle J_{f}, m_{f}\right| r_{q}\left|J_{i}, m_{i}\right\rangle^{*}\left\langle J_{f}, m_{f}\right| r_{q}\left|J_{i}, m_{i}\right\rangle  \tag{E.413}\\
& =\left\langle J_{i}, m_{i}\right| r_{q}^{*}\left|J_{f}, m_{f}\right\rangle\left\langle J_{f}, m_{f}\right| r_{q}\left|J_{i}, m_{i}\right\rangle  \tag{E.414}\\
& =(-1)^{q}\left\langle J_{i}, m_{i}\right| r_{-q}\left|J_{f}, m_{f}\right\rangle\left\langle J_{f}, m_{f}\right| r_{q}\left|J_{i}, m_{i}\right\rangle \tag{E.415}
\end{align*}
$$

Before expanding these matrix elements using the WET, we'll introduce the Wigner $3 j$ symbol [22] which is related to the Clebsch-Gordon coefficients by:

$$
\left(\begin{array}{ccc}
J_{i} & k & J_{f}  \tag{E.416}\\
m_{i} & q & -m_{f}
\end{array}\right)=\frac{(-1)^{J_{i}-k+m_{f}}}{\sqrt{\left[J_{f}\right]}}\left\langle\left(J_{i}, k\right) m_{i}, q \mid J_{f}, m_{f}\right\rangle \delta_{m_{i}+q=m_{f}}
$$

where the Kronecker Delta insures that angular momentum is conserved ( $m_{i}+$ $q=m_{f}$ ). Their utility lies in the fact that they make the symmetry properties of Clebsch-Gordon coefficients more apparent under the cyclic permutation of all three columns, the interchange of two columns, and the replacement of the second row with its negative:

$$
\begin{align*}
\left(\begin{array}{ccc}
J_{i} & k & J_{f} \\
m_{i} & q & -m_{f}
\end{array}\right) & =\left(\begin{array}{ccc}
J_{f} & J_{i} & k \\
-m_{f} & m_{i} & q
\end{array}\right)=\left(\begin{array}{ccc}
k & J_{f} & J_{i} \\
q & -m_{f} & m_{i}
\end{array}\right)  \tag{E.417}\\
& =(-1)^{J_{i}+k+J_{f}}\left(\begin{array}{ccc}
k & J_{i} & J_{f} \\
q & m_{i} & -m_{f}
\end{array}\right)  \tag{E.418}\\
& =(-1)^{J_{i}+k+J_{f}}\left(\begin{array}{ccc}
J_{i} & k & J_{f} \\
-m_{i} & -q & m_{f}
\end{array}\right) \tag{E.419}
\end{align*}
$$

Expanding the modulus squared matrix element using Wigner $3 j$ symbol, en-
forcing $m_{f}=m_{i}+q$, and moving things around:

$$
\begin{align*}
& \left|\left\langle r_{q}\right\rangle\right|^{2}=(-1)^{q}\left\langle J_{i}, m_{i}\right| r_{-q}\left|J_{f}, m_{i}+q\right\rangle\left\langle J_{f}, m_{i}+q\right| r_{q}\left|J_{i}, m_{i}\right\rangle  \tag{E.420}\\
& =(-1)^{q} i( \pm)_{i f}(-1)^{I_{f}-1+m_{i}}\left(\begin{array}{ccc}
J_{f} & 1 & J_{i} \\
m_{i}+q & -q & -m_{i}
\end{array}\right)\left\langle J_{i}\|r\| J_{f}\right\rangle \\
& \times(i)( \pm)_{f i}(-1)^{J_{i}-1+m_{i}+q}\left(\begin{array}{ccc}
J_{i} & 1 & J_{f} \\
m_{i} & q & -\left(m_{i}+q\right)
\end{array}\right)\left\langle J_{f}\|r\| J_{i}\right\rangle  \tag{E.421}\\
& =( \pm)_{f i}( \pm)_{i f}(-1)^{J_{f}+J_{i}+2 m_{i}+1}\left(\begin{array}{ccc}
J_{f} & 1 & J_{i} \\
m_{i}+q & -q & -m_{i}
\end{array}\right) \\
& \times\left(\begin{array}{ccc}
J_{i} & 1 & J_{f} \\
m_{i} & q & -\left(m_{i}+q\right)
\end{array}\right)\left|\left\langle J_{f}\|r\| J_{i}\right\rangle\right|^{2}  \tag{E.422}\\
& =( \pm)_{f i}( \pm)_{i f}(-1)^{2 J_{f}+2 J_{i}+2 m_{i}+2}\left(\begin{array}{ccc}
J_{i} & 1 & J_{f} \\
-m_{i} & -q & m_{i}+q
\end{array}\right) \\
& \times\left(\begin{array}{ccc}
J_{i} & 1 & J_{f} \\
m_{i} & q & -\left(m_{i}+q\right)
\end{array}\right)\left|\left\langle J_{f}\|r\| J_{i}\right\rangle\right|^{2} \\
& =( \pm)_{f i}( \pm)_{i f}(-1)^{3 J_{f}+3 J_{i}+2 m_{i}+1}\left(\begin{array}{ccc}
J_{i} & 1 & J_{f} \\
m_{i} & q & -\left(m_{i}+q\right)
\end{array}\right)  \tag{E.423}\\
& \times\left(\begin{array}{ccc}
J_{i} & 1 & J_{f} \\
m_{i} & q & -\left(m_{i}+q\right)
\end{array}\right)\left|\left\langle J_{f}\|r\| J_{i}\right\rangle\right|^{2} \\
& =( \pm)_{f i}( \pm)_{i f}(-1)^{3 J_{f}+3 J_{i}+2 m_{i}+1}\left(\begin{array}{ccc}
J_{i} & 1 & J_{f} \\
m_{i} & q & -\left(m_{i}+q\right)
\end{array}\right)^{2}\left|\left\langle J_{f}\|r\| J_{j}\right\rangle\right|^{2}(\text { E.425 }) \tag{E.424}
\end{align*}
$$

The last two terms are positive. For the left hand side of the equation to be positive
(as it should be), the following must be true for D1 transitions ( $J_{i},\left|m_{i}\right|, J_{f}=\frac{1}{2}$ ):

$$
\begin{align*}
+1 & =\left[( \pm)_{f i}( \pm)_{i f}\right]_{\frac{1}{2}}(-1)^{\frac{3}{2}+\frac{3}{2} \pm 1+1}  \tag{E.426}\\
& =\left[( \pm)_{f i}( \pm)_{i f}\right]_{\frac{1}{2}}(-1)^{4 \pm 1}  \tag{E.427}\\
& =-\left[( \pm)_{f i}( \pm)_{i f}\right]_{\frac{1}{2}}  \tag{E.428}\\
s_{1} & =\left[( \pm)_{f i}\right]_{\frac{1}{2}}=-\left[( \pm)_{i f}\right]_{\frac{1}{2}} \tag{E.429}
\end{align*}
$$

For D2 transitions, the corresponding relations are $\left(J_{i},\left|m_{i}\right|=\frac{1}{2} ; J_{f}=\frac{3}{2}\right)$ :

$$
\begin{align*}
+1 & =\left[( \pm)_{f i}( \pm)_{i f}\right]_{\frac{3}{2}}(-1)^{\frac{9}{2}+\frac{3}{2} \pm 1+1}  \tag{E.430}\\
& =\left[( \pm)_{f i}( \pm)_{i f}\right]_{\frac{3}{2}}(-1)^{7 \pm 1}  \tag{E.431}\\
& =\left[( \pm)_{f i}( \pm)_{i f}\right]_{\frac{3}{2}}  \tag{E.432}\\
s_{2} & =\left[( \pm)_{f i}\right]_{\frac{3}{2}}=\left[( \pm)_{i f}\right]_{\frac{3}{2}} \tag{E.433}
\end{align*}
$$

In both cases, we have hidden the sign in an $s$ factor. The positive definiteness of the modulus square matrix element defines for the phase convention of the reduced matrix element. For a D1 transition, the reduced matrix elements for a matrix element and its complex conjugate must have opposite signs. However, the reduced matrix elements for a D2 matrix element and its complex conjugate must have the same sign.

## Connecting the Radial Integral to Physical Observables

The double barred term $\left\langle b\left\|T^{k}\right\| a\right\rangle$ of the reduced matrix element (also sometimes called the reduced matrix element itself) is a radial integral. In practice, rather than being calculated from first principles, the value of the radial integral for the radius
vector between atomic states is inferred from measurements of the natural atomic lifetimes. The spontaneous decays of the $P_{\frac{1}{2}}$ and $P_{\frac{3}{2}}$ excited states for neutral alkali atoms are dominated by the D1 and D2 transitions. Therefore the lifetime $\tau$ of these states are nearly equal to the inverse of the spontaneous decay probability rate (as known as the Einstein $A$ coefficient), see equation 4.23 of Corney [23]:

$$
\begin{align*}
\tau_{b}^{-1}=A_{b} & \left.=\frac{e^{2} \omega_{a b}^{3}}{3 \pi \epsilon_{0} \hbar c^{3}} \frac{\sum_{m_{b}}}{\left[J_{b}\right]} \sum_{m_{a}}\left|\left\langle J_{a}, m_{a}\right| \hat{\vec{r}}\right| J_{b}, m_{b}\right\rangle\left.\right|^{2}  \tag{E.434}\\
& =\frac{4 \alpha \omega_{a b}^{3}}{3 c^{2}} \underbrace{\frac{\sum_{m_{b}}}{\left[J_{b}\right]}}_{\text {mean }} \underbrace{\sum_{m_{a}}}_{\text {sum }}\left|\left\langle J_{a}, m_{a}\right| \hat{\vec{r}}\right| J_{b}, m_{b}\rangle\left.\right|^{2} \tag{E.435}
\end{align*}
$$

where $A_{b}$ is averaged over all the initial (upper $m_{b}$ ) states and summed over all the final (lower $m_{a}$ ) states. Typical lifetimes for alkali metals are tens of nanoseconds, see table blah. Another form of the averaged, summed modulus square matrix element is the oscillator strength. In the classical picture, an atom is modeled as a collection of many damped oscillators with frequencies that correspond to all possible atomic transitions. An atom in a state $a$ can make transitions to other states through a subset of oscillators that connect that state with all other states. The fraction of oscillators that connect state $a$ to another state $b$ is called the oscillator strength. For absorption (emission), the oscillator strength is chosen to be positive (negative) by convention. Just as for the probability rate, the modulus square matrix element is averaged over initial (lower $m_{a}$ ) states and summed over final (upper $m_{b}$ ) states. For transitions from initial state $a$ to final state $b$, where the sign is chosen based on the physical process under consideration, the oscillator strength is:

$$
\begin{equation*}
\left.f_{a \rightarrow b}= \pm \frac{2 m \omega_{a b}}{3 \hbar} \frac{\sum_{m_{a}}}{2 J_{a}+1} \sum_{m_{b}}\left|\left\langle J_{a}, m_{b}\right| \vec{r}\right| J_{a}, m_{b}\right\rangle\left.\right|^{2} \tag{E.436}
\end{equation*}
$$

By convention, we will always refer to the absorption oscillator strength unless otherwise noted. In addition, since we will always be discussing transitions from the $S_{\frac{1}{2}}$ ground states to one of either the $P_{\frac{1}{2}}$ or $P_{\frac{3}{2}}$ excited states, the oscillator strength will simply be labeled by the $J$ of the final excited state.

Both the oscillator strength and the spontaneous decay rate involve sums over the initial and final $m$ states. This sum, which depends only on $J_{a}, J_{b}$, and the reduced matrix element, is called the line strength (first introduced on page 98 of Condon $\mathcal{E}$ Shortley [24]) and for transitions between the lower state $a$ and the higher state $b$, it is given by:

$$
\begin{align*}
S_{a b}=S_{b a} & \left.=\sum_{m_{a}} \sum_{m_{b}}\left|\left\langle J_{a}, m_{a}\right| e \hat{\vec{r}}\right| J_{b}, m_{b}\right\rangle\left.\right|^{2}  \tag{E.437}\\
& \left.=\sum_{m_{a}} \sum_{m_{b}}\left|\left\langle J_{b}, m_{b}\right| e \hat{\vec{r}}\right| J_{a}, m_{a}\right\rangle\left.\right|^{2}  \tag{E.438}\\
& =\frac{3 \hbar e^{2}}{2 m \omega_{a b}} \cdot\left[J_{a}\right] f_{b}  \tag{E.439}\\
& =\frac{3 c^{2}\left[J_{b}\right] e^{2}}{4 \alpha \omega_{a b}^{3}} \cdot \frac{1}{\tau_{b}}  \tag{E.440}\\
& =\frac{3 \pi \epsilon_{0} \hbar c^{3}\left[J_{b}\right]}{\omega_{a b}^{3}} \cdot A_{b} \tag{E.441}
\end{align*}
$$

Note that the line strength is explicitly defined as a positive quantity. This insures that the absorption oscillator strength $f_{b}$, spontaneous lifetime $\tau_{b}$, and the sponta-
neous probability rate are all positive. Evaluating the line strength using WET:

$$
\begin{align*}
S_{a b} & \left.=\sum_{m_{a}} \sum_{m_{b}}\left|\left\langle J_{b}, m_{b}\right| e \hat{\vec{r}}\right| J_{a}, m_{a}\right\rangle\left.\right|^{2}  \tag{E.442}\\
& \left.=\sum_{m_{a}} \sum_{m_{b}}\left|\left\langle J_{b}, m_{b}\right| e \sum_{q}(-1)^{q} \hat{r}_{q} \hat{\varepsilon}_{-q}\right| J_{a}, m_{a}\right\rangle\left.\right|^{2}  \tag{E.443}\\
& =\sum_{m_{a}} \sum_{m_{b}}\left\langle J_{a}, m_{a}\right| e \sum_{q^{\prime}}(-1)^{q^{\prime}} \hat{r}_{q^{\prime}} \hat{\varepsilon}_{-q^{\prime}}\left|J_{b}, m_{b}\right\rangle \cdot\left\langle J_{b}, m_{b}\right| e \sum_{q}(-1)^{q} \hat{r}_{q} \hat{e}_{-q}\left|J_{a}, m_{a}\right\rangle  \tag{E.444}\\
& =\sum_{m_{a}} \sum_{m_{b}} \sum_{q}(-1)^{q}\left\langle J_{a}, m_{a}\right| e \hat{r}_{-q}\left|J_{b}, m_{b}\right\rangle\left\langle J_{b}, m_{b}\right| e \hat{r}_{q}\left|J_{a}, m_{a}\right\rangle  \tag{E.445}\\
& = \pm s_{a, b}^{2} i^{2} \sum_{m_{a}, m_{b}, q}(-1)^{q} \frac{\left\langle\left(J_{b}, 1\right) m_{b},-q \mid J_{a}, m_{a}\right\rangle}{\sqrt{\left[J_{a}\right]}}\left\langle J_{a}\right||e r|\left|J_{b}\right\rangle \frac{\left\langle\left(J_{a}, 1\right) m_{a}, q \mid J_{b}, m_{b}\right\rangle}{\sqrt{\left[J_{b}\right]}}\left\langle J_{b}\right||e r|\left|J_{a}\right\rangle  \tag{E.446}\\
& \left.=\left|\left\langle J_{b}\right|\right| e r| | J_{a}\right\rangle\left.\right|^{2} \cdot \varsigma_{b}  \tag{E.447}\\
\varsigma_{b} & =\mp \sum_{m_{a}, q} \frac{(-1)^{q}}{\sqrt{\left[J_{a}\right]\left[J_{b}\right]}}\left\langle\left(J_{b}, 1\right) m_{a}+q,-q \mid J_{a}, m_{a}\right\rangle\left\langle\left(J_{a}, 1\right) m_{a}, q \mid J_{b}, m_{a}+q\right\rangle \tag{E.448}
\end{align*}
$$

where the lower (upper) sign is taken for D1 (D2) transitions to insure positive definiteness. Again since we will always be discussing transitions from the $S_{\frac{1}{2}}$ ground states to one of either the $P_{\frac{1}{2}}$ or $P_{\frac{3}{2}}$ excited states, the Clebsch-Gordon sum $\varsigma$ will simply be labeled by the $J$ of the final excited state. This gives us the following equivalent relationships between the modulus squared reduced matrix element (which is difficult to calculate accurately from theory) with physical observables (which we determine empirically) for transitions from the lower level $a$ to the
higher level $b$ :

$$
\begin{align*}
\left|\left\langle J_{b}\|r\| J_{a}\right\rangle\right|^{2} & =\frac{S_{a b}}{\varsigma_{a b} e^{2}}  \tag{E.449}\\
& =\frac{3 \hbar}{2 m \omega_{a b}} \cdot \frac{\left[J_{a}\right] f_{b}}{\varsigma_{b}}  \tag{E.450}\\
& =\frac{3 c^{2}}{4 \alpha \omega_{a b}^{3}} \cdot \frac{\left[J_{b}\right]}{\varsigma_{b} \tau_{b}}  \tag{E.451}\\
& =\frac{3 \pi \epsilon_{0} \hbar c^{3}}{e^{2} \omega_{a b}^{3}} \cdot \frac{\left[J_{b}\right] A_{b}}{\varsigma_{b}} \tag{E.452}
\end{align*}
$$

## Evaluation of the Clebsch-Gordon Coefficients and Sums

The general forms of the D1 matrix elements are:

$$
\begin{align*}
\left\langle P_{\frac{1}{2}}, q \pm \frac{1}{2}\right| r_{q}\left|S_{\frac{1}{2}}, \pm \frac{1}{2}\right\rangle & =\left\langle\left(\frac{1}{2}, 1\right) \pm \frac{1}{2}, q \left\lvert\, \frac{1}{2}\right., q \pm \frac{1}{2}\right\rangle\left(i \frac{s_{1}}{\sqrt{2}}\right)\left\langle P_{\frac{1}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \\
& =-i \frac{s_{1}}{\sqrt{2}}\left\langle\left(1, \frac{1}{2}\right) q, \left. \pm \frac{1}{2} \right\rvert\, \frac{1}{2}, q \pm \frac{1}{2}\right\rangle\left\langle P_{\frac{1}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \\
& = \pm i s_{1} \sqrt{\frac{1 \mp q}{6}}\left\langle P_{\frac{1}{2}}\|r\| S_{\frac{1}{2}}\right\rangle  \tag{E.453}\\
\left\langle S_{\frac{1}{2}}, q \pm \frac{1}{2}\right| r_{q}\left|P_{\frac{1}{2}}, \pm \frac{1}{2}\right\rangle & =\left\langle\left(\frac{1}{2}, 1\right) \pm \frac{1}{2}, q \left\lvert\, \frac{1}{2}\right., q \pm \frac{1}{2}\right\rangle\left(-i \frac{s_{1}}{\sqrt{2}}\right)\left\langle S_{\frac{1}{2}}\|r\| P_{\frac{1}{2}}\right\rangle \\
& =i \frac{s_{1}}{\sqrt{2}}\left\langle\left(1, \frac{1}{2}\right) q, \left. \pm \frac{1}{2} \right\rvert\, \frac{1}{2}, q \pm \frac{1}{2}\right\rangle\left\langle S_{\frac{1}{2}}\|r\| P_{\frac{1}{2}}\right\rangle \\
& =\mp i s_{1} \sqrt{\frac{1 \mp q}{6}}\left\langle S_{\frac{1}{2}}\|r\| P_{\frac{1}{2}}\right\rangle \tag{E.454}
\end{align*}
$$

The general forms of the D2 matrix elements are:

$$
\begin{align*}
\left\langle P_{\frac{3}{2}}, q \pm \frac{1}{2}\right| r_{q}\left|S_{\frac{1}{2}}, \pm \frac{1}{2}\right\rangle & =\left\langle\left(\frac{1}{2}, 1\right) \pm \frac{1}{2}, q \left\lvert\, \frac{3}{2}\right., q \pm \frac{1}{2}\right\rangle\left(i \frac{S_{2}}{2}\right)\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \\
& =i \frac{s_{2}}{2}\left\langle\left(1, \frac{1}{2}\right) q, \left. \pm \frac{1}{2} \right\rvert\, \frac{3}{2}, q \pm \frac{1}{2}\right\rangle\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \\
& =i s_{2} \sqrt{\frac{2 \pm q}{12}\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle}  \tag{E.455}\\
\left\langle S_{\frac{1}{2}}, m \pm 1\right| r_{ \pm}\left|P_{\frac{3}{2}}, m\right\rangle & =\left\langle\left(\frac{3}{2}, 1\right) m, \pm 1 \left\lvert\, \frac{1}{2}\right., m \pm 1\right\rangle\left(i \frac{s_{2}}{\sqrt{2}}\right)\left\langle S_{\frac{1}{2}}\|r\| P_{\frac{3}{2}}\right\rangle \\
& =i s_{2} \sqrt{\frac{\left(\frac{1}{2} \mp m\right)\left(\frac{3}{2} \mp m\right)}{24}}\left\langle S_{\frac{1}{2}}^{2}\|r\| P_{\frac{3}{2}}\right\rangle \\
\left\langle S_{\frac{1}{2}}, \pm \frac{1}{2}\right| r_{0}\left|P_{\frac{3}{2}}, \pm \frac{1}{2}\right\rangle & =\left\langle\left(\frac{3}{2}, 1\right) \pm \frac{1}{2}, 0 \left\lvert\, \frac{1}{2}\right., \pm \frac{1}{2}\right\rangle\left(i \frac{s_{2}}{\sqrt{2}}\right)\left\langle S_{\frac{1}{2}}\|r\| P_{\frac{3}{2}}\right\rangle \\
& =-i s_{2} \sqrt{\frac{1}{6}}\left\langle S_{\frac{1}{2}}\|r\| P_{\frac{3}{2}}\right\rangle \tag{E.456}
\end{align*}
$$

The D1 matrix elements are:

$$
\left.\begin{array}{rl}
\left\langle S_{\frac{1}{2}},+\frac{1}{2}\right| r_{+}\left|P_{\frac{1}{2}},-\frac{1}{2}\right\rangle= & \left\langle P_{\frac{1}{2}},-\frac{1}{2}\right| r_{-}\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle
\end{array}=+i s_{1} \sqrt{\frac{1}{3}}\left\langle P_{\frac{1}{2}}\|r\| S_{\frac{1}{2}}\right\rangle\right)=+i s_{1} \sqrt{\frac{1}{6}}\left\langle P_{\frac{1}{2}}\|r\| S_{\frac{1}{2}}\right\rangle
$$

The D2 matrix elements are:

$$
\begin{align*}
& \left\langle S_{\frac{1}{2}},+\frac{1}{2}\right| r_{+}\left|P_{\frac{3}{2}},-\frac{1}{2}\right\rangle=\left\langle P_{\frac{3}{2}},-\frac{1}{2}\right| r_{-}\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle \quad=+i s_{2} \sqrt{\frac{1}{12}}\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \\
& \left\langle S_{\frac{1}{2}},-\frac{1}{2}\right| r_{+}\left|P_{\frac{3}{2}},-\frac{3}{2}\right\rangle=\left\langle P_{\frac{3}{2}},-\frac{3}{2}\right| r_{-}\left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle \quad=+i s_{2} \frac{1}{2}\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \\
& -\left\langle S_{\frac{1}{2}},+\frac{1}{2}\right| r_{0}\left|P_{\frac{3}{2}},+\frac{1}{2}\right\rangle=\quad\left\langle P_{\frac{3}{2}},+\frac{1}{2}\right| r_{0}\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle \quad=+i s_{2} \sqrt{\frac{1}{6}}\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \\
& -\left\langle S_{\frac{1}{2}},-\frac{1}{2}\right| r_{0}\left|P_{\frac{3}{2}},-\frac{1}{2}\right\rangle=\quad\left\langle P_{\frac{3}{2}},-\frac{1}{2}\right| r_{0}\left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle \quad=+i s_{2} \sqrt{\frac{1}{6}}\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \\
& \left\langle S_{\frac{1}{2}},-\frac{1}{2}\right| r_{-}\left|P_{\frac{3}{2}},+\frac{1}{2}\right\rangle=\quad\left\langle P_{\frac{3}{2}},+\frac{1}{2}\right| r_{+}\left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle \quad=+i s_{2} \sqrt{\frac{1}{12}}\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \\
& \left\langle S_{\frac{1}{2}},+\frac{1}{2}\right| r_{-}\left|P_{\frac{3}{2}},+\frac{3}{2}\right\rangle=\left\langle P_{\frac{3}{2}},+\frac{3}{2}\right| r_{+}\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle \quad=+i S_{2} \frac{1}{2}\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \\
& \left\langle S_{\frac{1}{2}}\|r\| P_{\frac{3}{2}}\right\rangle=\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \tag{E.458}
\end{align*}
$$

Note that the radial integral is real. Putting these results together allows us to evaluate the Clebsch-Gordon sums:

$$
\begin{align*}
\varsigma_{\frac{1}{2}} & =s_{1}^{2}\left[-\frac{i}{\sqrt{3}} \frac{i}{\sqrt{3}}+\frac{-i}{\sqrt{6}} \frac{i}{\sqrt{6}}+\frac{i}{\sqrt{6}} \frac{-i}{\sqrt{6}}-\frac{-i}{\sqrt{3}} \frac{-i}{\sqrt{3}}\right]=+1  \tag{E.459}\\
\varsigma_{\frac{3}{2}} & =s_{2}^{2}\left[-\frac{i}{\sqrt{12}} \frac{i}{\sqrt{12}}-\frac{i}{2} \frac{i}{2}+\frac{-i}{\sqrt{6}} \frac{i}{\sqrt{6}}+\frac{-i}{\sqrt{6}} \frac{i}{\sqrt{6}}-\frac{i}{\sqrt{12}} \frac{i}{\sqrt{12}}-\frac{i}{2} \frac{i}{2}\right]=+1 \tag{E.460}
\end{align*}
$$

Therefore the radial integrals for the D1 and D2 transitions are:

$$
\begin{equation*}
\left|\left\langle P_{J}\|r\| S_{\frac{1}{2}}\right\rangle\right|^{2}=\frac{3 \hbar}{m \omega_{J}} f_{J} \tag{E.461}
\end{equation*}
$$

## The Radial Integral in the coupled $L S$ basis

In the uncoupled basis, there is only one radial integral between the $S$ and $P$ states. First we must fix the phase convention of the uncoupled matrix elements:

$$
\begin{align*}
\left|\left\langle r_{q}\right\rangle\right|^{2} & =(-1)^{q}\left\langle\left. \pm\left.\frac{1}{2}\right|_{S}\left\langle\left. 0\right|_{L} r_{-q} \mid q\right\rangle_{L} \right\rvert\, \pm \frac{1}{2}\right\rangle_{S}\left\langle\left. \pm\left.\frac{1}{2}\right|_{S}\left\langle\left. q\right|_{L} r_{q} \mid 0\right\rangle_{L} \right\rvert\, \pm \frac{1}{2}\right\rangle_{S}  \tag{E.462}\\
& =(-1)^{q}\left\langle\left. 0\right|_{L} r_{-q} \mid q\right\rangle_{L}\left\langle\left. q\right|_{L} r_{q} \mid 0\right\rangle_{L}  \tag{E.463}\\
& =( \pm)_{P S}( \pm)_{S P}(-1)^{3+1}\left(\begin{array}{ccc}
0 & 1 & 1 \\
0 & q & -q
\end{array}\right)^{2}|\langle P\|r\| S\rangle|^{2}  \tag{E.464}\\
+1 & =( \pm)_{P S}( \pm)_{S P}(-1)^{4}  \tag{E.465}\\
& =( \pm)_{P S}( \pm)_{S P}  \tag{E.466}\\
s & =( \pm)_{P S}=( \pm)_{S P} \tag{E.467}
\end{align*}
$$

When the radial integral is evaluated in the coupled $L S$ basis $J$, there is radial integral for each $J$. The relationship between the radial integrals evaluated in the two different basis sets can be shown by an expansion in the uncoupled basis and
by application of the WET:

$$
\begin{align*}
\left\langle P_{\frac{3}{2}},+\frac{3}{2}\right| r_{+}\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle & =\left\langle\left.+\left.1\right|_{L}\left\langle\left.+\left.\frac{1}{2}\right|_{S} r_{+} \right\rvert\, 0\right\rangle_{L} \right\rvert\,+\frac{1}{2}\right\rangle_{S}  \tag{E.468}\\
& =\langle+1| r_{+}|0\rangle_{L}\left\langle\left.+\frac{1}{2} \right\rvert\,+\frac{1}{2}\right\rangle_{S}  \tag{E.469}\\
& =\langle(0,1) 0,+1 \mid 1,+1\rangle\left(\frac{i s}{\sqrt{3}}\right)\langle P\|r\| S\rangle  \tag{E.470}\\
& =\frac{i s}{\sqrt{3}}\langle P\|r\| S\rangle  \tag{E.471}\\
& =+i s_{2} \frac{1}{2}\left\langle P_{\frac{3}{2}}\right|\left|r \| S_{\frac{1}{2}}\right\rangle  \tag{E.472}\\
\left\langle P_{\frac{1}{2}},+\frac{1}{2}\right| r_{+}\left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle & =\left(\sqrt { \frac { 2 } { 3 } } \left\langle+\left.1\right|_{L}\left\langle\left.-\left.\frac{1}{2}\right|_{S}-\sqrt{\frac{1}{3}}\left\langle\left.\left. 0\right|_{L}\left\langle+\left.\frac{1}{2}\right|_{S}\right) r_{+} \right\rvert\, 0\right\rangle_{L} \right\rvert\,-\frac{1}{2}\right\rangle_{S}\right.\right. \tag{E.473}
\end{align*}
$$

$$
=\sqrt{\frac{2}{3}}\langle+1| r_{+}|0\rangle_{L}\left\langle\left.-\frac{1}{2} \right\rvert\,-\frac{1}{2}\right\rangle_{S}-\sqrt{\frac{1}{3}}\langle 0| r_{+}|0\rangle_{L}\left\langle\left.+\frac{1}{2} \right\rvert\,-\frac{1}{2}\right\rangle_{S}
$$

$$
\begin{equation*}
=\sqrt{\frac{2}{3}}\langle+1| r_{+}|0\rangle_{L} \tag{E.474}
\end{equation*}
$$

$$
\begin{equation*}
=\sqrt{\frac{2}{3}}\langle(0,1) 0,+1 \mid 1,+1\rangle\left(\frac{i s}{\sqrt{3}}\right)\langle P\|r\| S\rangle \tag{E.475}
\end{equation*}
$$

$$
\begin{equation*}
=\frac{i s \sqrt{2}}{3}\langle P\|r\| S\rangle \tag{E.476}
\end{equation*}
$$

$$
\begin{equation*}
=-i s_{1} \sqrt{\frac{1}{3}}\left\langle P_{\frac{1}{2}}\|r\| S_{\frac{1}{2}}\right\rangle \tag{E.477}
\end{equation*}
$$

