

Blood work must be completed between August 1, 2016 and August 31, 2017.

After your doctor fully completes the form, it needs to be returned to: email (support@assethealth.com), fax (248.816.3326) or mail (Asset Health Inc., Attn: Physician Forms, 2250 Butterfield Drive, Suite 100, Troy, MI 48084).

Patient Name		Date of Birth / /	Gender (circle one) M F
Employee Name	Employee ID	Company Name University of Cincinnati	
Address	City	State	Zip Code
Home Phone	Cell Phone		

Did you fast prior to taking this screening? Yes No

TEST	YOUR RESULTS
Height	_____ ft. _____ in.
Weight	_____ lbs.
Blood Pressure Blood pressure monitoring is used to detect hypertension, a risk factor for heart disease and stroke.	Systolic _____ mm/Hg Diastolic _____ mm/Hg
Total Cholesterol Cholesterol is a fat-like substance and although a certain amount is needed for proper body function, too much can build up in the arteries and put you at risk for heart disease and stroke.	_____ mg/dl
HDL HDL stands for high-density lipoprotein. HDL is considered "good" cholesterol because it may protect you from a heart attack. Unlike other cholesterol levels, the higher your HDL, the better. You can raise your HDL by quitting smoking, losing excess weight and being more active.	_____ mg/dl
Glucose Glucose testing is a measure of sugar in the blood to help determine diabetes risk. Your health care provider may recommend further testing if you have symptoms such as increased thirst and urination, fatigue, blurred vision or wounds that are slow to heal.	_____ mg/dl
LDL LDL stands for low-density lipoprotein. LDL is considered "bad" cholesterol because it can slowly build up on the walls of your arteries. Together with other substances, it can form plaque that clogs the arteries. If a clot forms, blood flow can be blocked, causing a heart attack or a stroke.	_____ mg/dl
Triglycerides Triglycerides in the blood come from fatty foods eaten, and they are made in the body from other food sources such as carbohydrates. Excess calories are converted to triglycerides and stored as fat cells. High triglyceride levels are associated with being overweight, excessive drinking, having diabetes and other disorders.	_____ mg/dl

Physician's Signature

Date (MM/DD/YYYY)

Date of Service (MM/DD/YYYY)

/ / / /

Phone Number

Address