We can do the same calculation for the complex conjugates of the same matrix elements:

$$
\begin{align*}
\left\langle S_{\frac{1}{2}},+\frac{1}{2}\right| r_{-}\left|P_{\frac{3}{2}},+\frac{3}{2}\right\rangle & =\left\langle\left.\left. 0\right|_{L}\left\langle\left.+\left.\frac{1}{2}\right|_{S} r_{-} \right\rvert\,+1\right\rangle_{L} \right\rvert\,+\frac{1}{2}\right\rangle_{S}  \tag{E.479}\\
& =\frac{i s}{\sqrt{3}}\langle S\|r\| P\rangle  \tag{E.480}\\
& =+i s_{2} \frac{1}{2}\left\langle s_{\frac{1}{2}}\|r\| P_{\frac{3}{2}}\right\rangle  \tag{E.481}\\
\left\langle S_{\frac{1}{2}},-\frac{1}{2}\right| r_{-}\left|P_{\frac{1}{2}},+\frac{1}{2}\right\rangle & =\left\langle0 | _ { L } \left\langle-\left.\frac{1}{2}\right|_{S} r_{+}\left(\sqrt{\frac{2}{3}}|+1\rangle_{L}\left|-\frac{1}{2}\right\rangle_{S}-\sqrt{\frac{1}{3}}|0\rangle_{L}\left|+\frac{1}{2}\right\rangle_{S}\right)\right.\right. \\
& =\frac{i s \sqrt{2}}{3}\langle S\|r\| P\rangle  \tag{E.482}\\
& =-i s_{1} \sqrt{\frac{1}{3}}\left\langle S_{\frac{1}{2}}\|r\| P_{\frac{1}{2}}\right\rangle \tag{E.483}
\end{align*}
$$

Note that the reduced matrix element in the uncoupled $L S$ basis does not have any sign ambiguity due to positive definiteness, because for the transitions under consideration, the Clebsch-Gordon coefficient is always +1 . Note also that the radial integral in the uncoupled basis is real. Since the radial integral is independent of $m_{L}$ and $m_{J}$, we only had to evaluate one matrix element for each J. Summarizing these results:

$$
\begin{align*}
& s_{2}\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle=+s \frac{2}{\sqrt{3}}\langle P\|r\| S\rangle  \tag{E.484}\\
& s_{2}\left\langle S_{\frac{1}{2}}\|r\| P_{\frac{3}{2}}\right\rangle=+s \frac{2}{\sqrt{3}}\langle S\|r\| P\rangle  \tag{E.485}\\
& s_{1}\left\langle P_{\frac{1}{2}}\|r\| S_{\frac{1}{2}}\right\rangle=-s \sqrt{\frac{2}{3}}\langle P\|r\| S\rangle  \tag{E.486}\\
& s_{1}\left\langle S_{\frac{1}{2}}\|r\| P_{\frac{1}{2}}\right\rangle=-s \sqrt{\frac{2}{3}}\langle S\|r\| P\rangle \tag{E.487}
\end{align*}
$$

where $s_{1}^{2}=s_{2}^{2}=s^{2}=+1$. This implies the following relationships between the quantities relating to D1 and D2 transitions:

$$
\begin{align*}
\frac{\left\langle P_{\frac{3}{2}}\|r\| S_{\frac{1}{2}}\right\rangle}{s_{1} s_{2}} & =-1  \tag{E.488}\\
\left\langle P_{\frac{1}{2}}\|r\| S_{\frac{1}{2}}\right\rangle & =-\sqrt{2} \frac{S_{1}}{s_{2}}=+\sqrt{2}  \tag{E.489}\\
\left\langle P_{J}\|r\| S_{\frac{1}{2}}\right\rangle & =\left\langle S_{\frac{1}{2}}\|r\| P_{J}\right\rangle=+\sqrt{\frac{3 \hbar}{m \omega_{J}} f_{J}}  \tag{E.490}\\
\frac{S_{\frac{3}{2}}}{S_{\frac{1}{2}}} & =2  \tag{E.491}\\
\frac{f_{\frac{3}{2}}}{f_{\frac{1}{2}}} & =2\left(\frac{\omega_{\frac{3}{2}}}{\omega_{\frac{1}{2}}}\right)  \tag{E.492}\\
\frac{\tau_{\frac{3}{2}}}{\tau_{\frac{1}{2}}} & =\left(\frac{\omega_{\frac{1}{2}}}{\omega_{\frac{3}{2}}}\right)^{3}  \tag{E.493}\\
\frac{A_{\frac{3}{2}}}{A_{\frac{1}{2}}} & =\left(\frac{\omega_{\frac{3}{2}}}{\omega_{\frac{1}{2}}^{2}}\right)^{3} \tag{E.494}
\end{align*}
$$

## Explicit Forms of the Matrix Elements

First we'll calculate the modulus square matrix elements neglecting fine structure mixing. This is easily done given the following matrix elements in terms of the
oscillator strength. The D1 matrix elements are:

$$
\begin{align*}
\left\langle S_{\frac{1}{2}},+\frac{1}{2}\right| r_{+}\left|P_{\frac{1}{2}},-\frac{1}{2}\right\rangle & =\left\langle P_{\frac{1}{2}},-\frac{1}{2}\right| r_{-}\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle \tag{E.495}
\end{align*}=+i s_{1} \sqrt{\frac{\hbar}{m} \frac{f_{\frac{1}{2}}}{\omega_{\frac{1}{2}}}}
$$

The D2 matrix elements are:

$$
\begin{align*}
& \left\langle S_{\frac{1}{2}},+\frac{1}{2}\right| r_{+}\left|P_{\frac{3}{2}},-\frac{1}{2}\right\rangle=\left\langle P_{\frac{3}{2}},-\frac{1}{2}\right| r_{-}\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle=+i s_{2} \sqrt{\frac{\hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}}  \tag{E.499}\\
& \left\langle S_{\frac{1}{2}},-\frac{1}{2}\right| r_{+}\left|P_{\frac{3}{2}},-\frac{3}{2}\right\rangle=\left\langle P_{\frac{3}{2}},-\frac{3}{2}\right| r_{-}\left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle=+i s_{2} \sqrt{\frac{3 \hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}}  \tag{E.500}\\
& -\left\langle S_{\frac{1}{2}},+\frac{1}{2}\right| r_{0}\left|P_{\frac{3_{2}}{2}},+\frac{1}{2}\right\rangle=\left\langle P_{\frac{3}{2}},+\frac{1}{2}\right| r_{0}\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle=+i s_{2} \sqrt{\frac{\hbar}{2 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}}  \tag{E.501}\\
& -\left\langle S_{\frac{1}{2}},-\frac{1}{2}\right| r_{0}\left|P_{\frac{P_{2}}{2}},-\frac{1}{2}\right\rangle=\left\langle P_{\frac{3}{2}},-\frac{1}{2}\right| r_{0}\left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle=+i s_{2} \sqrt{\frac{\hbar}{2 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}}  \tag{E.502}\\
& \left\langle S_{\frac{1}{2}},-\frac{1}{2}\right| r_{-}\left|P_{\frac{P_{2}}{2}},+\frac{1}{2}\right\rangle=\left\langle P_{\frac{3}{2}},+\frac{1}{2}\right| r_{+}\left|S_{\frac{1}{2}},-\frac{1}{2}\right\rangle=+i s_{2} \sqrt{\frac{\hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}}  \tag{E.503}\\
& \left\langle S_{\frac{1}{2}},+\frac{1}{2}\right| r_{-}\left|P_{\frac{P_{3}}{2}},+\frac{3}{2}\right\rangle=\left\langle P_{\frac{3}{2}},+\frac{3}{2}\right| r_{+}\left|S_{\frac{1}{2}},+\frac{1}{2}\right\rangle=+i s_{2} \sqrt{\frac{3 \hbar}{4 m} \frac{\frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}}{2}} \tag{E.504}
\end{align*}
$$

The modulus squared matrix elements for transitions involving the absorption of photon with helicity +1 are calculated below:

$$
\begin{align*}
& \left.\left|\left\langle P_{\frac{1}{2}},+\frac{1}{2}\right| r_{+}\right| S_{\frac{1}{2}},-\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{\hbar}{m} \frac{f_{\frac{1}{2}}}{\omega_{\frac{1}{2}}}  \tag{E.505}\\
& \left.\left|\left\langle P_{\frac{3}{2}},+\frac{1}{2}\right| r_{+}\right| S_{\frac{1}{2}},-\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{\hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}  \tag{E.506}\\
& \left.\left|\left\langle P_{\frac{3}{2}},+\frac{3}{2}\right| r_{+}\right| S_{\frac{1}{2}},+\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{3 \hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}} \tag{E.507}
\end{align*}
$$

The modulus squared matrix elements for transitions involving the absorption of photon with helicity 0 are calculated below:

$$
\begin{align*}
& \left.\left|\left\langle P_{\frac{1}{2}},-\frac{1}{2}\right| r_{0}\right| S_{\frac{1}{2}},-\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{\hbar}{2 m} \frac{f_{\frac{1}{2}}}{\omega_{\frac{1}{2}}}  \tag{E.508}\\
& \left.\left|\left\langle P_{\frac{1}{2}},+\frac{1}{2}\right| r_{0}\right| S_{\frac{1}{2}},+\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{\hbar}{2 m} \frac{f_{\frac{1}{2}}}{\omega_{\frac{1}{2}}}  \tag{E.509}\\
& \left.\left|\left\langle P_{\frac{3}{2}},-\frac{1}{2}\right| r_{0}\right| S_{\frac{1}{2}},-\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{\hbar}{2 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}  \tag{E.510}\\
& \left.\left|\left\langle P_{\frac{3}{2}},+\frac{1}{2}\right| r_{0}\right| S_{\frac{1}{2}},+\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{\hbar}{2 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}} \tag{E.511}
\end{align*}
$$

The modulus squared matrix elements for transitions involving the absorption of photon with helicity -1 :

$$
\begin{align*}
& \left.\left|\left\langle P_{\frac{1}{2}},-\frac{1}{2}\right| r_{-}\right| S_{\frac{1}{2}},+\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{\hbar}{m} \frac{f_{\frac{1}{2}}}{\omega_{\frac{1}{2}}}  \tag{E.512}\\
& \left.\left|\left\langle P_{\frac{3}{2}},-\frac{1}{2}\right| r_{-}\right| S_{\frac{1}{2}},+\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{\hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}  \tag{E.513}\\
& \left.\left|\left\langle P_{\frac{3}{2}},-\frac{3}{2}\right| r_{-}\right| S_{\frac{1}{2}},-\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{3 \hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}} \tag{E.514}
\end{align*}
$$

Because some of the excited eigenstates are mixed, now we'll evaluate the modulus squared matrix element in a general form.

$$
\begin{align*}
\left|\left\langle r_{q}\right\rangle\right|^{2}= & \left\lvert\,\left.\left(c_{1}^{*}\left\langle P_{\frac{3}{2}}, m+q\right|+c_{2}^{*}\left\langle P_{\frac{1}{2}}, m+q\right|\right) r_{q}\left|S_{\frac{1}{2}}, m\right\rangle\right|^{2}\right.  \tag{E.515}\\
= & \left.\left|c_{1}^{*}\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\right| S_{\frac{1}{2}}, m\right\rangle+\left.c_{2}^{*}\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle\right|^{2}  \tag{E.516}\\
= & \left.\left.\left|c_{1}\right|^{2}\left|\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\right| S_{\frac{1}{2}}, m\right\rangle\left.\right|^{2}+\left|c_{2}\right|^{2}\left|\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\right| S_{\frac{1}{2}}, m\right\rangle\left.\right|^{2} \\
& +c_{1}^{*}\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle \cdot c_{2}\left\langle S_{\frac{1}{2}}, m\right| r_{q}^{*}\left|P_{\frac{1}{2}}, m+q\right\rangle \\
& +c_{1}\left\langle S_{\frac{1}{2}}, m\right| r_{q}^{*}\left|P_{\frac{3}{2}}, m+q\right\rangle \cdot c_{2}^{*}\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle \tag{E.517}
\end{align*}
$$

The $c_{1}$ and $c_{2}$ are the fine mixing coefficients which are real:

$$
\begin{align*}
\left|\left\langle r_{q}\right\rangle\right|^{2}= & \left.\left.c_{1}^{2}\left|\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\right| S_{\frac{1}{2}}, m\right\rangle\left.\right|^{2}+c_{2}^{2}\left|\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\right| S_{\frac{1}{2}}, m\right\rangle\left.\right|^{2} \\
& +(-1)^{q} c_{1} c_{2}\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle\left\langle S_{\frac{1}{2}}, m\right| r_{-q}\left|P_{\frac{1}{2}}, m+q\right\rangle \\
& +(-1)^{q} c_{1} c_{2}\left\langle S_{\frac{1}{2}}, m\right| r_{-q}\left|P_{\frac{3}{2}}, m+q\right\rangle\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle \tag{E.518}
\end{align*}
$$

Noting the following relationship:

$$
\begin{equation*}
\left\langle P_{J}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle=(-1)(-1)^{q}\left\langle S_{\frac{1}{2}}, m\right| r_{-q}\left|P_{J}, m+q\right\rangle \tag{E.519}
\end{equation*}
$$

the cross terms can be written:

$$
\begin{align*}
\text { cross terms }= & (-1)^{q} c_{1} c_{2}\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle\left\langle S_{\frac{1}{2}}, m\right| r_{-q}\left|P_{\frac{1}{2}}, m+q\right\rangle \\
& +(-1)^{q} c_{1} c_{2}\left\langle S_{\frac{1}{2}}, m\right| r_{-q}\left|P_{\frac{3}{2}}, m+q\right\rangle\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle  \tag{E.520}\\
= & (-1)^{q} c_{1} c_{2}\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle(-1)(-1)^{q}\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle \\
& +(-1)^{q} c_{1} c_{2}(-1)(-1)^{q}\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle  \tag{E.521}\\
= & (-1)^{1+q+q} 2 c_{1} c_{2}\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle  \tag{E.522}\\
= & -2 c_{1} c_{2}\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle \tag{E.523}
\end{align*}
$$

Therefore the general form of the modulus square matrix element accounting for fine structure mixing is:

$$
\begin{align*}
\left|\left\langle r_{q}\right\rangle\right|^{2}= & \left.\left.c_{1}^{2}\left|\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\right| S_{\frac{1}{2}}, m\right\rangle\left.\right|^{2}+c_{2}^{2}\left|\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\right| S_{\frac{1}{2}}, m\right\rangle\left.\right|^{2} \\
& -2 c_{1} c_{2}\left\langle P_{\frac{3}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle\left\langle P_{\frac{1}{2}}, m+q\right| r_{q}\left|S_{\frac{1}{2}}, m\right\rangle \tag{E.524}
\end{align*}
$$

For the following, we've used equations (E.87) and (E.492). For the transitions involving light with -1 helicity:

$$
\begin{align*}
& \left.\left|\left\langle P_{+},-\frac{3}{2}\right| r_{-}\right| S_{\frac{1}{2}},-\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{3 \hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}  \tag{E.525}\\
& \left.\left|\left\langle P_{-},-\frac{1}{2}\right| r_{-}\right| S_{\frac{1}{2}},+\frac{1}{2}\right\rangle\left.\right|^{2}=\left(\frac{\hbar}{m} \frac{f_{\frac{1}{2}}}{\omega_{\frac{1}{2}}}\right)\left[1+a_{1} a_{2}^{+} \sqrt{2}-\frac{\left(a_{2}^{+}\right)^{2}}{2}\right]  \tag{E.526}\\
& \left.\left|\left\langle P_{+},-\frac{1}{2}\right| r_{-}\right| S_{\frac{1}{2}},+\frac{1}{2}\right\rangle\left.\right|^{2}=\left(\frac{\hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}\right)\left[1-a_{1} a_{2}^{+} 2 \sqrt{2}+\left(a_{2}^{+}\right)^{2}\right] \tag{E.527}
\end{align*}
$$

For the transitions involving light with 0 helicity:

$$
\begin{align*}
& \left.\left|\left\langle P_{-},-\frac{1}{2}\right| r_{0}\right| S_{\frac{1}{2}},-\frac{1}{2}\right\rangle\left.\right|^{2}=\left(\frac{\hbar}{2 m} \frac{f_{\frac{1}{2}}}{\omega_{\frac{1}{2}}}\right)\left[1-a_{1} a_{2}^{-} 2 \sqrt{2}+\left(a_{2}^{-}\right)^{2}\right]  \tag{E.528}\\
& \left.\left|\left\langle P_{+},-\frac{1}{2}\right| r_{0}\right| S_{\frac{1}{2}},-\frac{1}{2}\right\rangle\left.\right|^{2}=\left(\frac{\hbar}{2 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}\right)\left[1+a_{1} a_{2}^{-} \sqrt{2}-\frac{\left(a_{2}^{-}\right)^{2}}{2}\right]  \tag{E.529}\\
& \left.\left|\left\langle P_{-},+\frac{1}{2}\right| r_{0}\right| S_{\frac{1}{2}},+\frac{1}{2}\right\rangle\left.\right|^{2}=\left(\frac{\hbar}{2 m} \frac{f_{\frac{1}{2}}}{\omega_{\frac{1}{2}}}\right)\left[1+a_{1} a_{2}^{+} 2 \sqrt{2}+\left(a_{2}^{+}\right)^{2}\right]  \tag{E.530}\\
& \left.\left|\left\langle P_{+},+\frac{1}{2}\right| r_{0}\right| S_{\frac{1}{2}},+\frac{1}{2}\right\rangle\left.\right|^{2}=\left(\frac{\hbar}{2 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}\right)\left[1-a_{1} a_{2}^{+} \sqrt{2}-\frac{\left(a_{2}^{+}\right)^{2}}{2}\right] \tag{E.531}
\end{align*}
$$

For the transitions involving light with +1 helicity:

$$
\begin{align*}
& \left.\left|\left\langle P_{-},+\frac{1}{2}\right| r_{+}\right| S_{\frac{1}{2}},-\frac{1}{2}\right\rangle\left.\right|^{2}=\left(\frac{\hbar}{m} \frac{f_{\frac{1}{2}}}{\omega_{\frac{1}{2}}}\right)\left[1-a_{1} a_{2}^{-} \sqrt{2}-\frac{\left(a_{2}^{-}\right)^{2}}{2}\right]  \tag{E.532}\\
& \left.\left|\left\langle P_{+},+\frac{1}{2}\right| r_{+}\right| S_{\frac{1}{2}},-\frac{1}{2}\right\rangle\left.\right|^{2}=\left(\frac{\hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}}\right)\left[1+a_{1} a_{2}^{-} 2 \sqrt{2}+\left(a_{2}^{-}\right)^{2}\right]  \tag{E.533}\\
& \left.\left|\left\langle P_{+},+\frac{3}{2}\right| r_{+}\right| S_{\frac{1}{2}},+\frac{1}{2}\right\rangle\left.\right|^{2}=\frac{3 \hbar}{4 m} \frac{f_{\frac{3}{2}}}{\omega_{\frac{3}{2}}} \tag{E.534}
\end{align*}
$$

## E.5.4 Magnetic Dipole Matrix Elements

The main field $B$ defines the $z$-axis. In order to probe $\Delta m_{F} \pm 1$ transitions, a small set of coils creates an RF field in a direction transverse to the main $B$-field. In our lab, the RF field produced at the center of our cell by a 1.3 cm radius, 20 turn coil with a resistance of $3.9 \Omega \&$ an inductance of $0.5 \mu \mathrm{H}$ driven at 16 VPP at a frequency of about 7 MHz is on order of hundreds of microgauss to a few milligauss. Therefore, we can treat the RF field $\vec{B}_{r f}$ as a time dependent perturbation to our
original Hamiltonian:

$$
\begin{align*}
\mathcal{H}_{E P R} & =\mathcal{H}+\mathcal{W}  \tag{E.535}\\
\mathcal{W} & =-\overrightarrow{\mu_{I}} \cdot \vec{b}_{r f}-\overrightarrow{\mu_{J}} \cdot \vec{B}_{r f} \tag{E.536}
\end{align*}
$$

We'll choose the rf-field to be in the $\hat{x}$ direction. After expressing the angular momentum operators as ladder operators $\left(\hat{J}_{x}=\frac{1}{2}\left(\hat{J}_{+}+\hat{J}_{-}\right)\right)$and treating only the case of stimulated emission ( $m_{F} \rightarrow m_{F}-1$ ), the matrix element of interest becomes:

$$
\begin{align*}
W_{f i} & =\frac{\hbar}{2}\left\langle m_{F}-1\right| \omega_{I} \hat{I}_{-}+\omega_{J} \hat{J}_{-}\left|m_{F}\right\rangle  \tag{E.537}\\
& =\frac{\hbar}{2}\left\langle m_{F}-1\right| \omega_{I} \hat{F}_{-}+\left(\omega_{J}-\omega_{I}\right) \hat{J}_{-}\left|m_{F}\right\rangle  \tag{E.538}\\
& =\frac{\hbar}{2}\langle f| \omega_{I} \hat{F}_{-}+\left(\omega_{J}-\omega_{I}\right) \hat{J}_{-}|i\rangle  \tag{E.539}\\
\omega_{I} & =-\frac{g_{I} \mu_{N} B_{R F}}{\hbar}  \tag{E.540}\\
\omega_{J} & =-\frac{g_{S} \mu_{B} B_{R F}}{\hbar} \tag{E.541}
\end{align*}
$$

To start with, let's calculate the matrix element of $\hat{F}_{-}$:

$$
\begin{align*}
\left\langle\hat{F}_{-}\right\rangle= & \left\langle m_{F}^{ \pm}-1\right| \hat{F}_{-}\left|m_{F}^{ \pm}\right\rangle  \tag{E.542}\\
= & {\left[a_{1}\left(m_{F}-1\right)\left\langle I \pm \frac{1}{2}, m_{F}-1\right| \pm a_{2}\left(m_{F}-1\right)\left\langle I \mp \frac{1}{2}, m_{F}-1\right|\right] } \\
& \hat{F}_{-}\left[a_{1}\left(m_{F}\right)\left|I \pm \frac{1}{2}, m_{F}\right\rangle \pm a_{2}\left(m_{F}\right)\left|I \mp \frac{1}{2}, m_{F}\right\rangle\right]  \tag{E.543}\\
= & {\left[a_{1}\left(m_{F}-1\right)\left\langle I \pm \frac{1}{2}, m_{F}-1\right| \pm a_{2}\left(m_{F}-1\right)\left\langle I \mp \frac{1}{2}, m_{F}-1\right|\right] } \\
& {\left[f_{ \pm} a_{1}\left(m_{F}\right)\left|I \pm \frac{1}{2}, m_{F}-1\right\rangle \pm f_{\mp} a_{2}\left(m_{F}\right)\left|I \mp \frac{1}{2}, m_{F}-1\right\rangle\right] }  \tag{E.544}\\
= & f_{ \pm} a_{1}\left(m_{F}\right) a_{1}\left(m_{F}-1\right)+f_{\mp} a_{2}\left(m_{F}\right) a_{2}\left(m_{F}-1\right)  \tag{E.545}\\
= & f_{ \pm} a_{1 f} a_{1 i}+f_{\mp} a_{2 f} a_{2 i}  \tag{E.546}\\
f_{ \pm}= & \sqrt{\left(I+\frac{1}{2}\right)\left(I+\frac{1}{2} \pm 1\right)-m_{F}\left(m_{F}-1\right)} \tag{E.547}
\end{align*}
$$

Now let's calculate the matrix element of $\hat{J_{-}}$:

$$
\begin{align*}
\left\langle\hat{J}_{-}\right\rangle^{ \pm}= & \left\langle m_{F}^{ \pm}-1\right| \hat{J}_{-}\left|m_{F}^{ \pm}\right\rangle  \tag{E.548}\\
= & \left(a_{1 f} b_{1 f}-a_{2 f} b_{2 f}\right)\left\langle m_{F}-1 \mp \frac{1}{2}, \pm \frac{1}{2}\right| \pm\left(a_{1 f} b_{2 f}+a_{2 f} b_{1 f}\right) \\
& \left.\times\left\langle m_{F}-1 \pm \frac{1}{2}, \mp \frac{1}{2}\right|\right] \hat{J}_{-}\left[\left(a_{1 i} b_{1 i}-a_{2 i} b_{2 i}\right)\right. \\
& \times\left|m_{F} \mp \frac{1}{2}, \pm \frac{1}{2}\right\rangle \pm\left(a_{1 i} b_{2 i}+a_{2 i} b_{1 i}\right)\left|m_{F} \pm \frac{1}{2}, \mp \frac{1}{2}\right\rangle  \tag{E.549}\\
\left\langle\hat{J}_{-}\right\rangle^{+}= & \left(a_{1 f} b_{1 f}-a_{2 f} b_{2 f}\right)\left\langle m_{F}-\frac{3}{2},+\frac{1}{2}\right|+\left(a_{1 f} b_{2 f}+a_{2 f} b_{1 f}\right) \\
& \left.\times\left\langle m_{F}-\frac{1}{2},-\frac{1}{2}\right|\right] \sqrt{\frac{1}{2} \frac{3}{2}+\frac{1}{2} \frac{1}{2}}\left[\left(a_{1 i} b_{1 i}-a_{2 i} b_{2 i}\right)\left|m_{F}-\frac{1}{2},-\frac{1}{2}\right\rangle(\mathrm{E} .\right.  \tag{E.550}\\
= & {\left[a_{1 f} b_{2 f}+a_{2 f} b_{1 f}\right] \times\left[a_{1 i} b_{1 i}-a_{2 i} b_{2 i}\right] }  \tag{E.551}\\
\left\langle\hat{J}_{-}\right\rangle^{-}= & \left(a_{1 f} b_{1 f}-a_{2 f} b_{2 f}\right)\left\langle m_{F}-\frac{1}{2},-\frac{1}{2}\right|-\left(a_{1 f} b_{2 f}+a_{2 f} b_{1 f}\right) \\
& \left.\times\left\langle m_{F}-\frac{3}{2},+\frac{1}{2}\right|\right] \sqrt{\frac{1}{2} \frac{3}{2}+\frac{1}{2} \frac{1}{2}}\left[-\left(a_{1 i} b_{2 i}+a_{2 i} b_{1 i}\right)\left|m_{F}-\frac{1}{2},-\frac{1}{2}\right\rangle\right. \\
= & {\left[a_{2 f} b_{2 f}-a_{1 f} b_{1 f}\right] \times\left[a_{1 i} b_{2 i}+a_{2 i} b_{1 i}\right] } \tag{E.552}
\end{align*}
$$

Note the following relations:

$$
\begin{align*}
b_{2 f} b_{1 i} & =\frac{\sqrt{\left(I+\frac{1}{2}\right)\left(I+\frac{3}{2}\right)-m_{F}\left(m_{F}-1\right)}}{2 I+1}=\frac{f_{+}}{2 I+1}  \tag{E.553}\\
b_{1 f} b_{2 i} & =\frac{\sqrt{\left(I+\frac{1}{2}\right)\left(I-\frac{1}{2}\right)-m_{F}\left(m_{F}-1\right)}}{2 I+1}=\frac{f_{-}}{2 I+1}  \tag{E.554}\\
b_{1 f} b_{1 i} & =\frac{\sqrt{\left(I+\frac{1}{2}\right)\left(I-\frac{1}{2}\right)+m_{F}\left(m_{F}-1\right)+2 m_{F}\left(I+\frac{1}{2}\right)}}{2 I+1}=\frac{g_{-}}{2 I+1}  \tag{E.555}\\
b_{2 f} b_{2 i} & =\frac{\sqrt{\left(I+\frac{1}{2}\right)\left(I+\frac{3}{2}\right)+m_{F}\left(m_{F}-1\right)-2 m_{F}\left(I+\frac{1}{2}\right)}}{2 I+1}=\frac{g_{+}}{2 I+1}  \tag{E.556}\\
g_{ \pm} & =\sqrt{\left(I+\frac{1}{2}\right)\left(I+\frac{1}{2} \pm 1\right)+m_{F}\left(m_{F}-1\right) \mp 2 m_{F}\left(I+\frac{1}{2}\right)} \tag{E.557}
\end{align*}
$$

Going back to $\left\langle\hat{J}_{-}\right\rangle^{ \pm}$:

$$
\begin{align*}
\left\langle\hat{J}_{-}\right\rangle^{+} & =\left[a_{1 f} b_{2 f}+a_{2 f} b_{1 f}\right] \times\left[a_{1 i} b_{1 i}-a_{2 i} b_{2 i}\right]  \tag{E.558}\\
& =a_{1 f} a_{1 i} \frac{f_{+}}{2 I+1}+a_{2 f} a_{1 i} \frac{g_{-}}{2 I+1}-a_{1 f} a_{2 i} \frac{g_{+}}{2 I+1}-a_{2 f} a_{2 i} \frac{f_{-}}{2 I+1}  \tag{E.559}\\
\left\langle\hat{J}_{-}\right\rangle^{-} & =\left[a_{2 f} b_{2 f}-a_{1 f} b_{1 f}\right] \times\left[a_{1 i} b_{2 i}+a_{2 i} b_{1 i}\right]  \tag{E.560}\\
& =a_{2 f} a_{1 i} \frac{g_{+}}{2 I+1}-a_{1 f} a_{1 i} \frac{f_{-}}{2 I+1}+a_{2 f} a_{2 i} \frac{f_{+}}{2 I+1}-a_{1 f} a_{2 i} \frac{g_{-}}{2 I+1}  \tag{E.561}\\
\left\langle\hat{J}_{-}\right\rangle^{ \pm} & = \pm a_{1 f} a_{1 i} \frac{f_{ \pm}}{2 I+1}+a_{2 f} a_{1 i} \frac{g_{\mp}}{2 I+1}-a_{1 f} a_{2 i} \frac{g_{ \pm}}{2 I+1} \mp a_{2 f} a_{2 i} \frac{f_{\mp}}{2 I+1} \tag{E.562}
\end{align*}
$$

Putting this altogether,

$$
\begin{align*}
W_{f i}= & \frac{\hbar}{2} \omega_{I}\left(f_{ \pm} a_{1 f} a_{1 i}+f_{\mp} a_{2 f} a_{2 i}\right)+\frac{\hbar}{2}\left(\omega_{J}-\omega_{I}\right) \\
& \times\left( \pm a_{1 f} a_{1 i} \frac{f_{ \pm}}{2 I+1}+a_{2 f} a_{1 i} \frac{g_{\mp}}{2 I+1}-a_{1 f} a_{2 i} \frac{g_{ \pm}}{2 I+1} \mp a_{2 f} a_{2 i} \frac{f_{\mp}}{2 I+1}\right)(\mathrm{E} .563) \\
= & \frac{\hbar}{2}\left(\frac{2 I \omega_{I}+(1 \mp 1) \omega_{I} \pm \omega_{J}}{2 I+1}\right) f_{ \pm} a_{1 f} a_{1 i}+\frac{\hbar}{2}\left(\frac{2 I \omega_{I}+(1 \pm 1) \omega_{I} \mp \omega_{J}}{2 I+1}\right) \\
& \times f_{\mp} a_{2 f} a_{2 i}+\frac{\hbar}{2}\left(\frac{\omega_{J}-\omega_{I}}{2 I+1}\right)\left(g_{\mp} a_{2 f} a_{1 i}-g_{ \pm} a_{1 f} a_{2 i}\right) \tag{E.564}
\end{align*}
$$

Using the small field approximations from before:

$$
\begin{align*}
& a_{1}=1-\frac{\beta^{2}}{2} x^{2}  \tag{E.565}\\
& a_{2}=-\beta x+2 \alpha \beta x^{2} \tag{E.566}
\end{align*}
$$

We're interested in the mod square of the matrix element to first order in $x$ :

$$
\begin{align*}
\left|W_{f i}\right|^{2} \simeq & \frac{\hbar^{2}}{4}\left(\frac{2 I \omega_{I}+(1 \mp 1) \omega_{I} \pm \omega_{J}}{2 I+1}\right)^{2} f_{ \pm}^{2}-\frac{\hbar^{2}}{4}\left(\frac{2 I \omega_{I}+(1 \mp 1) \omega_{I} \pm \omega_{J}}{2 I+1}\right) \\
& \times\left(\frac{\omega_{J}-\omega_{I}}{2 I+1}\right) f_{ \pm}\left(g_{\mp} \beta_{f}-g_{ \pm} \beta_{i}\right) x+O\left(x^{2}\right) \tag{E.567}
\end{align*}
$$

## E.5.5 Population Differences \& Atomic Polarization

## Two State Systems: Polarization

For a system with only two states, for example the two Zeeman levels $m_{J}= \pm 1$ of the $S_{1 / 2}$ ground state, we can label the populations as $\rho_{ \pm}$. Their sum and difference are given by:

$$
\begin{equation*}
\rho_{+}+\rho_{-}=\operatorname{Tr}(\rho)=1 \quad \rho_{+}-\rho_{-}=P \tag{E.568}
\end{equation*}
$$

where $P$ is called the polarization. Using these two equations, it is straightforward to find the populations of the two states:

$$
\begin{equation*}
\rho_{ \pm}=\frac{1 \pm P}{2} \tag{E.569}
\end{equation*}
$$

The polarization $P$ and the expectation value of $S_{z}$ are related by:

$$
\begin{align*}
\left\langle S_{z}\right\rangle & =\operatorname{Tr}\left(\rho S_{z}\right)=\operatorname{Tr}\left\{\left[\begin{array}{cc}
\rho_{+} & 0 \\
0 & \rho_{-}
\end{array}\right]\left[\begin{array}{cc}
+\frac{1}{2} & 0 \\
0 & -\frac{1}{2}
\end{array}\right]\right\}  \tag{E.570}\\
& =\operatorname{Tr}\left\{\left[\begin{array}{cc}
+\frac{\rho_{+}}{2} & 0 \\
0 & -\frac{\rho_{-}}{2}
\end{array}\right]\right\}  \tag{E.571}\\
& =\frac{\rho_{+}-\rho_{-}}{2}=\frac{P}{2} \tag{E.572}
\end{align*}
$$

## Thermal Equilibrium

At thermal equilibrium, for a canonical ensemble (fixed number of particles in equilibrium with a heat reservoir at a common temperature $T$ ), the population of
each state is given by:

$$
\begin{equation*}
\rho_{n}=\frac{\exp \left(-\frac{E_{n}}{k T}\right)}{Z} \quad Z=\sum_{n} \exp \left(-\frac{E_{n}}{k T}\right) \tag{E.573}
\end{equation*}
$$

where $Z$ is the partition function. Specifying to our two level case, the energies for $S_{1 / 2}$ states are:

$$
\begin{equation*}
E_{ \pm}=E\left(\left|S_{\frac{S_{2}}{2}}, \pm \frac{1}{2}\right\rangle\right)=E_{0}^{S} \pm\left[\frac{g_{S}}{-2}\right] \mu_{B} B \tag{E.574}
\end{equation*}
$$

This gives for the relative population of each state at thermodynamic equilibrium:

$$
\begin{align*}
Z & =\exp \left(-\frac{E_{+}}{k T}\right)+\exp \left(-\frac{E_{-}}{k T}\right)  \tag{E.575}\\
& =\exp \left(-\frac{E_{0}^{S}+\left[\frac{g_{S}}{-2}\right] \mu_{B} B}{k T}\right)+\exp \left(-\frac{E_{0}^{S}-\left[\frac{g_{S}}{-2}\right] \mu_{B} B}{k T}\right)  \tag{E.576}\\
& =\exp \left(-\frac{E_{0}^{S}}{k T}\right)\left[\exp \left(-\left[\frac{g_{S}}{-2}\right] \frac{\mu_{B} B}{k T}\right)+\exp \left(+\left[\frac{g_{S}}{-2}\right] \frac{\mu_{B} B}{k T}\right)\right]  \tag{E.577}\\
\rho_{ \pm} & =\frac{\exp \left(-\frac{E_{0}^{S}}{k T}\right) \exp \left(\mp\left[\frac{g_{S}}{-2}\right] \frac{\mu_{B} B}{k T}\right)}{\exp \left(-\frac{E_{0}^{S}}{k T}\right)\left[\exp \left(+\left[\frac{g_{S}}{-2}\right] \frac{\mu_{B} B}{k T}\right)+\exp \left(-\left[\frac{g_{S}}{-2}\right] \frac{\mu_{B} B}{k T}\right)\right]}  \tag{E.578}\\
& =\frac{\exp \left(\mp\left[\frac{g_{S}}{-2}\right] \frac{\mu_{B} B}{k T}\right)}{\exp \left(+\left[\frac{g_{S}}{-2}\right] \frac{\mu_{B} B}{k T}\right)+\exp \left(-\left[\frac{g_{S}}{-2}\right] \frac{\mu_{B} B}{k T}\right)}  \tag{E.579}\\
& =\frac{\exp \left(m_{J} \beta\right)}{\exp \left(+\frac{\beta}{2}\right)+\exp \left(-\frac{\beta}{2}\right)} \tag{E.580}
\end{align*}
$$

We have introduced the $\beta$ parameter which we'll call the "spin temperature," even though it is a unitless quantity, is inversely proportional to temperature at thermal equilibrium, and is, in this case, negative. It's usefulness far outweighs those peccadilloes and will be more apparent when we discuss the role of nuclear spin in spin-exchange collisions in section (E.5.5). For the $S_{\frac{1}{2}}$ ground states at thermal
equilibrium, the spin temperature is:

$$
\begin{equation*}
\beta=\frac{g_{S} \mu_{B} B}{k T}=\left[\frac{g_{S}}{-2}\right]\left(\frac{-2 \mu_{B} B}{k T}\right) \tag{E.581}
\end{equation*}
$$

We can express the polarization as a function of the spin temperature:

$$
\begin{align*}
P & =\frac{\exp \left(+\frac{\beta}{2}\right)}{\exp \left(+\frac{\beta}{2}\right)+\exp \left(-\frac{\beta}{2}\right)}-\frac{\exp \left(-\frac{\beta}{2}\right)}{\exp \left(+\frac{\beta}{2}\right)+\exp \left(-\frac{\beta}{2}\right)}  \tag{E.582}\\
& =\frac{\exp \left(+\frac{\beta}{2}\right)-\exp \left(-\frac{\beta}{2}\right)}{\exp \left(+\frac{\beta}{2}\right)+\exp \left(-\frac{\beta}{2}\right)}  \tag{E.583}\\
P & =\tanh \left(\frac{\beta}{2}\right) \tag{E.584}
\end{align*}
$$

We'll see later on that this result is true regardless of the mechanism that producing the polarization. Inverting to get the spin temperature as a function of polarization:

$$
\begin{align*}
P & =\frac{\exp \left(+\frac{\beta}{2}\right)-\exp \left(-\frac{\beta}{2}\right)}{\exp \left(+\frac{\beta}{2}\right)+\exp \left(-\frac{\beta}{2}\right)}=\frac{x-\frac{1}{x}}{x+\frac{1}{x}}=\frac{x^{2}-1}{x^{2}+1}  \tag{E.585}\\
P x^{2}+P & =x^{2}-1  \tag{E.586}\\
(P-1) x^{2} & =-P-1  \tag{E.587}\\
x^{2} & =\left[\exp \left(+\frac{\beta}{2}\right)\right]^{2}=\frac{1+P}{1-P}  \tag{E.588}\\
\beta & =\log \left(\frac{1+P}{1-P}\right) \tag{E.589}
\end{align*}
$$

## Multiple State Systems: Spin Temperature

It has been shown [25] that under the optical pumping, spin exchange, high pressure conditions that exist within a cell, the populations are given by:

$$
\begin{equation*}
\rho_{m_{F}}=\frac{e^{\beta m_{F}}}{Z_{F}}=\frac{e^{\beta m_{J}}}{Z_{J}} \frac{e^{\beta m_{I}}}{Z_{I}} \tag{E.590}
\end{equation*}
$$

where $m_{F}=m_{J}+m_{I}$ and the partition function, in general, is given by [26]:

$$
\begin{equation*}
Z_{J}=\sum_{m=-J}^{+J} e^{\beta m}=\frac{\sinh (\beta[J] / 2)}{\sinh (\beta / 2)}=\frac{(1+P)^{[J]}-(1-P)^{[J]}}{2 P\left(1-P^{2}\right)^{I}} \tag{E.591}
\end{equation*}
$$

where $P$ is the polarization and $[J]=2 J+1$.
The motivation of using $\beta$, spin temperature, is best described by the original 1959 reference by Anderson, Pipkin, \& Baird [27]:

Direct substitution into these equations shows that in the steady state the solution is given by

$$
\begin{aligned}
a_{\frac{3}{2}}: a_{\frac{1}{2}}: a_{-\frac{1}{2}}: a_{-\frac{3}{2}} & =\alpha^{3}: \alpha^{2}: \alpha: 1 \\
b_{\frac{1}{2}}: b_{-\frac{1}{2}} & =\alpha: 1
\end{aligned}
$$

This solution suggests the general form of the steady-state solution for all spin-exchange problems. It is the most probable way in which two sets of particles can be arranged so that the number of particles in each set is a constant and so that the total $z$ component of angular momentum is a constant. This implies that the density matrix for a system of

Na and N in spin-exchange equilibrium is given by

$$
\rho=\frac{\exp \left[-\left(I_{1 z}+S_{1 z}\right) \beta\right] \exp \left[-\left(I_{2 z}+S_{2 z}\right) \beta\right]}{\operatorname{Tr}\left\{\exp \left[-\left(I_{1 z}+S_{1 z}\right) \beta\right] \exp \left[-\left(I_{2 z}+S_{2 z}\right) \beta\right]\right\}},
$$

where $\beta$ is such that the total $z$ component of the angular momentum of the system is given by $\operatorname{Tr}\left[\left(I_{1 s}+S_{1 z}+I_{2 z}+S_{2 z}\right) \rho\right]$. The parameter $\beta$ might be called an angular momentum spin temperature.

They were discussing spin-exchange between sodium and nitrogen, but it is perfectly applicable to other spin-exchange systems including "pure" and "hybrid" cells.

To calculate the population difference between states $m$ and $m-1$, we first must calculate the population of states with $m$. In our case, $J=S=1 / 2 \&[J]=2$, and consequently $Z_{1 / 2}$ is

$$
\begin{equation*}
Z_{1 / 2}=\frac{(1+P)^{2}-(1-P)^{2}}{2 P \sqrt{1-P^{2}}}=\frac{2}{\sqrt{(1-P)(1+P)}}=\frac{2}{1+P} \sqrt{\frac{1+P}{1-P}}=\frac{2 \exp (\beta / 2)}{1+P} \tag{E.592}
\end{equation*}
$$

Plugging this in for the population of the $m$ state gives [28]:

$$
\begin{equation*}
\rho_{m}=\frac{\exp (\beta m)}{Z_{I} Z_{S}}=\frac{\exp (\beta(m-1 / 2))}{Z_{I}} \frac{1+P}{2}=Q_{I \bar{m}} \frac{1+P}{2} \quad Q_{I \bar{m}}=\frac{\exp (\beta \bar{m})}{Z_{I}} \tag{E.593}
\end{equation*}
$$

where $P$ is the polarization, $I$ is the nuclear spin, and $\bar{m}=(m+m-1) / 2=m-1 / 2$ is the mean $m$ of the transition. For the adjacent state $m-1$, the population is:

$$
\begin{align*}
\rho_{m-1} & =\frac{\exp (\beta(m-1-1 / 2))}{Z_{I}} \frac{1+P}{2}=Q_{I \bar{m}} \frac{1+P}{2} \exp (-\beta) \\
& =Q_{I \bar{m} \bar{m}} \frac{1+P}{2}\left(\frac{1-P}{1+P}\right)=Q_{I \bar{m}} \frac{1-P}{2} \tag{E.594}
\end{align*}
$$

Putting this altogether gives the population difference between the states $m$ and $m-1$ as:

$$
\begin{equation*}
\rho_{m}-\rho_{m-1}=Q_{I \bar{m}}\left(\frac{1+P}{2}-\frac{1-P}{2}\right)=Q_{I \bar{m}} P \tag{E.595}
\end{equation*}
$$

## E. 6 The Effect on Polarized Light Due to Spin Polarized Alkali Atoms

## E.6.1 General Formula for Atomic Polarizability

As we've seen before, we can write the electric field component of an electromagnetic wave in the complex representation as:

$$
\begin{equation*}
\vec{E}=E_{0} \hat{E}_{0} \exp (i \vec{k} \cdot \vec{r}-i \omega t) \tag{E.596}
\end{equation*}
$$

The speed of wave is given the ratio $\omega /|\vec{k}|$. The effect of a uniform, isotropic, and linear medium on a beam of light is given by the (possibly complex) index of refraction of the medium, $n$ :

$$
\begin{equation*}
|\vec{k}|=\frac{\omega}{c} n=\frac{2 \pi n}{\lambda_{\text {vac }}} \tag{E.597}
\end{equation*}
$$

where $\vec{k}$ is the wave vector of the light and $\lambda_{\text {vac }}$ is the wavelength of the light in vacuum. However, in general, different components of the light polarization vector have different values of $\vec{k}$ depending on the symmetry properties of an anisotropic medium. The symmetry of a vapor of alkali metal in a magnetic field is described by the spherical vector basis; therefore there are in general three different wave
vectors of the light in an alkali vapor:

$$
\begin{equation*}
\left|\vec{k}_{q}\right|=\frac{\omega}{c} n_{q} \tag{E.598}
\end{equation*}
$$

where $q=0, \pm 1$ labels the components relative to the atomic coordinate system. If $\vec{k}$ is imaginary, then its useful to split it into its real and imaginary parts:

$$
\begin{equation*}
\vec{E}=E_{0} \hat{E}_{0} \exp (-\Im\{\vec{k} \cdot \vec{r}\}) \exp (i \Re\{\vec{k} \cdot \vec{r}\}-i \omega t) \tag{E.599}
\end{equation*}
$$

The real part of the index of refraction yields the dispersion relation which affects the phase of the wave. A difference in the real part for $q= \pm 1$ gives rise to circular birefringence; whereas, a difference in the real part between the $q=0$ and $q= \pm$ gives rise to linear birefringence. The imaginary part of the index of refraction yields the attenuation constant which affects the amplitude of the wave. A difference in the imaginary part for $q= \pm 1$ gives rise to circular dichroism; whereas, a difference in the imaginary part between $q=0$ and $q= \pm 1$ gives rise to linear dichroism. The details of the atomic system, beyond its symmetry, are hidden in the index of refraction:

$$
\begin{equation*}
n_{q}=\sqrt{\frac{\epsilon_{q} \mu_{q}}{\epsilon_{0} \mu_{0}}} \tag{E.600}
\end{equation*}
$$

where $\epsilon_{q} \& \mu_{q}$ are the dielectric constant \& permeability of the medium and $\epsilon_{0} \& \mu_{0}$ are the dielectric constant \& permeability of free space.

Applying Maxwell's equations, in the complex representation:

$$
\begin{equation*}
\vec{D}=\stackrel{\leftrightarrow}{\epsilon} \vec{E}=\epsilon_{0} \vec{E}+\vec{P}=\epsilon_{0} \vec{E}+[\mathcal{A}]\langle\vec{d}\rangle \tag{E.601}
\end{equation*}
$$

where $\vec{P}$ is the electric polarization of the medium and $[\mathcal{A}]$ is the atomic number
density of the medium. The dipole moment, $\vec{d}$, is evaluated as the expectation value of the quantum mechanical dipole operator averaged over every atom or molecule in the medium [29]. The expectation value for the electric dipole operator is given by:

$$
\begin{equation*}
\Re\langle\vec{d}\rangle=-e\langle\vec{r}\rangle=-e \sum_{q}\left\langle r_{q}\right\rangle \varepsilon_{q}^{*} \tag{E.602}
\end{equation*}
$$

Plugging in the result from Eqn. (E.401), where $\mathcal{U}_{q}=r_{q}$ :

$$
\begin{equation*}
\Re\langle\vec{d}\rangle=-e \sum_{K, n, J, q}\left\{\frac{\left.\Omega\left(\rho_{J n+q}-\rho_{K n}\right)\left(u_{q}^{\mp}\right)^{*}\left|\langle J, n+q| r_{q}\right| K, n\right\rangle\left.\right|^{2}}{ \pm \omega-\omega_{J n+q K n}-i \gamma_{J n+q K n}} \times \exp ( \pm i \omega t)\right\} \varepsilon_{q}^{*} \tag{E.603}
\end{equation*}
$$

Using Eqn. E.403) to identify the rest of the parameters:

$$
\begin{align*}
\Re\langle\vec{d}\rangle & =\frac{e^{2}}{\hbar} \sum_{K, n, J, q} \hat{\varepsilon}_{q}^{*}\left\{\frac{\left.\left(\rho_{J n+q}-\rho_{K n}\right)\left|\langle J, n+q| r_{q}\right| K, n\right\rangle\left.\right|^{2}}{ \pm \omega-\omega_{J n+q K n}-i \gamma_{J n+q K n}}\right\} \varepsilon_{q} \cdot E_{0} \hat{E}_{0}^{ \pm} \exp ( \pm i \omega t) \\
& =\frac{e^{2}}{\hbar}\left(\Sigma_{1}+\Sigma_{2}\right) \tag{E.604}
\end{align*}
$$

where $\left(u_{q}^{\mp}\right)^{*}=\hat{\varepsilon}_{q} \hat{E}_{0}^{ \pm}$and $\hat{E}_{0}=\hat{E}_{0}^{-} \& \hat{E}_{0}^{*}=\hat{E}_{0}^{+}$. When $|K, n\rangle$ are the $|S, \pm 1 / 2\rangle$ ground states, then the sum becomes:

$$
\begin{equation*}
\Sigma_{1}=\sum_{n, s, q} \hat{\varepsilon}_{q}^{*}\left\{\frac{\left.\left(\rho_{P s n+q}-\rho_{S n}\right)\left|\left\langle P_{s}, n+q\right| r_{q}\right| S, n\right\rangle\left.\right|^{2}}{+\omega-\omega_{P s n+q S n}+i \gamma_{P s n+q J n}}\right\} \varepsilon_{q} \cdot E_{0} \hat{E}_{0}^{*} \exp (+i \omega t) \tag{E.605}
\end{equation*}
$$

where $s= \pm$ labels the mixed fine structure state. When $|J, n+q\rangle$ are the $|S, \pm 1 / 2\rangle$ ground states, then the sum becomes:

$$
\begin{equation*}
\Sigma_{2}=\sum_{s, n, q} \hat{\varepsilon}_{q}^{*}\left\{\frac{\left.\left(\rho_{S n+q}-\rho_{P s n}\right)\left|\langle S, n+q| r_{q}\right| P_{s}, n\right\rangle\left.\right|^{2}}{-\omega-\omega_{S n+q P_{s n}}-i \gamma_{S n+q P_{s n}}}\right\} \varepsilon_{q} \cdot E_{0} \hat{E}_{0} \exp (-i \omega t) \tag{E.606}
\end{equation*}
$$

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Reversing the sum, relabeling the sum variables, and multiplying the top \& bottom by -1 , the sum becomes:

$$
\begin{equation*}
\Sigma_{2}=\sum_{s, n, q} \hat{\varepsilon}_{q}^{*}\left\{\frac{\left.\left(\rho_{P s n+q}-\rho_{S n}\right)\left|\left\langle P_{s}, n+q\right| r_{q}\right| S, n\right\rangle\left.\right|^{2}}{+\omega-\omega_{P s n+q S n}+i \gamma_{P s n+q S}}\right\} \varepsilon_{q} \cdot E_{0} \hat{E}_{0} \exp (-i \omega t) \tag{E.607}
\end{equation*}
$$

Finally, putting the two sums together again, we get:

$$
\begin{align*}
\Re\langle\vec{d}\rangle= & \frac{e^{2}}{\hbar} \sum_{s, n, q} \hat{\varepsilon}_{q}^{*}\left\{\frac{\left.\left(\rho_{S n}-\rho_{P s n+q}\right)\left|\left\langle P_{s}, n+q\right| r_{q}\right| S, n\right\rangle\left.\right|^{2}}{\omega_{P s n+q S n}-\omega-i \gamma_{P s n+q} S n}\right\} \varepsilon_{q} \\
& \cdot\left[E_{0} \hat{E}_{0} \exp (-i \omega t)+\left(E_{0} \hat{E}_{0} \exp (-i \omega t)\right)^{*}\right] \tag{E.608}
\end{align*}
$$

The relationship between the induced dipole moment and the applied electric field defines the atomic polarizability tensor:

$$
\begin{equation*}
\Re \vec{d}=\stackrel{\alpha}{\alpha} \cdot \Re \vec{E}=\sum_{q} \hat{\varepsilon}_{q}^{*} \alpha_{q} \hat{\varepsilon}_{q}\left[\frac{\vec{E}+C \cdot C .}{2}\right] \tag{E.609}
\end{equation*}
$$

which immediately yields the components of the atomic polarizability tensor:

$$
\begin{equation*}
\alpha_{q}=\frac{e^{2}}{\hbar} \sum_{s, n}\left\{\frac{\left.\left(\rho_{S n}-\rho_{P s n+q}\right)\left|\left\langle P_{s}, n+q\right| r_{q}\right| S, n\right\rangle\left.\right|^{2}}{\omega_{P s n+q S n}-\omega-i \gamma_{P s n+q S n}}\right\} \tag{E.610}
\end{equation*}
$$

## E.6.2 Explicit Calculation of Atomic Polarizability

## Description of Terms

To calculate the polarizability, we need to use many of the results from the previous sections:

1. the populations of the states, Sec. E.5.5
2. the transition matrix elements, Sec. (E.5.3)
3. the frequencies of the transitions, Sec. (E.2.5)

Putting these together, we see that every term in the sum looks like this:

$$
\begin{equation*}
\left(\frac{e^{2}}{\hbar}\right) \frac{[(\Delta \rho)] \overbrace{\left[\left(\frac{T \hbar f_{n}}{m \omega_{n}}\right)\left(1+c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}\right)\right]}^{\omega_{n}-\delta_{2}-\omega-i \gamma_{n}}}{\text { matrix element squared }}=\left(4 \pi \epsilon_{0} r_{e} c^{2}\right)\left(\frac{(\Delta \rho) T f_{n}}{\omega_{n}}\right) \underbrace{\left(\frac{1+c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}}{\omega_{n}-\delta_{2}-\omega-i \gamma_{n}}\right)}_{\text {field dependent }} \tag{E.611}
\end{equation*}
$$

where $\epsilon_{0}$ is the electric permittivity of free space, $r_{e}$ is the classical electron radius, $c$ is the speed of light in a vacuum, $e$ is the elementary charge, $\hbar$ is Planck's constant divided b y $2 \pi,(\Delta \rho)$ is the difference in population between the ground \& excited states, $T=\{1 / 4,1 / 2,3 / 4,1\}, c_{1}= \pm\{2,2 \sqrt{2}\}, \& c_{2}=\{-1 / 2,+1\}$ are numerical constants that depends on the specific transition, $f_{n}$ is the oscillator strength for the $\mathrm{D} n$ transition, $m$ is the mass of the electron, $\omega_{n}$ is the zero-field transition frequency for the $\mathrm{D} n$ transition, $\delta_{2}$ is the frequency shift due to the magnetic field $\&$ depends on the specific transition, $\omega$ is the incident light frequency, $\gamma$ is the full width half maximum for the $\mathrm{D} n$ transition, and $a 1 \& a 2$ are the fine structure mixing coefficients and depend on the specific transition. When we say "specific" transition, we mean that it depends on the specific $m_{J}$ s involved; on the other hand, when we say " $\mathrm{D} n$ " transition, it only depends on the $L_{J} \mathrm{~s}$ involved, where $n=1$ or 2 . The last term is magnetic field dependent.

We'll specify the populations of the $|S, \pm\rangle,\left|P_{-}, \pm\right\rangle, \&\left|P_{+},( \pm 1 / 2, \pm 3 / 2)\right\rangle$ states. Under our spin-exchange optical pumping conditions inside the cells, the optical pumping rate is 1 MHz or less and the non-radiative quenching rate due to $\mathrm{N}_{2}$ molecules is 1 GHz . This limits the populations of the $\left|P_{ \pm},( \pm 1 / 2, \pm 3 / 2)\right\rangle$ excited
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states to $\approx 1 / 1000$. We can safely treat this as zero and set $\rho_{P s n+q}=0$. Therefore, we only need to calculate the population of the $|S, \pm\rangle$ ground states. These are given by the electron spin polarization $P$ as:

$$
\begin{equation*}
\rho_{S, \pm}=\frac{1 \pm P}{2} \tag{E.612}
\end{equation*}
$$

Note that we can write everything in terms of the D 1 oscillator strength $f_{1}$ by using:

$$
\begin{equation*}
f_{n} / \omega_{n}=n f_{1} / \omega_{1} \quad C^{-1}=4 \pi \epsilon_{0} r_{e} c^{2} f_{1} / \omega_{1} \tag{E.613}
\end{equation*}
$$

## Expansion to Second Order in Magnetic Field

Before we can expand the last term to second order in field, we'll first need to specify the field dependence of each parameter. For convenience, the field will be represented by the fine structure scaling parameter $y$. We are considering the fine structure mixing for the $P$ states, so $L=1$ and taking $g_{S}=-2$ gives $y=\mu_{B} B /\left(\hbar \omega_{\mathrm{so}}\right)$, where the fine structure splitting is given by $A_{\mathrm{so}}[L] / 2=\hbar \omega_{\mathrm{so}}$. The field dependence of the fine structure mixing coefficients $a_{1} \& a_{2}$ and frequency shift $\delta_{2}$ to second order in $y$ (field) is:

$$
\begin{align*}
& a_{1}=1-\beta_{0} y^{2}  \tag{E.614}\\
& a_{2}=-\beta_{1} y+\beta_{2} y^{2}  \tag{E.615}\\
& \delta_{2}=\omega_{\mathrm{so}}\left(a y+b y^{2}\right) \tag{E.616}
\end{align*}
$$

where $\beta_{0}=1 / 9, \beta_{1}=\sqrt{2} / 3, \beta_{2}= \pm \sqrt{2} / 9, a= \pm\{1 / 3,2 / 3,1,4 / 3,5 / 3\}$, and $b=$ $\pm 2 / 9$ depending on the transition involved. First we'll multiply the top and bot-
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tom by the complex conjugate of the bottom:

$$
\begin{equation*}
G=G(y)=\frac{1+c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}}{\omega_{n}-\delta_{2}-\omega-i \gamma_{n}}=\left(\frac{1+c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}}{\omega_{n}-\delta_{2}-\omega-i \gamma_{n}}\right)\left(\frac{\omega_{n}-\delta_{2}-\omega+i \gamma_{n}}{\omega_{n}-\delta_{2}-\omega+i \gamma_{n}}\right) \tag{E.617}
\end{equation*}
$$

which allows us to write $G$ as a sum of its real and imaginary parts:

$$
\begin{equation*}
G=\frac{\left(1+c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}\right)\left(\omega_{n}-\omega-\delta_{2}+i \gamma_{n}\right)}{\left(\omega_{n}-\omega-\delta_{2}\right)^{2}+\gamma_{n}^{2}}=\frac{\left(1+c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}\right)\left(-\Delta_{n}-\delta_{2}+i \gamma_{n}\right)}{\left(-\Delta_{n}-\delta_{2}\right)^{2}+\gamma_{n}^{2}} \tag{E.618}
\end{equation*}
$$

where $\Delta_{n}=\omega-\omega_{n}$ is the detuning. We now need to remove the field dependence from the bottom. To separate the bottom into a sum of field dependent and independent terms, we expand the square:

$$
\begin{equation*}
\left(-\Delta_{n}-\delta_{2}\right)^{2}+\gamma_{n}^{2}=\Delta_{n}^{2}+2 \Delta_{n} \delta_{2}+\delta_{2}^{2}+\gamma_{n}^{2}=D_{n}^{2}+\delta_{1} \tag{E.619}
\end{equation*}
$$

where $D_{n}^{2}=\Delta_{n}^{2}+\gamma_{n}^{2}$ and $\delta_{1}=2 \Delta_{n} \delta_{2}+\delta_{2}^{2}$. Expanding the bottom to second order in $y$ :

$$
\begin{equation*}
\frac{1}{D_{n}^{2}+\delta_{1}}=D_{n}^{-2}\left(1+\frac{\delta_{1}}{D_{n}^{2}}\right)^{-1}=D_{n}^{-2}\left(1-\frac{\delta_{1}}{D_{n}^{2}}+\frac{\delta_{1}^{2}}{D_{n}^{4}}\right) \tag{E.620}
\end{equation*}
$$

where $D_{n}^{2}=\Delta_{n}^{2}+\gamma_{n}^{2}$ is the field independent denominator of $G$. Altogether, this gives:

$$
\begin{align*}
G & =\frac{\left(1+c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}\right)\left(-\Delta_{n}-\delta_{2}+i \gamma_{n}\right)}{\left(-\Delta_{n}-\delta_{2}\right)^{2}+\gamma_{n}^{2}} \\
& =D_{n}^{-2}\left(-\Delta_{n}+i \gamma_{n}-\delta_{2}\right)\left(1+c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}\right)\left(1-\frac{\delta_{1}}{D_{n}^{2}}+\frac{\delta_{1}^{2}}{D_{n}^{4}}\right) \tag{E.621}
\end{align*}
$$

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 AtomsThe part of the field dependence of the numerator that is common to both the real and imaginary parts of $G$ comes from this product:

$$
\begin{align*}
\left(1+c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}\right)\left(1-\frac{\delta_{1}}{D_{n}^{2}}+\frac{\delta_{1}^{2}}{D_{n}^{4}}\right) & =1+\left[c_{1} a_{1} a_{2}-\frac{\delta_{1}}{D_{n}^{2}}\right]+\left[\frac{\delta_{1}^{2}}{D_{n}^{4}}-\frac{\delta_{1}}{D_{n}^{2}} c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}\right] \\
& =1+A_{1} y+A_{2} y^{2} \tag{E.622}
\end{align*}
$$

where we've kept on term second order in $y$. For only the real part, there is an additional term:

$$
\begin{align*}
-\delta_{2}\left(1+c_{1} a_{1} a_{2}+c_{2} a_{2}^{2}\right)\left(1-\frac{\delta_{1}}{D_{n}^{2}}+\frac{\delta_{1}^{2}}{D_{n}^{4}}\right) & =-\delta_{2}+\left[\frac{\delta_{1} \delta_{2}}{D_{n}^{2}}-c_{1} \delta_{2} a_{1} a_{2}\right] \\
& =\omega_{\mathrm{so}}\left(B_{1} y+B_{2} y^{2}\right) \tag{E.623}
\end{align*}
$$

Now we have:

$$
\begin{equation*}
G(y)=\frac{\left(-\Delta_{n}+i \gamma_{n}\right)\left(1+A_{1} y+A_{2} y^{2}\right)+\omega_{\mathrm{so}}\left(B_{1} y+B_{2} y^{2}\right)}{\Delta_{n}^{2}+\gamma_{n}^{2}} \tag{E.624}
\end{equation*}
$$

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 AtomsThe second order expansion of the product of parameters are:

$$
\begin{align*}
a_{1} a_{2} & =-\beta_{1} y+\beta_{2} y^{2}  \tag{E.625}\\
a_{2}^{2} & =\beta_{1}^{2} y^{2}  \tag{E.626}\\
\delta_{2}^{2} & =a^{2} \omega_{\mathrm{so}}^{2} y^{2}  \tag{E.627}\\
\delta_{1} & =2 \Delta_{n} \delta_{2}+\delta_{2}^{2}=2 \Delta_{n} \omega_{\mathrm{so}}\left(a y+b y^{2}\right)+a^{2} \omega_{\mathrm{so}}^{2} y^{2}  \tag{E.628}\\
\delta_{1}^{2} & ==4 a^{2} \Delta_{n}^{2} \omega_{\mathrm{so}}^{2} y^{2}  \tag{E.629}\\
\delta_{1} \delta_{2} & =2 a^{2} \Delta_{n} \omega_{\mathrm{so}}^{2} y^{2}  \tag{E.630}\\
\delta_{2} a_{1} a_{2} & =-a \beta_{1} \omega_{\mathrm{so}} y^{2}  \tag{E.631}\\
\delta_{1} a_{1} a_{2} & =-2 a \beta_{1} \Delta_{n} \omega_{\mathrm{so}} y^{2} \tag{E.632}
\end{align*}
$$

Plugging these in and collecting them by powers of $y$ allows us to identify $A_{1}, A_{2}$, $B_{1}, \& B_{2}:$

$$
\begin{align*}
& A_{1}=-c_{1} \beta_{1}-\frac{2 a \Delta_{n} \omega_{\mathrm{so}}}{D_{n}^{2}}  \tag{E.633}\\
& A_{2}=+c_{1} \beta_{2}+c_{2} \beta_{1}^{2}+\frac{2\left(a c_{1} \beta_{1}-b\right) \Delta_{n} \omega_{\mathrm{so}}-a^{2} \omega_{\mathrm{so}}^{2}}{D_{n}^{2}}+\frac{4 a^{2} \Delta_{n}^{2} \omega_{\mathrm{so}}^{2}}{D_{n}^{4}}  \tag{E.634}\\
& B_{1}=-a  \tag{E.635}\\
& B_{2}=a c_{1} \beta_{1}-b+\frac{2 a^{2} \Delta_{n} \omega_{\mathrm{so}}}{D_{n}^{2}} \tag{E.636}
\end{align*}
$$

where the values for the parameters for all the transitions are listed in Tab. (E.5). We'll define a lorentzian and dispersive line shape in the following way:

$$
\begin{equation*}
\mathcal{L}_{n}=\frac{\gamma_{n}}{D_{n}^{2}}=\frac{\gamma_{n}}{\Delta_{n}^{2}+\gamma_{n}^{2}} \quad \mathcal{D}_{n}=\frac{-\Delta_{n}}{D_{n}^{2}}=\frac{-\Delta_{n}}{\Delta_{n}^{2}+\gamma_{n}^{2}} \tag{E.637}
\end{equation*}
$$

| $m$ | $q$ | $s$ | $m+q$ | $n$ | $T$ | $c_{1}$ | $c_{2}$ | $\beta_{2}$ | $a$ | $b$ | $-c_{1} \beta_{1}$ | $a^{2}$ | $\left(a c_{1} \beta_{1}-b\right)$ | $\left(c_{1} \beta_{2}+c_{2} \beta_{1}^{2}\right)$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| - | - | + | $-3 / 2$ | 2 | $3 / 4$ | 0 | 0 | 0 | +1 | 0 | 0 | 1 | 0 | + |
| + | - | - | $-1 / 2$ | 1 | 1 | $+\sqrt{2}$ | $-1 / 2$ | $-\sqrt{2} / 9$ | $+4 / 3$ | $+2 / 9$ | $-2 / 3$ | $16 / 9$ | $+2 / 3$ |  |
| + | - | + | $-1 / 2$ | 2 | $1 / 4$ | $-2 \sqrt{2}$ | +1 | $-\sqrt{2} / 9$ | $+5 / 3$ | $-2 / 9$ | $+4 / 3$ | $25 / 9$ | -2 | $-1 / 3$ |
| - | 0 | - | $-1 / 2$ | 1 | $1 / 2$ | $-2 \sqrt{2}$ | +1 | $-\sqrt{2} / 9$ | $-2 / 3$ | $+2 / 9$ | $+4 / 3$ | $4 / 9$ | $+2 / 3$ | $+2 / 3$ |
| - | 0 | + | $-1 / 2$ | 2 | $1 / 2$ | $+\sqrt{2}$ | $-1 / 2$ | $-\sqrt{2} / 9$ | $-1 / 3$ | $-2 / 9$ | $-2 / 3$ | $1 / 9$ | 0 | $+2 / 3$ |
| + | 0 | - | $+1 / 2$ | 1 | $1 / 2$ | $+2 \sqrt{2}$ | +1 | $+\sqrt{2} / 9$ | $+2 / 3$ | $+2 / 9$ | $-4 / 3$ | $4 / 9$ | $+2 / 3$ | $-1 / 3$ |
| + | 0 | + | $+1 / 2$ | 2 | $1 / 2$ | $-\sqrt{2}$ | $-1 / 2$ | $+\sqrt{2} / 9$ | $+1 / 3$ | $-2 / 9$ | $+2 / 3$ | $1 / 9$ | 0 | $+2 / 3$ |
| - | + | - | $+1 / 2$ | 1 | 1 | $-\sqrt{2}$ | $-1 / 2$ | $+\sqrt{2} / 9$ | $-4 / 3$ | $+2 / 9$ | $+2 / 3$ | $16 / 9$ | $+2 / 3$ | $-1 / 3$ |
| - | + | + | $+1 / 2$ | 2 | $1 / 4$ | $+2 \sqrt{2}$ | +1 | $+\sqrt{2} / 9$ | $-5 / 3$ | $-2 / 9$ | $-4 / 3$ | $25 / 9$ | -2 | $-1 / 3$ |
| + | + | + | $+3 / 2$ | 2 | $3 / 4$ | 0 | 0 | 0 | -1 | 0 | 0 | 1 | 0 | $+2 / 3$ |

Table E.5: Low Field Expansion Parameters. D $n$ transition due to $r_{q}$ from $|S, m\rangle$ to $\left|P_{s}, m+q\right\rangle$. For all transitions, $\beta_{0}=1 / 9$ and $\beta_{1}=\sqrt{2} / 3$.

Using this notation, we rewrite $G(y)$ and the parameters within it:

$$
\begin{align*}
G(y) & =\left(\mathcal{D}_{n}+i \mathcal{L}_{n}\right)\left(1+A_{1} y+A_{2} y^{2}\right)+\frac{\omega_{\mathrm{so}}}{\gamma_{n}} \mathcal{L}_{n}\left(B_{1} y+B_{2} y^{2}\right)  \tag{E.638}\\
A_{1} & =-c_{1} \beta_{1}+2 a \omega_{\mathrm{so}} \mathcal{D}_{n}  \tag{E.639}\\
A_{2} & =+\left(c_{1} \beta_{2}+c_{2} \beta_{1}^{2}\right)-2\left(a c_{1} \beta_{1}-b\right) \omega_{\mathrm{so}} \mathcal{D}_{n}+a^{2} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{n}^{2}-\frac{\mathcal{L}_{n}}{\gamma_{n}}\right)  \tag{E.640}\\
B_{1} & =-a  \tag{E.641}\\
B_{2} & =\left(a c_{1} \beta_{1}-b\right)-2 a^{2} \omega_{\mathrm{so}} \mathcal{D}_{n} \tag{E.642}
\end{align*}
$$

The real part is written as:

$$
\begin{align*}
\Re G= & \mathcal{D}_{n}\left\{1+\left[-c_{1} \beta_{1}+2 a \omega_{\mathrm{so}} \mathcal{D}_{n}\right] y\right. \\
& \left.+\left[\left(c_{1} \beta_{2}+c_{2} \beta_{1}^{2}\right)-2\left(a c_{1} \beta_{1}-b\right) \omega_{\mathrm{so}} \mathcal{D}_{n}+a^{2} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{n}^{2}-3 \frac{\mathcal{L}_{n}}{\gamma_{n}}\right)\right] y^{2}\right\} \\
& +\mathcal{L}_{n} \frac{\omega_{\mathrm{so}}}{\gamma_{n}}\left\{-a y+\left(a c_{1} \beta_{1}-b\right) y^{2}\right\} \tag{E.643}
\end{align*}
$$

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The imaginary part is written as:

$$
\begin{align*}
\Im G= & \mathcal{L}_{n}\left\{1+\left[-c_{1} \beta_{1}+2 a \omega_{\mathrm{so}} \mathcal{D}_{n}\right] y\right. \\
& \left.+\left[\left(c_{1} \beta_{2}+c_{2} \beta_{1}^{2}\right)-2\left(a c_{1} \beta_{1}-b\right) \omega_{\mathrm{so}} \mathcal{D}_{n}+a^{2} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{n}^{2}-\frac{\mathcal{L}_{n}}{\gamma_{n}}\right)\right] y^{2}\right\} \tag{E.644}
\end{align*}
$$

## Imaginary Part of the Polarizability: Absorption

The imaginary part of each term in the sum is written as:

$$
\begin{gather*}
\frac{n T(1 \pm P)}{2 C} \mathcal{L}_{n}\{1+y \times(\cdots)\} \\
\cdots=-c_{1} \beta_{1}+2 a \omega_{\mathrm{so}} \mathcal{D}_{n}+\left[\left(c_{1} \beta_{2}+c_{2} \beta_{1}^{2}\right)-2\left(a c_{1} \beta_{1}-b\right) \omega_{\mathrm{so}} \mathcal{D}_{n}+a^{2} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{n}^{2}-\frac{\mathcal{L}_{n}}{\gamma_{n}}\right)\right] y \tag{E.645}
\end{gather*}
$$

where as a reminder $1 / C=4 \pi \epsilon_{0} r_{e} c^{2} f_{1} / \omega_{1}, n$ refers to the $D n$ transition, $P$ is the polarization of the ground state, and the other parameters are obtained from Tab. (E.5). Plugging in the parameters for the $q=-1$ component gives:

$$
\begin{align*}
C \Im \alpha_{-}= & \frac{3}{4}(1-P) \mathcal{L}_{2}\left\{1+\left[2 \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[\omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{1}{6}(1+P) \mathcal{L}_{1}\left\{3+\left[-2+8 \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-1-4 \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{16}{3} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\frac{1}{12}(1+P) \mathcal{L}_{2}\left\{3+\left[4+10 \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[2+12 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{25}{3} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \tag{E.646}
\end{align*}
$$

Combining the D2 terms while separating the polarization dependent terms gives:

$$
\begin{align*}
C \Im \alpha_{-}= & \mathcal{L}_{2}\left\{1+\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[\frac{1}{6}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{13}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& -\frac{P}{2} \mathcal{L}_{2}\left\{1+\left[-\frac{2}{3}+\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{(1+P)}{2} \mathcal{L}_{1}\left\{1+\left[-\frac{2}{3}+\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{16}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \tag{E.647}
\end{align*}
$$

Plugging in the parameters for the $q=0$ component gives:

$$
\begin{align*}
C \Im \alpha_{0}= & +\frac{1}{4}(1-P) \mathcal{L}_{1}\left\{1+\left[\frac{4}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\frac{1}{2}(1-P) \mathcal{L}_{2}\left\{1+\left[-\frac{2}{3}-\frac{2}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{1}{4}(1+P) \mathcal{L}_{1}\left\{1+\left[-\frac{4}{3}+\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\frac{1}{2}(1+P) \mathcal{L}_{2}\left\{1+\left[\frac{2}{3}+\frac{2}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \tag{E.648}
\end{align*}
$$

Combining the D1 \& D2 terms while separating the polarization dependent terms gives:

$$
\begin{align*}
C \Im \alpha_{0}= & +\frac{1}{2} \mathcal{L}_{1}\left\{1+\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{L}_{2}\left\{1+\left[-\frac{1}{3}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +P\left\{\mathcal{L}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{L}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]\right\} \frac{2 y}{3} \tag{E.649}
\end{align*}
$$

Plugging in the parameters for the $q=+1$ component gives:

$$
\begin{align*}
C \Im \alpha_{+}= & \frac{(1-P)}{2} \mathcal{L}_{1}\left\{1+\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{16}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\frac{1}{4}(1-P) \mathcal{L}_{2}\left\{1+\left[-\frac{4}{3}-\frac{10}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[\frac{2}{3}+4 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{25}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{3}{4}(1+P) \mathcal{L}_{2}\left\{1+\left[-2 \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[\omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \tag{E.650}
\end{align*}
$$

Combining the D2 terms while separating the polarization dependent terms gives:

$$
\begin{align*}
C \Im \alpha_{+}= & \frac{(1-P)}{2} \mathcal{L}_{1}\left\{1+\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{16}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{L}_{2}\left\{1+\left[-\frac{1}{3}-\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[\frac{1}{6}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{13}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{P}{2} \mathcal{L}_{2}\left\{1+\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \tag{E.651}
\end{align*}
$$

Putting all three results together gives for $q=0, \pm 1$ :

$$
\begin{align*}
C \Im \alpha_{q}= & \frac{(1-q P)}{2} \mathcal{L}_{1}\left\{1+q\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[\frac{2}{3}-q^{2}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12 q^{2}}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{L}_{2}\left\{1-q\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{q^{2}}{2}+q^{2} \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12 q^{2}}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{q P}{2} \mathcal{L}_{2}\left\{1+q\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\left(1-q^{2}\right) P\left\{\mathcal{L}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{L}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]\right\} \frac{2 y}{3} \tag{E.652}
\end{align*}
$$

## Real Part of the Polarizability: Phase Shift

The real part of each term in the sum is written as the sum between one part that has an imaginary analogue:

$$
\begin{equation*}
\frac{n T(1 \pm P)}{2} \mathcal{D}_{n}\left[1+\left[-c_{1} \beta_{1}+2 a \omega_{\mathrm{so}} \mathcal{D}_{n}\right] y+\left[\left(c_{1} \beta_{2}+c_{2} \beta_{1}^{2}\right)-2\left(a c_{1} \beta_{1}-b\right) \omega_{\mathrm{so}} \mathcal{D}_{n}+a^{2} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{n}^{2}-3 \frac{\mathcal{L}_{n}}{\gamma_{n}}\right)\right] y^{2}\right] \tag{Е.653}
\end{equation*}
$$

and an additional term that does not have an imaginary analogue:

$$
\begin{equation*}
\frac{n T(1 \pm P)}{2} \mathcal{L}_{n} \frac{\omega_{\text {so }}}{\gamma_{n}}\left\{-a y+\left(a c_{1} \beta_{1}-b\right) y^{2}\right\} \tag{E.654}
\end{equation*}
$$

where again $1 / C=4 \pi \epsilon_{0} r_{e} c^{2} f_{1} / \omega_{1}, n$ refers to the $D n$ transition, $P$ is the polarization of the ground state, and the other parameters are obtained from Tab. (E.5) To be explicit, the three main differences between the calculation for the imaginary part (that we've already done) and this one for the real part are:

1. the overall $\mathcal{L}_{n}$ outside the brackets becomes $\mathcal{D}_{n}$
2. the last term in the $y^{2}$ bracket goes from $-\mathcal{L}_{n} \gamma_{n}$ to $-3 \mathcal{L}_{n} / \gamma_{n}$
3. there is an additional term proportional to $\mathcal{L}_{n} \frac{\omega_{\text {so }}}{\gamma_{n}}$ that we must work out as well

Using the results for the imaginary part, the first term $\left(\alpha_{q}^{1}\right)$ for the real part for the $q=0, \pm 1$ component is:

$$
\begin{align*}
\mathcal{C} \alpha_{q}^{1}= & \frac{(1-q P)}{2} \mathcal{D}_{1}\left\{1+q\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[\frac{2}{3}-q^{2}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12 q^{2}}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-3 \frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{D}_{2}\left\{1-q\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{q^{2}}{2}+q^{2} \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12 q^{2}}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathscr{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{q P}{2} \mathcal{D}_{2}\left\{1+q\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\left(1-q^{2}\right) P\left\{\mathcal{D}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{D}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]\right\} \frac{2 y}{3} \tag{E.655}
\end{align*}
$$

Now calculating the second term $\left(\alpha_{q}^{2}\right)$ for the real part for the $q=-1$ compo-
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nent:

$$
\begin{equation*}
C \Re \alpha_{-}^{2}=\frac{3(1-P)}{4} \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\{-y\}+\frac{(1+P)}{2} \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{-\frac{4}{3} y+\frac{2}{3} y^{2}\right\}+\frac{(1+P)}{4} \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{-\frac{5}{3} y-2 y^{2}\right\} \tag{E.656}
\end{equation*}
$$

Combining the D2 terms while separating the polarization dependent terms gives:

$$
\begin{equation*}
C \Re \alpha_{-}^{2}=(1+P) \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{-\frac{2}{3} y+\frac{1}{3} y^{2}\right\}+\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{-\frac{7}{6} y-\frac{1}{2} y^{2}\right\}+P \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{1}{3} y-\frac{1}{2} y^{2}\right\} \tag{E.657}
\end{equation*}
$$

Now calculating the second term $\left(\alpha_{q}^{2}\right)$ for the real part for the $q=0$ component:

$$
\begin{align*}
C \Re \alpha_{0}^{2}= & \frac{(1-P)}{4} \mathcal{L}_{1} \frac{\omega_{\text {so }}}{\gamma_{1}}\left\{\frac{2}{3} y+\frac{2}{3} y^{2}\right\}+\frac{(1-P)}{2} \mathcal{L}_{2} \frac{\omega_{\text {so }}}{\gamma_{2}}\left\{\frac{1}{3} y\right\} \\
& +\frac{(1+P)}{4} \mathcal{L}_{1} \frac{\omega_{\text {so }}}{\gamma_{1}}\left\{-\frac{2}{3} y+\frac{2}{3} y^{2}\right\}+\frac{(1+P)}{2} \mathcal{L}_{2} \frac{\omega_{\text {so }}}{\gamma_{2}}\left\{-\frac{1}{3} y\right\} \tag{E.658}
\end{align*}
$$

Combining the D2 terms while separating the polarization dependent terms gives:

$$
\begin{equation*}
C \Re \alpha_{0}^{2}=\mathcal{L}_{1} \frac{\omega_{\text {so }}}{\gamma_{1}}\left\{\frac{1}{3} y^{2}\right\}-P \mathcal{L}_{1} \frac{\omega_{\text {so }}}{\gamma_{1}}\left\{\frac{1}{3} y\right\}-P \mathcal{L}_{2} \frac{\omega_{\text {so }}}{\gamma_{2}}\left\{\frac{1}{3} y\right\} \tag{E.659}
\end{equation*}
$$

Now calculating the second term $\left(\alpha_{q}^{2}\right)$ for the real part for the $q=+1$ component:
$C \Re \alpha_{+}^{2}=+\frac{(1-P)}{2} \mathcal{L}_{1} \frac{\omega_{\text {so }}}{\gamma_{1}}\left\{\frac{4}{3} y+\frac{2}{3} y^{2}\right\}+\frac{(1-P)}{4} \mathcal{L}_{2} \frac{\omega_{\text {so }}}{\gamma_{2}}\left\{\frac{5}{3} y-2 y^{2}\right\}+\frac{3(1+P)}{4} \mathcal{L}_{2} \frac{\omega_{\text {so }}}{\gamma_{2}}\{y\}$
Combining the D2 terms while separating the polarization dependent terms
gives:

$$
\begin{equation*}
C \Re \alpha_{+}^{2}=(1-P) \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{\frac{2}{3} y+\frac{1}{3} y^{2}\right\}+\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{7}{6} y-\frac{1}{2} y^{2}\right\}+P \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{1}{3} y+\frac{1}{2} y^{2}\right\} \tag{E.661}
\end{equation*}
$$

Putting this altogether gives:

$$
\begin{align*}
C \Re \alpha_{q}^{2}= & (1-q P) \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{q \frac{2}{3} y+\frac{1}{3} y^{2}\right\}+\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{q \frac{7}{6} y-q^{2} \frac{1}{2} y^{2}\right\} \\
& -\left(1-q^{2}\right) P \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{\frac{1}{3} y\right\}+P \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{2 q^{2}-1}{3} y+q \frac{1}{2} y^{2}\right\} \tag{E.662}
\end{align*}
$$

Finally, combining both terms gives for the real part $\alpha_{q}$ where $q=0, \pm 1$ :

$$
\begin{align*}
C \Re \alpha_{q}= & \frac{(1-q P)}{2} \mathcal{D}_{1}\left\{1+q\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[\frac{2}{3}-q^{2}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12 q^{2}}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-3 \frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{D}_{2}\left\{1-q\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{q^{2}}{2}+q^{2} \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12 q^{2}}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathscr{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{q P}{2} \mathcal{D}_{2}\left\{1+q\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{I}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\left(1-q^{2}\right) P\left\{\mathcal{D}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{D}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]-\frac{1}{2} L_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\right\} \frac{2 y}{3} \\
& +(1-q P) \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{\frac{2 q}{3} y+\frac{1}{3} y^{2}\right\}+\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{7 q}{6} y-\frac{q^{2}}{2} y^{2}\right\}+P \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{2 q^{2}-1}{3} y+\frac{q}{2} y^{2}\right\} \tag{E.663}
\end{align*}
$$

## E.6.3 Atomic Polarization Vector

## Light Propagation At a Skew Angle

It is useful to know how light is effected by the presence of a polarized alkali vapor when (1) optical pumping or (2) measuring alkali polarization and densities using Faraday Rotation. We'll assume that the polarized alkali vapor is located within a magnetic field that orients the alkali angular momentum. In other words, the magnetic field provides one axis of a coordinate system that naturally describes
the alkali atoms. The light and the alkali atoms are connected through the atomic polarizability, which itself is related to the dielectric permittivity. We'll start with Maxwell's equations and end with a matrix eigenvalue equation. The solution to this equation will give the wave numbers and polarization vectors for the two eigenmodes of propagation through the vapor. An eigenmode of propagation has the property that its polarization vector does not change as it propagates through the alkali vapor.

In SI, Maxwell's equations are:

$$
\begin{array}{ll}
\vec{\nabla} \cdot \vec{D}=\rho & \vec{\nabla} \times \vec{E}=-\partial \vec{B} / \partial t \\
\vec{\nabla} \cdot \vec{B}=0 & \vec{\nabla} \times \vec{H}=\vec{J}+\partial \vec{D} / \partial t \tag{E.664}
\end{array}
$$

and the constitutive relations for a linear medium between the electric vector $\vec{E} \&$ the electric displacement $\vec{D}$ and between the magnetic induction $\vec{B}$ \& the magnetic vector $\vec{H}$ are:

$$
\begin{equation*}
\vec{D}=\overleftrightarrow{\varepsilon} \cdot \vec{E} \quad \vec{B}=\overleftrightarrow{\mu} \cdot \vec{H} \tag{E.665}
\end{equation*}
$$

where $\overleftrightarrow{\varepsilon} \& \overleftrightarrow{\mu}$ are the dielectric permittivity \& the magnetic permeability tensors, respectively. In our case, there are no free charges $\rho$ and currents $\vec{J}$. Since the light has optical frequencies, the magnetic permeability tensor $\overleftrightarrow{\mu}$ is very nearly equal to the scalar free space value $\mu_{0}$ :

$$
\begin{array}{ll}
\vec{\nabla} \cdot \vec{D}=0 & \vec{\nabla} \times \vec{E}=-\mu_{0} \partial \vec{H} / \partial t  \tag{E.666}\\
\vec{\nabla} \cdot \vec{H}=0 & \vec{\nabla} \times \vec{H}=\partial \vec{D} / \partial t
\end{array}
$$

Representing the spatial and time dependence of $\vec{E}, \vec{D}, \vec{B}, \& \vec{H}$ in plane wave form,
such as $\vec{E} \rightarrow \vec{E} \exp [i \vec{k} \cdot \vec{r}-i \omega t]$, results in:

$$
\begin{array}{ll}
\vec{k} \cdot \vec{D}=0 & \vec{k} \times \vec{E}=\omega \mu_{0} \vec{H}  \tag{E.667}\\
\vec{k} \cdot \vec{H}=0 & \vec{k} \times \vec{H}=-\omega \vec{D}
\end{array}
$$

where $\vec{k}$ is the wave number and $\omega=2 \pi \nu$ is the frequency. Combining the two cross product equations results in:

$$
\begin{equation*}
\vec{k} \times(\vec{k} \times \vec{E})=\vec{k}(\vec{k} \cdot \vec{E})-k^{2} \vec{E}=-\omega^{2} \mu_{0} \vec{D} \tag{E.668}
\end{equation*}
$$

where we've used the identity $\vec{a} \times(\vec{b} \times \vec{c})=\vec{b}(\vec{a} \cdot \vec{c})-\vec{c}(\vec{a} \cdot \vec{b})$. Finally, using the constitutive relation for $\vec{D}$, factoring out $\vec{E}$, and moving things around gives:

$$
\left(\left[\begin{array}{ccc}
k^{2} & 0 & 0  \tag{E.669}\\
0 & k^{2} & 0 \\
0 & 0 & k^{2}
\end{array}\right]-\left[\begin{array}{ccc}
k_{1}^{2} & k_{1} k_{2} & k_{1} k_{3} \\
k_{2} k_{1} & k_{2}^{2} & k_{2} k_{3} \\
k_{3} k_{1} & k_{3} k_{2} & k_{3}^{2}
\end{array}\right]-\omega^{2} \mu_{0} \stackrel{\leftrightarrow}{\varepsilon}\right) \cdot \vec{E}=0
$$

The derivation of this equation can also be found in chapter 15 of Born $\mathcal{E}$ Wolf [30] and also Yariv \& Yeh [31].

## Wave Number Eigenvalues

The following calculation is a detailed extension to the one found in [32]. There are in general three coordinate systems that one could use to solve for the possible eigenvalues for $k$ :

1. the atomic basis, namely one that reflects the symmetry of the alkali vapor $\left(\hat{r}_{+}^{*} ; \hat{r}_{-}^{*} ; \hat{r}_{0}^{*}=\hat{B}_{0}\right)$ which is determined by the magnetic field $\overrightarrow{B_{0}}$
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2. the linear $(\mathcal{P} ; \mathcal{S} ; \mathcal{Z}=\hat{k})$ or circular $(\mathcal{R} ; \mathcal{L} ; \mathcal{Z})$ polarization basis of the light
3. the polarization eigenvector basis, namely the one for which the matrix multiplying $\vec{E}$ is diagonal

Unfortunately, we usually do not know beforehand what the polarization eigenvector basis is. However, when the magnetic field and light propagation direction point in the same direction, all three coordinates systems happen to coincide. Therefore we'll take advantage of this fact and choose to work in the circular polarization basis of the light. Consequently, the wave number dyad is represented as:

$$
\vec{k} \vec{k}=\left[\begin{array}{ccc}
0 & 0 & 0  \tag{E.670}\\
0 & 0 & 0 \\
0 & 0 & k^{2}
\end{array}\right]
$$

where $k_{1}=k_{2}=0$ and $\sqrt{k_{1}^{2}+k_{2}^{2}+k_{3}^{2}}=k^{2}$ due to the orthonormality of the circular polarization basis.

In the atomic basis $\left(\hat{r}_{+}^{*} ; \hat{r}_{-}^{*} ; \hat{r}_{0}^{*}\right)$, the dielectric tensor is, by construction, diagonal and given as:

$$
\overleftrightarrow{\varepsilon}=\varepsilon_{0}\left(1+\frac{[\mathrm{A}]}{\varepsilon_{0}}\left[\begin{array}{ccc}
\alpha_{+} & 0 & 0  \tag{E.671}\\
0 & \alpha_{-} & 0 \\
0 & 0 & \alpha_{0}
\end{array}\right]\right)
$$

where $\varepsilon_{0}$ is the dielectric permittivity of free space and $[A]$ is the alkali number density. When the magnetic field is zero, the polarizabilities are given by:

$$
\begin{equation*}
\alpha_{q}=\frac{\varepsilon_{0} r_{e} c^{2}}{2 \pi}[\underbrace{\frac{f_{1} / \nu_{1}}{\nu_{1}-\nu-i \Gamma_{1} / 2}\left(1-q P_{\mathrm{A}}\right)}_{\text {D1 transition }}+\underbrace{\frac{f_{2} / \nu_{2}}{\nu_{2}-\nu-i \Gamma_{2} / 2}\left(1+\frac{q P_{\mathrm{A}}}{2}\right)}_{\mathrm{D} 2 \text { transition }}] \tag{E.672}
\end{equation*}
$$

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where $r_{e}$ is the classical electron radius, $c$ is the speed of light in a vacuum, $P_{\mathrm{A}}$ is the alkali polarization, $q(=0, \pm 1)$ is the amount of angular momentum transferred to an alkali atom, $f_{n}$ is the oscillator strength, $\nu_{n}$ is the transition frequency, and $\Gamma_{n}$ is the full width half maximum of the transition. The subscripts $n(=1,2)$ refer to the D1 and D2 transitions of the alkali atom.

We'll have to transform the polarizability tensor from the $\left(\hat{r}_{+}^{*} ; \hat{r}_{-}^{*} ; \hat{r}_{0}^{*}\right)$ basis to the $(\mathcal{R} ; \mathcal{L} ; Z)$ basis in the following way:

1. switch from the $\left(\hat{r}_{+}^{*} ; \hat{r}_{-}^{*} ; \hat{r}_{0}^{*}\right)$ basis to the $(\hat{x} ; \hat{y} ; \hat{z})$ basis relative to the atomic system
2. rotate by angle $\theta$ from the $(\hat{x} ; \hat{y} ; \hat{z})$ basis relative to the atomic system to the $(\mathcal{P} ; \mathcal{S} ; Z)$ basis relative to the light polarization, where $\theta$ is the angle between the magnetic field and the light propagation direction as in $\hat{B}_{0} \cdot \hat{k}=\cos (\theta)$
3. switch from the $(\mathcal{P} ; \mathcal{S} ; Z)$ basis to the $(\mathcal{R} ; \mathcal{L} ; Z)$ basis relative to the light polarization

We'll note the following relationships between the different bases relative to the light system:

$$
\begin{equation*}
\mathcal{R}=\frac{\mathcal{P}+i S}{\sqrt{2}} \quad \mathcal{L}=\frac{P-i S}{\sqrt{2}} \tag{E.673}
\end{equation*}
$$

between the different bases relative to the atomic system:

$$
\begin{gather*}
\vec{r}=r_{+} \hat{r}_{+}^{*}+r_{-} \hat{r}_{-}^{*}+r_{0} \hat{r}_{0}^{*}=x \hat{x}+y \hat{y}+z \hat{z}  \tag{E.674}\\
r_{+}=-\left(\frac{x+i y}{\sqrt{2}}\right) \quad r_{-}=\frac{x-i y}{\sqrt{2}} \quad r_{0}=z \tag{E.675}
\end{gather*}
$$

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and finally between the atomic and light systems:

$$
\begin{equation*}
\hat{x}=\mathcal{P} \cos (\theta)-Z \sin (\theta) \quad \hat{z}=\mathcal{P} \sin (\theta)+Z \cos (\theta) \tag{E.676}
\end{equation*}
$$

Switching the basis of the polarizability tensor from the circular basis to linear basis relative to the atomic system gives:

$$
\stackrel{\leftrightarrow}{\alpha}=\frac{1}{\sqrt{2}}\left[\begin{array}{ccc}
-1 & +1 & 0 \\
-i & -i & 0 \\
0 & 0 & +1
\end{array}\right]\left[\begin{array}{ccc}
\alpha_{+} & 0 & 0 \\
0 & \alpha_{-} & 0 \\
0 & 0 & \alpha_{0}
\end{array}\right] \frac{1}{\sqrt{2}}\left[\begin{array}{ccc}
-1 & +i & 0 \\
+1 & +i & 0 \\
0 & 0 & +1
\end{array}\right]=\frac{1}{2}\left[\begin{array}{ccc}
\sigma & -i \delta & 0 \\
i \delta & \sigma & 0 \\
0 & 0 & 2 \alpha_{0}
\end{array}\right]
$$

where $\sigma \& \delta$ are the sum $\&$ difference of $\alpha_{+} \& \alpha_{-}$:

$$
\begin{equation*}
\sigma=\alpha_{+}+\alpha_{-}=2 \alpha_{0} \quad \delta=\alpha_{+}-\alpha_{-} \tag{E.678}
\end{equation*}
$$

To simplify things, we'll break the the resulting matrix up into the following:

$$
\stackrel{\leftrightarrow}{\alpha}=\frac{1}{2}\left[\begin{array}{ccc}
\sigma & -i \delta & 0  \tag{E.679}\\
i \delta & \sigma & 0 \\
0 & 0 & 2 \alpha_{0}
\end{array}\right]=\frac{\sigma}{2}+i \frac{\delta}{2}\left[\begin{array}{ccc}
0 & -1 & 0 \\
1 & 0 & 0 \\
0 & 0 & 0
\end{array}\right]
$$

Now we rotate by $\theta$ from the linear basis of atomic system to linear polarization basis of the light:

$$
\left[\begin{array}{ccc}
\cos (\theta) & 0 & \sin (\theta)  \tag{E.680}\\
0 & 1 & 0 \\
-\sin (\theta) & 0 & \cos (\theta)
\end{array}\right]\left[\begin{array}{ccc}
0 & -1 & 0 \\
1 & 0 & 0 \\
0 & 0 & 0
\end{array}\right]\left[\begin{array}{ccc}
\cos (\theta) & 0 & -\sin (\theta) \\
0 & 1 & 0 \\
\sin (\theta) & 0 & \cos (\theta)
\end{array}\right]=\left[\begin{array}{ccc}
0 & -\cos (\theta) & 0 \\
\cos (\theta) & 0 & -\sin (\theta) \\
0 & \sin (\theta) & 0
\end{array}\right]
$$

Finally we'll switch from the linear polarization basis of the light to the circular one:

$$
\frac{1}{\sqrt{2}}\left[\begin{array}{ccc}
+1 & -i & 0  \tag{E..681}\\
+1 & +i & 0 \\
0 & 0 & +1
\end{array}\right]\left[\begin{array}{ccc}
0 & -\cos (\theta) & 0 \\
\cos (\theta) & 0 & -\sin (\theta) \\
0 & \sin (\theta) & 0
\end{array}\right] \frac{1}{\sqrt{2}}\left[\begin{array}{ccc}
+1 & +1 & 0 \\
+i & -i & 0 \\
0 & 0 & +1
\end{array}\right]
$$

which gives:

$$
\left[\begin{array}{ccc}
-i \cos (\theta) & 0 & -\frac{i}{2} \sin (\theta)  \tag{E.682}\\
0 & +i \cos (\theta) & +\frac{i}{2} \sin (\theta) \\
+\frac{i}{2} \sin (\theta) & -\frac{i}{2} \sin (\theta) & 0
\end{array}\right]
$$

Therefore, the polarizability in the circular polarization basis is:

$$
\begin{align*}
\stackrel{\leftrightarrow}{\alpha} & =\frac{1}{2}\left[\begin{array}{ccc}
\sigma+\delta \cos (\theta) & 0 & +\frac{\delta}{2} \sin (\theta) \\
0 & \sigma-\delta \cos (\theta) & -\frac{\delta}{2} \sin (\theta) \\
-\frac{\delta}{2} \sin (\theta) & +\frac{\delta}{2} \sin (\theta) & \sigma
\end{array}\right] \\
& =\left[\begin{array}{ccc}
\alpha_{\mathcal{R}} & 0 & +\frac{\delta}{4} \sin (\theta) \\
0 & \alpha_{\mathcal{L}} & -\frac{\delta}{4} \sin (\theta) \\
-\frac{\delta}{4} \sin (\theta) & +\frac{\delta}{4} \delta \sin (\theta) & \alpha_{0}
\end{array}\right] \tag{E.683}
\end{align*}
$$

and consequently the matrix equation is written as

$$
\left[\begin{array}{ccc}
k^{2}-k_{\mathcal{R}}^{2} & 0 & -\Delta_{k}^{2}  \tag{E.684}\\
0 & k^{2}-k_{\perp}^{2} & +\Delta_{k}^{2} \\
+\Delta_{k}^{2} & -\Delta_{k}^{2} & -k_{0}^{2}
\end{array}\right] \cdot \vec{E}=0
$$

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where we have defined the following quantities:

$$
\begin{gather*}
k_{Q}^{2}=\frac{\omega^{2}}{c^{2}}\left(1+\frac{[A]}{\varepsilon_{0}} \alpha_{Q}\right) \quad \Delta_{k}^{2}=\frac{\omega^{2}}{c^{2}} \frac{[A]}{\varepsilon_{0}}\left(\frac{\alpha_{+}-\alpha_{-}}{4}\right) \sin (\theta)  \tag{E.685}\\
\alpha_{Q}=\frac{\varepsilon_{0} r_{2} c^{2}}{2 \pi}\left[\frac{f_{1} / \nu_{1}}{\nu_{1}-\nu-i \Gamma_{1} / 2}\left(1-q P_{\mathrm{A}} \cos (\theta)\right)+\frac{f_{2} / \nu_{2}}{\nu_{2}-\nu-i \Gamma_{2} / 2}\left(1+\frac{q P_{\mathrm{A}} \cos (\theta)}{2}\right)\right] \tag{E.686}
\end{gather*}
$$

where $q=+1,0,-1$ for $Q=\mathcal{R}, 0, \mathcal{L}$ respectively. This equation is solved by setting the determinant of the matrix to zero:

$$
\left|\begin{array}{ccc}
k^{2}-k_{\mathcal{R}}^{2} & 0 & -\Delta_{k}^{2}  \tag{E.687}\\
0 & k^{2}-k_{\perp}^{2} & +\Delta_{k}^{2} \\
+\Delta_{k}^{2} & -\Delta_{k}^{2} & -k_{0}^{2}
\end{array}\right|=\left(k^{2}-k_{\mathcal{R}}^{2}\right)\left[-\left(k^{2}-k_{\perp}^{2}\right) k_{0}^{2}+\Delta_{k}^{4}\right]+\Delta_{k}^{4}\left(k^{2}-k_{L}^{2}\right)=0
$$

This can be rearranged to:

$$
\begin{equation*}
k^{4}+k^{2}\left[-k_{L}^{2}-k_{\mathcal{R}}^{2}-2 \Delta_{k}^{4} / k_{0}^{2}\right]+\left[k_{\mathcal{R}}^{2} k_{\perp}^{2}+\left(k_{\mathcal{R}}^{2}+k_{L}^{2}\right) \Delta_{k}^{4} / k_{0}^{2}\right]=0 \tag{E.688}
\end{equation*}
$$

and is then solved using the quadratic equation:

$$
\begin{equation*}
k^{2}=\frac{1}{2}\left[k_{\mathcal{R}}^{2}+k_{L}^{2}+2 \Delta_{k}^{4} / k_{0}^{2} \pm \sqrt{\left(k_{\mathcal{R}}^{2}-k_{L}^{2}\right)^{2}+4 \Delta_{k}^{8} / k_{0}^{4}}\right] \tag{E.689}
\end{equation*}
$$

The two eigenvalues for $k^{2}$ are given by the two solutions above. However, a more illuminating form for $k^{2}$ can be obtained if we compare the size of $\Delta_{k}^{2}$ against two different scales:

$$
\begin{equation*}
\frac{\Delta_{k}^{2}}{k_{0}^{2}}=\frac{[A]\left(\alpha_{+}-\alpha_{-}\right) \sin (\theta)}{4 \varepsilon_{0}\left(1+\frac{[A]}{\varepsilon_{0}} \alpha_{0}\right)} \approx 10^{-3}\left(\frac{\sin (\theta)}{4}\right) \quad \frac{\Delta_{k}^{2}}{k_{\mathcal{R}}^{2}-k_{L}^{2}}=\frac{\tan (\theta)}{4} \tag{E.690}
\end{equation*}
$$

where we have used the fact that the maximum absolute value of the polarizability occurs at resonance for the D2 transition $\nu=\nu_{2}$ which corresponds to:

$$
\begin{align*}
{\left[\frac{[A]}{\varepsilon_{0}} \alpha_{0}\right]_{\max } } & =\left[\frac{[A]}{\varepsilon_{0}}\left(\frac{\alpha_{+}-\alpha_{-}}{P_{\mathrm{A}}}\right)\right]_{\max }=\frac{[A] r_{e} c \lambda_{2} f_{2}}{\pi \Gamma_{2}} \\
& =10^{-3} \times\left(\frac{[A]}{10^{15} \mathrm{~cm}^{-3}}\right)\left(\frac{\lambda_{2}}{780 \mathrm{~nm}}\right)\left(\frac{140 \mathrm{GHz}}{\Gamma_{2}}\right) \tag{E.691}
\end{align*}
$$

and we have put in typical values for the alkali density and absorption line width. Therefore, the angle for which the two terms under the square root are equal, for $P_{\mathrm{A}}=1$, is about $\theta=89.993$. In almost all cases, the first term dominates over the second term under the square root and we can write the two solutions as:

$$
\begin{equation*}
k^{2}=\left(k_{\text {R }}^{2} \text { or } k_{\perp}^{2}\right)+\Delta_{k}^{4} / k_{0}^{2} \tag{E.692}
\end{equation*}
$$

## Light Polarization Eigenvectors

The polarization eigenvectors that correspond to these wave number eigenvalues are found by solving the following system of equations:

$$
\begin{align*}
& \left(k^{2}-k_{\mathcal{R}}^{2}\right) E_{1}-\Delta_{k}^{2} E_{3}=0 \\
& \left(k^{2}-k_{L}^{2}\right) E_{2}+\Delta_{k}^{2} E_{3}=0  \tag{E.693}\\
& \Delta_{k}^{2} E_{1}-\Delta_{k}^{2} E_{2}-k_{0}^{2} E_{3}=0
\end{align*}
$$

which can be rearranged to give the following useful ratios among the components of the eigenvectors:

$$
\begin{equation*}
\left(k^{2}-k_{\mathcal{R}}^{2}\right) E_{1}=-\left(k^{2}-k_{L}^{2}\right) E_{2} \quad E_{3}=\frac{\Delta_{k}^{2}}{k_{0}^{2}}\left(E_{1}-E_{2}\right) \tag{E.694}
\end{equation*}
$$

Finally, the two eigenvectors in the circular polarization basis of the light $(\mathcal{R} ; \mathcal{L}$; $Z)$ to lowest order in $\Delta_{k}^{2}$ are:

$$
\begin{align*}
& k_{\mathcal{R}}:(1 ; 0 ; 0)+\frac{\Delta_{k}^{2}}{k_{0}^{2}}\left(0 ;-\frac{\tan (\theta)}{4} ;+1\right)  \tag{E.695}\\
& k_{\mathcal{L}}:(0 ; 1 ; 0)+\frac{\Delta_{k}^{2}}{k_{0}^{2}}\left(+\frac{\tan (\theta)}{4} ; 0 ;-1\right) \tag{E.696}
\end{align*}
$$

This means that polarization eigenvector basis:

1. is very well approximated by the circular polarization basis of the light
2. has a small admixture of linear polarization
3. is slightly parallel to the propagation direction

## Generalization to Atomic Polarization Vector

We've found that when we have a skew angle $\theta$, the polarization $P$ in the atomic polarizability is replaced by $P \cos (\theta)$. This is very suggestive, and following the argument of Dehmelt [33], we'll replace $P \cos (\theta)$ with $\hat{k} \cdot \vec{P}$ where $\hat{k}$ is the beam propagation direction and $\vec{P}$ is the polarization vector. The quantum mechanical form of this polarization vector is given by $\vec{P}=2\langle\vec{S}\rangle$ where $\vec{S}$ is the vector spin$1 / 2$ operator. Therefore, all instances of $P$ should be replaced by $\hat{k} \cdot \vec{P}$ :

$$
\begin{equation*}
P \rightarrow 2\left(k_{x}\left\langle S_{x}\right\rangle+k_{y}\left\langle S_{y}\right\rangle+k_{z}\left\langle S_{z}\right\rangle\right) \quad k_{x}^{2}+k_{y}^{2}+k_{z}^{2}=1 \tag{E.697}
\end{equation*}
$$

When the beam is parallel to the magnetic field, then $k_{z}=1$ and $P \rightarrow 2\left\langle S_{z}\right\rangle$. Since $S_{z}$ is parallel to the magnetic field by definition, its expectation value is since the difference in populations or $P$, as expected. On the other hand, when the beam is
perpendicular to the magnetic field, say $k_{x}=1$, then $P \rightarrow 2\left\langle S_{x}\right\rangle$. The expectation value of $S_{x}$ involves coherences. If there is no external RF field, then the coherences are oscillating at the Larmor frequency. If there is an external RF field, then the coherences will be oscillating at the frequency of the RF field. In either case, the expectation value of $S_{x}$ will be oscillatory and as a consequence so will the polarizability.

A more rigorous derivation of this generalization involving group theoretical methods can be found in Happer $\mathcal{E}$ Mathur [34]. They derive an irreducible tensor decomposition of the atomic polarizability (in the linear polarization basis):

$$
\begin{equation*}
\stackrel{\leftrightarrow}{\alpha}=\alpha_{S} \stackrel{\leftrightarrow}{1}+\alpha_{V}(\langle\vec{\mu}\rangle \times)+\alpha_{T}\langle\stackrel{\leftrightarrow}{Q}\rangle \tag{E.698}
\end{equation*}
$$

where $\alpha_{S, V, T}$ are the scalar, vector, \& tensor polarizabilities, $\vec{\mu}$ is the magnetic dipole operator, and $\overleftrightarrow{Q}$ is the electric quadrupole operator. Dropping the electric quadrupole part, we can write atomic polarizability in matrix form:

$$
\stackrel{\leftrightarrow}{\alpha}=\left[\begin{array}{ccc}
\alpha_{S} & 0 & 0  \tag{E.699}\\
0 & \alpha_{S} & 0 \\
0 & 0 & \alpha_{S}
\end{array}\right]+\frac{\alpha_{V} g_{S} \mu_{B}}{2}\left[\begin{array}{ccc}
0 & -P_{z} & P_{y} \\
P_{z} & 0 & -P_{x} \\
-P_{y} & P_{x} & 0
\end{array}\right]
$$

where $\vec{\mu}=g_{S} \mu_{B} \vec{S}, P_{n}=2\left\langle S_{n}\right\rangle$, and we used the matrix form of the cross product. This looks suspiciously like Eqn. E.679):

$$
\stackrel{\leftrightarrow}{\alpha}=\frac{1}{2}\left[\begin{array}{ccc}
\sigma & -i \delta & 0  \tag{E.700}\\
i \delta & \sigma & 0 \\
0 & 0 & 2 \alpha_{0}
\end{array}\right]=\frac{\sigma}{2}+i \frac{\delta}{2}\left[\begin{array}{ccc}
0 & -1 & 0 \\
1 & 0 & 0 \\
0 & 0 & 0
\end{array}\right]
$$

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where we can equate $\sigma / 2=\alpha_{0}=\alpha_{S}, i \delta / 2=\alpha_{V} g_{s} \mu_{B} P_{z} / 2, P_{x}=P_{y}=0$. We'll now proceed with the rest of the analysis from Sec.(E.6.3), but now with $P_{x} \neq 0$ and $P_{y} \neq 0$. As a reminder, we're starting in the linear atomic basis. We rotate by $\theta$ from the linear basis of atomic system to linear polarization basis of the light:

$$
\left[\begin{array}{ccc}
\cos (\theta) & 0 & \sin (\theta)  \tag{E.701}\\
0 & 1 & 0 \\
-\sin (\theta) & 0 & \cos (\theta)
\end{array}\right]\left[\begin{array}{ccc}
0 & -P_{z} & P_{y} \\
P_{z} & 0 & -P_{x} \\
-P_{y} & P_{x} & 0
\end{array}\right]\left[\begin{array}{ccc}
\cos (\theta) & 0 & -\sin (\theta) \\
0 & 1 & 0 \\
\sin (\theta) & 0 & \cos (\theta)
\end{array}\right]
$$

where we get:

$$
\begin{gather*}
P_{z} M_{z}+P_{x} M_{x}+P_{y} M_{y}= \\
{\left[\begin{array}{ccc}
0 & -P_{z} \cos (\theta)+P_{x} \sin (\theta) & P_{y} \\
+P_{z} \cos (\theta)-P_{x} \sin (\theta) & 0 & -P_{z} \sin (\theta)-P_{x} \cos (\theta) \\
-P_{y} & P_{z} \sin (\theta)+P_{x} \cos (\theta) & 0
\end{array}\right]} \tag{E.702}
\end{gather*}
$$

Finally we'll switch from the linear polarization basis of the light to the circular one. We already know how to transform $P_{z} M_{z}$ :

$$
\begin{align*}
P_{z} M_{z}^{\prime}= & \frac{1}{\sqrt{2}}\left[\begin{array}{ccc}
+1 & -i & 0 \\
+1 & +i & 0 \\
0 & 0 & +1
\end{array}\right] P_{z}\left[\begin{array}{ccc}
0 & -\cos (\theta) & 0 \\
\cos (\theta) & 0 & -\sin (\theta) \\
0 & \sin (\theta) & 0
\end{array}\right] \\
& \times \frac{1}{\sqrt{2}}\left[\begin{array}{ccc}
+1 & +1 & 0 \\
+i & -i & 0 \\
0 & 0 & +1
\end{array}\right] \tag{E.703}
\end{align*}
$$

## E.6. The Effect on Polarized Light Due to Spin Polarized Alkali

 Atomswhich gives:

$$
P_{z} M_{z}^{\prime}=\left[\begin{array}{ccc}
-i P_{z} \cos (\theta) & 0 & -\frac{i}{2} P_{z} \sin (\theta)  \tag{E.704}\\
0 & +i P_{z} \cos (\theta) & +\frac{i}{2} P_{z} \sin (\theta) \\
+\frac{i}{2} P_{z} \sin (\theta) & -\frac{i}{2} P_{z} \sin (\theta) & 0
\end{array}\right]
$$

If we make the substitutions $P_{z} \cos (\theta) \rightarrow-P_{x} \sin (\theta)$ and $P_{z} \sin (\theta) \rightarrow P_{x} \cos (\theta)$, then if can immediately transform $M_{x}$ to $M_{x}^{\prime}$ to give:

$$
P_{x} M_{x}^{\prime}=\left[\begin{array}{ccc}
+i P_{x} \sin (\theta) & 0 & -\frac{i}{2} P_{x} \cos (\theta)  \tag{E.705}\\
0 & -i P_{x} \sin (\theta) & +\frac{i}{2} P_{x} \cos (\theta) \\
+\frac{i}{2} P_{x} \cos (\theta) & -\frac{i}{2} P_{x} \cos (\theta) & 0
\end{array}\right]
$$

Finally, we need to transforms $P_{y} M_{y}$ in the following way:

$$
P_{y} M_{y}^{\prime}=\frac{1}{\sqrt{2}}\left[\begin{array}{ccc}
+1 & -i & 0  \tag{E.706}\\
+1 & +i & 0 \\
0 & 0 & +1
\end{array}\right] P_{y}\left[\begin{array}{ccc}
0 & 0 & 1 \\
0 & 0 & 0 \\
-1 & 0 & 0
\end{array}\right] \frac{1}{\sqrt{2}}\left[\begin{array}{ccc}
+1 & +1 & 0 \\
+i & -i & 0 \\
0 & 0 & +1
\end{array}\right]
$$

which gives:

$$
P_{y} M_{y}^{\prime}=\left[\begin{array}{ccc}
0 & 0 & P_{y} / 2  \tag{E.707}\\
0 & 0 & P_{y} / 2 \\
-P_{y} / 2 & -P_{y} / 2 & 0
\end{array}\right]
$$

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 AtomsPutting this altogether gives:

$$
P_{z} M_{z}^{\prime}+P_{x} M_{x}^{\prime}+P_{y} M_{y}^{\prime}=-i\left[\begin{array}{ccc}
+\hat{k} \cdot \vec{P} & 0 & +p_{x z} / 2+i P_{y} / 2  \tag{E.70̄}\\
0 & -\hat{k} \cdot \vec{P} & -p_{x z} / 2+i P_{y} / 2 \\
-p_{x z} / 2-i P_{y} / 2 & +p_{x z} / 2-i P_{y} / 2 & 0
\end{array}\right]
$$

where $P_{z} \cos (\theta)-P_{x} \sin (\theta)=\hat{k} \cdot \vec{P}$ and $p_{x z}=P_{z} \sin (\theta)+P_{x} \cos (\theta)$. Therefore, the polarizability in the circular polarization basis is:

$$
\stackrel{\leftrightarrow}{\alpha}=\frac{1}{2}\left[\begin{array}{ccc}
\sigma+\delta^{\prime} \hat{k} \cdot \vec{P} & 0 & +\delta^{\prime}\left(p_{x z}+i P_{y}\right) / 2  \tag{E.709}\\
0 & \sigma-\delta^{\prime} \hat{k} \cdot \vec{P} & -\delta^{\prime}\left(p_{x z}-i P_{y}\right) / 2 \\
-\delta^{\prime}\left(p_{x z}+i P_{y}\right) / 2 & +\delta^{\prime}\left(p_{x z}-i P_{y}\right) / 2 & \sigma
\end{array}\right]
$$

where $\delta^{\prime}=\delta / P$ and compared to Eqn. (E.683):

$$
\stackrel{\leftrightarrow}{\alpha}=\frac{1}{2}\left[\begin{array}{ccc}
\sigma+\delta \cos (\theta) & 0 & +\frac{\delta}{2} \sin (\theta)  \tag{E.710}\\
0 & \sigma-\delta \cos (\theta) & -\frac{\delta}{2} \sin (\theta) \\
-\frac{\delta}{2} \sin (\theta) & +\frac{\delta}{2} \sin (\theta) & \sigma
\end{array}\right]
$$

we see that (1) $\delta \cos (\theta)$ has been replaced by $\delta^{\prime} \hat{k} \cdot \vec{P}$ and (2) the off diagonal elements $\delta \sin (\theta) / 2$ have been replaced by $\delta^{\prime}\left(p_{x z} \pm i P_{y}\right)$. Analogous to before, we'll define the following quantities:

$$
\begin{align*}
k_{Q}^{2} & =\frac{\omega^{2}}{c^{2}}\left(1+\frac{[A]}{\varepsilon_{0}} \alpha_{Q}\right)  \tag{E.711}\\
\alpha_{Q} & =\frac{\varepsilon_{0} r_{e} c^{2}}{2 \pi}\left[\frac{f_{1} / \nu_{1}}{\nu_{1}-\nu-i \Gamma_{1} / 2}\left(1-q \hat{k} \cdot \vec{P}_{\mathrm{A}}\right)+\frac{f_{2} / \nu_{2}}{\nu_{2}-\nu-i \Gamma_{2} / 2}\left(1+\frac{q \hat{k} \cdot \overrightarrow{P_{A}}}{2}\right)\right] \tag{E.712}
\end{align*}
$$

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where $q=+1,0,-1$ for $Q=\mathcal{R}, 0, \mathcal{L}$ respectively. Just as before, the eigenvalues are essentially $k_{\mathcal{R}}$ and $k_{\mathcal{L}}$ with very small corrections at the level of $\delta^{\prime 2}\left(p_{x z} \pm\right.$ $\left.i P_{y}\right)^{2} /\left(16 k_{0}^{2}\right)$. Corrections due to a non-zero field slightly modify these very small corrections and therefore can safely be ignored as well.

## Components Without An RF Field (Calculation of $\left\langle S_{z}\right\rangle$ )

The components of the atomic polarization vector $\vec{P}$ are just the expectation values of the spin- $1 / 2$ operators $S_{x}, S_{y}, \& S_{z}$. We'll work in the $|F, m\rangle$ basis To calculate the expectation values of $S_{z}, S_{x} \& S_{y}$, we'll first calculate it for $S_{q}\left(S_{0}=S_{z} ; S_{ \pm}=\right.$ $S_{x} \pm i S_{y}$ ) using:

$$
\begin{equation*}
\left\langle S_{q}\right\rangle=\sum_{F, F^{\prime}, m}\left\langle F^{\prime}, m\right| \rho|F, m \pm 1\rangle\langle F, m+q| S_{q}\left|F^{\prime}, m\right\rangle \tag{E.713}
\end{equation*}
$$

The coherences are simply:

$$
\begin{equation*}
\left\langle F^{\prime}, m\right| \rho|F, m+q\rangle=\rho_{F^{\prime} m F m+q}(0) \exp \left[-i \omega_{F^{\prime} m F m+q} t\right] \tag{E.714}
\end{equation*}
$$

For a large collection of atoms at equilibrium, the spins have all dephased and $\rho_{F^{\prime} m F m+q}(0)$ is equal to zero. Therefore, all the coherences are zero. Consequently, the only nonzero terms are ones that involve populations:

$$
\begin{equation*}
\left\langle S_{z}\right\rangle=\sum_{F, m} \rho_{m}\langle F, m| S_{z}|F, m\rangle \tag{E.715}
\end{equation*}
$$

## E.6. The Effect on Polarized Light Due to Spin Polarized Alkali

 AtomsSince we originally defined $P=2\left\langle S_{z}\right\rangle$, we should obtain $\left\langle S_{z}\right\rangle=P_{z} / 2$. To evaluate the $S_{z}$ matrix element, we'll have to expand $|F, m\rangle$ in the $\left|(I, 1 / 2), m_{I}, \pm 1 / 2\right\rangle$ basis:

$$
\begin{align*}
\left\langle S_{z}\right\rangle= & \sum_{F, m, m_{S}, m_{S}^{\prime}} \frac{\exp (\beta m)}{Z_{I} Z_{1 / 2}} \times \\
& \left\langle F, m \left\lvert\,\left(I, \frac{1}{2}\right)\right., m-m_{S}^{\prime}, m_{S}^{\prime}\right\rangle\left\langle m-m_{S}^{\prime}, m_{S}^{\prime}\right| S_{z}\left|m-m_{S}, m_{S}\right\rangle \\
& \times\left\langle\left(I, \frac{1}{2}\right), m-m_{S}, m_{S} \mid F, m\right\rangle \\
= & \sum_{F, m, m_{S}} \frac{\exp (\beta m)}{Z_{I} Z_{1 / 2}} m_{S}\left[\left\langle F, m \left\lvert\,\left(I, \frac{1}{2}\right)\right., m-m_{S}, m_{S}\right\rangle\right]^{2} \tag{E.716}
\end{align*}
$$

Since there are two manifolds $F=I \pm 1 / 2$, we'll split the sum into two pieces:

$$
\begin{align*}
\left\langle S_{z}\right\rangle= & \sum_{m=-I-1 / 2}^{m=+I+1 / 2} \sum_{m_{S}=-1 / 2}^{+1 / 2} \frac{\exp (\beta m)}{Z_{I} Z_{1 / 2}} m_{S}\left[\left\langle I+1 / 2, m \left\lvert\,\left(I, \frac{1}{2}\right)\right., m-m_{S}, m_{S}\right\rangle\right]^{2} \\
& +\sum_{m=-I+1 / 2}^{m=+I-1 / 2} \sum_{m_{S}=-1 / 2}^{+1 / 2} \frac{\exp (\beta m)}{Z_{I} Z_{1 / 2}} m_{S}\left[\left\langle I-1 / 2, m \left\lvert\,\left(I, \frac{1}{2}\right)\right., m-m_{S}, m_{S}\right\rangle\right]^{2} \tag{E.718}
\end{align*}
$$

Using the Clebsch-Gordon formulas from Sec. (C.2):

$$
\begin{align*}
\left\langle S_{z}\right\rangle= & \sum_{m=-I-1 / 2}^{m=+I+1 / 2} \sum_{m S}^{+1 / 2} \frac{\exp (\beta m)}{Z_{I} Z_{1 / 2}} m_{S}\left[\frac{I+1 / 2+2 m_{S} m}{[I]}\right] \\
& +\sum_{m=-I+1 / 2}^{m=+I-1 / 2} \sum_{m_{S}=-1 / 2}^{+1 / 2} \frac{\exp (\beta m)}{Z_{I} Z_{1 / 2}} m_{S}\left[\frac{I+1 / 2-2 m_{S} m}{[I]}\right] \\
= & \sum_{m=-I-1 / 2}^{m=+I+1 / 2} \sum_{m_{S}=-1 / 2}^{+1 / 2} \frac{\exp (\beta m)}{Z_{I} Z_{1 / 2}}\left[\frac{+2 m_{S}^{2} m}{[I]}\right] \\
& +\sum_{m=-I+1 / 2}^{m=+I-1 / 2} \sum_{m_{S}=-1 / 2}^{+1 / 2} \frac{\exp (\beta m)}{Z_{I} Z_{1 / 2}}\left[\frac{-2 m_{S}^{2} m}{[I]}\right] \\
= & \sum_{m_{S}=-1 / 2}^{+1 / 2}\left(\frac{\exp (+\beta[I] / 2)}{Z_{I} Z_{1 / 2}}\left[\frac{+2 m_{S}^{2}[I] / 2}{[I]}\right]+\frac{\exp (-\beta[I] / 2)}{Z_{I} Z_{1 / 2}}\left[\frac{-2 m_{S}^{2}[I] / 2}{[I]}\right]\right) \tag{E.719}
\end{align*}
$$

where the symmetric sum over $m_{S}= \pm 1 / 2$ cancels the $m_{S}(I+1 / 2) /[I]$ terms and the $2 m_{S}^{2} m /[I]$ term from one manifold cancels the one from the other manifold, except for the edge states $m=I \pm 1 / 2$ :

$$
\begin{align*}
\left\langle S_{z}\right\rangle & =\frac{2 \exp (+\beta[I] / 2)}{4 Z_{I} Z_{1 / 2}}-\frac{2 \exp (-\beta[I] / 2)}{4 Z_{I} Z_{1 / 2}}=\frac{\sinh (\beta[I] / 2)}{Z_{I} Z_{1 / 2}}=\frac{\sinh (\beta / 2) \sqrt{1-P_{z}^{2}}}{2} \\
& =\left(\sqrt{\frac{1+P_{z}}{1-P_{z}}}-\sqrt{\frac{1-P_{z}}{1+P_{z}}}\right) \frac{\sqrt{1-P_{z}^{2}}}{4}=\left(\frac{\left(1+P_{z}\right)-\left(1-P_{z}\right)}{\sqrt{1-P_{z}^{2}}}\right) \frac{\sqrt{1-P_{z}^{2}}}{4}=\frac{P_{z}}{2} \tag{E.720}
\end{align*}
$$

where we've used Eqns. (E.591) \& E.592) (with $P \rightarrow P_{z}$ ) and as expected $P_{z}=2\left\langle S_{z}\right\rangle$.

Components With An RF Field (Calculation of $\left\langle S_{x}\right\rangle \&\left\langle S_{y}\right\rangle$ )

In this section, we'll assume that there is an RF Field with frequency $\omega$ creating coherences only within a manifold. In other words, there are no RF fields that
induce $F=I+1 / 2 \leftrightarrow F^{\prime}=I-1 / 2$ transitions. Therefore, the expectation value for $S_{z}$ is the same as the last section. To calculate the expectation values of $S_{x}$ and $S_{y}$, we'll first calculate $S_{ \pm}=S_{x} \pm i S_{y}$ using Eqn. (E.401) in the form of:

$$
\begin{align*}
\left\langle S_{ \pm}\right\rangle= & \sum_{m}\left\{\frac{\left.\Omega\left(\rho_{m}-\rho_{m \mp 1}\right)\left(u_{ \pm}^{\mp}\right)^{*}\left|\langle F, m| \mathcal{U}_{ \pm}\right| F, m \mp 1\right\rangle\left.\right|^{2}}{ \pm \omega-\omega_{F m F m \mp 1}-i \gamma_{F m F m \mp 1}} \times \exp ( \pm i \omega t)\right. \\
& \left.+\frac{\left.\Omega\left(\rho_{m}-\rho_{m \mp 1}\right)\left(u_{ \pm}^{ \pm}\right)^{*}\left|\left\langle F^{\prime}, m\right| \mathcal{U}_{ \pm}\right| F^{\prime}, m \mp 1\right\rangle\left.\right|^{2}}{\mp \omega-\omega_{F^{\prime} m F^{\prime} m \mp 1}-i \gamma_{F^{\prime} m F^{\prime} m \mp 1}} \times \exp (\mp i \omega t)\right\} \tag{E.721}
\end{align*}
$$

where we've split the sum over the two manifolds $\left(F=I+1 / 2 \& F^{\prime}=I-1 / 2\right)$ and the population of each state depends only on $m$. As a reminder, $\pm$ is the sign of $\omega_{F m+q F m}=\omega_{F m+q}-\omega_{F m}$. Finally, for the $F=I+1 / 2$ manifold, the energy of the $m$ state is higher than the energy of the $m-1$ state, whereas for the $F^{\prime}=I-1 / 2$ manifold, the opposite is true. Therefore the frequency of the transition $m \leftrightarrow m-1$ is positive for the $F=I+1 / 2$ manifold, whereas its negative for the $F^{\prime}$ manifold. Since $S_{x}=\left(S_{+}+S_{-}\right) / 2$, we can write its expectation value as:

$$
\begin{align*}
\left\langle S_{x}\right\rangle= & \sum_{m}\left\{\frac{\left.\Omega\left(\rho_{m}-\rho_{m-1}\right)\left(u_{+}^{-}\right)^{*}\left|\langle F, m| S_{+}\right| F, m-1\right\rangle\left.\right|^{2}}{+\omega-\omega_{F m F m-1}-i \gamma_{F m F m-1}} \times \frac{\exp (+i \omega t)}{2}\right. \\
& +\frac{\left.\Omega\left(\rho_{m}-\rho_{m+1}\right)\left(u_{-}^{+}\right)^{*}\left|\langle F, m| S_{-}\right| F, m+1\right\rangle\left.\right|^{2}}{-\omega-\omega_{F m F m+1}-i \gamma_{F m F m+1}} \times \frac{\exp (-i \omega t)}{2} \\
& +\frac{\left.\Omega\left(\rho_{m}-\rho_{m-1}\right)\left(u_{+}^{+}\right)^{*}\left|\left\langle F^{\prime}, m\right| S_{+}\right| F^{\prime}, m-1\right\rangle\left.\right|^{2}}{-\omega-\omega_{F^{\prime} m F^{\prime} m-1}-i \gamma_{F^{\prime} m F^{\prime} m-1}} \times \frac{\exp (-i \omega t)}{2} \\
& \left.+\frac{\left.\Omega\left(\rho_{m}-\rho_{m+1}\right)\left(u_{-}^{-}\right)^{*}\left|\left\langle F^{\prime}, m\right| S_{-}\right| F^{\prime}, m+1\right\rangle\left.\right|^{2}}{+\omega-\omega_{F^{\prime} m F^{\prime} m+1}-i \gamma_{F^{\prime} m F^{\prime} m+1}} \times \frac{\exp (+i \omega t)}{2}\right\} \tag{E.722}
\end{align*}
$$

## E.6. The Effect on Polarized Light Due to Spin Polarized Alkali

 Atomswhere $\Omega=g_{S} \mu_{B} B_{\mathrm{rf}} / \hbar, u_{q}^{-}=\epsilon_{q}^{*} \cdot \hat{B}_{\mathrm{rf}}$, and $u_{q}^{+}=\epsilon_{q}^{*} \cdot \hat{B}_{\mathrm{rf}}^{*}$. As mentioned before, we'll label the transition by the higher $m$ involved. Relabeling the terms in the sum and moving a few minus signs around gives:

$$
\begin{align*}
\left\langle S_{x}\right\rangle= & \sum_{m}\left\{\frac{\left.\Omega\left(\rho_{m}-\rho_{m-1}\right)\left(u_{+}^{-}\right)^{*}\left|\langle F, m| S_{+}\right| F, m-1\right\rangle\left.\right|^{2}}{+\omega-\omega_{F m F m-1}-i \gamma_{F m F m-1}} \times \frac{\exp (+i \omega t)}{2}\right. \\
& +\frac{\left.\Omega\left(\rho_{m}-\rho_{m-1}\right)\left(u_{-}^{+}\right)^{*}\left|\langle F, m-1| S_{-}\right| F, m\right\rangle\left.\right|^{2}}{+\omega-\omega_{F m F m-1}+i \gamma_{F m-1 F m}} \times \frac{\exp (-i \omega t)}{2} \\
& -\frac{\left.\Omega\left(\rho_{m}-\rho_{m-1}\right)\left(u_{+}^{+}\right)^{*}\left|\left\langle F^{\prime}, m\right| S_{+}\right| F^{\prime}, m-1\right\rangle\left.\right|^{2}}{+\omega-\omega_{F^{\prime} m-1 F^{\prime} m}+i \gamma_{F^{\prime} m F^{\prime} m-1}} \times \frac{\exp (-i \omega t)}{2} \\
& \left.-\frac{\left.\Omega\left(\rho_{m}-\rho_{m-1}\right)\left(u_{-}^{-}\right)^{*}\left|\left\langle F^{\prime}, m-1\right| S_{-}\right| F^{\prime}, m\right\rangle\left.\right|^{2}}{+\omega-\omega_{F^{\prime} m-1 F^{\prime} m}-i \gamma_{F^{\prime} m-1 F^{\prime} m}} \times \frac{\exp (+i \omega t)}{2}\right\} \tag{E.723}
\end{align*}
$$

We've already calculated that:

$$
\begin{align*}
\rho_{m}-\rho_{m-1} & =Q_{I \bar{m}} P_{z}  \tag{E.724}\\
\left.\left|\langle F, m| S_{ \pm}\right| F, m \mp 1\right\rangle\left.\right|^{2} & =\frac{F(F+1)-m(m \mp 1)}{[I]} \tag{E.725}
\end{align*}
$$

So we just need to work out what this term looks like:

$$
\begin{equation*}
\frac{u^{*} \exp (+i \omega t) / 2}{\omega-\omega_{0}-i \gamma}+\frac{u \exp (-i \omega t) / 2}{\omega-\omega_{0}+i \gamma}=\Re\left\{\frac{u \exp (-i \omega t)}{\omega-\omega_{0}+i \gamma}\right\}=\Re\{u[\cos (\omega t)-i \sin (\omega t)][\mathcal{D}-i \mathcal{L}]\} \tag{E.726}
\end{equation*}
$$

where the two terms are just complex conjugates of each other, which makes their sum just the real part of either term and we've made the substitutions:

$$
\begin{equation*}
\mathcal{D}=\frac{\omega-\omega_{0}}{\left(\omega-\omega_{0}\right)^{2}+\gamma^{2}} \quad \mathcal{L}=\frac{\gamma}{\left(\omega-\omega_{0}\right)^{2}+\gamma^{2}} \tag{E.727}
\end{equation*}
$$

## E.6. The Effect on Polarized Light Due to Spin Polarized Alkali Atoms

Expanding this out and grouping terms by phase:

$$
\begin{equation*}
\Re\{u[\cos (\omega t)-i \sin (\omega t)][\mathcal{D}-i \mathcal{L}]\}=[\mathcal{D} \Re\{u\}+\mathcal{L} \Im\{u\}] \cos (\omega t)+[\mathcal{D} \Im\{u\}-\mathcal{L} \Re\{u\}] \sin (\omega t) \tag{E.728}
\end{equation*}
$$

Using this, we can anticipate the final form of the expectation value of $S_{x}$ :

$$
\begin{equation*}
\left\langle S_{x}\right\rangle=P_{z}\left[\left\langle S_{x}\right\rangle_{c} \cos (\omega t)+\left\langle S_{x}\right\rangle_{s} \sin (\omega t)\right] \tag{E.729}
\end{equation*}
$$

where $c(s)$ refers to the cosine (sine) component, $\pm$ refers to the manifold, and we get:

$$
\begin{align*}
\left\langle S_{x}\right\rangle_{c} & =\frac{\Omega}{[I]} \sum_{( \pm), m}( \pm) Q_{I \bar{m}}[(I+1 / 2)(I+1 / 2 \pm 1)-m(m-1)]\left[\mathcal{D}_{m}^{ \pm} \Re\left\{u_{ \pm}^{-}\right\}+\mathcal{L}_{m}^{ \pm} \Im\left\{u_{ \pm}^{-}\right\}\right]  \tag{E.730}\\
\left\langle S_{x}\right\rangle_{s} & =\frac{\Omega}{[I]} \sum_{( \pm), m}( \pm) Q_{I \bar{m}}[(I+1 / 2)(I+1 / 2 \pm 1)-m(m-1)]\left[\mathcal{D}_{m}^{ \pm} \Im\left\{u_{ \pm}^{-}\right\}-\mathcal{L}_{m}^{ \pm} \Re\left\{u_{ \pm}^{-}\right\}\right] \tag{E.731}
\end{align*}
$$

where $I$ is the nuclear spin, $\pm$ refers to the manifold, we sum over both $m$ and $\pm$ and:

$$
\begin{align*}
\mathcal{D}_{m}^{+} & =\frac{\omega-\omega_{F m F m-1}}{\left(\omega-\omega_{F m F m-1}\right)^{2}+\gamma_{F m F m-1}^{2}}  \tag{E.732}\\
\mathcal{L}_{m}^{+} & =\frac{\gamma_{F m F m-1}}{\left(\omega-\omega_{F m F m-1}\right)^{2}+\gamma_{F m F m-1}^{2}}  \tag{E.733}\\
\mathcal{D}_{m}^{-} & =\frac{\omega-\omega_{F^{\prime} m-1 F^{\prime} m}}{\left(\omega-\omega_{F^{\prime} m-1 F^{\prime} m}\right)^{2}+\gamma_{F^{\prime} m-1 F^{\prime} m}^{2}}  \tag{E.734}\\
\mathcal{L}_{m}^{-} & =\frac{\gamma_{F^{\prime} m-1 F^{\prime} m}}{\left(\omega-\omega_{F^{\prime} m-1 F^{\prime} m}\right)^{2}+\gamma_{F^{\prime} m-1 F^{\prime} m}^{2}} \tag{E.735}
\end{align*}
$$

where $F=I+1 / 2$ and $F^{\prime}=I-1 / 2$.

## E.6. The Effect on Polarized Light Due to Spin Polarized Alkali

 AtomsFor $S_{y}=\left(S_{+}-S_{-}\right) /(2 i)$, we get terms that look like:

$$
\begin{align*}
\frac{u^{*} \exp (+i \omega t) /(2 i)}{\omega-\omega_{0}-i \gamma}-\frac{u \exp (-i \omega t) /(2 i)}{\omega-\omega_{0}+i \gamma} & =-\Im\left\{\frac{u \exp (-i \omega t)}{\omega-\omega_{0}+i \gamma}\right\} \\
& =-\Im\{u[\cos (\omega t)-i \sin (\omega t)][\mathcal{D}-i \mathcal{L}]\} \tag{E.736}
\end{align*}
$$

Expanding this out and grouping terms by phase:
$-\Im\{u[\cos (\omega t)-i \sin (\omega t)][\mathcal{D}-i \mathcal{L}]\}=[\mathcal{D} \Re\{u\}+\mathcal{L} \Im\{u\}] \sin (\omega t)-[\mathcal{D} \Im\{u\}-\mathcal{L} \Re\{u\}] \cos (\omega t)$

This is the same as for $S_{x}$ except we make the substitutions $\cos \rightarrow \sin$ and $\sin \rightarrow$ - cos:

$$
\begin{align*}
\left\langle S_{y}\right\rangle & =P_{z}\left[\left\langle S_{y}\right\rangle_{c} \cos (\omega t)+\left\langle S_{y}\right\rangle_{s} \sin (\omega t)\right]  \tag{E.738}\\
\left\langle S_{y}\right\rangle_{c} & =\frac{\Omega}{[I]} \sum_{( \pm), m}(\mp) Q_{I \bar{m}}[(I+1 / 2)(I+1 / 2 \pm 1)-m(m-1)]\left[\mathcal{D}_{m}^{ \pm} \Im\left\{u_{ \pm}^{-}\right\}-\mathcal{L}_{m}^{ \pm} \Re\left\{u_{ \pm}^{-}\right\}\right]  \tag{E.739}\\
\left\langle S_{y}\right\rangle_{s} & =\frac{\Omega}{[I]} \sum_{( \pm), m}( \pm) Q_{I \bar{m}}[(I+1 / 2)(I+1 / 2 \pm 1)-m(m-1)]\left[\mathcal{D}_{m}^{ \pm} \Re\left\{u_{ \pm}^{-}\right\}+\mathcal{L}_{m}^{ \pm} \Im\left\{u_{ \pm}^{-}\right\}\right] \tag{E.740}
\end{align*}
$$

The expectation values contain both lorentzian $\mathcal{L}$ ) and dispersive $(\mathcal{D})$ line shapes. They both contain in-phase and out-of-phase terms. Finally, the two manifolds appear with opposite signs.

## E.6. The Effect on Polarized Light Due to Spin Polarized Alkali

 Atoms
## E.6.4 Synthesis

We're now in a position to write the wave vector $k_{q}$ in terms of the polarizability:

$$
\begin{equation*}
k_{q}=\frac{\omega}{c} n_{q}=\frac{\omega}{c} \sqrt{\frac{\epsilon_{q} \mu_{q}}{\epsilon_{0} \mu_{0}}}=\frac{\omega}{c} \sqrt{1+\frac{[\mathrm{A}] \alpha_{q}}{\epsilon_{0}}}=\frac{\omega}{c}\left(1+\frac{[A] \alpha_{q}}{2 \epsilon_{0}}-\frac{[A]^{2} \alpha_{q}^{2}}{8 \epsilon_{0}^{2}}+\cdots\right) \tag{E.741}
\end{equation*}
$$

Expanding $k_{q}$ in terms of its real and imaginary parts gives, up to second order:

$$
\begin{equation*}
k_{q}=\frac{\omega}{c}\left(1+\frac{[A]}{2 \epsilon_{0}}\left(\Re \alpha_{q}+i \Im \alpha_{q}\right)-\frac{[A]^{2}}{8 \epsilon_{0}^{2}}\left\{\left(\Re \alpha_{q}\right)^{2}-\left(\Im \alpha_{q}\right)^{2}+2 i\left(\Re \alpha_{q}\right)\left(\Im \alpha_{q}\right)\right\}\right) \tag{E.742}
\end{equation*}
$$

Under our typical densities, the second order term is quite small and keep only up to first order:

$$
\begin{equation*}
k_{q}=\frac{\omega}{c}+[A] 2 \pi r_{e} c f_{1} \frac{\omega}{\omega_{1}}\left(\frac{\Re \alpha_{q}+i \Im \alpha_{q}}{4 \pi \epsilon_{0} r_{e} c^{2} f_{1} / \omega_{1}}\right)=\frac{\omega}{c}+[A] r_{e} c f_{1}\left(\frac{\omega}{\omega_{1}}\right)\left(2 \pi C \Re \alpha_{q}+i 2 \pi C \Im \alpha_{q}\right) \tag{E.743}
\end{equation*}
$$

where $1 / C=4 \pi \epsilon_{0} r_{e} c^{2} f_{1} / \omega_{1}$. Making the substitution $P \rightarrow \hat{k} \cdot \vec{P}_{\mathrm{A}}$, the imaginary part of the polarizability is for $q=0, \pm 1$ :

$$
\begin{align*}
\operatorname{C} \alpha_{q}= & \frac{\left(1-q \hat{k} \cdot \vec{P}_{\mathrm{A}}\right)}{2} \mathcal{L}_{1}\left\{1+q\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[\frac{2}{3}-q^{2}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12 q^{2}}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{L}_{2}\left\{1-q\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{q^{2}}{2}+q^{2} \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12 q^{2}}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{q \hat{k} \cdot \vec{P}_{\mathrm{A}}}{2} \mathcal{L}_{2}\left\{1+q\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\left(1-q^{2}\right) \hat{k} \cdot \vec{P}_{\mathrm{A}}\left\{\mathcal{L}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{L}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]\right\} \frac{2 y}{3} \tag{E.744}
\end{align*}
$$

and similarly for the real part:

$$
\begin{align*}
C \Re \alpha_{q}= & \frac{\left(1-q \hat{k} \cdot \vec{P}_{\mathrm{A}}\right)}{2} \mathcal{D}_{1}\left\{1+q\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[\frac{2}{3}-q^{2}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12 q^{2}}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-3 \frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{D}_{2}\left\{1-q\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{q^{2}}{2}+q^{2} \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12 q^{2}}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{q \hat{k} \cdot \vec{P}_{\mathrm{A}}}{2} \mathcal{D}_{2}\left\{1+q\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\left(1-q^{2}\right) \hat{k} \cdot \vec{P}_{\mathrm{P}}\left\{\mathcal{D}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{D}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]-\frac{1}{2} \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\right\} \frac{2 y}{3} \\
& +\left(1-q \hat{k} \cdot \vec{P}_{\mathrm{A}}\right) \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{\frac{2 q}{3} y+\frac{1}{3} y^{2}\right\}+\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{7 q}{6} y-\frac{q^{2}}{2} y^{2}\right\}+\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{2 q^{2}-1}{3} y+\frac{q}{2} y^{2}\right\} \tag{E.745}
\end{align*}
$$

and finally :

$$
\begin{equation*}
\hat{k} \cdot \vec{P}_{\mathrm{A}}=P_{\mathrm{A}}\left[k_{z}+\left(k_{x}\left\langle S_{x}\right\rangle_{c}+k_{y}\left\langle S_{y}\right\rangle_{c}\right) \cos \left(\omega_{\mathrm{rf}} t\right)+\left(k_{x}\left\langle S_{x}\right\rangle_{s}+k_{y}\left\langle S_{y}\right\rangle_{s}\right) \sin \left(\omega_{\mathrm{rf}} t\right)\right] \tag{E.746}
\end{equation*}
$$

where $P_{z}=P_{\mathrm{A}}$ and $\omega_{\mathrm{rf}}$ is the frequency of the RF field.

## E. 7 Accessing Observables Using Polarized Light

## E.7.1 Modulating Polarized Light Using a PEM

The effect of the atomic interaction on the light is expressed by the complex index of refraction through the wave vector $\vec{k}$. The direction of $\vec{k}$ is always in the direction that the light is propagating. On the other hand, the magnitude of $\vec{k}$ depends on the details of the atomic system and the polarization vector of the light. Our general experiment will consist of polarized traveling through a PEM, then the alkali vapor, and finally a beam splitting polarizing cube for detection. We'll start with a
arbitrarily polarized plane wave:

$$
\begin{align*}
\vec{E} & =|E\rangle e^{i \vec{k} \cdot \vec{r}-i \omega t}  \tag{E.747}\\
|E\rangle & =E_{0} e^{i \phi_{p}}\left[\left(\sqrt{1-P} \frac{e^{+i \theta}}{2}+\sqrt{1+P} \frac{e^{-i \theta}}{2}\right)|\mathcal{P}\rangle+\left(\sqrt{1-P} \frac{e^{+i \theta}}{2 i}-\sqrt{1+P} \frac{e^{-i \theta}}{2 i}\right)|S\rangle\right] \tag{E.748}
\end{align*}
$$

Going through a photoelastic modulator:

$$
\begin{align*}
|E\rangle & =E_{0} e^{i \phi_{p}}\left[\left(\sqrt{1-P} \frac{e^{+i \theta_{+}}}{2}+\sqrt{1+P} \frac{e^{-i \theta_{-}}}{2}\right)|\mathcal{P}\rangle+\left(\sqrt{1-P} \frac{e^{e^{+i \theta_{-}}}}{2 i}-\sqrt{1+P} \frac{e^{-i \theta_{+}}}{2 i}\right)|S\rangle\right]  \tag{E.749}\\
\theta_{ \pm} & =\theta \pm \frac{\beta(t)}{2} \tag{E.750}
\end{align*}
$$

Going back into the circular polarization basis, the right ( + ) and left ( - ) components are:

$$
\begin{equation*}
|E\rangle_{ \pm}=+\frac{E_{0}}{2 \sqrt{2}} e^{i\left(\phi_{p}\right)}\left[\left\{e^{+i \theta_{-}} \mp e^{+i \theta_{+}}\right\} \sqrt{1-P}-\left\{e^{-i \theta_{+}} \pm e^{-i \theta_{-}}\right\} \sqrt{1+P}\right] \tag{E.751}
\end{equation*}
$$

Going through the atomic vapor, each polarization component $q$ of the light propagates with wave vector $\vec{k}_{q}$ :

$$
\begin{equation*}
\vec{E}=\sum_{q}|E\rangle_{q} \hat{\varepsilon}_{q} e^{i\left(\vec{k}_{q} \cdot \vec{r}-\omega t\right)} \tag{E.752}
\end{equation*}
$$

After traversing a distance of $l$ in the atomic vapor and reentering a uniform and isotropic medium with wave vector $\vec{k}$, we get:

$$
\begin{equation*}
\vec{E}=e^{i(\vec{k} \cdot \vec{r}-\omega t)} \sum_{q}|E\rangle_{q} \hat{\varepsilon}_{q} e^{i k_{q} l} \tag{E.753}
\end{equation*}
$$

The time averaged intensity of the light is:

$$
\begin{equation*}
I=\sqrt{\frac{\epsilon}{\mu}} \frac{\vec{E}^{*} \cdot \vec{E}}{2}=\sqrt{\frac{\epsilon}{\mu}} \sum_{q} \frac{\langle E \mid E\rangle_{q}}{2} e^{i\left(k_{q}-k_{q}^{*}\right) l}=\sqrt{\frac{\epsilon}{\mu}} \sum_{q} \frac{\langle E \mid E\rangle_{q}}{2} e^{-2 l \Im k_{q}} \tag{E.754}
\end{equation*}
$$

The effect of the atomic vapor can be written in (a very suggestive) matrix form in the linear polarization basis in the light coordinate system:

$$
\begin{align*}
|E\rangle_{\mathrm{aft}} & =\hat{M}|E\rangle_{\text {bef }}  \tag{E.755}\\
\hat{M} & =e^{i\left(k_{+}+k_{-}\right) \frac{l}{2}}\left[\begin{array}{cc}
\cos \left(\frac{k_{+}-k_{-}}{2} l\right) & \sin \left(\frac{k_{+}-k_{-}}{2} l\right) \\
-\sin \left(\frac{k_{+}-k_{-}}{2} l\right) & \cos \left(\frac{k_{+}-k_{-}}{2} l\right)
\end{array}\right]  \tag{E.756}\\
|E\rangle_{\text {bef }} & =\frac{E_{0} e^{i \phi_{p}}}{2}\left[\begin{array}{c}
\sqrt{1-P} e^{+i \theta_{+}}+\sqrt{1+P} e^{-i \theta_{-}} \\
-i\left(\sqrt{1-P} e^{+i \theta_{-}}-\sqrt{1+P} e^{-i \theta_{+}}\right)
\end{array}\right] \tag{E.757}
\end{align*}
$$

The atomic vapor has the effect of creating an overall complex phase of $i\left(k_{+}+\right.$ $\left.k_{-}\right) l / 2$ and a complex rotation through and angle $\left(k_{+}-k_{-}\right) l / 2$. Now we'll send the light through a half waveplate whose axis is at an angle $\phi_{h}$ :

$$
\hat{W}_{\frac{1}{2}} \hat{M}_{0}=i\left[\begin{array}{ll}
+\cos \left(\frac{k_{+}-k_{-}}{2} l+2 \phi_{h}\right) & +\sin \left(\frac{k_{+}-k_{-}}{2} l+2 \phi_{h}\right)  \tag{E.758}\\
+\sin \left(\frac{k_{+}-k_{-}}{2} l+2 \phi_{h}\right) & -\cos \left(\frac{k_{+}-k_{-}}{2} l+2 \phi_{h}\right)
\end{array}\right]
$$

The final polarization vector can be written as:

$$
\begin{align*}
|E\rangle_{f} & =i \frac{E_{0} e^{i \phi_{p}^{\prime}}}{2}\left[\begin{array}{c}
\sqrt{1-P} e^{+i \theta}\left(\cos (\psi) e^{+i \frac{\beta}{2}}-i \sin (\psi) e^{-i \frac{\beta}{2}}\right)+\sqrt{1+P} e^{-i \theta}\left(\cos (\psi) e^{+i \frac{\beta}{2}}+i \sin (\psi) e^{-i \frac{\beta}{2}}\right) \\
i \sqrt{1-P} e^{+i \theta}\left(\cos (\psi) e^{-i \frac{\theta}{2}}-i \sin (\psi) e^{+i \frac{\beta}{2}}\right)-i \sqrt{1+P} e^{-i \theta}\left(\cos (\psi) e^{-i \frac{\beta}{2}}+i \sin (\psi) e^{+i \frac{\beta}{2}}\right)
\end{array}\right]  \tag{E.759}\\
\phi_{p}^{\prime} & =\phi_{p}+\left(k_{+}+k_{-}\right) \frac{l}{2}  \tag{E.760}\\
\psi & =\left(k_{+}-k_{-}\right) \frac{l}{2}+2 \phi_{h} \tag{E.761}
\end{align*}
$$

Noting that $\psi$ is complex, the intensities of the two components are:

$$
\begin{align*}
\zeta= & \sqrt{\frac{\epsilon}{\mu}} \frac{E_{0}^{2}}{4} e^{-l \Im\left\{k_{+}+k_{-}\right\}}  \tag{E.762}\\
\frac{I_{\mathcal{P}}}{\zeta}= & |\cos (\psi)|^{2}+|\sin (\psi)|^{2}+i P\left(\cos \left(\psi^{*}\right) \sin (\psi) e^{-i \beta}-\cos (\psi) \sin \left(\psi^{*}\right) e^{+i \beta}\right)+\sqrt{1-P^{2}} \times \\
& \Re\left\{e^{+2 i \theta}\left[|\cos (\psi)|^{2}-|\sin (\psi)|^{2}-i \cos \left(\psi^{*}\right) \sin (\psi) e^{-i \beta}-i \cos (\psi) \sin \left(\psi^{*}\right) e^{+i \beta}\right]\right\}  \tag{E.763}\\
\frac{I_{S}}{\zeta}= & |\cos (\psi)|^{2}+|\sin (\psi)|^{2}+i P\left(\cos \left(\psi^{*}\right) \sin (\psi) e^{+i \beta}-\cos (\psi) \sin \left(\psi^{*}\right) e^{-i \beta}\right)-\sqrt{1-P^{2}} \times \\
& \Re\left\{e^{+2 i \theta}\left[|\cos (\psi)|^{2}-|\sin (\psi)|^{2}-i \cos \left(\psi^{*}\right) \sin (\psi) e^{+i \beta}-i \cos (\psi) \sin \left(\psi^{*}\right) e^{-i \beta}\right]\right\} \tag{E.764}
\end{align*}
$$

Using the following relations:

$$
\begin{align*}
|\cos (\psi)|^{2} & =\cos (\psi) \cos \left(\psi^{*}\right)=\frac{1}{2}[\cosh (2 \Im \psi)+\cos (2 \Re \psi)]  \tag{E.765}\\
|\sin (\psi)|^{2} & =\sin (\psi) \sin \left(\psi^{*}\right)=\frac{1}{2}[\cosh (2 \Im \psi)-\cos (2 \Re \psi)]  \tag{E.766}\\
\sin (\psi) \cos \left(\psi^{*}\right) & =\frac{1}{2}[+i \sinh (2 \Im \psi)+\sin (2 \Re \psi)]  \tag{E.767}\\
\sin \left(\psi^{*}\right) \cos (\psi) & =\frac{1}{2}[-i \sinh (2 \Im \psi)+\sin (2 \Re \psi)] \tag{E.768}
\end{align*}
$$

finally gives:

$$
\begin{align*}
I_{P_{P, S}} & =\frac{I_{\sigma} \pm I_{\delta}}{2}  \tag{E.769}\\
I_{\sigma} & =2 \zeta\left[\cosh (2 \Im \psi)+\sinh (2 \Im \psi)\left(\sqrt{1-P^{2}} \sin (2 \theta) \sin (\beta)-\cos (\beta)\right)\right]  \tag{E.770}\\
I_{\delta} & =2 \zeta\left[P \sin (\beta) \sin (2 \Re \psi)+\sqrt{1-P^{2}}(\cos (2 \theta) \cos (2 \Re \psi)+\sin (2 \theta) \sin (2 \Re \psi) \cos (\beta))\right] \tag{E.771}
\end{align*}
$$

Using the following expansions for the $\beta$ terms:

$$
\begin{align*}
\beta(t) & =\beta_{0} \cos \left(\Omega_{\mathrm{mod}} t\right)  \tag{E.772}\\
\sin \left(\beta_{0} \cos \left(\Omega_{\mathrm{mod}} t\right)\right) & =2 J_{1}\left(\beta_{0}\right) \cos \left(\Omega_{\mathrm{mod}} t\right)-\cdots  \tag{E.773}\\
\cos \left(\beta_{0} \cos \left(\Omega_{\mathrm{mod}} t\right)\right) & =J_{0}\left(\beta_{0}\right)-2 J_{2}\left(\beta_{0}\right) \cos \left(2 \Omega_{\mathrm{mod}} t\right)+\cdots \tag{E.774}
\end{align*}
$$

we can extract the DC, the RMS AC1, and the RMS AC2 components of the sum $(\sigma)$ and difference $(\delta)$ signals:

$$
\begin{align*}
I_{\sigma}(\mathrm{DC}) & =2 \zeta\left[\cosh (2 \Im \psi)-J_{0}\left(\beta_{0}\right) \sinh (2 \Im \psi)\right]  \tag{E.775}\\
I_{\sigma}(\mathrm{AC} 1) & =2 \zeta \sqrt{2} J_{1}\left(\beta_{0}\right) \sinh (2 \Im \psi) \sqrt{1-P^{2}} \sin (2 \theta)  \tag{E.776}\\
I_{\sigma}(\mathrm{AC} 2) & =2 \zeta \sqrt{2} J_{2}\left(\beta_{0}\right) \sinh (2 \Im \psi)  \tag{E.777}\\
I_{\delta}(\mathrm{DC}) & =2 \zeta \sqrt{1-P^{2}}\left[\cos (2 \theta) \cos (2 \Re \psi)+J_{0}\left(\beta_{0}\right) \sin (2 \theta) \sin (2 \Re \psi)\right]  \tag{E.778}\\
I_{\delta}(\mathrm{AC} 1) & =2 \zeta \sqrt{2} J_{1}\left(\beta_{0}\right) P \sin (2 \Re \psi)  \tag{E.779}\\
I_{\delta}(\mathrm{AC} 2) & =2 \zeta \sqrt{2} J_{2}\left(\beta_{0}\right) \sqrt{1-P^{2}} \sin (2 \theta) \sin (2 \Re \psi)  \tag{E.780}\\
2 \zeta & =\sqrt{\frac{\epsilon}{\mu}} \frac{E_{0}^{2}}{2} e^{-l \Im\left\{k_{+}+k_{-}\right\}}  \tag{E.781}\\
\psi & =\left(k_{+}-k_{-}\right) \frac{l}{2}+2 \phi_{h} \tag{E.782}
\end{align*}
$$

where:

1. $J_{n}$ is a Bessel function of the first kind or order $n$
2. $\beta_{0}=2 \pi \beta_{\text {set }}\left(\frac{\lambda_{\text {set }}}{\lambda_{\text {ight }}}\right)$ is the PEM retardation. If there is no PEM, then we can simply set $\beta_{0}=0$.
3. $\phi_{h}$ is the angle of the half waveplate axis with respect to the PEM axis
4. $P$ is the degree of circular polarization of the light before the PEM
5. $\theta$ is the angle of linear polarization component of the light with respect to the PEM axis before the PEM
6. $\Re$ and $\Im$ refer to the real and imaginary parts of a complex number

The AC components can be picked out using a Lock-In Amplifier referenced to the PEM frequency $\left(\Omega_{\mathrm{mod}}\right)$. The DC components can be picked out using a low pass filter with a time constant that is several times longer than the PEM period $1 / \Omega_{\mathrm{mod}}$. For the case where there is no atomic vapor $(l=0)$ :

$$
\begin{align*}
I_{\sigma}(\mathrm{DC}) & =\sqrt{\frac{\epsilon}{\mu}} \frac{E_{0}^{2}}{2}  \tag{E.783}\\
I_{\sigma}(\mathrm{AC} 1) & =0  \tag{E.784}\\
I_{\sigma}(\mathrm{AC} 2) & =0  \tag{E.785}\\
I_{\delta}(\mathrm{DC}) & =I_{\sigma}(\mathrm{DC}) \sqrt{1-P^{2}}\left[\cos (2 \theta) \cos \left(4 \phi_{h}\right)+J_{0}\left(\beta_{0}\right) \sin (2 \theta) \sin \left(4 \phi_{h}\right)\right]  \tag{E.786}\\
I_{\delta}(\mathrm{AC} 1) & =I_{\sigma}(\mathrm{DC}) \sqrt{2} J_{1}\left(\beta_{0}\right) P \sin \left(4 \phi_{h}\right)  \tag{E.787}\\
I_{\delta}(\mathrm{AC} 2) & =I_{\sigma}(\mathrm{DC}) \sqrt{2} J_{2}\left(\beta_{0}\right) \sqrt{1-P^{2}} \sin (2 \theta) \sin \left(4 \phi_{h}\right) \tag{E.788}
\end{align*}
$$

This gives a simple method for measuring the degree of circular polarization (Sec. (E.4.6) using a rotatable half-waveplate (RHWP). As the RHWP is rotated, the signal $I_{\delta}(\mathrm{AC} 1) / I_{\sigma}$ will oscillate between a maximum and minimum four times through one complete rotation. The normalized amplitude of this sinusoidal oscillation is $\sqrt{2} J_{1}\left(\beta_{0}\right) P$. If there is no PEM, then $J_{0}(0)=1$ and $I_{\delta}(\mathrm{DC}) / I_{\sigma}$ will oscillate in the same way, this time with an amplitude of $\sqrt{1-P^{2}}$.

## E.7.2 The Imaginary Part of the Polarizability Sum

The imaginary sum is given by:

$$
\begin{equation*}
\Im\left(k_{+}+k_{-}\right)=\frac{[\mathrm{A}] 2 \pi r_{e} c f_{1} \omega}{\omega_{1}} \mathrm{C} \Im\left(\alpha_{+}+\alpha_{-}\right) \tag{E.789}
\end{equation*}
$$

The sum of the imaginary parts of the polarizability is given by:

$$
\begin{aligned}
C \Im\left(\alpha_{+}+\alpha_{-}\right)= & \frac{\left(1-\hat{k} \cdot \vec{P}_{\mathrm{A}}\right)}{2} \mathcal{L}_{1}\left\{1+\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{L}_{2}\left\{1-\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{1}{2}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{\hat{k} \cdot \vec{P}_{\mathrm{A}}}{2} \mathcal{L}_{2}\left\{1+\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +(1-1) \hat{k} \cdot \vec{P}_{\mathrm{A}}\left\{\mathcal{L}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{L}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]\right\} \frac{2 y}{3} \\
& +\frac{\left(1+\hat{k} \cdot \vec{P}_{\mathrm{A}}\right)}{2} \mathcal{L}_{1}\left\{1-\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{L}_{2}\left\{1+\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{1}{2}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{-\hat{k} \cdot \vec{P}_{\mathrm{A}}}{2} \mathcal{L}_{2}\left\{1-\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +(1-1) \hat{k} \cdot \vec{P}_{\mathrm{A}}\left\{\mathcal{L}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{L}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]\right\} \frac{2 y}{3} \\
= & +\mathcal{L}_{1}\left\{1+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{16}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +2 \mathcal{L}_{2}\left\{1+\left[\frac{1}{6}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{13}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& -\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{1}\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{2}\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y
\end{aligned}
$$

(E.790)

## E.7.3 The Imaginary Part of the Polarizability Difference

The imaginary difference is given by:

$$
\begin{equation*}
2 \Im \psi=2 \Im\left(k_{+}-k_{-}\right) \frac{l}{2}=\frac{l[\mathrm{~A}] 2 \pi r_{e} c f_{1} \omega}{\omega_{1}} \mathrm{C} \Im\left(\alpha_{+}-\alpha_{-}\right) \tag{E.791}
\end{equation*}
$$

The difference of the imaginary parts of the polarizability is given by:

$$
\begin{align*}
C \Im\left(\alpha_{+}-\alpha_{-}\right)= & \frac{\left(1-\hat{k} \cdot \vec{P}_{\mathrm{A}}\right)}{2} \mathcal{L}_{1}\left\{1+\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{L}_{2}\left\{1-\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{1}{2}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{\hat{k} \cdot \vec{P}_{\mathrm{A}}}{2} \mathcal{L}_{2}\left\{1+\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +(1-1) \hat{k} \cdot \vec{P}_{\mathrm{A}}\left\{\mathcal{L}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{L}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]\right\} \frac{2 y}{3} \\
& -\frac{\left(1+\hat{k} \cdot \vec{P}_{\mathrm{A}}\right)}{2} \mathcal{L}_{1}\left\{1-\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& -\mathcal{L}_{2}\left\{1+\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{1}{2}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{\hat{k} \cdot \vec{P}_{\mathrm{A}}}{2} \mathcal{L}_{2}\left\{1-\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& -(1-1) \hat{k} \cdot \vec{P}_{\mathrm{A}}\left\{\mathcal{L}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{L}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]\right\} \frac{2 y}{3} \\
= & +\mathcal{L}_{1}\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y-\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{1}\left\{1+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{16}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& -2 \mathcal{L}_{2}\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{2}\left\{1+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \tag{E.792}
\end{align*}
$$

## E.7.4 The Real Part of the Polarizability Sum

The real sum is given by:

$$
\begin{equation*}
\Re\left(k_{+}+k_{-}\right)=\frac{[\mathrm{A}] 2 \pi r_{e} c f_{1} \omega}{\omega_{1}} C \Re\left(\alpha_{+}+\alpha_{-}\right) \tag{E.793}
\end{equation*}
$$

The sum of the real parts of the polarizability is given by:

$$
\begin{align*}
C \Re\left(\alpha_{+}+\alpha_{-}\right)= & \frac{\left(1-\hat{k} \cdot \vec{P}_{\mathrm{A}}\right)}{2} \mathcal{D}_{1}\left\{1+\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-3 \frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{D}_{2}\left\{1-\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{1}{2}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{\hat{k} \cdot \vec{P}_{\mathrm{A}}}{2} \mathcal{D}_{2}\left\{1+\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +(1-1) \hat{k} \cdot \vec{P}_{\mathrm{A}}\left\{\mathcal{D}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{D}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]-\frac{1}{2} \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\right\} \frac{2 y}{3} \\
& +\left(1-\hat{k} \cdot \vec{P}_{\mathrm{A}}\right) \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{\frac{2}{3} y+\frac{1}{3} y^{2}\right\}+\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{7}{6} y-\frac{1}{2} y^{2}\right\}+\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{2-1}{3} y+\frac{1}{2} y^{2}\right\} \\
& +\frac{\left(1+\hat{k} \cdot \overrightarrow{P_{\mathrm{A}}}\right)}{2} \mathcal{D}_{1}\left\{1-\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-3 \frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{D}_{2}\left\{1+\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{1}{2}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{-\hat{k} \cdot \vec{P}_{\mathrm{A}}}{2} \mathcal{D}_{2}\left\{1-\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +(1-1) \hat{k} \cdot \vec{P}_{\mathrm{A}}\left\{\mathcal{D}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{D}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]-\frac{1}{2} \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\right\} \frac{2 y}{3} \\
& +\left(1+\hat{k} \cdot \vec{P}_{\mathrm{A}}\right) \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{-\frac{2}{3} y+\frac{1}{3} y^{2}\right\}+\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{-\frac{7}{6} y-\frac{1}{2} y^{2}\right\}+\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{1}{3} y-\frac{1}{2} y^{2}\right\} \\
= & +\mathcal{D}_{1}\left\{1+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{16}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-3 \frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\}-\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{D}_{1}\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y \\
& +2 \mathcal{D}_{2}\left\{1+\left[\frac{1}{6}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{13}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\}+\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{D}_{2}\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y \\
& +\mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{\frac{2}{3} y^{2}\right\}-\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}^{2}}{\gamma_{2}} y^{2}+\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}} \frac{2}{3} y-\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{\frac{4}{3} y\right\} \tag{E.794}
\end{align*}
$$

## E.7.5 The Real Part of the Polarizability Difference

The real difference is given by:

$$
\begin{equation*}
2 \Re \psi=2 \Re\left(k_{+}-k_{-}\right) \frac{l}{2}+4 \phi_{h}=\frac{l[\mathrm{~A}] 2 \pi r_{e} c f_{1} \omega}{\omega_{1}} C \Re\left(\alpha_{+}-\alpha_{-}\right)+4 \phi_{h} \tag{E.795}
\end{equation*}
$$

The difference of the real parts of the polarizability is given by:

$$
\begin{align*}
C \Re\left(\alpha_{+}-\alpha_{-}\right)= & \frac{\left(1-\hat{k} \cdot \vec{P}_{\mathrm{A}}\right)}{2} \mathcal{D}_{1}\left\{1+\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-3 \frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& +\mathcal{D}_{2}\left\{1-\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{1}{2}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\frac{\hat{k} \cdot \vec{P}_{\mathrm{A}}}{2} \mathcal{D}_{2}\left\{1+\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +(1-1) \hat{k} \cdot \vec{P}_{\mathrm{A}}\left\{\mathcal{D}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{D}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]-\frac{1}{2} \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\right\} \frac{2 y}{3} \\
& +\left(1-\hat{k} \cdot \vec{P}_{\mathrm{A}}\right) \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{\frac{2}{3} y+\frac{1}{3} y^{2}\right\}+\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{7}{6} y-\frac{1}{2} y^{2}\right\}+\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{2-1}{3} y+\frac{1}{2} y^{2}\right\} \\
& -\frac{\left(1+\hat{k} \cdot \vec{P}_{\mathrm{A}}\right)}{2} \mathcal{D}_{1}\left\{1-\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{4+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-3 \frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& -\mathcal{D}_{2}\left\{1+\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}+\frac{1}{2}+\omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1+12}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& -\frac{-\hat{k} \cdot \vec{P}_{\mathrm{A}}}{2} \mathcal{D}_{2}\left\{1-\left[\frac{2}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& -(1-1) \hat{k} \cdot \vec{P}_{\mathrm{A}}\left\{\mathcal{D}_{1}\left[-1+\omega_{\mathrm{so}} \mathcal{D}_{1}\right]+\mathcal{D}_{2}\left[+1+\omega_{\mathrm{so}} \mathcal{D}_{2}\right]-\frac{1}{2} \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\right\} \frac{2 y}{3} \\
& -\left(1+\hat{k} \cdot \vec{P}_{\mathrm{A}}\right) \mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{-\frac{2}{3} y+\frac{1}{3} y^{2}\right\}-\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{-\frac{7}{6} y-\frac{1}{2} y^{2}\right\}-\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{1}{3} y-\frac{1}{2} y^{2}\right\} \\
= & +\mathcal{D}_{1}\left[\frac{2}{3}-\frac{8}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}\right] y-\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{D}_{1}\left\{1+\left[-\frac{1}{3}-\frac{4}{3} \omega_{\mathrm{so}} \mathcal{D}_{1}+\frac{16}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{1}^{2}-3 \frac{\mathcal{L}_{1}}{\gamma_{1}}\right)\right] y^{2}\right\} \\
& -2 \mathcal{D}_{2}\left[\frac{1}{3}+\frac{7}{3} \omega_{\mathrm{so}} \mathcal{D}_{2}\right] y+\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{D}_{2}\left\{1+\left[-\frac{1}{3}-2 \omega_{\mathrm{so}} \mathcal{D}_{2}+\frac{1}{9} \omega_{\mathrm{so}}^{2}\left(4 \mathcal{D}_{2}^{2}-3 \frac{\mathcal{L}_{2}}{\gamma_{2}}\right)\right] y^{2}\right\} \\
& +\mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}}\left\{\frac{7}{3} y\right\}+\hat{k} \cdot \vec{P}_{\mathrm{A}} \mathcal{L}_{2} \frac{\omega_{\mathrm{so}}}{\gamma_{2}} y^{2}+\mathcal{L}_{1} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{\frac{4}{3} y\right\}-\hat{k} \cdot \overrightarrow{P_{\mathrm{A}} L_{1}} \frac{\omega_{\mathrm{so}}}{\gamma_{1}}\left\{\frac{2}{3} y^{2}\right\} \tag{E.796}
\end{align*}
$$

## E. 8 D1 \& D2 Absorption Spectroscopy

## E.8.1 Experimental Signal: The Absorption Cross Section

For absorption measurements:

1. The intensity of the probe beam is kept very small so that there is essentially no optical pumping. Therefore the alkali polarization is thermal and essentially zero, $P_{A}=0$.
2. The alkali vapor is subject only to the earth's magnetic field. This is less than a gauss, so we take the field to be zero, $B=y=0$.
3. A PEM will not be used, therefore, $\beta_{0}=0$ and $J_{n}(0)=\delta_{n 0}$.
4. There is no analyzer half-wave plate, $\phi_{h}=0$.
5. Only the total (sum) intensity before and after the alkali vapor is measured.

The transmitted intensity is therefore given by:

$$
\begin{equation*}
I_{t}=2 \zeta[\cosh (2 \Im \psi)-\sinh (2 \Im \psi)] \quad 2 \zeta=I_{0} e^{-l \Im\left\{k_{+}+k_{-}\right\}} \quad \psi=\Im\left(k_{+}-k_{-}\right) \frac{l}{2} \tag{E.797}
\end{equation*}
$$

where $I_{0}$ is the intensity of the probe beam before the alkali vapor and the imaginary sum \& difference of the polarizabilities are given by:

$$
\begin{equation*}
\Im\left(\alpha_{+}-\alpha_{-}\right)=0 \quad \Im\left(\alpha_{+}+\alpha_{-}\right)=\mathcal{L}_{1}+2 \mathcal{L}_{2} \tag{E.798}
\end{equation*}
$$

We'll now introduce the absorption cross section:

$$
\begin{equation*}
\sigma(\nu)=\frac{\Im\left(k_{+}+k_{-}\right)}{[\mathrm{A}] \ell}=2 \pi r_{e} c\left[\left(\frac{\omega}{\omega_{1}}\right) f_{1} \mathcal{L}_{1}+\left(\frac{\omega}{\omega_{2}}\right) f_{2} \mathcal{L}_{2}\right] \tag{E.799}
\end{equation*}
$$

We'll make the approximations $\omega \approx \omega_{1} \& \omega \approx \omega_{2}$ and the substitutions $\nu=\omega /(2 / \pi)$ $\& \Gamma / 2=\gamma /(2 \pi)$ to get:

$$
\begin{equation*}
\sigma(\nu)=r_{e} c\left[\frac{f_{1} \Gamma_{1} / 2}{\left(\nu-\nu_{1}\right)^{2}+\Gamma_{1}^{2} / 4}+\frac{f_{2} \Gamma_{2} / 2}{\left(\nu-\nu_{2}\right)^{2}+\Gamma_{2}^{2} / 4}\right] \tag{E.800}
\end{equation*}
$$

where $\nu$ is the laser frequency, $r_{e}$ is the classical electron radius, $c$ is the speed of light in a vacuum, $f_{1(2)}$ is the $\mathrm{D} 1(2)$ oscillator strength, $\nu_{1(2)}$ is the $\mathrm{D} 1(2)$ transition frequency, and $\Gamma_{1(2)}$ is the full width at half maximum pressure broadening D1(2) line width.

The probe beam from the Ti:Sapphire (aka Single Frequency aka Ring) laser has a frequency dependent intensity which is modulated by an optical chopper at a frequency $\omega_{\text {mod }}$ :

$$
\begin{equation*}
I_{0}(\nu, t)=I_{0}(\nu)\left[\frac{1}{2}+\frac{2}{\pi} \sum_{k=1}^{\infty} \frac{\sin \left((2 k-1) \omega_{\bmod } t\right)}{2 k-1}\right] \tag{E.801}
\end{equation*}
$$

where we've explicitly written the Fourier decomposition of the square wave produced by the chopper. The reference and transmitted intensities are converted into AC voltages (due to the chopper) by the photodiodes, amplified by the "photodiode box," converted into DC signals by the Lock-In amplifiers (referenced to $\omega_{\text {mod }}$ ),
and finally digitized by the "autoscan interface box:"

$$
\begin{align*}
N_{\text {ref }}(\nu) & =G_{\mathrm{PD} 1} G_{\mathrm{PD} 1-\mathrm{box}} G_{\text {lockin }-1} G_{\mathrm{ADC}} I_{0}(\nu)  \tag{E.802}\\
N_{\text {trans }}(\nu) & =G_{\mathrm{PD} 2} G_{\mathrm{PD} 2-\text { box }} G_{\text {lockin }-2} G_{\mathrm{ADC}} I_{t}(\nu) \tag{E.803}
\end{align*}
$$

where $N$ is the number of bits from 0 to 4095 that the data channel reads. The raw data recorded in the ". SCN " file are the frequencies and the values of $N_{\text {ref }}$ and $N_{\text {trans }}$ in binary format. Before analysis, they have to be converted into ASCII format using a LabVIEW vi called "readscn.vi." We ultimately want to fit to $\sigma(\nu)$. Therefore the analysis program first makes the following transformation:

$$
\begin{equation*}
x=\nu \quad y=\log \left(\frac{N_{\text {trans }}}{N_{\text {ref }}}\right)=-[A] \sigma(x) l+\log \left(\frac{G_{\mathrm{PD} 2} G_{\mathrm{PD} 2-\mathrm{box}} G_{\text {lockin-2 }}}{G_{\mathrm{PD} 1} G_{\mathrm{PD} 1-\text { box }} G_{\text {lockin-1 }}}\right) \tag{E.804}
\end{equation*}
$$

## E.8.2 Corrections to the Line Shape

## Introduction

Eqn. (E.800) implies that the line shape is a sum of pure lorentzian curves. However, it neglects:

1. An oscillatory background due to imperfect cancellation of the interference pattern produced by the cover of the photodiodes.
2. Natural line width
3. Doppler broadening
4. Finite hyperfine splittings of the ground and excited states.
5. Natural isotopic composition of the alkali vapor
6. Possible "leakage" of the wings of nearby absorption lines

Since we claim that the PB method is accurate at the 1 percent level (or even less), we'll discuss the above points more carefully.

When trying to determine how small of an effect is small enough to ignore, it's important to keep in mind the relative scales of the line shape. The FWHM of the absorption curve is about 20 GHz /amagat; so, an 8 amagat cell has about a 160 GHz FWHM. The frequency resolution (frequency jitter/noise and line width) of the Ti:Sapphire is about 1 MHz . Data is acquired in about 1 GHz intervals. The accuracy of the Autoscan Wavemeter is in principle easily sub-GHz. However, in practice, the frequency can be shifted by as much as 20 GHz with the shift being independent of frequency. The quantities of interest are insensitive to the absolute frequency. This is because we only use the width of the line (and not the shift of the line) to determine the noble gas density. In addition, the alkali density is derived from the "size" of the dip and not from the "location." As a final note, it's important to mention that the data acquisition time interval and lock-in time constant are chosen carefully to minimize lock-in time averaging signal shaping effects (minimum time between points $>$ five lock-in time constants).

## Natural Line width

The natural line width is given by the spontaneous emission rate. For both lines of potassium and rubidium, the excited state lifetimes are all about $\tau \approx 30 \mathrm{~ns}$. Therefore the natural line width is about $\gamma_{\text {nat }}=\tau^{-1} \approx 0.03 \mathrm{GHz}$. This is negligible.

## Doppler Broadening

Doppler broadening of a spectral line is due to the Doppler shift. The Doppler width is obtained from the width of the velocity distribution of the gas molecules or atoms. In our case, this is the Maxwell velocity distribution, which is Gaussian. The FWHM as a fraction of the transition frequency is given by the formula (Demtroder, page 68, eq 3.43c):

$$
\begin{equation*}
\frac{\delta \nu_{D}}{\nu_{0}}=7.16 \times 10^{-7} \sqrt{\frac{T(\text { in Kelvin })}{M(\text { in grams per mole })}} \tag{E.805}
\end{equation*}
$$

For the D2 lines of Potassium and Rubidium at 150 C, the doppler widths are 0.91 GHz and 0.60 GHz respectively. These widths are less than one percent of the pressure broadened widths and are therefore negligible(?). For much lower pressure broadened widths, this is not negligible and the data must be fit to a Voigt profile, which is a convolution of a lorentzian line shape (pressure broadening) with a Gaussian line shape (Doppler broadening). An alternative is to simulate the effect and determine a Doppler correction factor.

## Effect of Buffer Gas Collisions

When the collision between the alkali metal atom and perturbing atom occurs instantaneously $\left(T_{d}=0\right)$, then the absorption line shape is written as:

$$
\begin{align*}
L(\Delta) & =\frac{1}{2 \pi} \frac{\gamma}{\Delta^{2}+\gamma^{2} / 4}  \tag{E.806}\\
\Delta & \equiv \omega-\omega_{0}-\delta \omega(T)  \tag{E.807}\\
\gamma & =\gamma_{\text {nat }}+\langle\sigma v\rangle_{\mathrm{pb}}(T)[N] \tag{E.808}
\end{align*}
$$

where $\gamma$ is the FWHM broadening rate, $\Delta$ is the detuning from resonance $\left(\omega_{0}+\delta \omega\right)$, $\delta \omega$ is the temperature dependent resonance detuning shift due to collisions, $\gamma_{\text {nat }}$ is the natural line width, $\langle\sigma v\rangle_{\mathrm{pb}}(T)$ is the temperature dependent velocity averaged collisional cross section, and $[N]$ is the perturber density. This is called the impact approximation. Generalizing to finite collision times $\left(T_{d} \neq 0\right)$ results in a detuning dependent broadening rate:

$$
\begin{align*}
L(\Delta) & =\frac{1}{2 \pi} \frac{\gamma(x(T))}{\Delta^{2}+\gamma(0)^{2} / 4}  \tag{E.809}\\
x(T) & \equiv \Delta(T) T_{d}(T) \tag{E.810}
\end{align*}
$$

The exact form of $\gamma(x)$ depends on the interatomic potentials between the alkali atom and the perturber atom. If a van der Waals potential of the form:

$$
\begin{equation*}
\hbar\left(V_{\text {excited }}-V_{\text {ground }}\right)=\hbar \Delta V(R)=-\frac{C_{6}}{R^{6}} \tag{E.811}
\end{equation*}
$$

is assumed to be the interatomic potential (where $R$ is the interatomic separation) and working the low perturber density regime ( $T_{d} \gamma \ll 1$ ), then Walkup et al [35] showed that the broadening rate could be written as:

$$
\begin{align*}
\gamma(x) & =\gamma_{\mathrm{nat}}+\langle\sigma v\rangle_{\mathrm{pb}}(x(T))[N]  \tag{E.812}\\
\langle\sigma v\rangle_{\mathrm{pb}}(x(T)) & =8 \pi R_{\mathrm{th}}^{2}(T) v_{\mathrm{th}}(T) f(x(T))  \tag{E.813}\\
v_{\mathrm{th}}(T) & =\sqrt{\frac{2 k T}{\mu}}  \tag{E.814}\\
R_{\mathrm{th}}(T) & =\sqrt[5]{\left|C_{6}\right| v_{\mathrm{th}}^{-1}}  \tag{E.815}\\
T_{d}(T) & \equiv \frac{R_{\mathrm{th}}}{v_{\mathrm{th}}}=\sqrt[5]{\left|C_{6}\right| v_{\mathrm{th}}^{-6}} \tag{E.816}
\end{align*}
$$

where $v_{\text {th }}$ is the most probable thermal velocity in the center of mass system, $\mu$ is the reduced mass, $R_{\text {th }}$ is the effective collision radius, $T_{d}$ is the temperature dependent effective collision duration time, and $f(x, T)$ is a dimensionless function that contains the detuning dependence.

Walkup et al calculated $f(x, T)$ in three regimes:

$$
f(x, T) \approx\left\{\begin{array}{cc}
\frac{\pi}{6} \sqrt{x} & x<-2.4  \tag{E.817}\\
0.3380-0.2245 x & -1.5<x<0.5 \\
0.8464 \sqrt{x} \exp \left[-2.1341 x^{\frac{5}{9}}\right] & x>2.4
\end{array}\right\}
$$

Near resonance, $x \approx 0$, the FWHM in the numerator should be replaced with:

$$
\begin{equation*}
\Gamma_{n} \rightarrow \Gamma_{n}\left[1-\left(\frac{0.2245}{0.3380}\right) T_{d}^{n} 2 \pi\left(\nu-\nu_{n}\right)\right] \tag{E.818}
\end{equation*}
$$

where $n$ refers to the $\mathrm{D} n$ transition \& $T_{d}^{n}$ is the effective collision time.

## Finite Hyperfine Splitting, Isotopic Composition, and Wing Leakage

Table A. 6 lists the hyperfine splittings of all the alkali metal isotopes AIV $_{77}=$ Arimondo et al, RMP, 49, p31-75 (1977)). The natural abundance of each of these isotopes is listed in table A.5 (NIST ${ }_{x}=$ NIST websites). The hyperfine interaction between the nuclear spin and electron angular momentum causes an additional small splitting of the spectral line. This splitting, if not accounted for, would appear as a slight additional broadening. All the excited state hyperfine splittings are less that 0.5 GHz and therefore will be neglected. The ground state hyperfine splitting for both isotopes of Rb are larger than 3 GHz , see table A.6. The energy
shifts due to the hyperfine splitting of ground state are given by:

$$
\begin{equation*}
\frac{\Delta E_{F}}{h}=\Delta \nu_{F}=\Delta x_{F}=\frac{A}{2}\left[F(F+1)-I(I+1)-\frac{3}{4}\right] \tag{E.819}
\end{equation*}
$$

where $I$ is the nuclear spin of the isotope and $F=I \pm \frac{1}{2}$.
This is large enough to worry about for Rb and therefore each line of Rb should be fit to a set of four Lorenztians, two for the hyperfine splitting and one for each isotope:

$$
\begin{align*}
y=0.7217 & c_{0}
\end{align*}\left(\left[\frac{7}{12}\right] \frac{\left[1+0.664 \times 2 \pi c_{1}\left(x-c_{2}+1.264887\right)\right]}{\left(x-c_{2}+1.264887\right)^{2}+\frac{c_{3}^{2}}{4}}\right)
$$

where $x$, the laser frequency, is in units of GHz and the parameters $c_{0}, c_{1}, c_{2}, c_{3} \& c_{4}$ are:

$$
\begin{align*}
\int_{0}^{\infty} \sigma(\nu) \mathrm{d} \nu=\sigma_{0} & =\pi r_{e} c f  \tag{E.821}\\
c_{0} & =-\frac{[A] l \sigma_{0} \Gamma}{2 \pi} \quad\left(\mathrm{GHz}^{2}\right)  \tag{E.822}\\
c_{1} & =T_{d} \quad\left(\mathrm{GHz}^{-1}\right)  \tag{E.823}\\
c_{2} & =\nu_{0} \quad(\mathrm{GHz})  \tag{E.824}\\
c_{3} & =\Gamma \quad(\mathrm{GHz})  \tag{E.825}\\
c_{4} & =\log \left(\frac{G_{\mathrm{PD} 2} G_{\mathrm{PD} 2-\text { box }} G_{\text {lockin-2 }}}{G_{\mathrm{PD} 1} G_{\mathrm{PD} 1-\text { box }} G_{\text {lockin-1 }}}\right) \quad \text { (unitless) } \tag{E.826}
\end{align*}
$$

Only one isotope of $K$ has a hyperfine splitting of greater than 1 GHz . However, that isotope $\left({ }^{40} \mathrm{~K}\right)$ is naturally abundant only at the ppm level, which is negligible. The more abundant isotopes of $K$ have negligible ( $<1 \mathrm{GHz}$ ) hyperfine splittings. The potassium D1 and D2 lines are very close $(\approx 1700 \mathrm{GHz})$ compared to the expected widths ( $\approx 160 \mathrm{GHz}$ ). Note that this is not a problem for Rb , because the D1 and D2 lines are well separated ( $\approx 7100 \mathrm{GHz}$ ) compared to their widths ( $\approx 160$ GHz ). Although the D1 line for K and the D2 line for Rb are well separated ( $\approx 5000$ GHz ) compared to their widths ( $\approx 160 \mathrm{GHz}$ ), the relative size of the "peaks" is expected to be about 10 to 1 favoring K. This may mean that the K D1 line leaks into the Rb D 2 line. We'll have to see what the data looks like, but if this is the case, then we'll need to fit the K D1, K D2, and Rb D2 lines altogether. If that is not the case, then the Rb D2 can be fit separately but the K D1 and D2 lines still should be fit together (neglecting the small hyperfine splitting for K ):

where, for K , $\left(c_{0}, c_{1}, c_{2}, c_{3}\right)$ refer to the D1 transition and analogously $\left(c_{5}, c_{6}, c_{7}, c_{8}\right)$ refer to the D 2 transition.

## E.8.3 ${ }^{3} \mathrm{He}$ Density: Pressure Broadening

The density of the buffer gas is proportional to the FWHM (full-width half maximum) of the line shape and for Rubidium [36]:

$$
\begin{align*}
c_{3}=\Gamma & =\langle\sigma v\rangle_{\mathrm{Rb}-{ }^{3} \mathrm{He}}\left[{ }^{3} \mathrm{He}\right]+\langle\sigma v\rangle_{\mathrm{Rb}-\mathrm{N}_{2}}\left[\mathrm{~N}_{2}\right]  \tag{E.828}\\
\langle\sigma v\rangle_{\mathrm{Rb}-\mathrm{D}_{1}-{ }^{3} \mathrm{He}} & =18.7\left(\frac{T}{353 \mathrm{~K}}\right)^{0.05,0.11} \frac{\mathrm{GHz}}{\text { amagat }}  \tag{E.829}\\
\langle\sigma v\rangle_{\mathrm{Rb}-\mathrm{D}_{1}-\mathrm{N}_{2}} & =17.8\left(\frac{T}{353 \mathrm{~K}}\right)^{0.30} \frac{\mathrm{GHz}}{\text { amagat }}  \tag{E.830}\\
\langle\sigma v\rangle_{\mathrm{Rb}-\mathrm{D}_{2}-{ }^{3} \mathrm{He}} & =20.8\left(\frac{T}{353 \mathrm{~K}}\right)^{0.53,0.34} \frac{\mathrm{GHz}}{\text { amagat }}  \tag{E.831}\\
\langle\sigma v\rangle_{\mathrm{Rb}-\mathrm{D}_{2}-\mathrm{N}_{2}} & =18.1\left(\frac{T}{353 \mathrm{~K}}\right)^{0.30} \frac{\mathrm{GHz}}{\text { amagat }} \tag{E.832}
\end{align*}
$$

To get the correct helium density, one has to know the temperature of the cell and the nitrogen density (gotten from filling data). (Reference: Romalis, Miron, and Cates, PRA Vol 56 Num 6 p4569 (1997)) For Potassium, we've cross calibrated the number for Helium-3, but assumed the same for Nitrogen:

$$
\begin{align*}
&\langle\sigma v\rangle_{\mathrm{K}-\mathrm{D}_{1}-{ }^{3} \mathrm{He}}=14.4\left(\frac{T}{353 \mathrm{~K}}\right)^{0.41} \frac{\mathrm{GHz}}{\text { amagat }}  \tag{E.833}\\
&\langle\sigma v\rangle_{\mathrm{Rb}-\mathrm{D}_{1}-\mathrm{N}_{2}}=17.8\left(\frac{T}{353 \mathrm{~K}}\right)^{0.30} \frac{\mathrm{GHz}}{\text { amagat }}  \tag{E.834}\\
&\langle\sigma v\rangle_{\mathrm{K}-\mathrm{D}_{2}-3^{3} \mathrm{He}}=20.15\left(\frac{T}{353 \mathrm{~K}}\right)^{0.23}  \tag{E.835}\\
& \frac{\mathrm{GHz}}{\text { amagat }}  \tag{E.836}\\
&\langle\sigma v\rangle_{\mathrm{Rb}-\mathrm{D}_{2}-\mathrm{N}_{2}}=18.1\left(\frac{T}{353 \mathrm{~K}}\right)^{0.30}
\end{align*} \frac{\mathrm{GHz}}{\text { amagat }}
$$

## E.8.4 Alkali Density: Total Absorption

The alkali density is proportional to the size of the the "absorption dip" of the line shape:

$$
\begin{equation*}
[A]=-c_{0} \frac{2 \pi}{l \sigma_{0} \Gamma}=-c_{0} \frac{2 \pi}{l \pi r_{e} c f c_{3}}=-\frac{c_{0}}{c_{3}} \frac{2}{l r_{e} c f} \tag{E.837}
\end{equation*}
$$

where $l$ is the path length through the cell, $r_{e}=2.817940325 \times 10^{-15} \mathrm{~m}$ (classical electron radius), $c$ is the speed of light, and $f$ is the oscillator strength of the transition. For both rubidium and potassium, $f=1 / 3$ for the D1 transition and $f=2 / 3$ for the D2 transition.

In principle, one can also get the alkali density by integrating over the line shape:

$$
\begin{align*}
\int_{c_{2}-\Delta x}^{c_{2}+\Delta x} y(x) \mathrm{d} x & =\int_{c_{2}-\Delta x}^{c_{2}+\Delta x} \frac{c_{0}}{\left(x-c_{2}\right)^{2}+\frac{c_{3}^{2}}{4}}+\frac{c_{0} 0.664 \times 2 \pi c_{1}\left(x-c_{2}\right)}{\left(x-c_{2}\right)^{2}+\frac{c_{3}^{2}}{4}}+c_{4} \mathrm{~d} x  \tag{E.838}\\
\lim _{\Delta x \rightarrow \infty} \int_{c_{2}-\Delta x}^{c_{2}+\Delta x} \frac{c_{0}}{\left(x-c_{2}\right)^{2}+\frac{c_{3}^{2}}{4}} \mathrm{~d} x & =2 \pi \frac{c_{0}}{c_{3}}  \tag{E.839}\\
\int_{c_{2}-\Delta x}^{c_{2}+\Delta x} \frac{x-c_{2}}{\left(x-c_{2}\right)^{2}+\frac{c_{3}^{2}}{4}} \mathrm{~d} x & =0 \text { (by symmetry) }  \tag{E.840}\\
\int_{c_{2}-\Delta x}^{c_{2}+\Delta x} c_{4} \mathrm{~d} x & =2 c_{4} \Delta x \tag{E.841}
\end{align*}
$$

where the alkali density is gotten from:

$$
\begin{align*}
p & \equiv \int_{c_{2}-\Delta x}^{c_{2}+\Delta x} y(x) \mathrm{d} x \approx 2 \pi \frac{c_{0}}{c_{3}}+2 c_{4} \Delta x  \tag{E.842}\\
{[A] } & \approx-\frac{\left(p-2 c_{4} \Delta x\right)}{l \pi r_{e} c f} \tag{E.843}
\end{align*}
$$

To do this, one must be very certain that the background integrates to zero ( $c_{4} \approx 0$ ) or to some well known value.

## E. 9 Paramagnetic Faraday Rotation

## E.9.1 Experimental Signal: The Rotation Angle

To measure the Faraday rotation induced by the alkali vapor:

1. The detector is a rotatable half-wave plate mounted in front a beam splitting polarizing cube. The intensity of each beam from the cube is measured by a photodiode.
2. The rotation angle is encoded in the difference of the intensities.
3. The intensity of the beam must be normalized because there the intensity has a strong wavelength dependence. This is due to both the probe laser itself and the absorption by the alkali vapor itself. This can be obtained from the sum of the intensities.
4. Any remaining normalization factors can be obtained by rotating the HWP.

The sum and difference intensities are given by:

$$
\begin{align*}
I_{\sigma}(\mathrm{DC}) & =2 \zeta\left[\cosh (2 \Im \psi)-J_{0}\left(\beta_{0}\right) \sinh (2 \Im \psi)\right]  \tag{E.844}\\
I_{\delta}(\mathrm{DC}) & =2 \zeta \sqrt{1-P^{2}}\left[\cos (2 \theta) \cos (2 \Re \psi)+J_{0}\left(\beta_{0}\right) \sin (2 \theta) \sin (2 \Re \psi)\right]  \tag{E.845}\\
I_{\delta}(\mathrm{AC} 1) & =2 \zeta \sqrt{2} J_{1}\left(\beta_{0}\right) P \sin (2 \Re \psi)  \tag{E.846}\\
2 \zeta & =\sqrt{\frac{\epsilon}{\mu}} \frac{E_{0}^{2}}{2} e^{-l \Im\left\{k_{+}+k_{-}\right\}}  \tag{E.847}\\
\psi & =\left(k_{+}-k_{-}\right) \frac{l}{2}+2 \phi_{h} \tag{E.848}
\end{align*}
$$

From these equations, we see for the case where a PEM isn't used $\left(\beta_{0}=0\right)$ :

$$
\begin{equation*}
\frac{I_{\delta}(\mathrm{DC})}{I_{\sigma}(\mathrm{DC})}=\underbrace{\left[\frac{\sqrt{1-P^{2}}}{\cosh (2 \Im \psi)-\sinh (2 \Im \psi)}\right]}_{\text {normalization }} \cos (2 \theta-2 \Re \psi) \tag{E.849}
\end{equation*}
$$

With no PEM, we're interested in the DC difference over the DC sum and the probe beam must be linearly polarized, $P=0$. When we do use a PEM and a Lock-In Amplifier for the difference signal (referenced to the PEM frequency):

$$
\begin{equation*}
\frac{I_{\delta}(\mathrm{AC} 1)}{I_{\sigma}(\mathrm{DC})}=\underbrace{\left[\frac{\sqrt{2} J_{1}\left(\beta_{0}\right) P}{\cosh (2 \Im \psi)-J_{0}\left(\beta_{0}\right) \sinh (2 \Im \psi)}\right]}_{\text {normalization }} \sin (2 \Re \psi) \tag{E.850}
\end{equation*}
$$

With a PEM, we're interested in the AC difference over the DC sum and the probe beam must be circularly polarized, $P= \pm 1$. Both rotation formulas contain the term $\Re \psi$. The Faraday rotation angle is defined by $\phi=\Re \psi-2 \phi_{h}=\Re\left(k_{+}-k_{-}\right) \frac{l}{2}$. This implies that:

1. the electric field polarization vector rotates by an angle of $\phi$ due to the atomic vapor
2. the observable quantity is $2 \phi$ from the reference axis
3. Faraday rotation $(\phi)$ can be canceled by a half waveplate with an angle of $-\phi / 2$ between the its axis and the reference axis

We'll now calculate the Faraday rotation angle $\phi$ starting with:

$$
\begin{equation*}
\phi=\Re \psi-2 \phi_{h}=\Re\left(k_{+}-k_{-}\right) \frac{l}{2}=\frac{l[\mathrm{~A}] \pi r_{e} c f_{1} \omega}{\omega_{1}} C \Re\left(\alpha_{+}-\alpha_{-}\right) \tag{E.851}
\end{equation*}
$$

Since we're making these measurements at very low field $\leq 40$ gauss, we'll only keep terms up to first order in field, $y$, which gives for the difference of the real parts of the polarizability:

$$
\begin{align*}
C \Re\left(\alpha_{+}-\alpha_{-}\right)= & -\frac{y \omega_{\mathrm{so}}}{3}\left[7\left(2 \mathcal{D}_{2}^{2}-\frac{\mathcal{L}_{2}}{\gamma_{2}}\right)+4\left(2 \mathcal{D}_{1}^{2}-\frac{\mathcal{L}_{1}}{\gamma_{1}}\right)-2\left(\frac{\mathcal{D}_{1}-\mathcal{D}_{2}}{\omega_{\mathrm{so}}}\right)\right] \\
& +\hat{k} \cdot \vec{P}_{\mathrm{A}}\left[\mathcal{D}_{2}-\mathcal{D}_{1}\right] \tag{E.852}
\end{align*}
$$

There is a natural separation between the rotation due to the magnetic field $(y)$ and the alkali polarization $\left(P_{\mathrm{A}}\right)$. Traditionally, Faraday rotation refers to the part due to the field only and the constant of proportionality is called the Verdet constant. The rotation due to the alkali polarization is called paramagnetic Faraday rotation and under our conditions will be the dominant term. Making the approximation $\omega \approx \omega_{1}$, making the substitution $y \omega_{\text {so }}=\mu_{B} B / \hbar$, using $\Delta_{n}=2 \pi\left(\nu-\nu_{n}\right)$ where $\nu$ is the probe laser frequency, using $\gamma_{n}=2 \pi \Gamma_{n} / 2$ where $\Gamma_{n}$ is the pressure broadened FWHM, and noting the following:

$$
\begin{equation*}
2 \pi \mathcal{L}_{n}=\frac{\Gamma_{n} / 2}{\left(\nu-\nu_{n}\right)^{2}+\Gamma_{n}^{2} / 4} \quad 2 \pi \mathcal{D}_{n}=\frac{\left(\nu_{n}-\nu\right)}{\left(\nu-\nu_{n}\right)^{2}+\Gamma_{n}^{2} / 4} \tag{E.853}
\end{equation*}
$$

we can write down the rotation formulas:

$$
\begin{align*}
& \phi_{B}=-l[\mathrm{~A}] B\left(\frac{r_{e} c f_{1} \mu_{B}}{6 h}\right) {\left[7\left\{\frac{\left(\nu-\nu_{2}\right)^{2}-\Gamma_{2}^{2} / 4}{\left[\left(\nu-\nu_{2}\right)^{2}+\Gamma_{2}^{2} / 4\right]^{2}}\right\}+4\left\{\frac{\left(\nu-\nu_{1}\right)^{2}-\Gamma_{1}^{2} / 4}{\left[\left(\nu-\nu_{1}\right)^{2}+\Gamma_{1}^{2} / 4\right]^{2}}\right\}\right.} \\
&\left.-\left(\frac{2}{\nu_{1}-\nu_{2}}\right)\left\{\frac{\left(\nu-\nu_{1}\right)}{\left(\nu-\nu_{1}\right)^{2}+\Gamma_{1}^{2} / 4}-\frac{\left(\nu-\nu_{2}\right)}{\left(\nu-\nu_{2}\right)^{2}+\Gamma_{2}^{2} / 4}\right\}\right]  \tag{E.854}\\
& \phi_{P}= l[\mathrm{~A}] P_{\mathrm{A}} \cos (\theta)\left(\frac{r_{e} c f_{1}}{2}\right)\left[\frac{\left(\nu-\nu_{1}\right)}{\left(\nu-\nu_{1}\right)^{2}+\Gamma_{1}^{2} / 4}-\frac{\left(\nu-\nu_{2}\right)}{\left(\nu-\nu_{2}\right)^{2}+\Gamma_{2}^{2} / 4}\right] \tag{E.855}
\end{align*}
$$

When the probe laser frequency is far from resonance $\left(\nu-\nu_{n}\right) \gg \Gamma_{n} / 2$ for both $\mathrm{D} n$ transitions, then these formulas can be simplified even further to [37]:

$$
\begin{align*}
\phi_{B} & =-l[\mathrm{~A}] B\left(\frac{r_{c} c f_{1} \mu_{B}}{6 h}\right)\left[\frac{7}{\left(\nu-\nu_{2}\right)^{2}}+\frac{4}{\left(\nu-\nu_{1}\right)^{2}}-\frac{2}{\left(\nu-\nu_{1}\right)\left(\nu-\nu_{2}\right)}\right]  \tag{E.856}\\
\phi_{P} & =-\left(\frac{r_{e} c f_{1} \nu_{\mathrm{so}}}{2}\right)\left[\frac{l[\mathrm{~A}] P_{\mathrm{A}} \cos (\theta)}{\left(\nu-\nu_{1}\right)\left(\nu-\nu_{2}\right)}\right] \tag{E.857}
\end{align*}
$$

where $\nu_{\mathrm{so}}$ is the spin-orbit splitting in frequency. The scales for these two rotations are given by:

$$
\begin{align*}
\left(\frac{180 \mathrm{deg}}{\pi}\right)\left(\frac{r_{e} c f_{1} \mu_{B}}{6 h}\right) & =\frac{(3.76 \text { millidegrees })(1000 \mathrm{GHz})^{2}}{(1 \mathrm{~cm})\left(10^{14} \mathrm{~cm}^{-3}\right)(1 \text { gauss })}  \tag{E.858}\\
\left(\frac{180 \mathrm{deg}}{\pi}\right)\left[\frac{r_{e} c f_{1} \nu_{\mathrm{so}}}{2}\right]_{\mathrm{Rb}} & =\frac{(57.5 \text { degrees })(1000 \mathrm{GHz})^{2}}{(1 \mathrm{~cm})\left(10^{14} \mathrm{~cm}^{-3}\right)}  \tag{E.859}\\
\left(\frac{180 \mathrm{deg}}{\pi}\right)\left[\frac{r_{e} c f_{1} \nu_{\mathrm{so}}}{2}\right]_{\mathrm{K}} & =\frac{(14.0 \text { degrees })(1000 \mathrm{GHz})^{2}}{(1 \mathrm{~cm})\left(10^{14} \mathrm{~cm}^{-3}\right)} \tag{E.860}
\end{align*}
$$

## E.9.2 Alkali Number Density

The alkali number densities are obtained by simply fitting the paramagnetic Faraday rotation angle vs frequency:

$$
\begin{equation*}
y=l P_{\mathrm{A}} \cos (\theta)\left(\frac{r_{e} c f_{1}}{2}\right)\left\{[\mathrm{K}] F_{\mathrm{K}}+[\mathrm{Rb}] F_{\mathrm{Rb}}\right\} \tag{E.862}
\end{equation*}
$$

where the function $F_{X}$ is given by:

$$
\begin{equation*}
F_{X}=\left(\frac{\left(x-\nu_{1}\right)}{\left(x-\nu_{1}\right)^{2}+\Gamma_{1}^{2} / 4}-\frac{\left(x-\nu_{2}\right)}{\left(x-\nu_{2}\right)^{2}+\Gamma_{2}^{2} / 4}\right) \tag{E.863}
\end{equation*}
$$

To extract the alkali densities, you must know:

1. the alkali polarization, which is assumed to be the same for $K$ and Rb
2. the laser beam path length through the cell
3. the skew angle which is usually a small correction
4. the absolute calibration of the angle obtained from the normalization with the RHWP

## E. 10 Probing EPR RF Transitions

## E.10.1 Experimental Signal: Change in the Alkali Polarization

The EPR transitions are driven using a small RF coil producing an RF field perpendicular to the main holding field. When the RF coil frequency is held constant, the holding field is swept changing the transition frequencies. To obtain an alkali EPR RF spectrum, we need some observable that indicates that an RF transition is being driven. When the alkali atoms are polarized due to optical pumping, then driving an RF transition is depolarizing. As the magnetic field is swept, the alkali polarization is lowered when the transition frequency matches the RF coil frequency. These dips or peaks in the alkali polarization correspond to a particular EPR RF transition that can be identified provided we know magnitude of the magnetic field.

The alkali polarization is given by:

$$
\begin{equation*}
P_{\mathrm{A}}(z)=\frac{R(z)}{R(z)+\gamma+\gamma_{\mathrm{rf}}(z)} \tag{E.864}
\end{equation*}
$$

where $R(z)$ is the position dependent optical pumping rate, $\gamma$ is the spin relaxation rate, and $\gamma_{\mathrm{rf}}(z)$ is the position dependent effective relaxation rate due to the RF coil.

There are two different ways that we can measure the relative alkali polarization:

1. the paramagnetic Faraday rotation angle
2. the intensity of the D2 fluorescence emitted by the alkali vapor during optical pumping

When the Faraday rotation angle is canceled out by the RHWP, the difference signal will be zero. Therefore, small changes in the alkali polarization will result in a small changes in the rotation angle. Under the "small" condition, the change in the difference signal will be proportional to the change in rotation angle $I_{\delta} \propto \sin (\Delta \phi) \approx \Delta \phi$. Therefore the zeroed difference signal is directly a probe of the relative change in the alkali polarization:

$$
\begin{align*}
\Delta \phi & \propto \Delta P_{\mathrm{A}}=P_{A}-P_{A}^{0}=\frac{R}{R+\gamma+\gamma_{\mathrm{rf}}}-\frac{R}{R+\gamma} \\
& \approx \frac{R}{R+\gamma}\left[1-\frac{\gamma_{\mathrm{rf}}}{R+\gamma}\right]-\frac{R}{R+\gamma}=-P_{A}^{0}\left[\frac{\gamma_{\mathrm{rf}}}{R+\gamma}\right] \tag{E.865}
\end{align*}
$$

where $P_{A}^{0}$ is the alkali polarization when the RF coil is off or the RF coil frequency is off resonance.

Although the presence of $\mathrm{N}_{2}$ molecules greatly suppresses the number of radiative decays, a few percent of the transitions back to the ground state still occur radiatively. The amount of D1 and D2 fluorescence is essentially the same because of collisional mixing of the excited states. However, a filter is placed in front of
a photodiode to allow transmission of only the D2 fluorescence. This is because the large D1 background from the pump laser light could potentially saturate the photodiode.

Therefore, the signal detected in the photodiode consists mainly of D2 fluorescence. A strong DC component is present due to the D2 light reaching the photodiode from parts of the cell that are minimally effected by the EPR excitation coil and due to the fact that the EPR excitation is very small and therefore the alkali polarization is not changing much. More important is the AC component that is at the modulation frequency of the EPR excitation coil. For the alkali polarization measurement, the amplitude of the RF coil is modulated; wheres, for the $\mathrm{He}-3$ polarization measurement, the frequency of the RF coil is modulated. Either way, a lock-in amplifier is used to detect this small AC signal. The intensity of the D2 fluorescence detected by a photodiode observing the cell an be estimated by:

$$
\begin{equation*}
I_{\mathrm{D} 2} \approx h \nu_{2}\left(\frac{\Delta \Omega}{A_{\mathrm{pd}}}\right)\left(\frac{1}{1+\Gamma_{\text {non }} \tau_{\text {spon }}}\right) V[A]\langle R\rangle\left(1-\left\langle P_{\mathrm{A}}\right\rangle\right) \tag{E.866}
\end{equation*}
$$

where $\Gamma_{\text {non }}$ is the non-radiative quenching rate, $\tau_{\text {spon }}^{-1}$ is the spontaneous emission rate, $V$ is the volume of the pumping chamber, $\Delta \Omega$ is the solid angle subtended by the photodiode, $A_{\mathrm{pd}}$ is the area of the photodiode, and the brackets $<>$ refer to a volume average over the whole pumping chamber. Rewriting $\langle R\rangle\left(1-\left\langle P_{\mathrm{A}}\right\rangle\right)$ as $\left\langle P_{A}\right\rangle\left(\gamma+\gamma_{\mathrm{rf}}\right)$ can be used to give the change in the D 2 intensity due to the RF coils:

$$
\begin{equation*}
\Delta I_{\mathrm{D} 2} \approx h \nu_{2}\left(\frac{\Delta \Omega}{A_{\mathrm{pd}}}\right)\left(\frac{1}{1+\Gamma_{\mathrm{non}} \tau_{\mathrm{spon}}}\right) V[A]\left\langle P_{A}^{0}\right\rangle \gamma_{\mathrm{rf}} \tag{E.867}
\end{equation*}
$$

where the D2 fluorescence intensity depends on $\left\langle\gamma_{\mathrm{rf}}\right\rangle$ the volume averaged effective relaxation rate due to the RF coil. In both cases, the observable is proportional
to the effective relaxation rate due to the RF coil.

## E.10.2 Effective Relaxation Rate Due to EPR RF Transitions

We've already calculated the change in populations due to a dipole interaction, see Sec. (E.5.2). For an RF field in the $x$ direction, where the holding field is in the $z$ direction, the change is population is given by:

$$
\begin{align*}
& \dot{\rho}_{F m}=2 \Omega_{\mathrm{rf}}^{2}\left\{\frac{\left.\gamma_{m}\left(\rho_{F m+1}-\rho_{F m}\right)\left|u_{+}^{-}\right|^{2}\left|\langle F, m+1| S_{+}\right| F, m\right\rangle\left.\right|^{2}}{\left(\omega-\omega_{F m+1 F m}\right)^{2}+\gamma_{m}^{2}}\right. \\
&\left.+\frac{\left.\gamma_{m}\left(\rho_{F m-1}-\rho_{F m}\right)\left|u_{-}^{+}\right|^{2}\left|\langle F, m-1| S_{-}\right| F, m\right\rangle\left.\right|^{2}}{\left(-\omega-\omega_{F m-1 F m}\right)^{2}+\gamma_{m}^{2}}\right\} \tag{E.868}
\end{align*}
$$

The effective relaxation rate is given by the amount of change in $\left\langle S_{z}\right\rangle$ times the transition rate. The change in $\left\langle S_{z}\right\rangle$ for every $m \leftrightarrow m-1$ transition is $1 /[I]$. There the effective relaxation rate is given as:

$$
\begin{equation*}
\frac{d P_{A}}{d t}=\frac{d 2\left\langle S_{z}\right\rangle}{d t}=\frac{4 \Omega_{\mathrm{rf}}^{2}}{[I]} \sum_{F, m} \frac{\left.\gamma_{m}\left(\rho_{F m-1}-\rho_{F m}\right)\left|u_{-}^{+}\right|^{2}\left|\langle F, m-1| S_{-}\right| F, m\right\rangle\left.\right|^{2}}{\left(-\omega-\omega_{F m-1 F m}\right)^{2}+\gamma_{m}^{2}} \tag{E.869}
\end{equation*}
$$

where we've labeled the transitions with the higher $m$ value, $\omega$ is the RF coil frequency, and we've summed over all $m \leftrightarrow m-1$ transitions in both manifolds $F=I \pm 1 / 2$. Since $S_{x}=\left(S_{+}+S_{-}\right) / 2,\left|u_{-}^{+}\right|^{2}=1 / 4$ and plugging in values for the matrix element \& population difference, we find:

$$
\begin{equation*}
\frac{d P_{A}}{d t}=-P_{A} \frac{\Omega_{\mathrm{rf}}^{2}}{[I]^{2}} \sum_{ \pm, m} Q_{I \bar{m}}((I+1 / 2)(I+1 / 2 \pm 1)-m(m-1)) \mathcal{L}_{m}^{ \pm}=-\gamma_{\mathrm{rf}} P_{\mathrm{A}} \tag{E.870}
\end{equation*}
$$

where $\mathcal{L}_{m}^{ \pm}$is the lorentzian line shape associated with the $m \leftrightarrow m-1$ transition in the $F=I \pm 1 / 2$ manifold:

$$
\begin{equation*}
\mathcal{L}_{m}^{ \pm}=\frac{\gamma_{m}}{\left(\omega-\omega_{F m F m-1}\right)^{2}+\gamma_{m}^{2}} \tag{E.871}
\end{equation*}
$$

where $\omega_{F m F m-1}$ is the transitions frequency. The effective spin relaxation rate is given by the sum:

$$
\begin{equation*}
\gamma_{\mathrm{rf}}=\frac{\Omega_{\mathrm{rf}}^{2}}{[I]^{2}} \sum_{ \pm, m} Q_{\mathrm{I} \bar{m}}((I+1 / 2)(I+1 / 2 \pm 1)-m(m-1)) \mathcal{L}_{m}^{ \pm} \tag{E.872}
\end{equation*}
$$

## E.10.3 Alkali Polarization: Ratio of Areas

The observable (rotation angle or D2 light intensity) is proportional to the effective spin relaxation rate which is given by the sum:

$$
\begin{equation*}
\frac{\Omega_{\mathrm{rf}}^{2}}{[I]^{2}} \sum_{ \pm, m} Q_{I \bar{m}}((I+1 / 2)(I+1 / 2 \pm 1)-m(m-1)) \mathcal{L}_{m}^{ \pm} \tag{E.873}
\end{equation*}
$$

When the field is high enough, the transitions frequency are spaced far enough apart, relative to the width $\gamma_{m}$, that only one term dominated the effective relaxation rate. In other words, the peaks corresponding to the different transitions are well resolved. In practice, we can make adjacent transitions ( $m \leftrightarrow m-1$ and $m-1 \leftrightarrow m-2)$ well resolved, but the twin transitions $(F=I+1 / 2, m \leftrightarrow m-1$ and $F=I-1 / 2, m \leftrightarrow m-1$ ) are unresolved.

The area under each peak is given by $[28,37]$ :

$$
\begin{equation*}
A_{F m}=A_{0} f_{I}[A]\left[\frac{B_{\mathrm{rf}}}{2 I+1}\right]^{2}[F(F+1)-m(m-1)] \frac{\exp (\beta \bar{m})}{Z_{I}} \tag{E.874}
\end{equation*}
$$

where $F$ labels the manifold, $m$ is refers to the $m \leftrightarrow m-1$ transition, $A_{0}$ is area factor common to all transitions, $f_{I}$ is the isotopic fraction of the alkali species, $I$ is the nuclear spin of that species, $\beta$ is the spin temperature, and $\bar{m}=m-1 / 2$ is the mean $m$ of the transition.

The ratio of the area of two peaks for the same alkali species is given by:

$$
\begin{equation*}
r=\frac{A_{F m}+A_{F^{\prime} m}}{A_{F m^{\prime}}+A_{F^{\prime} m^{\prime}}}=\left[\frac{F(F+1)-m(m-1)+F(F-1)-m(m-1)}{F(F+1)-m^{\prime}\left(m^{\prime}-1\right)+F(F-1)-m^{\prime}\left(m^{\prime}-1\right)}\right] \exp \left(\beta\left[m-m^{\prime}\right]\right) \tag{E.875}
\end{equation*}
$$

where $F=I+1 / 2, F^{\prime}=I-1 / 2$, and $\exp (\beta)=\left(1+P_{A}\right) /\left(1-P_{A}\right)$. We add the areas of the twin transitions together because we are assuming that they are unresolved. In addition, there is no $m=F \leftrightarrow F-1$ transition for the $F^{\prime}$ manifold. Note however that $F(F-1)-F(F-1)=0$ so the formula still holds. For the case $m-m^{\prime}=1$, we find:

$$
\begin{equation*}
r=\left[\frac{F(F+1)-m(m-1)+F(F-1)-m(m-1)}{F(F+1)-(m-1)(m-2)+F(F-1)-(m-1)(m-2)}\right]\left(\frac{1+P_{A}}{1-P_{A}}\right) \tag{E.876}
\end{equation*}
$$

which can be solved for $P_{A}$ to give:

$$
\begin{equation*}
P_{A}=\frac{\left[F^{2}-(m-1)(m-2)\right] r-\left[F^{2}-m(m-1)\right]}{\left[F^{2}-(m-1)(m-2)\right] r+\left[F^{2}-m(m-1)\right]} \tag{E.877}
\end{equation*}
$$

When the twin transitions are unresolved and we take ratios involving the end transitions, then for a nuclear spin $I=3 / 2$ isotope like $\mathrm{K}-39$ or $\mathrm{Rb}-87$ :

$$
\begin{align*}
P_{A} & =\frac{2 r-1}{2 r+1} \quad r=\frac{A_{22}}{A_{21}+A_{11}}  \tag{E.878}\\
P_{A} & =\frac{r-2}{r+2} \quad r=\frac{A_{20}+A_{10}}{A_{2-1}} \tag{E.879}
\end{align*}
$$

whereas for a nuclear spin $I=5 / 2$ isotope like $R b-85$ :

$$
\begin{array}{ll}
P_{A}=\frac{7 r-3}{7 r+3} & r=\frac{A_{33}}{A_{32}+A_{22}} \\
P_{A}=\frac{3 r-7}{3 r+7} & r=\frac{A_{3-1}+A_{2-1}}{A_{3-2}} \tag{E.881}
\end{array}
$$

## E.10.4 Alkali Density Ratio: Ratio of Areas

If we look at the same transition for two different alkali species with the same nuclear spin, then the ratio of areas gives the ratio of densities:

$$
\begin{equation*}
r=\frac{A_{F m}^{i}+A_{F^{\prime} m}^{i}}{A_{F m}^{k}+A_{F^{\prime} m}^{k}}=\frac{f_{i}\left[A_{i}\right]}{f_{k}[A]_{k}} \tag{E.882}
\end{equation*}
$$

where $f_{i,(k)}$ is the natural isotopic fraction of alkali species $i(k)$. For example, K-39, $\mathrm{Rb}-87, \mathrm{~K}-41$, and $\mathrm{Na}-23$ all have $I=3 / 2$. Therefore the ratio of $\mathrm{K}-39$ to $\mathrm{Rb}-87$ for the same transition would give:

$$
\begin{equation*}
r=\frac{(0.93258)[\mathrm{K}]}{(0.2783)[\mathrm{Rb}]}=3.35 \cdot \mathrm{D} \tag{E.883}
\end{equation*}
$$

where $D$ is the ratio of $K$ to Rb . On the other hand, we can take the ratio of $\mathrm{K}-39$ to K-41 for the same transition:

$$
\begin{equation*}
r=\frac{(0.93258)[\mathrm{K}]}{(0.06730)[\mathrm{K}]}=13.9 \tag{E.884}
\end{equation*}
$$

If natural abundance $K$ is being used, then the ratio should be equal to 13.9. This is a powerful cross check of the method.

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[^0]:    Table A.6: Alkali atom ground state and first excited states hyperfine structure. All of the data is from the 1977 әұеұs рәұюхәә әчł лоғ Кэие hyperfine structure constants for K between [9] and [10].

